

Celebrity Baby News: 'Bachelor in Paradise' Couple Carly Waddell & Evan Bass Reveal Name of Baby-to-Be



By [Jessica](#)

[Gomez](#)

[Celebrity couple](#) Carly Waddell and Evan Bass, [Bachelor in Paradise](#) alums, revealed the name of their first child-to-be, via Instagram Sunday, according to [UsMagazine.com](#). The [celebrity baby](#)'s name will be Isabella! "Evan and I are SO EXCITED to reveal our little angels name on the sweetest new born blanket from @shophighway3!" Waddell said on Instagram under an adorable photo of her and Bass standing next to the baby's crib. "Her full name will be Isabella (Bella for short) Evelyn Bass, and we love her so much already! Can't believe in about one month we will be wrapping her up in this soft, cuddly little number!" she continued.

This celebrity baby news is great to hear! What are some ways to compromise with your partner on baby names?

Cupid's Advice:

Choosing your baby's name is exciting, but can also be a bit tedious considering you and your partner should be in agreement with the name chosen. Cupid has some advice on how to get on the same page when it comes to the name of your tiny loved one:

1. Try using a compromising tool online: Babynamester.com has this tool, along with many suggested baby names for you and your partner to check out. The way it works is you enter the sex of the baby, then you and your partner each type in what your top baby names are. Next, you choose which one you each like best from your partner's list. And lastly, the site generates a long list of combined baby name preferences. Try it and see if it may work for you!

Related Link: [Khloe Kardashian Plans to Give Birth in Cleveland](#)

2. The Middle Name: One of you can choose the first name and the other one can choose the middle name. Many couples compromise in this manner. Although, choosing the first name is most likely ideal for both parties, the middle name is the one that gives the name uniqueness considering that not everyone has a a middle name, and on top of that, a middle name is a nice differentiating addition to a first name.

Related Link: [Fall Out Boy's Pete Wentz Expecting Baby Girl with Meagan Camper](#)

3. Combine the names: This isn't always possible, but it sometimes is. You can create a beautiful, unique name! For example in the hit *Twilight Saga: Breaking Dawn*, Bella (played by [Kristen Stewart](#)) combined the names she and her husband Edward (played by [Robert Pattinson](#)) liked: Renee (Bella's mom's name) and Esme (Edward's mom's name), resulting in the name Renesmee.

What are some ways you and your partner or a couple you know compromised during the baby naming process? Share below!

Celebrity Divorce: Jenni 'JWoww' Farley Talks Snooki & Jionni Divorce Rumors



By [Karley](#)

[Kemble](#)

Though rumors have been flying that [Nicole “Snooki” Polizzi](#) and her husband Jionni LaValle are facing relationship problems, it looks like there is nothing to worry about. LaValle addressed the rumors head-on last week on his Instagram, denying all allegations of a [celebrity divorce](#), and also shared he will not be part of the “Jersey Shore” reboot. Now, it looks like Polizzi’s bestie is speaking out! According to [UsMagazine.com](#), Jenni “JWoww” Farley said that it was “really heartbreaking” that LaValle had to combat the nasty rumors, but she supports the [celebrity couple](#) and loves “everything about them and what they have going on.” What a great friend!

These celebrity divorce rumors are very unfortunate. What are some ways to keep rumors from affecting your relationship?

Cupid’s Advice:

Uh oh, is your relationship the current talk of the rumor mill? Don’t worry, love. This too shall pass. If rumors are bringing you down, Cupid has how to fight through these challenging times:

1. Stay busy: This is an important factor because it tests and shows your true inner strength. When you are actively excelling at work, at school, or at home, it shows you cannot be kicked down by petty rumors. In time, the rumors should pass because people will realize you’re way too strong to be affected by their nonsense.

Related Link: [‘Martha & Snoop’s Potluck Dinner Party’ Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows &](#)

[Possible 'Jersey Shore' Revival](#)

2. Give the benefit of the doubt: When you hear something unnerving or seemingly unlikely about your partner, it's important to take a step back and not jump to conclusions. Your emotions will be running high, and you're definitely entitled to your feelings. Just think: are you going to jeopardize an entire relationship over the possibility of a rumor being true? Before you do something you might regret, consider waiting and acting when you have the facts.

Related Link: [Snooki Stands Up for Celebrity Love Jionni LaValle Amid Ashley Madison Reports](#)

3. Talk to your partner: At the end of the day, what's most important is you and your partner's take on things. If the rumors are affecting your relationship, you two *must* talk about it. If you don't, then your relationship will have a very challenging chance at survival. Communicating will help fill in the blanks and clear the doubts you could be having.

How have you stopped rumors from affecting your relationship? Let's talk about it!

Celebrity Break-Up: Jack Antonoff Has Moved On After Split from Lena Dunham





By [Jessica](#)

[Gomez](#)

Jack Antonoff is seeing someone else after his recent split from Lena Dunham, according to [UsMagazine.com](#). The former [celebrity couple](#) broke up in December after five years together. According to a source, Antonoff is now dating a musician, and Dunham has no hard feelings and wishes her ex well.

This [celebrity break-up](#) apparently isn't hitting Jack Antonoff very hard, as he's already moved on. What are some ways to cope with your ex moving on after a break-up?

Cupid's Advice:

Some people take a while to move on after a break up, and some people don't waste anytime before moving on to the next. Cupid has some advice on how to handle things:

1. Keep busy: Work on you. Don't feel like you have to move on to someone new just because your ex did. Focus on yourself.

After all, that is the best thing to do. Keep yourself busy by doing what you have to do, and add some new activities to your schedule.

Related Link: [Celebrity Couple Jennifer Aniston & Justin Theroux Are Still Going Strong Despite Split Rumors](#)

2. Stay off their social media pages: Don't ask around either. It's time to move on, and checking up on your ex's new relationship is not going to help. It can be tempting to become your own "private investigator," but what would you really gain from it?

Related Link: [Naomi Watts Cheers On Ex Liev Schreiber at Golden Globes While at Home with Sons](#)

3. Look forward: Be positive about your future. There is someone else out there for you, and if you're sticking to a self-improving plan, then you'll definitely have a bright future to look forward to. Don't stay in the past by building a home there, you have better things to do with your time. Be excited about your new beginning!

What are some ways you coped with your ex moving on quickly? Comment below!

Celebrity Wedding: Ricky Martin Confirms He's Married to Jwan Yosef



By [Jessica](#)

[Gomez](#)

Ricky Martin has tied the knot with Jwan Yosef, according to [EOnline.com](#)! "It feels amazing... He's my husband. He's my man," Martin told E! excitedly. The [celebrity couple](#) is planning a big celebration and plan on living "la vida loca" with their guests by aiming to party for days straight! "The typical three-day party, the dinner, the rehearsal, the party, and the recovery," Martin said. Congrats to the married couple!

This [celebrity wedding](#) was very low-key, but the paperwork has been signed! What are some reasons to keep your wedding festivities under the radar?

Cupid's Advice:

Celebrities are not the only ones that would want to keep their wedding under wraps. Cupid has some ideas as to why you may want to keep your wedding on the down low:

1. You just don't want people in your biz: This can happen whether you're famous or not. Some people are really private about their lives and want precious moments like these to be kept within closed doors at first. So don't take offense, some people are just real private about their business!

Related Link: [Prince Harry & Meghan Markle's Official Wedding Date Revealed](#)

2. You're eloping: Secrecy is sometimes romantic? Sometimes we do find ourselves in a situation we never thought we would be in. Maybe the fam doesn't approve? Maybe you just can't wait to get married? Or maybe you're trying to get out of testifying in court against your lover like Blair did with Chuck in Gossip Girl! *Winks*

Related Link: [Celebrity Couple Miley Cyrus & Liam Hemsworth 'Have Zero Plans' for a Wedding](#)

3. You're shy or an introvert: If this is the case, you may not want a lot of attention, so you would keep your wedding quiet for a bit. Shy and introverted people sometimes cannot handle being in a room full of people being the center of attention – it's too much for them. So yeah, it makes sense they would keep their wedding quiet.

What reasons have those around you had for keeping their wedding quiet? Comment Below!

Celebrity Wedding: Gwyneth Paltrow & Brad Falchuk Confirm Engagement



By [Karley](#)

[Kemble](#)

[Gwyneth Paltrow](#) is one step closer to saying “I do!” The actress and mogul announced her engagement to *Glee* producer Brad Falchuk, according to [EOnline.com!](#) The [celebrity couple](#) has been together since Paltrow’s split from Chris Martin in 2014. Though she has been married before, she is not afraid to walk down the aisle again because she has found her soulmate and “accepted the soul-stretching, pattern-breaking opportunities that (terrifyingly) are made possible by intimacy.” Expect to see the [celebrity wedding](#) sometime in the near future! Congrats to Paltrow and Falchuk!

There's another celebrity wedding in the works! What are some ways to know you're ready to take the next step in your relationship and get engaged?

Cupid's Advice:

Think you're ready to take the next step in your relationship? Check out what Cupid has to say:

1. You genuinely feel like you've got it all: If you feel satisfied with all of your professional and personal endeavors, that is a great sign! Nowadays, people like to have it all – successful career and an awesome and fulfilling relationship. When you think about your life and feel fulfilled with all your aspirations, you definitely are ready to settle down!

Related Link: [Celebrity News: It's Official! Gwyneth Paltrow Wishes Boyfriend Brad Falchuk Happy Birthday on Instagram](#)

2. You enjoy the uneventful moments: Life isn't all ups and downs. Sometimes, it's just flatlines. While it sounds negative, it's nothing to be ashamed of. When you are truly in love with your partner, cherishing the anticlimactic moments are important. If you can FaceTime for hours without really saying anything, you may have found the one for you.

Related Link: [Top 10 Sexy, Successful, Single Celebrity Women Over 40](#)

3. You know everything about each other: Remember that episode of The Office where Jim and Pam couldn't think of any stories or moments they hadn't shared with each other? That's how you know you've found your forever partner. When you and your

partner know everything about each other and confide in each other through and through, you are definitely ready to take the next step in your relationship!

How did you know when you found the right person? Share your story below!

Celebrity Break-Up: Lena Dunham & Jack Antonoff Split After 5 Years Together



By [Karley](#)

[Kemble](#)

In some very devastating [celebrity news](#), Lena Dunham and Jack Antonoff are no more. According to [UsMagazine.com](#), the couple has endured a [celebrity break-up](#). Antonoff and Dunham began

their relationship in 2012, but were simply growing apart, say sources close to the pair. The split comes as a shock to some, as they appeared to be going strong just months ago, as seen through Dunham's social media postings and on an article she penned for *Variety Magazine*. Hang in there, guys!

This celebrity break-up comes after a five year relationship. What are some ways to adjust after a long-term relationship?

Cupid's Advice:

Breakups are always challenging, and even more so when the relationship is long in tenure. If you're having a difficult time adjusting to your newfound single life, check out these tips from Cupid to help ease the pain:

1. Delete, delete, delete: In this digital age, we are connected to everyone digitally. Do yourself a favor and unfollow, delete, and/or even block your ex on all social media platforms. When you're trying to get over them, seeing their face plastered everywhere you turn. It really will help the healing process!

Related Link: [Lena Dunham Puts Off Celebrity Wedding in Support of Marriage Equality](#)

2. Give yourself credit: Some days will be easier than others. Instead of looking at the negatives, try flipping your perspective. You only cried five times today? Cool, yesterday it was seven so that's an improvement! You're allowed to mourn and allowed to be sad. Let yourself feel the pain for some time.

Related Link: [Rumor: Girls' Lena Dunham Is Dating Fun.'s Jack](#)

[Antonoff](#)

3. Do things you love: Reclaim your independence and do things on your own. This is super important because it helps to dissociate the past from the present. Just because you and your ex went on lots of trips together doesn't mean you have to be a hermit for all eternity! It's totally unfair and is only a disservice to you. You deserve happiness as a single person, too!

How have you coped after a breakup? Share with us below!

Celebrity Baby News: Khloe Kardashian Plans to Give Birth in Cleveland



By [Jessica](#)

[Gomez](#)

In [celebrity baby news](#), [Khloe Kardashian](#) plans to deliver her baby in Cleveland, the city where her beau Tristan Thompson plays for the Cavaliers. The [celebrity couple](#) is thrilled! According to [EOnline.com](#), Khloe revealed the baby news Thursday during her appearance on *Jimmy Kimmel Live!*. The *Keeping Up with the Kardashians* reality tv star also revealed that the Kardashian fam will be coming to Cleveland for the birth of her first [celebrity baby](#). Khloe is six months into her pregnancy, so a Kardashian-filled Ohio is not too far away.

This celebrity baby-to-be will join his or her parents in Cleveland. What are some things to consider about the birth of your child?

Cupid's Advice:

Having a child can be both an exciting and nerve wrecking time, but planning and making arrangements before the child's birth are both key. Cupid has some tips on things to think about before bringing your little bundle of joy into the world:

1. What don't you know?: Read, read, read and ask, ask, ask! It's time to learn. Know what to expect and know what to do when you go into labor. Ask a medical professional any questions you have in order to have a full understanding on the situation. And of course, do some reading. There are a lot of books for the mommy-to-be. Understanding things will help you plan better for the big day.

Related Link: [Another Duggar Is Pregnant! Jinger & Jeremy Vuolo Are Expecting First Child](#)

2. How do you want the birth to be?: Do you want a home birth or hospital birth? Do you want epidural or no epidural? Talk to a medical professional about your options and weigh the pros and the cons of each. Every person is different, so after you have all the facts, think about which option is best for you. And be prepared, too. When your due date is approaching, prepare a bag full of necessities you need to take to the hospital, or if you're going in the home birth route, have a box of things ready – that way, once you're in labor, you're ready to go!

Related Link: [Fall Out Boy's Pete Wentz Expecting Baby Girl with Meagan Camper](#)

3. Who do you want present at the birth?: Decide and make arrangements now to ensure a higher probability for things to go as planned. This decision is a personal one, which should be well thought out, considering you will be in a different state of mind at that moment! You can also arrange for someone to take the lead and keep everyone in the loop (sending texts, making calls) once you're preoccupied.

What were some things you felt you had to strongly consider before your bun popped out the oven? Comment below!

Celebrity Baby News: Fall Out Boy's Pete Wentz Expecting Baby Girl with Meagan Camper



By [Jessica](#)

[Gomez](#)

In [celebrity baby news](#), Fall Out Boy's Pete Wentz and his wife Meagan Camper are expecting a baby girl, according to [UsMagazine.com](#). This baby will be the [celebrity couple's](#) second child – they have a three year old son together. Wentz also has a nine year old son from a prior marriage with Ashlee Simpson, which ended in 2011. The rock star announced his baby news via Instagram under a photo of his two sons on Monday, January 1.

There's another [celebrity baby](#) on the way for Pete Wentz! What are some ways to integrate a broken family when kids are involved?

Cupid's Advice:

Integrating a broken family can be hard on children, but

sometimes it comes naturally. Either way, Cupid has some advice for the fam:

1. Resolve any issues you may have with former partners: It is important that all parents/adults create or maintain a healthy relationship with one another. This can help children against feeling like their loyalty toward their parent and their step parent must be divided somehow.

Related Link: [Eva Longoria is Pregnant with Her First Child!](#)

2. Establish roles: Establish expectations. Parents play many roles, but one of the most important roles that should be decided is the disciplinary role. Children must learn the role of the step parent in order to know what to expect. Once there is an understanding, a meaningful and trusting relationship can begin to mold.

Related Link: [Mindy Kaling Gave Birth to Her First Child!](#)

3. Have tons of family time: Make new traditions or mix the old with the new. Spending quality time with one another is an essential part to building a family unit. This is the time where bonds can truly be created, whether it be as a group or interpersonally. Family time will strengthen the marriage and union of step children.

For those of you who have experienced the merging of two families, what are some ways you dealt with the integration? Comment below!

Celebrity Baby: Duchess Kate

Is Enjoying Her Last Months of Pregnancy



By [Jessica](#)

[Gomez](#)

In [celebrity baby news](#), Dutches Kate is enjoying the ending of her royal pregnancy, which wasn't the case during the beginning of it, according to [UsMagazine.com](#). "[She is] enjoying her later months of pregnancy and feeling great," said a source. "It's amazing what a difference the later trimesters feel like compared to the early days, which she really struggled with more than ever this time." This celebrity baby is coming soon, and with less hassle now it seems!

We're highly anticipating this

celebrity baby's entrance to the world. What are some important ways to prepare for the birth of your child?

Cupid's Advice:

While pregnancy can be a beautiful time, it can also be the opposite of graceful. There are many things you can do, but here are a few:

1. Eat smaller portions, but more meals, to relive heartburn: Instead of eating three big meals three times a day, aim to eat several small ones throughout the day. Also, eat slowly. Overfilling your stomach can cause an acid reflex, resulting in heartburn.

Related Link: [Khloe Kardashian 'Still Can't Believe' She's Pregnant](#)

2. Get you a prenatal acupuncturist: It can help reduce morning sickness, insomnia, and fatigue! Acupuncture is known to help with many things. It relaxes you and can elevate your mood. It can also help with headaches and back pains. Soothe yourself, your body deserves it!

Related Link: [Ali Fedotowsky Says She Could Go Into Labor During Family Wedding](#)

3. Work out: We all know working out has benefits! Although you should get enough rest while pregnant, working out is also important. It will boost your energy, fight fatigue, and certain exercise can help reduce back and pelvic pain as well.

What are some things you did during your pregnancy that you swear by? Comment below!

Celebrity News: Arie Luyendyk Jr. Hands Out First Impression Rose on Season Premier of 'The Bachelor'



By [Jessica](#)

[Gomez](#)

In [celebrity news](#), Arie Luyendyk Jr. handed out the first impression rose to a woman named Chelsea on the two hour season premier of [The Bachelor](#). According to [UsMagazine.com](#), Chelsea gave a “villainous first impression.” Chelsea was the first to get some one on one time with Luyendyk, and she was not playing nice throughout the night with the other women. She spoke negatively of the other contestants with no shame, receiving the label of “aggressive” from some of them.

Although Chelsea gave the other girls a negative vibe, she clearly gave Luyendyk a good one since she got both a kiss and the first impression rose that night. Could Chelsea and Arie possibly be the next [celebrity couple](#) from the show, or did Chelsea's tactics just get her through the door? Too soon to tell! Let's keep watching every Monday at 8 p.m. ET on ABC.

This celebrity news has us excited for the upcoming season of The Bachelor! What are some ways to make a good first impression on your crush?

Cupid's Advice:

First impressions have a lasting effect and are very important. Cupid has your back with these tips:

1. Be yourself, and don't fake it. You want someone to like you for you – and so, you want to put your best face on, not a different one. Never be afraid to show the real you. Of course, you don't want to give away too much though – there tends to be something intriguing about the mysterious girl or guy. Be confident and put your best foot forward.

Related Link: [Celebrity Couple Miley Cyrus & Liam Hemsworth 'Have Zero Plans' for a Wedding](#)

2. Take initiative: Show them you're interested by starting a conversation or keeping it going. But also know when to stop talking. Have a balance of both, listen and speak while paying attention to your crush's body language and vibe. And don't forget to be straight forward!

Related Link: [Andi Dorfman Is 'Excited' to See Arie Luyendyk](#)

[Jr. as New Star of 'The Bachelor'](#)

3. Smile: Most people are attracted to those who are positive. Smiling is a kind and warm gesture, that signifies happiness. It is the easiest way to give out good vibes, and what sane person isn't attracted to good vibes? Smiling can also be another way to show your crush you're interested.

What are some ways you've impressed your crush during the first encounter? Comment below!

Celebrity News: 'Bachelor' Arie Luyendyk Jr. Justifies First Impression Rose Pick



By Rachel

Sparks

This [celebrity news](#) is stirring up some fire! Bachelor Arie Luyendyk Jr. chose who to give his first rose to, and according to [EOnline.com](#), his choice made a lot of people mad. Single mom from Maine Chelsea threw insults around, upsetting the other women and the viewers, but to Arie, she was taking the initiative he wanted to see. Arie is confident that viewers will change their mind about Chelsea; he hasn't yet!

This celebrity news has us in Arie's corner. What are some ways to know if someone appreciates you with no ulterior motive?

Cupid's Advice:

We all dream of being on the 'Bachelor' and being handed that rose, but like Arie, there are many times we can doubt the true intentions of someone. A lot of people will try and use someone in Arie's situation for their own personal gain, so how can you remain secure in others' advances? Read Cupid's [dating advice](#):

1. They seek you out often: Arie was driven by Chelsea's relentless pursuit of him. It's confidence-boosting when someone keeps coming after you. How do you know they're doing it for the right reasons? Pay attention to when and how they seek you out. If they're gaining a lot of attention for it, the situation is less about you and more about them.

Related Link: [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

2. They ask the right questions: Dating is prying in the beginning, but what kind of information someone is digging for makes a big difference. Asking someone about their interests and aspirations is a genuine connection-forming question,

rather than asking about money or how luxurious their home is.

Related Link: [Celebrity News: Arie Luynedyk Jr. Hands Out First Impression Rose on Season Premier of 'The Bachelor'](#)

3. They listen: Listening is one of the most crucial parts to building a strong foundation of communication, and as any [relationship advice](#) will say, communication is key. If they listen to you and genuinely respond, you know you've found someone who's main interest is you.

How do you know when someone is being genuine with you? Share your dating tips below!

'Fixer Upper' Stars Chip & Joanna Gaines Are Expecting Celebrity Baby No. 5





By [Karley](#)

[Kemble](#)

Baby makes five! In some very exciting [celebrity news](#), Chip and Joanna Gaines are expecting their fifth child together. The *Fixer Upper* stars shared the announcement about their [celebrity baby](#) on Chip's Instagram, reports [EOnline.com](#). Chip added his signature sense of humor to the caption, writing, "Gaines party of 7 (If you're still confused.. WE ARE PREGNANT)" and tagged Joanna's Instagram handle. Too funny! The newest addition to the [celebrity couple](#)'s family will arrive sometime this year. Congratulations to Chip and Joanna!

There's another Fixer Upper celebrity baby on the way! What are some ways to be sure you give attention to each of your children when you have a big family?

Cupid's Advice:

Big families are tons of fun! At times, it can be overwhelming, but there's never a lack of excitement. It's

normal for children to feel deprived of attention in larger families, so if you're looking for ways to help find the balance, check out these tips from Cupid:

1. One-on-one time: Sometimes, all your kids really want is some quality time with you and your partner. Consider giving each of your children one day a month (or whatever works for your schedule) to spend the whole day with you. Make the day about them and give them the chance to choose what they want to do! They'll totally appreciate the quality time with you or with your partner.

Related Link: [Celebrity Parents Open Up About Their Best Parenting Advice](#)

2. Emphasize group activities: Group activities are always a wonderful way to include everyone! Whether you play a game together, bake a bunch of cookies, or visit a local park, there are plenty of ways to spend equal amounts of time with all of your kids. Plus, these activities are big memory makers that are cherished long down the road.

Related Link: [Marriage Advice from Celebrity Couples Who Stay Together](#)

3. Manage your schedules: If you have a large family, it's important to figure out a schedule that works. You should always encourage your kids to try new things and be ambitious, though you also have to be practical. Too many extracurricular commitments will hinder the time spent with each of your children. If your schedule seems overwhelming, perhaps one activity at a time is a good option!

How have you maintained a balance between multiple children? Tell us in the comments below!

Celebrity Baby News: Another Duggar Is Pregnant! Jinger & Jeremy Vuolo Are Expecting First Child



By [Karley](#)

[Kemble](#)

The Duggar family is growing yet again! 14 months after saying "I do," Jinger Vuolo, the sixth oldest Duggar daughter, is expecting her first child with husband Jeremy Vuolo. According to [UsMagazine.com](#), the [celebrity couple](#) is "praising God for this beautiful gift" and hopes that fans and supporters will "join us in praying for a safe and healthy pregnancy." Though Jinger comes from a large family, the reality star and her husband have both kept quiet on how big they want their family

to be! Regardless, we are very excited about this [celebrity baby](#) news. Congratulations to the Vuolo family!

This celebrity baby news isn't exactly surprising, but we're happy for the couple! What are some ways your relationship changes when you have a child?

Cupid's Advice:

A baby brings lots of changes to you and your partner's relationship. If you're apprehensive about the jump from two to three, you're not alone! Being aware of the changes is helpful, so here's what Cupid has to say:

1. Imbalanced effort: You and your partner might experience growing pains when it comes to divvying up your parental duties. The laundry and bottle washing will seem endless at times! With two of you and one of them, it's certainly challenging to figure out a system that works for each other. It can be done, though!

Related Link: [Celebrity News: Amy Duggar's Parents Are Divorcing](#)

2. Drained energy: Your new bundle of joy doesn't come with a concept of time, so late-late nights and early mornings are inevitable. Both you and your partner will have a lack of energy when it comes to your relationship. While you know what you *should* be doing for each other, sometimes you just won't feel up to it. Recognize the importance of affirmations and making time for each other, though! You two need to lean on each other in this new chapter of your lives.

Related Link: [Celebrity Couple Jessa Duggar and Ben Seewald Reveal Newborn Son's Name](#)

3. Hindered intimacy: Similar to strained energy, there will certainly be hindered intimacy between you and your partner. The desire to sleep will sometimes (okay, more than sometimes) overpower your desire for intimacy. That is normal – most couples struggle with this! Try your best to keep the romance alive. Start small, and you'll be back to your pre-baby selves in no time at all!

How did your relationship change post-baby? Share your two cents with us below!

Celebrity News: Brad Pitt is Casually Dating as He Adjusts to Single Life as a Dad





By [Rachel](#)

[Sparks](#)

According to [E!Online.com](#), the [celebrity news](#) is that [Brad Pitt](#) is slowly dipping his toes into the [celebrity dating](#) pool. The 46-year old actor is adapting to being single and seeing his family. Pitt stays busy by meeting with his large group of guy friends, none of them in the business, riding his motorcycle, and having regular dinner and lunch meetings. Though Pitt doesn't see his six kids as much as he wants, he has been filling his time with family, including going back to his Missouri and Oklahoma roots. As far as dating? This recently [divorced celebrity](#) says it's complicated and not a priority.

This celebrity news shows us celebs aren't immune to having to adjust. What are some ways to know you're ready to get back into the dating scene when you have kids?

Cupid's Advice:

Balance is key when you're a single parent. You have to make sure you balance the demands of your career with the demands of your family. Maintaining a house, both the operations and finances, alone can be a challenge. Somewhere in there, of course, you need to be able to take care of yourself. Here's Cupid's [dating advice](#) to help you get ready for dating again:

1. Balance career: If you were the main bread-winner, maintaining the house and investing in your family was on the back burner because you had someone else helping you. When suddenly your support is gone, having the mental and physical energy to still invest in your career in addition to your new responsibilities can be daunting. Make sure your career is in a place where you can take some focus away and instead invest in yourself and a relationship.

Related Link: [Former Celebrity Couple Angelina Jolie and Brad Pitt Agree to Seal Divorce Documents](#)

2. Are your kids ready: With a large brood of kids like Brad Pitt, getting back into dating can be a lot harder. Each age range of childhood processes divorce differently, so each child will vary on their resistance to a parent returning to dating. As a parent, be ready for that resistance, but make sure you're caring for your children, too.

Related Link: [Celebrity News: Angelina Jolie and Brad Pitt Are Talking Again](#)

3. Length of relationship: Depending on the length of your marriage, you may need more time to cope post-divorce. Shared affairs, such as mortgages and finances, can be hard to unravel and separate. Aside from that, the emotional aspect of becoming suddenly single can be a shock. As fun as dating can be again, if you're looking for something more serious, consider giving yourself the adequate amount of time to heal and the appropriate length of courting before claiming a relationship is serious.

As a single parent, how have you decided when it was the right time to start dating again? Share your dating advice below!

Celebrity Divorce: 'Vanderpump Rules' Star LaLa Kent's Married Boyfriend Is Officially Divorced



By [Jessica](#)

[Gomez](#)

In [celebrity news](#), LaLa Kent's boyfriend Randall Emmett is no longer married to Ambyr Childers, his wife of eight years. The divorce was finalized on December 22, according to [EOnline.com](#). The former [celebrity couple](#) tied the knot in

2009, then separated a couple of years ago, finally filing for divorce earlier this year. The former couple has two daughters together. As for Kent and Emmett, it looks like they intended on keeping their relationship on the down-low until the divorce was final – but sometimes in life, we don't always get what we intend.

This celebrity divorce is probably coming at a good time, given that Lala would more than likely want an unmarried boyfriend. What are some ways to recover after a bitter divorce?

Cupid's Advice:

Most divorces aren't pretty. Although our emotions can be running wild at a time of bitterness, we must try not to become bitter ourselves. Cupid has some tips:

1. Learn from the experience: Learn the lesson. Many times, it's hard to stay rational during a very emotional time, but we must try our very best. There is no point in dwelling on the past because we cannot change it. However, looking back in order to learn and move on is a different story – that you should do! It's easier said than done, but time does heal and you need to give it a little push as well.

Related Link: [Taylor Swift's Ex Turned Her Into 'Quasimodo,' According to BFF Todrick Hall](#)

2. Invest in yourself: It's time to be selfish. It's time to be about you. Do what you have to, and do what you want to. Learn something, pamper yourself, do the things you enjoy!

It's all about what's best for you. Enrich yourself, grow into an even better person. Strive toward becoming the best version of yourself.

Related Link: [Source Says Beyonce Struggled to Trust Jay-Z After Cheating Scandal](#)

3. Look forward to a bright future: Be positive and know that there will be better days. Positive thinking really does go a long way. Think about what you have accomplished so far and be proud. Then think about what you want to accomplish – the thought of your dreams should get you excited and going!

What are some ways you moved on from a hard divorce? Share with us, comment below!

Relationship Advice: Keys to Growing a Business When the Marriage is Over





By [Amy Osmond](#)

[Cook, Ph.D](#)

Hollywood certainly has its share of dramatic endings – relationship endings, that is. Stars like Laurence Fishburne, Fergie, Chris Pratt, Jennifer Hudson, and Danica Patrick, to name a few, were invested in a long-term [celebrity relationship](#) and either personally or professionally called it quits. But what happens when a couple’s livelihood relies on maintaining a relationship after the marriage is over?

Christina and Tarek El Moussa can relate. After becoming household names as co-hosts of HGTV’s hit reality TV show *Flip or Flop*, they publicly announced their [celebrity divorce](#) just over a year ago. Despite moving on in their personal lives, both are committed to working together to make their successful business grow.

Related Link: [Celebrity Divorce: Christina & Tarek El Moussa Announce Break-Up](#)

It’s not uncommon for former partners to maintain a business relationship. There are an estimated [3.3 million businesses](#) in the U.S. that are jointly owned by spouses. In some cases, a partner buys out the remaining portion of the business. But in a growing number of cases, the former married couple opt to remain invested in the business long after the divorce is

final.

“I worked with one business where, actually, [the ex-spouses] were better business partners and got along better after the divorce and stayed together within the business for a while,” says [Dann Van Der Vliet](#), executive director of the Smith Family Business Initiative at the Samuel Curtis Johnson Graduate School of Management at Cornell University. Van Der Vliet believes that, when the divorce relieves the anxiety in a relationship, the partners can focus on the strengths they contribute to the business.

Reality TV Stars Open Up About Celebrity Divorce & Share Relationship Advice

I talked with Christina and Tarek about their transition from a blended life to one that is now exclusively professional. They shared five rules they follow to maintain a positive and supportive professional relationship, even though they now lead separate personal lives:

1. Be professional: Part of their success derives from their ability to separate professional obligations from personal responsibilities. “We believe in this company, and that means keeping our personal lives separate,” Tarek explains. “When we’re on set, it’s like a different life than what we live outside of the set. When we’re doing our job, we’re doing our job.”

Related Link: [Relationship Advice: Is Your Job Killing Your Relationship?](#)

2. Focus on the ultimate goal: Whether it’s personal or business, staying focused on your goals can help minimize distractions. “Every day that we film, I remember why I’m there,” says Tarek. He says his priority is to support his

kids and family. “Second, I remember how I worked my entire life to build this thing. I don’t want to throw it away because of a divorce. We are good at what we do,” he adds. “We love flipping houses, and we enjoy delivering a great TV show that helps change people’s lives.”

3. Put kids first: Tarek and Christina understand that it is in everyone’s best interest to get along. “Children come first, and that means doing things that are best for them,” says Christina. “In our children’s case, it was in their best interest to do things together.” Often that decision requires some sacrifice and adjustments on the parent’s part.

4. Don’t sweat the small stuff: When tensions are high, it seems everything is a big deal. Immediately after a divorce, no matter how amicable, there is going to be a transition period. “Take time apart in all areas to better understand what you want,” says [Kate Taylor](#). “As you redefine your relationship, you should draw clear lines around your roles and responsibilities at work.”

Christina quickly discovered that not everything is worth fighting about. “When you’re not with that person, you’re not entitled to have those disagreements anymore,” she shares. “When Tarek and I first separated, if there was a disagreement, it was important that we walk away from it.” When disagreements happen, her rule is: Don’t react, because that is the moment when you need to think more clearly.

Related Link: [Relationship Advice: Six Ways to Keep Work and Life Demands in Balance](#)

5. Keep it fun: Tarek and Christina make sure to contribute to a positive work environment. Their professionalism means everyone feels happy and comfortable when they are at work. “We have a great crew,” says Christina. “We’ve been friends with all of them for a long time. Because of that, it makes everything much easier because it’s such a great workplace.”

There are those who are skeptical that this type of relationship can work, but Christina is unfazed by the criticism. "Business is what we've always done best together. Tarek and I both agree that we work great together regardless of whether or not we are married," she explains. "We make a great co-parenting team as well. There is nothing I would have done differently."

For more information about and articles by our relationship expert Dr. Amy Osmond Cook, click [here](#).

Celebrity News: Kim Kardashian Reveals Her 2018 New Year's Resolutions



By [Karley](#)

[Kemble](#)

New year, new Kim? Kind of! According to [EOnline.com](#), [Kim Kardashian](#) has been very open with the changes she hopes to make in 2018 on her exclusive app. In the video, Kardashian states her main goal “is to be on my phone less and more in the moment.” She also hopes to up her fitness game and work out five to six days a week with her trainer. 2018 will certainly be a huge year for Kardashian and her husband Kanye West, as they will soon be welcoming another [celebrity baby](#) via surrogate, too!

This [celebrity news](#) shows us that even celebrities like Kim Kardashian plan to make big changes with the new year. How can you stick to your resolutions once you’ve committed to them?

Cupid’s Advice:

It’s easy to make resolutions at the beginning of the year, but it’s not always easy sticking to them. In fact, most people ditch their big resolutions before January even ends. If you’re hoping to make sure your big changes stick, check out these tips straight from Cupid:

1. Re-frame the “resolution”: Resolutions rarely see life past January is because of the immense pressure to strictly abide to them. If there is even a small deterrent, most people give up because they aren’t perfecting their goal. Try re-framing and leave room for error. For example, if you want to lose weight, instead of saying “I will lose 20 pounds this year,” say “I want to change my eating habits and focus on my overall

health.” The two coincide, and it’s more likely you’ll have more success!

Related Link: [Kim Kardashian Announces the Sex of Celebrity Baby No. 3](#)

2. Don’t be afraid to restart: Slip-ups are inevitable, so don’t beat yourself up over them! With 52 weeks and 365 days, you would be insane not to stray from your big resolution. When you do stray (notice: “when” and not “if”!) know that your next choice/decision is an opportunity to get back to your goal. It’s better to have a slow and steady progression, rather than no progress or even backtracking and giving up completely!

Related Link: [Beauty Advice: The 5 Best Beauty Tips from Celebrities](#)

3. Have a support system: Lean on others for support. It’s not a sign of weakness, rather, it’s a sign of strength! When you tell others about your goals, they will want to help encourage you and help keep you accountable. Making others proud is always a very empowering motivator, so you should definitely consider this option!

What’s your New Year’s resolution? How do you plan on sticking to it? Talk about it with us in the comments below!

Celebrity News: Luke Bryan Gives His Wife Two Baby

Kangaroos



By [Karley](#)

[Kemble](#)

All I want for Christmas is...a kangaroo? It looks like Luke Bryan may have been singing that to his wife this holiday season! In some very fun [celebrity news](#), Bryan gifted his wife, Caroline Boyer, with two baby kangaroos for Christmas, reports [UsMagazine.com](#). In a video posted on Bryan's Instagram feed, he showed his wife's reaction to the sweet reveal! The [celebrity couple](#) has named their new furry friends Margo and Todd – and they both “are adjusting perfectly” according to Boyer in her accompanying post. The kangaroos were rescued as part of “Brett's Barn” – a project Boyer started in honor of her late baby niece.

In this celebrity news, talk about

a unique romantic gesture! What are some unique and thoughtful gifts you can give to your significant other?

Cupid's Advice:

While you certainly don't have to gift your significant other a present as grandiose as kangaroos, it's nice to show your love with a romantic gesture every now and then. If you're feeling stumped, Cupid has some ideas for you:

1. Something sentimental: Do you two have a certain date that's important to you? Maybe you have a special spot you always go to, or a fun inside joke. Whatever the case, something sentimental is always appreciated. Perhaps you find the coordinates to the location you first saw your partner and have that stamped on a bracelet. The more specific, the better!

Related Link: [Celebrity Couples: Cutest Country Music Pairs](#)

2. Something handmade: Handmade gifts are seriously underrated! Channel your elementary school days and get artsy! A cute example is to find an old mason jar and fill it to the brim with love notes, affirmations, and jokes. You'll be sure to leave a smile on your partner's face every time they pull something out.

Related Link: [Celebrity Couple Keith Urban & Nicole Kidman Reveal Their Family Holiday Plans](#)

3. Something useful: While it may not be the most "romantic" thing in the book, something useful and practical can be very unique! Perhaps your partner was sharing about how their showerhead wasn't up to par – get them a new one! It shows you

listen and you care about their well-being enough to think of something “adult-like.”

What are some unique gifts you’ve given (or received) from a partner or loved one? Share with us below!

Celebrity Baby News: Eva Longoria is Pregnant with Her First Child!



By [Jessica](#)

[Gomez](#)

In [celebrity baby](#) news, [celebrity couple](#) Eva Longoria and Jose Bastón are expecting a baby boy, according to [EOnline.com](#). Longoria has raved about being a stepmother, and was in no rush to have children of her own. “If it happens, it happens,

if it's meant to be it would be a blessing," she said last year. Turns out, it is meant to be!

Eva Longoria's very own celebrity baby is coming into a full house! What are some ways to prepare step-children for a new baby?

Cupid's Advice:

Parents are not the only ones that need to be prepared for a baby. Everyone in the household needs to be, including children. Cupid has some advice:

1. Involve them: Allow the children to bond with the baby. They can read a bedtime story, play music, or sing. Get them excited to be an older sibling! Or have them talk through your belly. This connects the children to the baby before he or she is even born.

Related Link: [Kirsten Dunst Is Expecting First Child With Jesse Plemons](#)

2. Create rules before the baby comes: Talk to the kids. Keep them in the loop! Let them know how things will be once the baby comes and what you expect from them. This is important so children won't be caught off guard by any changes.

Related Link: [Did Khloe Kardashian Just Accidentally Confirm Her Pregnancy?](#)

3. Spend time with them: You have more time now than you will once the baby is born, so take advantage. Spending quality time is always important, but it is especially essential when a transition period is approaching. You can plan family outings or one-on-one time. Blocks of uninterrupted time with

your kiddos now is important because it will not come by as often once the baby arrives.

What are some ways you prepared children to a new baby? Comment below!

Celebrity Couple Miley Cyrus & Liam Hemsworth 'Have Zero Plans' for a Wedding



By [Karley](#)

[Kemble](#)

Though [Miley Cyrus](#) and Liam Hemsworth are engaged, the celebrity couple is in no rush to walk down the aisle. According to [UsMagazine.com](#), sources close to Cyrus and Hemsworth say that pair is happy with the way their

relationship is, and “have zero plans of having an actual wedding.” In fact, the [celebrity couple](#) already “considers themselves married” because of how long they’ve been together! Cyrus and Hemsworth announced their reengagement in 2016, following a two-year break. Hopefully, we’ll see a [celebrity wedding](#) from them someday!

This celebrity couple isn’t going to be heading down the aisle anytime soon. What are some reasons to hold off on marriage?

Cupid’s Advice:

While you may feel pressured to plan your wedding right after you and your partner become engaged, it’s important to keep your wants and needs in mind. Long engagements are perfectly okay! Here are some reasons to consider pressing pause on your future walk down the aisle:

1. It saves money: Sometimes, it’s financially smart for you and your partner to have a long engagement to save money for your big day. No matter the size of the wedding, they can be quite costly. Invites, rental spaces, dresses – they all add up very quickly. Ease the financial burden and take your time!

Related Link: [Celebrity News: Is Miley Cyrus Expecting a Celebrity Baby?](#)

2. It grows your relationship: When you prolong your engagement, you can truly get to know your partner better because it allows for time spent together in a different light. Though you aren’t rushing to get married, it’s eventually the endgame, so you’ll spend more time focusing on your future wedding – and ultimately your longer future together!

Related Link: [Celebrity Couple Miley Cyrus & Liam Hemsworth Are Writing a Play Together](#)

3. It prevents stress: Wedding planning is stressful and may seem impossible at times. Long engagements help prevent stress because it provides a more open and flexible timeline. Plus, you might even be able to score a few discounts if you book your venues far enough in advance!

Have an experience you'd like to share? Leave us a comment below!

Celebrity News: Jason Kennedy's Wife Lauren Scruggs Defends Him After Co-Host's Exit





By [Jessica](#)

[Gomez](#)

In [celebrity news](#), Lauren Scruggs, Jason Kennedy's wife, is standing by her man! After her hubby's co-star, Catt Saddler, quit working for E! due to a pay disparity, Kennedy received criticism on social media, according to [UsMagazine.com](#). Scruggs was there to support her hubby though. This [celebrity couple](#) stands strong together – and Scruggs had something to say via Instagram on Dec 21 to defend her man and E!. She wrote, "I believe in female empowerment and gender equality, but it's heartbreaking that a network is being deemed sexist when that is simply not true. At one time my husband had a female co-anchor [Giuliana Rancic] on E! News who made 3 times his salary. Women are paid accordingly on this network, and the difference in his salary versus hers did not affect Jason. He knows there are always more components to consider when determining one's salary than gender alone... Since Jason was named the permanent anchor of E! News over two years ago, he has had various co-hosts that rotate throughout the week. A permanent co-host has never been named since the last one left 6 months ago."

This celebrity news shows that couples stick together in the good times and bad. What are some ways to support your partner through a controversial time?

Cupid's Advice:

Supporting your partner during tough situations is important. Cupid has some [relationship advice](#) on ways to support your partner:

1. Communicate effectively. Make sure you are listening as much as you are speaking. Sometimes we mistake hearing for listening. The best way to help your partner is to try your best to understand them and prevent misunderstandings, and for that, listening is key!

Related Link: [5 Communication Keys Every Relationship Needs](#)

2. Keep the vibes positive: Positive thinking comes a long way. During any situation, controversial or not, we must keep a positive mind. Remember, "mind over matter." Nothing good will come from thinking negatively.

Related Link: [10 Reasons Chrissy Teigen and John Legend are Relationship Goals](#)

3. Create a judgment free zone: It's okay to give advice, but try not to sound like Judge Judy! Judging can only push people away, not bring them in. Keep an open mind.

What are some controversial moments you experienced with your significant other, and how did you support them or vice versa? Comment below!

Celebrity News: Anna Faris Officiates Wedding in Uggs!



By [Karley](#)

[Kemble](#)

Wearing high heels in the winter is not always worth the foot pain or cold feet – just ask Anna Faris. In the latest [celebrity news](#), the *Mom* actress officiated her friend (and podcast co-host) Sim Sarna's wedding, and donned a pair of brown Ugg boots with her pink dress! According to [EOnline.com](#), Faris posted a congratulatory memento to her Instagram account last week, wishing well to her pals. In the photo, Faris appears to be wiping tears from her face as her friends look at each other lovingly. Faris announced Sarna's engagement and that she would be officiating their wedding on their podcast, *Unqualified*. What a great friend!

This celebrity news shows us that sometimes comfort overpowers style. What are some style tips for staying comfortable for dressier occasions?

Cupid's Advice:

As awesome as it is to get dressed up, it's not always the most comfortable thing. If you're dreading an event because of the inevitable discomfort, Cupid is here to help:

1. Predict the mishaps: Nothing is more uncomfortable than getting blisters or cuts from wearing heels all night! Invest in blister bandages, and wear them *before* putting on those heels and leaving for the evening. Make sure to put a few extras in your purse or the back of your phone case, too. Predict the problem beforehand to prevent it from happening – it's a game-changer!

Related Link: [Celebrity Break-Up: Anna Faris Is 'Fantastic' Amid Chris Pratt Divorce, Says Allison Janney](#)

2. Have a backup plan: Don't let painful feet stop you from tearing up the dance floor! If you know you won't be able to wear your heels for longer than a half hour, bring a backup set of flats. (Or, just ditch the shoes all together if you don't mind dirty feet!) Your feet will thank you...we promise!

Related Link: [Celebrity News: Is Anna Faris Dating Again After Split from Chris Pratt?](#)

3. Wear what feels right: Comfort directly correlates to confidence: if you feel comfortable in your outfit, you will be more confident! Make sure to accentuate and play-up your favorite features. It's super important to wear what you feel

good in – and if that happens to be sheepskin boots and a formal dress then go for it!

Have any other style hacks? Share with us below!

Celebrity News: Prince Harry Says Meghan Markle's Christmas Is the 'Family She's Never Had'



By Rachel

Sparks

In this [celebrity news](#), Meghan Markle had the perfect Christmas! Prince Harry told BBC that Markle blended in perfectly with the royal family and mastered the curtsy for

the Queen. According to [People.com](https://www.people.com), the royal [celebrity couple](#) wanted to invite the Obamas, close friends of theirs, but the British government is worried about the ramifications. President Trump, not likely to be invited, has yet to see the Queen himself. Despite all these worries, Prince Harry was happy his wife-to-be blended so well with his family for Christmas just before their royal [celebrity wedding!](#)

This celebrity news has us feeling happy for the royal couple. What are some benefits to inheriting another family when you tie the knot?

Cupid's Advice:

Meeting future in-laws and siblings is stressful for a lot of people. We want to impress them, but not too much. We want a great relationship with them, but not so much so that there's no privacy. It's a delicate balance, but let's not forget that there are many benefits to inheriting new family. Here's Cupid's relationship advice:

1. They can help: In-laws, like parents, want to get involved in your life, especially when there's grand-children involved. Whether it's babysitting, offering financial advice, or a place to stay, in-laws are yet another addition to your support network. They should help you rest easy!

Related Link: [Royal Celebrity Couple News: William & Kate Will Host Harry & Meghan For the Holidays](#)

2. They can show you new things: Like Meghan Markle's new Christmas traditions, in-laws help you see new things in the world. It can be challenging, but the personal growth will

help you feel become more confident with different people and culture's. You may find new things you love!

Related Link: [Celebrity News: Meghan Markle Will Attend Christmas Church with Royal Family](#)

3. They are more love: Let's be honest; we all need more love in our lives. In-laws give you a bigger family, something that is both complicated and wonderful. It's wonderful to have another home to go to where you are accepted for yourself, you feel safe, and you feel valued. Don't forget how wonderful that feels.

What are some things you're excited about when you think of gaining more family? Share your advice below!

Celebrity Couple Ben Affleck & Lindsay Shookus Are Twinning On Friday Date





By [Jessica](#)

[Gomez](#)

In [celebrity news](#), [Ben Affleck](#) and girlfriend Lindsay Shookus were out and about wearing matching outfits on Friday, according to [EOnline.com](#). The [celebrity couple](#) was spotted in Brentwood, California wearing similar outfits: leather jackets, gray tops, and dark denim jeans. Adorbs. Affleck and Shookus both seem “coordinated” and enjoying each other’s company.

This celebrity couple came off looking like twins on a recent day out. What are some ways style plays a role in your relationship?

Cupid’s Advice:

Believe it or not, style does play a role in relationships, and not just in the aesthetically pleasing department. Cupid is here to inform you!:

1. Matching has a connecting effect: Have you and your partner ever matched without planning? You both end up wearing similar

outfits or the same color? In a way, it feels good. You feel like you're both connected, plus you look cute in public. Feeling like you and your partner are on the same page is a good thing, and matching is a small nudge in that direction.

Related Link: [Jamie Foxx Celebrates 50th Birthday with Katie Holmes](#)

2. People snap judgments: It's engraved in our society – people judge others based on how they dress and their style. Whether these judgments are good or bad, the way you dress and the way your partner dresses are both in the public eye, up for observation. You shouldn't care what people think, but you may be more reluctant to not care when your significant other is meeting your friends or the fam. We all know that a good sense of style does make a lasting impression.

Related Link: [Macaulay Culkin Steps Out with Brenda Song in Paris](#)

3. Having a good sense of style gives you confidence: And having confidence helps a relationship. Having a style that you love is important because it can give you a self-assuring feeling – and oh, how we know that a lack of confidence is a problem in many relationships. On top of that, your style is something that you identify with, it's a reflection of you. On that note, let's do some shopping!

What are some ways style has affected your relationship? Comment below!