

# Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her & Kids for 5 Years



By Nicole Maher

In the latest [celebrity news](#), Amanza Smith revealed that she was financially dependent on her [celebrity ex](#) Taye Diggs during their relationship. According to *UsMagazine.com*, the couple dated for five years following Smith's divorce from NFL star Ralph Brown. During their relationship, Diggs "took care" of Smith and her two children as Smith did not have a consistent job. Following the couple's split in 2018, Smith was motivated to be financially stable on her own and began working as a real estate agent on *Selling Sunset*.

# In celebrity news, Amanza Smith says her ex Taye Diggs took care of her and her kids for the five years they were together. What are some ways to rebuild your life (and your finances) after a break-up?

## Cupid's Advice:

Among the many challenges people face following a break-up, rebuilding your life and finances are some of the most difficult. If you are looking for some ways to get back on the right track following a break-up, Cupid has some advice for you:

**1. Scale down:** Whether it is downsizing where you're living or canceling a few memberships/subscriptions, scaling down might be necessary following a financially dependent break-up. Don't be disheartened by the need to cut back in a few areas after a relationship ends. Scaling down is only temporary, and these novelties can be added back into your life once you're on your feet again.

**Related Link:** [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)

**2. Create a new budget:** Your style of living usually changes following a break-up, especially if you were living with your ex partner. These changes will also mean you need to recess your budget and spending habits. By keeping track of your new sources of income and expenses, you will feel like you have more control of your finances moving forward.

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## Journey

**3. Explore new opportunities:** You will probably be looking for some kind of change in your life following a break-up, so use this as a chance to explore new opportunities. If there is a career field you have always wanted to break into or a product you have always wanted to create, now is the time to do it. Not only could it serve as a source of income, but it will also have you feeling like you're headed on a new track in life.

What are some other ways to rebuild your life (and your finances) after a break-up? Start a conversation in the comments below.

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# Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen







By Nicole Maher

In the latest [celebrity news](#), Valerie Bertinelli paid tribute to her late [celebrity ex](#) Eddie Van Halen in a recent Instagram post. According to *UsMagazine.com*, Bertinelli wrote that Van Halen had forever changed her life despite the fact that the [celebrity couple](#) was no longer together. Van Halen and Bertinelli's son, Wolfgang Van Halen, also shared some words about his father, who lost his long battle to throat cancer on October 6th. The father and son duo had been playing together in Van Halen's band from 2006 until the group stopped touring in 2015.

**In celebrity news, Eddie Van Halen passed away after a fight with cancer. What are some ways to honor a loved one after they pass away?**

**Cupid's Advice:**

One of the most difficult things that everyone will face at some point in their lives is the loss of a loved one. Losing someone close to you can be heartbreaking, but it can eventually lead to opportunities to honor their life. If you are looking for some ways to honor the life of a loved one after they pass away, Cupid has some advice for you:

**1. Talk about them:** It seems simple, but often after losing a loved one, we refrain from bringing up their name. While you may need some time following their passing to process your loss, eventually bringing their name back into conversations is a great way to show acceptance and honor their life. Those closest to you will always be happy to hear about your favorite memories with the loved one you lost.

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**2. Celebrate their birthdays:** A loved one's birthday can be one of the hardest days following their death, but can also be a great opportunity to celebrate them. Creating new traditions to carry out on their birthdays, such as baking their favorite dessert or releasing balloons, is a sweet way to honor their life and reminisce on some of your favorite memories with them.

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**3. Get involved:** Getting involved in someone's cause following their death can help honor their life as well as save the lives of others. Taking part in fundraising events or charity walks to raise money for specific illnesses, such as cancer, gives you the opportunity to share your loved one's story and listen to those of others. While the subject matter of these events is usually heavy, the events themselves can be uplifting and community building.

What are some other ways to honor a loved one after they pass away? Start a conversation in the comments below.

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# Celebrity News: 'Bachelorette' Alums Tyler Cameron & Hannah Brown Discuss How Trauma Brought Them Together As Friends



By Carly Silva



In the [latest celebrity news](#), *Bachelorette* alums Tyler Cameron and Hannah Brown finally got candid in a YouTube video about the status of their relationship. The two [reality TV stars](#) have been the subject of much speculation since the two quarantined together in March. According to *EOnline.com*, Brown posted a YouTube video where the pair explained that they spent time together as friends because they were both healing from family trauma at the time.

## **In celebrity news, there's been a lot of speculation about Tyler and Hannah being more than friends during quarantine. What are some ways to keep rumors from affecting your relationship?**

### **Cupid's Advice:**

When rumors start circling about your relationship, they can add a lot of pressure, and sometimes are hard to ignore. If you are looking for some ways to keep rumors from affecting your relationship, Cupid has some advice for you:

**1. Ignore them:** The best thing to do when rumors are circling is to ignore them, especially if they are not true. If you are able to, try to tune out the rumors and don't even pay any attention to them.

**Related Link:** [Celebrity News: Too Hot to Handle Star Francesca Farago Sets Record Straight on Romance Rumors with Former Bachelorette Star Jef Holm](#)

**2. Think about confronting them:** If ignoring the rumors is too difficult for you and your partner, you can also consider

confronting them. Block accounts on social media, turn off comments on your Instagram posts, or you can directly ask people to stop. Confrontation is one way to do actively do something to make the rumors stop.

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**3. Focus on your relationship:** If rumors are starting to affect your relationship, try having an open conversation with your partner so that the two of you can focus on what really matters. If you are both happy, then there is no reason to worry about gossip and rumors. Spend your time focusing on each other and pay no mind to the rumors.

**What are some more ways to keep rumors from affecting your relationship? Start a conversation in the comments down below!**

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## **Celebrity News: 'Bachelorette' Alum Tyler Cameron Says He and Hannah Brown Have 'Struggled' to Figure Out Relationship**







By Carly Silva

In the [latest celebrity news](#), *Bachelorette* alum Tyler Cameron opened up about his relationship with celebrity ex Hannah Brown. According to *UsMagazine.com*, the two [reality TV stars](#) have struggled to figure out their relationship after Brown ended things with Cameron on the season 15 finale. Since the end of the show, the pair have since been hanging out and even spent a few weeks quarantining together in the spring.

**In celebrity news, Tyler Cameron got candid about having a hard time figuring out what he and Hannah Brown's relationship is post-*Bachelorette*. What do you do if you're having trouble defining your**

# relationship with your new partner?

## Cupid's Advice:

Sometimes it can be tricky to tell where a relationship is going at the beginning stages. If you're having trouble defining your relationship with your new partner, Cupid has some advice for you:

**1. Express your desires:** If you and your new partner are struggling to define your relationship, it's important to be vocal about what you want and need from each other. Having an open and honest conversation will help the two of you stay on the same page.

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**2. Don't be afraid to take it slow:** If you are struggling to define your relationship, it's totally okay to keep going slow. Taking some more time to define your relationship may mean spending some more time together and waiting a little longer to decide where the relationship is going.

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**3. Go with your gut:** The most important part of defining a relationship is to simply do what feels right. If you're not ready for a definition, or if you're not concerned with sticking a label on your relationship, keep doing what feels the most natural and comfortable for you. Do what makes you happy and worry about defining the relationship later.

**What are some other things you can do if you're having trouble defining your relationship with a new partner? Start a conversation in the comments down below!**

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# Celebrity Couple News: ‘DWTS’ Pro Cheryl Burke Says Husband Matthew Lawrence Is Her ‘Rock’ Amid Sobriety Journey



By Carly Silva

In the [latest celebrity news](#), *Dancing with the Stars* pro Cheryl Burke stated in an appearance on *Good Morning America* that her husband, Matthew Lawrence, has been her “rock” amid her sobriety journey. The [celebrity couple](#) married in 2019, and according to *EOnline.com*, Burke insisted that she



would be lost without his support.

## **In celebrity couple news, Cheryl calls husband Matthew her “rock” during her sobriety journey. What are some ways to support your partner through overcoming addiction?**

### **Cupid’s Advice:**

Helping someone to recover from addiction can be extremely difficult for anyone, especially a romantic partner. If you’re looking for some ways to support your partner through overcoming addiction, Cupid has some advice for you:

**1. Educate yourself:** One of the first things you can do to help your partner in overcoming addiction is to make sure you understand the nature of addiction. Educating yourself will help you understand and empathize with your partner, and also know the language and habits to avoid while helping them recover.

**Related Link:** [Celebrity Couple News: Gwen Stefani & Blake Shelton’s Love Takes Center Stage at 2020 ACM Awards](#)

**2. Find substance-free activities:** One of the worst things you can do when helping a partner recover is to put them in situations that may trigger the desire to break sobriety. As a supportive partner, you can help by finding fun activities or events that don’t involve substance use. You can also communicate and set boundaries about which behaviors are acceptable between you and your partner.

**Related Link:** [Celebrity Couple News: Find Out Why Kaia Gerber](#)



[& Elordi Aren't Officially Dating Yet](#)

**3. Don't be afraid to ask for help:** While it is great to be a helpful support system for your partner, it can also be a lot to handle for you, too. Make sure you are getting the support you need as well, by reaching out to friends or even professionals for help and advice. This will help you to take care of yourself, and also be able to fully support your partner.

What are some other ways to support your partner through overcoming addiction? Start a conversation in the comments down below!

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## **Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors**





By Nicole Maher

In the latest [celebrity news](#), Sofia Richie officially unfollowed her celebrity ex Scott Disick on social media. According to *UsMagazine.com*, Richie recently unfollowed both Disick and his other ex, Kourtney Kardashian, on Instagram after rumors of his involvement with Bella Banos began to surface. Richie and Disick first made their [celebrity relationship](#) official back in 2017 before announcing their [celebrity break-up](#) in May of this year. The couple appeared to briefly rekindle their relationship afterward, but has since split for a second time.

**In celebrity break-up news, Sofia Richie unfollowed her ex Scott Disick on social media as he was spotted with a new woman. What are**

# some steps you can take to get over your ex?

## Cupid's Advice:

No matter how amicable the situation may have been, breaking up with your partner and beginning the process of getting over them can be challenging. If you are looking for some steps to take to get over your ex, Cupid has some advice for you:

**1. Remove them from your feed:** It's hard to get over someone if you are constantly aware of what they're doing or who they're with. By limiting how much of the other person you see on social media, you will stop yourself from seeing anything you are not ready for. Whether it is muting, unfollowing, or blocking, there are many different options to limit your exposure to your ex.

**Related Link:** [New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach](#)

**2. Take down your posts:** While removing them from your feed is helpful, so is taking down whatever posts you have of the relationship on your account. It may not be necessary to completely delete these posts, but archiving them or setting them as private is a good way to show you're moving on. Once you start conveying to other people that you are past the relationship, you will begin to believe it yourself.

**Related Link:** [Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from Ex Christina](#)

**3. Limit other forms of communication:** Depending on the situation, it may not be possible to cut off all communication right away. Be sure to set boundaries between you and your ex to establish how much communication you are comfortable with. These boundaries can always be lessened or strengthened as the



situation changes.

What are some other ways to help someone get over an ex? Start a conversation in the comments below!

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# Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson Is Pregnant With First Child



By Nicole Maher

In the latest [celebrity news](#), *Duck Dynasty* alum Sadie



Robertson and her husband Christian have announced that they're pregnant with their first [celebrity baby](#). According to *UsMagazine.com*, the [celebrity couple](#) both took to Instagram to announce their pregnancy. Robertson's post included an image of the couple together holding the newest sonogram of their child. Robertson and Huff first made their relationship official back in September of 2018, and announced their engagement shortly after in June of 2019.

## **In celebrity baby news, Sadie Robertson and husband Christian Huff are expecting their first child together. What are some ways to announce your pregnancy to family and friends?**

### **Cupid's Advice:**

While posting pictures of your pregnancy announcement on social media may be a great way of informing people you don't speak with everyday, you may be looking for a more intimate way to tell those closer to you. If you are looking for some ways to announce this milestone to your close friends and family, Cupid has some advice for you:

**1. Baby clothes:** One way to announce your pregnancy to your family, and to prepare for the arrival of your baby, is to start picking up baby clothes. Whether you are simply throwing a few baby outfits in your cart while you are out shopping with someone, or deliberately giving your parents a pair of baby shoes to keep at their house, people will catch on quickly and start asking you for all the details.

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## [Phoenix Welcome First Child](#)

**2. Customized gifts:** From t-shirts to coffee mugs to baked goods, there are endless possibilities for announcing your pregnancy through a customized gift. Announcing your pregnancy this way will allow you to personalize the news for each person you are telling. If your family member has a favorite sports team or musician, giving them a customized gift saying their newest number one fan is on the way is a moment they will never forget.

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**3. Excited phone call:** Sometimes the excitement of realizing you are pregnant is too much and the first thing you want to do is call your parents. While this may take away the opportunity for a more planned out pregnancy announcement in the future, it is still just as memorable to all your family to share in the initial excitement with you.

**What are some other ways to announce your pregnancy to family and friends? Start a conversation in the comments below!**

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# Celebrity News: Prime Examples of Extravagant Celebrity Lives





A home says much about the owner. And while all of us have different tastes and preferences, we all have that typical thing that pops up every time we have a conversation. The same could be said of celebrities who have invested in the most luxurious amenities the world could offer. We all follow these celebrities, at least one of them. So we are all familiar with the glamorous lifestyles, dreamy vacations, high-end cars, and expensive clothes these celebrities own. Celebrity homes are the apex of unmatched luxury and comfort. And it doesn't end at the magnificent designs and appealing designs. Other than our poor baking skills and penchant for wine, the other thing that gets us excited is a uniquely done mansion with a state of the interior art designs. From a private traversing valley to an entire room dedicated to spa and massage, a golf course to a skate park, celebrities are treating us to some very unique and intriguing home features.

**Here are some of the most luxurious**

# amenities many celebrities have within their homes.

## 1. Wine Rooms

It isn't easy to find a celebrity who doesn't love partying. And even if you find one, they still find time to have their favorite drinks. For most of these celebrities, the party doesn't end at the bars and pubs. The wine lovers who can't just get enough of the wine from the counter have instead equipped their homes with outstanding facilities to preserve and serve their favorite wines. Wine rooms have now become an essential feature within the homes of most of these celebrities. A look at a few of these rooms reveal the intricate display walls for bottles and specifically designed bars for serving beverages. Other celebrities have even gone to the extent of making their wine rooms stand out from the rest. For instance, renowned celebrities whose [custom entry doors](#) will welcome you to glass-cased wine rooms will provoke underwater views of the calm pool.

## 2. Home Theatres That Bring Movie Nights Home

Forget about those crunchy fries and marinated chicken on a cold afternoon with your family. Nothing comes close to a movie night out with friends as you enjoy some popcorns and milky ice cream. Most of us can't just afford the luxury that comes with movie night out. Instead of putting it as a priority, we make it to the theatres once in a week. However, for most celebrities, the limitation to when they can be at the theater isn't something they can put up with. For them, they want to enjoy the luxury of a private home theater they can access any day, any time. There isn't a more common feature in most celebrities' homes than a private home theater.

## 3. Massive Pools



After a long day at work or a tiresome week, you might want to consider to slip away to a sensational and romantic gateway with your significant other. And there could never a better place to wind away as you recollect the week's activities than a pool. While most of us have to book and travel to their [dreamy destinations](#) for unforgettable experiences, there are now infinity pools incorporated into these expansive and high wend homes and hotels. Most celebrities are now avoiding the limelight, instead opting to have the therapeutic pools within their mansions as they take a break from their busy schedules. Extensive structural and architectural designs characterize the infinity pools. However, that hasn't prevented most celebrities from installing them in their homes.

#### **4. Private Airports**

Some celebrities are wild about cars; others passionately love planes. They are avid fans of the aviation industry. While celebrities fit their homes with different unique features, the private airports for aircraft and planes came a bit unexpected and surprising. Some celebrities like John Travolta, who owns one of Florida's most expensive homes, are even certified pilots who can fly their planes. So, it's no surprise that they have designed their airports and operate them from their homes. From the custom entry doors of their bungalows to the expansive alleys leading to the dining rooms, the celebrities are making use of every space to guarantee their visitors a safe landing.

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## **Celebrity News: 'Pump Rules'**

# Tom Sandoval & Ariana Madix Weren't Invited to Co-Stars' Gender Reveal Parties



By Nicole Maher

In the latest [celebrity news](#), *Vanderpump Rules* stars Tom Sandoval and Ariana Madix revealed they weren't invited to any of their co-stars' gender reveal parties. According to *UsMagazine.com*, the [celebrity couple](#) didn't make the guest list for at least three gender reveal parties hosted by their co-stars. However, Sandoval and Madix were not the only couples excluded from these gatherings, as cast member Scheana Shay and her boyfriend Brock Davies also weren't invited to one of the parties.

# In celebrity news, the drama is heating up off-screen for current and former *Vanderpump Rules* stars. How do you decide who to invite to important events in your life?

## Cupid's Advice:

Social gathering restrictions or not, it can be hard to narrow down the guest list for important events in your life. While you may not be looking to hurt anyone's feelings, leaving someone off the guest list can cause drama. If you are looking for ways to decide who to invite to important events, Cupid has some advice for you:

**1. Establish a limit:** The first step in planning a gathering is to determine how many people you want to invite. If the event you are hosting is at a venue, this number may already be established for you. Don't let the pressure of feeling the need to invite everyone overpower how many people you actually want in attendance.

**Related Link:** [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

**2. Make a priority list:** After establishing a number of people, you need to decide who exactly you want to invite by creating a priority list. If the event involves more than one person, such as a gender reveal or wedding, make sure each host has a priority list of about the same length.

**Related Link:** [Celebrity News: False Alarm! 'Pump Rules' Lala Kent & Randall Emmet Are Still Together](#)

**3. Acknowledge others after:** In the world of social media,

it's impossible to have a party without people who weren't invited finding out about it eventually. Rather than ignoring these people, try to make them feel included in some way. By creating a post thanking all those in attendance and those who showed their support through social media, you will make everyone feel like they had a part in your event, even if they weren't there in person.

What are some other ways to decide who to invite to important events in your life? Start a conversation in the comments below.

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## Celebrity News: Nikki Bella Describes Deep Postpartum Depression







By Nicole Maher

In the latest [celebrity news](#), Nikki Bella opened up about the struggles she faced in her [celebrity relationship](#) while suffering from postpartum depression. According to *UsMagazine.com*, Bella recalled having feelings of hatred toward her fiancé Artem Chigvintsev after having their [celebrity baby](#), but was able to move past these feelings as the couple began to have more open discussions. Chigvintsev stated that he wished Bella had opened up “sooner” about how she was feeling so that he was more aware of her postpartum depression when he came home from filming the ABC show *Dancing With The Stars*.

**In celebrity news, Nikki Bella “hated” partner Artem Chigvintsev as she battled postpartum depression. What are some ways to**

# support your partner through postpartum depression?

## Cupid's Advice:

Postpartum depression following the birth of a child is something that many couples face in their relationship, even if they are not talking about it openly. If you are looking for ways to support your partner through postpartum depression, Cupid has some advice for you:

**1. Discuss it frequently:** To avoid the formation of ill feelings from either person, it's important to discuss the effects postpartum depression is having on both your partner and the relationship. While your partner may be hesitant to open up because they fear it will strain the relationship, acknowledging and talking through these new feelings will prevent any bad feelings from building up.

**Related Link:** [Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child](#)

**2. Stay close by:** The easiest way to support someone is to remain by their side during a difficult time. Try to make yourself available to the other person as much as possible or contact them frequently if you need to be out of town. By staying close and talking often, you will prevent them from feeling like they are alone in this process.

**Related Link:** [Royal Celebrity Couple Prince Harry & Meghan Markle Take Aim At Online Negativity](#)

**3. Do your research:** Postpartum depression is complicated and can be different for everyone experiencing it. One way to show your partner that you truly care and are ready to be supportive is to do some research about how they might be feeling. If your partner sees you doing a little extra work,

they will know you are taking this new part of the relationship seriously!

What are some other ways to support your partner through postpartum depression? Start a conversation in the comments below.

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## Celebrity Break-Up News: Kelly Clarkson Is Sued by Father-in-Law's Company Amid Divorce







By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson is being sued by her ex father-in-law's company amid her celebrity divorce from Brandon Blackstock. According to *UsMagazine.com*, Starstruck Management Group, which is owned by Narval Blackstock, announced that Clarkson owns \$1.4 million in unpaid commissions. This amount is in addition to the \$1.9 million that Clarkson has already paid since the end of her [celebrity relationship](#) with Blackstock. The couple had been married for seven years before officially announcing their [celebrity break-up](#) in June of this year.

**This celebrity break-up is not going smoothly, as Kelly Clarkson is getting sued by her ex's father's company. What are some**



# support systems to have in place during a dramatic divorce?

## Cupid's Advice:

Going through a divorce is challenging in any circumstance, but can be even more difficult when the divorce turns dramatic. Not only are you facing the end of a relationship, but you are also forced to confront other hardships in your life. If you are looking for ways to stay supported during a dramatic divorce, Cupid has some advice for you.

**1. Family and friends:** The first people you can find support in amid a dramatic divorce are those closest to you. Friends and family can be the perfect outlets to allow you to express your feelings and escape any drama caused by your divorce. You may also have someone in your circle that has gone through a similar experience and can offer some insight of their own.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**2. A lawyer:** The last person you probably want to spend more time with amid your divorce is your lawyer, but they can be one of your best support systems. By discussing any charges or accusations brought forward by your ex partner with your lawyer, you will have a better understanding of what you are actually responsible for throughout the process. This can help alleviate some of the uncertainty or stress you may be feeling.

**Related Link:** [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

**3. Counselors and therapists:** It can be easy to get caught up in the financial and legal strains of a difficult divorce and forget the effect it is having on your emotions. At the end of

the day, you are still processing the end of a relationship as well. Discussing the events of your divorce with a therapist can help in the healing process and allow you to move on with your life in a healthier way.

What are some other support systems that you can turn to during a dramatic divorce? Start a conversation in the comments below.

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## **Celebrity Break-Up: Demi Lovato Is Feeling Relieved After Split From Max Ehrich**





By Carly Silva

In the [latest celebrity news](#), Demi Lovato is feeling a sense of relief after breaking off her engagement with Max Ehrich. The [celebrity exes](#) met in March and moved in with each other to quarantine together. Their relationship moved along quickly, and Ehrich popped the question only months after they were dating. The engagement was recently broken off, and according to *UsMagazine.com*, a spokesperson for Demi Lovato revealed that the pop singer is relieved after seeing Ehrich's "true colors."

**In celebrity break-up news, Demi Lovato is relieved after her split and broken engagement from Max Ehrich. If you're feeling trapped or suffocated in a relationship,**

# what do you do?

## Cupid's Advice

Relationships can be very demanding and overwhelming sometimes. If you're feeling trapped or suffocated in a relationship and you're wondering what to do, Cupid has some advice for you:

**1. Be honest:** If you're having concerns about being suffocated in a relationship, the first thing to do is to be honest with your partner about it. Tell them that this type of relationship isn't working for you and that you're not happy. Your partner may be able to change their behavior and cater to your needs so that the relationship is more suitable for what you want.

**Related Link:** [Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato](#)

**2. Set boundaries:** If your partner is on board to make a change in your relationship, it's important to set boundaries. Tell them exactly what behaviors are okay and which ones aren't. Dedicate some time to having individual space and time for yourself to help with the suffocating feeling. If your partner is able to make these changes effectively, it may show that there is hope for your relationship to be less suffocating.

**Related Link:** [Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing](#)

**3. Cut it loose:** If you're able to work on a relationship with your partner, it can help with feeling less suffocated, but if you are feeling trapped in your relationship, that may mean something is seriously wrong. If you're not completely happy and for some reason feel like you can't get out of your relationship, then it is important that you cut it loose.



Feeling trapped is not healthy for a relationship and will only lead to resentment.

What else can you do if you're feeling trapped or suffocated in a relationship? Start a conversation in the comments down below!

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## **Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from Ex Christina**





By Carly Silva

In the [latest celebrity news](#), Ant Anstead asked fans to stop leaving comments about his marriage and [celebrity break-up](#) with Christina Anstead on his Instagram account. The [celebrity exes](#), who married in late 2018, announced their split earlier this month. According to *People.com*, Ant shared a photo of the son he shares with Christina and chose to turn off comments on his post while asking for privacy and for their family.

**In celebrity break-up news, there may not be more to the break-up story between Ant and Christina after all. What are some benefits to keeping the details of your break-up private?**

**Cupid's Advice:**

Keeping your break-up private can be beneficial in quite a few ways. If you're wondering what some of the benefits of keeping the details of your break-up private are, Cupid has some advice for you:

**1. It shows respect for each other:** If you choose to keep the details of your break-up private, it shows that you still want to be a respectful person toward your ex. Instead of airing their dirty laundry and telling everyone exactly what happened, it is very considerate to respect the privacy of your ex and keep the details of the split between the two of you.

**Related Link:** [Celebrity Break-Ups: Tarek El Moussa Is Sad for Ex Christina Anstead Amid Her Split](#)

**2. It prevents others from casting judgment:** If you are willing to tell others all the intimate details of your break-up, you also give them the power to comment or judge your choice to break-up. If you are not willing to listen to someone else's opinion or judgements on you and your ex's choice to end things, it may be best to refrain from giving all of the details out freely.

**Related Link:** [Celebrity Exes: Demi Moore Posts Epic Throwback Emmys Pic with Ex-Husband Bruce Willis](#)

**3. It stops further harm from being done:** If you continue to talk about your break-up with others or on social media, you run the risk of making the break-up even worse. Keeping things private helps to keep the drama to a minimum and moving on in a mature way rather than gossiping about or dwelling on the break-up. It can also prevent further arguments and blow-ups between you and your ex.

**What are some other benefits of keeping the details of your break-up private? Start a conversation in the comments down below!**



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# Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split



By Carly Silva

In the [latest celebrity news](#), Demi Lovato and Max Ehrich's [celebrity break-up](#) got messy after the two broke off their engagement last week. The [celebrity couple](#) went public with their relationship in May, and Ehrich quickly put a ring on it in July. According to *UsMagazine.com*, the split came after distance made their relationship complicated, and Ehrich took to Instagram to call out the former Disney star.



# In celebrity break-up news, this broken engagement isn't going smoothly so far. What are some ways to keep your split as uneventful as possible?

## Cupid's Advice:

Break-ups don't always end peacefully, and sometimes the drama can get out of hand. If you are looking for ways to deescalate the drama and keep your split as uneventful as possible, Cupid has some advice for you:

**1. Try not to make a scene:** When you're going through a breakup, there will obviously be a lot of emotions and pain, but it's important not to blow it up too much. Try your best to maintain composure and refrain from making a scene. This will make it easier to end the relationship peacefully and move forward without some huge blow-up making the situation worse.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**2. Stay off social media:** A lot of times, couples will use social media to communicate with their ex, and it can get really messy. Saying anything over social media is so public and makes matters worse. Instead of messaging, commenting, following, or unfollowing your ex on social media, try to only communicate with them in person to remove the excess drama that comes with social media.

**Related Link:** [Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing](#)

**3. Keep it private:** Another way to keep your split uneventful

is to keep it as private as possible. Obviously your friends and family are going to find out about the split, but you don't necessarily have to air all of your dirty laundry to everyone in the world. Keeping the fallout of your relationship and the details of the break-up somewhat private will help to keep the drama to a minimum.

**What are some other ways to keep your split as uneventful as possible? Start a conversation in the comments down below!**

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## **Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato**





By Nicole Maher

In the latest [celebrity news](#), Max Ehrich reveals new details surrounding his [celebrity break-up](#) from fiancé Demi Lovato. According to *EOnline.com*, Ehrich first learned that his [celebrity relationship](#) was over when he saw the headline of a tabloid on his phone. At the time, Ehrich was on the set of his new movie, *Southern Gospel*, and not with his then-fiancé Lovato. The actor described how his cast members watched the event unfold and helped him get back into character to continue filming.

**In celebrity break-up news, Max Ehrich claims he heard about his break-up from Demi Lovato via a tabloid. If you've decided to break things off with your partner, what**

# are the best ways to go about it?

## Cupid's Advice:

Breaking up with your partner can be one of the most difficult conversations to have. However, just because the conversation is challenging does not mean it's okay to go about ending the relationship without consulting your partner. If you are looking for the best ways to go about breaking things off with your partner, Cupid has some advice for you:

**1. Address the issues:** Before you even get to the point of breaking up, it is important to discuss the issues you are having within the relationship with your partner. Try to find any last minute areas of compromise before you decide that the relationship is officially over. If the issues that the two of you are facing appear to be unrepairable, then continue forward with the split.

**Related Link:** [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

**2. Privately and in-person:** Even though a relationship is failing and there may be some ill-feelings between you and your partner, it is still important to respect the other person throughout the process. One of the main ways to show respect is to go about the break-up in a private setting and preferably in person. If distance is an issue, try to make the conversation as personable as possible by making a phone call rather than sending a text.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**3. Listen to their requests:** After a break-up, there are often new boundaries that need to be established between you and your ex. Take some time after the break-up to establish what



kind of relationship the two of you will have moving forward. While one of you may wish to remain friends, the other may need some time without any contact to process this new change before agreeing to an ongoing relationship of any kind.

**What are some other ways to go about breaking things off with your partner in the best way? Start a conversation in the comments below.**

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## **Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child**





By Nicole Maher

In the latest [celebrity news](#), [celebrity couple](#) Rooney Mara and Joaquin Phoenix welcomed their first child. According to *UsMagazine.com*, the couple named their [celebrity baby](#) after Joaquin Phoenix's late brother, River Phoenix. The couple's pregnancy was confirmed in May, with Mara being about six months along at the time. The child's name was announced at the 2020 Zurich Film Festival following the screening of a documentary titled *Gunda*, which was executive produced by Phoenix.

**This celebrity baby was named after Joaquin's late brother. What are some ways to incorporate an important family member's name into your child's name?**

**Cupid's Advice:**

Whether it's the name of a parent, grandparent, or lost sibling, many people look to incorporate important family names into the names of their children. If you are looking for the best ways to incorporate these important family member's names into that of your child, Cupid has some advice for you:

**1. Middle name:** If you and your partner have already decided on the first name of your child, then opt for using the family member's name as the middle name. This can be a great option if you feel that the important family member's name is out-of-date, or simply does not seem to match the personality of your family and newborn child.

**Related Link:** [Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

**2. Switch the gender:** Sometimes the gender of the child is different from that of the past family member. One way to incorporate the family name despite this difference is to find the gender-equivalent. Many names are unisex or have male and female versions, such as Michael and Michelle, which can make it easy to incorporate an important family name even if the gender of your baby is different.

**Related Link:** [Celebrity News: Blac Chyna Says Raising Dream Without Child Support Is Her 'Biggest Flex'](#)

**3. Right up front:** Just as Mara and Phoenix did, place the important family member's name right up front. By choosing to use the family member's name as your child's first name, you are showing just how important that person was to you. It is also a great way for your child to feel connected to this family member, even if they never had the opportunity to meet them.

**What are some other ways to incorporate an important family member's name into the name of your child? Start a conversation in the comments below!**



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# Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing



By Carly Silva

In the [latest celebrity news](#), Kristin Cavallari admitted that she thought about divorcing Jay Cutler every day for two years before actually filing. The [celebrity exes](#) were married for seven years, and have three children together. According to *UsMagazine.com*, Cavallari was open about how she knew it was



time to part ways.

**In celebrity break-up news, Kristin Cavallari definitely didn't take the idea of divorce lightly, and thought about it for two years before filing. How do you know your relationship is over and not saveable?**

#### **Cupid's Advice:**

Ending a relationship can be an extremely difficult decision, especially if you're not totally sure. If you're wondering how to tell if your relationship is over and not savable, Cupid has some advice for you:

**1. If you've tried everything:** If you and your partner have ongoing issues that you have tried to resolve but just can't, then it may be time to end the relationship. If you've tried interventions, therapy, and still keep running into the same problems, then it might not be possible to salvage the relationship anymore.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**2. If you can see yourself with someone else:** Although relationships can change over the course of life, your love should still be evident to you. If you feel like your love for your partner has waned, or that you can picture yourself with someone else, it may be a sign that what you had is over.

**Related Link:** [Celebrity Break-Ups: Tarek El Moussa Is Sad for](#)

[Ex Christina Anstead Amid Her Split](#)

**3. If you're just not happy:** One of the main signs to help you decide if your relationship is really over is how your relationship makes you feel. Even when your relationship goes through hard times, your happiness should be enhanced through your relationship. If you are unhappy in your relationship for an extended period of time, it may not be worth saving

**How can you tell your relationship is over and not savable?  
Start a conversation in the comments below!**

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## **Celebrity Baby News: Gigi Hadid & Zayn Malik Welcome First Child**





By Carly Silva

In the latest [celebrity baby news](#), Gigi Hadid and Zayn Malik welcomed their first child into the world on Wednesday, September 23. According to *UsMagazine.com*, the [celebrity couple](#) announced the birth of their daughter with a sweet black and white photo of the newborn's hand on Malik's Instagram.

**In celebrity baby news, Gigi and Zayn have welcomed their first child, a girl. What are some perfect “push presents” to give the mother of your recently born child?**

#### **Cupid's Advice:**

Every mother deserves a little something after a difficult delivery journey. If you're looking for some perfect “push

presents” to give the mother of your recently born child, Cupid has some advice for you:

**1. A baby book journal:** A baby book is something most sentimental moms will love. Especially if she is a new mom, writing down all of her experiences of her pregnancy and birthing story will be an important memory for her, and your child may love to read it one day!

**Related Link:** [Celebrity Baby News: Vanderpump Rules Stars Brittany Cartwright Jax Taylor Are Expecting First Child Together](#)

**2. Mom jewelry:** A push present doesn’t have to be something for the baby; this gift can be about celebrating the mother and everything she has been through in this special time in her life. Think about buying some sort of jewelry that symbolizes motherhood, like a birthstone ring, interlocking necklace pendants, or something engraved with “Mama.” These types of gifts will make her feel so special as she enters into motherhood.

**Related Link:** [Celebrity Baby News: Penn Badgley & Domino Kirke Welcome First Child Together](#)

**3. A day of relaxation:** If your baby comes unexpectedly, or if you don’t have enough time to plan out your push present, a spa day is a great idea for a new mother. Buy a gift card so that she can use it whenever she pleases once she has recovered from delivery. Plan a day to watch the baby while she gets some rest and relaxation for all of her hard work.

**What are some other perfect “push presents” to give the mother of your recently born child? Start a conversation in the comments down below!**



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# Royal Celebrity Couple Prince Harry & Meghan Markle Take Aim At Online Negativity



By Carly Silva

In the [latest celebrity news](#), Prince Harry and Meghan Markle spoke out against online negativity during an appearance on ABC's *Time 100* special on Tuesday. According to *EOnline.com*, the royal [celebrity couple](#) addressed the importance of rejecting hate speech and misinformation online, especially going into the upcoming election. They also stressed the importance of voting this November and encouraged viewers to

register to vote.

## Royal celebrity couple Harry and Meghan took aim at online negativity during a *Time 100* special. What are some ways to keep online negativity from affecting your relationship?

### Cupid's Advice:

Negative comments and criticism online can be really stressful for a couple. If you're looking for ways to keep online negativity from affecting your relationship, Cupid has some advice for you:

**1. Talk about it:** The first thing to do if you're dealing with online negativity is to talk about it. Sharing your experiences with others may help you notice that others are dealing with similar problems, and you may not feel so alone about it.

**Related Link:** [Royal Celebrity Couple Prince Harry Meghan Markle Step Out in Matching Masks in Beverly Hills](#)

**2. Make a joke out of it:** Another way to stop online negativity from affecting your relationship is to try not to take it too seriously. Making a joke out of it is a great way to laugh about negativity instead of letting it bog you down.

**Related Link:** [Royal Celebrity Couple News: Prince Harry & Meghan Markle Experience Different World in Canada](#)

**3. Do your best to ignore it:** No matter how hard you try to ignore it, sometimes online negativity just has a way of

getting to us. Find a way to unplug by limiting the time you spend on social media and blocking accounts that create negative posts.

What are some other ways to keep online negativity from affecting your relationship? Start a conversation in the comments below!

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## Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties





By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson and Usher opened up about the pains they both experienced as they were going through [celebrity divorces](#). According to *UsMagazine.com*, the two discussed some of the challenges that follow a divorce in the spotlight on Clarkson's talk-show, the *Kelly Clarkson Show*. Clarkson had recently announced her [celebrity break-up](#) from Brandon Blackstock in July of this year after nearly seven years of marriage, while Usher has gone through divorces with both Tameka Foster in 2009 and Grace Miguel in 2017.

## **Kelly Clarkson and Usher connected over their celebrity break-up struggles. What are some ways to support someone who is going through a rough split?**

### **Cupid's Advice:**

Watching someone we care about go through an emotional break-up can be almost as painful as going through a break-up ourselves. If you are looking for ways to support a friend or family member through a rough split, Cupid has some advice for you:

**1. Listen to them:** The best way to show your support for someone in any situation, especially someone going through a rough split, is to simply listen to them. While it is great to offer advice and insight into similar situations you have been through, it is also important to make sure you are simply listening as the other person expresses their feelings. The last thing you want is for someone to falsely think you are trying to make the situation about yourself.



**Related Link:** [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

**2. Spend time together:** One of the most difficult things that follows a break-up is filling the time that you used to spend with your significant other. If you know someone who is going through a painful break-up, a great way to support them is to offer them your time. Make plans to go out to lunch or watch a movie and allow them to escape from thinking about their break-up for a few hours.

**Related Link:** [Celebrity Couple News: Gwen Stefani & Black Shelton's Love Takes Center Stage at 2020 ACM Awards](#)

**3. Reserve your opinions:** Right after a break-up, many people turn to talking poorly about their new ex as a way of processing what they are going through. While you may have opinions about this person's ex or their relationship in general, it is better to reserve these opinions in the beginning. Whether you have been waiting for the couple to break-up or shocked that their relationship didn't work, waiting until all emotions have subsided to express your opinions can prevent any confusion or ill feelings between you and the person you are supporting.

**What are some other ways to support someone you is going through a rough split? Start a conversation in the comments below!**

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## **Celebrity Break-Ups: Tarek El**

# Moussa Is 'Sad' for Ex Christina Anstead Amid Her Split



By Carly Silva

In the [latest celebrity news](#), Tarek El Moussa admitted he feels “sad” for his ex-wife Christina Anstead after her recent split from husband, Ant Anstead. According to *UsMagazine.com*, Anstead announced the [celebrity break-up](#) via Instagram, writing that the two are committed to prioritizing their children, and also asked for privacy through the split.

# In celebrity break-up news, Tarek El Moussa feels bad for his ex Christina Anstead, who is going through a split. What are some ways to support your friend through a break-up?

## Cupid's Advice:

Break-ups can be tough, so it's important to support your friends through them. If you're looking for ways to support your friend through a break-up, Cupid has some advice for you:

**1. Get their mind off of it:** One of the best things you can do for a friend going through a break-up is to be there for them and keep their mind distracted. Spend some quality time with your friend and do something fun to keep their mind occupied.

**Related Link:** [Celebrity Break-Up: Savannah Chrisley Nic Kerdiles Split After Postponing Wedding](#)

**2. Let them vent:** Sometimes when someone is going through a break-up, it makes them feel better to be able to talk about it. Let your friend vent as much as they want to help them express their feelings in a helpful way.

**Related Link:** [Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography](#)

**3. Don't forget to check in:** It can be easy to support your friend right after a break-up, but it is also important to reach out to them often, even weeks after the break-up. Check in with them consistently to reassure them that you are there for them for the long haul.



What are some ways to support your friend through a break-up?  
Start a conversation in the comments down below!

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# Celebrity Baby News: 'Vanderpump Rules' Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together



By Carly Silva



In the latest [celebrity baby news](#), *Vanderpump Rules* stars Brittany Cartwright and Jax Taylor are expecting their first child together. According to *UsMagazine.com*, the [reality TV star](#) announced her pregnancy on Instagram on Monday in a series of photos, and Taylor followed suit, adding a photo of his wife showing off her baby bump.

## **In celebrity baby news, Brittany and Jax are the latest of *Pump Rules* stars to expect a baby. What are some ways to prepare your relationship for becoming parents?**

### **Cupid's Advice:**

Relationships are bound to change once you become parents. If you're looking for ways to prepare your relationship for parenthood, Cupid has some advice for you:

**1. Discuss your expectations:** Having a baby can be a big change in your relationship, so it's important to talk and be realistic about what things will be changing. Having an open conversation about what your expectations are for your relationship after the baby comes will help the two of you be prepared and accept the changes.

**Related Link:** [Celebrity News: Blac Chyna Says Raising Dream Without Child Support Is Her Biggest Flex](#)

**2. Plan to prioritize your relationship:** Even though your relationship is bound to change after welcoming your first child, remembering to prioritize each other can be a great way to keep your relationship strong even while taking care of a baby. Come up with a plan of ways to prioritize hobbies and intimacy together after you become parents.

**Related Link:** [Celebrity Baby News: Emma Roberts Reveals Sex of First Child with Garrett Hedlund](#)

**3. Do it as a team:** Becoming a parent can be hard on your relationship; that's why it's important to do it together. While raising your baby will be a challenge for your relationship, the journey will also make the two of you even closer as you do it together.

What are some ways to prepare your relationship for becoming parents? Start a conversation in the comments below!

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## Celebrity Exes: Demi Moore Posts Epic Throwback Emmys Pic with Ex-Husband Bruce Willis





By Nicole Maher

In the latest [celebrity news](#), Demi Moore shared a throwback image of herself attending the 1987 Emmys alongside now ex-husband Bruce Willis on Instagram. According to *UsMagazine.com*, Moore shared the image of the former [celebrity couple](#) to commemorate the 2020 Emmy ceremony, which took place without a red carpet or audience due to the pandemic. While the [celebrity exes](#) split back in 2000, Moore explained how their relationship grew stronger after their divorce, and how the two are devoted to creating family memories with their three children. Moore and Willis were recently reported to be quarantining together, alongside their children, in Idaho earlier this year.

**These celebrity exes have kept things civil and can even remember their relationship positively to**

# this day. What are some ways to turn the corner from bitterness to happy memories after a break-up?

## Cupid's Advice:

Sometimes we realize after getting into a relationship with someone that our bond was better suited for a friendship. Unfortunately, it can be difficult to back-track from this position without causing any bitterness or tension for both people involved. If you are looking for ways to limit the bitterness post break-up and turn the corner into a true friendship, Cupid has some advice for you.

**1. Give it time:** Even if you and your partner have gone through an amicable break-up, it can still be necessary to spend some time apart. During the time immediately following a break-up, bitterness and drama are likely to surface, which can be avoided if both parties limit their contact. Once the two of you have started on your own separate paths post-relationship, it can be easier to slowly build a friendship.

**Related link:** [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

**2. Respect each other's boundaries:** It is important to understand that while you are still in your ex-partner's life, your role has changed. Just like the two of us set boundaries in your romantic relationship, boundaries need to be established for your newly formed friendship. By understanding what both people want out of a friendship, you will prevent any bitterness or disagreements from forming.

**Related link:** [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

**3. Reminisce with each other:** Just as Moore and Willis do,



look back at all the great memories you made as a couple. Even if a relationship does not work out, it doesn't mean that all the memories you made together need to be tainted by the break-up. Remember things for how they were in the moment rather than how they are under the changed relationship status.

**What are some other ways to turn the corner from bitterness to happy memories after a break-up? Start a conversation in the comments below!**

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## **Celebrity Baby News: Penn Badgley & Domino Kirke Welcome First Child Together**





By Nicole Maher

In the latest [celebrity news](#), Penn Badgely and Domino Kirke welcomed their first [celebrity baby](#) together after having multiple miscarriages. According to *UsMagazine.com*, the [celebrity couple](#) first shared the news of their baby's birth on Kirke's Instagram. While this is the first child the couple have together, Badgley has been acting as a stepfather toward Kirke's ten-year-old son, Cassius, from a previous relationship. Kirke has described her husband Badgley as being a "good stepdad," and is excited to raise their own child together as well.

**In celebrity baby news, Penn and Domino welcomed a child together after suffering multiple miscarriages. What are some ways to**

# support each other through a miscarriage?

## Cupid's Advice:

There is so much excitement around expecting a child with your partner, and the last thing you want to consider is the possibility of having a miscarriage. Unfortunately, many couples do experience miscarriages during their pregnancy journeys. If you are looking for ways to support your partner and relationship through a miscarriage, Cupid has some advice for you:

**1. Relieve any guilt:** Miscarriages are one of the most emotional events a couple can experience when trying to have a child. Despite following all of the pregnancy guidelines and visiting doctors regularly, an issue such as miscarriage can still occur. It is important to remove any guilt or blame surrounding a miscarriage, and assure both partners that neither of them are at fault.

**Related link:** [Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival](#)

**2. Develop a plan:** Deciding on the next-steps following a miscarriage are painful but necessary. These types of events can be emotionally exhausting in a relationship, and it is important to discuss how both of you wish to move forward together. Having a conversation about if and when to try again, as well as the possibility of exploring other options can help relieve some stress and provide a new sense of hope in the relationship.

**Related link:** [Celebrity Baby News: Hilaria Gives Birth to 5th Child with Alec Baldwin](#)

**3. Attend to the family:** After a miscarriage, a majority of

the attention goes to the woman who was pregnant. While it is essential to support her through this process, it is also important to tend to the rest of the family. Both partners and any existing children were all likely looking forward to welcoming a new child into the family, and will all have their own grief processes following a miscarriage.

**What are some other ways to support your partner through a miscarriage? Start a conversation in the comments below.**