

Al Gore's Daughter Has Marriage Troubles Of Her Own



Just shortly after her parents announced their divorce, Al Gore's eldest daughter's own separation was announced this week. Kareanna Gore Schiff and husband, Andrew Schiff, have been married for 13 years, and have three children together. A source close to the couple told [People](#) that the split is amicable. During their marriage, the couple balanced their busy personal and work lives to remain involved in each others' lives. They are not formally divorced, and are seeing a marriage counselor during their separation.

Can a separation really lead to something other than divorce?

Cupid's Advice:

Gore Schiff and her husband have always found a way to make their marriage work, even if it meant becoming involved in each others' professional lives. While a separation may lead to divorce, it can also be a time of healing and solving problems – leading to a better marriage in the future.

1. Acknowledge the issues: Separation happens for a reason. It's important to talk about things without bias. Both parties have contributed to the split, and in order to move on, each person needs to recognize their respective faults.

2. Learn to live alone: In marriage, many people live for for each other and forget who they are without the relationship. It's important to be on your own again. You must be confident in yourself as an individual before you can be confident in your relationship.

3. Move one step at a time: Working from a separation back to marriage takes time, and won't be solved overnight. It's a process. If it doesn't happen, at least you know that you've tried.

Heidi Montag Files for Separation from Pratt





Well, it's official: [US Weekly](#) confirms Heidi Montag filing for legal separation from Spencer Pratt on June 8. She was photographed leaving a Santa Monica, Calif. courthouse, papers in hand, sans wedding ring. While [TMZ](#) has a PDF of the papers, *US Weekly* speculates that this is another publicity stunt to keep the duo in the news. It's important to note that the 24-year-old filed for separation, and *not* divorce, meaning that her earnings will become hers alone from the date of separation.

How do you know if legal separation is right for you?

Cupid's Advice:

While Montag and Pratt may have publicity reasons for going through a legal separation, it's important to realize that this is a situation that shouldn't be taken lightly.

1. Think about it: Is your separation warranted? Do you believe the marriage is worth saving? Lay out the issues on the table and discuss if separation truly is the best option.

2. There's paperwork: Like anything involving the legal system, obtaining legal separation is a process, especially if

children are involved. Montag moved out of her home before filing paperwork – try this option before you place your signature on anything.

3. Don't dismiss counseling: Marriage counseling sometimes gets a bad rap, but that shouldn't discourage you and your spouse from trying it out. While some couples can't be saved by hashing it out with an unbiased listener, it's always worth a shot.

Cameron Diaz & A-Rod: Are They Hooking Up Or Not?



Serial daters and heart-breakers Cameron Diaz and Alex Rodriguez are reportedly hooking up, though neither stars' camp has confirmed the rumor. So far, the relationship is said to have consisted mostly of "sleepovers" occurring everywhere from Miami to New York City, multiple sources, including the [New York Post](#), are reporting. Both Diaz and Rodriguez are famous for their past breakups, including Justin Timberlake and Kate Hudson respectively, but lately, both are dating without any indication of wanting a commitment.

Can two people who can't seem to commit to anyone else make things work together?

Cupid's Advice:

While both Diaz and Rodriguez have had lasting relationships in the past, it's likely that this one will fizzle fast, given their recent dating history. Still, it's important to know things like that when you starting dating someone; it's helpful to know where you and your mate stand in terms of commitment.

1. Do the research: Yes, it can seem awkward, and maybe a bit stalker-ish, but a little digging never hurt anyone – as long as you don't take it to a level that would make a secret government agent cringe. Twitter, Facebook, and LinkedIn are all good social media sites that have privacy levels, so whatever information you can access is OK, since everyone else can access that information, too.

2. Make your feelings known: There's no need to have "the talk" until things get more serious, but you can let someone know where you stand in terms of love and commitment in small ways. Saying things like, "I'm just having fun right now," or, "I'm really looking to settle down," can give your partner clues as to what you want.

3. Have the talk...eventually: If you've been dating regularly for several weeks without a label, it's time to figure out

where you stand.

Kourtney Kardashian & Scott Disick Aren't in Splitsville...Yet



Despite last week's rumors of a breakup, Kourtney Kardashian and Scott Disick of reality TV show fame say they are still together and in love. [Las Vegas Weekly](#) even reported that the two celebrated Disick's birthday in Sin City last weekend. However, the pair's track record isn't exactly clean, as they

have broken up and gotten back together multiple times throughout their three-year relationship. Kardashian's family has been vocal against the relationship from the start, and Kourtney's mother, Kris Jenner, supposedly compared Disick to O.J. Simpson last week. Despite all the drama and rumors, however, the two are – for now – together again.

How do you decide if it's time to call it quits in a relationship?

Cupid's Advice:

Kardashian may want to reconsider her relationship with Disick for the sake of herself and her son, Mason. Disick is not a good influence on any level; from his violent, drunken outburst at Kourtney's sister Kim's family party, to courting *Playgirl* magazine to do a potential photo spread. You may want to re-evaluate your relationship if you notice the following signs:

1. Repeated patterns: Everyone slips up and makes mistakes, but if your relationship feels more hurtful than heartfelt, it could be a signal that it's time to go. By continuing to forgive your partner for his or her bad actions, you send a message that those types of actions are OK.

2. Family and friends don't approve: If no one in your inner circle likes your significant other, chances are it's for a good reason. Pull yourself out of the situation and take a closer look.

3. Damaging others: When a child is involved, relationships can get tricky. It's easy to stay when you both have a child together, as nobody wants to be responsible for a broken home. However, sometimes it's better to leave a relationship for the sake of the child. They may end up healthier in the long run.

Alanis Morissette's Secret Home Wedding



Cupid strikes Alanis Morissette – with marriage! [People](#) confirmed the singer's marriage to Souleye (real name: Mario Treadway), the 30-year-old singer and rapper she's been dating since 2009. The two celebrated their nuptials at their Los Angeles home on May 22nd, surrounded by family. Morissette confirmed the news herself on her Facebook fan page. This is the first marriage for both.

What steps can you take to ensure that a new marriage will work?

Cupid's Take:

- 1. Know who you can trust:** Morissette and Souleye married privately, and it wasn't confirmed until two weeks later. A tight inner circle can contribute to a couple's success – it shows everyone is on the same page, with the same goals for the couple.
 - 2. Share only what you want:** Morissette confirmed her marriage via Facebook and Twitter. Realize the power of social media sites, and use them to your advantage when spreading news. Sharing is good, but not everyone needs to know complete details.
 - 3. Enjoy each other:** Revel in the newness of your marriage. Some couples forget that a marriage is more than a four-hour dance party. Stay connected with your partner so that you're still in that "I Do" stage long after they're said and done.
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Is LeAnn Rimes to Blame for Cheating?





In the latest issue of [People](#), LeAnn Rimes says she has only herself to blame after cheating on her husband of seven years, Dean Sheremet, with Eddie Cibrian. “I did one of the most selfish things that I possibly could do, in hurting someone else,” but the 27-year-old singer added that she doesn’t regret the outcome. Rimes and Cibrian, 36, became friends on the set of *Northern Lights*, a *Lifetime* movie they starred in together. Although both were married to others during filming, they found themselves falling in love. Rimes and Cibrian are currently in a committed relationship, and their respective divorces will soon be final. **For couples who have seen the worst and have lost faith in themselves or their mates, how can you get your life back on track?**

Cupid’s Advice:

Rimes is on her way to forgiveness. She has taken steps to bring her wrongdoing into the public eye, accepted responsibility for her actions, and understands that it will take time for everyone involved to heal.

1. Be honest with yourself: If there are problems in your

relationship, take matters into your own hands, and talk to your significant other before you chat it up with someone else.

2. Take the next step: After discussing the issues that lead you to think of others, you should figure out how to work on the problems in your relationship together. As a team, you may find success.

3. Take time out: Working out kinks and complications can be draining. Set time aside to unwind from the stress involved. Whether this time is spent as a couple or alone, is irrelevant; you need to decide what works best for the two of you.

Sean Penn & Robin Wright Divorce in Mean Spirits





After 20 years of marriage with actress Robin Wright, Sean Penn is now officially a single man. Though Penn has historically tried to keep his private life under wraps, Penn opens up about the end of his relationship in an interview with *Vanity Fair*, even going so far as to say his ex-wife is “a ghost” to him. Penn added that being single will give him more time to fully commit to humanitarian work.

After the end of a marriage, what is acceptable to talk about in public and what matters should be held sacred and private?

Cupid's Advice:

Penn crosses a line in his interview, making comments that were unnecessary, like insulting his ex-wife, and nonsensical, like implying that his marriage kept him from doing humanitarian work. When talking about an ex, you shouldn't reveal anything you wouldn't want revealed about you.

1. Don't name call or place blame: No break-up is the sole responsibility of one party, and it looks childish and inconsiderate to point fingers.

2. Keep private things private: If it wasn't spoken about when together, why air your dirty laundry? Some things, like sex, money, and family issues may be better kept under wraps.

3. Never look back and regret: Every relationship is a learning experience, even if it requires sacrifice. Sure, you might have turned vegetarian for an ex, or slowed down volunteer work to start a family, but you gained much more through the experience than you lost. Take time to finally enjoy what you couldn't while in your relationship.

Al Gore Splits From Wife



Al and Tipper Gore were high school sweethearts, and their

relationship has withstood the Vietnam War, the near death of a child, and a failed presidential campaign attempt in 2000. Now, the couple that seemed unbreakable, announced that they have chosen to go their separate ways.

How do you pick up the pieces after spending half a lifetime with the same person?

Cupid's Advice:

Many couples feel pressured to stick together, even when they are worlds apart in their own lives. If you find that you don't know who you're living with any longer, consider the following to help understand your situation.

1. Pay Attention: For duos that celebrate yet another anniversary but suddenly realize that they aren't the same two people that got married, it's time to open your eyes and see yourselves as individuals.

2. Clear the cobwebs: This may sound cliché, but one of the best ways to start fresh is getting rid of any obstacles you think are blocking your path.

3. Focus on your future: One thing many longtime couples forget is that while they may be 'one' within a relationship, they're still separate people, and are entitled to their own road in life – even if this means traveling in different directions. If splitting up is necessary, know that you can find yourself in the process. Picking up the pieces may take awhile, but it can be done without guilt or pain if done right. _____

Miley Cyrus Relies on Family for Relationship Support



Despite rampant rumors and widely differing upcoming schedules, Miley Cyrus assured [People](#) magazine that she and boyfriend Liam Hemsworth have not broken up. The couple has worked to stay out of the spotlight after the *Last Song* press tour, and despite scheduling struggles, Cyrus credits a tight family bond in keeping them together for 10 months.

How important is a family's bond in keeping a relationship strong?

Cupid's Advice:

Family can make or break a relationship, and in Cyrus's case, her family has had a direct hand in her past few

relationships. While relationships come and go, family is always there.

1. Family is a constant: As much as family members can be a hassle, it's ideal for them to approve of your significant other in order for you to have a healthy relationship with both sides of the field.

2. They're your support system: Mom's comfort food. Dad's sound advice. A sibling's crazy distraction. Many people rely on their family in tough times in a relationship. You want your family to know your significant other so they can help you decide what's best for you when you need guidance.

3. Families need to fit: Your other half should be able to fit in with your own family. This is a way to avoid major conflict down the line.

Are Heidi Montag & Spencer Pratt Calling It Quits?





Heidi Montag of *'The Hill'*'s fame revealed to [People](#) that she has moved out of the Pacific Palisades, Calif. home she shared with husband Spencer Pratt. Montag said she needed time alone to get away from the lies she believes her family and friends are saying about her. She added that she wants time to concentrate on herself, and will spend the summer with new roommate Jen Bunney, as they will be shooting their own reality show.

For couples that have weathered continuous ups and downs in a relationship, how can you make things work?

Cupid's Advice:

Montag is doing the right thing by spending time away from Pratt. Sometimes, all you need to do is figure who you are before you can figure out who you can be with someone else.

1. Distance yourself: If problems aren't getting solved while together, it's time to spend some time apart to reevaluate your relationship. Clearing your head can help put a new perspective on things.

2. Tackle new projects: Along with a new reality show, Montag told *People* she is also working on writing a movie script. Focusing your energy on your own projects is a way to get the creative juices flowing, and a way to redirect any negative energy you may have towards something that will benefit you.

3. Spend time with girlfriends: Hanging out with friends that are both single and attached can help you realize what you want to work on in your own relationship – and can even help you figure out which problems are just not worth fixing.

Céline Dion Pregnant With Twins!





Sixth time's the charm! After undergoing her sixth in-vitro fertilization attempt, Céline Dion and hubby René Angélil are expecting twins, Dion's rep Kim Jakwerth confirmed to [People](#). The 42-year-old singer is 14 weeks along, and will find out the gender of the twins this month. The couple already has a 9-year-old son, René-Charles, who was also conceived through in vitro fertilization.

How can you transition from having a single child to care for to two newborns, especially after six heavy procedures to get pregnant?

Cupid's Advice:

Prepare, prepare, prepare.

- 1. Stay well:** Maintain the healthy lifestyle you had while trying to get pregnant. Stay on top of doctor's visits, and recall tips from your previous pregnancy.
- 2. Keep your child involved:** Your firstborn may feel neglected if a new baby or two enter the picture. Make sure they receive love and attention, and ask for their input concerning

their sibling(s) to be, so the bonding process starts early.

3. Lean on others: Remember the strength of your partnership. If you're single, reach out to family and friends for support. No one should go through a pregnancy alone.