

'Bachelorette' Ali Fedotowsky Engaged to Roberto Martinez!



This season's *Bachelorette* ended with an unconventional bang! Ali Fedotowsky chose to not have her second last date with Chris Lambdton, and instead, sent him home early on Monday's finale. It turns out that Roberto Martinez had already won Fedotowsky's heart, [E! Online](#) reported Monday, despite rumors that she hadn't chosen anyone, as Ryan Seacrest predicted in his podcast earlier that day. Other unexpected surprises of this season included Frank Neuschaefer's early departure to return to his ex on the July 19 episode. Cupid wishes reality TV's newest couple luck!

How do you know if the one you love is Mr. or Mrs. Right?

Cupid's Advice:

Reality TV sometimes gets a bad rap for being predictable, or staged. However, this season's *Bachelorette* got to the heart of everyone's true feelings, whether it was Frank leaving the show early, or Ali already knowing who the right man for her was. Cupid wants to help, and has some ways to help *you* decide if you've found the perfect mate:

- 1. It's all about honesty:** Infatuation can disguise itself as love by providing the surface feelings of the real deal. In order to be sure, dig into your heart and see how far down your lover is before making a lasting commitment.
 - 2. Let's talk about love:** In order to determine true love, don't just trust your gut. Talk it out together, and make sure you're both on the same page.
 - 3. Step back:** If you need to know if your feelings are what they seem, take a solo trip away from your partner for a week or two, and avoid or limit contact as much as possible. If true feelings are there, your love will remain when you return.
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It's Serious Between George Clooney & Elisabetta Canalis





Despite rumors from an Italian newspaper that the couple had separated, George Clooney and Elisabetta Canalis are still going strong. Canalis opened up to [Vanity Fair's](#) Italian edition, dismissing any rumors that they have split as jealousy, [People](#) reported this week. In fact, she told the magazine, "Those who criticize or invent stories about us are just jealous."

What should you do when people try to meddle with your relationship?

Cupid's Advice:

Finding love can be like winning the lotto! However, one's happiness and luck can often lead to jealousy from the outside world. Read on for Cupid's tips on how to deal with this situation:

1. Don't fuel the fire: Jealousy can harm a relationship, even if it comes from the outside. The best thing anyone can do is to not repeat the rumors you hear. Most of the time, like in Clooney and Canalis' case, rumors are false.

2. Be happy: Jealousy and rumors can only harm a relationship if those involved let it. As Canalis said, “the best revenge over these jealous people is to be happy.”

3. Time cures all wounds: In the end, rumors don’t last long. The more untrue they are, the less time it takes for them to fizzle away all together.

Jersey Shore 2: Gym, Tan, & Seaside Hookups



MTV’s hit series *Jersey Shore* premiered its second season last Thursday, and it’s already seen its share of hookups. The

cast uses the term “creeping,” which basically means picking up girls with the intention of a late night hook-up – and nothing else. In reference to his desire to leave New Jersey for the winter in favor of sunny Miami, Pauly D said, “You can’t creep in this weather. You can’t do anything. Girls don’t come out in this weather. They stay in the house.”

Later in the episode, Vinny vowed that he would hook up with 60 different girls in 60 days, telling the camera that if he misses one day, he’ll simply double up on the next. The newly single Ronnie took creeping to the next level, letting loose in a nightclub upon arriving in Miami.

The casual hookup is not for everyone. But if no one gets hurt, should people get it out of their system while they are still young?

Cupid’s Advice:

Be responsible. Enjoy it for what it is, but never forget about the possibility of true love entering your life. Here are some of Cupid’s ways to hook up safe:

1. It takes two to tango: If one party wants a relationship while the other purely wants a hookup, someone is bound to get burned. Be absolutely clear about your intentions, and those of your partner. The casual hookup only works if both of you are on the same page.

2. Be safe: If you happen to go all the way, use protection – always! Use condoms every time – no excuses – and consider taking the Pill, or other forms of contraceptive.

3. Be respectful: People with roommates like those on the *Jersey Shore* should think about their roommates before taking someone home. Be considerate!

Stephanie Pratt & Josh Hansen Call it Quits



Another love drama for the Pratt family! Stephanie Pratt's rep confirmed to [People](#) that the reality star and Josh Hansen "went their separate ways." The pro motocross racer tweeted on Monday, "Another dysfunctional move by Stephanie Pratt, I was under the impression u had to be someones bf in order to get dumped," as his rep says the two were never officially a couple. Pratt didn't let that slide, answering back with an expletive and exclamation-filled tweet. There aren't any other details available on the breakup, but it's seems the relationship ended on unhappy terms.

How can you end a relationship on good terms?

Cupid's Advice:

When it's time to end a relationship, you should always aim to leave it in nice conditions. Cupid has some tips:

- 1. Make up your mind:** Don't threaten to leave your partner out of anger or spite because you want your way in an argument. A breakup shouldn't be used as a form of leverage unless you're truly prepared for that possibility.
 - 2. Time and place:** Pick a setting that allows you two the time and privacy to end it properly. For example, don't end it as your partner is leaving for work, or right after a crisis.
 - 3. What to say:** Don't patronize the other person with cheesy lines like, "It's not me, it's you," or, "I'm not good enough for you." Although it may seem like you're ending it gently, these generic lines might hurt his or her feelings more. Just say what you need to say.
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Mike Fisher Knows Where He & Carrie Underwood Will Live





Carrie Underwood's new hubby, Mike Fisher, says he knows where the couple wants to settle down, [People](#) reported last week. The hockey star told [CTV Ottawa](#) that he would love to have Underwood in his Canadian home while he plays hockey for the Senators. "We're both comfortable here. Home is where we are, so let's make this home," he said. However, Fisher has no issue with returning to the country singer's home in Nashville down the road. "When I'm done [with] hockey, she'll still be working. I'm sure she can always work. We'll settle in Nashville. I love it there."

After marriage, how can you decide where to call home?

Cupid's Advice

Unless you've chosen to live together prior to marriage, you'll eventually need to settle on one home together. Here are some ideas Cupid has come up with to help make that decision:

1. Pros and cons: List out what you love and hate about your choices, then compare notes. You might find a compromise between the lines.

2. Size matters: Consider the size of the homes you're choosing between. Are they big enough for both of you, children (if you're planning for them), and your things? When settling down, make sure it accommodates both your needs.

3. Distance from loved ones: Family can play an important role in deciding where to live, whether you choose to stay close to them, or want to get as far away as possible from them as possible.

Renee Zellweger & Bradley Cooper Get Fit Together



Exercise for two? We'll take it! Renee Zellweger and Bradley Cooper recently signed up for short-term memberships at The Aquatics Fitness Club in Cooper's hometown (Abington, Pa.), the [New York Post](#) reported last week.

What are some easy ways you can stay fit with your partner?

Cupid's Advice:

Trying to balance work, home, and exercise can be a workout all on its own. Read on for Cupid's easy ways to spend quality time with your lover while also getting in a workout:

1. Plan for it: Sit down each week with your planners in front of you and find free time during your lunch break to take a bike ride through the park together. If the weather's being uncooperative, find a place where you can exercise in a fun and unique way, such as trying your luck at indoor rock climbing.

2. Make it a date: If you only have early or late hours free to work out together, check your area for 24 Hour Fitness Centers or similar businesses that offer round-the-clock fitness, or extended hours for night owls.

3. Take the plunge: Water sports are great for enjoying time together by providing closeness you just can't get from lifting weights! Venture outside the local pool and find places that offer outdoor water sports.

Chelsea Clinton Marries Longtime Boyfriend Marc Mezvinsky



Chelsea Clinton and Marc Mezvinsky have finally tied the knot in a fairytale wedding! Surrounded by 400 close friends and family, the now Mrs. Mezvinsky walked down the aisle in a gorgeous wedding dress by Vera Wang (a family friend). This summer's post talked about wedding took place at Rhinebeck, a small town in upstate New York. The beautiful interfaith ceremony was presided by Rabbi James Ponet and Rev. William Shillady at Astor Courts, reported [People](#). Mother of the bride, Hillary Clinton, released a statement that said, "We could not have asked for a more perfect day to celebrate the beginning of their life together, and we are so happy to

welcome Marc into our family.”

How can you prepare for your dream wedding without going overboard?

Cupid's Advice:

Everyone wants a fairytale wedding, but that dream comes with a very expensive price-tag. The ideal wedding usually takes around a year to plan – take your time, and use Cupid's helpful tips to save money and stay classy!

1. Budget: Figure out how much money you can afford to spend for your big day. You don't want to start your new life as husband and wife with huge wedding debt.

2. Pick and choose: Decide what factors are most important to you for the wedding (e.g. wedding dress, cake, food), and let other details, like custom linens, take backseat.

3. DIY: Small things that may seem like a big deal can actually be done yourself! There are some great websites that explain how to make bridesmaids bouquets, or where to get the bows and ribbons to decorate the church or venue for half the price.

Zac Efron's Night Out at the Strip Club





Actor Zac Efron spent a guy's night out at a local strip club in New York City, [People](#) reported last week. The *High School Musical* star told Jimmy Kimmel that the experience didn't live up to his expectations. "So I envisioned myself on a nice couch, stunna shades, with like T-Pain and Usher, you know, making it rain money," he said on the show. "And it just wasn't like that." But don't worry: before heading out, the 22-year-old called girlfriend Vanessa Hudgens to ask for permission.

What are some possible responses you can give your boyfriend if he asks permission to go to a strip club?

Cupid's Advice:

Even Efron agrees that there is no way to ask the strip club question without a mutual feeling of awkwardness. Let Cupid give you some pointers on dealing with this uncomfortable question:

1. Yes: This is probably the easiest answer. If he's asking for permission, it may benefit you to assume his intentions aren't bad, or that he is at least willing to admit to his bad

intentions.

2. Yes, and honey... I love you: This answer may be the smartest answer. Just because he wants to indulge in this activity doesn't mean he loves you any less. The "I love you" at the end will hopefully keep you on his mind all night.

3. No: If no is your answer, you may be argued with. If you feel this answer is necessary to keep your dignity in tact, don't give in to his request.

Hulk Hogan Supports Ex's Engagement





Wrestler Hulk Hogan wishes his ex-wife Linda the best of luck with her engagement to 21-year-old Charlie Hill, [RadarOnline](#) reported last week. Though the exes have had troubles since their divorce, Hogan says he is “ecstatic” over his ex-wife’s engagement. Linda Hogan and Hill will reportedly marry next summer, and have been dating since 2008.

How should you react when an ex gets serious with someone new?

Cupid’s Advice:

>Although Hulk Hogan initially had some problems with his ex-wife’s new – and much younger – love interest, he eventually supported the situation. While you might not agree with an ex’s new choice in love, it’s important to be the bigger person, and at the very least, keep things cordial.

1. Hey! No technology: Cryptic tweets and Facebook statuses are still obvious to anyone who knows you or your ex. If you have something to say and can’t tell your ex in person, then don’t post it on your profile where anyone can see it.

2. Be open: In the event that your ex still wants you in his

or her life, you'll most likely meet the new partner. Don't back down from this situation, and be as open-minded as possible when meeting him or her.

3. Back off: Once the first encounter has happened and the new relationship is in full swing, let your ex be the one to determine where things go. You are not the one in the potentially fragile new relationship. Be as supportive as you can, and as involved as your ex wants you to be.

Russell Brand is Daddy Material



Comedian Russell Brand has the faith of fiancée Katy Perry when it comes to his abilities as a future father. [People](#) reported last week that the pop singer thinks Brand will “be perfect” as a baby daddy, a quality she says was key for her in looking for a potential husband. The two have been engaged since January.

Is being a good parent the most important trait in a future spouse?

Cupid’s Advice:

Perry knew what she was looking for when it came to a future husband. If you want to have children, then yes, it’s important to find someone you think will be a good parent. However, it’s a good idea to talk about your goals before thinking about getting hitched:

1. Prioritize: If having children is not something you’re considering, the potential to be a good parent – while a good characteristic to have in general – isn’t necessary. Figure out what your future plans are before you looking for your ideal mate.

2. Break the ice: If you decide that being a parent is something you want, make sure you broach the subject with your mate carefully. This can be a touchy and intimidating subject for people, so tread delicately.

3. Make plans: If having a child is something you both want, and marriage is already in the works, then go ahead and plan for a family. This is a life change that should be addressed ahead of time.

It's On, Off, and On Again for Tamera Mowry



Sister, Sister actress Tamera Mowry and Fox News correspondent Adam Housley are giving it another shot. According to [E! News](#), Adam proposed to Tamera last week in Italy, and a source close to the couple says, “they were engaged a few years ago, but broke it off... They have been dating on and off for the past year and now he has put a ring on her finger once again.” This isn’t the first celebrity couple to announce a “re-engagement.” Just last month, Megan Fox and Brian Austin Green announced their plans to tie the knot after calling off a three year engagement last February. The two finally married in late June. We’ll now see if the second time’s a charm – or better yet, a diamond – for Mowry and Housley.

Is it wise to commit to someone for a second time after initially calling off an engagement?

Cupid's Advice:

You may think the person is the love of your life, but deciding to take the plunge after initially calling off an engagement requires some thought. Cupid can help sort out some of your concerns:

- 1. Don't rush into it:** If the engagement was called off, there must be reasons behind the break up. Make sure you truly know what the concerns were the first time around so you can work them out before deciding on marriage once again.
 - 2. Figure out the truth:** Are you really in love and see yourself with this person for the rest of your life? It's better to be honest with yourself from the beginning so you don't end up committing to someone you aren't happy with.
 - 3. Get your priorities straight:** If you and your partner have seriously taken the time to work out your issues, and both understand why *now* is the right time to get married versus before, make sure you're on the same page when it comes to your future. Take a look at these ten important questions to ask before you get engaged.
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Melissa Rycroft Turns in Her Tap Shoes for Baby Booties



Reality TV star Melissa Rycroft is expecting her first baby with husband Tye Strickland. Rycroft told [US Weekly](#) that while they are thrilled, the baby news was a shock, and they weren't trying to get pregnant. Meanwhile, Rycroft and Strickland are quite the busy couple. Talking with [Good Morning America](#) earlier this week, Rycroft said, "Apparently Tye and I wanted to see how many life-changing events we could fit into one calendar year... from getting engaged, married, new job, and we are now pregnant." The former *Dancing with the Stars* and *Bachelor* contestant tied the knot with the insurance agent in December.

What's the best way to juggle parenthood and a busy career?

Cupid's Advice:

Nowadays, it's not uncommon to see a couple juggling work, a family, and everyday life. With more women in the workplace, finding that balance can be a challenge. Let Cupid help:

1. Get a routine down: If you and your spouse both need to work, make sure to set up daily schedules. This will get you into a rhythm, and will help your child adjust to a routine, which can cut down on behavioral issues.

2. Set priorities: While it's good to try to get a lot accomplished in one day, set priorities so you don't burn yourself out, or miss out on opportunities. One working mother [said](#), "When deciding between attending a meeting or a school event, for example, use the five-year test. In five years, will I look back and say, 'I wish I'd gone to a school play or that meeting?' You may decide you have to go to that meeting but give yourself a little bit of a time perspective about what your priorities are." Also, when you set priorities, you will become more productive at work and parenting.

3. Explore all options: It's not a bad idea to look for help in the form of a housekeeper, nanny, or daycare program. This will take some of the burden off of you, and with a reputable daycare your child is in good hands. To find a good one, talk to friends, family, or go online for resources. If you have questions on what to do when leaving your child with a new sitter, check out these tips from Bright Horizons.

Financial Woes Strike Teresa & Joe Giudice





Reality star Teresa Giudice and her husband Joe are facing the reality that they have money problems. According to [OK! Magazine](#), the *Real Housewives of New Jersey* couple is planning to sell their personal belongings in a public auction on August 22. The two filed for bankruptcy last October. A recent article in the [New York Post](#) claims the couple owes nearly \$11 million in debts, including over \$100,000 in credit cards.

What should you do if money problems are weighing on your relationship?

Cupid's Advice:

Relationships can be hard enough without the added stress of financial failure. In fact, several studies say money is the number one reason couples fight. While handling this situation is often easier said than done, Cupid has some advice to help ease the burden:

1. Money talks: Money is often a subject couples shy away from. While we all know the saying "money talks," it's important that you and your partner actually talk about it.

Understand the numbers you are dealing with so you can spend responsibly and make financial decisions together.

2. Watch the spending: This step may sound like the most obvious, but it's often the most difficult. Make decisions on how much you can allocate each month to daily expenses and towards non-essential spending. Here are some interesting stats from a 2004 study commissioned by *SmartMoney* and *Redbook* to help put things in perspective.

3. Turn to a financial planner: It never hurts to talk to a professional who can lay out your expenses and help set up a spending plan. Speak to friends and family for references, or contact the Financial Planning Association to find a qualified planner.

Eddie Cibrian & LeAnn Rimes Play House





LeAnn Rimes is becoming a family woman. According to several news outlets, Rimes' flame, Eddie Cibrian, and his two children, are moving into her Hidden Hills home in Calabasas. A source tells [E! News](#), "Eddie and the kids are moving in with Leann to save money since Eddie lost his *CSI* job." Rimes purchased the home shortly after the two went public with their relationship last year. Another source tells [People](#), "They're just enjoying the moment and are hopeful about their future together." Rimes finalized her divorce from chef Dean Sheremet (who recently made a big move of his own) in June, and Cibrian's divorce from model Brandi Glanville is pending.

When's the best time and the best way to move in with your flame?

Cupid's Advice:

For many couples, making the move to cohabitation is big. But is it the best option? Cupid is here with some advice before you start making up a new set of keys:

1. Look to the future: If both of you feel the time is right to make the move, go for it. However, make sure you're equally committed to the relationship, and that moving in together isn't just out of convenience.

2. Whose roof are you living under?: Whether you're renting, buying, or one partner is moving into the other's home, make sure the living arrangements are clear. For example, are both names on the lease? Who is responsible for what expenses? Take a look at some key money rules for moving in together.

3. Don't confuse the kids: As is the case with Cibrian and Rimes, there are children involved. Before you uproot the family, consider the kids. Will they be in the same school district? Will they leave friends behind? Age also matters. Teens may be mature enough to understand what is going on and the reasons behind the move, but younger children will most likely be confused, and will come to you for explanations.

Britney Spears Meets Boyfriend's Parents!





Britney Spears went on a date last weekend – but not just with boyfriend, Jason Trawick. His parents joined them as well! The four were spotted at the Grafton on Sunset Hotel’s Olive Kitchen + Bar, munching on meatballs and margarita pizza. “She seemed to fit in very well with his family,” a source told [People](#) on Monday. The pop star and beau have been linked together since last summer.

How can you make a good first impression with your partner’s parents?

Cupid’s Advice:

First impressions are long-lasting. Here are some tips to make it your best:

1. Ask questions: Try to learn some things about your partner’s parents before meeting them. For example, if his mom is allergic to tomatoes, find that out before you serve her pasta.

2. No cussing: Be polite and respectful. This isn’t the time to use obscene language. If you or your partner are in a

fight, hold off on any arguments until his or her parents have left. You want them to see you in good light.

3. Dress nice: Like the old saying goes, “Dress to impress!” Look neat, wearing clean and tidy clothes. And disregard trends – those will come and go, but a first impression is forever.

Scott Disick: An Alcoholic “Vampire”



Scott Disick, baby daddy for Kourtney Kardashian’s little boy, allegedly drinks so often that Kardashian friend Jonathan

Cheban called him a “vampire” in the above clip from [E! Online](#). The reality TV star simply added, “Alcohol is in his blood.” Despite this, Disick works nights at a club, with access to alcohol regularly.

Addiction by half of a couple can be devastating to the relationship. How can you work together to beat the illness?

Cupid’s Advice:

Many things in this world draw even the strongest willed people into a less than desirable situation. When you’re with someone, they too, are affected by your condition. Here are some ways you and your partner can reduce or eliminate your temptation together:

- 1. Stay away from your weakness:** If you have a taste for alcohol, don’t work in a place where you have easy access. Talk with your lover to find other jobs you can perform well in.
 - 2. Get help:** Acknowledging the problem is a great first step to getting your life back on track. Start small by attending an addiction group meeting, and work your way up. Ask your mate to attend for moral support.
 - 3. Nobody is perfect:** The fact that addiction is more common and openly spoken about these days makes it more important to accept your imperfections. If you’re the sober one, stand by your partner throughout their ordeal for a better chance at success.
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Jessie Sulidis Dating Former 'Bachelorette' Contestant, Kirk DeWindt



It seems like a new reality TV relationship is in the works! Jessie Sulidis (from *Bachelor* spinoff [The Bachelor Pad](#)) is rumored to be dating recent *Bachelorette* reject, Kirk DeWindt, [People](#) reported last week. Last season on *The Bachelor*, both Ali Fedotowsky and Sulidis were contestants trying to win Jake Pavelka's heart, and became friends in the process. DeWindt was recently rejected by Fedotowsky on *The Bachelorette* after he brought her to meet his parents. He then met Sulidis while taping the *Men Tell All* special, and exchanged numbers, as well as a kiss, a source told *People*. "Everything is hush-hush right now because they don't know what will come of it."

But he is definitely over Ali!" the source added.

Is it ever OK to date a friend's ex?

Cupid's Advice:

The jury is still out on etiquette for dating a friend's ex. If you find yourself in this type of situation (on either end), follow Cupid's advice to help keep the peace:

1. Sparks may fly: If you're introduced to a friend's ex and you find an immediate connection with him or her, discuss your feelings with your friend before thinking of taking your attraction to the next level.

2. Be honest: Unfortunately, if an ex is attracted to a current friend of yours, you may feel compelled to accept the situation, instead of speaking up if it bothers you. Hurt feelings will likely result from your lack of honesty, so be truthful with yourself, your friend, and your ex.

3. Learn the difference: Determine whether or not your friend's initial intrigue is simply physical attraction, as opposed to a strong emotional connection that can't be fought. Understanding the difference may prevent confusion between the three of you later.

What Role Will Religion Play at Chelsea Clinton's Wedding?



In just a few days, Chelsea Clinton and fiancé Marc Mezvinsky will tie the knot, as Cupid reported last month. Before the big day on July 31, the media is abuzz with speculation. Will the wedding really cost two million dollars? What's on their playlist? But there's one detail that hasn't received quite as much attention: how will religion play a role in the ceremony? Clinton was raised Methodist, while Mezvinsky is Jewish. CBS's *Early Show* had life coach and dating expert Donna Barnes offer her perspective on interfaith marriages last week.

What are some unique ways to incorporate religion into a wedding?

Cupid's Advice:

With the number of people marrying outside their own religion on the rise, discussing what role religion will play in the ceremony is important. Understanding and respecting your partner's beliefs and practices can also help create a happy

home life of mixed faiths. Here are a few circumstances to consider for the big day:

1. Interfaith weddings: If you and your partner don't share the same religion, but want to incorporate faith into the ceremony, you could go the interfaith route and have one officiant from each religion present.

2. Want a religious ceremony in a non-religious location:

You've dreamed of saying "I do" on the beach, or maybe even in your own backyard, with a religious ceremony. This may be difficult, as many faith-based officiants won't perform wedding ceremonies outside places of worship. You could, however, opt for two separate ceremonies: an intimate celebration at a place of worship, as well as another at your dream location, led by a non-religious officiant, like a Justice of the Peace.

3. Non-practicing: If you and your spouse's family have religious roots, but you don't currently practice a particular faith, you may wonder if having a wedding in a place of worship is appropriate. Ask yourself and your partner how comfortable you feel when inside these locations, talk to your families about the role that faith may or may not play at the ceremony, and seek advice from a religious leader.

Ultimately, do what feels right for you and your spouse.

Linda Hogan To Marry Charlie Hill





Linda Hogan, 50, has publicly announced that she and 21-year-old boyfriend, Charlie Hill will tie the knot. Hogan's children, Nick (who is friends with Charlie) and Brooke, have come to terms with their mother's love for someone so much younger than she is. "Brooke initially had misgivings, but she's happy now to see her mom thriving," an insider close to Hulk Hogan told PopCrunch.com.

Can a May-December romance improve your life?

Cupid's Advice:

Whether you're the May or December in this type of relationship, there are ways to make it work, and even improve your lives as a couple. Read some of Cupid's ways to help:

1. Youthful tendencies: Some cougars claim that dating someone younger than they are provides an opportunity to feel young again.

2. Maturity levels: There are benefits for the younger person in the relationship, such as the possibility of advancing their maturation level by needing to relate to an older mate,

as noted on WebMD.

3. There's never a dull moment: The age difference allows more avenues of excitement, giving older and younger partners the opportunity to experience adventures they may not otherwise have chosen to have on their own.

Kim Kardashian Supports Ex Reggie Bush



After several breakups, Kim Kardashian and Reggie Bush seem to be on friendly terms these days. With the controversy

surrounding Bush over his Heisman trophy and his USC career, his reality TV star-ex backs him up 100 percent. “Reggie worked hard for that Heisman and deserves it. He earned it!” Kardashian told [People](#) last week. The NCAA ruled that the 25-year-old New Orleans Saints player had violated the association’s rules by accepting expensive gifts during his stay with the USC. Kardashian added, “I really don’t think it’s fair to give it back.”

When is it appropriate to defend your ex?

Cupid’s Advice:

Whether you’re single or in the arms of another, an ex calling for support should be answered with caution.

1. Reciprocation: Sometimes an ex isn’t calling simply because they want someone to lean on. If your ex has a tendency to do this, ask yourself, “What’s in it for me?” You don’t need to listen to someone else’s problems if this person isn’t in your life anymore.

2. Emergencies: If your ex is calling because his or her car broke down and you’re the only one available to turn to, then he or she probably doesn’t have ill intentions. If *you* were in the same situation, would you reach out to your ex for help? If so, go ahead and lend a hand.

3. Opinions: Supporting an ex through a tough time may lead to misleading statements. If both of you are clear on where your relationship stands, then these comments, as seen with Kim Kardashian, can simply be considered an opinion.

Orlando Bloom & Miranda Kerr Elope!



Miranda Kerr and Orlando Bloom, who announced their engagement just last month, tied the knot in a secret ceremony Thursday, their reps confirmed, reported [The Daily Telegraph](#). A statement released by the model's employer, Australian department store David Jones, said, "David Jones is thrilled for Miranda, Orlando and their families – this is an exciting chapter in their lives and they will share a wonderful future together."

Why do people choose elopement or secret weddings over huge public ceremonies?

Cupid's Advice:

Weddings can be complicated and stressful. If couples feel overwhelmed by the intricate details of their big day, they might simply decide to elope. Here are a few other reasons to ditch the fanfare in favor of a small, private event:

- 1. Decisions get in the way:** Things like trying to determine the seating chart can be a large wedding's nightmare. Opting for a family-only ceremony will help keep the big issues simple so you can celebrate the real reason for the wedding: love.
 - 2. Families don't agree:** Some couples find themselves torn between their relatives' best intentions, so they discard the big 'to do' and elope to get away from all the bickering.
 - 3. Financial woes:** With today's economy affecting more people than ever, a small, private service is often the best way to keep money in the bank, and still enjoy an intimate confirmation of love. Video tape the event to share with everyone else later.
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Angelina Jolie On Brad Pitt: We Have Each Other's Backs





With six kids at home and the paparazzi waiting outside, Brad Pitt and Angelina Jolie depend on each other more than ever. The 35-year-old *Salt* actress tells [People](#) in last week's issue, "We have each other's backs." This can come in handy when the kids are fighting.

How can you make co-parenting more effective?

Cupid's Advice:

Parenting is a difficult job, but if you share the responsibilities equally with your partner, it will be a lot less challenging.

- 1. Power struggle:** A major parenting problem is who's going to play the bad guy, but neither of you have to play that role. Establish a balance of power by agreeing to issues before they happen. One rule is to never undermine your spouse in front of your kids.
- 2. Ask for help:** Don't take things out on your partner if you're having a hard time with the children. Instead, tell him or her what you're struggling with, and ask for their help

and input. Your spouse is more likely to be there for you when their opinions are being accounted for.

3. Savor the moments: Keep in mind that your children learn by watching you, so don't let parenting be a burden that makes you irritable and angry towards your partner or others. Set aside some time for R&R each day or week to enjoy each other's company.

Ryan Seacrest & Jake Pavelka: Sexuality Rumors Laid to Rest



Two recent interviews have, for now, laid to rest the rumors

about both Ryan Seacrest and *Bachelor* Jake Pavelka's sexuality. Seacrest's current flame, *Dancing with the Stars*' Julianne Hough, revealed to friends that she initially thought Seacrest was gay, [TMZ](#) reported last week. However, he won her over with his persistence, and the two have been linked together since in April. *Bachelorette* Ali Fedotowsky also spoke up about a past flame, telling George Lopez that despite rumors, Pavelka isn't gay, [US Weekly](#) reported.

What do you do if you're questioning your partner's sexuality?

Cupid's Advice:

Both Hough and Fedotowsky took the right step in addressing the rumors about their respective partners' sexuality head on. Chances are, if you have doubts about your partner's sexuality, then others do, too. However, before making a public announcement, you should take these steps to make sure you're positive:

- 1. Read the signs:** Before making moves, watch your mate in a public setting. You can tell a lot about someone from what they say, but even more from how they act. Observe how your mate interacts with people of both sexes, and note the differences.
- 2. Look to the past:** Ask about past partners and relationships. If they avoid the question, or refuse to assign a sex to their exes, they might be hiding something.
- 3. Just ask:** If you still have doubts – and certainly *before* you talk to other people about it – simply ask your mate outright. Approach the subject with tact and delicacy, but again, if you have serious doubts, you probably aren't the first to have them.

Baby News for Christina Applegate



Christina Applegate and fiancé Martyn Lenoble are growing their own little orchard. Confirming exclusively to [People](#), Applegate's rep says the actress is pregnant. The *Samantha Who?* star credits Lenoble for helping her recover after undergoing a double mastectomy. "I'm very grateful to Martyn for coming along at a time that he did because he's been my rock through all of this," Applegate told *People* last year. "He gave me something to really want to live for and something to smile about."

How can you best be there for your partner when he or she is

sick?

Cupid's Advice:

In sickness and in health is a vow which is sometimes easier said than done. Cupid is here with some advice to get you through the rough times:

1. Have an open ear and mind: One of the best things you can do is listen. Let your partner tell you what he or she needs or wants to talk about. They may not want to focus on the illness, and would rather discuss everyday things. You'll also want to educate yourself by reading and speaking to doctors, or to other people who have been in similar situations.

2. Stop any guilty feelings: Do not put guilt on your spouse for being sick. They probably feel guilty enough as it is for putting both emotional and physical pain on you. Also, you shouldn't feel guilty, and think there is something you could have done to prevent the sickness.

3. Don't take it personally: If your partner has sudden mood swings, or lashes out at you, do not for one moment think it is a reflection on you. Be there for your partner, but also make sure to take care of yourself. A study published a few years ago says having a sick spouse is bad for your health, too.