## Naya Rivera Keys Mark Salling's Car





Glee co-stars Naya Rivera and Mark Salling may have hit a rocky point in their relationship. Rivera, outraged at Salling's summertime partying with other women, reportedly egged and keyed Salling's car. Though the couple were not officially together, they did go on several dates and have been romantically linked for the past couple months. An insider told <u>US Weekly</u> that Rivera "went crazy when she read about other girls." Rivera reportedly gathered some pals and "trashed his Lexus." Salling's friends also defended him to <u>US Weekly</u>. Samantha Marq explained, "He's on top of the world right now and living it up...it's hard to call it infidelity when they weren't officially together!"

How can you tell if you're with a jealous partner?

#### Cupid's Advice:

- 1. Test him: Try being friendly with the waiter, wearing a revealing dress in public or admitting your crush on George Clooney. If these actions bother him, then he is the jealous type.
- 2. Proximity: Next time you talk to a guy, try seeing if your partner gets closer to you or is more touchy. His apparent need to hold your hand or put his hand on your waist should clue you in to his jealousy.
- 3. Ask your friends: Many times your friends can see things that you can't. Chances are that they have been able to pick up on his jealousy-prone behavior if it's there.

## Former Bachelor Finds a New Girlfriend!





Former *Bachelor*, Charlie O'Connell, is smitten with a new beauty, spa director Courtney Buntin Victor. The couple met at a party in San Antonio about two months ago and ended up talking the night away. Although the relationship is long distance (he lives in NYC and she's in Savanah, GA), O'Connell seems very content. "It's going great. It's refreshing to be dating again," he tells *US Magazine*. So what did Victor have that won over this hunk? "Her personality!" O'Connell gushes. "She's fun to be around and everyone likes her. She's real sweet, she talks to everyone."

#### How can you get a made-to-impress personality?

#### Cupid's Advice:

Beauty may fade, but personality stays! If you can't enjoy being around your mate, then what's the point? Cupid shows you how to fight lust and get love:

1. Play it cool: Sometimes we get so caught up in being around our crushes that our personalities take a back seat, and we look like a love-struck puppies. Keep first time

conversations short. You want to pique his interest in you, not tell him your life story. This gives you time to warm up and become comfortable around your partner.

- 2. Next batta batta!: Stick to "three strikes and you're out." Give yourself a mental deadline (that's non-negotiable). When you "accidentally" bump into your squeeze three times at the local coffee shop, you can bow out knowing you gave it your best shot. After three shots, you run the risk of looking like a stalker.
- 3. Be yourself: The most important thing you can do is avoid acting like someone you're not. If you're looking for a longterm relationship, then there's no point in misleading your potential mate. You want someone who will appreciate and love you for who you are. Don't compromise!

# John Mayer and Michelle Trachtenberg?





Known playboy John Mayer, who has dated the likes of Jessica Simpson and Jennifer Aniston, has recently been linked to Gossip Girl actress Michelle Trachtenberg. Rumors say that the pair were seen getting cozy at Soho House in Los Angeles recently. Though reports say the two seem "smitten," Trachtenberg's rep adamantly denied all claims they are more than just friends. The spokesperson maintains that they chatted together for a few minutes. Trachtenberg's rep told the New York Post, "They've known each other for years."How can you get a bad boy to settle down?

#### Cupid's Advice:

- 1. Don't always cooperate: Constantly rearranging your day to meet his schedule is not going to pique his interest. Make him come to you. Your unavailability will make him more eager to see you.
- 2. Give him free reign: Be independent. Let him know that you don't need him, and that it is up to him to really get the relationship going. Your apparent disinterest will make you seem less desperate and more mysterious, which will interest

him.

3. What are you willing to tolerate?: Taming a bad boy is a near impossible task. You need to ask yourself what you are willing to put up with in a relationship. If you are not willing to give him free reign, then your relationship with a bad boy will probably not end happily.

## Snooki & JWOWW Tell Sammi the Truth





As of Season 2 Episode 4 of *Jersey Shore*, nothing has changed between Ronnie and Sammi. Ronnie continues to act single

every night at the club only to go back home and get in bed with Sammi. While fully aware of what Ronnie is doing, everyone else in the house remains afraid to tell Sammi the truth due to their friendship with Ronnie and their desire not to hurt Sammi. Though Sammi suspects that something is up and even questions Angelina, no one brakes their silence until JWOWW suggests they write her an anonymous note. Snooki and JWOWW then go over to an internet cafe to type up the letter detailing all of Ronnnie's actions with other women so far this season.

### Should you tell a friend when their boyfriend or girlfriend is cheating on them?

#### Cupid's Advice:

No one likes being the bearer of bad news, but when cheating is involved, telling the truth is the right thing to do. Though your friend may be upset at first, they will be grateful in the end that you told them what was really going on.

- 1. Friends don't let friends live a lie: If you were being cheated on by someone who you thought loved you, you would most likely want to know. It's usually best to treat others the way you want to be treated. Think past the awkwardness of the conversation in favor of the greater good.
- 2. Say it in person: The girls of *Jersey Shore* were doing the right thing by breaking their silence and telling Sammi the truth. However, receiving an anonymous note can raise more questions than it answers. A face-to-face conversation, although difficult, may be the respectable way to go.
- 3. Be a shoulder to cry on: You are probably telling your friend about their significant other's infidelity because you care about and respect them. But your job as a friend isn't over once you've dropped the bomb. Talk them through their

feelings and show that you are there for them both now and always.

## Tiger Woods & Elin Nordegren Finalize Their Divorce





After months of rumors and scandals surrounding Tiger Woods and his wife Elin Nordegren, the two have called it quits. "Elin Nordegren and Tiger Woods confirmed today that they have divorced," Nordegren's Virginia-based law firm, McGuireWoods, confirmed last Monday in a statement to <u>Access Hollywood</u>.

"The Judgment provides for shared parenting of their two children." The former couple released a joint statement to the public reinforcing that their children are their primary concern. They also added, "We are sad that our marriage is over, and we wish each other the very best for the future."

#### How can you find love again after a divorce?

#### Cupid's Advice:

Moving on from a commitment like marriage can be a slow transition. Once you're back in the dating world, the idea of love can finally start to take form again. Cupid has some tips to help you along:

- 1. Over it: Before venturing into the dating world, make sure you aren't still licking old wounds. If the divorce papers or breakup discussions are finalized, then treat whatever is left of the relationship the same way. Otherwise, you might be setting yourself up for future pain.
- 2. Don't rush: There's no need to hurry into a new relationship. Many people rebound quickly and become deeply involved too soon after their divorce or breakup. Sometimes it can lead to dating someone similar to your ex. Make sure it feels right before becoming too committed.
- 3. Changes: If you're dipping your feet back into the waters of dating, chances are you have a new outlook on life and a new attitude to go along with it. This might be a good time to submit to a makeover, too! During a serious relationship, many people have a tendency to let themselves go. Now is a great time to fit and try out new fashions. Have fun with it!

# Kate Winslet Back On the Dating Scene





Kate Winslet appears to be taking a page from Marilyn Monroe's book with a case of the seven-year itch. According to <u>Us Magazine</u>, the actress is going public with her new relationship with British model Louis Dowler, after announcing in March that she and director Sam Mendes had split after nearly seven years of marriage. "Kate certainly seems smitten," a source familiar with the couple told the UK's <u>The Mirror</u>. "Who wouldn't be?... They've really got something special."

What's the best way to jump into a new relationship after severing a long-term one?

#### Cupid's Advice:

Getting back into the dating scene after a divorce or breakup can be awkward. Cupid has some advice to make sure you make the most of it:

- 1. Time for a makeover: When you look your best, you will most likely feel your best. Break away from the old you and do something to make yourself feel great before venturing back into the dating game.
- 2. No time for a do-over: Take the time to figure out what went wrong with your last relationship, and determine what the essential qualities you are looking for in another person. The last thing you want to do is find yourself getting involved in a similar situation, which will most likely end badly.
- 3. All the single ladies! (and men): Though it might be difficult, don't go on the date with thoughts of your last relationship. Leave your troubles at home or in the therapist's office. Think of this as an opportunity to be yourself, be single, and start fresh.

There is no timeframe for starting to date once again. Everyone is different. When you feel ready, go for it and have fun.

# Are Jennifer Aniston & John Mayer Back On?





Celebrity tabloids have been reporting a possible romantic rekindling between Jennifer Aniston and John Mayer this week, according to <u>E! Online</u>. Sources say they saw Aniston in the wings watching Mayer's most recent concert. Although reps for the actress deny she attended the concert, the rumors persist!

What do you do when you can't let go of an ex?

#### Cupid's Advice:

Breakups are difficult, and sometimes it's hard to let go. Cupid has some suggestions about how to move on:

- 1. Realize this has to happen: Whether you understand the reasons behind your breakup or not, you need to move on. There's no sense in staying attached for longer than necessary.
- 2. Don't be desperate: If your ex tries to contact you, don't

drop everything to make yourself available. If things aren't meant to be, this will only delay the pain.

**3. Have self-confidence:** It's important to work on your self-esteem after a rough break-up. By no means should you feel completely responsible for the split. "What ifs" do nothing but bring you down further.

# Maci Bookout & Ryan Edwards in a Parenting Battle





Ouch! If being a teenage mom wasn't hard enough, things just

got harder for the MTV's 16 and Pregnant star, Maci Bookout. After splitting up with her baby daddy Ryan Edwards, the devoted Teen Mom star tells US Weekly that she and her exbeau have a hard time agreeing on how their son Bentley should be raised. She talks about how she struggled to ween her 22-month-old son off his pacifier, and learned that Edwards gives Bentley his pacifier whenever the child is with him. Bookout says, "I think Ryan spoils Bentley and really has no boundaries as far as discipline. With me, I don't want Bentley to grow up and be a brat when he's 4 years old."

What do you do when you and your ex can't agree on how to raise your child?

#### Cupid's Advice:

Raising a child can be very difficult. Co-parenting with different views can make things even worse. Cupid has some tips to make things easier:

- 1. Compromise: If you and your ex can't agree on something, then it's best if both parties relinquish a little control and find middle ground that will ultimately benefit your child.
- 2. Communicate: It's important that both parents put their differences aside and talk things out with one another. Poor communication opens the door for children to manipulate situations to his or her benefit. If your child can't have desert this week, then your ex needs to know that, too! Worst-case scenarios can lead to a child not being picked up after school or missing important medical treatments.
- **3. Equality:** Don't throw all responsibility at one parent. It makes for a more civil atmosphere and better upbringing for your child if you and your ex share an equal amount of the responsibility.

### Kim Kardashian's New Flame





A little over two months after her breakup with longtime boyfriend Reggie Bush, Kim Kardashian has her eyes on yet another football star — The Dallas Cowboy's Miles Austin. After meeting at an L.A. restaurant, the two have kept in touch, and have even gone on a few dates. An insider told <code>People</code>, "It's going really well." While they aren't officially dating, the relationship seems promising. The two are reportedly "taking it slow." A friend of the couple said that Kardashian "thinks he's a really good guy. He's really sweet to her.... He thinks Kim is his dream girl." Is it wise to date the same type?

#### Cupid's Advice:

Sometimes it's easy to find yourself frequently drawn to the same kind of man. Before entering a relationship with yet another "type" of guy, consider Cupid's suggestions:

- 1. Are you hurt? If you constantly date the same type of man and find yourself hurt at the end of a relationship, then it's time for something new. On the other hand, if your relationships are healthy and usually end with some kind of mutual agreement, then your choice in men is fine the way it is.
- 2. Do you ever wish for more? Similar men typically have similar shortcomings. If your current relationship does not offer all you wish for, chances are, your typecast guy will leave you with the same feelings. Make a change if you're unhappy.
- 3. Step out of your comfort zone: If you've been dating the same kind of guy since high school and find yourself hurt and unhappy in relationships, then you need something different. It may be difficult at first, but putting yourself out there and dating people that you would normally pass by or disregard could prove to be rewarding.

For more info on types of partners, check out <u>Cupid's</u> <u>interview</u> with Andrea Syrtash's, author of *He's Just Not Your Type* (and that's a good thing).

### Cheryl Hines & Paul Young

### **Split**





As confirmed in <u>Us Weekly</u>, <u>Curb Your Enthusiasm</u> star Cheryl Hines and producer/manager Paul Young filed for divorce last month after seven years of marriage. Hines and Young will reportedly remain close friends, and plan to raise their 6-year-old daughter, Catherine Rose together.

What is the best course of action when going through a divorce with someone you also work with?

#### Cupid's Advice:

In today's day and age where people spend a lot more time at work, it isn't uncommon to mix business with pleasure. Many couples either met on the job, or have started their own businesses together. However, when the marriage fails, that doesn't mean the professional aspect of the relationship has to suffer.

- 1. Separation: The work and marriage aspects of your life were probably very separate from the beginning you just never thought about it that way before. Remember not to let any negative feelings you have as a result of the divorce impact your decisions in your career.
- 2. Finding friendship: Whether you share a workplace, business, or children, it's important to maintain some level of friendship both during and after the divorce. Though this may seem difficult at first, it makes everything easier.
- **3. Move on gracefully:** It's inevitable that one or both people will probably find someone else. However, that doesn't mean you need to rub it in the other person's face. You probably wouldn't and shouldn't go into the details of your personal life in the workplace, so why do it because your ex also works there?

# Just Married: Anna Paquin & Stephen Moyer





True Blood co-stars Anna Paquin and Stephen Moyer proved their chemistry off-screen, as they wed in Malibu Saturday, reported <u>Us Weekly</u>. The couple, who announced their engagement last August, were surrounded by family and friends as they exchanged their vows under a tent by the beach.

How do you decide if a big or small wedding is right for you?

#### Cupid's Advice:

Needless to say, your friends and family will all have their own opinions about how your wedding should be, but Cupid has some things to consider when deciding whether to have a big or small celebration:

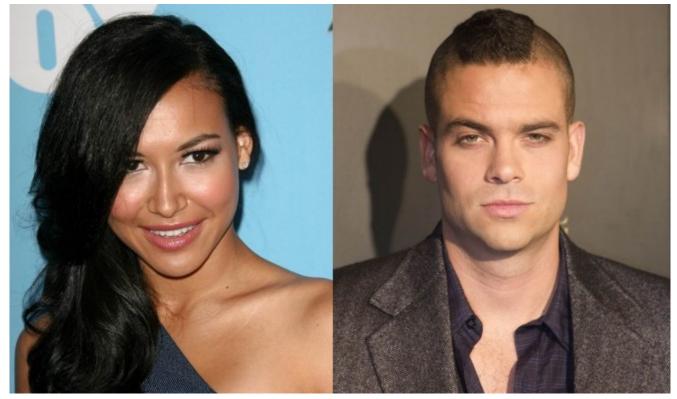
- 1. Stay within your budget: Money isn't always fun to think about, but when it comes to your big day, it's really important to do only what you can afford. The more people you invite to your wedding, the more it costs!
- 2. Consider the size of your family: When deciding how many guests to invite, it's easy to overlook the sheer size of your family. Add them all up before you commit to a specific

number.

3. Remember your dreams: Most girls grow up dreaming of their perfect wedding. Did you envision having 100 attendees or 10? If you're one of those people who always pictured your wedding day, think about whether or not you'll regret not making that fantasy a reality.

# Marilyn Manson & Evan Rachel Wood Are Off Again!





After numerous hookups and breakups, Marilyn Manson and Evan

Rachel Wood have ended their relationship again. This time, the couple split up nearly eight months after Manson popped the question. *People* reported that the newly single rocker hit the streets of Los Angeles last Saturday night to eat dinner with friends. *E! News* also reported an "unidentified brunnette" who Manson apparently referred to as "his new girlfriend." Would you give your ex another chance?

#### Cupid's Advice:

On-again, off-again relationships can put you on edge. You never know when it's over, and you may assume the two of you will just get back together later. How do you know when it's time to move on for good, or to give it another chance? Cupid's got some tips:

- 1. Over is over: You don't necessarily have to do anything. If your ex is crawling back to you claiming they've changed, don't take them back because you feel bad. If it's really over, then accept it.
- 2. No pressure: If you need to think it over, don't let them manipulate your decision. If you need time or space, your ex will respect your decision, and back off until you've come to a conclusion.
- **3. Trust:** If trust between you and your partner has been broken then you need to really think about whether or not that trust can be rebuilt. Think about how angry or upset you were when it ended versus how happy you can see yourself with your current ex in the future. Which thought is stronger?

### Speidi Divorce Finalized





Heidi Montag and Spencer Pratt are officially calling it quits, <u>TMZ</u> reported last week. The reality TV couple, who, according to Montag, first separated on their one-year anniversary, are set to finalize their divorce on Valentine's Day. The long wait is due to California law, which dictates that a couple must wait six months after filing divorce papers before the marriage is finally terminated. Spencer Pratt was served divorce papers on August 13, ironically causing the six-month mark to fall on Valentine's Day.

How can you handle holidays and anniversaries after a breakup?

Cupid's Advice:

1. Get out there: Staying home on a holiday you once shared with a loved one is only going to arouse feelings of

depression. Leave the house, call a friend, and try to have fun. Keeping your mind off of the breakup will make the holiday fly by.

- 2. Redefine: Many holidays will bring up memories of you and your former partner. Thanksgiving may conjure up memories of your ex's hilarious attempt at cooking, and the mere mention of Valentine's Day may make you cringe. The best way to deal? Make new memories. On Valentine's Day, try inviting over some of your single friends and celebrate the day of Arizona's statehood, which also falls on February 14. This quirky approach is sure to spark a few laughs, and in the future, remembering Valentine's Day won't be as painful.
- **3. Remind yourself:** On days when you just can't stop missing your ex, try reminding yourself of the reasons why you broke up. You may tend to only remember the best things about your former relationship, but remembering the bad things makes coping much easier.

### Fred Armisen Already Moved on From Mad Men Star





SNL regular Fred Armisen seems to have moved on rather quickly from Elisabeth Moss, star of the Emmy Award-winning drama, Mad Men. The former couple married in October, but officially separated in May after only seven months. According to E! Online, Armisen was spotted getting cozy with fellow SNL comedian Abby Elliott at a Los Angeles restaurant.

How do you keep your cool when you ex moves on shortly after a split?

#### Cupid's Advice:

It's easy to get infuriated when it comes up in your Facebook feed that your ex is already seeing someone else directly after a breakup. Here are some tips from Cupid on how to handle it when your ex has moved on rather quickly:

1. Think before you react: It's normal to want to confront your ex about how angry you are, and wonder if your romance ever meant anything to him or her in the first place. However, the best reaction in this case is usually no reaction.

- 2. Get your mind off things: When you first discover your ex's new relationship, it may linger on your mind. Try to focus on other things, such as hobbies or work. Keeping your focus somewhere else will keep your feelings in check.
- 3. Seek the company of friends and family: Even if you aren't ready to move on, that doesn't mean you have to be alone. Spend time with close friends and family. If you want to get out your feelings, these are the people who will listen.

### Favored 'Bachelor' Turns Down Gig





Chris Lambton, the most recent runner-up on *The Bachelorette*, has reportedly turned down ABC's offer to become the *The Bachelor*'s main man, according to *E! Online* and *Entertainment Weekly*. Fans of the show may be disappointed, as Lambton was the clear favorite among those being considered for the reality gig.

How do you know when you're ready for a new relationship?

#### Cupid's Advice:

When you come out of a serious relationship, it can be difficult to know when you're ready to give it your all in a new relationship. Cupid has some things to consider when making the decision to start dating again or stay single:

- 1. Fully recover: Breaking up is rarely easy, and brings with it emotional stress. It's important to allow yourself time to fully recover before putting yourself out there again.
- 2. Deal with the truth: Sometimes the truth behind why a relationship didn't work out is hard to take, so we continue to live in a false reality. Until you can confront the truth

and deal with it, it's not time to move on.

3. Don't be afraid: Easier said than done, right? The main thing that keeps us from moving on is fear, but you can't get anywhere in life without taking risks. If you've dealt with your past breakups and are interested in meeting a new partner, it may be time to take the leap and see what happens!

### Katie Holmes & Tom Cruise Still in Love





No one can forget the time Tom Cruise jumped up onto Oprah's couch professing his love for then-girlfriend Katie Holmes.

Now the two are married, with 4-year-old daughter, Suri, and are still head over heels in love. As reported this week in <u>People</u>, Holmes still sees her husband as the leading man he is on the silver screen. Years down the road, how do you keep the fire burning in your marriage?

#### Cupid's Advice:

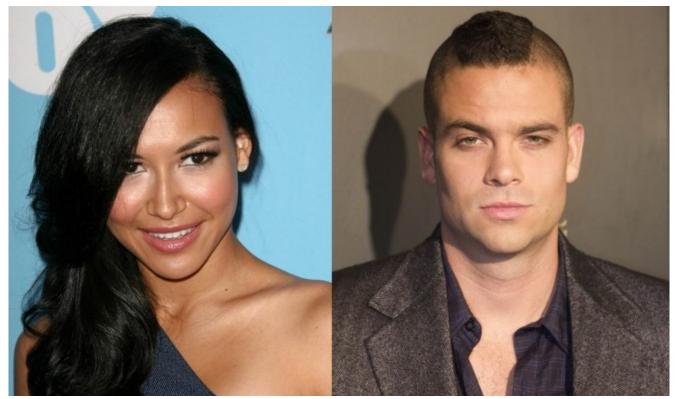
Everyone has come into contact with that inspiring older couple that still looks at each other the same way they did when they fell in love. Cupid has some suggestions on how to reach this relationship ideal:

- 1. Pick the right one: People who marry just for looks or money always tend to end up unhappy. Don't choose a partner for merely superficial reasons. Spend your life with someone you can't live without.
- 2. Never stop dating: Even though you now have kids and a mortgage doesn't mean you don't have time for dinner and a movie once in while. Making time for dates can make a big difference.
- **3. Be spontaneous:** Planning dates and vacations in advance is great. However, the element of spontaneity can keep you feeling like a honeymooner for years to come.

### Kristin Cavallari Dating Doug

### Reinhardt





The Hills star Kristin Cavallari was spotted out and about this weekend with another alum of the show, Doug Reinhardt, reports RadarOnline.com. Reinhardt was briefly featured on The Hills when he dated long-time Cavallari rival Lauren Conrad. Conrad has since left the show and is currently dating actor Kyle Howard.How do you deal when your ex dates your enemy for revenge?

#### Cupid's Advice:

Though Reinhardt and Conrad were not the first castmates to find love on the show, drama always seems to follow love on the MTV hit. However, the Conrad versus Cavallari rivalry was well documented in the press, so Conrad needs to be careful about any comments she makes regarding the Cavallari-Reinhardt

romance. It's key to find a balance between being uninvolved but still supportive in this situation.

- 1. Don't butt in: Unless your ex tries to get you involved in his or her new relationship, it's important to remain aloof. If your ex is trying to send you a message by getting with your rival, getting involved only makes the situation stickier.
- 2. See their side: No matter how you feel about your enemy, if your ex is genuinely happy and not just looking for revenge, then keep your opinions to yourself. See how their relationship progresses before you pass judgment.
- 3. Concentrate on you: No matter what other drama is going on around your ex or your enemy, you need to work on yourself first. Focus on you and your relationships, and try not to let your ex put a damper on your life.

# Hilary Duff & Mike Comrie Signed a Prenup





Page Six reported yesterday that Hilary Duff and Mike Comrie are not only man and wife now, but they also signed a prenuptial agreement. The former Edmonton Oiler and Disney star made sure to protect their assets before getting hitched in front of 100 family and friends Saturday evening in Santa Barbara, according to sources. "It was a totally amicable agreement. They love each other very much and knew this was just a technicality," said one insider. While Duff, 22, made her fortune starring as Lizzie McGuire in the hit Disney television series and later in several movies, Comrie, 29, is the heir to an appliance and retail business, The Brick, and his fortune is worth as high as \$500 million.

#### Should you and your partner sign a prenup?

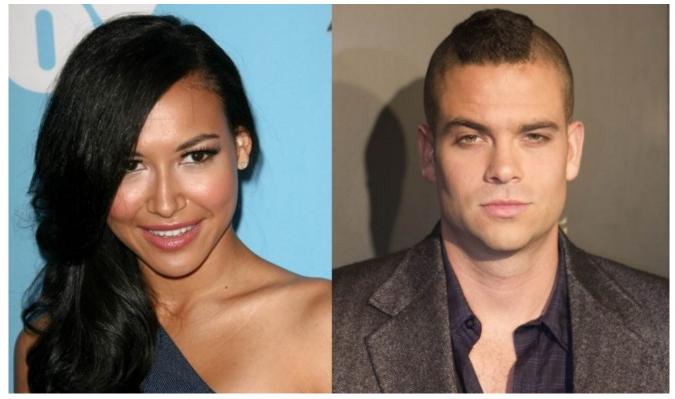
#### Cupid's Advice:

1. Bring it up: Broach the idea of a prenup gently because it's a sensitive subject. Stress that this would protect both of your finances, and ensure that what you build together is shared in case, God forbid, anything happens that could dissolve your marriage.

- 2. Ask and answer a lot of questions: This request can hurt the other party's feelings, but it can protect both your assets, and prevent future complications should a divorce happen.
- **3. Get legal advice:** Both parties should see their lawyers to learn more about how a prenup would benefit them.

### 'Bachelorette' Star Ali Fedotowsky Ignores Rumors





Former Bachelorette Ali Fedotowsky is glad to have fiancé

Roberto Martinez by her side. <u>E! Online</u> reports that Fedotowsky "[doesn't] pay attention to" rumors pertaining to past partying and racy photographs. Swirling rumors have bothered the blonde bachelorette in the past, but with a new attitude (and a new support system), Fedotowsky finds it easy to keep her head held high. Fedotowsky reveals that her new fiancé is extremely supportive and "always says, 'Who cares, babe? It's just us. It's just about us. None of that stuff matters.'" Fedotowsky says she counts herself "lucky to have a man like that to give me balance and keep me focused on what's important."How can you help your partner deal with a stressful problem?

#### Cupid's Advice:

- 1. Be a good listener: If your partner is having a problem at work or with friends, chances are they're going to want to vent. It is important to sit quietly and listen carefully to their worries. When they are done venting and you fully understand their insecurities about the problem at hand, offer your input.
- 2. Don't be overbearing: When a loved one is stressed, it's natural to want to help as much as possible. You can give them advice and offer your point of view, but you have to be careful. This is their problem and their decision, and you have to respect their opinion, even if you don't agree with it.
- **3. Honesty:** When you must intervene in your partners decision-making process, you have to be supportive, polite, and honest. Gently remind them to consider all of their options before making a decision. Your honesty will help your partner resolve their problem effectively and without any resentment.

# Kelsey Grammer's Ex Could Get \$30M in the Divorce!





Camille Donatacci, Kelsey Grammer's ex, might be walking away with almost half of the actor's fortune after she filed for divorce last month. She cited "irreconcilable differences." Soon after Grammer filed for to request that Donatacci be excluded from profits made from his note-worthy show, Frasier. But, according to a source from New York Post, "Camille stands to get half of all syndication of 'Frasier' made during the years they were married. That's seven years of episodes, as well as income from other shows the company made, including 'Medium' and 'Girlfriends.'" This is because she owns half of his TV company, Grammnet Productions. This

leaves her eligible to lay claims to almost half of his \$80 million estate — a staggering \$30 million!

#### How do you deal with the financial setbacks after a divorce?

#### Cupid's Advice:

Divorce can leave both parties strained. And, in an already economically difficult world, a divorce can make finances even more difficult:

- 1. Budget: Keep track of your income and expenses. You need to understand where most of your money is coming from and going to in order to make changes to your lifestyle; spending less is the key.
- 2. Wake-up call: Learn to adapt to a new standard of living. If you used to buy designer shoes and a Starbucks coffee every morning then it's time to cut some things out of your life. Examine your spending habits and figure out what things you can't afford anymore.
- **3. Help is available:** Divorce doesn't mean destitute. If you end up with some financial burdens because of a divorce, it's okay to ask for help. There are governmental and community programs that are designed to help newly divorced people find a balance.

### Michael Douglas Battling

#### Tumor





Actor Michael Douglas was diagnosed with a tumor in his throat, *E! Online* reported Monday. The 65-year-old actor said he is "optimistic" about his health in a statement, though it has not been released whether the tumor is cancerous or benign. Douglas has a wife, actress Catherine Zeta-Jones, and three children, two of them with Zeta-Jones.

#### How can you get past a large health setback as a couple?

#### Cupid's Advice:

Though the disease is in its early stages, this is a crucial time for Douglas and Zeta-Jones. Strong family and spousal support in a time of sickness can often make a large difference in a patient's chance for recovery, as well as for the success of the relationship through this difficult time.

- 1. Stay private: Whether or not the couple dealing with illness is a celebrity or an everyday couple, it's necessary to keep the matter within only those who need to know. Personal friends and family are the only ones who need to be brought in.
- 2. Be involved: It's important that those dealing with the illness, especially the patient's partner, are as involved as possible. Stay up-to-date on doctor's findings, appointments, and your partner's needs. Make the illness and healing as easy to deal with as possible.
- 3. Prepare for the aftershock: Even after an illness has been treated, there is the potential for the patient to feel vulnerable or angry afterward. Be ready for this, and understand that it's a natural reaction. Be supportive.

## Twilight Co-Stars Caught in the Act





Robert Pattinson and Kristen Stewart have been trying to keep their rumored relationship on the down-low, but they were recently caught snuggling in Montreal on the set of Stewart's new movie, On The Road, People reported this week. The duo, who co-star together in the Twilight series, are also set to heat up the big screen with steamy scenes as they begin filming Breaking Dawn. How much affection should a couple show in public?

#### Cupid's Advice:

PDA is always a controversial topic. Some people think it's borderline tacky, and others think it's perfectly acceptable. Cupid has some suggestions on how to gauge what is right for you and your partner:

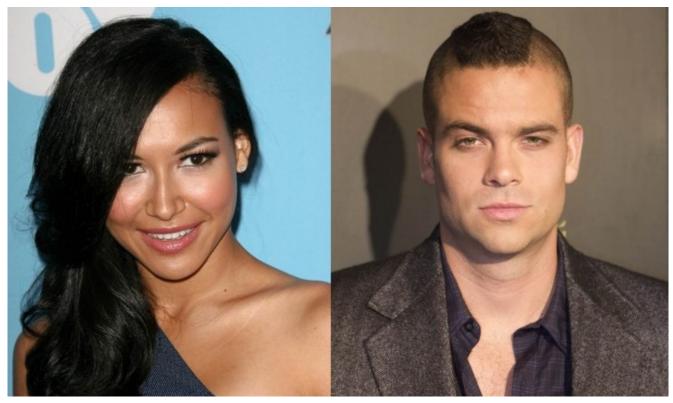
- 1. Hold hands: In public, hand holding is a safe way to show affection. It shows you both care without offending those around you.
- 2. A quick peck: A speedy kiss on the cheek, or even the lips is nothing be ashamed of, and shouldn't make anyone around you

think twice. It's a fast way to show that you not only care, but that you are attracted to your partner.

3. Do what feels comfortable for you: Sometimes it's best to just do what is right for you. The fact is, public displays of affection are not a crime. If what you are doing doesn't bother you, and you're fairly sure it's not making others around you uncomfortable, go for it!

# Beyoncé Knowles: Pregnancy "When I Am Ready"





Superstar Beyoncé Knowles has a broad range of issues on her plate, but pregnancy isn't one of them. The singer has previously acknowledged her wish for a baby, and assures U.K.'s <u>YOU</u> magazine that her plans have not changed. However, she says she is determined "to continue to learn about the world and to eventually have a family." This attitude allows for the *Dreamgirls* actress to continue work on her acting, singing, songwriting, and her new perfume, Heat. Knowles adds that isn't on any schedule: "It will happen when I am ready."

How can you deal with the pressure to start a family?

#### Cupid's Advice:

- 1. Analyze: You need to be sure of you and your partner's maturity, financial stability, and ambitions. Only commit to pregnancy when you and your partner are ready to devote 100 percent of your time to a new baby. Don't sacrifice your dreams of traveling the world just to please the in-laws.
- 2. Reality check: Not everybody is ready for a baby at 25. Your best friend who has been playing with dolls and babysitting since the age of 12 is probably more eager to start a family than you are. Follow Beyoncé's advice and only try for pregnancy when you are ready.
- **3. Don't rush:** New advances in medicines and procedures, like in vitro fertilization, have made it easier for women to become pregnant later in life. Your doctor will help you to become pregnant whenever you wish for it. Don't race against any biological clock.

### Jude Law's Ex Speaks Out!





Jude Law tried to put a stop to it, but ex-wife Sadie Frost is about to let it all hang out in a tell-all memoir focusing on the deterioration of their marriage, her post-natal depression, and dealing with fame, *E! Online* reported this week. The former couple, whose marriage ended in 2003 following Law's affair with their nanny, battled about the production of the book in court before reaching a settlement. The autobiography, titled *Crazy Days*, will be published next month.

What should you do when your ex talks negatively about your relationship in public?

Cupid's Advice:

After a breakup, it's tough to know how to act or what to say

when you hear about your ex speaking badly to other people about your past relationship. Cupid has some suggestions to help you cope:

- 1. Play it cool: It may be your natural reaction to take revenge, but you'll feel better in the end by taking the high road. There's most likely a good reason your relationship is over, so it's best to focus on moving forward.
- 2. Keep things in perspective: Try to remind yourself that it's human nature to combat insecurity with negativity. By learning how to stay confident during life's toughest times, you have a better chance of achieving much-needed independence after a relationship ends.
- 3. Ignore the situation completely: Sometimes the best idea is to leave it alone. Although what your ex is doing is hurtful, nothing positive can come from reacting to a situation, so not addressing it in the first place may be the right answer.