# Kourtney Kardashian & Beau Get Therapy





Reality diva Kourtney Kardashian and boyfriend Scott Disick have had their share of relationship problems, but they insist rumors about the couple's split are completely untrue, according to <u>People</u>. "It's ridiculous," Kardashian said. "All the [rumors] you just have to laugh at." The pair, who have an 8-month-old son together, have taken to counseling to strengthen their relationship. "I think [counseling] is really important, and we always love going and feel so much better after," Kardashian said.

How can counseling sessions help your relationship?

Cupid's Advice:

Therapy and counseling can be intimidating, but if you and your partner are having issues you don't seem to be able to solve on your own, it may be the best thing you can do.

- 1. Keep an open mind: If you go into your counseling sessions with the idea that it's not going to help, then it won't. One of the biggest barriers to successful relationship building is being closed off. Take a leap of faith, and counseling could help you open up.
- 2. Be completely honest: Your therapist is not there to judge, and you don't have to make yourself look good during your meetings. The most beneficial thing you can learn during your sessions is that it's okay to be honest. You can't fix the problems in your relationship without being truthful about your feelings.
- 3. Believe in change: Kardashian and Disick have been working on their relationship for a number of months now, and Kardashian has said in the past that she sees a big change in her beau. Counseling can help you realize that you and your mate can change and become both better people and partners together.

## Jessica Simpson Thrilled With Beau Eric Johnson





Price of Beauty star Jessica Simpson feels she has finally struck gold with her <u>new beau</u>, ex-NFL player Eric Johnson. Simpson and Johnson started dating nearly twelve weeks ago. Since then, the couple has been taking it slow, but things seem promising, and Simpson is glowing, reports <u>Us Weekly</u>. "I met a wonderful man," said Simpson on her twitter account. "Damn I'm lucky!" The relationship also has Simpson's family excited. Little sis Ashlee Simpson-Wentz said, "She is happy, so we are all really happy. Her happiness is the most important thing to me."How do you know when you've found "the one"?

#### Cupid's Advice:

- 1. You can talk (or sit in silence) for hours: While ample conversation will make for easy communication in later life, easy-going silence is a tell-tale sign of whether or not you've found the one. Comfortable silence shows that you are truly compatible together.
- 2. Similar goals: When you both have the same goals in life (like a house in the suburbs or a life full of traveling), it

is easier and more likely to be a lasting couple. Love is only half the battle.

**3. Unmatched feelings:** You can honestly say that you have never felt the same way before. You appreciate your beau for all of his flaws, and can't wait to spend time with him. You lose sense of all logic and reason.

### Kim Kardashian Denies Bieber Dating Rumors





Kim Kardashian has finally responded to the stream of rumors suggesting that she is interested in dating 16-year-old Justin

Bieber. The rumors started after Kardashian told George Lopez that, after pairing up with Bieber in a suggestive photo shoot for *Elle Magazine*, she would "definitely" date the pop star if he were 18. But Kardashian wants to make it clear that she's not interested in the teen, *Starpulse* reports. "I'm almost 30, this is illegal, this is disgusting. He's a cute kid and that's it. But for the record, I am not dating Justin Bieber and I would not date Justin Bieber." Should you date someone older or younger than you?

#### Cupid's Advice:

For the most part, you shouldn't let age difference keep you from getting involved with someone. Cupid has some tips on how to deal with age difference while dating:

- 1. Listen to yourself: Don't let other people's judgments keep you from dating someone of a different age. Pay attention to how you feel, and tune out the naysayers. Do what makes you comfortable.
- 2. Age is nothing but a number: Most people date someone who is in or near their same emotional, physical, and professional stage of life. If your partner is ahead of you in one of those areas, you can help him or her grow. It's a win-win. Let him keep you young!
- 3. There is a limit: In Kim Kardashian's case, dating Justin Bieber is illegal. Breaking the law to date someone doesn't help matters, and it adds a negative element to your relationship that you just don't need. Take a minute to think over your relationship. Can you see a future with a much-older or much-younger partner?

## Robert Pattinson & Kristen Stewart Steal Private Time





Twilight co-stars Robert Pattinson and Kristen Stewart have been forced to deal with one of the largest annoyances in Hollywood: the invasion of privacy. Recently, the young couple were using a secluded lakeside home as a way to escape the limelight together during filming breaks, according to <u>E! Online</u>. The home, a property nestled in trees and crafted with modern architecture, was "Robsten's" alleged getaway retreat. Unfortunately, the property was soon made public by invading paparazzi and avid fans. Although Pattinson and Stewart are no longer renting the home, they have reportedly moved to an even more secluded property,

hoping to finally gain some privacy.

How can you ensure private time in your relationship?

#### Cupid's Advice:

- 1. Plan ahead: Take a look at your schedules and find a time when you both are free from all work-related stress. Use this time to reconnect in your own home. The comfortable setting will make your private time more intimate.
- 2. Learn to say no: No matter how many events you are invited to, you can't always accept each and every one. Though it may be tough, clearing your schedule is sometimes necessary to have some quiet time with your partner.
- 3. Leave some space: Though seclusion from the outside world can do wonders for a relationship, too much of it can backfire. Be sure to give your partner some space periodically. You want your dates to be a breath of fresh air, not a mandatory rendezvous.

### Kate Hudson Looks for Love, Not Marriage





Kate Hudson isn't planning another trip down the aisle anytime soon. As the blonde bombshell recently told <u>People</u>, she is looking for love, but not necessarily marriage. Having split from rocker Chris Robinson in 2007, Hudson now has a new rock star in her life in the form of Muse member Matthew Bellamy. Even after her divorce, she refuses to be reluctant to fall in love again. "I'll just see what happens. I think a lot of times people are terrified of love and stop themselves from experiencing it. I don't ever want to get that jaded," said Hudson.

#### Do love and marriage go hand-in-hand?

#### Cupid's Advice:

A white wedding is often idealized in society as the way a couple is expected to express their love for one another. The fact is, marriage doesn't necessarily equal love, and love doesn't necessarily equal marriage.

1. Times have changed: Today, many couples are seeking alternatives to marriage. Those who want a modern take on an

old tradition are sharing commitment ceremonies, spiritual unions or are simply cohabitating.

- 2. Outside factors: When it comes to the legal and financial aspects of marriage, walking down the aisle isn't the best choice for everyone. Opera Winfrey's 20-year relationship with Stedman Graham is a good example. Though the two are deeply in love, marriage is not for them due to their need to protect their wealth and business assets.
- 3. It's about the couple: Weddings can be beautiful and if that is what you dream of as a couple, go for it. However, the planning and execution of a wedding can end up being so focused on the guest list and the caterer that people forget about the couple and the love they have for one another.

## Bristol's DWTS Stint Shocks Ex





Bristol Palin's ex beau, Levi Johnston, is completely floored by his former sweetheart's upcoming appearance on *Dancing with the Stars*, according to *TMZ*. Although no ill feelings were expressed, Johnston made it clear that dancing was not exactly a big part of their relationship. Is Johnston suffering from "jealous ex" syndrome in light of Palin's soon-to-be dance partner, Mark Ballas?

#### How do you handle a jealous ex?

#### Cupid's Advice:

- 1. Talk to him: As easy as it is to get frustrated, it's important to respect the way your ex feels and talk to him about his jealous tendencies, especially if you split on good terms. Remember that your ex was once someone with whom you were extremely close.
- 2. Put yourself in his shoes: Remember that your former beau is a person, too. Think about how you would feel if you were in his place. Even if this tactic doesn't resolve the situation, at least it will help you understand where he is

coming from.

3. Draw the line: In the end, you have to remember that your ex is your ex for a reason. As tough as it may be, you can't let him hold you back from new opportunities or budding romances. Break free!

## Celebs Turn to DWTS to Heal Heartbreak





A growing trend in Hollywood seems to be dancing away your heartache on the popular show Dancing with the Stars. A

whopping seven starlets have dealt with breakup blows by signing on throughout the 11 seasons of the show's run, according to Your Tango. Everyone from tabloid favorite Bristol Palin to reality mom Denise Richards have put on their dancing shoes to show their former beaus that it doesn't always take two to tango.

What are some unique distractions to help get over a breakup?

#### Cupid's Advice:

Breakups are rough for everyone, and sometimes nothing heals a heart like a pint of Ben & Jerry's and a John Hughes flick. Cupid points to some creative ways to turn your heartache into a positive and have a little fun while getting over your ex:

- 1. Work out: One of the best stress relievers is a good work out. Try anything from jogging, to yoga, to rollerblading as long as you enjoy it and are up and active. Exercise releases loads of endorphins for a natural pick-me-up to make you feel great.
- 2. Express yourself: As sappy as love poems can be, writing them really can lighten your emotional load. If you're not a writer, no worries. You can turn to any art form, be it painting, singing or photography. It's a great way to turn your breakup into the inspiration for a masterpiece.
- 3. Treat yourself: Breakups can be a huge blow to your self-esteem, and it's important to remind yourself that it's not all your fault. Breakups are a two-way street. So treat yourself to something you really enjoy. Go to the spa for a day, or buy that awesome pair of shoes you've been saving for. It may even be time for a vacation. Do what makes you feel best.

### Kate Hudson Muses About New Beau





Kate Hudson has finally broken the silence about her new boyfriend, Muse singer Matt Bellamy. Hudson calls Bellamy, "lovely" in the new issue of <code>Elle UK</code>. She says, "Matt and I are just learning about each other and it's wonderful." Hudson has a long history of heartache, including ex-husband Chris Robinson and former flames Alex Rodriguez, Owen Wilson and Lance Armstrong. But Hudson hasn't let her romantic past cloud her future. <code>Us Weekly</code> reports that although she's not looking to marry again, she is still open to a new relationship. "I think a lot of times people are terrified of love and stop themselves from experiencing it. I don't ever

want to get that jaded. I do believe in love."How do you avoid being jaded by past relationships?

#### Cupid's Advice:

It's easy to feel like giving up and turning into a reclusive cat lady when you look back on your history of failed affairs. Cupid has some ideas about how to stay open to new relationships:

- 1. Gain perspective: Don't assume that just because your relationship's ended, you failed. Remember that every partner teaches you something about yourself and what you want, so that next time, maybe you can make it work.
- 2. Don't let your past dictate your future: Just because your past boyfriends were jerks, doesn't mean the next one will be. It's up to you to make sure history doesn't repeat itself.
- **3. Be optimistic:** Kate had every reason to give up on finding the right man. But by staying open-minded and never losing her faith in love, she eventually found someone "lovely."

# Miranda Lambert & Blake Shelton to Compete at CMAs





Singer Miranda Lambert cleaned up this year with nine nods for the Country Music Awards, including one for Entertainer of the Year. In fact, Lambert's number one competition is herself, as two of her songs both received nominations for Music Video, Single and Song of the Year, reports <u>E! News</u>. Despite competing with herself, however, her toughest competition may go to her soon-to-be husband, singer Blake Shelton, who's up against her in three categories. We'll have to wait until the CMAs air live on Nov. 10 to see who comes out victorious!**Is** competition in a relationship a good or bad thing?

#### Cupid's Advice:

In a long-term relationship, it's easy to start obsessing over the little things, and it's especially simple to turn everything into a competition. A little competitive spirit is healthy for a relationship, but it can get out of hand quickly. Cupid has some tips for keeping your competitive nature in check:

1. Throw away the tally sheet: One of the worst things you can do in a relationship is to keep score. Most of us are guilty

of keeping a mental checklist of all the things we have done so we can prove to our partners how little they have contributed. It's best to accept that relationships are never perfect, and focus on the positive aspects.

- 2. Start relating: Competing with your mate can be a way to avoid relating to him. A relationship built solely on competition isn't healthy, so your time is better spent trying to truly get to know your partner. Your relationship will be more meaningful, and you'll understand each other better.
- 3. Establish self-confidence: Competitive relationships are often sparked by low self-esteem. Because low self-esteem is characterized by irrational thoughts and actions, you can lose yourself in a relationship and therefore lose control. Make sure you focus on yourself before you bring someone else into the picture. Having self-confidence will allow you to have a healthy and happy relationship.

### Cannon-Carey Baby Buzz





Nick Cannon is speaking out about the rampant rumors surrounding wife Mariah Carey, and the possibility that she is pregnant. Cannon, a self-proclaimed "big kid," denies any bouncing bundles of joy in the near future, but he did attest to her mothering potential, nurturing nature, and mean wafflemaking skills, according to <u>OK! Magazine</u>. "She's very nurturing, you know, nurturing and private. She makes me breakfast, and that's my favorite food," Cannon said. "It will be like 3:00 in the morning, and she'll still make me breakfast. [She makes me] Waffles. I'm a waffle guy. With like the iron, she's talented."

## Does the way you behave in a relationship dictate your parenting style?

#### Cupid's Advice:

The way someone behaves in any relationship is an indicator of how they relate to others. If a person is helpful, loving and giving, chances are they'll be just as loving as a parent. The one thing no woman needs is having a big kid for a boyfriend/hubby. Cupid has some suggestions to help you avoid

becoming your spouse's second mom:

- 1. Choose to be serious: Fun and games are part of what keeps a relationship exhilarating and are essential parts of any lasting romance. When push comes to shove though, sometimes you have to put on a grown up face and get down to business. When it comes to big issues like parenting, you need to know that your spouse is a man, not a boy.
- 2. Nurturing is a two-way street: There's nothing wrong with giving your spouse a little TLC now and again. However, you shouldn't always be the one making breakfast in bed. Remember that once in awhile you deserve pampering.
- 3. Let them handle their business: As much as you may want to pick up after your partner, don't. It's always a plus to help your spouse out periodically, but you have to remember that he is an adult, too, and should be able to take care of himself. If you "mother" him now, you could risk having another kid instead of a partner.

## Sofia Vergara Misses Hospitalized Boyfriend at Emmys





After an exciting night at the Emmys, *Modern Family* star Sofia Vergara had every reason to celebrate. Her show won three awards including Outstanding Comedy Series, and her family flew all the way from Colombia to be with her on her special night. But for Vergara, the night was incomplete without her leading man, Nick Loeb, a businessman and former Florida Senate candidate. *Access Hollywood* reports that Loeb has been hospitalized since last week after he was involved in a serious car accident. "He's not going to be good to go for a long time, but I miss him," said Vergara. What should you do if your partner is sick?

#### Cupid's Advice:

While it can be scary when a partner gets sick or injured, it is also the perfect opportunity to show him how much he means to you. Cupid has some ideas on what to do if your partner is sick:

1. Help him heal: When a partner gets sick, whether it's a cold or something more serious, it can help you realize how important he is to you. Show him how much you care by taking

steps to help him get better. Stop by the pharmacy, make him soup, and drive him to the doctor's office. Helping him through a tough time will make your bond even stronger.

- 2. It's the thought that counts: It's easy to feel helpless when a partner is sick, especially when you've already done everything you can to ease his suffering. Do something thoughtful for him, even if it doesn't help even if it doesn't technically stop a runny nose or soothe a sore throat. Try watching his favorite movie with him (even if you hate it) to make him feel better.
- **3. You're not alone:** If your partner has a serious illness or injury, let other people help. Friends and family can take lessen your burden by helping to care for your mate and by giving you much-needed emotional support.

# Kristen Bell Gets Advice From Betty White





Kristen Bell recently got some age-old relationship advice from fellow actress Betty White, according to <u>RadarOnline</u>. Bell, whose new movie <u>You Again</u> hits theaters September 24, said that although White is "not super maternal," she heard the <u>Golden Girls</u> actress offer an important tip. "I did hear her say [something] at one point about keeping a relationship fresh: when she would hear her husband coming home she would go put on a clean blouse or a dab of perfume. I thought that was really sweet and a wonderful way to impress your husband."How can you keep your relationship fresh?

#### Cupid's Advice:

- 1. Be spontaneous: Surprise your partner with tickets to see his favorite band, or spend a day at the beach building sand castles instead of lying under beach umbrellas. Don't be too predictable.
- 2. Put in the effort: When you've been with your guy for a long time, you feel comfortable around him. While your partner may think you're beautiful in sweats and a t-shirt, that shouldn't stop you from dressing up every now and then.

Put some effort into your look. Wear a skirt and heels one night for a change.

3. Get some laughs: The best way to stop boredom in its tracks is with laughter. Crack a joke, or watch a funny movie. Laughing is scientifically proven to be healthy for the body, but it is also healthy for relationships. Keep some conversations light and playful. Laughter will follow.

### Danielle Staub's Ex-Housewife Drama





A defamation suit between Danielle Staub from *The Real Housewives of New Jersey* has become a he-said-she-said fight to the death. Even after a mediation session with ex-husband Kevin Maher that lasted over nine hours, no settlement has been made. As reported by *E! Online*, Maher is suing Staub for \$5 million and is claiming she damaged his reputation by accusing him of being a rapist, cocaine user and dog killer. Staub denies ever saying those things and claims that no one could damage his reputation more than his tell-all *Cop Without a Badge*.

How do you deal with bad blood after a divorce?

#### Cupid's Advice:

Sometimes marriage isn't forever. When a separation happens, sometimes there's bad blood between the two parties involved. These issues can stem from emotional or material conflicts and can get extremely heated. Cupid has some ways to deal:

- 1. Cut the drama: If you are angry about something at the end of a relationship, first ask yourself, "Is this really so important that I need to address it?" If the answer is no, move on with your life and save your money and energy.
- 2. Keep the kids out of it: A divorce can be hard enough on the children, so don't air your post-divorce issues on them. The split should most likely have nothing to do with them, so do the right thing and stay civil in their presence.
- 3. Try to come to an agreement: If the issue is big enough that you do pursue legal action, remember that no one is going to get 100-percent of what they want. Try to compromise in order to end your ordeal as efficiently as possible. The earlier it's settled, the faster you can move on with your life.

### Snooki's Boyfriend Proposes On Mag Cover





Jersey Shore cast member Snooki is in for a huge surprise. Radar Online reports that Snooki's boyfriend, Iraq veteran Jeff Miranda, has decided to pop the question in a very public way. A shirtless Miranda is featured on the cover of the Sept. 10 issue of Steppin' Out magazine kneeling in army fatigues next to the words: "Will You Marry Me?" In his interview with Steppin' Out, Miranda talks about why he decided to propose to girlfriend Nicole "Snooki" Polizzi. "I want us to be together forever. I could see us having children. I want to pop the question to her. If we got married we would be the best parents around. She's so loving

and puts everyone else before her self. She'll be a great mother." When asked about the unique way he decided to propose, he admitted that Snooki is going to be shocked, but said, "I know she'll say yes."

#### What are some unique ways to propose?

#### Cupid's Advice:

The way you or your partner proposes is a story you'll be telling for the rest of your life, so it's important to make it memorable. There are countless ways to pop the question, but Cupid gives you some creative suggestions:

- 1. Go public: Forget JumboTron proposals at football games. If you want a truly unique way to propose in public, hire a skywriter to to spell out the words "Marry me" in the sky. This exciting and romantic proposal is sure to end with her saying "yes."
- 2. Pamper her: Draw a bath for her and place a rubber ducky in the middle with a ring tied around its neck. Don't forget to create a path of rose petals leading to the bathtub!
- **3. Hide the ring:** Want to really surprise her? Propose while doing an everyday chore, like fixing (or pretending to fix) a clogged sink. Make sure she's nearby and pull the ring you had hidden earlier out of the sink. Say something like, "No wonder the sink is clogged, I'll have to find another place to store this ring. How about your finger?"

### Halle Berry & Gabriel Aubry Keep It Civil





Actress Halle Berry and model former beau Gabriel Aubry go global with their 2-year-old daughter, Nahla. The former couple, who broke up in June, may not feel the sparks flying anymore, but the love of their daughter keeps them close. In recent months, they have been seen together in California, South Africa and England, according to <u>People</u>. "They are great parents and they want the best for Nahla," said a source close to Berry. "They're going to co-parent and go on with their lives."

Should a couple stay together for the sake of their children?

Cupid's Advice:

Halle Berry and Gabriel Aubry chose to separate, despite their daughter. It can be extremely difficult to decide whether to stick out a relationship that isn't working or to go your separate ways when there are children involved. Cupid points out some things to consider:

- 1. Can you remain civil?: If you aren't able to put aside your issues when your children are in the room, separating is probably the best option. Exposing kids to an unhappy and hostile relationship can teach them the wrong lessons. If you're able to keep it civil, it might be best to stick out a poor relationship for the sake of keeping your family intact.
- 2. Be realistic: No relationship is perfect, and life isn't like the movies. Overall happiness is important, but chances are you aren't going to be happy with your mate every minute of the day. Make sure that the problems you are having in your relationship truly are unresolvable before you do anything drastic like involve your children.
- 3. Think like your kids: It may feel like all the pressure in the world is on top of you when you're forced to decide whether your relationship is worth fighting for. Stop thinking like an adult for a little while. Put yourself in your child's shoes and consider what the best scenario is from his or her perspective.

### Former 'Bachelor' Star Ali

### Fedotowsky and Vienna Girardi Meet Again





Bachelorette Ali Fedotowsky recently ran into an unexpected woman from her past: Vienna Girardi, former fellow contestant and fiancée of Jake Pavelka. On season six of *The Bachelor*, Ali and Vienna went head-to-head in a competition for Jake's heart. In the end, Vienna snagged Jake, only to have their very public breakup displayed on Ali's season of *The Bachelorette* a few months later. The reality stars came face-to-face again at the Kari Feinstein Style Lounge at Montage Beverly Hills, where they kept the conversation short. An onlooker told *US Weekly*, "Ali made sure to keep her distance while hanging with girlfriends," but both said 'hi' briefly.

Should you be friends with your ex's ex?

#### Cupid's Advice:

For many, running into an ex's ex can resurrect old feelings of the past. If you chose to befriend this person, you may want to consider these simple points of advice first:

- 1. Be cautious: It's important to keep personal information to yourself until you get to know this person better. Trust is critical and you don't know if she's the type who will talk about you behind your back.
- 2. Learn more: If you've decided that she's trustworthy, you can use your new friendship as a way to better understand your own relationship with your ex. Learning about her relationship with him helps put your own in perspective.
- 3. Feelings for the ex: It's great to be friends with someone who can empathize with you, but if you still have feelings for him, it's important to be honest. You don't want to be surprised when you see the girl you thought was your friend back with the man you both agreed to leave behind forever.

### Kim Kardashian and Miles Austin Dine at Chili's





Kim Kardashian and new boyfriend, Dallas Cowboys wide receiver, Miles Austin recently enjoyed the two for \$20 dinner special at Chili's Restaurant. Kardashian had been visiting Austin in Oxnard, CA, where the Cowboys were at summer training camp. As an eyewitness told <u>RadarOnline</u>, "I can't believe it. Kim Kardashian eating at Chili's. It was just funny seeing her get out of her big Bentley and walk into Chili's."

#### Do dates have to be expensive to be meaningful?

#### Cupid's Advice:

Spending a fortune on a date does not guarantee priceless memories or even a second date. The five-star experience is great, but you can't buy love. Cupid has some things to consider when it comes to spending money on a date:

- 1. Love is priceless: It's not about the money you spend on someone, but the connection you make with them.
- 2. Finding love can be free: Many happy couples have gotten to know each other by taking a walk together or watching

television at home. You don't have to spend money to have a wonderful time with your mate.

3. Make dating a treat: Once you've made the connection and have money to spend, there's nothing wrong with doing something extravagant. Be a big spender once in a while, but know that how much you spend on someone has nothing to do with the quality of your time together.

## Paris Hilton & Boyfriend Cy Waits Busted





Paris Hilton sure can pick them! Within a week, Paris' new boyfriend, Cy Waits, has gone from head of Vegas nightclub operations to unemployed, according to *E! Online*. Last week Waits was Hilton's hero as he reportedly pulled a gun on a knife-wielding intruder trying to break into her home, but hero worship came to a halt when he was busted for a DUI alongside a cocaine-carrying Hilton on Friday.

#### How do you know if your partner is a bad influence?

#### Cupid's Advice:

- 1. Different interests: You and your partner should have similar interests. That's not to say that you have to enjoy the exact same things, but you should most likely see eye-to-eye on some of them. If you find yourself involved in activities that you don't normally agree with, your partner may be a bad influence.
- 2. Questioning your relationship: You shouldn't continually ask yourself why you're with your mate. If the answer to that question isn't obvious and you find yourself dwelling on the reason you're together, it's possible your partner isn't good for you.
- 3. Changing your beliefs: If you find that your partner is influencing you negatively by pushing you into an uncomfortable situation, he or she probably doesn't have your best interest at heart. Focus your will power and stick to your guns. In other words, run!

### Celeb Couples Take Emmys By Storm





True Blood costars and real-life newlyweds Anna Paquin and Stephen Moyer were just one of the celebrity couples present at the 2010 Emmy Awards. Other couples who made stylish appearances on the red carpet were Claire Danes and Hugh Dancy, Amy Poehler and Will Arnett, Eva Longoria Parker and Tony Parker, Neil Patrick Harris and David Burtka, January Jones and Jason Sudeikis, as well as many others, according to YourTango. All making different fashion statements, the stars made sure their partners were up to snuff as well. Should you tell your partner how to dress?

#### Cupid's Advice:

Often times one person in a relationship has more fashion sense than the other. Cupid has some ideas to help you deal:

- 1. Let the minor things go: If you have something to say about what your partner is wearing each and every time he steps out of the house, it's bound to lead to some disagreements. Choose your fights carefully. Only speak up if your mate is truly wearing something you cannot tolerate in public.
- 2. Positive encouragement: Fashion is a way to express yourself. By controlling what your partner wears, you're taking away some of his personal expression. Try peppering your criticisms with positive encouragement. "Honey, I really like the graphic tee you have on, but would you mind wearing your black blazer with it?"
- **3. Compromise:** It's a given that you won't always see eye-to-eye with your partner. If you don't agree with his fashion choice, politely ask him if he will change. Don't go choose a new outfit for him. By putting the ball in his court, he feels like he still has some sense of style control.

### Dianna Agron Introduces New Beau to Pals





Glee actress Dianna Agron just tackled an overwhelming task: introducing her guy to her pals. Agron and beau, British actor Alex Pettyfer, stopped by the Glee set, reports People. Pettyfer instantly bonded with Jayma Mays' husband, Alex Campbell. Mays explained, "[Alex] came on set, and my husband was there that day, so we introduced the Brit to the Brit. Brits hang tight. That's how they are." Pettyfer succeeded in charming all of Agron's costars and friends. "He seems like a really nice guy. He's really cute and she's beautiful," said Mays.

What's the best way to introduce your partner to your friends?

#### Cupid's Advice:

Introducing your new beau to the important people in your life can be nerve-wracking. Cupid has some suggestions to make the introductions less painful:

1. Set limits: Don't introduce your partner to all of your pals at once. Try introducing him to only a few of them at first. A week or so later, have him meet some other friends.

Take it slow, so you don't overwhelm him (or your nerves).

- 2. Pick and choose: Try having your most friendly pals meet your mate first. Pick outgoing friends that you're sure will strive to include him in conversation. When your man is up to the challenge, bring in the friends that are harder to impress.
- **3. Relax:** It's hard not to get nervous, but remind yourself that your partner is probably as nervous as you are. Try to be confident, and he'll be less nervous as well.

# Is Kate Gosselin Dating Her Bodyguard?





According to recent sightings, Kate Gosselin has been getting closer to her married bodyguard, Steve Neild. <u>Us Weekly's</u> exclusive video talks of romantic strolls along the beach in North Carolina and reports that he tucks the kids into bed at night. Gosselin and Neild continue to deny any physical relationship between them. Meanwhile, <u>HollywoodGossip.com</u> corroborates stories of beach strolls and even discipline assistance with the kids. What are the complications of dating hired help?

#### Cupid's Advice:

Whether you're in the spotlight like Kate Gosselin or just a single mom, finding the right guy is not as simple as walking out your front door these days. Here are some other ways to find your next mate without dating your employees:

- 1. Take a class: The workforce has changed so much just in the last few years, taking a refresher course to improve your skills will help you land a better job with higher pay, and maybe even someone to connect with.
- 2. Get online: Don't be afraid to dabble in internet dating.
  There are hundreds of sites out there that offer free trials

to get your feet wet — without a long term commitment — like Match, EHarmony and Zoosk, to name a few.

**3. Dare to change:** When you're ready to start getting out there, make some personal changes like a new hairstyle, or, if you can afford it, a new wardrobe. This will do wonders for your confidence.

Being in a relationship with an employee or even a coworker leads to complications no matter how strong the connection is. For more ways to find a mate after divorce, follow Cupid to Woman's Divorce.com.

# Britney Spears & Jason Trawick's Hawaiian Vacay





Taking a break from work, Britney Spears and agent boyfriend Jason Trawick recently went on a romantic getaway to Hawaii, according to <u>People</u>. Spears, who recently filmed a spot on Glee, left her two sons with their grandparents before jetting off to a luxury suite at an oceanfront resort on Hawaii's Wailea coast. An onlooker says, "Britney and Jason seem completely in love and happy. Britney has not stopped smiling since she arrived in Maui, and she seems to have the best time with Jason."

#### What are some good vacation destinations for the whole family?

Sometimes it can be tempting to get away from the kids for a few days, but a vacation can still be relaxing and enjoyable for the whole family. Cupid has some getaway ideas for you, your spouse and your kids:

1. Beach resorts: One of the best vacation spots for families is a beach resort. They often have programs for kids throughout the day, allowing parents much-needed relaxation time. An example is Beaches Boscobel Resort and Golf Club in Jamaica. This resort has golf lessons for kids, a waterpark,

- a video game center, as well as many sporting and restaurant options.
- 2. Cruises: Kid-friendly cruises, such as the Disney Cruise Line, offer youth clubs, live shows and pools designed for specific age groups (including adults). Your children can enjoy spending time with others their age while you relax with your spouse.
- 3. Camping: For those who enjoy the outdoors, camping is another great family vacation option. You can enjoy spending time with your kids during the day and then, after they fall asleep, enjoy time with your spouse in front of the campfire. If you enjoy taking in natural wonders, camping at places like the Grand Canyon or Yosemite National Park can make for great memories.

# Miley Cyrus & Liam Hemsworth Confirm Split





According to <u>RadarOnline.com</u>, teen queen, Miley Cyrus and Australian hunk, Liam Hemsworth have officially sung their last song. The two have been dating since they met on the set of <u>The Last Song</u> in August 2009. Recently, however, the relationship has taken a turn for the worse.

#### How do you deal with your first big breakup?

#### Cupid's Advice:

Everyone has that first love that they never seem to be able to forget. When you're young, a breakup can seem like the worst thing in the world. Cupid has some suggestions to help you cope:

- 1. There are many fish in the sea: When you end a relationship, especially with your first love, remember that they are only one person of many. Don't let that one person have so big of a hold on you that you never move on. Start fishing!
- 2. Enjoy life: You are only young once so you don't want to waste your youth saddened over a breakup. Cry if you need to,

but don't dwell on your loss for too long. There are so many wonderful activities and potential new lovers to pursue.

**3. Remember the good times:** Even after your relationship has come to an end, there is nothing like the memories of a first love. Remember the good times you had together rather than the reasons it had to come to an end.

# Angelina Jolie to Write, Direct & Produce New Film





As if Angelina Jolie wasn't busy enough already, she's now set

to direct, write and produce a new love story set during the Bosnian War, <u>People</u> reported. The actress and mother to six children visited Bosnia as a UNHCR Goodwill Ambassador in April. "The film focuses on a Serbian man and a Bosnian woman who meet on the eve of the war and the effect the war has on their relationship," Graham King's GK Films announced.

How do you balance your relationship and your work schedule?

#### Cupid's Advice:

As a career woman with a busy work schedule, it can be tough to balance that with the relationship with your partner. Cupid has some tips that may help:

- 1. Protect your private time: Make sure to schedule time for yourself. It's easy to get so caught up in your busy life that you forget about setting aside time to wind down. Missing your private time should be just as bad as missing a doctor's appointment!
- 2. Figure out what matters: More than likely there are things in your life that simply don't matter. It's a matter of putting the things that truly mean something to you at the front of the line as your number one priority.
- **3. Get help:** Just because you accept help from your friends and family doesn't mean you've lost control of your life. That's sometimes one of the hardest things to realize. Next time a friend offers to babysit for a night, take them up on it!