Celebrity News: Bachelor Contestant Caelynn Miller-Keyes Talks Sexual Abuse





by <u>Mara Miller</u>

In the latest <u>celebrity news</u> according to <u>EOnline.com</u>, The Bachelor contestant Caelynn Miller-Keyes had something important to tell Colton Underwood on their second one-on-one date in Singapore. Miller-Keyes opened up to Underwood, telling him how she had been drugged and raped in college at a fraternity party. Colton, in turn, opened up, speaking of experience dating Aly Raisman, who had been sexually abused, and how difficult it was to watch her come to terms with what happened.

Celebrity news: Bachelor contestant opens up about past sexual abuse. What are some ways that we can prevent past abuse from influencing new relationships?

Cupid's Advice:

If you are the victim of sexual abuse, you may be facing demons that effect new relationships. Here are some ways that will hopefully help you and your partner grow beyond your past abuse together:

1. Take Things Slow: You are in control and you do not have to take the next step in your relationship until you are ready, even if that means waiting to be intimate sexually. If your new partner understands, they'll be willing to wait because they respect you and understand what has happened in the past.

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<u>Health Journey</u>

2. Have a Strong Support System: Having a strong support system as a couple is important, especially if you have experienced sexual abuse. There are times you might frustrate each other, and having a friend or family member you can reach out to will help through the difficult times.

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3. Take Time to Build Trust: It can take time to build trust with your new partner. You will never work together if neither one of you can trust each other or if you're worried you may be assaulted again. Being raw and honest with each other will help form a strong bond for you both as a couple.

If you have experienced sexual abused, please reach out to the National Sexual Abuse Hotline, 1-800-656-HOPE (4673).

What are some ways you can stop past abuse from affecting future relationships?

Celebrity Couple: Royal Celebrity Couples Face Online Bullying





by <u>Mara Miller</u>

Kensington Palace is worried about online bullying against the royal <u>celebrity couples</u>, <u>Kate Middleton</u> and <u>Prince William</u>, and Meghan Markle and Prince Harry. In the latest celebrity news, according to <u>People.com</u>. Kensington Palace staff have spent countless hours monitoring negative comments aimed toward the royal sisters-in-law. These comments often try to pit Duchesses Middleton and Markle against each other, with fans of both taking sides and arguing among themselves. In some rare cases, there have even been serious threats of harm. The cyber bullying isn't just toward both women: Kate and Meghan fans often turn against, and threaten, each other.

The Royal Celebrity Couples are facing terrible comments on social media and, in response, Kensington Palace is making a peace movement.

What are ways can adults cultivate a positive experience online?

Cupid's Advice:

Kensington Palace has been locking down the comments on social media about the royal family. While it might be easy to act thoughtlessly online without caring about another person's feelings, bullying has serious emotional repercussions that have, in some cases, led to suicide when an online social interaction is not as easily monitored. We should all strive for a positive online experience. Here are some ways to achieve it.

1. Remember the Golden Rule: Remember the saying, "If you can't say anything nice, don't say anything at all?" Apply this logic to any future comments you might make online in a public forum. Realize the comments you are making are about real people, too. It's easy to get into shipping wars when we adore our royalty and our celebrities, but they have feelings and busy lives just like we do. Would you want to hurt your favorite celebrity because you've said something terrible about one of their family members when they're trying to work out their personal differences?

Related Link: <u>Celebrity Babies: Duchess Kate Middleton Talks</u> about the <u>Difficulties of Being a Mom</u>

2. Report Threatening Behavior: If you're on a forum like Facebook or Twitter, you can report any threats toward someone who is getting bullied. Often, there is the option to block a specific user. Never make any threats yourself. While there are no exact laws against cyber bullying, it is still a form of harassment and there can be legal ramifications if you're caught.

Related Link: Royal Celebrity News: Prince Harry Feels 'Responsible' For Meghan Markle 'Being So Miserable'

3. Just Walk Away: The best thing to do is ignore it, even when you might really want to make that comment to try to make an internet troll go away. Bullying can take away the enjoyment of the video or article you're trying to read and put you in a horrible mood when you could have just ignored someone else's childish behavior.

What are some other ways that adults can cultivate a positive online experience?

Celebrity Couple: Emma Stone & Dave McCarry Giggle Together at SAG Awards





By Lauren Burczyk

In <u>celebrity news</u>, <u>celebrity couple Emma Stone</u> and Dave McCarry giggle together during a rare public <u>date night</u>. The couple was seen together on Sunday at the 2019 SAG Awards, being very giddy. According to *UsMagazine.com*, this isn't the first time the couple has made a rare public appearance together to an awards show. Earlier this month, the couple enjoyed a night out at FOX's Golden Globe afterparty, where they were seen being very affectionate toward one another.

The elusive celebrity couple Emma Stone & Dave McCarry are not often seen in public together. What are some ways you and your love can prevent public expectations from influencing your relationship?

Cupid's Advice:

It's important to not let others influence your ideal relationship. While public expectations may be tough to overcome, there are some ways to help prevent them from influencing how you and your partner carry on your love for one another:

1. Forget about public expectations altogether: It seems much easier than it actually is, but it's important to forget about what others expect of you. When we let go of all public expectations, we tend to enjoy our partners even more.

Related Link: Emma Stone Is Caught Carrying Andrew Garfield-Labeled Bag Post Celebrity Break-Up

2. Put your relationship first: Instead of worrying about having to impress other people, just focus on yourselves. There's nothing saying that the two of you have to enjoy the same public events as other couples, so just participate in whatever makes the two of you happy.

Related Link: <u>Celebrity Couple: Chris Pratt and Katherine</u> <u>Schwarzenegger Move In Together!</u>

3. Don't let other people complicate your relationship: If going out with other couples always ends in a disaster, then it's best to spend time by yourselves. While your friends may expect you to go on group dates, it's better that you keep your relationship strong and stay away from all of the drama.

Can you think of more ways to prevent public expectations from influencing your relationship? Comment below.

Celebrity Couple: Emily Blunt & John Krasinski Were Warned About Working Together





By Lauren Burczyk

In <u>celebrity news</u>, <u>celebrity couple</u> <u>Emily Blunt</u> and John Krasinski were warned about working together on the set of *A Quiet Place*. Despite being told that she would end up being divorced by the time filming was over, Blunt claims that working together on set has brought her and Krasinski even closer. On Sunday, Blunt took home a SAG Award for her part in *A Quiet Place*, winning best supporting actress at the 25th Annual SAG Awards. According to *People.com*, Blunt, 35, told reporters in the SAG press room after her win, that "we had never done it before and it is kind of the great unknown."

Celebrity couple Emily Blunt & John Krasinski were warned that working together would damage their relationship. What are some ways to separate work and love with your S.O.?

Cupid's Advice:

Working with your partner may seem like a wonderful idea, but there can be some drawbacks. There are some adjustments that have to be made when intending to spend your working hours and your downtime with your S.O. To avoid putting your relationship in jeopardy, we have some ways to know your boundaries when working with your partner:

1. Maintain your privacy: Every relationship needs to have some space to survive, this is especially true while working with your significant other. Give each other enough time to respond to emails, make phone calls, and complete projects without shadowing each other throughout the entire day.

Related Link: <u>Celebrity Couple: Victoria Beckham & David</u>
<u>Beckham 'Very Touchy' Before 20th Anniversary</u>

2. Don't bring your work home: Separating your work life from your home life is the key to any healthy relationship. While working with your partner, setting boundaries between work and non-work is crucial.

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'Hates' His New Muscles

3. Make date night a priority: It's easy to mistake your significant other as a colleague instead of a lover while

working together. It's important to maintain that loving relationship by setting aside time during the week to rekindle your romance.

Can you think of some other ways to separate work and love with your S.O.? Comment below.

Celebrity News: Selena Gomez Explores Mental Health Journey





By <u>Mara Miller</u>

latest <u>celebrity</u> <u>news</u> according Ιn the to USMagazine.com, Selena Gomez speaks candidly about her struggles with mental health. Gomez was diagnosed with Lupus in 2014. She admitted that anxiety, depression, and panic attacks can be side effects of Lupus, among other symptoms of the disease. In 2016, the <u>single celebrity</u> took a step back from the spotlight to focus on herself. Breaking her silence, Gomez released a new song with Julia Michaels, titled "Anxiety." It's great to see that Gomez is performing again, but, even better than having her music, she has been reaching out to her fans to let them know that she loves them. Gomez has, on occasion, even reached out to fans on Instagram to speak with them when she finds out they are struggling with mental health.

Selena Gomez's honesty with her mental health has made celebrity news because of the impact on her fans. What are some ways we can follow Selena's example and encourage mental health?

Cupid's Advice:

When you're going through a difficult time, whether with depression, anxiety, or any other number of other issues, here are some things that can help.

1. Try positive thinking: Negative thinking can be a downward spiral that is hard to come back from, and it can become difficult to be positive when you hardly have been. Only use words that will empower yourself. It may seem hokey and redundant, but positive thought is a powerful tool and will reshape the vocabulary your brain uses.

Related Link: Celebrity News: Designers Say Bebe Rexha is Too Big

2. Reach out to someone who you trust: Have a serious conversation with someone close who is willing to listen. Also, if it's bad and you don't have a support system, do not be afraid to seek professional help. There's never a reason to be ashamed of how you feel.

Related Link: <u>Celebrity Baby: Kate Hudson Opens Up About</u> <u>"Genderless" Parenting</u>

3. Exercise: Exercising can release endorphins in the body that relieves stress and boosts the mood. This doesn't have to mean working out in a gym. Try picking up martial arts classes or borrow a book from the library on introductory yoga. Exercise can also play double duty as something that you're doing for yourself, by yourself, and it can help you take your mind off of the things that are upsetting you.

What techniques do you have for maintaining mental health? Share your tips below!

Celebrity Couple: Victoria Beckham & David Beckham 'Very Touchy' Before 20th Anniversary





By Lauren Burczyk

In celebrity news, celebrity couple Victoria Beckham and David Beckham were seen being very touchy and flirty with one another while celebrating at an event this week. According to People.com, David Beckham showed his support for his wife by attending an event dedicated to honoring the launch of her Reebok x Victoria Beckham collection. The celebrity couple will be celebrating their 20th wedding anniversary this summer. David Beckham had previously opened up about why being married for so long can be challenging. In an interview on the Australian TV show The Sunday Project, he said "to have been married for the amount of time that we have, it's always hard work."

The Beckhams have an admirably long marriage for a celebrity couple. What are some tips to having such a

successful relationship as them?

Cupid's Advice:

Keeping a marriage fresh and healthy for a long period of time is usually not as effortless as it may seem. Just like anything else, marriages take hard work to stay strong and remain successful. Here are some tips on how to keep a powerful, lasting marriage:

1. Remind your partner that you appreciate them: The honeymoon phase doesn't last forever. If you and your partner have started to be less affectionate toward each other, it's important to always remind them that you appreciate them.

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<u>Modern Dating</u>

2. Watch what you say to your partner: Being with someone for so long, you can easily start to let things slip that may be hurtful. You may be so comfortable with your partner that you mistakenly tell them that you find your new neighbor attractive. This comment can offend your partner, so just be mindful of what you say.

Related Link: Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!

3. Try to prevent arguments: If you know that your partner's biggest pet peeve is when you forget to rinse your dish after dinner, then don't forget to do it! The small arguments can lead into big ones, so preventing them from happening altogether is your best option.

Can you think of any other tips for a successful relationship? Comment below.

Celebrity Baby: Carrie Underwood Welcomes Second Son!





By <u>Mara Miller</u>

In the latest <u>celebrity baby</u> and <u>celebrity news</u>, <u>Carrie Underwood</u> and her husband, Mike Fisher, welcomed their new son into the world. According to *People.com*, Jacob Bryan Fisher was born on Monday, January 21st. Underwood and Fisher couldn't be happier. Their son, Isaiah Michael, is a proud big brother. Underwood wrote on her Instagram, "Jacob Bryan Fisher entered the world in the wee hours of the morning on

Monday...his mom, dad and big brother couldn't be happier for God to trust them with taking care of this little miracle!" It's so wonderful to see Underwood's family growing!

Carrie Underwood just had her second celebrity baby! What are some parenting tips for introducing babies one and two to each other?

Cupid's Advice:

A new baby can be a very exciting time for the family. What ways can you introduce your older children to their new sibling?

1. Help them become friends early: Include your older child in experiencing your pregnancy, such as showing them ultrasound pictures, singing to the baby, or letting your child feel a kick. This will help your child understand their new sibling is real and they can form a bond early.

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<u>Thompson Are 'Actively Trying' for Baby No. 2</u>

2. Spend quality time with your child: If you're worried about jealousy, spending individual time with your older child will help to ward off any bad feelings about their new brother or sister.

Related Link: <u>Celebrity Baby News: Prince Charles Teases Baby Names for Duchess Meghan & Prince Harry</u>

3. Give them a job: Depending on how old your eldest child is, you can help them get involved with taking care of the new baby, like helping to change a diaper or finding something for the baby to wear. This will help them feel important while they help take care of the new baby.

What are some suggestions you have for introducing older children to their new sibling?

Celebrity Baby: Kate Hudson Opens Up About "Genderless" Parenting





By Mara Miller

In the latest <u>celebrity news</u>, <u>Kate Hudson</u> has decided not to put any labels on <u>celebrity baby</u> Rani Rose. According to *People.com*, Hudson revealed in an interview with AOL that

she embraces a "genderless environment" when raising little Rani and her two other children, Bingham Hawn, and Ryder Russell.

Kate Hudson is raising her celebrity baby to be gender neutral. In our gender fluid world, what are some other ways to raise gender-conscious children?

Cupid's Advice:

If you want to raise your children to be gender-conscious, here are some ways to do it:

1. Start Early: It's never too early to start talking to your children about gender or to try to find teachable moments, such as showing them it's okay to play with whatever toys they want. Kids learn through creativity and they have huge imaginations that shouldn't be limited.

Related Link: <u>Celebrity Babies: Duchess Kate Middleton Talks</u>
About the <u>Difficulties of Being a Mom</u>

2. Teach them empathy: Teaching your children empathy will help them be more in control of their emotions later. Asking them how they feel about something, such as gender, will allow them to become more in-tune with their feelings and the feelings of others around them.

Related Link: <u>Celebrity Babies: Kim Kardashian & Kanye West</u>
Throw Alice in Wonderland Party

3. Don't teach "boys will be boys": Always hold your children accountable for their actions, but don't treat them differently just because of the gender they were born with.

What are some other ways you can raise your children in a gender-conscious way?

Celebrity News: Chris Brown Detained in Paris on Accusations of Rape





By Lauren Burczyk

In <u>latest celebrity news</u>, Chris Brown was detained in Paris on Monday, January 21, after a woman filed a rape complaint. According to *UsMagazine.com*, Brown was taken into custody on

potential charges of aggravated rape and drug infractions. He was still in custody as of Tuesday, January 22 and investigators have another two days to decide on whether or not to press charges. The <u>celebrity news</u> comes after Brown was faced with a multitude of arrests in 2018, including alleged rape and assault.

Chris Brown has made celebrity news repeatedly for sexual abuse. If we suspect someone in our lives of behaving inappropriately, what are some ways we can help them?

Cupid's Advice:

It's never easy to find out that a loved one has been behaving inappropriately. When we realize that someone close to us is conducting themselves poorly, it's important to face the facts and try to help them as best as we can. Here are some ways that we can help:

1. Discuss their behavior with them: It may not be an easy topic to discuss, but to help your loved one, it's important to confront them and discuss what happened. You may find out their motive behind the incident, which can be essential to providing them with help.

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2. Let them share as much or as little as they want: Try not to be too forceful when discussing the matter with them. They will build trust with you knowing they can share as much or as little with you as they want to, which will be beneficial moving forward.

Related Link: Celebrity Exes: Chris Brown is Happy with

Custody Battle Results

3. Don't be afraid to tell them how you feel: If they fully admit to what they have done, and you don't agree that it was the right thing to do, tell them how you feel. Making them aware of your disapproval can be helpful in the future and may deter against additional inappropriate behavior.

Can you think of some other ways that we can help someone in our lives that is behaving inappropriately? Comment below.

Celebrity Babies: Duchess Kate Middleton Talks About the Difficulties of Being a Mom





By Lauren Burczyk

In <u>celebrity news</u>, <u>Kate Middleton</u> opens up about the struggles that a parent can face when raising their children. The mom of three expressed her empathy with a group of parents and caregivers during a visit to the charity Family Action on Tuesday. According to *People.com*, Duchess Kate told the group during the event "It's so hard. You get a lot of support with the baby as a mother, particularly in the early days, but after the age of one it falls away. After that there isn't a huge amount...of books to read." While Kate has her trusty nanny to help her with Prince George, five, Princess Charlotte, three, and <u>celebrity baby</u>, Prince Louis, who is 9 months old, she added that "Everybody experiences the same struggle."

Despite the royal blood, raising celebrity babies is hard. What are some ways to find the peace and

strength to parent when all you want is a break?

Cupid's Advice:

Raising babies is not an easy job. Often times, parents can feel burned out and exhausted. What are some ways to stay strong as a parent when you feel like you need a break?

1. Remember that you have to show your kids to be strong: When you're at your breaking point and feel like you might lose your cool, keep in mind that, as a parent, you're setting an example for your child. Showing them that you can stay strong, even at the worst of times, can be a great lesson for them to learn at a young age.

Related Link: Celebrity Babies: Kim Kardashian & Kanye West
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2. Stay positive: It's important to look on the bright side of the challenges you're facing. Keeping an open mind and having a sense of humor can give you the power to deal with everyday challenges of raising children.

Related Link: Celebrity Baby: Meghan Markle Reveals Due Date

3. Take care of yourself: If you're getting to the point where your child's pesky behavior is getting the best of you, it's important to remember to take care of yourself and do something to de-stress. Ask a family member or friend to keep an eye on your little one so that you can have some time to yourself.

Can you think of some other ways to find peace and strength, as a parent, when you're at your breaking point? Comment below.

Celebrity Dating: Chrissy Teigen Questions Modern Dating





By <u>Mara Miller</u>

In the latest <u>celebrity dating</u> and <u>celebrity news</u> according to <u>EOnline.com</u>, <u>Chrissy Teigan</u> questions modern dating. Teigan and her husband, <u>John Legend</u>, have been together for twelve years and married for five. They have two children, Luna and Miles. Teigan questioned modern dating on Twitter on Sunday, saying, "I haven't dated for a long, long time but are guys really pulling the 'let's be exclusive' thing six months into

dating like what, I have been exclusive what the f-k have you been". Chrissy is right-modern dating can be a mess.

Chrissy Teigen's questions about modern celebrity dating are way too relatable. What are some old-school tips we should adopt in today's dating game?

Cupid's Advice:

Though online dating platforms are the newest way to meet someone, old-fashioned dating still has its merits. Here are a few old-school tips:

1. Get off the phone: We carry mini-computers around with us, allowing constant access to the outside world. Old-fashioned dating meant actually spending time with your date to try to get to know them and giving your date time to get to know you if you're genuinely interested in a relationship. Try leaving the phone in your purse or back pocket on vibrate to give your date your sole attention.

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2. Take Things Slower: While waiting for marriage to be intimate might seem too old fashioned, taking things slow while you're dating has its benefits. Keep in mind that there is nothing wrong with jumping into bed together on the first date, but if you're serious about the person you want to date, waiting and taking things a tad slower will allow both of you to decide if pursuing the relationship is plausible or a total disaster.

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<u>About Dating Taylor Swift</u>

3. Find someone you can dance with: While this might seem like something your grandmother would say, couples who can dance and have fun together are more likely to have a successful relationship. And no, this doesn't mean a bump and grind in a club. Think head resting on shoulder, holding hands, swaying together kind of dancing.

What are some old-fashioned dating tips you suggest?

Celebrity News: Designers Say Bebe Rexha is Too Big





By <u>Mara Miller</u>

the latest <u>celebrity</u> <u>news</u>, <u>People.com</u> Τn reports the 2019 Grammy Awards are extra special for single celebrity Bebe Rexha. She was nominated for Best New Artist/Best Country Duo/Group Performance, the music artist naturally reached to several out dress designers for her Red Carpet outfit. They turned her down, refusing to design a dress for her because she is "too big." Rexha said this on Instagram, defending herself and all women a size 8 and up, "You're saying all the women in the world that are a size 8 and up are not beautiful and that they cannot wear your dresses." We should all adopt Rexha's mentality on being called too big.

Rexha made celebrity news when no designer would work with her for the Grammy's. What are some ways we

can fight against body shaming like Bebe Rexha?

Cupid's Advice:

Whether you are a size 8 or a size 8x, here's how you can fight body shaming:

1. Wear whatever makes you comfortable: Hot? Wear your tank top. Want to wear that black dress that shows off your curves? Do it. Life is way too short to be worried about what you're wearing, no matter your size. If a brand only caters to certain sizes then you do not have to shop with them. When anyone tries to be rude or negative, call them out on it.

Related Link: Fashion Tips: How to Rock Heels Without The Pain

2. Practice body positivity on social media: Don't be afraid to take pictures of yourself with friends or family because of your size. Follow body-positive celebrities. Share and read articles about bigger men and women.

Related Link: <u>Celebrity News: Selma Blair Opens Up About Life</u> with MS

3. Don't be hard on yourself: We might not want to admit it, but sometimes we can get wrapped up in thinking we're not pretty or handsome enough because of our weight. Eating healthy should always be a priority, but sometimes you can't control your weight even if you have a healthy diet. Maybe you just had a baby, have issues with polycystic ovary syndrome, or got injured in a sports accident and haven't been able to shed the pounds. Do NOT beat yourself up because you don't look like a cover model on a magazine.

What are some ways you can fight body shaming? Sound off in the comments below.

Celebrity News: Jeff Bezos Makes Public Appearance Without Wedding Ring





By <u>Lauren Burczyk</u>

In <u>celebrity news</u>, <u>celebrity couple</u> Jeff Bezos and Lauren Sanchez's relationship is becoming more public. Bezos stepped out without his wedding ring, after announcing last week that he and his wife of 25 years, MacKenzie Bezos, would be getting a <u>celebrity divorce</u>. According to *EOnline.com*, he was seen posing alongside John Travolta at the 16th Annual Legends of Aviation Awards at the Beverly Hilton Hotel, without sporting

his band. News of Bezos' relationship with Sanchez broke one day following the announcement of his divorce. An insider told *EOnline.com* that the Amazon founder and former *Good Day L.A.* co-host are happy together and news of an engagement may not be far off.

One week after announcing he would be getting a divorce, Jeff Bezos is seen without his wedding ring, making celebrity news. When is it acceptable to step out in public without your wedding ring after breaking the news of a divorce with your long-time spouse?

Cupid's Advice:

Announcing the news of a divorce between you and your spouse of many years can be very difficult. What's even tougher is deciding when it's appropriate to take that ring off in public. Cupid has some ideas of when it's acceptable to step out in the limelight minus your ring.

1. Let the news spread: It's best to wait just long enough so that the news can travel. It may not take long, just a week or so, but it's a good idea to give it some time to avoid any confusion.

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With Friend's Wife Before Divorce

2. Plan ahead for the right time: It's not a good idea to decide to make your first appearance without your wedding band

at an event where you'll see your spouse or any family members. The appropriate place and time will be at an event where you'll be attending on your own, without your spouse or family members.

Related Link: Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!

3. Communicate with your soon-to-be ex: A good way to know when it's the right time to remove your wedding ring in public is by discussing it with your soon-to-be ex-partner. If you're both okay with stepping out without your rings, then you'll know it's the perfect time.

When did you know that it was time to take off your wedding ring in public? Let us know! Comment below.

Celebrity Babies: Kim Kardashian & Kanye West Throw Alice in Wonderland Party





By Lauren Burczyk

In <u>celebrity news</u>, <u>Kim Kardashian West</u> and <u>Kanye West</u> threw their daughter, Chicago, an elaborate Alice in Wonderland-themed birthday party. The <u>celebrity baby</u>, who turned one on Tuesday, can be seen enjoying her party with her siblings in photos shared by Kim. According to *People.com*, she gave her followers a brief glimpse at some of the decorations, which included a topiary maze in the hallway, an elaborate cake with a giant grinning Cheshire cat, and a bouncy house in the backyard. Chicago and her brother, Saint, three, can be seen sharing a special moment at the party in a photo together. The <u>celebrity couple</u> confirmed that they would be welcoming another child via surrogate "sometime soon," during Monday's episode of *Watch What Happens Live with Andy Cohen*.

Kim Kardashian threw celebrity baby Chicago a birthday party we would

all envy! What are some ways to celebrate your little ones in style and on a budget?

Cupid's Advice:

We all want to throw our kids an elaborate birthday party Kim Kardashian West-style while also keeping a budget in mind. Here are some ways to throw an inexpensive yet stylish birthday party for your little ones.

1. Plan ahead: To avoid overspending, it's important to plan ahead for everything you'll need for the party. By allowing yourself enough time before the big day, you can order a lot of your decorations online from places such as Amazon.

Related Link: <u>Celebrity Couple: Kim Kardashian Calls Khloe</u> Kardashian an "Idiot" for Staying with Her BF

2. Send digital invites: Mailing out paper invitations can get pricey and they aren't as necessary in our digital society. Digital invites can be just as cute and can allow you to use the additional savings on better party favors or a more detailed cake.

Related Link: Celebrity Baby News: Kim Kardashian & Kanye West Are Expecting Baby No. 4 via Surrogate

3. Keep the menu simple: Trying to please everyone with a large menu can get complicated and expensive. Ordering some pizza or setting up a taco bar are great ways to keep your party budget-friendly while still pleasing the crowd.

Can you think of some other ways to throw a stylish birthday party for your little ones on a budget? Comment below.

Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!





By <u>Mara Miller</u>

According to *People.com*, in the <u>latest celebrity</u> <u>news</u> <u>celebrity couple</u>, <u>Chris Pratt</u> and Katherine Schwarzenegger recently moved in together. Pratt helped his fiancée move out of her home in Santa Monica, California on Friday. He excitedly captioned a short video on Instagram, "I love moving," showing off his new Chevy Silverado, a trash bag, and a cardboard box full of belongings. Moving in

together can be lots of fun when you're ready like these two are!

Though it hasn't been long, celebrity couple Chris Pratt and Katherine Schwarzenegger are moving in together! How do you know when you are ready to take that step?

Cupid's Advice:

Moving in together can be a mix of amazing, frustrating, exhausting, and exciting emotions, not to mention expensive, even if you're just moving an hour and a half away from the city to the countryside. How do you know when you're ready?

1. Review your expenses, and then decide how you'll break things up: Are you going to split the bills even, or share them? Consider if you're ready to share the cost for food and gas, and if you're renting and the utilities aren't included, the water and the electric. This can be easily done by creating a budget for your potential new household.

Related Link: <u>Celebrity News: How Chris Pratt told Anna Faris</u>
About His Engagement

2. You're willing to make a couple sacrifices: 3 AM dance sessions and binge-watching your favorite television show might have to be put on hold while your partner sleeps. You'll need to take time to do chores, and these will go quicker, like helping your partner wash the dishes or walk the dog together. You might also have to put down the social media to spend more time together. If you can see yourself making tiny sacrifices like this, then you both might be ready to live

together.

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3. You trust they will be great with your pets or children: While this might not be a factor for everyone, it's still an important factor to consider. If you are with someone who doesn't like children or animals, and you adore both your toddler and your pet rabbit and they want nothing to do with either, then you might need to re-evaluate your relationship. Trust in this situation is key because you don't want your human babies or fur babies to get hurt.

What are some ways you know when you're ready to move in together?

Celebrity Couple: Joe Alwyn Clears Up Rumors About Dating Taylor Swift





By <u>Mara Miller</u>

In the <u>latest celebrity news</u>, <u>celebrity couple</u> Joe Alwyn and <u>Taylor Swift</u> clear up some rumors about their relationship. According to *EOnline.com*, the couple has been spotted in public together on several occasions recently, including The Golden Globes. They also attended several parties together after the event. Alwyn said about his relationship with Swift, "I don't think anyone you meet on the streets would just spill their guts out to you, therefore why should I? I think it's normal." Alwyn is absolutely right. He and Swift deserve their privacy, no matter how much we may crave every single juicy detail.

Celebrity Couple Taylor Swift and Joe Alwyn are elegant in the face of rumors. What are some ways you and your partner can approach

rumors?

Cupid's Advice:

Rumors can have some serious ramifications for your relationship, depending on the nature of the gossip. What should you do when the rumors are flying about you and your partner?

1. Always speak to your partner first: Together you can discuss how you would like to tackle the situation. Should you ignore it, or say something?

Related Link: <u>Celebrity Couple News: Joe Alwyn says, 'I Know</u>
What I Feel' About Girlfriend Taylor Swift

2. Don't do anything to aggravate the situation: Misunderstandings are bound to happen amongst family and friends when a new relationship starts. Maybe you're so wrapped up in your bubble of love, it's hard to fathom sharing any details yet. As a result, the gossip has started flying! You don't need to tell people anything you don't want to about your relationship. Either address it or let people cook in their assumptions. Leave a little mystery to your love life!

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3. Be honest with anyone important who might have heard the rumor: If it's Joe Shmoe in the work office who only started a week before, then it's none of his business. But if you and your partner's family and friends hear about the rumor, they may get worried something else more serious may be going on. It's okay to clear the air with them because immediate family and close friends will be there to support you and your partner later.

What else do you suggest doing if you and your partner face

Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!





By Mara Miller

In the <u>latest celebrity news</u>, <u>celebrity exes</u> <u>Anna Faris</u> and <u>Chris Pratt</u> remain on good terms while they co-parent their son, Jack. According to <u>US Weekly</u>, Pratt and Faris remain close for the sake of their child. Jack's well-being has been

their main focus, especially now, with Pratt's <u>celebrity</u> <u>engagement</u> to Katherine Schwarzenegger and Faris's long-term relationship with Michel Barrett. Faris said, "I think the general idea is making sure he's surrounded by lots of love and happiness." Jack is a lucky kid to have two parents who work together to make him safe and happy even though they are no longer together. Pratt and Faris should start offering parenting advice!

Chris Pratt and Anna Faris are setting the golden standard on coparenting. What are some ways to co-parent when the relationship is less than friendly?

Cupid's Advice:

Divorce isn't easy, especially when you might never want to see your ex again. How should you set your own golden standard for co-parenting your child(ren)?

1. Remember that you were a happy family once: Even though things are tough now and you might not be able to stand each other, remember that you were a happy family together once. Divorce isn't just hard on the both of you, but on your kid(s) too.

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2. Never speak negatively about the other parent: Hearing bad things about their parents can leave a long-lasting impact on children that might cause them to act out in school or at home. Never, ever say anything nasty about the other parent. Remember, kids are like sponges. They like to repeat what they

hear, and your other co-parent is likely to find out what has been said about them eventually. Would you rather get through this co-parenting thing together relatively unscathed, or hardly be able to stand each other when you're in the same room together if your child needs you?

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<u>Schwarzenegger Are Engaged!</u>

3. The both of you need to swallow your pride: There will be birthday parties, family nights, holiday gatherings, and school events. Your child(ren) needs to feel loved first. They will need reassurance that Mom and Dad can still get along. Put aside your differences and have a board game night. If you've moved on already, include your new S.O. if the other co-parent has agreed to let your kid(s) meet them. While things might be awkward at first, eventually the less than stellar relationship as co-parents will become easier.

What are some ways you suggest making the co-parenting relationship work when things aren't great with your ex?

Celebrity Wedding: Bachelor Alum Arie Luyendyk & Lauren Burnham Talk Wedding & Baby!





By Mara Miller

In the latest <u>celebrity couple</u> and <u>celebrity wedding</u> news, <u>Arie Luyendyk</u> and <u>Lauren Burnham</u> have tied the knot in a <u>Twilight: Breaking Dawn</u>-themed wedding. According to <u>US Weekly</u>, Burnham's wedding dress was a stunning sleeveless gown with floral embellishments. "I love that she's now expecting because that, honestly did not impact the design at all," said Haley Paige, Burnham's dress designer. Burnham drew inspiration from photos of <u>Breaking Dawn</u> and frequently sent them to her wedding designer. The newlyweds took photos outside with the forest behind them in a romantic setting. One photo even featured a hint of the baby bump! They expect their <u>celebrity baby</u> in June. How exciting for them both! They have been waiting for their special day and it sounds like it turned out perfect.

The 'Bachelor' alum celebrity wedding was stunning! What are some

ways you can have an equally glamorous wedding without the cost?

Cupid's Advice:

You can have your own themed wedding too! Even if you haven't chosen a wedding planner, Cupid thinks these ideas are super fun and cost-effective:

1. Don't be afraid to geek out: Are you a *Star Wars* and Legos fan? If you're going for a galactic-themed wedding, use Legos to make your wedding cake topper. If you or your future spouse have Legos from the *Star Wars Line*, you can have tons of fun sorting through bricks and mini light-sabers together to make a cake topper that represents you both. You can also have your hair done like Princess Leia on your special day!

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2. Go for `something simpler: Okay, so maybe you don't want to take your wedding theme off of Earth. Instead, you want your own *Twilight* inspired wedding. You don't need to spend an arm and a leg on candles and lace for the bride and groom table. Go to a craft store and buy some lace to put across the table and, if you live in a rural area, let nature be the backdrop for your wedding photos.

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<u>Jr. and Lauren Burnham Are Expecting First Child</u>

3. Be a bargain shopper bride: You don't have to have the most in-style wedding dress right now for your special day. Absolutely make sure you love it before you buy it, but make certain you're aware of your budget and don't shy away from a deal. Also, keep the bridesmaids in mind if you're going to buy their dresses. Dress shops are bound to have dresses on

clearance as long as your girls are willing to be flexible. The shoes don't even have to be *from* the dress shop either. Discount shoe stores sometimes have buy-one, get-one-free: take advantage.

What are some ways you can make your themed wedding day perfect without the cost?

Celebrity Exes: How Chris Pratt Told Anna Faris About His Engagement





In the <u>latest celebrity news</u>, <u>Chris Pratt</u> told <u>celebrity</u> hе <u>ex Anna Faris</u> was proposing to Katherine Schwarzenegger before the <u>celebrity couple</u> announced their engagement to the world. Faris and Pratt have a six-year-old son together and still have an amicable relationship. According to EOnline.com, Faris responded with excitement, well wishes, and love for Pratt and Schwarzenegger for their upcoming <u>celebrity wedding</u>. Faris even went so far as to remind her ex-husband that she is an ordained minister and could officiate the wedding, even though she's "not very good at it." It's inspiring to see these exes open to the idea of expanding their family and love!

Chris Pratt and Anna Faris's amicable relationship meant they could talk about his engagement. What justifies telling your exabout moving on?

Cupid's Advice:

Even though you might feel it's not their business, there may be times you need to let your ex know that you're moving on. What reasons would justify telling your ex about the details of your new relationship?

1. You're still friends: Not all relationships end completely with social media and number-blocking. In some cases, you might decide to stay friends with your ex. Maybe you work together or have the same circle of friends and don't want to cause tension or strife. Letting them know you're moving on before anyone else can soften the blow.

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2. You have children: Whether you are just starting to date again or are ready to propose to an amazing new person, you're going to want your ex to know. You will want your child(ren) to meet them, since the person you're in a relationship with is now a big part of your life and theirs. Letting your ex know before anyone else that you're moving on will help prevent any potential arguments and will protect your child's well-being.

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<u>Schwarzenegger Are Engaged!</u>

3. You want to let them down easy: Maybe you've tried telling your ex that you're moving on, but it's had the opposite effect; they think you actually want to get back with them. It's totally okay to let them know that you're moving on, but make sure you let them down easy. If you want to maintain the friendship with them eventually, they need to know that you have met someone else; potentially leading them on could turn disastrous later.

What are some other reasons you might justify telling your ex that you've decided to move on?

Celebrity Couple: Kim Kardashian Calls Khloe

Kardashian an "Idiot" for Staying with Her BF





By Mara Miller

In the <u>latest celebrity news</u> according to *US Weekly*, <u>Kim Kardashian</u> insulted <u>celebrity couple Khloe Kardashian</u> and NBA Pro Tristan Thompson by implying her sister is an idiot. The snide comment was made because <u>Khloe Kardashian</u> did not call off her relationship with Thompson after he cheated during Kardashian's pregnancy. <u>Kourtney Kardashian</u>, however, stuck by her sister's side, saying, "It's so quick and easy to be like, 'leave him, leave him'. It's so much harder to stay and have the whole public think you're an idiot for staying."

Tension is running high in the Kardashian family because of the celebrity couple. What are some tactful ways of telling a loved one you don't like their S.O.?

Cupid's Advice:

It's not easy to tell your loved one that their significant other is a lousy person, especially when they aren't ready to listen to you. What are some ways you can tell them how you feel without the family drama?

1. Sit them down for tea or coffee: Don't let them know what you think about their S.O. publicly. Invite them over for a private conversation. Your loved one might not be willing to hear what you have to say about their spouse, but a private conversation in the living room will be more effective than a status post on Facebook about how much you hate the person your loved one is dating.

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<u>Thompson Are 'Actively Trying' for Baby No. 2</u>

2. Let them know you realize they might not be ready to hear it: Don't name call and most certainly do not yell. Let them vent about the situation if they need to their feelings off of their chest. Having a conversation about your concerns over the person your loved one is dating with a level head and in a respectful manner will get your point heard faster than a petty back-and-forth through text messages.

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<u>West Is Becoming 'Unhinged'</u>

3. Don't take sides when other family members are clearly

opposed: Let your loved one know that you support them no matter what they decide to do. Knowing you respect their decision at the end of the day will open them up to the possibility of listening to your opinion.

What are some tactful ways you would tell a loved one that you don't like their S.O?

Celebrity Baby: Meghan Markle Reveals Due Date





By Mara Miller

In the latest royal <u>celebrity baby</u> news, Meghan Markle revealed her due date during a walkabout in Hamilton Square with Prince Harry, according to *EOnline.com*. Markle is currently six months pregnant; the <u>celebrity couple</u> is expecting their first baby between April and May. The Dutchess and Prince have decided to wait to find out the gender of their baby. This is the closest confirmation of her due date available since Kensington Palace previously announced the baby is expected in Spring 2019.

Meghan Markle and Prince Harry are about to have their first celebrity baby. What are some ways of announcing your due date to the world?

Cupid's Advice:

Announcing your due date isn't something you need to keep a secret if you don't want to. What are some ways you can tell your family and friends your exciting news?

1. Photographs: You could do a mini photo shoot with the ultrasound picture and baby shoes. If you have an older child or a pet, include them in the announcement photo. You could have your older child standing next to a chalkboard with something that says, "Big (sister or brother) starting (insert due date)". For your pet, you could do something like taking a picture of their paws next to baby shoes. Have fun and get creative!

Related Link: Prince Harry Reveals His Nickname for the Royal
Celebrity Baby

2. Announce to immediate family: Announcing your pregnancy and

due date is an exciting time for you and your partner, as well as for your family and friend. If you don't want to immediately let everyone on social media know before your close circle does, plan unique announcements for each group! Don't let the pressure of sharing your due date stress you out; it doesn't have to be extravagant. A phone call to your mother (instead of texting) means more because it's personal. Or maybe a cup that says, "World's Best Grandma/Grandpa/Uncle/Aunt" and a picture of the ultrasound with the due date will be more memorable for years to come.

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3. Make something special (or have something special) made to celebrate: You can go beyond having a cup made when you announce your due date. If you're creative with programs like Photoshop, you could create a movie poster with the due date or make a small trailer with a video editing program (like iMovie or Windows Movie Maker). If you create the movie poster, you could put it in the baby's room once they're born.

What are some ways you have seen someone announce their due date?

Celebrity News: Selma Blair Opens Up About Life with MS





By Lauren Burczyk

In <u>celebrity news</u>, Selma Blair shared her struggles, in an emotional Instagram post, after being diagnosed with MS in August of last year. Blair captioned a photo of her snuggling a bear late Sunday night and described having a "brain disease" as "uncomfortable" and "a stadium of uncontrollable anxiety at times." According to *People.com*, in <u>latest celebrity news</u>, Blair really opened up in the touching Instagram post. "People ask me how I do it. I do my best," she continued to explain. "But I choke with the pain of what I have lost and what I dare hope for and how challenging it is to walk around."

Selma Blair reveals how hard it can be living with a life-altering disease like MS. What are some coping mechanisms you and your

loved ones can rely on during such a disease?

Cupid's Advice:

After receiving a life-changing diagnosis, it can be difficult to cope with the horrific news. No matter how tough it can be, it's important to have a positive outlook. Cupid has some ideas for coping mechanisms:

1. Join a support group: This is something that should be done right away so that you are able to collaborate with people other than your doctor. Connecting with others who are in the same situation as you are can provide a bit of relief.

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<u>Pink at 13th Anniversary</u>

2. Seek therapeutic help from a professional: Therapy isn't just for people with mental health issues. Many therapists specialize in allowing people to become at peace with a devastating diagnosis.

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3. Find ways to live with uncertainty: Life-altering diseases are unpredictable and the ultimate outcome of the disease can't be controlled. It's important to find ways to try to live as much of a normal life as possible by practicing meditation or yoga, which can free your mind of anxiety.

What are some coping mechanisms that you and your loved ones have relied on when faced with a devastating diagnosis? Comment below.

Celebrity News: Jessica Alba Celebrates Cash Warren's 40th Birthday with Pajama-Themed Birthday





By Mara Miller

In latest celebrity news, <u>Jessica Alba</u> threw a game night pajama-themed birthday party to commemorate her husband Cash Warren's 40th birthday party, according to <u>EOnline.com</u>. They played corn hole, in which Alba got very competitive, and served Dave's Hot Chicken and Dylan's Candy Bar. And of

course, there was cake, along with a marching band. After guests sang happy birthday to Cash, he gave a speech about his wife and how lucky he is to have her. They posted cute pictures of themselves of the event on Instagram.

In Celebrity News, Jessica Alba threw a pajama-themed party for husband Cash Warren for his 40th birthday party. What are some unique ways to celebrate your partner's birthday?

Birthdays are always a reason to celebrate your spouse and to show them how much you love them. Here are a few ways you can surprise them for their birthday:

1. Make him feel loved: Make him breakfast in bed or leave him a little love note to find in his truck or car that says "Happy birthday!" Let him know that you're thinking about him and give him something to look forward to later if he couldn't get the day off for his birthday.

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2. Throw a themed party: Does he love Star Wars? Final Fantasy? World of Warcraft? Marvel Comics? Pick a theme, invite over a few friends with their computers, and have a lightsaber fight or a video game night.

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<u>Is 'My Favorite Person That Ever Existed' on Her 25th Birthday</u>

3. Dinner Night: If he isn't the type of guy who likes a surprise party, home dinner kit companies like Home Chef or

Blue Apron frequently have sales just for signing up for the first time, like \$20 dollars off your first three boxes. Some of them have started offering their kits in select grocery stores. This way, if you don't feel like going out to eat, you can still have the same experience at home with delicious food. It's a lot of fun to cook together, too!

What are some unique ways you've celebrated your partner's birthday? Comment below!

Celebrity Wedding: Chris Pratt & Katherine Schwarzenegger Are Engaged!





By Lauren Burczyk

In recent <u>celebrity news</u>, we have a new <u>celebrity wedding</u> to look forward to! Chris Pratt revealed on Sunday, January 13, that he proposed to his girlfriend, Katherine Schwarzenegger. Pratt, 39, captioned an Instagram photo along with a ring emoji, praying hands, and a red heart, saying, Katherine, so happy you said yes! I'm thrilled to be marrying you. Proud to live boldly in faith with you. Here we go!" The photo shows the 29-year-old author wrapping her arms around Pratt while looking down at the sizable rock on her finger. According to UsMagazine.com, the proposal came just days after the Guardians of the Galaxy star posted a video that showed him moving Schwarzenegger's belongings out of her home in Santa Monica, California. The <u>celebrity couple</u> haven't been dating long, but a source had said in November that they have fallen head over heels for each other and would be engaged soon.

There's a celebrity wedding in the works for Chris Pratt and Katherine Schwarzenegger! What are some ways to announce your engagement to family and friends?

Cupid's Advice:

Announcing your engagement to your family and friends can be a very exciting time. Cupid has some great ways to share the big news:

1. Share it in an Instagram post: If you are someone who loves to share your favorite things on social media, this is a great way to spread the news. Simply take a selfie with your partner and make your ring the center of attention.

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<u>to Liam Hemsworth</u>

2. Make your pup show it off: If you're an animal lover, it's a cute idea to tie the ring around your pet's neck and let him show it off. Share a photo on social media with your pet and a sign next to him that says "My parents are getting married."

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3. Say it in a hashtag: If you want to take a more subtle approach, you can use a hashtag to announce your engagement. Find your favorite photo of the two of you and include the hashtag #SheSaidYes or #WereEngaged, then post it to social media.

Can you think of any other great ways to announce your

engagement? Let us know! Comment below.