

# Jenny McCarthy Explains Split With Jim Carrey



Jenny McCarthy was full of explanations about her recent split with actor Jim Carrey on 'Oprah' this week, according to [People](#). The couple, who dated for five years, separated on friendly terms and still express admiration for one another. "The first thing is, when it's not fun anymore, you need to start investigating and do an inquiry into the relationship," said the former *Playboy* model. McCarthy is at peace with the breakup, explaining, "I always got back on my feet, and I know especially this year who I am." But will the couple ever get back together? McCarthy admitted that she "didn't even think about" the possibility of rekindling her romance with Carrey.

**Is a relationship over when you stop having fun?**

Cupid's Advice:

There is inevitably a point in every relationship where the “newness” wears off. Things become more of a routine, and you have to work harder to keep your relationship exciting. Cupid has some things to consider:

**1. Abandon ship:** If you deem the relationship completely unsalvageable, then resign yourself to a breakup. However, if you feel that the relationship could be saved, then devote yourself 100 percent to making it work.

**2. Rough periods:** All relationships have tough times, where it seems the two of you just can't connect. However, these periods pass, so be sure not to give up on the relationship too soon.

**3. Analyze the problem:** You need to ask yourself, “Why aren't we having fun?” If the answer is a problem such as money or stress, then stay strong. The problem will most likely pass. If it's a bigger issue, such as conflicting goals in life, it may be time to call it quits.

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## David Beckham Fires Back at Tabloid for Prostitute Accusations





Soccer pro David Beckham has proven that actions speak louder than words after he officially denied prostitute accusations by suing the tabloid that published them. [PopEater](#) reports that Beckham is suing *In Touch Weekly* for featuring quotes from former call girl Irma Nici suggesting that the two slept together in 2007. The suit alleges libel, slander and intentional infliction of emotional distress. Beckham has been married to former Spice Girls singer Victoria Beckham for 11 years, and the two have three boys together, ages 11, 8, and 5.

### **If you're falsely accused of cheating, what do you do?**

#### **Cupid's Advice:**

Sometimes someone close to you might hear or see something that gives them the wrong idea about your faithfulness. Cupid has some tips on how to clear up the situation:

- 1. Ask why:** If someone started a rumor, talk to that person one-on-one to find out why. They might just be angry about something, and talking to them will help clear the air and stop them from spreading more false rumors.
- 2. Reassure him:** If you can, get your supposed cheating partner to tell your partner that the accusations are false.

When he gets reassurance from both you and the other person involved, he'll be more likely to believe that nothing is going on.

**3. Show proof:** There's nothing like cold, hard evidence to prove you're telling the truth. If the rumors say you went out with your mystery boy on Friday night, but you were with your best friend the whole time, the piece of gossip is officially dead.

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## Is Miles Austin Less Famous Without Kim Kardashian?



Dallas Cowboys player Miles Austin and reality bombshell Kim Kardashian may have recently split, but neither of them are feeling much remorse. But Austin does miss the attention that came with

dating Kardashian. An insider told [Us Weekly](#) that the athlete “liked [Kardashian] to an extent, but he loved the publicity a lot more. Sitting on the floor of the Lakers game with her was better than any commercial of him that would ever run.” Kardashian wasn’t the only person used in the relationship, however. She would bring her NFL beau when she needed a date for an event. Though the relationship didn’t work, the pair are both moving forward. States the insider, “[Austin] thought [Kardashian] was cool, but by no means is he heartbroken.”

### **Is your beau dating you for the right reasons?**

#### **Cupid’s Advice:**

It may seem like the perfect relationship, but always be wary of ulterior motives. Cupid has a few tell-tale signs of a hidden agenda:

- 1. Eagerness:** He wants to take you everywhere. He wants to tell all of his friends that he’s dating you and shows no restraint in his excitement. While this may be legitimate, it could also mean that he’s only interested in trying to impress others. Make sure he’s still excited when you’re alone together, too.
- 2. Reluctance:** The opposite of eagerness, his reluctance to talk about you with his friends could mean that he’s shy, or it could also mean that he’s ashamed. He may feel that you are only a temporary solution, and not worth his time or excitement.
- 3. You’re out of his league:** If you have turned down most of his friends, then chances are part of him views you as a challenge. While you may be genuinely happy, he may only be thinking about how successful he is in dating a girl like you.

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# Is Melissa Rycroft and Tye Strickland's Baby a Boy or Girl?



Reality star Melissa Rycroft and husband Tye Strickland are getting ready to face a different reality by becoming parents. According to [People](#), the former 'Dancing with the Stars' contestant and hubby are taking the upcoming arrival of their little one in full stride. While the two wait for confirmation on the sex of their baby, Strickland has been doing whatever he can to make his baby's mama comfortable and feeling pretty.

**How can your beau help make sure your pregnancy goes as easily as possible?**

## Cupid's Advice:

Nine months is a long time and can be quite emotional for the mother-to-be. Men will most definitely also face their share of apprehension and excitement, but let's face it, they aren't carrying around a bowling ball in their bellies and don't have to deal with stretch marks! Cupid has some advice for your beau to help him make sure your pregnancy is fun and not all labor:

**1. Attack of the hormones:** It's inevitable that at some point during your pregnancy your emotions will take over, and your husband will take a ride on a roller coaster of mood swings. Prepare him for this, and advise him to be as patient as possible. Tell him not take your moods personally!

**2. Put her on a pedestal:** Men: get used to cravings, sore body parts and your wives dealing with sudden changes in her body. Remember, she's carrying your unborn child and deserves as much extra attention as possible.

**3. Become baby educated:** The more you know, the more you'll understand what your wife is going through. Plus, you'll be ready for the baby once it arrives. Try to go to as many doctor's appointments as possible so you can listen to the experts' advice on how to handle different stages of the pregnancy.

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**Katherine Heigl & Josh**



# Duhamel Compare Past Dating Disasters



First dates are always hit or miss. At a promotional press conference for their upcoming romantic comedy, *Life As We Know It*, Katherine Heigl and Josh Duhamel, both married, reminisced about past dating disasters, according to [People](#). Whereas dating in general scared Duhamel, Heigl, married three years to singer Josh Kelley, spoke of an awkward date with a personal trainer.

"He took me to Sizzler and gave me his head shot and asked me if I could get him in my agency," recalled the actress.

Although this was ultimately the deal breaker, she also went on to notice his shaved legs. We can only wonder if she stuck around long enough for dessert!

**How can you tactfully escape a bad date?**

Cupid's Advice:



Not all love connections will a relationship make. While it can be frustrating to see a potential date go down the drain, it is also important to keep a positive attitude and wait until the night is over to dish your friends the outrageous details:

**1. Play it cool:** Yes, he may be extremely rude to the waitress, and yes, it was crazy he didn't open the door for you, but keep this in mind: it's a one-time deal. There's no rule that says the relationship has to continue. Try to sit through the dinner. Just make sure he's not planning on leaving you with the bill!

**2. Something bad happened:** If you have a feeling things may take a turn for the worse on your date, let a friend in on how you feel. Although it can be crass to take personal calls on your date, if its going poorly, make an exception. Or, text your friend from the bathroom, and let her know it's time to pull the plug. The classic *Sex and the City*-inspired "something bad happened" will always get you out of a tight jam.

**3. Do not pass go:** If your date involves two parts, like dinner and a movie for example, leave at intermission. This will be exceptionally easy if you each drove separately. Tell him something has come up and you won't be able to make the movie after all. Then, speed back home to your sweats and a glass of wine. Hold all calls until the next day.

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## 'American Idol' Star Crystal

# Bowersox Is Engaged



Congratulations are in order for *American Idol* runner-up Crystal Bowersox. [E! News](#) reports that the folk-pop singer is engaged to fellow musician Brian Walker, with plans to tie the knot next month. Bowersox, 25, broke up with long-time boyfriend and father of her 1-year-old son near the end of her stint on *American Idol*. She used her heartbreak to deliver some emotionally powerful performances, earning her the second place spot after crooner Lee DeWyze won last season. **How can a breakup be a positive thing?**

## Cupid's Advice:

It's hard to see the light at the end of the tunnel when you're in the midst of a painful breakup. But Cupid has some ideas on why ending a relationship can actually be good for you:

- 1. Express yourself:** Crystal Bowersox did it, and so can you.

Use your heartbreak to make beautiful poetry, music, or art. So many musicians have recorded their biggest and best hits after their hearts were recently broken. It's a great form of therapy, too.

**2. Reconnect with friends:** You should never go through a breakup alone, so let your friends cheer you up (with the help of lots of ice cream and romantic comedies, of course). Plus, you can make up for all the times you decided to go out with your ex-beau instead of chill with your girls.

**3. Start fresh:** Splitting from a partner gives you the perfect opportunity to think about what you want (and don't want) in future relationships. Use the time to sort out your priorities and goals.

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## Jack Wagner Gives Heather Locklear the Gift of Song





*Melrose Place* star

Heather Locklear celebrated her 49th birthday in style!

According to [People](#), her longtime boyfriend, Jack Wagner, sang the starlet a very special Happy Birthday song, harmony and all. Wagner's romantic plans for Locklear took place at Beverly Hills' popular Korean BBQ restaurant, Woo Lae Oak.

"Jack and Heather were cooking for all their friends. They were having so much fun," said an onlooker. Locklear's birthday celebration comes at the end of a laid-back summer where she spent time with Wagner and her daughter, Ava. The actress' next professional gig will be shooting a new Lifetime original movie called *He Loves Me*.

## **What are some romantic birthday gifts?**

### **Cupid's Advice:**

Birthdays are a great opportunity to show your special someone how much you care for them. Cupid has some ideas to make their big day unforgettable:

**1. Reminisce:** Birthdays are a good time to reflect on some of your favorite memories. Revisit some of the special locations where your relationship took flight, like the restaurant where you went on your first date or the place where you shared your first kiss. Remembering these moments together will make the day one your partner will never forget.

**2. Arts and crafts:** Putting time into hand making a gift for your beau shows them how dedicated you are to the relationship. Scrapbooks and photo albums are always a sweet touch to any celebration. Or, if you enjoy doing crafts together, consider taking a birthday trip to a pottery making or art class and making each other gifts. You'll undoubtedly come out with new memories!

**3. Home cooking:** Make your partner their favorite meal. The old adage, "the way to a person's heart is through their stomach" may actually prove to be true.

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## Lamar Odom Plans Anniversary Surprise for Khloe Kardashian





Lamar Odom has something special planned for wife Khloe Kardashian on their one-year-anniversary; he's just not sharing. "I kind of got to keep it a secret," explained Odom to [Us Weekly](#). Kardashian was also tight-lipped. "I don't know. I found out that there's a surprise happening, but I have no idea – and I don't want to know." The couple, who married after a quick one-month courtship, have faced scrutiny about the depth of their marriage. "I've never faulted people for [that]," says Kardashian. "I totally get it. I've always said from day one that it's real love, and it is, but I've never, ever was angry with anyone for thinking anything that way. I was only upset when people said we had a fake wedding." Despite criticism, the couple are standing strong and hope to have a child in the near future.

### **What are some creative ways to celebrate your anniversary?**

Sure, there are the obvious routes: romantic dinner, picnic at the park or a night in an expensive hotel. Try branching out because your thoughtfulness will be appreciated. Here are just a few suggestions:

#### **Cupid's Advice:**

**1. Hot air balloon ride:** While finding a hot air balloon service may be difficult depending on where you live, the



spectacular views and exhilarating experience will be extremely worthwhile.

**2. Play hooky:** Skip work for a day, and drive to the nearest city. Have fun looking around in shops and eating at interesting restaurants.

**3. Go to a florist/garden:** Instead of sending your partner flowers, take them to a florist or a garden and pick out your own flowers. Then, go searching for a vase to put them in.

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## Demi Moore and Ashton Kutcher Are All Smiles



The rumor mill is straining when it comes to Demi Moore & Ashton Kutcher. Although the much-talked about couple are in the midst of

fighting off infidelity banter from critics and fans alike, they seem to be showing a united front, at least in public.

Full of giggles, jokes and all sorts of PDA, Moore and Kutcher were all smiles on the set of Moore's new film *The Reasonable Bunch* last week, according to [People](#). "Demi and Ashton got here in the early hours of the morning, and you could hear them laughing and carrying on from inside her trailer," says a source. The pair, whose fifth anniversary is quickly approaching, are faced with claims that Kutcher cheated with a 21-year-old. But if the two are troubled at all by these serious accusations, they certainly aren't letting on.

## **How can you stop cheating rumors from circulating?**

### **Cupid's Advice:**

There's no doubt about it – rumors, especially negative ones, are tough to deal with and difficult to hear. And the age-old advice, "don't dignify a rumor with a response" doesn't always work. Cupid has some suggestions for ways to halt rumors before they spiral out of control:

- 1. Prove the rumor isn't credible:** The people who start rumors want other people to believe they're telling the truth. So, they make sure that what they're saying is plausible. To stop the news before it spreads, determine what makes the rumor credible in the first place.
- 2. Keep it simple:** One of the worst things you can do in the face of a dirty rumor is to appear defensive and angry. There's no reason to let it get that far. If you have evidence to the contrary, just say, "That can't be true, because ..." and leave it at that.
- 3. Create a new truth:** The reason gossip exists is because it's fun to know things about other people that they're probably trying to keep to themselves. If you find yourself

the subject of rumors, introduce a new rumor – one you can control more easily. People will stop focusing on the old news and put their attention to the new information they just got.

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## ‘Bones’ Star Emily Deschanel Ties the Knot



A match was made in Hollywood this weekend when actress Emily Deschanel wed writer and actor David Hornsby. The couple tied the knot in front of friends and family at a small ceremony in the Pacific Palisades area of Los Angeles, reported [People](#). The pair are both stars in the world of television, with Deschanel starring on FOX's crime show, *Bones*, while Hornsby is most famous for

his work on FX's *It's Always Sunny in Philadelphia*.

**Is having the same career as your spouse good or bad?**

**Cupid's Advice:**

Cupid knows that common interests make couples stronger, but that sometimes, opposites attract. So will matching career paths make or break a couple? Cupid has some insight from both sides:

**1. Separate, but equal works:** Being in the same career field as your spouse gives you a common passion, but working in the same building, or even for the same company, might not give each of you the space you need to be happy.

**2. Diversity adds spice:** On the other hand, having different careers, skills and passions can add a different dimension to your relationship, by allowing you to teach each other something new.

**3. Moderation is key:** In either instance, making sure you balance your career and how much time and effort you put into it with everything else you and your spouse hold dear – including each other – will help keep your relationship healthy.

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# **Elisabeth Moss to Divorce Fred Armisen**



After less than a year of marriage, *Mad Men* star Elisabeth Moss and *SNL* cast member Fred Armisen are calling it quits, reports [The Huffington Post](#). Moss originally met Armisen when her fellow *Mad Men* cast member Jon Hamm hosted *Saturday Night Live* in 2008. The two got married in October of last year and separated on June 26, citing “irreconcilable differences.”

Rumor has it that the split may actually have been due to Moss practicing Scientology. “Her religion was as important to her as their marriage, if not *more*,” a friend of Armisen’s told [Us Weekly](#). Armisen is reportedly now dating *SNL* co-star Abby Elliott. **What are three important things to know about your partner before marriage?**

### **Cupid’s Advice:**

When you get married, you promise to cherish another person “until death do you part.” That’s why it’s so important to really get to know your partner before walking down the aisle. Cupid shows you what you absolutely must know about your partner before saying “I do”:

**1. Beliefs and values:** A person's religious beliefs and moral values make up a large part of who they are. While you probably won't agree on everything, at least be open to your partner's views. If your beliefs and values differ too much, you might want to rethink taking such a huge step in your relationship.

**2. Goals in life:** You and your partner should have similar goals if you want to spend the rest of your lives together. For example, finding out that he doesn't want children *before* getting hitched might make you change your mind.

**3. Bad habits:** It may sound insignificant, but get to know his habits before settling down together. If he has some habits that you just can't learn to live with, it's best to find out before you tie the knot.

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**Tori Spelling & Dean  
McDermott Give Each Other  
Mani-Pedis**







90210 star Tori

Spelling and her family seem to always be making news. This week is no different, with Spelling's husband, *Home Sweet Hollywood* star Dean McDermott, recently telling [InTouch Magazine](#) all about his family's interesting hobbies. One of their favorites? Mani-pedis. "I call it 'Male Polish,'" said McDermott. "We started doing each other's nails, and I love it. I'm wearing blue right now on my toes! I don't know why everyone doesn't do it!" Spelling adds, "I wanted to paint my nails gun metal for the night, so I borrowed [Dean's] nail polish." The couple's young children also like to participate. "Whenever we can, they come get manicures and pedicures with us and they love it!" said McDermott. "Liam has blue and red on his toes like Spider-Man this week and green on his fingernails like The Hulk." **What are some fun bonding activities for you and your partner?**

### **Cupid's Advice:**

You don't always need a reservation at an extravagant restaurant to make your date memorable. Try partaking in some fun activities for easy laughs and quality one-on-one time. Cupid has a few ideas:

**1. Board game:** Open up your cupboard and fish out an old board game, like Monopoly or Risk. Though you may have to

dust off the game pieces, you and your beau will appreciate the simple and amusing activity.

**2. Movie exploration:** Try finding some old movies neither of you have seen in ages. Funny 80s movies, like *Ferris Bueller's Day Off*, will have you laughing hysterically together.

**3. Video games:** If your partner is into video games, then he will have fun teaching you how to play. If you're the one crazy about them, then you'll enjoy watching him squirm as you repeatedly beat him. Your prowess in shooting zombies or braving the difficult stages of *Guitar Hero* will be sure to impress (or embarrass). Either way, you'll both be rolling on the carpet.

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## Is Brad Womack Back for More 'Bachelor'?





After infamously dumping both DiAnna Pappas and Jenni Croft on the 11th season of *The Bachelor*, Brad Womack may be given a second shot at love. According to [Us Magazine](#), Womack is being considered for the 15th season of the popular dating show. “Brad is very sincere and believes in the show,” a source close to the series says. “That’s why he didn’t pick someone last time. He was never in it for the publicity. He wants to find a wife.” Along with Womack, producers are rumored to also be considering bachelors Ty Brown and Chris Lambton for the show. The official word will be delivered today on *Dancing With the Stars*. The question is, who would you rather?

### **Does your guy have a fear of commitment?**

#### **Cupid’s Advice:**

Sometimes singles can find themselves still hurting from a past breakup or afraid to get out of their comfort zone and try something new. Cupid has a few tips on how to tell if your beau is afraid to find love:

**1. He’s hesitant to put himself out there:** Although he’s outgoing and has no problem having a good time, he seems unavailable for anything more than fun and parties.

**2. He won't take the plunge:** Is your guy refusing to meet your family? If so, he might be hesitating because he's leery of taking the next step in your relationship.

**3. Worst-case scenario:** If you've decided your beau truly has a fear of commitment, try to stay reasonable. Talk some sense into him by laying down the facts. Let him know that the worst that can happen is that you break up sometime in the future, but that the best that can happen is that you're incredibly happy together. It's a small risk to take when the result could be a lifetime of true love.

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## Tyra Banks Takes Low-Key BF to Premiere





Tyra Banks, host of *America's Next Top Model*, isn't shy about a lot of things, but she usually keeps her long-term relationship with banker John Utendahl on the down-low. Apparently, though, his flair for finances couldn't keep the couple away from the premiere of *Wall Street: Money Never Sleeps* in New York recently, according to [E! Online](#). The couple was spotted on the red carpet, and though Banks still doesn't have an engagement ring on her finger, the couple seemed happier than ever. **How can you show your beau you support his interests?**

### **Cupid's Advice:**

A happy and healthy relationship depends on both partners supporting each other, and there's no better way to do that than to scope out what makes your honey happy. Cupid offers some suggestions:

- 1. Ask questions:** Though it may sound simple, asking your sweetie about his interests and giving him the time to talk about what makes him tick shows that you care. Plus, it could teach you a few new things about him!
- 2. Play the student:** Every interest has some background to it, so whether your beau loves cooking or chemistry, asking for a demonstration or explanation could make your bond even

stronger.

**3. Surprise him:** Go one step further and pick a random day to do something special. Purchase tickets to his favorite sporting event, or rent a movie you know he'd like to see. The element of surprise will show that you recognize what's important to him.

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## Chris Lambton and Ty Brown in Talks to be Next 'Bachelor'



Two of last season's bachelors, who appeared on *The Bachelorette*, may have a second chance at love. According to [People](#), sources say Chris Lambton and Ty Brown are among those who have been "in serious



talks” with ABC about the next season of *The Bachelor*. Neither Lambton nor Brown have confirmed as of yet. Meanwhile, ABC and Warner Horizon, who produce *The Bachelor*, decline to comment on casting speculation. **Can you find true love on reality TV?**

### **Cupid’s Advice:**

Reality TV has taken over the airwaves, and many in search of love have turned to the tube to see if they can find their soul mates. Cupid is here with some advice to help determine if searching for love on TV will result in a prime-time relationship or leave you with nothing but dead air:

- 1. Let’s get real:** Learn to spot the difference between real love and camera love. Are the contestants actually falling for each other, or are they simply influenced by the desire to become famous and grab as much air time as possible?
  - 2. Don’t get blinded by the spotlight:** If you are determined to find true love on a reality show, make sure you define your priorities. The goal is to find a soul mate, not to let the paparazzi and tabloids dictate your feelings.
  - 3. Avoid playing the desperate role:** You have to wonder if people who go on national TV to find love are serious or simply desperate. According to Starpulse, it’s called “not having anything else to do.” Being stuck in a house with dozens of other women competing to earn one man’s attention will most definitely make you *think* you are falling in love, so make sure to separate your sense of competition from actual emotion.
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# Reggie Bush's New GF: A Kim Replacement?



NFL player Reggie Bush may have recently broken things off with Kim Kardashian, but he didn't spend much time mourning. Bush has recently been spotted in New Orleans with *Maxim* model and singer Mayra Veronica, a Cuban beauty reminiscent of Kardashian. "Mayra doesn't want to be Kim's replacement. She wants to make sure there's a special place in [Reggie's] heart just for her," said an insider, according to [RadarOnline](#). Bush and Veronica's relationship started as a summer fling, and the relationship has only grown since then. Though Veronica has been busy promoting her new single, "If You Wanna Fly," she made sure to clear her schedule when Bush was in California. Those close to the couple say, "They really can't wait to see each other. They just love spending time together."

**How can you avoid replacing your ex with the same type of guy?**

## Cupid's Advice:

Kim Kardashian has been accused of chasing after the same type of beau, and now her ex Reggie Bush is doing the same thing.

It can be hard to branch out, but there's a reason you're single and looking – because your past relationships haven't worked out. Here are a few tips to help you change things up:

**1. Stop, drop and think:** It happens. You're at a bar and there's a guy across the room that you can picture yourself dating. But before you pursue the attraction any further, be sure to take a quick inventory of the guy. If you can tell he's no different than your exes, even from first glance, then forget it.

**2. Look at yourself:** While you play a large part in picking your beaus, certain types of men flock to you for a reason. If you continually attract a certain type of guy, try making small changes to your look or the way you act. You may be able to attract Mr. Right.

**3. Walk away:** When you know a guy is no good for you, don't stick around. There's no reason to waste your time in a relationship that will only end in disappointment. Be sure to listen to the warning bells going off in your head.

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<b>Balthazar</b>	<b>Getty</b>	<b>Gets</b>
<b>Understanding</b>	<b>From</b>	<b>Wife</b>

# Rosetta



After a scandalous affair with actress Sienna Miller in 2008, Balthazar Getty is slowly getting back on track with his wife, Rosetta, according to [Huffington Post](#). “Here’s the bottom line: It was a very challenging time for everybody involved,” said Balthazar to *Harper’s Bazaar* via Page Six, “but I loved and missed my family too much not to make it work. Rosetta is understanding enough and spiritual enough to let us try.” Rosetta continued explaining by saying, “I’m going to have to explain this to my daughters one day. I chose not to act from ego because I just felt like it would be too crushing for my children.”

**Are there ways to make forgiving a partner easier?**

## **Cupid’s Advice:**

Forgiving your partner can be a tough task, especially when they’ve tested your trust. Cupid has some tips for easing the process:

**1. Remember the kids:** If it's your spouse that has been disloyal, sometimes you should consider taking the road Rosetta has taken and stay together for your family. It can be more important to stay strong for the sake of children involved than to allow your hurt emotions to take control.

**2. Think about the commitment:** When it comes time to forgive, it's important to assess how committed you are to your beau. If in the end you are truly still in love with him, then working it out might be worth a shot.

**3. Be selfish:** When deciding whether to forgive someone who has betrayed your trust, it's important to still put yourself first. Decide what's best for you, and what will make you happiest. If forgiving your mate will take away from your happiness, maybe it's time to move on.

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## Will Ryan Seacrest Pop the Question to Julianne Hough?





After recently going public with their Hollywood romance, it seems to be getting serious between *American Idol* host Ryan Seacrest and Julianne Hough of *Dancing With the Stars*. In fact, many are starting to wonder if Seacrest plans to pop the question anytime soon. According to [PopEater](#), this all-American couple was seen happily having dinner with Seacrest's parents at the Atlanta Country Club. All-in-all, the two seem quite smitten with each other!**What are some signs that your beau is ready to propose?**

### **Cupid's Advice:**

Though there are no sure signs that an engagement is in your future, there are a few things you can look for in anticipation:

**1. Meet the parents:** Few couples ever get past the basic dating phase without parental approval. To marry someone is to become a part of their family and being included in family activities can be a sure sign that he is going to take the next step.

**2. "The look":** You may start noticing a longing or calculating look in his eye prior to a proposal. It may be because he knows he can't live without you and is looking for the perfect



moment to make it official!

**3. Spontaneity:** If your man does something out of character, like plan a fancy dinner or weekend getaway out of the blue, you may need to start *looking* for something blue. Though many proposals happen in an everyday setting, sometimes something a little out of the ordinary or special is in order – not that a proposal itself isn't memorable enough!

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## Mira Sorvino & Family 'Get Up and Go'



Balancing your personal life, family and job can be tricky, especially if you're in Hollywood. But even in the midst of shooting a movie, actress Mira Sorvino makes sure her family knows they come first. The actress told [People](#) that she only works on

films with short shooting schedules, and often brings her children to set with “quilts and colored Christmas lights and art supplies and books to help make it a home away from home.”

Sorvino’s three children and husband Christopher Backus not only kept her company on the set of her most recent film, *Like Dandelion Dust*, but became her inspiration for it. The film tells the story of a woman trying to reclaim the child she gave up for adoption. “I have three beautiful children who I love more than anything else in the whole world, so anything having to do with your children and potentially losing them is very, very personal to me,” said Sorvino. “I didn’t have to do much to get to the emotional place [of my character].”

**How can you keep your spouse and kids happy at the same time?**

### **Cupid’s Advice:**

Keeping all your relationships healthy can be tricky, but Cupid has some ideas on how to keep everyone, including yourself, happy:

**1. Make the time:** It sounds simple, but between finances, chores, personal projects and work, it’s easy to forget to take the time to show your loved ones you care. Set aside at least 30 minutes per day for each person, and worry about other distractions later.

**2. Focus on your bond:** Do something with each family member that’s important to both of you. Whether it’s as simple as watching a show you both like, or chatting together about a shared interest, activities done together will strengthen what makes your relationship unique.

**3. Plan group time:** Your connection with you family is just as important as your individual relationships with each family member. Take the time to plan weekly events, no matter how simple – it will bring the whole family together doing something you all love.

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# George Clooney's Rep Shoots Down Engagement Rumors



George Clooney's on the defense again! The actor's rep has come to his rescue by shooting down a fresh batch of rumors that he has proposed to his Italian model girlfriend, Elisabetta Canalis. The engagement rumors took flight after Canalis was spotted with a ring on a very telling finger, according to [Starpulse](#). Clooney's rep said, "There's nothing to comment on. She likes to wear rings. No more, no less." Although Cupid previously reported that the couple were getting serious, they are apparently still just enjoying each other's company – sans marriage. **Is there a tactful way to get people to stop pressuring you about marriage?**

## Cupid's Advice:

**1. Point out the divorce rate:** A great way to get your friends and family to lay off about the future of your relationship is to give them some valuable information – the divorce rate.

With the statistic at a healthy 40 percent, point out that you'd rather be sure of what you want than end up in splitsville.

**2. Remind them it's your life:** The bottom line is that the people you are close to only want what's best for you.

Tactfully remind them that you're capable of making your own decisions ... and mistakes. Let them know that you're happy and that you'll do what you feel is right for you.

**3. Ask them if they trust you:** When friends and family are pressuring you into marriage, you may feel like they don't trust you to make the right choices for yourself. Let them know that their distrust is hurting you, and they may think again before forcing their views onto you.

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# Spencer Pratt Shaves His Beard for Heidi





## *The Hills*

stars Spencer Pratt and Heidi Montag have had their share of ups and downs. After deciding to divorce, Pratt admitted to TMZ that he didn't take proper care of himself. [Digital Spy](#) now reports that he wants to clean up his image because the couple are "spending more time together." Shaving his beard seems pretty minor considering the changes his estranged wife went through for him. Multiple plastic surgeries later, Montag has bigger breasts, a thinner nose and fuller lips. But Pratt says he would [shave his beard](#) if it meant getting back together with Montag. "I'm really sorry to see it [his beard] go... For months it was my only friend, and a perfect place to save leftovers," he joked. Pratt and Montag fueled reconciliation rumors after the pair were spotted together in Los Angeles recently. **Should you change your image for love?**

### **Cupid's Advice:**

**1. Be yourself:** If you find yourself changing your image just to please your partner, you're probably in an unhealthy relationship. You should look the way you want to look. If your beau doesn't like it, find someone who does.

**2. Get some therapy:** Sometimes people change their look after a breakup as a way to start fresh. Unless it's something drastic that you'll regret later, go ahead and get a new

haircut or new wardrobe if it helps you get over him and move on.

**3. Do it for you:** It's fun to change up your style, but the bottom line is that you should do it for yourself. Your appearance is a big part of who you are, so do what makes you happy.

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## Katy Perry's Vegas Poolside Bachelorette Party



Katy Perry

officially said goodbye to her single days as she celebrated her bachelorette party this past weekend, reported [People](#). To commemorate her upcoming marriage to comedian and actor

Russell Brand, Perry arrived at the Las Vegas Hard Rock Hotel Beach Club with her BFFs in tow, including singer Rihanna. After some poolside fun, the bachelorette and her entourage packed into a Hummer limo for a trip to Cirque du Soleil's KA show, where they made sure to congratulate the cast. Bar-hopping at places like XS Nightclub and Sapphire soon followed. Keeping it short and sassy as usual, Perry tweeted, "Signing up for a liver transplant now."

## **What are some creative ideas for bachelorette parties?**

### **Cupid's Advice:**

Your bachelorette party should be a fun, and memorable experience. Cupid has some suggestions to make it unforgettable:

- 1. Awesome 80's prom:** If you're in the New York City area and looking to relive the days of teased hair and spandex, Webster Hall's Awesome 80's Prom may be just the thing to make your party perfect. Remember, "girls just wanna have fun"!
- 2. Times Square:** Where better to say "bye-bye" to your single life than the "center of the universe": Times Square. There's nothing that Times Square doesn't offer! From great food to great live music venues, to happening nightclubs with flashing strobe lights, you're bound to have a memorable time.
- 3. Viva Las Vegas:** Sometimes sticking with tradition is the best answer. Vegas has been one of the top bachelorette party scenes for years. If the future Mrs. Brand chose Sin City for her last night of singledom, then it may be a good place for you to consider too!



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# Kim Kardashian and Miles Austin Take a Break



Brunette bombshell

Kim Kardashian has split from yet another NFL beau. [RadarOnline](#) reports that the reality TV star is taking a break from Dallas Cowboys boyfriend, Miles Austin. Even though Kim once said that she'd never date another football player, Cupid has reported on her tendency to date the same type. As with her split from ex-beau Reggie Bush, Kim is spending some time alone post-breakup. A source close to the couple said that the pair split before Kim departed for a European trip to promote her E! show *Keeping Up With the Kardashians*. "It's typical after a breakup for Kim to take some time by herself," the source told RadarOnline. "When she broke up with Reggie, she went to Mexico and now after her break with Miles she went to Europe."

## Is it healthy to go on vacation right after a breakup?

### Cupid's Advice:

After calling it quits, you often need time to yourself to think things over, and sometimes a vacation is the best bet.

Cupid has some reasons it may be okay to take a break after a break-up:

**1. Vacate your life:** Separating yourself from your life back home gives you the time and space you need to mull things over and figure out what went wrong. Leaving your everyday routine can give you a fresh perspective on what you want out of a relationship.

**2. Spend time alone:** Going away by yourself can help you avoid jumping into another relationship right away. Being alone will remind you how self-sufficient and independent you can be.

**3. Have fun:** After you've spent a considerable amount of time thinking about your relationship, forget it! Enjoy your break, and go all out doing things your ex never wanted to do with you.

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## Jesse James' Ex Says He Turned Their Daughter Against

# Her



Jesse James' awful summer got even worse recently when his ex-wife Janine Lindemulder filed a motion against him over their daughter, 6-year-old Sunny. Lindemulder, a former porn star, lost custody of her daughter last year after being jailed for tax evasion. Now, she claims that James, host of *Monster Garage* and ex-husband of Sandra Bullock, is trying to turn Sunny against her. In the filing obtained by [Us Weekly](#), Lindemulder claimed that since James moved himself and Sunny to Austin, Texas, she hasn't spoken to her daughter in seventeen days. She claims that before the move, her daughter "was distant, confrontational, disrespectful and accusatory." James has disputed his ex's claims, saying that he has not interfered with Sunny and her mother's relationship. "[Janine] is not stable, and acts impulsively and contradictory," said James in his response. "[She] sounds ...as if she is drinking or taking drugs again."

**How do you keep children out of a messy breakup?**

## **Cupid's Advice:**

Breakups are hard on everyone, especially those closest to the pair involved. Keeping the rest of your relationships healthy is essential after a messy breakup. Cupid has some tips on how to keep children out of the heartbreak:

**1. Find an outlet:** Choose a close friend whom you can confide in, rather than saying something you'll regret to your children. You can also try a stress-relieving hobby or activity to take out your negative emotions on, so that you can avoid dumping negativity on your kids.

**2. Be honest:** Once you have gotten your negative feelings out elsewhere and are in a thoughtful place, keep your kids informed. Don't say anything you might regret, and be mindful of their ages. That way, they will be able to make their own informed decisions and opinions on the matter without feeling trapped in between you and your ex.

**3. Be watchful:** If it's still safe and healthy for your child to be around your ex, let their relationship continue. If there are any signs that your ex has become unstable or the relationship is souring, as with Lindemulder's erratic behavior, seek professional counsel and slowly transition your child out of your former flame's life.