

Avril Lavigne Parties With Boyfriend AND Ex



If you think you and your new beau can't be friendly with your ex, think again. [People](#) reports that Avril Lavigne and boyfriend Brody Jenner recently partied with Lavigne's ex-husband, Deryck Whibley of Sum 41. Even with her ex nearby, the pop star and her reality-TV boyfriend couldn't keep their hands off of each other at the Hollywood club. Reports say that Lavigne, 26, and Jenner, 27, were kissing and snuggling up to each other all night after Whibley, 30, spent some time chatting with them at their table. The PDA-friendly twosome have been together since the spring. Here's hoping that the couple that parties together (with an ex), stays together!

How friendly should you be with your partner's ex?

Cupid's Advice:

While it might seem difficult to befriend the person who let your partner go, there might be some benefits to being friendly with your boo's ex. Cupid has some tips on exactly how friendly you should be:

- 1. Watch and learn:** Use your sweetie's relationship with his or her ex as a guide to show you how friendly to be. It won't do any good to become best friends with the person your partner swore to never talk to again.
- 2. Don't get discouraged:** Befriending your mate's former flame provides a great opportunity to commiserate about your partner's bad habits and stupid jokes. But don't let the ex poison your mind when they talk about your partner's role in the failure of their relationship. Every relationship is different, and history doesn't always have to repeat itself.
- 3. Keep a safe distance:** An ex may befriend you or your partner because they still have some leftover feelings for your beau. Make sure to keep them at arm's length, and learn their true intentions before being too welcoming.

Jersey Shore's Ronnie Regrets How He Treated Sammi





Jersey Shore's Ronnie Ortiz-Magro is full of regrets for cheating on girlfriend, Sammi Giancola, during filming for season 2 of their hit reality show. "When I saw myself in the club with those girls [it] was, 'Wow, you're the man right now at the club. You look f--ing awesome,'" he told MTV. "And then when I go home to Sam, I'm like, 'Wow, I'm embarrassed. I'm ashamed of myself. I'm embarrassed about what I did to her.'" Ronnie may be acknowledging that what he did was wrong now, but castmates Snooki and J-Woww originally let the news slip to Sammi about his indiscretions in a telling note. It seems that Sammi has been able to at least partially get over Ronnie's mistake, though, as she only has good things to say about him. "I think he is actually really trying to show me the good instead of the bad," she told MTV last month. "That's what I hold on to all the time."

Is it okay to forgive your mate after he/she cheats?

Cupid's Advice:

Sometimes cheating is considered a one-time end-all in a relationship. Well, it's definitely true that the trust

between a couple is severely damaged when one partner cheats on the other, but it's not always necessary to call it quits after an indiscretion. Cupid has some things to consider before making a definitive decision:

1. Forget your pride: Before making a decision on whether you're capable of forgiving your mate after he or she cheats, it's important to keep your pride out of the equation. A relationship isn't about what looks good to the outside world. Consider only what you think and how you feel about the matter, and go from there.

2. Consider the details: There are various types of cheating, with differing types of meanings attached. Talk to your partner, and try to figure out why he did what he did. Is he unhappy in your relationship? Was his judgment impaired at the time? Did it mean anything?

3. Love: Here's the ultimate question: do you love your mate? If the answer is "yes," it becomes even more important to thoroughly think things through before making a rash decision. It may or may not be true that "love isn't everything," but it's certainly a very important thing to consider.

Bradley Cooper and Renée Zellwegers' Cold Outing





Longtime couple Renée Zellweger and Bradley Cooper were caught by paparazzi as they left restaurant Katsuya last week. Before dinner, the couple had attended CAA's Young Hollywood charity event at MyHouse, but refused to pose for photos. The cold atmosphere lasted the rest of the night, reports [E! Online](#). A source claimed that the couple were "not affectionate at all" during dinner, a claim bolstered by a video of Zellweger and Cooper leaving Katsuya. Cooper allowed for another man to escort Zellweger down a staircase, and was blown off by Zellweger when he tried to open a door for her. Is there a possible reason for the couple's cold outing? "The studios aren't happy that their movie *Case 39* took so long to premiere," reports the insider. "They're trying to get publicity going." **How can you tell if your partner has ulterior motives?**

Cupid's Advice:

If your beau has ulterior motives in your relationship, he is probably very clever, but he can't hide all of the signs of his deception. Cupid has a few that you should be able to pick up on:

1. He's not attentive: The next time the two of you are out to dinner, see if he's really listening to what you're saying. If he frequently loses focus, it may mean that he's bored with the relationship and is only sticking around for other reasons.

2. Favors: If you find that you are always the one paying for meals, giving him rides and doing other favors for him, then it's time for a change. Talk to him about your worries, and if he stops mooching off of you, then you know he's honest.

3. Pick-up lines: Next time you're at a bar or a party with some friends, be careful about which guys you approach. The ones who immediately compliment your looks are probably only lustful.

Rachel McAdams With New Beau Michael Sheen?





Actress Rachel McAdams has recently been spotted with *Midnight in Paris* co-star Michael Sheen, according to [People](#). The actress, who just finished work on the film clearly left an impression on her costar! “All my scenes were with Rachel,” said Sheen. “Yeah, we had a great time in Paris. She’s a genuinely lovely lady as well as being stunningly beautiful and very talented so, you know, she’s got it all going on there.” The pair were spotted together at an after-party at the Toronto Film Festival, and were again seen later on in the evening holding hands as they walked around Toronto (McAdams’s home town). **When should you take your relationship public?**

Cupid’s Advice:

You have a new boyfriend, and things are going great. You are pressured to tell your friends and family, and feelings of insecurity and worry start to surface. Deciding when to make your relationship public can be difficult. Cupid has a few tips to help you take the next big step:

1. Analyze potential: Before telling your friends and family, make sure to analyze the relationship. Be brutally honest

with yourself. Do you see the relationship going anywhere? It's fine if you're happy with a fling, but your parents might not be so thrilled.

2. Get approval: Before announcing your love to the world, try asking a handful of friends what they think. A true friend will point out things that aren't obvious to you. But if your friends think you make a good couple, then go ahead and tell the world how you feel.

3. Look at your pasts: If you and your boyfriend both have a history of dating numerous people with little down time in between relationships, then take it slow. You don't want people to get the wrong idea. Start the relationship off on the right foot, with all of your friends and family taking the relationship as seriously as you are.

Paris Hilton Plays Mom to Cy Waits' Daughter





We are now seeing a softer side to the Bonnie and Clyde-like romance between heiress, Paris Hilton, and nightclub tycoon, Cy Waits. [RadarOnline](#) reports that Hilton has become a stand-in mother of sorts to Waits' seven-year-old daughter, Shea, from a previous relationship. This baby mama drama is a far cry from when Hilton and Waits made headlines in August.

Waits was arrested for drunk driving and Hilton for possession of cocaine on the same night. Perhaps this couple is turning over a new leaf! Though not officially a step-mom, Hilton previously stated, "I look after animals, so I'd have a lot to give my kids."

Can having a connection with your partner's children make your relationship stronger?

Cupid's Advice:

You can't trust just anyone to raise your child, but you must eventually trust your partner with your children if want the relationship to grow. Cupid has some things to consider:

- 1. Part of the family:** When a relationship where children are

involved starts to get serious, the significant other usually becomes an honorary family member, making appearances at birthday parties and Thanksgiving. Being invited to these occasions is the first step in becoming a permanent part of a child's life.

2. The baby connection: Sharing the ups and downs of raising a child as couple is a great way for you to bond with both your partner and their kids. By connecting this way, you can get a feel for who your partner really is and what his or her daily life is truly like.

3. Parenting is hard work: Kids may seem cute at first, but don't be fooled. Nights on the couch waiting cartoons may be replacing your nights on the town if you choose to be with someone with children. Be prepared!

Julianne Hough Denies Ryan Seacrest Engagement Rumors





Despite flying rumors, former *Dancing With the Stars* pro Julianne Hough and E! icon Ryan Seacrest are not headed down the aisle – yet. In fact, when asked about buzz that Seacrest proposed, Hough laughed and told *Entertainment Tonight*, “Well, that’s news to me, and I think it’s news to him.” Although the pair won’t be hearing wedding bells anytime soon, things do seem to be heating up. In reference to the couple’s summer European vacay, Hough remained mum on matters of the heart, but did admit that one of the best parts of the trip was, “Eating, eating, eating, eating.” But for now, the wedding caterers are on hold. **Why is labeling your relationship important?**

Cupid’s Advice:

Of course your relationship is more than a label, but there’s definitely some security in knowing what you are to the person in which you’re interested. Cupid has some reasons that putting a name to your relationship may actually be for the best:

1. Convenience: It can be confusing to the outside world if

you refuse to label your relationship. The terms 'boyfriend' and 'girlfriend' may not mean a lot to you, but it sure does make it easier for everyone else if they know they can refer to you as a couple.

2. Commitment: Often with a new label comes a fresh commitment. If you're not sure how your mate views your relationship, it can be tough to know how to act within it. Defining where you stand is a way to say, "I want you, and only you."

3. Security: It can make you feel very insecure if you aren't sure how to define you and your partner's relationship. Moral parameters tend to get blurry, as you're not sure what is allowed and what's not: what's right and what's wrong.

Rumer Willis & Micah Alberti Are No More





Demi Moore's famed daughter Rumer Willis and beau Micah Alberti have called it quits, reports [People](#). But Willis isn't letting a breakup get her down. She was seen celebrating her 21st birthday at Tao in Las Vegas last weekend. Sources say Willis was dancing and having a good time: even chatting up *Glee*'s Mark Salling. It seems Willis has chosen laughter over ice cream when it comes to getting over her ex.

Is it necessary to “prove” you’re over your ex?

Cupid's Advice:

Rumer Willis' exciting 21st birthday may have been the extra boost she needed post breakup. Girls are often expected to maintain a low profile the first few days after a breakup, but going out and clearing your head with some friends and good music could be just the thing to let the world know you're okay:

1. A catch-22: Staying in post break-up is definitely the way to play it safe. Friends understand and are willing to keep you company while you mourn the end of your relationship.

Although it's healthy to get out and distract yourself for a night, having too good of a time might send others the wrong message. Create a balance by giving yourself time to grieve as well as time to smile.

2. True to yourself: You don't have to prove to anybody that you're over your ex. If you find yourself going out on endless party binges, take a step back and ask yourself if you're just trying to prove to yourself that you're over him. If the only person who needs convincing is you, perhaps it's time to call it a night.

3. Small-town girl: It seems to be nature's evil sense of humor that we always run into our exes when we're either looking our worst or right after a breakup. If it's the latter, keep your head held high. Smile politely and excuse yourself from the situation. By sticking around and exerting your "I'm over him" mantra, it may do more harm than good.

Are Chelsea Handler & 50 Cent Dating?





The unlikely duo of Chelsea Handler and 50 Cent are rumored to be dating, reports [US Magazine](#). The two were photographed looking romantic at a bar in New Orleans last weekend. A source confirmed the relationship and says, “It’s been going on awhile... It’s more of a hookup thing – whenever they are in the same town.” **How should you handle criticism for dating someone considered different from you?**

Cupid’s Advice:

An unlikely pair or not, who are we to judge? Just because the consensus is that the two of you are opposites, that doesn’t mean you can’t make it work. Cupid has some tips to help you block the noise and just enjoy each other’s company:

1. Just the two of us: Grover Washington, Jr. had a good point in his Grammy winning song “Just the Two of Us.” When it comes down to it, it only matters how the two of you feel about each other. Yes, approval from family and friends is always nice, but the fact that the two of you found something special in each other is what really counts.

2. Embrace the differences: We’ve all heard it a million

times: opposites attract. Dating someone different can help you open your eyes to a whole new world. You can learn from each other and balance out each other's personalities.

3. Step back and listen: While it might be exciting dating someone different, you don't want to let the allure of it all shadow the fact that it might not be a great idea. If family or friends have something to say, listen, but take it with a grain of salt. An outsider looking in might be able to see something you don't.

Tiger Woods Porn Mistress Threatens to Kill





It doesn't look like the drama surrounding pro golfer Tiger Woods will end any time soon. Devon James, a porn star who admitted to an affair with Woods, apparently threatened Joslyn James, another of Woods' mistresses, in an e-mail sent to a mutual friend obtained by [RadarOnline](#). Joslyn accused Devon of stealing from her during the filming of a porn-flick about their affairs with Woods. The accusation prompted Devon to chastise the friend for not seeing through Joslyn's "bulls*t" and threatening, "Trust me I swear to you I will kill over this."

What are the repercussions of cheating?

Cupid's Advice:

Cupid knows cheating doesn't always end in death threats, but it usually ends in someone getting hurt. Here are some of the most common results of infidelity:

1. Loss of trust: Your partner may worry that you're cheating every time you're not together, and this added stress could show itself in more fights, less togetherness, and a faster

breakdown of the relationship.

2. Create feelings of revenge: Your partner may feel that there is now an unfair imbalance in the relationship, where one partner got something the other didn't. This could lead to deep-seeded feelings of revenge that could break apart a once-stable relationship.

3. Messy breakup: Cheating can break apart couples, but because it causes negative feelings and involves taboo topics, it makes the breakup difficult to talk about with family, friends, or children the couple may have together. This can lead to bitterness and internalized anger, thereby hurting both parties even more.

Kim Kardashian is Single in the City





Many changes are happening famed reality star Kim Kardashian's high-profile life. Along with moving to New York City for the new series *Kourtney and Kim Take New York* set to premiere in January, for the first time in a long time, this Kardashian sister is also single. Since the socialite is known for both her curves and arm candy, such as ex-boyfriends Reggie Bush and Miles Austin, her new relationship status is somewhat of a surprise. According to [RadarOnline](#), Kardashian recently spoke with Ryan Seacrest on KIIS FM show and confessed that she needed to get away from her usual routine. The relocation couldn't have come at a more perfect time! She then bravely announced, "I'm officially on my own... now I'm the single one in New York!"

How do you find love in New York?

Cupid's Advice:

Every year, countless singles bravely leave their small town lives behind in search of love and success in the Big Apple. Unlike Kim Kardashian, however, most newcomers to New York City aren't armed with a high rise apartment or on V.I.P.

guest lists. Even with the glitz and glam of the celebrity life, New York is by far the hardest place to find love, but the best place to be in love:

Related: [Enjoy The Big Apple](#)

1. Never turn down an invitation: Living in a big metropolis like NYC can be tiring and overwhelming much of the time. Though you may feel like giving up, force yourself to get to even the smallest of events, such as your friend's housewarming party. Though everyone seems to fixate on high-end bars and four-star events for meeting their next lover, some of the biggest connections are made far more casually. Don't miss out!

2. Become self-sufficient: If you don't meet anyone right away, really get to know yourself. Though it has an incredibly high population, New York can be a very lonely city. Don't be afraid to be alone. Take this time to focus on hobbies or your career. Who knows? You could end up meeting your next partner that way.

3. Explore new places: Even in a city with countless things to do, it's very easy to get stuck in the same routine and going to the same places week after week. Explore a different part of the city for once, even if it means having to take an extra subway ride. You are never going to meet anyone new if you don't branch out.

Taylor Swift is Careful About Love



After a hectic couple of years, Taylor Swift graces the cover of *Glamour* Magazine looking like a new, more mature woman. And why not? In the past couple of years, the 20-year-old singer has had to deal with everything from a breakup with actor Taylor Lautner to Kanye West's infamous interruption at the 2009 VMAs. [HollyScoop](#) reports that Swift was especially open about her love life in her interview with *Glamour*, where she said, "I don't seem to have any real strategy or pattern when it comes to love... At times I've been really guarded and careful and afraid to trust someone. But other times, you want to jump in headfirst... I've been careful in love. I've been careless in love. And I've had adventures I wouldn't trade for anything." To hear even more of her honest opinions

about life and love, check out Swift's new album *Speak Now*, out October 25.

Can being too cautious hurt your chances at love?

Cupid's Advice:

Past experiences can teach us to be wary of love, but being overly cautious might lead to missing out on great experiences. Cupid has some ideas about why you should never lose your childish enthusiasm:

- 1. Have no regrets:** Taking chances when it comes to love means giving it your all and not holding back. If you're too afraid to go for it, you might regret it for the rest of your life. If things don't end up working out, at least you know you tried.
- 2. Make a good impression:** Being overly hesitant might give the opposite sex the impression that you're guarded or indifferent. Show you're willing to take risks so people know that you're dedicated to finding love.
- 3. Don't miss out:** Let's face it: by playing it safe, you're missing out on all the fun! You know those "adventures" Taylor Swift talks about? They're what makes life exciting, so go ahead and take a chance!

Nick Jonas Dating Another

British Co-Star?



Nick Jonas sure has a love for Brits. [People](#) reports that Jonas, 18, is getting close with *Les Miserables* co-star Samantha Barks. Barks, 20, was all giggles when asked about Jonas, commenting, “Nick is such a wonderful person...we definitely keep in contact.” Jonas had nothing to say on the subject, politely telling reporters, “I keep that stuff to myself.” The Jo-Bro has been playing the role of Marius since June, and, according to the [Daily Mail](#), has been romantically linked to another one of his co-stars, Lucie Jones. Now, however, Jonas seems extremely happy with Barks. When asked about his love for British women, Jonas merely replied, “They’re great – very kind...[and] very supportive.” **What are important things to consider before entering the dating world?**

Cupid’s Advice:

When you're young and just starting to realize you're attracted to the opposite sex, it can seem like nothing can go wrong. Cupid has some things to consider before jumping into the dating pool:

1. Know the risks: A mistake many young people make when they first start dating is not knowing the risks. There are too many stories of unwanted teenage pregnancies and rape that circulate these days, so it's important to be cautious.

2. Separation: Young people often make the mistake of mixing their private and professional lives. It's important to keep your relationship separate from your career ambitions when you're young. If your relationship ends, your job should not be affected.

3. Peer pressure: Peer pressure is at its peak when you're young. Don't date around just because everyone else is doing it. Only play the field if you feel ready.

Ricky Gervais and Girlfriend Jane Fallon Lose 40 Pounds





Funnyman Ricky Gervais and longtime girlfriend Jane Fallon have lost a total of 40 pounds together through diet and exercise. According to [People](#), the pair say they run about three or four miles daily. While Gervais claims that the 20 pounds or so that he has lost was made possible with little change to his diet, Fallon tells us that he must not be aware of the change in her cooking habits. “He didn’t realize that I was probably feeding him less calories at the same time he was running,” she says. By eating healthy versions of “fat things” and exercising together, Fallon has lost 18 pounds and Gervais, 22 pounds. Perhaps with that kind of dual motivation, we’ll be seeing the two running the Boston Marathon.

Can dieting with a partner help you lose weight?

Cupid’s Advice:

Jane Fallon cooks healthy meals, Ricky Gervais eats them and runs a little bit everyday, and viola, the weight seems to fall right off! Most couples, however, decide together that they want to make a change in their lifestyle and tackle the

issue together:

1. Personal choice: While it seems obvious to have someone there who can motivate you to work hard, not everybody diets and exercises to their full potential with an exercise buddy.

But beware of getting distracted to the point where you're running your mouth more than running on the treadmill.

2. Something new: By having a workout partner, you are more likely to try something new at the gym. Whether it's an aerobics class you never envisioned attending, or trying free weights for the first time, having a partner with you will make the new endeavor less intimidating.

3. The power of two: Trying to think of a healthy dinner option every day can get dull fast. With a dieting partner, you can swap ideas and brainstorm different recipes together.

And when cravings hit, you'll have someone there to help coax you out of eating that Krispy Kreme baker's dozen and indulge in some fresh strawberries instead.

NYC Singles: Let's Play Poker!





Cupid loves Poker. Why? Because eligible single men love poker. That's right NY ladies. If there is one place where you are guaranteed to meet men, it's at a poker tournament. If there is one place where you can meet eligible Manhattan bachelors it's at the charity poker tournament, *Spot at the Table* with poker pro Beth Shak.

When: October 12

Time: 7pm-11pm

Where: Luxe Lounge- Lucky Strike Manhattan
42nd St & 12th Ave

Beth Shak is known for more than just her pretty poker face; she is considered a Red Sole Diva with a very impressive shoe collection (1400 Louboutins to be exact) and will also be a featured millionaire on *Millionaire Matchmaker* next month where Patti teaches Beth tough love at its finest.

The charity in brief detail is four lucky Asylum.com readers get the chance to compete along with Beth in a charity event next Tuesday Oct. 12 at the private Luxe Lounge in the luxurious Lucky Strike Lanes. The winner of the poker game will donate the money raised at the event to a charity of

their choice.

Although donating to charity is a reward in itself, the winning prize is the "Ultimate Bachelor Pack" consisting of a private Social Poker party, Rue 57 gift card and more.

For the event, there will be a private DJ, unlimited bowling in 4 private lanes, billiards, 1 hour open bar sponsored by ZYR vodka, delicious appetizers and of course, a bunch of poker tables. Don't know how to play poker, ladies? It's okay; there will be instructor tables for beginners to learn the basics.

The tickets are an affordable price and will be available through ticketbud.com (\$40 General Admission and \$100 Seat at a Table)

That same evening, Beth will also be filming a feature with German primetime television show, Stars and Stories which airs primetime every Monday on SAT1.

For Ticket Sales: <http://spotatthetable.ticketbud.com/tickets>

For more contest info:
<http://www.asylum.com/2010/09/27/asylum-beth-shak-poker-event/>

**DC Housewives Stars Michaele
& Tareq Salahi Back to
Bankruptcy**



Wacky *Real Housewives of DC* couple Michael and Tareq Salahi, known for questionably attending the White House State Dinner, have filed for bankruptcy yet again. Their company, America's Polo Cup Inc., went under late last month, according to [RadarOnline](#). Tareq Salahi was president of the company that currently owes \$320,000 to a catering company that has sued for non-payment, reports the Northern Virginia Daily. Tareq was also the president of Oasis Winery, which went into bankruptcy last year. It looks like the Salahi's are not having good luck in the business world lately!**How do you support a partner who isn't good with money matters?**

Cupid's Advice:

Money is one of the worst relationship killers. Cupid has some advice on how to deal with your partner's not-so-frugal ways:

1. Talk about it: It's important to discuss what both you and your partner value when it comes to your finances. Serious talks about money are far from romantic, but it's best to get it over with so that financial issues won't haunt your romance down the line.

2. Budget: Working with your partner to *realistically* plot out your expenses is absolutely necessary. Being surprised by a sudden lack of money is never a good thing. Sometimes luxurious candle light dinners or expensive vacations will have to be put aside, but in the scheme of things, it's better than being broke!

3. Work together: Maybe you've discovered that your partner is not as good with handling money as you are. Take charge! Let that be a contribution to the strength of your relationship. Just because your partner isn't great with finances doesn't mean he or she doesn't have plenty of other qualities to bring to the table.

Jennifer Aniston Voted Most Eligible Single Woman





The celebrity with the most scrutinized love life is also the world's most eligible bachelorette. Jennifer Aniston, who counts Brad Pitt, Vince Vaughn, and John Mayer among her exes, was voted the most eligible single woman in the world in a new *60 MINUTES/Vanity Fair* poll. [Us Weekly](#) reports that the 41-year-old actress earned 29 percent of the vote, ahead of Halle Berry (21 percent), Elin Nordegren (15 percent), and Betty White (11 percent), among others. Despite her history of failed relationships, Aniston doesn't want people to pity her. She told *Vogue*, "This whole 'Poor lonely Jen' thing, this idea that I'm so unlucky in love? I actually feel I've been unbelievably lucky in love... I'm right where I'm supposed to be."

Can being labeled as a "single" destroy your chance for romance?

Cupid's Advice:

Being known as an eternal single can actually be a hindrance to finding a serious relationship. Cupid has a few reasons why being sans boyfriend or girlfriend could keep you single:

1. Commitment-phobe: Male or female, when you bounce from one relationship to another without finding anything permanent, people might think you are afraid of commitment. If you're chronically single, you may also give the impression that you're a player and therefore unlikely to settle down.

2. Undesirable: While it can be fun to be single with no attachments, the opposite sex might think it's because there's something wrong with you. Even if that's not the case, people may jump to conclusions or tread with cautiousness if you're always riding solo.

3. Not serious: If you've never been in a serious relationship, it may send a message that you lack emotional maturity. Someone looking for a serious partner may not want to put their heart out there if they feel that the other person isn't able to sustain a long-term relationship.

Joe Jonas Is “Head over Heels” for Ashley Greene





Despite being spotted holding hands at a Walgreen's and on a date at Disneyland, pop singer Joe Jonas and *Twilight* star Ashley Greene have been keeping their relationship under wraps. Recently, a source told [People](#) that "[Joe] is head over heels for [Ashley]. He thinks she is down-to-earth and absolutely beautiful. He hasn't been this into a girl in a long time." The couple have only been dating a few months, but things appear to be moving quickly – rumors circulated that Greene recently took Jonas home to meet her parents.

Why is it dangerous to fall in love so fast?

Cupid's Advice:

You can't help who you fall in love with, but you can control the pace. If things are moving too quickly, the relationship might fizzle before it has a chance to grow. Cupid says proceed slowly for the following reasons:

1. Missing out on the little things: If you rush into a relationship, you may overlook little quirks, pet peeves and the natural process of getting to know one another. Taking

the fast track could have consequences that ultimately destroy any hope for coupledness before you begin.

2. Feelings might not be there: As they say, many people are “in love with love” and will rush a relationship to get to that place. The problem is that when that initial phase is over you may be left with someone who you don’t really love. By taking your time, you’ll have a better chance to get to know one another.

3. It’s all-consuming: Like Greene and Jonas’, a rushed relationship can take up all of your free time and alienate you from the rest of the world. If a split happens, you may find that you have fewer friendships and family relationships to fall back on.

Celeb Stylist Rachel Zoe & Brad Goreski Split





Celebrity stylist Rachel Zoe and her assistant Brad Goreski have decided to part ways, reports [People](#). The amicable split between the two was brought on nearly a month ago when Goreski broke the news to Zoe. He tells *People*, “... there’s a point where either I do it now or I’ll never know what it’s like to spread my wings and soar.” With the duo being used as fodder for her show, *The Rachel Zoe* project, Zoe speaks kindly of Goreski, “I don’t want to hire somebody for the purpose of the show, we just got lucky. No one’s ever going to be Brad to me.”

Is it better to “test the waters” before committing to a relationship?

Cupid’s Advice:

You shouldn’t extend the inevitable by staying in a relationship when one person wants to explore other options. Whether you’re just starting out or you’ve been together for a long time, Cupid has some pointers for determining if your partner (new or old) is ready to settle down:

1. Start slow: Instead of dinner and a bottle of wine on a first date, agree to meet for coffee. People can have a fuzzy sense of belief or communication when alcohol is involved. Keeping it sober can help you get a sense of someone's level of commitment before you pencil him or her in for a Friday night.

2. Following the crowd: If you or your partner are surrounded by friends and family who are in relationships, this may be what's keeping you together. Watching others around you couple up could make you feel like the black sheep if you're the only single one. Explore your partners feelings about being serious and most importantly be upfront with yourself.

3. Be careful: Dating different people can be fun but eventually it could leave you feeling lonely. Before you decide to break it off with someone or say "no" to dating them, make sure that you're ready. Sometimes people break-up and end up regretting it for the rest of their lives.

Josh Duhamel Wants To Be a Dad!





In the romantic comedy *Life As We Know It*, Josh Duhamel plays a new dad, a role he says he'd love to have in real life. According to [People](#), Josh says that getting the chance to play a father is what "initially drew me to" the role. During the New York premiere at the Ziegfeld, he opened up even more saying, that he has "always had a real fondness for kids." In terms of his wife, he says, "She'll be a great mom ... She got to meet [costar Katherine Heigl's daughter] Naleigh on set. It was great." Maybe this is a hint of what's to come for him and Fergie in the very near future!

How do you know if your partner is parent material?

Cupid's Advice:

Not everyone is as eager to be a parent as Josh Duhamel. Cupid has some ideas on how to find out whether your partner will make a good dad one day:

1. Ask him: The best way to determine if your mate is father material is to talk to him about it. Or, try asking him general questions like how many children he wants and at what

age. If he gives you an answer right away, he's probably considered it before and is open to the idea. If he gets a little freaked out, well that should be a clear sign that he's not quite ready.

2. Watch and learn: See how he behaves around your other kids. If being around children comes natural to him he'll most likely make a good daddy to his own. If he seems uncomfortable or indifferent around youngsters, it may be something you should further explore.

3. Meet the parents: Find out if he gets along with his parents. If he's had a bad relationship with his mom or dad, he may need to work out some issues first before he can think about becoming a parent himself.

Funnyman Seth Rogen Proposes to Longtime Girlfriend





According to [RadarOnline](#), *Funny People*'s Seth Rogen popped the question to longtime girlfriend, Lauren Miller last week. After coming back from a family visit in Boston, the actor bent down on one knee to ask for her hand in marriage. Dating since 2004, a source close to the couple reveals that Miller was beginning to give up hope for a proposal.

If your man seems reluctant to pop the question, how can you tactfully find out what he's thinking?

Cupid's Advice:

If you're looking for a ring by spring, perhaps some good old-fashioned subconscious mind tapping will do the trick:

1. Get his reaction: Bring up the subject of marriage indirectly. For example, if a mutual friend of yours recently got engaged, make a casual comment about it, like, "I wonder where they'll have the wedding," or "They look even happier than they did before." Does he unknowingly smile when you say it, or does he roll his eyes? His reaction could be all that you need to solve the proposal puzzle.

2. Channel Josephine Bonaparte: The empress of France knew what to do when Napoleon was dragging his feet. Rumors that she was spending her free time in the likes of powerful, rich men, jolted Napoleon to put a ring on it. By letting your beau know that you're a hot commodity, it could give him just the push he needs to go to the jewelers.

3. The ultimatum: In today's society, things move fast. Technology has caused us to think quicker, act quicker and question things a lot more than we did in previous decades. So, it's no surprise that you may need to ask yourself, "Where is this going?" Pick a time when both of you are alone and relaxed to bring it up. But don't flip out if you don't get the answer you want. Sometimes its better to move on.

'Big Bang Theory' Co-Stars Kaley Cuoco & Johnny Galecki Secretly Dated





Big Bang Theory star Kaley Cuoco has been channeling her spy side. The actress, 24, recently opened up about her undercover relationship with *Big Bang* co-star Johnny Galecki in an interview with [CBS Watch Magazine](#). “We dated for almost two years. It was such a huge part of my life and no one knew about it,” Cuoco said. “This is the first time I’ve ever talked about it, ever. It was a wonderful relationship, but we never spoke a word about it and never went anywhere together.” But why did they keep their love a secret? According to Cuoco, it was because they wanted to protect themselves and their show. Unfortunately, the secrecy proved to be too much and the couple called it quits last winter.

Is keeping a relationship under wraps healthy?

Cupid’s Advice:

There are numerous reasons you may be tempted to keep your relationship off the radar. Maybe your family and friends won’t approve of the person you’re dating, or perhaps you’ve been friends for so long that you’re hesitant to tell the world you’ve taken it to the next level. Cupid explores why

keeping a relationship to yourself may not be healthy:

1. It takes work: Sure, at first it may feel mysterious and exciting to sneak around, but eventually it will get tiring to tip-toe around your friends, family and the old places you normally go. Relationships are hard enough without adding another element of difficulty into the mix.

2. Suppressed emotions: When you keep your relationship behind closed doors, you're keeping your emotions there, too. Suppressing your feelings and happiness to the outside world is unhealthy for your mind and body.

3. Lowers self-esteem: Make sure to evaluate the reasons for your secrecy. If infidelity, or being ashamed of your partner, plays any part in why you are hiding your love from the outside world, it may not be love at all. These types of issues can lower self-esteem and hurt your chance of finding love when the right one does come around.

'Raising Sextuplets' Couple Go Their Separate Ways





It's over for *Raising Sextuplets* stars Bryan and Jennifer Masche. Jennifer has officially filed a petition for separation from her husband, closely following his Arizona arrest at the beginning of September. Police intervened when Bryan allegedly shouted profanities at his wife and threatened to "flatten" his father-in-law. Although he says he's "not a criminal," according to [RadarOnline](#), his wife is going ahead with separation proceedings. Ironically, the Masches were often viewed as more positive role models than reality stars Jon and Kate Gosselin, and were said to have been seeing a relationship counselor prior to Bryan's altercation. It seems that couples with numerous children aren't fairing well in the reality world lately!

What should you do about your mate's bad temper?

Cupid's Advice:

Dealing with your partner's temper can be a difficult task. Cupid has some suggestions:

1. Toughen up: It's never a good idea to provoke someone who's angry, but it's also important to stand up for yourself.

Don't let your partner's rage stifle who you are, how you feel or what makes you happy.

2. Listen to the clues: Learn to listen to your partner when he or she is upset. Yes, you happen to be the target at the moment, but try not to take these blow-ups personally. They are most likely just a way for your significant other to cope with stress and have very little to do with you.

3. Know when to escape: If your partner's bad temper translates into physical or emotional abuse, it's time to say "goodbye" (or "hello" to a counselor who can help). Anger management issues are nothing to take lightly, so don't wait until it's too late to do something about it.

Heidi Klum & Seal Shoot Revealing Music Video





Seal definitely had a lot of fun making the music video for his new single “Secret,” where he and supermodel wife Heidi Klum don their birthday suits – in bed! The single, off Seal’s new album *Seal 6: Commitment*, is about he and his wife’s relationship. “The song, the movie, it’s the story of our love,” said the 47-year-old singer. Klum, 37, told [Us Weekly](#), “I feel so lucky to have found my husband especially at the time when I did.” The pair married in 2005 and have three children together, ages 5, 3 and 1. Klum also talked about what the song means to her. “It’s the story of two people in love. My husband is what I always wanted and never thought I would have.”

How do you know what qualities you need in a partner?

Cupid’s Advice:

Finding “the one” can be tricky, so it’s important to know what qualities you need in a partner if you want the relationship to last. Cupid has some ideas on how to figure out what traits to look for:

1. Look back: Every relationship is a learning experience that gets you closer to finding Mr. Right. Use your past experiences to figure out what qualities you want (and don't want) in a future partner.

2. Use an example: You know that couple that have been together forever and are still totally in love? Think about what makes their relationship last, whether it's honesty, communication, or a sense of humor, and keep those traits in mind.

3. Share goals: Think about what's important to you and look for someone who wants the same things. While your partner doesn't have to have identical goals, being with someone who has similar aspirations and values will ensure a long-lasting relationship.

George Lopez and Wife Divorce After Long Marriage





After 17 years of love, partnership and parenting, George Lopez, host of *Lopez Tonight*, and his wife Ann Lopez have announced they will end their marriage. The couple wed in 1993, and have one daughter, Mayan Lopez. Earlier this year, rumors circulated about Lopez cheating on his wife, but a Lopez rep told [People](#) the decision to separate was amicable and mutual. “They remain dedicated parents, and committed partners in business and their philanthropic organization, The Lopez Foundation,” the rep said.

How do you know when your marriage is over?

Cupid’s Advice:

Though most people vow to remain together “till death do us part,” it may not always work out that way. Knowing when to divorce may save both people a lot of heartbreak and suffering. Cupid has some tips on when to walk away:

1. Harboring anger: Disagreement and conflict is part of any relationship, but when deep seated feelings of anger or hatred cannot be resolved, they can threaten to destroy not only the

marriage, but also both people involved. If counseling or therapy doesn't work, distance may be the only healthy option.

2. Loss of respect: Even if the relationship seems healthy from the outside, if one or both partners lose respect for each other, the relationship is bound to fail. A marriage is a union of equals based on love and respect, and if one of those cornerstones is missing, there cannot be equality in the relationship.

3. Growing apart: It is often inevitable that people will change, but sometimes, that change is too great for a relationship to withstand. If you or your partner is not the same person that said "I do," and it has put a strain on the relationship, have discussions about what has changed and see if compromises can be made before calling your lawyer.