

Mila Kunis and Justin Timberlake Confirm Marine Corps Ball Invitations



Talk about being patriotic! What better way to give back to our armed forces than by going on a date with a Marine? Mila Kunis and Justin Timberlake are doing just that, reports UsMagazine.com.

Kunis, 27, was invited by Sgt. Scott Moore to the Marine Corps Ball in Greenville, NC and Timberlake, 30, was invited by Corporal Kelsey De Santis to the Marine Corps Ball right outside of Washington D.C. The two are both planning to attend the November balls with their dates. Timberlake said he wasn't doing it as a favor, but because, "I don't ever get asked out ever! So I was very flattered by that."

How do you let someone you're not interested in down gently?

Cupid's Advice:

While Justin Timberlake and Mila Kunis were happy to accept their invitations to the Marine Corps balls, sometimes you're just not interested. Cupid has some tips on how to let someone down gently:

1. Make excuses: It may not be the most moral thing to do, but telling a little white lie makes things a lot easier. If someone asks you out and you say you already have a boyfriend or girlfriend, they won't get hurt by your rejection.

2. It's not you, it's me: Instead of saying "I don't like you," just say you're not looking to date right now. This takes the focus away from the person asking you out and puts the blame on you.

3. Honesty is the best policy: If you want to be honest, just admit you're not interested. Tell him or her it's not personal, and most people will get the hint and leave you alone.

What do you think is the nicest way to say "no" to someone you're not interested in? Share your comments below.

Exclusive Interview: 'Bachelorette' Winner Jesse Csincsak Shares Opinions On Celebrity Former

Ashley Hebert's Hometown Dates



Last night on [*The Bachelorette*](#), [Ashley Hebert](#) met the in-laws of the remaining four men: Constantine Tzortzis, Ames Brown, Ben Flajnik, and [J.P. Rosenbaum](#). As she traveled to the contestant's hometown and met their families, her spark grew for some of the guys, while she questioned her relationship and love with others. In the end, she sent Brown home. Here's what *Bachelorette* expert Jesse Csincsak had to say about the episode in our exclusive interview:

Exclusive Celebrity Interview with Jesse Csincsak

Constantine's hometown date seemed so perfect. Do you think he'll be one of the last men standing, or do you think it was

edited to look that way for a reason? Maybe there's something more coming that will shock us!

I think Constantine will be the next to go home. He has a strong connection with Ashley, but it's moving way slower than the rest of the guys, and I think that will be what gets him sent home. I don't think there are any tricks about his edit, but who knows – I have seen crazier stuff!

Do you think it's a red flag that Ben's relationships and love haven't lasted that long and that he's only brought home one other person?

I'm not going to lie – Ben is cool, but I just don't see Ashley moving to central California to be a mellow wine maker's wife. I personally think Ashley would be better suited with J.P. or Constantine, but I am not her.

Do you think J.P. has a jealous streak that could get in the way of his relationship with Ashley? Or will his lack of commitment lead to their demise?

Every guy has a point of jealousy. It's all about how much it takes to trigger that jealous bug. I think they are going to get into some deep conversations next week. Perhaps that's what the walking out of the room scene will be.

Related Link: [Celebrity Pregnancy: Former 'Bachelorette' Emily Maynard is Expecting!](#)

Planning Hometown Date Ideas

Who plans the hometown date ideas? For example, J.P.'s roller skating date – was that his own idea, or did the producers plan that?

The producers do all the planning, but you can tell them what you would like to do – such as snowboarding or go on a horse and carriage. They want it to be activities you would actually

enjoy doing!

How nerve-wracking are hometown dates? Is it true that this is the first time you are physically seeing your family since the show started?

When you go on the hometown dates, you don't even get to stay at your house or see your family except what everyone sees on camera! They make you stay in a hotel two miles from your house, so you can't talk to or see anyone you know. That's why everyone looks genuinely happy to see one another on camera.

Do all the families need to sign a waiver stating that they can't disclose the hometown dates before the season airs? What's the process?

All family members do have to sign a non-disclosure agreement before the contestants even get to their hometown. Once the fifth and sixth guys go home, the producers approach the contestants after the rose ceremony and ask them for the contact information of the person the *Bachelorette* will be meeting on the hometown date. Since the producers do it all, the guys don't get a chance to tell their parents what's going on.

Which of the remaining men do you think is best for Ashley?

Although I think Constantine or J.P. will fit her lifestyle the best, Ben is a great guy too!

Were you surprised to see Ames go? If so, who did you think would leave this week?

I wasn't surprised to see Ames leave. Somehow, I just can't see Ashley sitting by a massive indoor pool and Jacuzzi talking about how amazing Ames is for the rest of her life or being driven around in a horse and carriage by the butlers until she's 80. But then again, that's just me.

Related Link: [Reality TV Star Ashley Hebert Instagrams Amazing](#)

Post-Celebrity Baby Body

In next week's highlights, there's a knock on the door from someone who surprised Ashley by flying to Fiji. Who do you think that might be?

I think the surprise is either Ames or Ryan P.

There is also a scene where her family doesn't feel that one of the guys is right for her, and it looks like she chooses him anyway. Any guesses who that may be?

I think that has to be J.P. or Ben because it's down to the final two when you meet the parents.

Want more Bachelorette insider insights than what our exclusive interview gave? Tune into the Bachelorette Beatdown at 6pm PST every Tuesday on www.RTVZone.com. The Beatdown is hosted by Jesse himself, and he is always joined by notable show alums!

Jennifer Lopez and Marc Anthony Are Ending Their Marriage





Singer and actress Jennifer Lopez, and husband, Marc Anthony, also a singer and actor, have split after seven years of marriage, according to [People](#). “We have decided to end our marriage,” they said in a joint statement. Lopez, 41, and Anthony, 42, married in June 2004 in a private ceremony at Lopez’s Beverly Hills home. They have 3-year-old twins, Max and Emme.

How do you announce your divorce to family and friends?

Cupid’s Advice:

When divorcing, it’s always better to tell your family and friends right away rather than procrastinating. Here are some ways to break the news:

- 1. All at once:** To avoid telling the same story time and time again, round everyone up at once. Invite your soon-to-be ex-husband or ex-wife, and just as you announced your marriage to them, announce your divorce.
- 2. Don’t mind judgment:** Divorce is frowned upon by many people, and this may happen once you break the news to the important people in your life. However, you should overlook any negativity, because at the end of the day, you are doing

what's best for you.

3. Keep it cordial: No matter what the reason for the divorce may be, let your family and friends know that you will be mature about the situation. Keep it civil with your old lover. This should release a lot of the tension in the room and prevent any misunderstandings between your ex-husband or ex-wife and your family and friends.

How did you announce your divorce to your family and friends? Share in a comment below.

'The Bachelorette' Episode 8 Recap: Love Takes Time



By

[Jennifer](#)

Harrington

This week on [*The Bachelorette*](#), Ashley has narrowed the pool to four men for the hometown dates. Coming up are visits with the families of Constantine, Ames, Ben and J.P. Let's see what it was like to meet the in-laws:

First up was food-lover, Constantine and a visit to his family in Cumming, GA. After a cozy chat by a lake, Ashley and her man ventured off to his Italian restaurant. Yes, Greek heritage with an Italian restaurant-interesting combo. Anyway, the heat was certainly on in the kitchen as the lovebirds cooked up some treats. Following their delicious quality time the pair went to meet Constantine's extremely close-knit family. All season, we've known Constantine was a family man, and after his hometown date we can now see why. Ashley not only met his immediate family but the couple was surprised when the doorbell rang and in walked about 20 more extended family members to greet Constantine for a Welcome Back Greek-style dance party. Despite the good times and cool dance moves, Constantine's parents emphasized over and over that love takes time. This seemed to be the theme of the night from most of the families.

Next Ashley flew up to Chadds Ford, PA to spend some time with Ames' family. Our bachelorette has been intrigued by Ames' "uniqueness" all season, and her day with his loved ones did not disappoint. In fact, Ames' older sister compared her brother to an onion with various layers. Speaking of layers, we learned that Ames attended boarding school and was an unpopular student. All afternoon, we heard Ashley (and Ames' family) questioning the spark and passion in their relationship, and despite sharing his motto that "life isn't all fireworks," Ames promised to "step up the romance" with Ashley after the couple shared a picnic, conversation, and carriage ride together.

After two dates on the East Coast, our bachelorette flew west

for her hometown date with Ben in Sonoma, CA where they sipped on wine from his vineyard. After an “effortless” afternoon with her “sexy” long-haired man, Ashley settled in for a relaxed evening with Ben’s mother and sister. Ben’s father passed away several years ago and Ben expressed to Ashley that this process of being on the show has really helped him open up emotionally. He admitted that he had only brought home one girl to meet his family before, which could be a red flag for her. The hometown date was much more intimate than the others and a little more emotional. Ben’s over-protective sister definitely was watching out for her brother’s best interest but overall they seemed to accept Ashley into the family.

Last was J.P.’s hometown date in Roslyn, NY. J.P. treated Ashley to an afternoon of roller-skating, which she loved, remarking that she felt like she was in “seventh grade again. With the disco ball flashing, the chemistry between these two looked pretty heated on the rink. However, they did share some serious talk about why J.P. has been single for so long (Ashley has obviously never lived in NYC where the singles almost outweigh the married couples).

They finally joined J.P.’s family, where the defenses came up initially to protect him. Apparently, his last girlfriend broke his heart. When confiding in his family, J.P. shared that he was afraid to fully admit how he feels for Ashley.

The episode ended with roses going to Ben, Constantine, and J.P. Ames was sent home, eliminated and devastated – while it seemed obvious that Ashley was not able to find any spark with him, he had developed genuine feelings for her.

Join us next week for the exotic overnight dates in Fiji as we journey with Ashley towards the final rose! In the meantime, share your predictions with us – who do you think will be the final two men standing this season? And, if you can’t get enough *Bachelorette*, be sure to check back later today to read *Bachelorette* expert Jesse Csincsak’s take on the episode.

Vanessa Minnillo and Nick Lachey Get Married



When Vanessa Minnillo and Nick Lachey tied the knot on Friday in a tropical paradise surrounded by their nearest and dearest, their guests had no idea what to expect. According to [People](#), their wedding invitations came in the form of a plane ticket with the only instructions being to dress “island chic.” The day of the ceremony, the lucky guests were swept off to a secret island location. On July 30th, viewers everywhere will also get to witness this special ceremony at 9 p.m. ET/PT on TLC as part of the *Nick & Vanessa’s Dream Wedding* special.

What are some creative wedding themes?

Cupid's Advice:

Having a theme wedding is a great way to make your wedding memorable for your friends and family. If you're considering revolving your wedding around a theme, here are some fun ideas:

1. Holiday theme: Have your wedding on your favorite holiday. Valentine's Day is always a popular choice, but having a St. Patrick's Day or Christmas wedding can also be fun.

2. Fire and ice: Even the best relationship can still run hot and cold once in a while. Embrace both the fiery and icy aspects of your relationship with some great decorations. Candles and ice sculptures are a great combination.

3. Wild Wild West: It may not be for everyone, but if you're a honky tonk kind of couple, go for it!

Was your wedding themed? Share your experience below.

Ryan Reynolds Is Dating Charlize Theron





New hot couple alert! Ryan Reynolds, who split from ex-wife Scarlett Johansen last December, has been dating Charlize Theron for months, according to UsMagazine.com. An insider said, "They're both career-focused, but not in a crazy way." Could Reynolds have found his perfect match?

What do you do if your partner's career focus is becoming too obsessive?

Cupid's Advice:

Ryan Reynolds and Charlize Theron may be equally career-driven, but sometimes in relationships, one partner may find the other partner a little too focused on work. How can you handle your partner when their motivation to work hard turns into an addiction and their entire life is centered around work? Cupid has some advice:

- 1. Accept your partner:** It's important to remember that you can't change your partner. If work is central to his or her life, don't try to make him or her negotiate that. Respect your honey's priorities and give him or her space.
- 2. Communicate:** So you want to give some needed space, but you

also want to let him or her know that his or her career obsession is a problem, because it makes you feel neglected. As long as you put the focus on your feelings and emphasize your desire to spend time with your significant other, he or she shouldn't get offended.

3. Help him or her relax: When your partner comes home after a hard day at the office, give him or her a soothing massage and allow them to take their mind off serious matters. Let them indulge in a leisurely activity with you.

Got advice on how to deal with a workaholic partner? Share your comments below.

Olivia Wilde Says She Feels 'Wobbly' After Divorce





Olivia Wilde is back on the market after a painful divorce from Italian prince Tao Ruspoli, reports [People](#). The couple eloped when Wilde was just 18, separated last winter and officially divorced in March. The 27-year-old actress told *Marie Claire*, “The trauma of the whole thing has been humbling, and for the first time, I’m a little bit wobbly.” Although Wilde has been spotted out and about with Bradley Cooper, Justin Timberlake, Ryan Reynolds and Jake Gyllenhaal, she says she’s still single.

How do you get your confidence back after a divorce?

Cupid’s Advice:

Going through a divorce can be so traumatic, it’s easy to lose your confidence. Cupid has some tips on how to get your swagger back after a split:

- 1. One is the loneliest number:** Being by yourself after being part of a couple for so long is one of the hardest parts of a divorce. But it’s important to relish the time alone to figure out who you are without another person to define you.
- 2. No regrets:** When you think back on your marriage, remember the love you had for each other and everything you learned.

This will give you hope that you can find love again.

3. Bounce back: After you've spent some time alone, slowly start getting back into the dating scene. A few successful dates will definitely boost your confidence.

How do you get back to your old self after a divorce? Share your comments below.

Justin Timberlake Is Asked Out By Marine After Mila Kunis



It seems to be a trend. According to [People](#), after Sergeant Scott Moore of the

Marines invited *Friends With Benefits* star Mila Kunis to the Marine Corps Ball, a female Marine decided to follow suit and give it a try with Justin Timberlake. Kelsey De Santis, a Virginia-based Marine, made her own YouTube video, asking Timberlake out to her own Marine Corps Ball, November 12. She added a little catch at the end: "...if you can't go, all I can say is cry me a river." Justin has not yet responded.

What are some ways to get your longtime crush to notice you?

Sometimes the hardest part about starting a relationship is actually catching your crush's attention. Cupid has some advice for you:

Steal the show: Look awesome. No one can resist an exquisite physical appearance. Come on, personality is great, but let's be honest, what do they see first?

Eye contact: Whenever you see that it's appropriate, look your crush dead in the eye. For one, it shows confidence. Secondly, it's the obvious: your crush is bound to notice you if there's some eye contact! Just don't make it awkward

Converse: Strike up a neutral conversation about an easy and relevant topic. Conversation can take a turn anywhere, and it's fun to see where it goes. Put your nerves in the back seat, and just go for it!

Have some tips of your own? Share your thoughts below.

Bar Refaeli and Rumored Beau

David Fisher Go Out in Tel Aviv



Leonardo DiCaprio's ex has officially moved on, according to [RadarOnline](#). The Israeli-born model, Bar Refaeli, 26, was spotted Sunday in Tel Aviv leaving a club with her rumored new flame, David Fisher.

It seems that the stunner, who dated DiCaprio on-and-off for five years, took a hint from her ex's recent fling with the likes of *Gossip Girl* star Blake Lively. He if he can do it, so can she!

What do you do if your partner's partying habits become too much?

Cupid's Advice:

Having fun is one thing, while being addicted to partying on a consistent basis is quite another. Cupid has some suggestions

on what you should do if your partner's partying ways become too much:

1. Evaluate: The first and foremost thing you need to do is assess the situation. Is your significant other just partying more than you would, or does he or she truly have a problem? Either way, if it makes you uncomfortable, it's something you need to confront.

2. Hint: Before coming right out and telling your honey that he or she is a party hound and you can't handle it, try a subtle approach first. If your partner has plans to go to the bar on the weekend, suggest going to dinner and a movie instead. If he or she is planning to hop on a booze cruise, suggest a tamer dinner cruise instead. There are many ways to get your point across without coming right out and embarrassing your significant other.

3. If all else fails, be blunt: Sometimes the best thing you can do is come right out and tell your partner that he or she is partying too much, and it's making you uncomfortable. Often times, your partner may not have known that what he or she is doing is affecting you. Once it's out in the open, you can work on coming up with a solution.

How did you deal with your partner's partying ways? Share your experience below.

'The Bachelorette' Season 7, Episode 8 Preview: It's a

Dance Party!



By Jennifer

Harrington

Preview of Episode 8 of *The Bachelorette* Season 7

Next week on reality TV's [The Bachelorette](#), [Ashley Hebert](#) and her four guys will be returning to the states after a whirlwind tour of Asia. That means it's time for the all-important hometown dates! This week, the bachelorette will be meeting the families of the following men: Constantine Tzortzis, Ben Flajnik, [J.P. Rosenbaum](#), and Ames Brown. Creating a solid relationship with the family is a critical step in *The Bachelorette* process, and the sneak peek promises that Hebert will immediately feel at home with Tzortzis's family. After remarking "I love your family, and I'm moving in," the bubbly brunette is treated to a "Welcome Home,

Constantine!” dance party with the Atlanta native’s extended family. If Hebert is looking for a relationship and love with a family man, maybe this is it – after all, Tzortzis says that family is an “integral part” of his life. Could he be the winner of *The Bachelorette* season 7?

Related Link: [‘The Bachelorette’ Battle Begins as Season 11 Promo is Released!](#)

Tune in next Monday night at 8/7c to see how the guys do during the hometown dates and to find out who will be moving on to the fantasy suite and overnight dates. As always, when you’re watching, feel free to send us your questions about the episode for our resident *The Bachelorette* expert, Jesse Csincsak!

Halle Berry’s Stalker Is Arrested





It's been confirmed!

Halle Berry's alleged stalker was arrested on Monday night. The actress' private security agents apprehended James Franco after he jumped over the fence of the Berry's West Hollywood home. The LAPD informed [Access Hollywood](#) that this was the second time the man had trespassed on the star's property. Franco has been in custody since Tuesday morning.

How do you deal with someone who has an obsessive crush on you?

Cupid's Advice:

We all love to be loved, but being in the spotlight all the time can be overwhelming. Cupid has some advice for dealing with those who like us excessively:

1. Avoid them: It may seem obvious, but do it. If someone is majorly crushing on you and you don't feel the same way, try to spend less time with them at all costs. It may help him or her get over you. If you're too nice and spend too much time with him or her, it could give the wrong idea.

2. Be upfront: Don't be ambiguous. The last thing you wanna do is lead him or her on. Communicate your unavailability by

mentioning telling things, for example, how you're really into a person you just started dating.

3. Don't be hurtful: Unrequited love is no fun. Although you may never have been "obsessed" with anyone, chances are that at some point you liked someone who turned you down. Don't be pretentious with whoever it is that is showering you with attention. Let him or her know that you're not interested, but do it in a considerate way.

Have any advice for dealing with obsessive stalkers? Share your comments below.

Miranda Lambert and Blake Shelton Sneak In Alone Time at Kid Rock's Bash





She's a little bit country, and he's a little bit rock and roll. Miranda Lambert and her hubby attended a party for pal Kid Rock at the Hotel on Rivington in New York last weekend, reports [People](#). Lambert and Blake Shelton, who were married in May, even found some alone time at the blow-out bash. After spending some time schmoozing with the 200 guests at the party, the couple was spotted sneaking away to enjoy the New York City skyline from the rooftop terrace.

Where can you take in some romantic views as a couple?

Cupid's Advice:

Make the most of the time you spend with your partner by visiting someplace new and enjoying the scenery. Cupid has some ideas on where you two can enjoy some spectacular views as a couple:

- 1. On the roof:** Miranda Lambert and Blake Shelton had it right when they snuck off to the roof to enjoy the beautiful New York skyline. Lots of bars and restaurants now have rooftop terraces open during the summer.
- 2. On top of a mountain:** If you and your mate like to get physical, try climbing a mountain together. Whether it's in

the Southwest or the Far East, you'll feel a sense of accomplishment when you reach the top and enjoy the gorgeous scenery together.

3. On the water: Another way to take in a view of your favorite city is by taking a cruise on the nearest river or ocean. Alternatively, you can enjoy the great outdoors and some romantic scenery by canoeing, kayaking or boating on a lake in the middle of nowhere.

**Where do you go to enjoy a romantic view with your partner?
Share your comments below.**

Mila Kunis Agrees to Go On a Blind Date With a Marine





Want a date with a celebrity? It turns out it's not quite as far-fetched as you may think! Actress Mila Kunis has taken us all by surprise by accepting a blind date offer from a soldier currently serving in Afghanistan, according to [People](#). Sgt. Scott Moore, of the 3rd Battalion 2nd Marines, posted a video of himself asking Kunis to the Marine Corps Ball November 18th on [YouTube](#).

Kunis wasn't originally aware of the invitation, but as she and her *Friends With Benefits* co-star Justin Timberlake were being interviewed by Fox News, Timberlake encouraged Kunis to accept the offer. He said, "Have you seen this? Have you heard about this? You need to do it for your country." In reply, Kunis said, "I'll do it."

What are some ways to make a blind date more comfortable?

Cupid's Advice:

Blind dates can often times be incredibly awkward and uncomfortable. There's undoubtedly a lot of pressure involved. Cupid has some ideas on how to make your next blind date more comfortable:

1. Talking points: It sounds like overkill, but one way you can make sure there aren't many awkward pauses in conversation on your blind date is by coming up with a list of talking

points before you go. AskMen.com has a great [list of 10 first date conversations](#).

2. Double date: If one of your friends set you up on your blind date, have that friend bring a date and come with you. Having someone you know there as you meet your new potential mate will put you more at ease.

3. Keep it casual: Instead of spending your blind date at a fancy restaurant, go to your favorite hole-in-the-wall diner. Wear jeans, and say “no” to high heels. If you’re physically comfortable, it’ll help you become more emotionally calm.

What’s the worst blind date you’ve ever had? Share your experience below.

‘Teen Mom’ Star Farrah Abraham Thinks About Giving Up Modeling for Daughter





It looks like *Teen Mom* star Farrah Abraham is learning exactly what it's like to be a parent to her 2-year-old daughter Sophia. Abraham, who recently went under the knife for a breast augmentation to aid in her modeling career, is now having second thoughts on her career choice, according to UsMagazine.com. In a preview clip airing Tuesday, Abraham said that she's nervous about leaving Sophia when she has to go away for photo shoots. When her mom Debra asked her about how she felt on her most recent trip, she said, "I was really sad but I kept it professional; I definitely think it's hard being in modeling and being a mom."

What are some sacrifices you need to make when you have a child?

Cupid's Advice:

Every parent has to make some sacrifices when it comes to raising their child, and some sacrifices hurt more than others. Cupid has a few sacrifices you may need to prepare to make when you have a child:

1. Dream career: If your fantasy career involves a lot of traveling or late hours, it may not be the best career path for you if children come into the picture. You don't want your child to feel alone or neglected, so unless there's

absolutely no way to cut back at work, your best bet is to choose a different profession, or at least a position with more flexibility.

2. Not as much 'Me' time: Before having children, you may have been used to going to your morning yoga session, then stopping by the cafe for a cappuccino, then meeting up with the girls. When you have kids, this isn't your everyday reality. Yes, you can most certainly schedule some 'me' time, and most moms do, but there's no longer 'me' time ... all the time.

3. Financial freedom: Once you have a child, money is a very important issue. You can most likely no longer buy a pair of shoes on a whim, and you must consider bills and expenses that a child brings.

What are some sacrifices you made when you had a child? Share your stories below.

Ashlee Simpson and New Beau Vincent Piazza Pack on PDA





Pete Wentz's ex was spotted cranking on the PDA with new boyfriend Vincent Piazza during a brunch date in the Big Apple on Sunday. Ashlee Simpson was visiting Piazza in New York a month after he had visited her in LA. An insider told UsMagazine.com, "Vincent's a chill guy, very artsy, the quiet type. He likes her."

How do you overcome the struggles that come with a long-distance relationship?

Cupid's Advice:

- 1. Trust:** Spending time apart can present itself as a challenge for a couple's commitment. This means that you and your partner both need to trust each other in order for the relationship to survive. If either one of you gets paranoid, there's going to be trouble. But if your trust can tolerate the long distance, it'll make your relationship grow stronger.
- 2. Communicate:** Fortunately, contemporary media enables us to overcome geographical barriers. So, being physically apart does not mean you can't still interact on a daily basis. It's important to frequently keep each other in the loop.
- 3. Be romantic:** Ironically, it's likely that your distance has

brought you closer. Not being able to see each other every day will hopefully teach you to appreciate each other's presence. So when you do have a chance to reunite, take advantage of it and express your love for each other.

How can you handle the time apart from your partner? Share your ideas!

Victoria and David Beckham Welcome a Baby Daughter



It's a girl! David and Victoria Beckham welcomed Harper Seven Beckham Sunday morning in Los Angeles. UsMagazine.com reports that Baby Harper is the first girl for the soccer star and his bride. Her numerical name refers back to David Beckham's jersey

number when he played for Manchester United in England. David Beckham also explained that the trio of boys helped pitch some ideas for their sister's name. "Romeo was like, 'What about Justine Bieber Beckham?'" he said.

How do you make your children feel involved in a new sibling's life?

Cupid's Advice:

It's difficult for children when their new siblings come home, as they typically feel that the spotlight shifts away from them. Here are some suggestions to help your children share the spotlight:

1. Note: Have your children, if possible and not past their bedtime, at the hospital present and meet their new sibling as soon as possible. This helps your children feel special because they were part of the delivery process.

2. Naming: Similar to Romeo Beckham, have your children help pick names for their future sibling, which will give them a sense of pride if you pick (or seriously consider) their suggestions.

3. Nurture: Whether it's doing chores around the house or teaching them how to change diapers, your kids will do well and feel a part of their brother or sister's life if you let them become involved.

How did your children become involved in their new sibling's life? Share your experience below.

Jewel and Ty Murray Welcome a Baby Boy



Looks like Jewel will be singing lullabies to her new baby boy, Kase Townes Murray. Jewel, the co-host of Bravo's new hit show 'Platinum Hit' found out she was pregnant the first day of filming for the show, according to [People](#). The singer was overjoyed when she found out she was expecting a child with Ty Murray, because she was having troubles conceiving. Unfortunately, she was involved in an accident where she was hit by a fire truck back in March while 5 months pregnant. Luckily, she and her unborn child were unharmed and the rest of her pregnancy was easy sailing!

How do you deal with pregnancy side effects at work?

Cupid's Advice:

Being a career woman and a new mom is definitely a lot to

handle, and when you throw in some side effects from the pregnancy, forget about it! Cupid has some tips on how to deal with pregnancy side effects at work:

1. Focus on work: Don't let the side effects of your pregnancy get to you. If you're distracted by your work, it will help to forget your upset stomach (and other aches/pains).

2. Try some different techniques: If you feel like you're dealing with a lot of side effects from your pregnancy at work, try to do some simple relaxation or breathing techniques to keep your mind off of the symptoms.

3. Embrace them: Yes, maybe having morning sickness or undeniable cravings can be rough at work, but embrace them and accept that it's all part of motherhood. It will be a lot easier to cope with them if you're willing to acknowledge that it's all worth it in the long-run.

What are some ways you deal with pregnancy side effects at work? Share your thoughts below!

Prince William Says He's 'Not a Good Loser'





As part of their visit to California, Prince William and Kate paid a visit to the Santa Barbara Polo & Racquet Club in Carpinteria this Saturday and played in a polo match. Before he played, William gave a brief speech in which he jokingly admitted he's "not a good loser," according to [People](#). The Duchess smiled and clapped as her Duke went on to score four points for his team, which won four to five.

How do you handle your beau's competitive side?

Cupid's Advice:

Having a competitive partner can be tough, especially if you're not into the whole "winning" shebang. If you've ever been in this situation, you probably know how hard it is to tolerate your boyfriend or girlfriend's competitive spirit. Cupid has some advice for easing off the stress:

1. Be supportive: Take a hint from Duchess Kate and cheer your partner on as he or she engages in competition. You may be tempted to avoid that tennis match your sweetie takes way too seriously, but don't. Show you're there for him or her and take an active interest.

2. Celebrate together: There's no better way to let your partner know that you really want to be a part of his or her life than by celebrating his or her successes. Celebrate victories as a couple.

3. Relax them: Not every day is a winning day. Remind your partner that winning isn't everything. Yes, it's important to be supportive and take his or her interests seriously, but at the same time you don't want it to get out of hand. Give him or her a calming massage.

How have you dealt with a competitive beau? Share below.

Kate Hudson and Matthew Bellamy Have a Baby Boy





Kate Hudson is a mom for the second time! [People](#) reports that the actress and her fiancé Matthew Bellamy welcomed a baby boy on Saturday in Los Angeles. Hudson has a 7 1/2-year-old son, Ryder Russell, with her ex-husband, Chris Robinson. This is Bellamy's first child. The pair has yet to name their newborn son.

What are some differences when raising a boy versus a girl?

Cupid's Advice:

There are many differences between raising a boy and a girl. Girls tend to cling more to their mother while boys are more around their father. You notice these differences as they grow, but here are three that might surprise you:

- 1. Movements:** According to research, girls learn to walk and talk before boys. Once they are past preschool, boys are stronger and better at athletics, while girls excel at school.
- 2. Emotional:** Boys might appear to be less emotional compared to girls, but one study reveals that they are in fact more emotional than their female counterparts.
- 3. Motor skills:** According to Parenting.com, girls learn how to use kitchen utensils, toys, and how to write neatly sooner

than a boy does.

Do you think it's easier to raise a girl or a boy? Let us know in a comment below!

Exclusive Interview: Celebrity Former 'Bachelorette' Winner Jesse Csincsak Gives His Take on Ashley Hebert's Taiwan Dates



Last night on *The Bachelorette*, [Ashley Hebert](#) said goodbye to Lucas Daniels and

Ryan Park, and their journeys ended in Taiwan. In addition to finding out who the final four are – [J.P. Rosenbaum](#), Ben Flajnik, Constantine Tzortzis, and Ames Brown – Emily Maynard returned to the *Bachelor* mansion to speak about her celebrity break-up with Brad Womack. In our [exclusive celebrity interview](#), find out what *Bachelorette* expert Jesse Csincsak had to say about the episode!

Exclusive Celebrity Interview with Former *Bachelorette* Winner Jesse Csincsak

The mood this week was certainly different: Ashley seemed much more serious and focused as she evaluated her relationship and love with the guys. Based on your experience, is it the upcoming hometown dates that cause people to get more serious? For you, was it difficult to introduce a woman to your family that you had only known for a couple of weeks?

At this point in the show, you have been there for over a month so your feelings are definitely growing fast. When hometowns start production, it seems like they let you two be alone a lot without butting in. There are still tons of cameras there, but no producers ever pull you away to talk to you or her – they just let things be as organic as possible. Intros to the family are huge – it's a make or break time for both parties at that point.

Related Link: [‘The Bachelor’ Winner Courtney Robertson Says Her ‘Reality TV Days Are Over’](#)

They didn't show any hint of what happened when Ben didn't come home until the next morning. Do you have any thoughts on why?

I think Ben will be one of the final two. I am assuming they probably fell asleep snuggling, but they can't show that to

the audience because it would seem like not all the guys are getting the same amount of time with her.

Please discuss Ames' fashion choices. It seems like the producers are going out of their way to embarrass him this season – from the pink boxing shorts to his wedding attire this week. Why would they intentionally do this?

First off, Ames is a ROCKET SCIENTIST, not a fashion guru. Secondly, the show has a stylist, Karry Fetman, who outfits all the guys. So he is doing it on purpose for good TV.

Related Link: [Rumor Alert: Are Kris Jenner and 'The Bachelor' Ben Flajnik Dating?](#)

Did either of the departures this week – Ryan or Lucas – surprise you? Why or why not?

I have a friend who is a body language expert, Stacy Kaiser. Check out her weekly column in USA TODAY! She has been explaining things to me, and I saw the Lucas and Ryan exit coming. Ryan was kept around for good TV.

Any theories on whose hometown date idea will be the wackiest?

In the previews, it looks like Constantine's family is throwing money in the air – sounds like a party to me!

What's your best guess at this point of the two men that will be standing at the final rose ceremony?

J.P. and BEN.

Do you think there was re-edit mid-season because they made Ashley look emotionally weak over the Bentley saga?

Nope. I think Ashley is trying to please producers. When she realizes how it will look on TV, she kind of backs off. So it appears that way when we watch the show, but in reality, she is just trying to please production.

Why do you think Emily came on the show to speak? Ratings? Producers' influence? Is she the next *Bachelorette*?

Emily came on for 15 minutes, crying the whole time and saying absolutely nothing. This tells me production did all of this, and they are trying to make her the next *Bachelorette*. I am sure she will be paid well!

Given the romance with Emily is over, do you think *The Bachelor* fans have seen the last of Brad Womack? Do you think there is any chance we'll see him sit down with Chris Harrison to tell his side of the story any time soon?

I think Brad is sick of the press, but I am sure he would return if he was paid the right amount of money.

Want more The Bachelorette insider insights? Check out the [Bachelorette Beatdown](#) this evening. The Beatdown is hosted by Jesse himself, and he is always joined by notable show alums!

**Minka Kelly Cheers for
Boyfriend Derek Jeter's
3000th Hit**





Saturday was a time of ultimate applause for Yankees baseball player, Derek Jeter. With Jeter's 3,000th career hit against the Tampa Bay Rays at Yankee Stadium, he landed a home run that has made him the first Yankee and the 28th player to reach a milestone in Major League baseball, according to [People](#). There to witness her beau making history was Jeter's girlfriend Minka Kelly cheering him on. In fact, Jeter had a luxury box full of support. Kelly shared in the applause for her boyfriend alongside his family and friends.

How do you show support for your partner's career?

Cupid's Advice:

You may not actually be interested in your partner's career, but that doesn't mean that you should pay it absolutely no attention. So listen up. Cupid has some advice:

- 1. Hear your partner out:** If your companion is giving you a description of his or her job and what he or she likes or doesn't like about it, listen intently. Try to put yourself in his or her shoes. Understanding your partner is key.
- 2. Show interest:** Occasionally ask about his or her career.

This doesn't mean that you have to have a full blown conversation about your partner's job, but something as simple as "How was your day at work? Did you get _____ done the way you said you would?" can go a long way to show you care.

3. Help to prioritize: If you feel your partner is juggling between priorities and you notice that his or her career is being put on the back burner, step in and remind him what his career means to him. Be his support. He will see that you have his best interest at heart.

Have something you would like to add? Don't be shy, share your comments below!

'The Bachelorette' Season 7, Episode 7 Recap: Looking for the Total Package in Taiwan





By Jennifer

Harrington

Last night's episode of *The Bachelorette* left us with the final six men! [Ashley Hebert's](#) game face was on as she committed to finding the total package in a guy – an emotional and physical connection – before she would grant a rose for hometown dates. The episode featured [J.P. Rosenbaum](#) whining about the fact that Ben Flajnik had an overnight date and Ryan Park looking like he was on the brink of a nervous breakdown if he didn't get a solo date with the bachelorette. However, the highlight of the evening was when Emily Maynard came back on the show to chat with Chris Harrison about her relationship and love with Brad Womack – or lack thereof. If you missed last night's episode of the [reality TV](#) show, here's how it all went down:

Recap of *The Bachelorette* Season 7, Episode 7

There were four dates this week: three one-on-one dates and one group date. The first solo date went to Georgia-based restaurateur, Constantine Tzortzis. He and Hebert's relationship and love had been moving slower than the others,

so this was her opportunity to see if there was a connection. The date began with a train ride to a nearby village and concluded with both of them releasing a big balloon-like, paper lantern into the sky, which had included their “love” wishes on it. Hebert said it was “the most romantic date ever.” Cliché as it is, love was in the air!

Related Link: [Famous Couple Sean Lowe and Catherine Giudici Speak Out Against the New ‘Bachelorette’ Twist](#)

The next alone date was given to Sonoma winemaker, Ben Flajnik. It’s tough to ignore the obvious chemistry between this duo, as they explored Taiwan on mopeds. Flajnik revealed to the cameras that he was falling in love with the bachelorette but wasn’t ready to tell her yet. Hebert revealed to the cameras (not to him) that it felt like he was her boyfriend. The next development was truly shocking: We learned that Flajnik didn’t come home from this date until the next morning! Is that a *Bachelor/Bachelorette* first? It really pissed off some of the other guys in the house.

While the activities of the overnight date remained mysterious, there was no secret about the fact that Rosenbaum was annoyed by the sleepover. His crankiness carried over into the group date, where he was accompanied by Ames Brown and Lucas Daniels to try on traditional Taiwanese wedding attire and take wedding photographs. Rosenbaum now sulked about the fact that the other guys were taking kissing photos with his lady. It all paid off for him though: When he shared his feelings with Hebert, she rewarded the construction manager from Long Island with the only guaranteed hometown rose.

Related Link: [Can You Really Find Love on ‘The Bachelor’?](#)

Last but not least, we have Park: the last man standing for a one-on-one date. After a day of checking out local Taiwanese culture, the conversation turned to water heaters, energy preservation, and the environment – certainly not a way to get

“in the mood” or build romantic chemistry. At this point, Hebert knew that her first-impression-guy was not going to be her husband, and she tearfully told him goodbye. Park, the eternal optimist (and the “top contender,” according to Brown), left in tears too.

Aside from Rosenbaum, the final three roses went to Tzortzis, Flajnik, and Brown. Daniels was out and graciously said goodbye. With the hometown dates decided, it was time to shift focus to Chris Harrison’s interview with Emily Maynard.

Past Winner of *The Bachelor* Speaks Out About Relationship and Love

Maynard returned to *The Bachelor* mansion to speak about her celebrity break-up with Brad Womack, who declined to appear on the segment. The devastated blonde confessed that she had been hunted by the paparazzi, that she didn’t know who to trust, and that she ultimately didn’t have the reassurance that her fiancé would stand by her side forever. She came on the show to try and end the rumors. Always the devoted mother to little Ricki, Maynard declared she would always love Womack but revealed that the engagement is over. Her focus is now to be the best mom she can be. Are we being set-up for her return?

Check back later today to read *Bachelorette* expert Jesse Csincsak’s thoughts on the episode (and Emily’s interview). Until then, let us know: after seeing Emily detail her break-up with Brad, do you think there is any truth to the rumors that she will be the next *Bachelorette*?

Singer Monica and LA Laker Husband Have Second Wedding



Monica showed everyone that “The Boy is Mine” by marrying Los Angeles Laker Shannon Brown – again. UsMagazine.com reports that the pop singer threw a huge party in Los Angeles last weekend to celebrate her nuptials, even hiring a celebrity wedding planner. Monica, 30, and Brown, 25, and their guests dined on food from Fat Burger and enjoyed a Charm City Cake. The couple, who was first married in a small private ceremony at their L.A. home last November, met each other on the set of Monica’s music video for her single “Love All Over Me.”

What are some reasons to have a second wedding?

Cupid’s Advice:

Sometimes your love is so good, you need to celebrate it

twice! Cupid has some ideas on why having a second wedding is a good idea:

1. Small ceremony: If you initially got married at city hall or at an intimate ceremony, you may want to walk down the aisle again just to have a big blow-out party like Monica and Shannon Brown did.

2. Renewing vows: Some couples renew their vows as often as once a year. If you want to reaffirm your commitment to one another, why not have a second wedding?

3. Pleasing everybody: Maybe your hubby wanted a small ceremony, but you wanted an extravagant wedding. What better way to satisfy you both than by getting married twice?

Would you ever consider having a second wedding? Share your thoughts below.

Kiefer Sutherland Splits With Longtime Love Siobhan Bonnouvrier





Bad boy Kiefer Sutherland is back on the market after splitting from long-term girlfriend Siobhan Bonnouvier. UsMagazine.com reports that the couple was together for nearly three years. According to a source, "They've split for now," but things are "transitional and ever changing." Sutherland has been married twice before and was engaged to Julia Roberts in 1990 before she called off the wedding.

In an on-again-off-again relationship, when is it time to call it quits for good?

Cupid's Advice:

When you and your mate find yourself constantly breaking up and making up, you'll reach a point where you can't go on. Cupid has some tips on when to end an on-again, off-again relationship for good:

1. Same fights: When you and your partner keep having the same fights over and over and can't seem to resolve your issues, it might be time to break up.

2. Unwanted stress: If your relationship is contributing more stress to your life, you should consider ending it. Your

significant other should make you happy, not anxious or angry.

3. No stability: Sometimes even when you're crazy about someone, you just don't need the emotional rollercoaster. If you want something permanent and long-lasting, it's time to end your on-again, off-again relationship.

What would have to happen to make you decide to permanently end an on-again off-again relationship? Share your comments below.