

Sherrì Shepherd Ties the Knot With Longtime Beau



The View has another

newlywed on its hands. According to [People](#), Sherrì Shepherd married fiancé, Lamar Sally, in her hometown of Chicago at the Fairmont Hotel on Saturday. Co-host, Elizabeth Hasselbeck, served as one of her eight bridesmaids along with Nicey Nash and Yvette Nicole Brown. The bride shared her wedding jitters with her Twitter followers tweeting things such as, “What happens when you are in your wedding dress and you have to tinkle? Uh-oh!”

How do you decide whom to include in your wedding party?

Cupid’s Advice:

With all of the factors you have consider, such as friends, family, and who included you in their wedding, choosing a wedding party can often be difficult. Here are some ways to

make it easier:

1. Family first: Start with the people with whom you are closest. They don't necessarily have to be biologically related to you to feel like family.

2. The type of wedding: Do you want a large wedding or a small one? If you choose a small wedding, then the wedding party should also be minimal.

3. The weddings you have been in: Just because you were in someone's wedding doesn't mean you have to ask them to be in yours. But, you can give them extra consideration.

How big of a wedding party do you plan on having? Share your ideas below.

Bachelor Pad 2: Jake Pavelka Asks for Help From Vienna Girardi





Reality star exes

Jake Pavelka and Vienna Girardi may have been previously engaged after the 14th season of the *Bachelor*, but it turns out the two are definitely at odds when it comes to working together on the new season of *Bachelor Pad 2*. A preview shows an almost defeated Jake Pavelka asking to make an alliance with Girardi as a last resort to remain in the competition, according to UsMagazine.com. Girardi doesn't seem very keen on the idea, though, since she is still hurt and is finally happy and moving on with her new beau Kasey Kahl. The pair are rumored to be looking for an apartment in Los Angeles together.

What are some reasons to get rid of expectations of your ex-partner?

Cupid's Advice:

It's difficult to get over a prior romantic fling, especially an engagement like Jake and Vienna's, but Cupid has some advice on why you should get rid of the expectations of your ex:

1. You get hurt: If you're holding out hope that your ex will change his or her ways, you're going to have expectations that he or she won't be able to meet, and it will let you down. If

you're trying to move on and not get hurt, don't look back.

2. It'll make it difficult to move on: If you continue to have expectations of your ex, it will make it very difficult to move on and become happy again. In order to move forward, you have to realize that you aren't with your ex for a reason and drop the expectations.

3. You second guess: Even if you're ready to move past your previous relationship and find someone new, if you hold on to expectations of your ex, you may second guess your new mate. This can lead to trust issues.

What are some reasons to get rid of expectations of your ex-partner? Share your thoughts below.

The Reason 'Bachelorette' Ali Fedotowsky Delayed Her Nuptials to Roberto Martinez





Ali Fedotowsky is happy with her recent decision to delay her wedding to Roberto Martinez. According to UsMagazine.com, the couple was engaged in May of 2010 and one of the main reasons for putting off the nuptials was that her knee surgery in July, which made Fedotowsky unable to hit the gym. She wants to get in some good gym time before the big day ... and she'd also like to walk (instead of hobble) down the aisle. Though the couple aren't in a rush to get married, there could perhaps be a wedding next summer.

What are some good reasons to put off your wedding for the time being?

Cupid's Advice:

In our society, people often feel pressured to get married quickly, but that isn't always the best course of action. Here are some good reasons to postpone your wedding:

1. You're not ready: If you're really having doubts that go beyond cold feet, it's okay to wait to get married. Being absolutely sure is the most important thing.

2. The kids: If you have young children that don't fully understand what is going on and what the changes in your life

mean for them, you might want to wait a little longer.

3. Money issues: If you find that you can't afford your original plans, which is very common in this economy, take a step back and regroup.

What are some other reasons to put off a wedding? Share your thoughts below.

'The Help' Star Viola Davis Plans to Follow Hollywood Trend and Adopt a Child



Yet another celebrity is jumping on the adoption bandwagon, reports [Hollyscoop](#). At the premiere of her new movie *The*

Help, Viola Davis and husband Julius Tennon confirmed that they are about to adopt a baby domestically. This is the first child for the couple and third for Tennon, who has two children from previous relationships. Davis is following in the footsteps of many celebrity moms who have also recently adopted, including Sandra Bullock and Denise Richards. Bullock adopted son Louis Bardo after splitting from husband Jesse James. Denise Richards, who has two children with Charlie Sheen, adopted daughter Eloise Joni around the time her new book, *The Real Girl Next Door*, was released. Who will be next?

How do you decide whether to adopt a child or not?

Cupid's Advice:

The decision to adopt a child is extremely important and should not be taken lightly. Cupid has some tips on how to decide if adoption is right for you:

- 1. Timing:** Deciding to adopt requires the same amount of thought and preparation as having a child naturally. If you and your mate are emotionally ready to take on the responsibility of raising a child, then consider adoption.
- 2. Money:** Adopting a child is very expensive. You and your partner must be financially stable before you consider it.
- 3. Other options:** Nowadays, there are a lot of different ways to have kids. Consider all the other options, like having a child naturally, through a surrogate or becoming a foster parent before you settle on adoption.

What are some other factors to consider when deciding whether to adopt? Share your comments below.

Millionaire Matchmaker: Patti Stanger on Being Single, Celebrity Relationships and Love in NYC



By [Lori Bizzoco](#)

Can't get enough of Patti Stanger and her millionaires? Here at Cupid's Pulse, we can't either. That's why we were excited to talk to her about the upcoming premiere of *The Millionaire Matchmaker*.

This season, Patti and her team (Chief Operating Officer, Destin Pfaff, and his fiancée, Vice President of Matchmaking, Rachel Federoff), are back in her hometown of Los Angeles, ready to put their matchmaking skills to work to find love for

those millionaires and one millionairess. Newly-single and ready to step out into the dating world again, Patti not only is looking for love for her clients this season, but she is also on the prowl herself, looking for her very own “Mr. Right.”

That’s right! Patti is back and she’s skinnier, nicer and single as ever! Cupid’s Pulse participated in a recent media conference call where Patti offered some words of wisdom and insight on what we can expect to see this season:

This season, you’re going to be featured on dates. Can you tell us about your experience?

Yes. In the 13th episode, I actually date and do the mixer process. It was the scariest time of my life. When I’m dating, I am a totally different Patti. I’m soft, subdued, and submissive – completely different than business Patti. My ex used to ask, “Can we switch the business mode off and go back to sweet Patti?” My show-runner turned to me one day and said, “No one is going to believe you. They are going to think you are acting.” I’m very quiet when I date – that’s just how I am.

Related Link: [Find Out Why You’re Single](#)

Is there something now you realize about dating on-camera that you didn’t before?

Yes. I’ve realized that I usually tend to date down. I’ve never dated a rich guy. This guy I met on the show is probably one of the richest guys that I’ve dated, and he isn’t even that rich. I think I would like to date a millionaire, but I think it would be nice if I did it off-camera. I’d like to date someone who makes equal or more money than me and romances me that way, but I haven’t met anyone like that. I would still have to be sexually attracted to them. One question on my application is: “Would you rather have looks or

money?" I'm a looks-person, whereas a money-person is someone who doesn't care about that. The reason that I say that is, getting looks *and* money together is *really* hard to find. It is never easy, especially at my age.

What are your thoughts about having a baby?

I would not have a baby without a man. It's not that I couldn't, but I wouldn't feel comfortable. I am adopted, and my mom was married three times. I had a lot of issues with that. I've wanted a kid forever, and I've wanted to adopt, but I want to have a partner when I do it.

How did guest stars Jenny McCarthy, Tori Spelling, and Perez Hilton impact your show this season?

Jenny is one of my closest friends. Actually, she was one of my first famous friends. She comes on the show to help a guy who is kind of a nerd in Silicon Valley find his sex appeal and figure out what to say on a date.

Tori is on the second episode. We have a multi-millionaire who believes that when you're pregnant, you have to stop working and never work again. He doesn't think that you can do both at the same time. So I wanted to show him that Tori didn't live off her family's money. She built her own career, and she didn't marry rich. Tori proves that you can work and also have babies – and chickens too (she has an animal farm in her house)!

I really wanted Perez to date, but he didn't want to do it on camera, so we met at his house. He is adorable and lost all that weight, so he looks hot and happening. He actually interviewed me for his online show and asked a lot of personal questions. He really has an ear for music and has been my source of music inspiration. It is going to be really fun – he is a really good interviewer, and a different person these days. Since he lost the weight, he is nicer. I think that's what happened to both of us – we both lost weight, and now we

are nicer. At least, that's what people tell me. You tell me when you watch – do I still have the bitch in me?

Related Link: [Tori Spelling Calls Dean McDermott Her Soul Mate](#)

Last season, we interviewed Millionairess Beth Shak. She ended up surprising us all by bringing her “gay husband” on the date with her. What shockers can we expect to see this season?

We only have one millionairess this season. I wanted more, but Bravo didn't want it. They had a nightmare with the women last season. But, we do have one woman who is British and owns a stripping facility. She probably makes Shawna look sane. When you see this girl, you'll have to tell me what you think. I give her the most amazing guy, and she doesn't see it.

Are there any celebrities out there who you'd like to help find love?

Well, I probably would put George Clooney in boot camp with Tiger Woods, Jesse James, and Arnold Schwarzenegger. Although, I think George is a serial monogamous. He dates someone for two years, and then gives his woman a parting gift. He is like Simon Cowell – you get cash and a car. He is not as bad as Tiger, Jesse, and Arnold though. They are in a world of their own.

Other than that, I would probably want to help Sandra Bullock, because I feel so bad for her. I would set her up with someone outside of Hollywood.

In fact, there are a lot of girls in Hollywood that need to look for love off of the red carpet. J. Lo is going to be one of them. It's like I've said: no Hollywood husband is safe. She needs an entrepreneur, who lets her shine on the carpet; who has way more money that she does, like billionaire status; who gives her the world, but lets her walk the carpet alone. Because her life with Marc Anthony was like they

were competing in the boardroom and in the bedroom. It's never going to work. I knew it wouldn't work. I mean, she was literally unengaged to Ben Affleck for five minutes, and then went straight to Marc Anthony and married him a week later. It was ridiculous.

What are your thoughts on Jennifer Aniston?

We don't know what goes on behind closed doors. But, the guy she is with now is pretty good for her. He produces and writes major movies, and he acts. He is a triple-play for her, which is a good fit for her right now. I'm hoping that they work out. And I hope his [Ex](#) finds someone, but if not, she can give me a call.

What advice would you give to singles in New York City based on your experience last season?

The problem is that there are five women to one guy and the men in NYC know that they have the power, whereas in LA, it is much closer to 50/50. For women, it is a terrible thing to be in a city where you feel like you don't have power. Eventually, they get bitter. So one of the rules I would say to single girls in NYC is keep your appearances up – look good, hit the gym, put some lipstick on – and then be nice to the men. They might notice you more if you are sweet and not bitter towards them.

If you could share five tough dating rules that everyone should live by, what would they be?

- 1) TMI – too much information.
- 2) Two-drink maximum. Women tend to share too much information when they drink too much, and then the guy gets scared...and they are no longer dating.
- 3) Let the man lead, and if you are the man, lead!
- 4) No sex before monogamy is my fourth rule. Obviously, this one is a major rule. If you sleep with him too soon, you may feel like you are in love, even if he is a loser.

5) My last rule would probably be that if you're dating, but nothing is working for you, don't fret. The right man or woman is probably just around the corner. It's usually those down times that you have to give in to. Once you give in to it, the phone will start ringing. I learned that lesson the hard way.

Or, if you're still in doubt, refer to what the matchmaker often says, "It's all in the kiss!"

Keep your eye out for the Season Premiere of BRAVO's **The Millionaire Matchmaker 5**, Monday 8/15 @ 9/8c

Justin Beiber Plays Cupid for Kendall Jenner



It appears as if

Justin Beiber is extending his talents outside of music and into the matchmaking industry. The 17-year-old singer has been trying to set up friend Kendall Jenner with his writer/producer buddy Julian Swirsky. Her response, "Only if you and Selena Gomez join us. Double date," she tweeted Tuesday. However, Jenner may not have time to date. The Kardashian 15 year-old kid-sister will be the new face of Leah Madden's summer 2012 swimwear campaign, Pirouette.

What are the advantages to trusting your friends to set you up on dates?

Cupid's Advice:

It's always good to have faith in your friends, but how relevant is that in the dating realm? Cupid takes a look at the pros:

- 1. Trust the right friends:** You may want to ask your friend what their motives are for setting you up. If they seem less than admirable, then be cautious.
- 2. 'The Right Stuff':** The ideal friend sets you up with someone who compliments you very well or someone with which they see you having a good time.
- 3. Awkward turtle:** On your blind date, try to make it more of a social gathering, because it helps ease tension and should help prevent some awkward moments.

Have you ever had a friend set you up on a date that went terribly wrong? Share your experiences below.

Most Eligible Dallas: Hot, Young, Socialite Reality Show Premieres on Bravo TV



BRAVO's Most

Eligible Dallas *PREMIERE* Monday 8/15 @ 10/9c:

Tune in for Bravo's newest series: they're young, they're hot, they're single – they're Dallas' "most eligible!" From beauty queens to pro-football players, this group of Texas socialites proves that everything's bigger in Texas – including the drama. Some are looking for true love while others have perfected the art of the one-night stand, but somehow their love lives have all crossed paths at one time or another. And don't expect this group of friends to hold back when it comes to critiquing each other's lives especially when new gal in town / young and single mom Neill starts seeing the handsome Matt. How does Matt's best gal friend Courtney feel about this budding relationship? And does she hold a secret candle

for Matt?

Just Friends? When Matt Nordgren introduces Neill Skylar to the group, she gets a chilly reception from Courtney Kerr.

Not That There is a Checklist: Courtney Kerr is not going to settle and her list for a man proves it.

Millionaire Matchmaker: Patti Stanger is Back, Single and Ready to Mingle



SEASON PREMIERE of **BRAVO's The Millionaire Matchmaker 5,**
Monday 8/15 @ 9/8c

Patti is back! And back where she belongs, among the beautiful blondes that need her dating guidance on the West Coast. After a stint in NYC, Patti is happy to be back in LA to tackle the troublesome single scene. Patti's first client Michael seems to be the complete package. But is it possible that he is as good as he seems? Patti digs deep to figure out what his issues are and why he is still single. Will Patti make her mark on California and keep her clients happy, or are there some drama-filled dates in this matchmaker's future?

Single and Ready to Mingle: Patti Stanger is back in LA and back on the dating scene.

Too Good to be True: Patti Stanger tries to figure out why a good-looking guy like Michael would be single.

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**Bachelor Pad 2: Kasey Kahl
Says He'd Love Vienna With
Any Size Nose**



Reality TV

lovebirds, Vienna Girardi and Kasey Kahl really seem to love each other inside and out, according to [People](#). Girardi may have felt she wasn't pretty because of the size of her nose, but boyfriend Kasey Kahl says, "I honestly think she's gorgeous and beautiful inside and out so it doesn't matter to me." So even though her beau feels she's perfect, he flew out to Houston to be with Girardi during her rhinoplasty in July. As if that wasn't sweet enough, Kahl also told Girardi, "I am here for you and I support you no matter what you want to do" after the surgery. That's true love right there.

How do you know when your partner loves you, for you?

Cupid's Pulse:

It's tough to know if your beau really loves you for you, but Cupid has some tips on how to tell if your partner is real with you and cares for you no matter what:

1. They don't try to change you: Yes, everyone tries to change their significant other a little bit, whether it be their

wardrobe, their eating habits or even the TV shows they watch. How you know the 'change' is going too far is if your partner is forcing you into changes you can live without.

2. They are honest with you: Kasey Kahl didn't feel that girlfriend Vienna Girardi needed a nose job, and he even told her he loved her inside and out despite any size nose she had. If your honey is honest with you and isn't afraid of sharing his or her opinion, that's a sign they are here for all the right reasons.

3. They support you: Even if you and your mate don't agree on something, he or she should always support you. Like Kahl said, he is there for Vienna Girardi no matter what. Simple things like that will show you that your boo is for real.

How do you know when your partner loves you, for you? Share your thoughts below!

Levi Johnston's Sister Says Her Brother and Bristol Planned Unplanned Pregnancy





Things are heating up again between the Palins and the Johnstons. According to [People](#), Mercede Johnston has been bashing the Palins. She accused Sarah Palin of using Levi Johnston as a “prop” for her 2008 presidential campaign. She called Bristol Palin a “sociopath,” who planned her pregnancy, which she strategically announced when her mother joined John McCain’s campaign. Mercede also claimed that Bristol’s and Levi’s engagement was part of the fabrication to prevent Levi from speaking out against the Palins.

What are some reasons *not* to have a child?

Cupid’s Advice:

Most of us probably don’t have a soap opera kind of ex-girlfriend who uses her pregnancy in a manipulative kind of way. But there are perhaps other reasons why you should not have a child. Cupid has some ideas:

1. Stability of relationship: If you’re considering whether or not to have a child with your partner, analyze the state of the relationship with that partner. If you’re in a fragile place, there’s no need to rush to be a parent. Take it easy and wait until your relationship is more secure. You want your child to grow up in a nurturing, loving place.

2. Work: Have you considered the job situation? If you're in a not-so-stable place, either because you're looking for a solid position or because you're trying to work your way up a notch, you may want to hold off on the baby situation until your professional life gets a little more certain.

3. Doubts: If you or your partner feel uncertain when it comes to the idea of having a baby, you're probably not ready to be parents. Before you plan to conceive, you should both discuss whether you feel that parenthood is right for you. It's okay to not feel 100% ready, but this should be something you're both sure that you want.

Are there any other reasons someone may not be ready for parenthood? Share your thoughts below.

Bachelor Pad Stars Vienna Girardi and Kasey Kahl Are Moving In Together





The new season of *Bachelor Pad* recently premiered, and just as new reality stars are moving in for the cameras, reality TV stars Vienna Girardi and Kasey Kahl are looking for a pad to call their own. According to [People](#), the love birds are looking for a nest somewhere in Los Angeles. Girardi said, "We are looking at apartments and will take the next step in our relationship." Sounds like love is truly in the air for these two, who started dating several months ago and have been going strong ever since.

What are some ways to tell it's time to move in together?

Cupid's Advice:

It was easy for *Bachelor Pad* stars Vienna Girardi and Kasey Kahl to figure out it was time to move in together because they knew they were ready to take their relationship to the next level. Cupid has some advice on how to know when the time is right to make the big move:

- 1. You love each other:** As if this point wasn't obvious enough, if the two of you truly love each other, the next step is to make sure you're really compatible as a couple. Living together is the ultimate test because it allows you to fully know your partner and his or her everyday quirks.

2. You're practically always together: If you and your beau are always together, the most rational thing to do would be to make the big move and see how things pan out. This can help bring the two of you closer together or show you that that two of you maybe aren't ready for such a serious commitment. Plus, you'll also save money on rent and/or household expenses.

3. You want to take it to the next level: A good way to know you're ready to move in together is to realize that you and your mate want to take your relationship to the next level. Take some advice from Vienna and Kasey: you know it's time when the two of you know you want things to go further.

What are some ways to tell it's time to move in together? Share your thoughts below!

Elizabeth Banks Says Motherhood Won't Stop Her From Acting





Actress Elizabeth

Banks admits she's not balancing her career and being a new mom to 5-month-old son Felix very well, but she doesn't plan to slow down anytime soon, according to [People](#). "I'm not really a break-taker," Banks, 37, said with a laugh on Saturday while promoting her latest flick, *Our Idiot Brother*. "I'll just keep on going, and then we'll see. You do it. You push through just like any other working mom."

How do you balance your career with parenthood?

Cupid's Advice:

Time management is essential when it comes to having a career as well as a family. Here are three ways to manage:

1. Family always comes first: You definitely need money to survive and furthermore to take care of your family, but never get so emerged in it that you don't have time for your loved ones. Especially with a career where you're constantly in the bright lights, it may be very hard to make extra time for family. It's something that you must do, however, or your family may very well fall apart.

2. Always carry your planner: A personal calendar is sometimes the best thing to keep by your side when you have a busy

life. If not in your purse, on your phone. Mark down every little thing that you have to do daily, and check things off as you complete them. Be sure to jot “family time” down as you fill your agenda up.

3. The little things: You don't always have to be at every practice or every game. Sometimes it's the little things that make all the difference. Take your kids for ice cream on your lunch break rather than catching up on your assignments. Play a game with them. Let them know that you work hard, but it's all for them.

How do you balance your career with parenthood? Share in a comment below.

‘Bachelorette’ Ashley Hebert and J.P. Rosenbaum Celebrate Celebrity Engagement in NYC





A congratulations is in order for *Bachelorette* star [Ashley Hebert](#) and her fiancé [J.P. Rosenbaum](#), as they celebrated their [celebrity engagement](#) over the past weekend. [UsMagazine.com](#) reports the couple enjoyed a lovely dinner at hotspot Beauty and Essex. Saturday included breakfast at Coffee Shop in Union Square and some time with friends, including Chrystie Hebert-Corns, Hebert's sister who initially rejected Rosenbaum. Now, the two are on "good terms," according to one source. That night, Rosenbaum threw a party for his friends to meet his celebrity love. Treats at the party included massive cupcakes from *Cake Boss* star Buddy Valastro. Throughout the weekend, the pair were said to be "good sports" and just enjoyed being an open celebrity couple. "They're so happy to be able to just be a couple and show everyone how in love they are with one another," an insider said.

***The Bachelorette* couple celebrated their celebrity engagement in style. What are some creative ideas for engagement parties?**

Cupid's Advice:

The best engagement parties don't only have to be for celebrity engagements! Anyone can throw a fun and unforgettable night. Here are some of Cupid's tips when attending or planning a party to celebrate love:

1. Give a special gift: The best gifts don't have to be expensive. Try to think of something useful or unique to the relationship. Anything personalized or monogrammed is great too!

Related Link: [April Fools? T-Pain Says Famous Couple Robert Pattinson and FKA Twigs are Engaged](#)

2. Be inspired by their relationship: It's always fun when the party can somehow tie into the couple's relationship and love. For example, plan dinner at the restaurant of their first date or head to a bowling alley that they frequent. The more original, the better!

Related Link: ['Bachelorette' Famous Couple Ashley Hebert and J.P. Rosenbaum Talk About Life With Newborn Son Fordham](#)

3. Keep it simple: An engagement party doesn't have to be over the top. Sometimes, just inviting the right people and kicking back with them is all you need to have a great time.

What was your engagement party like? Share your experience below.

**Hollywood Actress and
Socialite Alexandra DiNovi**

Opens Up For the First Time About Her Virginity and Saving Herself for Love



By **Vicky Sullivan**

of **Aspiring Socialite**

It was only a few years ago when Hollywood actress and socialite, Alexandra DiNovi, was discovered in a restaurant in her hometown of Hinsdale, Illinois. Soon after, she was dancing with Vince Vaughn in the poker scene of *The Break-Up*.

Having been romantically linked to celebrities, such as Jack Osbourne, DiNovi has a lot to say on Hollywood dating.

However, despite the temptation and appeal of the glamorous red carpet life, she remembers to stay true to herself and her values when it comes to relationships.

In 2010, DiNovi took home Best Actress at the New York Film

Festival for *Purity: A Dark Film*, a short film about virginity, sex, and emotion that she wrote, directed, and starred in. Seeing that art often imitates life, much of the film is based on real events in her life, including her virginity. For the first time ever, this rising star is opening up about her very personal decision to remain pure and save herself for love. As she explains it, "Love isn't about sex; it's about friendship and respect."

How much of your personal life was incorporated into the film *Purity*?

Most of it was completely true.

I heard you wear a purity ring. Can you tell us more about it?

I bought myself a purity ring the week before I moved to L.A. I had it shipped to myself because I wanted to remember to stay true to myself in L.A. I wanted a constant reminder of who I am and what I believe in. I was thinking I would be dating different types of guys, and I didn't want to lose my virginity or myself to some random hot guy.

Why is saving yourself for love so important to you?

I think that my soul mate will appreciate me giving my body and soul to him. He won't be sharing me with anyone else. When I do fall in love, I will love him unconditionally.

What advice would you give girls looking to save themselves for the right one?

What is the point of having sex without love? That doesn't even make sense to me. Sex is a special gift, and it's really supposed to be for marriage. It is something that soul mates share. I wouldn't have it any other way. I've been in love, so I understand how the rush feels. I won't settle for sex without love ever. Self-control is underrated in our society.

How would you describe true love?

I've been in love once in my life, and it's the best feeling in the whole world. Sometimes, you can't even eat. It's like an entire body high. Love is patient. True love is not about sex. It's about friendship. True love has to do with a genuine partnership where two people love unconditionally, forgive, and respect each other. It has to do with listening and being there for each other always.

Who is your celebrity crush?

I have a few crushes, and I'm actually already talking to them. The only other slight celebrity crush that I have is Ryan Phillippe. He's such a cool guy. I admire him. I also think he has a great work ethic, especially regarding health and fitness. Ironically, I like bad boys.

What do you look for in a guy?

I like a guy who is genuine, athletic, and fun to be around. He has to make me smile a lot. I love a playful guy who I can laugh with.

What do you do to get ready for date and where do you like to go?

I work out, head to the steam room, get a few new dresses, get my hair and nails done, and assemble the perfect outfit (preferably with one of my gay friends). I have two favorite "secret" spots where I like to go when I'm on a date in West Hollywood. One is a private hotel and the other is a low key Italian restaurant that has a great vibe.

How do you keep yourself from giving into temptation?

It's sometimes a challenge when guys who I admire want to hook up, and there's nothing behind it. I think that sex is empty without love. I used to date this actor and he always told me that. We're still really close. He said, "From my many

sexual experiences, sex without love is meaningless.” This is coming from an extremely attractive movie star. He encourages me to wait for my soul mate. Although, he often tells me he thinks we will end up together and that I am his ideal wife. Who knows? We might.

To learn more about Alexandra DiNovi, visit her website at www.AlexandraDiNovi.com. You can also follow her on Facebook and Twitter.

Susan Sarandon Says Her Son-in-Law To-Be Is ‘Fabulous’



Susan Sarandon is excited about daughter Eva Amurri's engagement to the "fabulous" Kyle Martino. The proud almost mother-in-law is not taking part in the wedding planning, however. Sarandon

told [People](#) that Amurri is “very smart and very organized” and that she “trust[s] her judgment.” But that doesn’t mean she’s not assisting in other ways, from finding the right cake topper to advising Amurri on her gown.

What do you do if your parents don’t like the person you’re going to marry?

Cupid’s Advice:

Not all of us have mothers who, like Sarandon, would use the expression “fabulous” to describe our spouse-to-be. In fact, many of us have probably been in the situation in which our parents disapprove. It’s a difficult place to be in, but Cupid has some advice:

1. Get them to talk: First of all, you need to figure out why it is that your folks disapprove of your spouse-to-be. Is it because they don’t think he or she is good enough for you? Is it simply because they’re afraid of losing their child? If you sit down and have a word with them, at least you’ll have something to work with.

2. Talk to them: So you’ve given them their chance to explain themselves. The floor is now yours. Tell your parents that you love your partner and want to be with him or her. Show them that the relationship makes you happy and you hope that they can be happy for you. Talking about it directly will make it easier for them to accept the marriage.

3. Be patient: Your folks may be disapproving for the time being. That said, be patient. Allow them to get to know your partner better and find common points of interest. Often times, our parents may feel an overprotective instinct toward our suitors because they perceive them as potential threats. With time, they may become more welcoming and let your

partner into their hearts.

Do your folks disapprove of your fiancé? Share your story below!

Emma Watson Is Caught With a New Man



Emma Watson has cast her spell on a new man. The *Harry Potter* actress, 21, was spotted smooching actor Johnny Simmons outside a Santa Monica L.A. restaurant on Thursday afternoon, according to UsMagazine.com. Simmons, 24, is Watson's costar in *The Perks of Being a Wallflower*. According to an eyewitness, Simmons dropped Watson off at the restaurant to dine with friends, and they parted ways very cautiously. The pair "looked very loved up," the observer said. "Holding and hugging each other for

awhile and playfully kissing. They seemed very open and not trying to hide their affection.”

What are some things to consider when you're dating a co-worker?

Cupid's Advice:

You won't be able to keep dating a coworker a secret for long, so just expose yourself from the start. Here are three ways to do so:

1. Be open: We understand that relationships are only supposed to be between the two people involved. However, when you're dating a co-worker, that theory isn't going to hold up. Everybody always knows everybody's business at the workplace. It's best you tell everyone about it before somebody else gets the chance to.

2. Treat it like any other: Once step one is out of the way, there's no need to be secretive anymore. Treat your new relationship the same as you would any other. Let everyone else see you and your honey holding hands or even smooching on breaks. That's a sure way to make it known that it's official.

3. Be happy: Give your partner your all and love him or her completely. Don't let anyone's judgments get to you. Appreciate what you have while you have it.

What are some things you need to be cautious of when it comes to a workplace relationship? Share your thoughts below.

Tori Spelling Offers to Plan Shannen Doherty's Wedding



Tori Spelling has taken her wedding planning to the next level by offering a helping hand to former 9021 co-star Shannen Doherty, according to [People](#). Spelling, who has been keeping busy with her new show *Tori and Dean: sTORIbook Weddings*, would like to help Doherty plan as part of a yet-to-be-titled WE TV series next year. Spelling was approached by ET Canada about whether or not she would be interested in helping Doherty with her wedding, and Tori quickly replied "I'll do the wedding" although she doesn't know what kind of wedding she wants. Whatever her friend may want, Tori Spelling is up for the challenge!

How can you include your friends in wedding plans?

Cupid's Advice:

Even though your wedding is your special day, it can also be a

good idea to include your friends in your wedding plans in order to take some of the stress off of yourself and your family. Cupid has some ideas:

1. Theme suggestions: The theme of your wedding is something that everyone who attends will remember, and it sets your big day apart from everyone else's. Have a brainstorming session with your friends, and make it into a party.

2. Opinions: Yes, your special day is "all about you", but if you don't want to be a birdezilla, let your friends share their thoughts on the wedding plans without totally shutting them down. Show that you care about what they have to say and actually listen.

3. Bridesmaids dress selection: The one thing every bridesmaid dreads is having to wear a hideous dress that gets stuck in the back of her closet, never to be seen again. So instead of forcing your friends to wear something just to make you happy, why not allow them to have some say in what they will wear?

Do you have any ideas on how you can include your friends in wedding plans? Share your thoughts below.

He Said/She Said: David Good and Natalie Getz Chat about the Season Premiere of Bachelor Pad 2



By Jennifer

Harrington

On Monday night, we were treated to a three-hour season premiere of *Bachelor Pad 2*. As promised, we were reunited with some of the most controversial characters in franchise history, including Jake, Vienna, Rated R and Michelle Money. In case you missed the episode, read our recap to get caught up, and check out our inside scoop from the winners of the last season of *Bachelor Pad*, David Good and Natalie Getz. These two definitely know the game, so we were interested on their take on the first night of action in “the pad”!

Did it surprise you to see Jake confront Kasey so honestly and directly on the first night? And along those same lines, were you shocked to hear that Jake had so many unresolved feelings regarding Vienna?

David: That was all BS. Jake doesn't have feelings for her. If he really wanted to say those things, there are plenty of ways to get in touch with her besides doing it on national television. He only did that for more publicity. He same

reason he said God sent him back to save Jillian from Wes. It's so insincere it makes me sick watching it. The guy should have a shiny red nose on at all times because he is a clown. I do have to give him credit though because he knows how gullible America is and he's actually really good at what he does.

Natalie: I was completely shocked when Jake told Gia and Jackie that he still loves Vienna. What a joke! I don't buy it for one second. The only reason he pulled Kasey aside was so that he didn't get his ass kicked! Also, Jake wants to look like the good guy at any cost. Of course, he is playing the fans and trying to get back in their good graces by "being the bigger person." If we only knew what was going on in that guy's head ... I can bet all my money his actions are all a front. He won't last long in this house at all.

Was it a brilliant or stupid move for Jake to give Vienna a rose to keep her safe?

David: As far as the game goes it was really stupid. As far as a publicity stunt, genius! I don't care for the guy, but you have to give credit where credit is due. He works this show to his advantage for publicity better than anyone I have ever seen. It's really something to watch.

Natalie: Jake's only concern is getting back in the good graces of Bachelor fans. He has had so many opportunities to apologize to Vienna. He is always in L.A.! I would like to see a real side of Jake, but that isn't going to happen. He is so concerned with his image that he doesn't care about the game. I guarantee he went on just to clean up the mess he caused last year when their breakup aired. Saying he still loves Vienna? Really, Jake? As far as Vienna is concerned, she is playing the game very well. She isn't falling for his BS and she still wants him out of the house. She isn't being mean; she just knows Jake more than any of us and doesn't trust him at all.

The chemistry between Ames and Jackie was apparent from the first night – but they chose not to partner up for the first challenge (“Hook Up”). Your thoughts about this strategy?

David: That was funny. The first morning of the show, they are by the pool making out? I like them for each other though. I think they are both awesome. I thought it was a good move not partnering up this early on though. If you think about it, now you not only have each other’s backs, but you brought two more people into the equation that have your back as well.

Natalie: Ames and Jackie were brilliant for not partnering up for two reasons. 1.) They are trying to stay under the radar. They don’t want anyone thinking that they are a power couple right off the bat. 2.) If they separate themselves for competitions, that means they double their chances of winning. If Ames wins and Jackie doesn’t, he can give her the rose and vice versa. If they were a team, they only have 1 shot at keeping each other safe. Dave and I worked this strategy in our “Kissing” challenge last season.

Last season and this season, it seems that Gia is always feeling vulnerable going into the rose ceremonies. Why do you think she is always on the verge of being eliminated, and do you think there is a chance she will advance far this season?

David: Gia’s problem is she lies to herself and everyone around her. She plays the sweet card but is very vindictive. She did that on our season, too. She asks, “why can’t everyone be honest and just get along.” Then, she lies to everyone and makes up stories that aren’t even true. Wherever she is, drama is not far away, hence the reason she is back for this season. It’s kind of funny to watch because I really don’t know if she knows she is doing it and actually believes she is not. Jesse Kovacs and I used to laugh so hard listening to her on *Bachelor Pad 1*. It’s a terrible strategy and is the reason she is always on the verge of elimination. I like Gia as a person, but some of her bad

qualities come out in these situations.

Natalie: I don't think Gia will go very far this season, because she has a huge red flag on her back for already being a competitor last season. Also, Gia always forms a group with the outsiders, and this just doesn't work. The insider group is always the strongest group. They have strong bonds and connections and wouldn't play both sides like an outsider would, for example: Ali and Rated R. Gia should have partnered up with Graham. They were friends before the show and he would be a good partner. Instead she chose Jake who no one really cares for. I don't understand what she was thinking! I wanted her to go far. I love Gia!

Thoughts on this week's eliminated contestants – Rated R and Ali. Why do you think the group chose to get rid of them so quickly? And, with them gone, who do you think is most vulnerable next week?

David: Rated R and Ali got sent home because they were trying to play both sides of the fence and got caught. As in real life, if you do this you will eventually get caught and when you do, not only one side comes down on you but both will and boom – you're sent packing! It's a terrible strategy because people will talk to each other and find out. I think Jackie and Ames have to be careful here. I have not seen them take a side yet and are freelancing around, which can make them an easy target.

Natalie: On my season, Juan left the first night because we caught him making alliances with everyone. Literally everyone! He was trying to play both sides like Rated R. When you play both sides, you are absolutely going to get caught! Rated R should have done his homework. BTW most humiliating limo exit of all time! Made some great TV! Ali seems to be a little ditzy to me. How could she not realize she was on the chopping block when she too was playing both sides? She didn't even try very hard to clean up her mess

once she found out she was up for elimination. She isn't cut out for this game at all.

Be sure to tune in to ABC next **Monday night for the next installment of *Bachelor Pad 2***. While you're watching, send us your questions (via Facebook or Twitter) to ask David and Natalie – it's a great way to get an experts take on the romance, drama and strategy in the most popular house in America this summer!

Ali Fedotowsky Postpones Wedding Due to Femur Injury



One of the few successful couples from ABC's *Bachelor/Bachelorette* franchise have canceled their wedding – but fortunately, not for good. Former *Bachelorette* Ali Fedotowsky and the man she picked,

Roberto Martinez, had to postpone saying “I do” because Fedotowsky is still recovering from a femur injury. “We had a date set, and that date has now passed,” the reality star, 26, told [People](#). “The decision to postpone [the wedding] was very difficult. I definitely shed some tears. ” Fedotowsky underwent surgery in July and said that they decided to defer walking down the aisle until she could actually, well, walk. “I don’t want to limp down the aisle,” she said.

What are some ways to decide when to have your wedding?

Cupid’s Advice:

It seems like setting a date for your wedding should be the easy part, but sometimes unexpected factors get in the way.

Cupid has some tips on how to decide when to say “I do”:

- 1. Seasons:** Love the heat? Or are you a winter weather fan? Lots of couples want their wedding to be in a certain season, so deciding on having a spring wedding, for example, should help you narrow down the date.
- 2. Family:** If you really want your grandmother to be at your wedding, but she can only travel in the summer, you may want to plan your wedding around her (or other family or friends’) availability.
- 3. Planning:** When you’re planning a huge wedding, you may need up to a year to plan everything. Think about how much time you need to prepare and set the date accordingly.

**Are there any other factors to consider when setting the date?
Share your comments below.**

Justin Bieber and Selena Gomez Show the Love at Teen Choice Awards



When it comes to celebrity couples and the media, the feuding couple is always more interesting than the happy pair. That's probably why there are so many rumors surrounding lovebirds like Selena Gomez and Justin Bieber. The young couple decided to put these rumors to bed at the Teen Choice awards by arriving together and engaging in various public displays of affection, according to UsMagazine.com. Bieber even stated that he couldn't wait to see his girlfriend perform, "Because she's awesome!"

What are some ways to squash break-up rumors?

Cupid's Advice:

Sometimes rumors surrounding relationship problems can be lethal and can actually lead to a split. To make sure that doesn't happen, Cupid has some tips on how to stop the poisonous talk once and for all:

1. Utilize social networking: Use tools like Facebook or Twitter to post loving pictures of you and your beau to show everyone that you most definitely have not broken up and are in a good place.

2. Plan a trip together: When two people plan a trip in advance, it shows that you plan to be together for an extended period of time.

3. Ignore it: The best way to fight a rumor is to not buy into it at all. As long as the tall tale is not actually affecting your relationship, there's no reason to make yourself crazy trying to disprove it.

What are some rumors surrounding you and your relationship and how are you handling them? Share your experiences below.

Is Scott Disick Heading Back to His Partying Ways?





After going through rehab and alcohol counseling in 2010, Scott Disick claims he's been laying off the booze. But Kourtney Kardashian is worried that her baby daddy is reverting back to drinking. According to UsMagazine.com, in Sunday's episode of *Keeping Up With the Kardashians*, Disick had to fly to Las Vegas and reassured his girlfriend that it was for business, but the hot mama was concerned when she dropped him off at the airport and saw Disick's friends drinking champagne.

How do you help your man with an addiction to partying?

Cupid's Advice:

If your partner has an addiction to partying, this may be a touchy issue. You're in a difficult position if you're trying to help your man with his problem, but he's pushing you away. Cupid has some tips:

1. Get help: You've probably already tried to get him to an AA meeting, but without much success. If he's reluctant toward seeking help, you can't physically drag him. You may not be able to control him, but you can control your own behavior. So start going to those Alc Anon meetings and get informed. You may get the advice you need to feel prepared to deliver an effective intervention.

2. Set limits: You may be afraid to offend him, but you have to be firm. Tell him that when he's drunk, you don't want to be around him ... and then stick to this rule. If he's thinking of calling in sick at the office, but you know he's actually suffering from a hangover, forbid him from taking the day off. He's gotta own up to his actions and you won't let him get away with it.

3. Confront him: Aside from delivering a formal intervention, you also want to communicate with him informally. He's probably in denial, and you'll have to shake him out of it. Keep emphasizing that his drinking is a disease and that it's unacceptable.

Is your partner a hard-core partier? Share your story below.

'Bachelor Pad 2' Recap Episode 1: Jake Pavelka Gives Vienna Girardi a Rose





By [Lori Bizzoco](#)

Broken engagements, boyfriend stealing and love triangles galore. Welcome to this summer's most anticipated show, *Bachelor Pad 2*. ABC pulled out all the stops when collecting the current list of castoffs from seasons past. We watched like animals in heat tonight, glued to the television witnessing one of the most talked about and controversial casts this summer. Is it a coincidence that all the references noted above point back to one person: Vienna Girardi? Hmmm, it leaves us wondering if the show would even be worth the three hours it premiered if it wasn't for her and Jake Pavelka's drama-induced past.

For those of you who aren't familiar with Vienna and Jake, it's safe to say that they'll probably go down in *The Bachelor* history as the most remembered (not in a good way) contestants. She won the love and proposal of Bachelor, Jake Pavelka, Season 14 and broke his heart when she sold their break-up story for \$90,000, according to reports. Then, they trashed one another on Primetime television when the relationship ended, and it was so brutal that Vienna stormed out of the interview. They haven't talked since that fight took place a year ago. Now, they're both back in the house, under the same roof, competing for the \$250,000 grand prize.

Last night we witnessed the first challenge of the season which included each of the 18 contestants partnering up with someone in the house. The men were ousted into the air by harness with the women hanging on to them wherever and however they could. The prize for the couple who lasted longest was full immunity and a rose. With those stakes on the line, it's no surprise that the challenge came down to Jake and Vienna being the remaining two. Partnering up with Vienna was her new beau and "guard and protect" tattoo-man from Ali Fedotowsky's season, Kasey Kahl. While Jake partnered with understated Jackie Gordon from Brad Womack's season.

It came down to the final four and after thirty minutes, Kasey couldn't hold on to Vienna any longer. She begged him to hold on so that Jake wouldn't get immunity, but he couldn't. Jake and Jackie not only win a rose, but they also have a one-on-one date and get an additional rose to save one other person in the house. Guess who gets the rose and a free ride? Surprise, surprise! Jake convinces Jackie (although it looks like her idea) that he must give the rose to Vienna as a truce; to put closure on his wound that obviously hasn't healed. Strategic or stupid? It's most likely stupid, as Vienna laughs about it behind-the-scenes.

One person who clearly states the stupidity of Jake's rose decision is Vienna's ex-best friend, and the only two-time *Bachelor Pad* contestant, Gia Allemand. Gia can't stand Vienna after finding out that she hooked up with her ex-boyfriend, Wes Hayden. Gia (also on Jake's season) is good friends with Jake and feels betrayed by his decision to give the rose to Vienna instead of protecting her. Worried that she may now be eliminated, she confronts Kasey in a one-on-one scheme and talks him into an alliance with her. As she's doing that, Blake is trying to get Jackie to vote off Kasey.

All of this makes for good television, but we can't forget the other contestants in the house who also have interesting stories:

First, there's Michael Stagliano and ex-fiance, Holly Durst. We didn't see too much of their relationship drama tonight, which leads us to believe that producers are saving the best for last. We can't wait to watch how that plays out. We would love to see them back together, but Holly has admitted to being a commitment-phobe and from the first evening in the house she's had her eyes on last season's resident dentist, Blake Julian. It's a shame for Holly, because the promos clearly highlight that Blake is also caught hooking up in the house with former Brad Womack contestant, Melissa Schreibner. There will be tears.

It also looks like last season's boxing champ (joke) and nice boy, Ames Brown, has already formed an alliance (and possibly a relationship) with lonely heart, spider-hater (she called Michelle Money a spider), Jackie Gordon. Both Jackie and Ames are New Yorkers, and you can hear them mumbling on last night's episode about spending time together when they get back to the city. "We should go to Central Park," Jackie says to Ames. Being the Ivy League-educated gent that Ames is, he's probably wondering why she couldn't have thought of anything more unique and original to do.

Then, there's one of our fan favorites, Utah hairstylist and accredited crazy lady, Michelle Money. For the record, we don't think Michelle is crazy. We think she's a witty, smartass, and we love it (yes, we're a bit biased). We also hear that southern philanthropist, Graham Belle hooks up with Money (that's Michelle Money, not the greenback kind, if you know what we mean).

Other contestants that haven't raised the drama meter too high yet are Erica Rose from Lorenzo Borghese's season who creates her own fanfare by wearing a tiara and claiming she's a princess. Kirk DeWindt from Ali Fedotowsky's season and the too-truthful comedian, William, from Ashley Hebert's season are both under the radar right now, as well.

Then there's Ella Nolan, the Tennessee mom who was dumped by Jake Pavelka. Talk about a back story- her own mother was murdered by her stepfather right in front of her when she was three-years old. She's doing this all for her son so that she can give him the life she never had when she was young. I feel like I am watching *Lifetime Television*.

Lastly, we have Justin "Rated R" Rego (should be 'ego'). He's the professional wrestler who appeared on Ali Fedotowsky's season and bragged to the men about having a girlfriend back home. Interestingly, he's like a G-rated version of what Bentley did to Ashley Hebert this past season. And last, but not least, we have apparel buyer, Alli Travis from Brad Womack's season.

In a nutshell, the rest of the night was based on forming alliances, with both Gia and Kasey coming to a close call on being eliminated. They'd probably be gone if Justin didn't betray his alliance by telling Alli that Graham is going to "work on her," meaning he is going to get her to come to their side. Alli confronted Graham, which made Justin look two-faced. No time to waste. He's Gone.

Alli also seems to be playing two sides and not making a decision where her alliance is resting. The other contestants are in it to win it. Alli's eliminated, too.

There you have it. Two down and 16 people to go. This should be an interesting summer.

Our early predictions: Michelle Money, Michael Stagliano, with close calls to Ella Nolan and Ames Brown.

Stay tune for next week's recap. In the meantime, if you have questions about the *Bachelor Pad 2*, send them in. We will have former winners, Natalie Getz and David Good with us all season to answer them.

Jennifer Lopez Isn't Sitting Around Crying After Split



Jennifer Lopez could not be more relieved to be out of her seven-year marriage with Marc Anthony. According to [People](#), while Anthony called the split “painful,” J. Lo is at peace and moving on with her career. The singer/actress’ two current major projects are shooting the movie *What to Expect When You’re Expecting* and renewing her contract as a judge on *American Idol*.

How do you deal with going back to work after a tough break-up?

Cupid’s Advice:

After a break-up, you may not be ready to date again or even

have a night out on the town with friends, but you usually don't have a choice about going back to work. Here are some ways to make it through the work day post-break-up.

1. Focus on the task at hand: Going to work can actually be a positive thing after a split. Dive into your work. Not only will you be more productive than ever, but you'll forget all about your ex.

2. Get a new outfit: Break-ups may mark the end of a relationship, but they're really all about new beginnings. Show up to the office on Monday feeling fresh in a new outfit and hairstyle.

3. After-work drinks: Invite your co-workers out for drinks after work. Who knows? You may find your next love interest by getting out there.

How else can you manage life at the office after a break-up? Share your thoughts below.

Christina Applegate Says It's Been Rough to Work Post-Baby





Christina

Applegate's new sitcom on NBC, *Up All Night*, mirrors that of her own life these days. The show centers around a couple with a new baby trying to balance parenting with their careers. Being a new mom herself, Applegate gave her thoughts on the topic to [People](#). "It's a really hard thing to do because you miss them. But I'm doing well," said the 39 year old new mother, admitting that its "been so rough" since giving birth to her daughter Sadie Grace. Though her career is important to her, Applegate admits, "Parenthood just changed me in the sense that nothing really matters but [Sadie]. None of it really matters. The importance I placed on things prior to this moment, they don't matter anymore. All that matters is I get to go in there in the morning and see her face. She smiles at me and my life is better."

How do you know when it's time to go back to work after having a baby?

Cupids Advice:

1. Evaluate: Giving birth doesn't mean that you have to throw away all other dreams and goals when it comes to your career. Weigh the pros and cons of staying home and make an educated decision when deciding whether or not to go back to work.

2. Think about your happiness: Realize that being a stay-at-home mom may not be for you. While some women are natural housewives, giving up the career you worked so hard for may cause resentment toward your child or spouse.

3. Finances: Be realistic. Babies are expensive. If you can't afford to take years off to stay at home with your child, then don't do it. You'll be doing your baby a favor by having the money to give him or her a secure life.

How did you know you were ready to head back to work after giving birth? Share your experiences with a comment below.