

# Jonah Hill and Longtime Girlfriend Split



High school

sweethearts, Jonah Hill and Jordan Klein, recently broke up. Coincidence or not, Hill had recently lost 40 pounds. According to [UsMagazine.com](http://UsMagazine.com), the actor was spotted hanging out with a different girl just a few weeks after the split. According to a source, Klein seemed really happy and there were no signs of a breakup. Traveling and time apart could be the culprit for the bad news. Following a job offer, Klein could no longer travel in order to spend time with her boyfriend.

**How do you define yourself independently after a breakup?**

**Cupid's Advice:**

Ending a relationship can leave you lonely and without an identity. Sometimes being in a long term relationship means

falling into a routine or doing almost everything with your partner. Being single means being your own person, again:

**1. Get rid of the past:** Give or throw away presents, borrowed items or anything else that reminds you of your old flame. Replace old pictures of you and your ex with pictures of your family and friends.

**2. Go out:** No need to make bad decisions, but do go out and spend time with someone who loves you and can support you through this tough time.

**3. Think about it:** Figure out whether you want to stay single for a while or start dating again right away. Whatever it is, take the time to find out what makes you happy.

**When is the best time to start moving on after a breakup?**

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## Former 'Bachelorette' DeAnna Pappas Ties the Knot





DeAnna Pappas and

Stephen Stagliano have officially tied the knot! Stagliano, a high school teacher, who met *The Bachelorette* season 4 star at the 2009 party for *The Bachelorette: The Men Tell All* special, wed in the Serenbe community of Palmetto, GA, on Saturday. "We're so ecstatic to be husband and wife and we're thrilled to be sharing this day with all our family and friends," the couple told [UsMagazine.com](http://UsMagazine.com). Although Pappas ended up with Jesse Csincsak after her season of the hit reality show, it didn't end up working out and the duo broke off their engagement.

## How do you keep hope for marriage alive after a split?

### Cupid's Advice:

After a split, it's tough to move on, and you may think that you'll never find, or even wed, "The One". Here are some ways to keep hope for marriage alive after a split:

- 1. Meet new people:** After you're done healing from the break-up, go out and meet new people. Otherwise, you'll never find the right person.
- 2. Think positive:** Avoiding thinking negative thoughts about the opposite sex and figure out what you're searching for in a

future spouse.

**3. Behavior changes:** Once you know what you want in a marriage, find someone who is compatible with you. Don't settle until you do.

**Do you know other ways to keep hope for marriage alive after a split? Share your thoughts below.**

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## Kim Kardashian and Kris Humphries Can't Wait to Find a Home



Newlyweds Kim

Kardashian and Kris Humphries are currently seeking a permanent living situation. According to [People](#), the two have

been shacking up with friends and family members as they pursue their careers. Most recently, the two were living in a three-bedroom suite with Kourtney Kardashian, Scott Disick, and their 22-month-old son, Mason, during the filming of *Kim and Kourtney Take New York*. Now that the show has wrapped, the newlyweds are looking for a home base.

**What are some factors to consider when you're deciding on a home with your partner?**

**Cupid's Advice:**

Settling down with your partner is one of the most significant steps in your relationship. Here are some primary factors to consider when finding a place to build your nest:

- 1. Kids:** If you want kids, you should look into the quality of schools in the area. You'll probably want to live in an area with other families, playgrounds, etc.
- 2. Family and friends:** It's often good to be close to friends and family for a support system.
- 3. Comfort:** Live where you both feel both comfortable and happy. Whether that's a result of weather or proximity of good restaurants and shopping, take it all into consideration before committing.

**What would be the ideal place for you to settle down with your partner? Share your ideas below.**

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# Tough Love Miami: Steve Ward Talks About A “FunSexyCool” Way To Find Love In The Digital Age



By Andrew Pryor

Simply put, Steve Ward knows his way around the human heart so well it's a wonder he's not a cardiologist in his spare time.

Having joined the family matchmaking business straight out of Drexel University, he's currently the CEO of Master Matchmakers, working alongside his mother, JoAnn Ward. They also co-host the breakout VH1 series *Tough Love*, now in its fourth season.

Being a co-host of *Tough Love* helped Steve share his relationship expertise with a much wider audience, and the show itself provided VH1 with a reprieve from the stigma of



past shows like *Flavor of Love* and *Rock of Love*. “The executives over at VH1 were looking for more transformative programming,” says Steve, “so that was kind of our hook.” And that “hook” turned into a successful program that brought him and his mother into the limelight.

**Related Link:** [VH1's Flavor Flav Says Keep it Real to Make Your Relationship Work](#)

So what's a big part of their success, both on-and-off-camera? Well, in Steve's opinion, a lot of it has to do with the way their business melds hands-on relationship advice with new technological developments. “I really enjoy being on the cutting edge of technology, especially when it comes to the dating world,” he says. “We just have to keep up with the times. Dating and mating are evolving faster than we are.”

This particular subject made its way onto a recent episode of *Tough Love*, where the women were taught how to text responsibly and were ambushed during dates with photos from their Facebook pages.

And Steve's newest innovation: a smartphone app named FunSexyCool. It combines technology and matchmaking in a way that's accessible and fun to use. It's an app that let's you upload a photo of yourself, look at the photos of other users, and rate them as Fun, Sexy, or Cool, hence the name. It's also one of the few social romance networks that actually rewards you for being active—the more pictures you rate, the more conversations you can have with other members of the site. It also includes a feature where you can contact a user in your general vicinity and chat with them.

**Related Link:** [Five Reasons Why Men Text Instead of Call](#)

“Me and a couple of tech developers I know were talking about how people seemed frustrated with the options that were out there for finding love, so we worked together to come up with something new,” he says.

Interested daters can sign up for the app at [funsexycool.com](http://funsexycool.com).

And for those who want more of Steve Ward, visit [MasterMatchmakers.com](http://MasterMatchmakers.com) or watch *Tough Love* at 8 ET/7 CT.

Steve may be a practitioner of tough love, but it's definitely not difficult for people to fall in love with all that he's done to better people's lives.

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## Are Scarlett Johansson and Joseph Gordon-Levitt Dating?



Scarlett Johansson and Joseph Gordon-Levitt may be a new couple, reports [UsMagazine.com](http://UsMagazine.com). The two were seen kissing in New York City last month, and, according to an eyewitness, “were very lovey.” A friend of Johansson says that the relationship is “nothing serious,” and that the two were only hoping to work



together. However, another source testified, “[Johansson and Gordon-Levitt] first met about a film they wanted to do together, but it’s gone beyond that now.”

**What are some ways to take a new relationship slowly?**

**Cupid’s Advice:**

When you’re excited about a new relationship, it’s easy to get carried away. Here are a few ways to take things slowly:

**1. Plan infrequent dates:** Even if you aren’t busy, you should still avoid planning dates too frequently. Keep your outings few and far between at the beginning of the relationship so that you get to know each other gradually.

**2. Limit your affection:** Kissing your partner speeds up a relationship. To take things slowly, try waiting until the second or third date to show physical affection.

**3. Wait on an introduction:** It’s okay to tell your friends and family about your new relationship, but don’t allow them to meet your new partner until the two of you have dated for a while. Waiting on an introduction will limit your partner’s influence in your life.

**Have you ever decided to take a relationship slowly? Feel free to share your experience in a comment below!**

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**Demi Moore Hits the Red Carpet Alone, But With**

# Wedding Ring



So far, both Demi

Moore and Ashton Kutcher have kept quiet about their supposed marital woes, despite being constantly hounded by the tabloids. Although reports have recently surfaced that Kutcher cheated on Moore on their sixth wedding anniversary, the actress was still spotted on the red carpet with her wedding ring firmly in place. [E! Online](#) reports that Moore was not hurting for male companionship though, as she was surrounded by men at the NYC premiere of her latest film, *Margin Call*.

Although men including Simon Baker, Paul Bettany, Penn Badgley and Zachary Quinto shared the red carpet with Moore, the actress did choose to attend the premiere without a very obvious date.

**What are some ways to keep your marital woes from prying eyes?**

**Cupid's Advice:**

Every marriage has its issues, but it's how you handle them

that counts. Cupid has some ways to keep your problems from curious outsiders:

**1. Discuss in private:** Although you may have the urge to talk to you partner about an issue you're having immediately, do all that you can to keep it inside until the timing is right to discuss it ... which is when you're not in public.

**2. Don't spill to friends:** When you're angry with your mate, it can be tempting to run to your friends to complain. This will only serve to make things worse. Make sure to confront your significant other before confiding in your pals.

**3. Interact in public minimally:** If the problems in your marriage are big, it's probably best to stay out of the public eye together. The temptation to fight despite the fact that you're in front of people can sometimes be too great when your issues are major. Practice some independence from each other during this time.

**What are other ways to keep your problems from your peers? Share your thoughts below.**

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## **Kellan Lutz Says Past Girlfriends Have Made the First Moves**





Fans of *Twilight*

hunk Kellan Lutz can stop speculating. Like many other male celebrities, Lutz has fallen victim to gay rumors. However, he assures his fans they are not true and that only insecure girls believe such nonsense. "Most of the girlfriends I've had have come after me. So it's really funny when girls get offended because I don't hit on them. They'll transform their insecurity into 'Oh that makes sense because I heard you're into guys and have a boyfriend'..." The star has a lot of love for the LGBT community, despite the rumors. [RadarOnline](#) reports that he even prefers gay men as roommates because they're typically cleaner. So ladies, if you ever want to approach Kellan Lutz, remember to be bold and secure with your tactics.

**As a woman, what are some appropriate ways to make the first move?**

**Cupid's Advice:**

**Making the first move is a bold approach. Remember to look your best and be confident in your choice of words and actions:**

**1. Buy them a drink:** Some guys may try to flip the script and buy you a drink, but stand your ground. This shows you're a

person of interest and that you're independent and can hold your own.

**2. Compliments:** A good way to break the ice is to compliment them. Whether it's their clothes, shoes, or eyes, this helps to get the conversation flowing.

**3 Ask them to dance:** Although this is a little risky because not everyone likes to dance , it does show that you want to have fun, which is an attractive characteristic. If the guy you choose can't dance, hit them with some old school dances and make everyone laugh.

**What are some ways you make the first move? Tell us your story below.**

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## **Amy Smart and Carter Oosterhouse's Wedding Was Eco-Friendly**





It stands to reason

that Amy Smart and Carter Oosterhouse would have the ultimate green wedding, as the pair initially met on a project they did for the Environmental Media Awards. “We got assigned to adopt a school garden together,” said Smart at the 2011 EMA’s in Burbank, Calif. “We met, and we were both in relationships, so we just remained friends. And then we both got out of relationships around the same time, a year ago this summer. And then a year later we got married.” At their wedding last month, Smart and Oosterhouse saw to it that only one bag of trash was generated for 200 people, according to [People](#). Now, that’s impressive!

### **Cupid’s Advice:**

#### **What are some ways to keep your wedding green?**

There’s no doubt that having a lot of people in one place can generate a lot of waste. Weddings are one of those occasions where masses of people get together to celebrate. Here are some ways to keep your wedding eco-friendly:

**1. Use recycled and re-purposed decorations:** Instead of investing in brand new decorations you’ll never use again (and will most likely throw away), either use decorations you’ve utilized at past occasions or buy decorations made out of



recycled materials.

**2. Send out electronic invitations:** You waste a lot of precious materials by sending out paper invitations, and they're almost always thrown out after the fact. Send out e-mail notifications instead.

**3. Cut down on trash:** Follow in Amy Smart and Carter Oosterhouse's steps and cut down on waste you produce at your ceremony and reception. Use plates, glasses and silverware that can be washed and used again. Request that your guests don't wrap your gifts. Say "no" to paper or plastic decorations that will simply be tossed after your big day is over.

**What are some other ways to have a green wedding? Share your ideas below.**

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## **Lauren Conrad and Derek Hough Are Caught Kissing in Public**





Lauren Conrad and

Derek Hough are further fueling circulating relationship rumors. The duo was seen kissing in the back room of LA's Trousdale Lounge, reports [People](#). Though Conrad brought pal Lo Bosworth and Hough brought friend Mark Ballas, the two spent most of their time together. "It was obvious there was a lot of chemistry between the two," said an onlooker. "[Conrad] was very smitten. Neither seemed embarrassed about kissing in public."

**How do you show your affection in public without being obvious?**

### **Cupid's Advice:**

Subtlety is key when it comes to public displays of affection. Here are a few ways to keep your PDAs under the radar:

**1. Hold hands:** Holding hands is a way to show your affection without drawing attention from others. It's a simple gesture that means little to the people around you, but can mean plenty to you and your partner.

**2. Stay close:** Standing closer together or sitting near each other at a table is an easy way to show your partner your

affection without being obvious.

**3. Keep it short:** If you do want to kiss or hug your partner in public, keep it short. People passing by will not notice a quick smooch, but they will notice a prolonged kiss.

**How do you keep your public displays of affection unnoticed? Feel free to share your thoughts in a comment below!**

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## Eva Longoria and Eduardo Cruz Attend Burlesque Show



Eva Longoria and Eduardo Cruz were spotted at a Burlesque show at Beacher's Madhouse inside the Hollywood Roosevelt Hotel. Although it may be a unique kind of date night, [People](#) reports that the couple laughed, cuddled and enjoyed the show. Longoria is far from

the jealous type. When drag queen Vicky Vox rubbed Cruz' head in her chest, Longoria just laughed it off. Cheers to that!

**What are some unique events you can attend as a couple?**

**Cupid's Advice:**

Date night is a great way to keep your relationship hot and spicy. However, the same old routine can get pretty boring. To keep your date ideas fresh, try new events and locations:

**1. Circus:** Going to the circus isn't just reserved for kids. When one comes to a town near you, take your partner to see the acrobats and elephants. Pretend you're a child and bond with your sweetie in a new way.

**2. Symphony:** If you're getting sick of dinner and a movie, taking in some classical music is a great way to relax with your mate. Get all dressed up, drink some wine and indulge in an elegant night out.

**3. Comedy show:** Let go of the stress of the week by hitting up a comedy club with your significant other. Laugh out all of your worries.

**What unique date night have you experienced? Share your ideas below.**

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**Penelope Cruz and Javier Bardem Bring Son on Lunch**

# Date



Javier Bardem took

a break from shooting his new film, *Venuto Al Mundo*, with a family lunch outgoing with wife Penelope Cruz and their son. Smiles and lots of love where on the lunch menu. [UsMagazine.com](http://UsMagazine.com) captured the parents enjoying the meal as well as the company of their 10 month old child, Leo. About being a parent, Cruz told Vogue in June, "From the first second, you feel so much love. It is a revolutionary experience. That's the best way I can describe it. It transforms you completely, in a second. Nature is very wise and gives you nine months to prepare, but in that moment, when you see that face, you are transformed forever."

**How can you involve your child in a romantic date?**

**Cupid's Advice:**

A date with your partner can lose its romance when the kids have to tag along. Find out how to keep the vibe going with

subtle actions:

- 1. Communicate:** Even if your child is present, make sure to speak to still incorporate adult conversation as well.
- 2. Touch:** Just taps on the hand or rubs on the back throughout the date can keep things intimate.
- 3. Share dessert:** Share a sweet treat while the kids make their own mess at the other end of the table.

How do you keep the romance alive when your child is with you? Share your thoughts below.

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## Buddy Valastro and Wife Renew Wedding Vows After 10 Years



Cake Boss star



Buddy Valastro decided to take a different approach to the typical wedding renewal ceremony. The Jersey baker and his wife, Lisa Valastro, celebrated their 10 year wedding anniversary aboard a Disney Cruise ship in the tropics. The second wedding took place on October 15th with the couple surrounded by all of their closest family and friends. Valastro tells [People](#) that he wanted to include his four children in the proposal. He had them come into his Hoboken shop and make cupcakes spelling out "Marry Us." "It was pretty cool," he said. "The kids were on their knees and I was, too. My wife deserves it."

**Where are some "out of the box" locations to have a renewal ceremony?**

### **Cupid's Advice:**

Wedding renewal ceremonies can be done in new and exciting ways these days. Try to choose a venue that would interest not only you and your partner, but also your kids and other family members as well:

**1. The zoo:** Surrounded by a plethora of animals, the zoo makes a fun and interesting backdrop for a second wedding. It's also fun for children and guests alike to see the different creatures.

**2. Las Vegas:** Despite what one may think, it is possible to have a an elegant Vegas wedding. Whether intimate or large, the casino atmosphere can be extremely entertaining for a renewal ceremony.

**3. Home:** It may not seem unique, but what better place is there to renew your vows than the place where you've built your life and family? With a little bit of sprucing up, your home can become the perfect venue to marry your partner again.

**What are some unlikely venues you would consider for a renewal**

ceremony? Let us know below.

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# Rihanna Reunites With Ex Matt Kemp in London



Though she split with Los Angeles Dodgers center fielder Matt Kemp in December, Rihanna and her ex were seen leaving Stringfellows Nightclub in London around 2 a.m. last Wednesday. According to [UsMagazine.com](http://UsMagazine.com), the singer partied with Kemp and other pals during a break from her “Loud” concert tour. After the breakup last winter, Kemp said, “She’s a good friend of mine. We’re good. We’ve all got busy lives, and we’re concentrating on our careers.”

**How do you get to the point where you can “hang out” with your ex partner?**

## **Cupid's Advice:**

If you didn't have an ugly breakup and it just didn't work out, look at this experience as an opportunity to make friends with your ex partner. Here are some signs that you're ready to form a friendship with your ex:

- 1. When you can talk about your dates:** Being able to talk about your dates with an ex without feeling jealous or awkward is a huge sign that you're safely in the friend zone.
- 2. When you like them more now:** Maybe breaking up was just what you needed to discover that you're better as friends.
- 3. When you see them differently:** In pursuing a friendship with an ex, you may grow to see them completely differently to the point where you sometimes forget that you were ever an item.

**How you ever become "just friends" with someone after dating them? Share your experience below.**

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# **Shannen Doherty Gets Married**





*Beverly Hills,*

*90210* actress Shannen Doherty married photographer Kurt Iswarienko on Saturday, reports [People](#). Doherty, 40, and Iswarienko, 37, were married on a private hillside estate in Malibu. Doherty has been married twice before, to actor Ashley Hamilton and Paris Hilton sex-tape costar Rick Salomon.

“Marriage to me is such a gigantic commitment that it’s not something I’d ever go into lightly anymore,” said the actress in an interview last year. “I’ve learned my lesson.”

**How can you increase your chances for a successful marriage?**

### **Cupid’s Advice:**

The divorce rate has skyrocketed in recent years, and the percentage of marriages that end in divorce is only increasing as time goes on. Here are a few ways to make sure that you and your partner last:

**1. Have similiar goals:** Before tying the knot, make sure that you and your partner have similar goals. You may be perfect for each other now, but in 10 years you may not be. Make sure that you both wish for similar things in life.

**2. Be forgiving:** Everybody makes mistakes, and your partner is

no different. Every marriage has its ups and downs, and you will have to be forgiving in order to make the marriage last.

**3. Think it through:** If you love your partner but are unsure about marriage, it's okay to take the relationship slow. Don't feel pressured into a marriage. Take your time, and be completely confident in your decision before tying the knot.

**How do you keep your marriage healthy? Feel free to share your experience in a comment below!**

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## Nikki Reed and Paul McDonald Tie the Knot



Nikki Reed and Paul McDonald tied the knot at a private ranch in Malibu, Calif. on Sunday. The *Twilight* star and former *American Idol* season 10

contestant 27 told [UsMagzine.com](http://UsMagzine.com), “We couldn’t be happier! [We were] surrounded by our family and friends. We’re so glad this day has come!” Reed and McDonald first met at the premiere of *Little Red Riding Hood* and after two months of dating, they were engaged in June. McDonald admitted to [MTV News](http://MTVNews) that Reed is the perfect girl for him. “She’s amazing. She’s the perfect girl. We fit each other; when you know, you know, and she’s the one.”

## **What are the advantages of a short engagement?**

### **Cupid’s Advice:**

Some women plan for their wedding from the time they’re children to the time they’re ready to get married. When the time comes, they typically indulge in at least another year to plan. Here are three reasons why to cut the planning process short:

- 1. Less stressful:** Having less time to focus on minor details, such as favors, the planning process won’t be too hectic.
- 2. Less procrastinating:** The more time you have, the more you’ll procrastinate. Less time means you’ll work harder and faster on making your big day magical.
- 3. Smaller weddings:** Weddings are often small with only close friends and family when you rush to pull your wedding day together, which creates a more intimate affair.

**Why do you prefer a short or long engagement? Share your thoughts below.**

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# Giuliana Rancic and Husband Continue IVF to Have Baby



Giuliana and Bill

Rancic are not giving up! After two failed attempts, the couple have decided to give in-vitro fertilization another try. The E! News host and her husband miscarried after their second try of IVF. Devastated, they decided to put aside starting a family for a short while and focus on themselves and their relationship. Currently in the middle of their third IVF treatment, the reality star couple are optimistic, despite Giulian's recent breast cancer setback. The two are not opposed to other options such as adoption or surrogacy, however they are desperate to get pregnant. The Italian beauty tells [UsMagazine.com](http://UsMagazine.com), "If [our doctor says] after this cycle, 'I don't think this is going to happen for you naturally. You're going to have to look at more options than we will.'"

**How do you decide if adoption is right for you and your**

**partner?**

**Cupid's Advice:**

Adoption is something that should be deeply discussed. It can be a long and stressful process for which some couples are not ready. Make sure you and your partner have considered it from all angles:

- 1. Consider the pros and cons:** Making a list of positives and negatives with your partner can help to solidify that adoption is right for you as a couple.
- 2. Others who have adopted:** It may be a huge help to get advice from someone you know who has actually been through the adoption process and have them tell you their story.
- 3. Discuss with family:** Family knows you best and can give good advice. It's probably best to discuss with only those to whom you're closest.

**How would you decide if adoption is right for you? Tell us your story below.**

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# **Are Bradley Cooper and Jennifer Lopez Dating?**





When Bradley Cooper

was seen driving around Los Angeles over the weekend, the paparazzi caught none other than than what looked like Jennifer Lopez in the passenger's seat. According to [People](#), a source close to the *American Idol* judge says the two spent time together on Saturday. They also had dinner together recently at Per Se in New York. "She does like his attention, and it makes her feel good that he seems so into her. She has a fun time with Bradley and he makes her laugh," said a source close to the duo.

## **How do you keep a new relationship under wraps?**

### **Cupid's Advice:**

When a relationship is very new, it's too early to know if it will last or not. Here are some ways to keep it under wraps until you're sure something is beginning:

**1. Think twice about social media:** Doing something as harmless as writing "Hi Honey" to your potential partner on Facebook or Twitter is enough to give you away.

**2. Don't get physical in public:** It's a small world. Therefore, you will probably bump into someone you know while holding hands in public.

**3. Don't blurt it out:** The biggest giveaway could be your excitement about a potential new relationship. Although you no doubt have butterflies right now, keep them quiet while around your family and friends.

**How long should you keep your relationship private? Share your ideas below.**

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## Chris Martin Says Marrying Gwyneth Paltrow Is Like Winning the Lottery



In an interview with CBS Sunday Morning, Chris Martin publicly spoke about his wife, Gwyneth Paltrow, for the first time. The couple, who's been married for eight years and has two children, try to keep

their marriage out of the public eye and rarely photograph together, according to [RadarOnline](#). The Coldplay frontman admitted that he's had one serious romance, and he's in it. When he was told that he made "quite a leap," Martin replied, "It's a big leap? What, from being a loser to going out with an Oscar winner? It's a giant leap. Let's face it, it's like winning the lottery."

**What are some ways to keep your relationship intimate?**

**Cupid's Advice:**

For relationships to be successful, it should be both healthy and intimate. Cupid offers advice on how to keep the latter in your relationship:

- 1. Dating:** Take a day out of every week to spend alone with your partner.
- 2. Communicate:** Have daily discussions about your day, feelings, latest news, etc., so you both will be updated on what's going on in each other's lives.
- 3. Encourage each other:** Encouraging your significant other to follow their dreams and goals, and giving him/her advice will let them know that you care.

**Let us know some of the ways you keep your relationship intimate.**

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**NBC 'Chuck' Star Vik Sahay**



# Shares 10 Love Lessons for Men (Lester Patel Style)



By Whitney Baker

With the fifth and final season of NBC's television series, 'Chuck', set to premiere this month, fans of the show are anxiously awaiting its return. When we last left the gang, Chuck (Zachary Levi) had to lead a team to fight against a deadly plot by Vivian Volkoff (Lauren Cohan) to save his [bride](#), Sarah (Yvonne Strahovski) – all the while planning the beginning stages of his freelance spy agency.

**Related Link:** ['Chuck' Star Sarah Lancaster is Married and Pregnant](#)

Canadian actor, Vik Sahay, who has been a series regular since the second season, plays Lester Patel, a "Nerd Herd" member and vocalist of Buy More's resident rock band, Jeffster. When asked about his relationships for the upcoming season, he reveals that he wants his character to find the right girl,



and “to be made a better man by a big, bad love.” Of course, it’ll take more than your average woman to capture Lester’s heart. “She must be beautiful, smart, daring, and powerful,” explains Sahay. “I don’t think he’d settle for anyone who didn’t scare him a little.”

Before diving into his personal perspective on romance, Sahay gives us a peek into the inner thoughts of his character. Here are a few lessons in love according to Lester:

1. Don’t ask her to pick you up. If you can’t get your hands on a car, spring for a cab.
2. No arm wrestling.
3. Don’t take calls from your mother at the table.
4. Beer is not a good kissing drink. Vodka is.
5. Smile. No frowning, grimacing, or raging.
6. Laugh at her jokes.
7. Know her name. Remember it throughout the night. Sprinkle it in conversation liberally, but not aggressively.
8. Don’t expect a woman to pay for your dinner.
9. If you intend to bring her back to your place, pack up any cosmetics, including hair products, moisturizers, and fake eyelashes. A woman does not want to know you have more beauty products than her.
10. Music is great for setting the mood...on a stereo. Save the serenades for anniversaries down the road, if you can get there.

**Related Link:** [What Your Favorite Summer Song Says About Your Relationship](#)

For Sahay, there is one piece of romantic advice that rises

above the rest: be funny. “There are well-sculpted hunks of male beef in gyms all over the planet. You look good, so then what?” he says. “Laughter is sexy and emotional. It gets you in your body and opens your heart. I can’t think of anything more conducive to falling in love.”

Fortunately, Sahay’s relationship history has yet to mirror Lester’s romantic troubles – although he adds, “I have been told that my energy can be exhausting, as I’m sure his would be.”

Even so, dating in Hollywood comes with its own unique challenges. According to Sahay, the most challenging part is “the fact that everyone is constantly ‘on’ in this town – constantly working, constantly career-building, etc.” He expands, “Plus, with distances across the city (and insane working hours), it’s a major commitment to hook up for a drink, making it tough to be casual about it.”

That’s not to say that it doesn’t have its benefits too. The biggest perk? Sahay says, “Many romantic restaurants have patios year-round. Coming from Toronto, that’s a major plus.”

And if humor and romantic restaurants fail to impress a date, Sahay has one more trick up his sleeve: dancing. When asked if he’s ever used his dancing skills to win over a woman, he responds, “Oh yes. Many a move has been busted on dates.”

*Tune into the season premiere of Chuck on NBC on Friday, October 28 at 8/7 c.*

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# Hilary Duff Announces She's Having a Baby Boy



Pregnant child star

Hilary Duff revealed the sex of her baby with husband Mike Comrie on *Ellen*, reports [E! Online](#). Duff said she wanted DeGeneres to be the first to know the sex of her baby. DeGeneres then tried to guess the gender of the baby by asking a series of questions. After Ellen guessed the baby was a boy, Duff replied, "It's a boy! Good job. I had [a] feeling it was a boy the whole time."

**What are the advantages to finding out the sex of your unborn baby?**

**Cupid's Advice:**

Though finding out the sex of your unborn child can remove some of the surprise when you deliver, knowing the sex ahead of time does have advantages. Here are a few benefits to having prior knowledge:

**1. Choosing a name:** Deciding on a name for your child can be one of the most difficult decisions of your pregnancy. By knowing the gender of your child, you can dedicate more of your time to names that will be appropriate.

**2. Planning a baby shower:** Planning for your baby shower becomes much easier when you know the sex of your baby. Your friends will also be able to give more fitting and useful gifts.

**3. Preparing for the baby:** Knowing the sex of your baby ahead of time allows you to avoid neutral colors and dull clothes when you prepare for the baby's arrival.

**Did you find out the gender of your baby ahead of time? Feel free to share your thoughts in a comment below!**

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## **David Boreanaz Says His 2010 Affair Strengthened His Marriage**





Now that his 2010

affair is behind him, *Bones* star David Boreanaz is speaking out about the power of positive thinking, according to [UsMagazine.com](http://UsMagazine.com). The actor says that after he cheated on his wife Rachel Uchitel, it ended up being a “bonding experience.”

He explains, saying, “In a sacred ground like marriage, you find yourself out of it at certain times for reasons unknown that can be destructive. There could be a demon that kind of comes out and overtakes you.” Although his infidelity was no doubt a rocky point in his marriage, he also says, “Do I believe in giving up? No, I don’t. I’m a fighter. I’m a lover.”

**How do you overcome cheating in your relationship?**

### **Cupid’s Advice:**

It can be difficult to surpass unfaithfulness in a relationship, but it’s not impossible. Cupid has some suggestions:

**1. Couples counseling:** The most important thing you can do is hire a third party to listen to you air your grievances. A counselor will keep you “in check” so to speak, and you’ll have a safe place to share all of your feelings with your partner in order to potentially work them out.

**2. Open communication:** Instead of cowering away from each other, keep the lines of communication completely clear and in the open. Be brutally honest about everything in order to avoid any further suspicion.

**3. Time:** If you're truly dedicated to your relationship, it's going to take time to overcome the break in trust that cheating creates. The best thing you can do is to stick with it, and work at it.

**What are other ways to overcome cheating in a relationship? Share your ideas below.**

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## **Ryan Seacrest Dances with Julianne Hough at 'Footloose' Party**







The *Footloose*

premiere after-party was all about cutting loose for Julianne Hough and boyfriend Ryan Seacrest, according to [UsMagazine.com](http://UsMagazine.com). Although Seacrest is usually not one to dance, he made an exception for *Dancing With the Stars* alum Hough to show his support for her accomplishments. “Julianne was so happy because apparently Ryan never dances and this was the exception he made for her, because he was so happy for her,” said a party guest. The *Footloose* star admits that she didn’t expect her beau to hit the dance floor. “It’s like really awkward, but really cute,” she said of Seacrest’s skills. “My brother Derek does a better impression.”

**How do you know when your partner really cares about you?**

**Cupid’s Advice:**

It can be difficult to read the signs when it comes to deciphering whether your partner truly cares about you. Here are some ways to tell:

**1. Outside of comfort zone:** If your significant other steps outside their comfort zone and does something for you that he or she would not normally do, it’s a safe bet that they care about you. Ryan Seacrest did just that by dancing with girlfriend Julianne Hough.

**2. It's the little things:** When your partner buys you flowers "just because" and picks up small things here and there that remind them of you, that's a great sign. It means you're constantly playing a part in his or her life.

**3. Show off:** When your mate shows you off to his or her friends, it means they're not ashamed of you and, in fact, are proud to be with you.

**How did you first know your partner cared for you? Share your experiences below.**

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## Ashton Kutcher and Demi Moore Camp with Kabbalah Instructor



In the midst of a cheating scandal, do what the Romans do and ... camp with your

Kabbalah instructor? Despite being the hot topic in the tabloids for the past couple weeks, Ashton Kutcher and Demi Moore were spotted on a camping trip with their religious mentor at Cachuma Lake, near Santa Barbara, Calif., according to [People](#). Kutcher's friend, Eric Buterbaugh, also accompanied the group. Apparently the duo needed some time away to reflect.

**When you're stressed as a couple, how do you briefly get away?**

### **Cupid's Advice:**

Stress can really put a strain on a relationship. Here are some ways to relieve your stress as a couple:

- 1. Go on a date out of town:** Taking a night off in a town you've never visited before can be a great way to relax and let loose. You're not likely to run into anyone you know, and there's a certain excitement involved in exploring a new location.
- 2. Couples massage:** You may not have time to dedicate to getting out of town, but there are spas and/or massage therapists almost everywhere. Make an appointment for a couples massage and let your worries slip away.
- 3. Let go of responsibility and go out:** Sometimes we get so used to our routines that we forget to spice it up every once in a while. Forget about laundry, dishes and paperwork for a night. Get a babysitter if you need one, and hit the town with your partner. Bring it back to the good old days when you didn't have "real life" to worry about as much.

**How do you relieve stress as a couple? Share your thoughts below.**

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# Millionaire Matchmaker: The Cruz Brothers Search for “The One” with Patti Stanger’s Assistance



**BRAVO's The**

**Millionaire Matchmaker:** This week Patti takes on broken-hearted brothers who are ready to make a change and find “the one.” The bodybuilding brothers certainly have the cards stacked against them. Older brother Abe spent the last three years in prison and younger brother David married young only to be cheated on, leading to divorce at 24. Patti has a good feeling about these guys, but will she be successful in finding women who can look beyond their troubled pasts? Find out this **Thursday 10/13 @ 9/8c on BRAVO's The Millionaire**

## **Matchmaker**

· Venturing into the World of Abe Cruz: This millionaire was incarcerated for the past three years but is determined to turn his life around. <http://bravo.ly/oLCIub>

· Got Burned Young: David Cruz got burned as a young guy and is now trying to do the right thing. <http://bravo.ly/oR50J3>

## **Venturing into the World of Abe Cruz**

## **Got Burned Young**