

Hugh Grant Has Baby Girl with Mystery Woman



British actor, Hugh Grant, welcomed a new addition to his bachelor life. In early October, his baby girl was born to a woman who has yet to be revealed. “He and the mother had a fleeting affair and while this was not planned, Hugh could not be happier or more supportive.” Grant’s rep told UsMagazine.com. The *About a Boy* star has never been married, but he admitted to *Vogue* in 2007 that he was ready for fatherhood, stating that he was “...quite keen to find someone else to care about more.” The 51-year-old seems to have gotten his wish and, according to close sources, is extremely thrilled to accept the new challenge of raising of child.

How do you make sure your child feels loved as a single parent?

Cupid's Advice:

Although you are not raising your child in an ideal situation, make it clear to them that just because Mommy and Daddy are not together does not mean that they are loved any less:

1. Be there: As the old saying goes, "Actions speak louder than words." Prove to your child that you aren't going to leave his or her side. Be at sporting events, musicals, recitals and art shows. Be as present as possible in your child's life.

2. Get help when needed: There's no doubt that being a single parent is tough. If your child's mother or father isn't in the mix, make sure to reach out for help from family and friends when you need it. It's much better than making your child feel neglected because you don't have enough time to dedicate to them.

3. Tell them: Let your child know that they are loved every single day, not only by you, but by your former partner and extended family.

How do you make your child feel loved as a single parent? Share your experiences below.

Why Kim Kardashian and Kris Humphries Are Calling It Quits



It was just a few weeks ago when over four million viewers tuned into E! to watch *Kim's Fairytale Wedding*, but it only took until the end of the month for the couple to split. They may have been newlyweds, but they were already bickering like an old married couple on the set of *Kourtney and Kim Take New York*. The fighting may have been too much for Kardashian, 31, who filed for divorce from Humphries, 26. After rushing their relationship with a quick engagement and wedding ceremony, along with the added pressures of filming the show, dealing with the media, and attempting to manage their busy conflicting schedules, their 72-day marriage has come to an end. "She rushed into it too fast," a source close to Kardashian told [People](#). "She's holding it together. It's insanely troubling and heartbreaking, but it's a decision she knew had to be made."

How do you know when to call it quits in a marriage?

Cupid's Advice:

Has staying true to your vows become a struggle? Here are some signs that it may be over:

1. You're beyond annoyed: If everything about your spouse irritates you and just the sight or sound of him makes you want to leave a room, it's not a good sign. If you find that all attraction has been lost emotionally and physically, you have to consider that you're no longer in a healthy relationship.

2. You verbally assault each other: As husband and wife, it is your job to support each other, but it can be difficult when every conversation turns into a fight. If you're frequently being critical and attacking each other's self-esteem with the goal to make your spouse feel dejected, then you've clearly lost respect for one another.

3. You're miserable: If you're unhappy with your spouse, and you feel like your life has hit rock bottom, it's time to move on. Get rid of the negative energy that's dragging you down, and don't let yourself become a prisoner to your own marriage. Regaining your independence may be the key to finding happiness again.

Having thoughts of divorce? Share your comments below.

Ashlee Simpson and New Beau Spend PDA-Filled Night on the Town



After her divorce from Pete Wentz in February, Ashlee Simpson is now in a new hollywood relationship with *Boardwalk Empire* star, Vincent Piazza. On a recent date, the two attended a charity event and then a prohibition party for the the television show. While Piazza's castmates mingled, the duo was busy cuddling up in the VIP area. An observer told [People](#) that the new couple were kissing and flirting until the early hours of the morning.

What are some unique ways to spend a night out with a new crush?

Cupid's Advice:

- 1. Comedy club:** Laughter relaxes everyone. A night at a comedy club will bring the two of you closer and will ease any nerves.
- 2. Jazz club:** Jazz clubs are full of romantic candlelight and music. Beyond feeling romantic, if you say something dumb or run out of things to talk about, the music will save you. It

beats going to an embarrassing karaoke bar.

3. Cooking class: Pick a dish that you're both clueless about cooking. If you're learning something new, then the date will be fun and full of bonding.

What did you do on your first date with a crush? Share your experiences below.

Pink and Carey Hart Enjoy Tacos with Daughter Willow



Pink and husband Carey Hart found a way to have a date night and spend quality time with their daughter Willow at the same time: family date night! According to [People](#) Pink and Hart went to Dos Camino's in New York, where the singer is filming a movie, to enjoy

tacos and beer while at the same time doting on their tiny daughter.

What are some ways to include your children in date night?

Cupid's Advice:

If you have children, it can be difficult to balance time with your spouse and time with your children. Here are some ways to spend time with both:

1. Go somewhere kid-friendly: Children aren't always going to flourish in certain environments, especially if they're younger. If you have a young child, a romantic movie and an expensive dinner aren't exactly fun for them. An ice cream date at the par, or a nice taco dinner like Pink and Carey Hart would be perfect.

2. Relive your childhood: Just because a place may seem more typical for a child to enjoy doesn't mean it's only for them. Places like amusement parks or miniature golf courses can be fun for both children and adults.

3. Keep it simple: There's no rule saying that date night has to be complicated or away from home. Plan a dinner date at home by having the kids eat earlier and then arranging for take-out. You can also let the kids suggest a date, as they'll get a kick out of it, and you'll be sure to have no complaints from them later.

How do you include your children in your date nights? Share your experiences below.

Jessica Simpson Holds Belly While on Walk with Eric Johnson



Jessica Simpson's protruding belly have proved the rumors to be true. Although Simpson has continuously denied pregnancy rumors until recently, she was spotted holding her stomach while walking with fiancé, Eric Johnson. The couple were seen by [RadarOnline](#) in Beverly Hills happily holding hands. Johnson walked with his arm around Simpson and helped her into the car. Between planning a wedding and a new addition to the family, the two have a lot to look forward to in the future.

As a father-to-be, how do you protect the mother of your child during pregnancy?

Cupid's Advice

The best way for men to protect the mother of their child during pregnancy is to make sure that she's happy. An unhappy pregnant woman makes for an unhappy nine months for everyone surrounding her:

1. Compliments: With all the changes women experience during pregnancy, all they want to hear is that they are still loved and considered attractive. Make sure that you tell her she is beautiful on a regular basis. Even if she denies it, this still makes her feel good about herself.

2. Food: There's nothing a pregnant woman loves more than food. Keep her favorite foods stocked in the kitchen and life will seem easy for the time being. Be on call for random spur of the moment cravings, though!

3. Be there: Whether it's a doctor's appointment or simple quality time, as a father-to-be, it's important to let your partner know that you're there for them during this next step in life.

How would you protect the mother of your child during pregnancy? Let us know below.

Eva Longoria Is Not Dating Matt Barnes, Despite Rumors





On Sunday, the *New York Post* claimed that actress Eva Longoria was getting romantic with L.A. Lakers forward, Matt Barnes. They cited a source who said that she seemed “very flirty” and had “a spark” with Barnes during a Thursday dinner in New York City. Although the article included a statement from Longoria’s rep who said the duo were only “friends,” she followed up on WhoSay, saying, “First Jessica Simpson, now this. Once again, press gets it wrong, matt barnes and I are not dating! We are doing a charity event together for Padres and Athletes vs Cancer.”

Do you need to defend yourself if rumors spread about your personal relationship?

Cupid’s Advice:

You might’ve been told that when you ignore a rumor, it proves that it isn’t true. However, if you react to it, it’s a sign that you’re guilty. But when rumors spread about your personal relationship, it’s difficult to ignore. Here are some things to consider:

1. Your feelings: If the rumor will hurt your relationship, you may need to rise up and defend yourself. Doing nothing

might do more damage to your emotional state.

2. Others in the rumor: When the rumor is hurting the other person who was mentioned in it, make sure everyone knows the truth. There's no reason to let suffering continue when the rumor is a lie.

3. Others' reputations: Defend yourself if this gossip will harm reputations. People work hard to establish themselves as a certain kind of person, and ruining that based on a lie isn't right.

How do you defend yourself if rumors spread about your personal relationship? Share your ideas below.

Kim Kardashian Files for Divorce From Kris Humphries





After just 72 days of marriage, Kim Kardashian and Kris Humphries are getting a divorce. According to *People*, Kardashian filed for divorce on Monday. The fashion forward reality star recently denied rumors that her marriage was on the rocks. Now, she's listed the reason for the divorce as the Hollywood cliché, "irreconcilable differences." So why the breakup? A source says that the couple couldn't take the demands of being a reality TV couple. Producer Ryan Seacrest announced on his show that Kardashian got caught up in all that was going on.

How do you keep from getting caught up in the fantasy of a relationship?

Cupid's Advice:

1. Take it slow: If your relationship is moving fast, take the time to stop and reevaluate. Don't rush into a marriage or committed relationship.

2. Too good to be true: If you and your partner are madly in love and haven't had any problems, this relationship could be too good to be true. The truth is, if it feels that way, chances are it is. A little disagreement in a relationship can be a good thing.

3. Take some time off: Being around someone all the time can cloud up your perspective. It's okay to take some time away from each other once in a while, whether that means going out with friends or spending weekends apart. You'll come back refreshed and missing your mate.

Have you ever had to end a fantasy relationship? Share your experience below.

Elisabetta Canalis Describes “Father-Daughter” Relationship with George Clooney





Dancing with the

Stars alum Elisabetta Canalis, who dated George Clooney for two years until their split in June, recently revealed some reasons behind her split with the actor, reports *People*. Canalis has been quoted in a *Questo Amore (This Love)*, a new book by Italian journalist Bruno Vespa, where she says she had a “father-daughter relationship” with Clooney. “[Clooney] has been special for me, and very important, just as a father would be,” said Canalis in the book. “Between us there was more of a father-daughter relationship.”

How do you know when your relationship lacks a spark?

Cupid’s Advice:

It’s very common for your head to make decisions about relationships instead of your heart. Here are a few ways to know that your relationship lacks a spark:

1. You’re not excited: After a few weeks of dating, some couples experience a slump in their relationship. However, for couples lacking a spark, this may never wear off.

2. You prefer groups: If you have more fun on group outings, like double dates or parties, than you do on one-on-one dates with your partner, then you should reevaluate your

relationship.

3. You rationalize: If you find yourself supplying reasons why you should date your partner, then it's clear that your head – not your heart – is making decisions for you. Just because a partner seems like an ideal candidate on paper does not mean they're ideal in real life.

Have you ever lost the spark in your relationship? Feel free to leave a comment below.

Kelly Clarkson Wants Marriage and Four Kids



After just releasing her fifth album, *Stronger*, Kelly Clarkson was asked what she sees in her future. The singer expressed her hopes to be

married with four kids someday. “I love what I do right now, but I live a very single life,” said Clarkson. According to [People](#), the singer also revealed once she has a family, her career will take a backseat. “I don’t know if I’ll retire,” she says, “but it won’t be as full-on. Obviously things will supersede music.”

What are some ways to attract a family man?

Cupid’s Advice:

If you want children, most likely you’ll want your partner to be a family man. Here are some ways to find one:

1. Be wholesome: You don’t have to be completely conservative, but no family man is looking for a party girl. Work on being mature and handling situations in an adult way.

2. Financial stability: Being in control of your finances will attract the type of partner who is looking to start a family. Work hard at your job, and establish a professional reputation.

3. Find a new hangout: Not finding a family man where you usually hang out? Switch it up. Perhaps give up the bar scene and start attending some community events.

What is the best thing about dating a family man? Share your thoughts below.

Rumor: J.Crew Trendsetter

Jenna Lyons Leaves Husband for a Woman



Quirky J. Crew

President/Creative Director, Jenna Lyons, who made headlines last spring after appearing in a J.Crew ad painting her son's toenails pink, is now fighting over custody and finances during a divorce from her husband of nine years, Vincent Mazeau. With her \$5 million yearly salary and coveted townhouse in Brooklyn, it's no wonder finances are such an issue in this split. According to [People](#), Lyons is currently seeing Courtney Crangi, who runs the business side of her brother, Philip Crangi's, jewelry line.

What are some ways to compromise on finances and custody during a divorce?

Cupid's Advice:

Hurt feelings are one thing, but finances can really make a

divorce nasty. Here are some ways to deal with the money issue:

1. Work with the kids: No matter what you do, work out your finances in a way that is best for the kids.

2. Getting the house: It might be a good idea to sell the house and split the money evenly if you can't compromise about who gets it in the divorce agreement.

3. Personal wealth: Don't make a divorce any messier than it has to be by going after the bank account and assets that are only in your partner's name. Only split up the wealth you share jointly.

Should finances be split up evenly if one partner makes significantly less? Share your thoughts below.

RH00C: Fernanda Rocha Speaks Out About Fitness, Love and Being the First Lesbian Housewife





By Whitney Baker

Many reality television viewers know Fernanda Rocha as a new addition to season six of *The Real Housewives of Orange County* (RHOC) – and the first lesbian housewife to boot. But Rocha's story begins far away from the O.C. and long before her television debut. Before moving to Los Angeles, Rocha received her degree in kinesiology and worked as a personal trainer and gym manager in Brazil.

"I grew up in Brazil in a small and simple family filled with love. They always supported my crazy mind," she says. "And the freedom that they gave me to follow what I wanted to do was very important – it made me who I am."

That type of support led Rocha to a land a spot on Bravo's wildly popular reality television show. It all began after a photo shoot for a line of fitness clothing when Rocha went to a restaurant in Laguna Beach, where Bravo happened to be filming. The "Housewives" began talking to her about her clothing line, and shortly after, Tamra Barney, and two friends came to one of her Brazilian Booty classes at a local gym. Last year, when Bravo called to see if she wanted to join the show, she was ready to take a risk and try a new experience. And, based on the response from her fans, it

appears that the risk has paid off.

“I get a positive answer from people – very nice and very loving. The show put a good message out there about me,” she says.

Related Link: [RHOBH Life Coach Talks About Working with Taylor Armstrong Before Her Husband's Death](#)

As for her status as the first lesbian housewife, for Rocha, the message is simple: equality. She strives to show that there is no difference between her and the other girls, saying “I’m not this way. I’m like you! It’s so important to stop labeling.”

When asked what she’s looking for in a partner, it’s no surprise that Rocha knows exactly what she wants. “I want someone who is sexy and fun. I look for chemistry, attraction, honesty, someone who knows what they want sexually,” she says. “I want someone who is happy with herself and with what she does. I want someone who is positive about life and believes that we are here to dream big and be happy.”

Rocha adds, “There are a lot of bisexual people out there, but I don’t want that for me. I had to go through my own process of knowing the difference between being with a woman and a man, and I know who I am.”

With that thought in mind, Rocha has certainly done her part in the fight for gay rights. She supports the NOH8 Campaign as well as It Gets Better Project (TM), a project to give hope to LGBT youth. Most recently, she served as the grand marshal of Chicago’s Gay Pride Parade 2011. “It was so exciting, just being there and being Fernanda. Any opportunity that I have to go and support [LGBT causes], I’m 100% there.”

Of course, it wasn’t always an easy road of self-discovery. Keeping her own experiences in mind, she encourages young

people to be honest with themselves. “Don’t expect people to accept your choice; be happy with yourself and embrace it. Focus on that, and don’t worry about acceptance,” she continues. “If you know who you are and you’re happy and proud of yourself, [acceptance from others] doesn’t matter.”

Related Link: [Date Idea: Get Fit Together](#)

Rocha uses her interest in fitness to promote her beliefs on self-assurance. In order for her workout routine to reach people outside of Orange County, she is currently working on a series of Brazilian Booty workouts, set for release at the end of the year and available on seven DVDs and also OnDemand.

Additionally, she is creating Fernanda’s Weekly Body Transformation, an online program that includes nutritional supplements. This fitness guru is also a supporter of Let’s Move, a program developed by First Lady Michelle Obama to solve the epidemic of childhood obesity.

Rocha’s positive outlook and joie de vivre shines through all aspects of her life, whether it be her role as a reality television star or her fitness empire. Even when it comes to finding the one, her energy is contagious, “I have hope. I don’t want to settle; I want everything. I am open to love!”

You can follow Fernanda on Twitter or find her on Facebook.

And be sure to stay tuned for the next season of *The Real Housewives of Orange County*!

Chris Martin Calls Gwyneth

Paltrow His “Beard”



Coldplay frontman Chris Martin spoke about wife Gwyneth Paltrow on *The Ellen DeGeneres Show*, reports UsMagazine.com. “[Paltrow’s] been a great beard for me,” joked the musician, referring to how beards can be used to conceal infidelity or a person’s sexual orientation. Martin went on to joke about his troubles with women and his difficulty in forming relationships with those outside of his band.

How do you keep from overshadowing your partner?

Cupid’s Advice:

When you achieve great amounts of success, it’s hard to keep your relationship healthy. Here are a few ways to avoid overshadowing your partner:

1. Don’t boast: It’s wonderful that you’re successful, but your partner will not want to constantly hear about your

successes. Keep boasting to a minimum, and remain modest.

2. Make your partner feel special: If you're frequently the center of attention, it may be time to make sure that your partner feels admired as well. Next time you are complimented, try to give your partner some of the credit.

3. Don't be competitive: You may be achieving more at the moment, but chances are that your partner will one day overshadow you. It is important to realize that everybody eventually gets their chance at success.

Have you ever overshadowed your partner? Feel free to leave a comment about your experiences below!

Kaley Cuoco Is Engaged to Josh Resnik





Get set for a *Big Bang* wedding! Kaley Cuoco, who stars on the award winning sitcom *The Big Bang Theory*, is getting married. The actress, 25, is engaged to addiction specialist, Josh 'Lazie' Resnik, her rep told [People](#). "The surprise proposal took place during a quiet date night at home," the rep said. "The couple are very excited to begin planning their wedding." Cuoco and Resnik have yet to set a date for their wedding.

What are some ways to make an at-home proposal special?

Cupid's Advice:

Just because you're not in front of a crowd doesn't mean an at-home proposal can't be just as memorable. Cupid has some tips:

1. Surprise your partner: Slide the ring on her finger while she's still sleeping, and wake her up with breakfast in bed (a rose in a vase along with the eggs couldn't hurt). She'll wonder why you're being so cute, and then you can point out the ring on her finger.

2. Be romantic: Every girl dreams of their own fairy tale moments, and now is your chance to make one of them come true. Make a trail of candles and rose petals throughout your home.

First, lead her to a candle lit dinner for two that you spent hours preparing. For dessert, continue the path to your room and have notes along the way telling her how much you adore her. Once she's made it to your room, which should be the most romantic scene of all, be waiting for her in the doorway down on one knee.

3. Involve the family: Keep the gesture personal by proposing in front of her family. This is more intimate than popping the question in front of a crowd of strangers, and this way she still gets to steal the spotlight. She will love showing off her new bling, and it's a great way to surprise the family as well.

Do you have ideas to share? Share your comments below.

Ben Stiller Says Jennifer Aniston and Justin Theroux Are Happy





With all the flack Jennifer Aniston and Justin Theroux have been catching for their relationship, they do have some people in favor of their whirlwind romance. Ben Stiller spoke highly of the couple at the premiere of his movie *Tower Heist* on Monday. "They're both great people. I love them both," the actor told UsMagazine.com. Theroux is currently living with the former *Friends* star in her NYC penthouse. That said, no plans have been made to take the relationship any further. Aniston stated, "I've been married once and I don't know if I'll get married again." It seems that, for now, the couple are just simply having fun in each other's company.

How can you tell if your friend is happy in their relationship?

Cupid's Advice:

If you notice your friend being positive and optimistic about life and love, they are definitely happy in their current situation. Acknowledge the small changes in their demeanor and personality:

1. More smiles: Whether it's giggling at a text or beaming just because, your friend is all smiles all the time. A grin

is an obvious indicator of happiness, and it's clear that their new love interest is to thank.

2. Change in wardrobe: If you notice your friend is wearing something a little more flirty and fun than usual, it's probably the result of a good new relationship. Satisfaction in love can easily seep in to other aspects of life.

3. Simple statement: "I'm happy in my relationship." is a pretty clear sign that your friend is just what he or she said. Sometimes a direct statement shouldn't be questioned.

What are some ways you can tell if your friend is happy in their relationship? Let us know below!

James Van Der Beek and Wife Are Expecting Second Child





James Van Der Beek

has recently announced that his wife, Kimberly, is pregnant with their second child, [People](#) reports. “Just when we thought we couldn’t feel any more blessed, it seems the universe has plans to give our daughter [Olivia, 13 months] a sibling,” the actor announced on Twitter. The former *Dawson’s Creek* star and his wife had their first child, Olivia, in Sept. 2010.

How do you prepare differently for a second child?

Cupid’s Advice:

When you’re expecting your second child, you’ll have experience and knowledge on what to expect. However, there are a few things you have to prepare differently for when the newborn arrives. Cupid has some tips:

- 1. Organize:** Having to take care of two kids instead of one can be overwhelming. Your regular schedule, which includes sleeping, will change, so be prepared to create a new one.
- 2. Adjust:** Your first child will no longer be the only child. Explain to him or her what a great role they will now have as the oldest sibling, in order to prevent jealousy or resentment towards the newborn.

3. Responsibilities: Your responsibilities will increase when the new baby arrives. Make sure to decide ahead of time where your son or daughter will be sleeping, and have clothes and accessories ready.

What are some other ways to prepare differently for a second child? Share your thoughts below.

Frankie Muniz Is Engaged to Longtime Girlfriend



After a tumultuous four years together, Frankie Muniz and his girlfriend, publicist Elycia Turnbow are engaged! The young couple excitedly shared the good news through their respective Twitter accounts. "...Im so happy to be ENGAGED to the love of

my life @ElyciaMarie!!!” Muniz tweeted on Saturday. The couple have gone through their ups and downs, especially this past year when police were called to their home to investigate a domestic violence claim. According to Muniz’s rep, [People](#) reports, “It was a situation that escalated beyond a point that it needed to be.” Hopefully the two can put everything behind them and start fresh with this next chapter in their relationship.

If your partner attacks you once, are they likely to do it again?

Cupid’s Advice:

It’s important to get your partner the necessary help if they do ever attack you. A situation such as this should not be ignored, because it can always happen again. Here are some things to keep in mind:

1. Counseling: Speaking with a professional therapist should be an option for both you and your partner. Therapy can help determine the source of the anger that led to the violent situation.

2. Communication: Instead of using your hands or objects to express your feelings, make it a priority to walk away if you feel the urge to get physical.

3. Other anger outlets: If anger is a problem for you or your partner, find other outlets to release stress such as going to the gym, running or something healthy that will calm you down.

How do you avoid violent situations with your partner? Let us know below.

Robin Williams Ties the Knot for the Third Time



Robin Williams has found the love of his life ... for the third time. Williams, 60, made it official by tying the knot with Susan Schneider on Sunday at the Meadowood Resort in Napa Valley, California.

Even though Williams swore he would never remarry after divorcing his second wife in 2008, the comedian has found love with Schneider, a graphic designer. According to RadarOnline, the two met right before Williams underwent heart surgery in 2009. While taking care of the actor, Schneider managed to mend *and* win over his heart.

Why are men smitten for women who take care of them when they're sick?

Cupid's Advice:

Men can become big babies when they feel under the weather.

From a small cold to a major health issue, they often cling to the women in their lives to care for them. The next time you feel overwhelmed or annoyed while looking after your sick partner, remember why he adores you as his private nurse:

1. He trusts you: Your man trusts you enough to put down his guard and act like a sick baby. Although it can be too much at times, remember how comfortable he is with you.

2. His mother: The truth is, your guy loves you to take care of him because his mother used to do it. Obviously he cares for you in a different way, as well, but men tend to be attracted to women who remind them of their mothers.

3. You stick by him: Even though being sick gets him a free pass to be immature and demanding, your partner is really able to see that you're in the relationship for the long run, through sickness and health.

Does your guy put on a show when he's sick? Share your stories below.

Justin Bieber and Selena Gomez Adopt a Puppy





Justin Bieber and

his Disney-actress-turned-pop-star girlfriend may not be ready for human children, but they're ready for the pet variety.

The couple recently adopted a puppy from D'Arcy's Animal Rescue Centre in Winnipeg, Canada, while on tour for Gomez.

They chose to name the blue-eyed husky mix, Baylor. "It was nice that they thought of the animals and came to visit our shelter while they were on tour," D'Arcy, the owner of the shelter told [E! News](#).

What are the advantages of raising a pet together?

Cupid's Advice:

Taking care of a pet is no easy feat, but it does come with some valuable lessons and perks. Here are a few:

1. Prep for kids: If you're considering having kids at some point, but are a little bit hesitant, consider bringing a pet into your family. It'll definitely teach you about the responsibility that goes into having another living thing to care for in your family.

2. Reliability and trust: Caring for a dog can teach you to rely on each other in a relationship. You'll also find out if your partner is capable and compassionate.

3. Sharing responsibility: If you're raising a pet with your significant other, you can both do the duties that go along with it. You can take turns walking a dog or cleaning a litter box. It's less work for you both.

What are other advantages of raising a pet as a couple? Share your ideas below.

Nicole Scherzinger and Longtime Beau Call It Quits



After four years, former Pussycat Doll Nicole Scherzinger and Fitness One driver Lewis Hamilton have decided to call it quits, according to [RadarOnline](#). The duo met in 2007 at the European Music Awards, but their careers have kept them apart during most of

the relationship. Scherzinger is currently a judge on the *X Factor* and is Hollywood-based, while Hamilton lives in Switzerland. A source confirms the split, saying, "So for now it's over. They think this is what's best."

How do you keep distance from breaking up your relationship?

Cupid's Advice:

There's no doubt that being apart for extended lengths of time while you're in a relationship is tough. Here are some ways to make it easier:

1. Use new technology: Now you talk to your significant other face-to-face every day if you wish, whether that means using Skype or Facetime on your iPhone. Make the distance a minor inconvenience instead of a deal breaker.

2. Consistently meet up: You can't be a couple and literally *never* see each other. Whether you travel to see your partner once a week, once a month, or every few months, it's important to make the effort to spend real time with your partner on a consistent basis.

3. Do things together: Yes, you're clearly not together, but that doesn't mean you can't do things together. Instead of just talking on the phone, watch a TV show or movie simultaneously. Call it a virtual date.

What are ways to keep a long distance relationship healthy? Share your ideas below.

Cate Edwards Marries College Sweetheart



Cate Edwards,

daughter of former Democratic presidential candidate John Edwards, married her college sweetheart, Trevor Upham in a North Carolina ceremony on Saturday. With the recent passing of her mother just ten months prior, Cate made sure to add small touches in remembrance of not only her mother, but her late brother and Trevor's deceased grandparents. A candle arrangement was lit in memory of the family members, and a Maya Angelou poem was read during the ceremony. "We just want this to be really happy and really joyous and that's what my mother would want," Edwards gushed to [People](#). The reception was held at the Edwards' estate ending an amazing day immersed in the spirit of family.

How do you include a deceased family member in your wedding?

Cupid's Advice:

Subtle touches of deceased loved ones infused in your wedding are sure to keep them in everyone's memory. Remember that they would want you to be happy, so keep the atmosphere positive:

1. Light a candle : Lighting a candle in honor of those who have passed is a simple yet touching way to keep them in your memory during the ceremony.

2. Favorite song: If you shared a favorite tune with those who passed, playing it at the reception is a good way to honor them.

3. Something old: For your "something old," tying something from your loved one into your attire is a great way to include them in your wedding. A piece of jewelry or clothing is easy to incorporate into your dress.

How do you include a deceased family member in your wedding? Tell us your story below.

Tough Love Miami: Michelle Betts Talks About Life Before and After Romance Bootcamp





By Andrew Pryor

Michelle Betts is no stranger to tough love. As a personal trainer, she's the one who is usually dishing it out to her clients. So how would someone like her handle being a contestant on VH1's *Tough Love Miami*, taking part in a relationship bootcamp run by dating drill sergeant and master matchmaker Steve Ward?

Very well, as a matter of fact. "I could take it because I knew how that type of criticism worked," says Michelle. "I'm a personal trainer, and I know that sometimes you can be soft and encouraging, but other times you really have to break people down."

Before her appearance on the show, Michelle lived a very disciplined life, keeping a strict and structured schedule for every activity—including finding love. "I wasn't the type of person who obsessed over a date calling me back," says the *Season 4* contestant. "I wouldn't call someone out of desperation."

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The few lasting relationships Michelle did have in the five or six years before *Tough Love* she says she'd like to forget. Michelle devoted herself to living a life of positivity, emphasizing exercise, meditation, and her now-infamous "vision board," where she would build a collage of all the qualities she wanted in a man.

"*Tough Love* was rehab for my broken heart," she says. "Honestly, if I hadn't gone on the show, I would have spent 5-10 more years being held back by my own personal issues. People would always ask me, 'Why are you single?' and eventually I started saying, 'Yeah, why *am* I single?'"

Initially, it was difficult for Michelle to adjust to the new environment because she had not lived with other women before. Over time, she did form bonds with the others and even left the show with "two lifelong friends."

Related Link: [Get Fit With Your Significant Other This Weekend](#)

But Michelle never forgot the true reason she was there. "I went in for myself," says the fitness expert. "I went in not to meet a guy, but to have the tools I needed to build a relationship when I went back to California."

So did Michelle find love through the *Tough Love* process?

"I can't tell you that much yet," she laughs. "What I can tell you is that it was a difficult process, and the challenges definitely got harder as the season went on. Oh, and there's a whole lot of drama this season."

Always a good reason to keep watching!

Tough Love: Miami is on VH1 on Sundays at 8 ET/7 CT.

JLo Breaks Down During Song About Lost Love



On Saturday night, Jennifer Lopez broke down on stage in front of her fans. The teary eyed songstress paid homage to her old relationships after singing her past hit, *If You Had My Love* at Mohegan Sun concert in Montville, Ct. Lopez used the stage as her own personal therapy session. According to UsMagazine.com, a look-a-like P. Diddy (dated for 2.5 years) , Ben Affleck (engaged to in from 2002-2004), and Marc Anthony (who she recently divorced) all took the stage while JLo sang her new love songs. Hey, we're not judging. Whatever it takes, like JLo's song says to *Get Right*.

What are some ways to reveal your emotions about lost love?

Cupid's Advice:

Getting your emotions out is a part of moving on and healing

after a breakup. We don't all have a stage like JLo, so here are some average ways to reveal your emotions after a lost love:

1. Talk it out: Tell someone you trust—a girlfriend or sibling—how you feel about your past relationship and what you want out of a new one. It's okay to cry on someone's shoulder.

2. Writing: Expressing your feelings in a journal, poem, or letter is very therapeutic and just between you and the paper.

3. Social Media: Although it's never a good idea to bash your exes, revealing your emotions on Twitter or Facebook can be empowering. Just pretend your social platform is your stage, and Jennifer Lopez will be proud.

How do you reveal your emotions after a breakup? Share your comments below.

Rumor: Jessica Simpson Is Pregnant





According to [RadarOnline](#), Jessica Simpson is allegedly showing off a baby bump! Although the singer has refused to publicly comment on whether she is indeed pregnant with her fiancé Eric Johnson, she was seen walking through LAX with her jacket open, and revealing a suspiciously sized belly on Sunday.

How do you keep your pregnancy a secret?

Cupid's Advice:

When you're pregnant, everyone – including co-workers – want to know. If you aren't ready to announce the big news to anyone just yet, here are three ways you can keep your pregnancy a secret:

- 1. Clothes:** Wear long dresses and shirts with various prints on them that will cover your stomach. Or, if you're asked if you're pregnant, say you've just gained weight.
- 2. Secret between you and spouse:** Make sure your spouse doesn't announce it to anyone until you're ready to do so.
- 3. Excuses:** If anyone asks, say, "We're trying, and when I do become pregnant, you'll be one of the first to know."

Share with our readers if you know other ways to keep your pregnancy a secret.

Ryan Reynolds Spends Birthday Weekend with Blake Lively



Ryan Reynolds spent his 35th birthday with *Green Lantern* costar Blake Lively, reports [People](#). The duo were seen Saturday morning outside an apartment in Boston, where Reynolds is filming the movie *R.I.P.D.* A source confirmed that the two are more than friends. "They are very much a couple," said the source. "They're really happy together."

What are some fun ways to spend your birthday with your significant other?

Cupid's Advice:

Your birthday is one of the few days where you get to make all the decisions. Here are a few ways to spend your special day with your partner:

1. Go sightseeing: Spend a day outside of the house. Take your partner and go sightseeing downtown. The time outdoors will be refreshing and entertaining.

2. Go to your favorite restaurant: Take your partner to your preferred restaurant for a casual lunch. You'll be able to relax and enjoy your favorite foods.

3. Throw a party: Having a birthday party is a great way to introduce your partner to your friends and family. You'll also be able to enjoy the company of those who care about you.

**Have you recently celebrated a birthday with your partner?
Feel free to leave a comment below!**