

# Kris Humphries Mocks Kim Kardashian's Weight Pre-Split



The marriage may be over, but the season has yet to air. New footage from the upcoming season of *Kourtney & Kim Take New York* showed then-newlyweds Kris Humphries and Kim Kardashian flirting around in a negative light, reports [UsMagazine](#). In the clip, Humphries picks up Kardashian and says, “God, you ate a lot of wedding cake!” Though joking, a source says that Humphries frequently criticized his wife. “He belittled her in front of people,” said the source. “He’d call her stupid. It was truly sickening.”

**What are some ways to deal with your partner’s criticism?**

**Cupid’s Advice:**

When your partner wants to make a change, they may not go

about it in the most polite way possible. Here are a few ways to deal with your partner's criticism:

**1. Take their advice:** Often times your partner's criticism is just poorly phrased advice. Tell your partner that their tone is offensive, but take their advice into consideration.

**2. Ignore them:** If you feel your partner's criticism is irrelevant, then ignore it. If the criticism has no effect on you, then your partner may stop trying to make a change.

**3. Confront them:** When criticism becomes frequent, it is time to confront your partner. Tell them that their criticism is hurtful, and ask them to stop.

**Have you ever had a critical partner? Feel free to share your experiences in a comment below.**

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# Justin Bieber Serenades Selena Gomez During AMA Rehearsal





The

Biebs is showing his romantic skills yet again! This time, Justin Bieber serenaded girlfriend Selena Gomez during a rehearsal for the American Music Awards, according to [UsMagazine](#). Despite Bieber's paternity scandal, it doesn't look like the cute duo is letting anything get them down. "At one point Justin even sang 'I Feel Good' a la James Brown, said a source. "They were totally adorable. They were snuggling in between takes, and he was serenading her! They look as in love as ever." The pop star is scheduled to perform a song from his new holiday CD at the awards show, while Gomez is slated to present.

**What are three creative ways to show your partner you care?**

### **Cupid's Advice:**

It can become routine to simply say the words "I love you" every day. It's important to go out of your way periodically to actually *show* your partner you care, as well. Cupid has some ways:

**1. Present them with love coupons:** Make or buy some coupons good for things like a massage, a home cooked meal or a viewing of their favorite movie. It'll show that you're

willing to go to certain lengths to please them.

**2. Get a makeover:** Sometimes when you've been in a relationship for a long time, you don't pay as much attention to the way you look around your partner. As a special treat, bring them out to dinner and show up as pretty or handsome as possible.

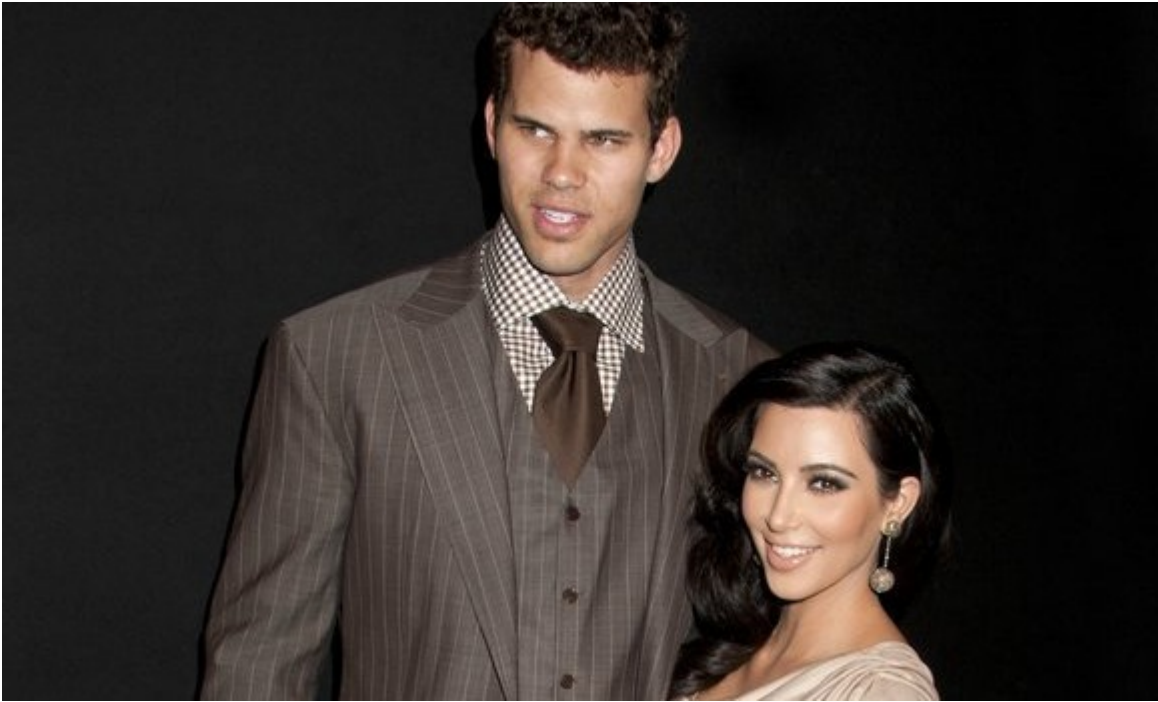
**3. Write a love letter:** It may sound corny, but often times a written letter that spells out your feelings for someone can be incredibly touching.

**What are some other creative ways to show you care for your partner? Share your ideas below.**

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## **Vanessa Minnillo Changes Her Name**





Vanessa

Minnillo is no more. The 31-year-old, who married Nick Lachey in July, has officially changed her name to Vanessa Lachey, reports [E! Online](#). Lachey took to Twitter to break the news, tweeting, “So. I’m making it official, and I LOVE my new name! @VanessaLachey has a nice ring to it.”

**What are some things to consider before changing your last name after marriage?**

### **Cupid’s Advice:**

Though taking your husband’s name used to be expected, more and more women are now choosing to keep their maiden names. Here are a few things to consider before making your decision:

**1. The repercussions:** Having a different last name than your partner can be troublesome. Organizing financial documents, insurance papers, and other investments are often easier when you and your spouse have the same last name.

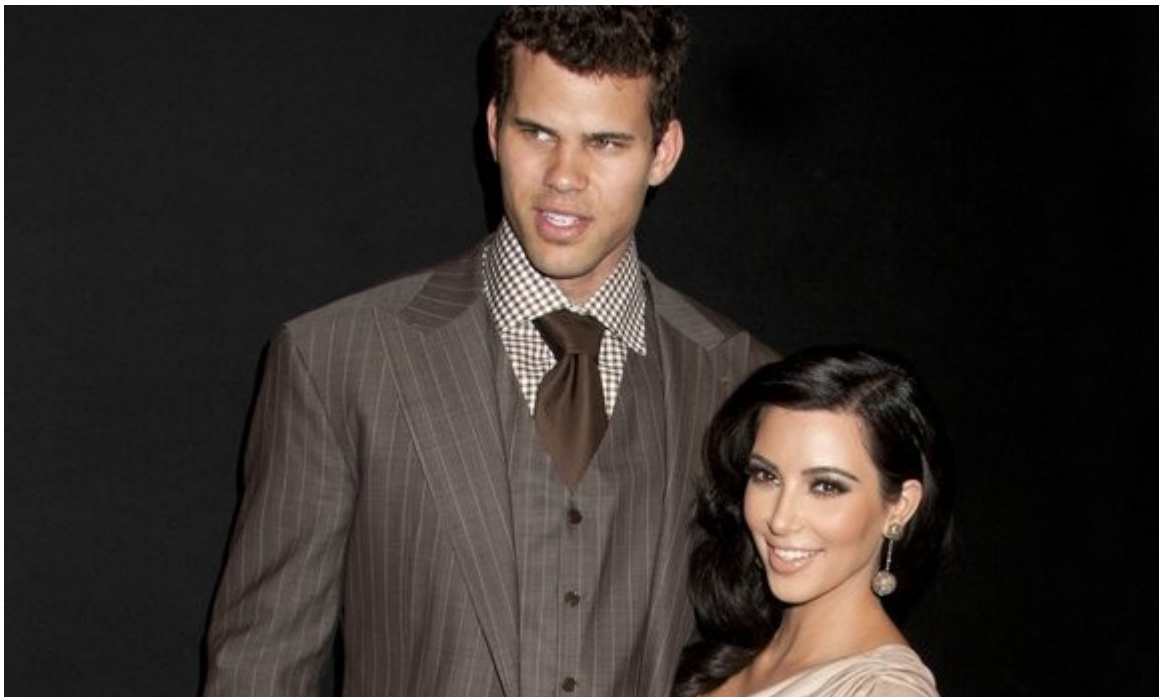
**2. Your partner’s feelings:** If your partner wishes for you to take his name, you should take his feelings into consideration. However, make sure his wishes are only a small factor, not the deciding factor.

**3. Your preference:** Don't let society's expectations overrule your personal preference. It's your name, and ultimately, it's your choice.

**Did you take your husband's name after marriage? Feel free to share your feelings on the subject in a comment below.**

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## **Beyonce Was Worried Pregnancy Secret Would Be Revealed Prematurely**



Beyonce has always been a private person under a public microscope. That's why, when she revealed her baby bump at the 2011 Grammy Awards, Facebook and Twitter were on fire. How long was she

pregnant before popping the news to her fans? [Access Hollywood](#) said that Beyonce was hiding her pregnancy since her four-night Roseland Theater performances. While on stage, the mom to be said she was thinking, “Everyone knows, everyone can see.” Beyonce, we speak for all your fans when we say: We had no idea!

**How do you keep your pregnancy a secret at the beginning?**

### **Cupid’s Advice:**

Finding the right time to tell everyone about your pregnancy can be difficult. Many women wait until they have gotten past the first trimester and others blurt it out as soon as they find out. But just in case you were thinking about holding your tongue, Cupid has some tips:

- 1. Keep the changes to yourself:** You may start to feel extra bloated and moody. Keep those feelings at bay and don’t speak to others about it. People will start to get suspicious. Play it cool.
- 2. Try not to shop:** Baby clothes are so cute, and it’s hard to say “no” once you know that you’re expecting. Be strong, and don’t let a trail of baby clothes give you away.
- 3. Tell one person:** It’s hard to keep such a big secret. Tell one person that you trust, and ask them not to tell. Getting it off your chest will keep you from being stressed.

**How did you hide your pregnancy? Share your experiences below.**

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# Kasey Kahl Discusses His Future with Vienna Girardi Post-Breakup



*Bachelor Pad 2* couple, Kasey Kahl, 27, and Vienna Girardi, 25, are both keeping the option of reuniting open after their recent split. According to [UsMagazine](#), Kahl and Girardi have both said that they don't know what the future holds, but it could bring them back together. Looks like the two are still remaining friends for now.

**Is it OK to leave the possibility of a rekindled romance open after a breakup?**

**Cupid's Advice:**

Most breakups end miserably, but some close on good terms.



Staying friends usually means that you think there's a chance of eventually getting back together with your ex. Here are some things about which to be cautious:

**1. The reasoning behind your breakup:** The thing is, you probably broke up for a reason. If nothing in either of your lives has changed to affect that reasoning, there's probably no reason the relationship would work if you gave it a second shot.

**2. It could get messy:** Thinking about getting back together with your past love could lead to a "friends with benefits" situation and a huge mess of emotions. Be prepared.

**3. Your partner's intentions:** If you're going to rekindle a romance, it's important to have a long discussion with your ex before jumping back into things. Make sure you know what they expect from a relationship, so that you go into it with clarity.

**Do you think it's okay to leave the possibility of a rekindled romance open after a breakup? Share your ideas below.**

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## **Justin Timberlake and Jessica Biel Show PDA at Dinner Party**





Actress

Jessica Biel made a great hostess and girlfriend at her dinner party for Tod's at the Chateau Marmont. Biel and rumored boyfriend Justin Timberlake showed affection toward each other without overdoing it, and an onlooker told [People](#) that the two were "very sweet" together.

**What are some ways to show affection without being obvious about it?**

### **Cupid's Advice:**

Showing too much PDA is almost never appropriate. Cupid has some advice on how to keep things classy:

- 1. Hand holding:** Taking each other by the hand in public is a subtle way of showing others that you're together.
- 2. Little kisses:** Locking lips in public can appear tacky, but a kiss on the cheek or the forehead is a cute way to display your affection. If you really can't refrain, keep your kisses to a short peck on the lips.
- 3. Affectionate invasion of space:** Flirting at an intimate distance can be a fun way to tease your partner, and others

will enjoy seeing love in the air.

How do you show PDA without getting too risqué? Share your comments below.

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## Ashton Kutcher Describes What He Doesn't Like in a Woman



When it comes to a newly single Ashton Kutcher, what you see is what you get. Though the reasons for Kutcher's split from Demi Moore have yet to be seen, the *Two and a Half Men* star, 33, discussed what he wanted in a woman in an interview before his sex scandal. He said that he "could never be with a woman who felt like she needed to change me." According to [People](#), Kutcher may have cheated on his wife of six years, but this

doesn't mean he's against the idea of compromise. He believes in "working on the relationship" and that the goal of it all is "to be in a relationship."

**What do you do if your partner holds some qualities that you don't like?**

**Cupid's Advice:**

Everyone has flaws, and you're never going to find someone about whom you like absolutely everything. Here are some tips:

**1. Think about why you want them to change:** If you don't like something about your partner, make sure that the qualities you dislike aren't a major problem. If you're an impatient person, for example, you may be less likely to accept a partner who is perpetually late.

**2. Have patience:** It's important to note how necessary patience is in a relationship. Nobody can change overnight, and it can be very difficult to break a habit. Support your partner when they try to change something about themselves.

**3. Compromise:** Is there something about yourself that bothers your partner? You can suggest that you and your partner both try to change some negative aspects of yourselves that may be affecting the relationship. If you change together, you're more likely to grow together.

**What are some qualities you don't like in a partner? Share your thoughts below.**

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# Robert Downey Jr. Takes Pregnant Wife On Vacation



He's not Paul Avery, but he is a father in training. Actor Robert Downey Jr. recently took his six-month pregnant wife Susan Levin on a weekend getaway to Hawaii where they snorkeled on the island of Kauai, according to [UsMagazine](#). The couple will welcome their first child in February. Downey Jr. and Levin met in 2003 on the set of the movie *Gothika*. The star of *Sherlock Holmes* credits Levin for helping him remain sober. "There's no understanding for me of the bigger picture in real time in a hands-on way without her," he told *Esquire* in 2009. "Because it was the perfect, perfect, perfect matching of personalities and gifts."

**What are some ways to make your pregnant significant other happy?**

## Cupid's Advice

You don't always have to take the future mother of your child off to a weekend getaway in Hawaii, but do try to make her feel appreciated. Here are some smaller ways to do so:

1. **'Dinner's on me'**: Take some time to cook her favorite dinner. This will let her know just how special she is to you.
2. **'Need a foot-rub?'**: Do some little things for her around the house, make things easier for her while she's pregnant. She's the one carrying your child, which is work in and of itself.
3. **'Have the remote'**: Let her know that you're there for her and ready to listen and take care of her needs. If she wants to watch a show, hand over the remote.

**What are some other ways to make your pregnant partner happy? Share your ideas below.**

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# Jeremy London Is Called for Questioning About Girlfriend's Assault







According to [People](#), *Party of Five* actor Jeremy London's girlfriend called the Palm Springs Police Department on Friday saying he assaulted her after an argument over the custody of their child. London's rep, Dominic Friesen, stated, "This is a false allegation and we understand that the police have to follow protocol in issuing an arrest warrant – standard when any woman files a complaint of domestic abuse. However, no such abuse occurred and these allegations will soon be proven false." Further, Friesen said, "Jeremy's legal counsel is cooperating with authorities and a factual account of the incident is on record. We anticipate Jeremy to be cleared of any wrongdoing as he continues to enjoy fatherhood and embrace sobriety."

**What are the first three steps to take if you've been assaulted by your partner?**

**Cupid's Advice:**

- 1. Tell someone:** Don't keep the information to yourself; it'll make you vulnerable. Tell someone you trust.
- 2. Get help:** Call the police and/or a domestic violence agency to get help.

**3. Leave:** If you're assaulted by your partner, that means they don't respect you. The best thing you can do for yourself is to leave the relationship.

Let us know other steps to take if someone is assaulted by their partner by commenting below.

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## Mila Kunis Keeps Promise and Attends Marine Corps Ball



Mila

Kunis is a woman of her word. The actress made headlines last summer when she accepted an invitation to a Marine Corps Ball from Sgt. Scott Moore, reports [People](#). The *Friends with Benefits* star kept her promise and attended the ball, in Greenville, North Carolina, on Friday. "She's going to get a

chance to learn about the Marine Corps, and we're all going to have a great time celebrating the Marine Corps birthday," said Marine spokesperson Capt. Scott Sasser. Sgt. Moore asked Kunis to the event in a YouTube video after making a bet with a fellow marine. "I always thought I had a chance, and sometimes, that's all you need," he said.

**What do you do if your partner continuously breaks promises?**

### **Cupid's Advice:**

If your partner frequently goes back on their word, you may need to take a deeper look at your relationship. Here are a few suggestions:

**1. Raise the stakes:** If you make it harder for your partner to go back on their word, they may be discouraged from breaking promises. Talk about how much an upcoming date means to you, or stress the importance of a certain event. Hopefully, your partner will recognize that this is not something of which they can back out.

**2. Limit your patience:** Though being forgiving is a virtue, too much of it can harm your relationship. You can let a few broken promises slide, but be careful not to become a pushover.

**3. Talk to your partner:** If you feel your partner will only respond to a direct approach, then talk to them. Tell them how their broken promises are insulting you and hurting your relationship. Hopefully, your partner will apologize and make a change.

**Have you had a partner that has broken promises? Feel free to share your thoughts in a comment below.**

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# Charlie Sheen Reunites with Denise Richards for Kid's Soccer Game



According to [RadarOnline](#), Charlie Sheen spent Saturday in Calabasas, Calif. with his ex-wife Denise Richards while attending his daughter's soccer game. Sheen and Richards watched from the sidelines with daughters Lola and Sam and were seen laughing and joking with each other. Although Sam's team lost, Charlie announced on Twitter afterward, "Saturday is soccer! Here's three great reasons why I love my weekends!" and posted a picture of himself, Richards and his daughters.

**How do you remain civil with your ex after a bitter falling**

out?

### **Cupid's Advice:**

After a divorce, it's difficult to remain civil with your ex, although it's not entirely impossible. Here are three ways:

**1. Be understanding:** After a bitter break-up, you both will experience different emotions toward one another. When interacting, stay calm and try to understand each other, especially if you are at one of your child's events.

**2. Arrive single:** While at a joint celebration, never arrive with a date unless it has been many years since the divorce took place. Introducing your new partner might upset not only your ex, but also your children.

**3. Have rules:** Work things out and speak with your ex about how you can both remain civil at functions so that you don't upset those around you.

How you do remain civil with your ex? Share your ideas below.

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## **Nikki Reed Says Marriage Is 'Easy Breezy' So Far**





In

light of the recent influx of celebrity divorces, it's great to come across a happy and healthy Hollywood marriage. Nikki Reed, who tied the knot with *American Idol*'s Paul McDonald, told [People](#), "The first year [of marriage] is not the hardest. Gosh, if this is the hardest, then it's gonna be easy breezy." She added that even under the most stressful situations, she and her new husband still make a great team.

**As a newlywed, how do you set a good precedent for your marriage?**

**Related:** [Cheat On Your Husband \(With Your Husband\)](#)

### **Cupid's Advice:**

It's important set the precedent for a healthy relationship from the beginning, not just when it comes to marriage, but also when it comes to dating. Cupid has some tips:

- 1. Don't sweat the small stuff:** Fighting over silly things is a waste of time and can only put an unnecessary riff between you and your partner.
- 2. Speak up:** If your partner says or does something you don't



like, tell them from the beginning that their behavior is unacceptable.

**3. Be their best friend:** A perfect partner isn't just a lover, but also a best friend.

**How do you connect with your partner early on? Share your thoughts below.**

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## Connie Britton Adopts a Son from Ethiopia



Connie Britton, star of the new hit series, *American Horror Story* is the proud new mom of a baby boy from Ethiopia. Britton finally got to bring nine-month-old Eyob home after a three-

year- long adoption process. According to [People](#), the 44-year-old actress is happy for motherhood and says that her son has completed her.

## **What are some ways to bond with an adopted child?**

### **Cupid's Advice:**

When you adopt a child, bonding can be difficult. Here are some tips for you and your child to become comfortable with each other. Bonding takes time, but with love, it will happen sooner than later:

**1. Teach and learn:** If your child is from a different background than you, take time to explore their culture together. A trip to a museum, library, or restaurant when they're older will bring you closer.

**2. Interact with your baby:** You are not the child's biological parent, so eye contact during feedings are important to your baby getting to know you and creating a bond stronger than any biological relationship. Try a baby massage class to learn the value of touch.

**3. Interact with your older child:** Older children take a little more time to bond with, but the techniques are the same. Love, conversation, eye contact, touch and honesty will do the trick. Remember that growing close takes time.

**How did you bond with your adopted child? Share your experiences below.**

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# Tori Spelling Calls Dean McDermott Her Soul Mate



What do you get a man who has everything as a birthday gift? For Dean McDermott's birthday, wife, Tori Spelling, posted a love letter to him on her website where she called McDermott her soul mate. "I would dream of you for so long," Spelling wrote. "So many represented you. My dad. Every Ken doll I ever played with. Every prince in every Disney cartoon. The lead character in every John Hughes film. Not one guy I ever dated. And, then you became a reality." According to [People](#), the two who wed in 2006 just welcomed their third child, Hattie.

**What are some signs that your partner is "the one"?**

**Cupid's Advice:**

Everyone is looking for "the one." So when you find him or

her, hold onto them. Here are some signs that “the one” may be right in front of you:

**1. You dream of them:** When you’ve found your soul mate, you spend your days daydreaming about them and your nights unable to sleep because you’re so excited to be with them.

**2. You can’t stop smiling:** Those in love are all smiles. When you find “the one”, you may find yourself smiling at inappropriate times because you just can’t contain your happiness.

**3. They dream of you:** If they spend as a much time dreaming, thinking, and smiling about you, they are “the one.”

**How do you tell your partner that you think they’re the one? Share your ideas below.**

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# **Ruben Studdard Files for Divorce From Wife Surata Zuri McCants**





*America*

*n Idol* Season 2 winner Ruben Studdard is divorcing his wife of three years, reports [UsMagazine](#). “Ruben and Zuri have gone their separate ways,” said Studdard’s rep. Studdard, 33, married Surata Zuri McCants in Mountain Brook, Alabama on June 28th, 2008. The couple shares no children.

### **What are three things to consider before filing for divorce?**

#### **Cupid’s Advice:**

Even when a relationship seems over, it may still have some redeeming qualities. Here are a few things to consider before filing for divorce:

- 1. Your emotions:** Many relationships go through rough patches. Make sure that your relationship is beyond repair and that you have absolutely no feelings left for your partner when you file for divorce.
- 2. Children:** If you and your partner share children, you may want to consider extensive couple’s therapy. Your decision will affect not only you and your partner’s lives, but your children’s lives as well.

**3. Financial stability:** Going through a split can be very expensive. If you and your partner can't afford to pay for lawyers, it might be best to hold off for a time when the divorce settlements can be handled properly.

**Have you gone through a divorce? Feel free to leave a comment with your thoughts below.**

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## **Demi Lovato Catches Bouquet at Disney Co-Star's Wedding**



The wedding fairies may be trying to tell former Disney star Demi Lovato something. The actress recently attended her former *Sonny with a Chance* co-star Tiffany Thornton's wedding, and she caught the bride's bouquet at the reception, according to



[UsMagazine.com](http://UsMagazine.com). Lovato wasn't shy about her accomplishment, either, as she went straight to Twitter to tell the world. "Such a beautiful day," Lovato tweeted. "Congrats to the new Mr. and Mrs Chris Carney! P.S. Guess who got the bouquet? ME!"

**How do you deal with your man when he freaks out after you catch the bouquet?**

### **Cupid's Advice:**

Catching the bride's bouquet at a wedding traditionally means you'll be the next to tie the knot. This can send your man into a full-on panic. Here's how to keep him calm:

- 1. Don't make it a big deal:** After you catch the bouquet, play it cool. Don't make a big fuss or put any pressure on your man. This will only make him more stressed.
- 2. Keep expectations out of it:** Make it clear that the bouquet doesn't change your mindset about your relationship. Make it be known that you don't have any outstanding expectations as a result.
- 3. Play it off as superstition:** Make it be known that you are fully aware that the bouquet tradition is purely superstition, and simply laugh it off.

**How do you calm your beau's nerves post-bouquet catching? Share your ideas below.**

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# Heather Locklear and Jack Wagner Call Off Their Engagement



Their characters may have tied the knot on *Melrose* place a year ago, but Heather Locklear and Jack Wagner won't be heading to the alter anytime soon. According to [People](#), the couple have called off their engagement. The pair, who got engaged in August, had the full approval of Locklear's daughter, Ava. "Ava was so excited when we told her," said Locklear. "She hugged Jack, said congratulations, and she immediately wanted to see the ring. Then she ran and Facebooked her new stepbrother."

**How do you know when it's time to call off an engagement?**

**Cupid's Advice:**

When you're set to marry, it can be difficult to just call everything off ... especially after you've already told everyone about your wedding plans. Here are some ways to know it's time to say "no" to marriage:

**1. Wedding plans have ceased:** If you don't feel like planning your wedding and your partner feels the same way, it's probably a sign that neither of you are ready to tie the knot. It doesn't necessarily mean you have to break up, but there's no reason to rush into marriage right away.

**2. You have doubts:** Pay minor doubts no mind, as everyone has worries. But when you start having major doubts about the future of your relationship, it's time to start questioning why you're getting married in the first place.

**3. You're not excited:** Weddings are a joyous occasion and if you're not anxious for yours, that's not good. Sometimes peer pressure and family obligations can lead you into a marriage you're not ready for, so beware of that and stand your ground.

**How did you know when to call off your engagement? Share your experiences below.**

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## Are Cameron Diaz and Diddy Hooking Up?





Cameron

Diaz and Alex Rodriguez may have called it quits, but she isn't giving up on men just yet. The actress is rumored to have reunited with her on-and-off again hookup Sean "Diddy" Combs. The duo has reportedly gone public, and eyewitnesses have reported seeing them "making out" and "acting romantic." This wouldn't be a problem if Combs wasn't currently dating his model girlfriend, Cassie, of three years. A friend told [UsMagazine.com](http://UsMagazine.com) that, "Diddy's single whenever there's a better offer on the table!"

**What are some signs that your partner is cheating on you?**

**Cupid's Advice:**

Are you suspicious that your partner is sneaking around? It's important to trust your gut. Cupid has some tips:

**1. Change in behavior:** If your significant other is suddenly overly nice or incredibly rude, it might be a sign that something's up. Also, if you feel like you can never trust anything they're saying because the story never adds up, it's probably something you'll have to explore.

**2. He's avoiding you:** When they're constantly hanging out in a

group of friends without you or is claiming to “be too busy to spend time with you,” it’s time to ask deeper questions.

**3. His appearance has changed:** You may have noticed that looks have suddenly become a priority to your mate. If he gets his hair of has started trending a new wardrobe, it’s possible he’s trying to impress someone besides you.

**How did you catch your man cheating? Share your experiences below.**

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## **Rumor: Britney Spears Could Be Engaged After Her Tour Ends**





Apparently three times really may be the charm in this case. Britney Spears may be walking down the aisle with her boyfriend and manager, Jason Trawick. Rumor has it that when Spears wraps up her *Femme Fatale* tour, Trawick will finally pop the big question after years of dating. According to [RadarOnline](#), Spears is under a conservatorship, which simply means her father is in charge of her financial assets and well being. If Spears decides to get married, her father's lawyer will have to sign off on the union. Spear's family and two sons, Sean Preston and Jayden James, love Trawick and can't wait for him to join the family.

**How do you know when to pop the question?**

### **Cupid's Advice:**

Proposing can be nerve racking, no matter how long you've been dating your partner. Fear of rejection and long time commitment can put an engagement on hold. Here are some ways to know you're ready:

**1. Family:** If your family is crazy about your partner, then he or she is likely a keeper. Do either of you have children? If you have already begun to raise kids as a team, it might be



time to make it official.

**2. You find yourself looking at rings:** Talking about marriage and kids is one thing, but actually window shopping or surfing the net for a ring may mean that your ready to take the next step in your relationship.

**3. Commitment:** An engagement means a commitment to each other, and the ring lets other men and women know that your partner is happily taken. Some couples decide to stay engaged and forget marriage, while others enjoy a long engagement before sealing the deal. Whatever you and your partner choose, if you're in love and ready to make a commitment, its time to pop the question.

When did you know it was time to ask, "will you marry me?"  
Share your experiences below.

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## 'Bachelor' Couple Vienna Girardi and Kasey Kahl Call It Quits





Add

another break-up to *The Bachelor* and *The Bachelorette* bunch, because another couple has split. Vienna Girardi and Kasey Kahl became an item on the reality show *Bachelor Pad* when they took a second shot at love, but the couple has decided to go their separate ways. “Yes Vienna and I have split. It’s been 5 weeks now. I can’t fake it anymore. I will always love, be there for her, and wish her the best,” Kahl posted to Twitter.

“@KaseyRKahl will always be my best friend, but yes we have split. No idea what the future holds for us but we will always remain friends,” replied Girardi, also via Twitter.

**How do you know when it’s time to go your separate ways?**

### **Cupid’s Advice:**

Breakups aren’t always easy, and it’s hard to be sure when you’re ready to split from your partner. Cupid has some tips:

**1. You’re having doubts:** If you’ve started to second guess your relationship, figure out why you feel that way. It’s important to have confidence in your relationship together, and if you don’t, who will?

**2. The novelty has worn off:** The beginning of a relationship

is the most thrilling part because it's all new and exciting. If you've stopped growing as a couple, there's no point in pretending it's going to work long term.

**3. You don't see them in your future:** If you can't imagine spending the rest of your life with this person, don't continue to waste your time or theirs.

**How did you know when to end your last relationship? Share your comments below.**

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## Jake Pavelka Goes Public With His New Model Girlfriend



*The Bachelor* star Jake Pavelka, 33, is a bachelor no more.

Pavelka is now a dating graduate of the University of Central Florida and a contestant on CMT's *Sweet Home Alabama*, Ashley Ann Vickers. The relationship is fairly new, as they met on the set of the CW show *H8r* and just this past Saturday hit the beach for some couple-time. According to [UsMagazine.com](http://UsMagazine.com), Vickers' website says she is a Southern born lady who competed in the Miss USA pageant and modeled for *Maxim*. But her true passion lies in motivation, as she "hopes to become a full time motivational speaker for college kids" in the future. If her website is anything to go by, Vickers seems like a keeper.

## **What are some things to consider before going public with your relationship?**

### **Cupid's Advice:**

It's tough to know when the right time is to tell your friends and family about a new relationship. Cupid has some tips:

**1. Determine your motives:** Why do you want to go public with your relationship? If it's because you want to share the source of your happiness, then it's probably time to tell family and friends. If it's because you want to avoid awkward questions from friends and family, that may not be a good enough reason.

**2. Label it:** Figure out what the title you're going to give your relationship. There's nothing more awkward than going to introduce someone and not knowing what exactly to call the relationship. If you can talk about that, you're ready to go public.

**3. Give a head's up:** There's nothing worse than introducing your partner and having a family member or friend share some embarrassing information. Avoid awkward introductions by giving forewarning.

How did you decide to go public with your relationship? Share your thoughts below.

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## Rob Pattinson Thinks Kristen Stewart Looks “Amazing” as a Bride



Aside from the Royal Wedding and Kim Kardashian's fairy tale nuptials, the *Twilight Saga: Breaking Dawn Part I* is due to premiere in just a couple of days with one of the most anticipated "I do's" of the year. To the building anticipation to see Kristen Stewart make her way down the aisle, Rob Pattinson had this to say: "It's a white dress," he joked.

“But it’s beautiful, it’s an incredible dress. She looks amazing.” Not only did Pattinson enjoy seeing his on-and-off-screen girlfriend all glammed up in her wedding dress, but he also gained a new appreciation for real-life nuptials, according to [People](#). As the on-screen groom, he realized that his role in the wedding was minuscule compared to Stewart’s. “She had to deal with all the nerves, all the heavy lifting in the scene,” said Pattinson. “You suddenly realize that the role of a man, the role of a groom in a wedding, is that of a prop.”

**What are three ways that a man can best contribute to the planning of his wedding?**

### **Cupid’s Advice:**

Weddings can be stressful and exciting at the same time. Don’t let your man miss out on all the hard work or the fun. Here are some ways to have him contribute:

**1. Taste tester:** Men love any excuse to eat, so take them along to taste all the possible flavors for your wedding cake and dinner meal. Along with the joy of sitting next to his bride-to-be, a satisfied belly can only add to the happiness. Also, if alcohol is being served at the reception, make sure his favorites are on the menu.

**2. Let him manage the budget:** If he has good math skills, let him handle the money side of things. This way he will feel in charge, while you still have the opportunity to pick the theme and create the wedding of your dreams ... without going broke.

**3. Help make the lists:** There are two important lists that contribute to a wedding’s success: the invitation list and the DJ’s playlist. Sit down and write the them together. It’ll be a good way to get even more excited about the big day together.



How did your hubby help with the wedding plans? Share your comments below.

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## David and Victoria Beckham Get Cozy at Kid's Soccer Game



What's one of the reasons we love the Beckhams? They are family-oriented and are not afraid to be affectionate in public. [RadarOnline](#) reported that the two were hugging and laughing while at their son's soccer game. When soccer star dad, David Beckham, wasn't taking proud pictures and Victoria wasn't giving baby Harper her undivided attention, the couple made sure to sneak in plenty of intimate moments.

What are some ways to keep the romance alive after you have

**kids?**

**Cupid's Advice:**

**1. Body contact:** Intimacy is the key to keeping the flame between you and your partner lite. Hugging, holding hands, and rubbing his/her arm shows that you care and are sexually attracted to your partner, in a G rated kind of way.

**2. Date night:** Going out on a date once a week can be difficult when you have kids, but staying in can really be romantic. Turn your dining room into a restaurant or your bedroom into a spa for you and you partner to relax and enjoy each other.

**3. Be thoughtful:** Give your partner a gift, but have the kids be a part of it. Want to give her roses? Let the little ones pick it out, this way romance isn't lost and neither is time spent with the kids.

**How do you romance with your partner?**

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# **Justin Timberlake Attends Marine Corps Ball, Making Good on Promise**





Justin Timberlake, 30, accompanied combat instructor Kelsey De Santis to the Instructor Battalion Marine Corps Ball on Saturday, making good on his previous promise. The singer and actor accepted De Santis' invitation over the summer. After the fact, Timberlake had nothing, but excellent things to say of the experience, saying that it "was one of the most moving evenings" he's ever had and that he was "really blown away." The star was very humbled by the experience and was surprised that such a young lady was representative of those that look after our freedom, according to [People](#). He described them as "humble, concerned for others before themselves."

**What do you do if your partner continually breaks promises?**

### **Cupid's Advice:**

If you're in a relationship and your partner continually breaks promises, it's time to take some action. Here are some options:

**1. Talk to your partner:** It might sound simple, but sometimes the best solution to broken promises is by talking to your partner and getting more information. Making them aware of how these breaks in trust affect you may appease the situation.

**2. Put it in perspective:** Decide whether their broken word is something minor or major. If it's something as inconsequential as not putting out the trash after he said he would, there may just be a problem with communication. Don't let a minor problem escalate for no reason.

**3. Think about your relationship:** Discern how you want things to develop in your relationship. Perhaps make a list of pros and cons and look at them with an objective eye. If the pros significant outweigh the cons, it may still be worth working on the relationship.

**How do you deal with broken promises in a relationship? Share your thoughts below.**