

Kris Humphries Wants to Dismiss Prenup with Kim Kardashian



The public hasn't heard much from Kris Humphries since Kim Kardashian filed for divorce, but his plan to annul their marriage could change that, reported Hollyscoop.com. The annulment would dismiss their pre-nup, which includes a strict confidentiality clause that forbids either party from discussing intimate details of their relationship to the media. No pre-nup would mean no rules to follow, and Humphries could finally speak out. "Kris wants to be able to talk about the relationship without fear of being sued," a source close to Humphries told RadarOnline.com. He filed the annulment under claims that the marriage was a "fraud." He believes Kardashian deceived him as a tactic to benefit her

success as a reality TV star.

What parts of your breakup are best to keep private?

Cupid's Advice:

After a breakup, your emotions often take a roller coaster ride, but venting excessively to your peers is not the way to handle the situation. Here are a few things you should consider before blabbing your troubles to the world:

1. Private information: First and foremost, keep private information private. You may have intimate details and information about your ex, but they have the same information on you. Save yourself the stress and embarrassment, and respect each other's privacy.

2. Details: It's ok to talk to close family and friends, but don't become an open book, because you could possibly make yourself look bad. If you're going through a divorce, wait for the final court decision before you start spilling all the details.

3. Negativity: You're going to want to talk badly about your ex, but resist if you can. You loved this person at one point, but things didn't work out. Although all you can focus on right now are the negative characteristics of the relationship, dwelling on it isn't good for your image or theirs.

Did you reveal things about your ex you wish you would have kept private? Share your comments below.

Britney Spears Spends 30th Birthday Ice Skating With Jason Trawick



Britney Spears celebrated her 30th birthday on the ice, reports UsMagazine.com. The singer and her boyfriend, Jason Trawick, took a break from Spears' South American tour and went ice skating at a rink in Houston. Spears and Trawick started working together five years ago and started dating in 2009. "Jason is just amazing with [son Jayden and Sean]," said Spears. "They look up to him so much – they adore him. He's their hero."

What are some ways to make your partner's birthday special?

Cupid's Advice:

Birthdays can be especially memorable when they're spent with a partner. Here are a few ways to make your partner's birthday special:

1. Throw a party: If your partner is outgoing and social, throwing a party is a great way to make their birthday memorable. A surprise party could be even more exciting.

2. Invite their friends: Even though the two of you may share many mutual friends, your partner will be ecstatic if their friends are invited. Plus, it's a thoughtful gesture.

3. Plan some alone time: If you and your partner spend the day with friends and family, remember to set aside some alone time after the day's events. Your mate will finally be able to relax after a day of activity.

Have you done anything special for your partner's birthday? Feel free to share in a comment below.

Blake Lively and Ryan Reynolds Go On Romantic Ice Cream Date





Blake Lively and Ryan Reynolds embarked on a sweet old-fashioned date in Connecticut where they were seen holding hands and sharing an ice cream in downtown Ridgefield. According to [People](#), they also participated in the town's holiday stroll. According to an eyewitness, the two stopped into Deborah Ann's Sweet Shoppe, where they "tried a few samples of ice cream off of those little spoons." The source also says that the two seemed very happy.

How do you make an ice cream date romantic?

Cupid's Advice:

Any date can be romantic as long as you're with the right person. So why not satisfy your sweet tooth on your next date? Here are some tips:

- 1. Share:** For generations, the movies have shown us that an ice cream date can be romantic when you eat from the same bowl.
- 2. Relax:** Eating something sweet with someone you love can be a wonderful experience. Enjoy the moment.

3. Have seconds: You know you're secure around one another when you can splurge on a second helping of ice cream without shame.

What are some other fun simple dates you can experience with your partner? Share your thoughts below.

Ali Fedotowsky Explains Why She Left Roberto Martinez



By now you've heard that another *Bachelorette* and her fiancé have called it quits. That couple, of course, is Ali Fedotowsky and Roberto Martinez. Although Fedotowsky was

seemingly ready to wed right after the show aired, after an 18-month engagement and three postponements, it all finally ended on November 21. The former bride-to-be had this to say to [People](#): “I wouldn’t be being truthful if I said this came out of nowhere, we definitely had been having problems. But I had always believed that we could work it out.” The duo tried to make the relationship last, even throughout their arguments. “We both realized we were unhappy more than we were happy, and we both deserved more.”

How do you know when you’re unhappy more than happy in a relationship?

Cupid’s Advice:

It doesn’t take a scientist to tell us that relationships are hard work, but how do you know when the work and unhappiness outweigh the good times? Cupid has some tips:

- 1. Bickering and fighting:** This is a tell tale sign that a relationship just isn’t working. It’s okay to have a few fights here and there (it can even be healthy), but if you’re bickering over tiny things all the time, it’s safe to assume something is wrong.
- 2. Not spending time together:** When you’re in a healthy, loving relationship you should be spending a fair amount of time together. If you routinely try to avoid one another, it may be time to re-evaluate.
- 3. Your relationship is stagnant:** If it feels like you’re at a stand still in your relationship, take a closer look. You may be dealing with thoughts that there’s no point to your relationship or you can’t deal with the constant arguing anymore. If you come to the conclusion that you both want more and that can’t happen together, then it’s time to call it quits.

How do you know when unhappiness in a relationship outweighs happiness? Share your thoughts below.

Kim Kardashian Wears Love-Themed Hoodie Mid-Divorce



Going through a divorce isn't stopping Kim Kardashian from still believing in love. According to [People](#), the reality star was spotted strolling through L.A. on Friday wearing a Peace Love World hoodie. In addition to featuring a heart on the back, the hoodie read, "I am love," and "Love is not something you are looking for, love is something you become!"

How do you keep faith in love in the midst of a split?

Cupid's Advice:

Keeping faith in love in the midst of a split is difficult, but possible. Here are a few ways:

- 1. Keep an open mind:** Understand that not all men are alike, and the reason it didn't work out with your ex is because there is someone better out there for you.
- 2. Talk to family and friends:** Speak with those you trust and see how they made their relationship work, as well as get advice on how to deal with your split.
- 3. Join support groups:** Interact with others and see how they are or have overcome their split in order to fall in love again.

How did you keep faith in love during your split? Share your experiences below.

'Married to Rock' Josie Stevens Talks About Communication, Patience and Roller Skating Naked





By Shoshana Davis

Being in love under the spotlight comes with many disadvantages. All your critics have something to say about you. Celebrity marriages have lasted between nine days (Carmen Electra and Dennis Rodman), to two weeks (Mario Lopez and Ali Landry) and the infamous 72 days (Kim and Kris). With the start of “Kourtney and Kim Take New York” last week on *E!*, fans are hoping to get a glimpse into what caused the new marriage between Kim and Kris Humphries to collapse. It’s not just rich and famous relationships that are tough. For every two marriages in the United States each year, there is one divorce. Most couples could learn a lot from what makes designer Josie Stevens’ marriage to rocker Steve Stevens special.

Josie, featured with her husband of Billy Idol Fame on another *E!* Network reality show, “Married to Rock,” knows what it takes to keep that wedded bliss going and not fall victim to the typical relationship hurdles. “What keeps the spark alive starts outside the bedroom,” she said. “We video chat, we text, we call each other, we send each other cute emails,

photos, little presents or flowers.” Josie also claims that the key to a stress-less relationship is communication and patience. “No one is perfect, and everyone is going to have a few quirks that drive you crazy, but you have to remember that you have a few that drive them crazy too.”

Related Link: [Five Ways to Get Your Partner to Put Down the Phone When You're On a Date](#)

The couple met in person for the first time at a store called The Pleasure Chest almost ten years ago and have been together ever since. They avoided having a public wedding in 2008, and were married in a park by a justice of the peace they found online. The decision to have a smaller ceremony was largely because Steve's father had just passed away and they did not feel it was appropriate to have a big event. A year later they joined the cast of “Married to Rock”, and during the taping of the show they threw a rock star sized wedding of their dreams. Josie and Steve's dream wedding took place in a castle and had lots of pink accents. It was also broadcast on the same network that televised the Kardashian mega-wedding.

Kim has been quoted in the media as saying she felt a burden to move forward with her nuptials due to being a public figure, but Josie felt quite the opposite. “The only pressure I got was from some of my friends to have a more traditional wedding, but I knew what I wanted and just followed my heart.” She continued, “I think a wedding should reflect your personality, relationship and love.” The Stevens' wedding did just that. Josie came down the castle roof on a trapeze, and the bridesmaids wore Hello Kitty necklaces.

Josie is a makeup artist by trade, and just launched a new clothing line called Josie Loves JValentine. Steve tours on his own, with Billy Idol's band, and occasionally with The Magnificent Seven and Camp Freddy. Although the two lovebirds travel between two to nine months a year, they make an effort to be together whenever they can, and often go on the road as a pair. Josie credits Steve as an inspiration for her work,

and she acts as his stylist, make-up artist and day to day business manager.

Related Link: [Kim Kardashian's Divorce: A Reminder About Relationship Mistakes to Avoid](#)

“One of the most important things in any relationship is to always make the other person feel loved and appreciated, whether you are together or apart. It’s easy to take the other person for granted or get too comfortable.” “On Married to Rock,” Josie went as far as to create a “Josie Doll,” which was a complete replica of herself to send to Steve while he was on the road. “Don’t get so caught up in life that you stop taking time to just have fun and enjoy each other. Do something silly now and then.”

The Stevens’ are a good example of a couple who know how to keep the romance alive, and still focus on their careers. If all else fails, Josie has “found roller skating through the studio naked tends to work wonders,” for getting Steve’s attention.

For more information on Josie’s fashion line, you can find it at www.jvalentinecatalog.com.

Khloe Kardashian Says Sister Kourtney Will Be a ‘Pro’ at Raising Another Child





The tabloids are exploding, as Kourtney Kardashian and longtime boyfriend Scott Disick are expecting their second child. According to [People](#), her sister, Khloe Kardashian is overjoyed that Mason is going to be a big brother. “I can’t wait to see her with a kid in each arm,” said Khloe. “She’ll be a pro. LOL. And if this next baby is anything like Mason, then we will truly be the luckiest family in the world.”

How do you prepare for raising two children instead of just one?

Cupid’s Advice:

Building your family is both exciting and scary. The best thing you can do is to be prepared and get your current child ready for the addition:

- 1. Expand your nest:** It may be time to turn that two-bedroom into a three. Whether that means moving or adding on to your current home, it’s time to make the necessary arrangements.
- 2. Talk to your child:** Prepare your first child for the new addition to the family. Tell them what to expect and get them

excited about being a big brother or sister.

3. Get rest: It's hard enough to get rest when you only have one child, but it's twice as hard when you have two. Stock up on sleep!

How did you prepare for your second child? Share your experiences below.

Kris Humphries Files to Annul Marriage with Kim Kardashian



Kris Humphries is finally taking action. Ex-wife Kim Kardashian filed for divorce on October 31st, but Humphries

wishes to bypass divorce proceedings by getting the marriage annulled, reports UsMagazine.com. Humphries is crediting “fraud” as the reason behind the couple’s split, but only because the other options were unfitting. “The whole ‘fraud’ thing is ridiculous. If the marriage was a sham, he was in on it,” said a source. “Did he not see the cameras or get a cut of whatever money was made? The marriage was real. It was just a terrible and unhappy one.”

What are some reasons to annul a marriage?

Cupid’s Pulse:

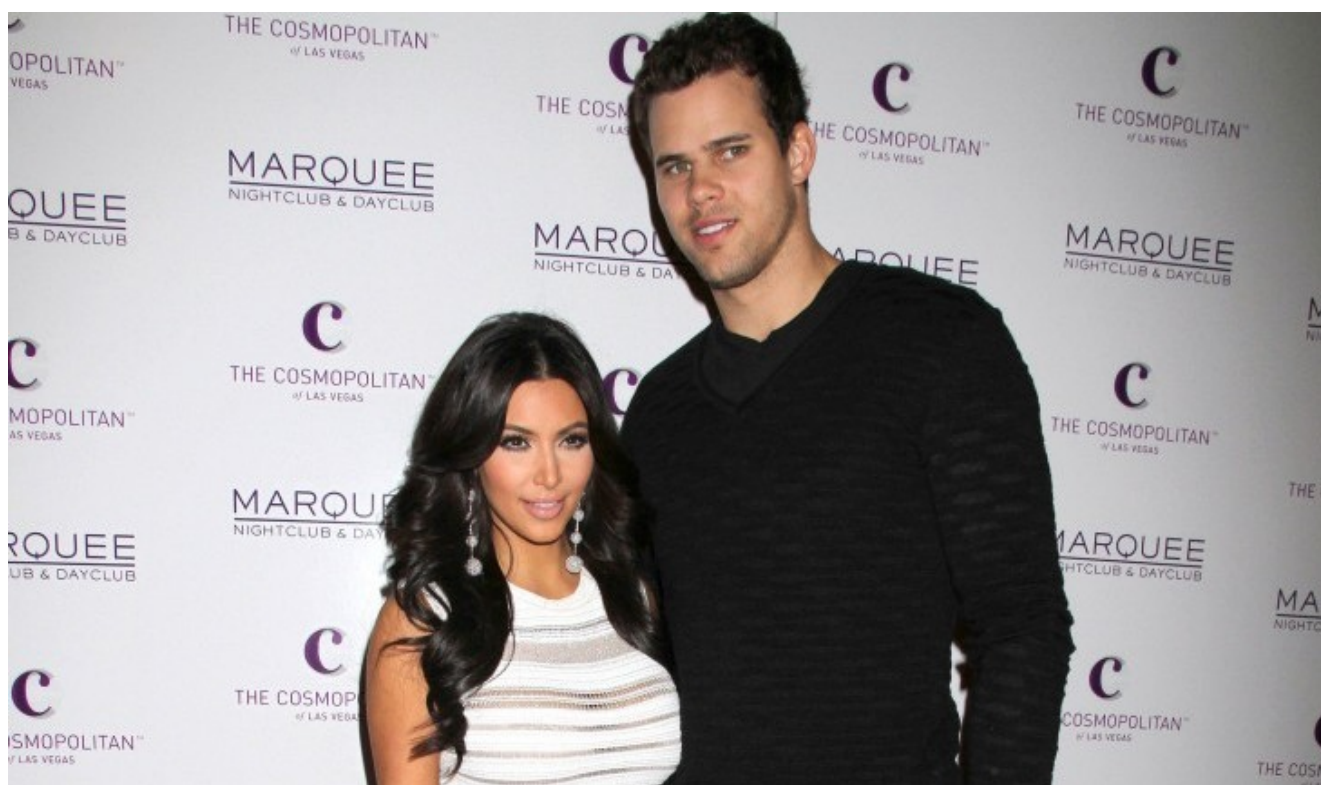
Annuling a marriage is often much easier and quicker than getting a divorce. Here are a few reasons to do so:

- 1. Infidelity:** If your new spouse is unfaithful within the first few months of your marriage, an annulment will most likely be granted by the Superior Court.
- 2. Bigamy:** If your spouse is married to another person at the time of the marriage, the marriage can be annulled.
- 3. Force:** A marriage will most likely be annulled if one partner forced the other into the marriage, either by making threats, abduction or physical force.

Have you had a marriage annulled? Feel free to share your thoughts in a comment below.

‘The Voice’ Winner Javier

Colon Shares His Holiday Date Night Plans During Rockefeller Center Tree Lighting



By Steven Zangrillo

As the weather goes from brisk to brash, we drag out our North Face jackets and holiday scarves in preparation for the winter ahead. Sometimes it takes the glow of a loved one to keep us cozy, which is why the Rockefeller Center Christmas Tree can produce some of the warmest moments of the holiday season.

Beneath the glow of the freshly lit evergreen, Javier Colon (Winner of NBC's "The Voice") serenaded a crowd with Christmas

classics. Afterwards, we chatted with him about his upcoming plans with his family for the Holiday season.

Video courtesy of Richard Zangrillo and NBC Studios.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Olympic Skier Lindsey Vonn and Husband File for Divorce



Olympic gold medalist Lindsey Vonn and her husband of four years Thomas Vonn have filed for divorce, according to [People](#). Thomas is not only a former Olympic skier, but he is also

Lindsey's coach. "It is with great sadness that I announce that Thomas and I have begun divorce proceedings," she said in a statement to *The Denver Post*. "This is an extremely difficult time in my personal life and I hope the media and my fans can respect my need for privacy on this matter. I will continue to be coached by the U.S. Ski Team and look forward to competing the rest of the season."

Should you keep your spouse as a business partner if you decide to end your marriage?

Cupid's Advice:

You should only continue to be business partners if you can both agree that remaining partners is what's best for the success of the business. Here are three things you'll need to apply:

- 1. Trust:** If your divorce has caused a lack of trust between the two of you, it may be a struggle to trust each other as business partners.
- 2. Understanding:** It's important that you both realize your relationship is now strictly business. Don't budge on this or it will inevitably cause problems.
- 3. Maturity:** You're going to want to get under each others' skin, but you need to act like adults so you can make the best decisions for the business.

Are you business partners with your ex? Share your comments below.

Kourtney Kardashian Announces She's Pregnant



Keeping up with the Kardashians just got a little more interesting as Kourtney recently announced that she and her boyfriend of five years, Scott Disick, are expecting their second child. Kardashian took a pregnancy test about five weeks ago and didn't hesitate to wake Disick with the positive results. "Now I'm nine weeks along," she told [UsMagazine](#). "You're supposed to wait 12 weeks to tell people, but I feel confident." The couple's first son, Mason, almost 2 now, came as a surprise, but this pregnancy had more planning involved. "It wasn't like we weren't trying," Disick said. "We kind of just said, 'If it's meant to be, it'll be.'"

Why do women wait 12 weeks before announcing their pregnancy?

Cupid's Advice:

1. Risks: The first 12-16 weeks are the most dangerous for the possibility of a miscarriage. Don't risk making the announcement too soon, and shortly after having to explain that you're no longer pregnant.

2. Emotions: You're going to feel a lot of different emotions upon finding out you're going to be a mother, so it's important that you take time to sort out your feelings.

3. Time to settle: You and your partner are going to want time to yourselves so you can agree on important concerns that come along with having a baby. This way you'll be more prepared to face the bombardment of questions from friends and family.

How did you announce your pregnancy? Share your comments below.

Sources Say Jason Trawick Is Ready to Pop the Question to Britney Spears





It's Britney Spears' birthday, and what better present can she receive than her long term boyfriend and former assistant Jason Trawick proposing marriage to her? Well, according to sources, this very well may happen. "They've been talking about marriage for a long time, it would be surprising if they are not engaged by the end of the year," said the sources, according to [People](#). It's no secret that Britney Spears has had one crazy ride through life, but her shaved head days seem to be officially behind her.

What are ways to tell your boyfriend is getting ready to pop the question?

Cupid's Advice:

For many couples, marriage is the next exciting chapter in their lives. Before the wedding, however, comes the engagement, and before that comes popping the question. Proposing marriage is probably the most angst-ridden thing a man (or sometimes woman) goes through. Here are some ways to tell that your partner is gearing up to ask for your hand in marriage:

1. He gets giddy around you: All of sudden your boyfriend has become somewhat shy around you. He says “I love you” more often and seems to need your affection. He’s given up on the tough guy persona, and is now showing you a softer side that is more opened to PDA.

2. You spend more quality time together: Your guy seems to be spending more time with you. Forget about poker nights with the boys. He’d rather be in bed with you watching a rom-com.

3. He’s planning for the future: You know how guys always say they live day by day, while girls tend to think about the long run? Well, now he has his calendar out and is planning Christmas with your parents. Gone out the days he had a commitment phobia.

How did you know your man was getting ready to pop the question? Share your experiences below.

Demi Moore Tweets Cryptic Messages





It looks like the drama hasn't ended now that a divorce is imminent. Despite a calm public statement, Demi Moore has been sending out seemingly cryptic tweets, under her handle which still reads '@mrskutcher'. According to [Hollyscoop](#), her ex Ashton Kutcher has been sending "passive aggressive jabs" at Moore in retaliation perhaps. Even though they've split, the ex duo have still been going to counseling. They have even been seen leaving a Kabbalah house together, despite arriving separately. According to sources, Demi Moore has been on a "positive swing" despite the negative backlash that can often result from a divorce.

Cupid's Advice:

Going through a breakup or divorce can be really difficult, and you may want to complain to anyone who will listen. That's probably not the best idea. Cupid has some ways to grieve privately:

1. Surround yourself with family and friends: This is an important time to remember that though one relationship is

ending, you still have many healthy relationships in your life remaining. Ask your friends and family for support and let them know how they can support you through this difficult time.

2. Take time: It's crucial to take some time to yourself to heal. Don't make any important life decisions right after a breakup. Instead, take the time to pamper yourself and keep up with a healthy lifestyle.

3. Remember it's okay to feel: Recognize that your feelings are normal. Whether you're sad, frustrated, annoyed or confused, those are all normal feelings that you're allowed to experience. These feelings will lessen over time as you begin to move on.

How have you dealt with a previous break up? Share your experience below.

Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair





Eva Longoria is in a different place today than she was just a year ago when she was filing for divorce from then-husband Tony Parker of the San Antonio Spurs. This all happened after the discovery of inappropriate text messages to Parker's teammate's wife. According to [UsMagazine](#), Longoria knows that people think she is "angry and resentful," but that's just not the case. Her forgiving attitude may stem from the successful relationship she's been in since February with Penelope Cruz's little brother, Eduardo Cruz or "Edu" as she affectionately calls him.

How do you keep from lashing out about a partner's infidelity?

Cupid's Advice:

After a partner cheats on you, it can be a hard thing to overcome even after breaking up with them. It's easy to become angry at the world as the result of one incident. Here are some ways to avoid it:

1. Keep balance in your life: Balance is critical after your partner cheats. Force yourself to do things you normally do: go out with friends, eat healthy and try to have fun.

2. Laugh and cry: It's good to find a way to laugh during such an emotional time. Watch a funny movie or spend time with people who know how to make you smile. That said, it's okay to cry as well. If you aren't crying naturally, you can watch a sad movie or listen to sad music. Don't be afraid to cry it out.

3. Find someone new: It may take a while to be able to trust someone again, but don't be afraid to take that chance. Like Eva Longoria, finding someone new can help you on the path to forgiveness and letting go.

What are some ways you or a friend have coped with a partner's infidelity? Share your experiences below.

Jennifer Aniston and Brad Pitt Narrowly Miss Each Other at the Movies





It was a close one when celebrity exes Jennifer Aniston and Brad Pitt narrowly missed each other at the Arclight Cinemas in Hollywood on Friday. According to [People](#), it would have been an awkward run-in since Pitt was with his children and wife, Angelina Jolie, while the *Friends* star was there with boyfriend, Justin Theroux. “Justin and Jennifer skipped the popcorn and went straight in. Like five minutes later, Brad and the kids came out of the theater. They just missed each other,” said a source who witnessed the potential run-in.

How do you keep things from being awkward with an ex?

Cupid’s Advice:

It’s a small world, so chances are you’re bound to run into an ex when you least expect it. Cupid has some tips:

- 1. Just say hi:** Saying hi to an ex isn’t saying you want to get back together or admitting they were right. Don’t be afraid to say “hi.” It makes things a lot less awkward.
- 2. Wish them the best:** Even if you don’t mean it, always say that you wish them the best.

3. Be happy: If you're happy and secure with yourself, chances are your run-in won't be awkward.

How do you show your ex you've moved on? Share your ideas below.

Food Network's Anne Burrell and Geoffrey Zakarian Talk Holiday Cooking and Love



By Steven Zangrillo

As the Holidays draw closer and families get together, it's easy to get roped into the manic hustle and bustle. Cooking with your loved ones, especially your special someone, can act as a great escape from all of the stress. It can even bring you and your partner closer. CupidsPulse.com spoke with Food Network's Anne Burrell and Geoffrey Zakarian and got their take on whipping up some holiday romance in the kitchen.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Brody Jenner and Avril Lavigne Go On Romantic Bowling Date





Avril Lavigne was recently spotted on a fun bowling date with boyfriend Brody Jenner at Lucky Strike Lanes in New York during a launch party for Picksie 2.0, an app that recommends hotspots in various cities. According to [People](#), the singer sizzled in her rocker chic style and leopard print bowling ball, but Jenner came out on top when he bowled a 100 over his girlfriend's 88. Perhaps a little friendly competition can indeed enhance your relationship.

How can competition enhance your relationship?

Cupid's Advice:

A little healthy competition can keep your relationship interesting and exciting. Here are some options:

- 1. Play sports:** Playing sports together as a couple can give you a good sense of competition and keep both of you in shape.
- 2. Race each other home:** A fun race home shows just how excited you are to see each other.
- 3. Outdoor games:** If it's nice outside, a friendly game of

cornhole or PIG (basketball) could be just what you need to get your adrenaline pumping.

What are some other ways to get you and your partner into the competitive spirit? Share your ideas below.

Jennifer Aniston and Justin Theroux Walk the Dog



Actress Jennifer Aniston and new beau Justin Theroux got some exercise as they strolled through Beverly Hills on Sunday with her dog Dolly, according to [RadarOnline](#). Aniston adopted the pup back in 2006, and she has recently become the top dog

after the actress's beloved mutt Norman passed away at the age of 15 back in April. Aniston uses walking Dolly as an excuse to spend some quality time with her canine and to fit some extra exercise into her busy schedule.

What are some ways to get exercise as a couple?

Cupid's Advice:

Finding the motivation to exercise can be a difficult task, but if you and your partner do it together it can be more fun.

Here are some options:

1. Walking/running: If you can't afford a gym membership, walking or running in the great outdoors is free. Set a goal and encourage each other until you've both reached it.

2. Sign up for a class: Joining a kickboxing class as a couple is a great way to work out and see results. Seeing each other pushed to your limits and glowing in sweat can be pretty sexy, too!

3. Play on a team: Co-ed sports teams like softball and volleyball can be a blast. You'll work on your teamwork skills as players and as a couple.

How do you and your partner exercise together? Share your comments below!

**Angelina Jolie Says She'll
Never Be As Good as Her**

Mother



Hollywood mama, Angelina Jolie, reminisced about her mother in an interview with *60 minutes*. Jolie said that her mom, Marcheline Bertrand, was a generous, loving person that did everything for her children. Sound familiar? It seems Jolie is trying to walk in Bertrand's footsteps since her death in 2007. Jolie adopted three children, gave birth to three more children with Brad Pitt, and is a humanitarian activist. According to [UsMagazine](#) the actress was as modest as ever and said that she could never be as good as her mother.

How do you know what traits to carry over from your own mother?

Cupid's Advice:

We all worry that one day we might turn into our mothers, but

that may not be such a bad thing. Mothers wear many hats and the most important one may be that of a role model. Here are some ways to think about and carry on traits that your mother has/had:

1. Childhood: Think about the morals your mother installed in you as a child. As you mature, those morals usually lead you to make decisions in your adult life. Carry on those morals that your mother valued.

2. Role model: Do you remember watching your mother and wanting to be just like her? Try to remember why you wanted to be your mom's little me. Was she loving, funny or strong willed?

3. Memories: If your mother is deceased, remember what made her special. Why did she mean so much to you and to others? You may not become just like her, but taking on some of her traits will help you keep her memory alive.

What traits have you carried on from your mother? Share your ideas below.

Ryan Gosling and Eva Mendes Take a Morbid Tour of Paris





Death has never been this romantic for Ryan Gosling and Eva Mendes. The couple spent their date night Friday evening touring Paris' famous Pere-Lachaise, or "City of the Dead." The area is the final resting place of celebrities such as Jim Morrison, Oscar Wilde and Edith Piaf. Following their tour, Gosling, 31, and Mendes, 37, went down to the city's famous Catacombs of Paris, a location where over 6 million Parisians are buried. Despite all of the death, the couple stayed close. "They were holding [hands](#) and there was a lot of tenderness between them," an observer told [People](#).

What are some creepy, yet romantic, date ideas?

Cupid's Advice:

Although rather unorthodox, a scary date may help you and your love interest push each other outside of your comfort zones to a place of bonding. Cupid has a few suggestions:

1. A deathly hallway: A haunted house is a great way to spice things up on a cool evening. It will keep you both close and give you both a few laughs and scares later on.

2. Scary movie marathon: No, we're not talking about satirical slasher films. On a night in, watch some movies that scare you both a bit, and cuddle up to each other for comfort.

3. Cemetery walk: On the surface, a stroll through a cemetery may seem weird, but a night walk is always a great way to talk, and with no loud distractions near you, it'll be easier to listen. It may even be peaceful.

What are some other creepy romantic date ideas? Share your thoughts below.

Lily Allen Welcomes a Baby Girl





British singer/songwriter Lily Allen gave birth to a baby girl on Friday, reports [RadarOnline](#). Allen first revealed her pregnancy in June, when she married painter/decorator Sam Cooper. Allen and Cooper previously suffered through two very public miscarriages.

How do you prepare for a baby girl versus a boy?

Cupid's Advice:

Preparing for a baby is difficult, but knowing the gender of your child can make it a lot easier. Here are a few tips to help you prepare for a baby girl:

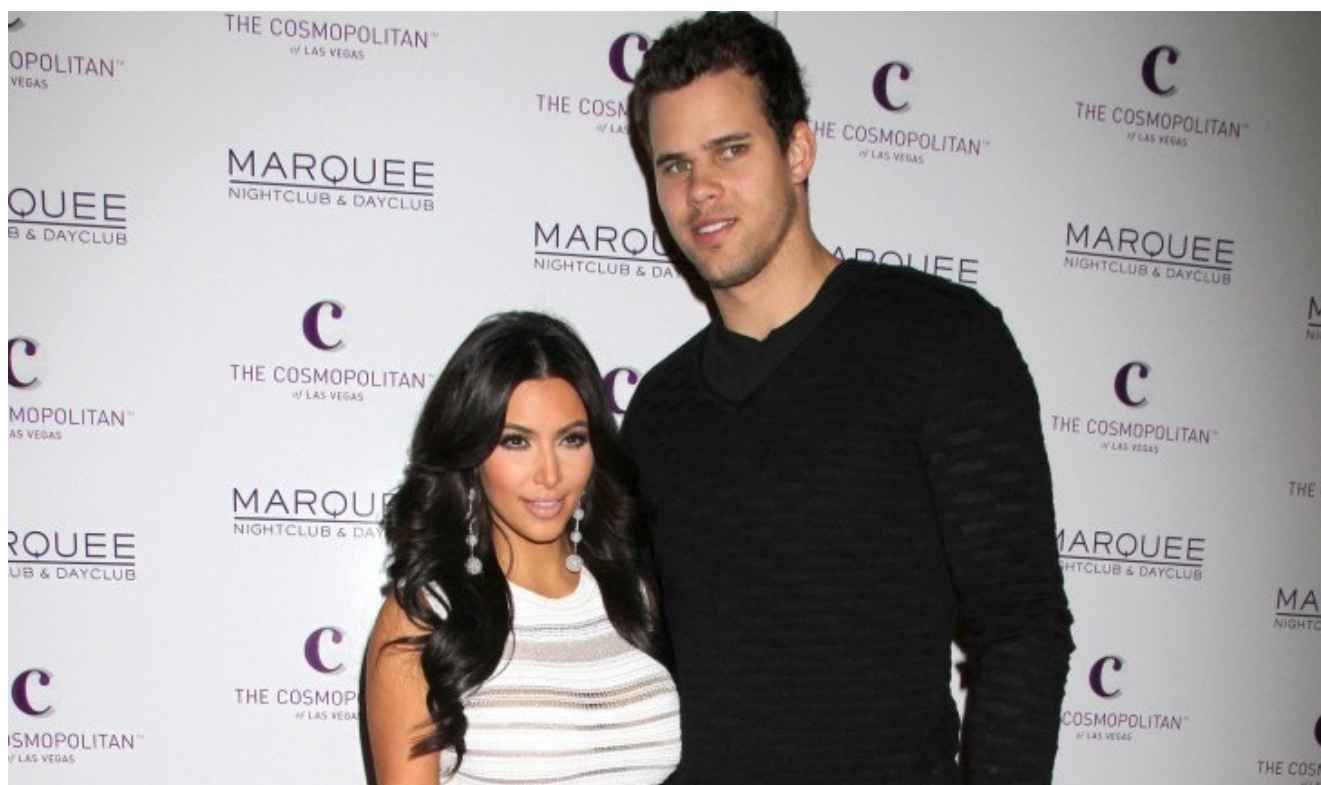
1. Stay true to your taste: The upside in preparing for a girl is that you can always rely on your taste. Pick dolls and furniture that you or your sister would have liked as a child. Your daughter will most likely share your preferences.

2. Narrow your options: If you know you're having a girl, save time and money by only buying gender-specific items. For example, instead of buying several baby name books, buy only a few female-specific name books.

3. Be prepared for a surprise: Ultrasounds aren't always correct. Though unlikely, you could give birth to a boy instead. Be prepared for a surprise, and have a few gender-neutral items on back up.

How did you prepare for your baby girl? Feel free to leave a comment below.

Jennifer Love Hewitt on a Diet During Holiday Season



According to [People](#), Jennifer Love Hewitt has decided to not indulge in her favorite foods this holiday season. The

actress is preparing for her new movie, which will be filmed in January, saying, "I will be in lingerie a lot, so I'll be working out. I will not be eating for the holidays." She said that while her family enjoys food, she'll be doing Pilates. "This year will be loads of fun for me," she said sarcastically.

What are some ways to stay healthy over the holidays?

Cupid's Advice:

With the holidays approaching, it can be hard to stay healthy. Here are three ways you and your mate can stay fit:

- 1. Exercise:** Set up a schedule with your partner on what days and times would be best to get fit together.
- 2. Healthy diet:** Change your eating habits by throwing out all the junk food and meals with too much sugar. Instead, replace it with a diet that includes proteins, vitamins and carbohydrates.
- 3. Sleep:** The amount of energy you have in a day depends on how much sleep you get. Go to bed on a regular basis for seven to eight hours a day.

How are you and your partner staying healthy this holiday season? Share your comments below.

Ali Fedotowsky and Roberto Martinez Call Off Wedding

Cupid's Pulse

★ Celebrities. Love. Opinions. ★



Sadly, Ali Fedotowsky and Roberto Martinez have called off their engagement. The couple, who met on *The Bachelorette* decided on a long engagement, which ultimately did not work out for the pair, according to [The Huffington Post](#). The duo was supposed to get married this year, but Fedotowsky was recovering from knee surgery and had to postpone the wedding. They ended up calling off the wedding three times before the relationship ended. In August, Fedotowsky told *People* magazine, "In my mind, Roberto is my husband. We live together; we do everything together; we plan for the future together; we fight just like a good old married couple." It looks like it's another case of love lost in *The Bachelor* community.

How do you know when it's time to call off your engagement?

Cupid's Advice:

Ending an engagement is one of the hardest things for a couple to do. Marriage is a big step, and it's not meant to be taken lightly. If you're feeling unsure about saying those vows, proceed with caution. Cupid has some tips:

1. Take a step back: A break from one another can give you a new perspective. You might end up appreciating each other much more, and realize that you are meant to be together. It could also go the other way, and you'll realize you are much better apart.

2. Assess the situation: If it feels like you're just not on the same page anymore and your partner is headed in one direction while you are going the other way, it may be time to call it quits. Unless you can somehow focus and anchor your relationship, there's no point in staying in it.

3. Nothing is the same: Maybe you and your partner have just outgrown one another. This happens frequently, and as heartbreaking as it may be, don't stay in a relationship that you know won't work anymore.

How did you know when it was time to call off your engagement? Share your experiences below.

Stacy Keibler Drops the L Bomb About George Clooney





George Clooney is infamous for being very private when it comes to the media. His girlfriend, Stacy Keibler, however, loves to tweet about their relationship. In response to his new mate's public ways, he had this to tell *Rolling Stone* magazine: "She can do whatever she wants, I rarely tell anybody what they should be doing with their life." It looks like things are getting serious, too. According to [UsMagazine](#), in Kiebler's latest tweet, she dropped the "L" word, stating, "You know it's love when your boyfriend has elbow surgery 2 days ago and takes you to a Ravens game. Especially when he's a Bengals fan." Maybe Clooney won't tweet his feelings for all to see, but often when your partner does trumps when they say.

What are some ways to tell you're in love?

Cupid's Advice:

During the holiday season, feelings of love often become more pronounced. They can be disguised as many other things, lust and infatuation being the most common forms. Here's how you know it's real:

1. You show it: Like Clooney and Kiebler, sometimes words are better left unsaid. Showing someone you truly care can really make a person feel special. Being willing to take them to see their favorite sporting event (even if you loathe them), make them dinner, or even take them on a trip are good ways to tell it's true love.

2. You sing their praises: Another way to tell you're in love is wanting to have the whole world know it. You seem to gush about your partner to anyone willing to listen.

3. They make your troubles disappear: You are having the day from hell, but just hearing from them makes it all the better. You know you are smitten when you hear that voice on the other end of the line and all of the issues you were dealing with suddenly seem minor and disappear.

How did you know when you were in love? Share your comments below.