

'The Bachelor' Season 16, Episode 3: Ann and Jesse Csincsak Discuss the Return of Shawntel Newton and Emily's Fear of Heights



By

Jennifer Harrington

The city of San Francisco provided the back-drop for what ended up being one of the most dramatic episodes in recent history of *The Bachelor*. Ben and Emily climbed to the top of the Golden Gate Bridge, Brittney left before her one-on-one date with the winemaker, Shawntel (the funeral director from Brad Womack's season) re-surfaced to confess her crush, and one of the ladies fainted at the rose ceremony! Wow, what an

episode. To help us make sense of the craziness, here are insights from *Bachelor* experts Jesse and Ann Csincsak.

1. We saw Ben's relationships with several of the women blossom this week. Who do you think that he had the best connection with this week?

Jesse: I don't even think Ben is sure who he likes the most yet! He just can't believe he gets to kiss more than one girl at a time!

Ann: He seemed to have a good connection with Emily, his partner in the climb up the Golden Gate Bridge. She seems laid-back, despite being a little riled up at the rose ceremony. That ceremony definitely did not show anyone in a good light.

2. Was Emily's climb up the Golden Gate Bridge, the most daring date you've seen on the show?

Jesse: When you apply to be on the show, they make you fill out a packet telling them everything, including things that scare you. For the past few seasons, they take one of these "fears," and make it happen. This episode was almost a total repeat of what they did to Michelle Money on Brad's season of the show, and it seems like each season we see a different person facing a fear of heights.

Ann: I am freakishly scared of heights, so that would have been a nightmare for me. It was a daring date, but not the craziest thing I've seen so far. Personally, I found the rose ceremony to be more suspenseful to watch.

3. What do you think was behind Brittney's decision to leave the show before her one-on-one date with Ben?

Jesse: I think Brittney was tired of being told what to say and do by producers, and realized that you can't fall in love in a scenario like that. She made the decision to say "I'm

out!”

Ann: I think she thought the necklace was not that cute and split (joke). In all seriousness, I think she felt that Ben wasn't into her and she wanted to leave before being asked to leave. Never underestimate the power of a woman's intuition.

4. It was shocking to see Shawntel arrive in San Francisco. What did you think when you saw Shawntel get out of the car, and did you think that it was fair she had a chance to join the cocktail party?

Jesse: I think it's totally fair; all is fair in love and war. Shawntel is a great down-to-earth person, and he should have kept her around if he liked her, regardless of what the other girls thought.

Ann: Agree to disagree with Jesse. I get where she was coming from. She wanted her last chance with Ben before he was potentially engaged, but that's like interrupting a date and saying "Sorry to interrupt, but I love you and wanted to let you know." There's a better time and place to do that, and if you missed your chance, so be it. However, with that being said, I think the reaction from the girls was nothing but insecurity all the way around. They went way overboard and were incredibly nasty to her. I can't even imagine sitting on that couch being Shawntel. I even heard the line "Brad's dumpster trash." Have some class, those types of statements are just unnecessary, no matter how upset you are.

5. When you saw Erika fainting/collapsing and Jaclyn crying during the rose ceremony, what was your reaction? Did you think their emotions were genuine or simply last-minute attempts to capture a rose?

Jesse: I think they need a Bachelor with a serious backbone, like Dave Good or Wes Hayden. The type of man who would tell those girls to hit the road when they pull that nonsense.

Ann: I think their reactions were genuine... genuinely ridiculous. I think the fainting was from too many cocktails and standing there for an hour during the rose ceremony. Never lock your legs, every good bridesmaid knows that. The crying was from embarrassment. If you watch closely, they show her crying but in the wide pan shots she's not, I think she cried at the end and they showed it over and over again (gotta love editing)!

6. Given the fact that the other girls observed "chemistry" between Ben and Shawntel, were you surprised Ben didn't offer her a rose?

Jesse: Not at all, I think Ben was afraid. It's sad, really. As the Bachelor, you should be able to call your own shots, but it seems like he's not.

Ann: Absolutely! They obviously had chemistry but she never would have been given a fair chance if she had stayed. Everything happens for a reason and I think he made the right decision for him and protecting the relationships he was establishing with the other girls. I wish her nothing but the best she is a gorgeous girl who will have no problem finding a good guy.

7. Courtney seems to be getting more obvious and vocal about her feelings towards the other girls. What do you think it will take for Ben to take notice of Courtney's problems with the other girls?

Jesse: This is TV. Of course he won't see what's really happening, and that's what makes it so fun to watch.

Ann: She will do herself in soon enough. Likely, one of the other girls will tell Ben and then he will start to notice it on his own. Her "see ya later" to Shawntel was not classy; not to mention her pause during the "will you accept this rose." Heidi Klum is a smoking hot model and I guarantee she didn't stand in front of her husband and pause when he asked

if she would go out on a date. Guys don't want a girl who plays games and Courtney is going to find that out the hard way.

Be sure to tune in next Monday night for the next installment in Ben's journey to find love (in Park City, Utah), and while you are watching, send CupisPulse questions about the episode for Jesse and Ann to answer.

Ashton Kutcher and Demi Moore Have Pre-Golden Globes Run-In



It looks as though Ashton Kutcher and Demi Moore may be having a case of the exes. Besides having continuous awkward run-ins

with each other at different locations in Hollywood, it appears the two haven't been seeing much of each other since announcing their decision to split-up this past November, amid rumors that Kutcher was unfaithful. Although going through a divorce, the former couple was cordial with one another as they crossed paths at the CAA Foundation pre-Golden Globes bash this past Friday. Sources told UsMagazine.com that the exes kept their distance most of the evening and briefly said "Hi" to each other.

What are some ways to avoid awkward run-ins with an ex?

Cupid's Advice:

Depending on the breakup, bumping into your ex can be a bit awkward. Here are some positive ways to react when you encounter a previous mate:

1. Be kind: Even if your ex hurt or cheated on you, try to be kind when you run into them. You don't necessarily have to jump up and give them a big hug as though you're trying to be their best friend for the next few seconds, but you don't want to come off as bitter either. Keep it simple with a smile and "hello."

2. Keep it simple: Prolonging the conversation may bring up old feelings which can cause even more awkwardness. So, depending on whether or not you and your ex want that old thing back, keep the conversation to a platonic minimum.

3. Be confident: Show your ex that you're doing just fine without him or her. Don't boast or brag about how great a new partner is or how your life has been extremely over-the-top-magnificent without them. Wear your confidence on your sleeve and give a friendly and quick update on the new accomplishments in your life since the split.

How did you avoid running into you ex? Share your stories

below.

Jennifer Aniston and Justin Theroux Go On Ski Vacation in Colorado



Jennifer Aniston and Justin Theroux didn't seem to have any trouble staying warm in the chilly weather as they spent their holidays in Telluride, Colorado. The two lovebirds rented a house and although they ventured out during the day to take ski lessons, a source told UsMagazine.com that "Jen and Justin spent every night in" during their romantic winter getaway.

What are some romantic winter vacations to take as a couple?

Cupid's Advice:

Avoid the winter blues this season with a romantic getaway for you and your partner. Cupid has some tips:

1. Fun in the sun: If winter just isn't your season, take a trip somewhere warm and tropical. A cruise or a flight down south could be the perfect way to melt away the cold and heat up your relationship.

2. Scenic route: Snowfall can turn parts of the world into a winter wonderland. Embrace the season with an Alaskan cruise, and you're guaranteed to see some of the most breathtaking sights you've ever seen.

3. Hit the slopes: Go play in the snow adult style – on the mountains! Take a trip out West for some great skiing opportunities and time to bond with your partner while being active.

Where do you like to travel during the winter season? Share your comments below.

'American Pie' Actress Mena Suvari Files for Divorce





Aft

er less than two years of marriage, *American Pie* actress Mena Suvari is ending her union to concert producer Simone Sestito.

According to [People](#), the 32-year-old actress had her attorney file divorce papers on her behalf, citing “irreconcilable differences and asking that Sestito receive no spousal support.” The two met in 2007, were engaged in 2008, and married in 2010. Suvari, set to appear in another *American Pie* movie this year, was excited to have children, but the couple had none and this will be her second divorce since 2005.

How long should you try to fix your marriage when it's not working?

Cupid's Advice:

Sometimes a marriage hits some rough spots that you have to work through. Cupid shares how long to keep trying to fix a broken marriage:

1. If you're playing the blame game: Don't blame each other for the problems in your marriage. Accusations can only cause a further rift. If you and your partner are unable to discuss things without blame, this could be indicative of a larger,

unfixable problem.

2. Questions: If you or your partner constantly asks why you are together, it may be time to seriously sit down and weigh the pros and the cons of the marriage. If the con list far outweighs the pro list, it may be time to consider other options.

3. Control: Do you have control over the problems in your marriage? If they can be fixed by mutual work between you and your spouse, you should continue to try to fix it. If it's something beyond your control, you may have to seek outside help in fixing your marriage.

How do you know when to stop trying to make your marriage work? Share your ideas below.

Courtney Cox Says Kissing Co-Star Was Confusing to Daughter





Cou

rteney Cox's involvement with *Cougar Town* costar Josh Hopkins is too complicated for daughter Coco to comprehend, reports UsMagazine.com. "[Coco] shouldn't watch *Cougar Town*, but she does," said Cox. "She's always like, 'Mommy! Did you really kiss Josh? And I'm like, 'I'm just faking it!'" Though Cox and Hopkins were seen vacationing together with Coco in March of last year, both deny a romantic relationship.

What are some ways to explain moving on after a split to your child?

Cupid's Advice:

Moving on is a difficult hill to climb, even without the added pressure of telling your child. Here are a few things to consider before breaking the news to your kids:

1. Your new relationship: Before introducing your new partner to your children, make sure that you're serious about the relationship. Children look for stability, so introducing your kids to a mere fling could harm them in the long run.

2. Your past breakup: Let your children adjust to the changes in their life before you change yet another element. Instead

of introducing your new partner immediately, give your children some time. Eventually they will be more accepting of a new relationship.

3. Your children: You know your children's personalities better than anyone. Use your best judgment before introducing your partner. Decide if a face-to-face meeting or a discussion is the best way to break the news.

Have you ever had to explain a new relationship to your child? Feel free to leave a comment below.

'American Idol' Alum Brooke White Is Expecting Her First Child





Bro

oke White, who made her performing debut as a finalist on season 7 of *American Idol*, is expecting her first child in May with husband, Dave Ray. “By the time the baby’s born, we’ll have been married eight years. I met Dave when I was 19 years old – we’ve been together a really long time, and we’ve always wanted to be parents,” White told [People](#). Last January, the *Idol* alum showed off her acting skills in the FOX TV movie *Change of Plans* ironically about how the unexpected things in life end up being the best.

How do you prepare your relationship for a child?

Cupid’s Advice:

Having your first child is one of the most exciting and scary experiences you’ll have in your life. Here are some ways to embrace it:

1. Enjoy your alone time (while you still can): Welcoming a new baby into the world is a big responsibility that involves almost all of your time and energy. Spend as much quality alone time with your partner as you can before the baby is born.

2. Decide on how the child will be raised: Prior to bringing a baby into the world, you need to make important decisions about issues such as what religion you will be raising your child with and what school they will attend.

3. Baby proof your home: Getting your home ready for a new baby can be a great bonding experience for you as a couple. It's a form of "nesting."

What are some other things to prepare for before having a child? Share your thoughts below.

Jay-Z Performs New Song in Honor of New Baby Blue Ivy



Monday, Jay-Z posted a new song titled "Glory" on his website, *Lifeandtimes.com*, with the statement, "Life just got REALLY good." He was clearly referring to the birth of his baby daughter Blue Ivy Carter, with Beyonce. According to *Marqueeblog.com*, Jay-Z's lyrics include, "You're a child of destiny/you're the child of my destiny/you're my child with the child from Destiny's Child/that's a hell of a recipe." He added, "The most beautiful thing in this world/is daddy's little girl." Pharrell Williams produced the emotional and personal track. A baby's cry is heard at the end of the song. Among other things, Jay-Z also revealed the couples' struggle with a miscarriage. "Last time the miscarriage was so tragic/we was afraid you disappeared/but nah, baby, you magic."

What are some unique ways to welcome your child to the world?

Cupid's Advice:

So maybe you're not Jay-Z and producing a hip-hop track is not an option to introduce your new baby, but there are plenty of other special ways to welcome your new child. Cupid has a few:

1. Make a photo collage to share: Document your pregnancy all the way up to the big moment, and create a photomontage. Putting something together is a project you can work on with your partner. Your closest friends and family will appreciate your effort and will enjoy your new baby.

2. Send out a birth announcement: Let the world know how proud you are of your new baby with adorable snapshots on a note card. Without being too personal, you can let everyone know you have brought a beautiful new life into the world.

3. Welcome party: Your family and friends are all going to be dying to meet your new bundle of joy, so why not throw a party? Let everyone share your joy and meet your baby all in

one shot. It's also easier for you in the end (not having to look presentable every day for a different family member).

What are some ways you welcomed your child into the world? Share your stories here.

Shiri Appleby Dishes about New Web Series 'Dating Rules From My Future Self'



By

[Lori Bizzoco](#)

It's easy to ask others for dating advice, but sometimes you have to listen to your gut and do what makes you happy. Shiri

Appleby (*Roswell/Life Unexpected*) shared that tip with us as we discussed her role on the new web series, *'Dating Rules From My Future Self'*. The series, also starring Taylor Kinney (*Vampire Diaries* and Lady Gaga's current beau), is about a young 27-year-old woman named, Lucy Lambert who starts getting text messages from herself 10 years in the future. The messages warn her about her dating strategy. She soon realizes that the man she is about to marry, isn't the one for her and she must change her life. If only there was an app that would allow us to get advice from our older, wiser self! Well, according to Appleby that may not be a good thing.

Below Appleby gives us the scoop on her new series, and how it relates to her personal life. She also shares some great dating advice with our visitors.

Tell us more about the show. How does a web series differ from television?

Related: [Former 'Roswell' Actress Shiri Appleby Debuts Web Series on Dating](#)

It doesn't feel any different from my end. The good thing is that people can watch it at their leisure from their computer and there's an opportunity for it to go viral.

Does 'Dating Rules' compare to your current love life? Do you relate to Lucy?

Yes, I relate to Lucy because as I've gotten older, I've realized that if I stop asking everyone else what they think I should be doing with my love life and I just ask myself, I always end up the happiest. For example, when I think about choosing between A and B, I stop and ask myself what do I really need in my life? If I'm really honest with myself I always pick the choice that makes me the happiest. When you doubt and ask everyone else what to do, you get really confused and end up in situations that don't make you feel

comfortable. In the show, Lucy starts to understand herself and you see how she blossoms as a woman.

Do you wish that you had the opportunity at one point to get future text messages like Lucy does?

No, I don't think so. It would be great, but at the same time you learn a lot from your mistakes and why you chose to date someone. Going through the experience is important because whether it's positive or negative, it helps you to understand what you want in the future.

What message do you think the show is trying to send out to viewers?

It's a show about friendship and realizing how great it is to grow up with true girlfriends that you can ask honest questions to. It's also telling woman that it's okay to ask for what you need and to figure out what it is that you need. And, how do you get that? You usually get that from listening to yourself.

Related: [How Happy Are you?](#)

What do you think was the motivation to create a show like this?

It's important to create something that people will be entertained by, but if you have the opportunity you want to put a good message out there also, especially to young woman.

Do you have any relationship advice you can share with our visitors?

Yes. My advice is that it's not supposed to be as difficult as we make it out to be. The best thing you can do is to kill the idea of what you think you need or want. If you get rid of those preconceived thoughts, then you will be able to find the thing that you actually do need vs. what you think you need. Once that happens, you will discover that what you need

is a best friend and the list you once had for finding a partner will feel like nonsense.

How about your own dating life?

Yes, I'm in a great relationship – it's really nice.

Before we go, can you tell us about the book you're writing?

Yes, it's really exciting. I am writing a book about how I've found myself and I tell it through all of the guys I've dated. I'm taking it to publishers at the end of this month. Hopefully it will be a good read.

For more information about Shiri Appleby you can find her on Facebook or follow her on Twitter @shiriappleby. Dating Rules From My Future Self premiered on January 9, 2012. New episodes will air every Monday, Wednesday and Friday.

CupidsPulse.com wishes Shiri lots of luck on your new show and book! Would you want to get messages from your future self? Tell us in a comment below.

Molly Sims Says She's Pregnant with 'Honeymoon Baby'





New

lyweds Molly Sims and Scott Stuber are pregnant with a honeymoon baby. In her blog, Sims wrote, "Today, I am absolutely, positively, downright over the moon to announce that we are pregnant!" Sims is due at the end of June. "There are simply no words to describe the feeling... I finally get what they mean when they say pregnant women GLOW," she said. She even made an event out of telling Stuber the big news. She took a fortune cookie and altered its contents to announce her pregnancy. "The look of surprise and pure joy on his face was priceless," said Sims.

What are some good ways to announce your pregnancy to your partner?

Cupid's Advice:

Telling your partner you're pregnant should be one of the most exciting moments of your life. Here is how to do it right:

1. Go out for a special evening: Try Sims' method and make a meal for your sweetheart. Incorporate the message into the evening. Spelling the news out on the frosting of a cake (with pink or blue icing), or a message in a fortune cookie are two surprising and special ideas.

2. Wrap the pregnancy test: This may sound a tad gross, but what better way to share you're pregnant than by showing proof? There won't be any questions when your partner opens that gift.

3. Shout it out: If your lover is around when you discover you're pregnant, just run over and share the exciting news. It will be all the more fun to jump for joy with your beau.

How did you tell your partner about your pregnancy? Share your stories below.

Rumor: Halle Berry Is Engaged to Olivier Martinez



Hal

le Berry is no longer on the market, or at least that's the rumor going around. According to [People](#), "Olivier Martinez, Berry's boyfriend of more than a year, has given her a diamond-and-emerald engagement ring." The two co-starred in a French film in 2010 and became a couple shortly after. This would be Berry's third time tying the knot, as she was previously married in the early 1990s as well as in the early 2000s.

How do you know when it's time to tie the knot?

Cupid's Advice:

It's not always clear when it's time to take the big step of marriage with your partner. Cupid has ways to know if you're meant to be:

- 1. No need to impress each other:** You're able to be yourself around your partner. There's no longer a need to pretend you like their weird music or have a taste for fondue.
- 2. Trust:** You trust each other. When you go out, you're not wondering what they're doing and vice versa. A secure relationship is critical when taking it to the next level of commitment.
- 3. Ready for forever:** Once you've truly grasped what marriage means and that you want to be with this person for the rest of your life, then marriage may be the next step. If you can't imagine your life without them, maybe you should make them a more permanent part of it.

What are some other ways to know you're ready for marriage? Share your thoughts below.

Rumor: Evan Rachel Wood is Engaged to Jamie Bell



It looks like actress Evan Rachel Wood is engaged again, but this time it's not to Marilyn Manson. British actor Jamie Bell and Wood have been dating since 2005, and it looks like they're finally ready to tie the knot. Although a source confirmed the engagement with UsMagazine.com, Wood's rep had no comment to confirm the rumor. That said, Bell was spotted shopping for engagement rings in late December, and Woods was photographed leaving The Hotel Cafe in Hollywood with some bling on her ring finger.

How do you keep your impending engagement under wraps?

Cupid's Advice:

Don't let someone spill the beans before you get the chance to

pop the question. Cupid has some tips:

1. Family first: If you plan on asking her father for his blessing, ask him to keep it between the two of you, so that it can come as a surprise for the rest of the family.

2. Keep quiet: Once you've bought the ring, you're going to be excited, but try to maintain your excitement instead of blabbing it to the world.

3. Be prepared: Make a plan for the big day, and don't tell anyone else how or when you're going to ask.

How did you keep your soon-to-be engagement hush-hush? Share your comments below.

Lauren Conrad Has a Friendly Run-In with Ex-Boyfriend Derek Hough





Lauren Conrad

is who we look up to as a cool ex-girlfriend! While enjoying a night out at Beacher's Madhouse in Hollywood, Conrad ran into her ex, Derek Hough. How did she react? She didn't even try to take cover in the ladies room or give him the cold shoulder. According to [People](#), the designer was happy to see Hough and embraced him with a hug. Way to be the bigger person, Lauren!

What are some ways to react when you run in to an ex partner?

Cupid's Advice:

Depending on how your relationship with your ex ended, bumping into your former lover can be an awkward moment. Here are some positive ways to react when you encounter in old flame:

1. Don't be fake: If you're not too happy to see your ex, don't jump up and give them a huge hug and don't slap them in the face either. Smile, say "hello" and end the conversation politely. Your ex should get the point. Acting upset seems desperate.

2. Keep the convo simple: Ask your ex what they've been up to since the break-up, and make sure to talk about your

accomplishments. Don't get into each other's love lives. Keep the conversation platonic unless you're thinking about rekindling the relationship.

3. Take the attention off of you: Chances are that if you bump into your ex, you won't be alone. To avoid awkward silences, introduce them to your friends and let your ex know that you are in a hurry, whether you are or not.

How have you reacted when you bumped into an ex? Share your comments below.

'Felicity' Actress Keri Russell and Husband Welcome Baby Daughter





For mer *Felicity* star Keri Russell and husband Shane Dreary brought their second child into the world this past December. The couple's first child, River, has taken on the role of big brother to his new baby sister Willa Lou Dreary. According to *Celebrity Baby Scoop*, the actress mentioned that becoming a mother has transformed her. She also said that there's "just a whole new set of feelings that aren't as accessible to you before you have kids."

How does having a child change your priorities?

Cupid's Advice:

Once you have a child the world you once knew will no longer exist, and life will never be the same because you'll have different priorities. Cupid has some tips to help you prepare:

- 1. Focus:** Remember when the world revolved around you? Well, those days are over. The majority of your energy and concentration will be about raising your child.
- 2. Flexibility:** You can't just get up and go anymore. Going out and family trips have to be thoughtfully planned, and your

wallet is going to tighten up as well. You're not going to have money to blow like you might have before.

3. Family: If you're already close with your family, you're in luck because everyone is going to want to take their turns babysitting and you'll have a great support system for advice.

If you're not close with your family, a newborn in the family might be just the thing you needed to regain that connection.

How did having a child change your life? Share your comments below.

Lady Antebellum Singer Hillary Scott Ties the Knot



Con

grats to Lady Antebellum singer Hillary Scott and drummer Chris Tyrrell, who are officially married, as of Saturday. The couple, who has been engaged since July, held a small ceremony in upstate New York in front of family and close friends, according to [People](#). “We got married,” Scott, 25, said as she flashed a wedding ring in a video on Lady Antebellum’s website with her new hubby. “We just wanted you to hear it from us first. We love you. We’re so excited to be starting our life together and we just had to let you in on the exciting news.” Scott said she couldn’t be happier and loves having someone in her life who completely accepts her. “Everything is brighter. Everything has a deeper meaning. I’ve found a guy who truly embraces me for who I am and appreciates the things that I don’t necessarily love about myself.”

How do you know if your partner embraces you for who you are?

Cupid’s Advice:

While most people say they accept their lover, it’s sometimes can be difficult to believe it. Cupid has some ways to help you be sure:

- 1. Closeness:** Ask yourself where your partner is whenever you’re having a tough time. Someone who truly accepts you isn’t fair weathered.
- 2. No judgement:** Your significant other should be the person you confide in, and they don’t hold what you say against you.
- 3. Return the favor:** A person is more likely to accept you if they feel welcomed by you. Be sure to let your partner know how you feel toward them.

How do you know when your partner accepts you? Share your ideas below.

Stacy Keibler Says George Clooney Keeps Her 'Locked Up'



George Clooney knows a good girl when he's got one. The actor jokingly told reporters that he doesn't let girlfriend Stacy Keibler go out. According to UsMagazine.com, the former WWE star played along with the reporters saying, "George keeps me locked up." They have much more in common than not wanting to go out on the town, however. The duo also have similar taste in fashion, according to Keibler. "Whatever I end up liking, he likes it, too. So it works out good because if he didn't, then I don't know what I would do!"

What do you do if your partner begins to hold you back?

Cupid's Advice:

Not all relationships are like Clooney and Keibler's. Sometimes a partner can stop you from doing things you want to do. Cupid has some tips:

1. Support: Ask for support. Sit down with your partner and let them know that you need them to be a friend to you first and foremost. Friendship means supporting you in whatever you choose to be passionate about.

2. Trust: Some partners keep their loved ones from going out due to a lack of trust. Not believing in your partner can be a huge mistake. If your partner doesn't trust you, or vice versa, think about what is causing this mistrust and fix it if possible.

3. Moving on: Ultimately, if your guy or girl refuses to be there for you, it may be time to find someone who isn't going to hold you back, but rather, will push you forward.

What are some other ways a partner can hold you back? Share your comments below.

Drew Barrymore Is Engaged To Will Kopelman





Dre

w Barrymore is already having a very happy new year.

Barrymore's rep confirmed to UsMagazine.com that Barrymore and her beau, Will Kopelman, 34, are now engaged. An art consultant, Kopelman popped the question in Sun Valley, Idaho, sometime during the holiday season, according to a source.

The newly-engaged twosome, who was first spotted as a couple around February last year, briefly dated in 2010, but split up at the time, only to reunite later.

What are the advantages of getting engaged on a special occasion?

Cupid's Advice:

There are quite a few advantages of getting engaged on a special occasion. Cupid has a few:

1. Family get together or party: Depending on the occasion, proposing in front of family and friends can make the event even more special to your partner and to your loved ones. What a way to celebrate uniting love than with the people who love you the most.

2. Anniversary: Imagine both you and your love taking a much-

needed vacation for your anniversary. Not only is your mind right and ready for some relaxation and quality time to celebrate your relationship, but you're also ready for some romance. It would be perfect timing to propose.

3. Birthday or holiday: By getting engaged on one of your birthdays or on a holiday you both love, you're already excited for the occasion before it's made even more special.

What are some other special times to get engaged? Share your thoughts below.

Reality TV Couple Ann and Jesse Csincsak Answer Questions About 'The Bachelor' Season 16, Episode 2





By

[Lori Bizzoco](#)

Last night Ben Flajnik brought his 18 beautiful *Bachelor* contestants to Sonoma where things became more intimate and drama unfolded between the girls. There was crying, cat fights and as Blakely said, “claws are coming out.” The claws sure did come out when a bunch of ‘Bachelor’ contestants dressed up as fairy tale characters and performed a play on stage for Ben’s hometown during the group date.

One-on-ones last night were with Kacie B. and Courtney Robertson. Each girl received a rose at the end of their date. During the rose ceremony Jenna and Shawn left empty handed. Next week the girls head to San Francisco. Ann and Jesse Csincsak are back this week to answer our questions from Episode 2:

1. Kacie B seems sweet, and down-to-earth but Ben says, “He trusts her.” When you’re on this show, can you really trust someone after knowing them for such a short period of time? How long would Ben have known Kacie at this point?

Jesse: This is week 2 so they wouldn’t really know each other yet. By the time of the rose ceremony, at the end of the

episode, they've probably only known each other about 10 days.

Ann: I wouldn't give my ATM pin number to someone on the second date so I definitely wouldn't say u can trust someone that quickly! He's only known her a few days and he's hardly seen her in that time – way to quick. But, this whole process is dating in fast forward.

2. Why do you think ABC took the show to Ben's hometown?

Jesse: It's very rare, but I actually think this was one decision they let Ben make on his own.

Ann: Every season they attempt to make the show a little different and make the bachelor stand out on his own. By going to Ben's hometown, it made him more relatable. Therefore, better ratings and the girls get attached more quickly.

Related: [Former Bachelor Couple Ann and Jesse Csincsak Answer Questions about Season 16 Episode 1](#)

3. Do you think Coutney is on the show for fame or to boost her modeling career? Do you think she's really into Ben?

Jesse: Totally for the fame in my book, but I've always said never judge someone by their edit. Therefore, I will wait until I actually meet her until I make a real opinion!

Ann: Modeling and apparently an acting career as well – she seems to be fooling Ben pretty good. I think she's into what Ben and this whole show can bring her.

4. Why did Coutney appear so genuine while on her date with Ben and so conniving on camera? Editing can only do so much. What are your thoughts on this?

Jesse: Again, I see some "ok" traits but the editing room can really switch things up. Plus, it's not too hard to make someone look sweet and romantic on this show.

Ann: Wes Hayden had a made up girlfriend his whole season so don't underestimate the power of editing.

Related: [Chris Harrison Says Ladies Are Excited For Bachelor Ben Flajnik](#)

5. Do you think Blakely's tactics of hogging Ben's attention are going to work or will she eventually suffocate The Bachelor? We still think that the producers have her playing the Michele Money role.

Jesse: She is totally stamped with the Michelle money role! They always make someone go to the Bachelor or Bachelorette who already has a rose to take time away from someone without a rose classic producer move.

Ann: My prediction is she's gone on episode 4 or 5. How many times can u hide in the luggage room before it gets awkward?

6. I know you feel bad for Jenna but she claims to be a relationship blogger-that's a little embarrassing given she can't even form a sentence half the time. Did Ben do the right thing by letting her go?

Jesse: These producers are getting that girl so drunk she can't even talk without her face quivering. This is a perfect case of getting someone wasted and putting them in a situation where they need to think = CRASH AND BURN. This girl understands what has happened now, but didn't see it coming then. However, I will let you know if I smell booze on her breath when I meet her in the future!

Ann: Yes, yes and yes! Guarantee Ben wanted to let her go episode 1 and production let her go episode 2.

7. What are you expecting/ hoping to see next week?

Jesse: This season seems to be a mix of previous seasons. They are in need of some new things happening in my opinion.

Ann: His ex-girlfriend will show up and girls will get jealous. Hopefully we'll see more waterproof mascara cause it's going to be a doozy!

Katy Perry Says Her Heart Is 'Happy Again'



Katy Perry made it clear that the only opinions about her impending divorce, filed on December 30, that matter are her own. She tweeted about the gossip saying, "I want to be clear that NO ONE speaks for me. Not a blog, magazine, 'close sources' or my family." According to [People](#), the newly single

Perry also thanked “supporters for their concern and well-wishes during a difficult time.” She tweeted that she was “grateful for all the love and support” and that her fans had “made her heart happy again.”

What are some ways to start to feel happy again after a split?

Cupid’s Advice:

It can be hard to move beyond the negative emotions of a divorce or break-up. Cupid has some tips:

1. Make it a clean break: It can be difficult not to contact your ex after having them in your life for so long. However, the only way to truly move on and find happiness in other things is to cut off contact for a while.

2. Refocus your energy: Put the time and energy that would’ve gone towards the relationship into something positive in your life. For Katy Perry, she’s focuses on her fans and her music to get over the ending of her marriage.

3. Acceptance: Accept that he or she wasn’t the one. Perhaps your ex was only meant to be around for a season or two. Understand that this experience will help you grow and that you will find someone new.

What are some ways you were able to find happiness after a split? Share your thoughts below.

Adele Visits a Swamp with New

Boyfriend Simon Konecki



Under-the-weather singer Adele has been out and about recently. The “Somebody Like You” songstress, who’s recovering from vocal chord surgery, took a romantic walk with new boyfriend Simon Konecki in the Everglades on Monday, reports UsMagazine.com. Konecki, 36, is a founder of the charity Drop4Drop, which gives clean drinking water to those who need it. “[Konecki] watched [Adele’s] every move, especially when she was on the dock and on the boat. He wanted to make sure she didn’t fall into the water!” said a witness. “They were lovey dovey with one another [and] very into each other. She seems really happy.”

What are some unique and romantic locations to take a walk with your partner?

Cupid’s Advice:

Sometimes the best dates are the simplest ones. Here are a few unique and romantic places to take a stroll with your significant other:

1. The woods: Try escaping the hustle and bustle of city life and driving to a more rural location. Take your partner on an expedition in the woods. Bring along a camera and plenty of insect repellent.

2. The harbor: If you live by an ocean, there's most likely a nearby harbor. Most harbors have a boardwalk, some of which have stands that sell ice cream and other snacks. Take your partner and admire the ships and seagulls.

3. Your neighborhood: Though this seems less than exciting, chances are you haven't fully explored your own neighborhood. Take a left turn where you normally take a right, and discover the rest of your environment.

Have you ever gone for a walk with your partner? Feel free to leave a comment below.

Beyonce and Jay-Z Welcome a Baby Girl





Bey

once and Jay-Z have just become Hollywood's newest parents!

According to [People](#), they welcomed a new baby girl named Blue Ivy Carter in New York on Saturday. Both mom and the baby are in the best of health. Beyonce's sister, Solange Knowles, tweeted over the weekend that the new baby is the most beautiful girl in the world.

What are some factors to consider when you're naming your child?

Cupid's Advice:

Naming your child can sometimes be a difficult endeavor for you and your partner. Not only must you find the perfect name, you also must agree on it. Here are the top factors to consider:

1. Family names: Maybe you want to use an old family name or name your child after a much-loved deceased relative.

2. Unique names: Your child is unique and their name should be, too. Just don't go overboard to the point where you name your child something completely weird. Keep in mind that he or she will have to live with the name you give them for the

rest of their life.

3. Favorite names: Everyone has their favorite names that they've always wanted to name their child. Share your favorite baby names with your partner and have them share with you.

What do you want to name your child? Share your baby names in a comment below.

Former 'Roswell' Actress Shiri Appleby Debuts Web Series on Dating



Shi

ri Appleby, 33, made us fall in love with her when she was on the hit alien show, *Roswell*. Now she is teaching us how to fall in love with ourselves before finding the right partner.

Staying true to her acting roots, Appleby will be starring in a new web series, *Dating Rules For My Future Self*. Appleby's character works up the courage to not marry her boyfriend after receiving a text message from her future self. Through dating, she finds what makes her happy in a relationship and as a single gal, according to [YourTango](#). We definitely look forward to taking dating advice from this girl, who has been in a happy one year relationship.

How do you take control of your love life?

Cupid's Advice:

Being in a relationship is a 50/50 commitment, but that doesn't mean that you have to lose control of who you are.

When dating, you have to be able to have the courage to say "no" to what you don't want and say "yes" to new experiences:

1. Date on your terms: Date when you're ready, and date who you want to. Don't necessarily rule out blind dates, but don't force yourself to look for love where it isn't a chance of it happening.

2. Know when to say "no": Sometimes we get comfortable with a partner and are scared to let go when we feel that the relationship is not going right. If you're not happy, the relationship will fail.

3. Say "yes": Don't turn down the chance to go on a date with someone you probably wouldn't have thought of getting to know.

If you're in a relationship, don't be afraid to say "yes" to trying new things to keep your love life fresh.

How do you take control of your love life? Share your thoughts below.

'New Girl' Star Zooey Deschanel Files for Divorce From Ben Gibbard



Sometimes when your career hits a high note, your personal life seems to fall apart. While Zooey Deschanel had an amazing year as a breakout star, her relationship with Death Cab for Cutie front man, Ben Gibbard, seems to have come to a bitter end. According to [People](#), the two filed for divorce, citing Oct. 31 as their date of separation. The ex couple, who married in 2009, are claiming irreconcilable differences, but are still on friendly terms.

How do you know when your differences are irreconcilable?

Cupid's Advice:

Irreconcilable differences is the most common reason for divorce. If you and your partner just aren't the same people you were when your relationship began, you may be experiencing irreconcilable differences. Here's how to tell:

1. Always fighting: If you're always arguing with your partner over both big and little things to the point where you agree on absolutely nothing, perhaps, your differences are irreconcilable.

2. You want to see other people: If you believe that you or your partner would be happier with someone else, it may be time to move on.

3. You've tried everything: If you've tried couples therapy and everything else to try to reconcile your relationship, but nothing seems to work, it may be time to cut your losses.

How long would you try to make a relationship work before you call it quits? Share your ideas below.

Marc Anthony Moves On from JLo with Venezuelan Model





Jen

nifer Lopez isn't the only one moving on. Recently divorced Marc Anthony revealed his relationship with 24-year-old Venezuelan model Shannon De Lima on Twitter, reports UsMagazine.com. The two went public with their relationship this past weekend, when Anthony, 43, sent New Years' wishes to the model. "To Shannon, my statue of liberty," said Anthony. "Kisses baby!"

What are some ways to tell if you're ready to date again?

Cupid's Advice:

After a rough split, it's hard to tell when you're ready to get back in the dating scene. Here are a few ways to decide:

1. You're in a good place: Once you have fully recovered from your split and have had time to strengthen your bonds with friends and family, you should try dating again. Your future relationships will be more successful if you start them with a good attitude and an open heart.

2. You no longer worry about your ex: Most people think about their ex for a while after the split. Once you stop thinking about your ex and worrying about the mistakes in your

relationship, you'll be ready to move on.

3. You want to date again: Ultimately, you should only date again if you want to. Even if you are over your ex and content with your life, there is no need to jump right back into the dating scene. Feel free to enjoy single life for as long as it pleases you.

How did you know you were ready to date again? Feel free to share your experiences in a comment below.

Angelina Jolie Buys Brad Pitt a Waterfall



Tal
k about a grand gesture! Angelina Jolie, 35, bought husband,

Brad Pitt, 48, a waterfall in California recently. According to UsMagazine.com, the grand gift served as both a birthday and Christmas gift. Jolie plans to construct a home for Pitt and their six children over the waterfall. The new home will be inspired by Pitt's favorite architect, Frank Lloyd Wright. "Brad has dreamed of a home with the sound of a waterfall cascading under the house," says a source. Jolie's gift came at the perfect time, as the duo recently sold their former Malibu home to Ellen Degeneres and Portia de Rossi.

What are some natural gifts you can give to your partner?

Cupid's Advice:

Want to give your sweetheart the stars? Well, you really can!

1. Star: Adopting a star is now an option to the public. For a small fee, you can buy a star and have it named. Talk about giving it all to you sweetheart. No gift will ever top a star.

2. Tree: Planting a tree in honor of your partner is easy, fun and good for the environment. You can do it together, or plant it as a surprise. Either way the tree will continue to grow and flourish just as your relationship does.

3. Adopt a polar bear: Polar bears are becoming extinct, and what better way to save them than by adopting one? For any amount of money you can donate to World Wild Life Fund and have your very own polar bear. If your lover is into saving the animals, this is the perfect gift.

What are other natural gifts you can give your partner? Share your ideas below.