

# Find Out Victoria's Secret Angel Adriana Lima's Valentine's Day Wish



Winning a supermodel's heart this Valentine's Day may be easier than it looks. As Victoria's Secret Angel Adriana Lima told [People](#), roses seem to be the key. "If my husband sends them to me at home, I'll be very happy. There's nothing better than to receive flowers from someone you love," said Lima. Other supermodels said they desired gifts with a personal touch such as hand-written notes on Valentine's Day.

**What are some ways to show your partner you care on Valentine's Day?**

**Cupid's Advice:**

Showing that special someone you care on Valentine's Day or

any other day of the year doesn't have to be expensive or over the top. It seems to be the little things that make the biggest impressions. Cupid has some tips:

**1. Tell them how you feel:** If you love someone, you can't say it enough. There are so many ways to say "I love you," such as via social media or the old fashioned way with a handwritten note.

**2. Send a gift:** Make your partner feel special by sending them a small gift such as flowers to their home or office.

**3. Go out with eat:** Show your partner you care and want to spend time with them over a special meal. Stay home and cook or make reservations at a classy restaurant.

**What are you dreaming of getting from your partner this Valentine's Day? Share your wishes below.**

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## **New Couple Emily VanCamp and Josh Bowman Pack on PDA**





*Revenge* star Emily

VanCamp has found love off-screen. [UsMagazine.com](http://UsMagazine.com) reports that the actress is dating costar Josh Bowman. The two have been linked to each other since January, but a PDA-packed lunch date at Little Dom's in Los Feliz, California on Sunday confirmed the rumors. Bowman, who has been linked to Miley Cyrus and Amy Winehouse, says that he is attracted to women with class. "She can be anything as long as she holds good conversation," said Bowman. "I'm attracted to intelligence."

**What are some ways to announce your relationship to the world?**

### **Cupid's Advice:**

Telling your friends and family about your new relationship is daunting, but necessary. Here are a few ways to break the news:

**1. Word of mouth:** Sometimes your friends can spread the news for you. Tell a few friends about your new relationship and wait while others soon find out.

**2. Facebook:** In this technology-crazed age, most people get their news through Facebook or Twitter. Change your relationship status and sit back to see your friends'

comments.

**3. Let them guess:** Sometimes it's fun to keep your relationship on the down low at first. Eventually your friends and family will draw the right conclusion eventually.

**How did you announce your relationship? Feel free to leave a comment below.**

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## Angelina Jolie, Stacy Keibler and Their Beaus Have Awkward Run-In



Is there some tension brewing between Angelina Jolie and Stacy Keibler? According to [UsMagazine.com](http://UsMagazine.com), the two ladies awkwardly ran

into each other while accompanying their nominated men recently. Jolie's longtime lover Brad Pitt and Kiebler's boyfriend of six months, George Clooney saw each other at the Screen Actors Guild Awards last weekend. Kiebler was reportedly fixated on Pitt when the two couples caught up with each other and even posed for what seemed to be an awkward group shot while walking the red carpet. This isn't the first time Jolie and Kiebler have had a weird moment when bumping into each other. A few weeks ago, the skies weren't so friendly when Jolie and Kiebler both hopped on the same private plane with their men while heading to the Palm Springs International Film Festival.

**What do you do if you don't get along with your beau's best friend's girlfriend?**

#### **Cupid's Advice:**

Sure, you won't get along with everyone you meet, but when it comes to your boyfriend and his close friends, getting along with them can be a big deal. Here are a few tips to help get you through any awkward moments while dealing with your potential "frenemy":

- 1. Girl talk:** Next time your sweetie's best friend and his girlfriend visit, invite her to go with you to the store or mall so you can talk to her about the issue and hopefully straighten everything out.
- 2. Be the bigger person:** Even if she's being rude when you are around each other, smile and be kind anyway. Treating her in a polite way may cause her to treat you the same ... eventually.
- 3. Avoid the situation:** If you've exhausted all of your options while trying to make peace with your beau's best friend's girlfriend and you two still can't patch it up, then it's probably best to leave her alone and only speak if necessary.

How did you handle not getting along with your partner's best friend? Share your experiences below.

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## Emily Maynard is 'Scared to Death' to Date on TV Again



When Emily Maynard and *The Bachelor's*, Brad Womack, ended their engagement, she had absolutely no intention of being the the star of the next season of *The Bachelorette*. But, next month, that's exactly what she'll be doing. "I had no intentions of ever being the next Bachelorette. I genuinely meant that," said Maynard. "I feel like the biggest hypocrite because I said that, and now I'm doing it." According to [People](#), though she knows dating on TV can work, she admits to being scared about diving into the reality TV dating pool once again. The blonde beauty also

admits that it's difficult to date as a single mom. The show will be filmed in Charlotte, North Carolina, where Maynard is raising her 6-year-old daughter as well as in other locations.

**How do you get over the fear to date again after a failed relationship?**

**Cupid's Advice:**

After a failed relationship, it's okay to take some time off dating. But, when you fall down, you need to get back up again. Cupid has some advice:

**1. Go out with friends:** You don't need to actually go on a date to put yourself out there in a social situation. Go out on the town and socialize.

**2. Try online dating:** With so many relationships beginning online these days, it never hurts to look. Plus, there's no doubt that it's convenient. You can filter by the qualities you do and don't like before the first date!

**3. Reward yourself:** Give yourself small rewards for taking steps to get back into the dating scene. It can certainly be easier said than done.

**What are some ways to put yourself out there in order to get back into the dating scene? Share your thoughts below.**

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## **Demi Moore Is Embarrassed by Post-Split Breakdown**



After living in the spotlight for more than three decades, Demi Moore has lost her cool. According to [People](#), after her November split from husband Ashton Kutcher, the actress slowly worked up to a full-fledged breakdown. Although it's not clear whether this was caused by her divorce or not, Moore has been seeking treatment since Jan. 23 after being whisked away in an ambulance for what some are now reporting as a seizure. A source says, "Ego-wise, this is the worst thing that could happen to Demi, because she's such a private person. She's embarrassed." Moore has been studying Kabbalah, a form of Jewish mysticism, which instructs that adversity can prove beneficial to her healing process. Moore's troubles "can be an opportunity, a blessing and not a curse. The right intervention happened in her life. From a spiritual sense, it's a gift. She had a real opportunity to grow from it. She has to take responsibility for her life," said the source.

**What do you do if your ex is having a hard time with your breakup?**



## **Cupid's Advice:**

Breaking up is hard enough, but what are you supposed to do when you get the better half of it and move on before your ex can? Here are some tips:

**1. Be respectful:** When you know your ex is struggling to overcome the breakup, don't make things more difficult on their end. Try to stay out of their way, even if that means changing your regular coffee routine so you don't have to make small talk at the counter. Keep in mind that you cared about your ex at one point.

**2. Don't make new relationships overly public:** We know you're thrilled about the new guy you met and how funny he is, but spreading it all over Facebook is just going to hurt your ex more than you already have. Hiding your relationship is not necessary, but keep the bragging to a minimum.

**3. Offer condolences:** If you know that your ex is really hurt and you're at fault, offer an apology. It is most likely clear you won't be getting married in the fall, but saying you're sorry for the hurtful things you may have done or said will help the healing process.

**What did you do when your ex had a hard time with your breakup? Share your stories below.**

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# **Prince William and Kate Middleton Adopt a Royal Puppy**



Prince William and

Kate Middleton have acquired a new addition to the family with a new cocker spaniel puppy. A palace aid confirmed to [UsMagazine.com](http://UsMagazine.com) that the month old pup does belong to the Duke and Duchess of Cambridge. The royal couple originally took the cocker spaniel home for a test trial to see if they were ready to be puppy parents, and they instantly fell in love. They met the pup during Christmastime and quickly decided to keep him with them in the palace.

**What are the advantages of raising a pet as a couple?**

**Cupid's Advice:**

If you don't have kids and you're just starting out as a couple, a pet can be a great bonding experience ... or it can show you that you're not with "the one." Here are some advantages:

**1. Preparation:** If you plan on having kids in the future, raising a puppy together is a great way to practice parenthood.

**2. Test:** Taking care of a new pet is going to test your limits as a couple. See how well you work as a team with important decisions and sometimes frustrating situations.

**3. Closer:** Once the adjusting and the adapting is over, you'll be able to celebrate your accomplishment of a successful parenthood together.

**What valuable lessons did having a pet with your partner teach you? Share your comments below.**

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## Sources Say Emma Roberts 'Iced Out' Chord Overstreet Pre-Breakup



It seems as if the

breakup between Emma Roberts and Chord Overstreet could have easily been predicted. Roberts was constantly leaving Overstreet out of her plans, sources say. *Glee*'s Overstreet, 22, was left out of Roberts' "girl's night" New Year's plans, and she also reportedly ignored his texts the night of the Golden Globes after-party, which ended in drama and tears.

According to [UsMagazine.com](http://UsMagazine.com), Overstreet was overheard saying, "Emma does this all the time when she doesn't want to see me."

Although her reps claim that he was too controlling for the young star's busy career life, the relationship had hit a dead end.

**What are some ways to show someone you're no longer interested?**

#### **Cupid's Advice:**

There are times we find ourselves no longer interested in the person we're in a relationship with, but don't know how to tell them. Here are some tips:

**1. Put off hanging out with them:** If you keep coming up with an excuse every time they ask you to do something, they'll eventually get the hint.

**2. Show your independence:** If you continue to make plans, without inviting him/her, they'll realize that you'd rather be independent than tied down.

**3. Talk to them, as a friend:** If you continue pretending you want to be with them and talk to them as if you're a happy couple, you won't get anywhere. Put them back in the friend zone. It shows you still care about them, but just as a friend.

**How did you show your now-ex you were no longer interested? Share your stories below.**

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# Scarlett Johansson Has a New Mystery Man



After Scarlett Johansson's split with ex-hubby Ryan Reynolds, the rumor mill was buzzing with candidates thought to be her next boyfriend, but a source has finally confirmed the name of her current romance. The actress is dating the New York-based advertising executive, Nate Naylor, a pal of the pair confirmed to [People](#).

"They've been dating for five months," said the source, who also mentioned that they're trying to keep the relationship private.

**How do you keep a new relationship under wraps?**

**Cupid's Advice:**

Getting back into the dating scene after a breakup or a divorce can be tricky. Here are some ways to keep things simple:

**1. Keep quiet:** Your first few dates after getting out of a serious relationship can be a little shaky, so only tell one or two people close to you that you're seeing someone until you think the relationship is ready for exposure.

**2. Social media:** Keep the relationship status on your Facebook out of the situation. People love gossip, and changing your status will make the topic free game for anyone with access to your page.

**3. New places:** Avoid going to the same places that you used to frequent with your ex. People will realize that your old partner is missing, and without knowledge of the split, could bring up some topics that could result in awkward conversations.

**How did you keep your new relationship under wraps? Share your comments below.**

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## **Avril Lavigne and Brody Jenner Spend Time Together After Split**





Sometimes it's hard to move on after a [breakup](#). Such is the case with Brody Jenner and [Avril Lavigne](#) who were seen hanging out together not even a month after their split. Often it can be hard for young couples to balance a career and a [relationship](#). Jenner and Lavigne split amicably after two years due to busy schedules, but according to [Usmagazine.com](#), "They still love each other and could get back together, but for now, he [Jenner] needed a break."

### **Is hanging out after a breakup advisable?**

#### **Cupid's Advice:**

Sometimes it can be difficult to stop hanging out with someone after you've gone your separate ways. That said, is it a good idea to keep hanging out after the big split? Cupid has some advice:

**1. Time:** Sometimes it depends on how long you and your partner had been together before the breakup. If you had a lengthy relationship, it may be too difficult to avoid the old habits of the relationship, and you may need some [separation](#) before hanging out as friends.

**2. How friendly:** With some relationships, after the [split](#) all

you can expect of each other is to remain civil. If you are expecting the relationship to be nearly identical to before the breakup, then you may be in for a rude awakening.

**3. Ready to move on:** You may only want to remain friends because you're hoping for a reunion of sorts. According to sources, many expect Jenner and Lavigne to get back together, which may make their hanging out [post-split](#) easier to manage.

**Have you hung out with an ex after a break up? Share your experiences below.**

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## 'American Idol' Star Danny Gokey Ties the Knot



Former *American Idol* star Danny Gokey is once again a married man. The singer



exchanged vows with his fiancée, Leyicet Peralta, in a small ceremony among 100 of their family and closest friends, Gokey's manager confirmed to [People](#). The intimate ceremony celebrated the theme of "romance and love" and took place in Florida on Sunday. "We are so thankful to have found each other and now be able to spend the rest of our lives together," the newlyweds said in a statement. "We pray our gratitude grows more every day because there is so much for us to do now." This is the second marriage for Gokey, who lost his first wife Sophia in 2008 after undergoing a routine surgery for congenital heart disease. The newlyweds paid tribute to Sophia by asking their guests that all gifts be in the form of donation to Sophia's Heart, the children's charity founded by Gokey to honor his late wife.

**If your partner passes away, how do you know when to move on?**

### **Cupid's Advice:**

Dealing with the death of a loved one is never easy, especially when you're dealing with the passing of your spouse. However, there a comes a time when you have to move on and find happiness again. Here are few signs you're ready:

**1. You shut yourself out from the world:** The inside of your house hasn't had any sun beaming through its windows, you rarely answer your phone and the grass on your lawn is now passed knee length, leaving people to wonder if anyone lives at your house anymore. The situation is tough, but shutting yourself out from the world only makes it worse. You still have to live your life, and while moving on may take some time, you have to get yourself back into the swing of things.

**2. Acceptance:** You begin to accept the loss of your spouse when you start replacing their physical presence with memories of them. And while the grieving process is unique to individuals, you can slowly begin to enter back into the dating scene when you feel comfortable.

**3. You find comfort in a potential partner:** When you find someone who shows you unconditional love by being patient and understanding of what you've experienced, that may be just what you need in your life.

**How do you know when it's time to move on? Share your comments below.**

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## '30 Rock' Star Katrina Bowden Gets Engaged Before SAG Awards



The SAG awards were all about stars and diamonds this year. *30 Rock* actress, Katrina Bowden, was surprised with an engagement the night before the big awards. Bowden's boyfriend, Ben Jorgensen,

popped the big question in their suite at The Four Seasons Hotel. According to [People](#), the actress was shocked by the occasion. Talk about a weekend of celebrations!

**What are some special occasions with which to tie in your engagement?**

### **Cupid's Advice:**

Popping the big question takes a lot of planning and decision making. Whether or not the proposal will take place in private or public and on what day can be overwhelming.

However, tying the big day in with a special occasion can keep your partner in the dark and your engagement anniversary a memorable one:

**1. Valentine's Day:** It may seem cliché, but there's no denying that proposals are romantic on Vday. It's the perfect time for Cupid to work his magic.

**2. Anniversary:** Do you celebrate your first date, or kiss? An engagement on the same day as an anniversary will mean less dates to remember and extra celebrating.

**3. Birthday:** There is no way you can forget an engagement date when it falls on your or your partner's birthday.

**Did you get engaged on a special occasion? Share your big moment with us below.**

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# **'The Bachelor' Season 16**

# Episode 5: Ann and Jesse Csincsak Talk Skinny Dipping, Ball Playing, 'Sick of Being Single' Bachelorettes



By [Lori Bizzoco](#)

The drama shifted to Puerto Rico this week, where Ben and the remaining ladies visited the island of Vieques. Nicki got the first date, but with a downpour of rain and no umbrellas, the duo was forced to do some shopping for “authentic” and dry Puerto Rican threads. Ben gave Nicki a rose that evening.

For the group date, Ben took the ladies to the historic Roberto Clemente Stadium where they were divided into two teams and went head-to-head in a baseball game. The winning team would enjoy a wonderful beach party with Ben. Kacie B.’s team won and she got the group rose that night but directly following it, Courtney stole Ben at fourth base with some

baseball playing of her own.

The next one-on-one took place on a private yacht with Elyse, the same environment as where Ben fell in love with Ashley.

Unfortunately, "sick of being single" Elyse will have to suffer because Ben sent her packing. After the one-on-one with Elyse, Courtney decided to "make good" on her promise to skinny dip, so she surprises Ben at his room. A Bachelor first, the two take off their clothes, the film is edited and the rest is left to our imagination. At the rose ceremony, Ben admits that he feels "crappy" about what happened, Emily bashes Courtney again and the "best kisser" Jen is sent home.

It's anyone's guess what will happen next week. Here's what Ann and Jesse had to say about the episode:

**1. After tonight's episode, which two women do you think have the best shot at being the last ones standing?**

**Jesse:** I think Kacie B, Courtney, and Lindzi have a good shot.

**Ann:** N/A

**2. What did you think of Nicki's one-on-one? The wedding scene? The rain? And most importantly, her neon nail polish?**

**Jesse:** The only thing interesting about this date was the rain.

**Ann:** Nicki's date was cute and seemed very relaxed. She handled herself well with the rain, most girls would have ran for the first cover they could find (me included, due to having curly hair, haha). As far as her neon nail polish, although cute, I think little things like that show peoples age and she is still very young in her actions and personality.

**3. On Elyse's one-on-one she said she was "sick of being single." Do you think that hurt her chances of getting a rose? What would you have done differently to secure a rose if you were her?**

**Jesse:** I think if she said that to me, she would have been sent home. I wouldn't want to be the "I-dont-want-to-be-single" choice.

**Ann:** Yes! She sounded very sincere about finding a guy but not sincere about finding BEN. I think she forgot that she wasn't just talking to a girlfriend about her wanting to be in love again she was talking to a guy she was "dating." I think that was the exact reason she went home this week. My one complaint with girls sometimes is when they ask "what they did wrong?" If a guy breaks up with you or ends things don't ask what you did wrong, thank them for admitting that they weren't right for you. They're saving you time and more heartache. I felt like we hadn't heard a lot from her as far as her feelings for Ben until this episode and then all of a sudden she went in high gear to tell him she liked him...too much too fast. I would have told him that I liked him and would like to see where this goes. Not: I want to fall in love with whoever and you happen to be here.

#### **4. Okay, we are dying to know your thoughts on the skinny dipping scene.**

**Jesse:** Courtney is a *skank*. I bet Ben's mom was pumped to see what kind of person she really is when she saw this!

**Ann:** OMG! The bachelor is gettin scandalous! I am very surprised that Ben went along with this. I know she is gorgeous and what guy wouldn't be into that but I think the producers egged that on and he did it in the end because of production value as well as shock value and IT WORKED! Courtney is the girl you have a fun fling with not settle down with.

#### **5. Do you think Ben and Courtney went all the way? If so, how does this change the game for the other girls?**

**Jesse:** I would have to go with 100% "Yes." As far as changing the game for the other girls, I don't think it changes the game at all.

**Ann:** No, I don't think they did. I think he is too smart for that. That would ruin the rest of his time on the show cause the other girls would find out and never let him live that down. It's not ok to get physical like that for at least another 4 dates! Kidding. I guess it will be ok to let your boyfriend sleep with other girls when theres only 4 left.

**6. If Ben really felt "crappy" then why did he go skinny dipping in the first place? Unless he picks Courtney in the end, won't the girl he picked get pretty upset at that scene?**

**Jesse:** I think the producers pushed that scene for the drama factor.

**Ann:** I think he just said that and maybe was feeling a little guilt because he has feelings for some of the other women. If he didn't pick Courtney, I can guarantee whoever was watching that scene got very upset and that is going to be a game changer whether they are still together or not.

**7. Do you think Emily staying on another episode was something the producer's decided or do you think Ben really picked her again?**

**Jesse:** Plain and simple, the producers of the show picked her and are keeping her around.

**Ann:** Producers, plain and simple. He obviously is getting annoyed with her but it makes for good TV, so she is sticking around till they can't get anything else out of her.

**8. Why was Jennifer's departure so anti-climatic? Ben didn't even say anything to her. It went from a great date to him kissing her before the rose ceremony tonight to a good-bye with barely any words and a cold embrace.**

**Jesse:** Sometimes this show has moments where it makes absolutely no sense, and this was one of those instances.

**Ann:** Again, I think the producers gave him a small choice between one of the other women and Jennifer and he might have

liked the other woman more and that's why she left. When it gets down to the end Ben has feelings for very few women, and the rest are there as fillers and drama. Sad as it may be, that's the truth and they won't know what part they are playing till they are cut from the show. Jennifer seemed very sweet, I think it was too bad she was blindsided by that.

## 9. Anything you want to add?

**Jesse:** This was the most boring episode I have ever watched.

**Ann:** N/A

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# Jennifer Aniston Brings Justin Theroux to the Director's Guild of America Awards







Jennifer

Aniston showed her boyfriend, Justin Theroux to a night out on the glamorous side. Theroux accompanied Aniston in a suit and tie to Hollywood's 64<sup>th</sup> Annual Directors Guild of America Awards on Saturday, where she was nominated alongside Demi Moore, Penelope Spheeris, Alicia Keys and Patty Jenkins for co-directing Lifetime's *Five*. The couple was seen chatting it up during the show as the 42-year-old actress made her way through the lobster, artichoke salad, and finished it off with short ribs and steamed vegetables. This, all while still looking beautiful and toned in her Dolce & Gabbana mini dress.

Not allowing Aniston's loss to *The Kennedy's* Jon Cassar keep them from ending the night early, the happy couple made an appearance after the show at a private members' club in West Hollywood. According to [UsMagazine.com](http://UsMagazine.com), Theroux was spotted "continuously putting his arm around her or touching her in some way."

**What are some signs that you're comfortable around your new partner?**

### **Cupid's Advice:**

Doing certain things around your partner shows how comfortable you are with them, which is like taking a whole new step in

your relationship. But how do you know when you're ready to take that step? Cupid has some tips:

**1. Loosen up:** If you're not worried about every move you make around your partner or what you look like at all times, it's easier for you to be yourself.

**2. Be honest:** You should be able to tell your mate how you feel if you're comfortable enough with them. Otherwise, your conversations won't be as real.

**3. Don't get embarrassed easily:** You shouldn't be afraid to indulge in a huge, juicy cheeseburger in front of your partner every once in a while.

What are some things that make you feel more comfortable around your partner? Share your tips below.

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## Kids Put Pressure on Brad Pitt to Propose to Angelina Jolie





Kids say the darnedest things, especially if they're Brad Pitt's. [UsMagazine.com](http://UsMagazine.com) reports that in an interview with *CBS: Sunday Morning*, the Academy Award nominee admitted his six children are pushing him to propose to mommy Angelina Jolie. "We're getting a lot of pressure from the kids," Pitt said. "It means something to them." The star of *Moneyball* admits he has struggled with explaining to the kids why his marriage to Jolie has been on hiatus. When the six demanded he "buy mommy a ring," he replied with, "Okay, I will, I will." Pitt added he always listens to his children's feelings. "You have less time to spend on a project," Pitt said. "You come home and you're Dad. You're much more conscious of how much time you give to a production."

**How do you explain a partnership versus a marriage to your kids?**

### **Cupid's Advice:**

Although Brad struggled, it doesn't mean you should. Here are some ways to keep your kids in the loop:

**1. Simple is best:** Try not to over-complicate the situation when explaining you and your partner's decision. Take some time to prepare together on what you will say.

**2. Be prepared:** Kids can – and most certainly will – ask questions. The only real way to be ready for it is to keep an open mind so you're not thrown off by one of their inquiries.

**3. Believe:** You and your lover have to back your decision 100 percent before sitting your children down. Any room for doubt in either of you shows that you both have to work things out.

**What are some other things to keep in mind while explaining your relationship to your kids? Share your thoughts below.**

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## Katy Perry Moves On Post-Split in Las Vegas



A night on the town with some close friends can really help get over a breakup, and that looks to be the case for Katy Perry. According to [E!](#)

[Online](#), the pop star was spotted in Las Vegas this past weekend supporting her best friend, jewelry designer Markus Molinari. It remained a quiet evening for the singer as she supported a fundraiser and spent some quality time with close friends. Despite the general romantic buzz of Sin City, it's certainly an opportunity for Perry to begin to move on from her recent split with Russell Brand.

**Where are some great vacation spots to visit after a breakup?**

**Cupid's Advice:**

Oftentimes after a breakup, the best way to move on can be to find some time to relax on your own or with good friends.

Cupid shares some post-split vacation spots:

**1. Atlantic City:** Share a hotel with some friends for the weekend, and gamble the night away. If gambling isn't your thing, the boardwalk is filled with tasty food and fun shopping. Either way, it'll be sure to take your mind off of your ex and help you enjoy being single.

**2. Fantasy island:** Ever dreamed of that one vacation you've always wanted to go on? Well, make it a reality by finding cheap flights and using up some of those vacation days at work. What better way to get over someone than by not having to show up to work for a few days?

**3. Get active:** It's easy to stay holed up inside after a break up. Instead, go somewhere and get moving. Check out the slopes for some skiing or hiking.

**What are your dream vacations after a break up? Share your ideas below.**

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# David Arquette Guest Stars on Courteney Cox's 'Cougar Town'



Courteney Cox and

David Arquette will once again be sharing screen time. Arquette will guest star as a hotel concierge in the season 3 finale of Cox's sitcom *Cougar Town*, reports *People*. Though the two separated in October of 2010 after 11 years of marriage, Cox said last month, "He's my favorite person in the world. No matter what happens in our future, he's my very best friend."

**Is it OK to work with your partner after a split?**

## **Cupid's Advice:**

Though most individuals prefer distance after a breakup, it is possible to work with your former partner again. Here are a few things to consider before working with your ex:

**1. Time:** Make sure to take some time before reconnecting with your ex. Work together only after the two of you have had time to heal and move on with your love lives.

**2. Your ex:** Though your feelings may have passed, the same may not be true for your ex. Make sure that your former partner has moved on before working together. Working with unresolved tension will not be productive.

**3. Your reasons:** Before you work with your ex, you should be sure that you have pure intentions. Don't work with your ex if you feel guilty about the breakup or your ex's current situation. Make sure your top priorities are work-related.

**Have you ever worked with an ex? Feel free to leave a comment below.**

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## **Kellie Pickler Gives Up Her Cat for Love of Her Husband**





Country star Kellie

Pickler gave up her beloved cat, Pickles, for her husband, Kyle Jacobs, who is horribly allergic to her feline friend. Pickler adopted Pickles from a Tennessee animal shelter in 2006 after wrapping *American Idol*, and they'd been best friends every since. After dating Jacobs for four years, she had to make the devastating decision to find Pickles a new home in North Carolina. According to *People*, Pickler now lives vicariously through friends with felines and acts as an animal advocate. In spite of her difficult loss, she did gain unconditional love with her husband. "Every time I look at my hand, I go, 'Good God.' What's behind this ring is such unconditional love, trust and respect. I see my husband every time I look at my ring. I'm a blessed woman – I have a good man," said the singer.

**What are some sacrifices you have to make when you get married?**

### **Cupid's Advice:**

We you get married, you may have to sacrifice a few things. But, if you pick the right person, what you're gaining is nothing compared to what you're giving up:

**1. Family traditions:** Family traditions may seem like a lot



to give up, but when you're gaining new traditions from your partner and they are gaining some of yours, it will only make you closer.

**2. Pets:** If one of you is allergic, you may find yourself in the same boat as Kellie Pickler. Just make sure you find your pet a loving new home.

**3. Your house:** If you're not already living together, getting married means make the big move. People tend to get very attached to their homes, but keep in mind that you're gaining a new life with the one you love.

**Is there anything you wouldn't give up for your partner? Share your comments below.**

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## **William H. Macy Reveals How He Keeps the Passion with Wife Felicity Huffman**





William H. Macy, who

has been married to *Desperate Housewives* star, Felicity Huffman, for 15 years, recently let *People* in on his advice for men on how to keep your marriage alive after the honeymoon phase. According to Macy, the answer is to simply fake it until you make it. “Just act like you love her more than anybody you’ve ever seen in your life, and you’ll get it back in spades,” he says. “Just pretend.” While speaking at the Sundance Film Festival, he talked about passion as something you have to work toward later in marriage, but the work is well worth it.

**What are some unique ways to keep the spark alive in your marriage?**

### **Cupid’s Advice:**

Just because passion doesn’t come as easy as it once did, doesn’t mean it isn’t there. Don’t be afraid to put some effort into your relationship. Cupid has some advice:

**1. Schedule time together:** People tend to live on a schedule. Therefore, your love life should be no different. Make it a priority by making time for it. If you show you’re willing to sacrifice for your marriage, it can really be a turn on.

**2. Be spontaneous:** There's nothing more romantic than doing something spontaneous as a couple. The element of surprise makes everything more romantic. For instance, take a Saturday you have nothing to do and turn it into a time of firsts by going skydiving.

**3. Return the effort:** If you see that your partner is putting their all into your relationship, it's your responsibility to do the same. If she plans a trip to a baseball game for you, perhaps you can surprise her with a spa weekend.

**What can you do to surprise your partner? Share your thoughts below.**

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## **Rumor: Are 'Revenge' Co-Stars Emily VanCamp and Josh Bowman Dating?**





Even though they star in the hit show *Revenge* together, it seems Emily VanCamp and Josh Bowman have a much more positive thought on their minds, according to [UsMagazine.com](http://UsMagazine.com). According to one source, the two co-stars are an item, but things are “not serious” between them as of yet. Another source, on the other hand, says, “They hang out together every night.” This isn’t the first time VanCamp has fallen for one of her co-stars, however. The actress, who is well-known for her work on *Brothers & Sisters*, dated Dave Annable on that show as well as Chris Pratt when she starred in *Everwood*. That said, the actress is known to keep her relationships very private, so it’s safe to say we won’t be getting any confessions anytime soon.

### **Is it OK to date a co-worker?**

#### **Cupid’s Advice:**

When you spend so much time at work, it’s easy to develop crushes every now and then. If you decide to act on them, however, things can get a little tricky. Cupid has some tips:

**1. Decide if it’s worth it:** There’s no point in indulging in a short-term fling with a co-worker, because the negative after-effects way outweigh the benefits. However, if you can

really see a future with one of your co-workers, it's worth risking the potential for awkward and hurtful post-breakup sightings.

**2. Read up on company policy:** Whatever you do, don't break any policies or procedures at your place of work. Make sure to read up on the guidelines for inter-company relationships, as they vary from company to company. Follow the rules, because it's not worth damaging your career.

**3. Keep it low-key:** If you do decide to begin dating a someone you work with, it's important to downplay your relationship at the office. The last thing you need are your other co-workers talking behind your back about inappropriate behavior.

**Have you ever dated a co-worker? Share your experiences below.**

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## **Jordin Sparks Supports Jason Derulo Through Neck Break Recovery**





Injured R&B star

Jason Derulo's downtime has become much more enjoyable. Derulo, who was nearly paralyzed after fracturing his neck during a tour rehearsal, has been recovering with the help of new girlfriend Jordin Sparks, reports [People](#). "I'm taking it one day at a time," said Derulo. "[Sparks] lives in Phoenix and she comes [to Miami] and takes care of me, brings me breakfast in bed and she'll go on walks with me. We've gotten closer because of my accident. It's awesome to have someone you can talk to and she's a wonderful person."

**How do you support your sick or recovering partner?**

### **Cupid's Advice:**

Though having a sick partner can put a damper on date night, it's important to stay by your partner's side. Here are a few ways to support your partner:

- 1. Accompany them:** Go with your partner to doctor appointments and therapy classes. Though time consuming, your partner will appreciate the company and bonding opportunity.
- 2. Kind gestures:** Little gestures, like making your partner breakfast in bed, can improve your relationship. Even something as simple as decorating your partner's cast or

organizing their medicine for the day can be sweet.

**3. Brainstorm:** Going out on the town with a sick partner is unlikely, so brainstorm some fun date ideas that you can enjoy at home. Being positive about changes in your relationship will strengthen your bond with your partner.

**Have you ever had to support a sick partner? Feel free to leave a comment below.**

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## Kirsten Dunst's New Relationship with Garrett Hedlund Heats Up



Kirsten Dunst and Garrett Hedlund took their relationship public at the Sundance

Film Festival recently. According to [People](#), the couple was seen kissing and hugging. Dunst and Hedlund enjoyed dinner and dancing all night in celebration of Dunst's new film *The Bachelorette* with friends Will Ferrell, Justin Long and Rashida Jones. Being shy with PDA was not an issue for this couple who, according to a source, did not leave each other's sides all night. "Kristen and Garrett have been spending time together since the holidays," said a fellow partygoer. "They were friends on set of *On the Road*, and now they've grown closer. They spent Christmas together and he feels very strongly about her."

## **How do you know when to take your relationship public?**

### **Cupid's Advice:**

Deciding to let the world in on your relationship is all up to you. Here are some tips on how to know when you're ready:

- 1. You and your partner are comfortable:** When you're with your lover, you should feel at home. Very few things should be uneasy, and you should be able to talk about anything and everything, including making your relationship public.
- 2. You don't feel embarrassed:** When you're out to dinner with your sweetheart, you should feel proud to sit across from them at the table. Holding hands is an exciting way to show the world that you're a couple while you're walking around the mall or taking a stroll by a river.
- 3. He is all you want to talk about:** Constantly biting your tongue about your partner while chatting with your girlfriends is a tell tale sign that you're ready to share the big news.

**When did you know it was ready to make your relationship public? Share your stories below.**



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# Sources Say Aspen Was the Last Straw for Heidi Klum and Seal



Heidi Klum and

Seal's family vacation to Aspen over the holidays appeared to be about fun, love and skiing. However, sources told [People](#) that the trip to a Colorado resort is where the now separated couple realized their marriage was over. "Aspen didn't go as well as planned ... there were more lows than highs," one source says. "Aspen was the final straw." The couple were often apart due to work commitments, but planned to enjoy quality time while on the trip. "When they came together for Christmas as a family, things had changed and they fought a lot," another source says. "Their Aspen trip was a bit of a mess. Instead of enjoying being back together

as a family, it was difficult for them to get along.” During their vacation, Klum reached the point where she was “done with arguing” and thought it would be best to separate before their arguing affected their kids.

## **How do you know when your relationship is over?**

### **Cupid’s Advice:**

Ending your relationship is definitely not easy, especially when there are kids involved. But, when you and your mate can no longer seem to make things work, it may be the best thing to do:

**1. You’re always arguing:** No relationship is perfect, but when you can never have a moment of peace with each other and can never seem to stop arguing or make it right, it’s time to pack your bags.

**2. You’d rather be away from your lover:** There are times that you will need your space in a relationship to sort some things out, but if it gets to the point that while you’re away you don’t miss your partner at all, then you need to leave.

**3. Body language starts to change:** If your mate no longer makes eye contact with you during conversation, that can be a troubling sign. Also, if they’re no longer in the mood or seem uninterested in having sex, that may be a clear indicator that they want to avoid having an emotional connection with you.

**What are some other ways to know when a relationship is over?  
Share your comments below.**

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# 'X-Factor' Judge Simon Cowell Breaks Off 2-Year Engagement



At one point, he called her “the one,” and now *X-Factor* judge Simon Cowell has recently ended his two year relationship with his makeup artist fiancée Mezhgan Hussainy, according to [E! Online](#). “I have been pretty good about not talking about my private stuff, but I got caught up in the moment,” he said. “I don’t really know where I am at the moment, and that is why I don’t talk about it.” The British star, who was infamous for keeping his bachelor style of living private, announced his love in 2010, said he regrets his decision now, but he and Hussainy are still close.

**What are some reasons to refrain from getting married?**

**Cupid’s Advice:**

Marriage is a big commitment and needs to be carefully

evaluated, because sometimes things don't work out. Here are some reasons to refrain from tying the knot:

**1. Timing:** People can change from when you first get engaged to when you take the infamous walk down the aisle. If you notice you and your fiancé becoming distant, then it may be time to part ways.

**2. Sparks fade:** Sometimes you and your lover simply don't click anymore like you used to, and it could be caused by factors such as stress. As a couple, you should still feel a true spark even on your bad days.

**3. Lost yourself:** Like Simon Cowell, sometimes you lose who you are and where you want to be in a relationship. It can be difficult to be married to someone when you don't love yourself.

What are some other reasons not to get married? Share your ideas below.

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## Kim Kardashian Lashes Out Against Those Calling Her Marriage A Business Decision





Nearly three months after filing for divorce from her husband of 72 days, Kim Kardashian appeared alongside Kelly Ripa on Monday morning to co-host *LIVE! With Kelly*. She used the opportunity to speak out against the rumors that are stating her marriage to NBA player, Kris Humphries, was a business deal. “Being a hopeless romantic, I wanted to believe in something so badly,” Kardashian said. “If you really think about it, if [the marriage] was a business decision, and I really made all that money that everyone was claiming that we made off this wedding, and if the wedding was fake and just for TV ... I’m a smart business woman. I would have stayed married longer,” she explained to Ripa. “I really didn’t think following my heart would create this much backlash.”

**How do you fend off rumors about your relationship after a breakup?**

### **Cupid’s Advice:**

Sometimes relationships don’t work out as expected, and when it comes to an end, people will have their opinions as to what happened and rumors will begin. Here are a few tips on how to combat rumors:

**1. Address the situation:** Always try to be the first one to

confirm the breakup, and while you don't have to get into detail, explain why the relationship didn't work out.

**2. Take a breather:** Rumors can be stressful, so try to avoid being in the spotlight for a while. Take time to relax, and get some much needed "me" time or have a spa day or mini vacation with your girls.

**3. Move on:** Sometimes, after you've already spoken about your relationship, people are still going to believe what they want to believe, and you won't be able to change that. When this happens, it's always best to hold your head up, turn the other cheek and keep moving along.

**How do you defend yourself from rumors? Share your comments below.**