

Celebrity Break-Up: Jessie J Posts About 'Unhealthy Love' After Channing Tatum Split



By Nicole

Maher

In the latest [celebrity news](#), Jessie J revealed details about her relationship with Channing Tatum after their split, referring to the relationship as “unhealthy love.” According to *UsMagazine.com*, the singer made reference to her relationship with Tatum on her Instagram Story when she included a quote about avoiding relationship timelines and emphasized falling in love at any age. The [celebrity couple](#) dated on-and-off for the past two years before officially announcing their [celebrity break-up](#) earlier this year.

In celebrity break-up news, Jessie J is seemingly speaking out about her unhealthy relationship with Channing Tatum. What are some tell-tale signs that you're in an unhealthy relationship?

Cupid's Advice:

1. There's no compromise: One of the most important aspects of a relationship is the willingness to compromise. It is likely that you and your partner will not agree on everything, but when both people are willing to compromise in different ways, it allows for healthy communication and an overall healthy relationship. However, if your partner is not compromising in any way and you are constantly forced to follow their decisions, you are in an unhealthy relationship.

Related Link: [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

2. Other areas of your life are impacted: Unhealthy relationships can cause a great deal of stress and frustration when you are around your partner, but these feelings can also spread into other areas of your life. If you feel yourself getting frustrated with your other friends or work environment but are unsure why, it may be stemming from stress that started in your relationship.

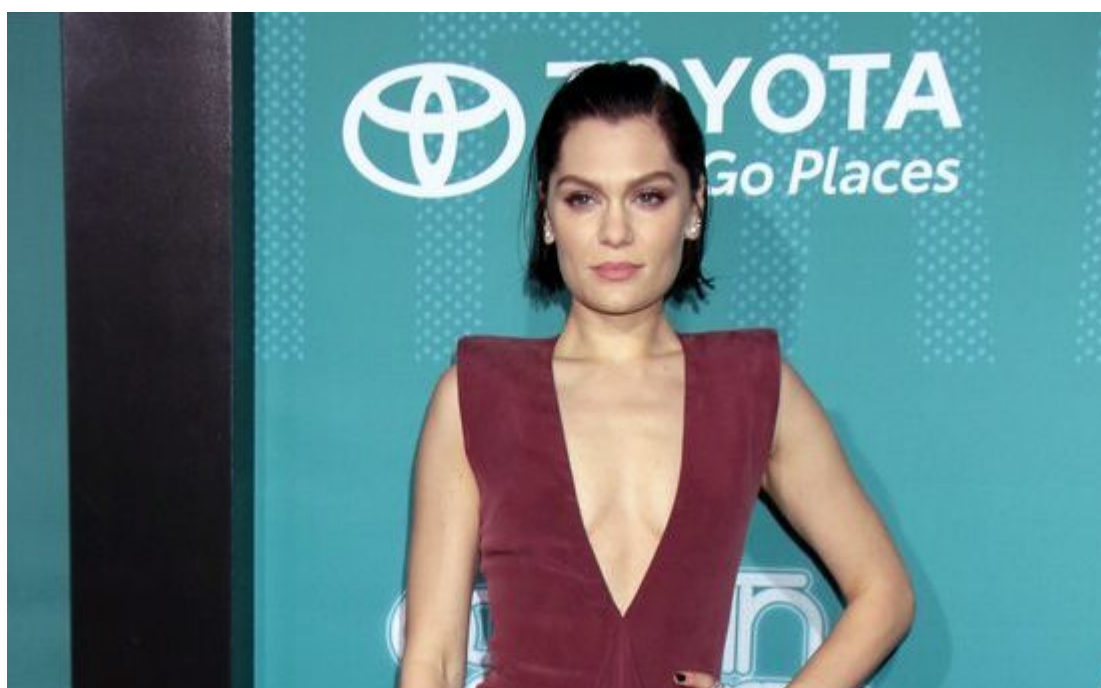
Related Link: [Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet](#)

3. You feel worse about yourself: The person you are in a relationship with should never leave you questioning your own worth or how much they care about you. While nearly every

relationship goes through a rough patch, there should never be a time where your partner makes you feel like less of a person. This willingness to put you down shows a lack of overall respect and is likely a sign of unhealthy love.

What are some other tell-tale signs you're in an unhealthy relationship? Start a conversation in the comments below.

Celebrity Break-Up: Brad Pitt & Nicole Poturalski Split After Brief Romance



By Carly

Silva

In the latest [celebrity break-up](#) news, Brad Pitt and Nicole Poturalski called it quits on their brief romance. The two exes dated for a little over two months, and their split was made public in late October. According to *EOnline.com*, the exes split several weeks ago and their [celebrity relationship](#) was never very serious.

In celebrity break-up news, Brad Pitt is single once again. What are some ways to heal quickly after a split?

Cupid's Advice:

Healing after a split can be a difficult task, but there are a few helpful tips that can speed up your post-breakup healing process. If you find yourself newly single and you're looking for some ways to heal quickly after a split, Cupid has some advice for you:

1. Cut all contact: A great way to heal quickly after a break-up is to cut all contact as soon as you can. Staying in touch with your ex or following them on social media will only instigate your feelings and prolong your healing process.

Related Link: [Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce from Christina Anstead](#)

2. Do things you love: Another tip for healing quickly after a split is to do things you love. Practicing your favorite hobbies or starting some new ones will help keep your mind distracted and stop you from overthinking about the break-up. Doing things you love can also help you to focus on the positive things in your life rather than wallowing in sad feelings about your split.

Related Link: [Celebrity Divorce: Bachelorette Stars Ashley](#)

[Hebert & JP Rosenbaum Split](#)

3. Be kind to yourself: One of the most important things to remember when you are trying to heal after a break-up is to be kind to yourself. After a split, it is extremely easy to blame yourself and let your confidence sink down. Try practicing self-care, eat your favorite foods, exercise, or watch your favorite TV show to help yourself relax and loved by yourself.

What are some other ways to heal quickly after a split? Start a conversation in the comments down below?

Celebrity News: Machine Gun Kelly Says He's a 'Better Person' After Falling in Love with Megan Fox





By Nicole

Maher

In the latest [celebrity news](#), Machine Gun Kelly outlined how his new relationship with Megan Fox has made him a better person. According to *UsMagazine.com*, Kelly was struggling with addiction prior to meeting Fox, but their relationship allowed him to break the cycle and have the “biggest rise” of his life. The [celebrity couple](#) met while filming *Midnight in the Switchgrass* and moved in together one month after Fox separated from her estranged husband.

In celebrity news, Machine Gun Kelly credits Megan Fox for helping him become a better person. What are some ways a relationship can change you for the better?

Cupid's Advice:

There are many benefits to being in healthy and loving relationships, some of which may personally make you a better

person. If you are looking for some ways a relationship can change you for the better, Cupid has some advice for you:

1. More responsibility: Relationships come with a lot of responsibilities, from maintaining open communication to tending to the feelings of your partner. By taking on some of these responsibilities when getting into a relationship, you will gradually become more mature and better equipped to maintain other relationships and friendships in the future. This ability to handle more responsibilities can also translate to other areas of your life, such as your professional life.

Related Link: [Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss](#)

2. New social circles: The people that we choose to surround ourselves with can benefit or hurt us in the long run. Forming a new relationship can provide an opportunity to integrate new people into your social circle, which may lead to some more positive influences. Changing the people you surround yourself with can also provide an opportunity to stop falling back into old habits if it was something you shared with your past friends.

Related Link: [Celebrity News: 'RHOC' Alum Vicki Gunvalson Shoots Down Split Rumors](#)

3. Positive outlooks: Healthy and loving relationships should provide you with more things to look forward to in life. A relationship can better you as a person by giving you more outlets for excitement, which in turn can make you a happier and more pleasant person to be around. The happier you are, the more positively you will see yourself as well.

What are some other ways a relationship can make you a better person? Start a conversation in the comments below!

Celebrity Wedding: Find Out More About Blake Shelton's Proposal to Gwen Stefani



By Nicole

Maher

In the latest [celebrity news](#), Blake Shelton and Gwen Stefani have taken the next step in their relationship by getting engaged. According to *UsMagazine.com*, Shelton proposed to Stefani after asking her father for permission and selecting a custom engagement ring. The [celebrity couple](#) began dating in November 2015 after working together on *The Voice*, and moved in together in October 2019. Shelton and Stefani now look forward to planning their [celebrity wedding](#).

In celebrity wedding news, Blake and Gwen are officially engaged after Blake asked her father's permission. What are some must-dos before an engagement?

Cupid's Advice:

Whether you are a fan of more traditional engagements or are looking for a modern approach, there are a few steps to take before popping the question. If you are looking for some must-dos before an engagement, Cupid has some advice for you:

1. Rehearse your speech: Whether you're looking to keep things short-and-sweet, or want a more detailed speech, it's a must to rehearse what you're going to say before the big day. Engagements are exciting and emotional, and may cause you to freeze up in the moment. By having an idea of the points you want to get across beforehand, you will make sure your partner knows just how much thought you put into asking the question.

Related Link: [Celebrity News: Blake Shelton & Gwen Stefani Toast to CMT Music Awards 2020 Win](#)

2. Select the perfect location: Selecting the perfect location to pop the question is also a must-do before an engagement. Consider some of your partner's favorite places and decide which would be the best spot to begin this next step together. It is also important to consider if you and your partner would rather have a public or private engagement when planning out the location.

Related Link: [Celebrity Couple News: Kelsea Ballerini Talks How Husband Supported Her Reimagined Album](#)

3. Ask for permission: Just as Blake Shelton did, it is

important to ask for permission when proposing to your partner. By asking your partner's parents, siblings, or close friends if they approve of your engagement, it'll show the respect you have for your partner's existing family. It will also allow them to get excited and potentially help you with the rest of the planning process!

What are some other must-dos before an engagement? Start a conversation in the comments below!

Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce from Christina Anstead





By Carly

Silva

In the [latest celebrity news](#), Ant Anstead got candid in his Instagram comments regarding his apparent weight loss. The British TV star, who is currently going through a [celebrity divorce](#) from Christina Anstead, posted a photo at work, and fans quickly noticed his significant weight loss. According to *EOnline.com*, Anstead responded to comments about his weight loss, admitting to losing 23 pounds, but assuring fans that he will gain it back soon.

This celebrity divorce had both an emotional and physical effect on Ant Anstead. What are some ways to be kind to your body amid a break-up?

Cupid's Advice:

Going through a break-up can have a serious effect on both your mental and physical health, making self-care super

important. If you're looking for ways to be kind to your body amid a break-up, Cupid has some advice for you:

1. Stay active: One way to take care of your body when going through a break-up is to stay active. Getting up and keeping your body moving will not only keep you healthy, but it is also a great way to de-stress and keep your mind busy. Staying in shape is also a great way to keep your body health and stay confident in yourself, even after a tough break-up.

Related Link: [Celebrity Divorce: Bachelorette Stars Ashley Hebert & JP Rosenbaum Split](#)

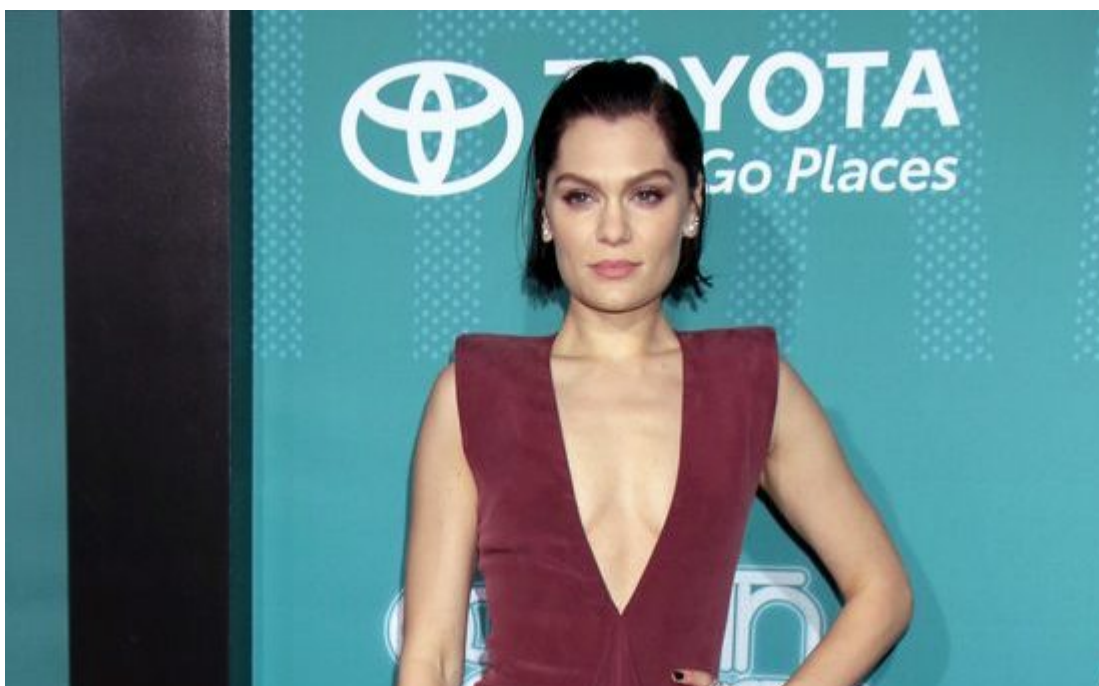
2. Be kind to your mind: Another way to be good to your body during a break-up, is to also show kindness to your mind. Practicing time for mindfulness, showing yourself extra self-compassion and self-love, and even getting a better night's rest will help you to be more relaxed and make your body feel good. Meditation is a great tactic to practice, especially if you're still thinking about your break-up, mediation will keep both your mind and body peaceful.

Related Link: [Celebrity Break-Ups: Lenny Kravitz Blew It During First Meeting with Ex Lisa Bonet](#)

3. Treat yourself: While it is definitely important to stay active and fit, it's also a great idea to show yourself some love. Treating yourself, whether it is a bubble bath, a face mask, or eating your favorite snacks can help remind you of your favorite things and keep your body feeling cared for and fulfilled. Try to do things that will stop you from thinking about your ex, and instead allow you to focus on what you want and what will make your body happy.

What are some other ways to be kind to your body amid a break-up? Start a conversation in the comments down below!

Celebrity News: 'RHOC' Alum Vicki Gunvalson Shoots Down Split Rumors



By Carly

Silva

In the [latest celebrity news](#), Vicki Gunvalson addressed rumors alleging a split from fiancé Steve Lodge. Fans were circulating rumors of a break-up after noticing that the couple hadn't posted any photos together in a while. According to *UsMagazine.com*, the [reality TV star](#) denied all validity to the split rumors, stating that she and Lodge prefer to live a more private life. She also confirmed that the two are in fact still together and engaged.

In celebrity news, it turns out Vicki and Steve are still very much together. What do you do if friends and family are against your relationship?

Cupid's Advice:

Gaining support of your relationship from friends and family can be extremely important for a lot of couples. What do you do if your friends and family don't approve of your relationship? If your friends and family are against your relationship, Cupid has some advice for you:

1. Figure out why: If you're dealing with family or friends who aren't supportive of your relationship, first try to understand why. Chances are that your loved ones are trying to protect you, so try to understand their opinion. If they are unsupportive for valid reasons, like if your partner doesn't treat you properly, it may be understandable for them to not support the relationship. But, if they are unsupportive for reasons that you do not agree with, you may try to warm them up to your significant other.

Related Link: [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

2. Don't forget to talk about the good things: One reason that friends and family can become unsupportive of a relationship is if they constantly hear negative things about them. If you vent or complain to your loved ones about fights or things your partner does, your friends and family be getting the impression that your relationship is overall more negative than positive. Don't forget to tell them about the positive sides of your relationship and the good things about your

partner, so that they realize the relationship still makes you happy.

Related Link: [Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot](#)

3. Give it time: If your family and friends are unsupportive of your relationship, don't panic. They may be weary and skeptical at first, especially if your relationship is new. Make sure you give them time to warm up. Try arranging gatherings so that your partner can spend quality time with your family and friends. This may help them to see the greatness in your partner that you see.

What are some other things you can do if your friends and family are against your relationship? Start a conversation in the comments down below!

Celebrity Baby: Lily Allen Reveals She Wants Kids With Husband David Harbour





By Nicole

Maher

In the latest [celebrity news](#), Lily Allen revealed that she may be discussing the possibility of having a [celebrity baby](#) with new husband David Harbour. According to *EOnline.com*, Allen and Harbour are open to having children together, but may hold off for a while because of Allen's struggles with mental health. The [celebrity couple](#) met on the dating app Raya in 2019 and were secretly married in September of this year.

In celebrity baby news, Lily Allen wants kids eventually with her new husband, but she may hold off for a little while since she's in a good place mentally. What are some ways mental health comes into play when deciding whether to have kids?

Cupid's Advice:

Having children leads to large changes in everyone's lives, but these changes can be especially challenging for those who struggle to maintain mental health. What mental health considerations should you make before having kids? Cupid has some advice:

1. Change in hormones: Pregnancy and childbirth are two events that cause large changes to a woman's hormones, which could also affect her mental health. If you are considering having children but are worried about the changes it will cause to your body because of your mental health, getting the advice of both a psychologist and an obstetrician can help you decide when the best time to try for a child may be.

Related Link: [Royal Celebrity News: Prince William Disagreed With the Palace's Misleading Comments about Meghan Markle's Labor and Birth](#)

2. Higher energy levels: Having and raising children requires large amounts of energy, which is something that may already be a struggle for someone with inconsistent mental health. While having a kid may allow for less rest days, there are many ways to structure your schedule that allow you to prioritize both raising your child and maintaining your balance of energy. On days where your energy is lower, try relying more on your partner or a babysitter.

Related Link: [Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson is Pregnant With First Child](#)

3. Constant enthusiasm: Whether it's their first birthday, first steps, or first day of school, there is so much to celebrate as your child grows up. However, this constant need to have enthusiasm may be difficult for someone struggling to maintain good mental health. Waiting until you have more enthusiasm in your daily life to have a kid may be a good idea to prevent you from feeling like you're missing out on celebrating important milestones.

What are some other ways mental health comes into play when deciding whether to have kids? Start a conversation in the comments below.

Celebrity Couple News: Kelsea Ballerini Talks How Husband Supported Her Reimagined Album



By Nicole

Maher

In the latest [celebrity news](#), singer Kelsea Ballerini describes how her husband, Morgan Evans, supported the

creation of her reimagined album throughout quarantine. According to *UsMagazine.com*, Ballerini and Evans had agreed not to write music together when quarantine began, but as time went on, they found enjoyment in sharing their creative processes with each other. In March, Ballerini released a stripped-down version of her *Kelsea* album titled *Ballerini*. The [celebrity couple](#) initially met in 2016 and were married in December of 2017.

In celebrity couple news, Kelsea Ballerini gave credit to her husband for supporting her through the release of her most recent album. What are some ways to support your partner's passions?

Cupid's Advice:

Whether you and your partner have shared passions, or they are drastically different, it is important to support each other through all of your endeavors. If you are looking for some ways to support your partner's passions, Cupid has some advice for you:

1. Attend their events: Whether it's a sport, art style, or other type of hobby, it is likely that your partner will eventually start attending events centered around their passion. A great way to show your support is to accompany them to these types of events. By cheering your partner on through a race or sitting in the audience of an open-mic, your presence will show your partner that you respect their passion just as much as they do.

Related Link: [Celebrity News: Blake Shelton & Gwen Stefani](#)

[Toast to CMT Music Awards 2020 Win](#)

2. Ask questions: The best way to show support for a passion you may not completely understand is to ask questions. Your partner is likely aware that you do not share the same passion as them, but by showing you're interested through asking questions, they will still feel supported and appreciated. Show them you want to learn more by getting to know some of the details about what they are passionate about!

Related Link: [Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss](#)

3. Celebrate successes: Big or small, it is important to celebrate your partner's successes within their passion. Acknowledge the new milestones they are reaching by buying them a gift or treating them to a night out. These little celebrations will give them the drive they need to continue advancing in their passion while also allowing you to have fun and support them.

What are some other ways to support your partner's passion? Start a conversation in the comments below!

Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split





By Carly

Silva

In the [latest celebrity news](#), Christina Anstead chose to take the peaceful route after her [celebrity break-up](#) from Ant Anstead. According to *UsMagazine.com*, Christina took to Instagram to announce that she is choosing peace after the turbulent journey of her divorce from Ant.

In celebrity break-up news, Christina Anstead chose to take the peaceful route after her break-up from Ant Anstead. What are some ways to keep your split civil and peaceful?

Cupid's Advice:

After a break-up, it's easy to get wrapped up in the drama of an intense split, but sometimes, taking the high road will make things a lot easier. If you're looking for ways to keep your split civil and peaceful, Cupid has some advice for you:

1. Make a conscious choice: If you want your break-up to remain civil and peaceful, the first thing to do is make a conscious choice to do so. Make the decision to be peaceful and stick to it. This intentional effort will make it easier to stay peaceful as you deal with the aftermath of a split.

Related Link: [Celebrity Break-Ups: Lenny Kravitz Blew It During First Meeting with Ex Lisa Bonet](#)

2. Stay off social media: One of the worst things you can do after a break-up is bring it to social media. Posting about your ex or your break-up only adds more chaos and drama to the situation. Try to stay off of social media after your split to avoid the temptation of getting wrapped up in the drama of your break-up.

Related Link: [Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from Ex Christina](#)

3. Focus on other things: The best way to stop yourself from getting caught up in the drama of your split is to take yourself away from any tempting situations. Instead of thinking about or talking to your ex, try focusing on things in your life that you love or that bring you joy. This can help distract your mind and help you achieve peace instead of constantly being upset over the break-up.

What are some other ways to keep your split civil and peaceful? Start a conversation in the comments down below!

Celebrity News: Blake Shelton

& Gwen Stefani Toast to CMT Music Awards 2020 Win



By Nicole

Maher

In the latest [celebrity news](#), Blake Shelton and Gwen Stefani celebrated their recent win at the CMT Music Awards 2020 for their duet "Nobody But You." According to *UsMagazine.com*, Shelton and Stefani toasted to their win while watching the award ceremony from their living room. The [celebrity couple](#) has been together since 2015, and have released a total of four duets together. Both singers took to their social media accounts to thank their fans and each other for all the support.

In celebrity news, Blake and Gwen

are the definition of a power couple! What are some ways to celebrate your accomplishments with your partner?

Cupid's Advice:

One of the best parts of being in a relationship is getting to celebrate your accomplishments with the person you love. Whether it is something that you have accomplished together or individually, it is the perfect opportunity to provide some congratulations. If you are looking for some ways to celebrate your accomplishments with your partner, Cupid has some advice for you:

1. Plan a date: The perfect way to celebrate an accomplishment within your relationship is to plan a date. Whether it is a dinner at your favorite restaurant or a weekend getaway, planning a date is a great way to show your partner how proud you are of them, and gives you an opportunity to celebrate together.

Related Link: [Celebrity Couple News: Gwen Stefani & Blake Shelton's Love Takes Center Stage at 2020 ACM Awards](#)

2. Buy them a gift: Gifts are another thoughtful way of celebrating an accomplishment within your relationship. If it was your partner that achieved their goal, then buy them something you know they've been wanting for a while. If it is something that you've accomplished together, then you can both contribute and buy something for the two of you to share.

Related Link: [New Celebrity Couple: Sofia Richie Is Dating Matthew Morton After Scott Disick Split](#)

3. Tell them you're proud: Sometimes the best way to celebrate

an accomplishment and make your partner feel important is to simply tell them how proud you are. Words of affirmation can go a long way in making your partner feel special and strengthening your relationship, and are not something that should be overlooked just because they are free!

What are some other ways to celebrate an accomplishment with your partner? Start a conversation in the comments below!

Royal Celebrity News: Prince William Disagreed With the Palace's Misleading Comments about Meghan Markle's Labor and Birth





By Carly

Silva

In royal [celebrity news](#), Prince William disagreed with misleading comments regarding Meghan Markle's labor and birth of [celebrity baby](#), Archie. The Duke and Duchess of Sussex welcomed their firstborn baby into the world in 2019, but it wasn't until eight hours after Archie was born that the royal family announced that Meghan was going into labor. According to *UsMagazine.com*, Prince William did not approve of this misleading statement, and in turn, waited a full eight days to meet his nephew.

In royal celebrity news, Prince William isn't a fan of purposely misleading comments for the public. What are some ways to deal with a partner you've caught being dishonest?

Cupid's Advice:

Dealing with a partner who has been dishonest can be extremely tricky, but it doesn't have to mean that all hope is lost. If you're in need of some ways to deal with a partner who you have caught being dishonest, Cupid has some advice for you:

1. Talk honestly with them: When someone is dishonest, it can be extremely hard to accept or move on from. Try talking honestly with your partner, as it may help you understand why they lied in the first place. Having open conversations with each other will allow you to both to maintain an honest relationship together.

Related Link: [Royal Celebrity Couple Prince Harry & Meghan Markle Take Aim At Online Negativity](#)

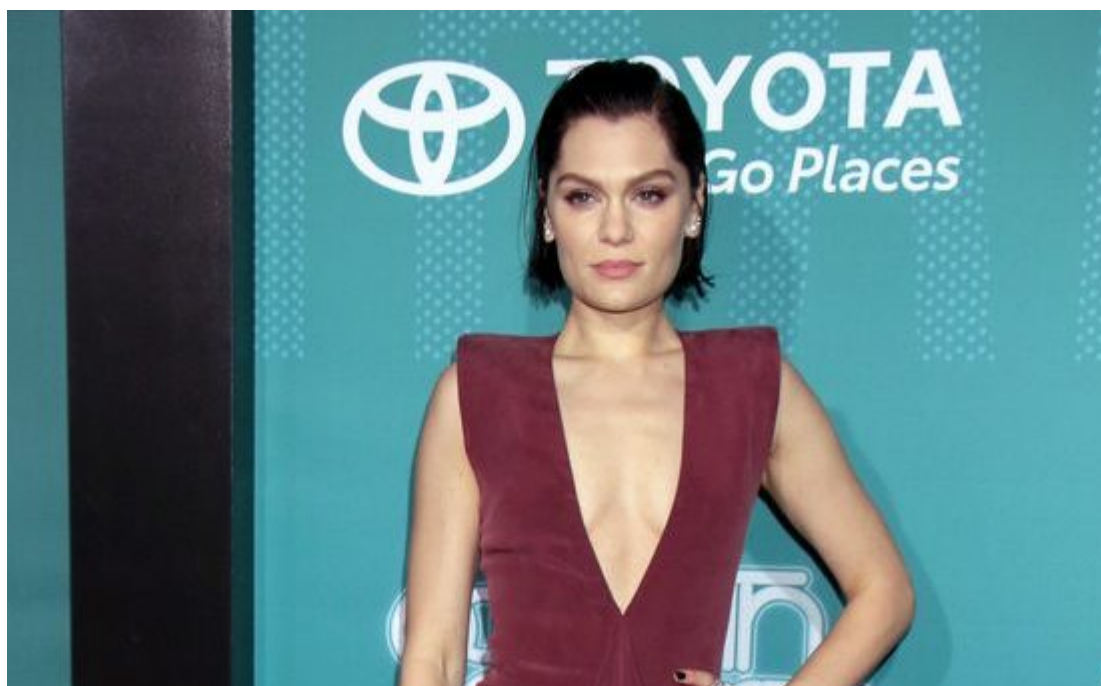
2. Make sure it won't happen again: While it's important to understand where your partner was coming from, you also want to make it known that it can't happen again. Make sure your partner knows that dishonesty isn't going to work in your relationship, and try to set up rules and boundaries so it doesn't happen again in the future.

Related Link: [Royal Celebrity Couple Prince Harry & Meghan Markle Step Out in Matching Masks in Beverly Hills](#)

3. Decide if you're going to forgive them: While it can often be difficult to trust your partner after they've been dishonest, always trust your gut. If you genuinely believe that your partner is open with you, but makes mistakes sometimes, then it's okay to forgive. If lying is a consistent habit of your partner's, then it may be time to reevaluate the trust you have between each other.

What are some other ways to deal with a partner you've caught being dishonest? Start a conversation in the comments down below!

Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss



By Nicole

Maher

In the latest [celebrity news](#), Jacob Elordi and Kaia Gerber have just made their relationship official in public. According to *EOnline.com*, Elordi and Gerber were spotted kissing while running errands together in Los Angeles. The [celebrity couple](#) caught the attention of their fans back in September when they were seen at dinner together, and the rumors continued as they were seen holding hands while walking through a New York City market.

In celebrity couple news, Jacob and Kaia have gone public with their relationship. What are some subtle ways to confirm your new relationship to family and friends?

Cupid's Advice:

While you are undoubtedly excited about your new relationship, you may not be the type of person who wants to formally announce it to everyone. If you are looking for some subtle ways to confirm your new relationship to family and friends, Cupid has some advice for you:

1. Ask for a plus one: A great way to subtly announce that you and your partner have gotten more serious is to ask if you can bring them as a plus-one to an event. This will show your friends and family your relationship is growing as you are allowing for it to become more public.

Related Link: [Celebrity Couple News: Jeff Dye Appears to Reference New Romance with Kristin Cavallari in Funny Post](#)

2. Call it a date: Switching up the language is another subtle way of showing the growth of your relationship. If you have been telling your family and friends that you are “hanging out” with your current partner on Friday night, now may be the time to switch the phrasing to “going on a date.” This will let them know that things have gotten more serious and leave them wanting to know more details!

Related Link: [Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot](#)

3. Step up the PDA: Just as Eloridi and Gerber did, stepping

up the PDA is a subtle way of making your relationship official. By openly giving your partner a kiss hello, or holding their hand throughout the day, it will let you family and friends know that the two of you are officially together without you needing to outwardly say it.

What are some other subtle ways to confirm your relationship to friends and family? Start a conversation in the comments below!

New Celebrity Couple: Sofia Richie Is Dating Matthew Morton After Scott Disick Split





By Carly

Silva

In the latest [celebrity couple](#) news, Sofia Richie has been spotted moving on with Matthew Norton after her recent split from [reality TV star](#) Scott Disick. According to *UsMagazine.com*, the two were spotted at Nobu restaurant in Malibu last weekend, and sources confirmed that the two are definitely seeing each other.

In new celebrity couple news, it looks like Sofia and Scott have really moved on this time around. How do you know you're ready for a new relationship after a split?

Cupid's Advice:

Starting a new relationship after a split can be a difficult journey, especially if you're not sure if you're ready. If you're looking for ways to tell that you're ready for a new relationship after a split, Cupid has some advice for you:

1. You're doing it for the right reasons: If you are completely over your ex, it may be a time to start a new relationship. But, if you are dating because you are jealous of their new partner, or if you are trying to make them jealous, then you may not be ready for a relationship just yet. Give yourself some time to heal from the split before you start dating to make sure your intentions are healthy.

Related Link: [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)

2. You've learned more about yourself: A great way to tell if you are ready for a new relationship is to evaluate what you have learned. If you feel that you have grown and learned from your last relationship, you may be ready to move on and start a new one. If you're still feeling lost and heartbroken, then take some more time to heal and grow before starting something new.

Related Link: [Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot](#)

3. You're completely over your ex: When you're starting a new relationship after a split, you definitely want to make sure that you're completely over your ex. If you find yourself thinking about them or wanting to talk about them, then you may need more time to process the break-up, but if you are completely moved on and done thinking about them, you may be ready for a new relationship.

What are some other ways to tell you're ready for a new relationship after a split? Start a conversation in the comments down below!

Celebrity News: 'Bachelorette' Clare Crawley Spotted Wearing Diamond Ring



By Carly

Silva

In the [latest celebrity news](#), the newest [reality TV star](#) Clare Crawley was spotted wearing what appeared to be a diamond engagement ring on Monday. The season 16 *Bachelorette* was photographed in her hometown of Sacramento, California, where fans pointed out the shiny rock on her finger. According to *UsMagazine.com*, Crowley later posted an Instagram, sharing that the ring on her finger is one she bought for herself.

In this celebrity news, Clare

Crawley was spotted wearing a diamond ring, leading people to think she's engaged. What are some ways to surprise family and friends with news of your engagement?

Cupid's Advice:

Sharing the news of a new engagement can be super exciting news to share with your friends and family, especially if it's a surprise. If you're looking for ways to announce your engagement that will surprise all of your loved ones, Cupid has some advice for you:

1. Do a photoshoot: A great and classic way to spread the news of your engagement is to do a photoshoot with your fiancé. If you want the photos to reveal the surprise, try posing in ways that make the engagement ring noticeable. You can send out the photos as postcards to announce the news, or show it to your family members in person to watch their reactions when they spot the ring!

Related Link: [Celebrity Divorce: Bachelorette Stars Ashley Hebert & JP Rosenbaum Split](#)

2. Make a video: Another great way to announce your engagement is to make a video. This will work great if you want it to be a big surprise for your loved ones. You can send a video of your announcement, post it online, or gather all of your friends and family together to show the video in person.

Related Link: [Celebrity News: Bachelorette Alum Tyler Cameron Says He and Hannah Brown Have Struggled to Figure Out Relationship](#)

3. Show off the ring: Another simple way to announce your

engagement is to do so with the ring. Wear the ring to an event with friends and family, and see who notices it! You can even drop hints throughout the day to give them a clue. This will be a great to announce your engagement while everyone is gathered and can celebrate altogether.

What are some other ways to surprise family and friends with news of your engagement? Start a conversation in the comments down below!

Celebrity Couple News: Jeff Dye Appears to Reference New Romance With Kristin Cavallari in Funny Post





By Nicole

Maher

In the latest [celebrity news](#), Jeff Dye may have just referenced a new romance forming with Kristin Cavallari. According to *UsMazagine.com*, Dye posted a mirror selfie to his Instagram account captioned, "Some women like hot guys, some like funny guys. Don't be salty," which Cavallari liked. While the [celebrity couple](#) has not made their relationship official, they were spotted kissing during a date in Chicago this October. Cavallari has expressed not wanting a serious relationship following her recent split from husband Jay Cutler.

In celebrity couple news, Jeff Dye hasn't officially confirmed his relationship with Kristin Cavallari, but he seemingly referenced it in a recent Instagram

post. What are some reasons to keep your relationship under wraps at first?

Cupid's Advice:

Just because you see your friends and family releasing details about their relationship does not mean you are obligated to do the same thing. If you are looking for some reasons to keep your relationship under wraps at first, Cupid has some advice for you:

1. You're just starting out: When you are just beginning a new relationship and aren't sure where it's going, you may wish to keep the details to yourself. There is no shame in waiting a few weeks or months before sharing your relationship with others, especially if you are waiting to see if you're going to be with this person long-term.

Related Link: [Celebrity Couple News: Kristen Bell Stands By Husband Dax Shepard After Relapse](#)

2. Keeping it casual: If you and your current partner are just looking to keep things casual, then there may be no reason to post about it. You may not want to overshare about this relationship if you do not see yourself dating this person long-term, or are still open to meeting other people.

Related Link: [Celebrity News: Jana Kramer Receives DM Alleging Husband Mike Caussin Cheated Again](#)

3. You want privacy: Some people simply want privacy in a relationship and do not wish to make all the details public. Whether you went through a public break-up in the past or simply do not want to answer endless questions about your new partner, seeking privacy is an understandable reason for keeping things under wraps.

What are some other reasons for keeping your relationship on the down-low when you first start dating? Start a conversation in the comments below!

Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot



By Nicole

Maher

In the [latest celebrity news](#), Kylie Jenner and Travis Scott sparked romance rumors after posting a picture together. According to *UsMagazine.com*, Jenner shared two pictures of the pair to her Instagram account with Scott responding in the

comments. The [celebrity couple](#) first started dating back in 2017 before welcoming their daughter, Stormi, in February of 2018. Jenner and Scott went on to announce their [celebrity break-up](#) in October of 2019 and have been focusing on co-parenting since.

In celebrity news, Kylie and Travis may be giving things another go after a steamy photo shoot. What are some ways to know if you should give a past relationship another shot?

Cupid's Advice:

Sometimes exes find their way back to each other only to form healthier, stronger relationships. If you are looking for some ways to decide if you should give a past relationship another chance, Cupid has some advice for you:

1. Time has passed: After a break-up, it is necessary to allow enough time to pass before reaching out again with the hope of rekindling. It is likely that there were some large issues leading up to the break-up, and these will not be resolved overnight. By allowing each other enough time to learn and grow, your second try at the relationship may be more successful.

Related Link: [Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet](#)

2. Emotions have calmed: In order for your rekindled relationship to work, you have to let go of any negative emotions surrounding the past attempt at dating. If you still

feel yourself holding onto instances where your partner upset or angered you, it may not be the right time to give the relationship another try. Once these emotions have truly vanished, then you can consider a second try with your partner.

Related Link: [Celebrity News: Lily James & Married Dominic West Spark Romance Rumors in Italy](#)

3. You've both discussed it: It is a mutual decision to give your relationship another chance. By having a conversation about the possibility of reconciling your relationship with your partner first, you will ensure that you are both on the same page. This will allow you to reenter the relationship with a stronger foundation than before and will help you two succeed in the future.

What are some other ways to decide if you should give a relationship another shot? Start a conversation in the comments below.

Celebrity Divorce: 'Bachelorette' Stars Ashley Hebert & JP Rosenbaum Split





By Carly

Silva

In the latest [celebrity divorce](#) news, *Bachelorette* alums Ashley Hebert and JP Rosenbaum have decided to end their marriage. The two [reality TV stars](#) have been married for nearly eight years, after getting engaged on the ABC show in 2011, and they share two children together. According to *UsMagazine.com*, they both posted the announcement on their Instagram accounts, explaining their decision and asking fans for privacy.

In celebrity divorce news, these *Bachelorette* stars are calling it quits after months of separation. What are some ways to know your relationship is unfixable?

Cupid's Advice:

Ending a relationship, especially a marriage can be a tough decision to make. It's difficult to know if you should keep

trying to work on it, or if it is time to call it quits. If you're having trouble in a relationship and need some signs that your relationship is unfixable, Cupid has some advice for you:

1. You don't trust each other anymore: One of the most difficult issues to resolve in a relationship is a lack of trust. Although trust and loyalty can be regained sometimes, once they are lost over and over again, it becomes even more difficult to replace. If you and your partner have tried regaining trust, and it is just not working, it may be a sign of irreversible damage.

Related Link: [Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich Messy Split](#)

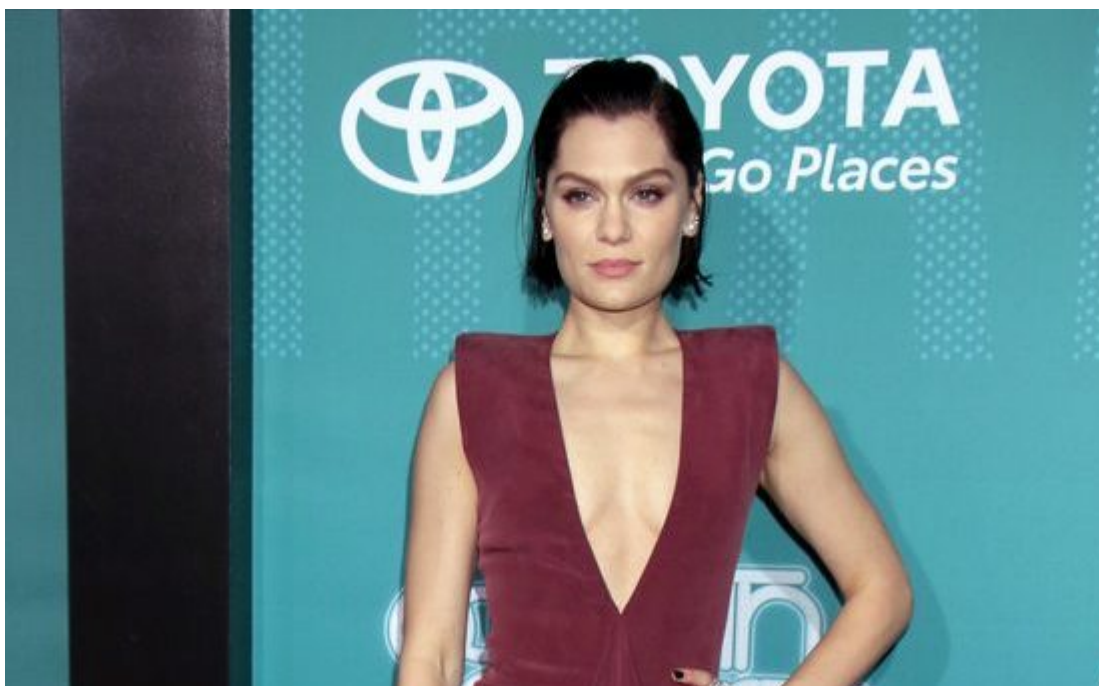
2. You make each other unhappy more than you make each other happy: Another tell-tale sign of an unfixable relationship is unhappiness. If you and your partner usually make each other unhappy or upset more often than you make each other happy, this may be a sign that the good parts of the relationship are long gone. Although you can try things to fix this problem, if negative feelings and unhappiness are persistent in your relationship, it may be difficult to change that.

Related Link: [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)

3. You've tried everything: The most telling sign that your relationship is unfixable is when you both feel a sense of exhaustion because you have tried everything, and nothing has worked. Before giving up on the relationship, make sure you have tried every possible solution to work through your problems. Once you have tried everything without seeing progress, it may be time to call it quits.

What are some other ways to know your relationship is unfixable? Start a conversation in the comments down below!

Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet



By Nicole

Maher

In the latest [celebrity news](#), Lenny Kravitz's new memoir *Let Love Rule* gave fans a look into some of the hardship he has faced in the past, including making a bad first impression when meeting his [celebrity ex](#) Lisa Bonet. According to *EOnline.com*, Kravitz outlines how when first meeting Bonet, he "kind of blew it" by complimenting her hair. Kravitz explained that he was nervous, and while he did like her hair, he knew

he should've said something better. Kravitz and Bonet later went on to get married and have a daughter before announcing their [celebrity break-up](#) in 1993.

In celebrity break-up news, not all love stories have a perfect beginning, middle, and end. What do you do if you make a bad impression on your crush the first time you meet them?

Cupid's Advice:

Sometimes when we get nervous or are trying to impress someone we end up saying the wrong thing. While this may not lead to the best first impression, it doesn't mean that we completely blew our shot. If you are looking for some ways to make up for a bad first impression, Cupid has some advice for you:

1. Acknowledge and apologize: Oftentimes the easiest way to move past an awkward encounter is to simply acknowledge it happened and apologize for it. This will ensure your crush that you also thought the first impression wasn't the best so they are not left wondering if that's how you normally act. Once the air is cleared, focus on impressing them next time!

Related Link: [Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone](#)

2. Don't dwell on it: While the fact that you made a bad first impression on your crush may still be on the forefront of your mind, it is important not to dwell on this encounter. If you spend too much time focusing on what you did wrong, it can make it more difficult to show your crush your real

personality moving forward. Once you've acknowledged it, just let it go!

Related Link: [Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen](#)

3. Nail the second impression: First impressions are not last impressions. Once the air is cleared from an awkward first encounter and you have stopped dwelling on what you originally said, take every opportunity moving forward to make a better impression. Over time, your crush will forget how bad your first impression may have been and only think of the ways you have impressed them since.

What are some other ways to make up for making a bad impression on your crush the first time you meet them? Start a conversation in the comments below.

Celebrity Couple News: Kristen Bell Stands By Husband Dax Shepard After Relapse





By Carly

Silva

In the [latest celebrity news](#), Kristen Bell opened up about her husband's relapse nearly one month ago, which ended 16 years of sobriety. According to *People.com*, the [celebrity couple](#) is working together to move forward, and Bell is committed to supporting her husband through this journey.

In celebrity couple news, Kristen Bell is standing by her man through his continued struggle with alcohol addiction. What are some ways to support your partner through addiction recovery?

Cupid's Advice

Being in a relationship with a partner who is struggling with addiction can be difficult, but there are ways to help them through it. If you're looking for some ways to support your partner through addiction recovery, Cupid has some advice for

you:

1. Attend therapy together: While your partner is going through recovery, therapy is always a great option. Attending couple's therapy together may help both of you to have some guidance on this difficult journey, and to stay aware of each others' feelings and move forward together.

Related Link: [Celebrity News: Jana Kramer Receives DM Alleging Husband Mike Caussin Cheated Again](#)

2. Be aware of possible triggers: As a partner, it's important that you are helpful and supportive in your partner's efforts in recovery. Make sure you are fully informed on their addiction, and be able to identify possible triggers that could throw off progress. Be aware of triggering situations, events, and people that may influence your partner to relapse.

Related Link: [Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split](#)

3. Stay honest with each other: Make sure you're able to talk to each other honestly. This will be important for your partner to feel comfortable opening up to you and for you to be honest about what you need from your partner as well.

What are some other ways to support your partner through addiction recovery? Start a conversation in the comments down below!

Celebrity News: Lily James &

Married Dominic West Spark Romance Rumors in Italy



By Carly

Silva

In the [latest celebrity news](#), Lily James and Dominic West have been the subject of recent [celebrity gossip](#) as romance rumors circulate after the two were spotted getting close in Italy. According to *EOnline.com*, West, who is married to Catherine Fitzgerald, was seen caressing Lily's head and kissing her on the cheek while they shared lunch in Rome.

In celebrity news, Lily James and her married colleague Dominic West

are sparking romance rumors. What do you do if you think your partner is cheating on you?

Cupid's Advice:

Thinking that your partner is cheating can be a tough situation. If you suspect your partner is cheating you, and you're not sure what to do, Cupid has some advice for you:

1. Make sure you have valid reason: The first thing you want to do, especially before you confront your partner, is to make sure you have valid reason to think they might be cheating. If you bring up cheating without any real reason to believe it, then you may risk showing distrust in your partner for no reason, which could lead to a fight.

Related Link: [Celebrity Couple News: Pro Cheryl Burke Says Husband Matthew Lawrence Is Her Rock Amid Sobriety Journey](#)

2. Confide in someone: Telling on of your close trusted friends may help you to take a load off while you figure out what is really going on. Before confronting your partner, a trusted friend may help you to evaluate what's really going on or help you rationalize the situation.

Related Link: [Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her Kids for 5 Years](#)

3. Talk to them: If you are worried and believe you have real reason to believe your partner is cheating, you're going to have to talk to them and confront them eventually. Be honest about what your concerns are, but don't accuse in an aggressive way. You want them to be honest with you so you can feel confident in the truth. Even if they aren't cheating, something else may be wrong that is causing you to suspect it, so communication is key.

What do you do if you think your partner is cheating on you?
Start a conversation in the comments down below!

Celebrity News: Jana Kramer Receives DM Alleging Husband Mike Caussin Cheated Again



By Carly

Silva

In the [latest celebrity news](#), Jana Kramer opened up about a recent direct message she received on Instagram, alleging that her husband, Mike Caussin cheated again. The [celebrity couple](#), who tied the knot back in 2015 and share two children together, and have dealt with infidelity before, after Caussin

cheated in 2016. According to *UsMagazine.com*, Kramer admitted that she did freak out over the direct message, and she has a hard time trusting her husband.

In celebrity news, Jana Kramer says she doesn't trust husband Mike after multiple cheating rumors. What are some ways to rebuild trust in a relationship?

Cupid's Advice:

Although infidelity is oftentimes a deal-breaker, it is possible to work through the problem and regain trust. If you're trying to rebuild trust in your relationship, Cupid has some advice for you:

1. Be willing to put the work in: Working through rebuilding trust will be a difficult journey, so make sure you're up for the task. Be honest with yourself if this is something you can work through and commit to it. Expect that it may be a long road, but it will be worth it in the end.

Related Link: [Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her Kids for 5 Years](#)

2. Ask for what you need: When you're trying to rebuild trust, it's important to make sure you're honest about what you need. Set the boundaries that make you comfortable and make it clear what you expect in your relationship. This will make it easier for your partner to strive to give you what you need in the future.

Related Link: [Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen](#)

3. Focus on the future rather than the past: One thing that will always make rebuilding trust difficult is reliving the past. If you make the decision to forgive your partner and move on, it's best to stick to that. Avoid bringing up the past and rehashing old problems. Instead, focus on the future and what you and your partner can do to better your relationship from now on.

What are some other ways to rebuild trust in a relationship? Start a conversation in the comments down below!

Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split





By Nicole

Maher

In the latest [celebrity news](#), exes Cardi B and Offset were spotted kissing at Cardi B's birthday party one month after announcing their divorce. According to *UsMazagine.com*, the two rappers shared a series of Instagram stories and posts of each other at the party, which included them dancing together and sharing a quick kiss. The couple announced their [celebrity break-up](#) earlier this year after tying the knot in September of 2017. Since making their divorce official, Cardi B has clarified the reason for ending their relationship involved too much arguing and not any infidelity.

In celebrity news, Cardi B and Offset may be having second thoughts about their split. How do you know when your relationship is truly over?

Cupid's Advice:

It can be hard to determine when a relationship has officially run its course, and even harder to let go when you two share a long past or children. If you are looking for ways to determine if your relationship is truly over, Cupid has some advice for you:

1. You're not yourself: It can be difficult to determine just how much a failing relationship is affecting your life. If you find yourself getting tired or irritated in situations that have nothing to do with your current relationship, the emotions can still be coming from this source of stress. Take a moment to assess your current state of mind and see if relationship drama is carrying into other areas of your life.

Related Link: [Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split](#)

2. You've split many times before: Sometimes you truly need to break-up with someone to understand just how much they mean to you. In some cases, a temporary break can lead to a more solid relationship in the future. However, if you have split multiple times with your current partner, or have started taking breaks more frequently, it may be a sign that your relationship is coming to an end.

Related Link: [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)

3. You've spoken with professionals: Many people turn to relationship counselors when they are experiencing trouble with their partner to find new ways to problem-solve. If these new communication methods or techniques aren't helping to repair your relationship, it might be time to consider breaking up. Relationship counselors will also sometimes recommend splitting from your partner if they feel your relationship is irreparable.

What are some other ways to determine if your relationship is truly over? Start a conversation in the comments below.

Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone



By Nicole

Maher

In the latest [celebrity news](#), a new book written by Robert Lacey revealed details about a rocky past between Prince William and Kate Middleton. According to *UsMagazine.com*, Lacey wrote that Prince William and Middleton have experienced two [celebrity break-ups](#) with each other in the past, with the most recent happening over the phone. The author explains that the Prince was 25 at the time and unsure of his future with

Middleton. The royal couple has now been married for nine years and share three children.

In celebrity break-ups news, a new book claims that Prince William dumped now-wife Kate Middleton over the phone when their relationship was on the rocks. If you think your relationship is over, what are some ways to break the news to your soon-to-be ex partner?

Cupid's Advice:

Ending a relationship is never fun, but sometimes it is the only way to move forward with your own life. If you are looking for some ways to break the news to your soon-to-be ex partner, Cupid has some advice for you:

1. In person: The most respectful way to end a relationship with someone else is to have a conversation in person. Whether it is a newly formed relationship that you don't see working long term, or a relationship that has lasted years, the other person still deserves to be present for the conversation. This will allow the two of you to discuss the break-up without too much getting lost in the translation of technology.

Related Link: [Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her & Kids for Five Years](#)

2. Video chat: If distance is a factor in the relationship, or you truly cannot bring yourself to meet with your soon-to-be ex in person, video chats are a good alternative. This will

allow you to break to news while still being able to see their face and register their emotions. While this option isn't as good as physically meeting up with someone, it is more respectful than a phone call or text.

Related Link: [Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen](#)

3. Over the phone: As a last resort, break-ups can be done over the phone. If this is the route you chose to take when ending things with your partner, be sure to pick a time that allows for both of you to have a full conversation rather than calling while one of you is at work. While phone calls are far from the best option in terms of ending a relationship, they are still more respectful than sending a text or not telling your partner at all.

What are some other ways to break the news to your soon-to-be ex partner? Start a conversation in the comments below.

Celebrity Exes: 'Bachelor' Nation's Kendall Long Reveals What Future Holds with Ex Joe Amabile





By Carly

Silva

In the [latest celebrity news](#), *Bachelor* Nation's Kendall Long recently opened up about her split from Joe Amabile. According to *EOnline*, the [reality TV star](#), who has been promoting the upcoming launch of her new book, said she and Amabile are still good friends and that they still want the best for each other.

These celebrity exes may not see sparks again in the future, but they're still good friends and potential confidants. What are some ways to build a lasting friendship with your ex?

Cupid's Advice:

Trying to stay friends with an ex can be tricky territory, but there are a few tips to help you do it right. If you're looking for some ways to build a lasting friendship with your

ex, Cupid has some advice for you:

1. Be clear about expectations: When you first start the process of being friends with your ex, you need to be open and clear about where your friendship is going. Make sure both of your intentions are understood, and that friendship is what you both really want.

Related Link: [Celebrity News: Bachelorette Alum Tyler Cameron Says He and Hannah Brown Have Struggled to Figure Out Relationship](#)

2. Establish boundaries: It's also important to make sure both of you know where the boundaries are. Establish what types of behaviors are okay and which ones aren't. Make it clear that flirting and hooking up are off limits so that you don't fall into old habits.

Related Link: [Celebrity Baby News: Vanderpump Rules Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

3. Learn to be happy for them: One of the biggest parts of starting a friendship with your ex is the ability to be happy for them. Make sure you're in a place where you won't be jealous of their new love life. Try your best to accept that your relationship has ended and support them through their new endeavors.

What are some other ways to build a lasting friendship with your ex? Start a conversation in the comments down below!