

# January Jones Says Being a Single Working Mother Is 'Difficult'



January Jones has been playing supermom, being a single mother for newborn, Xander, while working hard on the set for season 5 of *Mad Men*.

She had already been on the set and was working hard when Xander was only 6 to 7 weeks old. But the 34-year-old actress told [UsMagazine.com](http://UsMagazine.com), "It was difficult to be a working mom and just juggling all of that. But everyone made it work and it was great." Even though she is a single working mother, the staff on the set has made her job as a mother and actress that much easier.

**What are some ways to balance your career and being a parent?**

**Cupid's Advice:**

Being a parent should always come first on your list, but if your career is flexible, then you might be able to do both.

Here are some ways to keep a good balance:

**1. Don't work long hours:** It's fine to have a baby and to be working at the same time, but remember your child needs you and its home environment to grow up normally. Don't overdo working, and make sure you're able to have some quality time with your kid at home.

**2. Make sure your boss knows you're a parent:** Remind your boss that you do have children and although your job can be very demanding at times, you need to be at home with your family without including your job with every thing you do. Let them know you need some periodic family time.

**3. Don't choose work events over family events:** The biggest mistake is letting your job take over. It's always good to work hard, but your children will start taking things to heart if you continue choosing work events over their soccer games or gymnastics matches. You never want to get to the point where they begin resenting you.

**Have you ever had to balance being a parent and your job at the same time? Share some advice on how to make it work below.**

---

## **Bobbi Kristina and Whitney Houston's 'Adopted Son' Pack**

# on PDA



Ever since the death of Whitney Houston, her daughter Bobbi Kristina Brown has been seen getting very close to her late mother's unofficial adopted son, Nick Gordon. Though Houston never officially adopted Gordon and Brown is the only beneficiary of her estate, people are questioning Brown and Gordon's PDA-filled pictures that have surfaced. According to [People](#), the two were seen in the Starbucks in Atlanta right after Brown's interview with Oprah and have known each other for years. Gordon responded to the speculations, tweeting, "We're just close – just going through her mom's passing and grieving together."

**What are some cases where someone is "off limits" to date?**

## **Cupid's Advice:**

In society, there are many cases where someone is off limits to date. Here are some examples of people in your life who

you may want to keep it strictly platonic with:

**1. Your friend's ex:** Even if your friend claims to be okay with it, dating a friend's ex can never end well. After all, you probably wouldn't want any of your friends dating one of your exes no matter how long ago you broke up.

**2. A boss or teacher:** Having an intimate relationship with an authority figure is inappropriate in so many ways. If you start to have feeling for someone such as a boss or teacher, wait until you no longer work under them to act on your feelings.

**3. Someone who's taken:** Never get involved with someone who you know is already committed to someone else. If someone is willing to cheat on their significant other to be with you, then they don't respect you or their current partner.

**Does someone being "off limits" make them more appealing?  
Spill your opinions in a comment below.**

---

## **Exclusive Interview: Khloe and Lamar's Malika Haqq Opens Up About Relationships, Love and Acting Aspirations**





By Daniela

Agurcia and [Lori Bizzoco](#)

Thanks to the ever-present cameras of *Keeping Up with the Kardashians* and *Khloé & Lamar*, we have all gotten to know and love Malika Haqq, Khloé Kardashian Odom's BFF and former assistant. On the second season of *Khloé and Lamar*, currently airing on E!, we see her deal with the ups-and-downs of being a single woman and navigating the dating world. In an exclusive interview with CupidsPulse.com, the positive-spirited Malika opens up about her past relationships and what she learned from them as well as her acting aspirations.

As many fans know, Khloé and Malika have been friends since they were teenagers and the two have remained tight despite the Kardashian clan's rising fame.

"We refer to one another as sisters from two different misses and misters." Malika jokes. "I get very emotional about a lot of things Khloe has gone through in the spotlight and I can go to her and discuss it. And if she has things she wants to discuss, she knows that she can come to me too."

**Related:** [How to Communicate to Get What You Need](#)

When asked about Khloe and Lamar's relationship, the one reason Malika says it works so well is because they talk. "I

know that it sounds generic but so many people have issues in their relationship and they don't communicate about it. The thing about Khloe and Lamar is that they are honest and can turn to one another in just about every circumstance."

Khloe and Lamar's relationship isn't the only one fans got to witness this season. There was also a flirtatious display of on-camera chemistry between Malika and Khloé's younger brother, Rob Kardashian, although the two never became an "official" couple.

"Being friends as long as we are and growing up near each other, sometimes you tend to look at people a little bit different than how you once used to but ultimately our relationship never became of a serious nature because what was important to Robert and I was that we would always be friends and that we would always have a relationship," Malika said. "It was a moment in time and it hasn't changed our love for one another at all, in fact Robert is in a relationship now and he's very happy and I am happy for him."

When asked what lessons she could impart to other women who may be in a similar situation with a guy she said, "If you teeter on the line of not being in a committed relationship, then anything can happen. [Not making a full commitment] also might be a sign that some things just shouldn't happen."

**Related Link:** [How Decoding Your Love Map Can Heal a Broken Heart](#)

Malika gave us a glimpse of another relationship on this season's *Khloé & Lamar* as we watched her fall head-over-heels for Arizona Cardinals defensive back, Adrian Wilson. Once the couple got serious, she even moved to Arizona to be with him. "Most of our relationship was quite good," she shares.



Unfortunately, Wilson was in the midst of a divorce – one that began *before* Malika developed a relationship with him – and eventually, the pressure became too much to bear. “It kind of broke us up,” says Malika.

Malika walked away from the relationship with another lesson learned. She explains, “Sometimes it’s just best to not put yourself in the middle of something [like Wilson’s divorce]. Go out with someone who is completely free and clear, and then make the decision to date them or not.”

Even though she has no regrets about her faulty relationship with Wilson, Malika has no plans to get involved with another recently separated or divorced man. “I won’t be running down that dark street again,” she clarifies.

Thinking back on her relationship history, Malika shares one more love lesson with us. She cautions, “We can’t ignore our [romance] [rules](#) because of [what our heart wants]” – a mistake that many girls find themselves making.

**Related Link:** [5 Ways to Stop Sabotaging Your Relationships](#)

Setting her love life aside, Malika shifts gears and talks about her recent focus: auditioning and producing projects for herself. Starring in the films *Sky High* and *ATL*, she also played the lead role in Omarion’s music video for “Speedin’,” posting a TwitPic with Omarion onset. She assures us that we’ll be seeing more of her soon!

Sharing her positive outlook, Malika says that she always tries to go with the flow and live life with an open mind.

“I’m just open to new experiences and doing things I haven’t done.”

Even though Malika is working on her own projects, you can still catch up with her and her love life on *Khloé & Lamar*, airing on Sundays at 10|9c on E!. You can also follow her on Twitter and Facebook.

---

## James Van Der Beek and Wife Welcome a Baby Boy



James Van Der Beek is a proud father- again! Van Der Beek and his wife, Kimberly, had their first son on March 13. “Had my first son this morning... well, actually, my wife had him. I just caught

him. Wow. Heart expanding way faster than my brain,” James wrote via Twitter. “If you could bottle up and distribute this feeling, I swear there’d be no more war. #fatherhood.”

Although, the new bundle of joy’s name hasn’t been revealed yet, the couple is ecstatic about sharing the experience.

“Had such a blessed and miraculous birth experience. Cannot wait to share it with all of you!” Kimberly tweeted. “Thank you for all the love and good wishes. I can feel it all. xo.”

The newest addition to their family will be join the couple’s first daughter, 17-month-old Olivia.

**What are some new things you have to prepare for when you have a boy versus a girl?**

### **Cupid’s Advice:**

Whether you’re having a boy or girl, it’s always best to make sure you’re well prepared when you’re expecting. Here’s Cupid’s advice on how to get ready to welcome your baby boy:

**1. Go blue:** Since you’re having a boy, it’s pretty common to go with a baby blue theme for your son’s nursery. However, if you’re looking to add other colors, different greens and yellows can easily compliment the soft blue.

**2. Become the outdoorsy type:** If you’re not already a fan of outdoor activities, become one. While not all boys are the same, a vast majority of them lean toward enjoying playing outside, sports or playing with their favorite monster trucks.

**3. Exercise:** Granted, both boys and girls can keep you on your toes. However, boys tend to be a bit more active. Make sure you get plenty of rest and exercise so you’ll be able to keep up with your little one when he learns to walk and crawl everywhere.

**How do you prepare for having a boy versus having a girl?**  
**Share your comments below.**

---

# Rumor: Did 'Bachelor' Ben Flajnik Cheat on Courtney After Their Engagement?



Although they got engaged in Switzerland last November, things have been questionable between *The Bachelor's* Ben Flajnik and Courtney Robertson. In the show's *After the Final Rose* episode, Chris Harrison asked the duo about cheating rumors which have been circulating about Flajnik. Although Flajnik ultimately denied the rumors, according to [UsMagazine.com](http://UsMagazine.com), there's indisputable evidence in the form of three photos catching him in the act.

The photos supposedly prove that he's had "more than friend" relations with at least three women since being engaged to Robertson. One insider says, "Ben did not seem to care who saw him, considering his status on a prime-time reality show

about finding true love.” Perhaps the truth will come out soon!

**How do you confront your partner about cheating rumors?**

**Cupid's Advice:**

Cheating on a significant other is the ultimate betrayal of trust, so it's important to get the facts before jumping to conclusions. Cupid has some advice:

**1. Approach the situation calmly:** If you're too quick to accuse your partner of cheating, you'll destroy the relationship before hearing what your partner has to say about the allegations. It could very well be some kind of miscommunication, so make sure to get the facts before letting your anger get the best of you.

**2. Drop some hints:** If you're not comfortable simply bringing up the topic, drop some hints that there's something important you need to discuss with your partner. Usually a change in your usual routine will draw some curiosity. That way, he'll be prepared for the serious conversation.

**3. Be prepared:** There's no doubt that cheating is not a pleasant conversation topic. Make sure you're prepared with the points you want to make before going into it, so you can get it all out right away. This way, you can keep the topic to one discussion instead of multiples over time.

**How did you confront your partner about cheating rumors? Share your experiences below.**

---

# Rumor: Is Drew Barrymore Fighting Morning Sickness?



Rumors are still flying around about whether Drew Barrymore is pregnant or not. Although Barrymore and fiancé, Will Kopelman, aren't commenting on the allegations, the *Big Miracle* actress has been dropping small hints that she may be expecting. Barrymore was photographed carrying a box of Premium Saltine Crackers to lunch in L.A. Could she be battling morning sickness? According to [UsMagazine.com](http://UsMagazine.com), a source confirmed that the couple are excited to welcome their new baby. It looks like "moms" the word ... for now.

**How do you support your partner when pregnancy gets tough?**

## **Cupid's Advice:**

Pregnancy involves mood swings, morning sickness and physical changes. It's definitely hard, but it can be even harder if

your partner has to go through it alone. Here are a few things that you can do to support your partner when pregnancy gets difficult:

**1. Healthy eating:** Sometimes pregnancy cravings can cause moms to over eat and feel guilty afterwards. Eat healthy foods with your partner so that you both stay fit and feel amazing, inside and out.

**2. Be understanding:** Mood swings can cause arguments during pregnancy, but being understanding of the hard work your partner is undergoing emotionally and physically will ease the tension.

**3. Become a massage therapist:** Carrying around a growing baby isn't easy on the back, legs or feet. Invest in some lavender massage oils and lotions, and never wait for your partner to ask for a massage.

**How would you help your soon-to-be mom through a tough pregnancy? Share your comments below.**

---

## **Liam Hemsworth Says Miley Cyrus Would Beat Him in 'Hunger Games'**





Liam Hemsworth may be the one staring in the film *The Hunger Games*, but he believes that his girlfriend Miley Cyrus could beat him if they competed. "She's a tough girl, that one," the Aussie actor told [People](#). The two lovebirds stood side by side on the black carpet at the movie's massive premiere, which brought in an even bigger crowd that Hemsworth had imagined it would.

## **Is being tough a good thing in a relationship?**

### **Cupid's Advice:**

It's good to have a backbone, but it's also possible to be too tough in a relationship. Cupid has some tips:

**1. Vulnerability:** Having the ability to protect yourself from emotional pain in a relationship can be a good quality, but at some point you have to make yourself a little more vulnerable.

Bringing down your shield will strengthen your bond as a couple.

**2. Protection:** If you love each other, you want to protect one another. Men especially like the feeling of being able to appear as a woman's protector or caretaker, so ladies, it's ok to be that damsel in distress from time to time so that your

prince charming can take care of you.

**3. Strength:** You need to have a little toughness within your relationship so you don't get pushed around all the time. As couples become more comfortable with each other, they tend to get bossy or demanding, so keep that tough bone under your skin so you have the strength to stand up for yourself when necessary.

**Have you dated someone that tried to be too tough? Share your comments below.**

---

## Kellie Pickler and Husband Spent Honeymoon in Iraq



Newlyweds Kellie Pickler and husband Kyle Jacobs may have spent a

couple romantic days in the Caribbean during their wedding, but their honeymoon destination was a little less glamorous.

The two jumped on a plane and flew to Iraq where the country singer performed for troops as a part of the USO, and she said Jacobs loved it. "That was part of my honeymoon," Pickler said according to [People](#). "It was so romantic! No, it was just that I had already committed to going over there and I wasn't going to cancel because that wouldn't have been right." As a long time supporter of the troops, the singer said it was a great experience for her to share with her new hubby.

## **What do you do if you don't have time for a traditional honeymoon?**

### **Cupid's Advice:**

People live busy and hectic lives, and taking time off from work may seem impossible. If you don't have time for a traditional honeymoon, Cupid has some tips to make sure you spend time together as newlyweds:

**1. Make time:** Everyone is entitled to some rest and relaxation, so plan to take time off from work together, and plan a trip. It might not be right after your wedding, but that doesn't mean that you can't call it a honeymoon.

**2. Quick trip:** You may not have a week to jet off to somewhere tropical, but you can go on a weekend trip to a destination where you know you'll both have fun. Regardless of where you end up, you'll be able to enjoy spending that time with each other, flaunting your wedding bands.

**3. Take time:** It's important for newlyweds to enjoy alone time together, especially during the honeymoon stage so don't take it for granted. Set aside one or two nights a week where you turn off your cell phones, put your work away and focus on doing something together whether it's a dinner out or staying

in and watching a movie.

Do you have any ideas for newlyweds that can't fit in the traditional honeymoon? Share your comments below.

---

## Ben Flajnik Proposes Marriage on 'The Bachelor'



Ben Flajnik has had quite a season on *The Bachelor*, but he's finally found a forever love in Courtney Robertson. According to [People](#), Flajnik said he was "not sure how this is going to end" before Monday's Finale. But, it ended in heartbreak for other finale contestant, Lindzi Cox. Flajnik and Robertson, however, intend to be happy together after saying "I do" despite the reported cattiness of Robertson on the show. Of the ring, Robertson said, "God, this ring is heavy!"

**How do you know when you're ready for marriage in a relationship?**

**Cupid's Advice:**

Sometimes it can be difficult to decide when to make that big decision to walk down the aisle with the love of your life.

Cupid shares some ways to know if you're ready:

**1. You don't have to talk yourself into it:** If you have to talk you or your partner into the idea of getting married, you're probably not ready. There should be no hesitation from either of you.

**2. Stability:** Are you or your partner financially unstable? You should both have steady jobs so that money doesn't become an issue early on in your happy marriage.

**3. Trust:** Your partner should be honest and open. It's important to make sure of this before taking that big step toward marriage.

**What are some ways you knew that your partner was the one? Share below.**

---

## **'Curly Sue' Star Alisan Porter Ties the Knot**





Alisan Porter, a former child star best known for her role in John Hughes' film "Curly Sue," exchanged vows Saturday with her longtime friend, Brian Autenrieth, [People](#) confirmed. The couple tied the knot at Diablo Dormido, a historic California Ranch in the Santa Monica mountains, in front of 100 guests. The bride and groom, who are also expecting their first child together, a boy, in July, danced their first song to Frank Sinatra's "The Second Time Around," which happens to correlate well with the newlyweds, who first dated when Porter was 18, but went their separate ways before crossing paths again. "We've been friends for 13 years and it's the most incredible feeling to know you're marrying your best friend," Porter said.

**Is it important to have your partner as your best friend?**

### **Cupid's Advice:**

Growing up, one of the many benefits of having a best friend is to have someone you can completely be yourself around. As we get older, that still remains the same, but sometimes, the person who played the role of our best friend as a child switches to our significant other. While it's vital to have pals outside of our relationship, it's important that your partner is a close friend as well. Cupid has some reasons:

**1. You spend a lot of time together:** Naturally, you usually spend a lot of time with your best friend. They're the one person who loves you for who you are, and you two know how to have fun with each other even when you're stuck in your house watching reruns of your favorite TV shows during a thunderstorm.

**2. You share everything with each other:** Your bed, feelings, thoughts and sometimes even your toothbrush are only some of the things you share with your partner. You may not feel comfortable sharing your business with others, but you definitely feel at ease when you come home after having a long day and are able to vent to your confidant.

**3. You're each other's support system:** While everyone else may think the entrepreneurial dreams you have of starting your own multi-billion dollar business may be farfetched, your lover is helping you create the blueprint. You may not understand everything your partner does or what they go through but you're there to listen, offer advice and love them when they need it most.

**Do you think it's important to have your spouse as your best friend? Share your comments below.**

---

**'The Bachelor' Season 16  
Finale: Jesse Csincsak  
Discuss Ben Flajnik's**

# Decision to Choose Courtney Robertson



By Steven Zangrillo

Matterhorn Madness! It was the ending we saw coming. Courtney Robertson got her ring. America groaned. Life went on.

And so, we've come to the conclusion of the 16th season of The Bachelor. While it would be difficult to attach superlatives like "best" to the rhetorical descriptive of this season, "most weird" would definitely be a fine way to describe it. This season was beyond weird. Aside from the usual batch of girls who didn't quite make the cut, we saw a strange dynamic develop between Ben Flajnik, Courtney Robertson and Lindzi Cox. You would imagine that, at first glance, Lindzi would be the runaway favorite. A girl like Courtney, who chafes and bothers everyone she's in the same room with, shouldn't have made the cut. Lindzi is a self-made, sharp, talented professional who

sustains and supports herself. However, Courtney is, ahem, a skinny dipping model. Unfortunately, for America that's what Ben seemed to be looking for in a wife. Lindzi was sent packing. Ben worried that the feelings "wouldn't last a lifetime." These are the ebbs and flows of *The Bachelor*. Below, Jesse gives his take on Ben's big decision and whether he flubbed it, or not.

**1. Ben's sister Julie acted as if it would take a lot for her to like Courtney. Were you surprised with how quickly she changed her mind?**

**Jesse:** Nope! She drank the Courtney Kool-Aid. Plus, the producers could have told her what to say and how to act. They probably edited it in a way to make us see it that way.

**2. Did Ben look stiff and awkward to you while Lindzi was opening up and being vulnerable to him on their date?**

**Jesse:** Ben always looks a bit stiff to me but, yes he seemed awkward. Listen up ladies... if you tell a guy *numerous* times that you love him and he doesn't say it back... it's *game over*.

**Related:** [Courtney Robertson Says She Tried Hard To Be Nice to the Other Women](#)

**3. Was there any time during the episode that you thought maybe, just maybe the whole thing would be twisted and Ben would choose Lindzi over Courtney?**

**Jesse:** Nope. People love to hate. Choosing Courtney meant ratings. Mike Fleiss loves that!

**4. Any advice for Lindzi given that she was rejected on National television?**

**Jesse:** Keep on keepin, girl. You're the whole package. You'll be *just* fine.

**Related:** [What Does Astrology Tell Us About Bachelor Ben Flajnik and His Quest for Love?](#)

**5. When Ben was preparing to propose to Courtney, he said “but.” What was your reaction?**

**Jesse:** Just a production adlib. They made him include that in his proposal.

**6. After watching The Final Rose, have your feelings about Courtney changed?**

**Jesse:** I still don’t believe her, but I think Mike Fleiss and his production team have sold out Ben for ratings.

**Related:** [The Bachelor Season 16: Ann and Jesse Csincsak Discuss Hometown Dates and One Big Faux Wedding](#)

**7. Do you think that Ben should have been there by Courtney’s side throughout the media backlash?**

**Jesse:** Of course. If you chose her you should defend her, bro. Stick by what you do!

**8. Any predictions for this couple?**

**Jesse:** Best of luck!

---

# Madonna Says ‘Head Is Going to Explode’ from Single Motherhood



Since Madonna split from film director Guy Ritchie in 2008, it hasn't been easy being a single, working mother. The "Material Girl" hopes to inspire others in her situation with her upcoming album *MDNA*, where she expresses the challenges of juggling life as a single parent. "I hope I'm a role model. I hope I give other girls a voice. . . someone to look up to and admire," Madonna said, according to [UsMagazine.com](http://UsMagazine.com). "I keep rolling with the punches and trying to have integrity." With this album, the pop singer hopes to inspire women and give them the strength to handle whatever struggles come their way.

**What are some ramifications of being a single parent?**

### **Cupid's Advice:**

Raising children on your own is a difficult task. Cupid has a few things to consider:

**1. Time:** Everyone needs the chance to stop and just breath sometimes, but when you're a single parent finding that time between juggling work and taking care of your kids can be

impossible. Consider taking your friends and families up on their offers to give you a break once in a while.

**2. Stress:** Without being able to take that time you need to breath, you can become stressed and overworked, which can be unhealthy for your body and your relationships with your children. Schedule time for yourself wherever possible, even if that means sitting in a massage chair after your kids go to sleep.

**3. Money:** Typically for single parents money is tight. You'll have to be responsible and frugal with how you spend your money, and spending it on luxuries and wants is rare. Luckily, kids do nothing but grow, so eventually they'll be old enough to take care of themselves.

**How has single parenthood affected your life? Share your comments below.**

---

## Kristen Bell and Dax Shepherd Get Frisky in the Park





The paparazzi doesn't always ruin the mood. Actress Kristen Bell and fiancé Dax Shepherd had a PDA-filled trip to a Los Angeles park on Saturday, reports [RadarOnline](#). Shepherd and Bell were at the park chatting and laughing with some friends at a picnic. Bell showed some affection when she climbed onto Shepherd's lap for a hug.

**How do you show affection to your partner in front of your friends?**

### **Cupid's Advice:**

Managing PDA is always tricky, but it's especially tricky around friends. Here are a few ways to show affection without making things awkward:

- 1. Tone it down:** Try toning down your usual displays of affection in order to make your friends feel more comfortable. Give your partner a hug instead of a kiss, or hold hands instead of sitting on each others' laps.
- 2. Keep it quick:** Keep your displays short and sweet. Give your partner a quick kiss when your friends' backs are turned or go in for a short hug.

**3. Little gestures:** Try holding your partner's hand or sitting close to them. These little gestures will allow you to show affection without making your friends uncomfortable.

**How do you show affection around your friends? Feel free to leave a comment below.**

---

## Jessica Biel Finally Shows Off Engagement Ring



Jessica Biel was finally seen sporting the ultimate accessory, her sparkly engagement ring, during a lunch date with fiancé, Justin Timberlake at the Brentwood Eatery Tavern Thursday. According to [People](#), the ring which, has rarely been seen in public, features a large, slightly rounded square-cut diamond with smaller stones surrounding it. This rock is also said to

have a vintage feel. Those who witnessed Biel and Timberlake at lunch said the two looked very sweet on one another.

**How do you know what type of ring to buy your soon-to-be spouse?**

### **Cupid's Advice:**

Finding the perfect engagement ring for your significant other is a big job. Cupid has some advice:

- 1. Be able to take a hint:** If your partner mentions a type of ring or shape they like, make an effort to remember what they said. Write it down if necessary.
- 2. Look at their personal style:** Is their style classic or modern? This is a ring they will be wearing every day, so it need to fit well with their wardrobe.
- 3. Ask them indirectly:** You want to pick out the perfect ring, but you still want it to be a surprise. Ask people who are close to them like their best friends or parents what they think.

**What would your dream engagement ring look like? Let us know in a comment below.**

---

## **Deena Cortese Says Snooki Will Be a 'Great Mom'**





Since the recent news that Nicole 'Snooki' Polizzi is pregnant, there have been doubts about the party girl's ability to raise a child. According to [People](#), Polizzi's best friend Deena Cortese thinks otherwise, telling Ryan Seacrest Friday on his KIIS-FM morning show, "Nicole is going to be a great mom." Even though Cortese will be losing her party partner, she thinks Snooki will be a natural at raising her baby with fiancé, Jionni LaValle. Maybe Snooki's party days really are over as she gets ready to start her new family.

**What are some ways to support a friend during a surprise pregnancy?**

### **Cupid's Advice:**

Sometimes things just ... happen. An unexpected pregnancy can be very difficult to deal with, which is why it's crucial for you to be there for your friend almost every step of the way. Here are some ways for you to give them that support:

**1. Get excited:** There's nothing you can change now, so you might as well look at it in a positive light. Even though your pregnant friend might not be in the best situation to be having a baby, you can still be happy for them.

**2. Help her do some shopping:** New baby means new things. She'll need new maternity clothes as well as baby supplies. By helping her shop, it will be comforting knowing she has you there for her.

**3. Stay over for a while:** There will be times in the pregnancy when your friend will need all the help she can get. Stay over a couple nights of the week, as she'll know you're there to help her out even with little things around the house.

**Have you or your friend ever had to deal with a surprise pregnancy? Share your advice below.**

---

## **Khloe Kardashian Gives Tips for a Happy Marriage**





Unlike the rocky and ultimately doomed relationship of sister Kim and her ex, Khloe Kardashian and Lamar Odom are going strong. Kardashian always supports her guy, and that was especially seen when Odom was traded to a basketball team in Texas, so they had to move together. According to [People](#), Kardashian says that it's important to have "a give-and-take (relationship), keeping one another a priority and having genuine respect for each other is crucial." She also mentions the importance of "compatibility, honesty, communication and dedication" as well as keeping the relationship "a priority" to make a "happy marriage." "When you're married to the right person, it just works," she said. "It feels so good, having the support emotionally and physically from someone that you trust unconditionally is priceless."

**How do you keep the bond in your marriage strong?**

### **Cupid's Advice:**

Keeping a marriage happy is crucial. Cupid shares some tips to keeping your bond strong:

**1. Prioritize:** Like Khloe and Lamar, you have to make sure that you put your partner and the relationship first. Make your love a priority. Where you live, and where you work are

irrelevant if your partner is unhappy.

**2. Communicate:** Always keep in touch with your partner about everything. Whether it's about how their day is going or where you want to live, you have to communicate.

**3. Support:** Support your sweetheart in everything they do. Just because you don't understand it or like it doesn't mean you can't show your support for your partner by giving advice or just being there for them.

**How do you make your marriage happy and strong? Share below.**

---

## Heidi Klum Protects Her Kids from Public Split



In an effort to

stand strong after her very public split with Seal, Heidi Klum isn't speaking publicly about the details of what lead to their unexpected divorce for the sake of her children. "I'm a lioness. I have four cubs. I'm a mom. I want to take care of my kids and protect them. I don't want to talk about them, or him, or me," said Klum. However, she did reveal that things between her and the singer weren't always as perfect as they seemed. According to [People](#), the model is spending time at home with her children and avoiding reading about her divorce in the news.

**How do you keep the drama of your divorce away from your kids?**

**Cupid's Advice:**

- 1. Be careful what you say:** Never argue or talk about the details of the divorce in the front of the kids.
- 2. Answer their questions:** Encourage your children to come to you with their questions and concerns about the changing situation.
- 3. Don't put them in the middle:** The worst thing you can do when kids are involved in a divorce is to put them in the middle of a custody battle or a fight.

**If your marriage isn't working out, should you stay together for the kids? Share your thoughts below.**

---

**Olivier      Martinez      Finally**

# Confirms Engagement to Halle Berry



Olivier Martinez is finally speaking out. Martinez, a Miami-based restaurant owner, and Halle Berry were reportedly engaged over the holidays, reports [UsMagazine.com](http://UsMagazine.com). Martinez is only now confirming the engagement. Martinez, who started dating Berry in 2010, told reporters at his restaurant opening, “Yes, of course we’re engaged!”

**What are some reasons to keep your engagement under wraps at first?**

## **Cupid’s Advice:**

After getting engaged, it’s understandable to want to share the news. However, there are some advantages to keeping the engagement under wraps. Here are a few:

**1. Who to tell:** Though your family and close friends should be the first to know, you'll have to choose how and when to share the information with other friends and acquaintances. Take some time to decide how and when to share the news.

**2. More details:** When you tell friends about your engagement, they're going to ask about wedding details. By waiting to share the news of your engagement, you will be able to answer more questions about the wedding and your wedding-planning process.

**3. Privacy:** Though your friends will find the news of your engagement thrilling, they don't need to know right away. Wait a while and enjoy the privacy of life with your betrothed before others start asking questions.

**Did you keep your engagement under wraps? For how long? Feel free to leave a comment below.**

---

## **Video Exclusive: 'DWTS' Contestant Sherri Shepherd Chats About the Three Men in Her Life**





By [Whitney Baker](#)

The key to a good life is a happy life – and no one knows better than TV personality Sherri Shepherd. In addition to her co-host gig on *The View* and her work with the recently-launched Clorox Toilet Lounge, she has not one but *three* men in her life: her six-year-old son Jeffrey, her husband Lamar Sally and her *Dancing With The Stars* partner Val Chmerkovskiy. Stepping out of her comfort zone and onto the dance floor, Shepherd is sure to keep us laughing as we root for her week after week.

*For more videos from CupidsPulse.com, check out our YouTube channel.*

---

## Matthew McConaughey and Camila Alves Move to Texas



Matthew

McConaughey recently made a big move from Malibu, California, to his hometown in Austin, Texas, bringing his family along with him. McConaughey, 42, and fiancée Camila Alves, 30, “love the lifestyle there,” a source told [UsMagazine.com](http://UsMagazine.com). The engaged couple have settled in to a \$4 million, seven-bedroom home with their kids Levi, 3 and Vida, 2. They all seem to have adjusted to their new lifestyle pretty quickly with smiles all around.

**What are some ways moving can help you grow as a couple?**

### **Cupid's Advice:**

Sometimes a big move and fresh start is exactly what you need in your relationship. Here are some ways relocating can help you grow as a couple:

**1. Fresh start:** Relocating to a new place means new people, new home and new lifestyle. This can be a good thing, because a lot of problems in a relationship have to do with your surroundings.

**2. Working together:** Moving requires dedication and commitment on both ends. If you're both involved in the process, then it definitely means you're both serious and on the same page.

**3. Long term:** Moving usually means that you're in it for the long term since you've both made a big decision in relocating yourselves and ultimately your lives.

**How do you think moving can help a couple grow? Share your thoughts below.**

---

## Are Zac Efron and Lily Collins A Perfect Pair?



Lily Collins

recently revealed what she is looking for in a guy, even though she has been spending a lot of time with Zac Efron

since Valentine's Day. "Prince Charming is someone that can make you laugh no matter what," Collins told reporters on Tuesday, according to [People](#). "The thought of them makes you smile." Collins claimed she was speaking generally, however she shared a few specific traits. "I'm looking for someone that's open to spontaneity and not close-minded and makes you feel like being you is enough," said Collins. Efron told reporters that laughter is key for him as well. "I like humor and spontaneity and something you wouldn't expect. I'm a big practical joker, and you can make [practical jokes] very romantic," said Efron. Collins was spotted out Tuesday night talking with one of Efron's close friends, but not Efron himself.

**How do you know if someone is a good match for you?**

### **Cupid's Advice:**

Knowing someone is a good match for you is a feeling. That said, here are a few tell-tale signs that you're with the right person:

- 1. You're always smiling:** When you can't keep yourself from smiling while being around your new partner or even just talking about them, you are definitely with the right person.
- 2. You talk about them non-stop:** If your friends are sick of hearing about how funny your new man's jokes are, you are surely talking about him too much. Although this may be annoying for your girlfriends, it's just another sign that you are stepping in the right direction in your relationship.
- 3. Free time is designated for them:** Filling up the time you used to spend painting your nails with your new sweetheart is an excellent sign. This is especially true if your new partner is trying to spend as much time with you as possible as well.

How did you know you and your partner were a good match?  
Share your stories below.

---

# Jennifer Aniston Partially Credits Justin Theroux with Her Happiness Level



Thanks to her Zen approach to life and wonderful boyfriend, Justin Theroux, Jennifer Aniston has never been happier. To be exact, her happiness is 10-plus. “You have a more relaxed sense of the world and life,” said the former *Friends* star, “and you realize there’s nothing to be taken too seriously besides doing your work and being a really good person.” According to [People](#), the couple who now calls L.A. home, weren’t as happy

living in New York under the scrutiny of the paparazzi. “It felt like I was [living] in a fishbowl,” said Aniston.

**How do you show thanks to your partner for making you happy?**

### **Cupid's Advice:**

Finding someone who makes you happy is the ultimate sign of relationship success. Here are some ways to make your partner happy, too:

- 1. Smile more:** Seeing you happy will only make your partner happier. After all, laughter is contagious.
- 2. Surprise them:** Nothing is more exciting than a spontaneous dinner or celebration.
- 3. Let them know you're thinking of them:** Send them a text in the middle of the day to let the person who makes you smile know they're on their mind.

**How do you find a partner who makes you happy? Share your advice below.**

---

## **Snooki is Proposed to With a 5-Carat Ring**





A year ago Nicole “Snooki” Polizzo took boyfriend Jionni LaValle with her to a jewelry store to pick up her birthday present from her dad. She pointed out some of her favorite engagement rings, and little did she know, her LaValle was taking notes. “She wanted something very nice, something that’s gonna be timeless and with diamonds all around,” Ben Bekdas, the store owner, told [People](#). “And that’s what he actually got her.” According to Bekdas, LaValle came back into the store with specific ideas for the ring. After collaborating with the store’s staff, the perfect design was created. The ring has an eternity band containing two carats of diamonds and a central 3.2-carat diamond princess cut stone that is set in platinum. Its estimated value is about \$55,000. LaValle picked up the ring last month and proposed to Polizzi.

**What do you do if your partner gives you a ring you dislike?**

### **Cupid’s Advice:**

Receiving a ring that you don’t like is a major problem. After your partner spent a huge amount of money to surprise you, how do you say you don’t like it? Cupid has some advice:

**1. Fess up:** Your first option is to be honest. Speak up and tell your partner you aren’t a fan of the ring. If they

really care about you, they will understand. Offer to go pick out a different ring together.

**2. Drop hints:** Things like not wearing your ring or mentioning other rings that you like will definitely make your partner think. However, your sweetheart may be thinking that you don't want to marry them, and not necessarily that you dislike their choice of diamonds.

**3. Deal with it:** Choosing to never say anything to your partner will leave their feelings unhurt. But, can you live with an engagement ring that you dislike? This is not just a birthday gift you can hide in a drawer; you are going to be wearing your ring every day and proudly showing it off to your friends and family.

**What did you do when your partner gave you a ring you didn't like? Share your stories below.**

---

## Rumor: Is Snooki Engaged and Pregnant?





After the news broke that the possibly pregnant Nicole “Snooki” Polizzi was also engaged, photos surfaced of her engagement ring. According to [People](#), the ring was big and flashy and picked out by Snooki’s soon-to-be husband, Jionni Lavallo. It’s not exactly the quietest way to break the news, but Snooki would have said “get another ring” if the stunner wasn’t up to par.

**What are some ways to break the news of a surprise pregnancy and engagement?**

### **Cupid’s Advice:**

Sometimes it can be difficult to let friends and family know about something unexpected in your life. Cupid shares some advice:

**1. Timing:** There’s no rush in letting people know the big news. Make sure it’s at a time in which everyone important to you is available and able to focus on the announcement of [a baby](#) or relationship change.

**2. Simplicity:** Keep it simple. Don’t complicate things by making small talk or making up a reason as to why you may have gathered people together. Be prepared with what you’re going to share, and be straightforward.

**3. Knowledge:** Think of questions friends and family may ask about the expected baby or engagement. Be prepared for possible bad reactions, but expect the best from the people you love.

**What are some ways to break big and surprising news? Share your ideas below.**