

# 'Jersey Shore' Star Vinny Says Snooki Will Be a 'Good Mom'



It looks like all of Snooki's *Jersey Shore* cronies are stepping out in support of their pregnant cast mate. The most recent? Vinny Guidagnino. "She'll be a great mom," he said, according to *People*. "She's already drastically changed her life." Nicole "Snooki" Polizzi is known for her crazy partying antics on the show, but recently announced she's expecting with boyfriend Jionni LaValle. "I had no idea," said Guidagnino. "Actually people would call me, like, 'Is the show still gonna work?'...And I was like, 'What are you talking about, she's not pregnant.' And then all of the sudden, that whole thing came out and I was like, Oh my God."

**What are some ways to prepare your life during an unexpected**

**pregnancy?**

**Cupid's Advice:**

When you're planning to get pregnant and have kids, you already have some idea as to how your life will change. When it's unexpected, however, it can be a shock to your system. Cupid has some advice:

**1. Stop smoking and drinking:** This one may be the most obvious course of action when you find out you're pregnant, but it's important to give up things that will harm your growing baby. Consuming a lot of caffeine is another thing you should avoid.

**2. Settle into a stable home:** When you're not planning a pregnancy, where you live and what you currently do may not be the best environment to raise a child. You have nine months, so make the most of them.

**3. Establish a support system:** During an unplanned pregnancy, make sure to lean on those family and friends closest to you. They can give advice or simply be a shoulder to cry on.

**What are some other ways to prepare during an unexpected pregnancy? Share your ideas below.**

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## **Fergie Says She Doesn't Want Kids with Josh Duhamel Yet**





Black Eyed Peas

singer Fergie is enjoying her time off with her husband, actor Josh Duhamel, after being on the road eight years touring with her group the Black Eyed Peas. “We like each other. We like hanging out together and we have fun,” Fergie told MTV News.

“We have fun in the kitchen cooking and singing silly songs. Not to give too much away – I’m not going any further than that – but we have a good time together, and it’s nice to get to have that quality time. We enjoy it.” Though they recently celebrated their three-year anniversary, don’t expect the Hollywood duo to make a pregnancy announcement anytime soon. “It’s not happening yet, I can tell you that definitely,” the singer says. “But we want to have a family, so that’s in the cards, but it’s just not this second.”

### **How do you know when it’s time to start having children?**

#### **Cupid’s Advice:**

Having kids is usually the next step to take after marriage. Here’s how to determine when you and your spouse should start planning for your new addition to the family:

**1. Live like newlyweds for a while:** Enjoy your time with your spouse for a little while before having kids. The first few

years of your marriage are when you and your lover can take advantage of spoiling each other with “just because” gifts and enjoy your time together taking romantic vacations.

**2. You've done what you wanted to do:** For some people, their life truly begins when they have kids, but if you're the type of person that wants to live a little before having children, then be a little selfish and cross some things off of your bucket list.

**3. You're ready to expand your family:** After treating your puppy as though it's your own kid and both you and your spouse still feel like something is missing in your life, then it may be time to start planning for a family.

**How did you know when it was time to have kids? Share your experiences below.**

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## **Prince William and Kate Middleton Go on Ski Trip in France**





Prince William and

Kate Middleton took a trip to the Three Valley's ski resort in France as a treat from the Middleton family, who tagged along as well! This isn't the first time the Duke and Duchess of Cambridge have been seen hitting the slopes with Middleton's family, and according to [UsMagazine.com](http://UsMagazine.com), an onlooker at the resort who saw the family of five together at lunch said, "They looked very happy together." Although William and Kate were recently reunited after William's six-week tour of duty in the Falklands, the two will have to wait to get some alone time since the entire family has decided to share the same chalet.

**What are some things to do on vacation that will bond you as a couple?**

### **Cupid's Advice:**

Whether you're on vacation together alone, as a couple or with your family and friends, Cupid has some ideas that are sure to strengthen the bond of your relationship:

**1. Adventure:** Seek the thrills that your vacation spot has to offer, whether it's something as extreme as skydiving or something a little more low key such as snorkeling. Doing

something together that tests your limits or gives you a new perspective on life will create a moment that neither of you will ever forget.

**2. Relaxation:** It's called a vacation for a reason, so take time to relax. Enjoy a couples massage, lay out on the beach and listen to the crash of the waves against the shore, or sink into a hot tub under the stars. Having the chance to unwind will release any stress or tension you've been carrying around. It could also make you more patient with you partner, who usually has to suffer the lash of your negative energy.

**3. Meditation:** Remind each other why you're in love, and talk about the reasons you're crazy about them. It's always nice to have a reminder, because we can often feel like we're being taken for granted when our partners stop doing the little things. It will give you the chance to reignite the flame you felt when you first met, and could even give you the chance to share some laughs or tears.

**What activities brought you closer to your loved one during a vacation? Share your comments below.**

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## **Rumor: Are Liam Hemsworth and Miley Cyrus Engaged?**





With *The Hunger*

*Games* harvesting rave reviews and grossing a record-breaking \$155 million at the box office its opening weekend, it seems as though Liam Hemsworth has a lot to celebrate. But did the actor end his grand weekend by proposing to his girlfriend Miley Cyrus? The on-again-off-again couple, who have been dating for three years, attended the Muhammad Ali's Celebrity Fight Night XIII event in Phoenix, Ariz, where the former Disney star was spotted wearing a huge ring on her finger. Despite a ton of speculation about the duo tying the knot, Cyrus confirmed via her Twitter page saying, "I'm not engaged. I've worn this same ring on this finger since November! People just wanna find something to tal[k] about! It's a topaz people!"

**How do you combat engagement rumors when they're not true?**

### **Cupid's Advice:**

Rumors are inevitable, but when they're about your relationship, they aren't always easy to deal with. Cupid has some tips:

**1. Prove them wrong:** Instead of letting everyone continue to assume that you and your partner are engaged, let them know

you're not at the level in your relationship yet by confirming it yourself.

**2. Shrug it off:** If you don't mind people speculating that you and your lover are engaged, or you simply feel as though you don't owe an explanation, take the higher road and overlook the gossip.

**3. Don't encourage it:** Sometimes, when people see a ring on your finger, they automatically assume they hear wedding bells. If you've tried the following steps and are still annoyed with the rumors, the least you can do is choose not to give them something to talk about.

**How do you handle engagement rumors about your relationship? Share your comments below.**

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## **Actress Beth Littleford Adopts a Baby Girl**







*Crazy, Stupid Love*

actress Beth Littleford is a new mom. Littleford, 43, and husband Rob Fox adopted daughter Halcyon “Hallie” Juna Fox, reports [UsMagazine.com](http://UsMagazine.com). Hallie was born Friday at 1:05 a.m., weighing 6 lbs. 9 oz and measuring 18” long.

### **What are some reasons to adopt a baby?**

#### **Cupid’s Advice:**

Adopting a baby can be just as rewarding as giving birth to a baby of your own. Here are a few reasons to adopt a child:

- 1. You can’t have children of your own:** No matter how hard you try, it’s very possible that you may never get pregnant. If you are having difficulty having children of your own, contact an adoption agent.
- 2. You don’t want to wait for marriage:** Many women want to become mothers, even if they aren’t married or in a serious relationship. Single mothers are becoming more and more common, so adopting a child may be easier than you think.
- 3. Do a good deed:** There are many children in the world without a home, especially in countries like Russia, where

orphanages have to turn away children once they turn 16. Visit an orphanage or contact an adoption agent to adopt a baby that is in need of a home.

**Have you ever considered adoption? Feel free to leave a comment below.**

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# **Nick Cannon Helps To Launch Badoo Project in New York, Discusses Marriage With Mariah Carey**



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Interview by Steven Zangrillo. Video by Richard Zangrillo. If you've grown bored of going through the motions with Facebook and Twitter, you'll be relieved to know that there is new social media busting at the virtual seam.

Badoo, an international stalwart in the Social Media community, recently made it's virtual footprint in the chic streets of SoHo, New York. The Badoo Project, hosted by Nick Cannon, was a 3 day photo shoot centralized around the idea of putting your best foot forward when choosing your profile pictures. The Badoo Project brought together four top celebrity photographers – Dan Martenson, Brooke Nipar, Danielle Levitt, and Kenneth Cappello – to capture 1000 portraits of New Yorkers. We caught up with Nick Cannon and the rest of the Badoo team, who took us through the whole Badoo experience.

Interested in meeting new people? Maybe it's time you give Badoo a try.

Learn more about Badoo at *Badoo.com*.

*For more videos from CupidsPulse.com, check out our YouTube channel.*

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## **Brian Austin Green and Megan Fox Are Accused of Assaulting a Man**



Actress Megan Fox and her husband of nearly two years, actor Brian Austin Green, are defendants in a lawsuit where the two allegedly assaulted paparazzo Delbert Shaw. While the lovebirds were vacationing in Hawaii, the photographer was apparently trying to snap shots of them in the sand and surf, but they quickly became angry and began arguing with the man. Documents report that the argument escalated, leading Green to “pummel” Shaw, while Fox cheered him on. According to [UsMagazine.com](http://UsMagazine.com), the lawsuit claims that Shaw suffered serious injuries and that Green threw the man’s iPhone into the ocean.

**In the midst of legal trouble, how do you stand by your partner?**

**Cupid’s Advice:**

On your wedding day you signed up for better or for worse, and sometimes things can get pretty bad sometimes. Cupid has some tips to help you stand by your partner during trying times:

**1. Trust:** Of course there are going to be two sides of the story, and there may be things that make you want to doubt your partner, but not trusting them will lead to fighting.

**2. Support:** Going through legal troubles is going to be a lot of added stress to your everyday life, so you need to support each other in order to stay positive and confident about your situation.

**3. Advise:** Your partner is going to have to make a lot of decisions along the legal road, so take the time to weigh the pros and cons. The results of their choices will affect both of your lives.

**Have you ever had to stay by your partner during legal troubles? Share your comments below.**

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## **Kim Kardashian Says Her Divorce Changed Her for the Better**





Kim Kardashian

wasn't married long, but her divorce has made all the difference in her life. According to [TooFab.com](http://TooFab.com), Kardashian saw her divorce with Kris Humphries as one of the "toughest" things she's had to go through. "It's changed who I am as a person, I think for the better, and the things that I care about in life have completely changed because of this," she said. "I really think everything happens for a reason."

Apparently the split has changed the priorities in Kardashian's life.

## **What are some ways that divorce can help you grow?**

### **Cupid's Advice:**

Divorce is never an easy experience, but difficult situations can help you grow. Here's how:

**1. Prioritize:** Like Kardashian, divorce can make you reevaluate what you find important in life. Things that seemed critical may not seem so daunting after divorce.

**2. Strength:** Divorce can help you find strength from the most unlikely sources. Your family and closest friends will be important relationships in this challenging time. You'll also

find strength in yourself that you might not have realized was there.

**3. Love life:** It may sound weird, but a split will ultimately help your love life grow. As you leave one unhealthy relationship, it leaves room for a healthier and more mature relationship in the future.

**How has divorce helped you or a loved one grow? Share your thoughts below.**

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## Jon Hamm Explains Why He'd Be a 'Terrible Father'



Jon Hamm, currently starring *Friends with Kids*, says he doesn't want kids. The

41-year-old actor told [UsMagazine.com](http://UsMagazine.com), "I'd be a terrible father!" Hamm, a devoted actor, doesn't know how his friends can balance a demanding career and children. His girlfriend, Jennifer Westfeldt, 42, also recently spoke out about why she Hamm never started a family. She said that her life has gone in many unanticipated directions, and that she's happy the way things are. "The chance that we'll regret it doesn't seem like a compelling enough reason to do it," she said. "I may wake up tomorrow with that lightning bolt, and I'll have to scramble to make it happen."

**How do you know if you're cut out to be a parent?**

### **Cupid's Advice:**

It's usually not about if you'd love and care for your child, but if you are ready to have one of your own. Here are some ways to tell if you're cut out to be a parent:

- 1. You're in a committed relationship:** The most important factor when having a child is the state you're in with your significant other. You both need to be committed in the long run if you are going to have a child together.
- 2. You're both stable:** The most important years of a child's life are when they first begin growing up. You need to make sure you're financially stable as well as able to settle down in one place for a while as your child grows up.
- 3. Family must come first:** When you want to have a child, that should come before anything else. You need to be able to put your family above your career, because if you plan to be an absent parent, then you aren't ready to raise a child.

**How do you think you know if you're ready to be a parent?  
Share your comments below.**



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# Jennie Garth Says Her Personal Life is “Crazy” Amid Divorce



Jennie Garth recently spoke out about her split from husband Peter Facinelli, according to [People](#). The former *90210* star said, “My life is a little hectic right now and my personal life is kind of crazy.” With three daughters to look after (Luca, Lola and Fiona), Garth is nothing if not busy dealing with the public scrutiny surrounding her separation. Despite that, however, she says her daughters are “doing great”. The family (sans Facinelli) are currently filming CMT’s *Jennie Garth: Little Bit Country* in farmland outside L.A.

**How do you protect your children from public scrutiny post-divorce?**

**Cupid's Advice:**

Splitting from a spouse is not only hard on you, but it's hard on your family as well, especially if you have kids.

Depending on how your family and friends (the public) reacts, it can seem like protecting your kids from the scrutiny is impossible. Cupid has some tips:

**1. Remain positive:** The worst thing you can do is to bad mouth your former other half in front of your children. It's important to stay positive in front of your kids.

**2. Explain:** It can be confusing for kids as to why the subject of their parent's divorce is so popular. Discuss the concept of drama with your children, and advise them as to why they should ignore any scrutiny they witness.

**3. Act normal:** You may be torn up on the inside, but try to keep a normal facade on the outside for the benefit of your children. If they see that you're handling everything with grace, they will take your lead.

**How did you protect your children amid your divorce? Share your comments below.**

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## **Kaley Cuoco Has a New Beau**





*Big Bang Theory*

star, Kaley Cuoco, may officially be moving on from ex-fiancé, Josh Resnik. According to [People](#), the actress was seen on St. Patrick's Day celebrating her Zooey magazine cover with a mystery man at Bardot nightclub in Hollywood. The two were spotted in the VIP section kissing and dancing. They even broke out into an impromptu photo shoot. "Kaley seemed like she was truly having a good time and was completely being herself," said an onlooker.

**What are some dates that allow you to ease into a relationship?**

### **Cupid's Advice:**

After a bad breakup, getting into a new relationship can be the quite difficult. However, going on a few low key dates can get you back out in the field in no time:

**1. Dinner and a movie:** Stick with the classics. It will take the pressure off when you know what to expect.

**2. A group or double date:** Going out one-on-one can be awkward for the first date. The more people around, the more rich the conversation.

**3. Get into action:** A high action date doesn't mean what you may think. Go to a fitness class or an amusement park together. When there's a lot going on, you can forget about your worries and focus on having fun.

What are some other fun low pressure date you can go on after a hard breakup? Share your suggestions below.

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## Exclusive Interview: Mrs. United States Talks to Us About Life as a Married Beauty Queen



By Ryan Boyle

For a lot of men and women, the idea of balancing a lifestyle dedicated to both work and love can be downright stressful. Mrs. United States winner, Shannon Ford, filled us in on living the life of a beauty queen as well as a newlywed and how she makes time to enjoy both. Ford, a veteran of beauty pageants since she was 18 years old, is no doubt a busy woman.

“I’m traveling a lot,” she said, “from Daytona to Texas to St. Petersburg. It’s fun, but it can be tiring as well.”

It’s easy to see how all of this travel can put a strain on even the healthiest of relationships; not for this couple, however. Ford says of her husband, police officer and amateur Jet Ski racer Ray Quintana, “He’s very understanding. There are things of his that I can’t attend because of my schedule, and there are things of mine that he can’t attend because of his schedule, but we’re both trusting and understanding with each other.”

**Related:** [Newlywed 911: Protecting Young Marriages](#)

Talk about finding Mr. Right. Ford and her husband met while attending college in Florida and dated on and off for 15 years before finally deciding to tie the knot. As many couples decide to rush into marriage, the decision to wait before making their vows was a blessing. “I really had no idea who I was or what I wanted to do with my life,” she went on to say.

A major role in any partnership is making time to be with one another. After all, in a marriage, there needs to be a level of common ground that exists between husband and wife. “We’re both very independent,” Ford told us, “but when we go out together, it’s because we want to and not because we’re afraid of being alone.”

**Related:** [Five Things Men Look For in a Wife](#)

When Mr. and Mrs. United States do find the time, it’s not spent in as traditional of a sense as you may think. “We run

a lot of 5K's" she told us. "We don't go out to dinner too often. I'm not very comfortable with going out to dinner, but running is a passion of our's, so we do that together."

It's not the camera flashes of the paparazzi that have the beauty queen feeling uncomfortable. "I have Celiac disease," she informed us. Celiac stems from the inability to process foods containing gluten, so it's no wonder that going out to eat proves to be difficult for Ford. In fact, she has taken a proactive stance on her condition and has begun a crusade to spread knowledge on the symptoms of Celiac and ways to raise awareness to those who could be suffering.

For more information, visit Shannon Ford's website. You can also visit '1 in 133' to learn more about the fight against Celiac disease.

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## January Jones Said Returning to 'Mad Men' Post-Baby Was Tough





January Jones, made famous by her role as Betty Draper (now Betty Francis) on AMC's hit show *Mad Men*, described her feelings of coming back to work seven weeks after giving birth to her son, Xander, as first day of school nerves. According to [People](#), the long days on the set were tough for her, especially with her son being so little, but work did everything possible to make it comfortable for her. "The first episode I'm always finding my way back into my character's shoes. But, then after a few days, I'm able to fall pretty easily back into her, and find her voice and her body language and everything that I do for her," said Jones.

**What are some ways to balance your career and your family?**

### **Cupid's Advice:**

Finding work and family balance is never easy, but it's not impossible. As long as you're getting equal support from your family and work, finding a work/life balance is completely possible. Here's how:

**1. Be honest and open a work:** Let your boss and co-workers know that though your life at home may have changed, your dedication and performance at work will not. Make

arrangements in advance as to what to do if you have to leave work at a moment's notice for your family.

**2. Be supportive:** Support your partner and co-workers with their careers and growing families, and they will in exchange do the same for you.

**3. Be thankful:** Take a moment every day to be thankful for everyone in your life and the support system they have formed.

**What are some ways you can support a co-worker dealing with the stress of their job and a growing family? Share your thoughts below.**

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## **Sources Say Reese Witherspoon is Expecting Her Third Child**







We were

ecstatic when Reese Witherspoon married Jim Toth after her seven year marriage to Ryan Phillippe ended. It was only a matter of time before the happy couple decided to extend their blended family. Sources told [UsMagazine.com](http://UsMagazine.com), that Witherspoon is 12 weeks along with her third child, and first child with Toth. Could Witherspoon be waiting for the right time to tell ex-hubby Phillippe and her kids Ava, 12, and Deacon, 8, about the good news? Witherspoon and Roth may be keeping their pregnancy a secret, but we can't hold in our excitement for the couple.

**What are some reasons to keep your pregnancy a secret?**

### **Cupid's Advice:**

Some women wait to tell family and friends about a [pregnancy](#) for valid reasons. Here are some reasons why you should keep your pregnancy a secret and not feel guilty about it:

- 1. Health:** Most females wait until after their first trimester to reveal the big news, because miscarriages are more likely.
- 2. Time:** Is this your first child with your partner? It's okay to take some time to enjoy the good news with each other,

as this will bring the two of you closer.

**3. Privacy:** Keeping your pregnant as secret as long as you can is your prerogative, and you are entitled to your privacy.

**Why would you keep your pregnancy a secret? Share your comments below.**

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## Lady Gaga Confesses Her Soccer Mom Dreams to Oprah



It seems Lady Gaga is fed up with talking to people. According to [UsMagazine.com](http://UsMagazine.com), the pop star spoke with Oprah and said, "Other than this interview, Oprah, I do not intend to speak to anyone for a very long time." And in that final interview, Gaga also

divulged her dreams for the future. "I want kids, I want a soccer team," she said about wanting a large family. "And I want a husband. Well, I'm being superfluous. I don't want to have one kid. I want to have a few." Now, all she has to do is find that dream guy!

**If you're ready to settle down, but can't find the right partner, what do you do?**

### **Cupid's Advice:**

Sometimes your biological clock is telling you it's time to settle down and have those kids you always wanted, but you simply can't find the right person with whom to do it. Cupid has some advice:

**1. Embrace independence:** Even if you don't have a partner, you should be able to have enough independence to be happy on your own. Coming to terms with who you are and learning how to satisfy yourself is the first step to finding a significant other. Confidence attracts.

**2. Hold out:** If you absolutely do not want to embrace settling down alone, then hold tight for a couple more years. Utilize online dating, speed dating and other businesses set up just for matchmaking purposes. Get out there and meet your soul mate.

**3. Analyze your expectations:** If it's been a while since you found someone you want to date and it seems like you've been sifting through partners quickly, it may be time to examine your expectations. Discuss these with a professional, as they may not be realistic. Do you really need a 6-foot-tall built redhead with freckles? Probably not.

**What did you do when you couldn't find a partner? Share your ideas below.**

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# Vanessa Minnillo Talks Up Pregnancy on Double Date



Pregnancy can be tough, so it's no wonder Nick Lachey took mom-to-be Vanessa Minnillo on a double date this weekend, right? Well, no. According to [People](#), Minnillo spent the double date in Brentwood, Calif. gushing about how wonderful her pregnancy has been. An onlooker said, "She has this cute little belly."

**How much about your pregnancy should you share with friends?**

**Cupid's Advice:**

There's thin line between just enough information and too much

information. Cupid has some tips on how much you should be sharing about your pregnancy:

**1. Facebook:** Pregnancy updates on facebook are TMI. It's nice to share this moment of happiness with friends, but not so much with your entire friend list which contains coworkers and old teachers.

**2. All in the details:** It's not a crime to want to share your pregnancy with anyone and everyone. The difference is in the details. If you're not especially close with someone, you should know how much is too much. No one needs pregnancy advice from too many people.

**3. It's okay to fib a little:** Don't want to tell your friends about that morning sickness you had before brunch? It's okay to tweak how your pregnancy is going so that you don't have to share some of the more unpleasant details.

**What do you share about your pregnancy with friends? Share below.**

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## **Jennie Garth Steps Out Without Wedding Ring**





Jennie Garth is already moving on. The former *Beverly Hills, 90210* star was seen leaving a Los Angeles restaurant without her wedding ring on Monday, reports [UsMagazine.com](http://UsMagazine.com). Garth and ex-husband Peter Facinelli are currently in the process of finalizing their divorce. Garth and Facinelli were married for 11 years and share three children together: Luca, 14, Lola, 9, and Fiona, 5. “We both share the same deep love and devotion to our children,” the couple said in a statement. “We remain dedicated to raising our beautiful daughters together.”

### **How do you handle public scrutiny in the aftermath of divorce?**

#### **Cupid’s Advice:**

A divorce is difficult even without public attention. Here are a few ways to deal with the scrutiny:

**1. Talk to your friends:** By being open with your friends throughout the divorce process, you will keep their curiosity at bay. Your friends can also serve as a great support system, so don’t be afraid to open up.

**2. Minimize drama:** Make your divorce as amicable as possible. A dramatic divorce will only attract more attention from

outsiders. Staying friendly and honest will make the split much easier to handle.

**3. Ask for privacy:** If you can't minimize public scrutiny, there's no shame in asking for a little privacy. Your friends and family will realize that this is a difficult time for you, and they will give you space if you ask for it.

**How would you handle public scrutiny after a divorce? Feel free to leave a comment below.**

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## **Goldie Hawn Says Kate Hudson and Matt Bellamy Are Not Married**





Actress Kate Hudson

has been engaged to the Muse lead vocalist and guitarist, Matt Bellamy for about a year, and he will remain her fiance for now. Hudson's mom Goldie Hawn was recently misquoted saying, "When my daughter Kate married an English rock star it didn't worry me," but she took to Twitter to set the record straight. "Darling once again twisted the truth. They aren't married." said the tweet according to [People](#). The happy couple gave birth to their son Bingham last July, but are waiting to tie the knot until a later date.

## **What are some ways to keep your wedding date a secret?**

### **Cupid's Advice:**

Weddings can be a big to-do, and some couples who want to keep things low key may decide to keep their wedding date a mystery. Cupid has some tips to keep the word of the wedding getting out:

- 1. Run away:** Perhaps the easiest way to keep anyone from finding out about your wedding is to elope sporadically. If you plan to elope, you might break down in excitement and tell someone, but if you go on a whim, only you and your fiance will know.



**2. Don't go public:** Sure, people may know you're engaged, but who says you have to announce a wedding date? Keep the date strictly between yourself and a few loved ones so you can keep things as private as possible.

**3. Last Minute:** Planning a wedding can be stressful, so take the stress out and plan a quick last minute wedding without all the fuss of decorations and a guest list. Only tell the people close to you a few days beforehand and word is less likely to get around.

**What do you believe are some of the benefits of keeping your wedding hush-hush? Share your comments below.**

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## **Mario Lopez and Fiancé Load Up on Spring Scents**





Spring is in the air, and actor Mario Lopez and his fiancée Courtney Mazza started the season with some fresh scents. The couple loaded up on the latest spring collection at Bath and Body Works, and Mazza joked about how she loves to hoard their products. According to [People](#), Mario mentioned that he loves it when his fiancée wears a coconut scent as they were testing out the new products.

**What are some fun ways to celebrate spring with your partner?**

### **Cupid's Advice:**

Spring has finally come after a long winter, so get out and enjoy it with the one you love. Cupid has some tips to help you shake off your winter blues and get spring rolling:

**1. Be active:** Snow is melted and the sun is shining, so take advantage of what Mother Nature has to offer by planning an outdoor date. Rollerblading or going to play putt-putt where you can breathe in some of the fresh new air are great options.

**2. Kick back:** It's always nice to relax with the sun warming up your face and giving you a healthy glow, so plan a picnic

with your partner somewhere where you can enjoy each others' company and take in the newly budding nature around you.

**3. Re-accessorize:** It's time to ditch those winter clothes and hall out your summer wardrobe. Hit the shopping mall with your partner, and load up on some new spring trend essentials.

**How do you plan to celebrate the start of the season? Share your comments below.**

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## Jessica Simpson Celebrates Her Baby Shower



Jessica Simpson is making the most of the time before her due date. Simpson, 31, attended her star-studded baby shower on Sunday, reports

[UsMagazine.com](http://UsMagazine.com). Her sister, Ashlee Simpson, and old friends like Odette Annable and Jessica Alba attended the Los Angeles bash. "It was a kid friendly shower with many of her friends bringing babies," said a source. "Jessica [Alba] brought her baby Haven, 7 months, and Ashlee brought Bronx, 3." Earlier this month Simpson and fiancé Eric Johnson told *ELLE Magazine* that they are expecting a girl.

**What are some ways to make your pregnant partner's baby shower special?**

### **Cupid's Advice:**

Throwing a baby shower can be a daunting task, especially if you're spearheading the planning process. Here are a few ways to make your partner's baby shower special:

**1. Find what they like:** Chances are, your partner is expecting a baby shower. Don't be afraid to partially ruin the surprise by asking your partner what she would prefer. Ask her about general themes, the guest list, etc. By asking vague questions you will be able to throw the ideal shower without giving too much away.

**2. Add a surprise:** If you do ruin part of the surprise, be sure to make up for it. Invite a faraway friend she hasn't seen in years or have guests bring old photos of your partner. Touching surprises like these will make her shower all the more memorable.

**3. Give your own gift:** Though it's only customary for the guests to give gifts, surprise your partner with a present of your own. Give her something heartfelt and meaningful that will differentiate your gift from the others.

**How did you plan your partner's baby shower? Feel free to leave a comment below.**

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# Kristin Cavallari Shows Off Her Baby Bump



It looks as if Kristin Cavallari is now very visibly pregnant. Cavallari de-stressed last weekend by going to Mexico with fiance Jay Cutler and showing off her baby bump. According to [People](#), she is also trying yoga, as she hears “it helps with giving birth.” This is the first child for Cutler and Cavallari, and Cavallari was shocked when a baby bump appeared overnight. Pregnancy is full of surprises, so mother-to-be will no doubt be experiencing more along the way!

**What are some ways your partner can you help you stay healthy during pregnancy?**

## Cupid's Advice:

Sometimes it can be difficult to stay healthy during pregnancy, as your cravings become intense when you're eating for two. Here are some ways your partner can help:

**1. Serve as an example:** If your partner wants you to be healthy during pregnancy, then he or she needs to do the same.

There's nothing worse than temptation, so have your partner avoid alcohol and smoking like you should. Start being a great parent before the baby is even born.

**2. Exercise as a couple:** Exercise with your sweetheart. Like Cavallari, have your partner take you to yoga or go with you while you're pregnant.

**3. Get support:** Don't hesitate to lean on your partner for support. Not only is physical health important when you're expecting, but mental health is as well. Talk things out and de-stress with your mate.

What are some ways you put your health first with your partner's help during pregnancy? Share below.

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# Will Smith and Jada Pinkett Smith Are Caught Kissing Courtside





Rumors have been flying lately about trouble in Will Smith and Jada Pinkett Smith's marriage. However, the rumors may be dying down after the couple were seen smooching on the kiss cam Friday at the Philadelphia 76ers-Miami Heat game in Smith's hometown of Philadelphia. According to [People](#), the couple's children, Willow, 11, and Jaden, 13, also joined their parents at the game. According to a spectator, the two looked like they were having a very good time.

**How do you show the bond in your relationship when rumors are swirling?**

### **Cupid's Advice:**

Rumors about the demise of your relationship are often hard to ignore, but if you take them to heart, they'll end up causing drama. Here are some ways to counter them:

**1. PDA:** Public displays of affection don't always have to be inappropriate and annoying. Show everyone how much you care about your significant other by planting a kiss on them in public.

**2. Hold hands:** There's nothing more romantic than strolling

down the street hand-in-hand.

**3. Do your own thing:** Ignore the rumors, and live your life. If you manipulate your actions based on what other's think, you'll never have a chance to be yourself with your partner.

Can rumors of a breakup ruin an otherwise healthy relationship? Share your thoughts below.

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# Jennifer Lawrence Compares 'Hunger Games' to Kim Kardashian's Divorce



After a battle almost as fierce as *The Hunger Games* itself, actress Jennifer



Lawrence scored the role of Katniss for the upcoming film.

During an interview with [Parade](#) magazine, Lawrence related people's love for the *Hunger Games* with Kim Kardashian's divorce. "I was watching the Kardashian girl getting divorced, and that's a tragedy for anyone. But they're using it for entertainment, and we're watching it," said the actress. "The books hold up a terrible kind of mirror: This is what our society could be like if we became desensitized to trauma and to each other's pain."

## How do you keep your divorce as drama-free as possible?

### Cupid's Advice:

Going through a divorce without any complications or disagreements is unheard of, but Cupid has some tips to keep things as drama-free as possible:

**1. Keep quiet:** Blabbing about your divorce to everyone you know will only get the rumor mill churning, and before you know it you'll have more stress than you started with. Lucky for you, you're not Kim Kardashian who had the world watching her mistakes and eventually her marriage's demise.

**2. Stay private:** The divorce is your business and your ex's business, so be respectful of that and be appropriate when dispersing any information on the matter. You don't want or need outsiders getting wrapped up in your affairs.

**3. Act maturely:** You and your ex may not like each other anymore, and that's why you're separating, so be on your best behavior until you're out of each others hair. Things can get messy when emotions are running high, especially in court where decisions about money or children are being discussed, so don't give the judge or your ex-partner any ammo to use against you.

**How did you keep your divorce on the DL? Share your comments**

below.

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# 'Bachelor' Couple Ben Flajnik and Courtney Robertson Step Out for the First Time



It's been over a week since *Bachelor*, Ben Flajnik gave out the final rose and made his big proposal to Courtney Robertson. Since then, they've finally been able to make their first public outing together as a couple. Flajnik uploaded a picture to Instagram of the two, captioning it "1st pic out in public." They were spotted having dinner with two other guests in the North Beach neighborhood of San Francisco and an onlooker told

[UsMagazine.com](http://UsMagazine.com), “She was wearing her ring and they looked cozy.” But it took a lot for the couple to get to this point, for only three months after the engagement, Flajnik dumped Robertson and was soon after accused of cheating, being spotted with three females he later referred to as just “old friends.” Hopefully that rough patch in their relationship is over, and they are able to move forward with their engagement.

**How do you get your family and friends comfortable with your new relationship?**

**Cupid’s Advice:**

Starting a new relationship not only affects you, but also the people who care about you. Here are some tips on how to announce your relationship to family and friends:

**1. Let your family and friends meet them first:** It’s probably a lot better if they have already met the person you are starting a new relationship with. If they know them, they most likely know that you like them and it won’t be such a surprise.

**2. Bring your new beau around more:** If you start bringing your boyfriend to family events and out with your friends, it will help build the relationship and make it easier for them to accept the new person in your life.

**3. Ask for their opinion:** Be open and ask your friends and family what they think about your new romantic interest. It’s important to know the opinions of the people you love. After all, they have your best interest in mind.

**How did you first tell your family and friends you were in a new relationship? Share your stories below.**