

# Jennifer Lopez Gives Surprise Birthday Gift to Casper Smart



It's all about the surprise parties for Jennifer Lopez. The singer and *American Idol* judge gave much younger beau Casper Smart an intimate dinner party for his 25th birthday over the weekend, according to [People](#). Lopez "had planned a fun day to celebrate Casper's birthday," said a source. But that's not all the singer gave her back-up dancer, as she also gifted him a Dodge Ram truck. Lopez "knew that Casper really wanted a truck, and Casper was very excited about the generous gift," said the same source. It looks like things are getting serious with this controversial couple!

**How do you know what to buy your partner for their birthday?**

**Cupid's Advice:**

It's important to come up with a great gift to give your

partner for their birthday, as sometimes the gift can mean something about your relationship. Cupid has some tips:

**1. Inside joke:** If you're going to forego a romantic gift, the next best thing is playing on one of the inside jokes you share together as a couple. If you often compare yourselves to Calvin & Hobbs, then buy some comic books for your mate.

**2. Romance:** Some things you just can't go wrong with, like jewelry and flowers. Although they're generic, they're also traditionally signs of love that your partner can't help but feel special receiving.

**3. Ask friends:** If you're getting desperate, tap into his or her friends for ideas. Often times an outside perspective can really help. Plus, she or he may have confided in their friends with their birthday gift wishes.

**What did you get your partner for their last birthday? Share your comments below.**

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## **Courtney Cox Steps Out with a Mystery Man**





Since her separation from ex David Arquette, Courteney Cox has been slow to move on. In fact, she recently stated that she hasn't slept with anyone knew since the split. Last weekend, however, Cox was caught with a mystery man in West Hollywood at Chateau Marmont, according to [People](#). The man wore a suit, and the couple were situated in a table toward the back of the patio. An onlooker says that the actress was smiling and pulled her hair up into a ponytail as she enjoyed the evening.

**How do you know when it's time to move on after a separation?**

### **Cupid's Advice:**

Breaking up or separating can be very emotionally damaging, and sometimes it takes a while to get back up on your feet and move on. Cupid has some tips on how to know when it's time:

**1. Grief completion:** You may still harbor hurt feelings as a result of your split, but if you've completed the grief process and no longer cry into your pillow at night, it may be time to start getting out and experiencing what life has to offer again.

**2. Time limit:** Sometimes it's good to give yourself a set amount of time to heal after a breakup, and then move on after

that point no matter what. You can't mope forever, as life is for living.

**3. You're happy:** If you find yourself smiling a lot and re-establishing your independence, it's now okay to let someone in.

How did you know it was time to move on from a breakup? Share your comments below.

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**Exclusive Interview: 'Million Dollar Listing's' Josh Altman Says, "Relationships are Harder Than Owning a House"**





By [Whitney Baker](#)

Thanks to Bravo's reality television hit *Million Dollar Listing*, viewers have gotten an inside peek at the high-end real estate business. And thanks to the aggressive tactics of real estate agent Josh Altman – also known as “The Shark” – fans of the show know what it takes to make it in such a cutthroat industry. What they may not realize are the lessons in love that Altman learns from selling houses to bachelors, single women, new couples and divorcees alike. Luckily, in an exclusive interview with CupidsPulse.com, he shared some tricks of *both* trades: real estate and romance.

Altman, who works with the Beverly Hills firm Hilton & Hyland, has certainly found success in the Los Angeles real estate market. He recently sold a condominium on Ocean Drive for \$10.5 million, making it the highest sale in Santa Monica history.

“Everybody wants to know, ‘What the hell do you get in a \$10.5 million condo in LA?’ It’s one thing in New York – everything is like \$10 million bucks,” he says with a laugh. “But in LA, you get 8,000 square feet of 360-degree views. Plus, you get an 8,000 square foot rooftop deck. It’s absolutely incredible.”

He continues, “On one side, you have the entire coast, and

then you turn around, and you have Hollywood Hills. It was the most spectacular condo I've ever seen."

**Related Link:** [Three Tips for Moving in Together](#)

Of course, most people cannot afford such an expensive home. Even so, regardless of the price tag, everyone approaches house hunting from a different perspective, with single people and couples perhaps having the most distinctive viewpoints.

"It's two totally different ballgames," says Altman. "Most bachelors love to have a nice, plush movie theater. They want the cool, outdoor pool and entertaining area too."

Couples, on the other hand, have a much more standard focus. "For couples, it's always about the kitchen and the bathrooms. Always," Altman explains. "They want to make sure there is a fence outside and not too many stairs inside, so it's safer if they decide to have kids."

**Related Link:** [Monica Pederson from HGTV Shares Advice for a Great Date Night at Home](#)

He adds, "It's a lot of fun seeing both sides of it."

Unfortunately, couples can sometimes struggle to compromise when it comes to buying a new home. Just like all aspects of dating and maintaining a relationship, both parties must learn to give and take a bit. "You've got to find a happy medium," Altman recommends. "But if there's too much argument and they end up buying a house, there's a good chance that I'll get two more sales out of it when they divorce!"

Taking his advice a step further, he shares, "I believe that a couple should sit down and each person should come up with a list of the top five to ten things that they want in a house. Then, they can put their lists together and kind of meet halfway. As long as both sides get two to four things that they want, they can both be happy."

It may sound straightforward, but in truth, even deciding how big of a house to buy – for either a bachelor or a couple – can be a daunting task. For a single woman, it's often tempting to plan for the future and buy a home suitable for a family.

However, Altman cautions against this plan. "Sure, she may be a wealthy girl who can afford a big house that would be great for the future, but it can be intimidating for the guy," he says. "He's going over to his girlfriend's big, beautiful house, and then he's going home to his not-so-big-and-beautiful house."

And the same challenge holds true for couples. "If you get too small of a house, you may be on top of each other. Everybody needs their space, so that can be a disaster," Altman explains. "But at the same time, if you have too big of a house, it's a different type of disaster and can lead to financial troubles or difficulty with upkeep."

For couples just moving in together, Altman believes it is best to test the waters first and move into one of their current homes. If you take things slow, there's less chance that you'll end up with a broken heart. "It's easy to buy or sell a house and not so easy to fall in love," he says.

**Related Link:** [Tiffany Current Tells Us 'How to Move in with Your Boyfriend \(and Not Break Up with Him\)](#)

Some couples, though, are trying to escape from romantic ghosts, so moving into a new house is the best option. "I run into a lot of my clients who are either remarried or still living in a house from a previous relationship, and they want to sell. They want to start from scratch – you know, the new boyfriend doesn't want to be in the same house as the old guy," Altman says.

"It makes sense: they want a fresh start. They want to move on from the memories, and that's the best way to do it," he

adds.

As much as Altman's learned about real estate from his clients, he's also picked up a few house-buying tips from his own experiences. When asked about buying his first house, he says one word comes to mind: scary. "I bought my first house in 2002, and it seemed like a huge amount of money, especially when you're borrowing from a bank," he shares. "The whole process is overwhelming, which is why it's so important to have the right realtor who can walk you through everything."

Since then, Altman has bought a new house every year or so. He explains, "I don't like to stay in the same place very long because I get bored. Most of the time, I'll fix something up and then sell it."

He also knows firsthand the importance of buying a house of the right size. A couple of years ago, he owned a house that was about 6,000 square feet. He says, "It ended up taking up all of my time. It was just too much."

Keeping in mind both his business and personal experiences, Altman boils down his opinion to one simple statement: "Relationships are a lot harder than owning a house!"

*You can read more about Altman's real estate success on his Web site or follow him on Twitter. On Wednesday, June 6 at 9 p.m./8 p.m. CT, Altman will reunite with costars Josh Flagg and Madison Hildebrand for the premiere of season five of Million Dollar Listing Los Angeles on Bravo!*

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# Is Jennifer Love Hewitt Going After Newly Single Adam Levine?



Jennifer Love Hewitt currently lists her marital status as “single.” According to [People](#), however, she could be looking to make a change now that Adam Levine has become available. “I just read two days ago that Adam Levine is single again ... I’m just saying,” said *The Client List* star on *The Ellen DeGeneres Show*. The Maroon 5 frontman has just split from his girlfriend of two years, Anne Vyalitsyna, and may not stay single for long. Hewitt split from actor-director, Alex Beh, last year.

**How do you show someone you’re interested without being overbearing?**

**Cupid’s Advice:**

It's always good to show interest in someone you could see yourself in a relationship with, but don't overdo it. Cupid has some tips:

- 1. Be funny:** People are attracted to those who are fun to be around. Break the ice by telling a joke.
- 2. Exude confidence:** You may be pining over the new hottie, but keep in mind you're pretty desirable yourself.
- 3. Leave an out:** Sometimes, it just doesn't work out with the person you're crushing on, and it's okay. It's best to try and fail than to have never tried at all.

What can you do to get your crush's attention? Share your advice in a comment below.

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## Shannen Doherty Says Married Life Is 'Phenomenal'





Shannen Doherty is chronicling her wedding planning process in a new reality show called *Shannen Says*, which premieres Tuesday, April 10, at 10 p.m. ET on WE tv. According to [People](#), the actress is truly enjoying life as a newlywed. “Things couldn’t be better. Married life is amazing, and I can only say that because of my partner, because of Kurt,” said Doherty. The actress has been married twice before, but both marriages were short-lived. “Marriage to me is such a gigantic commitment that it’s not something I’d ever go into lightly anymore,” she added. “I’ve learned my lesson.”

**What changes do you need to prepare yourself for when you get married?**

### **Cupid’s Advice:**

Getting married is one of the biggest changes you will experience in your life. Here are some ways to prepare:

- 1. Living together:** Living together first isn’t a requirement, but it’s doesn’t hurt to practice for marriage by cohabiting. You’ll learn about each other’s quirks and habits.
- 2. Having a second half:** Marriage is a union that binds you to someone for better or for worse. You will always need to

consult your partner before making any major decisions.

**3. Making time:** Spending quality time with your partner is important when dating, but it's even more important once you've tied the knot.

**Should marriage be considered a sacrifice? Share your opinion below.**

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## Michelle Williams to Reportedly Avoid Heath Ledger Mistakes With Jason Segel



Michelle Williams is ready to get serious with new boyfriend Jason Segel. It's been a tough past couple of years for Williams, having mourned

the death ex-fiance, Heath Ledger. An insider told [UsMagazine.com](http://UsMagazine.com), "She is a romantic and always felt partly responsible for not being able to help Heath." But, Segel has done the single mother some good, and now she's reportedly in love! The *5 Year Engagement* star is ready to commit, and having learned from past mistakes with Ledger, the two are moving forward.

**What are some ways past mistakes help future relationships?**

### **Cupid's Advice:**

The best part of a faulty past relationship, is that it's in the past. You now have control of your new relationships and know exactly what to avoid. Here are some ways past mistakes can help you in the future:

**1. You know how to avoid silly arguments:** From past relationships, you realize that all of the little fights you had were pointless, and you know to just avoid those all together in the future.

**2. Improve communication:** The biggest aspect of a relationship is communication. A lot of the time, arguments are started because there was a miscommunication. So in your new relationship, you know exactly how to say things and when to say them.

**3. Don't let a relationship take over:** As you can see from past faulty relationships, sometimes things just don't work out. Now you know to keep that balance between your normal life and your new beau.

**What are some other things you can learn from past relationships? Share your ideas below.**

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# Peter Facinelli Speaks Out About Split with Jennie Garth



*Twilight* star, Peter

Facinelli, opened up to Kelly Ripa about his divorce with Jennie Garth on Wednesday's *Live! with Kelly*. According to [People](#), Facinelli told Ripa that Garth will always be in his life. He's right about that, as the couple are parents to three daughters: Luca, 14, Lola, 9 and Fiona, 5. Facinelli said that he and Garth are trying to stay out of the limelight for the sake of their little ones. "We're very dedicated to being great parents," he said.

**How do you make a divorce drama-less for your children?**

**Cupid's Advice:**

Divorces can get nasty, but it's important to protect you and your ex's greatest asset-your children. Here are some ways to get through your breakup without your kids having to deal with the drama:

**1. Keep it between grown-ups:** There is no need to let your children in on every little detail of the divorce. Keep kids out of grown-up business.

**2. Don't ask them to take sides:** Pinning your children against your ex will only backfire. Keep them happy by respecting your ex around them.

**3. Talk it out:** It's a good idea to ask your children about their feelings regarding the divorce. Divorce means change, and it's important to take the time to validate your kids' emotions.

**How have you made your divorce drama-free for your children? Share your comments below.**

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## **Rihanna Explains Why She's Still in Contact with Chris Brown**





In May's issue of *ELLE*, Rihanna finally shared with the world why she is back in contact with ex-boyfriend Chris Brown. It's been three years since Brown assaulted Rihanna and, according to [UsMagazine.com](http://UsMagazine.com), since then the duo has collaborated on two singles and has been secretly hooking up for about a year. Rihanna says, "I respect what other people have to say. The bottom line is that everyone thinks differently," in response to the furious reactions from fans and critics about the couple reuniting. "It's very hard for me to accept, but I get it. People end up wasting their time on the blogs or whatever, ranting away, and that's all right. I don't hate them for it," she says. However, the singer refuses to apologize. "Because tomorrow I'm still going to be the same person. I'm still going to do what I want to do."

**When your partner makes a mistake, how do you know whether to forgive them or not?**

### **Cupid's Advice:**

It's hard to know when to give your sweetheart a second chance or not. Cupid has some advice:

**1. Weigh your options:** Will this same thing happen again? Will you be more miserable with or without your beau? These



are some important questions to consider when dealing with mistakes made by your lover.

**2. Consider the mistake:** Breaking up or staying together after a mistake all depends on the magnitude of the error. If your man cheated on you, say goodbye and move on. If your guy made a fool of himself in front of your parents, talk to him about it and ensure it won't happen again.

**3. Wait for an apology:** If your partner realizes they are in the wrong on their own and they apologize, breaking up with them is too extreme. However, if your significant other does not even realize they've upset you, you probably need to let them know and consider breaking things off.

**How did you decide if it was okay to forgive your partner? Share your stories below.**

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## **Sources Shoot Down Rumors that Kate Middleton Is Pregnant**





Although Prince William and Kate Middleton will be celebrating their first wedding anniversary, they will not be planning any baby showers just yet. According to [UsMagazine.com](http://UsMagazine.com), “Kate is not pregnant or about to make a pregnancy announcement.” Rumors surfaced in November, when she refused peanut paste in Denmark. Peanut paste is often off limits to pregnant women to prevent allergies for their babies-to-be. Middleton was seen sipping sherry on St. Patrick’s Day and was skiing in France in the past few weeks. Overall, a witness says, “They looked very happy together.”

**How do you know when it’s time to start a family with your significant other?**

### **Cupid’s Advice:**

Starting a family is a major step to take with your significant other. Here are a few tips to know when you’re ready:

**1. You’re settled:** When you and your man are comfortable and have fallen into a routine with one another and you’re looking for something new, it’s time to start talking about bringing a new life into the picture. Having jobs and a nice savings account won’t hurt either.

**2 You have a home:** Having a warm and welcoming home is very important when bringing a baby into the picture. Being settled in a nice neighborhood with good schools will give you the chance to raise your child with safety, as well as compassion.

**3. It feels right:** Lastly, you will know it's time when you feel it. Everything will fall into place. Having the big talk with your lover should feel natural and exciting, not nerve wracking or uncomfortable.

**How did you know it was time to start a family? Share your stories below.**

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## **Elisabeth RÃ¶hm Explains Why Family Dinners Are Important**





*Law & Order* actress

Elisabeth Röhm took to her [People](#) blog this week to explain the importance of family dinners. Röhm came into contact with cookbook author Ellamarie Fortenbach and learned about the importance of eating dinner as a family. The actress and her 3-year-old daughter, Easton August, participated in the production of Fortenbach's cookbook. "Cooking together and finding a connection through mealtime has been important and a challenge for our family," said Röhm in her blog. "Cooking together and then eating that meal is truly nurturing!"

**What are some reasons it's important to eat meals as a family?**

### **Cupid's Advice:**

Though it can be difficult to coordinate schedules, eating meals as a family is still a valued tradition. Here are a few reasons why it's important:

**1. Catch up:** Mealtimes are an opportunity to share with your family the things that have been on your mind during the day. Your children can voice their worries about school and their friends while you can chip in with stories from work or around the house.

**2. Good for children:** Children who have meals with their

families are statistically proven to do better in school. Bonding time at the dinner table is important for developing minds.

**3. Unity:** A family that eats together is undoubtedly stronger as a unit than one who does not. It's important to find time for your family despite your busy lives.

**Do you eat dinner as a family? What do you like about it? Feel free to leave a comment below.**

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## Ashlee Simpson Says There's "Plenty of Time" Before Jessica Simpson's Birth



Though her sister

Jessica Simpson is very much pregnant and ready to become a mom, Ashlee Simpson had no worries she's miss the birth when attending an event in Australia recently. According to [UsMagazine.com](http://UsMagazine.com), Simpson brushed off concerns, saying, "I have plenty of time and I'm going home [today] so it will be fine."

Jessica Simpson was heard saying that she still had "a month to go" so Ashlee will definitely be in attendance at the birth of her sister's first child.

**How do you decide who you want with you when you give birth?**

### **Cupid's Advice:**

It's not always clear who should be with you in that hospital room when it's finally time for the baby's arrival. Cupid has some advice:

- 1. Focus:** During childbirth you'll want all the focus on you. Make sure to choose people who are able to focus on you entirely during the birth as support. Perhaps choose a sibling or parent.
- 2. Coach:** Just because you want your partner there doesn't mean you have to have them there as your coach during the birth. Have someone else important to you take on that role if your sweetheart isn't quite ready to be around the action.
- 3. Friends/family:** Beyond having a coach and your partner there during the birth, you may want some other people present during the birth such as your mother. Have them there for a reason though, as childbirth is not a show and they should know they're there as a support team.

**How did you decide who you wanted present during birth? Let us know in a comment below.**

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# Hilary Duff Hits the Gym 1.5 Weeks After Giving Birth



Hilary Duff is wasting no time getting back to the gym. After giving birth nearly two weeks ago to her and her husband's, Mike Comrie, first baby together, Luca Cruz, Duff is already yearning to tone up her post baby body. "20 minutes on the elliptical seems like an eternity!!! What the hell..." the former Disney star tweeted Saturday. Besides getting some much needed time pampering herself at the Nine Zero One hair salon last Thursday, the new mom spent a little time toning her body doing Pilates on Monday. "Did a little Pilates today. Felt so good to stretch!..." the former *Lizzie McGuire* star said via twitter.

How can you help your partner get back into shape after

**pregnancy?**

**Cupid's Advice:**

After gaining a few pounds, it may seem like a stretch to get back to your desirable weight, but it's definitely possible.

Men, here are a few tips to help your woman get back into the sexy shape she had before giving birth:

**1. Workout together:** Instead of letting her take that mile run by herself, join her and also take advantage of enrolling in yoga or gym classes together. Not only will this encourage her to keep her progress up, but it will also give you two some great bonding time.

**2. Healthy choices:** There are plenty of meals you and your lady can enjoy together that will taste delicious and are healthy for you. Look up different recipes online that both you and your lover can enjoy making and eating together.

**3. Support:** The number one thing your significant other needs when they're trying to achieve their weight loss goal (or any goal) is your support. Besides working out and cooking together, give her words of encouragement to keep her going.

**How did you help your partner get back into shape? Share your comments below.**

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**Adam Levine and Model Girlfriend Call It Quits**





*The Voice* judge and

*Maroon 5* frontman Adam Levine may have something new to sing about. Levine announced his split from model girlfriend Anne Vyalitsyna, who he was dating for two years, reports [People](#).

“Adam and I have decided to separate in an amicable and supportive manner. We still love and respect each other as friends. I wish him all the best,” said Vyalitsyna in a statement. Levine and Vyalitsyna met at a Sports Illustrated swimsuit issue release party in 2010.

**How do you know when it’s time to call it quits?**

### **Cupid’s Advice:**

Even though a relationship may seem perfect on the outside, it pays to know when to call it quits. Here are a few clues:

**1. No spark:** After time, many couples just seem to fizzle out. If you and your partner have lost the spark in your relationship despite your tries to reconnect, consider ending the relationship.

**2. Lack of progress:** If your relationship doesn't seem to be going anywhere, you may want to reevaluate your goals. Your current relationship could only be holding you back, especially if you have hopes of starting a family in the future.

**3. You have different goals:** There comes a time in a relationship when you have to sit down and discuss your plans for the future and how your relationship fits into those plans. If you and your partner want different things in life, it may be time to end the relationship.

**How did you know when it was time to call it quits with your partner? Feel free to leave a comment below.**

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## **Jim Toth Steps Up as Stepdad to Reese Witherspoon's Kids**





Reese Witherspoon has found a stand up guy to be her husband! Jim Toth has definitely shown himself to be parent material, which is a good thing since the couple is expecting a child together.

According to [UsMagazine.com](http://UsMagazine.com), Toth wasn't "sure about having kids" when they first began dating in 2010, but warmed up to the idea once he got to know Witherspoon's two children. Toth is all about family now and the couple are "big family people."

**What are some important things to remember when you marry someone with kids?**

### **Cupid's Advice:**

Sometimes it can be difficult adjusting to a new parent. Cupid shares some things to consider when you marry someone who already has children:

**1. Blending families:** It's important to remember that even though you're becoming a part of a family and thus creating a new one with your partner, these kids may already have a parent and may not be immediately receptive to your new role.

**2. Do you like kids?:** Don't marry into a family with children if you don't like children. Simple as that. It's not any

easier raising a child that is not biologically yours, so make sure you're ready to be a parent.

**3. Lifestyle:** Make sure you're ready to change your lifestyle. While dating someone with kids, you may not have experienced many changes socially; however, once you have the role of step parent, you have to become a role-model.

**What did you think about before becoming a step-parent? Share your thoughts below.**

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## Jennie Garth Says She and Peter Facinelli Are 'Great Parents Together'



Jennie Garth and

Peter Facinelli have tried to make their divorce as painless as possible for their three daughters Luca, Lola, and Fiona. "We are great parents together, so when it's about the kids, it's wonderful," said Garth, according to [People](#). Having discussed the couple's divorce with the kids, they are all on the same page and understand what is happening, without feeling the need to choose sides. Garth and Facinelli want nothing more for their family to be happy and healthy. The former *90210* actress is even considering moving back to Los Angeles so that the girls have more access to their dad.

### **How do you remain united in parenting after a split?**

#### **Cupid's Advice:**

When you're in the middle of a divorce, it's also very difficult for your children. Here are some ways you can work together to be good parents, even when separated:

**1. Make a schedule:** Now that you aren't living together anymore, it's difficult to collaborate your schedules. Therefore, set certain days and times where you each want to spend time with the kids so there are no arguments or confusion.

**2. Talk to your children:** A good parent will talk to their kids about what is going on and get their feedback. Ask them how they feel and how they want to spend their time with each parent.

**3. Share Holidays:** The most stressful times are when it comes to holidays. Your kids don't want to have to choose how they will spend the best times of the year. Try sharing these important dates, for the kids.

**What do you think are ways to remain good parents while being separated? Share your ideas below.**

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# Bruce Willis and Emma Heming Welcome a Baby Daughter



It's official!

Bruce Willis and his wife of three years, Emma Heming, have welcomed the newest addition to their family, daughter Mabel Ray Willis. Mabel joins three half-sisters, Rumer, 23, Scout, 20, and Tallulah, 18, who Willis had with ex-wife Demi Moore, according to [People](#). The *Die Hard* actor and designer-model, according to their rep, "are overjoyed about the newest member of their family. Both mother and baby are healthy and doing beautifully."

**What are some ways to prepare your existing family for an infant addition?**

**Cupid's Advice:**

When you're getting ready to welcome a new addition to your family, it's important to prepare certain things. Cupid has some tips:

**1. Prepare your other children:** Keep your kids up to date about the pregnancy and what it will be like when you bring the baby home. Have them help get the nursery ready and offer baby names. The more involved the feel, the more accepting they'll be of the situation.

**2. Get your finances in order:** Another child means one more mouth to feed and one more body to clothe. Kids are by no means inexpensive, so it's important to make sure you're getting your finances in tip top shape before having a baby.

**3. Prepare yourselves:** If you already have kids, another child in the mix means you'll be all the more busy and worn out. Make sure you're staying in shape and taking care of yourself as you prepare to welcome another addition to your family.

**How did you prepare your family for an additional child? Share your tips below.**

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## **Blake Shelton Discusses 'Country's Hottest Guy' Title with Miranda Lambert**





Country music

star Blake Shelton may have been named “Country’s Hottest Guy” by *People Country*, but he admits that he doesn’t often feel sexy. “Right now, I’m feeling sweaty and a little bit overweight and buzzed,” he said, according to [People](#).

However, his country superstar wife Miranda Lambert had a very different opinion on *The Voice* coach’s rugged good looks.

“He’s hot, I agree, but I see him at his best and his worst,” she said.

**What do you do if your significant other gets hit on often by others?**

### **Cupid’s Advice:**

A healthy and happy relationship is always based on trust. No matter how desirable your partner is, as long as you trust them, you won’t ever have to worry about anyone else coming into the picture. However, that isn’t going to stop them from trying. Here are some way to deal:

**1. Talk it out:** Be honest with your partner about your feelings, and they will be honest with you if they feel someone is coming on too strong.

**2. Feel flattered:** You landed your amazingly hot partner when



others have tried and failed.

**3. Don't think about it:** When you stress about something, often your imagination can run away with you. Try to take a reality check whenever possible.

**What are ways you can create trust in a relationship? Share your tips below.**

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# Peter Facinelli Officially Files for Divorce From Jennie Garth



Due to irreconcilable differences, Jennie Garth and *Twilight* star Peter Facinelli officially filed for divorce on

Wednesday, TMZ reports. That said, sources told [UsMagazine.com](http://UsMagazine.com) that the two have been separated for quite some time already. "It's been over for months, maybe even a year," one source says. The duo hasn't taken the separation lightly because of their three daughters, Luca, 14, Lola, 9, and Fiona, 5. "They kept up some sort of charade for their kids," the source claims. Facinelli and Garth are working together to make this separation as painless as possible for their children. Facinelli has asked for joint custody of the daughters and both have agreed to pay legal fees. At the announcement of their split, they released the following statement: "We both share the same deep love and devotion to our children. We remain dedicated to raising our beautiful daughters together."

**What are some ways to cope when your partner wants a divorce?**

### **Cupid's Advice:**

A divorce can be a long, pain staking process. But, you eventually have to move on with your life and stop analyzing what went wrong. Here are some ways to make the process of recovering from a divorce a little easier:

- 1. Join a class:** There's nothing better than signing up for a class to keep you busy. If your mind is busy, you don't have time to drown in your sorrows at home. Take a cooking class or yoga, meet new people and keep busy.
- 2. Take a vacation:** Get away from all the stress in your life for a couple of days, and take a nice relaxing vacation. Go with a couple of friends to the Bahamas or make it a fun trip and visit Vegas.
- 3. See a life coach:** At the start of a divorce, you may feel a little lost in life. Go see a life coach, as he or she will help motivate you into doing new things with your new life and will help you feel better about yourself.

Do you know anyone who has been through a divorce? What do you think is the best way to cope? Share your thoughts below.

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## Michelle Williams and Jason Segel: A Serious Couple?



It seems that things are heating up between *My Week With Marilyn* star Michelle Williams and actor Jason Segel ... and many people didn't see it coming. However, according to [UsMagazine.com](http://UsMagazine.com), friends close to the couple are surprised it didn't happen sooner. The couple have known each other for years and met through Williams' good friend Busy Philipps, who starred with Segel in *Freaks and Geeks*.

**How do you know when your relationship has turned serious?**

## **Cupid's Advice:**

Even when you both having feelings for one another, labeling your relationship as “serious” can be difficult. Here are some signs that it's approaching that label:

- 1. You're Facebook official:** Once you've both announced your relationship to your friends via your social media circles, it's safe to say you're serious.
- 2. You've met the family:** Meeting your partner's family and introducing them to yours is a huge step for a couple. It's one that you don't take unless you're serious.
- 3. You're moving in together:** Signing a lease together is a big step that's never to be taken lightly.

**How did you know your relationship was serious? Share your thoughts below.**

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# **Exclusive Interview: Pick-Up Artist Mehow Shares His Secrets**





By Samantha Mucha

As women, we read countless articles, stories, opinions and anything else we can get our hands on to help us understand what guys want. Now, there is no need to worry anymore, ladies: Mehow has your answers.

Who is Mehow?

Mehow is one of the most well-known Pick-Up Artists (PUA) in the world of seduction. Back in 2006, he started his own Website called Mehow Inc. where he used his experience and his expert advice to help men meet women and develop happy and successful relationships.

**Related:** [Creating a Better Relationship](#)

When asked about the top three qualities men look for in women, Mehow replied, “First of all it’s hotness, but that’s just the truth, right? That’s the number one thing for men.”

However, woman who may not be the best looking still have a great shot at getting the guy they want. “Fun and personality are a big factor,” Mehow reveals, but really, “It depends on the guy. A normal dude will look at her stuff, level of fun and see if she’s being logical. She has a better shot, if she has her life together.”

Be fun, cool, compelling and confident. According to this PUA, that's what it takes to make yourself more attractive to men.

**Related:** [Why Amazing Confident Women Remain Single](#)

So how does Mehow know so much about women? He has been working as a PUA for about seven years and has talked to thousands of girls. He has compiled tons of research and sometimes uses hidden cameras to look at women's reactions to his methodology. He uses specific methods and ways of communication to make women feel comfortable, but also allow the guy to communicate well. Taking his work a step further, he even believes that with the right amount of funding, he could scientifically prove some of his theories.

Believe it or not, "women are primarily attracted to men's personalities, and men are primarily attracted to women's looks," says Mehow.

If that's true, then what can women do to help guys – and themselves – out?

"Gives guys a chance," he urges, sharing his number one piece of advice for women. "Guys often ask themselves the question, 'Is she cool with who I am?' A guy's biggest fear is how to approach a woman."

**Related:** [5 Ways Nice Guys Finish First](#)

Women also need to remember that there is no perfect guy; they all make mistakes. If your new man messes up once or twice in the beginning of your relationship, forgive him, accept his screw up and move past it.

Mehow also describes "super hot girl A.D.D." He says that this refers to the "perfect 10" girl who has no problem getting what she wants but cannot focus on anything serious for more than a minute due to the fact that she was handed

everything just from being good-looking. “Perfect 10’s screw it up. How a woman appears to the world around her changes her social behavior.” His advice to these women is to slow down and take a risk with someone. Attractive women should find one guy who they like and stay with him.

The moral of the story is to give guys a better shot. No matter what the situation may be, guys are deserving of a second or maybe even third chance to impress a woman and show off their knight-in-shining-armor side.

No matter who you’re dating – even if it’s Mehow himself or someone who he’s trained very well – you have to be able to let go of small errors and see the bigger picture. “Guys can’t be players forever,” Mehow says.

You can catch Mehow using his system to “pair up perfect couples” on his new reality television show coming out this fall.

That’s all Mehow was able to tell us without sharing too many secrets, but we know enough to know that he is the master of getting inside the heads of both men and women.

You can check out YouTube in the meantime to see how his methodology works.

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## **Britney Spears and Jason Trawick Take a Secret Trip to San Francisco**



Britney Spears and her fiancé Jason Trawick took a private vacation to San Francisco away from the paparazzi and Spears's legal issues. According to *People*, Spears and Trawick stayed at the Westfield San Francisco Centre in the Extreme-Wow suite. A source said that the couple was very low-key and the getaway was just about the two of them.

**What are some fun ways to spend time alone with your partner?**

**Cupid's Advice:**

Spending alone time with your partner is important, but it can sometimes get boring. Here are a few fun ways to spend time alone with your significant other:

- 1. Play make believe:** Book a hotel room or bed and breakfast in another city for some alone time where no one else knows the two of you. Pretend to be lovers in a secret relationship.
- 2. Take a road trip:** A road trip can be a lot of fun. Full of



sing alongs and junk food, it will bring the two of you closer.

**3. Everyone loves a good game:** Game night is the best way to spend some time alone with your partner without the mushy [romantic](#) factor. Whether it's a board game or watching a sport, you'll have a great time.

**What are some fun ways that you spend time with your partner? Share your comments below.**

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## Octomom Nadya Suleman Won't Date Until Kids Are 18



Octomom, Nadya Suleman, said that she doesn't plan on dating until her kids are at least 18-years old. "I get way too much male

attention,” said the single mom, according to [People](#). “When men look at me, I look away and they know not to approach me. I know I’m beautiful – I don’t need a man to tell me that.” As for now, Suleman’s biggest concern is her children, and she doesn’t plan on that changing anytime soon.

## **What are some obstacles to dating as a single parent?**

### **Cupid’s Advice:**

Dating in general is a challenge, let alone when you have kids. Cupid has some tips:

**1. Attatchments:** Kids that grow up without a father figure are going to look for someone else to fill that role. If you bring home the people you date, you don’t want your kids to get too attached – especially if it’s not something that you could see working long term.

**2. Commitment:** As a single parent you’re constantly busy with work and the kids, and having time to build a strong relationship may be a difficult task. However, don’t be afraid to find a babysitter a few nights a month without feeling guilty, because you deserve to find love if you’re seeking it.

**3. Prioritizing:** New love interests can be exciting and it’s easy to love the flirting and mystery, but don’t let yourself get too caught up. Remember that you have a family to think of, and a crush should never come before your children. If you prioritize your time, you just might end up snagging Mr. Right.

**How do you find time to date as a single parent? Share your comments below.**

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# New Couple: Michelle Williams and Jason Segel Are Dating



Longtime friends Jason Segel and Michelle Williams are the newest celebrity couple. According to a source, “They are smitten and very serious.” The duo was caught taking a romantic stroll after a meal at Frankie Spuntino in Brooklyn this weekend, reported [UsMagazine.com](http://UsMagazine.com). A source says, “They seemed very relaxed.” The day after the pair’s stroll and meal, Segel was spotted playing with Matilda, Williams’ 6-year-old daughter. Living on different coasts makes their relationship challenging, but the source says the couple is “trying to make it work. She hasn’t been this happy in a long time.”

**How do you stay close to your long distance mate?**

## **Cupid's Advice:**

Being in a relationship is hard enough as it is, but what about when you are in separate states, or even separate countries? Here are some tips on how to stay as close in a long distance relationship:

**1. Skype:** Skype is a lifesaver for long distance relationships. Seeing your sweetheart's face every day makes the distance seem much more bearable. Even if you chat for only five minutes, talking face-to-face will keep your relationship alive better than any text message could.

**2. Share photos:** Send each other pictures. Even if it's only what you had for lunch, share your life with your partner. Send pictures of things you would normally laugh about together, or something you tried for the first time together and are passing in the grocery store. Keeping your partner in the know will make reuniting seamless.

**3. Make countdowns:** Countdowns can definitely help you through a long distance relationship. If you have visits planned, count down to those. Or, if you have a birthday coming up, count down to that. The smaller and simpler the count down, the better they will make you feel, until the ultimate countdown of being able to be together for good.

**How do you stay close to your long distance partner? Share your stories below.**

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# **Anne Hathaway's Engagement**

# Party Revealed



Though her wedding is not until October 2013, Anne Hathaway and her fiancée celebrated their engagement in February. According to [UsMagazine.com](http://UsMagazine.com), it was quite an interesting affair. "It was held in a New York City bookstore, Hathaway opted for unexpected details, like serving vegan fare and tucking her favorite flowers, ranunculus and anemones, inside bird-shaped vases." Their wedding is expected to be just as quirky. Hathaway dated her soon-to-be husband, Adam Shulman, for three years before he proposed.

**What are some ways to celebrate your engagement?**

**Cupid's Advice:**

Sometimes it can be difficult to plan a celebration in honor of your engagement. Cupid has some tips:

**1. Vacation:** Take a mini-vacation with your new fiancée.

Consider it a time to have a little [celebration](#) of your own before sharing it with the world.

**2. Theme party:** Do you or your partner have a favorite show or movie? Make it into a themed engagement party. Have your guests dress up if you want to really have fun before you get married.

**3. Classic:** A classic engagement party can be enjoyable, too. Have a cute brunch with your closest friends and family or a cocktail party to invite a few more people. Share your love story with those you love.

**What are some ways to celebrate an engagement? Share your thoughts below.**