

# Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split



By [Bonnie Griffin](#)

In the latest [celebrity break-up news](#), [Bradley Cooper](#) and Irina Shayk split. According to *EOnline.com*, Cooper “was spotted with pals at the Sunset Tower Hotel in West Hollywood, California on Monday evening.” After four years together, the [celebrity couple](#) called it quits a few days earlier, and it looks like Cooper was happy to spend some time with his friends to blow off the stress of the break-up.

# In celebrity break-up news, Bradley Cooper shook off some split stress with a night out on the town with his guy friends. What are some ways to cope with a very recent split?

## Cupid's Advice:

Break-ups can be stressful and often come with a lot of heartaches. The best ways to cope with a recent split can be different for everyone, from hanging out with your friends to eating ice cream from the carton. Cupid has some advice on coping with a recent break-up:

**1. Lean on your friends:** Sometimes the worst thing you can do after a split is to sit at home alone and dwell on the past. Take this time to spend time with your friends. Go out, dance, and let them help you take your mind off of your break-up; let them be there for you the way you'd be for them if the roles were reversed.

**Related Link:** [Celebrity Break-Ups: Lady Gaga Breaks Silence on Split from Ex-Fiance Christian Carino](#)

**2. Stick to a routine:** A break-up can make you feel like the rug has been pulled from beneath your feet. It can be easy to get lost in your sadness and focus on the loss, but sticking to a schedule will help you avoid getting lost in a long crying abyss even if it is something as simple as setting your alarm, taking a shower at a specific time each night, or whatever helps you keep moving forward.

**Related Link:** [Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up](#)

**3. Express yourself:** Feeling lonely or upset and sad is normal

after splitting with your partner. Take some time for yourself and find a way to express your feelings; don't keep them bottled up because you could wind up exploding when you least expect it. Draw, paint, or just keep a journal so that you can get your feelings out in a healthy way.

What are some ways you cope after a break-up? Let us know in the comments below.

---

## **Celebrity News: How Prince William and Duchess Kate Bounced Back After Rumors He Had an Affair**





By [Bonnie Griffin](#)

In [celebrity news](#), [Prince William](#) and [Duchess Kate](#) focus on their marriage and don't let the rumors that William cheated ruin their relationship. A source revealed to *UsMagazine.com* that Kate found the rumors hurtful, but "it forced her and William to sit back and examine their relationship, which they realized they should have been doing more often." The [celebrity couple](#) decided not to let the negative rumors negatively impact their marriage, and they are still in a strong and committed marriage today.

**In celebrity news, Prince William and Duchess Kate recently went through a tough time with hateful rumors. What are some ways to keep rumors from affecting your**

# relationship?

## Cupid's Advice:

In the era of social media and online news, rumors get started faster than ever, and most people don't take the time to check the facts before they believe whatever they hear or read. Rumors can tear a good relationship apart if either party feeds into them. Here are some tips from Cupid to keep rumors from affecting your relationship:

**1. Keep your private life private:** It is easy to get sucked into social media and many people wind up oversharing. The problem with sharing every little detail about your relationships is that those details can get stretched, and people can make of them whatever they want. Venting when you're upset online can make things even worse. Your relationship is between you and your partner, and it should not be fuel for your social media feed.

**Related Link:** [Celebrity Couple News: Gwyneth Paltrow Explains Why She And Husband Brad Falchuk Don't Live Together Full-Time](#)

**2. Trust:** One of the most important things in a successful relationship is having trust between you and your partner. A relationship without trust is bound for failure. Trust is developed over time based on your actions in your relationship and the actions of your partner. If you trust your partner then it won't be so easy for something as trivial as a rumor to come between the two of you, and you will be better prepared to work through any harmful rumors thrown your way.

**Related Link:** [Celebrity News: Beyoncé Gives Death Stare As Warriors Owner's Wife Talks to Jay-Z](#)

**3. Don't easily condemn your partner:** If you don't have peace in your relationship and are constantly arguing with your partner over small things, a rift will develop and it can make

it easier for you to believe rumors. Remember that nobody is perfect and try to cut each other some slack when it comes to the small things. If you constantly fighting and worried your partner is going to do something bad then you will feed into any harmful rumor you may hear. If you love your partner give them the benefit of doubt and don't always expect the worse.

**What are some things you do to keep rumors from affecting your relationship? Let us know your thoughts in the comments below.**

---

## **Celebrity News: 'Bachelorette' Hannah Brown Gets Hot & Heavy With Her Guys**







By [Emily Green](#)

In the latest [celebrity news](#), *Bachelorette* Hannah Brown isn't afraid to get physical with her men, according to *People.com*. In fact, in yesterday's episode of the show, *Bachelor* Nation watched Hannah's three heavy make-out sessions with Peter, Jed and Tyler C. The current *Bachelorette* believes that being sexually attracted to your future partner is an important part of a relationship. While being a devout Christian, this [reality tv star](#) believes that her faith should not come into question when in a relationship. "I have had sex. And Jesus still loves me," Brown said in this season's trailer.

**In celebrity news, sexual chemistry is clearly important to current *Bachelorette* Hannah Brown. What are some signs of sexual chemistry to**

# be on the lookout for with your new crush or partner?

## Cupid's Advice:

Sexual chemistry is a key part of any relationship, and it is important to figure out if you and your partner have that spark early on. Here are some of Cupid's tips on how to see if you and your new partner have that spark of sexual chemistry:

**1. Making eye contact feels comfortable:** While nerves can come into play, being able to keep eye contact with your partner is an important part of sexual chemistry. Eye contact lets you know that they are actively listening to you, and that they want to be there with you.

**Related Link:** [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

**2. Body language:** Eye contact and body language go hand in hand. If your partner is angling themselves toward you and not shying away, it is a good sign that sexual chemistry is there, and they are feeling that spark.

**Related Link:** [Daniel Radcliffe New Girlfriend Erin Darke Have 'Great Chemistry'](#)

**3. Follow your instincts:** You know that phrase, "Trust your gut?" It really works! If you have an initial instinct about holding your partner's hand, follow through! If they don't reciprocate, you know the spark isn't there. Remember, consent is key in any relationship. If you're unsure about how your partner will respond, don't be afraid to ask! This way you can work out anything that may need to be said, and move on in your relationship.

**How did you feel about Hannah's hot and heavy make-out**



sessions in yesterday's episode of *The Bachelorette*? Share your thoughts below.

---

## Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up



By Katie Sotack

Recently, news of Bradley Cooper's [celebrity break-up](#) with Irina Shayk broke. According to *EOnline.com*, rumors had been flying that Cooper's *A Star Is Born* costar Lady Gaga

contributed to the couple's tension and demise. Gaga, who was performing in Vegas when news of the split arose, gave a speech about trying to change others before singing her and Cooper's duet, *Shallow*. It may be a stretch, but fans are certain of Gaga's hidden message about Cooper.

## **This celebrity break-up has a lot of rumors surrounding it. What are some ways to keep gossip from making your break-up worse than it actually is?**

### **Cupid's Advice:**

Rumor mills never stop turning. They can be hurtful and amplify situations for the worse. Here are some ways to keep ahead of the gossip about your breakup:

**1. Make a clear statement:** Once news of the breakup hits you'll have to have a go-to explanation prepared. Make it unbiased and appreciative of your ex-partner if you want to minimize the damage and potential gossip.

**Related Link:** [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

**2. Stay Facebook friends:** If you and your ex are on good terms stay friends on social media. Apps like Facebook and Twitter have the added perk of a mute option. That way the breakup can be amicable online, but you won't need to see their posts everyday.

**Related Link:** [Celebrity News: Brad Pitt Attends Ex Jennifer Aniston's Birthday Party](#)

**3. Keep it light, but honest:** When you're pressed for more

information, don't get worked up. Be honest about the way you feel, but not accusatory or angry. This way you'll stay authentic but positive about your ex-partner.

**How have you avoided bad blood after a breakup. Share in the comments below!**

---

# **Celebrity Pregnancy: Tristan Thompson's Ex Claims Khloe Kardashian Relationship Caused Pregnancy Complications**





By Katie Sotack

In [celebrity news](#), Cleveland Cavaliers player Tristan Thompson is being accused of causing pregnancy complications for his ex, Jordan Craig. According to *UsMagazine.com*, the complications arose when Thompson publicly dated a woman believed to be Khloe Kardashian. The stress of being publicly ridiculed resulted in an order for bed rest and eventually, severe pregnancy complications.

**In celebrity pregnancy news, Tristan's ex is blaming Khloe Kardashian for her pregnancy complications. What are some ways to keep stress from affecting your pregnancy?**

**Cupid's Advice:**

Pregnancy is a wonderful time for mothers-to-be, but there's no denying the added stress of growing another life. Staying relaxed can help ensure a healthy and complication free pregnancy. Here are some ways to eliminate stress:

**1. Get enough rest:** getting the recommended 8-10 hours is essential to your mood and the babies health. Lack of sleep throws off your bodies regulatory hormones and adds to stress.

**Related Link:** [Celebrity News: Blac Chyna Slams Exes Rob Kardashian & Tyga Over Child Support](#)

**2. Try gentle exercise:** moving around during the day will keep your endorphins up, in turn relaxing your mental state. Activity also has the added benefit of improving your sleep cycle.

**Related Link:** [Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work](#)

**3. Ask for help:** pregnancy effects your mind and body in ways that can be difficult. Things that were once second nature may have become a challenge, but don't be afraid to ask for help when you need. It'll be a huge load off your plate.

**How do you relax? Share in the comments below!**

---

**Celebrity Wedding News: Chris Pratt & Katherine Schwarzenegger Tie the Knot**



By [Bonnie Griffin](#)

In [celebrity wedding news](#), Chris Pratt and Katherine Schwarzenegger got married. According to *EOnline.com*, Pratt and Schwarzenegger were married at the lavish San Ysidro Ranch in Montecito, California in a “classic and romantic” ceremony. This [famous celebrity couple](#) kept their guest list to approximately 70 people, saying their vows in front of their closest family and friends.

**In celebrity wedding news, Chris and Katherine said “I do” in front of family and friends at their “classic and romantic” wedding.**



# What are some ways to make your wedding classic and romantic?

## Cupid's Advice:

Planning a wedding can be an elaborate event, but sometimes it is nice to go back to the basics and keep everything classic and focus on romance. If you want to focus on having a classic, romantic wedding there are numerous tactics you can choose from keeping the guest list small, to sticking with a classic black and white color scheme. Cupid has some advice for keeping your nuptials classic and romantic:

**1. Style and color:** Your color scheme and dress are big parts of the tone set for your wedding. Simple combinations like black and white will keep everything classic, and make sure that the focus is on you and your partner instead of an overly complicated wedding theme. A beautiful white ball gown wedding dress is just the finishing touch needed to keep this classic look moving in the right direction.

**Related Link:** [Celebrity Couple News: Justing Bieber & Hailey Baldwin Debut Wedding Bands](#)

**2. Roses:** Nothing says romance quite like a bouquet of roses. They come in many different colors, so you will be able to find the right combination to go with your dress and overall theme. They are available year-round and will add just the right touch of femininity and romantic charm for your classic wedding theme.

**Related Link:** [Celebrity Engagement? Rooney Mara's Sparkly Diamond ring Sparks Joaquin Phoenix Engagement Rumors](#)

**3. Classic music:** Just like your dress and color scheme, the music at your wedding plays a big part in setting the tone for your wedding. If you want to keep things classic and romantic,



stick with classic wedding songs. If you have live music, choose string instruments like the violin for that classic vibe. "At Last" by Etta James makes a great wedding song for a classic, romantic wedding ceremony.

What are some ideas you have to put together a classic and romantic wedding ceremony? Let us know your thoughts in the comments below.

---

## **Celebrity Couple News: Gwyneth Paltrow Explains Why She And Husband Brad Falchuk Don't Live Together Full-Time**





By [Emily Green](#)

In the latest [celebrity news](#), [Gwyneth Paltrow](#) opened up about why she and her husband Brad Falchuk do not live together full time, according to *UsMagazine.com*. This [celebrity couple](#) was married in September of 2018, and each have two children from previous marriages. Due to worrying how their children will adapt, Falchuk has a separate home he stays in when his children come to stay with him.

**This celebrity couple doesn't live together full-time due to reasons pertaining to their kids. What are some ways to introduce the kids you had with your ex to your new love?**

**Cupid's Advice:**

Introducing your children from a previous relationship to your

new partner is not only a big step in your relationship, but a big adjustment for your children. By focusing on your children and how they feel, you can help ensure a smooth transition into this new period in your lives. Here are some of Cupid's tips to introduce your kids to your new partner:

**1. Introduce them in a group setting:** By introducing your kids to your new partner in a group setting like a barbecue or at the park, this creates a no pressure atmosphere with your kids, so they don't have to worry about making a amazing first impression and vice versa. By meeting them in public group settings the first few times, this gives the kids more time to become acquainted with who your partner is, and will feel more comfortable down the line.

**Related Link:** [Celebrity Divorce: Jennifer Garner is Seen Dating Someone New After Divorce from Ben Affleck](#)

**2. Go slowly:** While you might be completely in love with your new partner, remember this is a totally new situation for your children. Watch how they interact with your new partner, and pay attention to their social cues. If they are having a problem with something, talk to them so you can work through it, and then you can move forward.

**Related Link:** [Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

**3. Go in with no expectations:** People can't be forced to like one another. By telling your kids they need to be on their best behavior can plant that seed of worry, and immediately puts pressure on the meeting. Simply ask them to go in with an open mind, and they can form their own opinions to share with you after they get to know them.

**What are some ways you have introduced your kids to your new partner? Let us know in the comments below!**

---

# Celebrity News: 'Bachelor' Alum Arie Luyendyk Jr. Defends Wife Lauren After She Leaves Infant at Home



By Katie Sotack

In [celebrity news](#), *Bachelor* alum, Arie Luyendyk Jr, and wife Lauren Burnham are putting up a united front when it comes to their child. Celebrity parent Lauren left her one week old home for a luncheon with her sister. Social media users attacked, claiming Lauren left baby Alessi too fast, but Arie

has come to his wife's defense. According to *UsMagazine.com*, the star responded that it was his idea and "[t]o all the negative comments regarding leaving her with grandma for a 45min lunch, cut her some slack!"

## **In celebrity news, Arie is coming to the defense of his wife's parenting decision. Why is providing a unified front as parents so important?**

### **Cupid's Advice:**

Parenting is hard enough as it is. If partners aren't on the same page publicly, it leaves room for all the nosy nobodies who claim to know better for your baby. A unified front is essential to a clear message for both your child and others. Here are some ways to hone that message:

**1. Back your baby mama/daddy:** It's important to demonstrate agreement in front of others and have each other's backs. Even if you're not 100% sold on their decision leave that discussion for a more private time.

**Related Link:** [Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work](#)

**2. Confess to disagreeing (behind closed doors):** No couple sees child care the same way all the time. Have an honest discussion with your partner about compromising on the way to raise your kid and what you want for them in life.

**Related Link:** [Celebrity Baby News: Roger Mathews Defends Estranged Wife Jenni 'JWoww' Farley Amid Parenting Criticism](#)

**3. Share your observations:** Talk about the time spent caring

for your children and what you've observed about them. As different people you'll likely pick up on different aspects of what the kids' need. By sharing this with your partner you'll merge perspectives and have an easier time finding common ground.

**Unified fronts in parenting are greatly important. How do you and your co-parent stay on the same page? Share your comment below.**

---

## **Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together**





By Katie Sotack

[Celebrity couple Bradley Cooper](#) and Irina Shayk broke up after four years together, according to *UsMagazine.com*. The news arrived not long after reports came out that the couple were going through relationship problems, which began earlier this year amid talk of Cooper's chemistry with *A Star Is Born* costar, Lady Gaga. Shayk claims to know they were both "in character" and denies the relevancy to the break-up. The two are still living in Cooper's house for now as they care for their two-year-old daughter, Lea.

**This celebrity break-up comes after speculation that the pair's relationship was on the rocks. What are some ways to work through a tough time in your relationship?**

**Cupid's Advice:**



Relationships aren't always smooth sailing. They take time and effort from the individuals involved. When your relationship requires work, here are some steps you can take to mend bridges:

**1. Honesty is the best policy:** it may be tempting to soften-blows and tell white lies, but the truth is mandatory in a relationship. Sooner or later your partner will find out, it's better you're the one to tell them.

**Related Link:** [Back On! Celebrity Couple: Ben Affleck & Lindsay Shookus Are Back Together After Split](#)

**2. Listen to your gut:** If you feel like something's wrong, something probably wrong. Your intuition is your best friend and it's trying to help you out. Sort through your feelings and talk to your partner about what your body's been telling you.

**Related Link:** [Celebrity Exes Jennifer Lawrence and Nicholas Hoult Reunite in 'X-Men' Movie Scenes](#)

**3. Know when to seek outside help:** sometimes your relationship problems are bigger than the two of you can handle. There's no shame in that and plenty of trained professionals are willing to mediate. Whether you see a relationship counselor or sit down for legal mediation, considering bringing in a conflict expert.

**What are some ways you manage conflict with your partner? Share in the comments below.**

---

# Celebrity News: Beyoncé Gives Death Stare As Warriors Owner's Wife Talks to Jay-Z



By Katie Sotack

In [celebrity news](#), basketball wasn't the only competition at the NBA Finals this year. According to *UsMagazine.com*, Beyoncé was caught giving a death stare to Nicole Lacob, the Golden State Warriors majority owner's wife. Lacob invaded Yoncé's personal space by closely chatting with Bey's husband, Jay-Z. The Beyhive rushed to defend Beyoncé, particularly sensitive to the subject matter after her 2016 album *Lemonade*, which narrated Beyoncé's struggle after Jay-Z cheated.

# In celebrity news, even Beyoncé isn't immune to jealousy. What are some ways to deal with jealousy in a relationship?

## Cupid's Advice:

It's natural to feel territorial in a relationship, but if you can't keep it in check, it becomes a problem. Turning your jealousy into a productive catalyst in your relationship is entirely possible. Here's some way to turn your jealousy into a strength:

**1. Communicate your concerns:** talking to your partner about what's been bothering you, without accusing them, can strength the relationship. It has the added benefit of making your significant other aware of your sensitivities and may limit their time with the individual inspiring your green eyed monster.

**Related Link:** [Celebrity News: Kim Kardashian & Kanye West Celebrate Anniversary With Low-Key Dinner](#)

**2. Be the bigger person:** Stay secure in your relationship. If your partner's the one for you, they'd never hurt you by having an affair, emotional or physical. Keep your chin up and show your partner that sexy confidence.

**Related Link:** [Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First](#)

**3. Make special time for your relationship:** Sometimes jealousy doesn't come from an outside offender, but what your relationship is lacking. Consider what's bothering you in your relationship and go about making a positive change.

Jealousy is tough to deal with. What's your best way of beating the green eyed monster? Share in the comments below.

---

## Celebrity Couple News: Justin Bieber & Hailey Baldwin Debut Wedding Bands



By Emily Green

In the latest [celebrity news](#), Justin Bieber and wife Hailey Baldwin debuted their wedding bands nearly a year after getting married, according to *UsMagazine.com*. This [celebrity](#)

[couple](#) got married on September 13, 2018, and their love couldn't be stronger today, after numerous ups and downs in their relationship prior to marriage.

## **In celebrity couple news, the Bieber's are publicly showing their love in marriage. What are some benefits to wearing wedding bands?**

### **Cupid's Advice:**

Wedding bands are not only a symbol of your relationship status, but also show the commitment you've made to your spouse. Wearing a wedding band is a constant reminder of the love you and your spouse have for one another, and you can let the world see your love each and every day! Here are some of Cupid's reasons for why you should wear your wedding band every day:

**1. People know you are taken:** Seeing a wedding band on your finger is the number one indicator to everyone around you that you are taken. A wedding band is an easy way to say "My marriage matters to me," without even having to say it out loud.

**Related Link:** [Celebrity News: Jeff Bezos Makes Public Appearance Without Wedding Ring](#)

**2. A wedding band is a symbol of respect towards your spouse:** When you and your spouse got married, you made a commitment to each other. This commitment cannot go over well unless you have good communication. By wearing your wedding band, you remind your spouse every day that you are there and ready to listen, no matter what.

**Related Link:** [Celebrity Marriage: Kendra Wilkinson Takes Off](#)

## [Wedding Ring and Breaks Down on Instagram](#)

**3. It is a constant reminder that the decisions you make also affect your spouse:** Even when you and your spouse are apart, your wedding band serves as a constant reminder that whatever you do can and will have an effect on your spouse. Whether it is interacting with another person or agreeing to something, take the time to step back and think, “Would my spouse be okay with this?”

What are some benefits you think come with wearing your wedding band? Let us know in the comments below!

---

# Celebrity News: Shia Labeouf & FKA Twig's Relationship Is On Hold







By Katie Sotack

[Celebrity couple](#) and *Honey Boy* co-stars Shia LaBeouf and FKA Twigs are reportedly taking time off their relationship, according to *EOnline.com*. In [celebrity news](#), FKA Twigs' Magdalene Tour has taken her around the world and away from LaBeouf. In the meantime, he seems to be taking comfort in the arms of another woman. A source caught a glimpse of the two at Kanye West's Sunday Service, looking more cuddly than "just friends."

**In celebrity news, this pair is taking a break from their relationship. What are some benefits to putting your relationship on hold?**

**Cupid's Advice:**



It's not always a bad thing to take a break from your relationship. Cupid has some tips:

**1. Absence makes the heart grow fonder:** So you were going hot and heavy, but now you've cooled off into a freeze out. Sometimes too much too soon is overwhelming. Take time out to miss each other before reuniting stronger than ever.

**Related Link:** [Celebrity Break-Up: Lena Dunham Talks Rebound Romances Post Split from Jack Antonoff](#)

**2. Maybe their not the one:** You've been driving each other up the wall lately, but you swear you love them. Time apart is the best way to find out if your happier single and looking for someone suited to your lifestyle.

**Related Link:** [Relationship Advice: 5 Things To Do Before You Get Petty](#)

**3. Time to focus on yourself:** Focusing on 'we' instead of 'me' leaves parts of you on the back burner. In this solo time reconnect with your hobbies, career, family, and friends. Take bliss in all the beautiful pieces of life that have nothing to do with romantic love.

**How has taking time off of your relationship benefited you? Share in the comments below.**

---

# Celebrity Parents: Mindy Kaling Opens Up About Single

# Parenting and Hard Work



By Katie Sotack

Celebrity parent Mindy Kaling has opened up about life as a busy career woman and single parent. After giving birth to her daughter, Katherine in December 2017, Kaling hasn't felt the need to slow down, according to *EOnline.com*. She is currently working on a TV show for Netflix and a movie for Hulu while promoting *Late Night*, a film she wrote and in which she acted. Though she's loving working hard now, Kaling says she'll eventually have to slow down when Katherine's older as there's no father to pick up the slack.

**This celebrity parent is juggling**

# single parenting and a busy career. What are some ways to juggle parenting and work?

## Cupid's Advice:

It's hard enough being a parent, and it's even harder having both a job and child(ren). Cupid has some tips on how to juggle the two:

**1. Know what's important, and show up:** Have your priorities in order. If it's your child's second birthday, tonight is the night to miss the office networking at the Chili's downtown.

**Related Link:** [Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation](#)

**2. Keep organized:** List out what you need to do today and in what order. This will keep you on track and have the added bonus of feeling accomplished when you cross off what you've done!

**Related Link:** [Celebrity Parents: Duchess Meghan Plans to Take Baby Archie to NYC Over the Summer](#)

**3. Sneak in some me time:** Whether it's an hour at the gym or a glass of wine after the kids are in bed, find time for yourself. You can't fill up your kid's cup or career's cup with an empty pitcher.

**How do you manage your time as a parent and employee? Share your comments below.**

---

# Celebrity Break-Ups: Lady Gaga Breaks Silence on Split from Ex-Fiance Christian Carino



By Katie Sotack

[Lady Gaga](#) wowed audiences in Las Vegas this past weekend with star-studded covers and a monologue of personal feelings. Gaga opened her song "Someone to Watch Over Me," with a brief statement about her breakup from ex-fiance, Christian Carino. She said, "Last time I sang this song, I had a ring on my finger, so it'll be different this time." According to *EOnline.com*, the split happened back in February, and this is the first she's spoken about it publicly. Her confession moved

the audience, and she proved she's a singing star with or without Carino.

## **In celebrity break-up news, Lady Gaga finally addressed her split from Christian Carino. What are some ways opening up about a break-up can help you move on?**

### **Cupid's Advice:**

Staying silent about pain in your life is not always the best plan of action. It can build up until you explode in ways that aren't pleasant. Cupid has some ways opening up about a split can help you move on:

**1. Talk to loved ones:** Ending a relationship also drops the levels of intimacy you once had. Open up to your loved ones to quench your need for intimacy and vulnerability through other trusted people in your life.

**Related Link:** [Celebrity Break-Ups: Fans Speculate That Porsha Williams and Dennis McKinley Call It Quits](#)

**2. Redefine yourself:** For the past \*insert-relationship-length-here\*, you've been branded as a couple. Post up your best selfie and re-introduce yourself to the world as a single. Meaning you're just you and that's enough.

**Related Link:** [Break-Up: Kendall Jenner & Ben Simmons Split Months After Reconciliation](#)

**3. Get physical:** Don't be afraid to tell your friends "I just need a hug right now". Pump up a feel good hormone, oxytocin, by admitting you miss a physical connection with your ex. Then, get hugging.

How has opening up about your breakup helped to kick start the healing process? Share in the comments below.

---

# Celebrity Couple News: Dean McDermott Defends Wife Tori Spelling Against Trolls Over Bikini Pic



By Katie Sotack

In [celebrity couple](#) news, Dean McDermott is his wife, Tori



Spelling's knight in shining armor against internet haters. According to *UsMagazine.com*, yesterday Spelling posted a bikini clad photo of herself with her *BH90210* co-stars, Jennie Garth and Gabrielle Carteris. Trolls took to the comment section. One even claimed that the women were "trying too hard to be relevant," which is when McDermott stepped in. The 52-year-old actor clapped back with, "I love how you haters have private accts!! Let's see what you trolls look like ya cowards!!!"

## **In celebrity couple news, Dean is standing up for his wife amid backlash. What are some ways to defend your partner against hateful comments?**

### **Cupid's Advice:**

Nasty comments will never be a thing of the past. But, sometimes they cross a line and it's time to defend your S.O.'s honor. Cupid has some great ideas for telling the trolls in the comment section to back off:

**1. Shine the light:** You could share McDermott's approach and put your partner's haters on full blast. It's easy to make anonymous hate comments from behind a screen, but trolls' malicious ways can rarely stand the spotlight.

**Related Link:** [Celebrity Couple: Kylie Jenner & Travis Scott Share Photos from "Baecation"](#)

**2. The comparison call out:** It's like watching a pro-athlete miss a shot and screaming that you can do better. You can't. Challenge the haters on their critics. If they don't think your partner's doing it right, that's fine, but can they beat



them at their own game?

**Related Link:** [Celebrity Couple News: 'Bachelor' Colton Underwood Praises GF Cassie Randolph](#)

**3. Disengage:** Sometimes engaging with the haters isn't the best option. It can stir up a controversial internet war that you're not ready for. If your partner's upset about the internet trolls, suggesting putting the phone down and spending time one-on-one. There's no better way to show that comments online don't matter than forging strong relationships and living your best life outside the screen.

**How have you defended a significant other to the online haters? Share your comments below.**

---

## **Celebrity Wedding: 'Bachelor in Paradise' Couple Raven Gates & Adam Gottschalk Are Engaged**





By Bonnie Griffin

In the latest [celebrity wedding news](#), *Bachelor in Paradise* couple Raven Gates and Adam Gottschalk are engaged. According to *UsMagazine.com*, the [celebrity couple](#) announced their engagement June 2nd when Gates shared photos of the proposal on her Instagram. The romantic proposal took place in Dallas, where Gates can be seen wiping away a tear when Gottschalk gets down on one knee on top of a high rise building.

**There's another *Bachelor* celebrity wedding on the horizon! What are some ways to announce your engagement to family and friends?**

**Cupid's Advice:**

Engagements happen in an infinite number of ways, from the classic proposal where someone gets down on one knee to the ever-extravagant sign written in the sky. We all have our own

ways to announce our engagements to friends and family. Cupid has some ideas for announcing your engagement:

**1. Photoshoot:** Want to really show your friends and family how much you love each other? Capture some photos of the two of you together and be sure to show off your new bling. People love photos, and your love is bound to be written all over your faces right after the proposal and it will shine through in a few photographs.

**Related Link:** [Celebrity News: 'Jersey Shore' Star Sammi 'Sweetheart' Celebrates Engagement to Christian Biscardi](#)

**2. Surprise ring reveal:** Have a family get-together coming up? If not, throw a quick BBQ and invite everyone who you want to know about your engagement. Show up wearing your new bling, and wait for the first person to notice your shiny new ring.

**Related Link:** [Celebrity Wedding: Celebrity Guests Party at 'DWTS' Pros Val Chmerkovskiy & Jenna Johnson's Wedding](#)

**3. Use your pets:** Posting an adorable picture of your pet on Instagram with a sign that their humans are getting married will surely catch all the attention. You will be bombarded with congratulations, and compliments about your dog's adorable-ness before you know it.

**What are some ways you might share news of your engagement with your loved ones? Let us know your thoughts in the comments below.**

---

# Celebrity Interview: Rafi

# Anteby, The Man Behind the Gifting Lounge



Interview by [Lori Bizzoco](#) Written by [Courtney Shapiro](#) and Amanda Sanders

From hosting one-of-a-kind gifting suites for celebrities (e.g., Emmy's, Oscars, Billboard Music Awards, BET Awards) to creating and promoting his iconic jewelry line, Rafi Anteby's Rolodex of clients reads like an award celebration itself (Rihanna, Beyonce, Jamie Foxx). But for Anteby, it is not as much about living the lavish lifestyle as it is about finding opportunities to raise awareness and funds for philanthropic causes around the world.

In our exclusive [celebrity interview](#), we chat with Anteby on the inspiration behind his coveted gifting lounges, his

spiritual and philanthropic journey and the meaning behind his jewelry line, *Bullets4Peace*.

## **Celebrity Interview with Rafi Anteby: Traveling Inspiration, Life Experiences and Future Endeavors**

While today Anteby is considered just as iconic, influential, and successful as the celebrities that he works with, making a name for himself was a process. “I think the way it happened has to do with consistency and legitimacy. Hollywood is very straightforward and it takes people time to really trust somebody in their own circle.” Anteby discusses how he used balance and truth to build his reputation. “Celebrities seek a lifestyle that really brings them back to a normal life,” he says. “They want to touch the Earth, they want to touch the real, so I show them places and I show them products and I show them a lot of things that speak to this lifestyle – my lifestyle.” This is the magic of his journey and these real moments are what inspired him to start his own jewelry line, *Bullets4Peace*.

If we look back at his story, it began in Israel, where he served in the Israeli army and lost his entire platoon fighting in the war with Lebanon. Following that, he had the very unfortunate experience of losing his best friend, David Perry from a gunshot wound. “I’m very familiar with the bullet, what it can do and the negative impact that it has not only for the victim but for their family and friends also,” the jewelry creator says.

Anteby says that the gifting lounges didn’t happen right away. First, he spent time really getting to know himself. “I was a consultant on counter-terrorism, I traveled a lot and did free wildlife photography, and I studied with monks in Tibet and

Nepal.” It was while staying at a monastery in China, that Anteby came back with the idea to rebrand the imagery of a bullet. For the past 10 years, his mission has been to take bullets and turn them into a peace symbol by recycling used bullet casings and re-purposing them into the wonderful handcrafted pieces which several celebrities have been seen wearing.

**Related Link:** [Oscars 2019: Celebrities Line Up for Rafi's Gifting Lounge at the Waldorf Astoria Beverly Hills](#)

Anteby started his gifting lounges at the 2017 Oscars and has hosted close to 10 lounges since then. Because of his travels and eye for artistry, he is able to offer exotic trips and products to celebrity clientele at his gifting lounges. All of the products seen at his events support various causes. “I will tell you that there’s a message behind every event I do,” Anteby elaborates. “I truly believe in receiving for the sake of giving. So for every event I do, a certain amount of the money goes to charity.” Taking a chance in this industry is hard work. “I didn’t expect such a warm welcome and it still takes time,” Anteby says. But he wants his gifting lounges to inspire on a much deeper and bigger level.

**Related Link:** [Celebrity Interview: ‘Harry and Meghan: Becoming Royal’ Actor Noah Huntley Talks Career, Charity & Relationships](#)

While it may seem that women would flock to someone living such a lavish lifestyle, Anteby confesses that he is still single. “People come to LA because they want to succeed, therefore, everything else becomes a minor issue.” He explains that relationships seem to take a back seat. The philanthropist does believe that everybody has someone out there for them but with his constant traveling, he identifies himself as a “lonely wolf,” and thinks it’s tough to find a woman who can match his exploratory lifestyle.



When asked what's next for him, he shares that he would like to open up a media group that will help to have a social impact." this man is certainly an individual to keep on your radar.

You can follow Rafi Anteby on [Instagram](#). You can also see and buy his jewelry on the [Bullets4peace website](#).

---

## **Celebrity News: Jana Kramer Reacts to Husband Mike Caussin Saying Cheating Would Be a Dealbreaker**





By [Mara Miller](#)

[Celebrity couple](#) Mike Caussin and Jana Kramer had a miscommunication when Caussin claimed he would call it quits on their [celebrity marriage](#) if his wife was unfaithful, according to *UsMagazine.com* in the latest [celebrity news](#). While at the iHeart Radio Wango Tango Podcast Suit sponsored by Sugarbear Hair in LA on June 1 with *Us*, Kramer said, "I am still scratching my head about that, too, because it feels very one-sided to me, and honestly it kind of hurts my feelings that he wouldn't stand by me if I did that." Kramer and Caussin split briefly in 2016 after he cheated on her with multiple women. They later reconciled and renewed their vows in 2017.

**In celebrity news, Jana Kramer is scratching her head after a comment from her husband. What are some**

# ways to clear up miscommunication with your partner?

## Cupid's Advice:

Miscommunications between you and your partner like the one Kramer and Caussin had can happen between couples occasionally. Cupid has some advice on how to clear up any misunderstandings:

**1. Avoid always having to be "right":** In a situation where you've had a misunderstanding with your partner, things can escalate quickly if you try to stand your ground and say you're right. The "always right" mentality stonewalls any farther communication. Be willing to admit that you might not have understood your partner so the situation does not get worse.

**Related Link:** [Celebrity News: 'Bachelor' Alum Ashley Spivey Reveals She Suffered a Miscarriage](#)

**2. Listen:** Listening to your partner not only shows them you are willing to work together but it will also that you value their opinion. It's easy to misword something when you speak so if one of you misunderstands what the other says, don't immediately get angry with your partner.

**Related Link:** [Celebrity Wedding: Scarlett Johansson & 'SNL' Star Colin Jost Are Engaged](#)

**3. Take a break if the situation escalates:** Sometimes it's better to just walk away and cool down. Take this time to reflect on what was said between you and your partner. Once you've both calmed down, give each other both a chance to speak so both sides have a chance to explain what happened.

**What are some other ways to clear up miscommunication between you and your partner? Let us know in the comments below!**

---

# Celebrity Baby News: 'Jersey Shore' Star Nicole 'Snooki' Polizzi Welcomes Baby No. 3



By Emily Green

In the latest [celebrity news](#), *Jersey Shore* star [Nicole "Snooki" Polizzi](#) and her husband Jionni LaValle welcomed their son, Angelo James LaValle early Thursday morning, according to [EOnline.com](#). This is Snooki's third child, already having a

son named Lorenzo (6) and a daughter named Giovanna (4). This [celebrity couple](#) announced their pregnancy on Thanksgiving in 2018, and couldn't be more thrilled by their newest arrival!

## **In celebrity baby news, there's a new fist pumper in the *Jersey Shore* family! What are some ways to keep the spark in your relationship when you have multiple kids?**

### **Cupid's Advice:**

Adding a new bundle of joy to your family is absolutely amazing! While you immediately jump into the parental role 24/7, remember that while you are a parent, you are also a spouse to your partner! Here are some of Cupid's tips to keeping the spark alive in your relationship when you have multiple kids:

**1. Make time for yourselves:** As much as you love your kids, you have to admit after watching them for hours on end, you leave yourself feeling very drained. Have you and your partner set a day perhaps every other week where you go out on a date or try something new.

**Related Link:** [Date Idea: Romance at a Resort](#)

**2. Start a new hobby together:** After having multiple kids, it might seem like your entire lives revolve around them, 24/7. Have you and your spouse try a new hobby together, whether it be starting a new book together, a sport, art, anything! Starting a new hobby together not only gives yourself something to focus on your attention on, but gives you and your spouse another discussion topic, aside from your kids.

**Related Link:** [Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO](#)

**3. Set boundaries:** Set a calendar for yourselves! Have a certain day where you lock your bedroom door, so you aren't interrupted in the middle of the night by someone wanting to join you in bed, or even just set certain nights where it is time for you and your spouse to improve your relationship (in more ways than one!).

**What are some ways you keep the spark alive in your relationship after having multiple kids? Let us know in the comments below!**

---

## **Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation**







By; Emily Green

In the latest [celebrity news](#), actress Drew Barrymore and ex-husband Will Kopelman reunited for their daughter Frankie's graduation, according to *UsMagazine.com*. This [celebrity couple](#) split in 2016, but they have remained on good terms while co-parenting their two daughters, Olive (6) and Frankie (5).

**These celebrity parents are focusing on making co-parenting successful. What are some things you can do to enhance your co-parenting situation?**

#### **Cupid's Advice:**

Just because you and your partner are no longer together doesn't mean your family is broken. By staying on good terms with your ex, you can ensure that your children adjust well to

a new family dynamic. Here are some of Cupid's tips to ensure a successful co-parenting situation:

**1. Communication is key:** By actively communicating with your ex, you can ensure that you are both on the same page regarding your children. If one of you has concerns about something, you should be able to sit down and talk it out. Even just asking one another about their day, or what has been going on in their lives is a great step toward having a friendly relationship.

**Related Link:** [Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robison](#)

**2. Be open and flexible:** Different situations pop up all the time, so if your ex has to cancel a day because of an impromptu meeting, try to schedule another day so your children can still see them! Remember to put your children first, and work your parenting schedules around what will make the kids happy.

**Related Link:** [Celebrity Parents: Bradley Cooper Says Fatherhood Has Changed Him In 'Every Way'](#)

**3. Respect their time:** Each of you deserve an equal amount of time with your children. Make sure that your ex receives just as much time and respect with their children as you expect in return.

**What are some of your tips to have a successful co-parent relationship? Let us know in the comments below!**

---

# Celebrity Baby News: 'Bachelor' Stars Arie Luyendyk Jr. & Lauren Burnham Welcome a Baby Girl



By [Bonnie Griffin](#)

In the latest [celebrity baby news](#), *Bachelor* stars Arie Luyendyk Jr. and Lauren Burnham are parents. According to *People.com*, Luyendyk confirmed on Wednesday that the pair welcomed their first child together, a beautiful baby girl. After meeting and falling in love on *The Bachelor*, the [celebrity couple](#) has maintained their relationship in the public eye throughout the pregnancy, although they have not yet released the baby's name.

# The latest celebrity baby news is that this *Bachelor* couple welcomed a baby daughter. What are some ways to work on your relationship while at the same time having a young child?

## Cupid's Advice:

Having children is a beautiful gift, but that does not mean being a parent with young children is easy. Add the stress of now having a young child who solely relies on their parents to your relationship and you might find yourself asking how your relationship will survive. Cupid has some advice to keep your relationship working after having kids:

**1. Have adult conversations:** Just because you have a child doesn't mean all of your conversations have to revert to baby talk. You still need to communicate with each other, and as much as your young child is a very important part of your lives, they cannot be the only thing you discuss. Don't cut out your conversations just because you have a child, even if time alone is limited just have your conversations in front of your child because they will likely interrupt even if you try to take a moment and step out of the room.

**Related Link:** [Celebrity Baby News: Jenna Bush Hagar Is Expecting Third Child](#)

**2. Work as a team:** It is important for both parties in a relationship to remember that you both had a child, and that means sharing more than those adorable baby grins. It means that you need to share the work with each other. You both have to help with the fun parts and the bad parts like when they

have a meltdown. Be a united front when your child is having a tantrum because it will only add to your stress if you are not on the same team.

**Related Link:** [Celebrity Baby News: Backstreet Boys' Nick Carter and Wife Are Expecting Baby No. 2](#)

**3. You both deserve time out:** Every parent needs an occasional break. A break from your partner and even the occasional break from your child. We all need a little me time now and again. Give each other that time out and away to just be alone and revel in their own thoughts. Even though this time alone may seem like a strange way to help work on your relationship, your partner will love you for offering them a break.

What are some ways you might work to avoid a custody battle with an ex? Let us know your thoughts in the comments below.

---

## Celebrity Parents: Duchess Meghan Plans to Take Baby Archie to NYC Over the Summer





By [Mara Miller](#)

The royal [celebrity couple](#) has been adjusting to life as celebrity parents well: Prince Harry is on diaper duty! In the latest [celebrity news](#), Duchess Meghan and Prince Harry plan to take royal [celebrity baby](#) Archie to New York City this summer, according to *UsMagazine.com*. They have plans to visit with the Duchess' mother, Doria Ragland, and friends in America.

**These celebrity parents are brave to travel internationally with an infant. What are some tips for traveling with a baby?**

#### **Cupid's Advice:**

The standard recommendation is to wait until your baby is at least one month old before traveling, although some doctors recommend waiting until your little one is four to six months old so his or her immune system has enough time to become



strong. Cupid has gathered some tips that might help if you do decide to travel:

**1. Breastfeed if you can:** Breastfeed your baby when he or she gets hungry. You don't need to be shy about where you breastfeed and you won't need to lug around any extra gear.

**Related Link:** [Celebrity Baby News: Duchess Meghan Has Been 'Very Emotional' Since Welcoming Baby Boy](#)

**2. Wear the baby:** Instead of pushing around a clunky stroller, using a wrap to keep them close is an easier option. Your baby will love being near you and will likely go right to sleep!

**Related Link:** [Celebrity News: Duchess Kate & Duchess Meghan Are 'Bonding Over Motherhood'](#)

**3. Forget the "nap schedule":** Don't stress yourself out too much about having your baby on a schedule while you're traveling. You don't have to rush back to the hotel to make sure the baby will get rest: having him/her sleep in a stroller while you're at a restaurant or exploring the area will be fine.

**Do you have any more travel tips to share for parents traveling with their baby? Let us know in the comments below!**

---

**Celebrity Engagement? Rooney Mara's Sparkly Diamond Ring Sparks Joaquin Phoenix**

# Engagement Rumors



By: Emily Green

In the latest [celebrity news](#), actress Rooney Mara might be engaged to boyfriend Joaquin Phoenix, according to *EOnline.com*. Mara was recently spotted wearing a beautiful, sparkling diamond ring on her left ring finger, leading us to believe that Phoenix has possibly popped the question. This [celebrity couple](#) was first romantically linked in early 2017, and confirmed their relationship at the Cannes Film Festival a few months later.

**There may be a celebrity engagement**

# to confirm soon! What are some ways to keep your engagement on the down-low before you're ready to announce to family and friends?

## **Cupid's Advice:**

An engagement is an absolutely wonderful occasion, definitely worthy of celebration! As wonderful as getting engaged is, some want to take time for themselves to celebrate, just between their partner and themselves. Here are some of Cupid's tips on keeping your engagement on the down-low, before you are ready to tell your family and friends:

**1. Stay off social media:** The more time you spend on social media, the more likely you're going to want to make that Instagram post, that status update, etc. Spend some time off the internet, off the social media apps, and just enjoy the here and now.

**Related Link:** [Relationship Advice: Being in a Happy Relationship in the 21st Century](#)

**2. Enjoy time together:** An engagement is an amazing milestone in your relationship! Take this time to celebrate, just you and your partner. Whether it be going on a special date, or even just spending time together at home, enjoy it!

**Related Link:** [Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO](#)

**3. Plan how you want to tell your family and friends:** People love to make big announcements to their family and friends nowadays, so take some time with your partner to plan exactly how you want to tell your family and friends- over dinner, a video, a social media post, or a big extravagant surprise,

anything you plan will be an amazing shock to everyone!

What are some ways you have kept your engagement on the down-low? Let us know in the comments below!

---

## Celebrity Parents: 'Teen Mom 2' Alum Jenelle Evans & David Eason Lose Custody of Kids After Legal Battle



By: Emily Green

In the latest [celebrity news](#), *Teen Mom 2* alum Jenelle Evans and her husband David Eason lost custody of Evans' three children on Tuesday, May 28, according to *UsMagazine.com*. The [celebrity couple](#) went before a judge in North Carolina, who ruled that Evans "failed to protect the children while in her care," which resulted in her oldest son (9), and daughter (2) being placed in the care of Evans' mother, while her youngest son (4) will stay with his biological father.

## **These celebrity parents lost custody of their kids after legal proceedings. What are three ways to keep custody battles from affecting your children?**

### **Cupid's Advice:**

Custody battles are hard times for any family. They can put enormous stress on not only the parents involved, but the children as well. Here are some of Cupid's tips to make sure that custody battles don't affect your children:

**1. Remind them that it is not their fault:** Some children may think that their parents splitting up may be because of something they did. Make sure your children know that they did nothing wrong, and the argument at hand is between you and your former partner, and they had no cause in getting to this point.

**Related Link:** [Celebrity Exes Brad Pitt & Angelina Jolie Reach Child Custody Agreement](#)

**2. Tell them you love them:** While you and your former partner may not be on good terms anymore, make sure your children know that no matter the outcome, it does not mean you don't love

them any less. Even if your children won't be living with you after the fact, have them know that you will always be with them in their hearts, even if you are not able to be there physically.

**Related Link:** [Celebrity News: Kevin Federline 'Tried to Settle' Custody Battle with Britney Spears Outside of Court](#)

**3. Remind them and yourself, that this is in their best interest:** A custody battle would not be occurring without viable reasons, whether it be on your part or your former partner's. Take the time to remind your children that doing this will only benefit them, and give them a chance for a better future.

**What are some more ways to keep custody battles from affecting your children? Share your thoughts below!**