## 'The Bachelorette' Star Emily Maynard Blows Up at 'Baggage' Comment





Bachelorette Emily

Maynard is having some trouble finding her true love. On Monday's episode, set in London, suitor Kalon McMahon brought out a side of Maynard none of the contestants wanted to see after calling her daughter Ricki "baggage," according to <u>People</u>. A hurt Emily exploded on Kalon, feeding him his own line, "I'd love to hear you talk, but not until I'm done," before immediately sending him packing. She also criticized her other dates for not sticking up for her in her absence.

What do you do if the person you're dating doesn't accept your child?

Cupid's Advice:

Any single parent knows how brutal the dating world can be. Here are some tips to make it easier if your significant other doesn't accept your child:

- 1. Leave: Any date that doesn't accept your child doesn't accept you. There's no point continuing a relationship with this person.
- 2. Be understanding: If you're dating someone who has never been a parent, you have to understand that they don't know what it's like. Try to show them how important your child is and maybe they'll come around.
- **3. Involve your child:** The problem may be that you haven't had your child around enough. Take the little one out with you more so your significant other can see why your child is so amazing.

What would you do if the person you were dating didn't accept your child? Tell us in the comments below.

# Multiple Sources Confirm Megan Fox Is Pregnant





ago, Megan Fox opened up about her private life to *Cosmopolitan* and revealed her desire to be a mother. She said, "I want at least two, probably three [kids], I've always been maternal." It looks like those dreams are now finally coming true. Fox and her husband Brian Austin Green are expecting their first child together, as confirmed by several sources to *UsMagazine.com*. Fox has been seen around L.A. with a baby bump, doing little to conceal her pregnancy.

#### How will having your first child affect your relationship?

## Cupid's Advice:

Having a baby can add beauty to you and your partner's lives, but it also can be straining. Here are some ways to find a balance between the two so that you can maintain a healthy relationship:

1. Baby comes first: Before having a child, your partner was your whole world. Once you have your first child together, your baby becomes your first priority and then some. However, don't make the baby the only thing you care about. Be sure to share your love with both your baby and your partner.

- 2. Less time for romance: When you have a baby, you won't have much time to sleep, let alone have a romantic date night. Don't get too caught up in the stress. After all, you still deserve time with your partner. Trade in your lavish dinner outings for quiet movie nights. These can be equally as romantic and intimate, without keeping you far from your child.
- 3. Money strains: Money can cause major problems in any relationship, and having another person to care for means these stresses are only going to grow. Babies need cribs, toys and the like, and their costs can add up very quickly. Make sure you and your partner make a solid financial plan and begin setting aside money before the baby is even born.

How do you think having a child would affect your relationship? Tell us below.

## 'The Bachelorette' Season 8, Episode 5: The Dos and Dont's For Taking Your Relationship To The Next Level





y Marni

Kinrys, of WingGirlMethod.com

We've made it! We're finally to the halfway point when the superficial, made-for-TV drama must go away and make room for the real connections to bloom on 'The Bachelorette.' Emily Maynard is now in falling-in-love mode, so it's time for the guys to get serious and show her they're ready to fall in love too.

As you know, I work with thousands of men, and one of their biggest challenges is connecting. Connection is something that comes really naturally to women, especially to a woman like Emily. As a single mother, she is even more open to love. But for men, the ability to share themselves with a woman can be a daunting task.

Honestly, I have been surprised this season because most of the contestants have it figured out. But there are still some who struggle with opening up, which may hurt their chances of taking their relationship with Emily to the next level — especially as the number of men gets smaller and smaller every week.

Here is my list of dos and don'ts for taking your relationship

to the next level and truly connecting with your partner.

**Do:** Create trust and protection in a relationship. Whether you're a woman or a man, you need to feel safe in a relationship. I love the way that Sean is so willing to share his feelings with Emily. He's expressing his emotions without being emotional, a skill that few people are able to pull off. His behavior provides Emily with the security to always know what he is thinking, allowing her to never question their relationship. Safety!

Related: <u>Bachelorette Season 8, Episode 4: Pucker Up! Lessons</u> <u>Learned from Emily Maynard</u>

Don't: Never put down, belittle or betray a date, especially in front of others. What the hell was Kalon thinking? For someone who cares so much about what others think, you would think he would be more discrete about his true feelings for Emily. He basically made a mockery of the Bachelorette process, and I couldn't have been happier when Emily told him, in her squeaky, sick voice, to get the f\*&k out. Loved it!

Do: Have fun! Being able to laugh at yourself is the ultimate sign that you are open to developing new relationships and nurturing old ones. No one wants to be with Mr. or Mrs. Serious. Being uptight and well-spoken all the time is no fun. For instance, on the group date, Doug, Arie and Travis really stepped up to the plate. They showed Emily that, no matter what crazy situation she threw at them, they could handle it and laugh their way through it.

Don't: Sit there and say nothing when someone talks smack about your partner, especially if you have built a strong bond with each other. I am sure that this situation was a tough one for Arie. If he watched previous seasons where contestants would cause a disconnect when they tattled on one another, then it would've been easy to second guess his instinct. But Emily was starting to see Arie as her protector, and in this

instance, he failed her. Hopefully, they can get over that hump and rebuild their strong connection.

Related: <u>The Bachelorette Season 8, Episode 1 Recap: The Dos</u> and <u>Dont's of First Impressions</u>

**Do:** Listen to the Queen of Pop and EXPRESS YOURSELF. When Emily was on her date with Jef, she kept mentioning how hard he was to read — and I wholeheartedly agree, which is why it was so essential for him to put into words what he was feeling and thinking. As much as we like to think we are mind readers, we are not. Expressing yourself is the one sure-fire way to boost a connection and move your relationship to the next level.

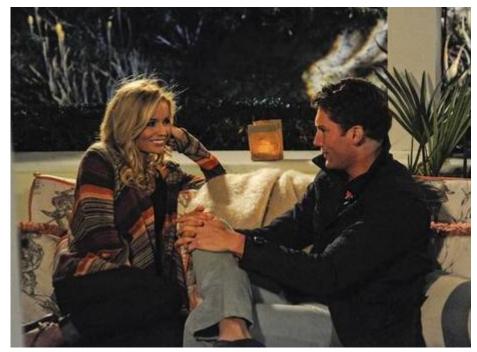
**Don't:** Wait for others (in this case, Emily) to come to you. The only way to get what you want is by asking for it. Alejandro got the boot because he didn't ask for what he wanted. He wanted to get to know Emily better, but he never took the initiative to make that happen. In a room full of 25 dudes, you have to step up and be an Alpha male in order to be noticed.

Connection is the toughest part of any relationship. You can't fake it, but you can open yourself up so that it happens more easily. I can't wait to see what happens next week. Be sure to tune in as these men fall harder for Emily and attempt to take their relationship to the next level!

## 'Last Song' Producer Recalls

## Miley Cyrus and Liam Hemsworth's First Kiss





From the instant

The Last Song producer Adam Shankman began filming, he knew that stars Miley Cyrus and Liam Hemsworth were great together. Shankman told <u>People</u> that on the first day of shooting, Cyrus and Hemsworth kissed for the first time, and he and his coproducer Jennifer Gibgot could tell that the two had amazing chemistry. Now the two actors are engaged, meaning that their on-screen chemistry was real. This comes from not only their similar values, but their very different personalities, Shankman claims. "I'll tell you what's so great," he said. "That thing about opposites attract."

What are some things that a kiss can tell you about a potential relationship?

Cupid's Advice:

It's been scientifically proven: kissing is a biological way for people to tell whether or not someone will make a good mate. However, even if you don't use the specifics of science, you can still tell a lot about the state of your relationship based on how you and your partner kiss. Here are some things to look for:

- 1. Responsibility: When you kiss your partner, it's easy to check for things like bad breath, lip moisture and the presence of food. A person who takes good care of their mouth before kissing is likely to be attentive and accountable in other areas as well, while someone who is sloppy and messy often will be lacking responsibility elsewhere.
- 2. Nervousness: Does your partner kiss you with confidence and poise, or are they shaky and uncertain? A nervous kisser may be nervous about other aspects of your relationship.
- 3. How you feel afterwards: Don't discount your feelings, even if you're unsure of where they come from. If you feel happy and passionate after a kiss, chances are your relationship is going well. However, if you wind up confused or concerned, it's likely that you'll have a lot to consider about where you and your partner stand.

What do you think kisses can tell you about relationships? Tell us below!

## Matthew McConaughey and Camila Alves Tie the Knot in

## **Texas**





Hollywood hunk

Matthew McConaughey tied the knot this weekend with Brazilian model and designer Camila Alves after nearly six months of engagement. The undeniably gorgeous pair wed Saturday night with a private ceremony amongst close family and friends at the actor's Texas property. Mr. and Mrs. McConaughey kept relatively quiet about the wedding up until show time. The actor has told <u>People</u> that his 29-year old misses is "the love of my life." Six years and two kids later, their happily ever after is officially complete.

What are some factors that go into choosing a wedding location?

#### Cupid's Advice:

Picking a location for your wedding is a huge decision to make, especially for an occasion you will remember for the

rest of your life. Here are some tips to help you chose the perfect place to exchange your vows:

- 1. Romantic spot: The location of your wedding should evoke an atmosphere of inescapable love and romance. After all, there is no better time for romance than on your wedding day.
- 2. Free from distraction: A quiet, peaceful place is great for a wedding. Not only should your significant other have all your attention during the ceremony, but the guests should have your full attention as well.
- **3. Spacious place:** Be sure there is plenty of room for both you and your guests during the ceremony, reception and transition. Adequate space will allow everyone to feel comfortable.

What do you think is most important when choosing a wedding location? Share your ideas with us.

## Charlize Theron Discusses Her 'Scary' Blind Date For Charity





Charlize Theron is

not a fan of blind dates. While visiting Conan, Theron spoke about a time when she was coaxed into auctioning herself off for a blind date for charity. Despite the good cause, Theron felt foolish for going through with it, noting that she was worried rather than eager for romance. "The closer I got, I thought: 'This could actually turn out really bad,'" she told Conan O'Brien. To keep herself safe, Theron had two friends go to the restaurant and sit nearby, but she noted that in the future, she'd rather donate to charity directly than go through such a traumatizing ordeal.

### How do you get out a blind date that's headed south?

#### Cupid's Advice:

Not all dates go smoothly, and blind dates can be even harder . If things don't go the way you want, it helps to have an escape plan. Here are some ways to tactfully jump ship without seeming rude.

1. Meet your date at the restaurant: When you meet your date in public, you always have the option to leave. This can be harder to do if you meet them at one of your homes and drive somewhere together. Plus, this is the safest way to approach a

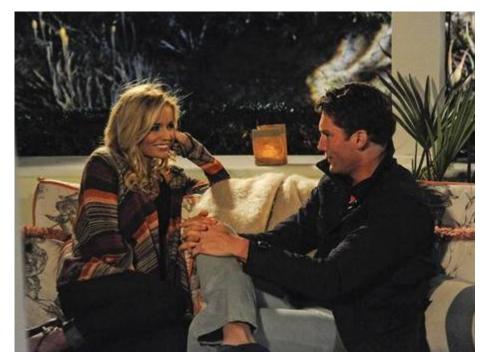
blind date. By meeting them out, you prevent a stranger from knowing where you live.

- 2. Don't commit to a long evening: Choose an activity with a short time frame. This way if you're unhappy, you can leave after a short period of time. That's better than having to endure a five course dinner with a boring potential partner.
- **3. Have a friend help:** Set a designated time for a friend to give you a call. If you're enjoying yourself, ignore them, but if things are going poorly, feign an emergency and get out of there.

How do you end bad blind dates? Share your thoughts with a comment below.

## Ellen DeGeneres Shows Appreciation for Portia de Rossi's New Haircut





Ellen DeGeneres is

continuing the trend of being loving and supportive toward her wife, Portia de Rossi. Recently, de Rossi debuted a new cropped haircut, and DeGeneres is nothing but appreciative. The talk show host, 54, thinks "it's adorable," according to <a href="USMagazine.com">USMagazine.com</a>. "[Portia] wanted to do it for a long time and grew up modeling, and of course you're supposed to have long hair," DeGeneres explained. "Everyone told her never to cut her hair. I think it just got to be part of her."

How do you show appreciation for your partner's looks?

#### Cupid's Advice:

Although looks aren't the most important thing in a relationship, it's important to show your partner you're attracted to them. Here are some ways to support their style:

- 1. Compliment them: It may seem obvious, but make sure you vocally show you think your partner is attractive. If they're dressing up for a work function or simply a date with you, tell them they look "beautiful" or "handsome."
- 2. Show without words: Being more affectionate than you usually are will show your mate that you're into how they look

- a specific day or time.
- **3. Pay for a pedicure:** If you appreciate the time your love puts into her looks, show your appreciation by buying her a mani-pedi or a gift certificate to her favorite outlet.

What are some other ways to show your appreciation for partner's style? Share your thoughts below.

## 6 Couture Designers Dying to Design Miley Cryus' Wedding Gown





It's only natural for young girls to begin dreaming up wedding

gowns and flower arrangements in their tender years, and for singing superstar Miley Cyrus, that time wasn't too long ago. This week, the 19-year-old pop sensation announced her engagement to actor Liam Hemsworth and it's created a lot of buzz. Whether the actual ceremony is in their near future or not, couture designers Val Stefani, Ines Di Santo, Anne Barge and others immediately started sketching a one-of-a-kind dress for Miley.

Here's what the amazing designers have in mind for the brideto-be:

**Val Stefani:** "This gown that I created complements the more whimsical, and bohemian style while matching her casual-country aesthetic. I mixed in elements like cut-outs and lace that reflect the more sophisticated style she has lately been rocking on the red carpet."



Anne Barge: "Miley has a personal approach to fashion which is bold and I wanted to reflect that. She has transitioned into a beautiful young woman and this silhouette is perfect for her. The vintage style of the beadwork, paired with the modern application of the skirt, gives the gown a youthful yet romantic tone."



Mariana Aguirre of Agua Dulce: "Miley Cyrus' style has evolved and we have seen her grow on the red carpet. We were inspired by her new sophisticated confidence. We think she'll want to continue her sexy style, but with classic touches. Peplums are huge right now. This silhouette is borrowed from the couture runways, they add structure and shape to the dress."



**Junko Yoshioka:** "Miley is so fresh and young with a bubbly personality. This gown will highlight her curves, yet give her a modern air of sophistication and elegance on her wedding day."



**Ines Di Santo:** "Miley has always chosen elegant and classic gowns for her red carpet appearances. I see her choosing a style that expresses her personal style and fashionable taste, but still keeping it elegant and tasteful."



**Angel Rivera:** "Since Miley is a young bride, I can see her wanting a fairytale ball gown dress. The look I sketched for her is bold and extravagant, leaving no detail overlooked."



EXCLUSIVE: Happily Single 'That's My Boy' Actress Abigail Klein Says Love "Will Happen When It's Supposed to Happen"





By Jessica Smith

You may have already caught glimpses of Abigail Klein cheering for the Dallas Cowboys or appearing on the CW Network's 90210. Now, you'll be getting another peek of her in a role that she hopes will launch her acting career. The rising star, who's been compared to model Brooklyn Decker, still pinches herself when she thinks about playing a bridesmaid in the upcoming Happy Madison film, That's My Boy.

As a young actress, she says that she is flattered to be working alongside A-list celebrities, including Adam Sandler, Andy Sandberg, Leighton Meester and James Caan.

"It was insane," Klein says. "Everyone was so brilliantly funny and wonderful. That was the most pleasing thing, I think, because everyone was so welcoming."

Klein describes being on set as the "best of both worlds," especially considering she spent a month in Cape Cod. "It was really cool to work with these amazing actors and then watch them in their everyday lives too." Klein explains how Adam Sandler had his children on set and how amazing it was to see him go from actor to dad. "Although I play one of the bridesmaids who is there to have fun and take part in the wedding festivities, I also got to observe how all these

amazing actors interact both personally and professionally."

Related: What Role Does Ambition Play in a Relationship?

Her best piece of advice, however, came from costar Meagan Fay. "I remember chatting about how to take on the industry with the right mindset. We talked about people in the industry and how having good qualities for yourself, in your everyday life, translates into your work.

Positive things come from being positive," Klein recalls. "At the end of the day, it's a career, and you have to love it. Meagan had a lot of good advice."

Although her acting career seems to be taking off, her love life remains at a standstill — something that she doesn't really mind. Despite rumors that she's dating legendary quarterback Troy Aikman, she claims that she's "as single as they come." Instead, she's focusing on becoming a better actress and going with the flow.

"I've always thought of romance as something that will come along when it's the right time, so for now, I'm focused on myself and what I'm doing with my life. Everyone says it happens when you're not looking, but I'm at the point where I'm almost hoping it doesn't happen," she adds. "I want to focus on my career, and I want to focus on me. I want to experience things by myself."

She also wants to encourage her peers to think about themselves and their own happiness before they start worrying about partnering with another person. "When you do meet that person, you get to share your life and come together and be proud of the experiences that you've had as individuals. Then, you make new experiences with that person," advises Klein. "I think it will happen when it's supposed to happen. I think it should be easy and just feel right."

Don't let her fool you, though. If she landed a role with

action star Chris Hemsworth, she might change her mind. "[He's] a big reason why I liked *The Avengers*," she says with a laugh.

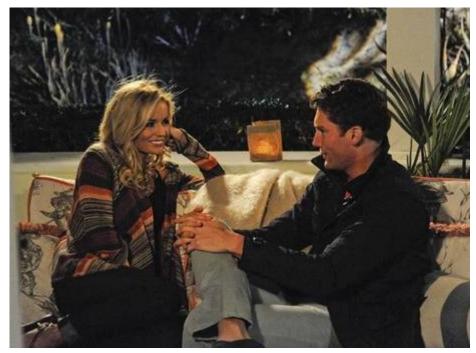
Related: Which Avenger Would Be the Best Date?

If Klein had her choice, she would love to make an action film, but for now, the starlet is keeping an open mind. "I'm just excited to take things day by day and see what else is out there," she reveals.

Don't miss Abigail Klein in That's My Boy, which hits theaters on June 15! You can also follow her on Twitter @abigailklein.

## Bethenny Frankel Addresses Divorce Rumors





Rumors have been

going wild that Bethenny Frankel and Jason Hoppy are getting a divorce, and now Frankel is finally speaking up. On the premiere episode of *Bethenny*, Frankel claims, "I haven't seen a divorce lawyer and my husband hasn't seen a divorce lawyer." The reality star said that the truth is out there for everyone to see. She also said that she knows her marriage isn't perfect, but they work through their problems and they're in a good place.

How do you keep your friends and family away from the problems in your relationship?

### Cupid's Advice:

When you're in a relationship, you shouldn't let the people around you control your relationship. Here are some ways to keep your friends and family away from your relationship problems:

1. Tell them not to get involved: If you don't want your friends or family involved in your relationship, simply let them know. If you're straight up with them, and if they care about you, that will usually be enough for them to know to back off.

- 2. Don't make it a huge deal: If a problem arises, talk about it with your friends and family, but don't make it a huge deal. If you make a big hype about what's going on in your relationship, usually the people around you will, too, and they'll end up getting involved.
- 3. Simply don't tell them: Your friends and family don't have to know everything about your relationship, let alone the problems you may be having within it. So, the best way to keep them out of your business is to just keep that business to yourself.

How do you avoid your friends and family getting involved in your relationship problems? Share your comments below.

# Carrie Underwood Wins Big at the CMT Awards — And Her Husband Hugs Brad Paisley First!





When Carrie

Underwood decided to team up with Brad Paisley on their single, 'Remind Me,' she probably didn't expect the fellow country singer to be competition ... for her husband! At Wednesday night's CMT Music Awards, Underwood accepted her first award for collaborative video of the year with Paisley, whom her hockey player husband, Mike Fisher, hugged first, according to <u>People</u>. The surprised five-time nominee played it cool and jokingly asked the Nashville audience, "Did you see my husband hug him first?" Fisher may have been too caught up in the bromance, but he didn't miss his opportunity to show some love to his rock star wife when she won video of the year.

## What are some ways to celebrate a partner's big achievement together?

#### Cupid's Advice:

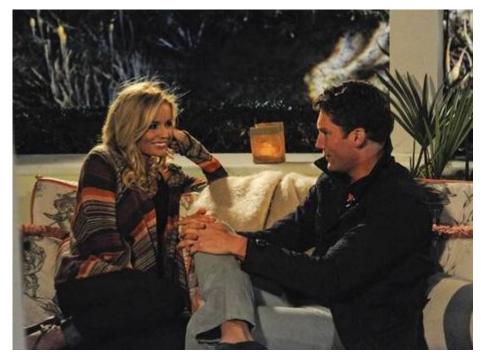
One of the greatest things about being in a relationship is sharing in one another's successes. Since you're each other's support system, it's your job to make your partner feel special by celebrating his or her achievement, which is easy to do with these tips:

- 1. Champagne: What compliments smiles and high spirits better than a popped bottle of bubbly? Make sure to have this commemorative cocktail ready to toast your significant other's big moment along with friends, or maybe even just the two of you.
- 2. Party: Bringing together family and friends to show off your love's accomplishment will make him or her the center of attention while displaying how much you truly care.
- 3. Mini-getaway: Really surprise your partner with a spontaneous trip. Even if it's just an overnight stay, the alone time will allow you to show your appreciation.

How do you celebrate your partner's big achievement? Share your experiences below.

## Miley Cyrus and Liam Hemsworth Are Engaged





Miley Cyrus is all

grown up! The 19-year-old singer and actress is engaged to Liam Hemsworth, whom she met on the set of the Nicholas Sparks film *The Last Song*. The two have been dating on and off for the past three and a half years, but a source confirms to *US Weekly* that they are officially saying "I do." Rumors were spreading last March that the couple was engaged, but Miley objected to them all, stating "I've worn this same ring on this finger since November!" Although the two are extremely busy, they are very supportive of each other and enjoy the time they can spend together.

### How do you know when you're ready for marriage?

### Cupid's Advice:

Marriage is a wonderful and beautiful thing. But how do you know if you're really ready for a lifetime with your partner? Here are some things to consider:

1. You've planned for a marriage, not just a wedding day: Before getting married, you should make sure you're both aware of each other's expectations for the future. Questions like whether you're going to have a family, where you'll live, what to do with your bank account and the like should all be

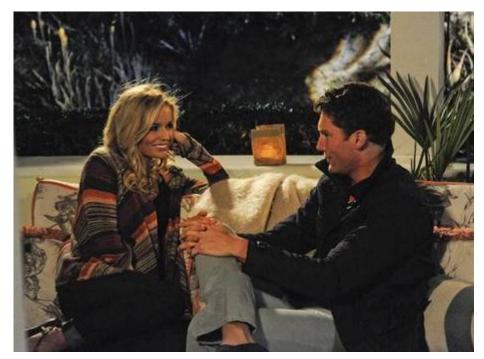
discussed before the big day.

- 2. You understand that people change: We're not saying that after the honeymoon your new spouse is going to morph into some type of animal, but people's goals and expectations for their life often do change. They may want to switch occupations or live somewhere else, as may you. You have to be willing to accept them both for who they are and for who they may become, flaws and all.
- 3. You have complete trust in each other: With the rapid growth in technology, trusting your partner is even more important today than it was in the past. From Facebook to texting, there's no longer just one face-to-face world. You may not know where your spouse is at all times, but if you communicate with each other and remain honest, you can rest assured that your marriage will stay strong.

How did you know you were ready to get married? Tell us your story below!

# Will Kopelman to Drew Barrymore: 'I'm Excited!' to Meet Our Baby





Art

consultant Will Kopelman is thrilled that his wife, Drew Barrymore, is expecting. At their wedding on Saturday, Will announced "I'm excited to meet the newest member of our family," a source tells <u>USMagazine.com</u>. The couple married at Barrymore's estate in Montecito, California. Guests at the ceremony included Reese Witherspoon, Scarlett Johansson and Steven Spielberg.

How do you know if your partner will be a good parent?

### Cupid's Advice:

Becoming a parent can be scary. However, if you and your partner are a good team, parenting can be a lot easier. Here are some ways to know if your partner will be a good parent:

- 1. How they treat you: If your honey is sweet and fair to you, they'll be the same way to your child. Take a look at how they approach your obstacles as a couple and think about how their reactions could apply to raising a child.
- 2. If they're fun: Does your partner make your dates memorable and creative? Being able to use your imagination and find entertainment in the smallest things is important in keeping a

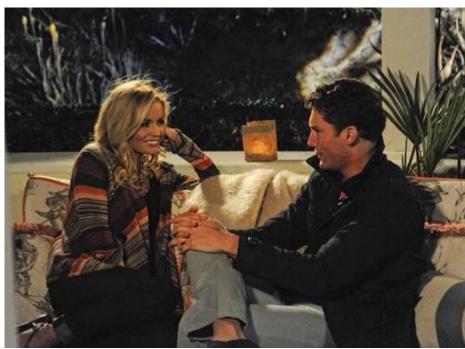
child entertained.

**3. Responsibility:** Every parent needs to be responsible. Take a look at your partner's track record. If they're usually reliable and trustworthy, that will go a long way as a parent. Just remember not to expect perfection.

How do you know if your partner will be a good parent? Let us know below.

## 'Bachelorette' Star Roberto Martinez Has No Interest in Being the 'Bachelor'





Rumors

swirling in Hollywood last week that Roberto Martinez, a former contestant on *The Bachelorette* and ex-fiancé of Ali Fedotowsky, would be the next star of *The Bachelor*. "That's far from the truth!" a source confirms to *Us Weekly*. "They are asking him to be the next bachelor, but he has no interest as of right now." Martinez was engaged to Fedotowsky for 18 months until they called off the wedding in November of 2011.

## When is it time to put yourself out there after a difficult breakup?

#### Cupid's Advice:

Breaking up after a serious relationship requires enough time to heal before getting out there again. Here are some ways to know when it's time to give dating another shot:

- 1. You feel confident in yourself: Having someone break up with you can be a huge blow to your self-esteem. Don't try to find another partner when you're lying in bed all day eating ice cream. Get back into your normal routine, hang out with your friends, eat healthy and exercise. Once you've taken care of yourself and feel good again, you'll carry around a more positive energy. That will help you feel more comfortable dating.
- 2. You feel positive about the future: After a hard breakup, it can seem like the days drag by and there isn't much to be excited about. Once you're able to accept and learn from your past and realize all the potential the world still holds, give dating another try.
- 3. You've left your ex alone: Whether your breakup was civil or not, it's important to leave your ex in past for your own sake. In order to truly move on, you need to feel comfortable putting them out of your thoughts and not contacting them. This way, you will be totally open to any opportunities that come your way.

How did you know when it was time to try dating again? Share your story below!

## Barry Watson and Natasha Gregson Wagner Welcome a Baby Girl





Actors and long-

time partners Barry Watson and Natasha Gregson Wagner welcomed their baby girl into the world on May 30, according to  $\underline{UsMagazine.com}$ . Daughter Clover Clementyne weighed in at 7 lbs., 2 oz. and measured 9-and-a-half inches. This is the former  $7^{th}$  Heaven star Watson's third child, as he already has two sons, Oliver, 7, and Felix, 4, from a previous marriage to

his high school sweetheart ,Tracy Hutson. The bundle of joy is Wagner's first child.

What are some ways to prepare your relationship for a child?

#### Cupid's Advice:

Having a baby can put even the most stable of relationships to the test. Here are some ways to prepare for a child so that your relationship can withstand the major changes you will be making:

- 1. Respect each other's differences: You and your partner grew up differently and have read different baby books in preparation for your future child. It's time to acknowledge that your parenting techniques are going to vary and that you will not always agree. That way, every disagreement will not turn into a break up.
- 2. Put the already existing problems to rest: If you and your partner were fighting pre-baby, adding a child to the equation will not solve anything. Fix, forgive and talk out any major problems you are having so that you don't carry built up anger on top of new angers.
- **3. Don't expect perfection:** Parenting can be both the most beautiful and the scariest of jobs. Support each other's flaws, because it's a learning process.

How do you think you prepare a relationship for a child? Tell us below.

## Sofia Vergara and Ex-Beau Nick Loeb Meet for Hot Chocolate





Modern Family

star, Sofia Vergara, was spotted having hot chocolate with her ex, Nick Loeb, in New York City this week. In May, Vergara went to the Met Gala solo and sources confirmed that the pair had called it quits. Could the two just be friends? According to <u>People</u>, a source said, "They were not romantic at all."

What are some ways to remain amicable with an ex?

### Cupid's Advice:

Breaking up is hard to do, and staying friends after the break-up can sometimes feel impossible. However, you can keep a meaningful friendship intact when the romantic connection is

gone. Here are some ways to remain amicable with an ex:

- 1. Let go of grudges: If you want to get past the reason your relationship didn't work out, forget about the past and focus on your future as friends or just being civil with one another.
- 2. Take baby steps: Do not go from a huge break-up to a dinner and movie date with your ex. When the time is right, go out for coffee or a quick chat in the park.
- **3. Group meetings:** To make things even more relaxed and friendly, meet with your ex in a group of each other's friends or family.

How do you remain amicable with an ex? Share your comments below.

# Prince William and Kate Hang with Prince Harry at the Diamond Jubilee





There's no better

way to celebrate a queen's 60-year reign than a concert with the attendance of Hollywood's most buzzed-about royal couple, Prince William and Kate Middleton ... plus 20,000 others. According to <u>People</u>, Queen Elizabeth's Diamond Jubilee concert was held Monday and people enjoyed music from Paul McCartney to Stevie Wonder and performances by Will.I.Am and Jessie J. William and Kate were seated in a box high above the guests next to Prince William and Princess Beatrice, where the stylish Duchess waved her flag in Alexander McQueen. Sounds like an unforgettable event for Britain's even more unforgettable queen!

### What are some music-inspired dates to consider?

### Cupid's Advice:

Dates are a great way to keep your relationship exciting and fresh, especially when mixed with one thing we all love: music. Here are some music-inspired dates to help keep your options open:

1. Musical festival: Music festivals are a package deal. You and your significant other can enjoy live performances from the most popular artists all in one place, as well as other

sources of entertainment, food and fun.

- 2. Salsa club: Switch things up and go salsa dancing instead of a typical club with your usual music. Sharing new experiences together creates even more memories between you and the one you love.
- **3. Open mic night:** Take advantage of open mic nights at great restaurants and pubs. Enjoy a night of original music, great food and great laughs- all with your honey by your side.

What are some music-inspired dates you've been on in the past? Share your story with us.

# Newly Married Drew Barrymore Passionately Kisses New Husband





Newlyweds Drew Bar

rymore and Will Kopelman shared a happy and passionate kiss as they left their wedding on Saturday. According to <u>UsMagazine.com</u>, the couple drove off in a classic Mercedes after the ceremony, sharing one public kiss before leaving to San Ysidro Ranch.

Where are some romantic locations to spend your wedding night?

#### Cupid's Advice:

Your wedding night is the perfect time to experience something new before the honeymoon even begins. Here are some places where you can have an exciting, unique wedding night:

- 1. A cabin on the beach: Is there anything more romantic than watching the sun rise on the beach? After an intimate night with your love, round up in the morning to cuddle on the shore. It will be a morning you'll never forget.
- 2. Anywhere near a diner: Chances are you were so busy during the wedding you didn't have time to relax (or eat). Head out to a diner where you can fill up, have a coffee to wake you up, and experience your first date as a married couple. Take some time to flirt and wind down before you head to the hotel

for the night.

**3. At home:** If the two of you share a home, this is the perfect place to spend your first married night together. After sharing highlights of the day, curl up together where the two of you are most comfortable.

Where are some great places to spend your wedding night? Let us know below.

## Ryan Gosling and Eva Mendes Head to Canada





First, Eva Mendes

and Ryan Gosling were spotted hand in hand in New York City, and now they are vacationing together. It's off to Canada for

the two lovebirds. <u>People</u> reports that they took a flight to Montreal on Saturday from the Los Angeles International Airport. The Hollywood couple of almost a year skipped Sunday night's MTV Movie Awards to travel together. Gosling was up for a whopping three awards, none of which he won.

#### What are some unique travel destinations for new couples?

#### Cupid's Advice:

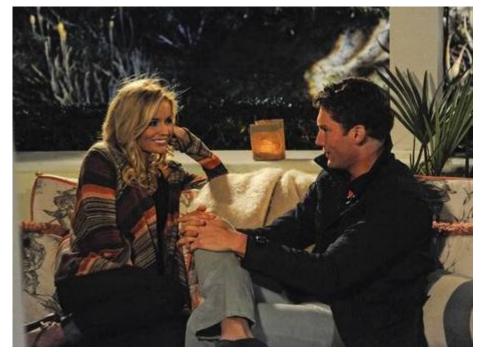
New couples dream of a getaway for some one-on-one time, but finding the perfect destination can be difficult. Here are some unique travel destinations so that your vacation doesn't fall into the 'been there, done that,' category:

- 1. Ice hotel in Quebec: If you have already been to Quebec, experience it like you never have before by staying at an ice hotel called the  $H\tilde{A}$  'tel de Glace. Your room and even your bed is made of sculpted ice, giving you and your partner a chance to cuddle in an arctic sleeping bag together to keep cozy.
- 2. Madagascar: Madagascar, just off the Eastern Coast of Africa in the Indian Ocean, is a perfect isolated getaway for new couples to not only relax, but to explore. Whales can be seen from the beaches, and ninety percent of its native plant life is found nowhere else in the world, giving new couples a chance to experience new things together.
- **3. Mosquito Bay:** Mosquito Bay is a bioluminescent bay located on the shore of the island of Isla de Vieques, Puerto Rico. The bay illuminates in a bright blue light due to organisms in the water being shaken. A tour on this bay would be a magical night and a once in a lifetime experience for new couples.

What are some of your unique travel destination ideas for new couples? Tell us below.

## 'The Bachelorette' Season 8, Episode 4: Pucker Up! Lessons Learned from Emily Maynard





By Marni Kinrys,

Ultimate Wing Girl

Well, I think we found Doug's imperfection: he has a vagina. "I never make the first move." Come on, Dougy! No wonder you have not been kissed in months. Don't you know women rarely make the first move? They should, but that would be unladylike.

This issue kept popping up over and over again in last night's episode of 'The Bachelorette,' and I could tell Emily was getting frustrated with the guys. Doug turned bright red, and

you could see him internally fighting the urge to kiss her, trying to respect his self-imposed rules. And then, there was the young, skateboarder Jef. This was the second time he had her on the beach and he didn't lean in for a kiss. Instead, he opted to cut their time together short. Obviously, Emily felt rejected because these guys wouldn't just go for it.

Related: Bachelorette Season 8, Episode 1: The Dos and Dont's of First Impressions

As a woman who has worked with thousands of men and helped them learn how to attract, date and be with the women of their dreams, I know how high-pressured and challenging making that first move can be. Just like us ladies, men don't want to get rejected and they don't want to be jerks. One of my clients said to me, "I'm not sure how to balance being a respectful gentleman and being aggressive sexually. I know women want both, but it doesn't feel right to push myself on a woman." This fear is pretty common. Especially in good men.

I know Emily was doing her best to help the guys out by giving them "kiss me" signals, but sometimes, these signs were a little too subtle for men to pick up. If she were one of the boys on 'The Bachelor' she would have seen the signs instantly, but men are different. Ladies, you have to step it up a notch and help men understand when you're ready and want a kiss.

I have put together a list of not-so-subtle things you can do to maintain your dignity and *still* let your date know that you want to be kissed:

Not-So-Subtle Signal #1: Touch a man. My sister-in-law called me a few weeks ago from the bathroom while on a date. She said, "Marni, you gotta help me. My date won't stop talking. I really like him, but he won't stop. What do I do?" I told her that he is probably nervous or worried about having awkward silence. I recommended that she go back to the table, and

while he is talking, put her hand softly on his forearm, making eye contact and smiling. She called me after the date and told me that my advice worked. They are now a couple!

Not-So-Subtle Signal #2: Open up. Many women stop themselves from being kissed because of their body language: arms crossed, lips pursed, not talking a lot. I understand that this behavior can be caused by nerves, but imagine how that appears to a man sitting across the table from you. He's not a mind reader. So show him you are open to being kissed by uncrossing your arms, making eye contact, smiling and leaning towards him. If you are nervous, announce the elephant in the room and just tell him how you feel.

Related: <u>Bachelorette Season 8, Episode 3: The Dos and Dont's of Dating a Single Mom</u>

Not-So-Subtle Signal #3: Step into his space and tell him what you're thinking. I know we all dream of a strong man assertively grabbing and kissing us, but with really good guys, that is rarely going to happen, especially in the beginning of the\_relationship. At the end of the night, if you want a kiss, step in close to him and rub his upper arm. Flutter your eyelashes and lick your lips; tell him that you like him and want to get to know him better. This approach takes out all the guesswork for a guy. With this move, you have stroked his ego. He knows he won you over, and now, he can make his move.

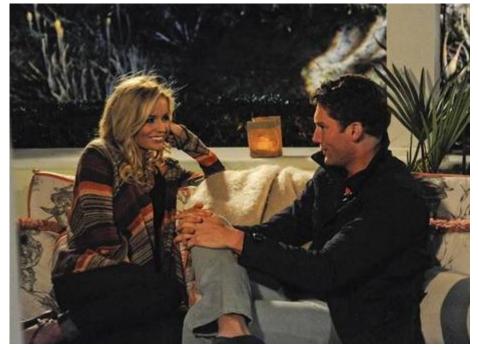
Not-So-Subtle Signal #4: Truthfully, this one is not so obvious, but you should give it a try: tell him you want to kiss him. Say it in a feminine, soft tone, and you'll still feel like the woman in the scenario. He'll probably be nervous, but he'll make it happen for sure.

To make it easier on the lovely men you date, follow these guidelines, and I guarantee you will leave feeling more fulfilled and less frustrated after a date. Instead, you'll be

in the afterglow of the first kiss. Let's hope Emily starts to use these tips as well!

# Knicks Star Amar'e Stoudemire Proposes to Longtime Girlfriend





New York Knicks

ballplayer Amar'e Stoudemire popped the question to girlfriend-turned-fiancée Alexis Welch in Paris on Saturday night. The six-time NBA All-Star surprised his lovely lady with a dinner after spending the day taking a private, historical tour of the city. While overlooking the famed Eiffel Tower lights, Stoudemire proceeded to propose with an 8.5-carat million dollar ring that he personally designed with

the help of celebrity jeweler Shayan Afshar. Stoudemire did not waste a second spreading his exciting news, telling <u>People</u> from Paris, "I have been planning my proposal for a while and overlooking the entire Paris skyline seemed like a perfect place. I am so happy she said 'yes,' and now we can continue to build our life together as husband and wife." The two have had three children together since they met in 2002 and plan to marry sometime next year.

## What are some important things to keep in mind while planning a proposal?

#### Cupid's Advice:

Proposing to your significant other is something anyone in a relationship wants to play out perfectly. Here are some tips to keep in mind while planning your proposal to make it as memorable as possible:

- 1. Speak from the heart: Explaining why you want to marry her should come naturally and easily. Avoid memorizing lines, which can cause you to stumble over your words.
- 2. Intimate setting: The location should reflect the mood of your proposal. A romantic and private setting will make her feel like she is the only one in the world that matters.
- 3. Comfortable environment: Find a spot where both you and your love can both be calm enough to share the special moment. An uncomfortable environment can lead to nervousness, which should always be avoided.

What do you think is important to remember when planning a proposal? Share your thoughts with us.

## 'Gossip Girl' Star Kelly Rutherford Gets a Court Date for Marital Battles





It looks like

another long celebrity breakup is finally winding down. Two years after their split in 2010, *Gossip Girl's* Kelly Rutherford and ex-husband Daniel Giersch have set a court date for July 12 in order to finalize their divorce. *E! Online* reports that the major issue of this trial is custody of their two children. Though the two had previously decided on joint custody, Rutherford later issued a restraining order against Giersch after claiming he threatened her nanny and affected her parenting.

What are some ways to solve relationship issues out of court?

#### Cupid's Advice:

Even the best relationships have their occasional problems. The difference between successful relationships and unsuccessful ones is how these issues are handled. Before spending time, money and energy to find solutions in court, consider the following tips:

- 1. Talk to your partner: Communication is the simplest way to solve relationship problems. If you talk to your partner and address your issues early on, they won't grow into the sort of major disputes that need to be handled in court. Plus, building openness in your relationship will help prevent new problems from developing.
- 2. Go to counseling: Before taking legal action, consider talking to a marriage counselor or going to couples therapy. Getting an expert's opinion can give you the answers you need to bring the romance back. Even better, it can give you a sense of where your relationship should be headed.
- 3. Bring in a third party: If you're unwilling to take your relationship to counseling, try starting by talking to a close friend. Find a person who's willing to listen and consider both sides of your issues and have them help you find a solution. Even if you can't come up with an answer, you'll feel better knowing your problems have been shared.

How do you handle relationship problems? Tell us below!

### Hugh Hefner and Crystal

### Harris Are Back Together





Hugh Hefner and

Crystal Harris have exchanged their fair share of unkind words and have given TMI a new meaning, but they've overcome it all. After a tumultuous break up in 2011 just days before their intended wedding, they are officially back together. UsMagazine.com reports that the duo took to twitter to confirm the news. Harris wrote "Yes, Hugh Hefner and I are back together. Yes I am his #1 girl again. Yes we are happy. Hope that clears up any confusion! XO." Hefner shared that the couple reunited after Harris wrote to him expressing her miserable feelings.

How do you know whether to give your ex a second chance?

#### Cupid's Advice:

Break ups are often messy, but even a clean getaway leaves unresolved feelings. Some exes should stay exes, while other

may deserve another shot if they follow these guidelines:

- 1. Standing the test of time: If a good amount of time has passed and your former partner still wants you, it's a good sign. The week after a break up can be the most vulnerable time, so let at least a couple of months pass. If your ex still wants to be with you when you've both cleared your minds, it's time for a second chance.
- 2. Expression of genuine sorrow: No one is happy after a break up. But, if the sorrow continues into the months after the split and you are receiving an abundance of 'I miss you' and 'I'm sorry' voicemail, letters and texts, it may be time to reevaluate your relationship.
- **3. Over-the-top gestures:** If your ex repeatedly tries to win you back, chances are they mean it. When flowers are constantly sent to your office or a singing band appears at your door, these humorous yet heartfelt acts prove you should consider getting back together.

Under what circumstances would you give your ex a second chance? Tell us below.

## RHONY: Newcomers Shake Up The Real Housewives of New York Season Premiere





9/8c- \*90- Minute Season Premiere\*— The Real Housewives New York

In the 90 minute drama-filled season premiere, New York welcomes its 3 new housewives Heather Thomson, Carole Radziwill, and Aviva Drescher. Find out how they mesh with NYC veterans Ramona Singer, Countess LuAnn and Sonya (and how they mesh with each other)! Take a look at the sneak peek below: