

# Miss Advised: Love Expert Seeks Help From a Witch



Monday, July 9th at 10/9c –

## Miss Advised

While attempting to play hard to get, Amy breaks (another!) rule by desperately asking her date why he didn't text her. Julia visits a witch (yes, witch!) to help her break bad dating habits. Meanwhile, Emily uncovers some unexpected answers on open relationships...

Watch: Amy unloads on her date.

Watch: Julia hazes her date.

BONUS: The first episode is available for FREE on iTunes [here](#)!

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# Matthew McConaughey and Camila Alves Are Expecting Third Child



There's no such thing as 'too many,' especially when it comes to Matthew McConaughey and wife Camila Alves. The couple finally wed on June 10, after already having been together for six years. They are now expecting their third child. McConaughey announced his wife's pregnancy on Twitter on July 4th, saying, "Happy Birthday America, more good news, Camila and I are expecting our third child, God Bless, just keep liven." The lovely couple has made it clear that they didn't need to get married right away to have a family, as 30-year-old Alves revealed to NBC's Today, "We have homes together, we have family together, we have kids, we've built a life together. So we've been living a married life this whole time." The two are glowing at their recent news and seem nothing but happy to have their family growing.

**What are some ways to prepare your relationship for a third**

child?

### **Cupid's Advice:**

Usually if you're thinking about having a third child, then your relationship is in a good place. Here are some ways to prepare for a third child:

**1. Make sure you're stable:** Having three kids is a lot of work, so you and your partner should make sure that you're both in a stable place in your lives, to keep sane. You want to make sure you're both financially and emotionally prepared to have another child in your world.

**2. Do it for the right reasons:** Having another child should be because you want a big family and because you love your partner. You shouldn't want more kids in order to "save" a relationship.

**3. Talk about it with the family:** You not only have to make sure it's something your mate wants to do, but you also have two other children with whom you should discuss having another baby. If everyone isn't on the same page with adding another member to the family, it could end up causing problems later on.

**When do you think a couple is ready for their third child? Share your thoughts below.**

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## **RHONY: London at Last!**



Monday, July 9th at 9/8c –

### **The Real Housewives of New York City**

It's London at last for (most of) the housewives! Carole, Sonja and LuAnn live it up in the London penthouse that Heather arranged, but they show their "gratitude" by claiming that Heather's "lost it" at her Yummie Tummie business dinner. Back in the Big Apple, Ramona and Aviva go retail therapy crazy trying to convince themselves that they're having the better time.

Watch: London at last!

Watch: Heather's lost her mind.

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## **Sources Say Johnny Depp and**

# Vanessa Paradis Fought Before Split



Contrary to popular belief, Johnny Depp and Vanessa Paradis did not have the perfect relationship. Sources say Paradis pushed Depp to take roles in high-grossing films, and then resented him for his success, according to [UsMagazine.com](http://UsMagazine.com). They would fight often and it eventually became too much. The pair split in 2010, waiting until this June to announce the separation for the benefit of their children.

**How do you know when the fighting has become too much in your relationship?**

## **Cupid's Advice:**

Every healthy couple has their arguments, and no relationship is expected to be perfect. But how do you know if the fighting's too much? Here are some signs:

**1. It affects all of your relationships:** If you find yourself

immediately on the offense no matter who you're talking to, that's a clear sign that you're fighting too much.

**2. You're looking for something new:** Do you find yourself subconsciously seeking out a new partner? The fighting may have become too much, which can make you search for someone who can treat you well.

**3. You're exhausted:** Constant nights staying up trying to save your relationship aren't worth it. They take a toll on your body as well as your mind and bring you down too much.

What are some ways to tell that the fighting has become too much in your relationship? Let us know below.

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**'Remodeled's' Paul Fisher  
Wants a Woman Who is  
Beautiful Inside and Out**







By Nisha Ramirez

Paul Fisher is surrounded by beautiful women everyday – he is a modeling agent, after all. The passionate, no-nonsense agent, who has represented fashion icons like Naomi Campbell and Kimora Lee-Simmons, made it big in the 90's and is now the star of television reality series *Remodeled* on the CW Network. But, *Remodeled* isn't just another show about models; it actually provides Fisher with a platform to change the face of the modeling industry and what society deems beautiful.

From doing drugs to getting dumped, Fisher opens up to us about his career, love life and his fight to redefine beauty. He admits to being “girl crazy” and spiraling out of control as he climbed to the top. “When I decided to get back into the modeling industry again, I had to beg for forgiveness because I was an animal for 20 years. I did drugs; I slept with the girls; I was just an animal,” he explains. “But I did find my faith about five years ago. I walked into The Kabbalah Centre, and it literally changed my life.”

Related Link: [Five Hollywood Relationships That Spiraled Out of Control](#)

Fisher decided to rejoin the modeling world and transform the industry into a safe place for young models. In doing so, he created The Network, a company that helps to create models who are also role models instead of models who are defined by

their looks and beauty. It's quite the undertaking. Right now, his firm is comprised of 12,000 models represented by small agencies around the world.

Comfortable with his role behind-the-scenes, Fisher first declined to star in *Remodeled*. He says, "My partners came to me, but I'm a private man. I didn't want to be out there in the public eye; that's just not who I am. Then they came back to me and said, 'Paul, this show could really expedite our mission.'"

**What is the mission?** To contact the fashion magazines and designers and ask them to rethink their definition of beauty. "I want to go to war with any designer that has a thin, 16-year-old girl walk down the runway, who inadvertently encourages young girls around the world to put their finger down their mouth because they think they have to weigh 116 pounds," he says. "The average woman is 5'4 and 143 pounds. That is beautiful. That is sexy!"

Expanding on this idea, Fisher believes that the fashion industry has created a false picture of what a woman should look like. Through The Network and his work on *Remodeled*, he inspires his female and male models to be confident and healthy in an industry that scrutinizes their every feature. The powerhouse agent knows that self-esteem issues caused by magazines and designers extends to real women everywhere.

**Related Link:** [4 Things Men Worry About](#)

"This isn't a business to me. It's a movement, and you're a part of my movement. I'm really working, with every fiber of my being, to change the industry," he reveals. "And I am going to sit at a Calvin Klein fashion show a year or two from now, and we're not going to see skinny kids walking down the runway."

Since Fisher is representing models in an industry that he calls "destructive," he tells his clients that beauty is only



skin deep. “You are going to find a man or woman out there who is going to think that you are perfect and that you shouldn’t change one little thing about yourself. Your physical reality is irrelevant anyways.”

Despite his work in an industry that focuses on appearance above all else, Fisher believes that looks aren’t everything. “I’ve dated the most beautiful women in the world, and I’ve lived with the most beautiful woman in the world,” he says. “Yes, physical attraction is important, but much more important is being on the same path spiritually, wanting the same things as far as giving back to the world and truly trying to make a difference.”

Fisher is looking for a woman in his personal life who is beautiful inside *and* out. “About two years ago, right before I was supposed to get married, I got dumped by my beautiful fiancée, and I have not been with anyone since then.”

**Related Link:** [Rachel A. Sussman Helps Us Recover After a Breakup in ‘The Breakup Bible’](#)

Going into more detail, he adds, “I am very passionate about my family, my faith and The Network because I really believe that we’re trying to do something special. I hope that soon, I become passionate about finding my soul mate because I certainly would love to have children and be a role model for a couple of kids.”

With a mission to reinvent the fashion industry like he reinvented his life, Fisher is excited for the new season of *Remodeled*. As he explains, “We’re creating some stars, and it’s pretty damn exciting. I give these models some pretty damn tough love, and I think people are going to really enjoy it.”

*If you want to be a part of Paul Fisher’s fashion movement and learn more about The Network, check out his [www.TheNetwork.com](http://www.TheNetwork.com). Remodeled returns to the CW network on*

Monday, July 9th at 9/8c – be sure to tune in!

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# Emma Stone and Andrew Garfield Indulge in a Group Date



Emma Stone and Andrew Garfield, the stars of *Amazing Spider Man*, were seen out together at the W in Los Angeles- Westwood Thursday night. The two were not alone, however. According to [People](#), they were out to dinner with about ten other people, but held hands the entire time. Although Stone didn't order anything, Garfield showed his affection by spoon feeding her some of his meal.

**What are the advantages of group dates?**

**Cupid's Advice:**

While going out on dates one-on-one offers you and your partner some alone time, there are definite advantages to going out with multiple people:

**1. You get to know the person better:** One-on-one, the conversation tends to start as small talk. However, if you each have some friends there, you can really get to know what the other person is like by sharing stories you otherwise would not hear.

**2. It's less nerve wracking:** Everyone gets nervous before a first date, but if you have other people around to talk, it can ease the tension. Also, it can be hard to decide what your boundaries are. If you end up really liking the guy, how do you show it? What if you don't like him? If other people are around, it takes the pressure off of you both.

**3. It's more fun:** When you go out on a group date, you're more comfortable because you know other people. It's not just you and him so you can interact with your friends, tell funny stories and play games.

**Do you prefer group dates over one on one dates? Let us know why below!**

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## Katie Holmes Removes Her Wedding Ring





Katie Holmes is making her divorce from Tom Cruise public by removing her wedding ring. According to [People](#), the Hollywood Star was taping a segment for *Project Runway: All Stars* this week without it. A source says that although she appears to be handling the situation well, she has left Cruise “devastated and heartbroken.” The two had been married for five years and apparently Cruise “had no idea this was coming.”

### **How do you announce your divorce to friends and family?**

#### **Cupid’s Advice:**

Informing the people in your life of your divorce can be a difficult task. Cupid has some advice:

**1. Be honest with your children:** If you have kids, talk to them and explain the situation. Let them know why it’s not working out, and that it will be difficult, but that it has nothing to do with them. Remember, no matter why you’re divorcing your significant other, that person is still their parent so the children still need to see him or her in a positive light.

**2. Decide beforehand how much you want to share:** Try to keep it simple when you’re telling friends or co-workers with whom you’re not very close. Everyone will want details on the situation, so before having the conversation, figure out how

much you're willing to share.

**3. Make your close friends and family aware of why you are getting a divorce:** If the marriage was just not working, but your significant other did not necessarily do anything bad to you, let people know that. Be ready to face people judging you for the decision as well as people trying to side with you or him.

**Do you have advice on how to tell people of your divorce? Tell us below.**

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## Claire Danes Is Pregnant With Her First Child



Not only did Claire Danes win a Golden Globe for her performance as Carrie Mathison in *Homeland*, but the 33-year-old actress announced that she is pregnant with her first child, according to [UsMagazine.com](http://UsMagazine.com).

She and her husband, Hugh Dancy, have been married for nearly three years, since working together in 2006 on the set of *Evening*. Danes described her spouse as being a “cutie patootie” and is relieved that she “can also stop looking for The One.” With her career in full swing, as *Homeland* goes on for a second season, she will definitely make a great CIA officer turned mother.

## **How do you announce your pregnancy to your partner?**

### **Cupid's Advice:**

It's stressful enough to validate whether or not you are pregnant to yourself, but what makes it real is actually telling your partner. Whether you find this to be an easy or difficult task is absolutely dependent on your relationship, but no matter what, it's always a momentous experience, so follow these tips to ensure you do it right:

**1. Be in good spirits:** If you decide to throw a party or whisper it into you guy's ear in bed, as long as you are both happy with each other, there's no wrong way to tell him. If you are giving off good vibes and are in a healthy, committed relationship, you can tell him while doing the dishes, and he'll still be thrilled.

**2. Drop some hints:** With such exciting news it's not going to be easy to contain yourself. Talk about what you're going to do with the extra space in the house or by picking out baby clothes. He'll get the idea soon enough, but it will be extremely entertaining to watch him figure it out.

**3. Do it over dinner:** By either taking him out to your go-to spot or cooking him his favorite steak at home, setting the mood is always a vital step for such a crucial announcement. Don't be too afraid that your significant other may catch onto your gracious effort and just allow the night to be unforgettable, even if you hold the news until dessert.



How did you break the news about your pregnancy to your partner? Share your experiences below.

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## Kim Kardashian and Kanye West Visit a Children's Hospital



Kim Kardashian is really bringing out a kinder side of her new beau, Kanye West. Known for his bad boy image, West has calmed down his image since he first started dating Kardashian two months ago. According to [UsMagazine.com](http://UsMagazine.com), the famous duo visited the Children's Hospital in Los Angeles. Could Kim be testing Kanye's true character before tying the knot? On *Oprah's Lifeclass*, Kardashian said, "I don't know why it took us so long to get together: I think we've always had an attraction to each other, but we've always been in other relationships or it wasn't the right timing. One day it just happened."

**What are some ways to be charitable as a couple?**

**Cupid's Advice:**

Getting to know a new partner is exciting and nerve wrecking. Taking time to be charitable together is a great bonding experience and can really tell you a lot about your new love. Here are some ways to be charitable as a couple:

- 1. Volunteer:** Volunteering is the easiest way to help people in need. Check out websites like [volunteermatch.org](http://volunteermatch.org) to find short or long term volunteer opportunities and make it a date.
- 2. Entertain:** Why not turn your next dinner party or get together into a charity event? Ask friends to bring donations or give a donation for the whole group.
- 3. Shop:** Have a bunch of coupons you don't use? As a couple, gather coupons to buy items on the cheap or for free to give away to people in need.

**How are you and your partner charitable together? Share your comments below.**

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## **Katie Holmes Discusses 'New Phase' Pre-Split**





After news of Tom Cruise and Katie Holmes' divorce broke, there may have been subtle clues that their split was fast-approaching. [UsMagazine.com](http://UsMagazine.com) reports that in an interview Holmes conducted six weeks prior to the divorce file, she did not speak of Cruise in a lovey-dovey manner. When questioned about the stigma of being "Mrs. Tom Cruise," she defensively said "he has been Tom Cruise for 30 years. I know who I am and where I am and where I want to go, so I want to focus on that." She also denied the rumor that having married an A-lister helped her acting career. Holmes sounded independent throughout the interview and noticeably stated that she's entering "a new phase" of her life, a phase that we now know will include much less of Tom Cruise.

**How do you know when your partner is holding you back?**

### **Cupid's Advice:**

You and your partner are supposed to support each other, not hold each other back. Here are some ways to know that enough is enough when you are giving more than you are getting in a relationship:

**1. You make more sacrifices than your partner:** Every relationship comes with its sacrifices, but there should be an almost even balance of loss and gain between the two of you. If you are always sacrificing and your partner never does, it

may be time to cut them off.

**2. You don't know who you are without them:** Identity is key in every relationship because in order to love another, you must first love yourself. If you rely heavily on your partner and do not feel any sense of independence, they are holding you back too much.

**3. You don't go after your dreams:** If your partner succeeds in their own dreams but doesn't support yours, they're holding back your sense of self. You may be in a relationship together, but you can succeed in aspects of your life on your own. Don't let your partners accomplishments hinder yours.

**In what way is your partner holding you back? Tell us below.**

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## **Find Out How Katie Holmes Felt in Her Marriage to Tom Cruise**





Now that Katie Holmes has filed for divorce from Tom Cruise, she is taking matters into her own hands after breaking free from what sources say was a 'Scientology-influenced marriage' to the actor. The *Kennedys* star is now pursuing sole legal custody of their 6-year old daughter, Suri Cruise. An insider tells [UsMagazine.com](http://UsMagazine.com), "This is about protecting her daughter. She wants to be in charge of how Suri is being raised and didn't want her to have an exclusively Scientology education." With that said, the divorce of TomKat is just beginning to unfold.

**What are some ways to get out of a controlling relationship?**

### **Cupid's Advice:**

Ending a relationship is hard enough, but a controlling relationship proves to be an even bigger challenge. Here are some ways to help you take back control of your life:

**1. Seek professional help:** Searching for words of encouragement is a huge boost when it's time to take action in your relationship. You may find the perspectives of others are wiser than your own.

**2. Make yourself your priority:** Make your relationship about you instead of your significant other. This will encourage you get out of a relationship that is not benefiting you.

**3. Take back your power:** Demand power in the relationship. Your significant other most likely will not allow it, which will help you find an escape.

**How have you gotten out of a controlling relationship? Share your stories with us.**

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## **‘Miss Advised’ Star Amy Laurent Says, “I’ve Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill”**



By [Whitney Baker](#)

As a relationship expert and executive matchmaker for the past



seven years, Amy Laurent has plenty of advice when it comes to navigating the dating world. And, now she's putting it out there publicly starring on Bravo's new reality series 'Miss Advised,' a show that features three single relationship experts as they attempt to follow their own dating advice in the search for love.

Given Laurent's background, we thought she'd be the perfect source to comment on the most talked about divorce of the week (and most likely the year), the infamous TomKat split. By now, we've all read the tabloids or heard the news that Tom's obsession with Scientology was a huge factor in their divorce (source), but how important is religion to a marriage?

"For some people, religion is an absolute deal-breaker, and you have to respect that when choosing a potential partner," Laurent explains. "I think it's a waste of time to try to put two people together with different religious opinions."

**Related:** [Katie Holmes Files for Divorce from Tom Cruise](#)

Although Laurent advises against coupling up if you have religious differences, many people do marry outside of their religion and go on to have happy and healthy relationships.

However, most of them aren't A-list celebrities who live a very public life while one of them is strong-arming the other about the beliefs of the secretive practice of Scientology. In this case, Cruise's religious beliefs and intention to have Suri attend a Scientology "boot camp," according to *The Sun*, may have been more important than the views of his catholic-raised wife, Katie.

"I encourage my clients to be very open and to not have a laundry list," Laurent says. "Ultimately, if you're going to find the right match and not waste your own time or the other person's time, you have to be very honest about what's important to you."

With Katie now on the singles market, everyone is left guessing who she'll date next. It's definitely too early to tell, but Laurent says that she's always seen Katie with someone who is "more mellow and chill."

"I see her being with someone who has more of a laid back approach to their relationship because I feel like that will really let Katie shine." As for Tom, "Definitely a Scientologist," Laurent says with a laugh. "She needs to be very type-A and a perfectionist – someone with the same level of intensity as he has."

**Related:** [Heidi Klum and Seal: Marriages Don't End Overnight](#)

Of course, neither Holmes nor Cruise should dive back into the dating world any time soon. For the time being, their primary focus should be on their six-year-old daughter, Suri. "Anyone going through a divorce with children needs to be very sensitive to figuring out how this new dynamic is going to work. No matter what happened, Katie and Tom still have to be a team for Suri's sake," Laurent explains.

When she's not setting up her clients or analyzing other people's relationships, Laurent has her own love life to sort out. As viewers will see on this season of 'Miss Advised,' she gives romance a shot for the first time in a long time. "I end up having a few great dates where I can finally relax and enjoy it without being totally type-A and trying to control everything. Maybe I should date Tom!," she chuckles.

"Obviously, there are things that I still struggle with throughout the show," Laurent adds. "But I will say that there is someone who I see a few times who is a really amazing guy. I'm kind of excited for my dating future – maybe there is hope for me." As fun as it may look, Laurent notes that this show provides a great opportunity for viewers to learn from her mistakes and improve their own love lives.

**Related:** [5 Ways Playing Hard to Get Can Damage Your Love Life](#)

Laurent is releasing her first book next month, '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.' "It's very easy for me to coach my clients and give them the rules that work. But it's very hard for me to follow my own guidance, and that's where I got the inspiration to write this handbook," she explains. "It's a girl's dating bible that really breaks down, step-by-step, the first eight weeks after meeting someone new."

She adds, "I started writing this book in the middle of shooting 'Miss Advised' because I recognized that no matter who you are – whether you're a matchmaker, a teacher, whoever – everybody needs a support system. It's been helpful for me – I realized that my rules really work!"

*Check out Laurent via her Web site, AmyLaurent.com Twitter or Facebook, and be sure to watch 'Miss Advised' on Mondays at 10/9c on Bravo. Also, keep your eyes open for her new book '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.'*

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## **Prince William and Kate Middleton Attend Wedding Among Several Exes**





On Saturday, Duchess Kate Middleton and her husband Prince William attended a wedding in the village of Bishops Lydeard in Somerset, England. In attendance were the prince's exes Olivia Hunt and Rose Farquhar, plus Kate's former loves Henry Roper and Willem Marx, according to [US Weekly](#). The couple, who married in April 2011, kept their cool in the presence of former beaus, as they smiled and stayed close under an umbrella.

**How do you keep past relationships from affecting new ones?**

#### **Cupid's Advice:**

It's tough being around exes, especially when you're in a new relationship. Of course, it's sometimes unavoidable when you share mutual friends. Here are some ways to keep your past relationships from affecting your new ones:

**1. Be clear:** If you know your ex is going to be at a party, it's best to tell your partner ahead of time. That will prevent any awkward run-ins. This also ensures that the two of you will know to avoid your ex or interact if you've decided that's appropriate.

**2. The past is the past:** Recognize that the problems you had in your past partnerships happened in your *past* partnerships, and aren't likely to happen again. Don't close yourself off in your new relationship based solely on the things that happened

with your last beau.

**3. Forget about it:** Your ex is your ex for a reason, and while the relationship may be important to who you've become as a person, your ex is no longer an important part of your life. It's time to focus on your new significant other and stop focusing on what used to be.

**How do you keep your past relationships from affecting new ones? Comment below and let us know.**

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## Josh Lucas Welcomes a Baby Boy



Actor Josh Lucas has just become a first-time father with his wife Jessica. The couple married in a low-key ceremony in New York City's Conservatory Garden in March, where they also stated that they were parents-to-be. [People](#) reports that their\_baby boy, Noah Rev

Maurer, was welcomed into the world on Friday, June 29 and weighed 9 lbs., 4 oz. Their first child together was born in New York City, the same city where their nuptials were held.

**How do you prepare for a baby boy versus a girl?**

### **Cupid's Advice:**

Preparing for a baby can be stressful, but knowing the gender can help narrow down a lot of tough decisions. Here are some ways to gear up for the baby blue over the pink:

**1. Color Schemes:** From picking out the paint color of the nursery to all of the little clothes, gender is a vital factor. When preparing for a boy, masculine colors like blue and green are more popular, compared to floral colors like pink and orange for girls.

**2. Decorations and Toys:** As hard as it will be to walk past all of those Barbies and tutus without longing to buy them, you'll have to if you're preparing for a boy. Your house needs to be full of miniature race cars and train sets if you want your baby boy to grow up in a fun environment.

**3. Talk to your spouse's parents:** You can learn a lot from your in-laws in preparing for a baby boy, whereas if you were having a girl, you'll want to ask your own parents for advice. From the mistakes they made to the special recipes they have, it's in your best interest to learn from those with the most direct experience, even if that means talking to your partner's parents a little more.

**How would you prepare for a baby boy versus a girl? Tell us below.**



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# Beyonce and Jay-Z & Kanye West and Kim Kardashian Show the Love at the BET Awards



What do you get when you bring superstar couples Jay-Z and Beyoncé Knowles and Kanye West and Kim Kardashian together at the BET Awards? A whole lot of love. The two couples brought a lot of attention when they took the best seats in the house right next to each other. Knowles wore a bright satin dress and Kardashian was showing off her sexy curves in a white mini dress. The two ladies seemed to get along perfectly, and all four of them looked thrilled to have this double date.

**What are the benefits to a double date?**

**Cupid's Advice:**

Even though you should always have one-on-one time with someone to get to know them, there are a lot of benefits to bringing along another couple for a double date. Here are some reasons why a double date might sometimes be better:

**1. You're more comfortable:** When you're alone with your date and there's a constant pressure of thinking of things to say and staring at them awkwardly, it's easy to feel nervous. When you're around more people, you're likely to loosen up a little.

**2. More to talk about:** There's always more to talk about when there are more people at the dinner table. When there's another couple around, you'll have fewer silent moments than if it was just you and your date alone.

**3. Less likely to fail:** Even if you have a terrible date, at least you have two other people to entertain you throughout the night. It's much better than being stuck alone with someone you truly can't stand.

**How do you think a double date can be better? Share your thoughts below.**

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## **Katie Holmes Files for Divorce from Tom Cruise**





The survival of TomKat just may prove to be “mission impossible” for Tom Cruise after learning Katie Holmes filed for divorce on Thursday. Despite their never-ending rumors of a split, the soon-to-be separation of the couple is a shock to Hollywood, especially after the actor told [People](#) just days ago that his perfect day is “the time with Kate.” The actor confirmed through his rep that it was indeed his wife who filed the papers, just five days before his 50th, and asked for privacy during this time. The end of TomKat marks divorce number three for Cruise.

**What are some ways to tell it's time to get a divorce?**

### **Cupid's Advice:**

Choosing to get a divorce is the most heart-breaking decision you could possibly face in a marriage. Here are some signs it's time to call it quits:

- 1. Cheating:** Unfaithfulness is completely unacceptable in any marriage or relationship. Cheating destroys trust and without that, a relationship cannot thrive.
- 2. Physical or verbal abuse:** Abuse is a big no-no, being one of the biggest sign of an unhealthy relationship. The sooner the relationship ends, the better off everyone is in the long run.

**3. Become strangers:** People change over the course of their lives, even spouses. If you both no longer share the same important aspirations, such as having kids, it may be time to call it quits.

**How did you know it was time to get a divorce? Share your experiences below.**

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## Alec Baldwin and Hilaria Thomas Tie the Knot



*30 Rocks* lead funnyman Alec Baldwin married his love Hilaria Thomas this Saturday after a brief three month engagement. The 28-year-old yoga instructor wed Baldwin, who is 26 years her senior, in New York City. But age is just a number for these two, and Thomas will happily take Baldwin's name. A source tells [People](#), "[They] were married at St. Patrick's Old Cathedral in New York City with

family and friends sharing in the joy of the occasion,” one of those friends being Baldwin’s costar Tina Fey. The newlyweds had been dating for nearly a year before the big ‘I do’s’ and Baldwin has said that Thomas is “very important” to him.

**How do you decide whether to take your husband’s name after marriage?**

### **Cupid’s Advice:**

You’ve lived with your last name your entire life, so it might be time to move forward and change it for you and your partners’ sake. Here are some ways to know that taking your husband’s name after marriage is the right decision:

**It’s your own decision:** The pressure from your husband, the new in-laws and everyone around you can be too much to bear. If you want to take your husband’s name, it should be because you believe it’s a symbol of your commitment, not because you feel obligated due to pressure from everyone else.

**It won’t offend your birth family:** Some family names hold heavier history and meaning than others, so taking your new husband’s name can cause controversy. If this is not the case, there is no reason you shouldn’t take your husband’s last name. You can even hyphenate if you feel uncomfortable abandoning your maiden name.

**There is no reason not to:** If you do not want to take your husband’s last name because your signature doesn’t look as good as your maiden name did, think again. Not taking your husband’s name for petty reasons can cause him to question your love and commitment.

**How did you decide you were going to take your husband’s name? Tell us below.**

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# Tom Cruise Is Spotted In Iceland After Katie Holmes' Divorce Filing



Earlier this week, Katie Holmes filed for divorce from Tom Cruise, a shocking split that neither Cruise nor observers saw coming. As a source told [UsMagazine.com](http://UsMagazine.com), the two seemed very happy just two weeks ago during a dinner together in Iceland. Though the terms of the divorce have not been settled, Holmes is seeking sole custody of their daughter, Suri. Two days after the divorce was filed, Cruise was spotted for the first time since the two split. He was flying in a helicopter away from Iceland. His destination is unknown, and he did not seem eager to appear to the paparazzi.

**How can you cope with day-to-day life after a split?**



## **Cupid's Advice:**

It's never easy to get past a breakup, especially if it catches you by surprise. However, there are some things you can do that will help you get past your sadness. Here are some tips for getting through a split and moving on:

**1. Rely on your friends and family:** It can be difficult to be alone after spending so much time with your ex. Making time for friends and family will help keep your mind off of your breakup and show you that you are still loved by many people in your life.

**2. Find a hobby:** Being single is the perfect opportunity to learn a new hobby, perhaps one that you may have been considering for a long time but never had the time. Whether you take up yoga or scrapbooking, you'll not only find something new to love, but you'll also be doing something new for yourself.

**3. Don't rush it:** Even if your ex has moved on to a new partner, you shouldn't feel pressured to do the same. Everyone works through breakups at their own pace. Give yourself the time you need to heal before jumping back into the dating world.

**What are some ways you cope after a breakup? Tell us below.**

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**Miss Advised: Relationship  
Guru Rekindles Fifth-Grade**

# Flame



Monday, June 2nd @ 10/9c –

## Miss Advised

Amy reluctantly agrees to go on a blind date that was set up by a friend. Julia enlists a professional love coach to rid her of her bad dating habits and do some digging into her past. It's back to Michigan for Emily, where visiting her fifth-grade crush makes her wonder if moving home is the answer to finding true love. Get exclusive clips from this week's episode here!

Watch: Julia admits her worst fear is being called 'crazy.'

Watch: Emily's mom says the answer is to move back to Michigan.

**BONUS:** The first episode is available for FREE on iTunes!

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# RHONY: 47-Year-Old LuAnn Tries for a Baby



Monday, July 2nd @ 9/8c –

**The Real Housewives of New York City**

Aviva and Heather meet up to discuss the London trip, and Heather stands by her decision to leave Ramona behind. LuAnn heads to an acupuncturist to see if having another child is possible. Aviva hires Sonja to throw a fifth anniversary party for her and her husband, which leaves Sonja excited but concerned since she'll be in London (sans Ramona!) during most of the planning. Check out the highlights for this week's episode below!

Watch: Carole thinks she's found the perfect man.

Watch: Why does Sonja need three interns?

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# Will Roberto Martinez Be the Next 'Bachelor'?



Roberto Martinez won Ali Fedotowsky's heart on *The Bachelorette*, but after calling off their engagement in November 2011, the single stud is not just looking for love, he's looking for money, according to [UsMagazine.com](http://UsMagazine.com). Sources suspect that Martinez is going to be the next bachelor because "the network will give him pretty much anything." The former *Bachelorette* contestant may find himself back at the place he and his ex fell in love, which is something Fedotowsky is "terrified about."

**What are some ways to cope with your ex moving on?**

## **Cupid's Advice:**

It can be painful to learn your ex has moved on to someone else, especially if you're still single. However, there are a

few things you should think about before you let your ex's progress make you upset:

**1. Don't force yourself to do the same:** If your ex seems to be moving on faster than you expected, don't feel obligated to pursue the first person to feign interest in you if you're not ready. Everyone moves at their own rate, so don't feel pressured to rush into things.

**2. Surround yourself with friends:** A lot of personal time is essential for healing after a breakup, but if your past lover is moving on, try to be around people that are going to pick you up and keep your mind off it.

**3. Take a trip:** Take some time off from work and go on a road trip. This will give you an opportunity to clear your head and leave room for new adventures and experiences.

**How do you handle an ex moving on? Tell us below.**

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**EXCLUSIVE: The 'Hollywood Ex' of Will Smith, Sheree Fletcher, Says, "I Never Should've Filed For Divorce"**





By Bernadette McCadden

In the first season of 'Hollywood Exes,' which premiered on VH1 on Wednesday, June 27, viewers will see the real life of Mrs. Sheree Fletcher – not to be mistaken for that of ex-Mrs. Will Smith. In the season premiere, Fletcher goes to dinner with the other cast members, where she meets Andrea Kelly, the recent divorcee of R&B artist, R. Kelly. Kelly desperately seeks advice from the other women about how to get through the hurt of a break-up, and Fletcher encourages her to focus on her kids – something that she did in the wake of her own divorce.

Smith and Fletcher, who divorced in 1995, had one son together, Willard Christopher Smith III, better known as Trey, who is now 19 years old. Looking back on it, Fletcher realizes she had been naïve about marriage, forgetting that it takes hard work to keep a relationship strong. "I went into that marriage with false expectations of what marriage should be. I thought I would be happy every day; I didn't know there would be up's and down's," she shares. "Based on my situation with Will, I never should've filed for divorce. It wasn't that bad, it wasn't that serious."

The divorce took a toll on Fletcher, who now understands that no matter what, after a divorce, you have to give yourself time to mourn. You can't just ignore the heartache and rush into another relationship. She says, "I went to a therapist; I



cried, I cussed and I screamed. It was a safe place. She made me think, and she made me do the hard work necessary to overcome the pain.”

**Related:** [Rachel A. Sussman Helps Us Recover After a Break Up in ‘The Break Up Bible’](#)

For Trey’s sake, Fletcher and Smith have remained friends. In fact, the two families have even spent Christmas together, just so Trey wouldn’t feel bad about choosing one parent over the other. So how does Fletcher’s current husband Terrell feel about this arrangement?

“Terrell absolutely loves Will and Jada, and we all get along well. It wouldn’t have worked otherwise. I needed someone who would be on the same page as us and put my child first,” Fletcher explains. “I felt so guilty after the divorce, like I did my child a disservice. I needed to forgive myself and then become a good co-parent with Will to ensure that Trey remained the priority. Terrell completely understood.”

The two have been happily married now for over a decade. Fletcher’s husband is a pastor at Hope International Church in San Diego, California, where she also works. As seen on ‘Hollywood Exes,’ the couple only get to see each other a few days a week because her primary residence is in Los Angeles, not San Diego. “Because we’re in different cities, it can be easy to get caught up in your day, so we always make the effort to stay connected,” she says.

**Related:** [Making the Most of Your Long Distance Relationship](#)

So when they are together, what is their favorite thing to do on a date? Go to the movies!

“We’re simple people,” Fletcher says. “There’s this movie theatre called iPic in Pasadena, California. We drive thirty miles just to go there because they have these big plushy seats, and you push a button to order food! They’ll bring you

lamb chops and filet mignon sliders – it's very gourmet!"

*You can catch Fletcher on 'Hollywood Exes,' which airs on Wednesdays at 9/8 CT on VH1.*

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## James and Kimberly Van Der Beek Hit New West Hollywood Nightclub



James and Kimberly Van Der Beek were spotted having a night out together away from the little ones at Hollywood's new nightclub, Bootsy Bellows. The couple went straight to their private area in the back of the club together, for the club's exclusive "V.I.P night." An onlooker told [People](#), "They really didn't show any PDA." The two mingled with their own friends and seemed to have a good night, without being all over each other.

## How do you show you care about your partner without PDA?

### Cupid's Advice:

The older you get, the less PDA you seem to need to show when in a relationship. You don't need affection 24/7 to prove that you care about your partner. Here are some ways to do that:

- 1. Take them places:** Take your partner out with you, because it shows you want them around when you're doing fun things. You like their company.
- 2. Have fun together:** You and your partner can have a date night doing something fun. Laughing together is enough without having to constantly be kissing each other.
- 3. Surprise them:** One way to show your partner you care about them is by giving them nice little surprises, such as flowers. It's a way to show you appreciate them without smothering them.

How would you show your partner you cared about them without PDA? Share your comments below.

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## Ryan Philippe's Ex Alexis Knapp Hooked Up With Seth MacFarlane





*Project X* star, Alexis Knapp, was secretly hooking up with *Family Guy* and *Ted* creator, Seth MacFarlane while she was pregnant with Ryan Philippe's baby. According to [UsMagazine.com](http://UsMagazine.com), Knapp began seeing MacFarlane after she broke up with Ryan Philippe. When reached for comment, MacFarlane's rep insisted that the two are not dating, but a source says that Knapp really likes MacFarlane and wants the relationship to be official.

**What are some ways to tell it's time to move on after a split?**

### **Cupid's Advice:**

When a breakup happens, both parties can leave with different feelings about the failed relationship and their ex. Sometimes one partner may want to hash out old feelings while the other just wants to forget their feelings. Don't be the one who can't let go! Here are some ways to tell it's time to move on after a split:

- 1. No phone calls:** If your ex no longer calls you to set up a date or texts you to let you know what time he's getting home, then it's time to move on.
- 2. They have moved on:** If you see that your ex is already talking to other people or just focusing on themselves without you, then you need to do the same.

**3. Other people acknowledge the break up:** If the people around you no longer refer to you as a couple, then its time to keep it moving.

**How do you know when it's time to move on after a split? Share your comments below.**