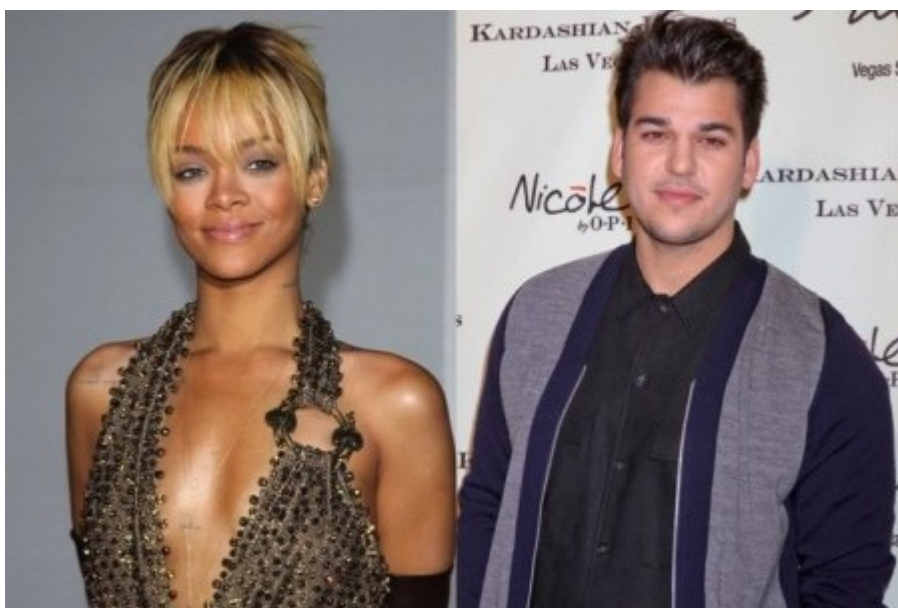


Rumor: Are Rihanna and Rob Kardashian Dating?



By Erin Minty

In Hollywood this past Saturday, sexy songstress Rihanna was spotted out with the 25-year old reality star Rob Kardashian. The two joined a group of friends for a night of go-karting at Racer's Edge Indoor Karting, reports UsMagazine.com. Both of the celebrities have been known to have dating issues. Early in December, Kardashian was rumored to be dating singer Rita Orta, who was recently seen with Rizzle Kick's Harley Alexander-Sule, and Rihanna's shocking fallout with her ex Chris Brown have left the two single. Maybe this new pairing will work out better for them than their last attempts at love.

What are three important questions to ask on a first date?

Cupid's Advice:

A first date can be very nerve-wracking for anyone looking for love. Here are a few helpful questions that you should ask on your first date with a potential partner:

1. What type of relationship do you want?: If you are looking for someone to settle down with and the person you are out with is just trying to have some fun, the odds of the relationship working out are extremely slim. You need to know what your partner is looking for in a relationship, so setting some ground rules may be a good idea before getting in too deep.

2. What do you look for in a partner?: Hopefully, the qualities they are looking for are qualities that you possess. This is one surefire way to know if the relationship is set up for disaster. By asking this question, it can give you great insight on the type of person for whom your date is looking.

3. What do you like to do for fun?: This seems like a simple enough question, but it can let you know a lot about the person with whom you are out. If the things that they list are things you also enjoy, then there is a good chance of a connection between the two of you. If not, however, this shows that the two of you probably don't have a lot in common, which would make a relationship difficult.

What questions do you ask on a first date? Let us know by commenting below!

Carly Rae Jepsen Gushes About

Her New Man



By Erin Minty

26-year-old pop sensation Carly Rae Jepsen has found herself a new man, singer-songwriter Matthew Koma, reports [People](#). The two have recently started dating, and Jepsen said of her new man, "He's a really great guy, and really talented." The romantic pop singer loves going on dates when she's not topping the charts with songs like "Call Me Maybe," and says she is attracted to guys that show confidence without being cocky. The new couple likes to go out and try something new, or stay at home to try Jepsen's homemade sushi rolls.

How much should you reveal to your friends and family about your new relationship?

Cupid's Advice:

When beginning a new relationship, deciding how much information to give away can be tricky. You want to keep your relationship to yourself, yet also let people know about your

happiness. Cupid has some advice:

1. Don't go into too much detail: You don't want to scare your new beau away by giving super personal details about your relationship to everyone you know. Like Carly Rae Jepsen does, try to tell people information about what you're doing, like where you go on dates, without spilling everything that happened.

2. Speak up: If someone asks a question that you don't want to answer, let them know. Don't answer questions that make you uncomfortable. Your relationship is your business, and your family and friends are most likely just curious about your new partner. Just let them know that in such an early stage, you don't want to give away too much.

3. Tell the truth: What you shouldn't do in a new relationship is lie to your friends about it. You don't need to go into a lot of detail, but you should give them some information if they are curious. Let your friends and family know the two of you are happy together and are excited about the possibility of the future, which will let them feel included without making you uncomfortable.

How do you know what to tell your family and friends about your new relationship? Let us know in a comment below!

**Anna Post Talks Etiquette
Rules for Dating**



>
Oh, you think you've found the perfect man, haven't you? Everything is going swimmingly right up until... he lets off a biblical belch right in front of your friends. Or maybe he isn't entirely courteous to your server at the dinner party you planned with four other couples. Even worse, his sense of style leaves you cringing at the thought of anyone seeing the two of you together. Deal breakers or bad habits? Whatever the case may be, Anna Post, the great-great-granddaughter of etiquette queen Emily Post, knows what the books say about bad manners, and now, she's teaming with Ponds to help women put their best face forward.

What's great is that Anna is also up-to-date when it comes to technology etiquette in the dating world. For example, is it right for a man to ask me out via text? When should you change your Facebook status? To gain perspective, we chatted with Anna about the small behavioral details that add up to big relationship problems. From eating with your mouth open to digital dating techniques, Anna sheds insight on all of the things you may need to know.

To get more tips from etiquette expert Anna Post and join the

beauty conversation, log on to www.facebook.com/PONDS.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Anna Faris And Chris Pratt Welcome Child



Brand new parents

Anna Faris and Chris Pratt have welcomed their son Jack into the family on Saturday according to UsMagazine.com. Anna went into labor prior to her due date leading Jack to spend some time in the NICU. The couple has asked the public for privacy while their son remains in the hospital. Faris and Pratt have been planning to have a child, having decided that the time had come to add a little bundle of joy to their family.

How do you know if your partner will make a good parent?

Cupid's Advice:

Taking the next step of welcoming a child into your family is not a lighthearted decision to make. Here are some steps to keep in mind when figuring if your partner will be a good parent:

1. Trust and communication: The most important factor in a successful relationship is trust. You need to be able to properly co-parent with your partner. In order to successfully accomplish this, you must be able to trust your partner, especially in their choices.

2. Responsibility: A child should not be raising a child. Is your partner ready to step it up and care for another life? Being able to take responsibility and to maintain a level head in emergencies is always a good quality to have when being a parent. Children need to be taken care of from the moment they enter this world until they move out when they are adults themselves. Can your partner be mature and rational?

3. Stability: If you have a rocky relationship, it may not be the right time to have a child. A solid foundation is needed in order to grow as a couple to embrace parenthood. Not only should you and your partner be economically stable but also emotionally stable with one another. The two of you are partners – a team – that your child will need to lean on as he or she grows.

How did you know your partner was the right one to start a family with? What are some qualities you would look for in a partner? Tell us!

Newest Jersey Shore Family Member



By Nicole Weintraub

Nicole Polizzi or rather “Snooki” and her fiancé Jionni LaValle welcomed their son, Lorenzo Dominic LaValle into the world on Sunday morning, according to [People](#). The new parents are doing well, having been anticipating the arrival of the couples’ first born since the announcement of her pregnancy in March. Weighing in at 6 lbs, 5 oz. little Lorenzo will be the youngest addition to the *Jersey Shore* cast family. Since discovering she was pregnant, Nicole slowed down her fast paced party lifestyle for the sake of preparing for motherhood.

What are some ways to prepare your relationship to welcome a child?

Cupid’s Advice:

Taking the next step in your relationship by welcoming a child can be a BIG change! Here are some ways to be prepared for a new addition to the family:

1. Slow down: Be prepared to take a deep breath and take a step back from your fast paced daily life. Running around and stressing yourself out is not healthy for you or the baby. Children are a large responsibility which means nights that were once spent drinking and partying will be replaced with spending time with your partner and newborn.

2. Do your homework: Nowadays there are so many options when it comes to how you want to deliver your child to which baby formula to use. In order to be fully prepared for the arrival of your child, check out the different options and ask around to get other people's reviews and experiences. You will feel more relaxed if you know what to expect so don't be afraid to ask tons of questions you want the answers to!

3. Discuss the future: This is not only our child but your partner's child as well. Don't be afraid to discuss the future of your relationship and the impending arrival of the baby. Open communication is key to a co-parenting relationship between you and your partner. Ask their thoughts and include them in the decision making process so you don't feel burdened by all that has to be done!

How did you prepare for your first child? Share your stories with us!

Céline Dion On Motherhood:

“I’m More Grounded Now Than Ever Before”



By Carolyn

Robertson for Celebrity Baby Scoop

Mom-of-three Céline Dion bares just about all in the pages of the September issue of V magazine. Posing for a series of sultry pics for photographer Sebastian Faena, the Canadian songstress, who has sons **René-Charles**, **Nelson** and **Eddy** with her husband **René Angélil**, opens up about music and motherhood.

Related Link: [Celine Dion Pregnant with Twins](#)

On being an open book: “I’ve been an open book all my life, and I think that’s why people like me. I’ve been criticized for it, but I’m not forcing myself to be the person that you see... For me to tell someone that my husband had cancer, that we were struggling to have kids, or whatever we’ve gone through, talking about my life lets people know the real me. I’ve shared everything with them. They come for the whole

package. I don't think they just come for the songs."

On motherhood: "I thought I had a life before, but until I was a mom, I had no idea. Why would I want a hit? Why would I want to win awards? There is nothing I can hope and wish for my career: I can just hope to be blessed as a mother for the rest of my life the way I am now."

On her legacy: "Motherhood. Without a doubt. I did not lose myself to try to realize a dream. Everyone thinks that now I've climbed this ladder and I'm at the top of the top of the top. I really see the opposite. When I was five and nine and twelve, I was on the top of the ladder and I was looking down. My head was in the clouds. In time I came down the ladder. I'm a mother now. I'm more grounded now than ever before."

Kristen Bell and Dax Shepard Consider Having Kids Out of Wedlock





By Deanna Atkins

Putting off marriage seems to be the cool thing to do these days. Kristen Bell and Dax Shepard are even considering having children out of wedlock, according to UsMagazine.com. "We'll apply the appropriate paperwork for the wills and security and such, but when he gave [the ring] to me, that meant more to me than proclaiming it in front of a group of people," said the actress. The pair seems to be in it for the long haul, making their love for each other very obvious since they started dating in 2007.

How do you decide if having kids out of wedlock is the right decision for you?

Cupid's Advice:

Every relationship is different and a marriage doesn't necessarily mean that a couple is going to stay together forever anymore. Marriage sometimes seems more like a label than a vow and if you feel like you're already married in your relationship then having children before taking a trip down the aisle could be right for you:

1. You both want to be parents: If having children is something that you and your partner know that you want to do then maybe there's no better time but the present. Marriage holds a

different meaning for everyone, but being a parent is something truly special.

2.The time is right: Timing is crucial and if you're at a good point in your lives when it would be ideal to have a child, why wait? Things change constantly so don't let what you really want in life be dependent of a wedding.

3.You're in love: Love is the proof. If you and your significant other have true, real feelings for one another than it may not be necessary to get married before having children. If you're both ready to be parents and you're in a stable, committed relationship then it may be the right decision for you.

How do you know if having children out of wedlock is the right decision for you? Share below.

'Design Star' Champion Leslie Ezelle Offers Relationship Advice for a Happy Home





By Sarah Ribeiro

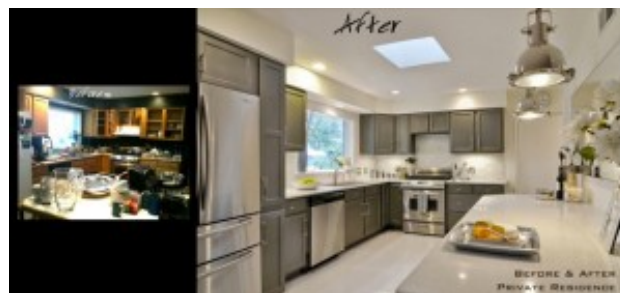
This season of HGTV's 'Design Star' showcased former contestants vying for the winning spot one more time. After her participation in season six, Leslie Ezelle returned with her eyes on the prize. And in the dramatic finale episode, which aired August 21st, her focus paid off: she won the \$25,000 prize and an appearance on an HGTV show. The interior designer, breast cancer survivor, former Dallas Cowboy's cheerleader and mother of a blended family has a lot on her plate, but she isn't letting anything get in her way.

Ezelle says she thrives off her design career. She has been producing her own design clips since her first round on 'Design Star' in hopes of getting her own show. Her personal home remodeling, coupled with her lessons in how to "tame your domain," has been keeping her busy, and she says she'd love to use television as a means of sharing her ideas and helping others find solace in their home.

"I'm producing a little show now called *The Real Modern Family*," she says. "I'm currently three months behind schedule and it's been very stressful having my family as my clients and taking input from the kids! Whenever these type of things come up, I'm swamped from the beginning of the day to the end of the day."

Related: [Season Five Premiere of 'Million Dollar Listing': Josh Altman Says, "Relationships are Harder Than Owning a House"](#)

Despite these struggles, Ezelle says her life doesn't get in the way of her family. Her "tame your domain" theory comes from the connections she has found between design and everyday life. According to Ezelle, "your energy comes from your home, and design plays a huge role in that. Your home is in direct correlation to your family – if you have a kitchen that works physically and if you have a dining room that works with that kitchen, then you have a great space to spend time together."



A design clip from Lezlie Ezelle's portfolio. Photo: Lezlie Ezelle

Ezelle and her wife Libby don't always agree on design though. Ezelle has a more contemporary style, while Libby prefers traditional decor. The pair combat this difference with "sweetness," Ezelle says, a method they learned from a relationship expert on a couples' retreat. Leslie encourages couples building a home together – whether new or old – to remember that physical belongings are solely physical. "If you have a happy relationship with your spouse and you're trying to blend your style, the best thing to do each night is to compliment each other," she advises. "Instead of using criticizing words, you just have to be diplomatic and remember that you're talking to someone who you love. You're trying to blend styles – why would you want to be critical and mean?"

That does zero good.”

Related: [7 Signs You Might Need Marriage Counseling](#)

The design star has three pieces of advice for couples looking to blend their style:

- 1. Write down your must-haves, and share them with each other.**
- 2. Design is not just about having pretty things in your house. It's about having a home that is a reflection of your lifestyle.**
- 3. Practice talking to each other like strangers and being sweet and polite. You have to maintain that level of respect and be mindful of each others' feelings.**

Design has helped Ezelle with more than just her family life. In 2008, she was diagnosed with breast cancer – a rollercoaster involving six weeks of radiation and two years of reconstructive surgeries that left her embittered. “ I didn't struggle with breast cancer; I struggled through treatment,” she shares. “I didn't feel sexy; I felt weak, broken down and bitter. I kept saying, 'I'm not a victim,' and I was really angry.”

But she took her mother's advice in pursuing her design career and made it on to 'Design Star.' “When you're going through something bad,” remarks Ezelle, “you can't see why you're going through it. It became clear to me when I got on the show. I never would've auditioned for the show had I not gotten breast cancer. I said, 'I can't let my breast cancer be what's motivating me.'”

After competing on 'Design Star, Ezelle connected with Courtney Arbour, a marketing manager for Susan G. Komen, and together, they came up with the idea that “you can't strap a good woman down” – a sculpture of a metal bra crawling the tree of life.

Ezelle's sculpture, Ann-e Girl, which was named after her children's aunt who passed away from breast cancer, travelled around Texas, turning buildings pink for the day and raising awareness. "This was my way of embracing breast cancer rather than being angry about it," proclaims the designer. "The inner strength you gain from pursuing your goals is where you get your empowerment. If you're not going after your dreams, you won't feel sexy; you won't feel powerful; and you won't feel like a woman."

While design may have helped her cope with the ups and downs of life, Ezelle's real comfort is in her family. "The relationships I have my wife and my children completely outweigh everything else," she says. "Design, work, cancer – it's our love that matters."

You can keep up with Ezelle on her Web site at www.LeslieChristineDesigns.com.

Prince Harry Is Caught in a Revealing Photo Scandal





By Sarah Ribeiro

Even royalty is allotted mess-ups. Prince Harry was caught nude last weekend in a game of strip billiards in Las Vegas, according to [People](#). Nude photos of the prince have leaked to the media. The Prince, who is no stranger to scandal, has been under scrutiny lately for publicly “flirting” with sister-in-law Kate Middleton.

What do you do if something gets out about your intimate affairs?

Cupid’s Advice:

Let’s face it, we all do things that would make us cringe if they got out. Here are some things you can do if your intimate affairs find themselves in the public sphere:

- 1. Own up:** We all make mistakes – in both our romantic and social lives – and sometimes, the best course of action is just to admit you did wrong.
- 2. Fix it:** If you’ve done something that could hurt someone, you need to apologize and find a way to fix it ASAP. No relationship is worth ruining over one mistake.
- 3. Brush it off:** Sometimes, people are just too invested in

your personal life. Let everyone know that this gaffe doesn't matter, and walk away from the issue.

What do you do if something gets out about your intimate affairs? Let us know in the comments below.

Hilary Swank and John Campisi Split



Hilary Swank's five-year relationship has ended. She and (now ex-) boyfriend John Campisi have called it quits, according to [People](#). The pair began dating in 2007, a year after her divorce from Chad Lowe.

What do you do directly after a breakup with a long-term partner?

Cupid's Advice:

It's difficult to navigate a breakup, especially with a long-term partner. Here are some things you can do to ease the ache:

- 1. Control your environment:** Surround yourself with people you love who make you happy to lessen the blow from a split.
- 2. Do what makes you happy:** Find ways to find comfort in yourself: pamper yourself, work out, and set goals that you know you can reach.
- 3. Reflect:** Think about your relationship and what you have gained and learned from it – and from the breakup. Forget the negative and seek out the benefits from this experience.

What do you do directly after a breakup with a long-term partner? Share your story below.

Taylor Swift and Conor Kennedy Put on a PDA Parade in New England





A new [Taylor Swift](#)

fling can only mean one thing; a new song! But let's not get ahead of ourselves. Swift and her new beau Conor Kennedy have only been dating for a month. The couple has been none-too-shy to show the world how they feel about each other while vacationing in Hyannis Port, Mass. [UsMagazine.com](#) reports that on Monday, Kennedy was spotted with an arm around his famous girlfriend while kissing the side of her head. The couple has also been photographed out and about in their bathing suits enjoying their vacation time together. From her upscale outfits to family approval, it seems like Swift already fits in with the Kennedy's. When Kennedy's grandmother Ethel was asked if she could see Swift becoming a Kennedy one day she replied, "We should be so lucky!"

What are some ways to show your partner you care in public?

Cupid's Advice:

If you're only showing affection toward your partner in private, they may think you're purposely hiding them from the world. To avoid this, show how you care in public using these tips:

1. Harmless cuddling: If you are out in public with your partner and you stop and sit on a park bench, resting your

heads on one another and comfortably sitting next to each other can be a respectable public display of affection. Do not go too over the top, and, well, get on top of each other. Find a balance that shows your partner you are thinking about them and long to be near them without overdoing it.

2. Stealing kisses: Note that I said stealing kisses, not making out. Making out in public is too much inappropriate PDA for anyone to handle, but stealing innocent kisses on the forehead, cheek and even a peck on the lips shows your partner you want them but will have to wait 'til your indoors for more action.

3. Holding hands: Holding hands in public is a classic symbol of love and care. Holding hands lets the world know you are taken, and lets your partner know you want to be close to them at all times.

How would you show your partner you care in public? Tell us below.

Giuliana and Bill Rancic Prepare to Welcome the Birth of Their Child





By Deanna Atkins

Finally, after years of trying to have a child, Giuliana and Bill Rancic's baby boy is about to enter the world, according to UsMagazine.com. The tenacious couple has been through it all, but they never gave up on their dream to have a child together. Their surrogate is currently residing in Colorado where the pair traveled to on Monday to be there for the birth. During all of the excitement, Bill has been happy-tweeting and sending out positivity all around him. "Everyone is pumped," says the 41-year-old entrepreneur, "Not just our family but so many people. We're so lucky. So many people have been pulling for us and following our journey. This has all been magical for us," the father-to-be gushes. He also says that his stunning wife is "over the moon."

What are some ways to prepare your relationship for a baby?

Cupid's Advice:

The first thing to be sure of when you and your partner are having a child is that you're ready. You should be at the happiest and strongest point in your relationship in order to give this new life everything you both have.

1. Prepare together: Things can easily get frustrating if one partner is putting more care and concern into the baby on the

way than the other. You both should be reading the baby books, helping one another out and getting the nursery ready together. It's an exciting time for each of you so take a trip to Babies R' Us together instead of going out on solo missions.

2. You know each other inside and out: With a baby on the way it's important to know every detail about one another. Know what makes your partner tick and what always proves to get your love out of a bad mood. These small details about one another will help you both resolve issues quicker or at best, keep fights from happening at all.

3. Trust: Having complete trust in your partner is what's going to help you both the most when it's time for the baby to come. You are one another's support system and if you each have total and complete faith in one another then you know that you're going to give this child the most amazing life together.

What are some ways to make sure your relationship is ready for your baby?

Jennie Garth Holds Hands With New Man Noah Abrams





Not only has Jennie

Garth surprised us with her hot new figure, but sources confirm to UsMagazine.com that the *Beverly Hills, 90210* actress now has a new man, too. Photographer Noah Abrams and the slimmed-down blonde were spotted with fingers laced while strolling through L.A. The twosome “isn’t looking to get into anything too serious too fast,” but a friend said that Jennie “is happier than ever,” which is good progress since the star’s 11-year marriage to actor Peter Facinelli ended back in March.

How do you know when it’s time to move on after a divorce?

Cupid’s Advice:

Everyone moves on from heartbreak in his or her own, personal way. It’s a journey that’s difficult and unique to each person, especially someone who’s coming back from a divorce:

1.You’ve had time to heal: Just because you decide you no longer want to feel pain, doesn’t mean that you’ve taken the time to actually feel better. Whether it’s therapy or you’ve seriously worked towards making yourself happy, you may find it easier to begin dating.

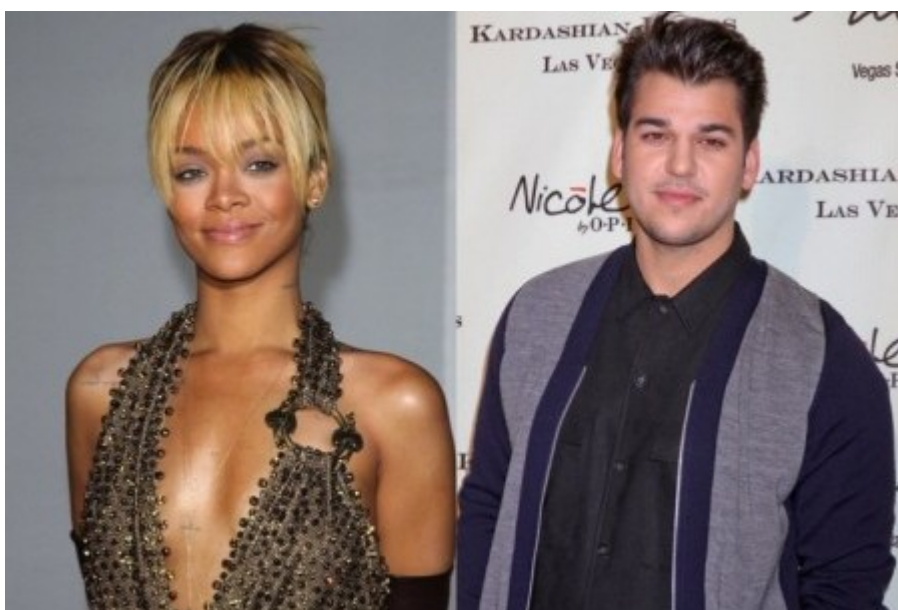
2.You’re not still in love: Marriages end for all sorts of reasons but it’s going to be difficult to move on if you’re

not over you ex. This may be easier for those who have fell out of love with their significant other before divorce, but in any case, in order to move on it's essential to have let go of your past lover first.

3. You want to be happy: Some take a longer time feeling sorry for themselves than others, so once you decide that you owe it to yourself to be happy again, you know it's time to start dating, slowly of course.

When do you know it's time to move on from divorce? Share below.

Maggie Gyllenhaal: I'm Less Judgmental Now That I'm A Mom



By

Jenny

Schafer for Celebrity Baby Scoop

Academy Award-nominated actress Maggie Gyllenhaal appears in Scholastic Parent & Child's August/September Back-to-School issue discussing her new film 'Won't Back Down,' mommy politics, and her two daughters **Ramona**, 5, and **Gloria**, 4 months.

On mommy wars: "I used to be judgmental of the way other people would parent. I would look at someone talking on a cell phone while her baby was asleep in a stroller and think, 'How can that mother have her cell phone out?' Then you actually have a baby and you're like, she's sleeping; I have 10 minutes; I'll make three phone calls. I think so much of my judgement—not only about how people parent, but about people in general—went away when I became a mom."

On mommy perfection: "I was 28 when Ramona was born, and I had this idea that I think a lot of people in their twenties have, that I was supposed to do it perfectly. At least, if not perfectly, then exceptionally well. I've realized that that isn't possible and that part of being a human is making mistakes—and making lots of them."

Related Link: [Maggie Gyllenhaal and Peter Sarsgaard Welcome Second Child](#)

On the joys of motherhood: "Now that Ramona is older, I enjoy hanging out with her as a friend. I know there's the element of parenting where you have to be a mom and say no and do all the things that are not fun. But the fun part is being with this little person and learning about the world and listening to her questions. She comes and runs errands with me and we make it fun. When we talk, she talks like a person. She knows the words that she needs. She'll ask me if she doesn't. I like that."

For more with Maggie, pick up *Scholastic Parent & Child* August/September issue, hitting newsstands August 20.

Reports Reveal Katie Holmes Visited Ohio ‘Many Times’ Pre-Divorce from Tom Cruise



By Sarah Ribeiro

While Katie Holmes and Tom Cruise may have had a rocky marriage, Holmes still kept a close bond with her family. A source has reported that Holmes visited Ohio “many times” while married to Cruise, according to [People](#). The pair announced their split early last month.

What can being homesick tell you about your marriage?

Cupid’s Advice:

Even in the best marriage, you may find yourself missing your

single life – and your bed at home. Here's what being homesick can tell you about your marriage:

1. You're normal: It's perfectly acceptable and *normal* to miss home every now and then. Even if your husband is your perfect match, he can't make your mother's famous breaded chicken. Remember that your family is important, and that it's okay to miss them.

2. Stress: Sometimes, when life gets too stressful, you just want to curl up in your old bed and sleep your troubles away. If your stress is coming from your married life, though, you should address the problem before it grows rather than running home and avoiding it.

3. You're unhappy: If all your relationship is doing is making you miss home, you have to reconsider your marriage. No one can be happy when they want to be somewhere else.

What can being homesick tell you about your marriage? Tell us below.

Rihanna Says the 'Slightest Things' Remind Her of Chris Brown





We all remember the

tragic ending to Rihanna and Chris Brown's relationship in February 2009 after he physically assaulted her. But, recently on *Oprah's Next Chapter*, the pop star confessed that her ex will always have a special place in her heart. Rihanna continued to tell Oprah Winfrey, "I am reminded by a lot of things. A lot of memories we had. By the slightest things: hotel rooms, tour venues. Any little things: music, songs." Not only is Rihanna still reminded of the singer, but she felt protective of him when he was being charged for assault. She felt he needed help rather than to be locked up. Rihanna revealed a lot of mixed feelings in this interview, which could ultimately lead her back into the arms of Brown.

How do you keep thoughts of your ex from preventing you from moving on?

Cupid's Advice:

Usually when a couple has a dramatic break up, there's a lot of baggage that comes along with it. Here are some ways to prevent that from helping you move on:

1. Accept it as the past: A big problem of past relationships, is that you continue to dwell on things that already happened. You have to accept them as things that you cannot change and

just learn from any past mistakes. Accept it and move on.

2. Become friends with your ex: You don't necessarily have to become best friends with your ex, but if you have friendly conversation from time to time, you're most likely to get any thoughts about them out of your system. Hopefully by having a friendly relationship you can learn to be happy for them in the present, and having their support will help you move on.

3. Go out and meet people: The best distraction from an ex, is someone else in your life. Go out and meet new people. Go on dates and allow yourself to be distracted from any thoughts you may have about a past relationship.

How would you keep yourself from thinking about an ex? Share your thoughts below.

Olympian Ryan Lochte Says He's 'Always Looking' for the Perfect Girl





By Jessica Nappi

Step aside Michael Phelps; after winning five medals at the London Olympics, Ryan Lochte has become one of the world's most eligible bachelors. Over the weekend, Lochte headed to Vegas where he told [People](#), "I'm always looking for the perfect girl. Now that I'm older, I'm looking to settle down a bit." For Lochte, the perfect girl starts with a sense of humor. "Anyone that can make me smile and make me laugh, that's the key to my heart," he said. Ladies, are you writing this down?

How do you know when your dating standards are unreasonable?

Cupid's Advice:

Everyone has standards when it comes to dating, but having too many restrictions will keep your heart closed off from the world. Here are some ways to know you have gone too far with your standards:

1. You expect perfection: Perfection is a word that has a different specific meaning for everyone, but with the same base understanding; physical beauty accompanied by a good personality. But if your definition of perfection pertains only to certain hair colors, eye colors and body types, you've gone too far. You are only limiting yourself if you limit your

selection. Physicality can attract you to others, but inner beauty is what sustains relationships.

2. You never go on dates: If you're constantly looking for the perfect guy and will only go on a date when you think you've found him, then your standards are too high. Dating around is a good way to find out what you both want and don't want in a partner, so don't sit around and wait for the one.

3. You're looking for Prince Charming: Chivalry isn't dead, but it certainly isn't alive as it once was. So, if your date doesn't open the door for you or return your glass slipper by the end of the night, it's not the end of the dating world. If you think it is, your standards are unreasonable and you might've read one too many Nicholas Sparks books.

What dating standards do you think are unreasonable? Tell us below.

Wynonna Judd's Husband Is Injured in Motorcycle Crash





By Jessica Nappi

Wynonna Judd's husband and drummer, Michael Scott "Cactus" Moser, got into a serious motorcycle accident on Saturday. The newlyweds went for a motorcycle ride together on separate bikes in Deadwood, S.D. before one of their shows. Judd avoided harm while Moser crashed into an oncoming vehicle and was immediately transported to a local hospital. [People](#) reports that Judd released a public statement expressing both her gratitude and hope. "The outpouring of prayer and support from friends, family and fans has been a blessing to both Cactus and I," she says. "Cactus is a champion. I love him deeply and I will not leave his side." Moser is currently being treated for serious, but non-life-threatening injuries and the duo has postponed their scheduled concerts in Canada.

What to do you do to support your partner during illness?

Cupid's Advice:

For better or worse, you have to be by your partner's side. Here are some ways to support your other half through the worst:

1. Be at the hospital with them: Sometimes more terrifying than an actual illness is the unfamiliar, white-walled and unhomely hospital room they put you in. Make your partner feel

comfortable and at-home by being there with them as much as you can, and bringing some household items to give the room a spark of life.

2. Don't wait for them to ask for help: It may not be easy to detect all of their needs during an illness, but if anything, be overbearing rather than yielding. Always ask if they need anything, give them foot massages, and bring them random gifts. They could feel like a burden when they ask for help all the time, so go the extra mile.

3. Always put on a happy face: During hard times, it's easy to lose hope and break down. That said, doing so will only make your partner suffer emotional pain when they are already in physical pain. Put on a brave face and never let your smile falter. When you're smiling, your partner will smile too.

How would you support your partner during illness? Tell us below.

Carrie Underwood Says Mike Fisher Loves All of Her Crazy





By Erin Minty

Country star Carrie Underwood has found someone who loves “all of her craziness”: her husband of two years, Mike Fisher. Since their marriage in 2010, the couple is still as happy and in love as ever, according to UsMagazine.com. Though the singer and her NHL hubby are both so busy, they take the extra effort to make their marriage work, like vacations to Disney Animal Kingdom in July. Underwood shares that the two text and tweet “I love you” every day to each other, as well as making their time together count by going on dates. With such busy work lives, it is great to see a couple that makes it work, despite the obstacles they face.

How do you know if someone’s weak points are something you can live with?

Cupid’s Advice:

Most people are not perfect, and there may be a few elements of their lives that you don’t like. Cupid has some advice on figuring out whether or not those weak points are something you can live with in your relationship.

1. Talk to your partner: If you have a problem with an element of your partner’s life that you are unsure about, talk to them. It may be something that is unavoidable, or the two of

you may be able to come to a compromise. Either way, if you leave the conversation feeling better about the issue then the relationship is probably worth it.

2. If the positives outweigh the negatives: In any relationship, there may be elements of your partner that you don't think are perfect. But you shouldn't abandon ship because of one little pet peeve. Think about it: are there more positives than negatives in your relationship? Try to focus on those points instead.

3. Test it out: If you really can't decide whether or not you can live with the weak points, try it out for a little while. After a time, if the relationship is driving you crazy, you'll know that the problems are too much to handle. If you still want to stay with the person, you'll know that you can handle a few little issues.

How do you know if you can handle your partner's weak points? Let us know below!

Victoria Beckham Dedicated Spice Girls Show to David and Kids





By Daniela Agurcia

Everyone was ecstatic to see the wonderful reunion of the Spice Girls in the 2012 London Olympics Closing Ceremony. Geri Halliwell (Ginger Spice), Melanie Brown (Scary Spice), Victoria Beckham (Posh Spice), Emma Bunton (Baby Spice) and Melanie Chisholm (Sporty Spice) took the stage and made their performances of “Wannabe” and “Spice Up Your Life” ones for the books. According to UsMagazine.com, Beckham’s rep said she dedicated the performance to her husband, David Beckham and her four kids, who were all in the audience to watch her. The Spice Girls were happy to be back on the stage and Beckham’s family couldn’t be more proud of her.

What are some grand romantic gestures you can make to your partner?

Cupid’s Advice:

There are many things you can do to show your partner you love them. Here are some ideas for romantic gestures that show you care:

1. Support them: There’s nothing more important than supporting your partner in something they’re doing. Show up at their office or show with a bouquet of red roses to express your support and love.

2. Take them on a date: Surprise your loved one with a romantic outing to their favorite restaurant on a day where it's least expected. It'll be good to get away from the house and have some one on one time together.

3. Give them a day to relax: Surprise your partner with a nice day at the spa to allow them to finally take some time to relax for themselves. It will be greatly appreciated and it shows you care and want them to relax and feel good.

What are some romantic gestures you've done for your loved one? Share your ideas below.

Source Says Justin Theroux Had Been 'Dying' to Propose to Jennifer Aniston





There has been a

big hype about Justin Theroux and Jennifer Aniston's recent engagement. The two had been dating for 15 months before the actor-screenwriter popped the question on the day of his birthday, August 10 in New York City. According to [People](#), a close friend of Theroux claims, "He's been dying to do it!" Aniston made Theroux's 41st birthday one to remember by accepting the proposal, and she looks more in love than ever. The couple's complimentary laid-back attitude makes them a perfect match, and friends and family couldn't be more thrilled for them

What are some signs that it's time to get engaged?

Cupid's Advice:

When deciding to spend the rest of your life with someone, you have to make sure your relationship is in the right place to make that big step. Here are some signs that you're ready to become engaged:

1. You've been in a long term committed relationship: It's hard to decide you want to spend the rest of your life with someone if you haven't gotten to know them for long enough. If you have been in a dedicated and committed relationship for over a couple of months, then you can consider a proposal and

know what you would be getting yourself into.

2. You've moved in together: Just because you have been dating for a while, doesn't mean you know exactly what you'd be marrying into. At least not until you've lived with a person. Once you live with them, you live and breathe them. You wouldn't want to become engaged to someone and find out what they live like later on.

3. Make sure you're on the same page: Before becoming engaged you need to make sure you have similar plans in life. There are things to discuss before making such a big step in life, such as children, living, occupation, traveling plans, etc.

When do you think a couple is ready to become engaged? Share your thoughts below.

Chelsea Clinton Discusses Plans to Have Children





After two years of

marriage, former First Daughter Chelsea Clinton is finally talking babies with Marc Mezvinsky. UsMagazine.com reports that in the September issue of *Vogue* Clinton shares that starting a family is “certainly something that Marc and I talk a lot about.” But the couple is in no rush. “Marc and I are both working really hard right now, but I think in a couple of years, hopefully . . . literally, God willing. And I hope my mom can wait that long.” Clinton is coincidentally the same age as her mother, Secretary of State Hillary Rodham Clinton, was when she gave birth.

How do you know when it’s the right time to have kids?

Cupid’s Advice:

After marriage the idea of having kids can be exciting, but you have to make sure you are settled in your life before taking on a whole new adventure. Here’s how to make sure the timing is right:

1. Financially secure: You want your kids to have the best life possible, and if you’re having money problems your child will be negatively affected. Having children is all about love but don’t forget that you also need to be able to support them.

2. You've spent enough alone time in your marriage: After your big wedding day, spend at least a couple of months in the honeymoon phase of your marriage. Get to know each other as a married couple and enjoy your intimate alone time before you add a plus one.

3. You know what you're getting into: The thought of having children can conjure up images of love, playfulness and happiness, but you need to be prepared for all of the difficulties behind the positives. You need to read up on what to expect during pregnancy, how to care for newborns and then some. It would even help to get advice from other families. No one knows exactly what to expect when starting a family, but it's good to be knowledgeable about the basics.

How would you know when it's the right time to have kids? Tell us below.

**Jon Stewart Consoles Rob
Pattinson With Ice Cream**





There's nothing

that ice cream can't fix, or at least that's what Jon Stewart thinks. Stewart pulled out the Ben and Jerry's for Rob Pattinson's first public appearance post Kristen Stewart cheating scandal on Monday night's *Daily Show*. An audience member told UsMagazine.com, "Jon brought out the ice cream for him and Rob to eat, almost like Jon was feeding it to Rob to help him get through a breakup . . . Jon didn't ask anything about Kristen, but it was obvious that was what the ice cream was for." Even though Stewart was kind enough to not mention the scandal directly, Pattinson certainly acknowledged the elephant in the room. He said his only regret was not hiring a publicist during the media frenzy.

What are some things that help you feel better during a breakup?

Cupid's Advice:

The pain of heartache may seem like the end of the world, but there are a couple of things you can do that will minimize the hurt. Here are some ways to help you feel better during a breakup:

1. Comfort food: There are certain foods, like ice cream, that everyone needs to indulge in during a breakup. The sugars

mixed with the decadence of dessert foods will have you feeling better in no time.

2. Friends: In even the saddest of moments, friends should be there to make you smile and laugh even when you feel like crying. If you invite your friends over for take out and drinks, you'll be questioning how you were ever depressed about your split.

3. Retail therapy: Shopping for whatever you may like will help anyone get through a breakup because it is something to look forward to. For girls mostly shoes and clothes does the trick, and for guys maybe buying a new car. Either way, new possessions can make your feel better about yourself, even if only momentarily.

What would you do to help you feel better during a breakup? Tell us below.

Rachel Weisz Opens Up About Her Marriage to Daniel Craig





Bourne Legacy star

Rachel Weisz has never truly been open about her secretive year-long marriage with Daniel Craig...until now. UsMagazine.com reports that in the September issue of *Marie Claire UK* Weisz shares how their relationship evolved and what it's like balancing motherhood, her career and Craig's career. When asked if it was love at first sight, Weisz said, "It wasn't really like that; we'd been friends for ages." Without delving into too many details, Weisz felt more comfortable talking about her career rather than her love life. "You both understand you've got to be flexible," she says. "Every few months you start a new job." It sounds like this acting duo has found the perfect balancing act between overexposure and privacy.

What details of your marriage should you keep to yourself?

Cupid's Advice:

Talking about your relationship is a healthy habit, but you do not want to expose every little detail. Here's how to know you've gone too far:

1. Fights: As angry as you may be, spilling all of the details about your fights is never a good idea. You can tell friends and family why you're fighting, but do not delve into 'he

said, she said,' details, because it will only cause more drama.

2. Intimate moments: There are certain moments in your marriage that are only meant for the two of you, and the two of you alone. Intimate moments like cuddling and talking about how much you love each other should only be for your memory, not anyone else's.

3. What you do not like about your counterpart: I'm sure you can make an entire list expressing everything you love about your partner, but one negative comment will erase the entire positive. Only share the good details of your marriage, or it will come back to bite you.

What details of your marriage do you think you should you keep to yourself? Tell us below.