

# 'Bachelor' Stars Ben Flajnik and Courtney Robertson Call It Quits



By Nic Baird

Ben Flajnik, the *Bachelor* from the show's 16th season, and his final rose recipient, Courtney Robertson, have ended their eleven month relationship, according to [UsMagazine.com](http://UsMagazine.com). The couple explored Baker Beach, San Francisco in August, and Flajnik even commented on Twitter that it'd be an ideal location for their wedding ceremony. The pair seemed in love this summer, despite Flajnik's rumored indiscretions four months after their November 2011 engagement. Before this recent split, the California winemaker's proposal to

*Bachelorette* Ashley Herbert was turned down in favor of competitor J.P. Rosenbaum.

**How do you know when it's time to call it quits?**

### **Cupid's Advice:**

It's always good to be optimistic about love. Being in a healthy relationship means fostering a connection, allowing growth, and maintaining trust. Looking for a way out is different than examining the strengths and weaknesses of being together. That being said, recognizing these important fundamentals will save you from picking up the pieces of your heart with the boxes of clothes you left behind:

**1. Friendship:** All relationships are based on the enjoyment you have spending time as a couple. Like any friendship there can be rocky moments and tension. But in spite of this, both parties should still care for each other. This means building a comfortable foundation and finding new ways to spend time together. A relationship includes intimacy, but if it doesn't feel like you're friends than how could you be more?

**2. Future:** Most people enter a relationship with the idea that it could progress further. Unless otherwise stated, it's reasonably assumed that your partner is a candidate for marriage. You're stalling if you've already dismissed this in your head. Your partner's life may have no room for you. If they're unwilling to ever compromise on solutions to develop your partnership, then remember to prioritize your relationship needs. Decide on an appropriate time to put down the candle.

**3. Trust:** Some broken hearts can't be mended. Second chances are great, but not always realistic. Even with forgiveness, baggage can still tear your relationship apart. Establishing trust is hard, but repairing it is even harder. If there's no hope of trust with this person than don't torture yourself.

Confront issues head-on, talk with your partner, and make a final decision.

What are signs that told you to call it quits? Share your experiences below!

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## Beyonce Performs 'Crazy in Love' with Jay-Z in Brooklyn



By Nic Baird

Surprise guest Beyonce joined her husband Jay-Z on stage at the Barclays Center Saturday. The leather clad Beyonce even

had to cover Jay-Z when he missed his queue during “Crazy in Love,” according to [UsMagazine.com](http://UsMagazine.com). “Oh sh— I should probably rap here,” he said afterwards. Jay-Z had been too caught up in his wife’s vocals to remember his part. By having his wife perform, Jay-Z closed out eight nights at the Brooklyn venue. She was in the audience during the first Sept. 28 show, before taking her support to the stage as her 2008 hit “Diva” played.

## **How do you stay involved with your partner’s career?**

### **Cupid’s Advice:**

Unless your spouse is a secret agent, learning about their career will make them more willing to disclose work experiences. Cupid has some advice:

**1. Ask questions:** As a topic of conversation, the things people do during the average day at work is only slightly less monotonous than the weather. But like the weather, it’s very important so you can act with foresight. Problems at work can quickly boil over into personal life. Not only are you showing an interest in your partner’s career, but you’ll be able to anticipate their needs and moods by regularly asking them about work.

**2. Offer advice:** The follow-up to asking questions about work is offering advice. To fully communicate, you have to offer something to your partner. Your advice should align with your significant other’s career objectives. Demonstrating your support comes by helping your partner with their goals, not your own. Make a sincere contribution, and don’t be upset if they neglect your tips.

**3. Celebrate together:** A great way to show your involvement with your partner’s career is by looking for ways to celebrate their work. This could be a promotion, or an accomplishment. If they have free time after a long stretch at the office, celebrate a break from their labour. It’s not only about



showing your interest, but also an opportunity to spend time together.

When do you find time to talk to your partner about their career? Share your experiences below!

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## Amber Tamblyn and David Cross Get Married



By Nicole Weintraub

Amber Tamblyn and David Cross have officially tied the knot, according to [People](#). Tamblyn, known for her role on *Sisterhood*

*of the Traveling Pants* is nearly 20 years younger than her new husband. *The Increasingly Poor Decisions of Todd Margaret* star and his new bride announced their engagement back in August of 2011. Yo La Tengo and other performers sang at their wedding where Questlove of The Roots was the DJ. While there is an age gap between the new husband and wife, this is the first marriage for both Tamblyn and Cross.

**How do you know when an age difference is a problem?**

### **Cupid's Advice:**

When we fall for someone, we are smitten to the extent that we do not notice the other's flaws right away. Or rather, we choose to ignore them. Here are some tips on how to tell if an age difference is going to be a problem:

**1. On the same page:** One of the biggest complications with dating someone older or younger is the fact that the two of you may be on different pages. If the two of you are in different aspects of your life, then perhaps it is going to be harder to connect to one another.

**2. Age is just a number:** If the statement "age is just a number" runs true for you, then it should not be a problem for you at all. After all, you are the one who is dating someone older or younger than you, so you have to appreciate the age difference.

**3. Comfort is key:** Are you comfortable with dating someone older or younger? At the end of the day, if it bothers you then it is not going to work out. If the difference does not impact you, then you're in the clear.

**How would you deal with an age difference? Share your stories with us below!**

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# Mariah Carey and Nick Cannon Spend a Family Day with Their Twins



By Nicole Weintraub

Mariah Carey and husband Nick Cannon enjoyed a bonding family day at the Santa Monica Pier in Los Angeles, according to [People](#). The couple posted for photos along with their eighteen-month twins – Moroccan and Monroe. Recently, Carey has been in the news regarding her feud with Nicki Minaj as the two are fellow judges on *American Idol*. Despite recent rumors regarding the fighting between the two, *Idol's*

producers commented that the two are, “one of the best, most passionate, dynamic and invested judging panels”. Regardless of whether or not the feud is all it is hyped up to be in the tabloids, the family seemed at ease as they enjoyed cotton candy, roller coasters and balloons.

**What are some ways to keep the spark alive in your relationship when you have kids?**

### **Cupid's Advice:**

Kids are a precious addition to the family, but sometimes the romance in your relationship can be negatively impacted by the latest additions. Here are some ways to keep that spark alive even with kids:

**1. Date night:** Just because the two of you are parents now does not mean that date night needs to end! Invest in a babysitter that you trust and go out for a night on the town once every few weeks. That way, your relationship with your partner is not neglected.

**2. Family outings:** Going out as a family can also be a bonding experience for you and your beau. The two of you can bond while your kids get their faces painted, stuff their faces with cotton candy or run around at the park. The more time you spend together, the more memories you will create together.

**3. Love letters:** If the two of you are busy at work and come home late at night, too exhausted for romance, try little notes. Whether it be through text messages, e-mails or old-fashioned handwritten love letters. Just let your partner know that you are thinking of them.

**How have you kept your relationship alive with kids? Share your stories with us!**



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# Giuliana Rancic: “Everything Feels Complete Now”



After a long road to parenthood, Bill and Giuliana Rancic are “loving every minute” with their 5-week-old son Duke. The proud new parents have teamed up with CBR (Cord Blood Registry) and “Healthy Futures” to talk about the importance of saving cord blood stem cells.

Giuliana opens up to Celebrity Baby Scoop about “savoring” moments with her “dream baby,” fighting over midnight feeds with Bill, and “enjoying being on maternity leave and spending as much time with Duke” before her return to work in November.

**CBS: Congratulations on the arrival of baby Duke! What kind of baby is he? Are you getting any sleep?**

GR: Thank you! We are thrilled to have Duke in our lives and could not be happier parents. Life with Duke is great – he has been a dream baby! We are getting some sleep but we're also waking up every few hours to feed him and change him... Bill and I sometimes fight over who is going to get up with him because we both want to savor every single moment with Duke.

**Related Link:** [Giuliana and Bill Rancic Welcome Baby Boy.](#)

**CBS: Tell us about teaming up with CBR® (Cord Blood Registry®) and "Healthy Futures," to educate expectant parents about the value of cord blood stem cells.**

GR: We went through a lot of health struggles before finally being able to announce we were pregnant. Infertility, a miscarriage, and then a breast cancer diagnosis – it was quite a journey. Because it was hard for us to get Duke into this world, we wanted to make sure we did everything we could as parents to make sure he had the best life possible, and that included banking his umbilical cord blood with CBR (Cord Blood Registry). When preparing for a new baby, every parent always makes a list of things they need to do before the baby comes. Cord blood banking should definitely be one of those 'checklist' items. Cord blood is full of millions of stem cells that could change or even save a child's life one day.

**Related Link:** [How Raising a Child Can Bring you Closer Together as a Couple.](#)

**CBS: We saw that you've already returned to work (at the recent Emmy Awards). Was it hard to leave baby Duke?**

GR: I did return to work for *E!'s Live From The Red Carpet* for the 64th Emmy Awards. It was incredibly difficult to leave Duke and I can empathize with working moms. The night before I left, I was actually sobbing into Bill's arms because I didn't

want to leave him... As Duke gets older, Bill and I are going to make it a priority to find a balance between work and our family.

**CBS:** It sounds like your experience with a gestational carrier was very positive. Are you planning to hire another surrogate in the near future? Or maybe you'll try for your own pregnancy? Or adoption?

**GR:** We had an amazing gestational carrier that we cannot thank enough for all that she has done for our family. As for the future, we are not ruling anything out, but for now we are focusing on enjoying Duke and savoring all of these new moments with him.

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## Sources Say Jason Sudeikis and Olivia Wilde Are 'Inseparable'





By Nicole Weintraub

Olivia Wilde and boyfriend Jason Sudeikis are starry eyed and in love, according to [UsMagazine.com](http://UsMagazine.com). The pair have been “inseparable” says an insider; the couple of nine months have been attached at the hip. The two are living together after only dating for a few months, but they are smitten. Though, the two are in no rush to tie the knot as Wilde divorced her former husband Tao Ruspoli last September after eight years. Sudeikis himself separated from his wife Kay Cannon after six years of marriage in 2010. Since the two have a ‘been there, done that’ attitude, they are in no race to the altar. Rather, the two enjoy squeezing time in to see one another in between hectic work schedules.

**How do you know how much time to spend with a significant other?**

**Cupid’s Advice:**

A new relationship has a honeymoon phase where all you want to do is be with your new partner. Though, where is the line

between enjoying each other's company and suffocating each other? Cupid has some advice:

**1. You feel the suffocation:** If you are beginning to feel that you are trapped or have no privacy, it's probably time to put a little distance between your outings. There is nothing wrong with wanting to spend time with your partner, but the two of you also need some space.

**2. Nothing to talk about:** If the two of you are constantly together, attached at the hip, eventually you are going to run out of things to talk about. You won't be able to tell them what is new or how your day went, because they already know.

**3. Don't miss them:** You need to be able to miss each other. If you do not have space and time to yourselves, the spark is going to disappear. You cannot miss your partner and appreciate the time you truly spend together if you are constantly with one another.

**How do you know when you are spending too much time with a partner? Let us know!**

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# Kim Kardashian Says She Can't "Imagine Being With Anyone Else" Other Than Kanye West







By [Jessica DeRubbo](#)

It looks like Kim Kardashian and Kanye West are getting pretty serious, according to [UsMagazine.com](#). In the November issue of *Tatler* magazine, Kardashian opens up about her strong romance with West. She says, “It’s so nice to have a best friend in this game who understands everything you’re going through. Being with someone I’ve known for so many years is comforting.” Kardashian, who has been married twice before to Damon Thomas and Kris Humphries, is certain the West is “the one.” “I can’t even think about being with anyone else than the man I’m with,” she says.

**How do you know when you’ve found “the one”?**

### **Cupid’s Advice:**

Dating around can get confusing, and it’s sometimes hard to know when you’ve found the person you’re meant to be with long-term. Cupid has some advice:

**1. The spark doesn’t fade:** Even after months of dating, you still get butterflies in your stomach when you go to see your

partner. That's a sure sign that the connection you have is likely not to fade for some time.

**2. You feel secure:** Security is a great thing in a relationship. If you don't feel as if something small could throw your relationship off, it shows that you're committed to making your relationship work far into the future.

**3. You trust each other:** Part of security means trusting one another. You should have no doubt that your partner will never cheat on you, for one. If you question it, you may want to re-think whether he/she is "the one."

**What are some other ways to know you've found "the one"?**

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## **Patti Stanger Explains How to Reconnect Like Ashton Kutcher and Mila Kunis**





By [Jessica DeRubbo](#)

Love and relationship expert Patti Stanger is doling out some love advice yet again, this time related to new couple Ashton Kutcher and Mila Kunis. Only romantically linked since April, the celebrity duo met on the set of *That 70's Show* more than 14 years ago, according to [People](#). Although Stanger is not picking Kunis over Kutcher's ex, Demi Moore, she loves this new relationship development because it gives her a chance to discuss how to spark a new love after touching base with someone from your past. One piece of advice she gives it to set yourself up now for a romance in the future. She advises not to dwell on relationships that aren't ready to happen as of yet and to continue meeting new people and trying new things. According to Stanger, space and experience are key.

**What are some ways to reconnect with an ex or crush after much time has passed?**

**Cupid's Advice:**

Sometimes reconnecting with someone you used to have a

connection with in the past can spark a new love. Here are some ways to approach it:

**1. Social media:** In this day of technology, social media may be the best way to go about reconnecting with a past crush. Log on to Facebook or Twitter and compose a quick flirtatious message meant to spark new conversation.

**2. Mutual friends:** Chances are that you may have mutual friends to lean on. If you want to reconnect with someone, ask your mutual friend to plan a group activity. This will give you a no-pressure way to see each other again.

**3. Text:** If you still have your ex or past crush's number, texting may be the way to go. It's not quite as in-your-face as a phone call, and you can easily keep things simple. A quick, "How's it going?" may be just what you need.

**What are some other ways to reconnect with a past crush? Share your ideas below.**

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## Sources Say Rihanna and Chris Brown Made Out at NYC Club







By Jennifer Ross

Are Rihanna and Chris Brown reuniting? A source told [UsMagazine.com](http://UsMagazine.com) that Rihanna, 24, and Brown, 23, were caught making out at New York City's Griffin Club on Monday night. And that's not all! According to *Celebuzz*, Brown, who was seated at a different table than Rihanna, climbed over the center stage to get to her. The two then began to dirty dance with each other, unworried about the public. Late into the night, they eventually left separately. Where was Brown's now ex-girlfriend and aspiring model Karrueche Tran, 23, in all this? Not by his side.

**How do you know whether to give your ex a second chance?**

### **Cupid's Advice:**

Just about everyone deserves a second chance at one point in their life. While your partner may have been the main culprit to the problem, there were other factors to consider that may have been your fault. Even so, should you consider giving your partner a second chance, here are three tips to ponder before



you do:

**1. Time has passed:** Enough time has passed to give you both the space to reflect back on what happened, who did what, and where did each of you go wrong. Without you and your partner separately analyzing the issue and your negative contributions, history will repeat itself.

**2. Taken responsibility:** After re-evaluating what went wrong, the two of you have either taken or begun to take the necessary steps in fixing the issue within yourselves. Working on yourselves first ensures that you can give each other the openness to work through it and have a real fresh start at love again.

**3. The decision is agreeable:** In deciding to reconcile, the two of you have agreed to do so protecting each other and lovingly together. By both being on the same path and honestly dividing up the work between each other, only then can your relationship move forward with the best chance of surviving.

**What reason(s) helped you decide to give your partner a second chance? Comment below.**

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## Justin Bieber and Selena Gomez Enjoy a Spooky Sunday





By Jennifer Ross

It looks like Justin Bieber and girlfriend Selena Gomez have gotten a head start on celebrating Halloween this year, according to [People](#). The couple, along with a few friends, was given a personal tour of the Goretorium on Sunday in Las Vegas. Eli Roth, the venue's creator, guided the group through the multi-level horror labyrinth. Their spooky adventure started in the lobby of the Delmont Hotel and ended in the Goretorium retail shop. Bieber appeared to be feeling good, compared to the previous night when he became sick on stage before thousands of adoring fans.

**What are some things to do as a couple around Halloween?**

### **Cupid's Advice:**

Traditionally, Halloween is seen as a holiday for the kids. However, it is also a perfect opportunity for you and your partner to have child-like fun together. By dressing in costumes, you two are able to innocently pretend you are someone else, which is a game you may want to repeat

throughout the year. To be like a kid again with your mate, here are a few ideas:

**1. Corn maze:** Attending a corn maze with your mate can be a romantic adventure. No need to bring a flashlight, especially if it becomes dark, so the two of you can get “lost” together. Some things you will need to bring to make it extra nice are hot cocoa in a thermos and a sweater or jacket to stay warm.

**2. Pumpkin shopping:** Shopping for pumpkins together at a local pumpkin patch can be a great bonding moment and lots of fun. You have the option of either choosing one pumpkin to carve together or multiple ones to make a contest out of it. Then, you two can dry the seeds in the oven and enjoy them, cuddling while watching a scary movie.

**3. Attend a costume party:** Costume parties are almost always a blast and going with your partner in a couples theme only adds to the fun. If you want to put a spin on it this year, try going to the party separately so that you both will not know what the other one is dressed as. Then, see the surprise on each other’s face as you two reveal your costumes to each other at the party.

**How did you and your partner celebrate Halloween? Scare us with the details below.**

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## **Cameron Diaz Says It’s Great Being Single**



By Jennifer Ross

While movie star Cameron Diaz has been romantically linked to celebrities like Justin Timberlake and New York Yankee Alex Rodriguez, walking down the aisle has not been in the cards for her – yet. Rather, the *What to Expect When You're Expecting* starlet is alright with that. She admits that marriage was not something she searched for in her 20's or 30's. However, Diaz, who just turned 40 at the end of August, is feeling open minded to the possibility of marriage and, perhaps, children in her future. Recently, she spoke with [Esquire UK](#) about her life, stating that she knows herself better, feels more capable than ever, and “has gratitude.” When it comes to potential suitors, Diaz claims she looks for “someone who takes care of themselves, who's strong.” Until then, she seems perfectly content in her own skin.

**What are some advantages to being single?**

## **Cupid's Advice:**

In this day and age, the society and family pressures of marriage still exist. As women tend to get older, some may question if they will ever find a partner. However, being single is not just about waiting for prince charming. It does have its perks. Here are a few reasons why being single can be more fun:

**1. It is your time:** Without the constraints of marriage and children, you can arrange a night out with friends at the spur of the moment. Ever went to see a movie and hated it half way through? When you are single, you can get up and leave the show midway. The freedom is so exciting when you think of it.

**2. Traveling is easy:** Imagine a three day weekend and a little extra cash. With no mate, you can take off whenever and wherever you like, especially when you sign up for a singles' trip. It gives you the opportunity to meet wonderful singles, like yourself, and experience new adventures.

**3. Recreating is possible:** Possibly the ultimate advantage to being single is the ability to recreate your life. Anything you want is possible with high rewards and little risk, since you don't have to worry about your actions affecting anyone else's life. So go after it, whatever it is!

**What do you love about your single life? Tell us below!**

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# **Arnold Schwarzenegger Admits to Another Affair in Memoir**





By Jennifer Ross

Just when you thought you had heard it all, Arnold Schwarzenegger confesses to another love affair. From his new book, *Total Recall*, the former California governor wrote about an affair with his one-time co-star Brigitte Nielsen that happened back in the 1980's. The latest news comes just one day after *60 Minutes* released an interview excerpt where Schwarzenegger admits to fathering a child with a former housekeeper while married to Maria Shriver. According to AP, it was his affair with Nielsen that made him want to marry Shriver even more.

**What are some ways to deal with the revelation of a partner's affair?**

**Cupid's Advice:**

Apart from a death, finding out your partner had cheated is one of the most saddening news to receive. You will go through many negative emotions and, more importantly, need to decide what to do next. So to help you with your dilemma, here are a few ways to deal with the revelation:

**1. Answer the hard question first:** One of the hardest questions to answer after an affair has happened is will you stay or leave your partner? No matter which you choose, the road will be difficult, so it is useless to look for the easier path. Even so, you must choose wisely and not go back on your decision.

**2. Know your part:** Unless your partner is a philanderer, he did not go out looking for an affair. This means that the affair more than likely was a slow process that started when you two had issues, and way before the other person came around. To truly deal with the issue, you must look inwards to understand your part, even if your part was just looking the other way.

**3. Understand the stages:** The next few months will be a roller coaster. Understand that you will go through times of anger, frustration, sadness, and moments of feeling absolutely nothing, in any order. Eventually, the negativity will lessen and you will get to peace and rekindling.

**How did you deal with your partner cheating on you? How hard was it to deal with? Comment below.**

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**Rob    Pattinson    and    Kristen**

# Stewart Will Reunite Publicly for Last 'Twilight' Movie



By Jennifer Ross

Save the date! The time has finally come for Kristen Stewart and Robert Pattinson to come out together publicly. *Summit Pictures* has confirmed to [People](#) that the newly reconciled couple will begin promotions for their continuing roles in their latest movie, *The Twilight Saga: Breaking Dawn – Part 2*, on October 28 in Los Angeles. From October 28 to November 4, the entire *Breaking Dawn* cast, including Stewart, 22, and Pattinson, 26, will appear in a series of press junkets, which will include interviews and photos. Following that, the movie's world premiere is scheduled for November 12 at LA LIVE at Nokia Theater. Since the two reunited back on the weekend

of September 15, their public appearances have been without each other.

**How do you know if you can trust your partner after they betray you?**

### **Cupid's Advice:**

A betrayal from your partner can be a devastation that is likely to have a lasting effect on you. Even so, there are relationships that can overcome them. Should you find yourself in this situation, here are a few tips to getting back on track and trusting again:

**1. There is no expiration date:** Not only does your partner realize that you will need time to heal from his betrayal, but he does not dictate an end date. He sees that it is natural for you to analyze the incident and, in a way, mourn the loss of who he used to be. Plus, he knows that the relationship, during this troubled time, will not be in this state forever. So he waits.

**2. The extra mile:** Not only has he made amends with the issue that got you two here in the first place, but he has also gone above and beyond. Your partner is honest, caring and understanding with you. He gives you the time and attention to let you open up to him again by repeatedly opening up to you first. He focuses on re-strengthening your relationships foundation.

**3. He uses this time to create a new relationship together:** Because a betrayal can create a different person is us all, your partner takes advantage of this opportunity to live as the partner and person that he truly is through love. In public, he assures everyone that you come first and he speaks highly of you in a genuine way. He has learned to let go of the past...and so should you.

What did your partner do or say that made you realize that you could trust him again? Comment below.

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## Rachel Bilson and Scott Porter Dish on Love Triangle on 'Heart of Dixie'



By Jennifer Ross

In the season finale of *Hart of Dixie*, Dr. Zoe Hart (Rachel Bilson) and Wade Kinsella (Wilson Bethel) finally have their love affair. However, the show didn't end like that. Soon



after, George Tucker (Scott Porter) decides to call off his wedding to Lemon Breeland (Jaime King) and confesses his love to Dr. Hart. What's a girl to do? Bilson, 30, tells [UsMagazine.com](http://UsMagazine.com) that although she does not know who her character will end up with, she thinks the love triangle will continue for awhile. As if that was not enough to keep you waiting for next season, poor Lemon will battle with maintaining her perfect image before society. How will she handle the humiliation? Will she fight to get her man back? Will she go back to her former lover, Lavon Hayes (Cress Williams)?

## **What do you do if you're caught in a love triangle?**

### **Cupid's Advice:**

Whether you are torn between two lovers or happen to be one of the two hanging on, being in a love triangle is exactly like being stuck between a rock and a hard place. There really is nowhere to turn and no matter if you believe they love you, you are ultimately alone. When you are ready to move forward to a better relationship, here are a few tips to get you going:

**1. Be honest:** One of the main reasons you got yourself into this mess is because you were not honest with yourself in the beginning. Do it now! What pain or void are you trying to fill? Aside from the actual person, what do you truly want in a partner? Never mind the guy, what kind of love do you want for yourself? Make a list and read it daily.

**2. Listen to logic:** No matter how much you feel you need to stay, chances are you know or have heard all the reasons for getting out. You must take time (a week, a month, etc) to slow down your emotions and think about your love triangle in its entirety. Remember, holding on tighter to your lover(s) will not make the spinning stop; it only makes you dizzy.

**3. Let go:** Do this; imagine your younger sibling or best friend came to you with this exact same problem. Would you tell them to stay or would you tell them they deserve better? One thing you forget to realize is that the only reason you are in a love triangle to begin with is because you continue to stay in your corner. The sooner you get out, the sooner your pain will heal.

**How did you come out of a love triangle? Tell us below.**

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## **‘Revenge’ Star Josh Bowman Says People Shouldn’t Care About His Personal Life**





By Nic Baird

Josh Bowman and Emily VanCamp, known as Daniel Grayson and Amanda Clarke on ABC's *Revenge*, have been dating outside their fictional relationship on TV, according to [People](#). But Bowman doesn't care for the attention people are giving to the stars' personal lives. "I tell them to [expletive]-off because it's none of their business, and then it becomes less about the show and more about who I'm dating." Despite this, Bowman raved about performing with VanCamp's on-screen confidence and talent. "She's been working a lot longer than I have," Bowman said. "I'm very curious, and I like to feed off of other people's knowledge."

**How do you keep gossip from interfering with your relationship?**

**Cupid's Advice:**

The circumstances of your relationship may attract undeserved gossip. It's important you don't let your love life get sabotaged by malicious slander. Act fast as a united front and

you should crush your opposition. In the game of thrones, you either win or you die. And in the game of love, you either win or you cry. In both, having a strong ally can go a long way:

**1. Develop trust with your partner:** If you think your relationship is hanging off the grape vine, don't let your partner be the last one to find out. Transparency and direct communication can go a long way to show your significant other your devotion. If they're under attack, assure them of your allegiance.

**2. Confront rumours together:** If your personal life is being poisoned by rumours, maybe sunlight is the best disinfectant. Get everything out in the open together. Confront rumours as a team, and at least you'll demonstrate the strength of your relationship.

**3. Don't sweat the small stuff:** Gossiping is a popular pastime, and nobody avoids it completely. It's hard to live by the mantra of sticks and stones, but at least you avoid some minor emotional bruising. If people are just talking about your relationship, it might not be a bad thing. Just establish to yourself and others what is acceptable.

**How has gossip hurt your relationships? Share your experiences below!**

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# **Taylor Swift Calls John Mayer “Presumptuous” for Thinking**

# Song is About Him



By Nic Baird

Taylor Swift's 2010 hit "Dear John" hints at a broken heart from her 2009 relationship with 34-year-old singer John Mayer, according to [UsMagazine.com](http://UsMagazine.com). Mayer told *Rolling Stone* that the song made him feel terrible and that it was undeserved. "How presumptuous!" Swift responded in November's *Glamour* magazine. "I never disclose who my songs are about." However the age gap between the former couple makes some of the song's lyrics suspiciously fitting: "It was wrong/ Don't you think 19's too young/ To be played/ By your dark, twisted games/ When I loved you so." Swift said she never read Mayer's comments on the song because she's too fragile for media gossip, but admits that her music follows her personal life. "I feel like you can share enough about your life in your music to let people know



what you're going through," Swift said. For the past two months, the pop-country singer has been dating Connor Kennedy, 18, of the famous Democratic family.

## **How can music help you get over a breakup?**

### **Cupid's Advice:**

Your feelings often affect your choice of music, but after a breakup sometimes you need the music to influence your feelings. Using breakup songs in combination with more cheerful subjects can be just the musical cocktail to cure your aching heart. Music is a powerful tool, so always make sure it's steering your emotional rollercoaster in the right direction:

**1. Understand your feelings:** Talented lyricists can put into words feelings we cannot. A breakup can hit you a million different ways, but since love is the main subject of nearly all music every scenario has already been considered. There's no reason you should be taking advice from the hit single of the day, but if breakup songs are what your mind needs to find closure, then indulge it for awhile.

**2. Cheer yourself up:** While you may empathize more with a sad ballad of heartbreak and betrayal, it is known that music directly affects your mood. If you want to feel uplifted, listen to uplifting music. If you want to feel fun, listen to fun music. If you want to obsess over the similarities between Taylor Swift's disappointing boyfriends and your own, maybe you can still find some dismal solidarity, but nobody's dancing to "Dear John".

**3. Get new experiences:** Besides song composition being a great outlet for creative energy, exposing yourself new music post-breakup demonstrates you're moving forward and opening yourself to fresh possibilities. If you music is your passion, then now is the chance to get some friends together and go see

some shows.

What music has meant the most to you after a breakup? Share your experience below!

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## Fall Out Boy's Patrick Stump Is Married



By Nic Baird

Fall Out Boy's Patrick Stump married longtime girlfriend Elisa Yao on Saturday, according to [People](#). Stump's media rep confirmed the news with a Twitter post congratulating

“[Patrick] and [E]lisa on a beautiful and amazing wedding!” Love is in the air this fall, especially last weekend when quite a few famous twosomes tied the knot. Celebrity couples Anne Hathaway of *The Dark Knight Rises* and Adam Shulman, Kings of Leon’s Jared Followill and girlfriend Martha Patterson, and actor Stanley Tucci and literary agent Felicity Blunt all exchanged vows the same weekend as Stump and Yao.

**What are some ways to decide what time of year to get married?**

### **Cupid’s Advice:**

Though *Fall* Out Boy Stump’s choice of season for his ceremony seems absurdly appropriate, there are a lot more things to consider when scheduling your big day than wedding puns. The time of year affects your options, and you don’t want to realize that in the middle of hellish planning:

**1. Weather:** Obviously it looked great in *Friends* when Monica and Chandler had their faux-winter union, but an outside wedding in snow seems unbearable. Besides the temperature, rainfall and wind can ruin a beautiful summer ceremony. If you want to escape into nature, just make sure you have a backup plan if an act of God should occur.

**2. Guests:** Before the invitations start rolling out, it’s important to consult the key players in your wedding party, including the respective parents of the bride and groom. Make sure your special day accommodates your most important guests. Some invitees might have seasonal jobs that affect when they can make it.

**3. Honeymoon:** If you don’t want to get trapped in a resort during rainy season, you should synergize your honeymoon with your wedding. You may have to give something up to have the wedding or honeymoon you always wanted, but a bit of research could avert a disappointing vacation.

What are some fun ways you can use the time of year to compliment your wedding? Share your ideas or experiences below!

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## Anne Hathaway Ties the Knot with Adam Shulman



By Nicole Weintraub

Anne Hathaway is now Mrs. Adam Shulman as the couple tied the knot on Saturday evening, according to [People](#). Hathaway and Shulman have been together for the past four years and celebrated their nuptials at the Ventana Inn and Spa. The

couple was engaged since last November and could not be happier. "He's all the things you want a partner to be. I so find joy in his presence," gushed the *Princess Diaries* star. The two work so well together because they enjoy living private, low-key lives. The two prefer a modest, normal lifestyle.

## **What are some ways to personalize your wedding?**

### **Cupid's Advice:**

Getting married? It can be overwhelming with all of the different aspects that need to be planned. Here are some ways on how to make sure your wedding is personalized:

**1. You make the decisions:** Sometimes it's difficult to remember that it's your big day; not your mother's, your sister's or your mother-in-law's. Instead of trying to make everyone else happy, at the end of the day it's all about you and your fiancé.

**2. Share your story:** It's your wedding, your relationship and your story. Don't be afraid to include some details celebrating your relationship with your partner that not everyone may understand. As long as you and your groom appreciate the detail, that's all that matters.

**3. Stay on track:** It's easy to get caught up in all of the different choices and latest trends. Try to stay on the track of what you originally had in mind rather than being swayed by the latest wedding trends and what your family wants included.

**How did you personalize your wedding? Share your tips with us in the comments below!**

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# Malin Akerman Is Expecting



By Nicole Weintraub

Malin Akerman and her husband Roberto Zincone are going to be parents, according to [People](#). Best known for her roles in *Wanderlust*, *Watchmen*, and most recently *Rock of Ages*, Akerman could not be happier. The couple has been married since their wedding in Italy in 2007. At the time, people were doubtful of their relationship, even going as far as to tell the actress, "I'll give the two of you five years." However, the actress is happy to prove the critics wrong, as she and her husband get ready to welcome their first child into the world.

**What are some ways to prepare your relationship for a child?**

**Cupid's Advice:**

Pregnant? Congratulations! Now you had better get shopping and planning. Here are some tips on how to prepare your relationship for your upcoming child:

**1. Plan ahead:** Instead of waiting nine months to figure things out on the spot, the two of you as a couple should do your homework. Research different options for your child so that the two of you can be better prepared to face what comes with welcoming a baby into your family.

**2. Make decisions together:** Generally men don't like shopping. Though, they are bound to be more interested in shopping together for your future baby – especially when it comes to how much money they will be spending. Remember you are not alone and the two of you are going to be co-parenting.

**3. Communicate:** Communicating openly with your partner is more important now more than ever. The two of you need to be on the same page once the baby comes, so it's best to work on your communication now while you have time.

**How did you prepare your relationship for your baby? Share with us.**

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## Sources Say Ashton Kutcher 'Always Had a Thing' for Mila Kunis





By Nicole Weintraub

Mila Kunis and Ashton Kutcher are still going strong after five months, according to [UsMagazine.com](http://UsMagazine.com). The once on-screen lovers in the hit television show *That 70's Show* have been living together in Brooklyn while Kunis films her latest movie. "He always had a thing for her," says a source, calling their feelings toward one another infatuation. Recently, the two have been photographed together around the New York City area from brunch dates to public displays of affection in Central Park. Kutcher, who is currently separated from Demi Moore, and Mila Kunis, who was once engaged to Macaulay Culkin, seem to have found happiness in each other.

**How do you act on a longtime crush?**

**Cupid's Advice:**

We all have crushes; though some may last a mere few weeks while some may last for years. In the case of Kutcher and Kunis, the two have held a torch for one another since their television days. Here are some tips on how to act on that

crush:

**1. Don't involve others:** If your longtime crush currently is in a relationship or is married, then steer clear. Even if they are being flirtatious, it is better to not get involved with someone who is already involved. If someone truly has feelings for you, they will find a way to be with you.

**2. Be realistic:** If your longtime crush is Johnny Depp, then I would advise you to move on. Is your crush plausible? Does this person live on the other side of the world? Think about the possible problems that you could face if you became involved with this person. Would you be willing to sort through those issues?

**3. Make a bold move:** The only way you are going to move from the crushing stage to the dating stage is if someone makes a move. Rather than waiting for what may be ages, why don't you speak up and make a move? Flirt; ask them for coffee, anything! You've been crushing this long, don't you think it's about time to do something about it?

**Do you have a longtime crush? How would you pursue it? Would you? Share with us below.**

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## Justin Bieber's Mom 'Loves' Selena Gomez







By Nicole Weintraub

Pattie Mallette opens up regarding her sexual past and her words of advice for her son Justin Bieber, according to [UsMagazine.com](http://UsMagazine.com). Mallette reveals that she was sexually abused as a child, which developed into an obscured view of love and men in general. She became pregnant with Bieber at just 17 and started sharing her own story with her son in the hopes that he would make better decisions than she did. In response to her son's two-year girlfriend, Selena Gomez, she gushes of what a sweetheart she is. "They're good together. They're adorable," explains Mallette who greatly approves of her son's girlfriend.

**How do you make a good first impression on your partner's parents?**

### **Cupid's Advice:**

You're meeting the parents – don't freak! Here are some ways on how to make a good impression when you first meet your partner's parents:



**1. Be yourself:** Don't try to be someone you are not because that never turns out well. Be honest about who you are as a person and your interests. After all, only you can play the part of yourself perfectly.

**2. Be appropriate:** Be sure to censor yourself, especially if your partner's parents are old fashioned and traditional. Don't dress as if you were going out to a club and don't curse like a truck driver. Act the way you would want your partner to behave upon meeting your parents.

**3. Stay calm:** Breathe. Be calm, cool and collected. Parents are still regular everyday people. You want to impress them, but they are not going to interview you or nitpick everything that you say. Plus, your partner will be there with you to guide you.

**What are your experiences with meeting your partner's parents for the first time? Share with us in the comments below.**

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## **Patti Stanger Has Three Tips for Making Up After a Break Up**





By Nicole Weintraub

Relationship expert, Patti Stanger recently revealed some tips on how to make up after a break up, especially if infidelity is involved, according to [People](#). Focusing on the recent breakup and cheating scandal of Rob Pattinson and Kristen Stewart, Stanger shares three tips on how to move forward in a relationship. First, you have to ignore your heart and trust what your brain is telling you. The second step is to get comfortable again. You will have to renegotiate boundaries and sort out what makes the two of you comfortable around each other once more. Once you are comfortable, you will be able to start to trust one another again. The *Millionaire Matchmaker's* third and final step is to talk to an expert – a therapist that both partners trust. An unbiased third party will help to reconcile any issues that the couple may have.

**What are some ways to be friends after a split?**

**Cupid's Advice:**

Is it possible? Can you be friends with an ex after a breakup?

Here are some tips on how to make it happen:

**1. Let bygones be bygones:** What may have happened in your relationship are no longer bounds in your new friendship. One of the toughest things is transitioning from lovers to friends. Be careful not to cross the line between friends and lovers.

**2. Tread lightly:** It may be difficult at first to decide what is appropriate behavior and conversation in your new friendship. Monitor how open you are with your ex because there may still be some hard feelings there.

**3. Patience is a virtue:** You will become better friends and more emotionally connected in due time. At first, it may be a rocky friendship but it will become easier in time.

Are you friends with an ex? Share your stories with us below.

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**Heidi Klum Has an  
Affectionate Lunch with  
Rumored Bodyguard Beau**





By Nicole Weintraub

Recently divorced Heidi Klum was spotted grabbing a bite to eat with her rumored bodyguard boyfriend, according to [People](#). Martin Kristen and Heidi Klum went for lunch at Joe's Stone Crab in Las Vegas on Tuesday where an onlooker described their behavior towards each other as very affectionate. The duo has not yet been confirmed as an official couple, but the starlet has spoken fondly of her bodyguard. Kristen has been Klum's bodyguard for the past four years, caring for and helping with her children as well. The two have been photographed together frequently since her divorce from former husband Seal.

**What are some ways to be sensitive to your ex's feelings?**

### **Cupid's Advice:**

Breaking up is hard to do, especially when there are children involved. When children are involved, it is extremely important to try to remain civil with one another. Here are some tips on how to be sensitive to your ex's feelings:

**1. Don't boast:** If you have had the opportunity to find

someone else, there is no need to shout your new love from the rooftops. Take things slow and keep them low-key, at least until it becomes serious and monogamous.

**2. Do be open:** Lying will only hurt your ex's feelings even more, especially if you get caught. In order to avoid a sticky situation, just be open and honest if they ask about your love life.

**3. Keep it clean:** Posting scandalous and revealing photos, comments or videos will only get you into trouble. Keep your personal life private – it will be beneficial for the both of you.

**How have you been sensitive to your ex's feelings? Share your stories with us in the comments below.**

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## Sean Lowe Signs On As the Next 'Bachelor'







By Jennifer Ross

The decision is out! *ABC* has announced to [People](#) that Sean Lowe will star in the upcoming season of *The Bachelor*. In last season's *The Bachelorette*, the insurance salesman from Dallas only made it to second runner-up when Emily Maynard, 26, cut him from the final three. During his wait for the official decision of the next Bachelor, Lowe was quoted as saying he is "an open-minded optimist" and believes "it would be worth it." Will Lowe find his true love? The next season of *The Bachelor* is already in productions and will air in January 2013.

**What are some unique ways to find love?**

### **Cupid's Advice:**

No matter where you turn, love is all around us. Sooner or later, you will want one of your very own. Sometimes the problem may be which area to begin looking. Therefore, when you cannot decide where to start, we can help with a few ideas:

**1. Network:** Networking is not only just for your career

anymore. Talk to all your friends and acquaintances, asking them if they know of a single man that could be right for you. Also ask them to ask their friends for help. It is one of the best tools to finding a potential love.

**2. Visit your local hardware store:** Why waste your time searching for men at a club where the men-to-women ratio works against you? Instead, try your local hardware store, computer store, or even a sporting goods store. Make sure to pick a place where the men tend to outnumber the women in order to better your odds.

**3. By train or subway:** Next time you need to go somewhere, opt for taking a subway or train. Many single men travel this way, and it gives you a moment to start up a conversation. Plus, it literally gives you a way out should you not find any good prospects; you can always change cars or get off at the next stop.

**Where did you find love? Was it unusual? Tell us below.**