

Former 'Dallas' Star Leonor Varela Welcomes a Baby Boy



By Jennifer Ross

The sexy villain on *TNT's Dallas*, Leonor Varela has a new and starring role as mother. According to [People](#), Varela, 39, and producer Lucas Akoskin have received their first child together. Happy mom announced the news in both English and Spanish, via *Twitter* on Nov. 20. "Matteo V. Akoskin is finally in our arms! Matteo V. Akoskin llegÃ³ porfin a nuestros brazos!" Originally, a rep for Varela confirmed the pregnancy back in July to *People*.

What are some ways to announce the birth of your child?

Cupid's Advice:

Once your newborn arrives, you will want to tell the entire

world. A big question is how to do this. No longer are the days of passing out cigars and mailing announcement cards. Thanks to modern technology in communication, here are a few ways to spread your news:

1. Status update: One of the fastest ways to instantly inform your loved ones is by either updating your status on Facebook.com or tweeting a message through Twitter.com. It's simple and straight to the point. You can include your baby's first photo. To be really ambitious, you and your mate can even update them periodically throughout the delivery.

2. Baby blog: If you and your partner want to share more than just a simple announcement, you can create a baby blog. This allows you to memorialize your baby's entire life, from pregnancy onward, through including multiple photos, videos and writing your experience every step of the way.

3. Edibles: To send something more than just a baby announcement card via mail, you say it with sweets. It is easy to order online your favorite candy bars with your newborn's birth information printed on the wrapper. To make the candy bars extra special, there are gourmet candy stores that will hand-stamp the chocolate bars with the announcement.

How did you announce your baby's arrival? Share with us below.

Ashton Kutcher and Mila Kunis Share a Romantic Night in

Rome



By Jennifer Ross

A little rain doesn't stop these two from romancing the night away in Rome. On Sunday, Hollywood couple Ashton Kutcher and Mila Kunis was spotted dining at Rome's Antica Pesa Restaurant. The lovebirds ordered an array of mouth watering delights, such as Parma ham crudo and mozzarella, eggplant parmigiana and a salad with marinated anchovies. The pièce de résistance – a thousand layer pastry with cream and fresh berries. Kutcher and Kunis were also seen walking hand-in-hand in the center of Rome. Sharing their love for each other around the world, it's exciting to wonder where their next stop will be.

Where are three of the most romantic locations to visit with your partner?

Cupid's Advice:

When you are in love, you want to tell the entire world. As a result, many lovers take a romantic trip together, creating lasting memories. Whether you decide to shout your love from the highest mountain or write "I love you" on a white sandy beach, here are a few destinations to get your journey started:

1. Aspen, Colorado: More than just a celebrity hot-spot, Aspen is a lover's paradise all year-round. With miles of hiking/skiing trails and romantic carriage rides boasting stunning sceneries, you and your mate can adventure all day and curl up cozily by a fireplace at night.

2. Paris: Known as the city of lovers, Paris overflows with romance. Fall in love again with your partner through their beautiful public park. Share a lovely meal for two at a sidewalk café and walk hand-in-hand in their many museums.

3. Kauai, Hawaii: Kauai is nature's perfect landscape for lovers. Everywhere you look, you and your partner are surrounded by beautiful beaches, poem inspiring sunsets, gorgeous tropical flowers and dramatic cliffs and canyons to set a romantic mood.

What romantic vacation did you have with your partner? Share your story below.

Pro Matchmaker Says Kristen Stewart and Rob Pattinson

Will Marry in a Year



By Jennifer Ross

Millionaire Matchmaker Patti Stanger knows a good love match when she sees one and she sees one in Hollywood couple Kristen Stewart and Rob Pattinson. Recently, at an *Usmagazine.com* Music Party, Stanger told Hollyscoop.com, "I love the fact that [Robert Pattinson] let [Kristen Stewart] apologize and that she owned up to her mistake. Let's see if they can heal each other and if they can get married in the next year and a half." Although most of America thought their love fiasco may have been a publicity stunt for the *Twilight Saga* movie, Stanger actually saw a heartbroken Pattinson and a remorseful Stewart. "I think it's for real because I really think he had a broken heart, I think he really cried his eyes out and I think she really regretted what she did." When it comes to cheating, Stanger believes in forgiveness. "She's human and they're young. We make mistakes like that and nobody calls

them out. They make mistakes and it's like the end of the world."

What are some signs that you've found the person you're going to marry?

Cupid's Advice:

How can you tell if your partner is "the one?" Ultimately, that is a big question you will have to answer on your own. However, that doesn't mean there aren't clues to guide you. Of all the many possible reasons to doubt a relationship, here are three conclusive signs that you are on the road to marriage:

1. Comfortable: A relationship should not be a painful chore and neither should hanging out with your partner. A lazy day with your soul mate should be like a cozy pair of pajamas – very comfortable and relaxing. This is the type of person you will want by your side when you grow old.

2. "We" terms: As you live in a world of individuality, being in a relationship with "the one" puts everything in a different perspective. Your days of thinking in terms of "me, my and I" evolve into "we, ours, and us." You can naturally think of you two as a unit.

3. Protection: A sign that you are with your future spouse is that not only do you two protect each other from harm, but you also protect each other from the ability to let your individuality decline. Many relationships become so intertwined that each person loses their own sense of self. If not protected, this will only cause havoc and pain between you.

How did you know you had found the right person to marry? Share with us below.

Rob Schneider and Wife Welcome a Baby Girl



By Jennifer Ross

Add one more fan to Rob Schneider's fan base. The comedic actor and his TV producer wife, Patricia Azarcoya Arce welcomed into the world their daughter, Miranda Scarlett Schneider, born on Friday, Nov. 16. According to [People](#), baby Miranda weighed in at 5 lbs., 13 oz. and is 18 inches long. A very elated dad, Schneider tweeted just 45 minutes before delivery, "Baby is COMING NOW! 19th hour of labor! Wife is doing great! WOW!!!" With a little over a day to recover from the excitement of his daughter's birth, Schneider eventually tweets the good news. "Miranda Schneider!!! Born 8:59 pm! Mommy and Baby happy and healthy!" Married in April 2011, this

is the first child together for the couple. Schneider also has an older daughter Elle, with ex-wife London King.

How do you prepare for the arrival of a baby girl versus a baby boy?

Cupid's Advice:

Are you having a boy or girl? That's usually the first question you will continually answer throughout your pregnancy. Although most new born babies require basically the same needs after birth, here are some things to consider when preparing for a boy versus a girl:

1. Color choice: Nowadays, many parents-to-be option-out of learning the sex of the baby. However, knowing whether you will have a boy or girl definitely helps in determining the color choice for the nursery. Will it be blue or pink? If neutral is not your color preference, then ask your doctor "what's the gender."

2. Amount of clothing: Generally boys are born bigger. However, what most new parents aren't aware of is that boys also grow much faster than girls during the first 6 months of their lives. Therefore, you and your mate will need to buy a larger variety of sizes for your baby boy versus a baby girl. It's probably better to wait till after 6 months to buy him designer clothing.

3. Circumcision: When having a boy, you and your partner will need to decide whether you want him to be circumcised, either for health and/or religious reasons. The best way to decide is lots of research on the topic. Should you decide yes, you will need a couple of items, such as Epsom salt for his bath water and Vaseline to apply during the healing process. Of course, always consult a doctor first.

What steps did you take to prepare for a baby girl or a baby

boy? Tell us below.

Justin Bieber Brings His Mom Patti to the AMA Awards



By Nic Baird

Without ex Selena Gomez at his side, Justin Bieber brought his mom to the 40th American Music Awards, Sunday, according to UsMagazine.com. The 18-year-old pop icon, escorted by mother, Pattie Mallette, walked down the Nokia Theatre red carpet in Los Angeles and returned as the top winner. Bieber took home the awards for Favorite Pop/Rock Artist, Favorite Pop/Rock Album, and brought his date on stage for his biggest triumph, Artist of the Year. "This is my mom," Bieber said. "She's

little, but she's beautiful . . . It's hard growing up with everything going on, with everyone watching me. I wanna always make you proud."

What are some ways family can help you get through a breakup?

Cupid's Advice:

Some great advice, just for life, is to spend time with your family. People used to marry each other, just so two families wouldn't start warring. It's a powerful institution because of the transcending love and zealous loyalty it creates. A significant other could cut you loose, but there's no such thing as breaking up with your family:

1. You're loved: You might feel empty, and incomplete. It's impossible not to doubt your self worth when someone who was crazy about you moments ago now wants to go their separate way. But you are not unloved! Familial love is deep and unconditional. It's there for you to rely on in moments like these.

2. You're supported: Your family has a duty to support you and lift you out of this rut. While you don't always agree with them, they always have your best interests at heart. Tell them what you need and they will rise to the occasion. This isn't charity, or pity, they want to help you, so let them!

3. You're needed: Your family needs your love as much as you need theirs. You're not an affection parasite, you're symbiotic! They know that if you give them the opportunity to help you, you'll be there for them when tragedy strikes. Mothers lift cars when their children are trapped underneath. Don't underestimate this power!

How has your family supported you after a rough split? Share your experiences below!

Taylor Swift Wrote Song “All Too Well” About Jake Gyllenhaal



By Nic Baird

Despite breaking up two years ago, Taylor Swift's new song "All Too Well" reminisces about her romance with actor Jake Gyllenhaal, an insider reports to UsMagazine.com. Her latest album, *Red*, features the nostalgic track, and Swift declares it's her most "adventurous album yet." The Gyllenhaal ballad started out as a ten minute song, Swift said, but was filtered down to a digestible size. The pop-country songstress split from the well-bred Conor Kennedy in October, and has since been hanging out with One Direction's Harry Styles.

How can music help you cope with heartbreak?

Cupid's Advice:

Movies, commercials, and shopping malls have all figured out that music can alter your mood. Don't let those corporate fat-cats monopolize this strategy. Next time you're balling from a breakup, use music to your advantage:

1. Explore your feelings: The end of a relationship can hit hard or fast. And you feel it for sure, but you don't always know exactly what you're feeling. Obviously talking about it helps, but listening to some music can help you understand the break down of a breakup. This is a sudden change, and while you shouldn't take advice directly from songs, they can help you figure out the next step. Use them as a catalyst for your thoughts.

2. Solidarity: Not to undermine how difficult this is for you, but you're not alone. Ever since we evolved from the alpha male system and his harem of child-bearers, people have been getting dumped. Ask Taylor Swift, she'll tell you! By sharing the experiences of song writers it helps put this tragedy in perspective. These things happen.

3. Get pumped up: Breakup music can help internalize your emotions, and find the pieces of your scattered heart, but eventually it's time to put away the tissues and decide to be happy again. Play exciting music, songs that make you smile, funny songs that make you laugh, and tunes you can dance to! The world might have ended, but it's time for another big bang!

What songs have helped you deal with the end of a relationship? Share your experiences below!

Rose McGowan Reveals Her Biggest Dating No-No



By Nicole Weintraub

The former *Charmed* star, Rose McGowan, reveals that her biggest turn off is a sloppy kisser, according to [People](#). "Don't be sloppy!" the actress announced. She likes her man to be slightly aggressive with his kissing, but she doesn't want to swallow his tongue. McGowan has been linked to Marilyn Manson and was formerly engaged to Robert Rodriguez. On her former television show, *Charmed*, the star had to lock lips with several different actors without even knowing their names. Afterwards, she would never see them again, so this kissing expert has some experience in the smooching department. As far as learning how to kiss, unfortunately,

McGowan believes that “you just either know how to do it or you don’t”.

What are three dating deal breakers?

Cupid’s Advice:

While messy kissing might be Rose McGowan’s deal breaker, here are a few of our own that make a date go from fabulous to icky:

1. Poor hygiene: Regardless of how attractive someone may be, if your date shows up with mismatched clothes and a body odor that brings tears to your eyes, run for the hills. Bad breath, stinky body odor, disheveled clothing and dirty fingernails are just gross.

2. Egocentric: If your date does nothing but talk about themselves the entire time, it’s time to look elsewhere. A relationship involves two people and if this person can have a relationship without you, that’s not attractive.

3. Poor manners: While it’s nice to have a gentleman who opens the door for you and pays for your dinner, it’s not mandatory. Though, if he insults you or makes you pay for him all of the time, kick him to the curb.

What are your dating no-nos? Share your stories with us in the comments below!

Kelly Clarkson Compares Her

Relationship to a Cheesy Love Song



By Nic Baird

The original *American Idol*, Kelly Clarkson, “completely fell in love” with talent rep boyfriend, Brandon Blackstock, reports YourTango.com. After eight months of dating, her priorities have shifted from her career to her “best accomplishment”, her relationship with Blackstock, Clarkson said. “I just didn’t think it would happen. It’s like one of those cheesy love songs that didn’t exist, but it does, so that’s cool.” Clarkson promises to still write breakup tracks, despite being in relationship bliss.

What are some ways that not looking for a relationship can help you find one?

Cupid’s Advice:

Whenever you lose your keys, phone or favorite sweater, you can drive yourself crazy with a frantic search. The irony is that when you stop looking, the elusive item pops up. Don't lose your head looking for love, because dialing down your quest for affection will get you better results. Cupid has some tips:

1. Comfortable: If you're fretting about relationships, and eyeing each potential suitor like a piece of meat, you're going to create tension. Both genders don't like to feel pressure at the start of a courtship. By lowering this urge to jump on opportunities, you project confidence and the other sex will feel more relaxed in your presence.

2. Independent: Another way you can project confidence outside a relationship, is by focusing on yourself and all your non-romantic interests. Don't change yourself because you think it will help you lure a mate. Change yourself because it will make you the person you want to be, and reflect the person you are presently. Someone who is happy on their own is attractive. Someone who needs a relationship to latch onto so they can pull themselves out of depression is terrifying.

3. Personalized matches: You could follow your crush around and pretend to be interested in the same things. And if they're not too weirded out, you could look forward to a lifetime of Frisbee golf, or lectures on the philosophy of science fiction. But, if you truly want to find your soul mate, pursue your own interests. Chase your own goals, do your own activities, and you'll find the people you meet to be better matches. Synergy!

How have you got your mind of the relationship hunt? Share your experiences below!

Are Taylor Swift and Harry Styles Dating?



By Nicole Weintraub

Taylor Swift may have a mob of angry One Directioner fans after her since she is rumored to be dating group member Harry Styles, according to [People](#). Swift just recently split from Conor Kennedy, though she seems to be moving on rather quickly. While Swift was working on *The X Factor*, Styles was reportedly right there to support his leading lady. Mario Lopez, the show's host, revealed that Styles told him he was there for Swift at the rehearsal, even seeing the two of them walk hand in hand later on. In an interview with One Direction, fellow group member Niall Horan assured the interviewer he would not date Taylor Swift after shooting Styles a quick look. Only time will tell how long this couple will last.

How much is too much when it comes to dating around?

Cupid's Advice:

It's definitely important to date around, especially when you're young and not sure what you are looking for in a relationship. Though, how much is too much? Cupid has some advice:

1. You've dated his friends: You may be cutting it too close when you start going through a circle of guys who are friends. If you've dated him, his friend and his other friend then you may be abusing the idea of dating around.

2. New flavor of the week: If you have a new beau every week, it's time to reevaluate your standards. Why exactly are you going through dates like a diet regime?

3. You forget their names: It's a big no-no to get names mixed up, but if you are doing it regularly it's time to change up your dating tactics. You should not have a different guy for every day of the week.

When is dating around too much? Is Taylor Swift dating around too much? Share your thoughts with us.

Find Out About Justin Bieber and Selena Gomez's Date Disaster



By Nicole Weintraub

It seems that Justin Bieber and Selena Gomez are not completely over, according to UsMagazine.com. It seems the two recently reunited for a date disaster. Arriving separately at the restaurant, the couple got together to try to sort things out over a meal. Before even ordering, the two started arguing, which left Gomez stalking out of the restaurant. Bieber followed her home, but was denied access inside. The singer reportedly cursed and yelled when he noticed he was being photographed. The couple split back in October, which was initiated by Gomez. While rumors are going around that Bieber is texting other girls constantly, it seems that he cannot move on from Gomez. The two dated for two years and are still figuring things out

How can you fix a date that's heading south?

Cupid's Advice:

The worst feeling is when you are on a date and you just know it's going downhill. Here are some ways to turn that date around:

1. Excuse yourself: If you are fighting or are feeling nervous, excuse yourself to the restroom to compose yourself. Calm down and take a few deep breaths before returning.

2. Change plans: If everything about your date is turning out to be a disaster, change the night's agenda. Instead of going out to dinner, go to an arcade to break the ice.

3. Laugh it off: If you are being socially awkward or are fumbling every other word you are saying, laugh it off. Laughing at yourself is a sign of confidence and nothing is sexier than a girl with confidence.

Do you have dating disaster stories? Share your experiences with us in the comments below!

Giuliana Rancic Says Son is a Mini Version of Husband Bill





By Jennifer Ross

In an episode of [*STYLE's Giuliana & Bill*](#) that was filmed just before baby Rancic was born, Giuliana and Bill Rancic discuss naming their first born and his possible traits. Giuliana, 37, was keen on naming their son William, after her very own husband. Bill, 41, wasn't too thrilled with the idea, "I've never been a fan of the 'junior.' I want to give him his own identity." As names like Luke and Zack are weighed upon, the couple considers naming their son after their own fathers. Giuliana explains, "Your dad is Edward and mine's Eduardo. We could name him Edward." The conversation then continues on to what Giuliana most looks forward to when finally meeting baby Rancic – his personal traits. "I want to look at him and see you. I want him to be a 'mini Bill.' Honestly, I want him to be just like you."

How do you work as a couple to instill values in your children?

Cupid's Advice:

Everyone wants their children to grow up becoming successful adults with great values. Yet, no child has ever come with a

manual to accomplish this. Fortunately for parents, you won't have to figure it all out on your own. Here are a few key steps to start you on the process of instilling values:

1. Action: Instilling values into children must start with you and your partner showing by examples. From the day they are born, their little eyes are watching your every move. So remember to be compassionate, courageous, honest, reliable or whatever it is you want them to be.

2. Practice daily: Since we, as adults, cannot be perfect all the time, it is safe to say your children won't be either. Therefore, use those moments of mistakes in each of you to kindly practice the right way to do things. Also, you and your partner can practice supporting each other in the learning process as another example of good values.

3. Praise: Praise or celebrate the times when your children show trustworthiness or sympathy or love. If someone outside the family witnesses the children showing great behavior, make them aware that others are watching and how proud you feel. They will feel the pride too.

How did you and your partner work together to instill values in your children? Tell us below.

Jennie Garth and Peter Facinelli Will Split Holidays with Daughters



By Nicole Weintraub

With Thanksgiving right around the corner, Jennie Garth will be celebrating solo while her daughters are with ex Peter Facinelli, according to UsMagazine.com. Garth and Facinelli are currently separated but have yet to finalize their divorce after eleven years of marriage. This is the couples' first shared holiday in the sense that they will be splitting the girls up between families for the holidays. Facinelli has Thanksgiving, but Garth has the three girls for Christmas time. Though her children will not be with her for the actual holiday, Garth plans on celebrating with her daughters on Saturday while spending the day of with some friends. Garth and Facinelli split back in March and have yet to finalize the details of their divorce, but are "hammering out the details" according to Garth.

What are some ways to keep your children happy during the holidays post-split?

Cupid's Advice:

Divorce can be difficult, especially on kids around the holidays. Here are some pointers on how to keep your kids cheerful during the holidays after a split:

1. Come together: If possible, spend the holidays together as a large family. Even though you are no longer with your partner, the two of you can set aside your differences for the sake of your children. If you are doing as Garth and Facinelli, celebrate the holiday with your kids on a different day.

2. Put on a brave face: If the split is fresh, don't let your kids see you upset. If they see you being down in the dumps, they will follow suit. Children repeat what is modeled to them.

3. Follow through with traditions: Just because you are no longer one big happy family does not mean that you cannot continue with your holiday traditions. Kids crave normalcy and routine after a sudden split.

What are some ways you would cheer your kids up during the holidays? Share your ideas with us.

Rumor: Are Hope Solo and Jerramy Stevens Married Amid Assault Allegations?



By Nicole Weintraub

Rumor has it that Jerramy Stevens and Hope Solo went through with their wedding even though he was recently arrested for assault charges, according to [People](#). Stevens is the tight end for the Seattle Seahawks and Solo is the goalkeeper for the U.S. women's soccer team. The couple has been dating for a mere two months, but applied for a marriage license last week. The two were reportedly arguing for where to get married when allegations were made that Stevens assaulted his fiancée. Stevens has been released based on lack of sufficient evidence to prove the charges. Though, a short-term imprisonment did not stop this duo from getting hitched.

What are some steps to take if you've been assaulted by your partner?

Cupid's Advice:

Assault is a very serious issue and steps must be taken if

your partner strikes you. Here are some things to do if you find yourself in this scenario:

1. Walk away: Before the situation escalates and gets even more dangerous, walk away if you can. There is no excuse for your partner assaulting you. Regardless of why they did so, remove yourself from the situation as quickly as possible.

2. Tell a friend: Don't keep it to yourself. Tell a family member or a trusted friend who can be your confidante. Someone needs to know what is going on so that they can help you. Stay with a friend for the time being if needed.

3. Press charges: Whether you choose to press charges or not, keep in mind that if it happens once, it is going to happen again. Under no circumstances is it acceptable for someone to physically harm you.

What are some steps you would take? Share your thoughts with us in the comments below.

Selena Gomez Beams at Bash Post-Split with Justin Bieber





By Jennifer Ross

Even though her breakup with ex Justin Bieber is still fresh, Selena Gomez is out on the red carpet, looking fabulously single. At Glamour's 22nd Annual Women of the Year Awards in New York City, Gomez looked "bubbly and upbeat," sources reported to UsMagazine.com. "She looked genuinely happy...not like she was sad or bummed out at all." Dressed in all white by Giambattista Valli, with a deep v-neck up top, this singer was especially excited when she won her Woman of the Year award and gave a hopeful speech to the audience. "I just want to share with all the girls out there – you have a voice, you have a chance. Just do what you love."

What are some ways to move on quickly after a breakup?

Cupid's Advice:

Although it's difficult to go through, a breakup is not the end of the world. Sometimes, it can actually be a good thing. You now have time to re-find yourself and do the things you love again that got lost in the relationship. Don't know where to start? Here are three tips to get you moving forward:

1. Clean house: First, collect all the things around your home

that remind you of your relationship and move them out. The goal is to make a space that is only yours, not a shrine to a past love. Also, don't worry about getting your things back from your ex. You're better off buying them again than risking a relapse.

2. Make plans: Now that you have free time, make plans for all the things you didn't have time for when you were dating. Meet up with old friends, dust off your surf board or roller blades take up a new class. Whatever it is, get out there again and have fun.

3. Take time: Regardless of whether you or your ex broke up, you are going to need time to heal. Therefore, save some of your time to be alone and reflect back on what went wrong. You must reevaluate the past issues in order not to repeat them.

What did you do to move on quickly after a breakup? Comment below.

Giuliana Rancic: I Want Duke To Be A Mini-Bill





By Kirsten Mirtich

for Celebrity Baby Scoop

When it came to choosing a name for her first born son **Edward Duke**, mama and reality television star [Giuliana Rancic](#) wanted to name him after his proud papa **Bill Rancic**. However, her hubby wasn't as keen on the idea as she was.

"I've never been a fan of the 'junior.' I want to give him his own identity," the 41-year-old father reasons in a clip from the November 13th episode of *Giuliana & Bill* – which was filmed just prior to Duke's August 2012 arrival. "If he wants to name his son after me, then I've earned it."

Although the couple considered names such as Luke and Zach, they ended up agreeing on a name that paid tribute to their own fathers.

"Our fathers are great men – your dad is Edward and mine's Eduardo. We could name him Edward," Giuliana comments in the preview clip as the couple finally settle on what to name their son.

Since his arrival, the couple have taken to calling him Duke – his middle name – which they chose because it means leader.

After they decide on the name, Giuliana reveals that she most looks forward to having a constant reminder of the greatest man in her life – her hubby of five years.

“I want to look at him and see you. I want him to be a ‘mini Bill,’” she says on Tuesday’s *Giuliana & Bill*. “Honestly, I want him to be just like you.”

“He’ll be better!” replies Bill.

Giuliana & Bill airs Tuesday at 8 p.m. (EST) on STYLE.

Wendy Williams Lashes Out at Heidi Klum for Relationship with Bodyguard Boyfriend





By Jennifer Ross

Wendy Williams speaks her mind about Heidi Klum's new relationship and it is not nice. Last Tuesday on [The Wendy Williams Show](#), Williams criticized the Victoria's Secret model, insinuating that Klum and bodyguard boyfriend Martin Kirsten began their relationship while Klum was still married to Seal. She even went as far as implying that intimate moments may have taken place under Seal's nose while Kirsten worked for the family the past four years. "Seal, you know what that means – and not just when you were out of town." The TV host ended with giving Seal advice on revenge. "I don't how much you're worth, but she's worth more. You need half. You need yourself a new girlfriend; someone young, hot and with a long future in modeling, and really fertile."

What are some signs that your partner is cheating?

Cupid's Advice:

No one ever wants to find out their partner is cheating. As a result, many people will turn a blind eye to the infidelity and live in denial. A problem with this is that the truth will eventually surface and you will need to deal with it. So

rather than wait for your mate to confess, here are a few signs that someone is cheating:

1. Private phone calls: Yes, there are moments when your partner will need to take a phone call into the next room for privacy. However, if your partner runs to the next room every time the phone rings, something is not right. Also, your mate may refuse to let you know who called or what the call was about.

2. Change in appearance: Another sign of cheating is if your spouse has changed their appearance, such as previously dressing conservative but now focuses on designer clothing. Also, your mate wasn't much for grooming but now is finicky about their hair style, jewelry, and/or make-up. A new love in their life will have them feeling more conscious about their look.

3. Overly defensive or angry: When a spouse is cheating, they may come off more defensive about answering for their whereabouts or any question at all. The defensiveness could lead to criticizing or controlling you for any little thing and impatience or aggression in just speaking to you. The infidelity signs will get stronger so pay attention.

What signs did you see that told you your partner was cheating? Comment below.

Lea Michele Serves Boyfriend Cory Monteith Raw Eggs



By Nicole Weintraub

Glee stars Cory Monteith and Lea Michele enjoy breakfast together, though Michele served him raw eggs once, according to UsMagazine.com. Though she is not very skilled in the kitchen, [Michele](#) thoroughly enjoys cooking and hopes to have her own cooking show one day in the near future. Though, she worries about her sailor mouth since she curses left and right. In one of her recent culinary endeavors, she served up her own creation, but the eggs wound up being undercooked. "It wasn't very good, but he was a very good sport," Michele explained.

How do you make a homemade meal served at home romantic?

Cupid's Advice:

Don't want to go out for a fancy dinner at a romantic restaurant? Here are some tips to make a homemade meal romantic:

1. Set the mood: Set the scene with candles, dim lighting and a nice bottle of champagne or wine. Put some music on in the background and there you go. You have created your own little private seating area in a restaurant.

2. It's homemade: The fact that you have slaved in the kitchen, creating a homemade meal for your partner is romantic alone. Even if you are not a culinary artist, it shows that you care for your partner and took the time out for them.

3. Cook together: A great way to make a fun date out of a homemade meal is to cook it together. Experiment in the kitchen with one another and just throw something together.

Do you make romantic homemade meals for your partner? Share your experiences with us in the comments below!

Cheryl Burke Says She May Be the Next 'Bachelorette'





By Jennifer Ross

Cheryl Burke is on the hunt for love and she is not afraid to have an audience along for her journey. The *DWTS: All Stars* professional dancer has told UsMagazine.com that she has met with the TV executives of the ABC's *the Bachelorette* and the discussion was about her being the next contestant. "There hasn't been a firm offer, but if they offer it to me I would love to do it," Burke, 28, said. So why hasn't this single gal found Mr. Right? According to Burke, her hectic schedule keeps her secluded and unable to meet different potentials. "I'm around the same people all the time, I've been on this show for nearly a decade."

What are some non-traditional ways to meet 'the one'?

Cupid's Advice:

With technology constantly changing, the ways of traditionally meeting people are not as effective as before. Although getting to know someone can be very enjoyable, the process of finding that stranger can be a tedious chore in itself. Why not better your odds with each attempt? Here are a few ways to meet that special someone in a more un-traditional setting:

1. Volunteering: Depending on the non-profit organization you sign up for, most of them have several personality type men and women to choose from. Whether it's cooking at a soup kitchen or hammering at a building site, you are doing a good deed and possibly receiving a dinner date simultaneously. Best thing of all, the men and women volunteering usually have something that you hardly find drunk at a night club – good values.

2. Chatting while traveling: One place you are sure to run into potential mates is in public transportation. Just think about all the charming people you passed up this morning while on a bus, subway, train or airplane. Depending on your travel time, you can strike up an easy conversation about what else...traveling. Didn't find any great prospects partners? There's always tomorrow morning's commute.

3. Hot Spots: If you are very particular about the type of potential partner, try searching for them at their hot spots. For someone intelligent and ambitious, check out the local Fortune 500 companies. For someone athletic, hit the neighborhood gyms. Finally, visit your local Apple store for techies of all kinds. No matter what type you prefer, there's a hot spot for every hottie.

What non-traditional method did you use to meet your soul mate? Tell us below.

Nicole Kidman Says Divorce From Tom Cruise Was a 'Shock

to My System'



By Jennifer Ross

With all her professional successes and a gorgeous family, Nicole Kidman is grateful for what she has. However, her life has not always been grand. In a recent interview with [DuJour](#), Kidman speaks of the highs and lows in her life, including her painful divorce from former husband Tom Cruise. When discussing her love for Cruise, the star of upcoming movie *Grace of Monaco* said, "I was reeling with Tom. I would have gone to the ends of the earth for him." At 23 years-old, she had married Cruise in 1990. Just a few months after their 10th wedding anniversary, Cruise delivered a major blow to her when he decided to separate. "It took me a very long time to heal. It was a shock to my system," the mother of four confessed. Over time, Kidman, 45, healed from her divorce and eventually found love again in current husband Keith Urban. "I'm happier than I've ever been in my life... My family is with me."

What are some ways to deal with the shock of a divorce?

Cupid's Advice:

Being shocked by divorce doesn't necessarily mean that it happened suddenly. You may have known for some time that the marriage was deteriorating. It's basically the final realization that it is over. There are many stages you will go through, but know one thing. Life will get better. To get you through the initial shock, here are a few tips to keep your sanity:

1. Grieving stages: First thing to realize is that you will go through all stages of grieving, sometimes repeatedly – denial, anger, bargaining, depression and acceptance. While this may not relieve your pain immediately, learn each stage's emotional responses. In doing so, you can understand yourself better and see progress as it comes.

2. Grant permission: As your life has been turned upside down, you will have more bad days than good. Give yourself permission to forgive yourself not only for the mistakes of the past, but for the mistakes you will make in the future. Remember, you are going through a divorce; you cannot expect yourself to be at your best everyday.

3. Alone time: While you may have the constant urge to keep yourself busy and surrounded with people, this can be a bad mistake. In order to heal, you must face your emotions and process them internally. The idea may sound frightening, as if your pain will consume you, but it won't. Over time, you will learn to appreciate alone time with yourself.

How did you cope with the shock of your divorce? Comment below.

Tamara Mowry-Housley Welcomes a Baby Boy



By Jennifer Ross

At last! On November 12, 2012, [People](#) confirmed that the first born child for Tamara Mowry-Housley and Adam Housley finally arrived, just two weeks after his due date. At 9 lbs., 5 oz. in weight and 21.5 inches long, Aden John Tanner Housley entered the world late in the evening, giving his parents a lesson on patience. "If I have yet to learn patience, my son is in the process of teaching me now. I have learned that I am not in control and that *he* will decide when he comes," the actress blogged. In the end, both proud parents "feel very blessed" to have baby Aden home.

How does having a baby bring you closer as a couple?

Cupid's Advice:

When you really think about it, having a baby can be serious and dirty business. There are the mood swings, lots of crying, dirty diapers, hunger pains at all hours and fatigue – from all family members. Yet, after all this, a new baby can also enrich your lives. Besides growing the family tree, here are a few benefits having a baby can bring to your relationship:

1. Communication: Because your newborn is incapable of saying exactly what he/she wants, you two as parents will have to communicate much more often. These are the times when hashing out the details are necessary, so say exactly what you mean. With consistent communication, eventually a routine will surface and a better knowledge of each other will be the reward.

2. Team work: With the endless chores surrounding a baby, forming unity in your family will be essential. You both are going to be forced to learn to rely on each other for help. Because of this, there is a lot of give-and-take. As team work is strengthened and your baby grows, soon you will see that it was all worth it.

3. New perspectives: As your baby grows, you and your partner will witness many first moments. This also gives you both the opportunity to view each other in your own "firsts" as well. Whether she perfects her gentle rocking as she is nursing or he is wonderful at reading the sports section to the baby, you will begin to see your mate in a new light, allowing you to fall in love all over again.

Did you and your partner become closer after your baby was born? If so, how? Share your story below.

Justin Timberlake and Jessica Biel Lend a Hand Post-Hurricane Sandy



By Nic Baird

Singer Justin Timberlake and actress Jessica Biel spent Saturday helping the victims of Hurricane Sandy in Queens, New York, [People](#) reported. After recently returning from their honeymoon, the newlyweds spent hours handing out relief backpacks and blankets. The neighborhood, Far Rockaway, was heavily damaged by flood water and local residents were grateful for the group's help as some still wait for heat and electricity.

What are some ways to give back as a couple after a natural disaster?

Cupid's Advice:

A natural disaster is a cause everyone can get behind. People like you have lost their homes, security, and other essentials in the wake of Hurricane Sandy. If this was you and your partner, you'd welcome any help in your time of need! Show the humanity of your relationship by lending your hands:

1. Understand the crisis: What happened? Figure out the effects of this disaster, and who's been affected. Learn the stories of the ground zero victims. Find out how it happened, and what emergency services are doing. Pay attentions to the actions of politicians and where their priorities are in this national dilemma. Most importantly ask yourself, what do people need?

2. Relate to the victims: These are people like you. Nobody brought a natural disaster upon themselves, except maybe the citizens of Sodom and Gomorrah. Try to understand how you would feel if your life was stripped away. As a couple, remember your pity isn't worth anything to the victims, only your help. Approach the situation as your duty, not your charity.

3. Be proactive: After you've spent time to understand this sudden calamity, move your sympathies out of that well-informed head. Bring your feelings of altruism to the broken streets and wounded families. Talk to those in charge of relief efforts and tell them how the disaster makes you feel, and how you want to pitch in. Discuss with your partner which organization is a right fit for you. You can find a list of many of the groups helping with Hurricane Sandy at www.treehugger.com.

How have you and your partner reacted to Hurricane Sandy or

other natural disasters? Share your experiences below!

Jennie Garth and Peter Facinelli Reunite for Daughter's Soccer Game



By Nic Baird

Despite announcing their split in March, actress Jennie Garth and actor Peter Facinelli came together Saturday to support their daughter at a soccer game, [People](#) reports. After 11 years of marriage, they could still cheer together for their 6-year-old daughter Fiona. The former couple were joined by their other daughters, Luca, 15, and Lola, 9. Both have said

the other is a great parent. "Co-parenting takes two great parents to put their differences aside and focus on the children," Facinelli, the former *Twilight* star, said last month.

How do you remain civil post-divorce for the sake of your children?

Cupid's Advice:

"Monkey see, monkey do" is the ancient mantra for child rearing. If you want to protect your children from painful endings to their relationships, it's crucial you put your best foot forward. Here are some tips:

1. Never show children aggression towards your ex: Regardless of how badly your partner messed up, there's no reason your children should be further victims of the situation. Never show hostility or bitterness towards their other parent. If they have two parents at each others' throats, then what was the point of the divorce? You're setting them up to think that this broken family is the model for their future.

2. Maintain parenting partnership: Your kids will understand that family is forever, and parents have to prioritize their children, only if you keep a united front with your ex. This means that you discuss parenting issues together, and always bring back the same ruling to your child. If there are different rules home to home, favouritism and confusion will plague your family. It's important your kids have both parents active in their life. Don't try and push your ex away from their children.

3. Discuss emotional subjects in private: Emotions are irrational, and your feelings can spill out within earshot of your offspring if you're not careful. Make sure you avoid topics that can trigger confrontation when your children are around. Maybe these subjects do warrant discussion with your

ex, but make sure you know the right time and place. Turning up the radio is not a solution.

How have you accommodated your children in your divorce? Share your experiences below!

Justin Bieber Vaguely Speaks Out About Split with Selena Gomez



By Nic Baird

Pop star Justin Bieber and actress Selena Gomez split on Halloween, according to UsMagazine.com. "I don't know what to say," the tween idol said in an interview with Open House

Party, Nov. 10. "I don't know what's going on in my life ... To even assess that it doesn't make sense 'cause I have not made any comment." Since their Oct. 31 breakup, Gomez has been keeping a low profile. However, a Gomez insider saying the couples' challenging schedules and trust issues were at the core of the breakup. The couple had been dating for two years.

What's the best way to begin coping with a recent breakup?

Cupid's Advice:

The sense of loss and [loneliness](#) that washes in post-breakup can leave you fragile and bitter. Don't reminisce about the good times. There's no point in dwelling on someone who doesn't want to be a part of your life. Cupid has some advice:

1. Forget the past: While this person may have been important to you only days ago, it's hard to accept that they've lost all relevance to your life. If you saw this person as your partner, and now they can't fill that role, trying to figure out a new dynamic or identity is useless and painful. Don't weigh yourself down with issues that aren't your problem anymore! Move on, and find someone better.

2. Focus on yourself: People always say this, but what does it mean? Basically 'be the person you want to be.' Your sense of worth and purpose are being challenged by this recent breakup, don't let it dominate your self image. Put more into your life, and that void will start to close up. Sports, exercise, art, music, new skills, new projects, new friends, old friends, and anything to take up your time. Here's your chance to do the things you've always wanted to do without needing your partner's approval. Take advantage, especially if they were the bossy type.

3. Socialize: Olivia Wilde had this to tell *British GQ* about her divorce from Tao Ruspoli: "it's never easy... And anyway, you fall in love again. Oh God, to think that you only fall in

love once in your entire life is such a depressing thought.” Thanks, Olivia, for reminding us that whatever your feelings are for your ex, they’ll soon be overshadowed by a fresh love. Go out and have fun! Rekindle old friendships! Explore your options thoroughly as a newly single bachelor/bachelorette. This doesn’t mean start looking for a replacement, instead establish your power as a single individual.

How have you dealt with a recent breakup? Share your experiences below!

Reese Witherspoon Debuts New Son Tennessee James Toth



By Nicole Weintraub

Reese Witherspoon and husband Jim Toth have welcomed son Tennessee James Toth into the world, according to UsMagazine.com. Born about six weeks ago, Tennessee and mommy Witherspoon were seen out in Los Angeles. The couple wed back in 2011 and this is their first child together. Witherspoon has two older children with former husband Ryan Phillippe. Witherspoon's two older kids met Tennessee when he came home from the hospital. "Deacon is excited to have a brother. And Ava can't wait to babysit," a source revealed.

What are some ways to introduce your new baby to your other children?

Cupid's Advice:

Bringing a baby into your family can be a tough decision, especially when you have older children. Here are some ways to prepare them for the arrival of your new baby:

- 1. Prepare them:** Read your kids children's books about a new baby coming into the family. Talk to your children about what it means to have another brother or sister. The more open you are with your kids, the better prepared they will be.
- 2. Practice:** If you have older children, have them practice carrying and holding a baby with a doll. Show them how a diaper is changed or how to feed a baby so that they will know what to expect once the baby comes.
- 3. Get them involved:** Get your kids involved – ask them their opinions on different baby names and show them pictures of your sonogram. The more involved they feel, the less threatened they will be by the newest arrival.

What are some ways you would prepare your kids for a new baby? Share your thoughts with us.