Beyonce Hugs Jay-Z After Super Bowl Halftime Show





By Meghan Fitzgerald

After Beyonce lead the explosive half time show, she was welcomed backstage into the arms of her beau, Jay-Z. According to <u>UsMagazine.com</u>, her dashing set list physically took the lights away. Technically, a half hour power outage followed her performance at the Superbowl half time show. Tweets are still ringing in on pop queen, Beyonce Knowles' performance, and how down-to-earth the celebrity couple is. <u>People</u> reports that Knowles sent her love via a thank-you note to her former band mates, Alicia Keys, and Jennifer Hudson. She expresses how grateful she is to have the opportunity and is looking forward to the future.

How do you celebrate with your partner after he/she does something noteworthy?

Cupid's Advice:

Celebrating is fun! Who doesn't want to celebrate for things they accomplished in their life? You should be able to let loose and have a great time after you went through hard work. Here's how to show your partner a good time:

- 1. Night on the town: Your partner just got a new promotion, what do you do? Your partner just hiked Mount Everest, what's next? Of course these two are special events, and they should be celebrated. Take your mate out on the town with the people they love the most in life, or just yourself! They will appreciate this night you planned and will also be less stressed. A night on the town is sure to be a big celebration for your partner.
- 2. Flowers: People say they don't enjoy flowers, but c'mon. Even if you don't actually like flowers, it is the act of kindness your partner went through which means something. Celebration can commence through flowers, chocolate also tags into this. It shows how proud you are of your beau and how much you love them.
- **3. Praise:** Tell your partner how incredible they are when they accomplish something spectacular. Tell your mate how special they are to you, how talented they are, and how much you care for them and their hard work.

How do you celebrate with your partner? Explain below!

Channing Tatum Says Wife

Jenna's Pregnancy is 'One of the Sexiest Things Ever'





By Meghan Fitzgerald

Channing Tatum, the talented and sexy 33-year-old told <u>E!</u> <u>Online</u> how his wife, Jenna Dewan's pregnancy is the "sexiest thing ever." Tatum spoke out at a New Orleans bar, 'Saints and Sinners' during Super Bowl weekend. According to <u>UsMagazine.com</u>, Tatum mentioned how his spouse, "Never really ate sweets before, but she loves sweets now." He continues to say, "She loves chocolate and that whole thing, but nothing really out of the ordinary, nothing like pickles and icing, nothing weird."

What are some ways to make your pregnant partner feel beautiful?

Cupid's Advice:

Being pregnant is not always alluring, the swollen feet, the added weight, the constant cravings, and common insecurities. It is a partners' duty to make their wife still feel beautiful even if she doesn't believe it. You should make sure your beau is aware that they have changed slightly but they are still the same beautiful person:

- 1. Romantic evenings: When you're pregnant, you will not go out as much as you used to. You get tired easily, and also, you need sleep to stay healthy. To make your mate feel beautiful, plan a romantic evening at home. Prepare candles, rose petals, her favorite meal, smooth jazz, a bottle of nice wine, and later make a bubble bath. Surprising your spouse with this evening will make her feel special and loved. She will know just how beautiful she really is.
- 2. Tell her she's sexy: Words show feelings. Telling your beau how sexy you think they are will make your pregnant partner realize that they are something special. Tell her how incredible you think she is and how they are sexier now than ever before.
- 3. Comfort: Pregnant tend to have a lot of stress not only on their shoulders, but also their feet. With this being said, they sometimes need to wind down and relax. Give your beau a back or body massage, make them a cup of tea, rub their feet. Prop them up on the couch and put their favorite movie on. Make them feel as comfortable as problem as you both go on this experience together.

Have you helped your pregnant partner feel beautiful? Explain below!

Tierra Causes Drama on 'The Bachelor,' Ladies Come Together Against Her





By Meghan Fitzgerald

This week on *The Bachelor*, the lovely ladies and Sean Lowe headed off to the spacious and breath-taking Montana. Lowe takes one of the ladies, Lindsay, on a date consisting of a helicopter ride, dinner and kisses. According to <code>UsMagazine.com</code>, the other women waited at home to see who would get a group date and who would get the two-on-one. Later on in the evening, Tierra came on to Lowe, ignoring the rules of the show. <code>Huffington Post</code> reports that the girls were mildly upset with Tierra's actions, and Lowe wasn't realizing them. The quest for the blonde <code>Bachelor</code>'s love continues.

What are some ways to keep jealousy and drama out of your relationship?

Cupid's Advice:

Many relationships have failed because jealousy and drama have snuck their way into them. Unfortunately, our culture is filled with social media and this plays a large part into why relationships fail. With Facebook and Twitter, we know almost everything about each others' lives. Cupid has some advice:

- 1. Communication: One of the many keys in a relationship is expressing how you feel. It is essential for you and your beau to communicate with one another. Communication allows zero confusion in the relationship and allows the two involved to love each other more. Lack of communication can lead to problems stirring in your relationship. To keep the love together, just communicate.
- 2. Personal space: In a relationship, it is essential to realize that the both of you have their own, separate lives. Being up each others noses all the time will cause drama in a heartbeat. Although you may want to spend every waking minute and day with your mate, you need to give them personal space. Personal space to live their life, not yours. Also, giving your significant other personal space allows them to analyze your relationship and want to work and delve into it more.
- **3. Honesty:** Honesty ladies and gentlemen, is necessary in relationships, and generally all aspects of life. You are simply asking for drama if you lie to your partner. To keep your relationship nice and clean, do not in any circumstance lie.

Have you ever had jealousy or drama in your relationship? Explain below!

Christina Ricci Is Engaged to Boyfriend James Heerdegen





By Andrea Surujnauth

It's official! Christina Ricci and her boyfriend, James Heerdegen, have decided to tie the knot. Ricci confirmed the engagement exclusively to <u>UsMagazine.com</u> on February 1st. The two love birds met on the set of Ricci's now cancelled ABC series *Pan Am*. Ricci has been wearing an engagement ring since October, but never commented about the engagement speculations. Now she is finally announcing that her and her soon-to-be hubby have been engaged since last year. Ricci was previously engaged to Owen Benjamin but the two broke it off in June 2009.

What are some reasons to keep your engagement under wraps at first?

Cupid's Advice:

Although being engaged is amazing news, you might want to keep the engagement on the down low at first. Here are some reasons why couples are hush hush about their great news:

- 1. One big announcement: Some couples want to wait until their family are all together before they announce the news. This way everyone hears it from them first and there is no preannouncement gossip!
- 2. Opportunity to plan: By holding off on letting everyone know about the engagement will give you the chance to plan a party or plan how you want to tell everyone. This way the announcement will be exactly how you want it to be.
- **3. Time needs to be right:** If someone else just announced some big news, like a pregnancy or another engagement, you may want to hold off for a few months just so that couple will have their time in the spotlight. Everyone wants some time to shine when they announce big news.

Why would you keep your engagement under wraps? Comment below and let us know!

The Bachelor 17, Episode 6: Chemistry in Canada





By Jared Sais

Since this episode is the second one this week, let's jump right into it...

Catherine

So we finally got to see a one-on-one date with Sean and Catherine, and it looks like I need to add her to my top picks. I think Catherine has something no other girl has to offer. She is fun, cute and sexy — she's a triple threat. Or better yet, she's a quad threat since she also had a sad story to tell.

When Sean talked about her during his interviews, he really lit up. His eyes widened, and he had a smile from ear to ear. Also, remember from one of my previous articles that, when Sean is really, truly happy, his vein shows on his forehead, either near his eyes or above it. That happened again last night, so I know that he was very happy with his time with Catherine.

Related Link: The Bachelor 17, Episode 5: Sean Lowe's Mistakes & Top Picks

The Big Disaster Date

Tierra

Well, here we go again — Tierra's hurt — but this time, it's for real. I am reminded of the story of "The Boy Who Cried Wolf." There are only so many times that she can fake cry or "fall down the stairs." Now that she's really hurt, no one believed her.

I lived in Buffalo for about five years, where snow and freezing weather were the norm. I know what you can fake, and Tierra definitely didn't fake lips that blue and skin that pale. BUT (and trust me, there is a but) that doesn't mean she didn't play off the situation. Tierra had mild hypochondria — oh sorry, I mean hypothermia — and she acted like she had frostnip (the first stage of frostbite) or even frostbite. Just to give you a point of comparison: My good friend had frostnip, and she couldn't walk for three days. She had crutches and stabbing pains in her feet and hands for a week.

So Tierra, you might have gotten cold, but you also got a cold shoulder from Sean when he gave the rose to Lesley. Ouch.

Even so, I knew she'd get a rose before the show was over, and I've narrowed it down to two explanations. The first reason is that the producers know we all love to hate her, and they, of course, want the highest ratings possible.

Second, Sean is a sap and really likes her and her drama. Some men are "care takers," meaning that they like taking <u>care</u> of women. Sean most likely falls into this category, seeing as he always gives roses to the girls who tell him stories about their difficult lives. "Care takers" want to feel like they are needed, so the more these girls cry and act dramatic, the more likely Sean is to give them a rose.

AshLee

As you know, I love giving real world examples of non-verbal facial expressions. When AshLee had to jump into the ice

water, she presented a great non-verbal expression of fear: eyes wide-open, eyebrows raised and corner of lips pulled straight back towards the ears.

Selma

Selma and Sean had a great run. That kiss was where it went downhill though. It was the kiss of death. It was a peck with very little emotion behind it. Sometimes, a kiss is the true test of chemistry, and in this case, there wasn't much there.

As a side note, Selma's laugh may have been the cutest/weirdest laugh that I've ever heard.

Sarah

I really liked Sarah. Like I said in yesterday's post, she was one of my top picks for Sean. So Sarah, if you come across this article, I'll help you find love. Come join me in my VIP non-verbal communication class!

Related Link: QuickieChick's Video Dating Tips: Be the Only One on Your Man's Mind

Desiree

Well, she got over her rough patch with an amazing date. If you're keeping track, she's been one of my favorites since day one, and she's still on my top five list. I think she has many of the qualities that the bachelor wants in a partner. If she wants to win that final rose, she must be herself and keep things fun and spontaneous for Sean.

In Montana, their body language was off, but this week, they re-kindled things big time. I want to point out how one bad comment about Tierra (in Sean's eyes, at least) negatively affected Desiree and Sean's chemistry, even if it was only for a week. I think this date brought her back in the spotlight.

Tune in next week to see what happens when Sean and the

remaining ladies head to the magical island of St. Croix!

Jared Sais is co-author of the website <u>The Non-Verbal Game</u>. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love. For more information and to download a free PDF of the speech he gave at NYC's Single In Stilettos, click <u>here</u>.

CaCee Cobb Says She's 'Over the Moon' About Pregnancy





By Andrea Surujnauth

Cacee Cobb is expecting her first child with husband, Donald Faison. According to <u>UsMagazine.com</u>, she wrote, "We're over the moon" on her Facebook page in reference to her pregnancy.

Both Cobb and her BFF Jessica Simpson are both expecting and they are bonding over their pregnancies. In December, Cobb and her best pal were seen with both of their husbands along with Simpson's daughter Maxwell at Beverly Hill's Polo Lounge. Both Cobb and Simpson opted for non-alcoholic beverages, all the while Faison was lovingly rubbing Cobb's tummy. Faison has four other children from a previous relationship.

What are some ways to announce your pregnancy?

Cupid's Advice:

Announcing a pregnancy is a joyful event. Coming up with the best way to make the announcement is the hard part. Which is the best way for you to announce your pregnancy? Having trouble? Cupid is here with some suggestions:

- 1. Sweet surprise: Surprise your hubby or your family with a cake. In icing, write the words "Congratulations your a daddy!" or simply "I'm pregnant!". Not only will you get shocked and excited reactions, but there will be a celebration cake to snack on afterwards!
- 2. Sentimental shock: Look up how big your baby is depending on how far along you are. For example, if you are 7 weeks along, your baby would be about the size of a blueberry. When you are ready for the announcement, place a blueberry in your hubby or loved one's hand and say "That's how big your/my baby is right now". We guarantee a shocked reaction and maybe even a few tears!
- **3. Perfect present:** Here is a simple but touching and surprising way to announce your pregnancy. Gift wrap either your pregnancy test, baby shoes, baby outfit, baby bottle, or pacifier and give the present to your hubby or loved ones. They will be thrilled when they open it!

How would you announce you pregnancy? Comment below and let us

Demi Moore Has Another Dinner Date with Harry Morton





By Andrea Surujnauth

Demi Moore, 50, was seen at a club on the night of February 1st having dinner with Harry Morton, 31, for the second time according to <u>UsMagazine.com</u>. They were first seen in Beverly Hills having dinner together in January. UsMagazine.com also caught sight of Moore's tight dress and 5-inch heels that she wore for this outing with Morton. *E! News* made claims that the two have been dating while another source said that they definitely were not dating. Moore was previously married to actor Ashton Kutcher, who is now dating actress Mila Kunis.

How do you know whether to pursue a second date?

Cupid's Advice:

Dating isn't easy. Sometimes you are unsure whether or not it is worth going out with someone for a second date. Telling whether a person is a good catch can be difficult from only one date. Fortunately, Cupid is here to help you find some answers based on events from your first date:

- 1. Being on time: It is important for both you and your date to be on time. Being on time shows that your date respects your time and is genuinely happy about being out with you. Respect is the most important factor when dating someone.
- 2. Kind to others: You know that your date is a good catch if they are kind to waiters or staff wherever the two of you go. This is a sign of a good heart.
- 3. Cares about your opinion: If your date seems to care about what you think of them then that is a sign that you found a good one. This shows that they like you and and want you to like them back. If your date doesn't seem to care, then don't bother wondering about a second date, they are probably not into you or are full of themselves.

How do you determine whether someone is second-date-worthy or not? Comment below and let us know!

Justin Bieber and Selena

Gomez Reunite in L.A.





Βv

Jessica Conigliaro

Only a month after they called it quits, Justin Bieber and Selena Gomez have been seen together. <u>UsMagazine.com</u> reports that Gomez spending the night at his house in L.A. It is unknown if they will be getting back together or have even rekindled the romance in any way; however, the two celebrities can't seem to stay away from each other.

How do you know whether to get back with your ex-partner or not?

Cupid's Advice:

Determining weather or not you should get back together with your boyfriend is something a lot of people struggle with. They were a big part of your life and now they are completely removed from it. You are left feeling empty and alone, no

matter how the breakup occurred. Here are some ways to tell if you should get back together with your ex, or if the relationship was never meant to last:

- 1. Offers emotional support: In order to know if you are truly meant to be with someone, you have to figure out what is most important to you; if you are the type of person who needs a sensitive guy that lets you know how he feels, don't settle for anything else. If your ex was not able to support you emotionally, they should remain you ex. However, if you realize the breakup only occurred out of a stupid fight, reconsider the situation.
- 2. Remember why you broke up: In every relationship there are obstacles to overcome. Having made the decision to end things, there was clearly a major issue between you and your partner. Don't just focus on what you miss in your ex—focus on how bad it got as well. Otherwise, you'll find yourself making the same mistake twice.
- 3. Ask what your friends think: A great way to get a second opinion on the matter is by asking the people that are closest to you. They usually know what is best for you and will have strong perspectives. If they are completely shocked by the breakup and didn't see it coming, it is possible you made a rush decision out of anger and should try talking to your ex again.

How did you know getting back together with your ex was the right thing to do? Share your experiences below.

The Bachelor 17, Episode 5: Sean Lowe's Mistakes & Top Picks





By Jared Sais

I had a big problem with Sean this week. Maybe it started when he gave the rose to Tierra over Jackie. Did anyone else actually scream at the television? He's incredibly clueless to Tierra's true colors. Sean, wake up! You're a wreck, so you're picking a girl who is a wreck herself.

I really questioned the bachelor when he said, "I don't want to be naÃ-ve. I want people to tell me these things." Whenever someone tries to tell him something negative about someone else, he sends her home! In doing so, he's eliminating the girls who truly care for him and giving roses to the girls with a ton of issues. At least tell me that producers have a role in the eliminations to make me feel better.

Enough about Sean. Let's talk about the girls!

Lindsay

While kissing Lindsay, Sean had a limp arm, which tells us that he wasn't really into their kiss. When you really like a girl, your arms reach out for her.

Later in the date, Lindsay jumped into Sean's arms — a non-verbal cue of really strong attraction and very loving emotions towards someone. So she definitely likes him more then he likes her.

Related Link: <u>Sarah Darling Talks 'The Bachelor,' Country</u>
<u>Music and Her Top Pick for Sean Lowe!</u>

Desiree

After Sean announced that the blue team was coming back, Desiree revealed her anger by pinching her lips and licking her front teeth. In all fairness, the girl did drink fresh goat milk to earn her spot at dinner.

She showed surprise through her wide eyes and raised eyebrows when she didn't receive a rose on the group date. Honestly, I was surprised too. It seems like any negative news immediately makes Sean question the show's process. He needs to realize that nobody is perfect and that there are ups and downs in every relationship.

Overall, the body language between Sean and Des isn't as positive as it once was. For instance, when they were sitting on the couch, Sean's body was pointed away from her, which is the opposite of what you do when you like someone.

Before we move on to the next girl, let's consider this: Does Sean asking for the blue team to come back mean that he missed the company of someone on that team? Maybe Lesley, Catherine, Daniella or AshLee?

AshLee

When AshLee was talking about her time on the show so far, she reached for the back of her neck, a non-verbal sign for "pain in my neck," frustration or annoyance. Even so, she was telling the truth about her positive feelings for Sean. She was implying that it's a pain for her to be competing for his heart (and who can really blame her?).

Tierra

One thing was clear: Sean did not like that Tierra crashed his date and surprised him. When speaking with her outside, his heavy breathing indicated that he was thinking "not again." Of course, it won't matter because she will manipulate Sean with yet another story, and Sean will give her yet another rose.

Related Link: The Bachelor 17, Episode 4: Deception of Love

Lesley M.

Lesley is the girl who Sean went to for wisdom. She has to make sure she doesn't fall into the "friend zone" next week. I expect a lot of touching and a big romantic scene with Sean and Lesley on an upcoming episode.

Top Picks

So who do I think Sean will pick as his top five ladies?

- 1. Lesley M.
- 2. Lindsay
- 3. AshLee
- 4. Selma
- 5. Desiree

Just for comparison, here are my top five picks for Sean:

- 1. AshLee
- 2. Lesley M.
- 3. Jackie
- 4. Desiree
- 5. Sarah

Jared Sais is co-author of the website <u>The Non-Verbal Game</u>. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love. For more information and to download a free PDF of the speech he gave at NYC's Single In Stilettos, visit www.thenonverbalgame.com.

Ben Affleck Calls Wife Jennifer Garner 'Best Person in the World' at DGA Awards





y Jessica

Conigliaro

During the 65th Annual Directors Guild Awards in Los Angeles, Ben Affleck boasted about his wife Jennifer Garner as he accepted his award. *People* reports him saying, "I have to just thank my wife for being the best person in the world...I don't need to look at the teleprompter to know why I want to thank you. I want to thank you because I love you." Affleck wanted everyone to know how deeply he cares about his wife.

What are some ways to publicly show your affection for your partner?

Cupid's Advice:

Showing how much you love your partner in social situations can often be a challenge. You don't want to smother them in front of friends and family, but still want to show your affection. Here are some simple ways to express your love in public:

1. Hold their hand: In a relationship, people are usually comforted by the smallest gestures; holding your partner's hand in public makes them feel safe and secure. This gives both of you the chance to discretely flaunt without drawing

unnecessary attention from the people around you.

- 2. Stay by their side: When hanging out in big groups, people tend to leave their partner's side to talk with someone else—which is perfectly fine as long as they don't leave you alone the whole night. Any more than a half hour alone in public will leave them lonesome. Stay by your partner's side and include them in conversations you are having with others.
- 3. Give little kisses: Most people are extremely weary of making out in public, or showing too much affection in front of others. The easiest way to avoid causing a scene is to kiss them on the cheek or hand throughout the night; this way, you can show your date how much you really care about them.

How does your boyfriend show he cares about you in public? Share your thoughts below.

Kate Middleton Reveals Her Baby Bump





y Jessica

Conigliaro

Mother-to-be Kate Middleton showed off her baby bump in West London recently. People reports that she bought a pair of jeggings at the Gap to support her changing figure. Middleton is excited to share her pregnancy with the public and is due in July.

How do you announce your pregnancy to family and friends?

Cupid's Advice:

When new and exciting things happen in our lives, the first thing we want to do is share the news with those we care about. Announcing to friends and family that you are pregnant definitely falls into that category. Here are some tips on how to share the news with loved ones:

- 1. Tell the father first: Before telling your mom and sister the good news, make sure the father knows first. This way, he doesn't feel unimportant or left out. It will also be a lot easier—and memorable—to tell people together that you are expecting.
- 2. Say it with joy: When first finding out you are pregnant,

fears and doubts may enter your mind; talk to your partner about your concerns before telling everyone else in your life. You should sound ecstatic about your pregnancy so others can be happy for you as well.

3. Don't spring it on them: The last thing you want to do is tell your family you are pregnant during the wrong time. Avoid sharing the news during an argument you are having with your parents. It is happy news and should be told during a peaceful dinner.

How did you tell your family you were expecting? Share you experiences below.

Exclusive Interview: Sarah Darling Talks 'The Bachelor', Country Music and Her Top Pick for Sean Lowe!





By Whitney Baker

Having been a longtime fan of <u>The Bachelor</u>, rising star Sarah Darling loves when her fellow country music artists make special appearances on the show. As many of you saw last night, Darling was that lucky singer on Monday's episode, performing a surprise concert in Whitefish, Montana, on Sean Lowe's one-on-one date with Lindsay Yenter.

"It was an awesome experience to be a part of such a big show, especially with me being a new artist," Darling said. "Sean is just like he comes across on television: super down-to-earth and sweet, like a Southern boy."

Related Link: The Bachelor Season 17, Episode 4: Deception of Love

And what about the bachelor's date with Yenter? "It was so romantic and gorgeous. They were slow dancing in a crowd of people and looked like they were having the time of their lives," she shared. "It was definitely a magical moment."



As for her song choice, 'Home to Me,' Darling's most recent single, is a great fit for *The Bachelor*, a show that takes the search for love to the most unexpected place: reality television. Describing the song, Darling says home "isn't necessarily a place but a feeling. A person can be home to you, no matter where you are — and even if the two of you are apart."

That notion rings particularly true for Darling, who is currently in a long-distance relationship. With her boyfriend living in London, it's important for them to spend time together even when they're apart. "We like to have Skype cooking dates, which is really fun. And we make sure we always have something to look forward to."

Related Link: <u>Tips for Making a Long-Distance Relationship</u> Work

Of course, being on *The Bachelor* wasn't this country music star's first experience with reality television. In 2003, shortly after moving to Nashville to pursue her music career, she traveled to Las Vegas to compete on *The Entertainer*, a show on E! hosted by Wayne Newton.

After landing in the top three, she returned to Nashville with a better idea of what was next for her. "It really taught me what I wanted to do and what I didn't want to do," Darling said. "For me, I decided that I needed to focus on

songwriting, so that's what I did."

Of her songwriting process, Darling explains that she tries to focus on what's going on in her life at that particular time. "I never know when I'm going to get inspired, but when I do, it's usually a really fast process. I feel like the best songs are written very quickly and very true to the moment."

Country music fans are already looking forward to hearing more of Darling's songwriting on her upcoming album, which will be released this summer. "This album represents how I've always wanted my music to be portrayed," she shared. "My producer, Dan Huff, listened to me, and we worked together on making an album that was really 'me.'"

"It really lets me be an artist and be different, which is really, really good," she adds.

As Darling puts the finishing touches on her album and prepares for the Valentine's Day opening of her Weekend Road Trip Tour with Scotty McCreery, she stills finds time to keep up *The Bachelor* and Lowe's search for love. So who is her favorite contestant this season? "I'm a big fan of Lesley M.!"

You can check out Darling's 'Home to Me' EP on iTunes and catch her on tour with Scotty McCreery. For more information, follow her on <u>Twitter</u> or visit www.sarahdarling.com.

Selena Gomez is 'Having a Good Time' Post-Split with

Justin Bieber





By Meghan Fitzgerald

Unfortunately, Selena Gomez and Justin Bieber are still broken up. Even though the couple were loved by many, they are learning to deal in separate ways. Gomez has been completely content with their breakup. According to <u>FOnline.com</u>, she said, "I've been recording, having a lot of fun with my girlfriends, having a good time." Bieber on the other hand is not handling the breakup well, reports <u>People</u>. Gomez is even using her breakup to separate herself from her Disney image.

What are some ways to quickly get over a painful breakup?

Cupid's Advice:

Breakups suck. It's as simple as that. They are not easy and they are not something a person wishes for; however, they do happen and their are ways to cope with them. Every person reacts to breakups differently and there are certain ways to get over them. Cupid has some advice:

- 1. Rebound: Although this may not be the most mature decision, rebounds get your mind away from the situation that you're in. You can simply delve into another person to forget about the person who just broke your heart. This will still hurt and it may not be easy for you to be intimate with someone else however, you will have fun and stop thinking about your ex.
- 2. Drink your pain away: Similar to the first scenario, drinking excessively may not be the best situation for you. Depending on how you live your life, drinking may not help you cope. However, for most women, a bottle of wine in, you will not remember the guy who broke your heart. All you will love is the bottle of Cabernet on your counter.
- 3. Talk to your parents: Who better to help you with your relationship problems than your mother or father? The most wise people on the planet are simply a phone call away. Even if your parents are not always the person you want to talk to, they have so much wisdom to spread. Also, you can cry to your parents and they won't judge you.

Have you got over a breakup quickly? Explain below!

John Mayer Says He's 'Quite Happy' Dating Katy Perry





By Meghan Fitzgerald

According to <u>UsMagazine.com</u>, John Mayer said, "I'm happy in all aspects of my life. I'm very happy in all aspects of my life." Mayer and Katy Perry have been a couple since June of this year. Although they went through a brief break, they have been going strong for a couple months now. The loving pair can be seen spending their weekends together as reported by <u>EOnline.com</u>.

How do you know if your partner makes you happy?

Cupid's Advice:

You will immediately know if your partner makes you happy, it is a feeling you can't deny. The feeling you get when you're together triumphs every other aspect of life, and your worries wash away. You will automatically know if your partner makes you happy when you're together.

1. They're all you think about: You know you have found the one person who makes you happier than sunshine when they're all you can possibly think about. You wake up and immediately want to know what they're doing and want to be around them. You think about your future together and how you wish to spend every weekend from there on.

- 2. Butterflies: You know you're partner makes you happy when you have constant butterflies when they're around. You get nervous when you're around them yet, want to be around them and them only. You will never want to get rid of these feeling as long as you two are together.
- 3. Sex: All the emotions and feelings which go towards the love making, makes the sex incredible! When you make love with someone who truly makes you happy, it means so much more. No matter the age, or how long you and your partner have been together, if you two make each other happy, the sex will be spectacular.

Does your partner make you happy?

Rumor: Are Tiger Woods and Lindsey Vonn Dating?





By Meghan Fitzgerald

Has Tiger Woods fallen into a relationship with Olympic skier, Lindsey Vonn? <u>UsMagazine.com</u> reports that the 37-year old golfer has been dating Vonn since November. According to <u>HollywoodLife</u>, the infamous lady's man took a romantic trip to Antigua with the beloved skier. A source told <u>Star</u> that Woods is pulling out all the stops on Vonn, and that they talk on the phone constantly. Is Woods finally settling down again to find love?

How do you balance a demanding career and your relationship?

Cupid's Advice:

Believe it or not, it is possible to balance a career you spend the entirety of your time on, and a relationship. Here are some ways you can manage both:

1. Communication: To make a demanding career and relationship work, you will need an immense amount of communication. It doesn't matter if you are the only one with the demanding career, it will affect both of you the same way. Make sure you express your plans, and your feelings up front to your love. To make the relationship work, it is essential to fill your partner in on all of your upcoming events, and also how plans

could go awry.

- 2. Schedule time: It is so much easier to make a relationship work with a demanding career if you specifically schedule dates, hang outs, and alone time. Of course, you most likely want to spontaneously see your partner however, this may not always work with a stressing career. To make sure you two get to spend love-dove time together, schedule it! Write it down, put it in your phone, scribble it down on your calender. As long as you two make time to see each other, your relationship should move uphill!
- 3. Flexibility: Plans might come up where you have to cancel your plans with your partner. Although you may want to continue on with your plans, the whole demanding career aspect of your lives will break those ideas. You and your partner have to both realize that these situations will occur. It is inevitable that your demanding career will get in the way of some of your plans. As long as you two realize that you will have to be flexible in the future, you can make it work!

Have you balanced a demanding career and relationship before? Share your experience below.

New Couple: Shailene Woodley Makes Out with Co-Star Shiloh Fernandez at Sundance





By Andrea Surujnauth

Shailene Woodley got cozy with her White Bird in a Blizzard costar Shiloh Fernandez during the Sundance Film Festival in Utah. A source told *UsMagazine.com*, "They danced until 2 a.m. and ended up making out at the end of the night." Woodley and Fernandez play each other's love interest in White Bird in a Blizzard and apparently that rings true both on screen and off. In between the sweet smooches, Woodley was also promoting another movie called Spectacular Now with costars Brie Larson and Miles Teller. Woodley is on a role this year, she also has two more movies that she will be starring in. The Amazing Spiderman 2, where she will be playing the role of Mary Jane Watson, along with her fourth movie which will be a thriller called Divergent. We wish Shailene Woodley all the best with her numerous upcoming movies and her new love interest.

How do you know when to go public with your relationship?

Cupid's Advice:

How do you know when it is an appropriate time to introduce your new love interest to the friends and family? Is it too soon to let the public know about your new beau? Cupid is here to help you figure out what your next move should be:

- 1. Make sure you are both on the same page: Figure out titles before going public. Be sure that your sweetheart is planning to stick around before making anything public. You don't want to have to face the awkward "oh we're not together anymore" after only a month of spreading the news. Unfortunately this means that you will have to have the "where do we stand" talk. If you feel it is too soon for that talk then it is too soon to go public.
- 2. Make sure the relationship is stable enough: Making things public will definitely add more pressure to your relationship. Make sure you are both ready for the pressures and are secure enough together to handle it.
- 3. Listen to your true feelings: If you do not feel ready to make your relationship public, or if you feel like you're having second thoughts, then do not go through with it. This could be because you do not see yourself in a long term relationship with this person. They may just be a fling or a friend or maybe you just need more time. Make sure you are 100% sure that you see yourself in a relationship with the other person before letting everyone know about it.

How do you know when the time is right to make your relationship public? Comment below and let us know!

Liberty Ross Files for Divorce from Rupert Sanders: Find Out What Went Wrong





By Andrea Surujnauth

Liberty Ross has filed for divorce from her husband of 10 years, Rupert Sanders. According to <u>UsMagazine.com</u>, R0ss has been unhappy for a long time, even before Sanders' scandal with actress Kristen Stewart. In July of 2012, Sanders was caught kissing Stewart who was the working with him on the film Snow White and The Huntsman. Ross apparently tried to work things out with Sanders but eventually gave up and filed for the divorce in January. A source said that Ross was unhappy about having to move from England to the United States, but she did it for her husband. She also had a hard time being a housewife and having a husband who was never home. Ross admitted to YOU Magazine in July 2012 that she felt isolated. After finding out about Sander's inappropriate behavior, Ross wanted to make it work for their children, but came to realize that she just could not get over being betrayed by her husband.

What are some ways to trust your partner again after they cheat?

It can be difficult to trust someone after they betray you, but sometimes you feel the need to do it for reasons such as children. Cupid has some tips:

- 1. Communication is key: Tell your partner how their affair made you feel but also listen to why they cheated in the first place. Sometimes people cheat because they feel that something was wrong with their relationship. Listen to what they say but do not blame yourself for their actions, they chose to cheat. Figure out what needs to be improved in your relationship and fix it. This is a chance to communicate about what each of you can do to make the other happier.
- 2. Keep the past in the past: Once you decide to move past the affair and continue your relationship with your partner, do not bring the affair up in future arguments. This will only cause the arguments to escalate and neither of you will ever be able to move past it. You decided to forgive your partner therefore you chose to move past it, this means keeping it in the past.
- **3. Trust takes time:** Rome was not built in a day and neither will your trust for your partner. It will take time for you to regain trust in your significant other. You will feel stressed and you will think about the affair often, but time will heal the wounds.

How would you go about regaining trust for your partner if they cheated? Comment below and let us know!

Ashley Judd and Dario Franchitti End Their Marriage





By Andrea Surujnauth

Actress Ashley Judd and her husband Dario Franchitti have decided to call it quits after being married for 11 years. The couple tied the knot in December 2001 after being engaged for 2 years. Franchitti, who is a three-time Indianapolis 500 winner, made a statement with Judd to People, "We have mutually decided to end our marriage. We'll always be family and continue to cherish our relationship based on the special love, integrity, and respect we have always enjoyed." Judd and Franchitti do not have any children together, but they still choose to remain friends. Judd posted a tweet after news of the divorce hit headlines stating, "Family forever. @dariofranchitti." Dario Franchitti replied back with "@ashleyjudd family forever."

How do you know when to give up on your marriage?

It is difficult to say good-bye to your significant other, especially if you have been married for a long time. You might feel as though you are unsure whether it is time to walk away from the marriage or if your problems can still be fixed. Cupid is here to help you decide whether the relationship has hope or if you should just run to the nearest exit:

- 1. Loss of respect: Respect is an important factor in any relationship. If you feel that you have lost respect for your significant other, or if they lost respect for you, then it is probably time to call it quits. Respect is the basis of a friendship, relationship, and marriage. Loss of it can cause everything to tumble down. You shouldn't be with someone who doesn't respect you or who you don't respect.
- 2. Never-ending fights: Fights happen in every relationship, they can actually make relationships stronger. However, if you and your significant other have huge blow-outs over the smallest, most trivial matters then that is a problem. Fighting over and over all day about issues that don't even matter is a big flashing sign that could be pointing to the end of the relationship.
- 3. No more attraction: If you find that you are no longer attracted to your partner or vice versa, you may have a major problem. This can unfortunately lead to you or your partner looking for that missing attraction with someone else.

How would you know that it was time to end your marriage? Comment below and let us know!

'Bachelor' Sean Lowe Explains Why He Sent Home Leslie





By Jessica Conigliaro

When choosing who stays and who goes, Sean Lowe considers how each girl makes him feel after their date together. Lowe blogs to <code>People</code> about his incredible date with Selma: "From the first night I couldn't keep my eyes off of the 5′ 1″ darkhaired, olive-skinned, Iraqi beauty. Selma was incredibly beautiful, smart and fun, too! From the moment I picked Selma up, everything seemed so natural. It amazed me how comfortable I was with her." Unfortunately, Leslie H. did not capture Lowe's interest quite as much. He said that even though he hoped a spark would develop with her, he felt she put him in the "friend zone" each time he's want to get affectionate. "I admired and respected Leslie for so many reasons, but I knew she wasn't the one for me," he said.

What are some signs you should cut ties early in a relationship?

Cupid's Advice:

Dating someone new always leaves you wondering if there is future potential for a meaningful relationship. It can be just as hard to detect the possibility that it will not work out. Here are some tips on how to tell if you need to step away early on:

- 1. You have trouble contacting each other: If you are not hearing back from the person you are interested in, it is possible they are purposely ignoring you. For instance, if you repeatedly try contacting someone and don't get a response, they may be dodging your calls. Vice versa, if you find yourself avoiding the person you have been dating, consider some of the reasons why you don't want to talk to them.
- 2. Drama with an ex: Emotional baggage from past relationships often lingers. The last thing you want to do is get involved with someone who is still in love with the last person they were with. Repeatedly mentioning their ex in conversation is usually a clear indication that they still have feelings for them. If you are dating someone who is recently single and begin to notice they are afraid to commit, you may just be their rebound—which is no way to start a healthy relationship.
- 3. You don't get along with their friends and family: Feeling uncomfortable or annoyed by their friends or relatives could have negative effects later on. As your relationship progresses, you will most likely be forced to spend more time with these people and won't be thrilled to do so. Your partner may begin to feel he has to choose between you and his friends—this is not an easy decision to make and may not work out in your favor.

How were you able to tell it was time to say goodbye? Share

Kristen Stewart's Ex-Beau Michael Angarano Is Engaged





By Meghan Fitzgerald

Michael Angarano has settled down with new costar, Juno Temple. Kristen Stewart's ex-boyfriend before Robert Pattinson met Temple on the set of *Brass Teapot*. A source from *UsMagazine.com* reported that the love doves instantly fell for each other. Angarano is no longer hooked on the infamous Stewart, and he is more than happy with Temple. *PerezHilton.com* states that Angarano is *very* serious about Temple.

How do you show happiness for your ex when he/she moves on?

No matter how clean cut the breakup might have been, showing happiness for your ex is challenging. After countless nights of crying to your closest friends and eating every type of Ben & Jerry's ice cream available, you want to move on. Even if you want to move on, it is hard to see your ex move on. Here are some ways to help moving on:

- 1. Double date: Double dating is always a lot fun! Even if you are sitting across from your ex, you will enjoy the time. Your ex will know how happy you are for them since you're out to dinner with another person!
- 2. Give advice: One of the best ways to show your ex that you have moved on is to help them with their current fling. Your ex will appreciate your guidance and assistance. Also, they will notice that you are happy for them since you are comfortable talking about their new partner.
- 3. Get a haircut: Although this may not seem like an important thing to do after a breakup, trimming some hair and vamping up your wardrobe will do tons. Your ex will notice a new, and better you. A person who is no longer moping, or constantly in sweatpants. Your ex will instantly notice that you are happy for their move and appreciate it.

Have you shown happiness for your ex? Explain how below.

Anne Hathaway Says She Met A Lot of 'Bad Ones' Before Her

Husband





By Meghan Fitzgerald

Even the beautiful and talented Anne Hathaway has gone through 'bad ones.' The actress who recently won an award for Les Miserables, talked about her engagement ring with hubby Adam Shulman. <u>People</u> states that Hathaway had to go through some 'bad ones' to find the love of her life, Shulman. According to ICYDK, she insists on being matchmaker now so she can spread the love to everyone.

What are some qualities that qualify your current fling as a 'bad one'?

Cupid's Advice:

It is hard to determine whether or not your current fling is the right one or not. In life, unfortunately, you must go through a lot of 'bad ones' to discover who you are meant to be with. Although this may not be easy to deal with, once you find 'the one,' it is all worth it. Cupid has some advice:

- 1. Treats you and your friends disrespectfully: A big aspect of a relationship or current fling is if your partner treats you right. It is also essential for your significant other to treat your friends right. Who wants to be with someone who treats you like garbage? You need to find another person who treats you like you walk on water, someone who looks forward to hanging out with your friends. You know your current partner is a 'bad one' if they are nothing but disrespectful to you.
- 2. Uses you for what you want: Who wants to be in a relationship where the other person uses you? The answer to that is absolutely no one. It is challenging to know if your current fling will end with an empty wallet or a new guest in your home. However, if your partner consistently crashes at your place because he doesn't have a home, ditch him. If your partner uses you for food, leave him. They are a 'bad one' if they use you.
- **3. Cheats on you:** Unfortunately, if your partner cheats on you...it's over. Pack up your stuff and leave immediately, it is as simple as that.

Is your current fling a 'bad one'? Explain below!

Find Out About Jason and Molly Mesnick's Baby Shower





By Andrea Surujnauth

Jason and Molly Mesnick, former Bachelor couple, had a gorgeous and unique baby shower, reports <u>People</u>. They chose not to find out about the sex of the baby so the shower was filled with neutral colors. The <u>couple</u> chose to go with an "Animal Born Free" theme from Minted. They had a huge desert bar full of cakes, cupcakes, and sugar cookies all matching the neutral color theme made by Jenny's Cookies. As if the the dessert bar wasn't sweet enough, there was also a candy bar where the guests could make little goody bags filled with their favorite candy. The mom and dad-to-be also had games for their guests to play including Pictionary and even a quessing game as to whether the baby is a boy or a girl. The gifts that the guests received were little boxes with adorable animal stickers that contained lacy underwear from True&Co. To put the finishing touch on this lovely shower, the couple hung a banner that said "Sweet Baby" to celebrate their upcoming parenthood.

What are some ways to personalize your baby shower?

Everyone knows there are generic ways to throw a baby shower. Measure the mom-to-be's stomach and see who guesses the closest, or make some cupcakes with pink or blue frosting depending on the gender of the child. Cupid has some ways to make your baby shower unique and special:

- 1. Give your guests a favor that is all you: Favors for the shower do not have to be simple and boring, add your own flavor to them! You could go for something cute and simple like a candle with your name printed on it or you can take the comedic route by giving out microwave popcorn that says "About to pop" on the bag. You can go for the sweeter option by giving your guests chocolate bars with personalized wrappers. There are so many options that you could choose from when coming up with favors. Let your unique favors reflect your unique personality!
- 2. Decorations are key: When throwing a shower, you have to take into consideration that the decorations are the first thing the guests notice upon arrival. But no need to worry, Cupid is here to help you consider your options. When choosing your theme, keep in mind that you do not have to go for the traditional pink or blue. Try some different colors to make the party pop! Adding in some brown with the pink will make the shower unique and gorgeous. Candy can also be used as decoration. Get different colored candy, put them in jars, and use them to add some more color to the tables.
- **3. Satisfy the sweet tooth:** The options for the deserts are endless. Cakes, cupcakes, cookies, and candy are all part of the baby shower experience. Personalize them by using frosting to put your name or the baby's name on them. Try making the cookies and cakes into different shapes. A rattle shaped cake and cookies shaped like baby carriages will have your guest's jaws dropping and mouths watering!

Comment below and tell us how you would personalize your baby shower.

Kim Kardashian Sports \$65,000 in Jewelry from Kanye West in Paris





By Andrea Surujnauth

While on a trip to Paris, Kanye West took his pregnant girlfriend, Kim Kardashian, shopping. He spoiled his baby mama by spending \$65,000 on her, according to <u>UsMagazine.com</u>. They were spotted in Cartier purchasing five breath-taking bracelets. Kardashian posted a picture of the new bracelets from her <u>beau</u> on Instagram stating, "The Don strikes

again!!!". Throughout the couple's trip, Kim showed off her developing baby bump on the streets of Paris. West announced Kardashian's pregnancy on stage in Atlantic City on December 30th during his concert. This is both Kim and Kanye's first child.

What are some alternatives to expensive jewelry for "just because" gifts to your partner?

Cupid's Advice:

Giving gifts to your loved one is a great way to show your appreciation. Fortunately, that does not mean you have to empty your bank account in order to do so. There are countless ways to give that special someone a gift without going broke. Here are some presents straight from the heart without the heartbreaking price tags:

- 1. Bake for your beau: Who wouldn't have a smile on their face after receiving freshly baked goodies from their sweetheart? Baked goods are excellent presents for that special someone. Pillsbury cookie dough: \$3. Super Moist cake mix: \$2. The look on your partner's face after receiving these yummy presents: Priceless!
- 2. Make a scrapbook: Show your significant other that you appreciate every moment with them. Make a scrapbook of all of those wonderful memories that you hold deep in your heart. The best gift to get from the person you love is a sign of appreciation and love, a scrapbook would do just that.
- 3. Plan a "stay-cation": Rather than taking your sweetheart to an expensive trip in Paris, plan a trip right in your own town. Visit museums and historical aspects of your town. Go to a relaxing park in the area. Pamper your loved one in the comfort of their own home by creating an at-home spa. Make tropical drinks with the fruits in your refrigerator. Creating a vacation can be just as enjoyable as going on one.

What affordable gifts have you given your sweetheart? Comment below and let us know!

Peter Facinelli's Girlfriend Jaime Alexander Stuns on the Red Carpet





By Andrea Surujnauth

Peter Facinelli and his girlfriend, Jaime Alexander, hit the red carpet for the 2013 Screen Actors Guild Awards. The *Twilight* actor was envied by men all around the world because of his beautiful raven-haired sweetheart. Alexander dazzled the red carpet in a jaw dropping black gown with an open back and plunging neckline, according to *UsMagazine.com*. Facinelli

and Alexander are co-stars in *Nurse Jackie*. They first debuted their relationship on Nov. 15th during *The Twilight Saga:Breaking Dawn Part 2* screening.

What do you do if your friends find your mate attractive?

Cupid's Advice:

Jealousy can really mess up a good relationship, so what do you do if your friends are always coming on to your partner? Cupid has some advice:

- 1. Don't sweat it, enjoy it!: Your friends want what you have. Revel in it! Your partner is with you for a reason so don't worry about your friends finding your mate attractive because your mate finds YOU attractive. As long as your friends don't get out of line, take it as a compliment that your friends think your sweetheart is hot, because that gorgeous babe is with you!
- 2. Make it apparent that you two are close and happy together: If you feel that your friend would try to make a move on your partner, show them that the relationship the two of you have is unbreakable. Laugh about a funny inside joke together in front of your so-called friend. Get close to one another. Do not fight or argue in front of your friend. Doing so will make them feel that they could use the argument as a tactic to get close to your mate. so be careful! And most importantly, if you feel that your friend would make a move on your mate, then that is not a true friend and you need to throw that person out of your life immediately.
- 3. Watch body language: If you see that your friend is getting flirty with your sweetie then be truthful and tell your friend that their behavior is unacceptable. Be honest with your friend about your suspicions. If your friend continues to act inappropriately then cut them out of your life permanently.

Comment below and let us know what you would do if your friends were attracted to your mate!