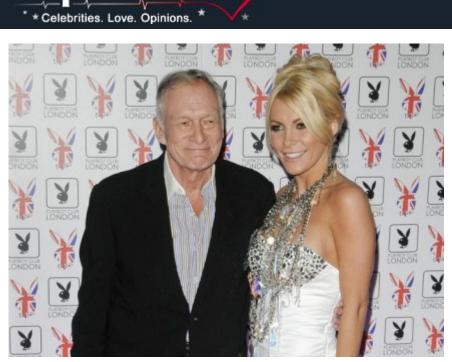
# Celebrity News: Hugh Hefner Admits to Sleeping with Over a Thousand Women Before Crystal Harris



Cupid's

By Meghan Fitzgerald

Hugh Hefner, married 26 year-old playmate, Crystal Harris in December. In a recent interview with *Esquire*, Hefner discussed his past romances. He revealed that he slept with so many women in his past, he can barely count. According to *UsMagazine.com*, Hefner estimates the count is over a thousand women. "There were chunks of my life when I was married, and when I was married I never cheated. But I made up for it when I wasn't married. You have to keep your hand in." Hefner states that wife, Harris, is from "heaven" and doesn't wish his life to be any different than it is now.

How do you know if your partner's values match your own?

### Cupid's Advice:

Knowing if your partner's values match yours in a beginning of an relationship is challenging to do. You may think they have certain morals and ethics in which they believe in. However, the real truth could have been easily concealed, and you simply didn't realize it. It is important for your partner's values to match yours in a relationship. Cupid has some advice on how to determine if they are or not:

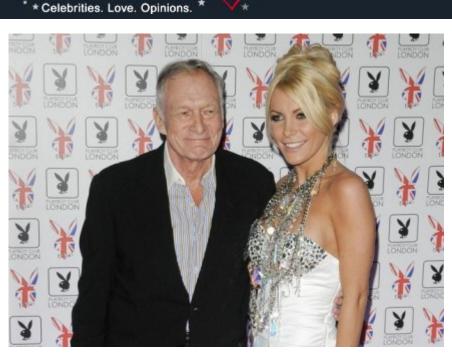
1. Maturity: How is your maturity level compared to your partners? Does your mate maintain bills, plans, and their selves? Are they able to follow through on promises, and keep secrets? Your partner should respect your boundaries, feelings, and time. You need someone who is capable of being an adult, and capable of taking care of you and their self. If you agree in these aspects of maturity, your partner should too.

2. Personal growth: Are you constantly looking to become a better person in your life? Does your partner sit at home, and does not look to make a better relationship with you? Make sure you and your mate are on the same page when it relates to personal growth. Does your partner have goals for self-improvement? This should be a trait you deeply consider to have in your beau. Make sure your partner is aware of emotional strengths and weaknesses also.

3. Integrity: To be in a relationship with another person, you must keep honesty between you and your mate. Is your partner honest with themselves? Do they realize when they're wrong, and you're right? Is your beau honest with you, and many others? You need a partner who keeps honesty close to their heart. Also, make sure your significant other is not playing games, or toying with your emotions. Nobody ever needs that.

Did your partner's values ever match yours? Share your experience below.

# Celebrity Couple Gwen Stefani & Gavin Rossdale Visit a Park with Their Sons



By Meghan Fitzgerald

Sunday, March 24th, rockstar, Gwen Stefani and husband, actor, and musician, Gavin Rossdale strolled happily along in a park through L.A.'s Sherman Oaks neighborhood. Their two sons, Zuma, 4, and Kingston, 6 took turns hitting a baseball around, reported <u>UsMagazine.com</u>. <u>Celebrity Baby Scoop</u> states that the couple and children headed there way to the Easter bunny, and later taking a family hike through the Hollywood hills.

What are some ways to keep the romance alive when you have kids?

### Cupid's Advice:

Kids are messy, chaotic, all-in-all, a ton of work. They consume the majority of you and your partner's time out of the day. Most people say new couples with children will experience sexual disconnect, this is true. It also continues on in the relationship if you don't do something about it. Cupid has some advice to keep a spark in your relationship when you have kids:

1. Sex: Being intimate with your partner will sure as anything keep your romance alive. The only problem here, is you have kids. Kids who probably spend nights in your bed. Kids who are constantly around, and wanting to be around. To keep the romance alive through intimacy, it would be useful if you planned weekends, or nights to get away. Whether you send your kids to your parents, or book a hotel for a night, it is possible to do!

2. Date nights: Do you remember the days when you and your partner went on constant dates? Even if it wasn't constant, the romance was present when you and your mate spent nights together. Plan a date night every other weekend, or every two weeks if every other isn't possible. Go out to your favorite restaurant, or a local bar. Having date nights will make you two realize how much you love each other and it will definitely keep the romance alive.

3. Attentive: Be attentive to your partner, and hope that your mate is attentive to you and your needs also. Being attentive shows your partner how much you care about them and your relationship. It also shows that you love them because you are willing to take time away from your kids and spend it on them. Ask them how their day was, what they're thinking about, if they need help with anything.

Did you keep the romance alive when you had kids? Explain your experience below!

### Celebrity Couple Jesse James & Drag Racer Alexis DeJoria Tie the Knot



By Whitney Baker

### <u>Johnson</u>

Television personality and motorcycle customizer Jesse James recently said "I do" for the fourth time. According to <u>People</u>, he tied the knot with professional drag racer Alexis DeJoria on Sunday in Malibu at the home of her father, co-founder of the Paul Mitchell hair care products line and Patron Spirits Company. <u>ABC News</u> reported that the bride wore a strapless white dress with black details and showed off her extensive collection of tattoos. The couple, who live together in Austin, Texas, exchanged rings by well-known jeweler Neil Lane. James is no stranger to the tabloids: his divorce from Sandra Bullock made headlines in June 2010, while his broken engagement to Kat Von D was splashed across magazines in September 2011.

How do you keep your faith in marriage after a failed attempt?

#### Cupid's Advice:

It's not always easy to jump back into the dating game after getting burned by a bad relationship. It's even harder to give marriage another shot after a failed attempt (or two). Cupid's here to offer some advice:

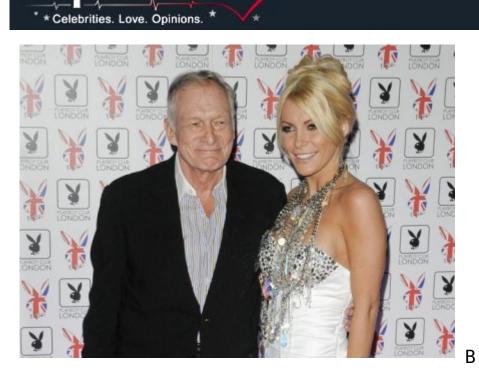
1. Let go of bitterness. Before you can open yourself up to love again, you must leave behind the cynicism and negativity that may have filled your broken heart. After all, this bad attitude only hurts you. You look petty and jealous, and many people – potential suitors included – will be turned off by your behavior.

2. Know what you want. Take a look at your failed marriage and try to learn something positive from it. Why didn't it work? What went wrong? Then, consider what you want in your next spouse. What are your relationship must-haves and deal breakers? Having a clear idea of your future love life will help you find an everlasting partnership.

3. Remember the good things about love. Once you adjust your attitude and determine what you're looking for in your next relationship, you must be open-minded to true love. Immerse yourself in romance: watch your favorite rom-coms, listen to sappy songs and read your favorite books with fairy tale endings. Remind yourself that "happily ever after" does exist and that it can be your's.

How did you find faith in love after a broken heart? Tell us in the comments below.

### Celebrity News: Kate Upton Responds to Viral Video Prom Invitation



Jessica

Conigliaro

According to <u>People</u>, after being asked to his prom through a YouTube video, Kate Upton just had to respond to high school senior Jake Davidson. "When a guy has a good sense of humor and confidence, that's attractive," she says. "This video was creative and funny. It made me laugh, and everyone loves a good laugh! Upton explains. "I'm not sure if I'll be able to go with him or not, due to my schedule," she says. "I want to, but I just don't know if I can make it work. But I really appreciated being asked; it made me feel really great!" What are three unique ways to ask someone to be your date?

#### Cupid's Advice:

Asking someone out can be a stressful and worrisome experience. You want to be with the guy but don't want to embarrass yourself if he is not interested. Cupid's here to offer some advice:

1. Get creative: You have been crushing on one of your guy friends for the past few weeks and want to get the ball rolling already. Why not make it fun? Take the man you're interested in to a local park and ask him out while you both are on the swings. The guy will feel special while gliding through the air with you. Find a fun place you both enjoy going to and ask them out. Your crush will realize how much fun being around you is and will be sure to say yes.

2. Utilize their hobbies: The guy you are interested in teaches guitar lessons to young kids. Show him you're interested and ask him to teach you how to play. Once you get the hang of the strings, play him a silly song and ask him out after you are done. The guy will love watching you perform for him and will want to learn more about you.

3. Make a big gesture: Your crush is definitely the life of the party. He is always the one making jokes and is friends with everyone. He's the kind of guy that creates a scene, so of course he'll respond well to yours. Throw a party with all of your friends and invite him as well. Make a tray of his favorite appetizers and spell out the word 'date?' with it. Cover the surprise with aluminum foil and ask the guy you've been crushing on to get it from the kitchen. Once he reads the words, he is sure to have a good laugh and accept the invitation.

How do you ask someone out in unique ways? Share in the comments below.

# **Celebrity Couple Danny DeVito** & Rhea Perlman Are Back Together



Conigliaro

After a surprise separation last fall, Danny DeVito and Rhea Perlman are back together, <u>People</u> reports. The two have been working on their relationship for the past few months and seem to have worked through their problems. "They love each other," says a friend of the couple. "Always have and always will."

What are some ways to work on your relationship if you're having problems?

Cupid's Advice:

Βv

Jessica

You and your partner have been arguing for the last few weeks. You want the fight to end without the relationship ending as well. Cupid's here to give some advice on how to work through your problems together:

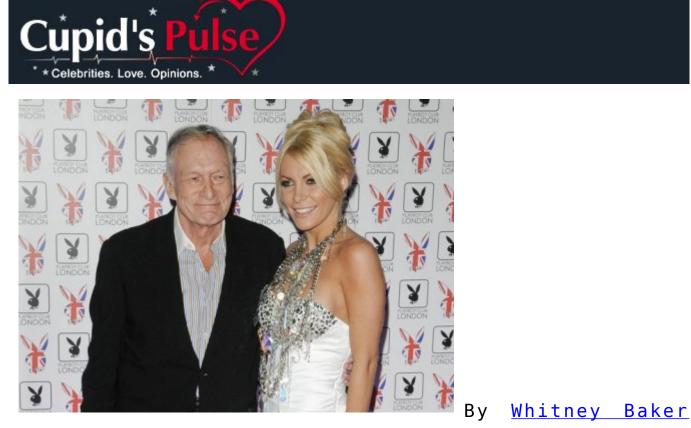
1. Talk it through: Your boyfriend has been having a difficult time at work and takes his frustrations out on you. You of course are fed up with his attitude and want things to go back to normal for you two. Tell your partner how upset you get whenever he yells for no reason. Let him know you understand his work problems and want to help, but yelling will get him nowhere. He will feel comforted knowing he has you to work through his problems with.

2. Remember the good: If you and your love seem to be fighting a lot lately, take a step back from the situation and ask yourself why you are getting so mad. If you can't think of a solid reason, it is possible you are just getting at each other's throats for no reason. Remember how happy you are with your man and the fighting should be greatly reduced as a result.

3. Take a breather: Sometimes, the best thing to do during a heated argument is to simply walk away. Before you say or do anything you will regret, tell your man you are going for a walk but will be back for dinner. Make sure he knows you are just stepping away shortly and will be returning. Some time away will allow you to clear your heads and gain a better perspective on the situation.

How do you and your love work through your problems? Share in the comments below.

# 'American Idol' Performer Paul Jolley Talks About His Future Plans



#### <u>Johnson</u>

Many viewers were disappointed to see Paul Jolley eliminated on last Thursday's American Idol episode. The sweet Southern boy from Palmersville, Tennessee, knew that it would be his final week though. "I was just so ready for it," the performer said of leaving the show. "I talked about it throughout the day. Everybody could see that I was going to be okay no matter what."

As for his future plans, Jolley hopes to record a pop country album. "I don't want to change what I feel in my heart. That's what my calling is, and that's what I need to be doing," he shares. Of course, his dreams aren't limited to music: "I want to have my own clothing line. That was a custom shirt that we had made during my 'Eleanor Rigby' performance. I also want to act. I want to dabble in a lot of different areas, put my Paul Jolley stamp on everything."

To his fans – affectionately known as Troopers – Jolley wants to say a "huge thank you. It's a true blessing to have such loyal people that are there for me no matter what." If you want to see more of him, don't miss the *American Idol* tour this summer!

To keep up with Jolley, follow him on *Twitter* or *Facebook*.

# 'Bachelorette' Reality TV Stars Ashley Hebert and J.P. Rosenbaum Speak Out About Waiting for Marriage





Jessica

### Conigliaro

According to <u>People</u>, the newest reality TV couple Sean Lowe and Catherine Giudici are saving sleeping together for their celebrity wedding night...unlike famous couple Ashley Hebert and her <u>Bachelorette</u> winner hubby, J.P. Rosenbaum, who chose not to wait for marriage. "Those are their own personal beliefs, and we're not going to judge them," Rosenbaum says. "We do our thing; they do their thing."

### Two reality TV couples have different opinions when it comes to waiting for marriage. What do you do if you and your partner have conflicting beliefs?

### Cupid's Advice:

Your boyfriend seems to have differing beliefs from you. However, you don't want them to damage your relationship and love in any way. Cupid offers some love advice on how to work through your differences: 1. Compromise: You and your love have different religious beliefs. Your man wants to go to church, and you want to go to temple – what now? Make a compromise: Go to church with your man one week and have him come to temple with you the next. You will both appreciate each other's support.

**Related Link:** <u>Reality TV Stars Ashley Hebert and J.P.</u> <u>Rosenbaum Celebrate Holiday Traditions</u>

2. Try new things: Your partner has always wanted to move to a different state before settling down. You, on the other hand, have no interest in leaving. Try going on an extended vacation over the summer and travel from state to state for a few months. You never know what you will end up enjoying, so don't be afraid to try something new!

**Related Link:** <u>Famous Couple Sean Lowe and Catherine Giudici</u> <u>Speak Out Against the New 'Bachelorette' Twist</u>

3. Pick your battles: Your boyfriend has been dead set on getting a dog for the past few months. He has been nagging you about it, but you say no, knowing you'll end up taking care of the pet instead of him. If he continues to bug you about it, perhaps it's time to cave. He clearly won't give up until he gets his furry friend. Sometimes, you have to do things you'd rather not do – like cleaning up dog poop! – for the one you love. He'll surely take notice of your kindness and will some day return the favor.

How do you deal with conflicting beliefs between you and your partner? Share below.

# Celebrity News: Kristen Stewart and Rob Pattinson Reunite in L.A. After Two Months Apart



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By Meghan Fitzgerald

Ladies and gentleman, the hipster couple, Rob Pattinson and Kristen Stewart have finally reunited in L.A after two months apart. <u>UsMagazine.com</u> reports that Pattinson flew back to the States on March 16th after he finished filming *The Rover* in Australia. Pattinson has been staying with girlfriend, Stewart ever since he got back. <u>People</u> states that the couple was seen out at a karaoke bar, happy in love!

What are some ways to make a long-distance relationship easier?

### Cupid's Advice:

Long distance relationships are not easy. If anyone may have told you that they are, they have never been in a long distance relationship! Even though long distance relationships are not always the easiest, there are many ways to make them work. These types of relationships can be successful with some effort! Cupid has some more advice:

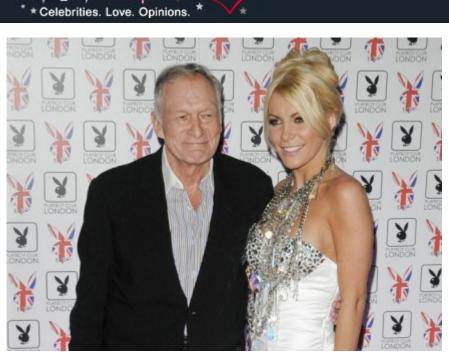
1. Communication: Communication is necessary for long distance relationships. You and your partner need to talk with one another about everything going on in your lives. To eliminate any drama with social media, rumors, or friends; tell each other everything! It is not easy to work out problems far away hence, you should eliminate any possible problems with communication.

2. Letters: Letters are yes, old-fashioned, but it means a lot when you receive or send one. Letters show that you took time the time to write out, it shows how much you care for your partner. Although it is easy to talk to your mate about your feelings and emotions, it is easier to write them down. Once you begin to jot down your thoughts, your feelings will just flow out. Keep the letters flowing, and the love will continue on.

**3.** Love: When you decided whether or not to make long distance work in a relationship, you need to make sure that love is present. It is not easy to start off a relationship miles and miles away. You need to know your partner inside and out to make the relationship work long distance. Make sure you are completely infatuated with your mate and the long distance relationship will immensely easier.

Have you ever made long distance work? Share your experience below.

# Celebrity Baby: Eli Manning Prepares to Welcome a Second Child



By Meghan Fitzgerald

<u>People</u> confirms that the New York Giants quarter backer, Eli Manning, and wife Abby are expecting their second child in June! Their second child will be a sibling to their first child Ava Frances, 2. Manning told <u>UsWeekly</u> that him and wife of five years are so excited for the new addition to their family!

How do you prepare for a second child versus the first one? Cupid's Advice:

Having children in general will be one of the most stressful

time in your life. Yes, they're cute, you created them, you love them. However, at one point or another you will wonder why you thought it was a good idea to have kids. This is not in any sense a horrible thought, it is a process of parenthood. After you have the first child, you need to prepare differently if you plan on having another one. Cupid has some advice:

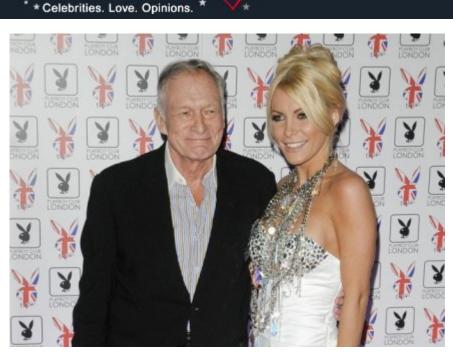
1. Sleep schedule: With having one child, you are completely aware that your sleep schedule is not the same as it used to be. However, it will change even more when you welcome a second child. You need to make a schedule of your work, your partner's work, events that the both of you have, and when you will be able to sleep in between all of it. Yes, you will not get as much sleep as before however if you map it out, it will be much better!

2. Communication: You need to communicate with your mate about your relationship, and your children. Mostly about your relationship. With two kids, you and your relationship will not be the spotlight of your lives. Your children are now your sole responsibility, and you and your mate's relationship may suffer. Your relationship will succeed if you both communicate with one another. Your feelings, emotions, opinions, anything you're thinking.

3. Organization: You will soon have two children and you need to organize your time. It is necessary to schedule your own time, and time with your partner. You need to make sure you and your mate have time together in your soon to be busy schedule. Organize when you have time to food shop, to pamper yourself, to take your kids to the doctors, and all other important events in your life.

How did you prepare for your second child? Share your ideas below.

### Celebrity News: Judd Apatow Feels Bad for Wife Because He's a 'Disgusting Man'



By Meghan Fitzgerald

Judd Apatow, 45, writer, co-producer, and director of *This is* 40, said he sees himself in his characters Paul Rudd, and Leslie Mann. Apatow and Leslie Mann, a real life married couple know the dilemmas of marriage. Apatow talks with *People*, stating that he "Relate[s] to just being a disgusting man and feeling bad that my wife even has to be around." Even after problems after a 16-year relationship, the couple remains in love with each other, and loves working together more than anything.

What are some ways to bridge the gap between genders in your

### relationship?

#### Cupid's Advice:

From the beginning of time, men and women have been looked at as two different people, not equals. This is present in relationships, the strong gap between men and women. It is commonly said that men make more money than women, that men are more responsible, that they're the 'man of the house.' Problems and trouble loom from these accusations. Cupid has some advice on how to keep this out of a relationship:

1. Respect: With genders in a relationship, each person needs to respect the other. Even if the man makes more money than the women, he needs to respect that he does not have all the power. Money or power does not show that one is better than the other. Also, women need to respect that men try their best to balance work and their <u>family</u>. Although this may not always be the case, women have to be aware that their partner still loves them.

2. Communication: Communication is necessary in every relationship. If a problem arises from a gender gap in your relationship, you need to be able to talk to your mate about it. If you both keep your feelings and opinions bottled up, it will not go well. If you feel a gap emerging in your relationship, talk about it! Talk through what your thinking and the relationship won't have any flaws.

**3. Love:** Love needs to be present if a gap has bridged in your relationship. It is easier to communicate and respect your partner of the opposite sex if love is present. Relationships are supposed to be full of laughter, lust, and love! This only happens if you and your beau both ignore genders in a relationship. So go out and love your mate, ignoring any difference of gender!

Have you ever bridged a gap between you and your partner

because of gender? Explain below.

# Celebrity News: Tiger Woods Confessed 'Everything in His Past' to Lindsey Vonn





By Andrea Surujnauth

Tiger Woods and Lindsey Vonn have finally made their "downlow" relationship public. According to Usmagazine.com, the couple announced their relationship over Facebook on March 19th. They also posted their professionally photographed couple's potraits along with the Facebook announcements A source told <u>UsMagazince.com</u> that, "They're a really happy couple – not living together yet." Woods, 37-year-old professional golfer, announced that him and Vonn have "become very close and dating." Vonn, 28-year-old professional skier, gushed "it makes me very happy". But we can't help but think, what about Woods' past? After being married to ex-wife, Elin Nordegren, for 6 six years, Woods was caught cheating with multiple women. Is Vonn going to let that bother her? "He confessed everything in his past to her and stuff – they're really into each other." claimed a source. Woods has two kids, Sam, 5, and Charlie, 4.

How do you know whether to trust someone who's cheated in the past?

### Cupid's Advice:

So your dating someone that has cheated in the past and you don't know whether it is safe to continue a relationship with them. Can a person really change their cheating ways? Cupid is here with some advice for you:

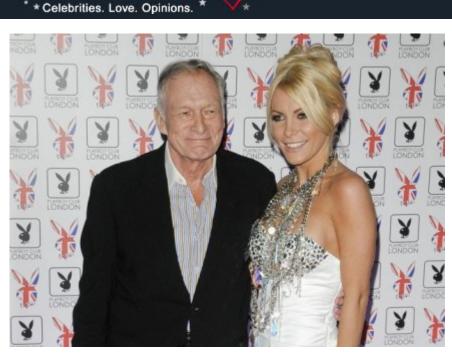
**1. Responsibility:** Does your new beau own up to their mistake and take responsibility for it? If they admite to their wrong doing then this is a good sign that they want to change.

2. Transformation: Do you see an overall difference in the way the person behaves and runs their life? If the your honey seems to regret what they did and is trying to make a change in their lives then there may be hope for them.

**3. Instincts:** This is is the best way to tell whether you can trust someone who has cheated in the past. Go with your gut feeling. If you have that little knawing feeling in the pit of your stomach that is telling you not to trust them, then don't. Don't bother trying to make excuses to ignore the feeling you are having. If something is telling you that your sweetie is cheating, they probably are.

How do you know whether to trust someone that has cheated in the past? Share your ideas below.

### 'Bachelor' Sean Lowe Says Catherine Giudici Was 'Proud' of His 'DWTS' Debut



By Andrea Surujnauth

Sean Lowe, the most recent *Bachelor* star, made his debut on *Dancing with the Stars* this week. Although the judges weren't impressed by Lowe's performance, his fiancee sure was."I went over to her and she just said she was so proud of me, and that she loved me," Lowe told *UsMagazine.com*, "I think she'd give me a 10, I know the judges didn't tonight. That's what a good fiance does." His fiance, Catherine Giudici, was there to congratulate him as soon as he stepped off stage. "Dancing is a challenge and I am one that loves to embrace a challenge and do things outside of my comfort zone," he said. "This certainly fits that mold, and most importantly Catherine was

behind me. She was the first person I called after they approached me and she said she would support me and thought it be a fun opportunity for both of us." The couple has would kept their love going strong despite the long hours that Lowe has to spend practicing with his partner, Peta Murgatroyd. "It's tough at times, but lucky for me she understands and supports us and knows Peta's work ethic," he said of spending hours every day training with Murgatroyd. "But when I'm not rehearsing I always make sure to capitalize on our time together." When asked whether there is any jealousy issues between Giudici and Murgatroyd, Lowe responded, "Peta is certainly a gorgeous girl, anyone can see that, but Catherine confident and not worried. And her and Peta have is so become friends!"

What are some ways to support your partner's passion?

#### Cupid's Advice:

Your partner is passionate about a sport or activity, so how can you show them that you support them? Here are some tips:

1. Cheer-lead: If your beau has taken as interest in a sport or activity that involves some type of performing, be there to cheer them on. Be their own personal cheerleader and show them that you think they can succeed at whatever activity they are taking part in.

**2. Participate:** Show your partner support by participating in their new passion or hobby. Your sweetie will be thrilled to see you enjoy their hobby with them.

**3. Coach:** If your partner's passion involves competition, support them by helping them practice and improve. Your honey will appreciate you taking such an interest in helping them perfect their skills.

How do you support your partner's passion? Comment below and

# Celebrity Couple: John Mayer and Katy Perry Split for the Second Time





By Andrea Surujnauth

It seems as though John Mayer and Katy Perry have hit a bump in the road...AGAIN. The famous couple has broken up for the second time. Is the split permanent? According to <u>UsMagazine.com</u>, it may not be. A source mentioned, "It's sad. It's not over until it's over. You have to see how things play out." Another source added, "She's leaving the window open. They have both been so focused on work." Perry had previously been married to Russell Brand, but their divorce was finalized by February 2012. Perry began flaunting her relationship with Mayer as early as March 2012. Although the two split up for a little while, they were back together by September 2012.

How do you know when an on-again off-again relationship is over?

### Cupid's Advice:

On-again off-again relationships tend to feel like a never ending black hole. You just keep falling deeper and deeper into it and there doesn't seem to be any way out. How can you tell when the time has finally come to just get away from the relationship and never look back? Cupid has some advice:

1. No more satisfaction: When you're in this on-again offagain relationship, every time you and your beau are back on, you do not feel the same happiness and satisfaction that you once felt. You start asking yourself whether you are happier when the relationship is off rather than on.

2. No resolution: If you two are just getting back together without resolving the problem that caused you to break up in the first place, you probably should not be together. If you can not find the solution to a problem that was big enough to cause you to break up, then the relationship will continue being a roller-coaster ride for you and your partner. You both better get off of the ride before one of you throws up.

3. Think of your needs: Think about whether this relationship is healthy for you. Are you happy with the constant bickering, breaking up, crying, and then eventually getting back together knowing that it will happen all over again later on? If this relationship is getting in the way of your school, job, and happiness, then it is time to let it go and move on.

How do you know whether an on-again off-again relationship is

# Celebrity Couple: Rosario Dawson and Danny Boyle Call It Quits and Avoid Each Other





By Meghan Fitzgerald

<u>UsMagazine.com</u> confirmed that celebrity couple, Rosario Dawson, 33, and 56 year-old Oscar winning director, Danny Boyle have called it quits. Dawson discussed how different they may have seemed on the outsides however, they really had a lot in common, and how kind of a man Boyle was. Although Dawson had nice words for her partner than, this is no longer the case. <u>NY Daily News</u> reported that the *Trance* press junket was not filled with romance, but filled with tension, and the split two not speaking to one another.

#### How do you remain civil with your ex after a heated breakup?

#### Cupid's Advice:

Heated breakups are not in any sense enjoyable for anyone. They're messy, peoples' feelings get crushed, your friends and family get dragged into the relationship, you end up on different sides of the universe. Although you may not want to remain civil with your ex, you most likely share friends, are close with their relatives, have the same favorite restaurants, and may have kids together. Cupid has some advice on how to stay civil:

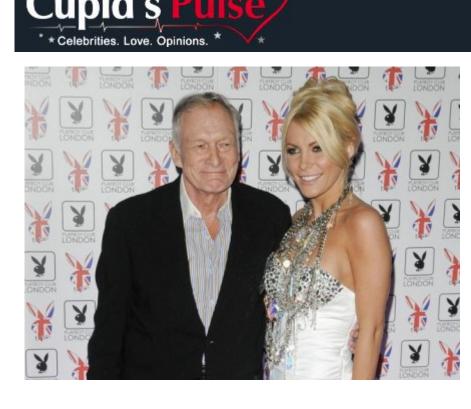
1. No bad-mouthing: Heated break ups tend to leave both parties bad-mouthing one another all across town. Although this may release steam and bottled up emotions, this is no way to act if you want to remain civil with your ex. Instead of spreading grotesque rumors or spilling your ex's deepest darkest secrets, say nothing at all. Yes, this will be challenging, and it will probably suck. However, no badmouthing means you both can attempt to remain civil.

2. Ground rules: You need to set ground rules for yourself, and for your ex. Depending on how heated the breakup was, you may need to split up areas. You get a certain amount of your favorite places, and they get the rest. This means no confrontation or communication at outside areas. If it is necessary, no communication whatsoever may need to be put into play. Depending on you and your mate, you make and adjust the rules.

3. Take it slow in new relationships: Keeping it civil with your ex isn't jumping straight into a new relationship. Of course you want nothing to do with your ex, and want to wash him from your memory. However, this is not easy nor is it possible. Take it slow when you're getting in to new relationships. It is not necessary to delve into some new person when you have unresolved business with your ex.

Have you remained civil with an ex? Share your experiences below.

# Celebrity News: Katie Holmes Says She's 'Open' to Having More Kids



By Meghan Fitzgerald

The beautiful, single actress, Katie Holmes, 34, has her life entirely wide open. After separating from her ex, Tom Cruise, she has made her way to the cover of *Allure*. Although the two remain civil, reports <u>Huffington Post</u>, Holmes hopes this upcoming year will be a peaceful one. The April issue of *Allure* discusses Holmes's future. *UsMagazine.com* reports that Katie Holmes is open to having more children! She's even considering becoming a lawyer! You go Katie.

#### How do you decide how many kids to have?

### Cupid's Advice:

Kids are great, they're funny, they love you, you love them, you created them, they're your world. However, there is a certain amount of children one couple should have. The Duggars decided that they want a trillion kids, and it works for them. The big deal here, is what works for you and your partner. Cupid has some more advice on this:

1. Personal: Deciding to have children is a joint effort, between you and your mate. If it wasn't, you could have as many kids as you damn please. However, this is not the case, and you have another person you have to communicate with. When deciding whether or not to have more kids,or kids in general, think about your relationship with your partner. Can they handle one kid, three kids, six kids? Can you deal with your partner as a parent? Can you be a parent with six kids? Three kids? One kid?

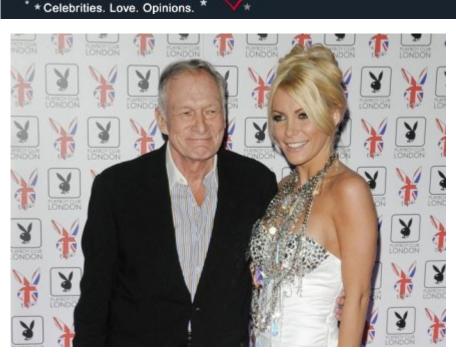
2. Financial: Kids are expensive! And not just a few paychecks here and there, try almost something from each paycheck. The more children, obviously more of your paycheck goes. Can you and your beau handle two children with your current financial situation? Make sure you are able to balance your children's lives, and your bank accounts. As much as you may want to have more kids, you need to keep reality in check.

**3. Medical:** I know many people who were told they could not have any more children, that it was a serious danger to themselves and the doctor didn't advise it whatsoever. Yes, having a lot of children is great for your and your kids.

However, you can not put yourself in jeopardy medically. Your kids need a mother, and that is that. Do not go for another child if your life is on the line.

Did you decide to have more kids? Explain below.

# Celebrity Couple: Selena Gomez Admits She Made Justin Bieber Cry



By Meghan Fitzgerald

Selena Gomez was a guest on this Monday's episode of David Letterman. Letterman started off my saying the last time you were on the show, you were with Justin Bieber. <u>People</u> stated that Letterman continued to say that the relationship is no longer going on. Gomez broke into a smile, saying she is single and that she's good. <u>NY Daily News</u> describes Bieber and Letterman's last meeting together on the show. Letterman recounted making the 'Biebz' cry, and Gomez chirped in and stated, "That makes two of us!"

#### What are some ways to apologize for making your partner cry?

#### Cupid's Advice:

No matter the situation, it is never a great idea to make your partner cry. Although it is usually inevitable, you should try your hardest not to make your mate shed tears. Did you two get in a fight over money? Over the job you just loss? Or what your parents think of your love? Don't fume up over them, calm your temper and speak like adults. Cupid has some more advice:

1. Flowers: Flowers are pretty much the universal sign for 'I'm sorry.' They show your mate how much you care for them. Not really by how much you spent on them, I mean picking weed flowers won't do. It shows how much they mean to you. Even if you did make your partner cry, the flowers are a symbol for the love you have for your partner. Make sure you pick out their favorite flowers if you really messed up!

2. 'I'm sorry' letter: Letters show words, words show everything in the world. Emotions, feelings, power, strength, love; words can describe anything you wish to say. Say you made your partner cry over a petty fight, quickly grab a pen and paper and start writing away. In the letter, obviously apologize for whatever the situation may be, and express your feelings for you mate. How much they mean to you, how you cannot ever lose them, everything you're thinking.

**3. Date:** Take your beau out on a date for your mess up. Of course you should always take your partner out every once in a while. However, if you made your partner cry, they deserve a date asap. Take them to their favorite restaurant, or cook a

meal at home. Combine the first two with this last one. Bring them flowers and the heartfelt letter you wrote for them on the date and you're all clear!

Have you ever made your partner cry? Explain your experience below!

### Celebrity Mom: Kate Middleton Prepares for Sleepless Nights of Parenthood





By Andrea Surujnauth

Kate Middleton is keeping details about her pregnancy well under wraps, but she proudly expresses the fact that she is prepared for all the upcoming sleepless nights. According to <u>UsMagazine.com</u>, the royal couple was handing out traditional shamrock sprigs to the officers and guardsmen at the St. Patrick's Day Parade when Sergeant Thomas Laven got the chance to briefly speak to the Duchess of Cambridge. Sergeant Laven, who has a 7-month-old son of his own, told reporters, "I congratulated her on the impending birth and said, 'You've got sleepless nights to come.' She said she was prepared for it."

How do you compromise with your partner when it comes to night-time parent duty?

#### Cupid's Advice:

Having a baby is a magical experience...until one of you has to get up multiple times during the night. How can the two of you handle the night-time shift of parenthood fairly so you both get a chance to sleep? Don't worry, Cupid has some suggestions:

1. Alternate days: The two of you can alternate on who ever gets the night shift of parenthood. One night you do it, the other night your partner does it. This way the responsibility is equally split up between the two of you.

2. Weekend/ Weekday: If one of you works while the other stays home, you can split the night shift up by week and weekdays. If you are the one that stays home, then let your partner sleep throughout the night during weekdays while you get up. Then on weekends your partner can get up while you sleep.

3. Divide the night: If you don't think you can make it through a whole night getting up constantly, then you and your partner should split the night in half. You can stay up late and then your partner can get up early. This way you both will be able to get some sleep every night and your bundle of joy will still be well taken care of. How do you compromise night duty with your partner? Comment below and let us know!

# Celebrity Mom: Kim Kardashian Admits Pregnancy Is Tougher Than She Thought



By Andrea Surujnauth

Kim Kardashian shared the experience of her first pregnancy with <u>People</u>, and unfortunately, her experience is not what she expected. "Being pregnant is not as easy as my sister [Kourtney] made it look or as my mom [Kris Jenner] has made it look," Kardashian told <u>E!</u>. The 32-year-old admitted that she hasn't been able to be as active as she usually is. "It's a little painful. I've gotten sick a couple times, and that puts you out. I like to be active ... but I've been chilling out. I took a week off just to rest. It was amazing," she said. And what has Kim Kardashian been craving throughout her pregnancy so far? "I'm craving carrots and ranch dressing," she said. "I used to love sweets — not anymore. [I] can't even eat chocolate." This will be her and her boyfriend, Kanye West's, first child.

What are some ways to help your partner through the tough parts of pregnancy?

Cupid's Advice:

When your partner is pregnant, it may be difficult to figure out what you could do to help her out. You see her getting sick constantly and feeling tired most of the days. What can you do to help her? No worries, Cupid is here with some suggestions for you:

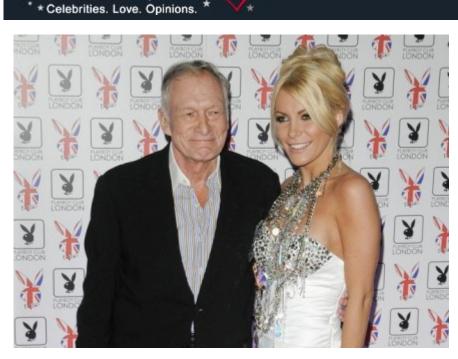
1. Nausea: Help your sweetheart through her morning sickness by keeping the house stocked up with ginger ale, crackers, and ginger or peppermint tea. All of these remedies can help her and if your the one to serve it to her, she will be extremely grateful!

**2. Exhaustion:** While pregnant your love may feel tired most of the time. Help her out by doing some of the hoursehold chores so she will have some extra sleep time.

**3. Pain:** Being pregnant can also be a painful experience. Having a little person kick you from the inside is definitely not a walk in the park. The weight of her growing tummy is also taking a toll on her back. Give her a backrub before bed. This will do wonders for her. And remember, a happy mommy is a happy baby!

How did you help your partner during her pregnancy? Comment below and let us know!

### 'Survivor' Champion Kim Spradlin Marries Barefoot in Mexico



By Andrea Surujnauth

Survivor winner, Kim Spradlin, tied the knot with her fiance Bryan Wolfe. According to *People*, the couple opted for an intimate wedding ceremony on a private beach in Cabo San Lucas, Mexico. "We chose a private beach near our hotel," Spradlin told *People*. "It's by a cove. I just wanted it to feel very organic and natural." The guest list was comprised of about 30 of the couples closest friends and family. The blushing bride attended the ceremony in a beautiful Catherine Deanne and her bare feet. "It fits with the vibe of Cabo," she said, "and what I wanted for the wedding." The reception was also held on the beach where the guests ate sea bass as they sat around a campfire. "I wanted the whole thing to feel like a really cool party. I didn't want people to sit down and feel like they had to mind their p's and q's. So I got a cool band and lanterns, and we just spent the day with people who are important to us. I am so happy that I could be surrounded by the people I love."

### What are some advantages of a tropical wedding?

### Cupid's Advice:

Planning a wedding can be stressful and confusing. So many details to be put together and so many options to choose from! Cupid is here to help you out by telling you some advantages of throwing the traditional wedding out the window and opting for a tropical wedding instead:

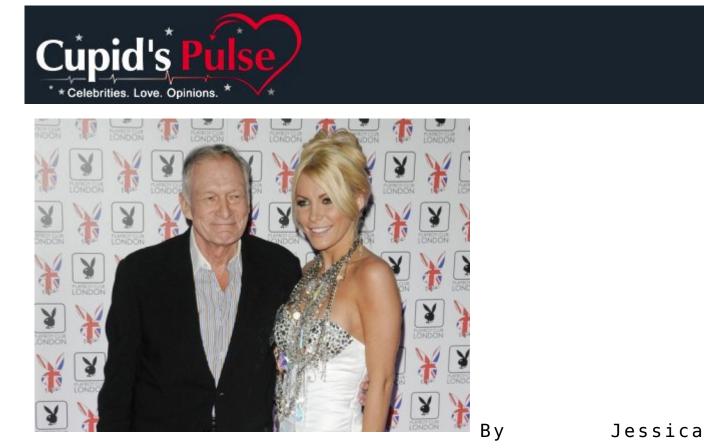
 Easy planning: When having a beach wedding, there is no need plan the location and decoration of a hall. The beach a naturally beautiful so there is minimal decorating necessary. A beach wedding is also more casual so there are less details that need to be perfected.

2. More time: When having a beach wedding, there is no set date that you need to be in and out like with a hall. You have more time to spend celebrating with your guests having a good time.

**3. Money:** With a beach wedding, the greatest advantage is the amount of money that is saved. Intimate weddings involve less people, less planning, less details, and less stress, which leads to less expense. And who wouldn't love to save a few extra bucks while still having a wonderful time?

What do you think some advantages to a tropical wedding would be?

### Celebrity Breakup: Ryan Seacrest and Julianne Hough Call It Quits After 2 Years



Conigliaro

American Idol judge Ryan Seacrest and longtime girlfriend Julianne Hough recently ended things. Hough could not handle dating a workaholic, thus ending their two-year relationship. "It's a lifestyle she couldn't handle anymore. Work always, always came first [for Ryan]. She wants a more lowkey life," a source tells <u>UsMagazine.com</u>.

How do you know when to call it quits in a long-term relationship?

### Cupid's Advice:

You have been dating your partner for a while now and feel comfortable being around him. However, something just doesn't feel the same anymore. He treats you with less respect and you are left questioning the relationship. Cupid's here to help you make the tough decision:

1. Opposing goals: After dating your boyfriend for over a year, you decide it's a good time to discuss the idea of marriage. To your surprise, he completely dismisses the conversation, saying he's 'not the married type'. What do you do now? If you and your partner clearly want different things in the future, end the relationship as soon as you can. Never stay with someone that will hold you back from what you truly want-you will eventually resent them for it. Find someone that wants similar things in their future as you do. Searching for that person may take a bit of time, but the end result will be ever so rewarding.

2. Negative behavior changes: Unfortunately, people often change for the worse. Your partner got a promotion at work last year and has been stressed out for months. Instead of talking about his problems, he just takes out all his anger on you and starts unnecessary arguments. When the person you are with stops respecting you the way he used to, write it down in a journal. If you find yourself constantly jotting down your troubles, this is your cue to leave the relationship. Keeping tallies also reassures that you are not making any rash decisions; the problem is a recurring one, and is unlikely to go away. End things before they get even worse.

**3. Pile of lies**: Throughout your 2-year relationship, you were always suspicious of your man lying to you on occasion. He would never confess to leaving a mess in the kitchen, or forgetting to turn the T.V off before bed. In the past, the lies were so small that you disregarded them completely. If there's a small problem in your relationship, address it

before it becomes worse. If you ignore the little nuances, your partner's tiny fibs will get increasingly worse, leaving you hurt mad at yourself for ignoring the signs. If an issue in your relationship is drastically escalating beyond your control, it might be time to consider walking away entirely. Some problems simply can't be fixed.

How do you know when to end serious relationships? Share in the comments below:

# Celebrity News: Anderson Cooper Thanks Boyfriend Ben Maisani at GLADD Awards

# Cupid's Pulse



Jessica

Conigliaro

Anderson Cooper received the Vito Russo award on Saturday, March 16 at the GLADD Awards. It recognized his work as an accomplished, openly gay journalist, <u>UsMagazine.com</u> reports. During his award speech, Cooper emphasized how important his partner, Ben Maisani truly is to him, saying, "The ability to love one another, the ability to love another person is in my opinion one of God's greatest gifts and I thank God every day for the ability to give and share love with the people in my life. My family, my friends, my partner Benjamin, thank you very much."

What are some ways to show appreciation for your partner?

#### Cupid's Advice:

Your boyfriend has been treating you with love and respect since the day you met. Take Cupid's advice and show your man how much you appreciate all that he does for you and how grateful you are to have him in your life:

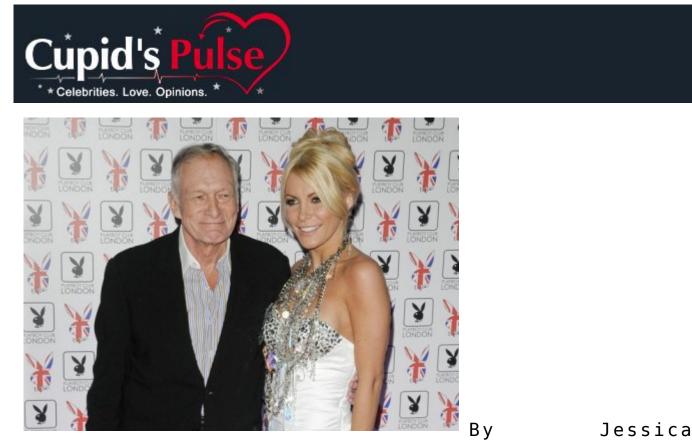
1. Leave them notes: You came home from a long day of work to a cooked meal and a clean home. Your boyfriend knew you had a rough day, so he tried to make your night as relaxing as possible. You woke up in the middle of the night, realizing you were too exhausted to thank him earlier. Leave him a well thought out Post-it note, letting him know you greatly appreciated his kindness. He will love waking up to a thank you note and may even keep it as a memory.

2. Express your thoughts: When your love is truly showing you how much he cares about you, let him know how much that means to you. Tell him how happy you are with him-guys never get tired of hearing that. By doing so, you are letting your partner know that he is treating you with the utmost respect and you love him for that reason.

3. Show appreciation in return: One of the best ways to show how much you appreciate your man is to return the feeling. Your boyfriend always asks how your day was, and gets concerned whenever you are upset; do the same in return. Your partner will feel the relationship is an equal entity of love and respect—which is the ultimate goal.

How do you show appreciation towards your love? Share in the comments below.

### Celebrity News: Gwyneth Paltrow Speaks Out About Miscarriage



Conigliaro

Oscar-winning actress Gwyneth Paltrow recently opened up about the miscarriage she experienced in recent years. She says she got through the tough time with support from her loving husband and Coldplay rocker Chris Martin, <u>UsMagazine.com</u> reports. "We are committed co-parents, we make all the decisions together and lean on each other for support," Paltrow says. "[Chris] is so good to the children and to know that you had kids with such a good man is a real weight off you."

### What are some ways to help your partner get through a tragedy?

#### Cupid's Advice:

If your partner is experiencing a tragedy, you undoubtedly want to show your support. He has always been there for you and now's the perfect time to return the gesture. Cupid offers some advice on ways to comfort your man during his rough patch:

**1. Be there for him:** Your boyfriend just heard the news of his grandfather's passing. He of course is upset and overwhelmed after finding out. Show your support by accompanying him to the wake and funeral. Your partner will take notice of your constant presence and will be reminded that he's not alone.

2. Help them cope: When someone you love is going though a difficult time, you may feel the need to help them through it. If your partner just found out his favorite uncle is passing away, suggest visiting him in the hospital to say his final goodbyes. Your boyfriend will feel better knowing he got to see his uncle one last time. Find ways to ease your love's mind during a tragedy. They will appreciate your compassion during their rough time.

3. Give some space: During sad times, it is often in our nature to want to be alone. If your partner seems a bit distant from you and is avoiding eye contact, don't take that as a bad sign. Some men are embarrassed to cry in front of others, but they still need that emotional release. Tell your boyfriend you are going to the food store and slip away for a few hours. He may just need the house to himself in order to grieve in his own way.

How do you comfort your love during a tragedy? Share with us below.

# Celebrity News: Cindy Crawford Blames Her Divorce From Richard Gere On 17-Year Age Gap





By Meghan Fitzgerald

<u>UsMagazine.com</u> reported that although Cindy Crawford and Richard Gere's relationship didn't last, Crawford learned a lot of lessons from the four-year marriage. On March 11th, Crawford was on *Oprah's Master Class*, discussing how their 17year gap was the largest problem in their relationship. The <u>New York Post</u> reports Crawford's appearance on *Oprah*, "I think a lot of what happened with Richard and I was, I was still 22 and at 22 – as a young woman – I was kind of still figuring out who I was and what I wanted to be and he was already 37." The two are now happy, with children.

How do you know if an age gap in your relationship will affect it in the long-term?

Cupid's Advice:

Age gaps in relationships can cause a myriad of problems, especially in the long term. It can also be a fresh thing between you and your mate. Depending on your personalities, the age gap, how comfortably you are with each other and what not, the relationship can last. Cupid has some advice on how this gap will affect the long term:

1. Emotional maturity: Emotional maturity is an aspect you want in a relationship if a age gap is present. You do not want twelve years between one another and the younger person acting immature and their own age. If you are going to be with this person for the rest of your life, they have to be able to keep up with you emotionally. If this is not a possibility in the beginning, it may challenging to make it for the long haul.

2. Similarities: Similarities are usually what brings a couple together in the first place. They should still be present throughout the relationship if there is an age gap present. You and your mate will not make it if you have absolutely nothing in common because of your age. If your music, humor, morals, or anything important are vastly different; consider getting yourself out of the relationship and move on.

3. In sickness and in health: If the age gap is not a problem

until after the wedding, well ladies and gents, just remember 'in sickness and in health.' Although divorce is common amongst many couples these days, you should resort back to the vows you took as a couple. If you have already reached the marriage stage, technically you've reached the long term, and simply are just going to have to deal with it day by day.

Has a age gap affected your relationship in the long haul? Explain below!

# 'Bachelor' Sean Lowe Says He Won't Invite Emily Maynard to His Wedding





By Meghan Fitzgerald

Bachelor, Sean Lowe, and bride-to-be, Catherine Guidici announced their plans to say 'I do' very very soon! <u>UsMagazine.com</u> reports how Lowe will most likely not be inviting Emily Maynard to their dream wedding. Although he still likes and respects Maynard, he doesn't think it is appropriate for her to be invited. The happy couple stated that they will get married on TV, <u>Hollywood Life</u> reports. The two continue to plan their wedding as they move on with their lives!

What are some things to consider about inviting your exes to your wedding?

#### Cupid's Advice:

Inviting your exes to your wedding is never, and I say never, an easy thing to do. What if you rekindle love? What if they try to ruin your dream day? What if your groom and your ex get into a fight? The questions are endless for brides considering inviting their exes to their weddings. Cupid has some advice on this:

1. Danger: Inviting your ex to your wedding will cause danger. However much you preach on their changed ways, or how civil you guys are; there will always be a slight bit of chaos. Seeing your ex at your wedding is not something you exactly want to do, you may think at the time it is a great idea however, at the wedding, it is not. Feelings can be brought back up with the sight of them, you could say something inappropriate. Just make sure you know inviting your ex has danger written all over it.

2. "Just friends": In all honesty, after you have had sex with another person, you will never be 'just friends' again. It is proven so. Especially if this person was of a romantic value. This being said, you and your ex will never be 'just friends.' Stop thinking it is possible, and just realize that it is not! The sooner you realize you two can never be friends again, the sooner you'll realize that you probably shouldn't invited them to your wedding.

3. Showing off: Alright ladies and gents, did your ex drive you crazy, humiliate you, break your heart and step on it? Are you now happy and wish to show that son-of-a-bitch how better off you are without them? If you are answering yes to all of this, than you are relatively right for considering inviting your ex. You are going to get married, why not rub some salt in the wounds of your ex? Have fun!

Have you ever invited your exes to your wedding? Share your experience below.