Burnell Taylor of 'American Idol': I "Really Like" Amber Holcomb





y Whitney Baker Johnson

American Idol viewers were surprised to see New Orleans native Burnell Taylor sent home last night. Even mentor Jimmy Iovine predicted that he would be the last guy standing, saying at the start of the elimination show that Lazaro Arbos should be voted off. Taylor, though, says he "had a feeling it was going to be me this week. I was prepared — it's always a possibility."

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Still, he's proud of himself for his performance of Bon Jovi's "You Give Love a Bad Name" on Wednesday night. "I can't believe I performed a rock song on live television," he says with a laugh. "If somebody would've told me I was going to do that, I never would've believed them." He adds that he "learned to roll with the punches" during the competition.

Related Link: 'American Idol' Performer Paul Jolley Talks About His Future Plans

Of his save song, the singer says that it wasn't about him being saved by the judges. Instead, he wanted to leave his mark. He certainly did that, ending the song by kissing fellow contestant Amber Holcomb on the cheek. Of his relationship with the singing beauty, he says, "We're still learning about each other. We're not moving too fast. We're both young, but we really like each other."

Taylor also had a big effect on judge Mariah Carey and contestant Candice Glover, who were both in tears over his departure. "I never knew how much they cared about me. To see that they were so genuine really touched me. I broke down too." As for Carey's advice, Taylor says, "She told me that this wasn't the end, that I should run with it. And that's what I'm going to do. I feel like it's about what you do after the show."

So what does the crooner want to do now? "I want to be a storyteller and get as personal as I can with my album. I want to be honest. That's what I feel is missing from the industry." When asked about comparisons to John Legend, he shares that the Grammy winner is definitely of his inspirations. "As far as my music, though, I want to be as original as I can and do something that nobody's ever done before."

He graciously thanks his fans — who he calls family — for their support and adds, "We shall meet again — and it's won't

be too long."

You can follow Taylor on <u>Twitter</u>. Be sure to check him out on the American Idol summer tour too!

Celebrity Couple Kim Kardashian and Kanye West Spend Easter Weekend in Paris





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Kim Kardashian and her beau, Kanye West, were seen strolling around Paris on April 2nd looking at baby clothes for their daughter who is expected to arrive in July. Kardashian, who seemed to be getting a lot of heat for her outfit choices, was wearing an all black ensemble that generously covered up her growing baby bump reported <u>UsMagazine.com</u>. Critics have been keeping a close eye on the reality stars outfits and making comments every chance they get. However, Kardashian refuses to let the comments bring her down. Kourtney warned me when you become a mom and become pregnant, there will be this new group of critics that will criticize me for everything you do," she said on *Good Morning America* on March 26. "If I wear one color clothes, I'm in this kind of mood. Or if I wear heels, they're harmful." The star went on to explain why she doesn't care for flats and would rather opt for the heels instead. "You know what, they actually hurt my back. I love high heels ... Whatever makes me feel good, I want to wear. And love wearing heels. I'm trying the flats, but we'll see." Kim and Kanye have reportedly been dashing around Paris all week buying baby clothes. Just the day before, on April 1st, the two were shopping at Bonpoint, a french children's store. On March 30th they were also spotted racing around the city in a black sports car, once again shopping for their bundle of joy.

What are some ways to involve your man in your nesting process?

Cupid's Advice:

Your carrying the baby, your feeding the baby, what's your man doing? Chances are he is eager to somehow get involved with your pregnancy but there is really not much he can do until the baby is actually born. How can you get him involved in this stage of the baby's life? Cupid has some suggestions.

1. Take child birth classes: Bring your sweetheart to

your childbirting classes. This way they will know what is going on during delivery and they will feel like that are a part of the experience.

- 2. Go shopping: Kanye and Kim have the right idea with this one. Going shopping for baby clothes and furniture is a great way to get your man involved with the pregnancy. This way the two of you are spending time together and making important baby-related decisions together.
- **3. Decorate:** Decorating and setting up the nursery will help your man feel involved with the baby preparations and he will feel that his manly nature is being put to good use. Get him to paint and put the furniture together so he feels needed.

How did your get your man involved with your nesting process? Comment below and let us know!

Celebrity News: Colin Hanks is Expecting His Second Child





y Andrea Surujnauth

Colin Hanks and wife Samantha Bryant are expecting baby number two! These lovebirds flaunted their pregnancy on the red carpet for the opening night of *Lucky Guy*, Hank's father, Tom Hanks' new broadway play. According to *People*, Bryant wore a form fitting black dress that showed off her pregnancy for all the flashing cameras. The couple married in October 2010 and already have a 2-year-old daughter, Olivia Jane. This will be Tom Hank and his wife Rita Wilson's second grandchild. "They cannot wait to just dote on this kid with every single fiber of their being," Tom Hanks said of the couple after the birth of Olivia. "My wife and I are more than happy to give them our baby and say, 'Here, watch her while we take a nap!'" Colin Hanks says.

How do you prepare for your second child differently than your first?

Cupid's Advice:

Having your first child is always full of surprises. When you have your second, you think you know what to expect since you been through it already. Think again! You are in for just as many surprises. Here are a few pointers:

- 1. Go through old stuff: Go through your first child's old stuff and figure out what can be re-used and what new things you need to get. Remember, just because your second child is a different sex than your first, doesn't mean that clothes can not be re-used. Colors like white, green, and yellow can be used for both baby boys and baby girls.
- 2. Budget: Make changes in your budgeting to be sure you will be able to afford all the necessary items for your second child as well as your first. Do not forget that your first child is also still a priority and will also need new clothes as they grow too.
- 3. Prepare your first: Here is one thing you never had to do in the past, prepare your first child for the arrival of your second child. Do not make your first child feel left out or less special otherwise they will grow to resent their sibling. Make your first child feel excited about the new baby by having them join in with the preparations and decisions. You can even give them a special project like helping you decorate the nursery.

How did you prepare for your second child versus your first? Share your experience below.

Celebrity News: Jamie-Lynn

Sigler Opens Up About Surprise Pregnancy





y Andrea Surujnauth

Cutter Dykstra and Jamie-Lynn Sigler were thrown when they discovered that they were expecting a baby, reported <u>People.</u> The couple was in the midst of taking the relationship slow and just beginning to think of getting engaged when they found out out that they had a bundle of joy on the way. "We definitely thought it was going to be a slow relationship process and possibly an engagement — I felt like it was coming — so the baby definitely threw us for a loop," Sigler told <code>SheKnows</code>. Dykstra proposed to Sigler soon after they discovered the news. Sigler has opted to not follow up with

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pregnancy books, but to instead let nature take its course. "It's a bizarre thing, but also a beautiful thing. It's the most natural thing your body can do," she said. "My body knows what it's doing. I'm just a vessel, I'm just the ship that's carrying this baby until it's ready." The couple also discovered that they will be expecting a boy. What will they choose to name their son? "We have our list of names that we're playing around with, but it's a lot of pressure!" Sigler says. The lovebirds want to find a strong name for their baby boy. "It's not going to be a name that you can call anything that you can eat," she says. "It's not going to be spaghetti."

How do you announce your pregnancy if it's an unexpected surprise?

Cupid's Advice:

Having unplanned pregnancy can be a shock but a wonderful blessing. The best part? Spreading the news to all your friends and family. Cupid has some tips:

- 1. Intimate conversation: One way to let everyone know about your pregnancy is to just sit down in an intimate atmosphere and tell them that you are expecting. This will be a great way to tell everyone if you know there will be a lot of joyous tears.
- 2. Funny surprises: If you want to shock your family and friends, a great way to tell them is to give them a humorous surprise when your telling them the news. Try writing "I'm pregnant" on a cake or wrap a picture frame with the sonogram in it and present it to your family as a gift. This is a guaranteed shocker!
- **3. Throw hints:** Play games with your family by throwing hints that you are pregnant. Try making dinner for them with baby carrots, baby back ribs, and baby corn. Then ask them what they think the theme of the dinner is.

How did you announce your pregnancy? Comment below and let us know!

Celebrity Baby: '7th Heaven' Star Beverley Mitchell Welcomes Daughter Kenzie Lynne





March 28th, former 7th Heaven star Beverely Mitchell and husband Michael Cameron welcomed their first child, Kenzie Lynne! The actress's rep confirmed to <u>UsMagazine.com</u> that their beautiful daughter weighed in at 5 lbs and 15 oz. Stretching out at 18 and a half inches in Santa Monica, California. The actress tweeted "I never knew a love like this existed," "Michael and I are mesmerized by our little Kenzie! She's perfect." The couple are planning their adventures already with their newbie!

How do you compromise with your partner on baby names?

Cupid's Advice:

Having a baby is exciting! You have a brand new addition to your family, and you and your mate are more than thrilled to name it. Naming your child holds a lot more pressure than most people would expect. This is the name your newbie will be called for the rest of their lives, and you have to decide it. Problems will most likely arise with you and your partner on picking your baby name. Cupid has some advice on helping you two:

- 1. Theme: To make matters less complicated with you and your partner, it is best to think of a theme for your baby's name. Maybe you want something more traditional and your mate wants a name relatively modern. When you both have come up with a theme of names, it is easier to find common ground. Take the in between of traditional and modern names, and there you go!
- 2. Middle name: If you and your beau are having complications with your child's name, a compromise can result to a middle name. If you and your partner can not decide on a first name, take both of those names and morph it into one name. Making it the middle name. If this approach is too modern for you, use one of the names for their first name, and one for the middle. A simple game of rock, paper, scissors would suffice of how

gets the first name.

3. Unisex: Compromising with baby names is challenging, a non stressful way is to choose a unisex name. You may want a girly and dainty name for a girl, and your partner could want something stronger. Well ladies and gentleman of parenthood, pick a unisex name! There are a myriad of different choices out there, go fish!

Did you compromise with your partner on baby names? Explain your experience below!

Celebrity News: Is Lindsay Lohan Pregnant?





y Meghan Fitzgerald

Lindsay Lohan wrote on *Twitter*, "Its official. Pregnant..." *People* reports that if the tweet by Lohan was an April Fool's joke, it sure was a late one, as she posted the sly tweet after midnight. Rumors surfaced of a baby with beau, Avi Snow. If this wasn't a joke, Lohan has an interesting life ahead of her. Having to serve 90 days in a rehab center under lock and key. Ordered to undergo psychotherapy and community service. Too bad she tweeted on Tuesday how it was just a April Fool's joke.

What are some creative ways to announce your pregnancy via social media?

Cupid's Advice:

With social media so strongly present in our world today, why wouldn't you want to creatively announce your pregnancy over it? Almost everyone is on it. Even people you wouldn't suspect: grandmothers, priests. There are so many quirky ways

to tell your inner and outer circle that you and your mate are expecting. Cupid has some more advice:

- 1. Picture of sonogram: On Facebook, Twitter, Tumblr, any other social media you may have, there are an unlimited number of options to announce your pregnancy. A little quirky and creative one is to post a picture of your sonogram. Your positive pregnancy test will also suffice. Unless your social media audience is naive and oblivious, they'll get the message And think it is completely adorable!
- 2. Facebook photo album: There are a couple different ways you can approach a addition to your photo albums on Facebook. You can post a picture of a bun in the oven, get it? If you already have children, they could wear a big brother or big sister shirt. Post a picture on your album of a Baby on Board sign. Take a picture of you and your mate with a sign, "We're expecting!"
- 3. Change status: Update a status on social media implying your pregnancy. Some clever ones: "My doctor just advised me not to drink, smoke, or lift heavy objects for the next 9 months." "Team Pink!" "Team Blue!" "We're expanding our home!" "Bring it on morning sickness!" "Now eating for two!" All of these are simple and easy ways to tell your friends and family that you and your partner are expecting a child!

Did you announce your pregnancy through social media? Explain below!

Celebrity News: John Mayer

Opens Up About Split with Katy Perry





y Meghan Fitzgerald

John Mayer is usually a man flaunting his relationships, exes, flaws of his past. However, with Katy Perry, everything was different. Their relationship was closely sealed shut to the outside world ... until he spoke on the *Ellen DeGeneres Show*, where he talked about him and Perry's split. *UsMagazine.com* reports that Mayer described the relationship being complicated. He further explained that coupling is tricky.

What are some ways to keep a positive outlook after a breakup?

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Cupid's Advice:

Keeping a positive outlook on life isn't always the easiest thing to do after a breakup. Especially if it was messy, leaving you an emotional mess crying over laundry softener commercials. Even though you may think the sun will never shine over your now dismal life again, it will. And you can make it happen. Cupid has some more advice:

- 1. Forgive and forget: Yes, forgiving and forgetting sucks more than getting a flat tire in the middle of rush hour traffic. However, it is possible to do and it will leave you with a brighter view on life. Of course any breakup hurts, but there are ways to mend your heart. It's not as simple to say just forgive and forget because it is not that easy. However, you need to dig deep inside of yourself and find the strength to move on.
- 2. Exercise: Exercise ladies and gentleman will help you with your breakup! It is proven that hopping on the treadmill or that late night cycle class will make you happy. If your breakup sucked, go get your ass to the gym. Sweat off all the Ben & Jerry's ice cream you have been shoveling down your throat. It is guaranteed that you will feel ten thousand times better. Maybe not ten thousand but you get the gist of it.
- 3. Keep your chin up: It is always easier said than done for this one. But, you are capable of keeping your head up darling. You can overcome this breakup and shine on. Informing everyone how "fine" you're doing. When you act fierce, you slowly turn fierce. In simpler terms, if you act like you're okay by keeping your head held high, you will soon be more than okay!

Have you kept a positive outlook after a breakup? Share your experience below!

Celebrity News: Hayden Panettiere Tweets First Post-Engagement Photo with Wladimir Klitschko





y Andrea Surujnauth

Hayden Panettiere was spotted sporting her beach bod in Miami on March 31st. The day before, Panettiere tweeted her first post-engagement photo of herself and her new rumored fiance, Wladimir Klitschko. In the photo, she is seen jumping in the air with singer-songwriter Erin McCarley. Panettiere joked that her and McCarley were only half the size of her "Ukrainian giant" hubby-to-be. Panetierre, 23, and Klitschko, 37, have yet to publicly comment on their engagement. The lovebirds were together for two years before breaking up in May 2011 but decided to rekindle their love for one another in January 2013. A source revealed to <u>UsMagazine.com</u>, "Looks like a summer wedding!"

What are some ways to celebrate your engagement?

Cupid's Advice:

After getting engaged, you're so thrilled you just want to shout it from the rooftops! However, if you're afraid of heights, cupid has some other ways you can go about celebrating your wonderful news.

- 1. Vacation: Go away on a romantic weekend together to celebrate your great news in private, just you and your sweetheart.
- 2. Party: Plan a big bash to celebrate your new status with all your friends and family. This way everyone can join in on the excitement that you and your honey are feeling.
- **3. Photos:** Take some engagement photos with your sweetie. Get all dressed up together and have a professional photo shoot. This way you will have great memorabilia for the future.

What are some other ways to celebrate your engagement? Share your ideas below.

Celebrity News: Chace Crawford Cozies Up to Rachelle Goulding at NY Knicks Game





y Andrea Surujnauth

Gossip Girl alum, Chace Crawford, was seen getting close to Canadian model, Rachelle Goulding, during the Ny Knicks game against the Charlotte Bobcats in Madison Square Garden on March 29th. Goulding was spotted rubbing Crawford's arm and whispering in his ear throughout the game, reported USMagazine.com. Although they were expressing extremely

flirtatious behavior, a source told *Usmagazine.com* that there "isn't anything serious" between the two. Last year Crawford told *Pop Sugar Australia* what he usually looks for in a girl. "It's the way they carry themselves, that confidence. I'm open to whatever. I love a girl who's really spontaneous, someone who's up for going on a camping trip, or concert or sporting event."

How do you know when to make your relationship public?

Cupid's Advice:

Relationships are extremely delicate and need to be handled with care. Tossing it into a situation before it is ready can have some seriously negative repercussions. Being public with a relationship is a huge step and definitley needs to be thought about. Here are some ways to know when the time is right to make your new found love public:

- 1. Stability: Make sure your relationship and your feelings towards one another will be able to withstand the judgemental eyes of the public. Be prepared for the added pressure and make sure both of you are prepared for everyone tossing their unwanted opinions your way.
- 2. Agreement: Be sure that you and your beau have both agreed to taking the relationship public. Make sure you both agree on the status of the relationship and the plans for the future before spreading the word.
- **3. Gut-feeling:** Listen to what your heart is telling you. If you are not ready to go public or if you are unsure whether or not yur relationship will last, do not go public. You need to make sure that you are happy with the decision.

How did you know when to go public with your relationship? Comment below and let us know!

Celebrity News: Lea Michele Is Proud of Boyfriend Cory Monteith for Checking In to Rehab





y Andrea Surujnauth

Glee star Lea Michele is supporting her boyfriend, and also costar, Cory Monteith as he checks into rehab. "I love and support Cory and will stand by him through this. I am grateful and proud he made this decision." According to <u>People</u>,

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Monteith is suffering from substance addiction. The couple have been public about their romance since April 2012. "He really, really inspires me, and he motivates me and I think he's just so talented." Michele told *People* last year. Along with Michele, Monteith is receiving support from his 20th Century Fox TV family. A statement was made to *The Hollywood Reporter* saying "Cory is a beloved member of the *Glee* family and we fully support his decision to seek treatment. Everyone at the show wishes him well and looks forward to his return."

What are some ways to support your partner through a tough time?

Cupid's Advice:

Your love is having a hard time getting through a rough patch in their life. You don't like seeing your sweetie suffer so how can you help them? Cupid is here with some advice for you:

- 1. Support: Be there to listen to your sweetheart talk about what bothering them. If they do not want to discuss the problem then do not push. Just let them know that you are there for whenever they want to talk.
- 2. Be kind: Your beau might be moody during time of stress. Do not let this get to you. Be kind to them even if they seem to be snapping at you. If you are rude back to them, they will just feel worse and it might create an unnecessary argument.
- **3. Be positive:** Remind your sweetie about all the positive things in their lives but do not push them. If you are overly preppy, they will resent your attitude. Just show them that they have you to make them smile.

How do you support your partner during tough times? Comment below and let us know.

Celebrity Divorce: Porsha Stewart Seeks Alimony from Kordell Stewart in New Divorce Papers





y <u>Jessica Conigliaro</u>

Kordell Stewart filed for divorce and only a week later, wife Porsha Stewart was fighting back, UsMagazine.com reports. The Real Housewives of Atlanta star submitted her own divorce papers through her attorney, seeking alimony and use of their

Atlanta mansion.

What are some ways to keep your divorce civil?

Cupid's Advice:

You and your husband could not work through you problems made the decision to get a divorce. You want to stay civil with one another throughout the process, but aren't sure if that is possible to do. Cupid is here to teach you ways to keep things pleasant:

- 1. Make compromises: Divorces can often get messy. Both people involved want certain things in the divorce. If your soon-to-be ex spouse is dead set on getting your vacation home and you could care less, let them have it. It is pointless to start a huge dispute over property you don't even want. Be willing to let them have certain things, even if you don't think they deserve to have it. In return they will not pick fights when you make requests to keep the things you want.
- 2. Remember the good: In all marriages, there are ups and downs. As you ae going through the divorce process, try to remember why you fell in love with the person. This will not fix your already broken marriage, but it will allow you to feel sympathy for them and not completely resent them. You and your soon-to-be ex husband will get along a lot better during the divorce if you respect one another in some way.
- 3. Move forward: The worst thing you can do during a divorce is bringing up old arguments. They are the reasons you chose to end the marriage and should not be mentioned again. The decision has been made to leave each other, so why go through the long and painful disputes again? Keep conversation light between the two of you during this time. Bringing up old wounds will only make you hate each other.

How did you stay civil during your divorce? Share below.

Celebrity Pregnancy: 'High School Musical' Star KayCee Stroh Celebrates Her Baby-to-Be





y <u>Whitney Baker Johnson</u>

KayCee Stroh's spring is already looking pretty in pink. On Saturday, March 23rd, the *High School Musical* star and former *Celebrity Fit Club* contestant kicked off the new season with a chic baby shower at the W Los Angeles-Westwood. With blooms by

Sky Flowers, food by LYFE Kitchen and dessert by Magnolia Bakery, the guests, including Vanessa Hudgens, *Hannah Montana's* Anna Maria Perez and *I Kissed a Vampire's* Autumn Grabeel, were treated to a day of pampering from beauty companies like Nail Garden, Lash Fairy, LipSense and more.

The mother-to-be got ready for the event with celebrity stylist Anya Sarre, who also helped plan the soiree. Sarre recently welcomed her first baby — son Sawyer William — with husband Tim and knows firsthand that a bundle of joy makes everything different. "The definition of romance has changed," Sarre says of life post-baby. "We still make time for us, but we incorporate the baby. A date doesn't have to be a candlelit dinner for two."

Related Link: 'My Girl' Star Anna Chlumsky Is Expecting

It sounds like Stroh and husband Ben Higginson have taken this advice to heart. For starters, the twosome has built a strong foundation for their relationship since tying the knot in 2009. After dating for only six months, Stroh realized that her man was someone she couldn't live without. "I knew he was 'the one' because of the way he made me feel and how he made laugh in times of despair. He balances me and always reminds me of what really matters in life."

Plus, they've already "made a few packs" to ensure that romance doesn't fall to the wayside after their daughter is born. In order to keep their love a priority, after a long day of work, they've promised to kiss each other first before turning their attention to the baby. Another important activity is a weekly date night. "Ben's parents always did this, and we feel it's really great advice. Sometimes, couples just need time together to talk like adults and remember why they love each other," the star explains. "We've decided on every other Friday night. That's our plan to keep our marriage healthy and happy!"

While they know a baby will add a lot more responsibility and stress to their relationship, they also think their child will improve their marriage for the better. "I can't think of anything that would strengthen our bond more than looking into the eyes of our baby girl and knowing that we created something wonderful together," the actress gushes. "What an incredible bonding experience!"

Related Link: Holly Madison Discusses Baby Names and Wedding Plans

Higginson is already proving to be an involved daddy-to-be, which is no surprise for his wife. "He's always been a part of the decision-making process in our lives. He's helped me every step of the way, whether it's going to doctor's appointments with me or tracking down my most ridiculous request for the nursery."

"He's such a champ," Stroh adds. "I'm really lucky."

Stroh's close friend, Rachel Leigh Cook, has no doubts about the couple's growing family. "Any child coming into this world would be lucky to have you two as parents. You are both all heart," she said at the shower. "I hope your daughter is blessed with Ben's silliness and KayCee's singing voice."

To keep up with Stroh, follow her on <u>Twitter</u>.

Celebrity News: Meryl Streep's Daughter Mamie

Gummer and Husband Call It Quits





y <u>Jessica Conigliaro</u>

Side Effects Actress Mamie Gummer recently announced that her marriage with Benjamin Walker is coming to an end, <u>Us Weekly Magazine</u> confirms. The two got married in the summer of 2011, lasting less than two years.

How do you know when it's time to call it quits on your marriage?

Cupid's Advice:

You and your spouse don't always see eye to eye. Lately, it

seems like all you do is bicker at each other. The romance is completely gone and you begin questioning your marriage. Cupid is here to help you make the difficult decision:

- 1. Constant fighting: It's one thing to argue over who's going to cook dinner tonight, but if you're arguing over every little thing there's a problem. Ask yourself how many arguments you have with your husband on an average day. If that number seems high to you, it is and you should see if your spouse is noticing the issue as well. Talk to him about it; the solution may end up being divorce or separation. Don't be afraid to talk it out though. If you don't you both will continue being unhappy.
- 2. No compromises: You have been married for a few years now and want to start a family. Your husband however wants to wait and is unwilling to listen to your opinions on the subject. This should send up a red flag instantly. Having children is a major step in both of your lives. The decisions should be for you to make as a team. If you are finding it difficult to work together in your marriage, perhaps it's time to have a long discussion with your spouse and set your priorities straight.
- 3. Sad all the time: If you find yourself trapped in your marriage, don't ignore your gut instinct. Your husband doesn't always want to go out on the weekends and makes you stay in all the time. You are left feeling guilty for wanting a different lifestyle than him. Your spouse most likely notices how sad you get, and feels as if he is holding you back from the life you truly desire. If you are upsetting each other constantly, it might be time to reconsider the marriage.

How did you know it was time to end the marriage? Share below.

Celebrity News: Brian Austin Green Takes Baby Noah for a New York City Walk





y Jessica Conigliaro

Actress Megan Fox and husband Brian Austin Green had their first child in September 2012. Since the birth of their son Noah, the couple has been making efforts to stay out of the public eye, <u>People</u> reports. Despite their best attempts, Green and his son were both photographed while taking a walk through SoHo.

What are some reasons to keep your baby out of the public eye?

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Cupid's Advice:

Weather you're a celebrity, or someone easily recognized by the general public, there will always be someone wanting to capture your daily life. They will be most intrigued by your baby, wanting to capture your new family together. Cupid offers some tips to avoid being in the public eye:

- 1. Privacy: When you and your husband are recognizable figures, people will want to photograph you with your children. This however, does not allow you much freedom. Everywhere you go, you will have to worry about what you re doing and saying. Nothing will ever be private and your family will never be left alone. Avoid the paparazzi as much as you can in order to raise your children in a normal environment.
- 2. Avoid rumors: Your husband is always the one who takes your baby for a stroll in the park every morning. When people don't see you two together, they automatically assume you are split up. Avoid the rumors by mixing up your daily walk locations. You will get some privacy and avoid being in the public eye.
- 3. Safety: Sometimes, paparazzi can get violent when trying to get a photograph. They will cross over space boundaries and invade your family's privacy. Your baby will get scared of the flashes and strange people surrounding him/her. Stay out of the public's eye as much as you can while your children are young.

How do you keep your baby out of the public eye? Share in the comments below.

Celebrity Pregnancy: 'My Girl' Star Anna Chlumsky Is Expecting





y Meghan Fitzgerald

According to <u>People</u>, 'Veep' star, Anna Chlumsky, and husband Shaun So are expecting their first child this upcoming summer! I'm feeling pretty good so far, Chlumsky, 32, tells <u>People</u>. I was really lucky I did not have any morning sickness which was great because I was working. <u>CNN</u> reports that the couple since 2008 are getting their nursery ready and preparing for their baby! The two are keeping the gender of their baby a secret...guess we'll have to wait until summer!

What are some ways to have a worry-free pregnancy?

Cupid's Advice:

It is essential to have a worry-free pregnancy so your child will come into a non stress, loving environment. Being pregnant is not always the easiest thing you will do in your life. However, there are ways to keep it non stressful. Cupid has some more advice on a worry-free pregnancy:

- 1. Yoga: In most aspects of life, yoga relieves stress and creates a worry-free life. Yoga increases your sleep schedule, it reduces anxiety, increases strength and flexibility. It decreases any pain you may be having, and risk the chance of labor problems. Prenatal yoga strengthens your muscles, but it also strengthens your mind! Prenatal yoga only involves breathing, stretches, postures, and relaxation.
- 2. Preparation: A worry-free pregnancy can be had if you prepare for your pregnancy! With a few easy steps, you can organize yourself and have a relatively easy pregnancy. Prepare your child's room-to-be, their clothing, the baby shower. Organize a sleep schedule, when you will get back to work, any doctors appointments or parties. Plan months and months ahead and you won't worry about a thing.
- 3. Support: Having a worry-free pregnancy is easier to uphold if you have a person by your side, preferably a significant other. You want your partner to be with you all along the steps of your pregnancy. Having your mate by your side will release all the weight off your shoulders. Any problems you may have can go straight to them. Support will come right along in your relationship.

Did you have a worry-free pregnancy? Share your experience below.

Celebrity News: Chris Brown Opens Up About Rihanna Assault





y Meghan Fitzgerald

March 26th, Chris Brown stopped by Ryan Seacrest's KIIS FM radio show, discussing the events which occurred before the 2009 Grammys. He talked about the night no one will ever forget, which is when Chris Brown assaulted his girlfriend, Rihanna. <u>UsMagazine.com</u> reported that Brown explained to

Seacrest, "Everybody has a temper, but for me, it was not knowing how to control it when I thought I had the world in my hands." <u>NY Daily News</u> stated that he's trying his best to be a better man, and show her how sorry he is.

What do you do if your partner severely breaks your trust?

Cupid's Advice:

When your partner breaks your trust, it is challenging to allow them back in to your heart. Even though it is challenging, it is still possible to piece the relationship back together. Although you may want to ditch your mate and leave him on the sides of the street, they may have had a reason why. Or you may have misinterpreted the situation. Cupid has some more advice:

- 1. Communication: In a relationship, it is essential to communicate with your partner. If your partner lacks communication, and breaks your trust, you must learn to communicate! You need to figure out why your partner did this to you, how you can make it work, or even if you want to make it work. If you want to try and make your relationship work, you will need to talk with your partner!
- 2. Rebuilding: Rebuilding your relationship after your partner breaks your trust is challenging to do. If you are willing to make your relationship work, rebuilding with your partner is necessary. Your mate now needs to build their trust, their love, and their respect back up. Although this is challenging to do, it is still possible if you really love your beau and want to get on with the relationship.
- **3. Space:** When your partner severely breaks your trust, you will inevitably need some space in the relationship. Space to figure out what you want in life, what you want of yourself, and what you want out of the relationship. Space will give you all of these things, and more. Space also allows your partner

to realize what they did wrong, and how they will be able to salvage their relationship.

Has your partner broke your trust before? Share below!

'Ready for Love' Host Giuliana Rancic Says, "Having a Strong Marriage is the Greatest Example You Can Set for Your Child"





y <u>Whitney Baker Johnson</u>

Giuliana and Bill Rancic have a relationship that many of us admire, so it only makes sense that the couple was tapped to host NBC's upcoming dating competition show *Ready for Love*. They've opened up their personal life to fans on their own reality show *Giuliana and Bill* on the Style Network, and now, they'll be taking on a new role in front of the camera. "We absolutely love working together," Giuliana says of the experience. "We banter back and forth quite a bit, but it's all in fun."

She adds that deciding to host the show was a no brainer. "We're always traveling and working apart, so it was the perfect opportunity for us to not only be a part of such a great show with amazing people but to spend some time together while doing it."

The premise of *Ready for Love* is different than other dating shows. The three bachelors — Ben Patton, Tim Lopez and Ernesto Arguello — were each paired with twelve ladies by three

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matchmakers, Amber Kelleher-Andrews, Tracy McMillan and Matt Hussey. Giuliana knows firsthand that *Ready for Love* is the real deal. "By using relationship experts, the compatibility between the bachelors and each girl is really tested," she explains. "This is, by far, the most realistic dating reality show I've ever seen."

So did the Rancic's share any of their wisdom and experiences as a madly-in-love couple with the single men? "Well, the matchmakers are experts, and they don't necessarily need help from us, but we did throw in little pieces of advice to the guys here and there. You'll have to tune in to find out!"

That's not to say that the couple didn't get to know the bachelors both on and off the set — Ben and Ernesto even came to their baby shower! "We really bonded with each of them and truly rooted for them while they searched for love," the host says. "They are all such great guys."

If the men had asked for their advice, the twosome believes that communication is most important for a successful relationship. When they're in different cities for work, they're "always checking in and trying to put each other first — that's what keeps us strong."

Related Link: Ready for Love: Three Extraordinary Men

Of course, they have a new member of the family who they have to make a priority too: their seven-month-old son, Edward Duke. Even so, becoming parents hasn't changed their relationship. "If anything, it's just brought us closer. We're both so happy and grateful."

"Baby Duke is so adorable, and we're loving every minute of parenthood" the first-time mom adds. "Every 'first' he has is the greatest moment in the world."

For new parents who are struggling to fit romance into their lives, the television personalities say spending one-on-one

time together is a must. "It's so important to stay connected to your spouse as a new parent," Giuliana shares. "Having a strong marriage is the greatest example you can set for your child."

Be sure to check back next Monday, April 8 for our interview with Ben Patton and Tuesday, April 9 with Matthew Hussey! Catch the premiere of Ready for Love on Tuesday, April 9th at 9/8c on NBC. For more information about Giuliana, you can follow her on Twitter and watch her on E! News.

Shiri Appleby Welcomes a Baby Girl





y Meghan Fitzgerald

Shiri Abbleby and fiance, Jon Shook spook to <u>UsMagazine.com</u>, confirming the <u>birth</u> of their little baby girl March 23rd in Los Angeles! Of her daughter, The <u>Girls</u> star stated, "She's heaven. I'm beyond thrilled." <u>Huffington Post</u> reported that the <u>couple</u> decked their baby's room with a chandelier, rug, and are now looking for drapes. The couple refused to release the gender of their <u>baby</u> until now!

How do you prepare to welcome a baby girl versus a boy?

Cupid's Advice:

Preparing for a child is stressful. Not only is it stressful, but it obviously needs a lot organizing and preparing. When preparing for a baby girl versus a baby boy, you may have to prepare differently. Most importantly, you need to be ready for pink! Pink everything ladies and gentleman! Cupid has some more advice:

- 1. Pink: Parents-to-be, if you are welcoming a baby girl, be prepared for a mess full of pink. Even if you do not supply the pink, your baby shower sure will. Your baby girl will soon be decked out in all pink attire, so be prepared. Also, the color of the room will need to be gender-specific. When preparing for a baby girl, that color is hands down pink. Parents, go buy some paint and start with those walls!
- 2. Safety: Preparing for a child is frightening, the amount of work you need to put into your house safety is substantial. It may seem obscure at first, however when your baby girl arrives, you will soon know why locks are necessary. Talk to other parents on how they safety proofed their house, or look in parenting magazines! Once your house is safe, your baby girl is prepared to come inside the home.
- 3. Childbirth: Childbirth is one of the main things to prepare for when welcoming a baby girl. Birthing classes are ideal for new mothers-to-be. It will teach you breathing methods, different ways to position yourself and control contractions. Learning how to undergo childbirth will prepare you to welcome a new baby girl.

How did you prepare for a girl versus a boy? Explain your experience below!

Relationship Expert Tracy McMillan Says 'Ready for Love' Will Change the Way

America Dates





y Whitney Baker Johnson

Unlike both Matthew Hussey and Amber Kelleher-Andrews "her fellow matchmakers on NBC's upcoming reality show, <u>Ready for Love</u>" Tracy McMillan considers herself to be a best friend matchmaker. "I come from the loving perspective of a friend who's going to tell you the things that your real friends are afraid to say because you might get mad."

Related Link: <u>Matchmaker Amber Kelleher-Andrews Chats About</u>
<u>Being 'Ready for Love'</u>

She further explains, "My philosophy isn't about getting the guy. It's about opening your heart wide enough that the guy

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can walk into you're life and that you're ready for him."

With that said, in today's world, there's not a "one size fits all" approach to dating. "It used to be that you'd date in your early 20s, settle down in your mid-20s and be married for the rest of your life," McMillan explains. "Now, there's a lot of confusion because people don't understand that you don't date the same as you do when you're 25 and 38."

Still, the author of Why You're Not Married Yet: The Straight Talk You Need to Get The Relationship You Deserve believes that it's "not necessarily harder to date." There's just more circumstances to consider when looking for love "which is where she can help.

Related Link: Matthew Hussey Talks NBC's 'Ready for Love,'
'Get the Guy' and Being a Life Coach

The matchmaker believes that *Ready for Love* is going to change the way America dates. "I don't think anybody's ever seen a show get into the process of meeting someone, dating and falling in love. There's something very riveting about it. You'll laugh; you'll cry; and you'll say, "No, she didn't!" McMillan shares. "It's just not like anything else on television."

Be sure to watch McMillan on "Ready for Love," which premieres on NBC on Tuesday, April 9th at 9/8c after "The Voice." To purchase her book "Why You're Not Married"Yet," click here. For more information about the matchmaker, check out her site tracymcmillan.com or follow her on Facebook or Twitter.

Relationship Matchmaker Amber Kelleher-Andrews Chats 'Ready for Love'





y Whitney Baker Johnson

If you're anything like us, then you're anxiously awaiting for the premiere of NBC's new dating reality series, *Ready for Love*. Not only will we have a front row seat as three very eligible bachelors search for love, but we'll also be privy to the advice they receive from three renowned matchmakers, one of whom is Amber Kelleher-Andrews.

Related Link: Matthew Hussey Talks NBC's 'Ready for Love, 'Get

the Guy' and Being a Life Coach

Kelleher-Andrews comes from a family business of matchmaking. "I like to say that I'm the fly on the wall on over 40,000 dates," says the CEO of Kelleher-International. Kelleher-Andrews" mother founded the "extremely personalized professional matchmaking firm" about 27 years ago, and the Ready for Love star has been working there for almost two decades now.

Separating her from other matchmakers, she engages with both the man and the woman involved in each match. She listens to the criteria and perspective of both parties and goes into every detail of every date. "I learn the do's and don'ts of dating from every age range in most of the major cities of the United States as well as overseas. I find major patterns in dating based on gender, based on age and based on different communities."

Of course, different generations must consider that there are different ways to navigate the troubled waters of dating. But regardless of background, it ultimately boils down to one question: where do you find your person? That's where matchmakers can help. "When you're truly ready for love and approach an expert for guidance, you get to skip that problem because we already have your potential matches in our files."

"You're attracted to people based on your personality and what you want in life," the matchmaker adds. "I compare it to college. Like-minded people go to Harvard, and those people are very different from the students at MIT or UCLA."

Related Link: Ready for Love: Three Extraordinary Men

Adding a huge amount of credibility to *Ready for Love*, Kelleher-Andrews and her fellow matchmakers had the final say in the female contestants vying for the men's hearts. "We chose these women because we felt that they were very similar to the bachelors. Do we know who they pick in the end? Of

course not," she explains. "But we can at least bring a group of women to the stage that we feel are very compatible with them."

As for the men on *Ready for Love*, Kelleher-Andrews believes that "they already have the charm and charisma and success. They just need their person." Given the expertise of the three matchmakers, it sounds like picking out "the one" might not be so easy!

Don't miss the two-hour series premiere of 'Ready for Love' on Tuesday, April 9th at 9/8c on NBC! For more information about Kelleher-Andrews, click here. You can also follow her on Facebook and Twitter.

Celebrity Panettiere Klitschko Engaged

Couple Hayden & Wladimir Are Secretly





y <u>Jessica DeRubbo</u>

Hayden Panettiere may be keeping a big secret right now, according to — <u>UsMagazine.com</u>. Sources are saying that Panettiere and on-again Ukranian beau Wladimir Klitschko are ready to make it official. "Looks like a summer wedding!" says one source. Although the couple parted ways in May 2011, they remained friends. In fact, Panettiere said they were "just good buddies" when they were caught spending time together in mid-January this year.

What are some reasons to keep your engagement under wraps at first?

Cupid's Advice:

Getting engaged is a big step in your relationship, and sometimes there are factors that make you keep it under wraps before announcing to all of your friends and family. Here are a few:

- 1. Keep it special: Sometimes keeping the news of your pending nuptials a secret at first is a way to make it special between you and your partner. The knowledge the both of you have only with each other serves as a golden nugget of information you can blush over for a few days without getting accosted by those close to you.
- 2. Out of respect: Perhaps your sister's wedding is right around the corner or a close friend is getting ready to welcome a baby. In order to refrain from taking the spotlight off of them, you may decide to wait to reveal your engagement.
- **3. To make sure:** Once you announce your engagement, it's a lot more drama-ridden down the road if you call it off. Take a few days post-proposal to think things over and make sure you feel comfortable with the situation before revealing your news.

What are some other reasons to keep your engagement to yourself at first? Share your ideas below.

Celebrity Baby Expected For Jenna Wolfe and Stephanie Gosk





y Jessica Conigliaro

News anchors Jenna Wolfe and Stephanie Gosk are expecting their first child, a baby girl! "This is the most exciting thing that has ever happened to us," People reports. "In a way, we can't wait to start," says Wolfe. "Stephanie keeps saying, 'Hurry up! What's taking so long?' And I'm like, '[The baby's] cooking!'"

What are some ways to prepare for your first child?

Cupid's Advice:

You just found out you are having a baby for the first time and have no clue what you are doing. You always dreamed of having a child and want to start off on the right foot now that it's actually happening. Cupid is here to help you ease your way into motherhood:

1. Share the news: You and your husband could not be happier after finding out you are expecting. Let your family and

friends in on the good news as well. Their joy will make everything feel more real, putting you right into new-mother mode. Your loved ones will help you through the process and answer any questions you are sure to have. Take their advice, especially if they have kids themselves.

- 2. Shop: Your doctor just confirmed it: you're having a baby girl! Both you and your husband can't contain your excitement. Start decorating that baby room you have been leaving empty and unpainted. Now's the time to purchase the pink and yellow paint and go nuts! You and you partner will have a blast setting up the room, making you feel one step closer to becoming parents.
- 3. Start a blog: Pregnancy is a beautiful time for you and your baby to grow together. Document your experiences by starting a blog. Every month, have your partner take a picture of you and your growing belly. Alongside the photo, write about any food cravings you are having and when the baby starts kicking. Write down all major developments of your pregnancyor anything interesting that happened to you during that time. Once your baby is born, you will have a fun and organized way of remembering the time you shared with him/her before they were even born.

How did you prepare for your first child? Share in the comments below.

Matthew Hussey Talks NBC's 'Ready for Love,' 'Get the

Guy' and Being a Life Coach





y Rachael Moore and Lori Bizzoco

It's spring time now, and love is in the air. So much so, that NBC's new dating competition show, *Ready For Love*, premiering Tuesday, April 9th, is already getting tons of buzz. The innovative series, with Executive Producer Eva Longoria and hosts Giuliana and Bill Rancic, follows three eligible men looking to find their soulmates. With twelve women vying for each man's heart, three matchmakers provide their expertise and advice to guide them in their search for love.

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Matthew Hussey, a life coach, speaker and new author, is the only male matchmaker on the show and admits that he has a more direct approach than his female colleagues on the show, Amber

Kelleher-Andrews and Tracy McMillan. "We all come from different places," he says. 'Amber is a matchmaker; Tracy is a writer; and I am a life coach.' $\ddot{\imath}$ $\dot{\imath}$ $\dot{\imath}$

Related Link: Ready for Love: Three Extraordinary Men

Hussey grew up in England and claims that he was never good with the girls, so he started observing people to try to understand them better. He learned some techniques to help people with their confidence, and at age 17, he realized that he wanted to be a life coach. He knew it would be hard for people to take him seriously given his young age, so he started out small, coaching three people per week before moving up to five and then ten.

Originally, he set out to help men better understand general life lessons, but it wasn't long before they started asking for advice on their love lives. 'I knew coaching a room full of guys wouldn't be practical. They needed to get out there and talk to women. When doing so, some men got rejected, but others got wins.' $\ddot{i}\dot{c}_{2}^{1}$

Related Link: How to Behave Like a Gentleman

He became very popular in the United Kingdom, coaching 10,000 guys in the span of two years and doing seminars with 300 men in attendance. With his reputation growing, Hussey was approached by many women wanting to know his secrets. 'I was terrified,' he shares. 'I knew how to work with men, but I didn't understand women. Then, it hit me: that was exactly how I could help them. I didn't need to tell women about themselves. I needed to tell women about men and why they do the things that frustrate them.'

When it comes to guiding the three bachelors on *Ready for Love*, Hussey explains that Kelleher-Andrews and McMillan use a different method. 'I was more direct because I believe in giving people tools so they aren't dependent on anyone. I'm not prepping them for dates; I'm prepping them for life," he

says. 'I don't care if the women in my group end up with the guy. I care about them gaining an understanding of who they are and what they want and having the strategies they need in the real world.'

Related Link: Why Amazing Confident Women Remain Single

When speaking about the difference between his coaching techniques in his seminars and on the show, he shares, 'In my seminars, I can't watch what happens after the women leave. For the first time, I was able to see every change that was made in this nine-week period.'

When the show airs on April 9th, not only will Hussey make his debut as a reality star, but he will also add published author to his list of credits. His new book, Get The Guy: Learn Secrets of the Male Mind to Find the Man You Want and the Love You Deserve, will be released from HarperCollins that same day. The book focuses on three main ideas: find the guy, attract the guy and keep the guy. With his intelligence and eye-opening words of wisdom, there's no doubt that women will quickly realize that Hussey's process truly works.

Hussey's advice boils down to the idea that 'attraction is only a snapshot of any moment of time. It's not a black-and-white thing. Just because a guy isn't attracted to you now doesn't mean he never will be. So, just like they say...timing is everything.

Don't miss the two-hour series premiere of <u>Ready for Love</u> on Tuesday, April 9th at 9/8c NBC. To order a copy of Hussey's new book Get the Guy: Learn Secrets of the Male Mind to Find the Man You Want and the Love You Deserve, click <u>here</u>. For more information about the life coach, check out one of his sites, <u>Get the Guy</u> and <u>Matthew Hussey</u>. You can also follow him on <u>Facebook</u> and <u>Twitter</u>.

Celebrity Couple Justin Timberlake & Jessica Biel Dine Separately in Vegas





y Meghan Fitzgerald

Jessica Biel and Justin Timberlake spent the past weekend in Vegas ... Although, the couple were not together. <u>People</u> reports that Timberlake put together a guy's weekend, starting off Friday night with dinner at Yellowtail restaurant. Across the casino at Fix, Biel was dining with a few gal pals, for a

friend's bachelorette party. <u>E! Online</u> stated that Justin Timberlake's ex, Britney Spears was just down the hall the entire weekend, too.

What are some ways to remain independent when you're in a relationship?

Cupid's Advice:

When you are in a grand relationship, most of your time is devoted exactly towards the other person. And inevitably, you two love birds morph into one...this only happens if the relationship is in superb condition. This can be a slight problem, for which you will now mostly depend on your partner. This is not a huge dilemma, most people in relationships become dependent on their mate. Cupid has some advice to stay independent:

- 1. Have your own space: Having your own space is essential if you want to be independent in your relationship. Yes, it is okay to let your partner keep things at your apartment if you're dating. However, you need to have your own little 'you' place. A place where you go to to be by yourself. Whether if this is in your home, or the coffee shop, it is special for you and you only. It is also useful if you and your partner allow each other one day a week for your own time.
- 2. Have your own plans: Pertaining to your own time, it is necessary to have your own plans. Of course it is great to spend every waking minute with your partner. However, you need to have your own friends, and have your own time. It is great to remain independent in a relationship if you make plans with your girlfriends. Spend a day with them at the spa, plan a girls night at the bar, do your own thing!
- 3. Don't check up: Why wouldn't you want to know every minute thing your partner is doing? Well, because they also need their own space. Plus it looks super dependent, and clingy.

Don't check up on your mate, if they want you to know something, they will tell you. Especially if you spend most of your time together, you don't exactly need to know every second of the day they're not with you.

Have you been independent in a relationship? Explain below.