

Celebrity Baby: Jenna Bush Hager and Husband Welcome a Baby Girl



By Jessica

Conigliaro

Former President George W. Bush and former First Lady Laura Bush welcomed their first grandchild on Sunday. According to [People](#), Bush shared the exciting news through Facebook: “Laura and I are thrilled to announce the birth of our grandchild, Margaret Laura ‘Mila’ Hager,” he writes. “Mila, daughter of Jenna and Henry Hager, is named for her grandmothers.”

What are some ways to incorporate family tradition when you name your child?

Cupid's Advice:

Picking a name for your baby—and agreeing with your partner on a name—is not always easy. There are tons of factors to take into consideration. Cupid is here to help you figure out how to add family tradition into your baby's name:

1. Name them after someone: You just found out you are having a baby boy—your husband's very first thought is to name him after himself. This is a great way to show your future son how important family is and will create a special bond between him and his father—you may also decide to name him after his grandfather. Either way, he will take comfort one day knowing he is named after someone important to the family.

2. Close friend: A good friend of yours passed away a few years ago and you are still finding ways to cope. They meant a lot to you and inspired you in many ways. Honor them by naming your child after them. Your son/daughter will have a name that represents someone who was very special to you.

3. Middle Name: If you and your husband are disagreeing on baby names, try compromising with a middle name. You want to name your child after your grandmother, but your spouse isn't too thrilled with the name. Suggest using it as a middle name for your daughter and come up with a first name you both love.

How do you add family tradition when choosing s name for your baby? Share in the comments below.

Celebrity Couple: AshLee

Frazier and Brad Womack Are Dating!



By Meghan Fitzgerald

UsMagazine.com confirms that former *Bachelor* contestants AshLee Frazier and Brad Womack are now dating. Womack split from fiancée Emily Maynard a few weeks after proposing in March of 2011. “Now, Womack, 39, and Frazier, 32, are together after initially meeting at an event in Texas,” reports NYDailyNews. Frazier left the past season of *The Bachelor* with barely a word to Lowe, and Womack stated that he “dodged a bullet” with his past relationship. Hopefully, this one is better for the couple!

What are some ways to keep past relationships from affecting your current one?

Cupid’s Advice:

Keeping your past relationships from your current one is a skill you should acquire if you don't have it already. Many problems can arise if you let your past baggage interfere with your current relationship. Of course this is challenging to do, but it is necessary. Cupid has some more advice on this:

1. Comparisons: You do not, and I repeat, do not want to compare your ex to your current mate. You will get inside your head and think of all the things your ex was better than your current partner at. You should not compare your ex to anyone, especially your partner now. This is a main way to keep your past relationship from affecting your current relationship.

2. Live in the now: It is not healthy nor acceptable to look back on your past and attempt to live in it. It is over ladies and gentleman, and now time to move on and get going with your life. Live in the now, live with your current partner and ignore any temptations to think about the past relationships. The more you live in the now, the less you are to think about all your past relationships.

3. Leave baggage: Leave your baggage from the past to the side of the road as you continue on with your current relationship. Yes, it happened. However, it does not matter anymore because you are with someone new. Someone you should spend all your time on. Not spending your time on thinking "what ifs" and how things could of been different. The past is the past, and so is your baggage. Move on.

Have you kept past relationships apart for your current one? Explain below.

Celebrity News: Sean “Diddy” Combs and Kate Upton Slam Dating Rumors



By Meghan Fitzgerald

An eyewitness recently told [NYDailyNews](#) Confidential@l that Sean “Diddy” Combs and Kate Upton were seen locking lips at Club LIV in Miami Beach. Sources say they were kissing, and not hiding it. [UsMagazine.com](#) reports that both Sean “Diddy” Combs and Kate Upton resorted to Twitter this past Wednesday to deny rumors that they are the newest “it” couple. Diddy tweeted, “Attention all Media. I don’t even know Kate Upton personally!...I’m not dating her! What’s being reported is not true. END of story!” Upton’s response was, “Really??? Not at all true...”

How do you keep rumors from negatively affecting your

relationship?

Cupid's Advice:

You and your partner should watch carefully out for rumors. For which, they can thoroughly affect your relationship, and not in a positive manner. Although rumors can negatively affect your relationship, there are ways to distance them from you and your mate. Cupid has some more advice on this:

1. Communication: You and your beau need to communicate with one another if rumors are present in your relationship. Make sure you both know the rumors floating around, and the physical truth. Talk to each other of how you can abolish them, and what you can do as a couple to strengthen your relationship. Rumors can negatively affect your relationship, but if you talk to your mate, rumors are not a factor.

2. Ignore them: As with communication, the first step with rumors is to talk to your partner about them. However, you have to leave them aside. Do not let them get under you or your mate's skin. If you let the people spreading lies about your relationship get to you, your relationship will suffer. After you discussed the rumors with your beau, don't think about it again. Let them go.

3. Don't dwell: Dwelling on situations or rumors will negatively affect you and your partner's relationship. Hence why you should not dwell on the rumors going around. Although it may be challenging to not think about the rumors and why someone started them, it is possible. And as soon as you make it possible, your relationship will not suffer negatively whatsoever.

**Have rumors negatively affected your relationship before?
Share below.**

'Scary Movie 5' Actress Molly Shannon Talks About Life's Biggest Headaches & Being a "Happy Mom"



By [Lori Bizzoco](#)

Actress and comedienne Molly Shannon first stole our hearts on *Saturday Night Live* in the mid-1990s. Since then, her career has expanded to include movie star in *How the Grinch Stole Christmas* and the recently-released *Scary Movie 5*.

Additionally, she's a children's author, her book *Tilly the Trickster*, is inspired by her own childhood and the silly antics she used to play. Here, the newly-named Excedrin spokesperson chats about what gives her the biggest headache.

Shannon also opens up about life with her husband Fritz Chesnut and their two children, Stella and Nolan. She gives us the inside scoop about how she uses her comedic background and attitude to be a better parent, saying, "I know for sure that my kids think of me as a happy mom, someone full of joy." For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Sources Say Chris Brown and Rihanna Are Still Together, But Fighting



By Meghan Fitzgerald

Even though on-and-off again [couple](#), Chris Brown and Rihanna

are together, things are not going as well as they wished. A source tells UsMagazine.com that in the past couple weeks, their [relationship](#) consists of constant fighting. However, it is not as out of the ordinary for them, the source said, stating, "Every second it's a blow-up and then full on in love." Huffington Post reports that on her Diamond tour she asked her fans, "How many of you are in love? How many of you hate [love](#)? How many of you don't understand it? I'm in that group."

What are some ways to know that the fighting has gotten out of hand in your relationship?

Cupid's Advice:

If you say you and your mate don't fight, you're lying to yourself and everyone around you. Every couple fights. Whether it is beneficial or dangerous is the thing that matters most. Healthy fighting strengthens your relationship with your beau. However, fighting can get out of hand, and should be dealt with accordingly. Cupid has some more advice:

1. Lack of love: Have you fought so much with your partner that you no longer express any [love](#) towards him? This is a huge sign that fighting has gotten out of hand in your relationship. If you do not feel love towards the person you want to spend your life with, you need to re adjust how much you fight. Or simply get out of the relationship if it is not able to fix.

2. Sleepless nights: Do you lack sleep at night because you are so furious at your mate you can't sleep? You should know you fight too much when you can not sleep because of yet another heated fight. Sleepless nights are acceptable if you and your [partner](#) are discussing the fight, your feelings, and lives. However, if you two are sleeping on opposite sides of the bed, backs to one another and not speaking, realize how much fighting is affecting your relationship.

3. Physical abuse: Fighting has got completely out of control when your mate begins to physically abuse you. It is not your fault, you did not do anything wrong, and you need to realize how unhealthy this is. To you, to the [relationship](#), to everyone around you. Of course it is going to be challenging to leave the relationship because of commitment or love. But you need to. Pack up all your belongings and find someone who treats you right.

Have you ever experienced fighting getting out of hand in your relationship? Share your experience below.

Celebrity News: Tom Cruise Opens Up About Divorce From Katie Holmes





By Andrea Surujnauth

Tom Cruise finally speaks out about his 2012 divorce from actress, Katie Holmes. After a 5 year marriage, Holmes filed for divorce 5 days before Cruise's 50th birthday. "I didn't expect it," he confesses to German TV Network *ProSieben*. According to UsMagazine.com, Cruise admits "To be 50 and to have experiences and to think you have a grip on everything, and then it hits you – this is it, what life can do to you. Life is a tragicomedy. You need to have a sense of humor." Holmes, who now resides in New York with the couple's daughter Suri, is moving on with her life as well. She is in a new Broadway play and also has a fashion line. Director and friend of the couple, Adam Shankman, says "They are incredibly happy. I've just been emailing with [Tom]. He's coming back. He's shooting [*All You Need Is Kill*] in London and seems as happy as a clam. I know he sees his daughter."

What do you do if your partner springs an unexpected split or breakup on you?

Cupid's Advice:

No one ever expects their marriage to come to an end. But what do you do if your partner suddenly wants a divorce? Cupid is

here with some advice for you.

1. Don't seek revenge: If your partner springs divorce on you, never act out in revenge. Not only does it make you look crazy but if law officials are brought into the situation, you might lose a lot more than your marriage.

2. Protect your assets: If you and your ex have joint bank accounts or anything along those lines, contact a lawyer to help sort out the financial situations.

3. Therapy: Divorce or separation can be hard and many people find themselves falling into an endless black hole of depression. Try getting therapy. Therapy can help you get over the depressed feelings and help you get your life back on track.

What would you do if your partner sprang an unexpected split or breakup on you? Share your ideas below.

'American Idol' Contestant Lazaro Arbos Says, "I've Always Been the Kind of Guy Who Wanted to Do Something Big With Myself"





By [Whitney Baker](#)

[Johnson](#)

Lazaro Arbos was a fan favorite on this season of *American Idol* from his first audition, capturing our hearts with his rendition of “Bridge Over Troubled Water.” He struggles with stuttering when he speaks, but when he sings, it’s not an issue. Ultimately, his talent carried him to a sixth-place finish, outlasting the other male contestants and leaving an all-female top five for the first time in the show’s history.

During his time on the show, the Cuban-born singer says he got to meet a lot of amazing people who he’ll be friends with for life. Plus, it helped improve both his confidence *and* his speech impediment. “It definitely gave me a stronger mindset,” he explains. “My stuttering has subsided a bit, and I think it has a lot to do with me learning to control my nerves better.”

Related Link: [Burnell Taylor of ‘American Idol’: I “Really Like” Amber Holcomb](#)

Arbos wasn’t surprised that it was time to go, and he’s excited for what the future holds. “I’m so far from sad. Winning the competition wasn’t my main goal,” he shares. “My goal was to become known and become a better performer, and I

think I achieved that.”

Still, saying goodbye is never easy. “The part that was the hardest was that I made such good friends with all of the remaining girls. So the thought that I wasn’t going to be with them anymore on the show really got to me.”

As for what comes next, Arbos says that he loves love songs and wants to record a pop album. Until the tour kicks off this summer, he’s excited to return home to Naples, Florida. “The first thing I’ll probably do is go to the park with my family. I miss them a lot,” he says. “Plus, my old high school has a pep rally planned for me, so I’m looking forward to that.”

Related Link: [‘American Idol’ Performer Paul Jolley Talks About His Future Plans](#)

He has no plans to step out of the spotlight either: “I would love to be on *Glee* – that’s one of my goals after the tour. I’d love to be on *Modern Family* too.”

The contestant also shares that he’s hoping to sing with icon Cher on the *American Idol* finale. “I met her at the start of the show, and we’ve been talking back-and-forth since then. She follows me on Twitter, too.”

Despite some criticism from the judges and mentor Jimmy Iovine, Arbos has no regrets. “I believe that everything happens for a reason,” he says with optimism.

“My love for performing and for music motivated me to audition for the show,” he adds. “I’ve always been the kind of guy who wanted to do something big with myself.”

You can keep up with Arbos on [Twitter](#) and [Facebook](#). You can also catch him on this summer’s *American Idol* tour.

Celebrity News: Julianna Margulies Says She's Glad She Waited to Get Married



By Andrea Surujnauth

Julianna Margulies was surprised to be getting married because she never thought that she was the marrying type, reported [People](#). At the age of 41, she was proposed to by lawyer Keith Lieberthal in 2007. At the time, she was pregnant with their son Kieran, who was born two months later. Now 46, she shares her story in *Good Housekeeping's* May cover story, "I feel very grateful that I had the courage to say no when I did and say yes when I could, that I waited to find the right mate and to have this little family. There's something about this time in

my life where I feel like it's never going to get better."

What are some benefits to stepping into marriage slowly?

Cupid's Advice:

You are excited about being able to tie the knot with that special someone. If you're so excited, then why wait? Cupid has some reasons why waiting can be better than jumping the broom too quickly:

1. Experience: When you wait to get married, you gain more experience and you get to know what traits you want in a partner and what you don't want. This way when you're ready to day "I Do", you will be sure that the person you are saying it to is really the one for you.

2. Divorce: Getting married young runs a higher risk of ending up in divorce than getting married at an older age. When you're young, you're still growing and your aspect of life is still changing so your likes and dislikes may change.

3. Stability: When you are young, you are just starting off in the business world and you are not completely financially stable. This may cause problems and arguments between you and your partner, especially if you are married. If you wait until you are both financially stable, your life and a married couple will run a lot smoother.

What do you think is a benefit of stepping into marriage slowly? Comment below and let us know!

Celebrity News: Avril Lavigne Plans to Unveil Surprises at Her Wedding to Chad Kroeger



By Andrea Surujnauth

According to [People](#), Avril Lavigne opened up to Ryan Seacrest about her wedding plans. Apparently the groom, Nickelback's Chad Kroeger, is in the dark about certain details of the upcoming big day. "It's going to be quite spectacular, and there's a theme to it," Lavigne shares with *On-Air with Ryan Seacrest*. "We're going pretty big, but Chad doesn't even know everything." She spilled one of her secrets to Ryan as Kroeger looked on with surprise, "I'm going to take the lyrics from the sheet music from one of our songs and wrap it around the wedding cake." When asked about their engagement, Lavigne talks about the meaningful proposal, "I had been making this scrapbook of my time in the studio. I walk over and he had

taken a photo of himself holding the ring box and put the Polaroid in my scrapbook. Because I had stickers everywhere he put in 'Will you marry me?' It was really romantic and kind of made sense." Kroeger proposed to Lavigne with a 14-carat diamond ring.

How do you incorporate a theme in your wedding?

Cupid's Advice:

You have the perfect theme in mind, but how do you incorporate it into your wedding? Cupid has some ways that you can spice up your wedding with your favorite theme:

1. Venue: Choose a venue that matches with the theme you have in mind. If you want your theme to be an exotic getaway, go for a beach wedding. If you want a winter wonderland theme, a nice cabin in the mountains could be a great choice for you.

2. Cake: Get your wedding cake involved with your wedding theme. If you want that summer exotic getaway feel, a cake with colorful hibiscus flowers would go perfectly with your beach venue.

3. Wardrobe: If you want a fairytale wedding, you may want to dress up with a cinderella-like ball gown. If you want that beach theme wedding, go for something more natural like a more tightfitted gown and flowers in your hair instead of a veil.

How would you incorporate a theme in your wedding? Comment below and let us know.

Celebrity News: Taylor Swift Admits She Doesn't Know If She Will Get Married



By Meghan Fitzgerald

Recently, 23-year old singer, Taylor Swift talked to [Wonderland](#) magazine about relationships, guys, and heartbreak. [UsMagazine.com](#) talks more with Swift, talking about “I have no idea if I’m going to get married or be single forever or have a family or just be on my own. You know, paint in a cottage by the ocean by myself.” The Never Ever Ever singer has a list of countless exes, John Mayer, Jake Gyllenhaal, Taylor Lautner, and Harry Styles. Who knows what will be next for Swift.

What do you do if you’re not sure what you want out of a relationship?

Cupid's Advice:

If you are not more than eighty percent positive you should be in the relationship you're in, you should reconsider it. Not knowing where you should be in life means you need to think more about you. You shouldn't delve further into someone else's life if you don't know your own. Cupid has some more advice on not wanting to be in a relationship:

1. Get out: Being in a relationship when you don't know what you want is a sign to get out. If you don't know what you want out of it, you should not be in a committed relationship. It isn't fair to your partner if you're not positive of what you want. Save the despair and heartbreak for your mate, and leave the relationship now. It may be difficult to do, but in the long haul it is worth it.

2. Effective communication: Communication is necessary if you're not sure what you want out of a relationship. Make sure your partner knows what you're thinking and feeling. Inform them about your confusion and anxiety of the relationship. If they are not aware that you may act differently, or may abruptly leave the relationship, let them know. Fill your mate in on everything.

3. Self-exploration: Okay, you're not sure what you want of a relationship...now is your time to explore. Hop out of the relationship and do some self exploration. Do things you wouldn't normally do in a relationship. Do things you normally wouldn't do in general. Go out of your comfort zone and find out who you are. Find out what you want out of relationships so you can go back into them.

Have you ever not known whether or not you wanted to be in a relationship? Explain below.

Is 'The Bachelor' Sean Lowe & Catherine Giudici's Celebrity Love Affair in Trouble Already?



By Meghan Fitzgerald

A source told UsMagazine.com that Seattle native Catherine Giudici has been 'bored and lonely' since she moved to L.A for fiancé, Sean Lowe. While celebrity love Lowe attends *Dancing With The Stars* practices, Giudici typically stays home and watches TV. Her friends are so-and-so with her relationship and love life with Lowe, mostly because she was previously a driven, career woman. Plus, she gave up an Amazon gig to be

on *The Bachelor*.

'The Bachelor' winner Catherine Giudici needs some more attention from celebrity love Sean Lowe. What are some ways to keep the spark alive in your relationship and love life after the honeymoon phase?

Cupid's Advice:

The honeymoon phase in a relationship makes couples believe that the entirety of the marriage will be dreamy, trance-like, and full of passion. Unfortunately, this is not always the case. Once the honeymoon phase is over, your relationship and love may differ. Fights may arise, intimacy may become rare and in between. The honeymoon phase doesn't last forever. Cupid has some advice on how to keep the spark alive:

1. Try new things: Usually in new relationships, couples tend to try new things almost constantly. After the honeymoon phase, you adapt to a certain routine. A way you live both of your lives, sticking to the same daily events. Keep the spark alive by trying new things. Go to the new bar three blocks away for Spanish tapas. Check out rock climbing, get out of your comfort zone with your mate.

2. I love you: In relationships, it is essential to tell your partner how much you love, care, and appreciate them. Especially after the honeymoon phase when arguments may arise and complications are met. Relationships and love are not typically easy, they require effort and patience. It is easier to fix and have a healthy relationship when you express your love to your partner.

3. Romance: Date nights and spontaneity are a great way to keep romance in check with your relationship. Cook your partner their favorite meal: maybe he likes rigotini and meatballs? Or pack a picnic for your mate and take them to a local park on a warm spring day. Friday date nights are also a

great way to get the romance going. It's important to keep the intimate time between you and your boyfriend.

Have you kept the spark alive after your honeymoon phase? Share your experience below.

Celebrity News: Drea de Matteo Talks About 'Stalkers' & How Life Changes After Babies



By [Whitney Baker](#)

[Johnson](#) and [Sarah Ribeiro](#)

Drea de Matteo best known for her role as "Adriana" on HBO's critically acclaimed show *The Sopranos*, and "Angie" on ABC's *Desperate Housewives*, returns to the small screen playing detective Diane Harkin in the Lifetime Original Movie *Stalkers*, premiering Saturday, April 13th at 8/7 c.

"There haven't been many great roles out there lately," the actress says. But for de Matteo it seems like she was drawn to this script and her character. In the upcoming movie, she is a hotheaded detective who is investigating unsolved stalking cases while on the run from her ex-husband. "I've never played a cop, and I've always wanted to," she says. "I'm always sort of the "victim" in my roles. In this film, I get to be a victim and a tough woman at the same time. This character has a past, and she's breakable, but she's on a mission to conquer her fears. She can't afford to be afraid."

As a mother of two, the *Sopranos*-alum says *Stalkers* reminded her of how important it is to keep her children safe. "I don't know if I have the strength to figure stuff out like my character, Diane can. As far as teaching my kids to protect themselves, playing a role like this definitely reminds me that there are a lot of crazy people in this world." de Matteo was filming the movie when the tragic shooting at Sandy Hook Elementary occurred, and she couldn't let herself hear anything that was going on "because of the pain and fear that set in" and the thought of that happening to one of her children.

de Matteo has played a mom since she was in her twenties, but *being* a mom to five-year-old daughter Alabama Gypsy Rose and two-year-old son Waylon Albert "Blackjack," her kids with fiancé Shooter Jennings, is quite different. "Oh my gosh, my life has changed so much since I've had babies. Now, I know what it's like to be a mom in real life, and I can really play the part," she shares. "At this point, I don't even have to think about anything to get upset on camera. All I have to do is see an image of something harmful happening to my children

in my head.”

Related Link: [Long-Term Relationships: 5 Ways to Keep the Spark Alive](#)

She adds, “I am so madly in love with my children, and they affect everything I do and any role I play.”

Shooting *Stalkers* was the first time she was away from her family, but she made the best of a tough situation by traveling back and forth between California, where her daughter is in school, and Vancouver, where the movie was filmed. “That part of it was awful, but luckily, the experience of making the film was so great that it definitely helped to overshadow how painful it was to leave my kids.”

Like any parent, de Matteo’s still learning what it means to be a mother. “No one ever really gave me advice on parenting,” she shares. “I feel like my daughter is my teacher to a certain degree, and I let her guide me. On the other side, I am here to guide her, and I am going to catch her every time she falls.”

It’s no surprise that de Matteo’s children are her number one priority. Still, her work is important too. We can’t help but wonder: Can women really have it all? de Matteo says, “I think we can. We just have to work harder than any man has ever worked in his entire life.”

Related Link: [Kristin Cavallari: “Motherhood Came Very Naturally to Me”](#)

To keep her life in balance, after filming, de Matteo focuses on spending time with her family. “When I come home, all I want to do is hug on my kids. We like simple things,” she says. “I love going to the park and walking down the street, holding hands with my babies and my boyfriend.”

Stalkers premieres on Lifetime Saturday, April 13, at 8:00pm

Celebrity News: Ashley Tisdale Discusses Why She Likes 'Mysterious Bad Boys'



By Meghan Fitzgerald

Ashley Tisdale does not like her men like character Sharpay in *High School Musical* did. She discussed with [People](#) how she likes her men to be a little rough around the edges. [USAToday](#) talked about Tisdale's recent topless *Maxim* cover, and her interest in guys. "There's definitely a thing where I like the dark, mysterious bad boy." However, she's not opposed to "surfer, blond frat guys." The 27-year old *Scary Movie*

V actress sure has changed since her younger days in relationships.

What are some of the reasons women are attracted to bad boys?

Cupid's Advice:

For some odd and relatively unknown reason, women have been attracted to bad boys. Even if they see the inevitable heart break in the near future, women still tend to go for said bad boys. Bad boys do have a certain allure to them. Leading numerous women to fall for their mysterious lives. Cupid has some advice on bad boys:

1. Curiosity: Some women have a strong sense of curiosity in their lives. It is not uncommon to be curious about new things you haven't experienced. With this being said, having an interest in a bad boy will definitely reduce your curiosity. Although it may not go as great as you expected, you still will have had the exposure to the 'bad boy world.'

2. Adventure: Bad boys have this certain vibe about them. Like they are absolutely filled head to toe with adventure. A type of guy who will throw you on the back of their Harley Davidson 2010 motorcycle and speed away to a dive bar with outside bathrooms and a gun range inside. Of course this is exaggerated, however bad boys hold this illusion that they are more fun. Who knows, they could be.

3. Saving: Some women think they have the tendency to 'save' men. Yes, there are the cases where this is a possibility. However, they are rare and hard to come by. You do not usually see intelligent and mature women successfully saving immature rebel men. This would be a great thing to see in relationships. Yet, it does not always happen. Women have failed to see that this usually does not work.

Have you ever been attracted to a bad boy before? Share your

experience below.

Celebrity Pregnancy: Hillary Scott Debuts Her Baby Bump at the ACM Awards



By Andrea Surujnauth

Hillary Scott flaunted her growing baby bump and she posed for the cameras on the red carpet for the ACM Awards. According to UsMagazine.com, Scott announced in December that she and husband, Chris Tyrrell are expecting their first child together. The Lady Antebellum singer was nominated for Vocal Group of the Year with band members Dave Haywood and Charles Kelley. Backstage, Scott tweeted, "So thankful to be getting

ready backstage at the ACM Awards with the beautiful ladies in Little Big Town who are teaching me about being a mama!" Scott confirmed that she and Tyrrell are expecting a baby girl. In January, Scott posted a humorous tweet referring to her pregnancy cravings, "Who has two thumbs and just asked her husband, and very nicely I might add, to run into the grocery store for pop tarts? ME! Pregnancy."

What are some ways to get educated about becoming a parent when you're expecting?

Cupid's Advice:

Parenting is a roller coaster ride for first-time parents. How can you get some advice on Do's and Don't's of parenting? Cupid has some advice on ways you can get educated before your little bundle of joy arrives:

1. Read: There is a wide array of parenting books that can help you and your partner. Reading up about advice on parenting skills can make a big difference for when your baby is finally here.

2. Ask parents: Get advice from other parents or from your parents. Grandparents would love to give advice on raising their grandchildren and take care of their little grandbaby. And all the situations that you will be growing through, you better believe, they been there and done that!

3. Professionals: If you are still unsure about your parenting skills, ask professionals. Go to a class for new parents. You will be taught all the tips and tricks on how to handle your little one.

How did you get educated about becoming a parent? Comment below and let us know.

Celebrity News: Kordell Stewart Claims Wife Porsha Williams Parties and Neglects Stepson in New Divorce Documents



By Andrea Surujnauth

Former Pittsburgh Steelers star, Kordell Stewart, is accusing his estranged wife and *Real Housewives of Atlanta* star, Porsha Williams, of staying out late, partying, and neglecting her step-son. UsMagazine.com reported that Stewart asked the court to deny Williams request for temporary support because of her

alleged partying. Williams fought back by filing a motion claiming that Stewart locked her out of their house. Stewart's defense was that he simply locks the doors at night for security reasons. Williams also accused her estranged husband of having "another woman" in her house. Stewart claims that the only other woman that was in the house the nanny that was hired to care for his son since Williams is "neglecting her responsibilities to her stepson." Williams told reporters on April 3, "This is a very difficult time for myself and my family. I'm just trying to remain strong. That's all I can do and stay prayerful and lean on my friends and family."

How do you keep your divorce civil for your the sake of your children?

Cupid's Advice:

Divorce can be extremely traumatizing for children. Keeping your divorce civil, at least in front of your children, is important for your child's well-being. Cupid is here with some advice on keeping things civil for your child:

1. Arguments: Keep arguments private. Do not argue in front of your child. This is guaranteed to upset them even more. Their parents are breaking up, they don't need to witness their mom and dad at each other's throats.

2. Messenger: Do not make your child a messenger between the two of you. Having your child carry messages back and forth because you don't want to speak with each other will cause added stress on your child.

3. Come to terms: Coming to terms with your emotions is key to keeping your divorce civil. This will help to avoid the extra drama that is thrown into a divorce that is caused by emotional pain.

How did you keep your divorce civil for your child? Share your

ideas below.

Celebrity Pregnancy Jessica Simpson Steps Out with Daughter Maxwell



By Andrea Surujnauth

Jessican Simpson was seen spending some quality alone time with her 11-month-old daughter, Maxwell, on Sunday reported [People](#). Simpson, who is six-months pregnant, carried her daughter in her arms on the streets of Calabases, California. The two had lunch together and and spent the day enjoying each other. Ashlee Simpson, Jessica Simpson's younger sister, told *People* "She's a great mom and a great pregnant lady."

What are some ways to bond with your small child?

Cupid's Advice:

Your little one seems to be growing so fast. How can you enjoy your time with them at this young and create memories that they will remember forever? Cupid has some ideas for you:

1. Rituals: Utilize everyday activities to create memories for your child. Sing them a goodnight song every night or have a family game night. Even something small like making pancakes together every Sunday morning. These are rituals that will last as your child gets older.

2. Be silly: Don't be afraid to be silly and laugh with your child. Children always have a silly sense of humor but they don't expect adults to have the same kind of humor so when you show them your silly side, they feel more connected to you.

3. Alone time: Spend time with each of your children separately. Take them out for ice cream or go play in the park together. This way your children will feel the love that you have for them individually.

How do you bond with your small child? Comment below and let us know!

Celebrity News: Adam Lambert Splits from Boyfriend Sauli

Koskinen



By [Jessica](#)

[Conigliaro](#)

Former *American Idol* contestant Adam Lambert recently called it quits with boyfriend Sauli Koskinen. They both have been increasingly focused on their own individual careers in recent months, which likely contributed to their breakup, [UsMagazine.com](#) reports. "I've been getting really busy and traveling a lot and and he's been getting really busy because he has a show he's filming for Finnish television," Lambert said. "So we just decided to part ways."

How do you keep your busy career from interfering with your relationship?

Cupid's Advice:

You have been working towards that big promotion at work for

years and have finally achieved it. Of course, with a higher job position comes more work and responsibilities. Your partner begins to feel you are dating your work and not them, with all the time you are spending at the office now. Cupid is here to help you juggle your career and your relationship:

1. Decide what's more important: After about three months of the new job title, you and your love don't feel as close to each other anymore. If you truly don't enjoy the new position, don't keep it. There is no reason to stay at a job that you hate just because it pays a little better—especially if it could destroy your relationship. If you do however enjoy the job, you simply will have to try harder to keep your love life strong while working those long hours.

2. Set aside time: Having free time while working isn't always easy or guaranteed. You often have to work long nights and some weekends. Make plans with your love two weeks in advance. This way, you can avoid tackling any big projects at work. Your [love](#) will appreciate your consideration and will notice your efforts to make things work.

3. Include them: Your boyfriend jokes around and says you spend so much time at work that you practically live there. Have him come to your office for lunch and show him what you do all day. He will love learning how you spend your time away from him—and will also enjoy spending the afternoon with you. Try to have lunch dates a few times a month—a great way to stay involved in each other's lives.

How do you keep your relationship going strong with a busy career? Share below.

Celebrity Baby: Kerry Walsh Jennings Welcomes a Baby Girl with Husband Casey Jennings



By [Jessica](#)

[Conigliaro](#)

Volleyball player Kerri Walsh Jennings gave birth to her third child on April 6. "Our family feels so blessed to have this beautiful new addition to our family," [UsMagazine.com](#) reports the new mom saying.. "We cherish our lil Scout already and can't wait to watch her as she grows in this world alongside her sweet big brothers."

What are some ways to stay healthy while you're pregnant?

Cupid's Advice:

You and your husband want to make sure your baby is happy and healthy. You have so much love for him/her already and want to do all that you can. Cupid is here to teach you ways to stay healthy during your pregnancy:

1. Take long walks: Start your mornings with a nice stroll through the park. You and your baby will get some fresh air and will clear your head as well. Bring your husband along; use your daily walks as time to plan ways you will prepare for your new bundle of joy. You and your partner will get even closer while on your walks—great memories to share with your future son or daughter.

2. Eat right: The best things you can do for your body during pregnancy is eat healthy. Your cravings may leave you wanting to eat nothing but peanut butter and celery, but try to limit your junk food. Your baby needs nutrition—and so do you. Have your husband prepare a healthy dinner of chicken salad and asparagus for the two of you—a healthy and delicious meal for you both to share.

3. Talk to the baby: Let your baby know how much you love them before they are even born. Tell him/her funny stories—you might even want to play some music for them to hear. If your partner plays any instruments, have him play next to your stomach. Your baby is sure to kick with excitement.

How do you stay healthy during pregnancy? Share in the comments below.

Kelly Bensimon: “I’m a Single

Parent, and It's Not Easy"



By Jenny Schafer for

Celebrity Baby Scoop

The Real Housewives of New York alum Kelly Bensimon recently hosted the launch of Original Scent, the new luxury scent bar in Pasadena. The reality TV star, 44, raves about the new “boutique where you can make your own personal fragrance.”

Kelly opens up to Celebrity Baby Scoop about her daughters – **Sea**, 14, and **Thadeus**, 12 – who are her “greatest luxury.” She goes on to talk about the difficulties of single motherhood and her greatest regret from appearing on *RHONY*, saying the show did not accurately portray her life.

CBS: Do you miss being on *The Real Housewives of New York*?

KB: “I miss all the entertainment. It was definitely very fun to be surrounded by all these women that I never met before

and learn how they navigate New York life. That was obviously very interesting because it is so out of my comfort zone. It's not what I am used to in New York. It was really exciting to be a part of that...to be a voyeur into another aspect of New York culture."

CBS: Would you be interested in doing another reality TV show like *Real Housewives*?

KB: "I would definitely be interested in doing another reality TV show, but I wouldn't want to do a reality TV show with a mixed cast like that unless it could be a new kind of genre, called "soft-scripted." The nice thing about soft-scripted shows versus reality TV shows is that soft scripted shows allow the participants to kind of know what is going on versus just being on the show like I was with *Housewives*. You walk into a room and people are just like, "Oh I hate you!" and you're like, "I have no idea why."

Soft-scripted shows give you more boundaries so you kind of know how to navigate them. It's also more real to the viewer and I think it's more interesting. I would definitely do a soft-scripted show, but I would not do something that is "reality," because that is not fair to the viewer. As a writer and as a mother, I don't want to present myself in that way."

CBS: Tell us about your daughters. How old are they and what do they like to do for fun?

KB: "My two daughters are twelve and fourteen-years-old. My youngest, Thadeus, is an amazing pianist. She also loves to buy as much make-up as she possibly can [laughs]. My oldest daughter Sea is fourteen-years-old and she loves to play basketball and read. She is more active and she's a great tennis player. She is having fun being a teenager."

CBS: How do you balance your busy career and family life?

KB: "I don't. I don't balance my busy career and family life

[laughs]. I am always hanging on by the seat of my pants. Right now I am writing an article that was due an hour ago and trying to be the best parent I can be.

I am a single parent and it's not easy. For anyone who is a single parent, it is nothing to be flippant about. It is really, really difficult. I have to work as well, and it's something that I've always done. I've always worked and I've always been a single parent. This is my life and it's how I am trying to raise my kids. I want them to have really great values. I don't want to be that parent that's like, "I work so much that I kind of spoil them." I am trying to give my kids those Midwestern values that I find very important.

It's not easy. It's just not easy. One regret that I have from *Housewives* is that they didn't show how I navigate through New York being a single parent. That is one thing that I really regretted. They didn't show how difficult it is for me or show how much I respect being a single parent and how much I love my kids. I regret that. They didn't show that at all. They were just like, "Oh, you're supposed to be rich and famous" and I was like, "I'm not rich, I'm not famous. I don't know what you're talking about [laughs]."

CBS: What do you have planned for Mother's Day? What does Mother's Day mean to you?

KB: "Oh my gosh, what do I have planned for Mother's Day...I just love Mother's Day because I love to be with my kids. Last year I had brunch with my kids and my best friend who is also my hairdresser.

I love Mother's Day because it is an opportunity for me to be with my kids and not have to parent them. I'm like, "It's Mother's Day, so I don't have to parent you and it's all about fun!" It's actually a day where I get to celebrate being their mother. That's really exciting for me.

For me, I have two kids and I'm a single parent. Therefore,

Mother's Day is an opportunity for me to tell my kids, "It's a day for us to celebrate being together." Instead of celebrating me, I want to celebrate them. They are the greatest luxury that I could ever even imagine having. I can't believe that I am the mother of two gorgeous girls. It's something that I respect a lot and I want to celebrate it with them. It's not about me; it is about us."

To read the rest of the interview, please click [here](#).

Celebrity Pregnancy: Halle Berry Is Pregnant ... And It's a Boy!



By

[Jessica](#)

Conigliaro

Oscar-winning actress Halle Berry recently announced she is having a second child, this time with Olivier Martinez—and it's a boy! The new bundle of joy will join big sister Nahla, Berry's 5-year-old child, UsMagazine.com reports. "Every night we pray to God, and she's so sweet. Berry says, 'God, please bring me a bunk bed and a baby sister.' And I say, 'I can do one of those things, I know for sure! The other one we have to keep praying on.'

What are some ways to prepare for a baby boy?

Cupid's Advice:

Having a boy is a completely different experience than having a girl. You just found out you are pregnant with a baby boy and have no idea what to do next. Cupid is here to show you where to start:

1. Blue everything: You just found out the sex of your baby—it's a boy! Now's the time to buy the blue paint and start preparing the baby room. You and your husband will feel even more excited to meet the newest addition to your family as you paint his walls. Start looking for blankets and baby furniture as well. The more prepared you are, the better!

2. Sports: Your husband has every intention of raising your son to be a fan of all his favorite sports teams. Surprise your love by purchasing sports onesies of all his teams for your future son. Your husband will love seeing the outfits and will love them even more when your son is wearing them during his first game.

3. Boy clothes: Aside from sports jerseys, your future son will need a lot of little pants and shirts. Buying baby clothes is such a fun and memorable occasion. Bring your mom and sister and make a whole day out of it. You will all enjoy

shopping for those tiny shoes and socks that will soon be worn by the newest—and cutest—addition to the family.

How did you prepare for your baby boy? Share below.

Celebrity Pregnancy: 'Glee' Star Heather Morris Is Pregnant!



By Meghan Fitzgerald

UsMagazine.com confirmed that Heather Morris, naive blonde cheerleader on the hit show *Glee*, is expecting her first child! Many gleeks were shocked at the sudden news, especially the fact that the star is six months along. Baby daddy Taylor

Hubbell has shielded himself from the sharp Hollywood light. [NY Daily News](#) reports that the couple saw this as unexpected. However, they are thrilled to welcome a baby into the world!

What are some ways to announce your unplanned pregnancy?

Cupid's Advice:

Announcing an unplanned pregnancy isn't always the easiest thing to do. Especially if a. your or your mate's family are very conservative and super up tight. Or b. you are not married yet. And then there is c. a combination of a. and b. Which is not grand whatsoever. Although this may not be ideal on your to do list for a day. Cupid has some advice on how to make it simpler:

1. Parents first: Out of all the people you will tell about your unexpected pregnancy, your parents will be the most shocked. You and your mate should automatically tell them first. Your parents will thoroughly be upset if they find out about your pregnancy via mass email, Facebook status, or a tweet. You will be thankful you told your parents first. You'll get their initial reactions and know how to approach the rest of the announcement.

2. Facebook: Facebook is an easy and simple way to communicate information to your friends and family. If you have an unplanned pregnancy, do not worry about a thing. Your news will get out. With the great invention of Facebook, and other social media sites...your announcement will get easy as cake. People will have time to register your news and react on it, not getting their judgement in person!

3. Sonogram photos: Sonogram pictures are an easy way to announce any type of pregnancy. It is a great way to announce an unplanned pregnancy. Although they are not ideal in relationships. When love is present, how can you judge? A new

person is coming into the world, you should celebrate it with the soon-to-be parents. Embrace that baby on the way! Congratulations all around!

Have you ever had to announce an unplanned pregnancy before? Share your experience below.

Celebrity News: Kelly Ripa Opens Up About Marriage to Mark Consuelos



By Meghan Fitzgerald

Kelly Ripa, 42, has experienced many years of marriage ... 14 to be exact. Even then, there are still things which bug her

about her partner, Mark Consuelos. [People](#) reports that she is “[0]penly hostile when Mark leaves the toilet seat up.” Ripa continues to discuss how husband, Consuelos, will never put the toilet seat down. That said, she doesn’t let it get in her way. She worships her other half, love radiating from her body when she’s around him.

What are some ways in which fighting can help a relationship?

Cupid’s Advice:

Yes, fighting is tiresome and physically draining. Of course couples fight, you don’t have a healthy relationship if you never have a disagreement. Ultimately, fighting mends problems. You can discuss dilemmas going on, and you blow off some steam. Cupid has some ways in which fighting can be a good thing:

1. Emotions: In relationships, emotions are sometimes held back. Whether it be for their own sake, or their partner. Most people in relationships do this. With fighting, all of your emotions are unleashed. Although some of these emotions may be stronger than you wanted, they still get out there. Making your partner more aware of what you’re thinking and feeling all in one strong gust.

2. Strength: Fighting gives you strength. Fighting in a relationship gives you and your mate strength. It allows you to work out your problems and move forwards as a couple. It makes you aware of your strengths and weaknesses. Your mate’s strengths and weaknesses. You begin to morph into one when you successfully get out of a fight with a smile. Keep powering through!

3. Excitement: This last one may seem a bit strange. However, what’s more exciting than a tense, sexually frustrating fight with your love. Sometimes relationships dig themselves a grave. Burying themselves further into boredom as each day

passes on. Fighting as a couple gives you something to get thrilled over. Maybe not thrilled over why you're upset, or mad. But thrilled that your partner is willing to fight for you. The same with yourself.

Has fighting ever helped your relationship? Explain your experience!

NBC's 'Ready for Love' Contestant Ben Patton Says, "When You've Fallen in Love, You Can't Deny That It Exists"





By [Whitney](#)

[Baker Johnson](#)

It's no secret that dating-based reality shows like [The Bachelor](#) and *The Bachelorette* are a huge hit among fans – even if they very rarely end with a match made in heaven (or on some Caribbean island, as is often the case). In twenty-four seasons of the ABC shows, only two couples, both from *The Bachelorette*, have made it to the altar: Trista Rehn and Ryan Sutter and Ashley Hebert and J.P. Rosenbaum. For those of us who can't give up the hope that someone *can* find their soul mate on television, NBC introduces [Ready for Love](#), a show that enlists three talented matchmakers to help three eligible men find the one thing missing in their lives: true love. Adding credibility to the show, which premieres tonight, are three big names: Eva Longoria is an executive producer, while Bill and Giuliana Rancic are the hosts.

One of those lucky bachelors is Ben Patton, a 30-year-old international financier from Dallas. Patton moved back to Texas from Dubai in 2011 because, even though business was great overseas, he was missing balance in his life. "I didn't have a personal life that was really growing, and I wanted to move back to the states so that I could establish my roots a little more," he shares. "Truth be told, I wanted to start

dating again and hopefully meet someone special.”

Related Link: ['Ready for Love' Host Giuliana Rancic Says, "Having a Strong Marriage is the Greatest Example You Can Set for Your Child"](#)

As for why *now* was the time to look for love, Patton says it was mostly social awareness. Attending wedding after wedding without a date – “I’ve attended more weddings as a single guy than anyone else I know!” – he realized that a part of his life was missing. “Everyone I know is getting married, and all of the sudden, it started moving up on my priority list. Everything was great, but I wanted to fill that gap – and really, that gap, at the end of the day, is the most important thing.”

Of course, even fans of similar shows would be skeptical of actually finding love on television. And Patton was no different. As he explains, “I wasn’t home but eight months before I got a call from NBC. Eva got on the phone, and she’s pretty good at selling you on an idea. She convinced me that the format was completely different than other dating shows.”

Unlike *The Bachelor*, *Ready for Love* shows the process of picking the girls who will be the best fit for the three guys. Matchmakers Amber Kelleher-Andrews, Tracy McMillan and Matthew Hussey each select four compatible girls to introduce to each bachelor. “It’s not about finding a bunch of cute, little girls who are going to be dramatic for the cameras,” Patton says. “It’s about introducing you to the other guys first; then, when women apply for the show and the matchmakers see real compatibility, that’s when they decide who they want to put on the show.”

He adds, “If there’s any sort of competition, it’s among the matchmakers to prove that they know what it takes to find a match for us – not among the guys or the girls.”

During the first week, the guys talk to their twelve matches

and get to know each of the ladies without ever meeting them face-to-face. Based on the chemistry that they feel, they eliminate three girls and then start the dating process with the nine remaining contestants.

Related Link: [Tracy McMillan Says 'Ready for Love' Will Change the Way America Dates](#)

Like many people, Patton had never worked with a matchmaker prior to the show. In fact, he never felt like he needed help from a professional when it came to his love life. He describes *Ready for Love* as a “learning experience” and says it definitely changed his mind. “I started to realize that it’s really okay to go to someone for help and admit that you’re obviously doing something wrong. At the end of the day, 90 percent of what matchmakers tell people is pretty much common sense, but it’s easier to hear it from a professional than to hear it from your best friend, your girlfriend or your parents.”

Even with professional help, Patton still had to believe that true love exists. It’s easy to become jaded after a few failed relationships, but this bachelor didn’t let a broken heart deter him. “When you’ve fallen in love – and I’ve been in love before – you can’t deny that it’s there, that it exists,” he says with conviction. “When you are really, absolutely in love with someone, everything takes a sideline to that relationship. You just want to make sure that person is okay because she means so much to you.”

So did Patton find that all-consuming, lasts-for-a-lifetime love? While he can’t reveal too much about the show’s ending, he does say that he’s very happy. Of course, it’s been a struggle to keep his relationship under wraps for so many months. “We’re always having to see each other in secret,” he shares. “It’s like, ‘Hey, I’ll meet you in Arkansas for the weekend.’ We’re going to towns where people won’t recognize us so that we can go out to dinner together.”

Filming the show last summer, he's had a lot of time to reflect on his journey, and given the outcome, he encourages people to never give up. "It's really easy to get frustrated in relationships and just throw in the towel. For a long time, that's what I did," he explains. "But you should just hang on because there's somebody out there who probably feels the same way. You guys will run into each other one day and be like, 'Where the hell have you been my whole life?'"

In other words, always be *Ready for Love*.

Don't miss the two-hour series premiere of '[Ready for Love](#)' on Tuesday, April 9th at 9/8c NBC. For more information about Ben, follow him on Twitter @Ben_Patton.

Celebrity Couple: Jana Kramer and Fiance Brantley Gilbert Vie for Same ACM Award





By Meghan Fitzgerald

Jana Kramer, and fiancé Brantley Gilbert recently competed yesterday at the Academy of Country Music Awards for the “best new artist” trophy. The couple got engaged the 28th of March at the historic Ryman Auditorium in Nashville, Tennessee. The twosome are now settled in Nashville, with Kramer focusing on her music for the tour with Blake Shelton this summer. Kramer plays around with [People](#)’s reporters saying, “We’re up against each other and we’ve got our gloves on!” Although neither half of the couple won “new artist of the year,” they did each win an award. Kramer won “new female vocalist of the year” and Gilbert won “new male vocalist of the year.”

How does friendly competition keep your relationship fresh?

Cupid’s Advice:

Depending on you and your mate’s competitive levels, you may not want to engage in friendly competition. The results for the mass are grand. However for the few, they can vary. Throwing friendly competition into the valuable of a relationship keeps it fresh, keeps it alive. It allows you to bond with your partner, knowing them better than simply factual information. Cupid has some more advice on friendly

competitions:

1. Awe factor: Having a competition with your beau allows either of you to gain some awe towards one another. It can be your partner to you. You can discover how competitive your mate is, but in the slightest of ways. For you of course, so he doesn't hurt you. If they win 'said' competition, you become aware of how hard they worked to get to that position. Aware of how they work in general, and as always, how much they love you.

2. Knowledge of partner: Knowing more of your partner is never a bad thing. Unless they secretly store extinct, decrepit Tasmanian Tigers in all of their closets. Since hopefully this is not the case for you, having a friendly competition allows you to know your mate more. How they think on command, what they do in pressured situations. How they react in certain scenarios. You pick up on their little mechanisms, eventually putting them altogether to analyze the whole machine.

3. Something to do: As much as you and your beau are in love, relationships can get dull. It's a fact. It's not you, or your partner, or the both of you together. It's simply that you two may and most likely will get bored. Adding a friendly competition into your relationship keeps it fresh and going. It gives you something to do on a Friday night when neither of you want to go out. Yet you don't want to sit on the couch all night watching re-runs of Dr. Phil.

Has friendly competition ever kept your relationship fresh? Explain below!