

Celebrity Couple: Adam Levine Dating Nina Agdal After Behati Prinsloo Split



By April Littleton

According to comments made to UsMagazine.com by multiple insiders, the Maroon 5 singer Adam Levine has been dating *Sports Illustrated* supermodel Nina Agdal since early spring. Levine was recently linked to Victoria's Secret Angel Behati Prinsloo, whom he began dating in May 2012. A source close to Levine said, "Behati was in and out, but they finally ended it. It wasn't an abrupt ending." Levine has yet to comment publicly on their split.

When is it the right time to start dating someone new after a recent breakup?

Cupid's Advice:

Getting over a breakup can be rough, especially when you're faced with the option of getting back in the dating pool. People move on at different speeds. Some can get back in the game in a matter of weeks, while others take months to fully feel OK with the idea of giving their heart away again. Ultimately, if and when you decide to date again is entirely up to you. To help make the decision a little easier, Cupid has some tips:

1. Mentally ready: Have you played around with the idea of moving on? If it hasn't even crossed your mind yet, then it's not the right time to let someone into your life. Don't rush yourself into dating someone new when your head is still filled with memories of your ex. Getting into a relationship you're not ready for will just make matters worse for you and your potential beau.

2. Emotionally ready: Have you stopped doodling your ex's name all over your notebook? If you have, it's safe to say you're ready to open yourself up to new love and possibilities. Do you still get emotional every time you hear "your song" on the radio? If you still tear up when that song plays and every little thing reminds you of your former boo, you still need time to heal.

3. You've met someone: If you have already met someone who completely takes your mind off of your former flame, this may be a small sign that you are ready to start dating again. If you find yourself thinking more about the new guy than your ex, you might want to consider taking things to the next level.

When do you think is the right time to start dating someone new? Comment below.

Celebrity News: Danica Patrick Crashes After Boyfriend Forces Her Car Into Wreck



By [Marisa Spano](#)

In car racing, car crashing is just a part of the sport, but things get complicated when it's your boyfriend who makes you bite the dust. Danica Patrick was involved in a car crash during the Coca-Cola 600 race in Concord, North Carolina this past weekend, according to [UsMagazine.com](#). Her boyfriend, Ricky Stenhouse, Jr. may be responsible for the incident. The *Associated Press* says Patrick was on lap 319 of

the race when Stenhouse Jr. bumped into her, sending her car into the back of Brad Keselowski's car. Both Patrick and Keselowski had significant damage and had to take their cars back for repairs.

How can competition help your relationship?

Cupid's Advice:

Although competition can sometimes lead to fights in a relationship, it can also be a good thing if used correctly. Cupid has some advice:

1. Share each other's good points: When competing with your partner you are able to recognize and enjoy each other's talents. Make sure to highlight how your individual gifts shine positively on each other. Your partner will feel appreciated by you.

2. You can help each other: If you make this promise to each other it will decrease the level of competition and also squelch the need to be better than the other person. You can encourage each other to become a better person.

3. Shared interests: Competition in some form is a good thing. It means that you two have something in common. A common interest can bring you together; you can share the fun in whatever you both like to compete in.

What ways do you think competition can help your relationship? Let us know below.

Celebrity News: Tiger Woods and Lindsey Vonn Jet Ski with His Kids for Memorial Day Weekend



By [Marisa Spano](#)

Tiger Woods and his new girlfriend, Olympic skier and gold medalist, Lindsey Vonn, got into the summer spirit this past weekend when they took Woods' kids – Sam, 5, and Charlie, 4, for a jet ski ride. The four looked to be having great fun as they rode the water by Woods' home in Miami, Florida. But Vonn's family involvement doesn't stop there. According to UsMagazine.com, Vonn has even been seen taking Woods' two kids to school herself. Vonn and Woods first announced their relationship on Facebook in March.

How do you introduce yourself to your partner's kids?

Cupid's Advice:

A new relationship means meeting new family members, so how do you handle meeting your partner's children? Cupid has advice to help you:

1. Introduce yourself gradually: Suddenly appearing in a child's life out of nowhere is a huge change for them. You need to enter their life slowly through events, on neutral ground. Think going to the movies or the zoo. Don't just start hanging out at your partner's home all the time from the get-go.

2. Be honest: Don't pretend to be 'just a friend'. This is a bad way to approach the situation. Once it becomes apparent that you're dating the child's dad or mom, your relationship may create unwanted negativity.

3. Give them space: Now that you are in their lives, make sure you are not always present. It is important that the children still have quality time with their parent. Allow the children to have this opportunity. Don't hover over the family.

How would you introduce yourself? Let us know below.

Celebrity News: 'Soul Surfer' Bethany Hamilton Describes Her 'Perfect' Proposal





By Marisa Spano

The beach is a popular date destination, but for Bethany Hamilton, author of *Soul Surfer* – it's where she got engaged. Hamilton told [People](#), "Adam knew how to please his mermaid." Hamilton, known for losing her arm in a shark attack yet continued to pursue her passion for surfing, opened up about the proposal. "We hiked to our favorite quiet beach, munched on lunch and hung out," she said. "Then we went for a walk to a beautiful garden behind the beach. As we were walking we found two coconuts, my favorite thing to drink, which accompanied the ring. Then he started sharing his heart and love for me, and he dropped on his knee and proposed. I said yes and was crying and laughing all in a jumble. It was beautiful and perfect."

What are some location ideas for the perfect proposal?

Cupid's Advice:

Deciding on the perfect proposal setting can be difficult. Cupid has some advice to make it easier:

1. Make it different: Try to find a spot that you don't go to quite often. Being proposed to in a place that you aren't very

familiar with makes it seem that much more exotic and majestic. In fact, vacation proposals have been the up and coming new proposal trend.

2. A place that has meaning: Choose a meaningful spot to pop the question. It should be a place the two of you could share and enjoy together. Whether it's the place you had your first kiss or the restaurant you had your first date, you should both understand the thought behind it.

3. The top of a mountain: No matter what location you choose to propose, make sure it's romantic. What's more romantic than standing on the top of a mountain taking in breathtaking views? A hike followed by a thoughtful picnic might be just the key.

How would you like to be proposed? Tell us below.

Celebrity News: Zoe Saldana Is Seen Kissing New Boyfriend Marco Perego in Italy





By Kerri Sheehan

Actress Zoe Saldana jumped into summer love with her new beau Marco Perego. The two were spotted partaking in a little PDA in Perego's home country, Italy on May 27th. A source told UsMagazine.com, "They have an attraction, Marco is happy to be hanging out with her."

What are some ways to celebrate new love?

Cupid's Advice:

When love is in the air it's important to celebrate it with you partner. Cupid has some advice about how to do so:

- 1. Take a cooking class:** Nothing is more attractive than a guy who can cook. Sign up for a class together so you can take turns wowing each other in the kitchen throughout the course of your relationship.
- 2. Volunteer together:** Celebrating love is more than just celebrating with you and your partner. Give back to those less fortunate than you while spending some quality time with your lover.
- 3. Get cheesy:** This is the time to pull out all the stops and

get really sappy. If you've reached the love stage then it's clear that you both view the relationship as more than just a fling. Don't be afraid to do little things to show your partner you care such as sending them flowers, including them in your Facebook profile picture, and introducing them to your family.

How do you celebrate new love? Share below.

Ready for Love, Episode 8: Home in Houston



By [Angela Zatopek](#)

This week on *Ready For Love*, Ben came to Houston to finally meet my family! I was missing them like crazy and knew that,

by meeting them, he would get a better look at who I was as a person.

Rather than a quiet date, I thought I'd show him another side of me and brought him to a skeet shooting range. I am so sad to see that our date didn't make the edit – it was so fun! You can tell that we were there because when they interviewed me for this episode, I have clear glasses on my head that we had to wear for protective reasons. Just wanted to clear up that I'm not usually sporting those lovely glasses!

My twin brothers also didn't make the cut during the episode, but everyone was there, and the date couldn't have gone better. First, we went skeet shooting, and to spice it up, we decided to make different bets based on who would shoot the targets. We had a blast, and it was a close call, but I think Ben may have beaten me by a few shots. I couldn't totally school him!

After that, we headed to my parents' house where my hilarious stepfather John greeted us at the door. You can clearly see his Italian roots and his dry sense of humor. It's so funny to watch because I had no idea what took place in the study that day until now. Even though he comes off harsh, it definitely was his way of having fun with the process and being protective of me. It is a big step for me to introduce someone to my family in that way, and it definitely created a stronger bond between us.

Related Link: [Ready for Love, Episode 7: Meeting the Family](#)

My parents actually got Ben a few Texas-themed gifts that day to welcome him. One that I loved was a Texas Longhorn polo since my family are all Texas alums. Although Ben went to Penn, my mom said he was officially inaugurated into the "burnt orange cult" as we jokingly call it. My birthday was coming up, so my mom made my favorite, red velvet cake, to celebrate. The *real* celebration, though, was coming up that

next week when I got to spend it with Ben in Dallas.

It was so nice to be out of California and back home in Texas. After having him come to Houston to meet my family, I was nervous but excited to head to Dallas to see what life could be like after *Ready for Love*. At this point in the process, you're so emotionally invested, but you've also come to realize you could be sent home. Being in the final two, I knew that him and Allie also had a strong connection, but I continued to open my heart to him.

Speaking of Allie, as I mentioned in my last blog, the two of us have been close since the first day of production. Now, we were at the end of this process, and ironically, I found myself competing against her. It was such a weird dynamic to be close friends but also have an invisible wall that separated us at the end of the day, knowing one of us would go home eventually. Before we got to the end, we spoke about the scenario and how we would be happy for the other no matter what. It was important to me that we kept things positive.

During that last week, things were so different than the previous weeks. We moved out of the house and into a hotel where we all were completely separated from everyone. Allie had lent me a bag that needed to be returned, so I decided to write her a note and slipped it into the bag before production gave it back to her. At this point, I didn't know if I would see her again.

Related Link: [Ready for Love, Episode 6: Finding Love in Paradise](#)

I spent a lot of time writing that letter. We had shared all of our past relationship stories with one another, and knowing our love lives were about to change after the finale, I felt that it was the appropriate thing to do. Just like me, she'd been with boyfriends who weren't right for her. I told her if she was the final choice, I was happy she could be with

someone like Ben. If I was the one in the end, I wrote for her to promise me to never settle and wait for God's best when it comes to love. I had no idea what to expect for the finale, but woman-to-woman, I genuinely meant what I wrote.

I was thankful for our friendship, and regardless of what happened in the end, I hoped that we could be friends later in life. Knowing that it'd be an awkward situation with us both "dating" the same guy all summer, we understood that we most likely wouldn't talk for a while after the show ended. After I put the note in her bag, I only saw her once more, which was the night of the finale.

Tune in for next week's finale to see what happens...!

Celebrity News: Exes John Mayer and Katy Perry Are Spotted Flirting at Memorial Day Party





By Kerri Sheehan

Ex flames and singers John Mayer and Katy Perry were spotted canoodling at a Memorial Day Party two months after their second breakup. UsMagazine.com confirms that Mayer was in attendance of the barbeque held at Perry's home in the Hollywood Hills. One fellow attendee said, "They seem to be back together – or back together-ish, they were very flirty and having a really good time together. They have good chemistry."

How do you decide whether to get back together with an ex?

Cupid's Advice:

Sometimes the guy that you count as down in out can turn out to be your Prince Charming. Cupid has some advice on how to tell if you dud has transformed into a keeper:

1. Make it your decision: A lot of women can fall into the trap of following what other think as opposed to listening to their own hearts. If you're really going to reunite with an ex it has to be your decision and no one else's. There's a difference between people giving you advice and full on telling you what to do.

2. Forgiving is easier than forgetting: If the reason for the original breakup was a transgression committed by your ex you have to acknowledge that it may not be as easy to forget as you think. If you still store pent-up hate for an ex's wrongdoing then there's no way you can move beyond that and reconcile in a healthy manner.

3. Do a Mental Rewind: Go back to the beginning of your relationship and figure out what originally attracted you to your partner. Are those traits still present in your ex? If he has changed for the worse then it may not be worth it to take your ex from the bench to the field.

Have you ever given your ex a second chance at holding your heart? Share below.

Bachelorette 9, Episode 1: The Animal Kingdom





By [Jared Sais](#)

You may remember my recaps from season 17 of [The Bachelor](#) with Sean Lowe. Well, I'm back to analyze Desiree Hartsock and her suitors on season 9 of *The Bachelorette*. To get ready for last night's premiere, I brushed up on my notes from last season and examined Desiree's past non-verbal cues (her baseline) to help me determine what man will be the last one standing. Join me for another amazing, shocking and addictive season of [The Bachelorette](#)!

First, let's take a look at the men worth talking about.

When Desiree first met **Drew**, her eyes widened; she smiled from mouth to eyes; and she even did a little "mmm" sound when he walked inside. The attraction is there, but will he be a winning personality? I would say that, with his dashing smile, he'll be around for a while.

Tone and pitch are two of the most important ways to tell if someone is attracted to someone else, and when **Robert** started to speak to the lovely bachelorette, his voice went lower, and her voice shot up. These two definitely have chemistry. Another non-verbal cue was Desiree widening her eyes. When someone likes what they see, their eyes widened to let more

light in.

Related Link: [Desiree Hartsock Is the New 'Bachelorette!'](#)

I can't decide what I think about Ben bringing his son with him, but I know one thing for sure: Desiree was melting. Her inner eyebrows rose; her eyes got a bit wet; her lips puckered; and her head did a side tilt. These are four non-verbal cues that signify the "aww" reaction. After she showed these quick facial expressions, I knew that all Desiree wanted to do was hug Ben and his little boy. She even asked for a hug, whereas the first 24 guys went in for the hug. Desiree was eager to find similarities during her one-on-one time with Ben, and once she did, he got the first rose. He definitely has some tough competition though.

And then there was "ab man." Desiree was attracted to Zak W., which was his saving grace because it's a risky move to make a first impression like that. So why didn't he wear a shirt? Because it's like *Animal House*. Some guys are peacocks and dress up to showcase themselves, while other men are bulls and clash it out.

I think Juan Pablo is the most interesting man in the world. The only thing he's missing is a Dos Equis, but he made up for that with what he first said to Desiree, "Who's Juan? Juan Pablo." Yeah, he has a catch phrase. Very smooth. He also has a relaxing way of speaking; his voice is soft, slow and charming. It's not always what you say but how you say it, and whatever that guys says sounds good. There will be plenty of non-verbal information on him to come, but sadly, his time was cut short due to a random soccer game. Of course, a competition broke out to prove to Desiree that they could kick a ball well. Very animalistic, right?

Now, let's take a look at the men who will make an early exit. Knights, magicians and bad dancers – oh my! What the heck was going on? #youarenotgettingarose

Will won't stick around for long, but I'll take a high five on the way out.

Related Link: [Who Is Your #PerfectBachelor? Tell Us and Enter to Win a Pair of Brilliance Diamond Earrings!](#)

As for **Jonathan**, I have no words other than *wow*. He has no game and no class. During their time together, the brunette bachelorette showed extreme non-verbal cues of fear and stress: the corners of her mouth stretched straight back to the ears; her eyes widened; and her eyebrows raised. She showed these micro-expression a lot and was also very defensive around him, tightening her body and pulling herself a way from him.

When you're in extreme stress, your body goes into alert mode as you try to put space between you and the stressful object or person. Desiree put her hands in front of her as he was leading her away. In other situations, people may do the following non-verbal signs: arms folded across their chest, leaning away to create space, hands clutched in front of themselves and/or an object (like a purse or glass) held directly in front of themselves. Given Desiree's response to Jonathan, I knew he would be eliminated.

Diogo came out in a full suit of armor, which is worse then coming out in a wedding dress. Need I say more?

And finally, there was Larry, who reminded me of Superman: bad dancer by day (with his glasses on) and superhero doctor by night (with his glasses off). If you also want to see a great expression of awkwardness/fear, take a look at their introduction scene: Larry rips Desiree's dress while teaching her a dance move, and then he curses as he walks into the house. The camera pans to a quick shot of Des, and you see the corners of her lips pulled back to ears and her eyes widened as they roll down. *That* is a fearful, awkward look.

Jared Sais is co-author of the website [The Non-Verbal Game](#),

where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Celebrity News: Chris Pine Is Spotted with Swimsuit Model Amanda Frances



By Petra Halbur

Chris Pine was spotted holding hands with swimsuit model, Amanda Frances, on May 24 as they left a nightclub together. "He is very attracted to her," a source told UsMagazine.com, "they are having a good time." However, it is unclear if Pine

and Frances are an official couple yet. "He's very excited about his career right now, too," the source said of the *Star Trek Into Darkness* actor. Pine stated that he is single earlier this month when he appeared on *The Ellen Degeneres Show*. He told Ellen that he is interested in women with "intelligence, beauty and a sense of humor ... You have to be able to carry a conversation after the initial attraction kind of dies down."

What are some ways to announce your relationship to family and friends?

Cupid's Advice:

Announcing that you are involved with another person is an inevitable part of being in a relationship but it can also be nerve-racking. Cupid has some advice for how to make it easier:

Don't over think it: It's important that you let your friends and family know that you are dating someone but try to keep things in perspective. Keep it calm and casual. You're announcing your relationship, not your engagement.

Do it together: It might be less intimidating if your partner is with you when you make the announcement.

It's your relationship: Of course, you want the people in your life to approve of your new partner. At the end of the day, though, you are the one in the relationship. As long as your relationship is healthy and loving, it doesn't really matter what anyone else thinks.

How did you announce your relationship to your family and friends? Tell us below.

Celebrity News: Jef Holm Says He and Emily Maynard Haven't Spoken in 'Months'



By Petra Halbur

Jef Holm and Emily Maynard may have called off their engagement in October 2012, but Holm says that he has nothing but love for his former fiancée. “We haven’t talked in the past few months. Last time we talked, things were in good spirits,” Holm told UsMagazine.com of Maynard, whom he met on the *Bachelorette* last spring. He explained that Maynard, who has a 7 year old daughter, is a homebody, while he is looking for a more outgoing partner. “I hope the best for her. She’s an amazing girl. She’s just not the person I’m gonna spend the

rest of my life with. I think she'll make somebody happy," he said.

How do you truly move on after a broken engagement?

Cupid's Advice:

Breaking off an engagement can be devastating. Your short term and long term plans have both been drastically changed and, perhaps, you're unsure of how to face your new and uncertain future. Cupid has some advice to help you move on:

1. It's okay to be single: Finding yourself without a partner again is probably the hardest part of breaking off an engagement. While the transition may be difficult, know that you have friends and family who love you. Being single does not mean that you are not alone.

2. New goals: Your plans for married life have been put on the back burner (for now) so write yourself a list of new things that you want to accomplish. Remember, there are advantages to being single.

3. Love is still out there: It might be hard to believe right now, but "the One" is still out there. The end of your engagement does not mark the end of your love life.

How did you cope after your engagement was called off? Tell us below.

Celebrity

Couple:

Rob

Pattinson Put Kristen Stewart 'Through the Ringer' Over Affair



By Petra Halbur

Robert Pattinson and Kristen Stewart may have only recently split up, but their relationship had been on rocky ground for some time prior to the separation. Pattinson, it seems, had a difficult time letting go of Stewart's affair with *Snow White and the Huntsman* director, Rupert Sanders. "He really put her through the ringer," a source told UsMagazine.com. The source also said that Pattinson held the scandal over Stewart's head and frequently brought it up in arguments. "Ultimately, it was like, 'Either we move past this or we don't. It wasn't good for either of them.'"

What are some ways to move on after your partner has an

affair?

Cupid's Advice

An affair doesn't have to mark the end of your relationship if you and your partner don't want it to. That said, getting over infidelity is far easier said than done. Cupid is here with some advice to help you move on:

1. Human frailty: Your partner messed up. *Big time.* If you still want to salvage your relationship, though, realize that everyone makes mistakes.

2. Everything on the table: Withholding your true thoughts and feelings from your partner will not do either of you any good. Playing nice will only mend things on the surface. Absolute honesty is vital to the healing process.

3. Discuss values: Monogamy isn't for everyone. If your partner isn't capable of (or interested in) fidelity, you need to decide if this relationship is really worth saving.

How did you get past your partner's infidelity? Tell us below.

Dating Advice: Mario Batali Shares His Tips for Cooking at Home on Date Night





By [Whitney Baker Johnson](#)

In this exclusive video interview, chef Mario Batali shares his tips for cooking at home on date night and prepares a chicken pasta salad, a recipe that he put a spin on in honor of Hellmann's 100th birthday. Plus, he chats about which of his restaurants is the best spot for a romantic night out, the importance of bringing your family together for dinner and his sons' new cookbook, *The Batali Brothers Cookbook* – which they originally put together as a Father's Day gift!

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Celebrity News: Jonah Hill Is Spotted Making Out with Ex-

Girlfriend in Los Angeles



By Petra Halbur

It looks like Jonah Hill may be getting back together with his ex-girlfriend, Jordan Klein. Although the couple broke up in October 2011 after a four year relationship, the two were spotted making out. A source told [People](#) that Hill and Klein were walking towards a Starbucks in Los Angeles when Hill suddenly “grabbed the back of her head and started passionately kissing her on the side of the street.” The couple continued to kiss inside the Starbucks. “Actually I think they forgot where they were, it went on for at least five minutes,” the source said.

How do you know whether to give your ex a second chance?

Cupid's Advice:

Break ups aren't always permanent. After a period of

separation, you may find yourself wanting to get back together with your ex, but is this a good idea? Cupid has some advice to help you decide:

1. Remember why you broke up: Consider what factors led you two to stop seeing each other in the first place. Has anything changed? If not, is this relationship worth renewing?

2. It's not just loneliness: Don't get back together with your ex just to be in a relationship, again. It's perfectly normal to want companionship but having a partner doesn't guarantee you happiness.

3. It's not dependence: If you just ended a long relationship, it may be scary to face the world alone, but don't get back with your ex out of fear. Change can be scary, but it's necessary for growth.

Why did you decide to get back together with your ex? Tell us below.

Celebrity News: Kristen Stewart Visits Taylor Swift Post-Breakup from Robert Pattinson





By April Littleton

A source confirmed to UsMagazine.com, that the *Snow White and the Huntsman* actress went to seek comfort from Taylor Swift after breaking up with Robert Pattinson for the second time. Ever since K-Stew's affair with director Rupert Sanders, the once-happy couple has been dealing with relationship issues. On Sunday, Pattinson was seen moving out of the house he shared with Stewart. A source close to the couple said, "She tried, they both tried. They're both good people. It was just not the right thing for either of them right now."

What are some ways to cope with the aftermath of a fresh split?

Cupid's Advice:

Breaking up with a partner is never an easy pill to swallow. The pain of breaking up with someone you thought was the love of your life can feel unbearable. If it's a fresh split, you're probably feeling hurt, angry and sad – all of that is OK to feel! Cupid has some advice on how to get over the initial pain of a breakup:

1. Have a girl's night out: It's very important for you to

have a support system once you break things off with your boo. You want to surround yourself with people who love you unconditionally and that's where your girlfriends come in. Have a movie night or dance away your sorrows at a club. You'll find it easier to get back to being yourself with your girls around.

2. Give yourself some time: Time is the best healer! Don't rush into a new relationship just to help ease the pain of losing someone you once loved. Be patient with yourself and let the tears fall. It's OK to cry over the lose of a relationship. In the end, you will feel and be better for it.

3. Stay active: Lounging around in bed for weeks may seem like a good idea, but it won't make you feel any better! You need to continue to do things you were doing before the breakup. Take up a new hobby, participate in an art class – do whatever you have to do to regain your focus in life. Once you're finally over your ex, you'll be glad you didn't hide under the covers the whole time.

How did you get over a breakup? Share your experience below.

Celebrity Couple: Mila Kunis Introduces Ashton Kutcher to Her Parents in London





By April Littleton

According to UsMagazine.com, Mila Kunis and Ashton Kutcher were spotted hanging around the streets of London with two unexpected visitors – Kunis' parents! On Saturday, May 18th, the foursome enjoyed *Billy Elliott: The Musical* followed by dinner at Duck & Waffle the next day. Before meeting Kunis' parents, the couple spent the holidays with Kutcher's family in Cedar Rapids, Iowa. The lovebirds have been publicly dating since last March.

How do you know when it's time to introduce your partner to your parents?

Cupid's Advice:

Introducing your significant other to your family is a big step. As a couple, the two of you are headed toward a solid, committed relationship. Before you make the decision to show your special boo off to your parents, Cupid has some tips you should take into consideration first:

1. Define your relationship: Do you think the relationship has the potential to be long-term? If you're the type of person who breaks up with a partner if a family member doesn't

approve, you should introduce your love to your parents as soon as you get that, “Maybe this is really going to be something serious” feeling, but there’s no sense in urging a guy to meet your parents when you know in your heart he will end up just being a friend.

2. Discuss it with your partner: You might be ready to take the relationship to the next level, but your significant other may feel differently. Talk to your man about the possibility of him meeting your family and see how he reacts. If he’s a little hesitant, you may be moving too fast for him. If you rush him into something he isn’t ready for, be prepared to call it quits sooner than you would like.

3. You’re thinking about marriage: If you can hear wedding bells ring in the near future, or you already have a ring on your finger, it’s definitely time to introduce your beau to your family. Your parents may freak out if they have to witness a wedding between you and a stranger!

When did you know it was the right time to introduce your love to your parents? Comment below.

Celebrity Couple: Keira Knightley and James Righton Return to London Post-Honeymoon in Corsica



By April Littleton

After tying the knot May 4 in Mazan, France, [People](#) reports Keira Knightley and her new hubby James Righton, a keyboardist for The Klaxons, returning to London after spending their honeymoon in Corsica. The couple met after being introduced by fashion correspondent Alexa Chung. A year after being spotted together, Knightley and Righton got engaged in May 2012.

How do you decide as a couple where to honeymoon?

Cupid's Advice:

Your honeymoon is one of the most important trips you will go on. After all, it is the first of many trips you and your partner will take together as man and wife. After all of the stress of planning a wedding, the honeymoon is the time to relax and unwind with your beau. Many couples have a hard time deciding on the destination of their honeymoon, but not to worry – Cupid has some tips:

1. Set a budget: The first thing you should do as a couple is work out a budget. Both of you should agree on how much money you're willing to spend on the honeymoon. Can you afford that dream honeymoon in Fiji, or should you be looking at locations closer to home? Whatever the case, don't be discouraged if you can't go all out for the honeymoon. There are dozens of locations within an affordable price range just for newlyweds.

2. Research: You and your significant other should think about what kind of honeymoon you want. Do you want to spend most of the time relaxing by the pool and drinking cocktails, or do you want to live on the adventurous side? Once you figure out what kind of setting you both will enjoy, then you can narrow down your location search.

3. Get some help: Discuss some of your options with a couple who's been in your situation before, or get in touch with a travel agent. Mention your budget and what you're expecting out of the honeymoon. Not only will you get some valuable feedback, but you might also get information on other possible destinations you and your partner didn't think of!

How did you decide where to honeymoon? Comment below.

Ready For Love, Episode 7: Meeting the Family





By [Angela Zatopek](#)

One of the biggest steps in a relationship is when you meet your partner's family for the first time. I believe there is truth to the saying "you not only marry the person but also into their family." This week on *Ready For Love*, Ben's family visited from Texas to meet all of us, and I couldn't have been more impressed with how sweet and genuine they were. Being the first girl to meet them, I'd be lying if I said I wasn't nervous, but I felt like I would have a lot in common with them based on my conversations with Ben.

We spoke a lot about both of us being from Texas since that is a huge factor in having something real after this process. I joked saying Ben was "geographically desirable" since Houston and Dallas aren't far apart. I immediately clicked with his sister JoJo and his mother Soroya; they reminded me a lot of my own mother and sister.

I've obviously shared my choice to wait until marriage for sex, and I feel it's something primarily focused on during the show. I've never told someone's family about my decision, but it was almost as if his mom was indirectly asking me about my beliefs. I thought it was important to be real with them, to

show my intentions and how much I value an honest relationship. All things aside, though, there is so much more that defines me as a woman. That's a choice I made, not a characteristic, and I definitely want to make that clear to viewers. In my real life, I barely even talk about it.

Another thing: Has anyone else noticed I seem pretty serious on stage nights? Editing certainly has a way of portraying me as a bit stiff, and all the girls on the cast, my family and my friends would definitely attest to that not being true. With so many different scenarios going on, I guess the more serious content is making the cut!

Related Link: [Ready For Love, Episode 6: Finding Love in Paradise](#)

Back to this week's episode. Ben told me he was very close with his mother, and I too am extremely close with mine. My mom is from New York originally, and she's a strong woman with a cut-to-the-chase attitude. Right away, I could tell that Ben's mother had those same qualities. I knew it was important to convey to her and JoJo that I was there for the right reasons. Given that my own mother is so important to me, I had a lot of respect for Soroya. I was definitely missing my family after this date, but as you'll see next week, I'm finally reunited with them in Houston.

At this point on *Ready for Love*, our huge mansion in the hills seemed even bigger since there were only four of us left. It was a tough week for me when the girls brought up Allie not being there for the right reasons. I was in between a rock and a hard place since Allie was one of my closest friends. She was the very first girl I talked to – before I even knew that she was there for Ben and we were competing against each other. In a weird way, we were each other's biggest support since we were away from our family and friends. Trust me, you need someone to talk to all day!

I tried to stay out of the drama, but feelings were also rising for Ben at the point, and as I previously said about Keri, I had to ask myself: Was I there to make best friends or see if I had something with Ben? When Giuliana asked me my opinion, I didn't want to lie and say I disagreed with Renae and Tarryn. I knew it was the matchmakers decision, so I wanted to leave it at that. Things clearly escalated, and that was probably one of the most awkward car rides back to the house after stage night. After that, I felt like the middle man because I got along great with both Tarryn and Allie.

Related Link: [Ready For Love, Episode 5: Angela Zatopek Discusses the Drama in Vegas](#)

Ready to get away from the drama, I was excited to finally go back to Texas and introduce Ben to my family. Here's a rundown of the gang you'll meet on next week's episode: My mom is an amazing mother to me and my siblings. I'm basically her clone, and she's more like my best friend than my mom. John is my Italian stepfather. He loves Roman history and has a collection of swords and shields – he isn't afraid to bring them out if someone messes with his daughters! My dad is a spiritual leader in my life; he's a great man of God who is always so supportive. Still, he definitely had a hard time understanding why I was going through this process. Audrey is my younger sister who has artistic talents like you wouldn't believe. She taught herself how to play three instruments (guitar, mandolin and ukulele); she sings; she's fluent in Spanish – and she's only 21 years old! My identical twin brothers, Josh and Chris, are 20 years old and absolute studs. They're athletic and smart and have bright futures ahead of them. I should add that they're heartbreakers, but I get the final say on who gets by since I am the protective older sister.

Hope everyone can tune in to see my amazing family! Until then...

Celebrity News: Jay-Z Shoots Down Rumors that Beyonce is Pregnant



By Marisa Spano

For now the world will have to make do with only Blue Ivy as far as Jay-Z and Beyonce's kids go. Jay-Z addressed the latest rumor that his wife, Beyonce is pregnant with her second child. He spoke to Hot 97 Radio to deny the report, says UsMagazine.com. As for Beyonce, she is staying busy, with a recent Saturday performance in Milan.

How do you keep a pregnancy under wraps at the beginning stages?

Cupid's Advice:

It's hard to keep the fact that you're preggers under wraps, especially from work and family members, but Cupid has advice to get around it:

1. Get there first: If you are going on an outing with friends or family, make sure to get to the restaurant/bar first so you can ask the bartender to make your drinks without alcohol.

2. Excuses: If you are having morning sickness and you don't want people to guess that you're pregnant, blame it on a sickness or food poisoning. This will only work for a short period, but it will buy you some time for now.

3. Wear sweaters and scarves: Big sweaters and long scarves that hang will help hide any weight gain in the early stages. With all that fabric, how will anyone ever know you're pregnant?

What are some other ways to hid your pregnancy at first? Share your ideas below.

Celebrity News: Michael Douglas Welcomes Catherine Zeta-Jones Home from Treatment





By Marisa Spano

Catherine Zeta-Jones just completed her ongoing treatment for Bipolar II disorder, according to [People](#). Jones, 43, entered treatment for the second time in April and has just returned home to her husband, actor Michael Douglas, 68. “She’s doing a really good job of getting balanced. I’m proud of her,” said Douglas.

What are three ways to support your partner through treatment or rehab?

Cupid’s Advice:

Marriage is hard enough as it is, let alone adding in a partner in treatment. Cupid is here to show you the way:

1. Bring in the family: Encourage your loved one to continue with their treatment program, knowing the family cares. Support goes a long way when it comes to recovering from both physical and mental ailments.

2. Take care of you: It may sound weird advice, but you have been giving this person most of your attention and in order to help your significant other you must be the best you that you

can be.

3. Ask what they need: This may sound basic, but it can be challenging. Treatment or rehab can be one of the most difficult things your partner has ever been through. You need to know what you can and cannot discuss about the process with your partner. You need to be aware of when they need you close or when they need space.

What are some other ways you can support your partner through treatment or rehab? Share your ideas below.

**Celebrity Couple: Jessica
Alba and Cash Warren
Celebrate Five-Year
Anniversary**





By Kerri Sheehan

Jessica Alba and husband Cash Warren are still happy in love five years after walking down the aisle! The two met on the set of *Fantastic Four* and have two daughters together, Honor, 5, and Haven, 3. According to UsMagazine.com Alba dished to iVillage, “Making time for our relationship in our daily routine – even though it’s surprisingly predictable and may not seem as spicy as our spontaneous pre-kiddo days – [it] really helps keep the romance alive.”

What are some little romantic things you can do to make your anniversary special?

Cupid’s Advice:

There are many ways to make your anniversary special. Here are some suggestions from Cupid:

1. Hidden envelopes: After being married for five years the honey moon phase tends to dull down a bit. Take this day to remind your partner of the reasons why you love them by stashing hidden messages around the house. Their morning cereal box, their brief case, and taped to their shampoo bottle are some clever places to hid them!

2. Make a mixed CD: Almost everyone uses music to express their feelings and mark special times in their life. Include songs that remind you of your partner and songs that define your relationship.

3. Do a scavenger hunt: Leave clues where your spouse will see them and bring them to all of the places where your “firsts” happened, ex. First date, first kiss etc. Be sure to be waiting at the end of the hunt with flowers and big smile.

How do you make your anniversary special? Share below.

Celebrity Baby: Chely Wright and Wife Welcome Identical Twin Boys





By Kerri Sheehan

Country singer Chely Wright and wife Lauren Blitzer Wright welcomed two new additions to their family on Saturday, May 18 in the form of identical twin boys. Forty-two year old Wright told [People](#), “We are grateful for all the amazing medical care and the love and support of family and friends.”

What are some ways to make sure your identical twins are individuals?

Cupid’s Advice:

Just because your twin’s faces are identical doesn’t mean their personalities are. Cupid has some advice on how to make sure your identical twins are individuals:

1. Dress them differently: People often fall into dressing their identical twins, well, identically but this almost guarantees that your children will not feel like themselves. As soon as they’re old enough let them pick out their own clothing so they don’t end up feeling like two halves of one whole.

2. Different haircuts: It’s hard for outsiders to tell

identical twins apart. Giving them different haircuts will give people a distinct difference to focus on when distinguishing one from another.

3. One-On-One-Time: Reserve special time in your week to spend with each twin individually. This time will be beneficial when it comes to bonding and it will also help you get to know each child as their own person.

Do you have twins? How do you make sure they are individuals? Share below.

Celebrity News: Denise Richards Says She Enjoys Hanging with Ex Charlie Sheen





By Kerri Sheehan

Last week Denise Richards dubbed Charlie Sheen the “greatest ex,” after he arranged for his jet to fly her home in time for Mother’s Day. This week Richards is giving more insight as to how the two keep their relationship friendly. According to [People](#), Richards revealed that she feels, “One can feel one way and one can feel another way, and there’s lots of feelings and emotions there, but at the end of the day we want our daughters to benefit by us getting along. For myself, I don’t want to have an unhealthy relationship with him ... life’s too short for that and we actually enjoy hanging out and being with the kids, and it’s much easier.”

What are some perks to remaining friends with an ex?

Cupid’s Advice:

Staying friends with an ex is often beneficial, especially when there are kids involved. Cupid has some reasons why:

1. Keeping your group of friends intact: Being in a long-term relationship with someone means you’re bound to garner the same group of friends. By staying friends with your ex you will be able to ensure that you won’t lose any friends in the

process of breaking up.

2. Raising the children: If there are kids involved then it's vital to keep the relationship with your ex as civil as possible. Raising kids in a hostile environment will force them to feel the tension constantly. They also may feel forced to pick a side (mom vs. dad) and that's not fair to anyone.

3. Help with future relationships: Although it may take you two a while to reach this point, eventually you will be able to help each other out in the dating world. No one knows about your bad and annoying habits better than your ex so they can help you determine where your future relationship are falling flat.

Are you friends with your ex? Share your story below.

Celebrity News: Signs Robert Pattinson and Kristen Stewart's Relationship Was Crumbling





By Petra Halbur

According to reports, Robert Pattinson and Kristen Stewart have split up again. The *Twilight* couple has been on-and-off again since Stewart's highly-publicized affair with *Snow White and the Huntsman* director, Rupert Sanders. Though the pair reunited in March after a two-month separation, all did not remain well in paradise. While reps have not been reached, a source told [People](#) that a major indication of their relationship's demise was Stewart's absence from Pattinson's birthday celebration on May 13th. "It was very strange that they didn't celebrate Rob's birthday together ... Kristen was not part of the celebration," the source said. "For the past few days, they have not spent any time together."

What are some ways to recover after a tough break-up?

Cupid's Advice:

Break-ups can be confusing, lonely and extremely painful. Recovery takes time. Cupid is here with advice for how to make this difficult process easier:

1. Take time for yourself: Enjoy the "me time" you might have been too busy for when you were in a relationship. Reopen

some personal projects you put to the side. Watch your favorite movie. Eat your favorite food. You deserve it.

2. Don't blame yourself: Relationships are complicated and break ups don't necessarily have to be anyone's fault. Don't wallow in self-criticism but don't vilify your ex, either. This is a time to heal and assigning blame won't benefit anyone.

3. Don't give up hope: There's a reason why the saying, "There are plenty of fish in the sea" is cliché: it's true. Just because this relationship didn't work out doesn't mean you'll never find "the one." Don't stop looking.

How did you get through your break up? Tell us below.

Brooke Burke-Charvet Says 'Dancing With the Stars' Is "Unpredictable and Evenly-Matched"





By [Whitney Baker](#)

[Johnson](#) and [Sarah Ribeiro](#)

Brooke Burke-Charvet is a star in so many ways: actress, model, *Dancing With the Stars* (DWTS) winner and now co-host. Given her past dancing record (she won season 7), it's no surprise that DWTS is something she holds near and dear to her heart.

"I loved the experience of learning how to dance. It was an incredible life lesson. Hosting the show and being such a big part of the DWTS family does make me want to dance again, but I doubt that I'd be able to pull off dancing and hosting at the same time!"

As for the current season, the co-host thinks it will be full of surprises until the finale (which airs tonight). "Every couple brings something different to the ballroom," she shares. "I love how unpredictable and evenly-matched it is this year. On some nights, when I think a certain couple will shine, another couple surprises me. That's the beauty of the show. At this point, I have no idea who will take home the coveted mirror ball trophy. Even if I had a favorite, I wouldn't tell you anyways!"

Related Link: [Brooke Burke-Charvet Shares Love Life Secrets](#)

But despite keeping her favorite couple to herself and juggling multiple activities and roles, the most important role seems to be that of being a good mom to her children and wife to husband David Charvet. “We [David] and I try to get out once a week, just the two of us. Our golden rule is that we can talk about anything but the kids. We do a lot of double dates, and we love the local hot spot in Malibu, Nobu, which is only five minutes away from our house. A really important part of our relationship is to carve out that time just for us.”

In addition to balancing her personal life with her hectic schedule, Burke-Charvet has another challenge and it happens during allergy season. Each spring, she’s faced with excessive sneezing, runny nose and itchy, watery eyes. This is not something that fares well in her busy career. Knowing that she isn’t alone when it comes to seasonal allergies, Brooke is partnering with Claritin on the Claritin Clear Challenge to get the message out to others who are going through this. Claritin keeps her healthy while she carries on with her busy life at home and in the spotlight.

“My allergy symptoms slow me down as a mom,” she reveals. “And it can also be really embarrassing when you’re on television. Claritin really works for me, so I teamed up with them to take their Claritin Clear Challenge and share my story.”

Related Link: [With Claritin, The Difference Is Clear](#)

Of course, Burke-Charvet has faced worse health problems than allergies. Last year, she announced that she had thyroid cancer and underwent preventative surgery. Even so, just like her allergies, she didn’t let her diagnosis get in the way of living a normal life. “All of it was hard, but as a public figure, I have a responsibility to share personal things when I think other people can grow from them,” she explains. “I was

astonished to learn how many women have been diagnosed with thyroid cancer and have had thyroidectomies. I hope sharing my story was comforting for those people.”

It wasn't a one-way street though. “I certainly learned a lot from the exchange on social media. The outpour of love, support and prayers from everyone around the country really helped me manage my own fears, and I'm happy that I was able to control the story and share it. We all learned from one another – that's why I'm so open and vocal on social media.”

It's no wonder this strong, courageous and likable woman won *DWTS!*

Be sure to watch *Dancing With the Stars* on ABC tonight at 8/7c to see who wins – and to see how Claritin helps Burke-Charvet stay allergy-free.

For more information about Burke-Charvet, follow her on [Twitter](#) or check out her Web site, [Modern Mom](#).