

'Real Housewives of Atlanta' Alum Kim Zolciak is Pregnant with Fifth Child



By Petra Halbur

Kim Zolciak is expecting again just nine months after giving birth to her son, Kash. “Kim loves being pregnant,” a source told UsMagazine.com. “She really wants a little girl.” This is Zolciak’s fifth pregnancy. In addition to Kash, Zolciak has a 2-year old son named, KJ, and two older daughters, Ariana, and Brielle.

What are some benefits to being pregnant?

Cupid’s Advice:

It’s tempting to dwell on the downsides of pregnancy like morning sickness and weight gain. Try focusing on the advantages to being with child. Cupid can help:

1. Maternity clothes: There are some pretty hilarious maternity shirts on the market with phrases like, “I grow people, what’s your superpower?” and “Baby loading. Please stand by” printed on them. Go buy a couple and infuse some humor into your pregnancy. Laughter’s good for the baby, anyway.

2. Food, glorious food: Pregnancy is, perhaps, the only time in your life when you are encouraged to gain weight. Take advantage of this and indulge every craving.

3. Pregnancy is profound: You have a new life growing inside you. This is something that no man can ever experience, nor can many women. As difficult as pregnancy can be, consider how amazing this everyday miracle is and try to savor it.

What did you enjoy about your pregnancy? Tell us below.

Amanda Bynes Tweets Her Crush on Liam Hemsworth





By Petra Halbur

Amanda Bynes took to Twitter on June 4th to gush about her latest celebrity crushes. “Liam Hemsworth is the most gorgeous man on the face of the earth other than Tanz Watson. FYi!” Bynes tweeted, misspelling the *Hunger Games* actor’s last name. According to UsMagazine.com, Bynes has a bit of history with Hemsworth, as the two were spotted together at a nightclub back in 2011.

How do you let your crush know you’re into him or her?

Cupid’s Advice:

When it comes to confronting your crush about your feelings, there is very fine line between being too passive and being too direct. Cupid is here to help you find a middle ground:

1. Drop hints: Incorporate the topic of romance into a conversation and see how your crush responds. Subtly is absolutely key here, but this is a simple, non-confrontational tactic to determine whether or not your relationship has any future.

2. Use non-verbal communication: Try sitting a little closer to your crush during your next conversation, or maintaining eye contact a little longer than usual and see if your crush

reciprocates these mild advances or not. Once again, subtly is important here as too much body language can come across as either embarrassing or creepy.

3. Be honest: Unless you want to end up like Eponine from *Les Miserables*, you're eventually going to have to take a leap of faith and confess your feelings. It may be scary but if you don't, then your relationship will never be anything more than a fantasy.

How did you tell your crush you had feelings for him or her? Tell us below.

Best Selling Author Sylvia Day Discusses Crossfire Series, Love and Having it All





By Nicole Cavanagh and [Lori Bizzoco](#)

#1 New York Times Best selling author, Sylvia Day chats with CupidsPulse.com about her new novel, and shares where her inspirations come from. A true romantic herself, Day knew she wanted to be a romance novelist when she was just twelve years old! She speaks about current trends between relationships, love, and reading and tells us how she wants to spread her message about happy endings. Plus, find out about her newest project, the upcoming groundbreaking collaboration with Cosmopolitan and Harlequin. Day believes women really can have it all and reinforces pursuing your dreams both in life and in love.

For more videos from CupidsPulse.com, check out our youtube channel, www.youtube.com/user/CupidsPulse

Michelle Williams Steps Out with Rumored Boyfriend Dustin Yellin



By Petra Halbur

Four months after her break up with Jason Segal, Michelle Williams may have found new love. Williams was spotted hanging out in Brooklyn with artist, Dustin Yellin, in early June. According to UsMagazine.com, the couple attended a child's birthday party together along with Williams' 7-year old daughter, Matilda. Williams has been very vocal about her priorities as a mother. "Raising the kid is the work, yeah," Williams said in April. "That's my side project and my center project."

What are some ways to debut a new relationship to family and friends?

Cupid's Advice:

It can be intimidating to introduce your new boyfriend or girlfriend to friends and family. Cupid has some ideas to help:

1. Make an event out of it: Invite your beau to join you and your friends for a night out. The mutual activity will generate casual conversation and ease nerves.

2. Don't put it off: It's difficult to determine when to open up about your relationship, but try not to wait too long. After a while, folks will begin to wonder if you have something to hide.

3. Don't build him/her up: Let your family and friends come to their own conclusion about your significant other. Jabbering on about how great he or she is will only make you seem desperate for approval.

How did you introduce your new partner to the people in your life? Tell us below:.

Baby News: Jennifer Love Hewitt Is Expecting!





By Marisa Spano

Jennifer Love Hewitt, 34, is officially a mommy! *The Client List* star is expecting a baby with her onscreen hubby and real life beau Brian Hallisay. This will be the first baby for Hewitt and Hallisay, reports [People](#). "I'm obsessed with babies," Hewitt told [UsMagazine.com](#) in 2010. "I would love to have them one day."

What are some ways to support your partner through an unplanned pregnancy?

Cupid's Advice:

Pregnancy is a beautiful thing, but it isn't always planned at the right time, which can make it difficult. Cupid has some advice:

1. Talk out your feelings: It is important the two of you discuss your feelings together. Creating a baby with someone means you have to be open and honest, this is no time to hold back how you feel.

2. Look out for one another: This can be a stressful time. Make sure you take time out from other commitments so you can take care of the situation.

3. Acknowledge: understand and acknowledge each other's roles

in the pregnancy and be sure to go through with it. This means helping out with the decision-making and making yourself available to help each other.

How would you support your partner? Let us know below!

Kate Winslet Expecting Third Child, First with Husband Ned Rocknroll



By Marisa Spano

Maybe it's the warm weather, but lately it seems like everyone in Hollywood is getting preggers ... and now we can add Kate Winslet to the list, for the third time! UsMagazine.com reports that Winslet, 37, and her newly wedded

husband, Brit Ned Rocknroll, are expecting their first child together. This baby will join in the family with older siblings Mia Threapleton, 12, and Joe Medes, 9. Winslet recently told [Harper's Bazaar UK](#), "I think I can see more clearly now – about how the pattern of past experiences has shaped who I am, and the characters I have played – and I'm grateful for that." Guess this means it's the perfect time for Kate's third!

How do you announce your pregnancy to your children?

Cupid's Advice:

Announcing a new addition to the family can be tough on the children. You don't want to make them feel unimportant or less loved. Cupid has advice on how to do this:

1. Have an intimate conversation- whether this was planned or if it came as a big shocker, make sure you speak to your child in a quiet setting about the big news. Don't announce it to them with other family members. Your child is most important and deserves your time in a calm setting.

2. Give them attention- depending on the age of your child, they may get jealous or feel like they will not be receiving as much attention anymore due to this new child. Assure them that no matter what you love them and be sure to spend some extra time with them. A new baby means you will get caught up in planning for the baby's arrival, don't forget about your already born children.

3. Be honest and open- answer any questions that your children might have about the new baby. Do not make them feel like you are hiding anything from them.

How would you announce your pregnancy? Tell us below!

'Mad Men' Star Jared Harris Is Engaged to Longtime Girlfriend



By Marisa Spano

We would like to hope that Jared Harris is not mad, but rather blissful! The former *Mad Men* star, 51, is engaged to beautiful, longtime girlfriend, Allegra Riggio. Harris' fiancé could not hold herself back from the excitement and posted a *Vine* video of her heart-shaped Erica Courtney sparkler, reported [People](#). According to a release sent out by the jeweler, the heart-shaped diamond rose gold engagement ring was custom designed. That's enough to drive any girl mad.

How do you know what engagement ring to get for your bride-to-be?

Cupid's Advice:

Finding the right ring is a long and hard process. Cupid is here to help:

- 1. Pay attention:** There are a lot of choices out there! Look at what your sweetheart wears on a daily basis. That should give you a clue of her style.
- 2. Bring a friend:** Don't go to the jewelry store alone. There are going to be way too many choices. If possible, maybe even bring your love's mom with you. Mother's know best.
- 3. Do your research before:** before you even set your foot into a store be sure to read up on diamonds. There are a lot of things to know and if you go without any knowledge you are almost guaranteed to do wrong.

How would you get the perfect ring? Let us know below!

'Ready for Love' Exclusive: Winner Angela Zatopek Shares Her Emotional Journey





By Angela Zatopek

Yesterday was quite an emotional day for me. As I watched the finale with loved ones, I relived the love I found last summer with Ben and the amazing moment we shared at the vineyard. Thinking back to the beginning, I realized that we came a long way given the circumstances of “group dating.” Now, I find myself in the final two.

Throughout the season I cannot help but question the way certain things were edited, leaving key parts out that were important steps to what took us to the vineyard on that day. As I wrote in the last blog, I was so unsure if it was to be me or Allie, but no matter what the outcome I knew I had learned so many life lessons.

Related Link: [Ready for Love, Episode 8; Home in Houston](#)

After going to Dallas, I got to see his world and meet some of his friends to get a look at what life would be like together. It was so ironic, because he actually lives two miles from some of my best college girlfriends near Uptown Dallas. Going there I was so tempted to sneak away and see them because I had missed all of my friends so much after being away filming!

During the hometown date in Dallas, it was also my birthday so I was really excited to spend it there with him. We spent the

day going around town, I met some of his friends and then we took a stroll by the lake. What I was shocked about was the skeet shooting scene?? That actually took place in Houston. It was something that I thought of for us to do...had to show him my true Texan side! Luckily, Ben and I were spot on that day and had so much fun. I realized in Dallas that I had fallen hard for him. After filming ended that day, we actually went out for my birthday. It was great going out on the town together while not being filmed. We got to be real. At this point, I felt pretty confident in our connection but I also knew Allie was going to be seeing him the next day.

Related Link: [Ready for Love, Episode 7: Meeting the Family](#)

A side note not many people know (don't be mad at me producers!!!)-but after I was dropped off at the Hotel I was definitely not ready to end my birthday celebration. After spending my summer cooped up in a house for 10 weeks, I got back to my room and thought "freedom!" The hotel was completely empty, I couldn't sleep and was in celebration mode for my birthday, so what did I do? I snuck down to the lobby and played pool with the security guard on the night shift named Randall until 3 am! HA HA! It was probably the most hilarious and random birthday I have had so far, but I won't ever forget it.

On a more serious note, moving along to what everyone has been asking me about...The Finale. Not only is my birthday a cherished memory, but so is how Ben and I ended our journey filming 'Ready For Love.' I have never been so blunt to say "I love you" in an unsure situation but figured the time was right when I first saw him in the garden. When he took me away in the helicopter, I had no idea where we were going since I was blindfolded. I was completely shocked when we landed and I saw the vineyard, which we called "our spot." When Ben got on one knee, I was absolutely blown away with tears streaming down my face. I thought to myself "this is a crazy thing, but I don't care, there is no handbook on love!" He told me he had

another surprise for me and turned me around where I saw both my family and his running at us. Words cannot describe the feeling I had at that moment...Happiness, joy, love, you name it, I was on cloud 9. I had all of the people I cared for most in the world all in one place, and I was loving how our families were so supportive of it.

Related Link: [Ready for Love, Episode 6: Finding Love in Paradise](#)

After the show wrapped it was as if we were thrown back into 'real' reality, but could not tell anyone. We had fake names for one another in our phones, just in case friends were next to us, I had crazy colored wigs (I will never have jet black hair by the way), and the list goes on with what we did to hide our romance. We were on such a high after the show, that to be back in reality with our old lives while completely living a new one at the same time was an interesting adjustment.

The first few months were bearable, however we needed to be together to really build a foundation. It wasn't something we could do with 11 other women in the picture. It was frustrating that we couldn't really be in each other's lives like a normal couple. It saddens me, that he doesn't even know most of my friends or family, yet he was my fiancé at one point? We have been together most of the time since filming wrapped in August, but decided about halfway through the show airing that there were a lot of hardships being apart/in hiding for so long and that maybe it was best if we went separate ways.

I am not sure what the future holds, but I wouldn't take back the adventure I went on by putting my heart out on the line last summer. I learned so much about myself, love, what I want in life/a partner and also gained amazing friendships with cast and production. I see it as my "Ready For Love" family. I will forever cherish the memories I made cooped up in that

house with all the girls, the fascinating people I got to know from all different backgrounds and most of all having a taste of what the love will feel like when I do finally find my “prince charming” as I said in the garden to Ben.

Related Link: [Ready for Love, Episode 5; Drama in Vegas](#)

I can't help but go back to my faith when it comes to hardship, which is exactly why I want to preserve my heart 100% completely for the day I walk down the aisle. Love is a magical thing we all strive to find, even if it doesn't last a lifetime like we all can hope for...it makes us better for when we do meet that special one. Reflecting back on this entire process, I cannot dismiss the impact this has had on me. I was so inspired on the show when a little girl ran up to me in the audience telling me how much she looked up to my message. I was absolutely humbled and thought “I am just a normal girl!”, but then thought of how awesome it would be to create something that would be a legacy of my story and journey of where I am today.

I am currently creating and soon launching OneLove Collection, a faith inspired jewelry line for women and men. OneLove Collection will have a variety of necklaces, bracelets and rings, over time. I am not a jeweler by trade, but I feel very called to do this and also offer young trendy jewelry for people of faith! These pieces can have multifaceted meanings whether it be purity, commitment to your significant other, or a reminder of God's love. I also am finishing a book about my upbringing, dating experiences, 'Ready For Love', and what God can promise for a relationship when you put him as your first, “OneLove.” I can't help but infuse my quirky humor and include a chapter of some hilarious dating stories I have to share.

I am so blessed and humbled by this entire experience and although my journey on 'Ready For Love' ended last night, my journey in life continues where I hope to make a positive difference in whatever God calls me to do. Thank you for

reading this and stay tuned for more to come. ☐

Blessings,
Angela

To keep in touch please follow me on Twitter @AngelaZatopek and facebook.com/Angela-Zatopek-359219517524621/?fref=ts

Jimmy Kimmel Celebrates Bachelor Party with Vancouver Getaway



By April Littleton

Jimmy Kimmel and about 20 of his friends went to Vancouver for a bachelor getaway. The late night talk show host spent the weekend at the Opus Hotel in Yaletown. Some of his guests included comedian Jeff Ross and former *Mad Men* cohost Adam

Carolla. The bachelor party consisted of a weekend of bike rides, champagne and seafood. A source told UsMagazine.com, "The bike ride was really awesome, (and) they ended up at a food truck called Fresh Local Wild. The guy who runs the food truck did a spread for the group – all local – crab cakes, oyster sandwiches."

What are some creative ways to celebrate a bachelor/bachelorette party?

Cupid's Advice:

The bachelor and bachelorette party is considered the last hooray when it comes to living the single life. These parties are a great way to celebrate the end and the beginning of two different aspects of your life. Are you looking for your last night of singledom to be exciting and memorable? Cupid has some advice:

1. Scavenger hunt: Running around town all night looking for a hidden "treasure" may be the perfect way to celebrate your upcoming wedding. You'll stay active throughout the game and a little friendly competition never hurt anyone. As for the list of locations and tasks, include questions based on your spouse-to-be's likes and dislikes and search around areas where you and your partner share special memories together.

2. Go co-ed: Celebrate your love by celebrating together. Grab your whole gang of friends and family for a night out. Go the movies or have a special dinner. Go back to the place where you had your first date and share romantic stories with your party guests. If as a couple, you prefer a more active environment, rent out a skating rink or spend the day doing outdoor activities – like go carting, miniature golf or swimming.

3. Stay in: If you're not much of a party animal, ask a couple of your closest friends over for a slumber party. Watch some

of your favorite movies, cook some of your favorite meals and pig out on cake and ice cream. Talk about each other's first crushes and the moment you knew you met the love of your life. It's guaranteed you'll have a night full of laughter and fun.

How did you celebrate your bachelor/bachelorette party? Comment below.

Kristin Cavallari Wears Tiara While Celebrating Bridal Shower



By April Littleton

According to UsMagazine.com, Kristin Cavallari wore a sparkly tiara and sash during her bridal shower at The London in West Hollywood over the weekend. The former *The Hills* star shared a

picture of her bridal getup surrounded by friends to her Instagram account Tuesday, June 4. Cavallari is set to marry Jay Cutler this summer. She and Cutler are parents to Camden, who's 9 months.

How do you personalize a bridal shower?

Cupid's Advice:

A bridal shower is one of the most fun events you will get to experience as you're preparing for your wedding. The shower will be the opportunity for your friends and family to plan something that will pay homage to you. Your loved ones will get to showcase your personality through gifts, games and some unique activities. Want the day of your shower to be something you'll never forget? Cupid has some suggestions:

1. Pick a theme: Your bridal shower will show some character if there's a theme involved. Do you love to watch football with your partner? Pick a sporty theme for your shower. Maybe you're more of a girly girl. Deck out your bridal shower in all pink. Are you a goofball? Ask your guests to wear silly costumes and hats.

2. Decorations: Instead of gathering a bunch of store-bought decorations, get your bridal party to help you create your own. Throw some cute cutouts around the room, like hearts, wedding bells and flowers. Fill your party favors with personal objects. Do your friends know you can't live without makeup? Pick out an assortment of lip glosses and fill bags with them. Anything that shows off your style will be the perfect gift for your guests.

3. The location: The bridal shower doesn't necessarily have to take place inside of your home. If you're considering a sporty theme, think about having your shower outside or maybe even at a bowling alley. If you're all about keeping the party mellow and casual, maybe take the girls out to a spa. No matter what

you decide, throw the traditional “rules” out the door and plan the shower YOU want.

How did you personalize your bridal shower? Share your experience below.

Jennifer Aniston and Justin Theroux Attend Lake Bell and Scott Campbell’s Wedding



By April Littleton

[People](#) reports the appearance of Jennifer Aniston and Justin Theroux at Lake Bell’s and Scott Campbell’s wedding Saturday at the Marigny Opera House. Aniston was spotted wearing a short, floral print summer dress, while her fiancé kept things more formal in a gray suit with a black-and-white tie. Theroux

is good friends with Campbell, a tattoo artist and fine artist, and attended the wedding as one of the groomsmen.

What are some ways to make a wedding the perfect date?

Cupid's Advice:

Wedding can be the perfect place to get to know a significant other a little better. The love surrounding the atmosphere and the all around positive vibes are contagious. You would be crazy not to want to share such a lovely experience with your partner. However, there are some do's and don'ts when it comes to taking a date to such a sacred ceremony. Cupid has some tips:

1. Help your date fit in: Don't just leave your date standing out in the cold. Show off your significant other. Introduce him or her to some of your friends and see how they get along. It's more than likely that your date will only know you at this event. So, it's up to you to make your lover feel as comfortable and as entertained as possible.

2. Sneak in some alone time: Take advantage of the romantic scenery and slip away with your date somewhere. If the location of the wedding happens to be outdoors, find a secluded spot and have a conversation. Ask your partner how they feel about the wedding so far. If you envision things going further between the two of you, it may even be a good idea to discuss the future of your own relationship.

3. Don't flirt: Most guests see a wedding as the perfect opportunity to flirt with other people and find their next potential boo. If you're serious about the person you're investing your time with, don't give anyone else the type of attention your partner deserves from you. You shouldn't engage in any flirtatious banter with anyone else but your date, especially if you want to continue seeing them after the wedding.

How would you make a wedding the perfect date? Comment below.

'Idol' Couple Ace Young and Diana DeGarmo Are Married



By Kerri Sheehan

American Idol crooners Ace Young and Diana DeGarmo have officially tied the knot. According to UsMagazine.com, the two got married on Saturday, June 1 at the Luxe Sunset Boulevard Hotel in Bel Air, California. The couple tried to make their ceremony specialized to really reflect who they are. "We want everybody to have fun, let their guard down," said Young.

What are some ways to incorporate personal elements in your wedding?

Cupid's Advice:

Your wedding is the perfect time to add some personal flare for guest to enjoy. Cupid has some advice on how to do so:

1. Food: Everyone that has ever been to a wedding knows that food is one of the most anticipated elements of the event. Adding your own favorite foods to the menu will help you share your likes with your guest. Also think about creating a signature "wedding cocktail" to be served to guests.

2. Décor: Decorations tell a lot about a ceremony. Whether you're a big beachgoer, a world traveler, or a huge fan of a certain book or movie, you can easily incorporate those elements into your décor. You want the ceremony to really reflect who you and your partner are.

3. Wedding favors: This is another way to show guest who you are. If you're a music lover then a mix CD is a good idea for a favor, or if you're more of a foodie then some sort of wine or candy is another way to go. The possibilities are endless!

What are some ways you can think of to incorporate personal elements into your wedding? Share below.

Will Arnett Says Dating Seems 'Very Scary' Right Now





By Kerri Sheehan

Since his split from fellow actor comedienne, Amy Poehler, Will Arnett has taken a step back when it comes to dating. After nine years of marriage and two sons together, Arnett isn't looking to rush back into dating. "I'm 43 and I've found my happiness – which is my kids," Arnett said according to [People](#). He added, "Yeah, I don't know what you do. Do you put out an announcement in the trades? I'M DATING! It all seems very scary to me, to be honest."

How do you get back in the dating game after being out of it for a long time?

Cupid's Advice:

The dating world is scary for everyone. It's a jungle full of random people and you never know who is in it just to play and who is in it to find love. Cupid has some advice:

1. Put yourself out there: You never know who you're going to meet and where you're going to meet them so always be open to new settings and environments. Maybe your soul mate was hiding somewhere at that party you did want to go to last week, but you'll never really know.

2. Don't be afraid to strike out: You can't let the fear of

striking out keep you from winning the game. Just because you don't succeed once, twice, or a thousand times doesn't mean that your next home run isn't just around the corner. Dating has always been hot or miss, so just keep hoping for a hit.

3. Know yourself: You can't truly fall in love with someone else unless you know who you are first. Expecting someone to fall in love with you without first loving yourself is like expecting a halfhearted salesman to get any business.

How do you recommend getting back into the dating game? Share below.

Kim Kardashian and Kanye West Reveal Gender of Baby-to-Be



By Kerri Sheehan

On the Sunday premiere of the new season of *Keeping Up with the Kardashians*, reality television star Kim Kardashian announced that her baby bump is housing a little girl. Her and baby daddy Kanye West will be expecting their bundle of pink joy sometime in July. While out shopping for baby clothes the two have employed stealthy moves to keep the baby's gender a secret. According to [People](#), Kardashian said, "We buy all white, or we'll go and buy both [girl and boy clothing], and then no one will know!"

What are some ways to prepare for a daughter versus a son?

Cupid's Advice:

Preparing for a baby is often an overwhelming task. Cupid has some advice about how to stay on top of things:

1. General supplies: For the first 12 or so weeks you probably won't be able to tell the gender of your baby. This is the perfect time to gather the bare essentials that you would need gender regardless. Some gender-neutral furniture for the baby's room can be purchased as well as a changing table. You can also take this time to read up about the general birthing process as this will help understand what you will be in for in a few months' time.

2. Getting specific: After the three month mark is generally when you will be able to find out the sex of your child. This is when you can go crazy picking out all sorts of outfits for your baby girl. Clothes in the pink and purple color family will save you from having to answer the question of whether or not your child is a boy or a girl. Also think about purchasing some cute and comfortable headbands for your baby. Who doesn't love a baby with a bow?!

3. Finishing touches: The third trimester is really when you should start making sure you've done everything you meant to up to this point. Your partner can assemble the crib while you

make sure you have sheets for the crib as well as a mobile for above the crib. Patterns with butterflies and flowers are perfect for any baby girl.

How did you prepare for your baby girl? Share below.

Bachelorette 9, Episode 2: Quote Me Now



By [Jared Sais](#)

The episode last night was very insightful. Before you read this post and the non-verbal communication cues that I saw on last night's episode, I want to clarify that I am a fan of Desiree! I know it may not seem that way given what I am observing, but I am just calling it what it is from my years of training in body language. Please note, that I like Desiree a lot! My head is shaking "yes" and my hands and feet are NOT

crossed! So on to the analysis:

Last night, I focused on three specific competitors as I was watching the show, these were the guys that caught my attention when it came to reading their physical cues. I think you would agree:

Ben

If you read my first post, I was a bit iffy on Ben using his kid to get an advantage with Desiree. Though brilliant, I thought it was sneaky when it came to playing this dating game. It appears that my first impression was correct! I am not saying that Ben is a bad guy. What I'm saying is that he's sneaky. I feel that he's looking at this as a competition and game. He might be genuine when it comes to winning Desiree's heart but, in doing so, he will play all angles and win at any cost.

One thing is for sure, he will need to change up his approach soon. This means that he can't use his kid anymore. "Why," you may ask am I saying that? Well, though Ben's kid came to the rescue again in this episode, I noticed that Desiree pulled back a bit. Desiree showed signs that she was open to the idea that he had a kid but pulling out this card every time is going to hurt him.

It's simple, "If I say 'yes' but I shake my head 'no,' this should send a signal to you that I am not being honest, as my body is contradicting my words." When Desiree said, "I am very open" –referring to the idea of Ben having a child–her body language was very closed off. Her hands, though under a blanket, were interlocked and her body was pulled in tight. Though Desiree is always cold, I have studied her body language enough to determine when she's cold vs. when she is defensive and not open to the situation. I know for a fact that if Ben keeps talking more about his kid, Desiree will soon find issue with it. Right now it's cute, but soon reality

will sink in and Desiree will be turned off. For Ben to make it to my top 5, he has to make himself a bachelor and move away from being labeled as the single father.

Related: [Bachelorette 9, Episode 1: The Animal Kingdom](#)

Additionally, Desiree said about Ben's son, "he is your love and your joy." Then she pinched her lips, which usually is a sign of anger or disapproval. She also disconnected her eye contact, meaning she lost some interest in what he was saying on the topic. Finally, she rolled her eyes. All of this equals anger or jealousy. Her nonverbal language stated that she wants to be the love, the joy of the man she chooses to be with for the rest of her life. She wants to be the center of attention, not number two. And for a young girl, I think that's more than fair. Right now, Desiree hasn't come to grasp the reality surrounding the responsibility of entering a relationship with a man that she won't really get to know as well as she should when marrying someone with a child. Not to mention that she will have to be the stepmom of his child which creates a lot of added responsibility. This is probably more than she bargained for initially. Ben knows that he is playing a different ball game and it is most likely why he is playing dirty and pulling out all the stops to keep this reality from Desiree.

Desiree will eliminate Ben but it won't be for another few episodes.

Bryden

From ever lasting smiles to their double arm hold, you might think he's your pick to be Desiree's husband! But, I noticed that he wasn't fully enjoying himself. He was a bit disconnected at times and not willing to commit. In fact, the big nonverbal cue that gave me the impression he was not feeling Desiree (and I will go as far as saying he might have a girlfriend back at home) was during the pool scene. Bryden's

arm was relaxing on the side of the pool as his forearm came right in-between him and Desiree, he was creating space and putting up a barrier. What probably seemed to come off as shy, came off to me as defensive and pulling back. Bryden seemed to show contempt when speaking to Desiree, telling me he wasn't feeling it as much as he was trying to portray. Also, he showed a lot of fake smiles, meaning he would smile only with half of his face, usually the mouth region.

From my past articles, I have written about the difference between a genuine smile and a fake smile, but an easy way to know the difference between the two is by thinking of a forced smile when taking a picture. You smile with only your mouth, but when you really find something funny or are really happy, you smile with your entire face, mouth, cheeks and eyes. So when Bryden was only smiling with his mouth, I knew he was faking this emotion. Finally, I think Desiree likes him more than he likes her. I am looking forward to seeing how this plays out, all I know is that he is not into her as of now. Feelings can change and you can start to like someone more as time goes on but I just don't think this is the case with him. I just don't see him going to the end.

Related: [Desiree Hartsock is the New 'Bachelorette!'](#)

Brooks

The second guy that I am picking for my top 5 is Brooks! My first was Drew. I think both of them will easily make it to the hometown episodes, though I don't have the other picks just yet. Let's talk about Brooks...

There were long looks of passion and genuine smiles. Both were sincerely laughing and having so much fun. What really popped out to me was the double kiss. That's something people who have been in relationships for a long time tend to do, not something you see on a first date. This was a very telling sign to me, as it should be to anyone reading this column.

If Brooks is just himself and the genuine, caring man he has portrayed to be so far, he will be Desiree's husband. I know this is a wild prediction as it is so early in the season but they held each other like they were soulmates and looked into each others eyes like they never wanted to look anywhere else. They danced the same way and the vibe was totally different with them than anyone else so far. Yes, I know, "so far," but I have been studying flirtation for about a decade now and I know when something is real, and this was 100% real and passionate and, most importantly, telling. They showed their hands and I am sure Brooks will be in the top 5 if not her husband by the end of the show.

Here is a side nonverbal fun fact on tonight's episode. When Desiree was "lost" driving, I knew she wasn't really scared or lost. The nonverbal micro expression of being scared includes:

- eyebrows raise
- eyes widened
- lips stretch back towards the ears

Desiree did a micro expression of fear in episode one when interacting with the guy who kept wanting to take her to the room alone. So, When I didn't see any of these signals of her being scared, I knew she knew exactly what she was doing and where she was going.

Let me know your thoughts, on what men you like so far and who you think will be Desiree's future husband.

Sean Parker Marries Alexandra Lenas in \$9 Million Wedding



By Petra Halbur

Sean Parker married Alexandra Lenas on Saturday, June 1st, in one of the most expensive weddings Silicon Valley had ever seen. According to [People](#), Parker and Lenas tied the knot before 300 family and friends in a ceremony that cost \$9 million. The Ventana Inn, where the wedding took place, was decorated to resemble a movie set, complete with fake waterfalls, a gated cottage and a \$600,000 stone gate. The dance floor reportedly cost \$350,000 and the cost of flowers and plants totaled to \$1 million.

How do you decide how much money to spend on your wedding?

Cupid's Advice:

It's easy to get carried away with a wedding. Of course, you want to make your big day memorable but you don't have to

spend a fortune to do so. Cupid has some ideas to help:

1. Remember what's important: Ultimately, your wedding is a ceremony to mark the beginning of your new life with your spouse. Don't lose sight of that.

2. Prioritize: Decide which part of the wedding is most important to you. Is it the dress? The location? The cake? Pick one or two things to splurge on and take a frugal approach to the rest.

3. Consider the long-term: A wedding lasts only one day. Consider your honeymoon, and any future vacations or material indulgences that you might rather spend the money on.

How did you budget your wedding? Tell us below.

Channing Tatum and Jenna Dewan-Tatum Welcome a Baby!





By Petra Halbur

On May 30, Channing Tatum and Jenna Dewan-Tatum became parents to a baby girl in London. Unfortunately for the couple, there will be very little downtime to enjoy parenthood in the upcoming months as both mother and father will begin filming separate projects in July. “We’re going to actually have the baby in London while I’m shooting [*Jupiter Ascending*] and then there will be no downtime whatsoever after that,” Tatum told Ryan Seacrest in a recent interview. However, a source assured UsMagazine.com that Tatum and his wife’s highest priority will be their daughter. “The baby will get top billing as far as priorities go,” the source said. “Channing is going to be the most adorable, hands-on daddy ever and do whatever is necessary to make sure Jenna can balance it all.”

What are some ways to balance your career and parenthood?

Cupid’s Advice:

“A baby changes everything.” If you’re expecting, you’ve probably been told this. Overused though that phrase may be, it *is* true. As a parent you will have to decide how to balance your career with your child’s needs. Cupid is here to help:

1. Consider the longterm: Ask yourself, in 18 years, what will you regret more: the sacrifices made to your career, or the

time you missed with your child? There's no right or wrong answer. Be honest with yourself and act accordingly.

2. Know that you can't do everything: So many parents wrack themselves with guilt when they realize they can't be full-time parents and full-time professionals simultaneously. Don't do this to yourself. Accept your limitations. You're not a failure. You're human.

3. Decide what YOU want: Don't let other people tell you what's best for your family. If you decide with your spouse that you want to be a stay-at-home parent or continue with your career, then that's what's best for your family.

How did you balance your career with parenthood? Tell us below.

Blake Shelton Opens Up About Marriage to Miranda Lambert





By Petra Halbur

Blake Shelton and his wife, Miranda Lambert, have found the key to a successful marriage: humor. Shelton spoke to [People](#) about his propensity for teasing his wife. "I'm always pestering her," he said. "I just cannot get enough because she gets irritated so quickly." Shelton and Lambert's willingness to laugh at themselves has helped the couple face the constant media scrutiny that they have been under since they married two years ago.

What are some ways to keep humor in your relationship?

Cupid's Advice:

Levity can get lost in the daily stress of a relationship. Maintaining a sense of humor, however, is vital to a healthy, happy relationship. Cupid has some ideas:

- 1. Laugh at yourself:** If you want humor in your life, you're going to have to laugh at yourself. Self-deprecating humor, within reason, is a great way to lighten the mood and relieve tension.
- 2. Set boundaries:** You and your partner should establish which sensitive topics are off-limits to jokes. This will free you both to poke good-natured fun at each other without fear of

hurt feelings.

3. Schedule comedy: As strange as it may sound, incorporate comedy into your schedule. Go out to a comedy club together or watch a funny movie at home. The endorphins will do wonders for your relationship.

How do you keep humor in your relationship? Tell us below.

Courtney Cox and David Arquette Finalize Their Divorce



By Petra Halbur

Courtney Cox and David Arquette's 13-year marriage officially ended on Tuesday, May 28th. According to UsMagazine.com, the

couple, who have an 8-year old daughter named Coco, announced their separation in October 2010 and filed the divorce papers in June 2012, citing “irreconcilable differences.” Despite these differences, though, the pair remain on good terms. “I don’t recommend divorce in general,” Cox said when she was on *The Ellen Degeneres Show* in January. “But he is my best friend and we’ve both grown and changed, and I think we both appreciate each other more.”

How do you know when to start dating again after a divorce?

Cupid’s Advice:

Your love life doesn’t have to end with your divorce. That said, after something as difficult and draining as a divorce is finalized, it may be difficult to tell when you’re ready to start dating again. Cupid is here to help:

- 1. You’ve healed:** Don’t drag the heartbreak and turmoil left over from your divorce into your dating life. Give yourself the time you need to come to terms with your ended marriage.
- 2. The kids are ok:** You may feel ready to get back out there, but make sure that your children are ready to see you with someone new. Talk to them about your feelings and encourage them to express their own.
- 3. No rush:** Make sure you’re not hurling yourself back into the dating game for fear of being alone. As difficult as it may be to be single again, this could be a wonderful opportunity to rediscover who you are. Don’t pass it up in a hurry.

How did you know when to start dating after your divorce? Tell us below.

Lenny Kravitz Says He and Ex-Wife Lisa Bonet Are 'Best Friends'



By Petra Halbur

Twenty years after the divorce, Lenny Kravitz is on great terms with his ex-wife, Lisa Bonet. According to UsMagazine.com, the pair were married for six years and had a daughter named Zoe before calling it quits in 1993. Still, Kravitz looks back fondly on his union with Bonet. "We were very young and it was wonderful," Kravitz says on the June 2 episode of *Oprah's Master Class*. "Zoe's mom and I now are best friends. It's interesting because that's how the relationship started."

How do you re-establish a friendship after a bitter breakup?

Cupid's Advice:

"We can still be friends" is far easier to say than it is to do. How do you go about rebuilding a friendship after your romantic relationship has gone sour? Cupid has some ideas:

1. Take it slow: Do not rush things. Hurt feelings left over from a nasty break up can't be shrugged off. You need to give yourself and your ex time to heal before developing a platonic relationship.

2. Come clean: You need to be honest about any remaining bad blood remaining between you two. Sweeping unaddressed grudges under the rug for the sake of friendship won't work for long.

3. No green-eyed monsters: Will you be supportive when your ex starts dating someone new? If not, you need to resolve this issue within yourself now because jealousy will be a sure-fire way to destroy your newly revived friendly.

How did you stay friends with your ex? Tell us below.

Ireland Baldwin Opens Up About Boyfriend Slater Trout





By Petra Halbur

IMG model, Ireland Basinger Baldwin, is managing to make her long distance relationship with stand-up paddle boarder, Slater Trout, work. Baldwin, who lives in L.A. and Trout, who is based in Maui, try to visit each other at least once a month and make the most of their time together. “We don’t do normal stuff,” Trout told [People](#). “We go paddle boarding with humpback whales in Maui. We go on athletic dates.” Baldwin concurred, adding, “We’re outdoorsy people. I love walks, hiking, exploring and being on the beach.”

What are some ways to make a long distance relationship work?

Cupid’s Advice:

Sometimes careers, schools, familial obligations and other factors make it necessary for you and your partner to live far apart for a while. Long distance relationships are tough but it *is* possible to make them work. Cupid has some ideas:

1. Utilize technology: The good thing about long distance relationship these days is that there are many different ways to keep in touch. Using technology, like Skype, gives you and face-to-face time you need to make your relationship last.

2. Communicate daily, no excuses: Whether it’s texting “Good

morning” when you wake up or Facetiming at lunch, do your best to communicate with your partner on a daily basis. Don’t let daily excuses get in your way.

4. Long-term plans: Be honest with each other. How long are you two going to be living apart and are you both okay with this arrangement? Avoiding the issue will only exacerbate the problem.

How did you make your long distance relationship work? Tell us below.

Tabatha Coffey Says That Staying True to Yourself Is Important In All Aspects of Life





By Kerri Sheehan

Australian hairstylist, salon owner and television personality Tabatha Coffey sure has a solid resume. She has been in the hair industry for over 30 years, and in 2007, she was voted the first ever Fan Favorite on the Bravo network's reality series *Shear Genius*. Since then, she received her own spin-off series, *Tabatha's Salon Takeover*, in which she helps failing salon owners turn their businesses around. After three successful seasons, Coffey has moved on to sprucing up a variety of small businesses on her newest reality television endeavor, *Tabatha Takes Over*.

"I just had such an overwhelming, positive response from everyone writing to me and saying, 'I really love what you do. I wish you could help me, but I'm not a hairdresser. I really need help with my business.' It seemed like a natural progression to be able to go into other businesses and help them turn things around," says the reality star sensation.

The current season of *Tabatha Takes Over* is the second of its kind, and Coffey hints that viewers will have quite a lot to look forward to. "We still have some salons that I'm going into, and for a lot of people, the salons are still the favorites. We have a lot of non-salons that we're going into as well, and I know a lot of people enjoy that too. It's a lot

of fun. There's a nice balance with both." Coffey also alludes to the return of some of the show's alumni. "We may check in with some past favorites," she says.

After seeing her in action, it's no surprise that the hairdresser loves filming the show and helping people turn their lives around. "I get so emotionally invested with every business that I go into that I take the journey with the owners and the employees." Her favorite times on the show are when she is really able to help the business owner and employees turn over a new leaf. "I always enjoy any time that I see success, that I see people turn their business around. When we're able to save a business, that's my favorite because that's ultimately what I hope for every time."

Related Link: [Celebrity Couples Who Have Turned Over a New Leaf](#)

Of course, her life isn't all work. Coffey has been in a committed relationship with her partner for more than a decade. She cites communication as the key to keeping her love a priority despite her hectic schedule. "It's hard for everyone to find a balance because I think we all get so busy and get so into our own things," she explains. "So if I'm travelling, I make sure that I'm sending a text and seeing how everything's going. It's important to check in and not just be concerned with what's going on with me."

As someone who is open about being gay, the television personality shares some tips to anyone struggling to be honest and open about their feelings: "It's easy to become wrought with the fear of having to tell the truth to your family and friends, but you have to really believe in yourself and be true to yourself. It's your life, and you have to live it and be happy with who you are and be honest about who you are. You can't live inauthentically."

Coffey believes that staying true to yourself is vital in

every facet of life, especially when it comes to your primping rituals. When asked about hairstyles for different events, she thinks the best rule to follow is to be you. For a first date, she says, "It's great to glam it out a little bit and, you know, put a little bit more makeup on or dress your hair up a little bit, but you should also be true to who you are. If you're going to go overboard and really glam it out and that's just not you, then you're really not letting your date see who you truly are."

Related Link: [Four Dates and a Wedding](#)

For a more glamorous night, like a romantic dinner, she thinks that it's okay to do something fancier with your locks. "I'm sure that the dress you're going to wear is a little bit sexier, and your hair should follow suit."

More likely than not, your spouse has a strong opinion about how they like your hair. "Let's say your guy likes your hair when it's curly, but that's not your favorite thing. Maybe then, your romantic date night is the time to indulge your significant other. Make sure that you play into their opinion a little more and do what they like." Whether it's wearing your hair up, down, slicked back or with some extra texture, show your partner what he wants to see.

As for a wedding day, Coffey urges readers to not stray from what they know works and says, "Never make a drastic change before your big day!" The weeks before a wedding are always heavily laden with emotions, so a bride may feel like she's being spread thin. Therefore, a major change can lead to disaster. When you feel out of control, the one thing you *can* control is hair, so it's never a good time to change your hair when you're engulfed in emotion. "Stay true to yourself because a lot of brides go crazy and do something that they normally wouldn't do with their hair. When they look at their pictures, they don't even feel like themselves anymore."

You can catch Tabatha Takes Over on Thursdays at 10/9c. If you can't get enough of Coffey on Bravo, you can catch her speaking tour called Meeting with Tabatha, which will begin in Connecticut before it heads to Los Angeles and Arizona. It will give business owners tips for turning their business around and allow them to have an up-close-and-personal questions-and-answers session. You can also follow Coffey on Twitter and Facebook.

Celebrity Divorce: Mayim Bialik, Husband Michael Stone Finalize Divorce



By April Littleton

The *Big Bang Theory* actress, Mayim Bialik, finalized her

divorce from husband of nine years Michael Stone late last week. "It's going okay," Bialik told UsMagazine.com. "I mean, I have to say, I give both of us a lot of credit for putting our kids first. It's not easy, but we're doing okay, so thank God." The couple have two sons together – Miles 7, and Fred, 4.

How do you know when it's time to end a marriage?

Cupid's Advice:

Many married couples try to hold on to a deteriorating relationship out of fear of the unknown. They believe the problems they're facing will simply disappear or they try to stick it out for the sake of the children. As a couple, it's important to make the tough decisions – even if it means the end of marriage. Cupid has some advice:

1. Constant fighting: Having the occasional argument is normal in a relationship, but if you and your spouse are constantly abusing one another in any way – it may be time to end the marriage. Once abuse enters a relationship, it's almost always over. Marriage is about love and respect – it's not about putting each other down.

2. Counseling isn't working: If you and your significant other have been seeking professional help and it hasn't changed anything in your relationship, it may be time to call it quits. If you don't see any improvement in your marriage, then there isn't much else you can do.

3. The love is gone: The chemistry between you and your partner should stay at a constant. If you no longer feel a spark between you and your boo, it may be an early warning sign that the marriage is drawing to a close. You may feel committed to staying in the marriage for the children, but you're only doing more harm than good. Children know when they two people they love the most don't love each other.

How did you know when it was time to end your marriage? Share your experience below.

Celebrity Couple: Stephen Amell Marries Cassandra Jean for the Second Time



By April Littleton

Arrow star Stephen Amell and the *Hart of Dixie* actress Cassandra Jean tied the knot for the second time in New Orleans Sunday, May 26. The happy couple originally married during a Caribbean vacation last Christmas. Before returning to shoot the second season of *Arrow*, Amell plans to travel the world with his wife. He told UsMagazine.com, "We're mixing in some international promotion for the show with a nice

vacation. Stockholm, London, Monte Carlo, Toronto and China.”

What are some creative ways to renew your wedding vows?

Cupid’s Advice:

Renewing your vows is a way for you and your partner to declare your love for one another all over again. Getting your vows renewed expresses the fact that you’re still interesting in keeping the commitment you pledged to your significant other all those years ago. Are you thinking about reaffirming your love in a special way? Cupid has some advice:

1. Go somewhere exotic: If your original wedding was close to home, take your renewal ceremony as an opportunity to plan a trip! Renew your vows in Hawaii or Italy! If there’s a place you and your partner always wanted to visit, consider using that location for your special day.

2. Make it a surprise: Hide your vow renewal plans from your spouse until the big day! Trick your partner into getting dressed up and lead them to the renewal location. Make sure your friends and family show up ahead of time and have your vows in hand. This will surely be a surprise your loved one will enjoy!

3. Write your own vows: If you used traditional vows during your wedding, switch things up a bit and write your own this time around. Your personalized vows can say just about anything you want. Reminisce over your first date or talk about the birth of your first child. This is the time to look back on those special memories you and your partner share together and remind them you still love them just as much as you did when you first said “I do.”

Have you renewed your vows? How did you make it creative? Share your experience below.