Celebrity News: Former 'Hills' Star Frankie Delgado Ties the Knot





By Kerri Sheehan

Frankie Delgado of *Hills* fame got hitched this weekend to girlfriend Jennifer Acosta. *Hills* star Lauren Conrad was in attendance and posted a picture of Delgado and his new wife dancing. The caption read, "Congratulations! @kingfrankiedelgado and @shopatrend (Jen) are officially husband and wife! So happy for you both xo." According to *UsMagazine.com*, other guests include Brody Jenner and Reggie Bush.

How do you decide who to put your on wedding guest list?

Cupid's Advice:

Whether you want a small ceremony or a big one you always have

the task of deciding whom to invite. Cupid has some advice about how to make the decision:

1. Invite who you want: In the end it's your special day so you should decide who gets invited, not your parents, friends, or other relatives. Invites to your wedding should go to those who want to see you making a happy commitment to another person.

2. And Guest?: Allowing all of your guests to bring a date will quickly add to the number of attendees and will balloon the price of the wedding astronomically. Generally if a friend or relative is in a committed relationship of more than six months then that denotes an 'and guest' wedding invite. Otherwise you don't need to allow your single friends to bring a guest. This may even relieve some pressure, as many single friends would dread having to scour for a wedding date.

3. Priorities: There will be certain people that you must invite and then other that you should invite and could invite. Make sure you include the musts before you go into the shoulds and coulds. Remember, your guests are your "witnesses" so you want them to be people who are close to you.

How did you decide who to invite to your wedding? Share below.

Comedian Marc Maron Proposes to Longtime Girlfriend





By Kerri Sheehan

Funny man Marc Maron proposed to his longtime girlfriend, Jessica earlier this month. According to <u>UsMagazine.com</u>, Maron let the food do the talking. "I served her pancakes on her birthday and stuck the rock right in the middle of the top cake on the stack," he said. "We cried and laughed." After two divorces, this will be Maron third journey into the marriage world and he hopes that this one will yield successful results.

What are some creative ways to propose to your partner with food?

Cupid's Advice:

Everyone loves food, that's why it's a grand idea to use food to propose. Cupid has some ways to do it:

1. Picnic: This gesture is simple, but oh so romantic. The only thing lovelier than two lovers being one with nature is when food and diamonds are involved. Being surrounded by serenity will make the proposal truly authentic.

2. Favorite food: As their partner you should know what their favorite food is. Use that knowledge to your advantage and place the ring right on top of the dish.

3. Play with your food: Try using the food to spell out the proposal. This is unorthodox and will really catch your girl or guy off guard. Some ways to do this are with either berries on a cake or maybe the pepperoni on a pizza.

Like these ideas? Share your own below.

Khloe Kardashian Says Kim Kardashian and Baby Are 'Healthy and Resting'





By Kerri Sheehan

The Kardashian clan grew by one this week when celebrity couple Kim Kardashian and Kanye West welcomed a baby girl into the world. The baby arrived five weeks early, but Aunt Khloe Kardashian assured fans that all is well, according to <u>UsMagazine.com</u>. "Mommy/baby are healthy &resting. We appreciate all of the love," tweeted Khloe on Sunday June 16th.

What are some ways to congratulate a new mom?

Cupid's Advice:

Having a baby is one of life's greatest joys. Cupid has some ideas of ways that you can congratulate a new mom:

1. Send a card: If you're a mother yourself then you can write about your own experience with raising children. The first few weeks after giving birth will likely be the hardest for a new mother so some words of encouragement will go a long way.

2. Offer to babysit: It will probably take a few months until a new mother is comfortable enough with leaving her baby's side, but let her know that when the time comes you're willing to babysit. This will show that you're supportive of the changes she will have to make in her life.

3. Gift basket: Having a baby means needing a ridiculous amount of things that you never even thought of before. Throw together a basket of baby things you think the new mom may have forgotten.

How would you congratulate a new mom? Share below.

Kim Kardashian and Kanye West Welcome a Daughter





By Petra Halbur

The long wait is over- Kim Kardashian and Kanye West are finally parents! On the morning of June 15, Kardashian gave birth to a baby girl in Los Angeles. According to <u>People</u>, West was by her side for the delivery. Kardashian is overjoyed to have a daughter. "I'm so excited we're having a girl," she said on an episode of <u>Keeping Up with the Kardashians</u>. "Who doesn't want a girl? I think they are the best. I know that's really what Kanye has always wanted — he wanted a little girl."

How do you balance parenthood and your career?

Cupid's Advice:

It's the 21st century and gender roles have changed. Mothers and fathers alike are expected to manage both parenthood and

careers. Cupid has some advice for how to strike the balance:

1. Weigh the costs: Would it be more economical to pay for day care or to forgo your career and be a stay at home parent? Nobody likes to boil family matters down to money but, unfortunately, cost can determine the more practical lifestyle for you and your child.

2. Consider logistics: In deciding whether you want to work full-time, part-time or be a stay-at-home parent, you have to consider the logistics of daily life. How will you get your child to school? Will that interfere with your commute? Where will your child be while you're at work? These are important things to work out ahead of time.

3. Happiness: Ultimately, the balance between parenthood and your career will not work if you are unhappy. While your child's welfare is, of course, a priority, your own satisfaction needs to be taken into serious consideration too.

How have you managed to balance parenthood and your career? Tell us below.

Bachelorette 9, Episode 4: Atlantic City





By Jared Sais

Now that season 9 of <u>The Bachelorette</u> is well underway, some of the contestants' true natures are coming out. Furthermore, we're learning that Des doesn't necessarily see a future with a guy just because they share one romantic date together. So let's get started...

Related Link: Bachelorette 9, Episode 1: The Animal Kingdom

Brad's One-on-One Date

Desiree emphasized the word "great" when she was describing her day with Brad, saying, "We are having a great time." This emphasis indicates sincerity — she really did have a blast with him. Think about when you're describing a delicious meal to someone. You emphasize the adjectives. For example, you might say, "I just had the most *amazing* sushi. So *fresh*! You have to try it." It's an easy way to decipher someone's true opinion.

However, just because the bachelorette said that they had a "great time" doesn't mean that she felt any chemistry. You don't have to be a body language expert to know that this date wasn't going well for Brad. Even so, let's analyze the most common nonverbal indications of discomfort that Desiree and Brad exhibited during dinner:

– Silence and long pauses

- Nervous laughs

- Concentration on food or other objects

- Short conversations and abrupt endings

Awkward looks with rolled eyes and pinched lips with a forced smile

Lack of eye contact

It's no surprise that this single dad didn't receive a rose at the end of the night.

Group Date

Now on to the Bachelorette Mr. America Pageant! Only one person with actual talent managed to make Des blush, and that was Zak W. with his guitar and sweet lyrics. All of the other men tried their best but ended up treating the talent competition as more of a joke. Though Zak didn't win the competition with his song, his performance was the one that stood out the most to me. I always say that, in the dating world, it's important to stand out by taking a creative approach. If you play the game the same as everyone else, you'll blend in. If you're brave enough to express your individuality – like Zak W. was – then you'll win the heart and mind of that special someone.

Chris also had a successful week, solidifying my confidence that he'll make it to the top five.

Let's take a look at Bryden's body language too. In my Quote <u>Me Now</u> article, I said that he was "not feeling" Desiree. Sure enough, in this week's episode, Bryden came out and admitted that he wasn't into the brunette beauty as much as he wanted to be at this point in the show. I think Bryden will leave soon, and I still get the feeling that he isn't there for the

right reasons. There was one non-verbal cue in particular that proves my prediction correct: During the rose ceremony, when Desiree called his name, Bryden showed shame by lowering his head. Even more interesting was when Bryden gave her the "I got you" look, which is given when someone either lies or manipulates another person and gets away with it. In short, he is manipulating Desiree and isn't who he claims to be. A big warning to Desiree: stay away from Bryden!

Related Link: <u>Bachelorette 9</u>, <u>Episode 3</u>: <u>Dangerous Dodgeball</u> <u>Date</u>

James' One-on-One Date

James definitely likes our leading lady more than she likes him, but they still had a solid date. I didn't see any sparks fly when he received the rose, and even though Desiree leaned for the kiss, there was no passion in it for either of them. I don't see James making it too much longer. He's a good guy, but he has no real connection with Desiree.

This week's episode was certainly an eventful one! Here's my current top five with one slot still open: number one is Brooks, number two is Chris, number three is Zak W. and number four is Drew. What will happen next is a mystery, but I'm already excited to see if my predictions are proven correct when the gang heads to Germany next week.

Let me know your thoughts on what men you like so far and who you think will be Desiree's future husband!

Channing Tatum and Jenna Dewan-Tatum Introduce Baby Everly





By Petra Halbur

Two weeks after the birth of their daughter, Channing Tatum and Jenna Dewan-Tatum debuted their baby girl on Facebook. According to <u>People</u>, Tatum posted a photo of himself holding baby Everly beside his wife with the words, "First Father's Day with my girls." Dewan-Tatum described her daughter as "our lil angel" on her own Facebook account. The 32 year-old actress expressed gratitude to her supportive fans via Twitter on June 6. "Thank you, everyone, for all the loving messages! Chan, myself and Everly are happy as can be and appreciate them all."

What are some ways to introduce your newborn to family and friends?

Cupid's Advice:

You're overjoyed to be a new parent but you know that your family and friends are just bursting to get their first glimpse of your little bundle of joy. How best to debut your newborn to the world? Cupid has some ideas:

1. Use social media: Thanks to the internet, you can share photos of your baby with family and friends mere minutes after birth. Be cautious of going overboard, though. As beautiful as your newborn is, flooding your Facebook account with photos of your baby sleeping will get tedious.

2. Skype: Skype is a fantastic option for showing off your little one to relations who live far away. It offers an intimacy that posted photos cannot recreate.

3. Visit in the flesh: Unless there's an outbreak of cholera or bubonic plague in the area, there's no reason why you can't debut your baby in person. Go ahead and introduce your new son or daughter at the house of a friend or relative. This way, everyone gets the chance to hold the baby and say, "hello" in person.

How did you introduce your baby to the people in your life? Tell us below.

Kate Middleton Attends Final Official Engagement Before Baby





By Petra Halbur

On Saturday, Kate Middleton attended a parade held in honor of Queen Elizabeth's birthday. She rode in a open-topped carriage with her brother-in-law, Prince Harry, and waved to the crowd. She later joined most of the royal family on the balcony of Buckingham Palace. According to <u>People</u>, this is expected to be Middleton's final official engagement before the birth of her child.

How do you make the mother of your child comfortable leading up to birth?

Cupid's Advice:

Child birth is strenuous (to make a massive understatement), but so are the days and weeks leading up to birth. Cupid has some ideas to keep the mother of your child comfortable during this nerve-racking period:

1. Express enthusiasm: Talk about how excited you are to be a parent. Even if there has never been any question concerning your eagerness parenthood (and if there is, resolve this issue

ASAP), your partner will appreciate the reassurance at this tense 11th hour.

2. Tell stories: Chances are, your partner might be getting a little nervous about the prospect of giving birth. So, ask friends and relatives with healthy children to talk about their experiences with her. This will help ease her concerns.

3. Massage: After nine-months of pregnancy, your partner's body is bound to be fatigued and achy. Treat her to a nice massage that will soothe the pain and help her relax.

How did you keep your partner comfortable before giving birth? Tell us below:

Jason Segel Steps Out with New Girlfriend Bojana Novakovic





By Petra Halbur

Five months after his separation from Michelle Williams, Jason Segel has found a new love in actress, Bojana Novakovic. The two have been spotted eating lunch together in Los Angeles and shopping together arm-in-arm."They hang out often," a source told <u>People</u>. "They have fun together and Jason seems to be really happy."

How do you know when it's time to move on from a past relationship?

Cupid's Advice:

Although breakups are painful and often times take some time to get over, there's a point at which you need to move on and make yourself happy. Cupid has some advice:

1. No chance of reconciliation: At the end of the day, if you're not going to get back together, you need to move on. Clinging to the hope of reconciliation may be comforting, but it's not healthy.

2. Your partner has moved on: Your partner can serve as a good litmus to see how long the recovery process should last. If he or she has started seeing other people, it's probably time for you to as well.

3. You're not happy: Sometimes it really is that simple. If your attachment to your ex is making you unhappy, then it's time to let go and move on.

Had did you know that it was time to move on? Tell us below.

Jennie Garth and Peter Facinelli Finalize Divorce





By Petra Halbur

Jennie Garth and Peter Facinelli's marriage officially ended on Tuesday, June 11. Though the two actors filed for divorce in March 2012, their split has been amicable. Garth and Facinelli have agreed upon a 50-50 custody arrangement with their three daughters, Luca Bella, 15, Lola Ray, 10, and Fiona Eve, 6. Garth spoke to <u>People</u> about her initial resistance to the idea of divorce. "I didn't want it to happen," she said. "It took me some time to come to peace with it."

What are some ways to keep your divorce amicable?

Cupid's Advice:

Divorce is never fun, but there is a way to keep the separation amicable. Cupid has some ideas:

1. Don't assign blame: Holding your partner responsible for the failure of your marriage will only generate negative feelings between you two. Brooding about the past will accomplish nothing. Though it may be difficult, let go and move towards the future.

2. Hold your tongue: Just because you have something to say, doesn't mean you have to say it. You may feel angry and hurt but for the sake of those around you, particularly if you have children, exert some self-control and keep things civil.

3. Forgive each other: It won't be easy, but try your best to make peace with the end of your marriage and reach a point where you can forgive your spouse and yourself for whatever factors led to the separation.

Did you keep your divorce amicable? Tell us how below.

Jill Zarin Says, "Women Can Have It All, But Not All At The Same Time"





Βy

<u>Lori</u>

<u>Bizzoco</u> and Marisa Spano

America watched the zesty and talkative redhead on *The Real Housewives of New York City* for four seasons as she threw sophisticated parties and worked for her husband's fabric shop. While we may not be seeing her on a feisty Bravo reunion again, she's still making a name for herself. She took a quick break from her hectic schedule to share some advice with CupidsPulse.com on how she manages to juggle it all.

Zarin is definitely one woman who seems to have figured out how to balance her family, career and social life. So we asked her opinion on one of the hottest topics in the news today: Can women really have it all? The former reality star believes that women "can" have it all but goes on to admit that "you can't have it all at the same time." She knows firsthand that you need to prioritize. "Maintaining a marriage is the most important thing because the truth is that children grow up and leave home."

Related Link: <u>Celebrity Women Who Built Business Empires With Their</u> <u>Husbands</u>

As most viewers know, Zarin has a close bond with her college-aged

daughter from her first marriage, Ally Shapiro, and a loving relationship with her husband, Bobby, whom she married in 2001 after five years of dating. But the *Housewife* tells us that having a strong marriage wasn't always her priority. Over time, she's learned to be mindful of her husband's needs. "The priorities in my life are constantly moving around," she says. "I know when Bobby doesn't like being in the back row, so I move him quickly to the front row. He's the first one to get a ticket. If he wants to move his seat, he can move his seat anytime he wants."

When asked if there was other advice or tips she'd give women to help them have a successful marriage, she says that "being present" is very important. "Nowadays, relationships are so complicated by electronics. It's difficult to sit down for dinner because you're dying to see that text or e-mail that you've been waiting for."

Related Link: Is Your Perfect Man Criteria Keeping You Single?

Of course, when Zarin was growing up, technology was much different. Her house had only one screen: the television. Now, screens are everywhere – on computers, tablets and smart phones and in the living room, bedroom and even the car. It's no surprise that these "screens" affected her parenting skills. "I don't think that I was present a lot of the time for my daughter. I was home, but I wasn't present," she candidly admits. "My daughter would come home from school, and I'd be on the phone. My daughter would want a snack, and I'd be on the computer. I was always like, 'Just wait one minute, one minute, one minute.'"

She feels that technology has a big impact on dating and relationships too. "There are a lot of things that can make dating challenging, and our phones and computers are two of them," she shares. "People are uncomfortable with verbal communication nowadays." That's one strict rule that Zarin has taught her daughter: don't date through text.

Related Link: Five Reasons Why Men Text Instead of Call

Currently, Zarin is working on a relationship with herself and taking her own "spiritual journey." One of her commitments is to be present as much as possible. This means that wherever her feet are placed, she needs to be in that moment. "If I'm at home, I shut everything off. My feet are there, and that's where my mind needs to be too."

Still, the reality star doesn't plan on slowing down anytime soon. She'll be promoting her Skweez Couture shape wear line on QVC this month, and she's filming an *Open House* segment at her new home in the Hamptons. She also has a line of beautiful baubles called Jill Zarin Jewelry Collection.

Zarin is certainly focusing on the good stuff!

For more information about Jill Zarin, follow her on facebook.com/jillzarin, Twitter @Jillzarin, or check out her website, http://jillzarin.com/.

Olivier Martinez Confirms He and Halle Berry Are Expecting a Boy





By Petra Halbur

It's a soon-to-be boy! Olivier Martinez confirmed at the opening night of the Champs-Elysées Film Festival that he and Halle Berry are, indeed, expecting a baby boy. The 47-year old actor told <u>People</u> that, while he is French, his son will be a citizen of the United States. "I remain a Frenchman in America, but I adapt to American culture," he said. "I feel good there — but I'm still a foreigner … My son will be an American."

How do you compromise with your partner on how to raise a child?

Cupid's Advice:

Everyone has their own parenting style and this can create conflict if you and your partner have strong yet differing opinions on child rearing. Cupid is here to help:

1. Prioritize the big stuff: Face it, you and your partner won't agree on everything. So, discuss what values and methods are most important to each of you and reach a compromise.

2. Consult an expert: There are professionals who dedicate their lives to the study of child development. If you and your partner can't reach an agreement, then consult somebody who

knows what they're talking about.

3. Notice what works: Ultimately, parenting is all about what's best for the child. So, take note of which tactics your child responds to the best. You may have to concede that your partner was right about a few things, but it's ultimately about the welfare of the child.

How do you compromise with your partner on child rearing? Tell us below.

Reports Say Joshua Jackson and Diane Kruger Are Close to Getting Engaged





By April Littleton

Joshua Jackson and his girlfriend of seven years Diane Kruger might be saying their I Do's very soon. A source told <u>UsMagazine.com</u>, "Josh and Diane are very close to getting engaged. They decided they're ready for the next step. They're excited!" Although they insisted marriage wasn't in the cards for them, Jackson is set to propose to Kruger sometime this summer. Kruger was previously married to French actor and filmmaker Guillaume Canet from 2001 to 2006.

What are some ways to know it's time to get engaged?

Cupid's Advice:

Getting engaged is one of the biggest steps you can take in a relationship. Spending the rest of your life with someone is the ultimate expression of love and you want to be sure that you're making the right decision at the right time. Cupid has some advice:

1. You want the same things: If you and your partner see eye to eye on most of the crucial aspects of your lives, you might be ready for the final commitment. The two of you don't have to be on the same page on everything, but it's very important that you have similar wants and desires when it comes to the issues that will affect the future you two will eventually have together. For instance, if one of you isn't ready for children, it may not be a good idea to start talking about marriage either.

2. Your lives intertwine: It may be time to start thinking about getting engaged if you've already starting building a life with your significant other. Do the two of you do everything together? Have the same group of friends? If you already have a daily routine going, then you might as well continue to do it with a set of wedding bands on your finger.

3. You're in love: You've been with your love for awhile now and you can't imagine being with anyone else. You're the

happiest you've ever been in a relationship, and you feel like you can be completely open and honest with your partner. There isn't a single secret you haven't shared with them and when you think about the future, you think of them. This is the sign you've been looking for. You're ready to pop the question and start living the rest of your lives together.

How did you know it was time to get engaged? Share your experience below.

Salma Hayek Says Her Husband Loves When She Wears Leather





By April Littleton

<u>People</u> reports Salma Hayek recently opened up to <u>InStyle</u> magazine about working hard to look good for her spouse, François-Henri Pinault. She told the magazine, "I'm not really a fashionista. I have an eye. I can pull it together, but a lot of the effort I make is for my husband, because I want him to be attracted to me." The 47-year-old actress also described one of her husband's favorite looks to see on her. She said, "I actually wear a lot of leather on the red carpet. My husband loves when I wear it."

How do you make your partner happy with your style?

Cupid's Advice:

Every woman wants to look good for her man. It wouldn't make anyone feel good to know that their significant other doesn't appreciate their choice of clothing. Are you secretly dying to get that stamp of approval from your beau? Cupid has some advice:

1. Rock it: Truth be told, it really doesn't matter what you have on as long as you're wearing it with confidence. Your significant other is going to notice if you're feeling uncomfortable with how you look, so don't wear something just because you think they'll like it. Wear what makes you happy. Do you like what you see when you look in the mirror? If you do, make sure that positive attitude projects outward to others. Be proud of your fashion sense and rock whatever you have on with fierceness.

2. Wear clothes that fit: Wearing a dress that is two sizes too small isn't exactly flattering to your figure, and your partner won't like the attention you draw to yourself either. If you're on the heavier side, don't hide your curves by wearing loose fitting clothing — wearing black will make you look slimmer.

3. Show off your assets: Buy clothes that accentuate your best features, not distort them. If your beau loves your shoulders, wear a sleeveless shirt. Does he love your long legs? Try a fitted skirt. Show a little cleavage by wearing a V-neck, but

make sure to keep it classy.

How do you make your partner happy with your style? Comment below.

Rumor: Is Jennifer Aniston's Wedding On Hold?





By April Littleton

Rumor has it that Jennifer Aniston has put a halt to her wedding plans — at least for now. Justin Theroux and the former *Friends* actress have decided to slow down on their plans to walk down the aisle to focus on their separate careers. Both actors have signed up for upcoming movie projects. A source who knows the couple professionally told <u>People</u>, "There are other priorities (besides marriage)."Another insider said, "They need to figure out a way to create a life that makes them both happy. Still, Jen can't wait to be (Justin's) wife."

What are some reasons to delay your wedding?

Cupid's Advice:

Postponing a wedding is never an easy decision, but it might just be the best thing for you and your partner to do. Unforeseen events can happen that will make continuing on with wedding plans almost impossible, but this shouldn't be a discouragement from the idea of marriage altogether. Cupid has some advice:

1. The stress: Sometimes the stress of planning a wedding can be overwhelming for a bride, especially if you're doing it without much help. When this happens, it's OK to take a break and get the focus back on the actual relationship, or maybe call in some reinforcements to help with the planning. Just because the wedding is postponed doesn't mean you won't get the chance to marry your significant other. It just means the wedding won't happen when you originally planned it.

2. Careers: In some situations, weddings will need to be put on hold because of the careers of the bride, the groom or both. You or your partner might get that promotion you've always dreamed of and may need to relocate to a new city. If this happens, you and your partner will need to decide on a new place of residence. Until you get all of that settled, you won't have much time to think about marriage.

3. Unexpected death: One of the most common reasons many couples delay their wedding is because of a sudden death of a family member or friend. It wouldn't feel right to hold a wedding when so many people around you are in mourning. If you have to deal with an unfortunate situation like this, it would be wise to push back the wedding until after the grieving period has passed. Did you have to delay your wedding or know some other reasons why it should be delayed? Comment below.

Jane Lynch and Wife Lara Embry Are Divorcing





By Marisa Spano

It's always upsetting to hear when our favorite couples break it off. *Glee* star, Jane Lynch and Dr. Lara Embry have decided to end their marriage. The actress confirmed the news to <u>UsMagazine.com</u>, saying, "This has been a difficult decision for us as we care very deeply about one another."

How do you know when it's time to call it quits in a relationship?

Cupid's Advice:

Relationships are never easy, but there are some that are simply not meant to be. Learning when relationships need to end are difficult, Cupid has some answers:

1. Do you want to keep fighting?: You need to decide whether you want to keep fighting for the relationship. your true desires will eventually come out. If any part of you still has hope that hanging in there and fighting might salvage a longterm future, answer to yourself what goals would you set for turning things around?

2. Ask family: Those who love you the most want the best for you. They usually already know if the relationship is good for you or not. Trust their judgment.

3. Make a list: list their pros and cons. Make sure you are honest and serious about their good and bad points. If you fear for your own safety, the best thing to do is get out now.

When would you end a relationship? Let us know below!

Rumor: Are Co-Stars Ellen Page and Alexander Skarsgard Dating?





By Marisa Spano

Some pictures are deceiving. In this case, a sweet photograph of Ellen Page and her *The East* costar Alexander Skarsgard surfaced via Twitter. In response, a source told <u>People</u> that the costars are just friends. Plus, it isn't exactly clear when this picture may have been taken.

What are some ways to keep rumors about your relationship at bay?

Cupid's Advice:

When you first start a relationship, you don't really know what the outcome of it might be and you certainly don't want rumors to ruin it. To keep this from happening, Cupid has some advice:

1.Keep it offline: Keep your relationship off social media. Take it from Ellen and Alex; one little photo of the two started a huge commotion. Don't make yourself look guilty.

2.Lock it: Put a password in your cell phone and computer. This way you do not have to change your new partner's name or allow others to see their messages.

3.Act the same: When in the public eye be sure to act like you would as if you didn't have a new love interest, you would be

surprised just how quickly people pick up on things.

How would you hide a new relationship? Let us know below!

Dierks Bentley and Wife Announce They're Expecting a Son





By Marisa Spano

Talk about creative ways to announce the gender of your baby. While the singer was on the road for his current tour, Bentley asked his fans in a video message to make their best guess of the sex and name of his third child with wife Cassidy, due in fall. The crowd cheered loudly for a boy and Bentley slipped the answer says <u>People.</u> "We're having a boy! Just don't tell anybody, alright?" What are some ways to announce the gender of your baby?

Cupid's Advice:

Announcing the gender of your unborn child is one of the most anticipated parts of your pregnancy for family and friends. Cupid has some advice on how to tell them:

1. Use a cake: A very delicious ways to surprise everyone with the news is a gender-themed cake. Have your bakery bake a pink or blue cake hidden with frosting. This allows you to reveal the baby's gender once you slice it.

2. Guessing party: Invite your friends and family to a guessing party. When your guests arrive have them pin either mustaches or bows on themselves.

3. Balloons: Fill a box with either pink or blue balloonsdepending on the gender -and tie the box with a gender-neutral bow. When family and/or friends open the box they will find a bunch of balloons revealing the baby's gender.

How would you reveal your baby's gender? Let us know below.

Beyonce Puts Pregnancy Rumors to Rest by Baring Midriff





By Kerri Sheehan

Singer Beyonce Knowles stepped out in New York City this Saturday to attended Kanye West's birthday party. She squelched rumors of another pregnancy by sporting a midriff baring black and white striped number, reported <u>UsMagazine.com</u>.

What are some ways to avoid pressure to have kids?

Cupid's Advice:

Don't let peer pressure force you into having kids. Cupid has some advice about how to stay above it all:

1. You do you: It's your life so no one has the right to decide when or how many children you want to have. The decision is one hundred and ten percent your own and your partner's, don't let other attempt to sway you.

2. Know what you want: People will be able to change your mind easily if you're not fully sure what you want. Think about the logistics of it all and about how many kids you can really see yourself raising that way if someone tries to convince you otherwise you know your talking points.

3. Follow your instincts: In the end you know what's best for you. If you get a bad feeling when you think about having more

kids, then it probably isn't for you. Kids really effect a relationship, so it's understandable to not want too many. Follow your gut, as it knows what you really want.

Have you ever been pressured into having kids? Share below.

Kendall Jenner Opens Up About Parents' Divorce Rumors





By Kerri Sheehan

According to <u>UsMagazine.com</u>, the Kardashian-Jenner clan will not be going through a divorce any time soon. Kendall Jenner, the 17-year-old daughter of Kris and Bruce Jenner, dismissed claims that her parents are heading to splitsville. "It's just stupid; that's not true," said Kendall when asked about reports that said otherwise. How do you keep gossip from affecting your relationship?

Cupid's Advice:

Rumors have a tendency to tear even the strongest lovers apart. Cupid has some advice about how to keep gossip from affecting your relationship:

1. Find the source: Going to the source of the problem will often help you resolve the issue at hand. Figure out why the rumor developed in the first place as this will help you decipher if it means more than you think. Relationships can be made or broken with theses lies.

2. Be confident: The rumor at hand is about your life, so you're the only one who knows the whole truth. If you and your lover remain confident about the situation and don't act defeated then those around you are more likely to believe the lies being spread.

3. Stick by those who support you: Whoever started the gossip is probably looking to get a rise out of you or else tear you down. Don't let them! Stay close to your support system and people who you know you can trust. Don't let gossip get between you and your partner.

How do you deal with gossip? Share below.

'Top Chef' Host Curtis Stone and Lindsay Price Tie the

Knot





By Kerri Sheehan

The host of Top Chef Masters, Curtis Stone and actress Lindsay Price walked down the aisle this Saturday in Spain, according to <u>People</u>. Stone and Price had one son together back in 2011 before getting engaged in 2012. When asked about his honey Stone said, "She is a real sweetheart and I am lucky to have found her.

How do you know when you're ready to tie the knot?

Cupid's Advice:

Transitioning from relationship to marriage is a lot harder than it sounds. Cupid has some advice about how to know when to make the move:

1. Trust: For a relationship to be able to make the leap to marriage the couple must trust each other above all else. If you don't have a shared trust then the foundation of your

union is a weak one.

2. Life Goals: One thing that often causes divorce is when the two parties simply want different things out of life. If one of you wants kids and the other doesn't then you could be in for the fight of the century.

3. Communication: This component of marriage is vital. To make a marriage work you must be able to talk freely about any issues that arise.

Do you think you're ready to tie the knot? Share below.

Bachelorette 9, Episode 3: Dangerous Dodgeball Date





By Jared Sais

They called it right in the trailers when they said "drama" was about to go down on last night's episode of '<u>The</u> <u>Bachelorette</u>'! There were dangerous games of dodgeball and one mad ex-girlfriend who came out of the woodwork.

Desiree has quite a cast of men vying for her attention. All of these guys were flexing and puffing their chests out, showing nonverbal portrayals of dominance. Guys usually do this when they see a girl they like; men will take up more space to show how big and strong they are to impress the girl in question. It's right out of the rules of animal kingdom, and not much different than gorillas beating their chests.

Related Link: Bachelorette 9, Episode 1: The Animal Kingdom

Brooks

When Brooks injured himself while playing dodgeball he held Des's hand and she did a comforting rub both on his hand and back. The tone and pitch of her voice changed and you could tell that she really cared. She also toasted Brooks while all the other guys were surrounding her. He remained on her mind and at the end of the night, the kiss between them was full of romance and passion.

Body Language of Chris and Des

There was a lot of leaning in happening with Chris and Des and the two weren't shy about caressing each other. This is one of the easiest ways to identify if someone likes you or not. They also rested their heads on one other which is a big tell of how comfortable they feel together. I am very comfortable with moving Chris into my top 5. Although I am not sure I would put him over Brooks. As of right now, I am still predicting a Brooks win and Chris in 2nd place.

Brian's Ex-Girlfriend

During the whole Brian's ex-girlfriend fiasco I started asking myself if Des was truly upset? I have to say it was a bit staged and I am sure she got the news before going on camera. Des had responses that appeared forced and she did more acting than naturally caring about what was happening. Des also had pinched lips which is a tell-tale sign that she was angry about the situation, but I don't think she was all that into Brian anyway. She acted angry but my guess is that she was probably feeling more awkward.

Tears were not real from Brian's ex-girlfriend and though she was screaming a lot I didn't see much anger. I think Brian was quilty of something but not everything. Did Brian sleep with his ex before he left for the show? Yes, but they truly could have been broken up before the show started. You could actually see Brian's ex-girlfriend smile as she got back in the limo. I think she was purposely trying to get Brian kicked off the show. I also want to point out her facial expressions didn't even show 50% sadness nor anger. When trying to portray sadness the inner corners of her eyebrows barely rose up and though her voice seemed sad there were no tears or dimples in her chin. As for anger, she was good at screaming but other than that she only had a hint of glaring eyes, which are a telltale for anger. There were a lot of facial expressions that were lacking, maybe she had Botox before coming on the show. The full story was not told and I know Brian was telling the truth about his feelings not being there for his exgirlfriend.

Casey

I think Casey and Des are better friends than lovers. I didn't really see crazy romance. Not to mention that although they shared a crazy experience together, their date never really did heat up due to the Hurricane that was taking form when they were on top of the roof.

Related Link: <u>Bachelorette 9, Episode 2: Quote Me Now</u>

The one-on-one with Juan

Who Juan? Juan Pablo won. Well he won the contest but I didn't see any nonverbal cues that told me they were so romantically crazy about each other. Their date was cute but not steamy. Des never dropped her hand full of popcorn as they kissed. Either their kiss was not the kiss of a soulmate or that popcorn was unbelievably amazing.

On to Bryden

Des stated that he is "reserved" and "doesn't make the first move." Bryden reserved? Doesn't make the first move? Hmmmm hmmmmm please tell me more about how he's in this to win Des's heart. This guy is definitely seeing someone at home or is not feeling Des. When he stated, "When we kiss it's awesome," he closes his eyes and actually shakes his head no. This tells me it's not as awesome as he wants to portray. He also does a shoulder shrug which is usually a nonverbal tell of a lie.

Ben and his evolving game

Ben took the words right from my post that I wrote last week. I stated he would have to stop playing the single dad card and play a different game to show he's a bachelor and fun, just as he did this week. I guess I know just as much about the game of dating, as I know about reading people's body language, micro expressions, and lie deception.

So lets recap the big news of this week. Chris will definitely be in the top 5, I have him going number two overall, maybe number three if Drew picks up his game. So far three guys made it into my top 5: Brooks, Chris, and Drew. With two spots left we will see within the next week or two who fills the full list of top 5 bachelors.

Let me know your thoughts on what men you like so far and who you think will be Desiree's future husband.

Katy Perry and John Mayer Hang with Friends





By Petra Halbur

Katy Perry and John Mayer were spotted with friends at a nightclub on June 7. According to <u>People</u>, the two singers spent their Friday night together at West Hollywood's Chateau Marmont along with around 15 other friends. It seems that Perry and Mayer are still on platonic terms, as the two sat apart all night. "I'm on the same journey as everyone else," Mayer told Ellen Degeneres when he appeared on her show in March. "Coupling is a tricky thing."

How do you know whether to get back together with an ex?

Cupid's Advice:

"To date or not to date." That is, indeed, the question that many people ask themselves about their exes, especially if they are on friendly terms with them. But how do you know if it's the right choice? Cupid is here to help:

1. Are you better as a couple: Just because you and your ex are best friends does not mean that romance is the next logical step. Platonic compatibility and romantic compatibility are not the same thing. Before you make a move on your ex, think carefully about how you two would get along as lovers, again.

2. Are problems resolved: Think back to what caused the break up in the first place. Are those issues resolved? If not, then there is no reason to give this relationship another shot.

3. Do you have the right motives: Do you want to get back together just to be in a relationship, again? Remind yourself that it's better to be single than to be miserable.

How did you know whether or not to get back together with your ex? Tell us below.

Kim Kardashian Calls Kanye West the "Love of My Life"





By Petra Halbur

Last Saturday, Kim Kardashian declared her love for Kanye West to the world via Instagram. On June 8, West's birthday, the *Keeping Up With The Karashians* star posted a collage of photos of her and her beau on Instragram. She wrote, "Happy Birthday to my best friend, the love of my life, my soul!!!!" According to <u>UsMagazine.com</u>, the couple have been together since April 2012 and are expecting a baby girl in July.

What are some ways to say "I love you"?

Cupid's Advice:

"I. Love. You." Over time, those three little words can lose their significance through overuse. That's not to say, though, that you can't still find new and meaningful ways to let your partner know how much you care. Cupid has some ideas:

1. Bite the bullet: Take some chores off of your partner's hands. Volunteer to do the dishes after dinner or to walk the dog. It may not be romantic, but it's often the the mundane things in life that stand out the most.

2. Spontaneous date night: A bottle of wine and some lit some candles can transform an otherwise ordinary dinner into a romantic evening.

3. Say the words ... and mean them: "I love you" doesn't have to be a hollow line delivery. Saying them while looking deep into your partner's eyes and holding hands can make all the difference.

How do you let your lover know that you care? Tell us below.

Kristin Cavallari and Jay Cutler Tie the Knot in Nashville





By Petra Halbur

Kristin Cavallari and Jay Cutler were married over the weekend in Nashville, Tenn. The *Hills* star and Chicago Bears quarterback quietly tied the knot at the Davidson Country Clerk's office in Nashville on Friday and celebrated with a ceremony the following day on June 8. The ceremony took place at Woodmont Christian Church, which was listed #1 on Martha Stewart's "Wedding Ceremony Locations in the South." Despite the impressive location, however, it was an intimate affair. "It's going to be about 150 people, so not huge," Cavallari told <u>UsMagazine.com</u> back in May. "I was never the girl who dreamt about my wedding or any of that stuff, but the wedding how we're planning is exactly what I wanted. I think it's going to be perfect for what we're doing."

How do you decide who to invite to your wedding?

Cupid's Advice:

The guest list is, perhaps, the most stressful part of planning a wedding. Cupid is here to help:

1. Choose the wedding size: Before anything else, you and your partner need to decide how large you want your wedding to be. Once you've picked a guest count, then you can start prioritizing potential invitees.

2.Consider obligations: It may be tempting to exclude everyone you don't like from the guest list, but consider your familial and relational obligations to the people in your life. In some respects, a wedding is for the friends and family as much as it is for the bride and groom.

3. Don't do it for the gifts: Unless you're planning a wedding for thousands, don't invite that wealthy friend-of-a-friend-of-a-friend. It's shallow and transparently materialistic.

How did you pick your guest list for your wedding? Tell us below.