Channing Tatum and Wife Jenna Spotted at LAX Airport with New Daughter





By Kerri Sheehan

White House Down actor, Channing Tatum is falling into fatherhood quite splendidly. He was spotted cradling his newborn baby girl, Everly, at LAX this weekend with wife Jenna Dewan-Tatum. According to <u>UsMagazine.com</u>, the first time father has described fatherhood as terrifying. "Nothing is more important or scary than protecting a daughter," said Tatum.

How do you know if your beau is daddy material?

Cupid's Advice:

Being a dad is a big step that some men may not be ready for yet. Cupid has some ways for you to know if your beau is up for the task:

- 1. He wants to be a dad: If he claims he's ready to take on Dad-hood without any prompting then he most likely is. Forcing your guy into saying that he's ready doesn't count!
- 2. Nurturing: When you're sick does your man bring you soup, give you a massage, and help you take care of the things that you can't manage? If the answer is yes then he is probably up for the task of fatherhood.
- 3. Thinks of the future: Everyone knows babies are expensive. If your guy makes an effort to save up for a house or a baby-safe car then he's looking towards the future and may see a baby on the horizon.

How did you know your beau was daddy material? Share below.

John Mayer Dedicates Love Song to Katy Perry





By Kerri Sheehan

John Mayer and Katy Perry haven't called it quits just yet! The two have recently rekindled their romance and Mayer made the audience melt when he dedicated a song to Perry on the opening night of his tour. The song, "A Face to Call Home," is a serene love song from his *Born and Raised* album. According to <u>People</u>, Mayer said the song was for, "Katy, who is my face to call home."

What are some ways to use music to show your love?

Cupid's Advice:

Everyone identifies with music in some way. Use it to show your love. Here's some advice:

- 1. Dedication: If you and your partner have a night out then make a song request and have it dedicated to your significant other. Music can often say the things that we can't put into words.
- 2. Radio: You can also call in to a radio station and have

them play a request for your lover. This idea is good for if the two of you aren't in the same place. This will show your partner that you're thinking of them even if they're far away.

3. Write: Whether you're a good singer or a bad singer your significant other will still appreciate the effort and thought put into the song. You can even make it short and sweet if you have trouble finding the words.

How do you show your love? Share below.

'Shameless' Co-Stars Emmy Rossum and Tyler Jacob Moore Break Up





By Kristyn Schwiep

After two years, Emmy Rossum and Tyler Jacob Moore have broken up. The cause of the break-up is unclear, but she told friends about the breakup over July 4th weekend, according to the <u>New York Post</u>. Rossum does not seem to be dwelling on the separation. On Friday, July 5, she tweeted, "Hope you all had a happy and safe 4th. Back to work starting tonight on a new film called Curfew in my home state New York."

What are some ways to move on after a breakup?

Cupid's Advice:

Moving on can be hard and painful. If you've just broken up with someone (or gotten broken up with), what are some ways to move on? Cupid has some advice:

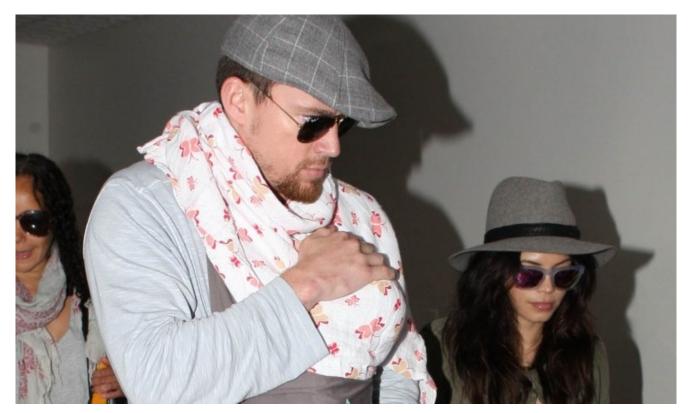
1. Accepting it: Before you can truly move on, you need to accept the fact that you are no longer with this person. Though it may take a while for reality sink in — let it. The sooner you can accept that this part of your life is over, the faster you will be able to allow yourself to move on.

- 2. Focus on you: After being tied down now is the time to focus on you. Do something fun or adventurous, go out with your friends, pamper yourself, just keep yourself busy. Focusing on yourself can boost your self-esteem at a time like this, so get out there and do something for yourself!
- 3. It's time to go out: Once you've accepted the end and spent some time focusing on you, now it's time to get out there. Grab a group of friends and go out for the night. It's time to start socializing and meeting new people. This doesn't mean you should try and pick up the first person you see at a bar, but going out and meeting new people is a great way to land your next relationship.

What are some tips you have for moving on after a breakup? Share your thoughts below.

Bachelorette 9, Episode 7: Confession in Madeira





By <u>Jared Sais</u>

As the ninth season edges closer to its finale, Desiree opens up about her true feelings. Read on to find out who I think will ultimately win her heart...

Related Link: Bachelorette 9, Episode 6: Drama in Barcelona

One-on-One Date with Brooks

Desiree and Brooks certainly have a lot to talk about! They tend to get so engrossed in conversation with each other that they block out the rest of the world — a significant sign of compatibility. Their non-verbal communication is equally telling. Their body language mirrored each other as they chatted, something found in couples who are truly in love. Furthermore, when Desiree discussed her feelings for Brooks, she nodded to confirm what she was saying. If she had been lying, she would have shaken her head "no" when she said that she was "at the finish line."

They are a perfect couple, and it's clear that Brooks is going to be the winner. The best indication of that is the contrast between her interaction with Brooks and her interaction with the others guys. When she's with Brooks, her smiles last longer, and her eyes widen more. Plus, she goes in for kisses more frequently.

One-on-One Date with Chris

It looks like Chris is going to be the runner-up. The bachelorette definitely cares about the Oregon native. She was truly touched by his poetry and is attracted to his blatant masculinity. They have some chemistry, but there's still something missing. Desiree doesn't latch onto Chris the way she does to Brooks. She kisses Chris the way one would kiss a best friend rather than a lover. It's no secret that Chris is more interested in the brunette than she is in him. If Brooks weren't on the show, though, I think Chris would be the winner.

On a scale of one to ten (one being friendship, ten being love), Brooks comes in at nine, and Chris ranks at seven. Brooks is in the lead, but the score is extremely close. Things could change drastically when Des meets their families next week.

Two-on-One Date with Drew and Zak

I thought from the beginning of this date that whoever wins the go-kart race will get a rose — either on the date or at the rose ceremony. Desiree isn't likely to decide who stays and who goes based on looks but by personal connection. Drew lacks confidence and kept looking downward during their time together. There is something about him that I find very offputting. Based on the beauty's unenthusiastic reaction, I doubt that either of them will come close to beating the front runners.

Related Link: Bachelorette 9, Episode 5: Finding Love in Germany

Ranking

My order remains: Brooks, Chris, Zak and Drew. These last two could easily be switched, but I listed Drew last because I feel that his intangible "off" quality will impact Desiree's decision.

What do you think about our expert's predictions? Share your thoughts in the comments below!

Elisha Cuthbert Marries Hockey Star Dion Phaneuf





By Kristyn Schwiep

Canadian actress, Elisha Cuthbert and Toronto Maple Leafs captain Dion Phaneuf, tied the knot on Saturday at Prince Edward Island. According to <u>People</u>, more than 300 guests were expected to flock to the reception. "It's a big wedding. Probably the biggest I've ever done in my 46 years, as far as the celebrity part of it goes," said Rev. Paul Egan, who led the service.

How do you know what size wedding is right for you?

Cupid's Advice:

Planning a wedding can cause stress to any future couple. Where should our wedding be? Where should we hold our reception? And how many people should we invite? Deciding how many guests to invite can be a daunting decision for any soon-to-be newlywed. Cupid has some advice so you know exactly what size wedding is right for you:

- 1. How much money are you willing to spend: The truth of the matter is that people cost money. So ask yourself how many people you can afford to invite. Expenses add up quickly when considering the price of food, chairs, silverware, etc. If you start with your ideal budget you will quickly learn how many people you can afford to invite.
- 2. Location: Another question to ask yourself is: Where do you want the wedding/reception to be held? If your dream location only holds up to 175 guests and you have a list of 300, you and your fiancé need to discuss the factors about who gets removed off your guest list. Don't feel terrible about deleting names from the list, not everyone on your list needs to be invited to your special day. Remember to think clearly and rationally to create the best guest list for your special day.
- 3. Whose relevant now: Though having a big wedding with lots of guests sounds ideal it does get pricey and overwhelming. So

stop and think about who is relevant in your life right now and who will still be relevant in 10 years from now. If you don't talk to your best friend from high school anymore don't feel obligated to invite them even if they invited you to theirs.

What size wedding was right for you? Share your thoughts below.

Nigella Lawson's Husband Is Divorcing Her





By Kristyn Schwiep

Charles Saatchi is seeking divorce from Nigella Lawson. According to <u>People</u>, Lawson failed to publicly defend him during the fallout over their disturbing public fight. Saatchi was seen grabbing the celebrity chef's throat at a London restaurant on June 9. "I feel that I have clearly been a disappointment to Nigella during the last year or so, and I am disappointed that she was advised to make no public comment to explain that I abhor violence of any kind against women," said Saatchi.

How do you know when to stand by your partner in a scandal?

Cupid's Advice:

Standing by your partner is an essential part of any relationship, but there are certain times when there are no excuses for your partner's actions. So, how do you know when to stand by your partner in a scandal? Cupid has some advice:

- 1. Twisted perception: Only you know how your partner acts on a day-to-day basis, which means only you know how to react to your partners behavior. Out lookers can twist a situation way out of proportion, so if you know your partner was being harmless or meant it all in good food it is your decision to stand by your partner even when others are ridiculing your relationship.
- 2 . Protecting your family: Sometimes standing by your partner in a scandal is a good way of damage control. Many times you decide to stand by your partner to protect your family. Showing support to your partner will show your family how much you truly care about one another and that the accusations can't amount to the love you share.
- 3. You don't want to lose hope: Don't lose hope in a relationship over one minor fallback. Relationships come with a lot of stress, sometimes leading others to act out of character. If your relationship is something you believe in

make sure you stand by your partner in times of needs. You will then have the opportunity to discuss the situation in private at a later time.

How do you know if you should stand by your partner in a scandal? Share your thoughts below.

Busy Philipps Welcomes Second Daughter





By Petra Halbur

Busy Philipps and her husband, Marc Silver, welcomed a baby girl to their family last Tuesday. The happy couple has not

chosen a name for their little girl yet, but a rep assured <code>People</code>, "Everyone is healthy and happy." The baby girl is Philipps and Silver's second child. When Philipps spoke to <code>Huffington Post</code> in April, she mentioned that her 4-year old daughter, Birdie Leigh, was looking forward to being a big sister. "My daughter is super excited," the <code>Cougar Town</code> star said. "She's actually incredibly helpful and … she's really understanding things, when I say like, 'Mom can't carry you right now because the baby in her tummy is pressing down on her bladder!' She understands what that means and she's cool with it."

How do you know when you're ready to expand your family?

Cupid's Advice:

Just because you know you eventually want a large family with several children doesn't mean that you're ready for that right now. The decision to add another child to your brood requires a great deal of thought and consideration. How do you know when you're ready for another baby? Cupid is here to help:

- 1. You can afford it: No one likes to boil family matters down to money. However, the fact remains that you cannot live on love. If you are not financially stable enough to support a family that is larger than the one you have now, then you are not ready to have another baby.
- 2. You BOTH want it: By the time you're in the delivery room, it's too late to confess that, actually, you're not sure you want more kids. You and your partner have to be very honest with each other about the kind of family you both want. You are not doing anyone any favors by bringing a child into the world that you do not want.
- 3. Your kids are ready to be siblings: Are the children you have now have emotionally mature enough to play second-fiddle to a newborn? Don't assume they are just because they're old

enough to dress themselves. Every child is different. Talk to your children and see how they feel before you make decision that will dramatically effect their lives

How did you know that you were (or weren't) ready to have another child? Tell us below.

Niecy Nash Says That "You'll Manifest What You Believe" When It Comes to Love





By Kerri Sheehan

Finding true love is never an easy feat, but Niecy Nash knows how to make it happen. The host of "Let's Talk About Love" on Yahoo! believes that humans are programmed to be in a relationship, yet the way women think nowadays limits their opportunities to find happiness. "You'll manifest what you believe. If you believe that all men are dogs and that you're the bottom of the barrel and have to take what you can get, then that's what's going to be handed to you."

Related Link: Niecy Nash Explains Why 'It's Hard to Fight Naked'

It's no secret that falling in love herself has been a recent highlight in her life. As the newly-minted author explains, "The fact that I'm in love with love makes me available to try. It makes me available to want to be better." To encourage other women to adopt a similar attitude, she filmed her 2011 wedding to husband Jay Tucker for a TLC special called *Niecy Nash's Wedding Bash*. For her, the decision to do so was easy: "I knew so many women who were my age and single after having been married, and they said, 'I'm just going to focus on the kids. I'm not going to worry about love anymore.' I wanted to show them that you can get a do-over. And it can be better the second time around!"

It's difficult for some people to adopt such a positive attitude, but for Nash, it's just part of her personality. "Being a no-nonsense, straight-to-the-point type of person is who I am. It's who I am as a parent, who I am as a lover, who I am as a friend." And when she does get down, she usually bounces back quickly. "I'm very happy that I have a resilient theory and a resilient when it comes to love."

The funny lady ensures that her marriage is a happy one by "celebrating everything and celebrating often" with Tucker. "Aside from birthdays and Christmas, we celebrate when we had our first date or even the first time we went to a certain

restaurant." She adds that finding time to laugh every single day helps keep their spark alive and their love fresh.

Related Link: How Can Jennifer Aniston Make Her Love Last?

Another way that she keeps her commitment strong is by surrounding herself with people who share her values and lifestyle. "When you're married, you have to have a support system. You can't just be married and still hang out with all of your single friends — that's going to be problematic. You have to have people around you who are committed to the same things as you." For the actress, that means spending time with best friend and co-host of *The View* Sherri Shepherd and husband Lamar Sally. In fact, the gang had just gotten together for a double-date when we spoke to Nash.



Of course, Nash's life isn't all about love — she's got a hot career to focus on too! TV Land's *The Soul Man* got picked up for a second season, and she's reprising her role as Lolli Ballantine, the wife of Cedric the Entertainer. She's also starring in a new show called *Getting On*, which premieres on HBO in July.

There's no doubt that there will always be a lot of love and laughs in this newlywed's life.

You can purchase Nash's new book It's Hard to Fight Naked on Amazon. To keep up with the actress, follow her on Twitter @NiecyNash and Instagram www.instagram.com/NiecyNash1/. Be sure to check

Kerry Washington Weds Nnamdi Asomugha





By Petra Halbur

Kerry Washington and Nnamdi Asomugha tied the knot in a very private ceremony on June 24 in Hailey, Idaho. According to <u>People</u>, the witnesses at the wedding were listed as Washington's parents. Though the couple began dating last summer, they have worked to keep their relationship out of the public eye. After her split with her fiancee, David Moscow, in

2007, Washington told *People* that she, "was always that girl who was in long-term relationships ... I am totally the girl who gets introduced to someone through a mutual friend and a dinner party, falls in love and then is with them for like two years."

What are some ways to keep your wedding plans under wraps?

Cupid's Advice:

Nothing exacerbates the stress of planning a wedding quite like the constant prying and "helpful advice" from well-meaning friends and family. Sometimes it's best to keep your wedding plans under wraps. Cupid has some ideas for how to do that:

- 1. Keep it simple: Plan a low-key ceremony that does not require a lot of preparation (by wedding standards). This will not only make it easier for you to keep your wedding plans hidden, it will also minimize the stress of planning a wedding in which so few people are available to help you.
- 2. Be vocal about what you want: It's not rude to let people know when you announce the engagement that you would like to keep your wedding plans under wraps. This is your wedding and you are entitled to plan it however you wish.
- **3. Get a support team:** If you are going to limit the number of people involved in your wedding preparations, then organization is of the utmost importance. Assemble a support team of close friends or wedding professionals (preferably both!) to help you pull this wedding off.

How did you manage to keep your wedding plans under wraps? Tell us below.

Russell Crowe, Danielle Spencer Reunite For Dinner With Kids





By April Littleton

The Australian couple who are rumored to have split last fall spent the evening with their sons and friends at the Polo Lounge in Beverly Hills Thursday, June 27. "Russell and Danielle were sitting next to each other and seemed to get along well — but were never affectionate," an eyewitness told UsMagazine.com. Later in the evening, after the children left the table, the pair continued to hold a discussion with

another couple with Crowe "smoking a cigarette and talking very animately, [seemingly] about politics."

How can you stay friends with an ex?

Cupid's Advice:

You've parted ways with your significant other, but the two of you still hope to become friends one day. Sometimes, two people just aren't right for each other romantically, but they make the best of friends. If the breakup was amicable and you still find yourself being able to freely talk to your ex about anything, you might be able to turn your old relationship until a new friendship. Cupid has some advice:

- 1. Be kind to each other: If you really want this new friendship to work, you have to be there for each other. Listen to each other's problems and try to lend a helping hand. Good friends support each other's needs. When communicating with your ex, don't bring up the past or anything that could cause tension. After all, the two of you are friends now, not lovers. So, keep the relationship strictly platonic.
- 2. Don't talk about new lovers: The last thing you want to do is bring up a new romance, especially if the breakup with your ex is still mildly fresh. If you have someone new in your life, don't talk about it. Bringing up your love life can cause confusion and feelings of jealousy, which can ruin the friendship you and you ex are attempting to have. After awhile, talking about new love with your former boo may be the right thing to do, but put it off until you're sure he or she will be able to handle it.
- 3. Time and space: Before you can embark on a friendship, take some time apart first. Staying connected with your ex will be impossible if you still have feelings for each other. You need to move on from the breakup. Plan some fun events with old

friends, and do some activities on your own before you start hanging out with your old flame again.

Are you friends with your ex? How did you make the transition from being a couple to being friends? Share your experience below.

Eliza Coupe Served With Divorce Papers by Husband Randall Whittinghill





By April Littleton

Two months after the cancellation of *Happy Endings*, the actress of the acclaimed ABC sitcom, Eliza Coupe, has been served with divorce papers by her husband Randall Whittinghill. According to *UsMagazine.com*, Whittinghill, a puppeteer and acting coach, cited irreconcilable differences and asked for spousal support. The couple has been together for more than 12 years. The actress has yet to comment on their split.

How do you tell your partner you want a divorce?

Cupid's Advice:

Divorce is never an easy subject to bring up, especially to your significant other. Regardless of how much love a couple has for each other, some marriages just don't work out. Whether your partner is aware of the tough decision you have made or not, it's up to you to be upfront and honest. If you think it's time to start thinking seriously about divorce, Cupid is here to help:

- 1. The location: Where you tell your spouse about your decision to divorce is crucial. If you have kids together, send them to a friend's house or have a family member take care of them for awhile. To avoid any potential outbursts, pick a private location. Telling news like this in a public place might make your partner feel embarrassed and can lead up to an irrational response.
- 2. Don't play the blame game: When you explain your decision to your significant other, try to avoid statements where it seems as though you're blaming him or her. Your partner will already be upset, so it's best to express your feelings without using an accusatory tone. The relationship is already over, don't waste time pointing fingers at each other.
- 3. Talk about the kids: If you have children together, it's important that your spouse knows he or she will always be

involved in their lives. Assure your partner that your intentions are not to tear him or her away from the kids, but as a couple, the two of you just don't work anymore.

How did you tell your spouse you wanted a divorce? Share your experience below.

Robert Pattinson: Dating Elvis' Granddaughter?





By April Littleton

According to <u>People</u>, the *Twilight* actor, 27, has been spending some time with Riley Keough, the daughter of Lisa Marie

Presley and granddaughter of Elvis Presley. Pattinson was spotted driving around Los Angeles this weekend with the upand-coming actress. Keough is friends with Pattinson's ex, Kristen Stewart (to whom he split with this spring) and was briefly engaged to English actor Alex Pettyfer.

How do you start dating after a long-term relationship?

Cupid's Advice:

Your last long-term relationship didn't go as planned and you've spent some time thinking about what you really want in a romance. You've stopped moping around the house, your appetite is back and you're feeling energized. Have you starting thinking about dating again? Do you already have your eye on someone new? Cupid has some tips:

- 1. Don't rush: It's great that you're finally over your old flame, but don't go out every night with the sole purpose of finding your next "true love." Rushing into another relationship will only cause trouble for you and whoever you have your eye on. Instead, go out on a few casual dates keep the situation light and fun. Just enjoy the fact that you are able to spend time with another person without thinking of your ex. Besides, the best romances happen when you least expect them.
- 2. Hang out with friends: While you were coming to terms with your breakup, you might have lost touch with some of your friends. Call them up for a night on the town. If you feel like dancing, go to the hottest club you know. If you prefer to do some catching up with your buddies, go out to dinner at a place all of you will love. You never know, while you're making up for lost time, your soulmate may be just around the corner.
- 3. Don't settle: Just because you're single doesn't mean you have to cling to whoever comes your way. Keep your options

open. If the next person you date isn't really what you're looking for in a partner, break things off before it gets too serious. Dating is all about meeting new people, so test the waters a little. Don't settle for the next person just because you think you won't be able to find anyone better.

How did you start dating after a long-term relationship? Comment below.

Brooke Hogan Engaged to Dallas Cowboy Player Phil Costa





By Kerri Sheehan

Former reality television star and daughter to Hulk Hogan, Brooke Hogan got engaged this weekend in Las Vegas, Nevada, reported <u>UsMagazine.com</u>. Her future hubby, Dallas Cowboys player Phil Costa popped the question with The Paris Hotel's Mock Eiffel Tower in the background.

What are some ways to announce an engagement?

Cupid's Advice:

An engagement is a huge step in a relationship. It's important to make sure you let friends and family know in the right way. Are you ready for everyone to know your special news? Cupid has some advice:

- 1. Call: Your dearest friends and family should be informed with a quick phone call. Making the decision to get married is a big one, so make sure you share the news with those who are closest to you first.
- 2. Send a letter: The days of snail mail may be slowing down,

but you can still utilize it to send out an announcement. This method is more personal than a Facebook post, so the rest of your friends and family who didn't get the news through a phone call won't feel left behind.

3. Say Cheese: An engagement is a special time in any relationship. What better way to commemorate the time than with a photo shoot! You and you soon-to-be-hubby can post the pictures on Facebook to let your pals know of the wedding proposal.

How did you announce your engagement? Share below.

Matthew Morrison and Renee Puente Are Engaged





By Kerri Sheehan

Glee star Matthew Morrison popped the question to girlfriend Renee Puente Thursday night according to <u>People</u>. The couple has been together since 2011 and announced their engagement at the White Tie and Tiara Ball in London.

How do you know when your partner is ready to settle down?

Cupid's Advice:

Marriage is a big leap and not knowing if your partner is ready to make a serious commitment to you can be frustrating at times. Are you ready to make that long walk down the aisle, but not sure if your significant other is? Cupid has some advice:

- 1. Financial independence: Many individuals have school loans and lots of other financial woes to deal with these days. Once a man has made the move to stabilize himself financially, then he may be ready settle down and commit.
- 2. Baby talk: If a guy is clearly ready to be a father, then

there's no question that marriage is just around the corner. Marriage is a natural progression that leads to fatherhood.

3. You're invited to family functions: If he's in it for the long haul, then he'll want you to be comfortable with his family. Once he considers you a part of his family, you know he's ready to settle down and get married.

Do you think your guy is ready to commit? Share below.

Jessica Simpson Gives Birth, Welcomes Baby Boy Ace Knute Johnson





By Kerri Sheehan

Jessica Simpson's family increased by one this weekend! She and fiancé Eric Johnson brought home a baby boy this weekend. *UsMagazine.com* reported that Ace Knute Johnson was born in Los Angeles via C-section on Sunday, June 30th. The happy couple are already parents to daughter Maxwell, nearly 14 months.

What are some ways to decide on a baby name with your partner?

Cupid's Advice:

Naming a baby is probably one of the hardest decision to make. Cupid has some advice for how to pick a name:

- 1. Think of the big picture: Always take into consideration how the first name will sound when put together with the last. Rhyming names are usually not the best decision. In addition, you may want to avoid 'pun names' unlike Kim and Kanye who chose to name their baby North West.
- 2. Heritage: Having a baby named after someone close to you is

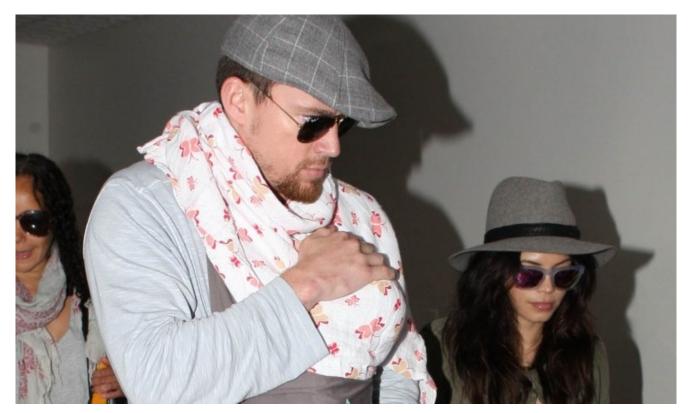
one of the biggest honors that you can bestow upon someone. If there is anyone particularly influential to you or your significant other's life, then you may want to consider naming your baby after him or her.

3. Compromise: A lot of couples have trouble agreeing on a name for their child. In this case, compromise is key. One can pick the first name and the other can pick the middle name. When the baby comes and with the name already prepared, everyone will be happy!

How did you decide on your baby's name? Share below.

Avril Lavigne and Chad Kroeger Marriage Rumors Are False





By Petra Halbur

Recent reports that Avril Lavigne and Chad Kroeger tied the knot in Southern France last Saturday have been proven false. According to <u>People</u>, misinformation spread after E! News mistakenly quoted a source stating that the wedding had taken place over the weekend. <u>Daily Mail</u> also took CEO Mike Heller's tweet, "I'm in south of France about to see my little Rock star #avril get married I am so happy to be part of this special celebration," out of context and concluded that the wedding had already taken place. It has since been confirmed that, while Lavigne and Kroeger do, indeed, have imminent wedding plans, the wedding was not held on Saturday, June 29.

What are some ways to plan a surprise wedding?

Cupid's Advice:

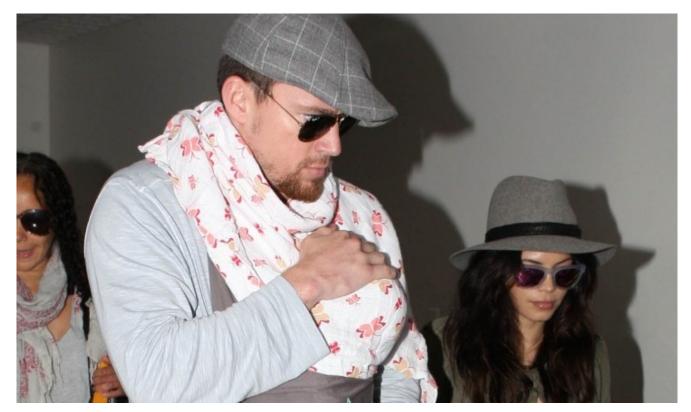
Staging a surprise wedding will certainly make your nuptials memorable. However, keeping your wedding a secret until the day of the celebration is no easy matter. Cupid has some advice:

- 1. Announce the engagement: While a surprise wedding can be a lot of fun and a wonderful success, don't hide your engagement from your friends and family. Doing so will make the sudden wedding announcement all the more jolting. Instead, let the people in your life know that you and your partner plan to marry, but don't let on that you've set a date.
- 2. Keep it casual: For the sake of secrecy, you're going to have to keep your wedding arrangements simple. Suspicions are bound to arise if it gets out that you and your partner are touring churches or other opulent wedding sites. Keep the decorations and locations as casual as possible to ensure that your surprise wedding really is, well, a surprise.
- 3. Inform those closest to you: While acquaintances should be delighted by the surprise, close friends and family are likely to feel betrayed once they learn that you withheld weeks or months of wedding preparation from them. Take your closest (and most trustworthy) relations aside and let them in on the secret. Besides, their assistance will ease the stress of planning a wedding.

How did you pull off your surprise wedding? Tell us below.

Bachelorette 9, Episode 6: Drama in Barcelona





By <u>Jared Sais</u>

This week's episode of <u>The Bachelorette</u> was certainly eventful! James' off-camera comments cast suspicion on his motivations for being on the show and his true feelings for Desiree, causing emotions to run high and loyalties to be questioned. Here we go...

Related Link: Bachelorette 9, Episode 5: Finding Love In Germany

Drew's One-on-One Date

The constant kissing was cute at first, but after a while, it just started getting tedious. That said, there's a noticeable contrast between the first kiss that Drew and Des shared (at the start of their date) and their kiss when he stole the bachelorette away from dinner. The first one lacked intimacy, while the other one was very passionate. At first, it almost seemed as if Drew was kissing Desiree in order to prove his worth as a contestant, making me think that he doesn't really like her as much as he wants to let on.

However, I love that he waited to get the rose before talking about James — it was a smart move.

Drama with James

James caused a lot of trouble when he pointed out that if he makes it to the top four, he'll have a chance to be the next <u>Bachelor</u>. Although he made this comment during a private conversation off-camera and didn't expect for Casey and Drew to expose his true intentions, there was still some dishonesty and covering up on his part. Ultimately, though, I don't think that he's a bad person; I think his words were taken out of context.

Even so, James did exhibit a lot of signs associated with lying when he was explaining to Desiree what he actually said during that controversial conversation. The following non-verbal cues could indicate that he wasn't being truthful:

- He kept his hands in his pockets, suggesting that he was defensive.
- He took long pauses.
- He was overly argumentative.
- He stood up and behaved like a bully.
- He licked his lips before speaking. When you lie, your mouth gets very dry because lying puts a lot of stress on the body.
- He said, "No, ma'am," which suggests that he was trying to further the distance between himself and the story he was telling. Hearing James say this phrase to Desiree set off my alarm and hinted that, perhaps, he really *did* say something detrimental during that private conversation.

To be fair, though, James also exhibited some non-verbal communication that indicated honesty, including:

- Bulges formed on top of his inner eyebrows as he was speaking, which is an indication of true sadness. He was truly contrite about the situation.
- He didn't use too much eye contact. Often, experienced liars

will maintain eye contact in order to see if the person they are speaking to believes them. His steady eye contact suggested that he was truly apologetic.

Related Link: Bachelorette 9, Episode 4: Atlantic City

Now that I have thoroughly analyzed James' non-verbal cues, I can say that, regardless of his true feelings for Desiree, he would make an excellent salesman. His last conversation with Desiree was, essentially, a sales pitch to keep himself on the show. He played it perfectly — although I believe that about 85 percent of what he said was a lie. I have to credit him for his perspective: if he doesn't end up marrying Desiree, he could very well end up as the next bachelor.

On another note, the rest of the guys are trying to pass themselves off as a bunch of goody two-shoes. Their thoughts may only be on Desiree, but that isn't practical; after all, only one of them will end up winning her heart. They don't have the same realistic expectations as James, but with that said, just because James is logical doesn't mean that he's honest.

Additionally, I think that the guys' argument that "if you love Desiree, you won't think about any other girl" is unfair. I agree that if you love someone, you shouldn't be thinking about anyone else, but I think it's wrong for these men to be applying their own emotions to James. Maybe he just isn't in love with the brunette beauty just yet.

Stay tuned for next week's romantic dates in Madeira!

What do you think about Desiree's remaining guys? Share your thoughts in the comments below!

Kris Jenner Says Baby North Looks Like Both of Her Parents





By Petra Halbur

While the world eagerly awaits the release of baby North West's first photo, glowing grandmother, Kris Jenner, has offered a brief description of her new granddaughter. When asked which parent little North most resembles, Jenner told <code>People</code>, "she's kind of a combo." Jenner gushed that her granddaughter is "...just great, but she's only a little over a week old, so she's getting adjusted." Jenner has also defended her granddaughter's controversial name. "North means highest power and [Kim] says that North is their highest point together," she said on *The View* on June 25. "Isn't that cool?"

How do you introduce your child to friends and family?

Cupid's Advice:

Now that your beautiful baby is in the world, everyone is eager to meet him or her. What is the best way to introduce your little bundle of joy to all of the people in your life? Cupid is here to help:

- 1. Throw a party: Invite your friends and family over to your house to introduce your baby. This way, everyone has the opportunity to hold him or her and feel personally connected.
- 2. Use Facebook: Facebook and other forms of social media can be an effective, albeit somewhat detached, way of giving everyone their first glimpse of your little treasure.
- **3. Send Cards:** Mail hallmark cards to friends and family with a handwritten message and an enclosed photograph of your baby. While snail mail is certainly slower and more time-consuming than the internet, your recipients will appreciate the old-fashioned and personalized approach.

How did you introduce your baby to the people in your life? Tell us below.

Channing Tatum Admits to 'Crying Fits' During Daughter's Birth





By Petra Halbur

Channing Tatum has developed a newfound respect for women after witnessing his wife, Jenna Dewan Tatum, give birth to their baby, Everly. According to <u>UsMagazine.com</u>, Tatum appeared on *Chelsea Lately* last Thursday, June 27, where he admitted to crying during Everly's birth. "I probably went to the bathroom four times and had a crying fit," he confessed. "Like, I'm just like, 'I don't know what to do!'" His panic was caused by his inability to help his wife. "It's like someone's hurting, someone that you love, and you can't do anything about it. You physically cannot help ...Men are useless, but we are really useless during [birth]. The baby's gonna come out whether you're there or not."

What are some ways to support your partner during childbirth?

Cupid's Advice:

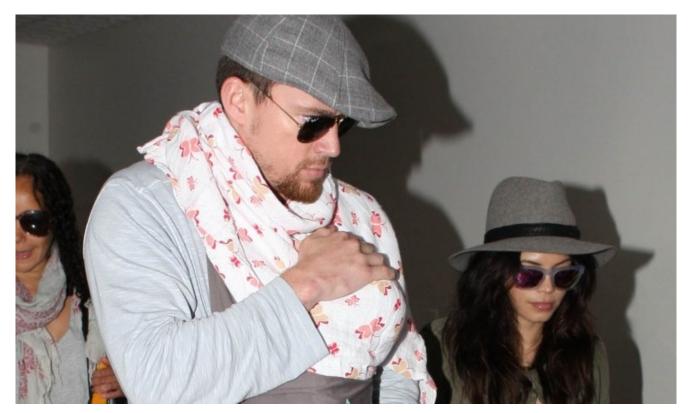
Watching the mother of your child suffer through childbirth is one of the most difficult things you can experience. Just because you can't take her place, however, doesn't mean you can't help. Cupid has some ideas:

- 1. Stay by her side: As hard as it may be to watch your loved one in pain, resist the urge to leave the room. This is the time when she needs you the most.
- 2. Hold her hand: In addition to showing support, offering your partner your hand to squeeze during contractions can help ease her pain- just be prepared for her to squeeze tightly and remove all wedding and engagement rings ahead of time.
- 3. Offer words of encouragement: While they may be vague and generic, phrases like "You can do it" and "I am here for you" are just the sort of thing your partner needs to hear from you as she fights through the pain and exhaustion of birth.

How did you help your partner during labor? Tell us below.

Ivanka Trump: "I Don't Stress About Being Balanced"





By Jenny Schafer for Celebrity Baby Scoop

The executive vice president of development and acquisitions for the Trump organization, Ivanka Trump, is preparing for her second child this fall. The mogul mom, 31, is staying busy as ever, with multi-million dollar projects in Miami, Washington, D.C. and Vancouver, and with the launch of Trump Wellness, a "health and fitness program that will help Trump Hotel Collection guests make healthy choices when traveling."

Ivanka opens up to Celebrity Baby Scoop about her second pregnancy and 2-year-old daughter, Arabella. She goes on to talk about prioritizing her career and family life, instilling strong work ethic in her kids and equality in the workplace.

CBS: Congratulations on your second pregnancy! How are you feeling?

IT: "Arabella has been so wonderful and has brought countless joy to our entire family. I'm just excited to add to that and share new experiences with both of my children. There is so much to look forward to so I like to remind myself to enjoy being pregnant because once No. 2 arrives we are literally going to have our hands full."

Related Link: Ivanka Trump and Husband Welcome a Daughter

CBS: How is Arabella doing? What is she into?

IT: "It's been such a joy to watch her personality develop. She has the best laugh! I will spend hours trying to evoke that sound. Motherhood was exciting before, and now that she's becoming this little person, it's a whole new world. She's so curious and I love to watch her learn and discover. She recently discovered my high heels, which has been fun and slightly terrifying!"

CBS: What are some of the greatest rewards of motherhood? Biggest challenges?

IT: "It's difficult for me to leave her in the mornings or be away from home when I'm traveling for business, but I know it's really important that I continue working because it's fulfilling to me and it makes me a better mom.

It's about time and consistency. When I'm at home I'm there 100%, and when I'm at the office I'm there 100%. You can't be two places at once, so you make a choice and commit to it. At the end of the day I'm more productive and efficient knowing I want to get home to my child and be engaged during our time together."

CBS: How do you balance motherhood and your busy career?

IT: "I've learned to become incredibly efficient. I don't stress about being 'balanced' because the truth is, parenting is unpredictable and you can't account for everything. Instead, I'm cognizant of my priorities and I wake up knowing what I need to accomplish personally and professionally, and then I do everything I can to fulfill those goals."

Related Link: <u>Jill Zarin Says</u>, "Women Can Have It All, But Not

CBS: How do you plan to instill work ethic and promote a strong sense of self with your kids?

IT: "Both my mother and father instilled a great work ethic in me and my siblings. I will always be grateful for that because no matter what I'm doing, I work hard at it. Now that I have a daughter of my own and a second child on the way, my husband and I want to teach our kids what it means to be driven, and the value of taking pride in your work, regardless of where that might be."

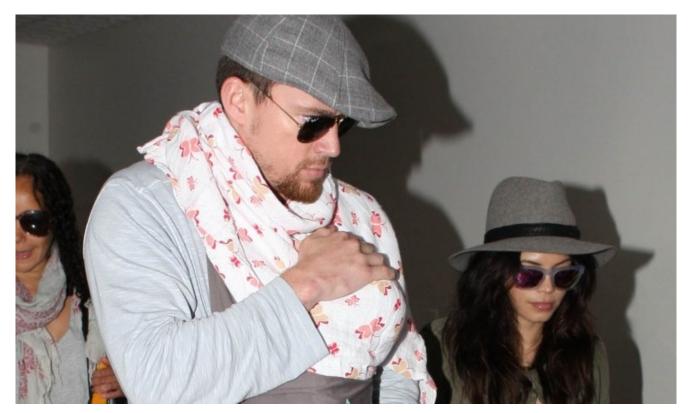
CBS: Are you and husband Jared Kushner hoping to have more children one day soon? If so, how many kids would you like to have?

IT: "It's certainly something we've discussed, but we are expecting blissful chaos to ensue in a few months, so until then we are both going to focus on Arabella and preparing for the new baby."

For the rest of the interview, go to www.celebritybabyscoop.com/2013/06/27/ivanka-stress-balance d

Kat Von D and Deadmau5 Call It Quits





By Petra Halbur

Kat Von D and Deadmau5 have broken up ... again. According to <u>UsMagazine.com</u>, on June 26, Kat tweeted that she had ended her engagement to the deejay on grounds of infidelity. Deadmau5 clarified on his Facebook page that he did have relations with another woman while he and Kat were taking a break last November. "Following that, Kat and I reconciled and I acknowledged being intimate with another person while we were estranged ... At the end of June, it was clear that the relationship was not working and we mutually ended the engagement. I was not, at any point, unfaithful to Kat during our time together."

How do you know when it's time to call it quits on a relationship?

Cupid's Advice:

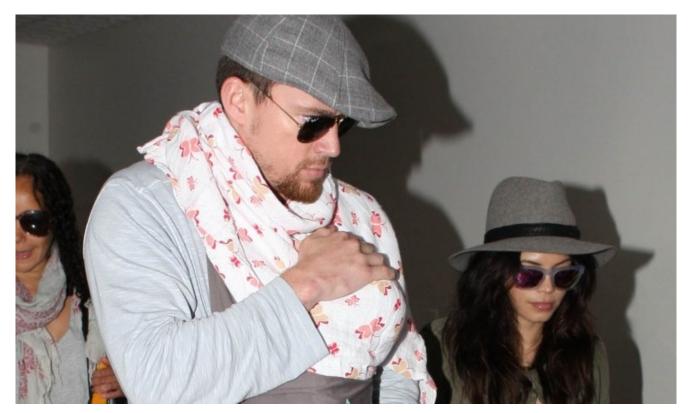
Sometimes it's difficult to tell if a relationship is worth salvaging or not. At what point do you know it's time to break up? Cupid is here to help:

- 1. The bad outweighs the good: Every relationship has rough patches. However, the good parts of a relationship ought to outnumber and outweigh the bad. If this isn't the case, then you need to seriously reconsider your relationship.
- 2. You're holding each other back: If you or your partner have turned job offers down, forgone opportunities to travel or rejected other exciting propositions for the sake of your relationship, you two need to discuss if this relationship is really the best thing for you both.
- 3. You're not happy: Ultimately, if you are unhappy in your relationship, that is reason enough to end it.

When did you know to end your relationship? Tell us below.

New Couple: Courteney Cox Is Dating 'Cougar Town' Co-Star Brian Van Holt





By Petra Halbur

Courtney Cox is now officially dating *Cougar Town* co-star, Brian Van Holt. The two reportedly found love while playing each other's ex on the TBS series. A source confided to *UsMagazine.com* that the pair have been going out for six months. According to the source, Cox feels more comfortable discussing her relationship with Van Holt now that her exhusband, David Arquette, has found new love in girlfriend, Christina McLarty.

What are some reasons to keep your relationship under wraps at first?

Cupid's Advice:

Honesty is the best policy ... most of the time. Sometimes though, it really is better to keep your relationship from family and friends for a period of time. Cupid is here to help you recognize if you're in such a position:

1. You're unsure about the relationship: If you don't really know what kind of relationship you're involved in, you might

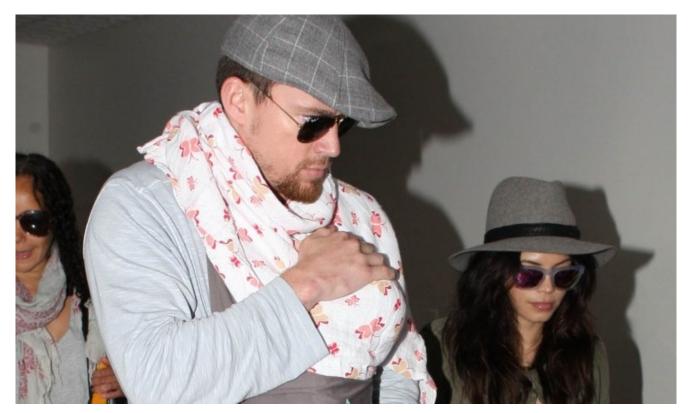
want to put off inviting him or her to meet your parents.

- 2. You anticipate disapproval: If you're worried that your friends and family won't approve of the gender, race or religion of your partner, it's understandable to want to put off announcing your relationship until you and your partner are on more solid ground. Just remember that this can only go on for so long. Sooner or later, for better or for worse, you're going to have to introduce your partner and face the consequences.
- 3. There's been a tragedy: If your family has suffered a loss, then it's probably best to defer your announcement to a later date. Not only do you want to avoid seeming insensitive to your loved ones' grief, you probably don't want your family to associate your partner with a period of mourning.

Have you hidden your relationship from friends and family? Tell us why in the comments below.

Maitland Ward of 'Boy Meets World' Believes That "Friendship, Trust and Laughter" Make for a Strong Relationship





By Petra Halbur

Maitland Ward first won our hearts in the 90's as Rachel McGuire on the hit show, Boy Meets World. Though Rachel caused a few love triangles, we adored the towering red head for her quirkiness, lovability and strength. Thirteen years after the series finale, Ward still speaks highly of her character. "I loved that she was smart and tough yet had a heart of gold. She was someone young girls could look up to."

Since the show's conclusion in 2000, Ward has has met the love of her life, continued to establish herself as an actress and, most recently, reunited with her former castmates at the ATX Television Festival. "It was like no time had passed at all," the California native reflects. "We hadn't all been in the same room together since the show ended, so it was so great to see all these people who I worked with for so long. My cheeks hurt by the end of the weekend from all the laughing and smiling." The experience stirred up fond memories of the Boy Meets World set too. "Working with them was a blast, and I think it showed on screen."

She affectionately adds, "These people will always be like

Related Link: <u>Tabatha Coffey Says That Staying True to</u> Yourself Is Important In All Aspects Of Life

Of course, viewers are already gearing up for an on-camera reunion of *Boy Meets World*'s cast in the highly-anticipated spin-off, *Girl Meets World*, which is scheduled to air on the Disney Channel next year. The new show will follow Riley Matthews, the daughter of *Boy Meets World* characters, Cory and Topanga Matthews, and her best friend Maya. Ward is full of praise for the young actresses, Rowan Blanchard and Sabrina Carpenter, who play Riley and Maya respectively. "The little girls are so unbelievably adorable. I know they are going to be breakout stars for Disney."

While the actress was reluctant to disclose plot details, she assures us that the pilot is "amazing" and that we can expect to see more of our favorite characters from the original hit show. "Creator Michael Jacobs made a point of saying he wants to integrate the old cast as much as possible, so I'm excited to see what happened to Rachel, Jack Hunter and Eric Matthews. Jack and Rachel left for the Peace Corps in the last episode, and it'll be interesting to see if they are still together. Matthew Lawrence and I were joking at the festival that Eric would've never left Jack and Rachel alone. He probably came after us in Guatemala or wherever we ended up."

Before being Rachel McGuire, though, Ward spent three years playing Jessica Forrester on *The Bold and the Beautiful*, an experience she now sites as inspiration for a script she has written. "It's a crazy, *Bridesmaids*-style comedy about a washed-up former soap star who will stop at nothing to get her career back," she shares. "She finds out her old fan club president (who she treated like garbage and nearly ruined) has made good and become a big time producer with a hot new TV show. So she hunts him down and wants him to give her the starring role. There's a dark twist, but I won't give it away

just yet. It's a lot of fun!"

Luckily, life doesn't imitate art when it comes to Ward's personal life. She's been married to hedge fund manager, Terry Baxter, since 2006, which is quite a feat in Hollywood. Though the happy couple tend to stay out of the spotlight, she confesses that her romantic relationships haven't always been drama-free. "I had a few love triangles when I was younger. Nothing like Rachel, Jack and Eric, but nevertheless, they always got messy." When asked if playing Rachel taught her anything about love, she reveals, "It's probably not the best idea to be involved with two best friends who you live with, but, hey, it was fun! Being open and honest about things is probably the best advice I could give about that situation."

Related Link: <u>5 Conversations Every Couple Should Have Before</u> Getting Married

The auburn-haired beauty says that the key to a successful relationship is a strong foundation. She and Baxter met on a set when he was visiting someone else, and the two began a friendship that eventually developed into something more. "If you can't be best friends, then it'll never work in the long run. You have to enjoy spending time with that person. A sense of humor is important too. I love to laugh, and having someone who makes me laugh is the best," she says. "I think that's why it's lasted. We started with friendship, trust and laughter and built from that."

You can keep up with Ward on Twitter @MaitlandWard and www.facebook.com/MaitlandWardOfficial/.

Vanessa Lachey Explains Having Date Night on Father's Day





By Petra Halbur

Vanessa and Nick Lachey decided to dedicate last Father's Day to romance. The couple spent the day with their ninemonth-old son, Camden, in New York. The happy trio took a boat ride around Manhattan and had lunch together, according to <u>People</u>. In the evening, Vanessa and Nick treated themselves to a date night. According to Vanessa, keeping the spark alive is very important in their relationship. "I think people sometimes get lost in their kids and they may have forgotten what got them there in the first place, which is their relationship," she told <u>Parade</u>.

What are some ways to keep the spark alive in your relationship?

Cupid's Advice:

When you and your partner are struggling to balance careers, children and other obligations, romance tends to go on the back burner. It's important to remember, though, that your relationship still deserves attention. Cupid has some ideas to help keep the spark alive:

- 1. Take a tantric sex class: While the meditative and ritualistic practice of Tantra entails far more than just sex, many western couples have testified that tantric sex classes transformed their relationship by introducing them to an entirely new approach to love making. At the very least, it will get you two out of the house.
- 2. Change it up: The next time you have a date night, don't spend it at the same restaurant you always eat at. Try something new. Go to an ice-skating rink, take a moonlit walk through the park, go dancing at a salsa club. At the very least, make reservations at a restaurant you've never been to and order a heretofore un-sampled dish.
- **3. Read 50 Shades of Grey**: While literary critics and feminists have taken issue with E.L James' best seller, the novel's raunchy content has reportedly saved marriages by encouraging couples to discuss sexual tastes and satisfaction.

How have you kept your relationship hot? Tell us below.