

Celebrities Share Dating Tips at 8th Annual All-Star Celebrity Kickoff Party



Interviews by Shannah Henderson; Editorial by Sarah Ribeiro

Earlier this week, on Monday, July 15, 2013, the Playboy Mansion hosted some of Hollywood's hottest celebrities at Beartrap Entertainment's 8th Annual All-Star Celebrity Kickoff Party. The annual event supports the Artists and Athletes Alliance, a not-for-profit organization that helps artists and athletes navigate the political process in Washington, D.C. This glamorous night helped kickoff summer sports awards season the way only a party at the Playboy Mansion could – and CupidsPulse.com was there to celebrate.

Celebrity guests included musicians Chris Brown, Snoop Lion and Sean Kingston; actor Jamie Foxx; former *Bachelor* and *Bachelorette* stars, Bob Guiney and Arie Luyendyk, Jr; and ESPY-nominees for Best Breakthrough Athlete Yasiel Puig of the Los Angeles Dodgers and Colin Kaepernick of the San Francisco 49ers, who was the winner of the award.

We spoke to some of these famous faces about dating and relationships – check out their responses below!

What is the number one thing you don't do on a date?

“Don't ever talk about your ex! I break that rule a lot though, because I talk about my ex a lot.” – **Bob Guiney, *The Bachelor* Season 4**

“Don't talk about ex-girlfriends or religion, and don't eat with your hands.” – **Arie Luyendyk Jr., professional race car driver and *The Bachelorette* Season 8**

What is your best piece of dating advice?

“My best advice is to just keep your partner happy!” – **Bryan Braman, Houston Texans linebacker**

“That's an interesting question. My best advice is to be true to yourself. That's the most important thing to remember. Everyone wants to be fake and put on this façade, and after six months, he or she is a whole new person. The best thing is to just be true to yourself.” – **Bret Lockett, New York Jets safety**

“My best advice is to stay loyal and stay off of social networking sites. Those sites are the best way to get in trouble these days. “ – **David Gilreath, Pittsburgh Steelers wide receiver**

“You have to do something special. Don't think that it's all about money. It's about thinking outside of the box, getting

weird and making it happen. You know what I got my girlfriend for Valentine's Day? A saxophone player! He came to our house and played her favorite songs in our living room. It was awkward but awesome" – **Stephen Kramer Glickman, comedian**

"My best dating advice is don't do it. No, I'm kidding! [laughs] I am a divorced guy, and I would say just be really, really painfully honest. If there is any dating advice that works for me, that tip actually works. I always say, 'Listen, here is what I am capable of. I hope I outshine what I think I am capable of, but this is probably what I've got in the tank at this point.' It actually kind of helps! If you are honest upfront, there are no misconceptions, and it all really works itself out." – **Bob Guiney, *The Bachelor* Season 4**

"Very cliché, but I would just say relax and be yourself. I think that, most of the time when we go on dates, we're either nervous; we're not ourselves; or we're closed off. It is important to just be open and be yourself." – **Arie Luyendyk Jr., professional race car driver and *The Bachelorette* Season 8**

"Always make her pay on the first date because it's crucial to be different. Everyone is probably going to always pay for her, but if you make her pay, she will say to herself, 'Oh, you're different.' Then you're already starting off on the right foot. If you make her pay, she is going to already know you're different, and you get a free meal. [laughs]" – **Jimmy Butler, Chicago Bulls player**

"My best advice is to be patient!" – **Omar Miller, *CSI: Miami* actor**

"Just be cool, be confident, and believe that in the next two hours, the battle is won." – **Bai Ling, actress**

"If you're a guy, treat the lady with the utmost respect. I have two sisters, so I know how important that is. It's a lot more important than you think. Chivalry is not dead." – **Chris**

Ogbonnaya, Cleveland Browns running back

"If you have no trust, you have no relationship. That's what it's all about." – **Andre Branch, Jacksonville Jaguars defensive end**

"Just be yourself and don't try to be someone else. You don't have to try to do all the extra hard work." – **Rapper Tae Snap, rapper**

"Keep an open mind."- **Mehcad Brooks, Necessary Roughness actor**

"I guess be yourself and be genuine. Also, make sure you don't smell bad." – **Jarron Gilbert, Buffalo Bills defensive end**

What piece of celebrity dating advice is your favorite? Tell us in the comments below!

**"We Have Each Other":
Celebrity Couple Joy Enriquez
and Rodney "Darkchild"
Jerkins On Their New Show,
'House of Joy'**





By [Whitney Johnson](#) and Kristin Mattern

Pop singer Joy Enriquez and Grammy award-winning music producer Rodney “Darkchild” Jerkins have been married for nearly a decade and have been blessed with three beautiful children: RJ, Heavenly and baby Hannah. In their new show *House of Joy* for NUV0tv, they bring their family into the spotlight as they work together to make Enriquez’s dream of having a hit single come true. “Nine years later, I still want a hit!” exclaims Enriquez. “I still want a song, and now I can say, ‘I gave you the kids, Rodney. We got married, and we’re working together as a family, but I still want to sing.’ That dream is still inside of me.”

House of Joy was not the first reality series that the twosome were approached about doing. “Rodney and I were asked to do a show when we first got married in 2004,” recalls Enriquez, “when *Newlyweds* came out with Jessica Simpson and Nick Lachey.” They chose to say no, however, deciding collectively with their parents that it wasn’t the best idea to have a reality show in the beginning of their marriage. “Rodney’s dad

told us that we should take the first year to just spend time together. Now that we've been married for so long, three kids later, we felt like we were ready to show our family to the world."

Related Link: [Blair Late from Bravo's 'Newlyweds' Chats About Divorce and Gay Marriage](#)

The show features the whole family, including Enriquez's parents, brother and sister, but Enriquez explains that it centers on music and her career "because that's how Rodney and I met." The star couple was first introduced in 1999 when the singer was sent to work with the legendary Jerkins, who was collaborating with Michael Jackson at the time. "We need you to get her a hit song just like you gave J. Lo," she recalls the executives telling Jerkins. She jokes, "I spent two weeks in New Jersey trying to get a hit. Instead, Rodney took me to the movies, to his parent's house, to parties – everything *but* a hit!"

Of course, working so closely with your partner is never easy. When they're in the recording studio, as Jerkins explains, "If I say, 'Do this over,' she gets really offended. And if she tells me she doesn't like a certain track, I get really offended. But we're learning – we have a rhythm going now."

The producer adds, "2014 is going to be our breakout album. It'll be the breakout year for Joy!"

Knowing that Enriquez and Jerkins both have busy careers, it's no surprise that balancing their professional lives and personal lives – especially since their new show merges the two – can certainly be challenging. Luckily, one of the executive producers of *House of Joy* is Patti Stanger, star of *Millionaire Matchmaker*. "She told us that we need to date! You don't usually need a matchmaker to tell you that, but sometimes, when you have three kids, time gets away from you," says Enriquez. "It's so important that you spend quality time

together – even if it's just a few minutes looking into each other's eyes and asking about each other's day. We're learning to communicate better."

Related Link: [Patti Stanger Discusses Justin Timberlake and Jessica Biel's 'Lasting' Marriage](#)

The experience has also reminded them to hold their special family close to their hearts. "I sing to my children at the end of every episode," explains Enriquez. "I talk with them and let them know that life can be crazy and have its ups and downs. But no matter what, we have each other."

To find out more about the musically-talented couple, tune in to tonight's premiere of House of Joy on NUV0tv at 10/9c!

David Beckham: Prince William and Kate Middleton Are 'So Loving'





By Kristyn Schwiep

Being a first-time parent can always be a little intimidating, but David Beckham thinks Prince William and Kate Middleton will be on top of it when their first child is born. According to UsMagazine.com, Beckham thinks they are going to be amazing parents, because they're so loving towards children. Beckham, father of four, believes the Duke and Duchess of Cambridge will be great with the royal baby. Beckham attended the royal wedding in April and says that he has seen William grow from a young boy into an unbelievable gentleman. Beckham even joked and suggested to USA Today, that the royal couple should name their first-born David if they welcome a son.

How do you know if your partner will make a good parent?

Cupid's Advice:

How do you know if your partner will make a good parent? Well, if they're sensitive, thoughtful, and supportive, you should be in the clear. All the qualities that make your partner a great partner are ones that will make them a great

parent. So what are some qualities that will make your partner a good parent? Cupid has some advice for you:

1. They love to spend time with you: If your partner loves spending time with you at home opposed to spending the night out partying with friends, you've got yourself a keeper. A partner who rather spend time with you should show that you have nothing to worry about when the baby comes along. Now you know your partner will be there for you and the baby no matter what.

2. They're patient: If they're patient with you, work, family or friends you can breathe easy. If your partner knows how to handle a stressful situation calmly you have nothing to worry about when welcoming your new-born into the world. Your partner will be just as patient with your child as they would be with any other situation.

3. They love kids: If your partner loves spending time with their niece, nephews, or younger cousins your partner will make a great parent. Kids and babies can be overwhelming and exhausting so if your partner loves playing with kids and they love them back, you have nothing to worry about.

What qualities do you think make your partner a good parent? Share your thoughts below.

Jake Gyllenhaal and New Girlfriend Alyssa Miller Go

Public



By Kristyn Schwiep

Jake Gyllenhall and Alyssa Miller have gone public. The new couple was photographed for the first time on Sunday, July 14, in New York City. Gyllenhall, 32, and Miller, 24, held hands after leaving brunch at Hudson Clearwater. According to UsMagazine.com, the couple was spotted being affectionate near New York University where they shared dessert off a plate as they were walking down the street. The new duo were first linked in late June.

How do you announce your new relationship to family and friends?

Cupid's Advice:

Being in a new relationship is an exciting time in your life, but how do you deal with the anxiety of telling your friends and family about the new relationship? Cupid has some advice for you:

1. Parents: Visit your parents in person if you can, if not pick up the phone and call. Announcing that you are in a new relationship to your parents can be the scariest announcement of them all, but if they show support and are happy for you, you will feel less anxious about the new relationship.

2. Close friends and family: Try to plan a dinner party. This is an easy, exciting, fun way to get the news out there. Also, it gives your friends and family a chance to meet your new partner.

3. Outsiders: For co-workers and friends you haven't been in contact with in a while aren't as important as your close family and friends. But if you want to announce your new relationship put it on Facebook and show them how happy and excited you are to be in a new relationship.

What are some ways you have announced your new relationship to family and friends? Share your story below.

Newlyweds Aaron Paul and Lauren Parsekian Have Touchy Feely Date Night





By Kristyn Schwiep

Newlyweds Aaron Paul and Lauren Parsekian haven't ended their honeymoon quite yet. According to [People](#), the *Breaking Bad* star and his blonde beauty "seemed very happy and glowing." The couple started their evening mingling with guests, but slipped away to a private corner where they were secluded in deep conversation, and very touchy, says a source.

What are some ways to show your partner you care in public?

Cupid's Advice:

Being a newlywed is a very happy and exciting time in a couples relationship. Whether you're still in the honeymoon phase or not there are some ways that you can show your partner you care in public. Cupid has some advice for you:

1. Show affection: When you're out with your partner enjoying yourself don't be afraid to show some affection. You want to show your partner that you are willing to show your love in a public way. So don't be afraid to show a little PDA, hold their hand or give them a little kiss now and then. Show

everyone how much you love each other.

2. Treat each other with dignity: Don't be the couple that disrespects each other in public places. Don't cause a scene and don't yell at each other. Always stand up for her when you are out in public, that will show them you are on their side and willing to take a public stand for her. As long as you treat each other with respect when you are out you will show everyone how much you care about each other.

3. Just be you: Hug, kiss, laugh, talk. Show people how happy you are just by being you. People will see how much you truly care about one another if you aren't trying to put on a show. So make sure that when you are out and about that you stay true to yourself and your relationship and everyone will be jealous of you and your partner.

What are some ways you have showed your partner you care in public? Share your stories below.

Lea Michele's Rep Requests Privacy During this 'Devastating Time'





By Kerri Sheehan

Tragedy struck in the Glee fandom this past weekend when actor Cory Monteith, who portrays Finn Hudson on Fox's hit television show, was found dead in his hotel room. For costar Lea Michele, Monteith's passing was more than just the loss of a friend, as the two were real life love interests. Michele has yet to release a statement, as she is still in the grieving process, but her rep told UsMagazine.com, "We ask that everyone kindly respect Lea's privacy during this devastating time. Thank you."

What are some ways to help a friend who has lost his/her partner?

Cupid's Advice:

The death of a partner is one of the worst things that can happen in your life, especially when you're young and in love. Cupid has some insight on how to help a friend through this difficult time:

1. Be supportive: Your friend has recently gone from being

deeply in love to being single in the worst way, so they won't be used to not having someone to lean on at all times. Let your friend know that if they feel lost or alone you'll be there for them in a heartbeat. Sometimes just knowing someone is there can help tremendously.

2. Mourn: Crying is a big factor in the mourning process. Not to say you have to cry with your friend but just be there for them as they cry. A hug is the best medicine you can give.

3. Understand: There is not right or wrong way to grieve a loss. Don't judge your friend for grieving differently than you think you would. Accept them wholeheartedly and let them handle the loss in whatever way they feel is appropriate.

Have you ever lost a partner? Share below.

Alana De La Garza Welcomes a Baby Girl





By Kerri Sheehan

Actress Alana De La Garza is bringing home a baby! The 36-year-old and husband, Michael Roberts welcomed a baby girl on July 7th. This is the couple's second child and they are ecstatic to expand their family. De La Garza dished to [People](#), "I was just overwhelmed with pure joy and love. I know it sounds cliché, but that's exactly how I felt."

How do you prepare for a baby girl over a boy?

Cupid's Advice:

There are a lot of things to take into consideration when a baby is on the way. Cupid has some tips for preparing for a baby girl:

1. Essentials: Make sure you have general items like stroller, crib, and diaper bag before you get more classified with gender specific touches. By not specifying a gender for these items you and your partner are able to use them again if you have another baby.

2. Other children: If you have other children then it's important to prepare them for the baby's arrival. No doubt they'll be helping take care of the new baby so make sure they're as ready as they can be for the newborn to arrive.

3. Final Touches: Once you've prepared for everything else then you can get into the gender more. You'll probably want girly clothes and shoes for your baby to frolic in, so make sure you're stocked up on those, as babies are messy!

How did you prepare for a baby girl? Share below.

What is Blake Shelton and Miranda Lambert's Idea of a Great Date?





By Kerri Sheehan

Country crooners Blake Shelton and Miranda Lambert may spend a lot of time in L.A., but they're not about to buy a house in the Golden State just yet. [People](#) reported that Shelton spends the time he's not filming in Oklahoma. He said, "As soon as we're done on Wednesdays, my a-- is on the plane." The 37-year-old judge on the *Voice* claims that he and Lambert prefer their dates to be low key. The two enjoy, "Throwing a cooler in the back of the pickup and driving around the property clearing brush and singing to the radio," said Shelton.

What are some ways to incorporate common interests in dates?

Cupid's Advice:

Dates are an important activity in any relationship. Cupid has some advice for keeping your dates unique:

1. Keep it simple: Sometimes a super chill date is just what the relationship needs. This is especially important for high profile couples like Shelton and Lambert. Keeping it simple allows the couple to strengthen their bond as a couple.

2. Incorporate a hobby: Often in a couple at least one half has a hobby that he or she likes to keep up with. Whether it's surfing, crafting, biking, or baking centering a date on a hobby is a great idea to try out.

3. Try something new: If you've been dating your partner for a while then you've probably had a million and one different dates. Make an effort to try something completely new that's totally out of both of your comfort zones. You don't have to go as extreme as skydiving or bungee jumping though! Trying out a new restaurant can be an adventure as well.

What was your favorite date? Share below.

Bachelorette 9, Episode 8: Meeting the Families





By [Jared Sais](#)

This week's episode of [The Bachelorette](#) hit close to home...literally. Desiree toured the country, visiting all of the guys' hometowns and meeting their families. She seemed to take this opportunity to reaffirm how she feels about each contestant, and luckily, each family was welcoming to her.

Her only somewhat-negative experience was with Zak's family, as they may have come across to her as a bit campy. She made an "aw face" while they were singing to her, which is characterized by:

- Raising the inner corner of the eyebrows
- Lowering the outer corners of the mouth
- Swelling of the lips
- Occasionally tilt of the head

It can seem like a look of sadness, but it's really more akin to the expression someone makes when looking at a cute dog

or baby. This non-verbal cue could mean that Des was genuinely touched by the gesture, or she could've been trying to be nice. It could also have been a look of pity. It didn't matter in the long run, though, since she sent Zak packing at the end of the episode.

Related Link: [Bachelorette 9, Episode 7: Confession in Madeira](#)

Ultimately, though, I believe that all Desiree wanted was proof that Drew's family is fun and loving, which she definitely got. She made it clear last week that she's made up her mind about who she's going to choose, and to me, the hometown dates only confirmed that fact.

This episode, perhaps more than any other episode of *The Bachelorette*, is applicable to our own lives. When you meet your significant's other's family, how do you think they feel about you? Here are some cues to consider.

Signs That Your Partner's Family Likes You

- **They give you real hugs.** Real hugs are tight and last a long time. If it concludes with the rubbing of the back of your neck, you know it's a real hug.
- **Their smiles are genuine.** When someone offers you a genuine smile, crow's feet appear in the corner of the eyes, the cheeks are pushed up and the corner of the lips rise.
- **They stay close to you.** Family members will sit next to you and position you in the middle of the group. They invite you into their personal space, which is less than four feet from them according to Edward T. Hall.
- **They want to get to know you.** They ask you about your interests, your likes and your dislikes.
- **They invite you to future events.** Such invitations are a clear indication that they like you and want to see you more.

- **They're eager to serve you food and beverages.** People who like you want to make sure you're taken care of and happy.
- **The ex isn't mentioned.** They rarely discuss your partner's ex, and when they do, it's to comment on your superiority.
- **They give thorough answers to your questions.** People who like you will take their time in responding to you. They may even seem to ramble when they tell stories because they enjoy your company and want to maximize the amount of time that they spend with you. Tedious as it can be, try to think of it as a type of initiation.
- **You're a part of family stories.** They start telling anecdotes about things that occurred while you were in their company, which really indicates that they consider you to be "one of them."
- **They treat you as a member of the family.** If your significant other's mother or father asks you to set the table or perform a different household chore, it's another indication that they view you as a member of the family.
- **They offer compliments.** Take it as a good sign that your partner's family showers you with praise.
- **You feel wanted.** Trust your gut. Stay attuned to the vibes – good or bad – that you pick up.
- **They stretch out their goodbyes.** It's hard to say goodbye to people you like or love. When leaving your partner's family, look for signs of sadness. For example, their voices might lower. They might also give you multiple hugs and kisses.

Related Link: [Bachelorette 9, Episode 6: Drama in Barcelona](#)

Signs That the Family Doesn't Like You

- **They give you fake hugs.** When someone gives a fake hug, their butt is pointed out. The hug is quick and may consist of

only a single or double tap on the back.

- **Their smiles aren't sincere.** Fake smiles only engage the lower half of the face. There is a total lack of eye movement.
- **They keep their distance.** They maintain space between themselves and you. Perhaps they scoot their seats away from you, lean back in their chair, choose a seat that's far away from you or find tasks to perform to avoid speaking to you.
- **They're uninterested.** They don't ask you questions about yourself or perhaps they simply exclude you from the conversation.
- **They exclude you from family events.** You notice that they never include you in their plans for family activities.
- **They glorify your partner's ex.** They speak very highly about your partner's previous relationships yet never compliment you.
- **They're not conversational.** They offer short responses to your questions.
- **They're reluctant to compliment you.** They rarely say nice things about you.
- **They have private conversations.** They often take your partner aside to have private conversations that are most likely about you.
- **It's impacting your partner negatively.** Notice your partner's mood. If they seem upset or angry, it may be because they are frustrated by having to defend you to their family.
- **Your partner emphasizes your strengths.** If your significant other starts describing you as the funniest, most brilliant person in the world, it's probably his attempt to ingratiate you to his family.

– **They say an unemotional goodbye.** When you leave them, they use casual phrases like “take care” or “see ya.” They may also say goodbye in a silly or high-pitched tone.

Meeting the family can be a daunting next step in your relationship. With these non-verbal and verbal signs in mind, however, you can determine how they feel about you and respond accordingly. Good luck!

After watching this week’s episode of *The Bachelorette*, how do you think meeting the families will impact Desiree’s final decision?

‘Glee’ Star Cory Monteith is Found Dead in Hotel Room





By Kristyn Schwiep

Glee star, Cory Monteith, 31, was found dead in his Vancouver hotel room on Saturday. According to [People](#), the cause of the death was not immediately apparent, and an autopsy was set for Monday. According to [The Age Entertainment](#), said there's nothing to indicate the death was due to illicit drug use. When Monteith missed his check-out time, staff went to his room and found his body, said Acting Police Chief Doug LePard. Monteith had been dead for numerous hours by the time his body was found. LePard added: "On behalf of the Vancouver Police, I want to pass on our condolences to the family, friends, castmates and millions of fans of Mr. Monteith. As was the case in countless homes, I watched *Glee* regularly with my daughters, and I know there will be shock and sadness in many households with the news of his tragic death."

How do you help your partner deal with a tragic loss?

Cupid's Advice:

Dealing with a tragic loss is hard, emotionally and and

mentally, so how can you help your partner deal with such a tragedy? Cupid has some advice for you:

1. Just be there: Even if you don't have the right words to say, just be there and keep them company. Letting them know that you let are there for them no matter what can be the most comforting of feelings. At least now they know that if they need or want someone to talk to they have you. Also, feel free to ask them if they need help with anything such as babysitting or taking them somewhere, if you offer they might be more welcome to the idea during this hard time.

2. Send a note: Send a note of comfort, especially if you can't be with them in person, and make sure it is written in your own words. It may seem cliché to send a note and flowers, but it can cause an incredible impact on some who is suffering a loss. Even the littlest gestures goes a long way during a time of need and they will remember that you spoke out of comfort to them.

3. Don't run away: Helping someone through such a tragic loss can sometimes be uncomfortable, but try and stay with them through this hard time. Don't be quick to judge if you feel uneasy about their behavior. Also remember, that you can't fix anything or make anything better, but as long as you are there you are doing something to help.

What are some ways you have helped your partner deal with a tragic loss? Share your thoughts below.

Prince William Is Showing No

Signs of Nerves Pre-Royal Baby



By April Littleton

While taking on his brother Prince Harry at a game of polo, Prince William showed no signs of nervousness as he awaits the birth of his first child, which is just days away. Tusk's chief executive Charlie Mayhew told [People](#), "We weren't expecting William to be here, it was a lovely surprise. He was on really good form." Prince William has ended all duties at the RAF Search and Rescue Base so he can be at his wife's side when she gives birth.

How do you soothe your partner's nerves pre-baby?

Cupid's Advice:

Most partners deal with anxiety over a pregnancy because they don't know what to expect when the baby comes. If it's the birth of their first child, they don't know if they'll be good parents, they worry over the health of their little one and they're nervous about seeing you in so much pain. Cupid has some advice:

1. Learn about the birth: To help ease your mind and your boo's, it's best to learn all about the birthing process before it actually happens. Many couples make the mistake of waiting until the actual delivery date to figure out what to expect – this is the wrong move to make. In order for your significant other to be more engaged and for you to feel more calm when the chaos sets in, you need to do your research. Participate in a birthing class, read pregnancy books and watch some interactive videos. The more prepared you are, the better.

2. Talk to your partner: Take the time to discuss the details of the pregnancy with your loved one, especially if this is going to be your first child together. Talk about what your expectations are and vice versa. You may even want to take this time to come up with a schedule for when the baby comes. Your life and daily activities will change, but your significant other may not be aware of this fact yet.

3. Pack early: Most of the pre-baby stress comes from couples delaying to get certain things done before the baby arrives – like packing for your trip to the hospital. Get your clothing and your baby's first outfit ready, buy a spare toothbrush, keep extra shampoo and conditioner stocked, etc. Whatever you think you'll need for your stay at the hospital needs to be already packed and ready to go.

How did you soothe your partner's nerves pre-baby? Comment below.

Halle Berry and Olivier Martinez Are Married



By April Littleton

The mom-to-be and the French film actor, Olivier Martinez got married Saturday at the Chateau des Conde in Valley, France, Berry's rep confirmed to [People](#). 60 people were in attendance, including the groom's mother, Rosemarie and brother, Vincent. The couple met while filming the 2010 flop *Dark Tide*. This is Martinez's first marriage and Berry's third.

What are some ways to keep your wedding small and intimate?

Cupid's Advice:

It's true that many women dream of having a big, fancy wedding. They want a large amount of guests and all the theatrics that come with having a huge wedding ceremony, but some brides like to keep things more low key. If you're one of those women who like to keep things simple and intimate, Cupid has some tips:

1. Narrow down the guest list: If your goal is to have a small wedding, then your guest list should reflect that. You should only invite your close friends and family to your special day. For an even more intimate surrounding, you should think about having the ceremony at your family's home.

2. Don't worry about the food: The food shouldn't be anything fancy if you're looking to keep things simple. Have a relative or friend cook up some of their favorite dishes. Don't worry about hiring an expensive baker to make your cake either. Instead, have someone you love and trust bake your cake for you. You'll save plenty of money having all of your loved ones pitch in and you'll all have some special memories you couldn't have if you were to hire a caterer.

3. No big arrangements: Think about using your own decorations for the wedding ceremony and reception. Ask some of your friends to help you put together a few cute flower arrangements and centerpieces. It doesn't have to be anything over-the-top. As long as your wedding represents who you and your hubby are as a couple, the price you spend on everything shouldn't matter.

How did you keep your wedding small and intimate? Comment below.

George Clooney Vacations in Lake Como Post-Split with Stacy Keibler



By Petra Halbur

The newly single George Clooney was spotted near his vacation compound in Lake Como, Italy, with friends last Wednesday, July 10. UsMagazine.com reports that the 52-year old actor appeared to be in high spirits despite his recent breakup with model, Stacy Keibler. The couple reportedly ended their 2-year relationship because of the amount of time Clooney had to spend away on location for work. "They hadn't had sex in months," a source confided. "He's been in Europe [filming *Monuments Men*], and she's in L.A., and they haven't seen each other in a long time. Some girls would be okay with

that and just be happy dating George, but not her.” Another insider added, “No one got dumped. They both discussed it and realized it was better that they split.”

How do you re-group after a heartbreaking breakup?

Cupid’s Advice:

Breakups are hard to bounce back from. It’s easy enough to tell yourself to move on but it’s difficult to actually do so. Cupid is here to help put the pieces back together after a break up:

- 1. Grieve:** A period of time in your life is over and that hurts. Give yourself some time to grieve and find some closure before moving on.
- 2. Get involved:** Volunteer at an animal shelter or food bank. A sense of purpose and accomplishment can do miracles to mend a broken heart.
- 3. Reconnect with others:** Chances are, you probably put a few friendships on the back burner while you were involved with your former partner. Take this opportunity to reconnect with them. Remember: being single does not mean that you are alone.

**How did you get your life back together after your break up?
Tell us below.**

**Doing It All: ‘The
Bachelorette’ Star Jillian**

Harris Launches Her Latest Project, Charlie Ford Vintage



Interviewed by [Lori Bizzoco](#); Editorial by Kristin Mattern

Many of us remember the charming Jillian Harris from ABC's *The Bachelor* and *The Bachelorette*. Since first revealing her sparkling personality, filled with irrepressible humor and emotional honesty, Harris has moved on to expose viewers to her design expertise on both *Extreme Makeover: Home Edition* and *Love It or List it Vancouver*. Staying true to her motto of "doing it all," she is now sharing her adoration for vintage and antique items as founder and creative director of Charlie Ford Vintage, a website that brings unique pieces, hand-selected by Harris and her team, to people across North America. "I've always been passionate about antiques. My mom used to take me antiques when I was a little girl," says

Harris. "And I realized that there was opportunity to share the things I loved with the world."

Harris is the quintessential busy bee, and she puts all of the energy her petite frame has into everything she does. Driven by her zeal for design and antiquities, she decided to launch her online shop with her closest friends, Tori Wesszer and Alyssa Dennis. *The Bachelorette* star is not only the face of the brand but also helps search for everything you see on the site. The website offers one-of-a-kind items from a variety of Canadian and American antique dealers that adhere to the company slogan of "redefining the way consumers view and buy vintage and antique home décor across North America." Harris is excited to work with her friends and the rest of her team, who she notes "is incredible!"

Related Link: [Exclusive: Maitland Ward of 'Boy Meets World' Believes that "Friendship, Trust and Laughter" Make for a Strong Relationship](#)

The inspiration for Charlie Ford Vintage came from a mixture of her live-in boyfriend Justin wondering what they were to do with the multitude of early 1900s apple boxes that Harris bought last year and repeated questions on her blog of, "Oh my gosh, where did you find that piece?" The brunette realized that saying she found an item in Vancouver didn't help someone in Idaho. She quickly decided she should offer the items she found online for others to buy. And with that, Charlie Ford Vintage (named after Wesszer's one-year-old son) was born.

But this isn't any regular online antique store. "Essentially, what I'm doing is personal shopping for you," Harris notes. "I go out, find the items and post them online, and then, our vendors just take a commission. We aren't marking things up; we're negotiating to make sure we get the best price." In the future, she and her team plan to allow for client requests. "If there is something particular you are looking for, like an

old cookie jar or a piece of art, we'll find it. We're out there all the time, in the trenches, searching for antiques that our customers want."

Harris certainly has her own sense of style and design. Her favorite piece is a blue, vintage buoy from the early 1900s that she bought while in Paella, Maui and made a part of a nautical vignette in her living room. When it comes to decorating and using antiquated items, she is a pro – and not just for women's spaces but for men too. "I think the great thing about vintage that a lot of girls don't realize is that guys love it too. If you put an old box for ammo on your coffee or side table, guys think it's awesome, and women love the connection and history. You really can't go wrong," she observes. "I think guys want the same thing girls do: something that's unique, something different. When you're decorating as a new couple or with a guy in mind, going vintage is great."

The former bachelorette has not only found love with antiques but also in her current relationship. Harris met Justin at a bar, and they immediately hit it off. "He was just gorgeous," she gushes. "He was very nice too. I was dating someone awful at the time and thought, 'You know, I'm gonna give this guy a try.' The rest is history."

"I will never let him go," she adds.

Through heartache, she learned what it takes to be happy in a relationship: "I believe that if you can't be happy with yourself first, you're not gonna be happy in a relationship. You can't beat yourself up too much, and you can't force something to happen. If it doesn't feel right, just let it go. Remember that there are plenty of fish in the sea and that you only live once." Wise words that the current bachelorette, Desiree Hartsock, should take note of.

Related Link: [Bachelorette 9, Episode 7: Confession in Madeira](#)

When not working as co-host of *Love It or List It Vancouver* (*Love It or List It 2* for viewers in the United States) or digging for treasures for Charlie Ford Vintage, she enjoys spending her date nights with Justin making dinner at home, playing cards and sipping wine by firelight. As for their future, she says, "I would like to have children in the next few years – in my late thirties, I think, would be a good time." So do we hear wedding bells? "Marriage is really important to me, but I don't think that marriage defines a relationship. I'm more concerned with our relationship being healthy and happy, and if the marriage part happens, it happens."

Harris also dreams of some more time off and for Charlie Ford Vintage to become her main – and only – project. "It's my passion," she remarks. "I'm hoping one day it can be enough to support me and my family, and I can continue to share what I love about antiques with the world."

To learn more about Jillian Harris, visit her blog www.jillianharris.com/ or stay connected through facebook.com/designerjillian or Twitter @jillianharris

LeAnn Rimes Denies Rumors That She's Pregnant





By Petra Halbur

LeAnn Rimes took to Twitter on Wednesday, June 10, to address some recent pregnancy rumors. “LMAO Star Magazine!” she tweeted. “I don’t know if you [doctor] the pics or pic the worst one you can find, but I’m far from pregnant and just dropped a jean size.” Rimes is already stepmother to her husband, Eddie Cibrian’s, two sons, Mason, 10, and Jake, 6. “I was just with the kids for the last two days taking care of them on my own, and trust me ... I have a newfound respect for working moms who do it all by themselves,” she said, according to UsMagazine.com. “It was my birth control for a little bit – so overwhelming!”

What are some ways to announce your pregnancy?

Cupid’s Advice:

Congratulations on your pregnancy! Now comes the task of announcing it to the world. Cupid has some ideas:

1. Facebook it: It may be unoriginal, but Facebook and other forms of social media are quick, effective ways to let all of

your friends and family know the happy news at once.

2. Put a bun in the oven: Invite friends and family over for dinner and before they arrive, place a hamburger bun in the oven. At some point, ask one of your guests to check the oven. It may take some explaining (“Bun in the oven ... get it?”) but they’ll appreciate the creativity!”

3. Take a photo: Get some friends together for a photo. Right when you would usually instruct them to say, “cheese,” announce your pregnancy and snap the photo. That captured moment of realization and excitement is one that you’ll all treasure forever.

How did you announce your pregnancy? Tell us below.

Kevin Jonas and Wife Danielle Are Expecting





By April Littleton

A rep for the *Married with Jonas* stars confirmed to UsMagazine.com that the happy couple are expecting their first child together. During a chat with E! News Tuesday, July 9, the singer said, "I was overjoyed. It's been the most exciting thing in my life so far." The duo met in 2007 while vacationing at the Bahamas and tied the knot two years later at Oheka Castle in New York's Long Island.

What are some ways to prepare your relationship for parenthood?

Cupid's Advice:

Expecting a child for the first time is the most amazing thing you'll ever experience, but it's also one of the scariest. Going through a pregnancy for the first time is full of the unknown. You're not sure what will happen, how it will affect your relationship or if you'll be a good parent to your child when he/she finally comes into the world. The dynamic between you and your partner will definitely change. It won't be just

about you and your love anymore. Cupid has some advice:

1. Discuss the essentials: Before the baby comes, you should talk to your partner about how you were raised and how you would like to parent. They should also provide the same information to you. In order to prevent any future arguments on the subject, it's important for the two of you to reach some sort of common ground on parenting techniques before the due date arrives. Talk about religion, dating, traditions, holidays, etc. If you reach a point in the discussion where you don't agree on something, that's where compromise comes in.

2. The money talk: You and your significant other need to be financially ready in order to take care of this baby. As a couple, you will need to figure out how much money you will need to put away for the child. Will you set up a college saving account early? What about insurance before and after the baby is born? You also need to be able to cover everyday expenses like clothing, food and housing for you as well as the baby.

3. Do your research: Take a few first-time parenting classes together. Make sure to leave some time to read a few baby books as well. Learning all you can about the pregnancy and about what's to come once the baby is born will relieve a lot of stress and anxiety.

How did you prepare your relationship for parenthood? Share your experience below.

Nick Lachey Wishes Jessica Simpson 'the Best' After Birth of Baby Ace



By April Littleton

According to UsMagazine.com, when E! News asked Nick Lachey if he still speaks with ex-wife, Jessica Simpson, Lachey said, "We're not in touch." Simpson gave birth to her second child, Ace Knute Johnson on June 30. "I certainly wish her the best, and I would like to think the same on her end, but we don't speak," Lachey said. The two have been divorced since 2006.

What are some ways to remain civil after a divorce?

Cupid's Advice:

Going through a divorce is one of the hardest things a person can deal with. Once a divorce is finalized, you might still be involved in your ex's life, especially if you have kids together. If the divorce was amicable, it shouldn't be too hard to remain friendly with your former spouse. However, it may be a little more difficult to remain on good terms if the breakup was nasty. Cupid has some advice:

1. Know your limits: Now that the two of you are no longer a couple, it's important to set personal boundaries. Your ex doesn't need to know the details of your love life and he/she shouldn't be discussing dating with you either. You may still consider each other a friend, but that doesn't mean you should continue to tell each other everything. Choose what you tell your ex-spouse wisely. If possible, stay away from personal topics altogether.

2. Get a third party: The best thing to do when dealing with an ex-wife/husband is to always seek out a person who can do the mediating between the two of you. If you're still at the stage where everything ends in a fight, find someone who is unbiased in the situation to help with final decisions (ex. visitation schedules for the kids) and to help smooth things over.

3. Give each other space: Take the time to move on from the divorce and all of the bad feelings that come with it. Refrain from making contact with each other for awhile. Putting some space between you and your ex will help both of you move on and you might eventually be able to form some kind of friendship later in the future.

How did you remain civil after a divorce? Comment below.

Rumor: Miley Cyrus and Liam Hemsworth Reunite in Canada



By April Littleton

Lately, rumors have been swirling over Miley Cyrus' and Liam Hemsworth's postponed wedding. According to [People](#), Cyrus and *The Hunger Games* actor, Liam Hemsworth were finally spotted together in Alberta, Canada. Hemsworth has been in Canada for several weeks filming the upcoming movie *Cut Bank*. If the rumor is true, this has been the first time the couple has been seen together since June 17 in Hollywood.

How do you know when to go public with your relationship?

Cupid's Advice:

When you first begin dating someone new, it's a good idea to keep things under wraps for awhile until you figure out if the relationship is going to last. Spilling the beans on your love life too soon can cause some tension between you and your new boo, especially if he/she isn't quite prepared to deal with your friends or loved ones. Do you think it's the right time to go public with your partner? Cupid has some tips:

1. Family matters: Has your significant other been asking questions about your family or friends lately? If he/she seems genuinely interesting in your family life, then it's time to go public with the relationship. Don't just break the news to everyone at once using social media applications like Facebook. If your love hasn't met the parents yet, invite your family over for dinner and let them get to know each other. If all goes well, gradually introduce a few of your friends to your boo.

2. You're in love: The obvious sign that it's time to go public with your relationship is if you're in love! You can't imagine being with anyone else and you spend all your time with your new partner. It's time to tell all of your loved ones who you're sharing your life with.

3. Enough time has passed: If the two of you have been a couple for several months now and things seem to be going well, then it's time to let the people you love know what's going on. There's a difference between keeping your love life private and keeping your relationship a complete secret. If you continue to shut your loved ones out of your private life, your partner might think you're ashamed of being with him/her.

How did you know when it was time to go public with your relationship? Comment below.

Nigella Lawson Is 'Devastated' Over Charles Saatchi's Divorce Filing



By Kristyn Schwiep

When Charles Saatchi decided to file for divorce, Nigella Lawson was caught off guard. According to the [New York Post](#), Lawson had no idea that her husband was about to announce their separation in a statement to a Sunday newspaper. She is devastated that their family is falling apart, and she has no control over the situation, an insider told [UsMagazine.com](#).

How do you cope when your partner breaks your heart?

Cupid's Advice:

It's never easy when your partner breaks your heart. The end of a relationship can put your life in shambles and trigger painful emotions. So what are some ways you can cope when your partner breaks your heart? Cupid has some advice:

1. Find support: Open up to family and friends or join a support group. Being able to open up and share your feelings will guide you through this difficult time. Isolating yourself through this period can add stress and depression to you. Don't be afraid to talk to other about your emotions, people are willing to listen.

2. Take care of yourself: It's crucial to take care of yourself emotionally and physically. This can be a hard time for anyone so remember to exercise, eat well, and relax. Also, take the time to do something you've always be interested in, spending time with your friends and family, and focusing on you. Doing something that will make you happy will go a long way. Think positively, life will get back to normal.

3. Look to the future: Don't look back with regret. Once you've accepted the end of your relationship you will begin to heal. Also, it may seem hard to believe you will find love again, but remember you are allowed to – and will love again. So set your sights on the future and don't look back.

How do you cope when your partner breaks your heart? Share your thoughts below.

George Clooney and Stacy

Kiebler Call It Quits



By Kristyn Schwiep

After two years of dating George Clooney and Stacy Keibler have decided to split. The decision to split wasn't an easy one. According to UsMagazine.com, Keibler and Clooney have been having ongoing discussions in the last few weeks and they both realized it was better that they split. The distance between the two didn't make their relationship any easier. Due to working on different projects, the couple hadn't been in the same country for a long time.

What are some ways to make a long distance relationship stronger?

Cupid's Advice:

Long distance relationships are tough on the heart. Is dealing with the separation and fear of doubt worth it? Cupid has some advice on how to make your long distance relationship stronger:

1. Communicate: Talk to your partner about your expectations about the relationship and try to understand each other's. Discussing the parameters of your relationship will save you the heartache and misunderstanding in the future. So make sure you ask your partner questions like, "What are you looking to get out of the relationship?" or "Are we going to be exclusive?" Don't be afraid to communicate.

2. Keep the romance alive: Talking on the phone every day can become repetitive and boring, so try other things that can keep the romance alive. If you want to see your partner, video chat is a great alternative to the average phone conversation. Also, try and think of other ways to keep the romance alive such as, sending flowers, watching TV or movies simultaneously together or sending e-cards. Here's a list of 100 things you can do in a long distance relationship.

3. Take advantage: Being with someone who is close to you in distance can put a strain on your relationships with family and friends, so take advantage of the benefits while in a long distance relationship. You get to spend more time with your family and friends without having to choose, you get to maintain your individuality and when you reunite after being apart you have the opportunity to fall in love over and over again.

What are some ways to make a long distance relationship stronger? Share your thoughts below.

Wiz Khalifa and Amber Rose Tie the Knot



By Kristyn Schwiep

Wiz Khalifa and Amber Rose are officially married. According to [People](#), Khalifa, 25, and Rose 29, both announced their marriage via Twitter. Khalifa tweeted Monday, "Me and Amber got married today. Weddings this fall. Thought I'd let yall know." Rose also mentioned their marriage via Twitter with a simple statement, "Yay me and my baby are officially married!!!"

What are some benefits of getting married at the courthouse?

Cupid's Advice:

Getting married at a courthouse is not your traditional idea of a wedding, but there are some benefits that will outweigh the costs. What are some benefits of getting married at a courthouse? Cupid has some advice for you:

1. The cost: Getting married at your local courthouse will definitely save you money. The average cost of your traditional wedding is normally anywhere between \$19,000 and \$30,000. Getting married in front of a judge will save you money on a wedding dress, guest invites, venue cost, food cost and everything else that goes into a big, traditional wedding. A courthouse marriage can cost as little as \$30 for the expense of a marriage license.

2. Stress: Just think about how stress-free you will be. You know when, where, how. The bride doesn't have the added stress of picking out a wedding dress and bridesmaid dresses, you don't have to stress about who to invite, and the cost is significantly lower. Without the added stress you will have the time to focus on each other.

3. Time: You also don't have to stress about time. It takes a lot less time to plan and lot less time to get married. If you have less time worrying about actually getting married, you have more time to spend with your newlywed. Also, having a courthouse wedding is a great option for couples who need to get married quickly!

What do you think some benefits are of getting married in a courthouse? Share your thoughts below.

Jaime Ray Newman Celebrates Rooftop Baby Shower



By Shannah Henderson for Celebrity Baby Scoop

Jaime Ray Newman, star of ABC's *Red Widow*, and her husband, Guy Nattiv, were showered with love by family and friends like Lindsay Price at their recent rooftop baby shower in West Hollywood. Planned by celebrity event guru, Renee Simlak, and hosted by DaddyScrubs, a line of "I'm The Daddy" gifts and apparel, the co-ed affair gave guests a chance to honor the welcoming of Jaime and Guy's first child, a daughter due in August.

At the event, Jamie opened up to Celebrity Baby Scoop about her baby shower and how her pregnancy has been going. She also went on to talk about her upcoming projects and what she's

looking forward to the most in becoming a first-time mom.

Related Link: [Jessica Simpson Celebrates Her Baby Shower](#)

CBS: What was your favorite part about the baby shower today?

JRN: "My favorite part was seeing all of my family and friends in one little venue. It was great to be surrounded by people who I haven't seen in six months...they can't believe my belly! Our wedding was in Israel and we didn't have an American wedding, so this kind of made up for our wedding, because it was a co-ed event. It was overwhelming and wonderful to see everyone in one place."

CBS: How has the pregnancy been going?

JRN: "Thankfully, I've been feeling really good. Now I'm starting to slow down and my feet are getting a little tired, but up until now I've had a lot of energy and I've felt great! I love being pregnant."

CBS: What are you looking forward to the most in becoming a mom?

JRN: "All of the endless nights of sleep I am going to get. [laughs] I am just excited to have something bigger than me and Guy out there. You get so self-involved and wrapped up in yourself, especially in our business, so it will be really nice to have something more significant than us."

CBS: What's the best advice you've gotten from your mom friends?

JRN: "Don't be scared to take hand-me-downs. When someone is finished with one thing, say, 'I'll take it!' Babies grow out of things so quickly."

Related Link: [Jill Zarin Says, 'Women Can Have It All But Not All At the Same Time'](#)

CBS: Do you have any baby names picked out yet?

JRN: “Yes, but I’m not saying anything! [laughs] You’ll know in six weeks. We’ve had the name picked out for a couple of years.”

CBS: How do you plan on balancing motherhood with your career and everything you have going on?

JRN: “There are many actresses who’ve done it beautifully before me, so I know I’ll be able to do it. Somehow I’ll work it out. My husband and I are starting to produce, so that will give us more freedom. People have kids and careers every single day.”

For the rest of the interview visit celebritybabyscoop.com/2013/07/05/celebrates-rooftop-shower

Victoria Beckham Says She Feels Guilty Being a Working Mom





By Kerri Sheehan

You may know her as Posh, but since her Spice Girls days Victoria Beckham has managed to have four kids, marry soccer star David Beckham, and start a successful career in fashion. However, Beckham admits that she feels a bit guilty about being a working mom. She told UsMagazine.com, "It's a huge juggling act, when you are a working mother and looking after your family. Millions and millions of women around the world are doing this every day, but it's not easy and yes, you feel guilty every time you walk out of the door to go to work."

How do you balance your career and family successfully?

Cupid's Advice:

For working moms there is never enough time in the day. Read on to find out how balance is key:

1. Set goals: Many people set goals at work, however it is important to do the same at home. Start small, like making it home for dinner and then transition into larger things like spending one whole day a week with your family.

2. Separate your time: Nothing will make your children feel worse than you taking a business call during time you reserved for your family. Keep your career time and family time from bleeding together.

3. Communication: Make sure you're open to criticism from your partner and kids. If your family feels neglected then they may be scared to tell you so. Let them know that it's okay to tell you you're doing a bad job of juggling both.

How do you balance your career and family? Share below.

Alison Sweeney Chats About Keeping Her Family Healthy with Frigidaire





By [Whitney Johnson](#)

Many fans – myself included – look to Alison Sweeney as a source of inspiration when it comes to living a healthy lifestyle. In our exclusive interview with *The Biggest Loser* host, she shares her tips for staying motivated and helping her family make smart choices when it comes to diet and fitness. For instance, when it's snack time for her two children, keeping her refrigerator organized is incredibly important. "I want those healthy choices front and center. I want them in their eye line, so that they see them when they open the refrigerator door," she explains. "I think that makes it much more likely to be something that they pick."

Plus, Sweeney shares some behind-the-scenes secrets from her upcoming film *Second Chances*, premiering on The Hallmark Channel on July 22nd.

Check out *Frigidaire* on facebook.com/Frigidaire?fref=ts and Twitter @Frigidaire for more information.

For more videos from CupidsPulse.com, check out our YouTube

channel youtube.com/user/CupidsPulse