

Jennifer Aniston Says She and Justin Theroux 'Already Feel Married'



By Kristyn Schwiep

Jennifer Aniston seems to be in no rush to tie the knot with fiancé Justin Theroux. According to UsMagazine.com, Aniston already feels married to Theroux. "We just want to do it when it's perfect, and we're not rushed, and no one is rushing from a job or rushing to a job," Aniston told *The Associated Press*. After the couple had been dating for a year and a half, Theroux popped the question on his 41st birthday last August. She told *The AP*, "We have yet to set any dates."

What are three things that change when you tie the knot?

Cupid's Advice:

What really changes when you get married? Money? Sex? Commitment? Cupid has some advice for you to show you what can change when you tie the knot:

1. Money: Figuring out how to manage your money when getting married can cause a lot of stress on a new relationship.

Merging accounts, debating who spends what, and revealing your credit history can send you into a whirlwind, but though this might be a hard change it can also bring you closer to your partner. Then again, working it all out? Surprisingly intimate.

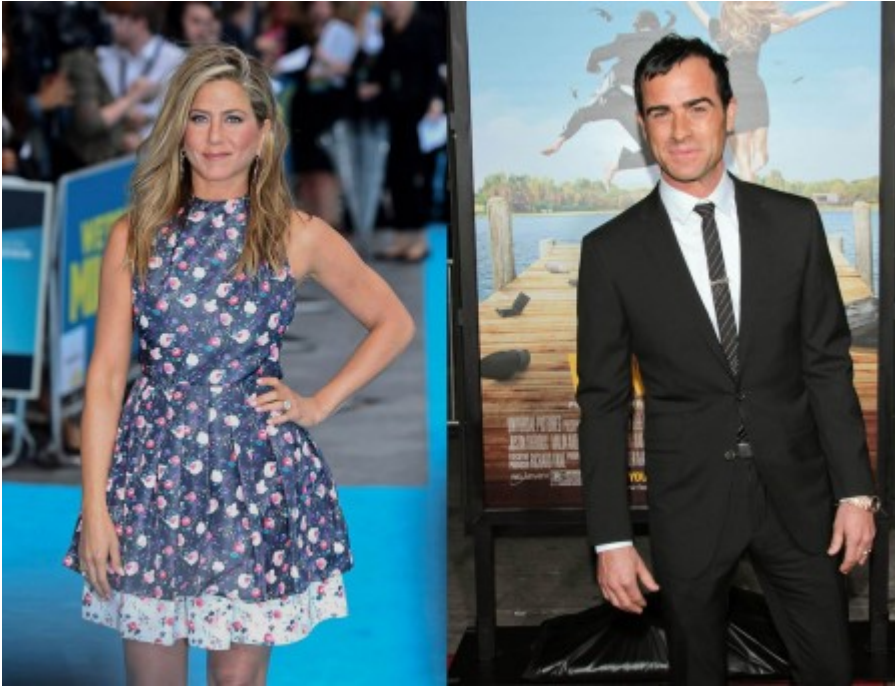
2. Sense of commitment: When you are married, commitment is something strong and real. Having a solid foundation gives you the strength and courage to face challenges you might not have alone. Commitment is no going back.

3. Family and friends: Getting married can sometimes put a strain on your relationship with your friends, but it can also bring you closer to your new relatives that you can call your own. Having a new family can be a pretty big change, but it is also something special that you get to share with your spouse. Also, try to remember your friends after you get married and try to go out with them once a week to keep your friendships strong.

What has changed for you since you have tied the knot? Share your stories below.

**Justin Bieber Surprises
Selena Gomez with a Single**

Red Rose at her Birthday Party



By Kristyn Schwiep

Selena Gomez celebrated the big 2-1 with family and friends at Revolve Clothing beach house in Malibu on Saturday, July 27. According to UsMagazine.com, on-again, off-again boyfriend Justin Bieber made an unannounced appearance. "Justin flew in specifically for the party on a day off from his tour," the source said. "He wasn't dressed in costume, but carried a single red rose in his hand." Best friend Taylor Swift could not attend due to performing at a show, but other celebrity guests including Julianne Hough, Nina Dobrev, Derek Hough, Ashley Benson and Jaden Smith attended her themed soiree. Later in the night, Smith helped Gomez and Bieber sneak out of the house under a blanket and an umbrella. The duo were holding hands.

How do you surprise your partner for his/her birthday?

Cupid's Advice:

Tying to surprise your partner for his/her birthday? Cupid has some advice for you on how you can surprise your partner for their birthday:

1. Surprise gift: One of the best ways to surprise your spouse is a gift. It is easy and thoughtful, so it can really surprise your partner and show that you really care. It doesn't have to be expensive. Think about surprising them with their favorite meal or if they have been talking about something for a while, buy it for them. Just show them that you care and that you are thinking about them.

2. Surprise party: Surprise parties are a great idea no matter how old you are. They are fun, they show you care, and it brings family and friends together. Make a party your partner will remember for a lifetime. Surprise parties are a great way to celebrate your partners special day.

3. Surprise getaway: Have the car packed and ready to leave for the weekend for your surprise get away trip. Don't tell your partner where you are going, just get in the car and go. Even if it is as small as a bed and breakfast your partner will love the thought and excitement behind it and it will make for a great birthday getaway.

**How have you surprised your partner for his/her birthday?
Share your story below.**

Selena Gomez Pulls Plug on Live Interview After Justin Bieber Question



By Petra Halbur

Selena Gomez took fairly drastic measures to avoid discussing her on-again-off-again relationship with Justin Bieber on July 22. According to UsMagazine.com, the 21-year old singer was making a live television appearance on WGN Entertainment when the host, Dean Richards, brought up the 19-year old heartthrob. "Is there something about him that we don't get or we don't understand?" he asked. "I mean there's one story after the other of pretty outrageous things that we are reading about. What don't we get about him? Or what is it that he's not getting out there?" Gomez smiled awkwardly before her team cut off her footage and uploaded a black screen with the words "Star Dance Tour With Selena Gomez. Tickets Available At

Ticketmaster.com.”

What are some ways to address questions about your ex post-breakup?

Cupid's Advice:

The only thing worse than a breakup is the endless series of questions you have to face afterwards. How do you deal with them? Cupid is here to help:

1. Keep it civil: As angry as you may be after a breakup, resist the temptation to bash your ex. Unless your partner was abusive, he or she does not deserve such treatment and you won't feel good about it either in the long run.

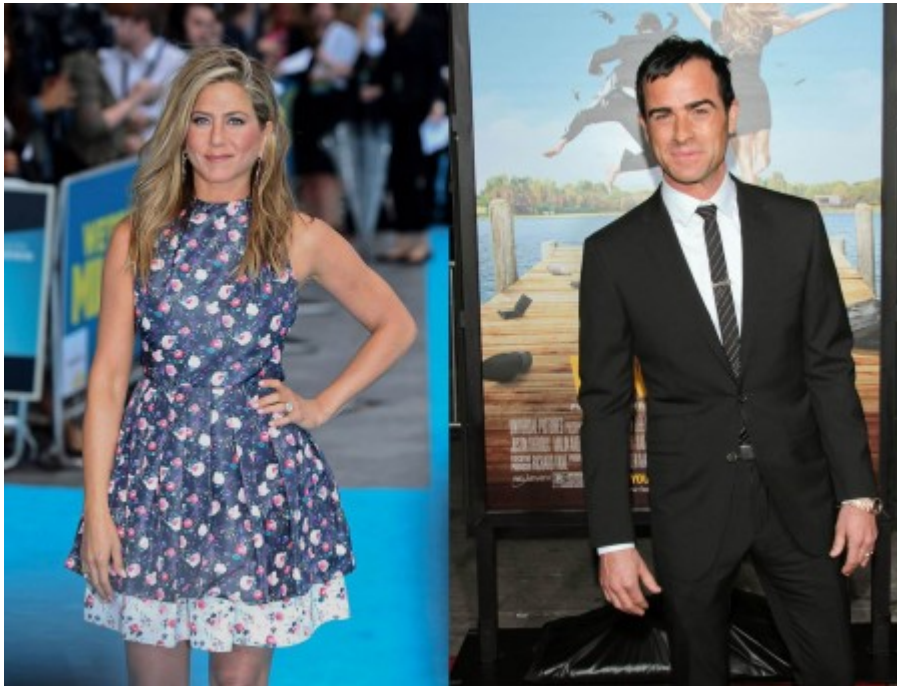
2. Provide short answers: “It was mutual” or “He didn't see a future with me” are simple, short answers to complicated questions. If you find yourself fed up with the constant inquisition or reluctant to disclose all the ugly details, honest yet succinctly replies might be the best way to go.

3. Decline to answer: If a question is too personal or you just don't feel like addressing such a painful topic, politely explain that you'd rather not talk about it. It's not rude to make clear that some topics are off the discussion table.

How have you dealt with post-breakup questions? Tell us below.

Sources Say Cory Monteith Was Planning Surprise for Lea

Michele's Birthday Before Death



By Petra Halbur

It seems that Cory Monteith may have been planning a surprise for girlfriend Lea Michele at the time of his death on July 13. According to UsMagazine.com, Michele told friends that Monteith had something special in store for her 27th birthday in August. "She didn't know what," a source says. "But she thought it could be a party and possibly a trip somewhere." Michele is currently grieving with Monteith's family.

What are some surprises to plan for your partner's birthday?

Cupid's Advice:

Often, as adults, we let birthdays slip by with little or no celebration. How can you ensure that your partner's next

birthday is one to remember? Cupid has some ideas:

1. Weekend getaway: Announce that you've rented out a rustic cabin or reserved a room at a bed and breakfast for the weekend. It'll be a great surprise and ensure romantic weekend.

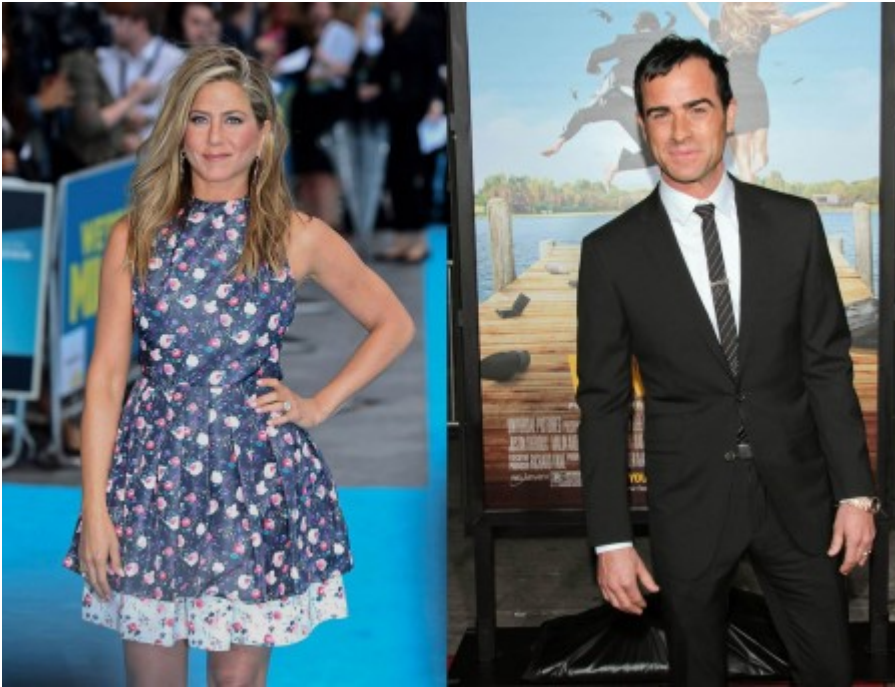
2. Bite the bullet: Do something your partner loves that, quite frankly, you're not crazy about. Whether it's watching *The Notebook* or going to ComicCon together, your partner will appreciate that you made his or her happiness a priority.

3. Erotic fantasy: Rose petals, lavender lotion, handcuffs ... whatever it is, indulge your partner's sex wildest sexual fantasy.

What surprises did you spring on your partner for his/her birthday?

Charlotte Ross of 'Hit the Floor' Says, "Waiting for Mr. Right Won't Get You Anywhere"





By [Whitney Johnson](#)

Charlotte Ross has a Hollywood story meant for the big screen: she fell in love with acting at an early age and began pursuing her dream while growing up in Winnetka, Illinois. She worked at Second City and the Goodman Theatre until graduating from high school. Just a month later, she moved to Los Angeles and was quickly cast as Eve Donovan on the infamous soap opera *Days of Our Lives*, a role that later garnered her two Emmy nominations. Audiences now recognize her as Quinn Fabray's uptight mother Judy on the hit show *Glee* as well as Olivia Vincent in the summer series *Hit the Floor*.

Related Link: [‘Glee’ Star Cory Monteith is Found Dead in Hotel Room](#)

The popular VH1 show, which airs its final episode of season one tonight at 9/8c, is about “a professional basketball cheerleading squad; the back stabbing that ensues to get and stay on the team; and the inner workings of the corporate side of this world.” Her character was a star dancer in her younger years and now serves as the director of the Devil Girls. As the actress explains, “Olivia’s extremely driven, expects complete professionalism and won’t settle for less than perfection at every performance. She can be a bit relentless,

but she's also like a protective mother who just wants her girls to succeed."

"It's a ripe background for juicy drama, and the writer and executive producer, James LaRosa, doesn't disappoint," she adds with a laugh. I think he was born to write this show!"

As much as she loves being on stage, Ross's heart belongs to Max, her nine-year-old son with ex-husband Michael Goldman. The couple divorced in 2008 after four years of marriage but continue to co-parent their son. True to her optimistic personality, she chose to remain positive during this difficult time. "The truth is, we all have a good argument as to why our ex isn't the best partner, parent or friend, but I worked really hard not to focus on the negative because I wanted what was best for my son."

And what's best for Max is two parents who are able to "come into each other's houses without tension or stress. I'm beyond blessed that my son is very well-adapted to having two homes," she candidly shares. "I enjoy it as well. I get to be fully 'on' when I'm with him and then 'off' when his father has him."

Her advice for parents in a similar situation is simple: "Try to deal with the challenges as best as you can because it really makes a difference for your kids. They can actually learn something good from it, like how to work through tough things and treat people with respect."

Related Link: [Solo Parenting: Reconsidering Your Ex](#)

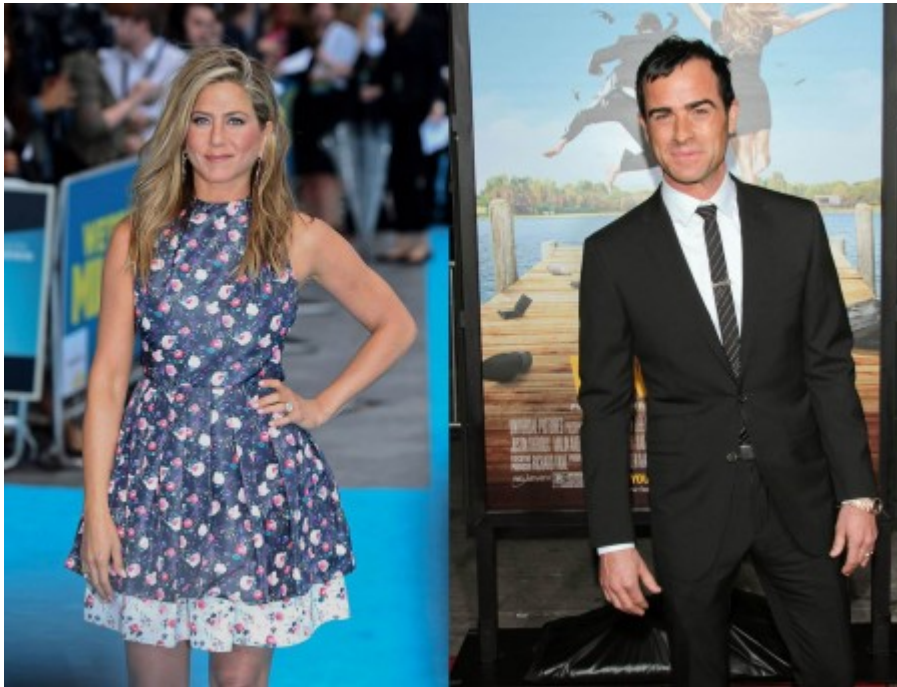
Of course, jumping back into the dating game after divorce is never easy. The single actress says being proactive is the best way to meet someone new. "Sitting and waiting for Mr. Right won't get you anywhere. Instead, step out of your comfort zone and normal circle of friends," she says. "And don't be afraid to be set-up! Remember that your friends know you well and know what kind of partner you want."

As shown by her diverse professional choices, stepping out of her comfort zone is nothing new to Ross. This fearless attitude extends to her personal life too; she's even training to climb Mount Kilimanjaro later this summer. The blonde, who says "nature is like a church," sees this trek as number one on her bucket list. "It's been a dream of mine for years. We all have that list of 'One day, I will...' Well, time is passing, you know?" Reflecting further on the upcoming journey, she explains, "Challenging ourselves can be very healing. This adventure is both a physical one and a spiritual one."

The actress knows firsthand the effects of living a healthy lifestyle. "I truly believe that working out and clean eating (most of the time) is the fountain of youth. I look and feel better than I did decades ago. It amazes me!" As if that's not enough reason to head to the gym, she adds, "When you sweat for an hour or so each day, daily stress doesn't take the toll that it normally would. I think everyone should make time for fitness no matter how busy their life may be."

Don't miss tonight's season finale of Hit the Floor on VH1 at 9/8c! For more information about Ross, check out her website charlotteross.com/ or follow her on Twitter @charlotteross.

Former 'Facts of Life' Star Kim Fields Is Expecting Second Child



By Petra Halbur

Kim Fields is pregnant with baby #2. According to [People](#), the former *Facts of Life* actress will announce her pregnancy on an episode of *The Real* that will air next week. Fields and her husband, Christopher Morgan, who already have a 6-year old son named Sebastian Alexander, plan to name their second boy, Quincy Xavier. "Sebastian and Christopher are very excited," she says on *The Real*, "Chris and I were very blessed to really have one another, to have our family and friends and our God to really get us through that."

How do you prepare for a second child versus a first?

Cupid's Advice:

You've found out that you're expecting a second baby! How will this baby be different? How do you get ready to have a second child? Cupid is here to help:

1. Get out the hand-me-downs: Good news! You don't have to

spent a fortune on your baby this time around (well, not as big a fortune). Sort through the clothes and toys that your first child has outgrown and set them aside for your second baby.

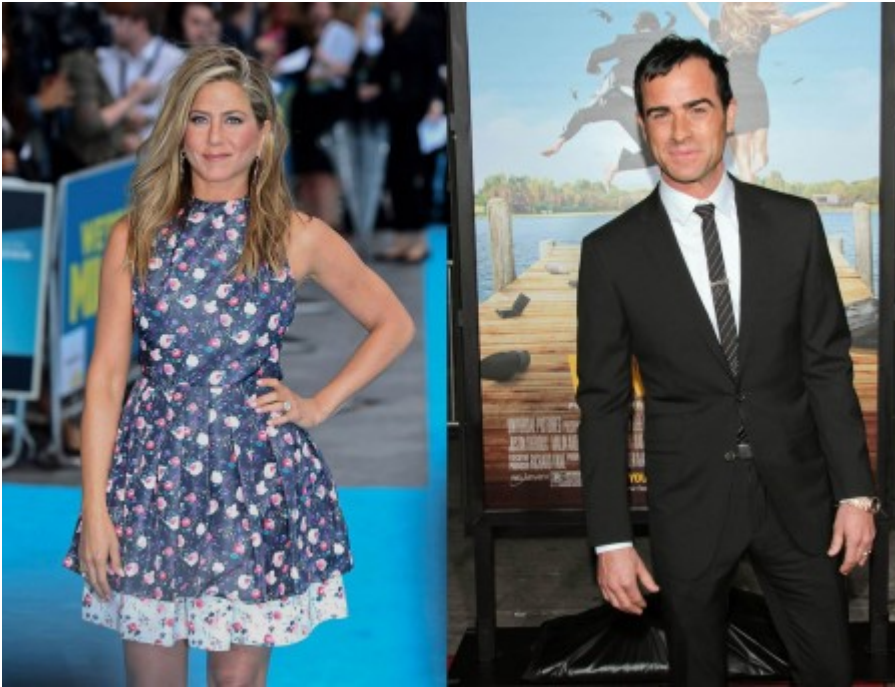
2. Don't expect him/her to be like the first: Every child is different. Don't assume that your new baby will have the same personality or temperament as his or her older sibling. Try to limit your expectations and keep an open mind.

3. Learn from your mistakes: New parents always get things wrong. Remember back to the little mistakes you made the first time around (diaper fiascos, obsessive cleanliness etc.) and make sure to avoid them with this child.

How did you prepare for your second child? Tell us below.

Prince William and Kate Middleton Introduce Their Son to the World





By April Littleton

According to [UsMagazine.com](https://www.usmagazine.com), a day after Kate Middleton gave birth to a healthy boy, both parents decided to show him off to the world. The happy couple emerged outside the Lindo Wing at St. Mary's Hospital. In a statement released Tuesday, July 23, the first-time parents said, "We would like to thank the staff at the Lindo Wing and the whole hospital for the tremendous care the three of us have received."

How do you introduce your newborn child to friends and family?

Cupid's Advice:

The arrival of a newborn can be challenging, especially if it's your first child. It comes to no surprise that your friends and family will want to see the baby as soon as he/she is allowed to go home with you, but it's best to introduce your baby to a small amount of people little by little. You don't want to overwhelm yourself or the baby with loads of people hovering around you. Cupid has some tips:

1. Start with family: Introduce your new baby to your family first. Start with your parents and your partner's parents. Don't allow all family members to come and see the newborn all

at once. Doing this could cause your child to become irritated and the stress of so many people surrounding your baby might cause you to become frustrated as well.

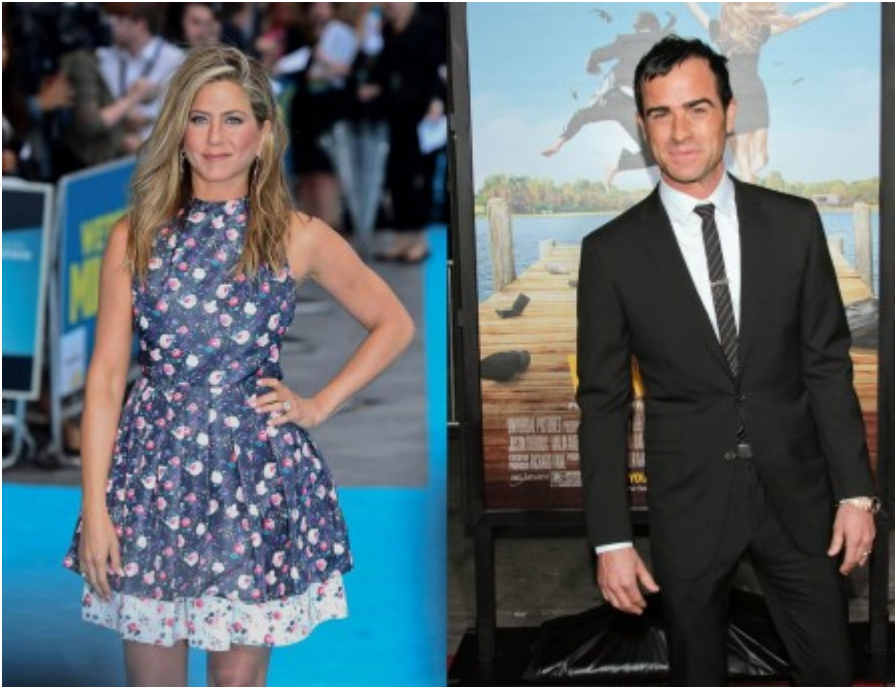
2. Let close friends visit: It isn't healthy to have your newborn outdoors for long periods of time. Since your baby is so young, he/she can catch an illness quicker. If you're really anxious for your friends to see the baby, let a few of them come to you. Invite one or two friends over to your house when your baby has been fed and is ready for a little interaction.

3. Social media and video chat: Some of your friends and family might not live in the same state as you. In this case, take a few pictures of your newborn and post them to Instagram, Facebook or whatever social networks you use. Also, it would be a good idea to video chat with some of your distant relatives. It's not as personal as a live visit, but it's much better than just looking at pictures.

How did you introduce your newborn to friends and family? Comment below.

**‘Bachelorette’ Desiree
Hartsock Speaks Out at ‘Men
Tell All’**





By April Littleton

The bridal stylist blogged on [People](#) about the ups and downs she went through while getting the chance to see all of the men she dated on *The Bachelorette* again. She talked about her unresolved feelings for some of the contestants and how it felt to see some of the men who manipulated her. "It was exciting and fun to to see everyone at *Men Tell All* and to hear what they had to say after watching the episodes," Hartsock said.

What are some ways to tell your partner something difficult?

Cupid's Advice:

Sometimes it's hard to tell your loved one something important depending on how they usually react to surprising news. The more difficult the situation is, the harder your partner may take it. Unresolved issues can escalate into a fight, so whatever the problem is, don't keep quiet. Cupid is here to help:

1. Practice: Before you bring the issue up with your partner, it's best to prepare what you want to say first. If you're nervous or unsure of how to bring the subject up, this tactic

might help you. Practice in front of the mirror or ask one of your friends to sit in as your love.

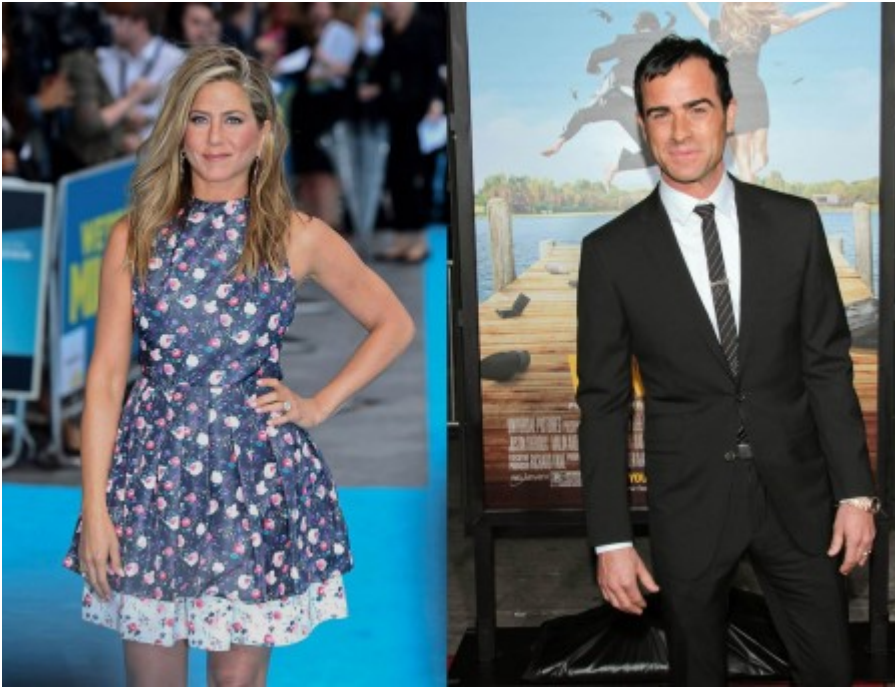
2. Don't get defensive: When you do tell your significant other the bad news, try not to place any blame where it doesn't belong. It may be hard for you to do so, but consider your partner's feelings in the situation. Be kind while still remaining honest. Both of you need to be responsible for whatever is going on in the relationship. One of you shouldn't feel worse than the other.

3. Write it down: Sometimes the best way to say something is by not saying anything at all. If you don't have the heart to tell your loved one bad news vocally, try writing it down instead. Write down all of your feelings in a letter and give it to your partner when you feel ready.

How do you tell your partner something difficult? Comment below.

Jimmy Fallon and Wife Nancy Welcome a Baby Girl





By April Littleton

The *Late Night* host's rep confirmed to [People](#) that he and his wife Nancy Juvonen welcomed a baby girl Tuesday at 6:21 a.m. The first-time parents are "overjoyed about the arrival of their beautiful daughter," his rep said. The couple has been married since December 2007.

What are three things to remember about being first-time parents?

Cupid's Advice:

You've waited 9 months for your little bundle of joy to get here. The day has finally come and you get to hold your baby for the first time. Panic starts to set in when you realize it's up to you to keep this small human being safe and protected for many years to come. Don't let this thought overwhelm you, Cupid has some advice:

1. It's OK to ask for help: If you need some guidance, ask for it. You're a first-time parent, so it's only natural for you and your partner to have a few questions along the way. Your family and close friends won't mind helping you. In fact, they would love the chance to get to know the baby as well!

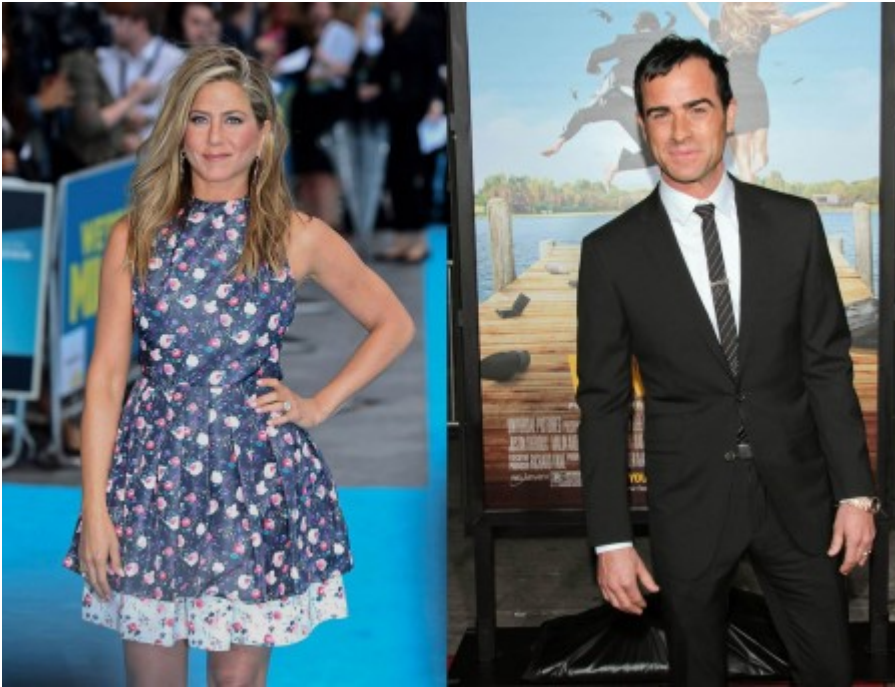
2. Listen to your baby: First-time parents tend to get frustrated when they begin to “think” that they don’t understand what their child wants. It’s simple. Your newborn will cry when she/he is hungry, tired or bored. As the two of you get more acquainted, you’ll be able to recognize the difference between those three cries. Don’t let your emotions get the best of you. If you’re patient and you just listen to what your baby is trying to tell you, you’ll be less stressed and have a better time learning how to care for your child.

3. You’ll make mistakes: All parents make a few mistakes the first time around. You might put the diaper on wrong and it ends up sliding right off. Breastfeeding may prove to be difficult the first few times. Hitting a few roadblocks when parenting is perfectly normal. Just remind yourself that your baby will love you as long as you care for them with the best of your ability.

What are some other things first-time parents should remember? Comment below.

‘Charmed’ Star Rose McGowan Is Engaged to Davey Detail





By Kristyn Schwiep

Former *Charmed* star, Rose McGowan, is engaged to artist Davey Detail, [People](#) confirms. McGowan, 39, previously dated Marilyn Manson and was engaged to her Grindhouse director Robert Rodriguez in 2007. McGowan and Detail have been dating for a year. McGowan told *People* last November that sloppy kisses are her dating deal-breaker. "That's the worst," she said. "You could find the hottest guy on the planet and if he's a bad kisser, it just doesn't work."

What are some dating deal breakers?

Cupid's Advice:

There are certain traits that will have you running for the hills. Cupid has some advice for you:

- 1. Lack of honesty:** Want to keep a relationship strong and growing? You need to make sure you do not lie about major things. We all tell little white lies, and even though they may be annoying, they won't totally break the deal. But, don't lie about things such as relationship status, medical history, children, or a criminal record if you want to make things work. Remember, honesty goes a long way.

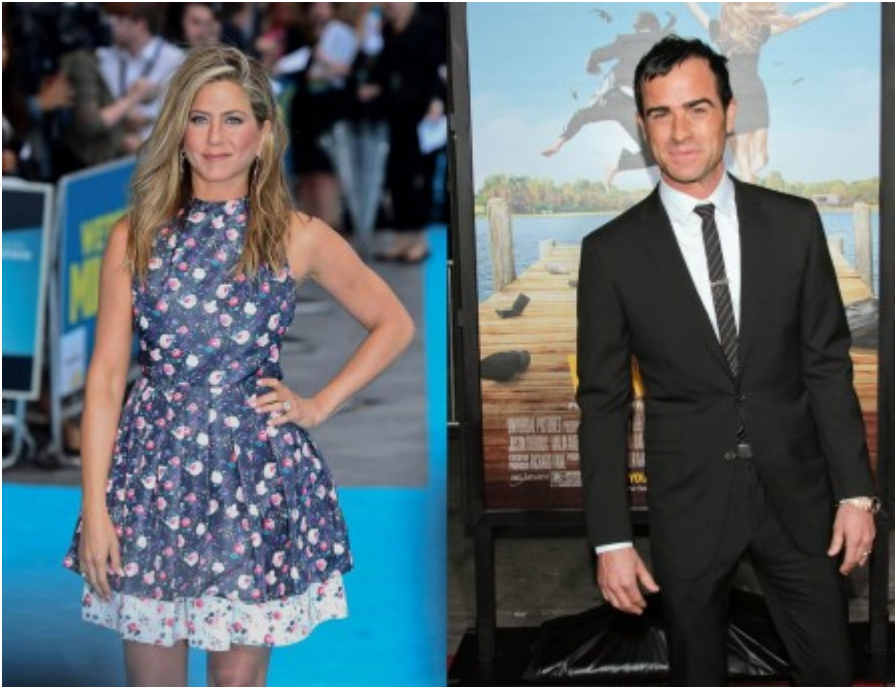
2. Jealousy: Jealousy can turn from cute to bad very soon. In the beginning of a relationship joking about leaving your partner for someone else, or calling several times to say hello seems okay. But when your partner starts checking your phone or stopping by your place unannounced things might become dangerous. Don't let jealousy ruin something that could be great, so make sure you trust your partner because if you don't things can go sideways quickly.

3. Not having your own life: When you're in a relationship and your partner is your best friend it is one of the greatest feelings in the world. You have someone to spend lazy days with or have someone to help you through hard times, but be sure to maintain a relationship with your own group of friends. It's good to be friends and go out with your partners group of friends, but sometimes it is very important to go out with your own group of friends and then try meeting up after. Time apart only makes the heart grow fonder.

What are some of your dating deal breakers? Share your thoughts below.

Royal Baby: Prince William Says 'We Could Not Be Happier'





By Kristyn Schwiep

The Royal Baby has arrived. On Monday, following the birth of his son, Prince William said, "We could not be happier." According to [People](#), William, 31, is spending his first night as a father at St. Mary's Hospital in Paddington, London, with his wife, Kate, 31, and their newborn son. Prince Charles, William's father, said "Grandparenthood is a unique moment in anyone's life, as countless kind people have told me in recent months, so I am enormously proud and happy to be a grandfather for the first time."

What are some ways to support your partner through the first days with an infant?

Cupid's Advice:

Becoming a parent for the first time can make you overwhelmed with joy and fear and all sorts of emotions, but there are ways to keep it together. So what are some way to support your partner through the first days with an infant? Cupid has some advice for you:

1. Let them have some alone time: There is no question that the first days with an infant can be overwhelming and

exhausting, so one of the nicest things you can do to support your partner is to take your new born and let your partner have some quiet time. Letting your partner rest for at least 30 minutes will go a long way. If you both let each other have some down time you will be able to put all your energy into your new baby.

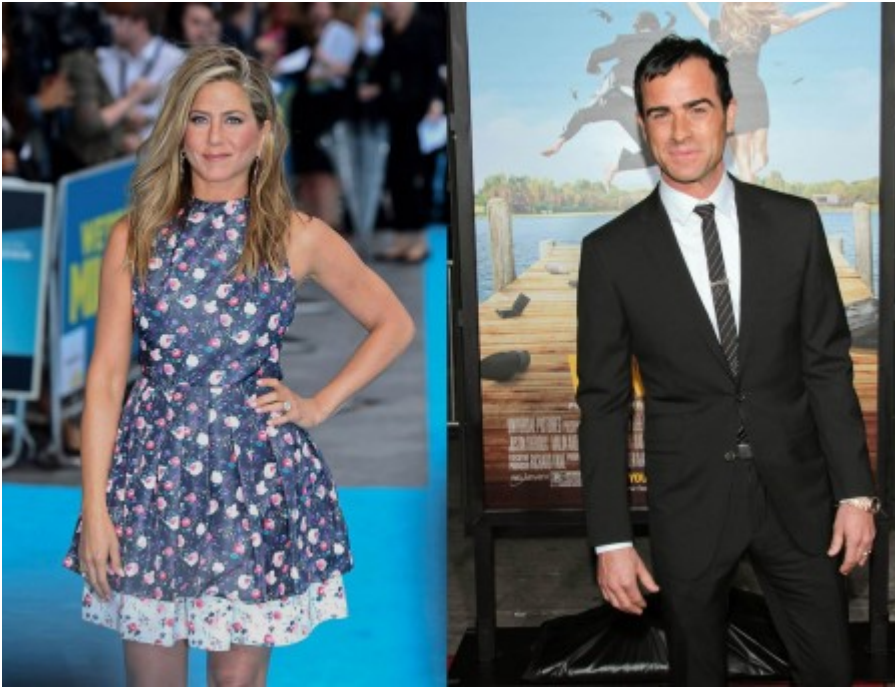
2. Doing the small things: Wake up in the middle of the night with your new born, change the diapers, any thing you can do to make it easier on your partner will show great support. Doing something for your partner will give them something to look forward to.

3. Support them: Things can get a little crazy during the first days with an infant, so support your partner. Tell them they are doing a great job and that you are proud of them. These words of encouragement will help your partner feel reassured and that they are doing a good job with your new baby.

What are some ways you have supported your partner through the first days with an infant? Share your thoughts below.

‘Supernatural’ Star Jared Padalecki and Wife Genevieve Are Expecting Baby #2





By Kerri Sheehan

The *Supernatural* fandom is soon to add another Padalecki to its ranks! UsMagazine.com confirmed that star Jared Padalecki and his wife, actress Genevieve Cortese Padalecki, are expecting their second baby. The pair is already parents to a 16-month-old son named Thomas. Padalecki seems to be enjoying fatherhood so far as on Father's Day he tweeted, "Hope all you other daddy's out there had a great day. I'm honored to be a part of the club. (Thank god the mommys make our jobs SO easy)."

What are ways to prepare differently for a second child versus a first?

Cupid's Advice:

No doubt welcoming your first child into the world is the happiest you've ever been, so you're thrilled to be expecting a second. Cupid has some advice about how to make sure you're ready for baby number two to come:

1. Help your first child cope: Up until now your first child has been receiving all of your attention, so he or she won't be used to sharing the spotlight. Make sure your first child

knows what's coming so they won't be in for a huge surprise.

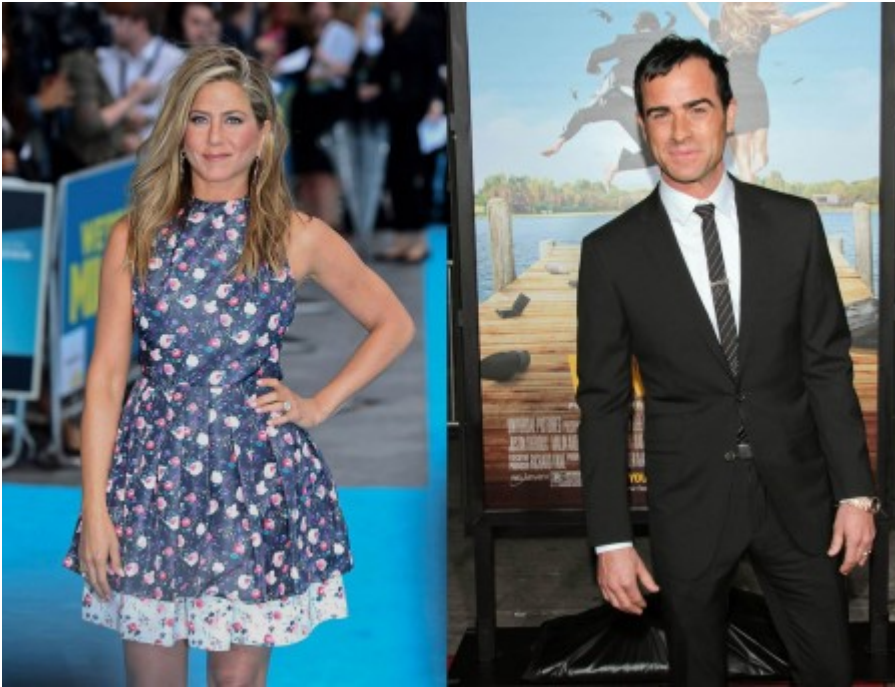
2. Reuse items: Figure out what items you bought for your first child that can be reused by the second. Things such as a crib or a stroller can be passed down whereas pacifiers and a great deal of clothing cannot be. You and your spouse should have all of this sorted out before the baby arrives.

3. Get organized: Things are likely to get a little crazy with two little ones running around. Make sure everything is in check before the baby comes to save yourself some stress.

How did you prepare for your second child? Share below.

**Kerry Washington Secretly
Marries NFL Beau Nnamdi
Asomugha**





By Kerri Sheehan

Django Unchained starlet, Kerry Washington wed San Francisco 49ers player, Nnamdi Asomugha in a secret ceremony last month. A source dished to [People](#), “Everything was held at one of Kerry’s friend’s houses. They flew a few people out on this little private plane.” The ceremony was very simple and small, with only family and close friends in attendance. Washington also chose a minimalistic chic plain white dress.

How do you keep your wedding simple and sweet?

Cupid’s Advice:

If you’re looking to follow Washington’s lead and have a simple and sweet wedding, then you’re in luck because Cupid has some advice for you:

1. Guest list: If you want the ceremony to be more intimate then don’t go crazy with your guest list. Only invite immediate family members and friends that you’re super close with.

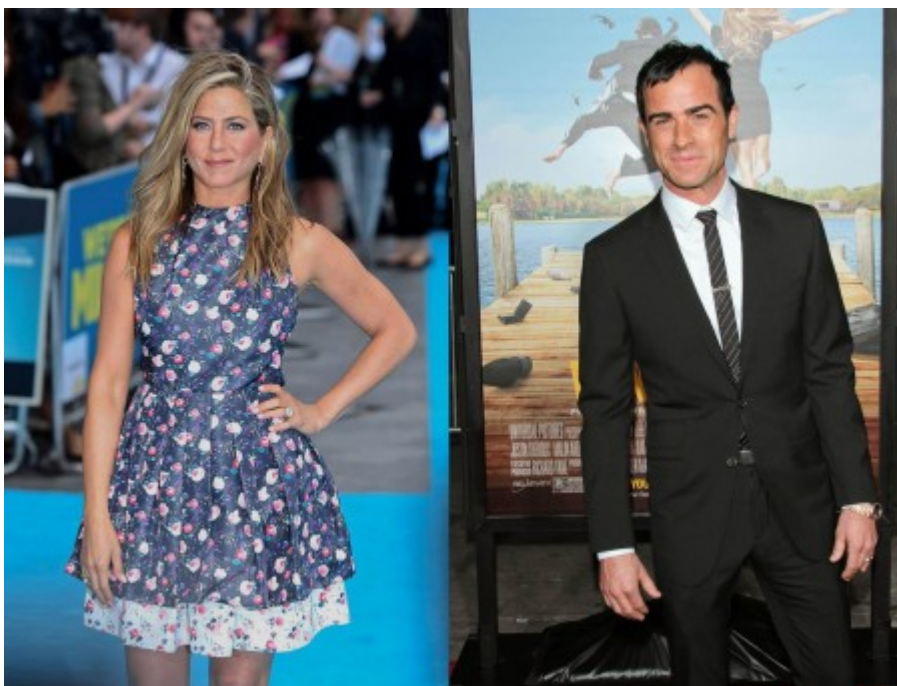
2. Simple attire: A low-key wedding means low-key attire. Opt for a simplistic chic wedding dress that you’ll be able to wear again. Your hubby can rent a tuxedo rather than go

through the hassle and expense of purchasing his own.

3. Don't try to impress people: Once you get into trying to show off to your friends and family is when your wedding becomes more of a show than a ceremony. Your guests are there to celebrate your union as a couple, not for you to show off to.

How would you keep your wedding simple and sweet? Share below.

Prince William and Kate Middleton Welcome Their Royal Baby Boy



By Kerri Sheehan

Kate Middleton, The Duchess of Cambridge, gave birth to a little Prince this past Monday. According to [People](#) an official statement released Monday morning from Kensington Palace read, “Her Royal Highness The Duchess of Cambridge has been admitted this morning to St. Mary’s Hospital, Paddington, London in the early stages of labour.” Prince William was by her side when she was admitted to the hospital just before 6 a.m. The baby’s birth went as planned and the new mother and father gave the media a first glance at their bundle of joy Tuesday afternoon as they left the hospital.

What are some ways to support your partner through labor?

Cupid’s Advice:

Giving birth is one of the hardest things a woman can experience. Cupid has some advice about how you can support your partner while they’re in labor:

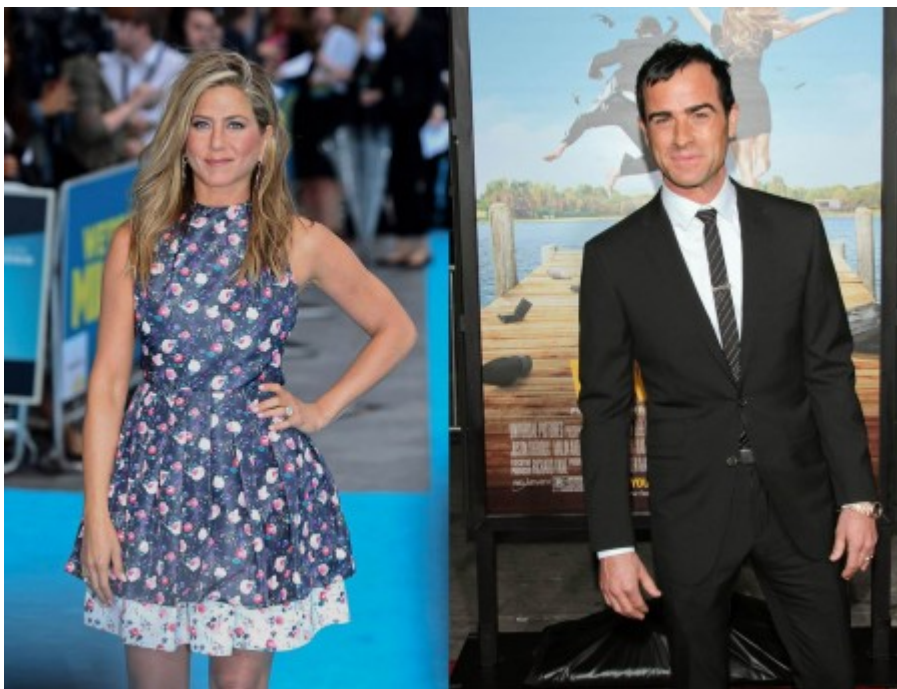
1. Music: Labor is a super stressful time for any woman, so playing some music is a great way to keep her as calm as can be. Soothing, mellow tunes will ensure that your significant other is in a good place mentally when the baby finally arrives.

2. Speak Up: Your partner already has enough to worry about so make sure that you act as an advocate for any wants or needs she has. It’s your job to keep comfortable until it’s time for the big push.

3. Be Prepared: Doing your research beforehand will help you know how the birthing process will go. Preparing yourself by watching birthing videos and reading up on what is to come when the baby is on its way out.

**How would you want your partner to support you during labor?
Share below.**

Beyonce and Jay-Z Attend Trayvon Martin Rally in NYC



By Kristin Mattern

UsMagazine.com reports rapper Jay-Z and wife, pop star Beyonce, attended a rally for justice in the name of slain teen Trayvon Martin this past Saturday, July 20. The couple kept a low profile at the event held in the wake of the highly publicized trial, which brought up a heated debate about racial profiling. Martin's killer, George Zimmerman, was acquitted of second-degree murder and manslaughter. Beyonce and Jay-Z said they weren't at the event to speak or for a photo op. Beyonce wrote "#justicefortrayvon" on recent Instagram posts, as well as had a moment of silence and dedicated two songs to Martin at her July 13 concert. Jay-Z

and Justin Timberlake dedicated their song, "Forever Young," to the teen during their concert on July 19, during which Jay-Z yelled out, "This is for Trayvon, so light up you cell phones New York!"

What are some ways to support the same causes with your partner?

Cupid's Advice:

Supporting a cause is always great, and when you support the same causes as the one you love, it not only brings you together as a couple, it brings together support for your community and beyond. Get out there and show your dearest you support them and their beliefs by working for a cause they are passionate about with these suggestions from Cupid:

1. Volunteer together: Spend time working to help raise funds for the cause of your sweetie's choice. Together you can make a difference. Work at a local food pantry to help feed the homeless and less fortunate, or work the phones during a telethon. Get connected to charities that work for the cause the two of you are interested in helping, and volunteer your time to aid in the worthy endeavor.

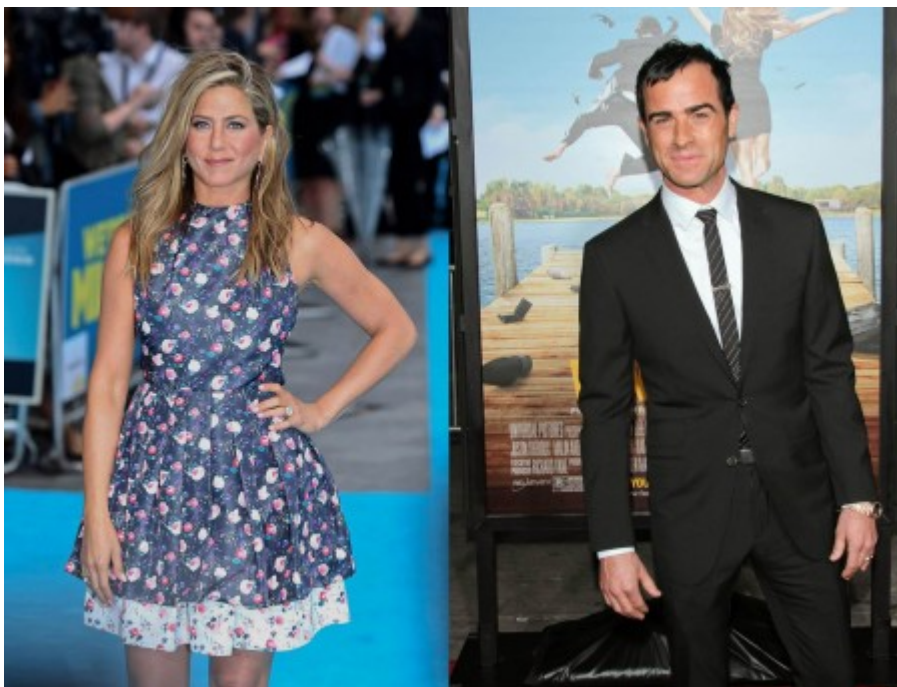
2. Walk it out: Attend a walk for the charity that your cutie cares for. Be a part of an event that raises money and awareness for you and your honey's cause. Get out there and get active as the two of you and dozens of others march along in the name of your cause.

3. "Like" it: While using social media to help out a cause might seem insignificant, for every "Like" and every "Share" an organization, charity, and cause gets, more people become aware of it. So get plugged in with your partner and aid in furthering your cause by utilizing social media to its fullest potential. Tweet about what is going on in relation to your cause, share posts about upcoming events, and like pages

related to charities. The more people you get to care about your cause, the more good it does.

How do you and your loved one support causes you're passionate about? Tell us all about it in the comments below.

'Modern Family' Star Jesse Tyler Ferguson Marries Partner Justin Mikita



By Kristin Mattern

Over the weekend, *Modern Family* star and Emmy nominee Jesse Tyler Ferguson married longtime love, lawyer Justin Mikita, in downtown NYC, reports [People](#). Though the California residents

could have married at home thanks the Supreme Court overturning Prop 8, they decided to marry in New York. "Weddings are expensive, y'all, and we wanted to give that money to a state that accepted us as equal," Ferguson told *The View* back in June. The couple spared no expense on premium beverages for their guests, hiring expert mixologists to create a craft cocktail bar, imitating the cool vibe of New York speakeasies. *Modern Family* costar Julie Bowen called the event the "#bestweddingever."

How do you know what to splurge on at your wedding?

Cupids Advice:

Weddings cost a pretty penny, and even if you aren't on a tight budget, you can't splurge on every aspect of the event. With so many things to choose, it can be difficult to decide where to spend and where to save. You only get one day, so you want to make sure you put your money into what will make your day extra special. Cupid has some advice to help you navigate the economic waters of your wedding:

1. A worthy cause: Instead of buying favors for your guests, donate the money to you and your sweetheart's favorite charity. Your guests won't miss the favors, and you can feel good knowing that your special day not only meant the world to you, but meant helping the world as well. Or take a page from Ferguson and Mikita who had their guests skip the gifts, and asked them to donate the money they would have spent to the marriage equality charity *Tie The Knot*.

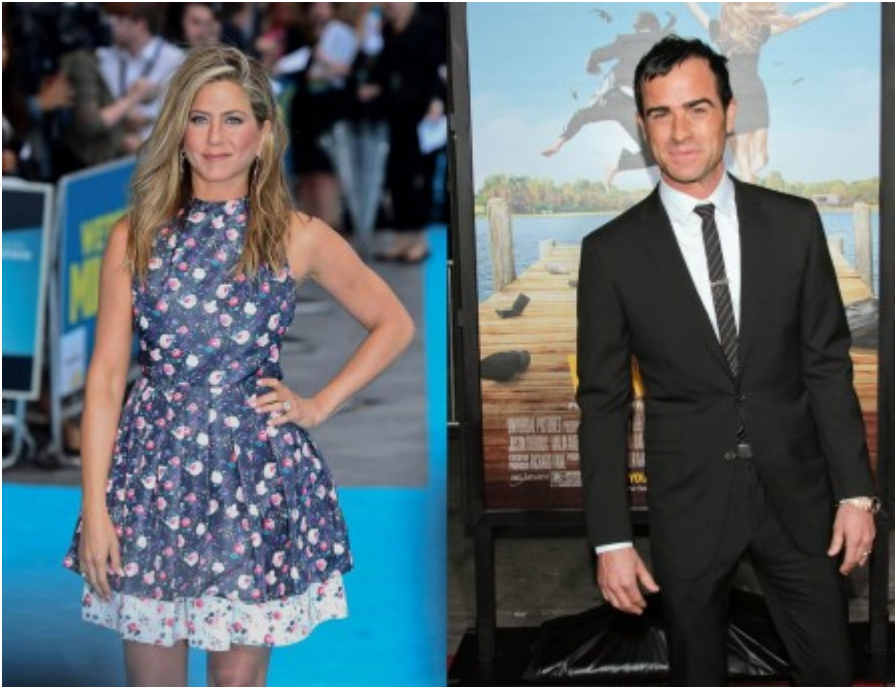
2. Keep the party going: One day flies by, and as soon as your wedding has begun, it seems it is at an end. Keep the fun going by splurging on a day after party. Your guests are already gathered together for the main event, so extend the celebration and share more intimate time with seldom seen friends and family. Hold a BBQ in your backyard, or rent out the catering hall for one more night.

3. Entice your guests' taste buds: Part of any good event is the food and drink that everyone enjoys together, so make your party a banquet and splurge on some delectables. Set up a wine tasting at the reception and have different kinds of foods for your family and friends to sample. Sense is tied to memory, and your guests are sure to never forget the tantalizing tastes they had at your wedding.

What did you splurge on for your wedding? Share your experience in the comments below.

Sources Say Elin Nordegren Doesn't Approve of Tiger Woods Dating Lindsey Vonn





By Kristin Mattern

Despite a recent six page report that Elin Nordegren approves of ex-husband Tiger Woods' girlfriend, Lindsey Vonn, UsMagazine.com claims that a source close to Vonn has told them this is simply not the case. The insider points out that Nordegren can't say anything to disparage Woods in the press or she will lose some of the \$100 million she won in the divorce. "She still despises Tiger," the source commented. "As time goes on, it probably gets easier, but she definitely doesn't like having Lindsey around her kids." Another insider was quoted as saying: "[She] hates Lindsey Vonn and everything about this romance." Apparently, the former model didn't approve of Woods' new girlfriend from the beginning.

How do you deal with jealousy over your ex's new relationship?

Cupids Advice:

Getting over an ex is never easy, and when your ex has found a new lover, jealousy can blossom. The fact that your ex is happy and moving on with someone new can chafe at the lingering feelings you might still have, or simply be irritating if you aren't in the same place. Cupid has some sage advice for getting over those jealous feelings your ex

and his new boo are causing you to feel:

1. Be real with yourself: Pinpoint the true cause of your pain frustration over your ex-lover. This will take some soul searching, but ask yourself the real reasons you are feeling the way you are. Do you really miss your ex-sweetheart, or are you just jealous of the happiness you see him experiencing? It might not be him you want back, but the feelings your relationship once evoked. The more truthful you are with yourself, the faster you can begin to overcome your jealous feelings and move on.

2. Talk it out: Speak with friends and family about the way you are feeling. People who love you and know you the best can speak sincerely and candidly to you. If you are having trouble figuring out where your emotions are coming from, those closest to you might be able to hold up the mirror of truth for you, and perhaps offer some advice for how to get over the pain you are experiencing.

3. Know you will find love again: As the old cliché goes, there are more fish in the sea. While it sounds corny, believe that you will find love again and be just as happy as you see your ex being now with his new honey. Know that you are an amazing person, and that you will find someone else to care for. When you're ready, go out and have fun with your friends, when you're happy, you will attract others to you.

Ever had to deal with being jealous over an ex and his new girl? Let us know in the comments below.

Rumor: Were Cory Monteith and Lea Michele Engaged Before He Died?



By Petra Halbur

In the wake of Cory Monteith's tragic death, it's come to light that he and Lea Michele may have had plans for marriage. A source confided to [People](#), that, at the time of Monteith's death last week, the couple were considering tying the knot. However, other sources insist that the two were never formally engaged. Regardless, the two *Glee* actors were spending a great deal of time together and Michele has expressed her gratitude to her fans for their support and sympathy. "Lea is deeply grateful for all the love and support she's received from family, friends and fans. Since Cory's passing, Lea has been grieving alongside his family and making appropriate arrangements with them," the statement issued by her reps

reads. "They are supporting each other as they endure this profound loss together."

What are some things to consider before dating someone with a history of drug abuse?

Cupid's Advice:

Dating someone with a history of drug abuse is not an easy matter. What should you consider before deciding whether or not to pursue such an inherently complicated relationship? Cupid has some ideas:

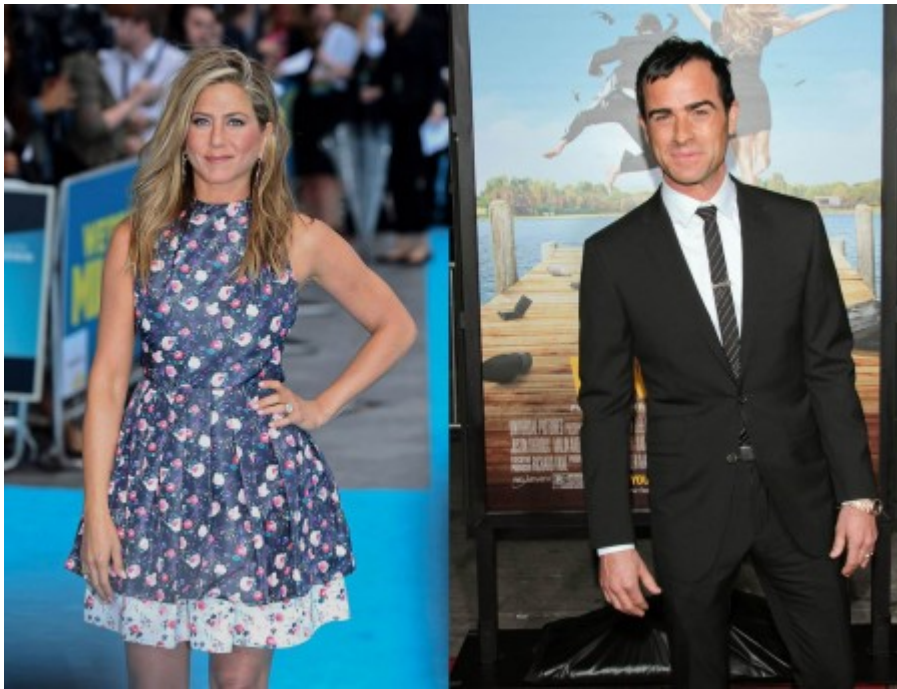
1. Recovery last a lifetime: Former users refer to themselves as "recovering" addicts because recovery from addiction is a process that lasts the rest of the individual's life. Before you pursue this relationship, educate yourself about the nature of addiction and decide if this is something that you can handle in your life.

2. What are the chances of relapse: According to experts, addiction relapse rates are as high as 90%. This means that there is a 9 out of 10 chance that your partner will start doing drugs again at some point in his or her lifetime. You need to let this sink in before your relationship goes any further.

3. Love cannot save the day: The power of addiction is something that those who have never experienced it cannot understand. Do not delude yourself into believing that your love is enough to save your partner from drug abuse. Love and support is, of course, a necessary component to any relationship but do not assign yourself the role of savior. Doing so will only lead to unhappiness.

Have you ever dated someone with a drug problem? Tell us below.

Ali Fedotowsky Tells Us How to “Attract More Love and Happiness” Into Our Lives



By Kristin Mattern

Ali Fedotowsky is no stranger to ABC's *The Bachelor* and *The Bachelorette*. She was a contestant vying for Jake Pavelka's affection in season 14 of *The Bachelor* and later starred on season 6 of *The Bachelorette*. Well-versed in love, relationships and reality television, Fedotowsky is now putting her dating and media expertise to work on a new blog for *E!* about the popular dating competition show. Additionally, she has continued her foray into the world of the small screen as the host of *1st Look*, the Emmy Award-

winning travel show from NBC. In an exclusive interview, this adorable TV personality opens up about the current season of *The Bachelorette*, moving on after heartbreak and her happy relationship with Kevin Manno, host of *Abby's Ultimate Dance Competition*.

The bubbly blonde has a unique point of view to share with readers of her *E!* blog. "I kind of feel like my time as the bachelorette was a lifetime ago, so I don't have any emotional connection to the show," she explains, "but I do enjoy watching with my girlfriends. And I definitely have a different perspective on what it's like for Desiree. I know firsthand that it's not easy!" Fedotowsky remembers her time on the reality series as one the most stressful and emotional times of her life but says that being a contestant on *The Bachelor* was "just fun!" She enjoyed her time hanging out with the girls and talking about boys. The big life lesson she learned from her experience on the shows is to be honest with yourself: "I don't think it changed the way I date. It just made me trust my instincts more."

Related Link: [Bachelorette 9, Episode 7: Confession in Madeira](#)

Given their similar circumstances, Fedotowsky has become friends with the current bachelorette, Desiree Hartsock. The two hit it off while filming a special that will air during tonight's *Men Tell All* episode. "Desiree is as sweet and down to earth in person as she is on the show. I really have nothing but wonderful things to say about her," the television personality remarks. Wondering if they shared secrets about the end of this season? "When we hung out, I told her to please *not* tell me anything. I didn't want her to think I would try to pressure her for those details. I'm there as a friend, not to interrogate her!" However, Fedotowsky did tell us that she is rooting for Chris but that she "will be happy with whoever she [Desiree] picks because she's happy! She'll pick the guy she falls for; that's not for me to judge."

Fedotowsky is no stranger to love and heartbreak. She was lucky enough to find her happy ending on *The Bachelorette* with Roberto Martinez, but the couple called it quits after an 18-month engagement. When it comes to moving forward after a broken heart, she suggests staying as busy possible. With this thought in mind, she's thankful for her role as host of the travel show *1st Look*. "It was good timing for me since I was in a transitional period of my life." Of course, this adventure-filled opportunity doesn't come along for everyone. "Volunteer," she advises. "I've done that in the past, and it not only keeps you busy but makes you feel good."

Related Link: [Lessons from Justin and Selena: Should You Get Back with Your Ex?](#)

It's no secret that the Los Angeles native has jumped back into the dating scene. She confirmed her relationship with Manno in April, and the pair was recently spotted celebrating his 30th birthday in Nuevo Vallarta, Mexico. When they're not soaking up the sun south of the border, the twosome enjoys playing "darts or any sort of game, like Bingo or bowling."

And for those of you just dipping your toes into the water after a split, the starlet shares this sage wisdom: "Get out there and do what makes you happy! I really feel that, when you show everyone that you love and respect yourself, you attract more [love](#) and happiness into your life."

*Be sure to tune in for tonight's Men Tell All episode on ABC at 8/7 pm c. To learn more about Fedotowsky, you can connect with her on [facebook.com/MissAliElaine](#) or Twitter [@AliFedotowsky](#). You can also check out her blog for E! and her travel show, *1st Look*.*

Jason Biggs and Wife Jenny Mollen Are Expecting



By Petra Halbur

Jason Biggs has announced that he and his wife, Jenny Mollen, are expecting their first child. During an appearance on *Chelsea Lately*, Biggs shared a photo of his wife. Chelsea Handler observed that “Her breasts look really engorged,” to which Biggs responded, “Her breasts are very big these days. Would you like to know why? Cause I put a baby in her belly!” According to [People](#), Mollen later tweeted that the baby will be a boy.

What are three funny ways to announce your pregnancy?

Cupid’s Advice:

Why not imbue one of the most exciting announcements you’ll

ever make with a little creativity and humor? Cupid has some ideas for unique ways to announce your pregnancy.

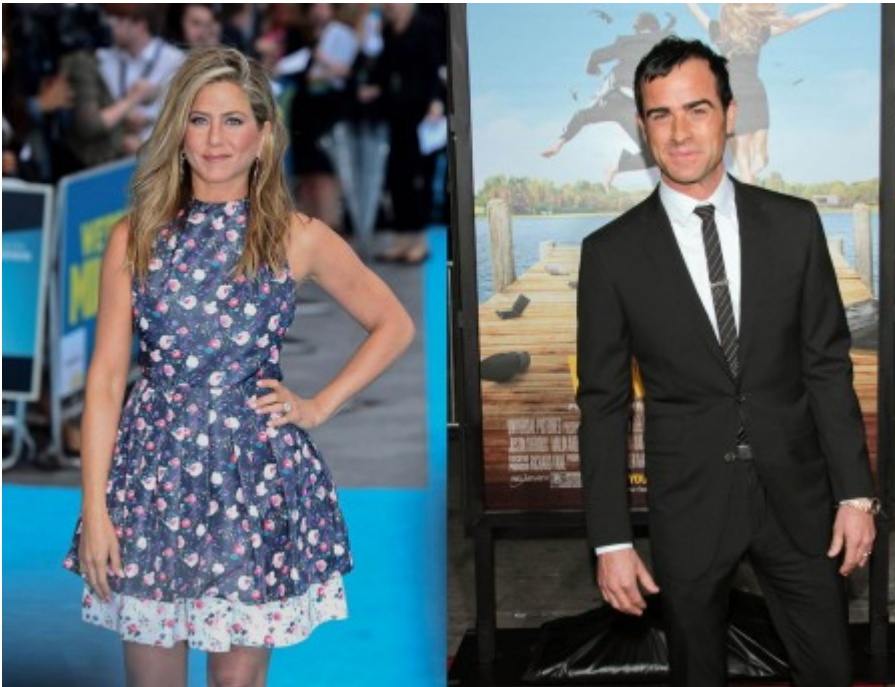
1. Hide the sonogram in a card: If you plan to make the announcement around the holidays, place several copies of your sonogram in your annual holiday cards. Ideally, you should hand these cards to your friends and family in person so you can see the look on their faces when they find out that you're going to be a parent.

2. Wrap the announcement up as a present: Place a pregnancy announcement in a box place within a box placed within another box. Wrap the largest box up and hand it to to your friends and family members. The building excitement as they open each box will make their joy at the news all the more worth it.

3. Decline a drink: Invite family and friends out to a restaurant. When the waiter offers you some wine, politely refuse, saying that you won't be drinking for the next 9 months. It's a nice, simple and somewhat cheesy way to announce your pregnancy.

How did you announce your pregnancy? Tell us below.

'Drop Dead Diva' Producer Josh Berman and Star Margaret Cho on New Episode About Gay Pro-Athlete



Interviewed by [Lori](#)

[Bizzoco](#); Editorial by [Whitney Baker Johnson](#)

Drop Dead Diva, the relaunched Lifetime hit television show, will be showing their support for the lesbian, gay, bisexual and transgender (LGBT) community on tonight's episode. In an exciting storyline, the cast will welcome Derek Smith, who is playing a gay professional baseball player. Josh Berman, the show's openly gay producer, stated that this issue was vital for him to tackle because being a gay athlete is becoming a rising issue. "Sports is one of the last frontiers where men and women feel they unfortunately need to be closeted," he explains.

Related Link: [RH00C: Fernanda Rocha Speaks Out About Fitness, Love and Being the First Lesbian Housewife](#)

This statement rings true in today's world, as most pro-athletes only decide to be openly gay once they retire from the professional sports lifestyle. In April 2013, the first male pro-athlete in the four major North American professional

team sports, Jason Collins, came out of the closet. This series is the first television show to take on the matter in this specific way; the *Drop Dead Diva* cast had been working on this episode before Collins made history, though. “Oddly enough, only one line had to change,” the producer tells us.

Margaret Cho, who plays Teri Lee, a paralegal assistant to main character Jane Bingham (Brooke Elliot), is also one of *Drop Dead Diva*’s LGBT community members. Cho identifies herself as a bisexual and married husband Al Ridenour in 2003, with whom she has an open relationship. It’s no surprise, then, that she’s especially proud of this episode. “It goes into how we look at men in sports. We have an idea of who they are and what they’re supposed to be.”

Finding the ideal actor for this part was one of the most important parts of the episode. Berman shares that he was “obsessed” with casting the perfect man to play the fictional Major League Baseball player. Derek Smith was taken into very careful consideration for this role and was spoken to numerous times about the importance of his character. “Baseball is the most traditional, all-American sport. It gives us the opportunity to show a character who really needs to feel closeted or uphold the idea of heterosexuality,” says Cho.

Both Berman and Cho want this episode to be viewed by the younger LGBT community, especially those who feel uncomfortable with being athletic and out of the closet. “The importance of sports and the athleticism in the LGBT community can’t be underestimated,” believes Cho, “and I think that this episode really does a good job in promoting it for all of us.”

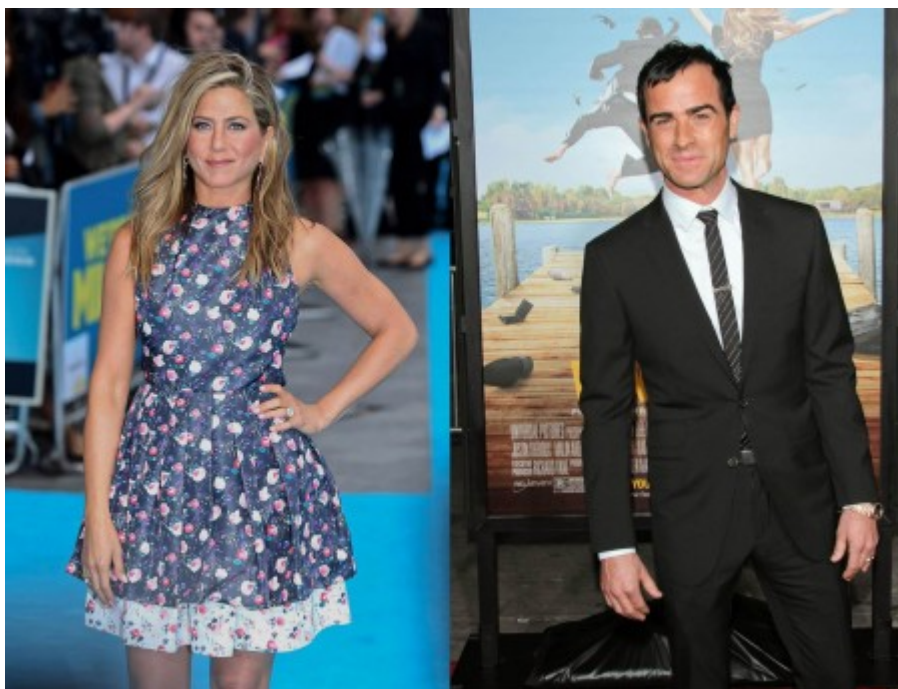
Related Link: [Blair Late from Bravo’s ‘Newlyweds’ Chats About Divorce and Gay Marriage](#)

The series makes sure to include the LGBT community as a focal point in other episodes as well. In 2011, *Drop Dead Diva* won the GLAAD Media Award for Outstanding Individual Episode for

“The Prom,” which was about two gay students going to prom together. It was only right, then, for this cast to tackle LGBT athletes. “I’m thrilled that we are hitting this zeitgeist shed again with gay and lesbian issues,” exclaims Berman.

Be sure to catch this exciting episode of Drop Dead Diva tonight at 9/8c on Lifetime!

Emma Roberts Arrested After Fight with Boyfriend Evan Peters



By April Littleton

Emma Roberts was arrested July 7 after getting into a fight with boyfriend and *American Horror Story* actor, Evan Peters that left him with a bloody nose. The couple got into a heated argument earlier that day, which resulted in them physically assaulting each other. A rep for both actors told UsMagazine.com, "It was an unfortunate incident and misunderstanding. Ms. Roberts was released after questioning and the couple are working together to move past it."

How do you address violence in your relationship?

Cupid's Advice:

Domestic violence should be an extreme red flag for anyone who's in a relationship. No one should have to worry about being physically or mentally abused. You want to feel safe with the person you're sharing your life with. If you're in a situation where you're getting hurt in any way, Cupid has some advice:

1. Tell someone: The first step to acknowledging that your relationship may be toxic is to tell a close friend or family member. Your loved ones may be able to give you a safe place to stay or give you some helpful advice. You might also want to call a professional who could help you and your partner figure out why the relationship has taken such a violent turn – that is if you're interested in working things out.

2. Talk to your partner: Tell your significant other that what they're doing is scary and harmful to you. You may want to remain in the relationship, but you can't if your life is in danger. If any potential arguments begin to surface, try to remain calm and keep your love from getting too angry. If you can't have a calm, adult conversation with your partner without them going over the edge, they may have some issues that you can't help them with.

3. Get help: It may be necessary to call in reinforcements if

the situation doesn't get better. Seek out someone who specializes in domestic violence, call your family and friends and the law may even need to get involved if the violence continues to be a problem.

How did you address violence in your relationship? Share your experience below.

Lea Michele Is Grieving With Cory Monteith's Family



By April Littleton

According to [People](#), the *Glee* star is spending her time grieving with Cory Monteith's family. Monteith's body was found in a Vancouver hotel room over the weekend. The coronor

announced he died of a mixture of heroin and alcohol.

What are some ways to help your partner grieve?

Cupid's Advice:

Your partner just went through a tragic loss and you've been doing all you can to try to console them. Sometimes, it's hard to know what your loved one would appreciate and what would set them off once again, especially if you're not going through grieving yourself. Cupid has some tips:

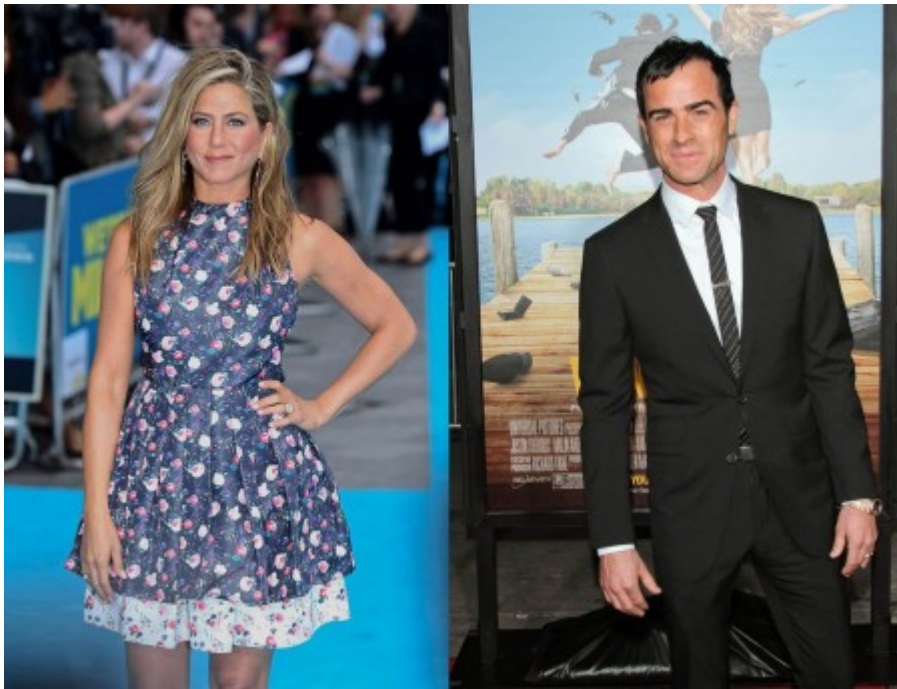
1. Listen: If you're afraid of saying the wrong things to your partner, just listen to them vent. Some people only want to be heard when they're going through a rough time. The best thing you can do for your significant other is just to be there and lend a ear if and when they need it.

2. Be supportive: Your partner will expect you to be the strong one while they are dealing with a loss. While you may not know how to handle everything, you'll need to give it your best shot and provide a sense of stability. You'll need to show your love all of the positive, while they can't help but to focus on the negative. Your partner will be counting on you to be there, don't let them down.

3. Don't judge: The worst thing you can do right now is judge the decisions and actions your significant other may make. Naturally, some of the things they do might not be wise, but they're not thinking clearly. Let them grieve how they want and for as long as they need. Don't get impatient. When they do finally bounce back, they'll appreciate everything you did and your relationship will be stronger than ever.

How did you help your partner grieve? Comment below.

Adam Levine and Behati Prinsloo Are Back Together... and Engaged!



By April Littleton

Adam Levine's rep told [People](#) that *The Voice* judge, 34 and Victoria's Secret Angel, 24 are back together and getting married. "Adam Levine and his girlfriend Behati Prinsloo are excited to announce they are engaged to be married. The couple recently reunited and Adam proposed this weekend in Los Angeles." The couple began dating last year and had a brief split late spring.

How do you know you're ready to get married?

Cupid's Advice:

So, you've been thinking about tying the knot. You've been with your significant other for awhile now and it's only natural to start thinking about taking the next step. How do you if you're really ready for marriage? Cupid has some advice:

1. Know your partner's expectations: Before you head down to the altar, make sure you're aware of what your partner expects from you. As far as life goals go, if the two of you aren't on the same page, getting married might not be the best decision. Do you want to live in the same place as your future spouse does? Is he/she where she wants to be career-wise? Will children be added into the equation soon? Ask yourself these questions before you make a trip to the jewelry store.

2. Commitment: You must be prepared to fully commit to your love. Once you're married, there's no running away (unless you count divorce, but no one wants that). Sometimes, you'll have to make sacrifices and you will have to learn how to be completely selfless. If you still enjoy the perks of living as a bachelor/bachelorette, pump the brakes on the wedding plans and wait until you're ready to work with your partner as a unit.

3. You have that "feeling": When most people meet "The One," they just know that he/she is person they're supposed to spend the rest of their life with. It's hard to explain to anyone else, but you know in your heart that you're ready to make the ultimate commitment. As a couple, the two of you have been through many ups and downs, but through it all you have still managed to make your relationship the best it can be. You know everything isn't perfect, but you're ready to take that leap of faith anyway.

How did you know you were ready to get married? Comment below.