

EXCLUSIVE: Designer Christy Biebrich from 'Brother vs. Brother' Says, "Laughter Is The Secret to a Healthy Everything!"



By Sarah Ribeiro

HGTV's hottest new show *Brother vs. Brother* takes John and Drew Scott, stars of the hit series *Property Brothers*, and pins them against each other in a sibling rivalry of design and ingenuity. Interior designer Christy Biebrich, an organizing specialist, joined Drew's team for the ultimate renovation showdown – a task she was more than ready to face

and knew how to overcome. “The biggest challenges were the time constraints,” she reveals. “We were doing massive renovations in timeframes as low as 48 hours. There were value-increasing choices that could not be completed simply due to time, so it definitely required strategic thinking.” Despite her prowess in design, she was unfortunately sent home on Sunday night’s episode.

Related Link: [‘Design Star’ Champion Leslie Ezelle Offers Relationship Advice for a Happy Home](#)

As the owner of Christy B. Designs, she has years of experience in interior design, which helped her make quick and efficient decisions on the show. As a self-proclaimed addict to improvement, the skills she offered her team come second nature to her. In fact, the designer has been renovating since she was a child. “From the time I was little, I was always looking around me and visualizing how I would improve spaces – from my room to my treehouse. I even had a renovation laid out in my head for the barn on our family farm!”

Though it is sad that she was ousted on *Brother vs. Brother*, the talented designer now has more time to focus on her personal life. Biebrich is tapping even further into her love for design with her upcoming wedding – and it hasn’t been as easy as one would expect. “People think that, because of my line of work, I would be like a fish in water with wedding planning – not so!” she says with a laugh. “I’ve been happy to have others helping me through this process because it’s very overwhelming. It’s how I imagine people must feel when they come to me with a renovation or redesign project – they’re out of their element, and they need me to walk them through the process, to make it easy, make it fun and make their vision come to life.”

And, of course, the West Hollywood native is implementing her design aesthetic into her big day. “I love Art Deco, and we

have several subtle hints to that style in our décor,” says Biebrich. “Our centerpieces are very sculptural and architectural, and I like that they feel more like modern art than a bouquet of flowers. My wedding dress and my bridesmaids’ dresses are very simple, elegant and contemporary. There’s not a lot of frills, and I like it that way.”

Most importantly, Biebrich’s fiancé has been helping her throughout the planning process. She even admits that he has the stronger opinions and vision on the ceremony – a real role reversal. Then again, they’ve always had an interesting relationship. “We met on Match.com, but it wasn’t your typical online dating story,” she shares. “I wrote him a critique of his profile because I thought he had the worst headline I had ever seen. Remarkably, his ego was not bruised, and he didn’t care what I wrote. He thought I was cute and asked me out! He caught me off guard; I said yes; and we started seeing each other.”

Biebrich credits her fiancé’s dependability, kindness and good heart for their successful relationship. “We get along so well because we are very silly,” she says. “Laughter is the secret to a healthy everything! Neither of us take ourselves very seriously, so there’s no butting heads or arguing. And the biggest thing is that we don’t bring our work problems home with us or take our frustrations out on each other. We remain grateful, appreciative and respectful of each other and try not to take each other for granted.”

Related Link: [Do-It-Yourself Date Night Advice from HGTV Host Monica Pedersen](#)

Once the wedding is over, the designer will face yet another challenge: moving in with her new husband. She believes that all couples should take each others’ design styles into account once they share a home. “I’d be completely unrealistic if I thought that I wouldn’t have to consider my fiancé’s

likes and dislikes when it comes to design in our home. I like to think of it as an opportunity to expose myself to style possibilities I might not have considered before, and to become more well-rounded. Luckily, he's already said he will defer to me when it comes to our house, but of course, I will want to know his input because I love him!"

For more information on Biebrich check out her website, www.christyb.com/.

The New 'Bachelor' Is Juan Pablo Galavis!



By Kerri Sheehan

With the wrap up of the most recent season of [The Bachelorette](#), ABC has announced its newest star in search of a relationship and love: Juan Pablo Galavis! You may recognize Galavis as one of Desiree Hartsock's suitors on *The Bachelorette* season 9. The 32-year-old single dad and former Venezuelan soccer player is hoping to find the perfect person for him and his daughter. According to [People.com](#), this reality TV star and new *Bachelor* said he is looking for "a mom for [my daughter] Camila and someone I can spend many years [with] together."

The new star of *The Bachelor* has some Venezuelan roots that make most girls swoon. What are some things to consider when you're dating someone from a different culture?

Cupid's Advice:

Meeting people from other cultures can be shocking, but can you imagine dating someone with a different background? Cupid has some dating advice about what to consider when you're falling for someone from a different culture:

1. Embrace your differences: You were likely raised differently, so don't be too shocked when the two of you do things a bit differently. Don't pressure your partner into doing things your way, as that may feel unnatural to them.

Related Link: ['The Bachelorette' Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

2. Learn something new: Learning about another culture can be quite exciting, so soak up every moment of it! Don't stress too much about your differences, as the two of you can find common ground if you work together.

Related Link: ['Bachelorette' Andi Dorfman's Promo Poster Mocks Juan Pablo](#)

3. Take up cooking: Cooking is a great way to dive into your significant other's culture! Just make sure to run the ingredients by each other. For instance, snails and frog legs are a delicacy in France, but here in the States, they're considered adventurous meals.

Have you ever dated someone from a different culture? Share below!

**'Bachelorette' Desiree
Hartsock Chooses Chris
Siegfried**





By Kerri Sheehan

This season's *Bachelorette* was not exactly a cookie cutter love story. Desiree Hartsock was blindsided when her frontrunner, Brooks Forester, decided to bow out of the competition leaving her with the last two contestants, Drew Kenney and Chris Siegfried. Rather than abandon her search for love, Hartsock decided to give each of the remaining bachelors a rose and a chance at her love. In the end, Chris Siegfried won her heart and had her feeling, "Like the luckiest girl alive," according to [People](#).

What are some ways to choose between two potential partners?

Cupid's Advice:

Not everybody's love story is straight out of a Nicholas Sparks novel. Sometimes you may be forced to choose between two love interests and the decision will be one of the hardest of your life. Cupid has some advice about how to deal:

1. Ask what you want out of life: Take time to really think about what you find most important and consider which partner

can help you attain that. Most of the times you'll want to achieve these things yourself. If that's the case then consider who is most likely to give you an emotional boost when you're feeling down.

2. Long-term happiness: In the end you have to put your long-term happiness above all else. Think of whom you can see yourself growing old with and stick with them. You live your life for you, not for anyone else.

3. Think of what draws you to each partner: The human mind can do this really neat thing where it builds people up on its own accord. This means that part of the guy you're falling fall can be partially in your head. Think about each guy separately and what you love about them. This should include the good, the bad, the ugly, and the pretty.

How would you choose between two potential partners? Share below.

'Big Bang Theory' Star Kaley Cuoco Steps Out with Tennis Player Ryan Sweeting





By Kristyn Schwiep

Kaley Cuoco was spotted with tennis player Ryan Sweeting on Aug. 2 and Aug 3, [UsMagazine.com](https://www.usmagazine.com) confirms. The pair were photographed grabbing lunch together Aug. 3 at Marmalade Café in Sherman Oaks, Calif. Sweeting, 26, joined Cuoco, 27 at a horse ranch in Moorpark, Calif., to watch her show off her equestrian skills.

What are the perks of being in a new relationship?

Cupid's Advice:

Starting a new relationship can seem scary and unpredictable, but there are some perks of being in a new relationship. Cupid has some advice for you:

- 1. New Experience:** The beginning of a relationship is a new and exciting time for both partners. It's the time when you get to explore, learn about, and connect with another human being on a level like no other.
- 2. Self-Esteem:** Being in a new relationship can make you feel

better about yourself. When you are in a new relationship it shows that someone is interested in you are your life, and will experience a boost in your self-esteem.

3. You're Happy: The beginning of a new relationship will keep you happy and glowing. You want to spend time with your new partner and learn more about him/her everyday. Being in a new relationship is one of the happiest times in your relationship because it is something new, fresh and exciting.

What are some perks of being in a new relationship? Share your thoughts below.

Kevin Zegers Marries Longtime Girlfriend Jaime Feld





By Kristyn Schwiep

Kevin Zegers and Jaime Feld are officially married. According to *People*, the actor, 28, married his longtime girlfriend, talent agent Jaime Feld, Saturday in New Jersey. The couple got engaged in Muskoka, Ont. last April while vacationing with Feld's family. "I took Jaime out for a walk in the morning with our dog and went down to the beach and proposed," Zegers said at the time. "We've been together for six years, so I've been through a lot with her." Zegers told [People](#), that he did very little of the wedding planning. It was "95 percent her, 5 percent me," he said. "I got my tuxedo, and helped her with the flowers a little bit."

What are some ways your beau can chip in on wedding planning?

Cupid's Advice:

Planning a wedding can be time consuming and stressful, so how can your beau chip in on wedding planning? Cupid has some advice for you:

1. Ask Questions: Asking questions is a great way to get your

beau involved in wedding planning. Ask them what their vision is for the wedding, what food they would like, the colors, the music, etc. The more you ask, the more you will learn about their taste and preferences and that will help make it easier on you when planning your wedding.

2. Don't make a decision: Do not make a decision with an input from your partner. All major decisions should have input from both you and your partner. Make sure you get input from your partner when deciding things like the venue, guest list, wedding colors and more. Not making a decision without your partner will encourage them to help you plan your wedding.

3. Have fun: Planning a wedding can often be stressful, driving your partner away from all aspects of wedding planning. So make sure that you keep things fun. If you keep things serious all the time your partner will not have any reason to want to help plan your wedding. Enjoy the process and keep it fun so you both can enjoy planning your special day.

What are some ways your beau chipped in on wedding planning? Share your stories below.

Palmer's Spokesperson Ali Landry Chats About Making Her Family a Priority





By Kerri Sheehan

Hollywood mom Ali Landry isn't letting anything slow her down! Perhaps best known as the Doritos Girl from a 1998 Super Bowl commercial, the former Miss USA is now focused on family life. Since marrying film director Alejandro Monteverde in 2006, she's been staying busy thanks to her growing family: her six-year-old daughter Estela, two-year-old son Marcelo, and the newest edition, baby boy Valentin Francesco, who was born earlier this summer on July 11th.

So does she have any tips for other moms with young kids? Landry answers with a laugh, "No, because I wish they would give me advice!" On a more serious note, she explains, "It's tough to juggle everything because you want to do everything yourself." When it comes to adding another child into the mix, Landry believes it's important to "put your focus on your older children because they're the ones that realize something is different. They need a little extra love."

Related Link: [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

As many twosomes know, it's easy to get caught up in being parents and forget the importance of being partners. Landry and her husband, though, always make sure to find time for each other. "Life is really busy, and if we aren't good as a couple, then we aren't good for our family. We definitely make our relationship and our family a priority. We don't take that for granted."

The 39-year-old actress reveals that little getaways help keep their marriage strong. "We'll get away from the house and sleep at a hotel for a night, or we'll do a quick getaway in Mexico. It's our time," she explains. "When we're home, we're still focusing on the family and what needs to be done around the house. When we remove ourselves from that, whether it's for a date night or a short trip, we can really let go and focus on each other. We try to do that pretty often."

As important as her home life is, the television personality isn't ready to step out of the spotlight just yet. In fact, her role as a mother inspired her recent reprisal as the spokesperson for Palmer's Cocoa Butter Formula and their national ad campaign. Landry first started using Palmer's products while pregnant with her daughter. "I was looking through magazines, and there were all these ads featuring some of my celebrity mom friends who were pregnant at the time. I thought to myself, 'Oh my gosh, they look so great pregnant! How brave of them to actually show off their bellies! I should really try these products.' I started using Palmer's and really loved the results."

Related Link: [10 New Celebrity Moms](#)

The model made her debut as their spokesperson two years ago when she was pregnant with her first son. "Our whole family uses Palmer's products, and we love them. I am ecstatic to work with them again!" It's only fitting then that her two older children joined her for the current campaign.

As an alumnus of *People* magazine's 50 Most Beautiful People, Landry says she relies on Palmer's to keep her skin looking wonderful. She also notes, "I drink a lot of water and always have – you have to hydrate your body from the inside and out. I exercise too." Of course, balance is key. "I'm not super strict with my diet. If I want cake, I'll have cake, and if I want ice cream, I'll have ice cream, but for the most part, I do eat pretty healthy." This attitude makes her a great mother, a great wife – and a great role model for her fans.

For more information about Ali Landry, you can follow her on Twitter and Facebook.

'Modern Family' Star Jesse Tyler Ferguson 'Can't Believe' There's a Ring on His Finger





By Kristyn Schwiep

Modern Family star Jesse Tyler Ferguson is basking in the newlywed glow. According to [People](#), Ferguson can't believe there is a ring on his finger. "I keep looking down at my hand and I can't believe there's a wedding ring on my finger," he told PEOPLE at the 2013 Do Something Awards in Hollywood Wednesday. Ferguson and husband, Justin Mikata, have only been married for 11 days, but he says it has been great. "It already felt like we were married, so it just feels official and legal now."

What are some things to remember when you're choosing wedding rings?

Cupid's Advice:

The wedding rings you choose will be one of the most important pieces of your wedding day. A wedding ring is a symbol of your love and commitment. What are some things to remember when you're choosing wedding rings? Cupid has some advice for you:

1. Choose a good jeweler: Deciding where to go when choosing wedding rings can be stressful. Remember that expensive doesn't always mean better. When looking for a jeweler look for a store that makes you feel welcome and comfortable, where the staffs is helpful, and look somewhere that fits your budget.

2. Budget: There is a myth that you should spend two months of your salary on a wedding ring, but throw that myth out the window. There is no reason to go into major debt, pick the best ring you can afford. What matters is that you pick out a ring that you can afford and one that your partner will love.

3. Find out your partners taste: If you're trying to surprise your partner choosing a ring is going to be more difficult. Some ways to try and find out your partners taste is to ask about rings in general, ask family and friends for ideas, take them into a store just for fun, or look at existing jewelry to try and get a taste of what their style is.

What are some things you looked for when choosing your wedding rings? Share your stories below.

Michael Polish Knew He Wanted to Marry Kate Bosworth Before They Dated





By Petra Halbur

It seems love at first sight might really exist, according to Michael Polish. The 42-year old director met his current fiancée, Kate Bosworth, in 2011 on the set of *Big Sur*. According to UsMagazine.com, they didn't begin dating until after filming wrapped but Bosworth told the September issue of *InStyle UK* that "I never even dated my husband-to-be He said to me after just a few weeks, before we were even together, 'I'm going to marry you.' He just knew."

What are some ways to know you've found "the one?"

Cupid's Advice:

You've been seeing someone for a while and you're beginning to think that he or she just might be "the one." This is a big step. How do you know for sure? Cupid has some advice:

1. You want the same things in life: Emotional and sexual compatibility mean nothing if you two can't make a life together. Compromises are inevitable in a relationship but fundamentally, "the one" will want the same things in life

that you do.

2. You feel good about yourself: “The one” should bring out the best in you. If you feel inadequate with your partner, that’s a sign that you two are not meant to be.

3. You just know: Over-thinking can only get you so far in matters of the heart. Ultimately, you either know that your partner is “the one” or not.

How did you know you’d found “the one”? Tell us below.

Gavin DeGraw Says Breakup Songs Paid for His College Loans





By Petra Halbur

For Gavin DeGraw, it seems, suffering can be inspirational. The 36-year old singer says that his lowest points have led to the composition of some of his most successful songs like “I Don’t Want to Be” and “Not Over You.” Last Thursday, he told [People](#) at Starwood Preferred Guest’s “Hear The Music, See the World” concert series that, “If [the song] becomes successful, suddenly you’re not quite as angry singing it anymore because you’re like, ‘Wow, I paid my college loans off with that song!’”

How do you use music to help mend a broken heart?

Cupid’s Advice:

Crying, chocolate and puppies have been known to ease the pain of a broken heart but, perhaps, nothing has been proven to work quite as well as music. Cupid has some ideas for how music can help:

1. Let music speak to you: Yeah, it sounds cheesy, but sometimes the lyrics to a song can feel as though they were

written just for you. Embrace the catharsis.

2. Create: Even if you're not a musician, try parking yourself in front of a piano and fiddling around with the keys. Even if it's just a simple melody, being constructive and creative can be a great way to put the pieces of a broken heart back together.

3. Vent: Turn off the sappy breakup songs and turn on some metal! Play some angry music on your iPod and go for a jog. Run to the beat and don't stop until you feel better.

What music did you listen to after a break up? Share your experiences below.

'RHONJ' Star Jacqueline Laurita: "I Try My Best to Get Along With Everyone"





By Kerri Sheehan

You may know the sassy and fiercely protective Jacqueline Laurita from Bravo's hit reality show *The Real Housewives of New Jersey*, but that's not her only claim to fame.

Before we delve into this season's drama and last night's episode, let's focus on a few things you may *not* know about Laurita, starting with the fact that this 43-year-old mother of three has her own beauty website, AltruisticBeauty.com, with publicist Suzanne Summers. The two began working on the site together after first developing a friendship. "I told her about my idea, and we decided to turn our love affair for beauty into a business. Since I am a licensed cosmetologist with years of experience and Suzanne is a beauty publicist, we make a great pair. We bring our years of knowledge to the site and also handpicked a team of other beauty and health professionals to blog with us."

Inspiration for Laurita's company came from her days as a cosmetologist. "I had this vision for a beauty website a long time ago. I've spent several years educating people about

cosmetics, skincare and everything beauty. I have literally tried it all." *Real Housewives* viewers were an impetus as well. "Fans of my show would tweet me beauty questions constantly, so I created a platform to get all of their beauty questions answered. I get all sorts of questions from what plastic surgery procedures I recommend to how to make treatments from items in your refrigerator. I love sharing beauty secrets!" she exclaims.

Related Link: [RHONJ's Teresa Giudice Debunks Divorce Rumors](#)

Inner beauty is just as important as outer beauty, and one thing that shines most about Laurita is her dedication to raising awareness about autism. She has become a strong voice in the community since her youngest son, Nicholas, was diagnosed. On one episode, viewers saw Laurita encourage Nicholas to try out a hyperbaric oxygen chamber, which is thought to help children on the autism spectrum. Family is the most important thing to Laurita and she says that she stays on the show (despite the drama) because it gives her a platform to bring attention to the cause.

If you tuned into the *The Real Housewives of New Jersey* last night, you know that things didn't go as planned during Laurita's reunion with Teresa. "I try my best to get along with everyone," she says. "I really don't need the extra aggravation of fighting over nonsense when I'm fighting for my child's recovery at home. I really don't like fighting." At the same time, this Jersey mom is not afraid to hold her own when challenged. "If a certain situation presents itself to me, I just roll with it by responding organically, and I always have hope for a resolution in the future. This season you may see more "mysteries from last season reveal themselves," she says.

Related Link: [10 New Celebrity Moms](#)

Despite the fighting and feuding, the beauty

guru's relationship with her husband has remained as strong as ever. She says that their secret is acting as though they just met each other and adds, "We always make sure we schedule in regular date nights. We like to go out with other couples too. It's fun and entertaining." Their typical date night involves good food, good conversation and a glass of good wine.

You can catch Jacqueline and the other Real Housewives of New Jersey every Sunday at 8/7c on Bravo. To keep up with Laurita, follow her on Twitter @JacLaurita or facebook.com/jacquelinelaurita. Head over to AltruisticBeauty.com for some beauty tips and tricks.

Simon Cowell Is Having a Baby with Socialite Lauren Silverman





By Petra Halbur,

Simon Cowell is going to be a father! Multiple sources confirm that everyone's favorite *The X Factor* judge and New York socialite, Lauren Silverman, are expecting a baby. The only complication is that Silverman is currently married to Cowell's close friend, Andrew Silverman. Cowell's UK rep tells [People](#), "This is a very sensitive issue and all media enquiries are being dealt with by his U.S. attorney." According to a source, the Silvermans have filed for divorce.

What are some ways to move on after an affair?

Cupid's Advice:

So, you were involved in an affair. It's over now but you're having a hard time moving on. Cupid is here to help:

1. Own up: You were involved in an affair. You need to accept that you were doing something that is, by all convention, immoral before you move on.

2. Be single for a while: After the deterioration of any relationship, but especially after one as destructive as an affair, it's a good idea to go solo for a while to get yourself together.

3. Seek counseling: It wouldn't hurt to schedule an appointment with a professional to talk about why you got involved in such a relationship. You may not necessarily have "a problem" but it's still worth talking to someone about.

How did you get over an affair? Tell us below.

Isla Fisher Vacations With Sacha Baron Cohen, Kids





By April Littleton

According to [UsMagazine.com](https://www.usmagazine.com), the *Confessions of a Shopaholic* actress enjoyed some time on the beach July 29 with her husband, Sacha Baron Cohen and their two daughters. The family was seen relaxing on a boat in in Capri, Italy. Fisher wore a purple one-piece swimsuit, while her husband tended to their children, who both sported summer dress and sun hats.

What are some ways to have a fun family outing?

Cupid's Advice:

You don't have to stop having fun just because you have kids. In fact, children make outings even more fun! Going out with your family is all about enjoying each other's company and having a great time while you're doing it. You might need a little help finding some things to do that the whole gang will enjoy. Cupid has some ideas:

1. Make a splash: Kids love water parks and so do adults. Find a local water park, beach or aquarium. If you prefer to do something a little more private, you can get creative and have

your own mini pool party. Your children can join in on the fun by helping you decorate and pick out their swimsuits.

2. Picnics: Some parents have a hard time getting their kids to calm down in a restaurant. Well, take the food outdoors so they can do as much running around as they'd like. You and your honey can have a little alone time, while the children play tag or hide and seek. When they finally settle down, sit down and enjoy a meal on top of your favorite blanket.

3. Go on a walk: This is a win-win for everyone. The kids will be able to blow off some energy and you and your partner can hold hands while talking about how each other's day is going. If it's a hot day, don't forget to bring the sunscreen. If you decide to go during a cooler afternoon, make sure you dress your children accordingly.

How do you make family outings fun? Comment below.

Claire Danes Worried She'd Never "Want to Work Again" After Cyrus' Birth





By April Littleton

At the Summer TCA Party in L.A., *Homeland* actress Claire Danes told UsMagazine.com she's still "figuring out" how to balance her career with motherhood. "I was in my cozy mommy bubble. I was anxious about returning to work. I had all sorts of exaggerated fears, I think the biggest one being, "Oh god, will I ever want to work again?" Danes, who has been married to Hugh Dancy since 2009, often brings her 7-month-old son to set and the first-time parents take turns being their son's primary caretaker.

When is it the right time to go back to work post-baby?

Cupid's Advice:

Figuring out when you should go back to work after having a baby is probably one of the toughest decision you'll have to make as a parent. You want to be there for your child, but you also have to be able to take care and provide for your little bundle of joy. If you're not able to be a stay-at-home parent, Cupid has some advice:

1. Finances: Staying at home with your new baby might not be an option for you, in fact, for most parents it's not a choice they have. Depending on what your partner does for a living, one income may not be enough with an additional family member now in the mix. Add up all of your funds and see if you're able to living comfortably with just your partner's money coming in, if not, find someone you trust to look after your baby. Start off by working part-time or work from home if your job allows it.

2. Emotionally ready: It's very hard to detach yourself from your child, especially when he/she is first born. If you're just not comfortable letting someone else watch your baby for a few hours out of the day, then don't go back to work just yet. However, you're not going to know how you feel about being away from your kid if you haven't given it a chance. Don't worry, you'll miss them more than they miss you.

3. You've thought about it: Logically, you know it's the best thing for you and your family for you to go back to work. Think about how many hours you're willing to work. Maybe you and your partner can come up with a schedule where one of you is still at home with the baby. If you have thought about an arrangement that works best for the family, you're ready to go back to your 9 to 5.

When did you know it was the right time to go back to work post-baby? Share your experience below.

Amber Heard Talks Johnny

Depp: 'Not Part of My Professional Life'



By April Littleton

Amber Heard has finally opened up about her relationship with Johnny Depp. The 27-year-old actress told [Flare](#) magazine that she wanted to keep her love life private and out of the spotlight. In 2012, a source told [UsMagazine.com](#) that the pair are “100 percent dating” and that Depp “treats her very well.” The couple were recently spotted holding hands while walking the red carpet together at Depp’s latest film *The Lone Ranger* in June.

When is the right time to go public with a new relationship?

Cupid’s Advice:

Dating someone new is fun and exciting, especially when there's no one around to tell you how you should act in your relationship. It's OK to keep your love life private, but there will come a time when you need to fill in a few key people in your life. Cupid has some tips:

1. It's getting serious: If you're just casual dating, there's no need to inform your friends and family, especially if you're seeing more than one person. Your loved ones should only get involved when the situation starts to get serious. It takes more than a few dates to know if who you're seeing is someone you want in your life long-term. Take your time and continue to have fun getting to know each other before you tell the whole world about a flame that may fizzle out in a few days.

2. You've defined the relationship: A lot of the time, people don't like to talk about their relationship because they don't even know if they're actually in one. Get ready to have "the talk" if your partner is playing hot and cold with you. You need to know where you stand as a couple, if you even are a couple. If you both agree that you want to try something more exclusive, then it's OK to share the good news with a few close friends.

3. The L-word: You definitely need to go public if you're in love! There's nothing stopping you from going public with your significant other if the two of you are in a committed, loving relationship. That doesn't mean you have to tell everyone you know via Facebook or Twitter, but it would be nice to be able to share some details about who said the L word first with your best friend or your mom.

When did you know it was the right time to go public with your relationship? Comment below.

Jacqueline MacInnes Wood, Star of 'Her Husband's Betrayal,' Says, "Don't Look for Mr. Right"

Cupid's Pulse
★ Celebrities. Love. Opinions. ★



By Kristin Mattern

Best known for her role as Steffy Forester on *The Bold and The Beautiful*, Canadian actress Jacqueline MacInnes Wood has received three Daytime Emmy nominations for Outstanding Young Actress and has acted in movies like *Final Destination* and Disney's *Skyrunner*. Now the gorgeous brunette is taking a

short break from her soap opera schedule to star in Lifetime's movie, *Her Husband's Betrayal*, which premieres tonight at 8 p.m. ET. Stunning and sophisticated, Wood takes her acting expertise to new heights in this raw and moving feature about a woman who puts herself and her son in danger when she falls in love with a sociopath.

Wood is no stranger to playing intense roles. As *The Bold and The Beautiful* viewers know, for years, she has daily slipped into shoes of the manipulative and sexy Forester. She excels in the rapid world of soap operas, a feat reflected by her many Emmy nominations. "It is always exciting to receive such an honor and to be noticed for the work you do," she shares. "Daytime Soaps aren't easy, and we have to become pretty much one-take specialists." Her long-running career on *The Bold and The Beautiful* and her devoted fan base certainly point to her mastery of the form.

Switching gears from this fast-paced world of daytime dramas, Wood loved working on the movie. Of the talented cast and crew on the set of *Her Husband's Betrayal*, she exclaims, "They were amazing to work with. It was a total joy everyday of the shoot."

In the film, she plays Cathy, a divorcée who had her son at a young age and who thinks she has found love in her second marriage, only to discover she has fallen prey to the charms of a deadly sociopath. The realistic storyline is what pulled the starlet into the role. "I loved the script right away. Immediately, I felt empathy for her character and her struggles. This is not a movie about some unrealistic hot chick with perfect makeup and perfect hair trying to find the perfect man. In fact, it's quite the opposite."

Related Link: [Are You Dating Someone with Narcissistic Personality Disorder?](#)

Sadly, sociopaths aren't fantasy creatures from a horror flick

– they're very real. Women sometimes find themselves tangled up in a relationship with a real-life monster. "Who doesn't want to be charmed?" remarks Wood. "Unfortunately, that's what sociopaths do best, and the lies come in the same bundle."

Her advice for ladies in this situation is simple: "Get out as fast as you can! Don't try to deal with them. They will only make your life even more of a living hell." Love can be blind, and even if it isn't in an extreme case like finding yourself married to a sociopath, it can be easy to overlook a partner's flaws when you are in love. "I believe many of us have been there, at one time or another, until you get a rude awakening."

The actress, who is said to be dating Daren Kagasoff from *The Secret Life of the American Teenager*, doesn't have a list of who "The One" should be but rather who he *shouldn't* be. "He can't be a walking ego; he can't lack a sense of humor; and most definitely, he can't be needy or dictate who my friends should or shouldn't be." She advises that women shouldn't look for Mr. Right and should instead "just do what's right for you. When you meet a potential partner, make sure he is a good fit in your world and doesn't overtake or undermine it."

Related Link: [The Four Biggest Myths About Men](#)

A huge motorcycle-enthusiast, Wood fell for biking when she was a little girl, a passion she acquired from her Harley-loving dad. "There is great bonding in biking, and I love every year that I see more and more women of all ages getting on bikes and taking control of the handles," she says. Recently, the celebrity rode through her hometown of Windsor, Ontario as part of a charity ride for angioplasty called Bob Probert's Memorial Ride. "I rode beside my dad and my sister, Dani Probert, with 1,200 other bikers. We were there on behalf of my late brother in-law, ex-NHL player Bob Porbert."

There are surely great things on the horizon for this young

star. She plans to return to *The Bold and The Beautiful* but is currently taking some time to travel through Europe.

To learn more about Her Husband's Betrayal, which premieres tonight at 8 p.m. ET/PT, visit their website. For more information about Wood, connect with her on www.facebook.com/Jacqueline-MacInnes-Wood-154810727878252/ and Twitter @JacquelineMWood.

Evan Rachel Wood Welcomes a Baby Boy with Jamie Bell



By Kristyn Schwiep

Evan Rachel Wood and husband Jamie Bell, have welcome their first child into the world. According to UsMagazine.com, Wood and Bell are parents to a beautiful boy and both the parents and baby are doing well. The couple wed in October 2012 and announced they were expecting in January 2013. Wood shared a few baby-related tweets, including this sweet tweet from July 6: "How can you be so excited to see someone you have never even met? #preggers."

How do you know when it's a good time in your life to have children?

Cupid's Advice:

The question of whether you are ready or not to start a family can add stress to your life, so how do you know when it's a good time in your life to have children? Cupid has some advice for you:

- 1. Goals:** Know what each others goals are for the future. Starting a family is a fun and exciting part of any relationships, but you need to make sure that you and your partner are on the same path. Discuss your future goals with one another, if everything lines up its safe to say its a good time to start your own family.
- 2. Careers:** Having a baby and a career isn't impossible, but making sure you have a stable career and time away from work to begin a family. If you and your partner are both in a good place in your careers and have the time to take off of work, there is no better time than now to have children.
- 3. Happiness:** Starting a family is a new experience, so you and your partner need to be happy and fully committed to each other before starting a family. If you and your partner are happy, loving, and supportive and you both are on the same page about your future, having children will only add to your happiness.

How did you know when it was a good time in your life to have children? Share your stories below.

Jennifer Aniston Hints at Brad Pitt Years, Saying She 'Needed Therapy'



By Kristyn Schwiep

Jennifer Aniston and Brad Pitt were married for five years, but it seems that Aniston would've done a few things differently if she could go back in time. Aniston, 44, let

her *We're the Millers* costar, Jason Sudeikis, interview her at a dinner party at her Los Angeles home. According to UsMagazine.com, Aniston told Sudeikis about how she wishes she would have gone to therapy in her thirties, but why she's finally happy with fiancé Justin Theroux.

What are some ways to get over a heartbreaking divorce?

Cupid's Advice:

Moving on after a divorce can take time, but cupid has some advice for you to help you get through a heartbreaking divorce:

1. Get outside help: If you need outside help don't be afraid to get it. Reaching out to others is a hard thing to do, especially when talking about your emotions. Seeing a counselor or joining a support group could be a positive experience for you during a divorce. Make sure you find a person or place that you feel comfortable opening up, so you can work through the divorce.

2. Friends and family: Spend time with people who support, love, and care about you. Spending time with people who truly value you and your emotions are the people you need to reach out to during this hard time. Surrounding yourself with positive, loving friends and family who will listen to you will help you feel less alone.

3. Explore: Explore something new and exciting. A divorce is the end of a relationship, but can be the beginning of a better and happier life. Take this time to explore new interests and activities. It will clear your head and help you enjoy life in the moment.

What are some ways you have gotten over a heartbreaking divorce? Share your stories below.

Former 'Species' Star Natasha Henstridge Files for Divorce



By Kristyn Schwiep

Natasha Henstridge has filed for divorce from husband Darius Campbell, ending their two-year marriage. According to [People](#), Henstridge, 38, filed for divorce on July 23 according to documents filed in a Los Angeles county Superior Court. The papers reveal the exes have been separated since April 10.

Campbell, 32, told [The Daily Mail](#), "We decided to file for divorce and we ask for privacy at this time." It was a mutual decision to end their marriage, Campbell said.

How do you know when it's time to call it quits on a relationship?

Cupid's Advice:

Ending a relationship is never an easy decision. If you're feeling confused about ending a relationship you need to consider some red flags. Cupid has some advice for you:

1. Isolation: If your partner starts to drive everyone that you care about away from you it is a red flag and you need to kick them to the curb. You deserve to be in a relationship with someone who loves that you have your own life and friends and family that care about you. So, if you are feeling lonely and dependent on your partner it is time to call it quits.

2. Crying: It's time to call your relationship quits if you can't stop crying or if the tears start to appear at any given moment. You deserve to be in a relationship that has you smiling, not crying.

3. Abuse: If you start to experience physical or verbal abuse it is time to put an end to your relationship. If you are physically abused it is safe to say that it will happen more than once. Also, if your partner uses any words to put you down frequently its a clear sign to leave. You need to be in a healthy-non violent relationship with someone who respects you.

How do you know when it's time to call it quits on a relationship? Share your thoughts below.

“I Want My Clients to Have Fun With It,” Says Wedding Planner Sandy Malone of TLC’s ‘Wedding Island’



By [Whitney Johnson](#) and Kristin Mattern

Sandy Malone is the woman behind Weddings in Vieques, a full-service destination wedding planning company that will take your wildest island fantasy and make it come true. The vivacious personality is dedicated to making each and every bride happy with her special day and will do whatever it takes, as showcased in a recent episode when she found a helicopter at the last minute. Now, viewers can share the high tension and drama when they join this thick-skinned wedding

planner on her escapades as she creates romantic magic on *Wedding Island*, TLC's new series that showcases Malone and her company.

Related Link: [5 Conversations Every Couple Should Have Before Marriage](#)

Malone's wedding planning career began in 2004 when she had to save her own wedding to the love of her life, Bill Malone. "I hired a wedding planner that *said* she knew Vieques, but clearly, she didn't. It was awful," the reality star recalls. "I was getting frantic phone calls and dealing with vendors who were asking me if I was still getting married. I panicked! We had to fire her and start over."

Malone was able to plan their wedding on her own and realized that she could make a full-time gig out of that sort of work – but only if her now-husband was on board too. When the two first met, Bill was part of the Metro Transit Police Department, and Malone was working as a political journalist. He asked her out, but she politely declined. After many persistent attempts and chivalrous deeds, like clearing the snow from the path to her house, she finally came to her senses and let Bill into her heart.

The pair bought a house in Vieques a year after their wedding, and in 2007, when Bill retired, they decided to make the remote island their home. Soon after, they launched their company with the assistance of a close friend. "She helped me put together our original logos and actually referred our first client, who ended up being someone I knew in grade school," Malone shares. "We did the wedding on 07/07/07 and thought we'd do two weddings per month. We ended up planning forty or fifty weddings that first year."

In addition to adding wedding planning to their resumes, the couple also jumped right into running a business together for the first time. "We've worked hand-in-hand since the

beginning. Sometimes it's hard – we're not the perfect couple, but we respect each other," the event-planning wonder explains. "I focus on the planning, and he focuses on the execution, and we don't interfere with each other's work."

Related Link: [Kelly Ripa on Her Marriage to Mark Conseulos: "We Still Dig Each Other"](#)

Along with her team, Malone has now put together over 400 weddings – and the number continues to grow as more and more engaged couples chose Vieques for their big day. "It's been voted one of the top Caribbean spots for the past few years by *Travel and Leisure* magazine. It's pretty spectacular," she says of the island, seven miles off the coast of Puerto Rico. "You can go to the beach everyday and not go to the same one twice for weeks and weeks."

For those brides not lucky enough to be in Malone's capable hands as they plan their walks down the aisle, consider this advice: "If you're working with a wedding planner, talk to them and tell them why you're feeling overwhelmed. If not, talk to your fiancé or bridesmaids. A lot of times, the problem in your head isn't such a big deal. Write it all down, and then bite it off in little chunks."

Ultimately, the wedding planner just wants to represent her industry and her island well. "I hope the show is a good reflection of the wedding environment. I just want my clients to have fun with it all. And we want people to come to the island – most people haven't heard of Vieques."

You can catch Malone and her team on Wedding Island on TLC on Thursdays at 10/9c – see above for a preview of tonight's episode! For more behind-the-scenes details, check out her Huffington Post blog, www.huffingtonpost.com/sandy-malone/. You can also follow her on Twitter @SandyMalone_.

Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival



By Kerri Sheehan

The divorce of Brad Pitt and Jennifer Aniston is one of Hollywood's most talked about as it's eight-years-old, yet still manages to make headlines. Ex-lovers Pitt and Aniston may have a run in at the Toronto International Film Festival as both stars have movies set to premiere there. According to UsMagazine.com, Aniston's film *Life of Crime* also stars John Hawkes and Mos Def whereas Pitt's film *12 Years a Slave*

costars Michael Fassbender, Benedict Cumberbatch, Paul Giamatti, Alfre Woodward and Chiwetel Ejiofor.

What are some ways to deal with seeing your ex after a bitter breakup?

Cupid's Advice:

While it would be ideal for your ex to move far, far away after your breakup, that is not likely to happen so a run-in with your former fling is probable. If you've ever gone through a bad breakup then you know running into an ex is the last thing you want to do. Cupid has some advice about how to deal:

1. Keep your head held high: The only way to get over the initial shock of seeing your ex is to let your confidence smack him in the face. Just go about your business as normal and try not to let your heart race out of your chest. If you're on speaking terms then a quick hello is encouraged, but don't run up to him right away, as that will appear too needy.

2. Play it cool: Although you've probably been acting out revenge fantasies in your head, there's no reason for your ex to know just how many times you've dreamed of him being forcefully ejected from the planet. The bitterer you act towards him, the more hurt he'll think you were by the breakup. As it's unlikely that you two will get back together there's no reason to play a sad puppy around him.

3. Don't stress: At the time the run-in will seem oh so dramatic, but in reality it's a very insignificant moment in your life. The insane urge to disappear into thin air or casually blend into the wall will go away once the encounter is over and you'll go about your life like the run-in never even happened.

What do you do when you see an ex? Share below.

DJ Khaled Says He Was 'Serious' in Video Proposal to Nicki Minaj



By Kerri Sheehan

It seems the love bug has bitten DJ Khaled. The 37-year-old recorded a special video message for Nicki Minaj while he was at MTV News this past week. UsMagazine.com reported that in the video he confessed his crush on the singer and former American Idol judge saying, "Nicki Minaj, I'm at MTV, I'm going to be honest with you; I love you. I like you, I want you, I want you to be mine." He ended the video with a

marriage proposal that he claims was 100 percent legitimate. That is some high profile proposal.

What are three creative ways to propose?

Cupid's Advice:

From a young age women dream of how their significant other will propose to them. Cupid has some advice about how to get creative with your proposal so you won't disappoint your bride-to-be:

1. Treasure hunt: Let your loved one revisit the relationship with a scavenger hunt leading through all of the favorite places and moments you shared during your union. Each location should have a clue to solve that will lead her to the next destination. Some places to include are the location of your first date, first kiss, and your favorite night together.

2. Personalize it: Every woman and relationship is different so every proposal should be different as well. Pop the proposal in the middle of you two doing one of her hobbies or maybe give the proposal a theme of her favorite book or television show.

3. Flash mob: This proposal is definitely not for everyone, but if your girl likes to be the center of attention then it may be the perfect option for you. Set up a flash mob and pop the question amongst the commotion.

What's your dream proposal? Share below.

Kelly Ripa on Electrolux and Her Marriage to Mark Consuelos: “We Still Dig Each Other”



Interview by [Lori Bizzoco](#).

In this exclusive interview, CupidsPulse.com founder and executive editor Lori Bizzoco chats with Kelly Ripa about Super Saturday, which was held this past weekend in the Hamptons; her relationship with co-host and “soul sibling” Michael Strahan; and her strong marriage to Mark Consuelos. “We just love each other. We still dig each other,” the television personality says of the secret to their marriage of seventeen years. “He does it for me, and I think I do it for

him. Otherwise, I don't think he'd still be here!"

The mother of three also discusses her partnership with Electrolux and their French Door Refrigerator with the Perfect Temp Drawer. Not only does she love their products, but she loves their philanthropic attitude as well. "They've been helping me raise money for ovarian research since I've been with them. When a company puts forth such an effort not only to make lives easier but also worrying about the health of women, I just think that says something."

In addition to the event in New York City, Electrolux is inviting Americans to visit www.livelovelux.com through August 22 to enter the Electrolux Perfect Temp Sweepstakes for the chance to win a French Door Refrigerator and a trip to a climate with the Perfect Temp (the Bahamas!). For every entry or share, Electrolux will donate \$1 to the Ovarian Cancer Research Fund (OCRF). Visitors to the site can also download Kelly's favorite summertime recipes, including her famous spicy mango-peach Greek yogurt popsicle!

For more videos from CupidsPulse.com, check out our YouTube channel, youtube.com/user/CupidsPulse

Will Harry and Pippa Be Named Godparents to Prince George?





By Kerri Sheehan

Now that the Prince George has arrived the speculations about whom William and Kate will choose as godparents has begun. Members of the royal family traditionally have six godparents, three being women and three being men. Many are placing bets that William's bother, Prince Harry and Kate's sister, Pippa Middleton will be among the chosen, but no one can be sure. Both Harry and Pippa are already closely related to Prince George so William and Kate may fill the six godparent roles with those who they wish to forge ties with. Ingrid Seward, editor-in-chief of *Majesty* magazine dished to [People](#), "Godparents don't have to be your best friend. Quite often it is quite the opposite, it can be somebody quite random. Prince George's christening is set to take place in the fall so speculations will likely continue until then.

How do you select role models for your new arrival?

Cupid's Advice:

With a new baby come new responsibilities, such as choosing

what kind of people to share your bundle of joy with. Cupid has some advice about how to go about selecting roles models for your new arrival:

1. Keep them positive: Growing children are extremely impressionable, so try not to keep any 'Negative Nancys' too close. If your child grows up hearing "I can't," or, "I'm not good enough to do that," then the thought will likely rub off on them.

2. Be a role model: As a parent you've the one who your children will look up to most. Be your best you and your kids will strive to reach the bar you set.

3. Let them have a say: Each child is different; therefore the role models that each child needs will be different. You and your partner should consider your child's likes and personality when trying to pick out roles models for them.

How did you pick your child's role models? Share below.

What Is Christina Ricci's Favorite Thing About Being Engaged?





By Kristyn Schwiep

Christina Ricci and James Heerdegen are officially engaged. According to [People](#), it takes just one word to make Ricci smile. “Getting to say ‘fiancé’ instead of ‘boyfriend,’ ” is the engaged actress’s favorite thing about her relationship status, she told PEOPLE at Sunday’s Citi-sponsored *Smurfs 2* premiere in N.Y.C. Ricci is looking forward to calling Heerdegen her husband. “I can’t wait for ‘husband’ because then I can really throw my weight around,” Ricci said.

What are some benefits to being engaged versus boyfriend/girlfriend?

Cupid’s Advice:

Getting engaged is not only a fun and exciting time in your relationship, but there are some benefits to being engaged versus boyfriend/girlfriend:

1. Satisfaction: Both partners have the satisfaction and peace of mind that you are both in a stable and committed relationship. You don’t fear that your partner has the need

to be with anyone else. Being engaged makes you feel confident in your relationship in that everything will work out. Being able to put your fear at rest will allow you to love your partner more and allow you to be more happy and trusting without jealousy and stress.

2. The Ring: Having a ring on your finger that is publically displayed has its benefits. Wearing an engagement ring can make you feel more confident and loved and it allows people to know that you are in a committed and loving relationship. This ring will seem to make jealousy go away and will make you feel safe when your partner is not with you and out with their friends.

3. Planning your future: When you are engaged you get to plan a future with someone you love. The wedding, children, your careers and your whole life is now shared with someone you will be with for the rest of your life. Just think of all of the special memories you'll get to share with one another.

What do you think are some benefits to being engaged? Share your thoughts below.