

# 'Jersey Shore' Star Pauly D Welcomes Baby Daughter with Ex



By Kristyn Schwiep

'Jersey Shore' star Pauly D is now a father to a baby girl with an ex fling. The two hooked up in Las Vegas and according to [UsWeekly](#), the ex fling is living with their daughter in New Jersey. Pauly D told TMZ that he is a proud father and excited to start a new chapter of his life.

**What are some ways to stay involved in your child's life after a breakup?**

**Cupid's Advice:**

Breaking up is always a difficult time in any relationship,

but breaking up when a child is involved is even tougher. So what are some ways that you can stay involved in your child's life after the break up? Cupid has some advice for you:

**1. Call:** If it's hard to see your child every day make sure you call or Skype with them as often as you can. Taking the time to talk to your child keeps you updated on what he or she is doing or how they are doing.

**2. Take them out:** Make time to spend time with your child. Make sure you take them out to dinner, the movies or the park so you get to spend some quality time with each other. It doesn't matter what you are doing as long as you are spending more than once a month with them.

**3. Holidays:** You and your ex should take turns spending time with your child on different holidays. One should get to spend Christmas with your child and the other gets to spend Thanksgiving together. You and your ex can plan a schedule of what holiday's you each get and try and switch off every year.

**How have you stayed in your child's life after a breakup? Share your stories below.**

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## **'Top Chef' Alum Richard Blais on Healthy Holiday Cooking with Benefiber**





Interview by [Lori Bizzoco](#).

Viewers of *Top Chef* recognize Atlanta chef Richard Blais as the runner-up during the reality show's fourth season and the winner of season eight, *Top Chef: All-Stars*. What may surprise fans, though, is his new found passion for healthy cooking. It even surprised the chef himself: "I would never have envisioned that I'd be standing here today talking to you about being a dedicated chef to health and wellness." In our interview, he discusses the importance of fiber and makes raw oatmeal risotto using Benefiber.

**Related Link:** [Wolfgang Puck of 'Top Chef: Seattle' Says Taste Is the Most Important Part of Cooking for Your Loved Ones](#)

While the reality star handles most of the cooking duties at home, he knows a thing or two about sharing space in the kitchen. "My kids do cook. We're getting them involved," Blais shares of his daughters, ages five and almost three. "I think it's really important to build a healthy relationship with food with your kids, whether that's going to the farmer's market, going to the grocery store, or getting them at the stove with you."

He adds, "We just made one of these recipes at home – blue

corn meal pancakes – with Benefiber.”

For more information, check out Benefiber on [www.facebook.com/Benefiber](http://www.facebook.com/Benefiber).

For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).

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## Find Out About Kelly Clarkson's Farm Wedding



By April Littleton

According to [People](#), Kelly Clarkson and Brandon Blackstock tied the knot Sunday at the private Blackberry Farm in eastern Tennessee. The *American Idol* alum carried a bouquet of yellow

dusty miller blooms and purple statice blossoms. She wore a Temperley Bridal "Jessamine" gown with a Maria Elena crystal-studded headpiece. "When you see Kelly and Brandon together, they are just as in love as you would think of in a fairy tale," said Arndt, a friend.

**What are three reasons to have a wedding on a farm?**

### **Cupid's Advice:**

Picking the perfect place to have your wedding is one of the most important decisions you'll make in your life. You can choose to have a simple, small wedding on a beach or maybe a quiet, family-filled ceremony on a farm if that's more your thing. Cupid has some tips:

**1. Home sweet home:** If you were raised on a farm or spent most of your free time on when, then it would be a good fit to think about having your wedding ceremony there. While you're marrying the love of your life, you'll have so many good memories swirling around inside of your head. Plus, you'll be making new memories in a place you're familiar with.

**2. Save money:** There's no need to spend a lot of money when you already have beautiful surrounding around you on a farm. You won't need much in the decorations department, so you'll be saving tons of money. You can splurge more on your honeymoon or other aspects of your wedding if you choose to do so.

**3. Endless possibilities:** If you have an outside wedding, you have tons of space to work with. Plus, the venue will be free of charge if any of your loved ones own the farm. With so much room, you can invite as many friends and family members you want without anyone feeling cramped.

**What are some other reasons to have a wedding on a farm?  
Comment below.**

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# Source Says John Mayer Is Ready to Propose to Katy Perry



By Kristyn Schwiep

A source tells [UsMagazine.com](http://UsMagazine.com) that John Mayer is ready to pop the question to girlfriend Katy Perry. “They realize they must be together. They Skype and text all day,” the source added. The couple has been together for 15 months and they are ready to take their relationship to the next step.

**How do you know when you’re ready to pop the question?**

**Cupid’s Advice:**

Deciding whether or not to propose to your significant other can cause a whirlwind of emotions. So if you are looking for some guidance, Cupid has some advice to lead you in the right direction:

**1. You've discussed the future:** If you've taken the time to talk about family vacations or where you two want to end up in 10 years from now, then you are definitely ready to commit to a lifelong adventure with your partner.

**2. Friends and family:** Are you family and friends a fan of your partner? If they are that's a good sign. You've definitely dated one or two people who your friends and family haven't approved of, so if they like you two together it's safe to take the next step.

**3. Dropping hints:** Has there been mention of which ring she likes, what type of dress she wants, and where her dream wedding would be? If she has her mind is on marriage and is ready to take the next step. So if you are ready to make the next step in your relationship to get engaged.

**How did you know when you were ready to propose? Share your stories below.**

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## **Kanye West and Kim Kardashian Are Engaged!**





By April Littleton

Kanye West surprised Kim Kardashian with a unexpected proposal Monday night that left her speechless. “She was so shocked and couldn’t speak after”, a source who witnessed the proposal told [People](#). “Everyone had mascara running down their faces from tears.” The 36-year-old rapper rented out San Francisco’s AT&T Park and had “PLEEEASE MARRY MEEE!!!” written on the stadium’s Jumbotron. Kardashian, who accepted the proposal, now wears a 15- carat, flawless Lorraine Schwartz diamond ring on her finger.

**What are some ways to pull off a surprise proposal?**

### **Cupid’s Advice:**

Planning a surprise proposal can be a lot of fun and it’ll definitely be something you and your partner will remember for the rest of your lives. Before you pop the question, there are a few things you should know. Cupid has some tips:

**1. Surprise yourself:** When it comes to the proposal, don’t plan a single thing. Surprise yourself. Go with your gut and get down on one knee when it feels right. Don’t worry about the place, time, who’s around, etc – you’ll know when you’re



ready to ask your honey for their hand in marriage. They won't be expecting it and neither will you.

**2. Not a peep:** Don't tell anyone about your plans to ask your significant other to marry you. If you do, they might start to act different around your partner and give everything away. Keep your cool and keep this little secret to yourself until you're ready to tell the person who really matters.

**3. Be creative:** Proposing at places like a restaurant or park are unoriginal and boring. Do something different. Create a video proposal or something else that would be fun and interactive. This is the time to show your honey how much you care about them and want to spend the rest of your life with them.

**What are some other ways to pull off a surprise proposal? Comment below.**

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## **'Boy Meets World' Star Danielle Fishel Marries Tim Belusko**





By Kerri Sheehan

*Boy Meets World* star Danielle Fishel tied the knot in a “short and sweet” ceremony in Los Angeles. Her rep confirmed to [People](#) that the 32-year-old actress is now wife to Tim Belusko, 25. The bride recently said, “The most important thing is that the day feel authentic to us.” The couple wanted a traditional wedding that also showcased their wacky side. Over 200 guests gathered to watch the pair say, “I do.” Fishel had previously said, “Tim is the one. He accepts me for exactly who I am!”

**How do you make your big day feel ‘authentic’?**

### **Cupid’s Advice:**

Your wedding day should be perfect. Let Cupid help you make it your own:

**1. Make it your own:** There’s no requirement that says your wedding has to be completely traditional or traditional at all. Don’t hesitate to make little changes to your ceremony to make it really feel like your own. It’s your day, no one else’s

**2. Keep it simple:** The more over the top your wedding is the more likely you are to feel like it's all just a big show. Your wedding day is your time to show off, but going crazy in that department will make it feel more like entertainment than a union of two lovers.

**3. Talk to your partner:** You should run any changes you want to make to your ceremony by your mate. If you go ahead and change things without their consent then it will become all about you instead of equally about your both. Make sure there is an equal balance of elements of him and elements of her.

**How would you make your big day feel authentic? Share below.**

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## **TLC's Chilli Says Usher Was Her First 'Real Love'**





By Kerri Sheehan

Rozonda “Chilli” Thomas of the girl group TLC revealed that her two-year relationship with R&B singer Usher was not what inspired his 2004 album *Confessions*. In an interview with [UsMagazine.com](http://UsMagazine.com) Thomas said, “We were together when he recorded that album. All of those songs on *Confessions*, that was about Jermaine Dupri’s situation. Usher was just singing it. But people kind of bought into it, it was just the timing of our breakup when the album came out.” She also said that the two broke up because it was just the time, but he was her first real adult love. She affirmed that she would always love Usher despite that the two broke up in 2003.

**What are some surefire signs that you’re in love?**

**Cupid’s Advice:**

Let Cupid help you decide if your love is for real:

- 1. Butterflies:** When you’re truly in love you can feel it in your heart. Even if you’ve been dating for years they should still have the ability to give you internal butterflies.
- 2. You don’t question it:** If you’re truly in love then you

shouldn't even have to ask this question. When you feel the love you know it and you want the world to know.

**3. You're truly happy:** When you've found the one you everything else in your life should fall into place with time. If being with your mate feels like too much work then one of you is probably in it for the wrong reason.

Are you in love? Share below.

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## Jennie Garth Says Dating after Divorce is “a Weird Type of Torture”



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Jennie Garth is still having some trouble getting back in the dating scene after her divorce from Peter Facinelli. "It's super challenging," Garth said during an interview on *Bethenny*. "It's fun, and it's awful all at the same time. It's like a weird type of torture. But it can be fun." The *Beverly Hills, 90210* alum has three daughters. Facinelli and Garth were married for 11 years before splitting in June.

**How do you know when you're ready to start dating after a divorce?**

### **Cupid's Advice:**

Getting over a divorce can take some time, especially if kids are involved. How do you know when you're really ready to give love another try? Cupid is here to help:

**1. Your anger is gone:** All of the resentment and other negative feelings you had for your ex are gone. When the two of you do see each other, it's strictly about the kids (if you have any together). If you're able to co-parent in a peaceful manner and you're no longer hoping that the two of you can reconcile one day, you may be ready to move on.

**2. You're looking:** You know you're ready to get back out there, when you notice a cute guy staring right back at you. Noticing other men again is one of the first signs of moving on. Don't rush into anything though. Take your time, test the waters and have some fun.

**3. You're OK with being by yourself:** Before you can let anyone into your heart, you need to be comfortable with being alone first. Take some time to get to know yourself. You may need to reevaluate what you want out of a relationship and a love partner before you start dating again.

**How did you know you were ready to start dating after a**

divorce? Share your experience below.

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# Katy Perry and John Mayer Look at Engagement Rings Together



by Priyanka Singh

According to Hollyscoop.com, celebrity couple Katy Perry and John Mayer might be tying the knot in the near future. A source close to Perry revealed to Hollyscoop that the musical duo have been looking at engagement rings, so the prospects of them making it official could be right around the corner!

The source also shared that the pop princess wants a green engagement ring since that happens to be her favorite color. “They want to have a small wedding, one of those you don’t hear about until it is all said and done. They live with each other now and are practically already husband and wife.”

The couple enjoys the company of each other so much that they tend to keep to themselves and go out very sparingly unless it’s necessary for work. As the source explains, “They prefer hanging out at home and just being with each other. They are both kind of over Hollywood and everything that comes with it.”

Their relationship certainly seems to be on a deeper level. “Katy knows that John is her soul mate and everything she has been through has led her to him. And John has said he will never love another woman like he loves her. She has redefined his definition of love.”

Keep your eyes open for a green rock on Katy’s left ring finger!

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## Kanye West Displays His Love for Kim Kardashian







By April Littleton

According to [People](#), Kanye West sported a shirt with an almost nude shot of Kim Kardashian on the front last Saturday during the beginning of his “Yeezus” tour in Seattle. This isn’t the first time the new day showed his affection for his girlfriend. Last week, Kardashian posted a racy post- baby selfie via Twitter, which West complimented,” HEADING HOME NOW.”

**How do you show your love for your partner publicly?**

**Cupid’s Advice:**

Whether you’re out in public or not, you always want to show your significant other that you love and care about them. However, you don’t want to be seen doing something that should be left behind closed doors. Cupid has some tips:

**1. A simple gesture:** You don’t want to go too overboard with the PDA, but a warm hug and some hand holding will do the trick. These gestures are not only cute, but you’ll be showing the rest of the world who you have your eyes on.

**2. Pay attention:** When you’re out in public with your

significant other, pay attention to what they're wearing, what they want to do and what they talk about. There's more to love than just the physical aspect. Instead of grossing everyone out with an inappropriate make out session at the mall, show your partner your affection for them by simply being attentive.

**3. Say it:** There's no better way to show your love for your partner than by saying it. You can tell your honey 'I love you' as many times as you want and wherever you want. It'll make your boo smile and you'll feel good about it too.

**What are some other ways to show your love for your partner publicly? Comment below.**

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## **'Boy Meets World' Star Rider Strong Ties the Knot**





By Gabby Robles

This Sunday, *Boy Meets World* cutie Rider Strong was wed to Alexandra Barreto in Oregon, according to [People](#). “I’m incredibly lucky to be getting married to my best friend and partner-in-crime,” Strong, who used to play Shawn Hunter on the ABC sitcom, released in a statement. The couple became engaged a little before Christmas. Beneath the redwood trees of his childhood home in Northern California, Strong proposed in a downpour with a ring he made himself – very romantic!

**What are some ways to make your proposal unforgettable?**

### **Cupid’s Advice:**

Asking someone to marry you is a very big deal. You want to make sure everything is perfect so that your honey is surprised, the moment is magical, and the proposal is memorable. A way to ensure that your proposal is unforgettable is to go the extra mile and treat it like the monumental life moment that it is – for both of you. So if you’re trying to figure out how to make your engagement special, have no fear, Cupid is here:

**1. Plan something that you’ll both love:** This is about the

both of you. Make sure that this day becomes something that you're both going to look back together and say, "Wow, that was so us!" When you personalize things for the both of you, you'll have a great result with an even greater reaction.

**2. Go the extra mile:** If there were ever a time to go all out on something, now would be it! Don't take your engagement lightly and plan this whole-heartedly. Spend the extra time and money. Look into all the options you're seriously considering. Don't just wing it – that won't be too memorable!

**3. Think what you would want to tell your children:** You don't need to make the ring yourself, but it's nice to have something that will really impact the proposal significantly. It doesn't hurt to look up how others have proposed to their partners. Just get some ideas, become inspired, and make it your own. You're definitely going to want this to be a story that you tell for decades to come!

**How did you make your proposal unforgettable? Share in the comments below!**

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## **'Sweet Retreats' Host René Syler Encourages Couples to "Remember Why You Fell in Love"**





By Kristin Mattern

One time co-host of *The Early Show*, René Syler continues her television career with her own show on the Live Well Network, *Sweet Retreats*. The seasoned journalist and mother of two loves the fun and excitement of visiting vacation locales with her guests and their families; a savvy traveler herself, Syler enjoys helping show parents how to pack and plan for family trips. On her parenting website, [GoodEnoughMother.com](http://GoodEnoughMother.com), she educates moms on more than just how to prepare for their next adventure, instead teaching parents how to be perfectly imperfect.

For a long time, Syler ran the same rat race that many women do, splitting her time between her high-powered job and her relationship with her husband and children. On top of her already demanding life, she was also trying to be the *perfect* mother. Sometime after the birth of her second child, she came to a revelation: "I had this epiphany, and I realized, 'Wait a minute, I don't have to be perfect, and I actually *do* know what I am doing. It's not the way everyone does it, but it's the way I do it, and I've found it effective.'" That moment led to writing her book, called *Good Enough Mother*, and creating its spin-off website.

Good Enough Mother deals with more than motherhood. “I talk about career and keeping your marriage healthy. We also mention breast cancer and breast cancer causes. Just because I am a mother doesn’t mean I don’t have other interests, and I believe that’s something other women can relate to,” Syler explains. “I still have dreams, goals, and aspirations.” She also recommends that parents stop likening themselves to everyone else: “You want the recipe to be really unhappy? Keep comparing yourself to everybody else.”

**Related Link:** [Julie Benz on Her Marriage: “We Put Our Relationship First Even If That Means Turning Down Work”](#)

On *Sweet Retreats*, the celeb helps families find great places to vacation that are fun and affordable. “I love shooting this show! I’m always looking to go on vacation and save a little money here and there,” she shares. “I’m also all about showing people how to get outside the traditional touristy areas. You can actually go somewhere and become a part of a community. The show is a wonderful way to showcase how families can travel.”

Perhaps the most important part of planning a vacation is choosing a location to visit with your family. This well-traveled host suggests getting the input of your children or choosing a spot that coincides with what they’re learning about in school. “What better way to really make what they’re learning about come to life than by actually going to the location, seeing it and experiencing it?” If you have teenagers (like Syler), she recommends giving everyone their own room, so you aren’t right on top of each other, and choosing a place the whole family can enjoy.

Married for almost twenty years, Syler advises couples take time and go away together alone too. “It’s important to reconnect and remember why you fell in love. Sometimes, we all need to be reminded.” Her favorite vacation spot with husband Buff is Las Vegas. “We always have a great time, and I feel

like we can just have fun together and act like big kids.”

**Related Link:** [Prince William's Former Nanny Is Taking Care of Prince George](#)

When they're not getting away to a fantastic location like Vegas, the duo cherish the time they spend together, even if it's just sitting around the kitchen table. “I know that doesn't sound like a date, but it is because we're moving in the same direction, and I think that is one kind of pillar in our relationship.” The couple also enjoys the movies or a quiet dinner at a pub for date night. “It's not the location. It's the communication and being able to connect,” Syler sagely says.

The couple keeps their marriage strong by appreciating each other and knowing that they wouldn't be where they are today without one another. “You have to remember what it is that brought you to the party. You know, my husband is always a big fan and supporter of me, and in this day and age, you really have to have one person in your corner at all times.”

Outside of work and play, Syler is a huge advocate for breast cancer awareness and education and does a lot of work with the Susan G. Komen for the Cure campaign. Both of her parents had breast cancer, and six years ago, she opted to have a double mastectomy after testing positive for the stage before breast cancer. “I believe that knowledge is power, and the more you know, the better decisions you can make for your health,” she explains, “Part of my philosophy at Good Enough Mother is that taking care of yourself means that you are taking care of everybody else.”

That's one thing that we know this mom does well.

*For more information on Syler, visit [GoodEnoughMother.com](#) or connect with her on Facebook and Twitter @goodenufmother.*

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# Kristen Bell and Dax Shepard Are Married!



By Gabby Robles

Congratulations to the happy couple! According to [UsMagazine.com](http://UsMagazine.com), Kristen Bell and Dax Shepard, longtime couple and parents to daughter Lincoln, were finally wed this past Thursday, October 16. The two decided to have a quiet ceremony by getting married at the Beverly Hills County Clerk's Office.

**How do you keep your wedding small and intimate without offending people?**

**Cupid's Advice:**



Some people prefer a small, quiet setting, which is perfectly fine! But others might expect you to do the opposite. Thinking of having an intimate wedding but don't want to offend anyone who isn't invited? Cupid has some suggestions:

**1. Don't be bullied into inviting unwanted guests:** Put your foot down. Remember that this is what you want, and explain to them why it's important for you to do it this way. People might wonder why you're choosing an intimate wedding over a big one, but they aren't the ones getting married, you and your boo are!

**2. Make the guestlist:** A big wedding might not be your ideal dream, and having a small wedding isn't a crime. Choose who you want to attend, remember why you want them there, and invite them.

**3. Be ready to hear it from people:** If people confront you with upset and tell you that they're offended that they weren't invited, you have to explain to them why they weren't. All you need to do is be honest with them – clarify your reasoning for a small wedding, and do it nicely... you don't want them to feel even more left out of your life!

**What were some ways you kept your wedding small and intimate without hurting people's feelings? Share in the comments below!**

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## **Chad Kroeger Says Wife Avril Lavigne Is an 'Amazing Cook'**



By Kristyn Schwiep

Chad Kroeger and Avril Lavigne are still happy in love after being married for 94 days. Nickelback singer Kroeger told [People](#) that Lavigne is an amazing cook and has never tasted one bad thing. Kroeger told People a valuable lesson he has learned about marriage: "Happy wife, happy life," he even lets her pick what movies they watch together.

**How do you decide how to split up domestic duties when you live together?**

**Cupid's Advice:**

Living you live with your partner can turn you into the designated chef, dishwasher or spider killer. So how do you decide on how you split up the domestic duties? Cupid has some advice for you:

**1. Make a list:** Sit down with your partner and discuss what needs to be done in your house including dishes, cooking,

sweeping, etc. Once you figure out what needs to be done and how often, make a chart and print it so you can keep organized around the house.

**2. Divvy the duties:** If you can't decide on what domestic duty each of you should be in charge of try turning it into a game. Grab a coin and play coin toss, the winner gets to decide what chore he or she/wants to do and continue doing this until all the chores are set. This keeps it fun and you get the job done.

**3. Stick to what you know:** Some people like cleaning and cooking and others enjoy killing spiders and fixing broken appliances. If you and your partner can agree on what works best in your relationship then stick to what you know. Also, take the time to help each other it will remind you why you are living together in the first place.

**How do you split up domestic duties with your partner? Share your stories below.**

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**Jamie Foxx Denies Rumors  
Dating Katie Holmes**





By Kristyn Schwiep

Is Jamie Foxx keeping his relationship with Katie Holmes a secret? **Jamie Foxx denies all rumors of dating Katie Holmes.** "The rumors are 100 percent not true," Foxx told [Entertainment Tonight](#). Holmes has remained single since her separation from Tom Cruise in 2012. According to [People](#), Foxx simply laughed at the rumors saying the two just simply dance at a charity event.

**What are some ways to keep your relationship under wraps at first?**

### **Cupid's Advice:**

If you are in a new relationship and trying to keep it on the down low there are a few things you can do so people don't question your relationship. So what are some ways you can keep your new relationship under wraps? Cupid has some advice for you:

**1. No PDA:** If people see you holding hands, hugging and kissing in public there is no fooling anyone. If you are trying to keep your relationship under wraps at first try steering away from excessive PDA.

**2. Spend time apart:** It's definitely okay to spend time with your new partner, but also remember to spend time with friends and family. If people start seeing you two together more often than not people are going to start thinking that things are getting more serious than just being friends.

**3. Hang out in groups:** Hanging out with your new partner with your other friends or with your family is a good way to take the attention off of you and your relationship. Hanging out with your new partner in a group setting will make it harder for people to suggest that you are dating each other.

**What are some ways you can keep your relationship under wraps at first? Share your thoughts below.**

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## **Bachelor/Bachelorette Alums AshLee Frazier and Michael Garofola Are Dating**





By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), *Bachelor* alum AshLee Frazier and *Bachelorette* alum Michael Garofola are now a couple! The lovebirds have been seeing each other for a few weeks. Garofola posted a picture of the two at a Blue Label Vodka event Friday, Oct. 4. "Amazing night with an amazing girl in an above average city," he captioned the photo.

**How do you know when to go public with your relationship?**

**Cupid's Advice:**

You've been dating someone for awhile and you think it's time to let everyone you care about know about your new relationship. Before you do, there's a few things you need to think about first. Cupid has some tips:

**1. Timing:** Take into consideration how long the two of you have been dating. If the relationship is still fairly new, then maybe you should wait a little while longer – at least until you and your new boo are sure things are headed in the right direction.

**2. Feels right:** If you're comfortable in the situation you're

in and your partner is OK with the decision to go public, then go for it. Don't feel like you have to tell your friends and family what's going on in your love life if you're unsure if the person you're dating is the one for you. Be sure what you have with that special individual isn't just some fling before you start spreading the news.

**3. You talked about it:** You're not the only one who gets to decide when to go public with your relationship. Your partner needs to be in on the decision as well. If you're thinking it's time to let your loved ones know who that special someone is in your life, you should have a conversation with your honey about your plans to announce the exciting news first.

**How did you know when to go public with your relationship? Comment below.**

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## **Jennifer Love Hewitt Celebrates Her Baby Shower**





By April Littleton

According to [People](#), Jennifer Love Hewitt celebrated her upcoming due date by throwing a gender-neutral baby shower at L.A.'s Hotel Bel Air. The shower included cream-colored baby cupcakes created by Georgetown Cupcakes, old-fashioned milk bottles and a display of mini onesies on a clothesline. A source said the 34-year-old *Client list* actress smiled throughout the party while keeping her hand on her bump, and appeared to get teary-eyed when fiancé Brian Hallisay arrived at the end.

**What are three things you can do to personalize your baby shower?**

### **Cupid's Advice:**

Baby showers are a great way to celebrate the pending arrival of your newborn. Find out how to make your baby shower stand out! Cupid has some advice:

**1. Make your own invitations:** Instead of buying a few Hallmark cards, spend a little time making your own baby shower invites. Pick out a theme and get crafty! If you need a little help with all of the cutting and gluing you'll probably be



doing, ask some friends to assist you.

**2. Personal gifts and favors:** If you really want your shower to be something special, think about giving each of your friend's an unique party favor. Instead of giving them all the same thing, try to give them something that represents your relationship with all of them.

**3. The food:** Forget about paying for a caterer when you can do all of the cooking yourself or with some loved ones. Preparing the meal yourself will make the occasion more intimate. However if you're not feeling up to it, have your partner do the cooking while you have fun with your friends.

**How did you personalize your baby shower? Share your experience below.**

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## **Kristin Cavallari Says She's Trying for a Second Child**





By Kerri Sheehan

Kristin Cavallari is already looking to give her 14-month-old son Camden a sibling! She revealed this weekend that her and her Chicago Bears quarterback hubby Jay Cutler, are doing all of the necessary things to get pregnant. Cavallari dished to [UsMagazine.com](http://UsMagazine.com) back in September 2013, saying, "I would love to have a little girl, but if I had another boy, that would be great too."

**What are some factors to consider when you're deciding whether to have a child?**

### **Cupid's Advice:**

Having a child is a big decision. Here are some things to consider:

- 1. Finances:** Having children costs money. Make sure you're financially stable before you decide to add an addition to your family.
- 2. Your significant other:** Before making the decision to conceive you have to make sure you and your partner are on the same page. You're both in this together so you both have to be

gung-ho about the idea.

**3. Other children:** If you decide to have another child then you have to prepare your other kids for the new family member. Make sure they know what you having another child means so they're not blindsided.

**How would you decide to have a child? Share below.**

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## Former 'Laguna Beach' Star Jason Wahler Marries Ashley Slack



By Kerri Sheehan

According for [People](#), Jason Wahler, 26 married model Ashley Slack this weekend at the Calamigos Ranch in Malibu, California. The ceremony was held in front of family and friends this past Saturday, October 12<sup>th</sup>. Wahler popped the questions in November of 2012 and announced the news via his Instagram by sharing a photo of the ring with the caption, "Love you babe!"

**How do you decide how long to remain engaged before marriage?**

### **Cupid's Advice:**

Let Cupid help you to decide how long of an engagement you should have:

**1. Leave time to plan:** Every little girl dreams of the perfect wedding, don't disappoint your five year old self by throwing together a ceremony last minute. You'll need at least three months to get everything together, but most brides give themselves about one year.

**2. Everyone is different:** Depending on what kind of jobs you and your hubby have, there may be a specific time of the year where you'll be able to tie the knot. For example if you're a personal accountant than setting a wedding date in April when your clients' taxes are due is a bad idea.

**3. Consider your age:** A wedding is very expensive. If you're younger then you may not have enough money saved up right away to have the wedding of your dreams. Don't settle for less, as this will be one of the most memorable days of you life.

**How long would you want to be engaged for? Share below.**

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# Source Says Lea Michele 'Talks About Cory All the Time'



By April Littleton

According to [People](#), Lea Michele is slowly moving on from the loss of her late boyfriend, Cory Monteith, who died in July. "It's getting a little easier," said a source close to the *Glee* actress. "She talks about Cory all the time." During the tribute episode that aired Thursday, Michele shared a photo of herself with Monteith on Instagram. The source also said that Michele, who dated Monteith for more than two years isn't ready to think about dating.

**What are some ways to cope after your partner unexpectedly passes?**

## **Cupid's Advice:**

Coping with the loss of a partner or spouse is a difficult challenge to get through – especially if the tragedy happened suddenly. Everyone grieves differently, so it's up to you how you deal with situation. No matter what you may be feeling or thinking right now, you don't have to go through this alone. Cupid has some advice:

**1. Friends and family:** Even though it may be hard for you to think clearly right now, just remember that your loved ones are there for you whenever you need someone to talk to. Don't isolate yourself. The best thing you can do for yourself is vent and let out all of your frustrations to people who you can trust.

**2. Take care of yourself:** People who grieve tend to lose sight of their health. Avoid putting your body through further stress by maintaining a proper diet as best as you can. If you need additional help, don't be afraid to ask a close friend or family member. Stay active and get as much rest as you need. If you notice any unusual changes in your sleeping habits and/or appetite, see your doctor as soon as possible.

**3. Join a support group:** You love being around your friends and family during this sad time in your life, but they may not fully understand what you're going through. In that case, join a grief support group. You'll be around a group of people who know what you're going through and will be able to give you some helpful advice on how to move on from the ordeal.

**What are some other ways to cope with the loss of a partner? Comment below.**

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# Bill Rancic Says Baby Son Duke Is ‘Babbling’



By Priyanka Singh

[Celebrity Baby Scoop](#) recently interviewed *Giuliana and Bill* reality star, Bill Rancic, about life at home with wife Giuliana and son Duke, and the family's upcoming holiday plans. The couple, who just celebrated their sixth wedding anniversary with a “low-key” night in NYC, are working with their surrogate Daphne to have another child. As Rancic explains, “We are still working with her on that and are making sure that that’s the right direction to keep going. Hopefully, we will have some good news soon.”

Read on for more of the Chicago businessman's interview!

**Related Link:** [‘Ready for Love’ Host Giuliana Rancic Says, “Having a Strong Marriage is the Greatest Example You Can Set for Your Child”](#)

**CBS: How do you juggle fatherhood, working in Chicago, running a production company and doing your reality show?**

**BR:** “We bring Duke with us. He comes to work with me and he also comes on my training runs with me. I’ve got this great jogging stroller and he loves going out there and logging the miles with me. We make it work and, at the end of the day, our son is our number one priority. Everything else comes after him and we make sure that he is taken care of and happy. Our goal is to spend as much time with him as we can and that’s what we do. We slowed down a lot in other areas.”

**CBS: Now that Duke is 1 – has he reached any milestones?**

**BR:** “He is babbling a lot and starting to walk a little bit. He hangs onto things while walking. His personality is definitely showing through, which is great. He’s got a great disposition and is always laughing and smiling. He loves hanging out with me, which is a lot of fun.”

**CBS: Congrats on your 6th year wedding anniversary – did you and Giuliana do anything special on the date?**

**BR:** “We went to a restaurant in New York that is owned by a friend of ours. We had a nice time. It was a very low-key, easy night and we went to bed early.”

**Related Link:** [Celeb Dads Who Are Doing It Right](#)

**CBS: Do you have any fun Halloween plans for Duke this year?**

**BR:** “That’s Giuliana. She is big into the holidays and things like that. She is already planning out his Halloween costume, so stay tuned!” [laughs]

*For the rest of the interview, visit*



# Former 'Hills' Star Lauren Conrad Is Engaged



By April Littleton

Lauren Conrad is finally getting her happily ever after! The former *Hills* star is set to marry law student William Tell. "I am very excited to share with you guys that William and I got engaged over the weekend," Conrad wrote on her blog Sunday. Her friends are just as excited for her walk down the aisle. "Everyone is so happy for her. He's such a great guy. They are perfect for each other!" a source told [People](#). The lovebirds began dating in 2012.

**How do you know when you've met the person you're going to marry?**

**Cupid's Advice:**

All relationships require dedication and hard work, but can an individual really tell if the person they're dating is "The One"? At the end of the day, the only person who knows the answer to that question is you, but there are a few signs that can help you make a decision. Cupid is here to help:

**1. You have great communication:** It's natural for a couple to fight from time to time, but it's how you resolve the conflict that matters. If you and your honey can manage to get through a fight without using any physical or verbal means, then you might be meant for each other. Getting into an argument while maintaining a level of respect for each other's space and boundaries will only strengthen your bond. The better the communication is between you and your partner, the better chances you have of creating a long-lasting relationship.

**2. Your friends and family love your partner:** If the people you love and trust the most approve of your special guy/girl, then there's a good chance that you and that person are in it for the long haul. Of course, sometimes family members tend to push you toward someone you have nothing in common with, so just be sure you're dating the person you're interested in spending your time with.

**3. Same goals:** Sharing the same life goals and interests are key aspects in maintaining a strong relationship. Think about your long-term goals. What type of career do you see yourself having? How many kids does your significant other want? Where would you two live together if things ever got serious? If you can come to an agreement on all of these questions, the life you plan on sharing with your honey will only be filled with happiness.

How did you know you met the person you were going to marry?  
Share your experience below.

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## Bruce Jenner Says ‘Nobody is Filing for Divorce’



By Gabby Robles

Kris Jenner and Bruce Jenner aren't on the outs?! According to [People](#), Bruce Jenner stated that his split from Kris Jenner is a positive one and that he'll continue to appear on the family's reality show. Bruce shares, "I'm doing great... Kris is happy, I'm happy. Nobody is filing for divorce."

How do you know when to call it quits on your relationship?

## **Cupids' Advice:**

Even though it may seem like it can't happen, it's possible to have a positive split with your man. Cupid has some advice with how to know when you're ready:

**1. Know when it's time to leave:** If your dreams aren't the same as they were and you're finding yourselves constantly on different pages, it might be time to end it. You must reflect inwardly and ask yourself how you really feel about this relationship.

**2. Talk about it:** Your partner might feel the same way, so get together and talk it out. Explain why you feel the way you do and see if it's possible to fix or if you both want to work on it.

**3. Settle an agreement:** It's not always easy to just get up and leave, especially if you have a family together. If that's the case, you need to settle rules and regulations between the two of you in regards to your kids.

**How else do you know when to call it quits on your relationship? Share in the comments below!**

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# **'The Chew' Star Clinton Kelly Believes That "Life Is All About Trying New Things"**





By Kristin Mattern

Clinton Kelly, well-known star of *What Not To Wear* and *The Chew*, has taken on yet another endeavor in which he combines his flair for style with his passion for food: He's now serving as the spokesperson for The National Mango Board's "Mangover." What is Mangover? Mango plus makeover equals Mangover! Kelly shares his love of the fruit and gets the word out about how nutritious, versatile and simple mangoes are to use.

*The Chew* star has had a love affair with mangoes for a long time, so becoming the spokesperson for Mangover was a natural move. "I'm a big fan. I also love that this fruit is available all year round. I love the fact that a cup of mango has 100 percent of your daily recommended vitamin D and only 100 calories," Kelly remarks. "Plus, they're part of the clean 15 – a group of fruit that you don't have to buy organic, which is important."

Mangoes aren't only nutritious; they're also easy to substitute into meals. "They have this great texture that's firm and works in certain recipes when you need a fruit to hold up. You can even grill a mango," Kelly points out. "It's

got a perfect balance of sweetness where it's not sickeningly sweet and not tasteless either; it's right in the middle."

**Related Link:** [Mario Batali Shares His Tips for Cooking at Home on Date Night](#)

Not afraid to experiment with tastes, Kelly comes up with some unconventional recipes like Grilled Ham and Cheese with Mango. If you want to try some of his unique recipes but are dating a finicky eater, the chef recommends making a mango sauce on the side, so your partner can decide if they want to try the mango-concoction or not. "Though I have to tell you," confesses the star, "I'm not a big fan of people who are *that* picky when it comes to eating. I don't think that they make good partners. That somebody will not even *try* new foods generally means that they're not going to try a lot of other new things either – and life is all about trying new things." Sage advice from a happily married man!

For date nights in the fall with husband Damon Bayles, Kelly says he's looking forward to roasting a delicious chicken. "There is a great recipe with chicken that I'm doing on *The Chew*," he shares. "You make a mixture of cloved garlic, fresh parsley, salt, and cinnamon. Turn it into a paste using a food processor; put it under the skin of the chicken; and then roast the chicken for about an hour or so."

The style pro has some tips for date night fashion too. "When it comes to the first date, it's important that you feel beautiful because that gives you confidence." Kelly suggests wearing your favorite color or a print that represents you. "I would recommend being tastefully sexy. That means wearing clothes that show off your shape but don't necessarily reveal too much skin." The *What Not to Wear* stylist proposes a great pencil skirt, blouse, micro-fishnet tights, and a pair of heels.

When it comes to meeting his parents, he says to communicate

with your significant other to find out what his family is like. If they are jean people, wear jeans; if they're fancy, wear a dressier outfit. He adds, "The general rule of thumb when going on a job interview or meeting someone's parents for the first time is chest, not breast. You can wear something that is V-neck and shows your décolletage, but don't take it any further."

**Related Link:** [Kathy Hilton Discusses Fashion Week and Her Collection](#)

For weddings, he advises avoiding white (of course) and being careful with red. "There is always that woman in the red dress every time I go to a wedding. She's wearing a low-cut, short red dress with a shine to it. There's something about it that almost feels like you're trying to steal the attention away from the bride. You want to be classy at a wedding." He suggests choosing colors that fit the season, like gem and dark colors for fall and winter and light, bright colors for spring and summer.

Adding to his resume, Kelly recently wrote a book, *Freaking Fabulous on a Budget*, which comes out tomorrow and provides readers with tips on how to hone their style, cook great food, and make cocktails and crafts for the home on a budget. This star certainly does it all!

*To learn more about Kelly, connect with him on Pinterest, Twitter @clinton\_kelly, and Facebook. Visit [clintonkelly.com](http://clintonkelly.com) and be sure to watch him on The Chew! To purchase his new book, check it out on Amazon.*