

# Celebrity Baby News: 'RH0A' Star Kandi Burruss Is Expecting Third Baby Via Surrogate



By [Meghan Khameraj](#)

In [celebrity news](#), *Real Housewives of Atlanta* star Kandi Burruss is expecting her third child. According to *UsMagazine.com*, Burruss revealed in November of 2018 that she and her husband were in the surrogacy process. Burruss stated, "We have two embryos that are still left from when we had Ace. So, we have two embryos left and we know they're girls."

Burruss gave birth to son Ace in 2016 and she also gave birth to Riley, her 17-year-old daughter with her ex-husband, Russell Spencer. This, however, is a different [celebrity pregnancy](#) experience for her. She opened up about her nerves and the advice Andy Cohen, who also had a child through surrogacy, gave her. She explained to Busy Phillips, “I had made a comment. I said something like, ‘I guess I’m gonna have a baby mama and he said to me, ‘Don’t you ever say that because you are the mother. And to say she’s your baby’s mom is taking away from you.’ It made me feel better.” Looks like we’ll have a new [celebrity baby](#) soon!

## **In celebrity baby news, Kandi Burruss is having a baby via surrogate. What are some factors to consider before having a child via surrogate?**

### **Cupid’s Advice:**

Kandi Burruss is getting ready to welcome her third child via surrogate. Burruss had a lot of nerves and doubts before she was able to fully commit to surrogacy. Cupid has some factors to consider to help you figure out if surrogacy is the right choice for you:

**1. Your health:** If you’re considering having a child, via surrogate or not, it is important to make sure you’re healthy both physically and mentally. Surrogacy can come with a lot of stress and struggles. Knowing how to deal with your stress and emotions in a safe way can make the entire process go smoothly.

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**2. Your finances:** Having a child is expensive, especially so through surrogacy. Ensure you have enough money saved up to be able to support you and your family. This may take some extra planning so it would be very helpful to get the advice of an accountant to figure out the best course of action for you and your family.

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**3. Your family dynamic:** If you already have kids it might be difficult to explain the surrogacy process. A new baby, regardless, will cause your family dynamic to change. Anticipate how it will change and figure out the best way to prepare for it so it is not a surprise.

**What else should you consider before having a baby via surrogacy? Let us know in the comments below!**

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## Celebrity News: A Showmance Dominates 'Big Brother' and Crowns a Winner





By [Hope Ankney](#)

In [celebrity news](#), season 21 of the [reality TV](#) show *Big Brother* is over. As reported by *UsMagazine.com*, Holly Allen, Jackson Michie, and Nicole Anthony made it to the final three, and they gave everyone a finale to remember! Through rock-climbing and memory events, it was a close race between the three. But, when it came to the showmance between Michie and Holly, it was their confessions that reflected on the past competition and alliance with one another that ultimately won over the jury. Michie ended up being crowned the winner of *Big Brother*.

**In celebrity news, a romance in the *Big Brother* house dominated the game. What are some ways that**

# working with your partner can be effective?

## Cupid's Advice:

Working with your partner is one that can be a difficult task to manage. The workplace is already stressful enough as it is, but being alongside your spouse can make it an even more stressful environment. But, there are positives to working with them, and it can also be a great thing for your relationship. Here's some [love advice](#) from Cupid about the pros of working with your partner:

**1. Increased sense of intimacy:** Couples that work together or share experiences are more likely to have a stronger connection than those that don't. If you're both working in the same environment or company, there is even more of a sense of intimacy involved because you can talk openly about your work lives in a way that your partner will understand it. There's something about shared stresses that can be very therapeutic once you get home from a long day at the office.

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**2. Team-building skills:** You and your partner should always be seen as a team. You aren't against one another. You're there to support one another. So, working in the same environment can be great for team-building. You learn how this person works with you and with others. It's a great way of understanding their behavior and actions when it comes to being apart of a group and dealing with pressures. It's important that you and your partner can come together, effectively, whenever you both need it.

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**3. Extra quality time:** Most relationships don't have the pleasures of spending a lot of quality time together. After long days at work, it's difficult to have energy or time to really spend with your partner. But, if you work alongside your spouse, you spend a great deal of your time in the company of someone you love. It allows you to be more present in the relationship, and it can make stressful days in the office much more enjoyable.

**How do you feel about working with your partner? Tell us in the comments below!**

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## **Royal Celebrity Wedding: Princess Beatrice Is Engaged to Property Tycoon Edoardo Mapelli Mozzi**







By [Hope Ankney](#)

In royal [celebrity wedding news](#), Princess Beatrice is engaged to property tycoon Edoardo Mapelli Mozzi. The Duke and Duchess of York even took to Instagram to congratulate the two, ending the sweet message by stating the wedding will be held in 2020. According to *UsMagazine.com*, when asked about the engagement, the royal [celebrity couple](#) gushed, saying, “We are extremely happy to be able to share the news of our recent engagement. We are both so excited to be embarking on this life adventure together and can’t wait to be married. We share so many similar interests and values and we know this will stand us in great stead for the years ahead, full of love and happiness.”

**There’s another royal celebrity wedding in the works! How do you know your partner wants to marry**

# you for the right reasons?

## Cupid's Advice:

Marriage is a beautiful thing, but knowing when a long-term partner is wanting to marry you for the right reasons can be harder to decipher than one might think. Walking down the aisle is a big commitment, and it's important to know that your significant other is in it for the same reasons you are. If you're thinking about marriage, but you don't know exactly how to tell if your partner is sincere, don't fret! Luckily, Cupid has some [love advice](#) that will help you know if your partner is the real deal or not:

**1. They make future plans with you in them:** Let's be honest, most people don't talk about things they would rather not entertain. But, if your partner has been making plans about their future and you're apart of it, this could be a great way to know that they're marrying you for the right reasons. Bringing up future plans, in general, is a good sign in knowing how much they trust you, as well. They're opening their thoughts to your opinion about something important to them because they value it that much!

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**2. Other people tell you that they brag about how great you are when you're not around:** An important part of a relationship is in how that person treats you when you're not there. How do they talk about you? How do they discuss your relationship? If friends, coworkers, and family alike speak up about how highly they praise you outside of being together, it's a sign that they're in the relationship for the right reasons. Your spouse should be one of your favorite people, so make sure they're just as great without you as they are with you before saying "I do."



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**3. They don't run when things get tough:** All relationships have their ups-and-downs. It's just in how you handle them that tells how healthy your relationship is. Challenges never fully disappear, and the longer you're together, the more challenges you'll face together. During these trying times, if your partner is determined to stay by your side and stick it through, that's a great indication that they're marrying you for the right reasons. Never commit yourself to anyone who runs when things get tough.

**How have you felt that your partner was marrying for the right reasons? Tell us down below!**

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## **Celebrity News: Tyler Cameron Had Offer to Become 'The Bachelor' Amid Dating Gigi Hadid**





By [Meghan Khameraj](#)

In [celebrity news](#), Tyler Cameron revealed that he was offered the titular role on *The Bachelor*, but declined. Cameron has been linked to model Gigi Hadid and the [celebrity couple](#) has sparked non-stop dating rumors. Though Cameron didn't mention Hadid by name as the reason for turning down the role, he definitely implied that he had other things going on in his love life. *UsMagazine.com* reports that Cameron told *Entertainment Tonight*, "Where I was at in my life ... I just didn't think it was where I wanted to be. My heart wasn't in it." Cameron has also been dealing with some family problems as his father's health has been on a decline.

**In celebrity news, Tyler Cameron turned down being *The Bachelor* while he was dating Gigi**

# Hadid. How do you know if your relationship is strong enough to pass up a big opportunity?

## Cupid's Advice:

Tyler Cameron turned down a major career and life opportunity by declining to star on *The Bachelor*. Though he stated that there were many reasons for him not to take the role, it seems as though his [celebrity relationship](#) with Gigi Hadid has had a big impact on his decision. Cupid has some [dating advice](#) to help you know if your relationship is ready to take priority over the other aspects of your life:

**1. You both give things up:** A successful relationship should be a give and take. If you and your partner are only giving or only taking, then you should take a step back and reevaluate the balance of your relationship. This will help further down the road if there is a potential disagreement about an opportunity.

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**2. You try to compromise:** Nothing ever goes as perfectly as planned, especially when you're sharing a life with someone. Keep in mind your partner's feelings and wants, and try to find a middle ground where you both can be happy. Compromises can be difficult and take time to work out, but they are worth it to ensure that your significant other is as happy as you are.

**Related Link:** [Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'](#)

**3. You're open with each other:** If you're finding the situation exceptionally difficult to navigate the best thing

to do is be open with your significant other. Let them know how you feel and what you really want from the situation. Be sure to also listen to them and take into account how they are feeling. An open and honest relationship will help you avoid an ill-feelings toward each other.

**What are you willing to give up for your partner? Let us know in the comments below!**

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## **New Celebrity Couple: Brad Pitt Is Dating Jewelry Designer Sat Hari Khalsa**





By [Meghan Khameraj](#)

In [celebrity news](#), [Brad Pitt](#) is officially off the market! According to a source for *UsMagazine.com*, the actor is dating jewelry designer Sat Hari Khalsa. The source claims that the [celebrity relationship](#) isn't too serious, but Khalsa is very different from the women he's been linked to in the past. The source revealed that Khalsa is very down to earth "and has a beautiful mind. That's what he's attracted to." The [celebrity couple](#) sparked dating rumors last year when they were spotted together at a music benefit held by the Red Hot Chili Peppers. Previously, Pitt was married to [Jennifer Aniston](#) before being married to [Angelina Jolie](#) from 2014-2016, with whom he has six children.

**There's a new celebrity couple in town, which means Brad Pitt has**

# finally moved on after his divorce from Angelina Jolie. What are some ways to know you're ready for commitment after a brutal split?

## Cupid's Advice:

Brad Pitt has moved on after his divorce to actress Angelina Jolie. The pair were an iconic celebrity couple, but now Pitt is ready to start a new chapter with his new girlfriend, Sat Hari Khalsa. Cupid has some [dating advice](#) to help you know if you're ready to step into a serious relationship after a bad breakup:

**1. You don't wonder about your ex:** We all have moments where we wonder what our ex is up to and if they're seeing anyone new. If you're still hung up on your ex then you aren't ready to get into a new relationship. Take time to fully heal from your past breakup before diving into a new one.

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**2. You're happy:** Sadness after a breakup is normal. You'll eventually get to a place where you're happy even though you aren't seeing your ex anymore. This may require you to focus on other things like friends or hobbies but once you're in a good place in your life you'll be ready to date again!

**Related Link:** [Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian's Brother After Drama](#)

**3. You're ready to deal with heartbreak again:** Every relationship runs the risk of a potential break up. Though it's great to remain optimistic, it's best if you are emotionally and mentally capable of handling another intense

breakup. Make sure your feelings are in check before involving someone new.

How do you get over a breakup? Let us know in the comments below!

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# Celebrity News: Gwen Stefani Had No Idea Who Blake Shelton Was Before 'The Voice'



By Ahjané Forbes



In [celebrity news](#), “Hollaback Girl” singer, Gwen Stefani, did not know her country superstar boyfriend Blake Shelton existed prior to *The Voice*. The [celebrity couple](#) met when they had just divorced their celebrity exes. The two have a love dovey relationship on the show and plan to keep it that way for this season. According to *UsMagazine.com*, the songwriter said, “I mean, he’s just so magical. Blake is literally a unicorn. Like, anywhere he goes, people are just attracted to him.”

## **In celebrity news, Blake Shelton’s name isn’t famous to everyone’s ears, apparently. What are some ways to approach your crush?**

### **Cupid’s Advice:**

It’s not all that bad to not know who your crush was until you met them. That said, approaching your crush can be the hardest thing to do. Cupid has some advice on how to approach your crush:

**1. Watch how they interact with others:** What is their personality like? Are they reserved or outspoken? Do you see any key indicators on them like a football team logo or a name tag from a job? Use what you can find to strike up a conversation to break the ice.

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**2. Show them you’re interested:** Walking passed your crush well-dressed and making eye contact is not just for the movies. It actually works. Eye contact and being groomed is a very attractive tactic that can draw your crush to you. Reel them in with a playful stare as you walk passed, keep looking at them, and then turn away. This will get there attention and

who knows they might just make a move on you!

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**3. Talk to them:** It's okay to just have a normal conversation with them to see what they are all about. Try not to bring up that you like them at first. See if they mention that they are with someone, and then take that approach. Their personality will tell you a lot about if you want to pursue them further. Take baby steps before rushing for the goal!

**When you had a crush how did you get their attention? Share your experiences in the the comments below!**

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## **Celebrity Baby News: Jenna Dewan & Boyfriend Steve Kazee Are Expecting**





By Ahjané Forbes

In [celebrity news](#), *Step Up* star Jenna Dewan is waiting for a bundle of joy to arrive, as she is expecting a [celebrity baby](#) with her boyfriend, actor Steve Kazee. This will be Jenna Dewan's second child. The [celebrity parent](#) had her first child with her heart throb co-star and ex-husband Channing Tatum. According to *UsMagazine.com*, Dewan's [celebrity ex](#) was crying while she was giving birth to their daughter. The *Magic Mike* star told the magazine, "I probably went to the bathroom four times [at the hospital] and had a crying fit. Like, I'm just like, 'I don't know what to do!'" Tatum later added that "seeing the one you love in pain makes you feel bad, Men are useless, but we are really useless during [the delivery process]."

**In celebrity baby news, Jenna Dewan**

# is preparing to welcome her second child – her first with Steve Kazee. What are some ways to prepare for the birth of your second child?

## Cupid's Advice:

Welcoming a little one into the world can be very time consuming and stressful if you aren't prepared. Having your second child should be easier, right? Not exactly! Sometimes it can be easier if you have the same gender as you did previously, especially if you have a lot of baby clothes and bottles left over. Babies have a mind of their own just like humans. They can't directly tell you how they're feeling, but you'll catch their drift once they start crying. The second can be tricky and different for everyone. Cupid has some tips and tricks to help you through this journey:

**1. Don't assume this will be easy:** Every child and pregnancy is different. Try to keep an open mind, especially with the second child. Even though this is the second child, there's still a lot to learn about being a parent. Also, if you aren't the one having the child, be there for your partner.

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**2. Don't compare the two children:** When the baby is born, it's okay to assume who they look like and whose personality they might have. It is important that you try to not compare your children in the beginning stages of life. Yes, they might do some of the same things that older brother or sister do/did, but it's not a good habit to keep comparing the two. You want your baby to be their own person and not a younger version of your first child.

**Related Link:** [Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom](#)

**3. Relax:** Everything will work out fine if you are less stressed. The baby will come and you'll be fine. Don't overthink anything or expect the worse. Just hope for a healthy and happy baby, because that's truly all that matters.

**How did you prepare for your second baby? Share your tips and thoughts in the comments below!**

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## Royal Celebrity Couple Prince Harry & Meghan Markle Hold Hands on Tour in South Africa





By [Hope Ankney](#)

In royal [celebrity news](#), Prince Harry and Meghan Markle have officially started off their royal tour in South Africa! The Duke and Duchess of Sussex were given a very warm welcome as they walked hand-in-hand to the Nyanga township. According to *People.com*, the two were on their way to the NGO workshop called Justice Desk which teaches children about self-awareness and safety. The program is also said to teach self-defense and female empowerment to local, young girls.

**This [celebrity couple](#) is staying close while on tour in South Africa. What are some ways traveling with your partner can bring you closer as a couple?**

**Cupid's Advice:**

Traveling as a couple is one that can be very exciting. You both get to experience new sights and adventures together. You're making memories that only you two will remember. But, traveling with your partner can actually strengthen your relationship as well. If you're already packing your bags or are thinking about going off in the future with your significant other, Cupid has some [relationship advice](#) on how traveling can bring you that much closer:

**1. Seeing the best and worst of your partner:** Few things can quickly bring out the highs and lows in another person than traveling does. It's automatically a stressful situation if you're traveling somewhere where there's language and cultural barriers. But, it can also be the best experience when you see your partner at the height of their excitement. You're both being able to take part in something that neither of you has done before. Traveling usually shows every side of your partner, and if you can handle those highs and lows, it can create an unbreakable bond between the two of you.

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**2. More time to talk:** It's obvious that when you're traveling there is a lot more time to talk than any other time in your relationship. You're constantly driving, flying, or waiting around. And, if you're traveling as a couple, you are the only two people you're constantly talking to. Being able to have that time to really converse and open up to your partner while experiencing new things together is an opportunity to learn a lot more about them than you thought you knew. The open discussions and conversations you have on this trip can bring you that much closer to each other than you ever thought possible.

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**3. Teamwork:** Traveling is a very stressful thing to plan and do. Traveling with your partner can show how well both of you deal with working together. There's always the planning of the trip and packing the right necessities, and then there are the directions and where to go once you're there. A lot of couples get into a pre-travel ritual that allows them to both work with one another to get everything sorted the way it needs to be before they go. It's amazing how helpful teamwork and splitting up duties can make you feel less stressed, especially when the trip starts. It can also bring you closer by figuring out how to have the best time together as you travel, encouraging the other or keeping their interests in mind.

**How have you felt you've gotten closer as a couple when you've traveled? Tell us down below!**

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## **Celebrity News: Heidi Klum Reveals What Her Kids Think of New Husband Tom Kaulitz**





By [Hope Ankney](#)

In the latest [celebrity news](#), Heidi Klum revealed how her children feel about her new husband, Tom Kaulitz. According to *UsMagazine.com*, Klum opened up at the Amazon Prime Video Post-Emmy party, saying that things seem “so far, so good.” Kaulitz added, “I think it’s working out pretty good,” as he spoke about teaching her four kids how to play the guitar. [The celebrity couple](#) wed in front of friends and family only last month.

**In celebrity news, even the famous worry about introducing their kids to a new partner. What are some effective ways to introduce your kids to your partner?**

**Cupid’s Advice:**

There are some things celebrities do that aren't so much different than us. Fame doesn't always have its perks, especially when it comes to introducing your children to your newest love interest. It's something that a lot of couples worry about, as things get complicated when kids are involved. If you're stressing over having the talk with your little ones about or introducing them to your new partner, don't worry! Cupid has some [parenting advice](#) that'll help you navigate the trickiness of moving on with someone new when you're a parent:

**1. Don't have your children meet every person you date:**

Children rely on you for their security and stability. They tend to thrive in environments that can be built on trust and vulnerability. Having partners come in and out of your life is something that hurts a child's ability to find genuine investment within your relationships. Everyone wants to jump into inviting the date over to 'get to know' their kids, but unless it is someone you've been with that you trust being in your life for a long time, it might not be the greatest idea to have kids form a bond with them.

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**2. Keep the first meeting short and sweet:** Going somewhere that is public is a great way to introduce your kids to your partner. Perhaps, ask them where they would like to go. Restaurants or out for ice cream are great environments for the children to relate to the new person that is being introduced to them since they are content and relaxed. Remember, meeting the kids where they are comfortable is key!

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**3. Talk to your kids:** Having a conversation about your partner first is always a great idea before introducing your kids to them. Ask your children how they feel about you seeing a new person and what they think about you having a dating life.

Opening a dialogue can be an important aspect of your relationship with your kids, and it can help you see their perspective on the relationship before you figure out how to introduce the person to the rest of your family.

**How have you introduced your children to your new partner? Sound off in the comments below!**

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## **Celebrity Couple: Katy Perry & Orlando Bloom Steal Kiss at Misha Nonoo's Rehearsal Dinner**





By Ahjané Forbes

In [celebrity news](#), Orlando Bloom makes [Katy Perry](#) feel like she's living a "teenage dream" when the two steal a kiss at designer Misha Nonoo's rehearsal dinner. The [celebrity couple](#) are engaged and are set to elope any day now. The two kept showing signs of affection all night. According to *People.com*, the lovebirds kept laughing while talking with their famous friends.

**This celebrity couple isn't afraid to show their affection in public. What are some ways to show you care about your partner in public?**

**Cupid's Advice:**

Letting everyone see the love you share with your partner is

an important part of the relationship. Holding hands, stealing a kiss, and even eye contact can be signs of affection to display in public. Cupid has some ways you can get lovey dovey with your partner in public:

**1. The basics:** Hand holding and kissing are the universal displays of affection that can be shown by every couple. However, it is important that you and your partner discuss what is acceptable and what is not. Some people like a peck on the cheek or a lip bite rather than a French kiss in the public eye. Learn to keep it cute and concise.

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**2. Look fabulous together:** Matching outfits or wearing the same color can be a way to show your love for your partner. It's also great for the pics you're bound to post on social media. Wearing the same color makes you look like a "unit". This is also a way to get creative with your partner. Doing cute things like wearing a shirt that says "His Queen" or "Her King" and vice versa will let everyone know you're together.

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**3. Be there for them:** This might seem like an obvious one, but it's not just about dates all the time. If your lover is an artist, show up at their art show, take pictures, and post them on social media. Write a cute message like, "I have fallen in love with you all over again" while showing their recent work. Being present in the moment will make them feel really good, especially if you're trying to get more serious. This is an important factor to keep in mind if you want to be #couplegoals.

**What are some cute way you show affection to your other half? Tell us about in the comments below!**

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# Celebrity News: Kendra Wilkinson Is Looking for a 'Family Man' After Divorce



By Ahjané Forbes

In [celebrity news](#), the *Girls Next Door* star, Kendra Wilkinson, is searching for Mr. Right. The former playmate recently split from her celebrity ex, Hank Baskett, who is a former wide receiver for the Minnesota Vikings. According to *UsMagazine.com*, Wilkinson is looking for love. "I want to see her with a family man because that's all that she wants. She doesn't want the spotlight or the crazy success," says Wilkinson's friend Jessica Hall. As a mom, the [reality TV](#)



[star](#)'s priority is her children and how a new partner will impact their lives.

## **In celebrity news, Kendra Wilkinson has specific parameters around her next choice of man. What are some qualities to look for in your next partner?**

### **Cupid's Advice:**

Finding a new love after a recent divorce can be hard, especially with children are involved. You might not want your next partner to be too similar your last. Instead of looking for a suitor who will fulfill your desires, you need to also consider your children within your decision. Cupid has some questions you should ask yourself before committing to a new partner:

**1. Are they willing to talk about past relationships?:** You aren't going to learn this about a person after dating them for a first couple of months. However, if they are willing to openly speak about their past that's a good sign of them wanting something more long term. Everyone has growing pains, but it's important that those lesson don't jeopardize your future with a new lover. Look out for warning signs like them comparing you to their ex. You don't want to be someone's second choice!

**Related Link:** [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

**2. How do they interact with your children?:** You have to like new person you're with as well as your children. Take notice if your new boot trying to get to know your kids or just

“babysitting”. Are they helping you with basic tasks around them? No you’re not asking the to replace your ex, but does it seem like they actually enjoy doing stuff with your for your kids. If they want you all to themselves it’s time to go.

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**3. Do they understand your relationship with your ex?:** For the sake of your children together you and your ex have to work together to make this work. Tell your new partner about the basis of you and your ex’s relationship. Make sure that they understand that the best outcome for your children is the goal. Sometimes, your new love will not appreciate this and want the communication with your ex to stop. If the trust is not there there’s no foundation to build a healthy relationship.

**How do you chose a new partner after a divorce? Share your stories in the comments below!**

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## **Celebrity Wedding: ‘Bachelor in Paradise’ Stars Demi Burnett & Kristian Haggerty Are Engaged**





By Meghan Khameraj

In [celebrity news](#), *Bachelor in Paradise* [celebrity couple](#), Demi Burnett and Kristian Haggerty are engaged. The couple proposed to each other during the September 10th episode of *Bachelor in Paradise*. It hasn't always been smooth sailing for the couple. The [celebrity relationship](#) faced criticism when Burnett was accused of pre-planning Haggerty's arrival on the show. Burnett then denied the claim. The celebrity couple has also faced some trust issues when both felt as though the other was interested in or flirting with other people. However, they've since worked through those issues and are looking forward to celebrating their new engagement.

**This celebrity wedding comes after Demi Burnett came out on national television. What are some benefits**

# to being yourself when going into a relationship?

## Cupid's Advice:

Demi Burnett and Kristian Haggerty are happily engaged! Though there was backlash in regards to Burnett's sexuality, she was still able to find love in spite of that. Being yourself leads to an open and honest relationship, but that isn't all! Cupid has some tips on the benefits of being yourself when going into a relationship:

**1. You'll feel closer to your partner:** If you're open and honest about who you are off the bat then you can avoid any awkward conversations in the future with your partner and you'll be able to act like your natural self around them.

**Related Link:** [Celebrity News: Former 'Bachelor' Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors](#)

**2. You'll be happier:** Hiding things seldom makes us happy. Once your partner knows about the things you may be tempted to hide, then you won't have to stress about them finding out. You can focus on building other aspects of your relationship knowing that the foundation was built on solid ground.

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**3. You'll know it is true love:** What's the point of being in love if you have to act like someone you're not? You can't be in true love if you're continuously hiding who you are from the person you love. You will be able to rest easily knowing that your significant other loves you in spite of the things you may feel like you need to hide.

**Do you think it's important to be yourself in a new relationship? Let us know in the comments below!**

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# Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'



By Meghan Khameraj

In [celebrity news](#), former *Bachelorette* contestant Peter Weber will take on the mantle as the season 24 *Bachelor*. Weber was previously on Hannah Brown's season of *The Bachelorette* and finished in third place. According to *UsMagazine.com*, Weber stated that Brown inspired him to take the role noting that

“Brown’s commitment to remaining ‘100 percent unapologetically herself’ from night one until the final rose inspired him to pursue the same goal during his turn as the lead.” Weber was a fan favorite during Brown’s season, especially after she revealed that they had slept together four times in a windmill. Perhaps this time Weber will fall in love and we’ll have a new [celebrity couple](#) to keep tabs on!

## **In celebrity news, Peter Weber is the new *Bachelor*. What are some unique ways to go about finding love?**

### **Cupid’s Advice:**

Peter Weber is on the search for true love. While we may not be able to go on a publicly televised search, we can still find love. If your dating history consists of relationships that seem to fizzle after the first few dates, Cupid has some [dating advice](#) to help you find love in new and exciting ways:

**1. Take a class:** Do you like painting? Or maybe dancing or sports? An easy way to meet someone new is to take a class on something you’re interested in. If you’re both in the same class that means you already have one thing in common which will make it easier to break the ice.

**Related Link:** [Celebrity News: Miley Cyrus & Kaitlynn Carter Step Out for Date Night in Matching Outfits](#)

**2. Go to parties:** Maybe you can throw one or just go to one you were invited to. Parties are a relaxed environment where you can meet people with no immediate commitment. Parties are basically speed dating rounds but with good music and drinks.

**Related Link:** [Celebrity News: Hayden Panettiere Spotted](#)

[Holding Hands with Boyfriend Brian's Brother After Drama](#)

**3. Post about your interests:** Social media plays probably the most crucial role when it comes to finding new love. Nearly everyone has some form of social media so posting about what you enjoy can help catch the attention of someone who shares similar interests.

**What are some fun ways to meet someone new? Let us know in the comments below!**

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## **Celebrity Parenting: Victoria Beckham Shares How Motherhood Affected Her Body Image**







By Ahjané Forbes

In [celebrity news](#), “I accept who I am,” said former Spice Girl, [Victoria Beckham](#), as she opened up to *Glamour UK* about being a mom and her body image. The [celebrity parent](#) has revealed that she has struggled with body image in the past. After having a baby, your body will change, but it’s up to you to have a positive outlook on it. The model explains that your children will notice you not taking care of yourself or having a body positivity issue. Beckham says that teaching your children how to love themselves will help you love yourself more. She commented on her body now saying, “I make the best of who I am!”

**Even in celebrity parenting, there are insecurities. What are some ways to combat body image**

# insecurities after having a child?

## Cupid's Advice:

Body image insecurities have become the new normal. Certain body types are viewed as “most acceptable” or “most appealing”. However, body types that are outside that realm are considered “unacceptable” and “unattractive”. Cupid has some advice about staying positive after having a child:

**1. Be YOU!:** You're still that same person you are before you had a child. It's important to keep a positive mindset. Our bodies go through changes over time, so don't start saying things like, “I looked like this at one point” or “I was this size”. Don't put yourself in a category; love who you are.

**Related Link:** [Fashion Trend: Tadashi Shoji Dresses You Cannot Miss Out On](#)

**2. Try something new:** Doing a new activity or meeting new people can switch your mindset from a dull one. Join an exercise class with other moms, and start from there. Surrounding yourself with women who are going through the same thing as you are will lead to you empowering each other.

**Related Link:** [Celebrity Workout: Group Classes That'll Have You Sweating With Obsession](#)

**3. Go shopping:** Yes, your body has changed, but that does not mean you have to stop looking gorgeous. You might need to change your size, your store, or your taste. Start simple by buying a top, a new pair of denim jeans or even a mini dress. Put that outfit on and walk your baby through the mall with confidence. You'll be surprised by how many compliments you'll get. You might even inspire another mom to be just like you!

**What are some ways you coped with body image after having a child? Let us know in the comments below!**

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# Celebrity News: Former 'Bachelor' Contestant Kirpa Sudick Squashes Cam Ayala Dating Rumors



By [Hope Ankney](#)

In [celebrity news](#), former [Bachelor](#) contestant, Kirpa Sudick, is dismissing rumors of dating [Bachelor in Paradise](#) alum Cam Ayala. *Bachelor Nation* began speculating a potential spark

between the two when Sudick took to Instagram to upload a post in dedication to Ayala's birthday. Ayala had commented underneath the post saying, "ILYSM" alongside a heart emoji and an angel emoji. According to *UsMagazine.com*, the reality star squashed the rumors by stating, "We are just friends and not dating! I've just been very lucky to have met so many great people through *The Bachelor*!"

## **In celebrity news, Kirpa Sudick is not dating Cam Ayala after all. What are some ways to tastefully let people know you are not dating someone?**

### **Cupid's Advice:**

Just like celebrities, sometimes we can post something on our social media that tend to look different than how we intended. But unlike them, we can't go to a news source and dismiss these relationship rumors. Instead, we have to think up ways to tastefully let others know we're not dating someone without looking too defensive. If you're in this predicament, and you don't know how to go about squashing dating rumors, don't worry! Cupid has you covered with our [love advice](#) on how to nicely let others know you're not dating this person:

**1. Be playful:** Sometimes, having fun with the situation can be a good way to let others know it doesn't bother you before you let them know you guys aren't dating. If both you and the other person are game, it can be funny to be playful and pretend like you are dating. Be over-dramatic with the idea, posting mushy comments, creating your own 'ship' name, taking ridiculous photos together, etc. By doing this before coming clean that you both aren't dating, it can let people know that

none of it bothered you, and it wasn't a big deal!

**Related Link:** [Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend](#)

**2. Be kind:** This might seem like an obvious answer, but there are ways you can dismiss dating rumors that are much harsher than you meant them to be. Try and be as kind as possible when letting others know you aren't dating someone. Saying something rude or condescending can make you look bad when someone was just curious about the situation. So, try and be as polite and friendly as you can when letting others know so you don't look like a ticking timebomb anytime something false is said about you!

**Related Link:** [Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts](#)

**3. Be direct:** Perhaps, the best way to be tasteful is to just be honest about it. Being direct doesn't have to be harsh, and it can stop speculation quickly. Simply explain away the idea that you and the person are dating and then say nothing else on the matter. By facing the situation head-on and refusing to talk about it further, it can be an easy and effective way of stopping the rumors from circulating.

**Do you have any tips for tastefully letting others know you aren't dating someone? Sound off in the comments!**

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# Celebrity News: Laura Dern Speaks Out About Bradley

# Cooper Dating Rumors



By [Hope Ankney](#)

In the latest [celebrity news](#), Laura Dern dismissed all dating rumors between herself and [Bradley Cooper](#). According to *UsMagazine.com*, the actress opened up about her close relationship with Cooper, stating, "We are amazing friends, and we're family." This set of rumors circulated soon after Cooper's [celebrity relationship](#) with supermodel Irina Shayk ended back in June.

**In celebrity news, this pair are**



# just good friends. What are some ways to lay false relationship rumors to rest?

## Cupid's Advice:

Sometimes, it can be frustrating for two people to be friendly towards one another without others thinking something romantic is going on behind the scenes. Platonic relationships, especially between the opposite sex, have a connotation that there must be underlying feelings there when that isn't always the case. Two people enjoying each other's company is fairly common. Friendship exists. If you're stuck in a situation where others are trying to make something out of nothing, don't worry! Cupid has some [love advice](#) on how to lay pesky relationship rumors to rest:

**1. Direct conversation:** Sometimes communication can be the biggest key when dismissing relationship rumors with your friends. They might just be teasing you about it for fun, without realizing it can actually bother you. If you haven't been abundantly clear about this newfound friendship, sit these friends down and have a direct conversation about it. Opening up about how you aren't dating this specific person and explaining why these false rumors have been bothering you may allow them to realize that you're telling the truth and not assume anything else about the relationship or even relationships in the future!

**Related Link:** [Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split](#)

**2. Ignore it:** Perhaps, people are only speculating about you and this other person because they know it gets a rise out of you. If these rumors don't overly upset you, find it in you to simply ignore what others are saying. Like is told to us from



a young age, ignoring someone's teasing can often lead to the teasing to stop, altogether. This can be used in your adult life, as well. If you pretend like these false rumors don't bother you, the situation will probably diffuse itself.

**Related Link:** [Celebrity News: Halsey Responds to Rumors She's Dating John Mayer](#)

**3. Be open publicly:** If all else fails, maybe it's time to take to social media! Making a post about false relationship rumors can be overkill, but if nothing else has worked to stop it, it can be an effective way to get others to stop speculating. Make a status update, tweet, or even post a photo of the both of you explaining away the rumors. Speaking out publicly about the situation can immediately dismiss it if you're taking that much time and effort to set the record straight on your social media platform!

**How have you been successful in dismissing false relationship rumors in your life? Tell us down below!**

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## **Celebrity Divorce: Adele Files for Divorce from Simon Konecki**





By Ahjané Forbes

In [celebrity news](#), singer Adele sets “fire to the rain” after she files for divorce from her [celebrity ex](#) Simon Konecki. The [celebrity couple](#) have been together for eight years and share a son, Angelo, together. The two plan to go their separate ways, but will raise their son in a loving environment. The songwriter has not spoken out publicly, but continues to send positive vibes on social media. According to *EOnline.com*, Adele posted on Instagram back in May about her willingness to make this a better year, saying, “30 tried my so hard but I’m owning it and trying my hardest to lean in to it all.”

**In celebrity divorce news, Adele has officially filed for divorce from her husband Simon. What are**

# some ways to announce your divorce to family and friends?

## Cupid's Advice:

Telling someone that you and your ex lover have decided to split is not the easiest tasks especially when there is family involved. Some couples live separate lives, but stay together in order to please their family members. This is not the best idea especially when you are not happy being with this person. Cupid has some relationship advice when it comes to telling your family and friends about your divorce:

**1. Don't break the news at a family event:** This can become awkward very quickly. You don't want to ruin a fun filled event with some bad news. Avoid making any "grand entrance" with news about a separation. You don't want to be put on the spot to answer private questions about your relationship.

**Related Link:** [Halle Berry Walks First Red Carpet Since Celebrity Divorce Announcement](#)

**2. Try not to play the blame game:** Pointing fingers at why the relationship ended is the easiest way for many to avoid talking about what really happened. Even if it is the other person's fault try not to be petty about what happened. Accepting what when wrong is the first part of the healing process. Learn how to tell the story in a positive light. Use words like "this was the best decision for us" or "we've come to a mutual agreement". Not only is this mature, but this language will be best for telling important people like your children.

**Related Link:** [Expert Dating Advice: Moving On After a Divorce](#)

**3. Let everyone know that you are still processing this:** Whether you called it quits or your partner its important that

you take the time to process it all. You might be wondering what went wrong or how you will get over this person. The warning signals could have been there, but you didn't know it would go downhill so fast. Take your time and needed space to reflect.

**How would you tell people about your divorce? Share your ideas in the comments below!**

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## **Celebrity News: Demi Moore Suffered Miscarriage at 6 Months Pregnant While Dating Ashton Kutcher**





By Ahjané Forbes

In [celebrity news](#), *Ghost* star and actress [Demi Moore](#) opened up about her miscarriage with [celebrity ex Ashton Kutcher](#). Her *Inside Out* memoir shares details of her battles with body image, career, childhood trauma, and infidelity. Moore admits in her memoir that she started to drink after she found out that her then-husband was being unfaithful. According to [UsMagazine.com](#), the [celebrity couple](#) was expecting a girl whose name would have been Chaplin Ray.

**In celebrity news, Demi Moore opened up about a miscarriage she suffered with Ashton Kutcher in her memoir. What are some ways to support your partner who has gone**

# through a miscarriage?

## **Cupid's Advice:**

Seeing the “positive” come up on a pregnancy test for many women can be very exciting. Welcoming a bundle of joy to the family can be the happiest time in a woman's life. However, some pregnancies result in a miscarriage and can leave a heavy impact behind. It's not easy to uplift a person who has just encountered something traumatic. Cupid has some advice that will help you and your partner get through this difficult time:

**1. Don't expect them to tell you how they are feeling right away:** Everyone has a different way of processing hurtful situations. It's important that you keep an open heart and be mindful of the situation. Avoid saying insensitive things like, “You can have another one”. Not everyone is able to conceive right away or it might be hard for them to do so. Be there for them and offer any help they will allow.

**Related Link:** [Relationship Advice: Talking Through the Tough Times](#)

**2. Offer to attend therapy sessions with them:** Therapy can help bring ease to the situation if your partner is willing. The therapist will be able to discuss the “root” of the problem and give you ways to make appropriate approaches to help with conversations at home. This also may take several sessions for them to be comfortable about telling you how they really feel. Don't force or rush them to talk.

**Related Link:** [Celebrity News: Jana Kramer & Mike Caussin Share How Therapy Helps Their Marriage and Parenting](#)

**3. Find ways to take their mind off of the situation:** A good distraction is always a way to alleviate the mind. Start a new hobby with your lover. Take them to a cooking class or Yoga.

Doing something relaxing will help them release all their stress and breathe in positive vibrations.

What are some ways you helped your partner through a difficult time? Tell us about it in the comments below!

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## **Celebrity Interview: Entrepreneur Lara Merriken Talks Building Her Brand & Healthy Eating**







Interview by [Lori Bizzoco](#). Written by [Ashley Johnson](#).

Lara Merriken and her all natural energy bar, LÄRABAR, have been making an impact in the health food and fitness community for the past 16 years. The kosher bars are an affordable healthy treat and loved among students as well. All 30 of its flavors are made from whole food and contain no more than nine ingredients. This deliciously wholesome snack only continues to expand and can be found on grocery shelves all over the country today, including Wegmans, Whole Foods, and Walmart.

## **Celebrity Chef Interview: Lara Merriken Talks Healthy Eating & Date Night Options**

In a recent [celebrity interview](#) with *CupidsPulse.com*, Merriken gives [food advice](#) and talks about how healthy eating improves mental and physical [health](#). Of course, she also reveals how

she came up with the idea for her self-titled brand.

**Related Link:** [Celebrity Chef Interview: Chef Byron Talbott Talks Lunch Food & Date Night Desserts](#)

In addition to being the LÄRABAR creator, Merriken is also a mother, culinary lover, and adventurous traveler. It was on a hiking trip in the Colorado Mountains where the ingenious idea for this healthy snack first crossed her mind. She was eating trail mix and thought, “Why hasn’t someone made a bar that tastes indulgent and delicious, but is made of real food, fruits, nuts, and spices?” For the next 3 years, she leaned on her friends for support in making her brand. Her friends were her first taste-testers and the first people who wanted to buy her product.

The LÄRABAR\_ launched in 2003. Although it was never the plan to name the bar after herself, she decided to do so at the last minuter after much encouragement from her friends.

Merriken made the bars gluten free and used minimal, pure ingredients. They contain no added sugar. The sweetness strictly comes from the fruits that are in them. The LÄRABAR is meant to energize you in the most natural way possible. “When you eat food that tastes good, feels good, and sustains you, it just makes life better all the way around,” she says.

**Related Link:** [Celebrity Chef Recipes to Help You Eat Healthy This Year](#)

As a mother of a 10-year-old son, Merriken is concerned with making sure that there are healthy snack options available for children. “When you’re a parent you really want your children to eat the best they can,” says the entrepreneur. That’s why LÄRABAR is available in over 30 different flavors so that there is something for everyone. Flavors include apple pie, lemon bar, and peanut butter chocolate chip to name a few. Additionally, Merriken has a line specifically tailored toward children called LÄRABAR Kids, along with a new product for

everyone to try, LÄRABAR Protein.

As a culinary lover, we asked Merriken about cooking the perfect dish for [date night](#) at home. One of her favorite meals at the moment is paella, but she says that she constantly likes to try new cuisines with her family. She keeps it fresh and experiments with different salads and foods she knows everyone is going to like. "It's important to connect with the people in your family about what their preferences are and then try to make meals around that," she explains.

In terms of what's next for this growing entrepreneur, she is working on the promotion for the brand new protein bar and is always working on new ideas for her million dollar-brand.

Keep up with Lara on Twitter [@LaraMerriken](#) and [Instagram](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

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## Celebrity News: Miley Cyrus & Kaitlynn Carter Step Out for Date Night in Matching Outfits





By Meghan Khameraj

In [celebrity news](#), pop star [Miley Cyrus](#) and actress Kaitlynn Carter were spotted in matching outfits for date night in New York City. According to *EOnline.com*, the pair stepped out in coordinated black ensembles. Cyrus wore black slacks, a blazer, and a crop top while Carter donned a black leather miniskirt, a blazer, and a blouse. Although the [famous couple](#) has been spotted together during the last two months, this was one of the first times they've been out in New York City. A source for *EOnline.com* reports that this [celebrity relationship](#) is getting more serious, "Kaitlynn has been a huge support system for Miley and they haven't left each other's sides. Their relationship is getting more serious."

**In celebrity news, Miley Cyrus and Kaitlynn Carter wore matching**

# outfits for their date night. What are some cute ways to coordinate your clothes for date night?

## Cupid's Advice:

Miley Cyrus and Kaitlynn Carter looked super cute in their matching black outfits. However, it's easy to go from cute to corny when it comes to matching outfits. Luckily, Cupid has some advice that will help you and your significant other look coordinated and cute instead of tacky:

**1. Wear dark colors:** Just like Cyrus and Carter, stick to dark colors for a classy matching ensemble. You want to highlight that you're matching with your partner while also making it look natural. Bright colors will distract from the coordination and look as though it's forced.

**Related Link:** [Celebrity News: Brody Jenner is 'Happy' for Miley Cyrus & Ex Kaitlynn Carter](#)

**2. Pick a vibe:** If you want to go for a more subtle approach to matching with your partner an easy way to do so is to pick a vibe or an aesthetic. Are you trying to channel high fashion or a look from a certain era? You don't necessarily have to match colors or specific articles of clothing, but as long as you both go for the same general idea you'll both look chic!

**Related Link:** [Celebrity Couple News: Britney Spears' BF Sam Asghari Reflects on Their Relationship](#)

**3. Keep it simple:** Simply, don't overdo it. We've all seen those pictures of celebrity couples in the early 2000s coordinating outrageous outfits. You don't want to follow in their steps. If matching outfits scare you, try to coordinate accessories instead of entire ensembles and work your way up.

What do you think of matching outfits? Let us know in the comments below!

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# Celebrity News: Hayden Panettiere Spotted Holding Hands with Boyfriend Brian's Brother After Drama



By Meghan Khameraj



In [celebrity news](#), Hayden Panettiere was spotted hand-in-hand with her boyfriend Brian Hickerson's brother. According to *UsMagazine.com*, the [celebrity couple](#) fell apart when Brian was taken into custody for domestic violence in May after Panettiere had "marks on her neck" after the incident. A judge also granted Panettiere with a protective order stating that Brian was not allowed to come within 300 yards of her or contact her. Since then, Panettiere has been spending a lot of time with her ex's brother, Zach Hickerson, but this isn't the start of a new [celebrity relationship](#). Sources for *UsMagazine.com* state that Panettiere and Brian's brother are not a celebrity couple or romantically involved in any way, and in fact, "they have been friends for as long as she's been dating Brian; Zach and Brian are close."

**In celebrity news, we're wondering if Hayden and Brian's brother are involved as more than friends. What are some ways to keep gossip from affecting your relationship?**

#### **Cupid's Advice:**

Hayden and Brian's brother are walking a thin line between just friends and celebrity couple. While your relationship may not be as public as Hayden and Zach's, Cupid has some advice that will help keep gossip out of your relationship:

**1. Build trust:** Your relationship should be built on a solid foundation meaning that you and your partner trust each other. It's easy to let gossip create tension in your relationship but if you truly trust your partner then the rumors and gossip will have no impact on your relationship.

**Related Link:** [Celebrity Couple News: Tyler Cameron Attends](#)



## [Funeral for Gigi Hadid's Grandmother](#)

**2. Address the gossip:** If gossip or any potential rumor makes you or your significant other uncomfortable you should address it. Express how you feel with your partner without causing a fight. If you're both open and honest you should be able to address the rumors effectively.

**Related Link:** [Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman](#)

**3. Focus on each other:** Gossip and rumors may persist even after you address them. If they are still having a significant impact on your relationship then it is best to just focus on your partner as long as you two are on the same page. People will always find something to gossip about so as long as it doesn't change your life it's best to just ignore it.

**What do you do if there is gossip going around about you? Let us know in the comments below!**

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# Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage





By Ahjané Forbes

“[It’s] impossible to live together as husband and wife,” said Todd Palin, who filed for a [celebrity divorce](#) from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to “incompatibility of temperament between the parties.” According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However, her [celebrity ex](#) does wish to have shared custody of their son, Trig, who has Down syndrome.

**This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?**

**Cupid’s Advice:**

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond “until death do us part” and “I do”, but what happens when you begin to respond “I don’t”? Cupid has some [relationship advice](#) on how to know when your marriage is definitely over:

**1. Communication starts to change:** We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It’s healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it’s time to have a serious conversation about why this might be happening.

**Related Link:** [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

**2. Not making time for each other:** A relationship does not end when you get married. It’s important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies when you don’t continue to maintain it. If you have children and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the better.

**Related Link:** [Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage](#)

**3. Start noticing suspicious behavior:** Is your partner leaving without telling you where they are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a

serious argument, seek out professional help.

What are some ways to know your marriage has ended? Tell us about it in the comments below!

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# Celebrity Couple News: Why Jana Kramer & Mike Cuassin Are So Open About Their Marriage



By Hope Ankney

In [celebrity news](#), [celebrity couple](#) Jana Kramer and Mike Cuassin discuss why they are so open about their marriage. According to *EOnline.com*, the two stars explained their openness after being asked why people feel connected to their podcast: *Whine Down With Jana Kramer*. Kramer said, “Because we don’t hold back and we talk about real stuff and we don’t sugarcoat anything and we’re not like, ‘Our marriage is perfect.’ We are very open and honest about our struggles, which then opens the door for our listeners to have that same experience and be able to relate.”

**In celebrity couple news, Jana and Mike are very open and honest about the ups and downs of their [celebrity marriage](#). What are some ways being open about the issues in your marriage can help you resolve them?**

### **Cupid’s Advice:**

The way a couple decides to communicate within their marriage can tell a lot about how successful and sustainable that marriage will be. Discussing issues when they arise can save a lot of heartaches later, and it also builds a sense of trust and vulnerability within the two of you. It can be tough, but Cupid has some [love advice](#) on how being open about problems in your marriage can actually lead to a healthier and stronger relationship:

**1. Allows you both to be heard:** A marriage is a two-way street. In a relationship, it’s only natural to want to feel

heard and validated when things that upset you. When healthy communication is enacted in a marriage, the two of you will be able to feel like your need for being heard has been met. It also helps present issues not turn into bigger issues down the road.

**Related Link:** [Celebrity News: Jana Kramer Reacts to Husband Mike Caussin Saying Cheating Would Be a Dealbreaker](#)

**2. Creates a safe-space:** More often than not, marriages can fall into a routine of tiptoeing around the other when it comes to certain subjects. It's almost like you're both keeping secrets just to appease each other and not start a conflict. But, consistently being open about issues within your relationship can create a place of vulnerability and calm between the two of you. Having this comfort of never feeling judged around your partner helps in facilitating a safe space that allows both of you to confide in each other anytime something feels off.

**Related Link:** [Celebrity Marriage: Why Harry Hamlin's Marriage to Lisa Rinna Works](#)

**3. Helps in understanding one another:** The most critical aspect of being open about your issues in a marriage is that it causes your partner to understand why you're upset. Bad communication can cause one-sided perspectives that blind someone as to why their spouse is reacting the way they are. Sitting down and being open about your issues can help in understanding why something has caused an issue within your marriage. It strengthens a relationship and allows you both to understand each other's point of view when something like this arises in the future.

**What are some ways that being open in your marriage has helped you resolve conflict? Sound off below!**



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# Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman



By Hope Ankney

In [celebrity news](#), it's nice to know that [Kristen Stewart](#) and [Robert Pattinson](#) are [celebrity exes](#) who are actually on good terms. According to *UsMagazine.com*, over the weekend, Stewart gushed over how happy she was for Pattinson snagging the role of Batman. Speaking to *Variety.com* at the Toronto Film



Festival, the actress exclaimed, "I feel like he's the only guy that could play that part. I'm so happy for him. It's crazy ... I'm very, very happy about that. I heard that and I was like, 'Oh man!' It's awesome."

## **These celebrity exes still show each other support in their careers. What are some benefits to staying on good terms with your ex?**

### **Cupid's Advice:**

Kristen Stewart and Robert Pattinson are exes that have tons of history, yet they still stand on good terms with one another. They make it look easy to continuously support an ex after a break-up, but we all know how difficult that can be. But, there can be upsides to staying friendly with an ex. Cupid has some advice that can have you reaping the benefits of staying on good terms with one of your exes:

**1. This person knows you better than others:** If your relationship started off with the both of you being friends, chances are this ex knows you better than most people do. If the relationship didn't have a messy end, it may be good to keep this person a part of your life. Besides, if you're both up to it, you can give each other [relationship advice](#) since you both dated each other. Who else can give you better relationship advice than that?

**Related Link:** [Celebrity News: Kristen Stewart Opens Up About Her Love Life](#)

**2. Your ex brings out your strengths:** It's obvious that one of the main reasons they were in a relationship with you is because they saw how wonderful you were. If you can stay friends after a break-up, this ex is a valuable person to come

to when your self-confidence has been beaten down. They'll be able to remind you of the best parts of who you are. Not to mention, they'll be able to give you this pick-me-up from an outsider's perspective.

**Related Link:** [New Celebrity Couple? Robert Pattinson Kisses Suki Waterhouse on Movie Date](#)

**3. It can be rewarding:** Having very positive and genuine interactions with your ex after a relationship has ended can be a very healthy part of the healing process. It's rewarding to be able to know you are both mature enough to handle being friendly towards one another. The fewer people you so hastily cut from your life, the more people you will have in your corner. It also gives you a sense of growth if you make an effort to stay friends with someone you had a failed relationship with.

**What are some ways that you have benefitted from staying friendly with an ex? Tell us down below!**