

# Source Denies Rumor that Pippa Middleton and Nico Jackson Are Engaged



By Brittany Stubbs

Pippa Middleton's exciting engagement news is just a rumor! Although there was speculation about Middleton and her boyfriend Nico Jackson getting engaged during their trip to India earlier this month, a source tells [People](#), "It is not true." Although the couple has been dating for a year, it doesn't look like wedding bells are in the near future...at least at the moment!

**How do you keep your engagement under wraps?**

**Cupid's Advice:**

Want your big news to stay a surprise for a while? There's a

couple things you should consider:

**1. Don't tell a soul:** Even your most loyal friend might have trouble keeping your exciting news a secret. So until you're ready to tell everyone, don't tell anyone. It can be difficult holding the big news in, but just think of it as exciting and romantic that you and your partner are the only ones that know about your future plans.

**Related:** [Pippa Middleton is Dating Investment Banker James Matthews](#)

**2. Don't go crazy on Pinterest:** Okay, most of us are guilty of occasionally pinning the wedding dresses, cakes, and cute invites on Pinterest; no shame, ladies! But if all of sudden your friends see you've added 50 new pins to your "Dream Wedding" board in one night...they might assume something is up. If you can't resist, make your board private so you can get a head start on planning without giving your engagement news away.

**Related:** [Leighton Meester and Adam Brody are Engaged](#)

**3. Avoid your best friends if possible:** That sounds silly, but your friends know when something is going on with you. You may think you're playing it totally cool, but they notice when you're holding something back, randomly smiling, or seem eager about something; that's what makes them best friends. So until you're ready to shout your news from every rooftop, skip that girls' night offer and go get planning on exciting ways to share your engagement.

**How have you kept your engagement under wraps? Share your experiences below.**

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# Khloe Kardashian Says Split From Lamar Odom Is 'Torture to My Soul'



By Brittany Stubbs

A week after Khloe Kardashian filed for divorce from Lamar Odom, husband of four years, she's opening up about her pain from the breakup. The reality star tweeted what appears to be a response to the speculation she'd quickly rebounded with baseball star Matt Kemp. "This, in and of itself, is heartbreaking and torture to my soul," Kardashian wrote. "Please, I don't need the extra rumors and BS right now." Despite that she has been spotted out with the L.A. Dodgers outfielder, a source tells [People](#) that they are "just friends." The source also adds, "Khloe is absolutely heartbroken right now [over Lamar] and dating someone is the last thing she's thinking about."

## What are some ways to initially cope with your divorce?

### Cupid's Advice:

Going through a divorce can be one of the toughest things a person experiences. Though every relationship and break up are different, there are a few things that can help you cope at the beginning:

**1. Take care of yourself:** This is the time to focus on yourself and take care your basic needs. No matter how much pain you're in, you must tend to the health of your body. Drinking enough water, eating consistent meals of healthy proportions, and allowing yourself to get enough sleep, are just a few basic ways you can take care of your body. Many people create unhealthy habits during a breakup (i.e. not eating, drinking too much alcohol, etc.) but these make the divorce more difficult because in reality, you're just adding physical pain to your emotional pain.

**Related:** [Source Says Lamar Odom's Drug Addiction Took Over Marriage to Khloe Kardashian](#)

**2. Avoid contact with your ex:** Despite the reasons for your divorce, it is common to have immediate second thoughts once you're separated. Even if you were the one that filed for divorce, you will most likely still miss your ex and question if the split was a big mistake. In this vulnerable state of mind, turn off your phone and hide your car keys. As much of a habit it is to call them when you're in pain, contacting your ex is not the solution.

**Related:** [Khloe Kardashian Files for Divorce from Lamar Odom](#)

**3. Seek support:** It's important to lean on your support system during the initial breakup. Whether your support system is a group of close friends, family members, co-workers, or members of your church, this reminds you that although you are no longer part of a "couple," you are by no means alone. If you

feel as if you can't lean on the people in your life, research support groups in your area for individuals going through divorce.

How have you coped initially during a divorce? Share your experiences below.

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**'America Now' Host Leeza Gibbons Says, "Until You Think You're Worth the Love You're Looking For, It Will Elude You"**





Interview by [Lori Bizzoco](#). Editorial by Kristin Mattern.

Award-winning host Leeza Gibbons knows heartbreak and learned through experience that sometimes, to find a relationship and love, you have to start over. A successful businesswoman, she climbed from public radio to popular entertainment news broadcast shows like *Entertainment Tonight*, *Hollywood Confidential*, and *America Now*. But while her career powered forward, Gibbon's romantic life didn't progress so smoothly. After three celebrity divorces, she decided that it was time to focus on herself. Little did she realize that through this process, she would end up meeting her soul mate and now-husband, Steven Fenton. In our exclusive celebrity interview, the popular host gives some inspiring relationship advice for starting life anew.

## Leeza Gibbons Opens Up About Her Relationship and Love

The broadcaster met Fenton on a blind date that she mistakenly believed was a business dinner. "I met him at a restaurant, and two hours later, there was no ask, no agenda... and so I



went into my comfort zone of asking questions and made it like an interview. He thought I was kind of rude, I think, and I left abruptly thinking, 'What was that about?'"

Afterwards, the two didn't speak for a while but eventually reconnected when Gibbons hired him to work for her. Over time, and after much denial, she realized she had fallen for her genuine, gentle, and loyal team member. "I had found what was missing: being part of a team, being part of a relationship. We really treasure that we are teammates." But before Gibbons found her happy ending, she made the difficult decision to change her life.

**Related Link:** [How to Know When to Get Hitched](#)

The journalist came to terms with a life "redo" by "standing emotionally naked in front of a mirror and saying, 'Wow, look at that – is this the person you want to be?'" She claims that a redo can come at any point in life, no matter your age or who you are. If you find yourself stuck in a life that doesn't feel like it belongs to you, it's time for a change. But where do you begin? "You have to drop the dread and banish the blame before you can start any reinvention. Those are the two essentials," she advises in our exclusive celebrity interview. "It's not an easy choice, but all choices start with a beginning, and there's an energy to starting something that can sweep you along to the changes you need to make."

For the retake on her own life, she used people she admired to become the person she wanted to be. She calls them "pace setters." Through this positive mindset, Gibbons later had the privilege to meet some of the men and women she looked up to, including Olivia Newton John, who gave her the following advice: "She told me to keep my heart open to love but to walk with the pain of being alone and really re-establish my relationship with myself to become someone who was 100 percent whole. Then, I would attract that kind of person into my life."

**Related Link:** [Single in Stilettos Show: Why Do Men Disappear?](#)

## **Exclusive Celebrity Interview: New Author Shares Relationship and Celebrity Divorce Advice**

Gibbons took these words to heart and earlier this year released her first book, *Take 2: Your Guide to Creating Happy Endings and New Beginnings* which delves even deeper into her experiences and teaches others how to take control of their lives. “We are all on a path of becoming who we are, and the secret to the dance is knowing when to do what,” says the author. She shares that you have to learn to gracefully move from one stage of life to the next and let go of the person you were in the past to be happy now. If it sounds like a balancing act, Gibbons thinks otherwise: “Balance is bogus. We have a high standard for ourselves, but at some point, flexibility and forgiveness – the two f-words – are the ones that are going to give us sanity.”

For those who find themselves entering the dating world after a long hiatus, the celebrity host says to get to know yourself and be real about who you were when you got hurt. “We have to teach people how to treat us. We have to treat ourselves with love, dignity, and respect. When we value who we really are, the rest of the world takes note and mirrors that. Until you think you’re worth the love you’re looking for, it will elude you.”

**Related Link:** [Bill and Giuliana Rancic on Marriage and Parenting](#)

Gibbons also enjoys co-hosting *America Now* with Bill Rancic, who she describes as a “kid brother.” The show aims to empower people, much like she has in other facets of her life. The broadcast gives viewers a snapshot of what’s going on in the



often frightening world and provides tools for people to cope. "We send you to our website AmericaNowNews.com, and we put a lot of resources there so you can really take control of your life," the host explains. "People are so overstimulated today, and everything is moving so darn fast; we want you to feel like you've got it going on and can recover."

In addition to being an author, on-air talent, mother, and wife this inspiring woman is also a philanthropist and created Leeza's Cure Connection, which works to aid caregivers of family members with Alzheimer's. She founded the nonprofit organization after she was personally touched by the disease. "My mom and grandma both died of Alzheimer's. The first time that my mom didn't know my name...there's just no pierce to your heart that is worse than that. What we do is offer free services to caregivers: the husbands and the wives, the sons and the daughters. It really has been the greatest work I've ever been privileged to do."

*For more information on Gibbons, visit her website, <http://leezagibbons.com/>.*

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## Bruce Willis Prepares to Welcome His Fifth Child





By Brittany Stubbs

Bruce Willis is a daddy-to-be – again! The actor’s beautiful wife Emma Heming-Willis, is officially expecting their second child together, confirms [People](#). Willis comments on his experience of being a father to the couple’s first child, daughter Mabel Ray who is now 20 months old, stating, “I think I’m even more open and more giving as a father now. I pay more attention now because I value it more and I’m less caught up with my career.” Willis is also a parent to his children from a previous marriage with Demi Moore, fathering daughters Tallulah, 19, Scout, 22, and Rumer, 25.

**How do you decide how many children are right for you?**

### **Cupid’s Advice:**

It can be hard to make the decision that’s right for you when it comes to deciding how many children to have. Cupid has some advice:

**1. Financially:** Although children are referred to as gifts, they are far from free. When it comes to planning whether or not to expand your family, your financial situation is a large factor to consider. You may dream of having four precious

children, but can you afford to support the expenses that come with those lives, both currently and in the future.

**Related:** [Bruce Willis Supports Demi Moore Post-Splie With Ashton Kutcher](#)

**2. Time commitment:** Each child is in need of your personal time and attention. It's important to consider whether you and your partner have the luxury of that personal time to devote to *each* your children separately. Will you be able to make all those different little league games, dance performances, and parent-teacher meetings?

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**3. Age:** When planning a family, the age of you and your spouse might depend on the number of children right for you. If you're starting a family when you're older and don't necessarily want to have all your children back-to-back, you may decide that a smaller family is what is fit for you.

**How have you determined the number of children right for you? Share your thoughts below.**

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## Florida Georgia Line's Brian Kelley Marries Brittany Cole





By April Littleton

Florida Georgia Line's Brian Kelley secretly wed his serious girlfriend, Brittney Marie Cole, Monday in an outdoor ceremony at his Nashville home. "The whole process has been non-traditional," Kelley told [People](#) about his surprise wedding. "There was no official proposal or exchanging of rings. We had just fallen in love, and I knew I couldn't live without her. It sounds like a terrible cheesy movie, but when you know, you know!" Before tying the knot, the couple dated for seven months, but have known each other for over three years.

**How do you know when you've found "the one"?**

### **Cupid's Advice:**

You've been seeing someone for awhile now, and you're starting to believe you may have finally found the person you're supposed to be with forever. How do you know if your feelings are true? What are some signs to look for when you're thinking you found someone special? Cupid has some tips:

**1. Great communication:** If you and your new love can talk for hours without getting bored of each other, then you might have found something special. Good communication is essential for a

long-lasting relationship.

**Related:** [‘Glee’ Star Naya Rivera Says She and Fiancé Are ‘On the Same Page’ About Wedding Plans](#)

**2. New feelings:** Compared to all of your other past relationships, you can sit back and honestly say that you’ve never felt the way you do about your current partner with anyone else. When you’re with your girlfriend/boyfriend, you can’t imagine living the rest of your life with another individual. You can picture a future with your honey, and inside of your head and heart, you know there isn’t any other option for you.

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**3. Through thick and thin:** You acknowledge all of your significant other’s strengths and weakness and you still love them unconditionally. When your partner makes a bad decision, you don’t criticize them for it. In fact, you know what you have to do in order to build up their self-confidence. Only couples who are truly in love will stand by their companions no matter how good or bad things may get.

**How did you know when you found “the one?” Share your experience below.**

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## **Emily Blunt Celebrates Her Baby Shower**



By April Littleton

Emily Blunt celebrated the upcoming birth of her first child with a baby shower at her Los Angeles home Saturday afternoon. Guests – including Jennifer Aniston, Amy Adams and Kirsten Bell arrived with an assortment of gifts. A source told [People](#) that Blunt and husband John Krasinski are keeping the sex of the baby a secret.

**How do you decide whether to reveal the gender of your child to family/friends?**

### **Cupid's Advice:**

Your little bundle of joy is about to make his/her grand entrance into the world pretty soon. Yet, you still haven't decided on whether or not to keep the gender a surprise, or let your loved ones know before the big day arrives. Cupid is here to help:

**1. Come to an agreement:** Before you make any decisions, you



and your partner need to talk about what you both have in mind first. You need to figure out how and when you'll reveal the news to your family and friends. While you may be ready to share the gender information as soon as possible, your significant other may want to wait a little while longer – hence the need for a discussion.

**Related:** [Kate Winslet Welcomes a Baby Boy](#)

**2. Can't contain the excitement:** You're ready for all of your loved ones to hear the exciting baby news. It's OK to spill the beans if you just can't keep quiet about it anymore – as long as your significant other is cool with it as well.

**Related:** [Lee Brice Welcomes a Second Son](#)

**3. They already suspect:** You might not have done a good job covering your tracks when it comes to keeping the gender of your baby a secret. Have you been doing a little last minute shopping with some of your friends? Have they noticed you've been buying more pinks than blues, or vice versa? If this is the case, you might as well let everyone know the deal – your family and friends probably already know by now anyway.

**How did you decide whether to reveal the gender of your child to family/friends? Comment below.**

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# **'The Bachelorette' Stars Trista and Ryan Sutter Renew Vows in Vail**



By Kerri Sheehan

Trista Rehn and Ryan Sutter met during the *Bachelorette*, and ever since the two have been happily married. This weekend, ten years after 26 million viewers tuned in to see the two get hitched, the couple renewed their vows. They said, “I do,” once again in Vali, Colorado. Trista dished to [People](#), “It’s an understatement to say I hit the jackpot. He is such a good person. He gets better with age.”

**What are some compelling reasons to renew your wedding vows?**

### **Cupid’s Advice:**

After a few years of marriage you and your significant other may want to declare your love for one another all over again.

**1. To recreate the dream:** Every little girl has an idea of what her dream wedding should be, however some couples may not get to fulfill this dream. Whether money, time, or faith kept them from having the perfect ceremony, a vow renewal will give

them a second chance to have the perfect wedding.

**Related:** [‘Bachelorette’ Trista Sutter Talks About ‘Happily Ever After’: “Ryan and I Make It Work for No One But Ourselves”](#)

**2. New you:** Over the years people change so the person that you married may not be the same person in 15 years. After a big personality change it's nice to let your partner know that you still love the person that they are.

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**3. To celebrate:** Many couples choose to renew their wedding vows on their anniversary to celebrate another chapter in their marriage. This is the perfect way to show your partner, your friends, and your family how much you two care about each other.

**Why would you renew your vows? Share below.**

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## Pregnant ‘Teen Mom 2’ Star Jenelle Evans Is Behind Bars Post-Fight with Boyfriend





By Kerri Sheehan

Jenelle Evans is at odds with the law again! The pregnant 'Teen Mom 2' star ended up behind bars after a dispute with baby daddy and boyfriend Nathan Griffith. Evans and Griffith were allegedly arguing when the police were called and they brought Evans out in handcuffs. The 21-year-old adds her tenth arrest in three years to her record. According to [UsMagazine.com](http://UsMagazine.com), Evans claims that her neighbors called the police on them just so they can sell a story to the tabloids.

**What are some ways to keep conflicts with your partner from escalating?**

### **Cupid's Advice:**

Every couple has their arguments, but it's important to keep these fights in check. Let Cupid help you keep the fights from escalating:

**1. Stay calm:** It's easy to get overly angry and yell during a fight, but staying calm and discussing things like the adults that you are will guarantee that the spat won't turn too sour. If you start screaming then your partner will follow suit, so don't let your temper get the best of you.

**Related:** [Teen Mom 2's Jenelle Evans and Gary Head Are Both Behind Bars](#)

**2. Pick your battles:** Not everything that you and your significant other disagree over is worth arguing about. Save your fights for things that really matter to you.

**Related:** [5 Celebrity Couples That Fight Dirty](#)

**3. Admit when you're wrong:** There is not always a right or wrong when it comes to many fights, but sometimes there is. If whatever started the argument happens to be your fault then admit it to your partner and apologize. Sometimes all it takes is an, "I'm sorry," and a kiss on the forehead to let a fight be forgotten.

**How do you keep conflicts with your partner from escalating? Share below.**

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## Khloe Kardashian Files for Divorce from Lamar Odom





By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Khloe Kardashian filed for divorce from husband of four years Lamar Odom Friday, Dec. 13. Kardashian is asking to legally remove Odom from her last name and she is not seeking any spousal support. The couple married Sept. 2009 after one month of dating.

**How do you know when to call it quits on your relationship?**

### **Cupid's Advice:**

Deciding how and when to end a relationship is always tough on both parties involved. However, a breakup doesn't necessarily have to be a terrible thing to go through, especially if your relationship isn't at its best. Cupid has some tips:

**1. Signs of abuse:** If your partner is physically or mentally abusive, it's time to seek help from your family, friends or a professional. Don't stay in a relationship that endangers your wellbeing. The dynamic between the two of you most likely won't change – no matter how much your significant other tries to persuade you otherwise.

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**2. You like to be alone:** If you'd rather spend time by yourself or in the company of others, you might need to rethink the status of your relationship. Spending time with your boyfriend/girlfriend shouldn't feel like a burden. When you stop enjoying being around your honey, it's more than likely the spark that kept the romance between the two of you alive has gone out.

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**3. Cheating is an issue:** You should want to be in a relationship with someone who wants to be with you and only you. If infidelity has become a problem between you and your partner, it's time to end things with him/her. Don't hang on to someone who clearly doesn't want to commit to you.

**How did you know when to call it quits on your relationship? Share your experience below.**

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# Oprah Winfrey Explains Why She Never Wanted to Raise Children





By Brittany Stubbs

Being a woman doesn't mean you have to be a mother. Oprah Winfrey revealed to *The Hollywood Reporter* that she is content with the fact that her "eggs are dying on the shelf," and she does not regret not having children of her own, says [People](#). "If I had kids, my kids would hate me," Winfrey explained to THR. "They would have ended up on the equivalent of the *Oprah Show* talking about me; because something [in my life] would have to suffer and it would've probably been them." Although Winfrey gave birth to a baby at 14 who only lived for a number of weeks, the billionaire has found plenty of success and happiness without raising children.

**What are some ways to decide whether or not to have children with your partner?**

### **Cupid's Advice:**

Having children is a huge responsibility and commitment. It's important to make sure both you and your partner are ready:

**1. Financially stable:** Having a child is not only a huge time commitment, but it's also a financial commitment. Are you both in positions where you can afford the safety and security of

your child?

**Related:** [Kate Winslet Welcomes a Baby Boy](#)

**2. Team players:** Once you have a child, you will always be apart of each other's lives. Part of good parenting comes from acting as a team. When it comes to methods of raising and disciplining, will the two of you be on the same page?

**Related:** [Kim Kardashian Defends Parenting Decisions](#)

**3. Career ready:** Often having a child puts your career on the back burner. Is this a good time for you to be having a child? Are you in a job that allows you to have flexibility and maternity-leave? Do you both have the time to commit to new life? Or is this a time the both of you need to be focusing on moving up in careers?

**What are some ways you've determined if you should have children with your partner? Share your experiences below.**

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## Drew Lachey Talks About Finding Balance Between Wife and Kids





By Priyanka Singh

Former 98 Degrees band member, Drew Lachey, recently talked with Celebrity Baby Scoop about how much life changed for the better when he became a father. The singer revealed how his two children, Isabella, 7, and Hudson, 3, learn about values from the example him and his wife set in their household. Even though the kids are his number one priority, he still manages to keep the romance alive in his marriage to his high school sweetheart. Read on for more of his interview!

**CBS: How are your kids Isabella and Hudson doing? What do they like to do for fun these days?**

**DL:** "This morning we were just throwing snowballs. For the most part, they're just active kids. My daughter loves to perform and my son's a little tornado. They love music and love dancing. I don't know where they get that from. [laughs] They just naturally want to do that. They're fun-loving, compassionate, and artistic kids. I'm sure every parent thinks their kids are the best in the world, and I'm no different. I have some great kids."

**CBS: If we ask them what kind of father you are, what would they tell us? What is your parenting style?**

**DL:** “That’s a good question. I try to be fun but I also try to be no-nonsense. Manners are very important in our house, such as respecting and being compassionate towards other people. At the same time, you don’t have to be hard-lined with that. You can have fun and make things entertaining. I try to be a good balance. Would they say that? I don’t know. But that’s what I try to be.”

**Related Link:** [Keith Urban Says Marriage and Family Takes Work Every Day](#)

**CBS: How has fatherhood changed you?**

**DL:** “Over the past seven years, fatherhood has changed me completely one hundred percent. Everybody says it changes your life, but it ultimately flips your life one hundred and eighty degrees and changes it massively, but all for the better. Your values, what’s important to you, how you look at life, and how you view yourself changes. You have to take a look at yourself and see how these little eyes are going to remember you and how they’re going to imitate you and what they’re going to take away from you as they grow up. My daughter’s sees how I treat her mom and that’s how she’s going to gage how every guy’s supposed to treat her. You want to make sure you’re setting the right example for your kids.”

**CBS: You married your high school sweetheart. How do you keep the romance alive amidst diapers and carpools?**

**DL:** “Luckily, my kids are out of diapers now so it makes it a little easier. It’s something that every couple has to make the effort to do. You number one priority becomes making sure that your children are happy, healthy, and safe. At the same time, you have to still give each other enough attention and love to keep the marriage strong and healthy as well. Everything is about finding that balance between having time for your spouse and your marriage and also time for your kids. Calling a babysitter and going out on date night is not a bad

thing. It's something that we definitely try to do. Being here in Cincinnati, we also have family that can come and help out and babysit. We definitely try and take advantage of our date nights."

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**CBS: Can you tell us about your holiday plans? Do you have any special holiday traditions?**

**Drew:** "We have lots of traditions. Luckily for us, now that we're back in Cincinnati, most of our family is here. As opposed to having to fly across country to spend the holidays with our family, we can literally just drive down the road now, which makes it a little bit easier. We're foodies, so we definitely stuff our faces for three days straight during the holidays. We have Thanksgiving, and then we have leftovers, and then we have leftovers of the leftovers. It's a big deal for us, and the Christmas holiday is huge too. Ultimately, it just comes down to spending time with family. My wife has a huge family, so it's always a fun time."

**CBS: What's up next for you? Are you working on any musical projects?**

**DL:** "Right now, I'm taking the holiday off. It's been a busy year with the tour and all that fun stuff. I'm sure I'll get back to auditioning come pilot season and see what's out there. I continue to work and audition, but while I'm here in Cincinnati my wife and I teach at the school we graduated from and run our art camp, so between jobs I'm still working. There's never a dull moment."

*For the rest of the interview, visit [www.celebritybabyscoop.com/2013/12/08/fatherhood-hundred-degrees](http://www.celebritybabyscoop.com/2013/12/08/fatherhood-hundred-degrees).*



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# 'Glee' Star Naya Rivera Says She and Fiance Are 'On the Same Page' About Wedding Plans



By April Littleton

Wedding plans for *Glee* star Naya Rivera and Big Sean seem to be going very smoothly. "At the end of the day, he knows 'happy wife, happy life!'" Rivera told [People](#). "So, he's kind of like, 'Whatever you want, babe!'"

**What are some ways to compromise with your partner about wedding plans?**

## **Cupid's Advice:**

Your big day is slowly approaching, but there are still so many details left untouched. You and your significant other can't seem to agree on much these days and it's not from lack of trying. Don't worry, Cupid is here to help:

**1. Share ideas:** Let your significant other what you have in mind for your wedding and vice versa. Once all ideas are out on the table, try to find a way to combine the two to make something new and unique. If mixing plans isn't what you're looking for, maybe the two of you can think about what you're willing to give up. For example, your partner might want fresh flowers, while you could settle for artificial.

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**2. What's important:** When you and your partner end up in an argument about the details of the wedding, think about what's really important. At the end of the day, the marriage you have with your significant other is what counts not the wedding. Yes, you still want to be able to look back and have fond memories of your reception and ceremony, but do you really think 10 years from now you'll still be upset over what flavor your wedding cake was?

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**3. Keep an open mind:** You might not be a fan of your honey's ideas for the reception and ceremony, but keep in mind that it's their wedding too. When your family and friends come to your wedding, they should be able to recognize the elements you incorporated and what your partner chose as well.

**How did you compromise with your partner about wedding plans? Share your experience below.**

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# Celebrity Interview with Hair Stylist Chaz Dean: “The Most Important Part is Feeling Sexy”



Interview by [Lori Bizzoco](#). Editorial by Kristin Mattern.

Stylist to the stars Chaz Dean has been creating covetable celebrity looks for years. An authority on hair care, Dean began developing his own natural product line called WEN in 1996. After building an A-list clientele, he started Chaz Dean Studio in Hollywood where celebs can escape the typical salon products and pestering paparazzi for a calm, rejuvenating

experience. With his WEN products as well as the [date night](#) tips he shares below, he brings Hollywood style to the masses in our exclusive celebrity interview.

**Related Link:** [Hair Battle Spectacular's Blondie Talks Hair Tips For Dating](#)

## Celebrity Interview with Chaz Dean

Push your bangs out of your eyes and get ready to see clearly, ladies, because this hairdresser cuts away at the salon facade to reveal the truth about hair care. The way you care for your hair is why you don't have tresses like [Jennifer Aniston's](#), but even America's sweetheart chopped off her locks recently – and it wasn't just to be trendy. “She cut her hair short because of a bad keratin treatment,” Dean explains. Brazilian blowouts, keratin treatments, and Japanese straighteners are touted as healthy for your hair, but this stylist believes differently. “People think it's good, and it's not. It takes such a toll on your hair. Your hair is protein; protein does not need more protein.” He says that added protein makes already dry hair more brittle, causing breakage. If you really want to strengthen your hair, moisture and collagen elements are what you need.

Given his passion for this topic, it's no surprise that hair foibles were part of Dean's motivation for creating WEN. Women want soft, touchable hair that also shines with vibrant color. Looking to keep color from fading, the hair alchemist turned to herbal inspiration: “I literally went to my garden and took sage, rosemary, lavender, eucalyptus, apple, bananas, and pears and boiled them together in my kitchen,” he explains in our celebrity interview. “It smelled incredible, and when I cleansed my hair with it, the natural astringents paired with antibacterial and moisturizing properties made my hair feel clean and silky.” Dean knew he had discovered the miracle recipe he'd been seeking and wanted to get this product to his

customers. After nearly five years of lab work, WEN was born in 2000.

In 2005, the hair stylist started working with QVC. “QVC has been a blessing for me because I get feedback from customers. They all have their opinions, and whether it’s good or bad, you learn and you grow from it,” the client-centered stylist says. “The most important part to me is making people’s life easier by embracing their natural hair’s texture and giving them the hair they’ve dreamed of.” On air, Dean showcases his powerful product; whether you have the kinkiest of curls or baby fine locks, WEN makes hair shiny and buttery smooth.

**Related Link:** [Top 5 Hot Hair Tips You Should Be Taking from Celebrities](#)

## Hair Stylist Talks Best Celeb Hair

Celebrities enjoy WEN products at home and trust him to make their hair radiant when they visit his salon. When asked if he had a favorite famous client, Dean candidly responds, “I would say Nicole Murphy because she trusts me to give her the best look.” But when it comes to who has the best hair, he thinks Megan Fox has an enviable mane. “She was doing an interview recently, and she looked gorgeous. Gorgeous! Her hair, I believe, always looks good.” Who wears the short trend best? Isabel Lucas, whose crop he describes as adorable. Christina Aguilera’s hair doesn’t get such a glowing review from the master stylist. “If she doesn’t stop bleaching it to an inch of its life, she’s going to end up having to cut her hair off. Girl, you can have blonde, but it shouldn’t be translucent or yellow.”

Every woman, famous or not, wants beautiful hair that men find attractive. So do you go Rapunzel long or Daisy Buchanan short? “Men want hair that is soft and touchable, hair that they can run their hands through.” The stylist believes only insecure men need their women to have long hair; secure men

are fine with women rocking short hair. To really impress your guy, wear a style that makes you feel sexy. If your man tells you how to wear your hair, the hairdresser says to put him in his place: "Tell him that when he grows his hair out, then you'll do what he wants."

**Related Link:** [Celebrity Hair & Makeup Artist Predicts Anne Hathaway's Red Carpet Look](#)

A woman's hairstyle is perhaps most important on her wedding day, and brides often wonder what 'do is best to say "I do." Dean suggests being yourself. "Whether you're a sexy rocker girl, a timid and sweet curly girl, or a wavy girl, bring out that element." For damage-free curls, the hairdresser advises rolling hair into sponge rollers, misting with WEN Replenishing Treatment Mist, and taking a shower (without getting your hair wet); by the time you're done with your makeup, your hair will be set with amazing curls without the damage of a curling iron. Don't wait until you get hitched to try this style; use this tip for your next night on the town with your sweetie for a sure-to-wow blowout!

Continuing to expand his popular line, WEN products are for the whole family – even Fido! WEN has a pet line that cleanses while repelling ticks and fleas. The kid's line, nicknamed WEN Sensitive, is allergen-free and perfect for anyone with whey, wheat, gluten, menthol, soy, or nut allergies. The line eventually expanded to include WEN for babies and seasonal varieties like summer honey peach, which Dean calls "heaven in a bottle." Plus, WEN Men will soon be hitting shelves to address men's unique hair issues.

WEN will you and your's be ready to wear amazing hair?

*For more information on Chaz Dean and WEN, visit the website, [www.wen.com/chaz-dean.html](http://www.wen.com/chaz-dean.html).*



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# Taye Diggs and Idina Menzel Separate



By Brittany Stubbs

After ten years of marriage, it appears Taye Diggs and Idina Menzel won't be having a happy ending. "Idina Menzel and Taye Diggs have jointly decided to separate at this time," reps for the couple told [People](#) exclusively. "Their primary focus and concern is for their son. We ask that you respect their privacy during this time." The couple married in 2003 and had their son, Walker, in September 2009.

**How do you know when you've done all you can to save your marriage?**

## **Cupid's Advice:**

Despite what your reasons may be, divorce can be one of the most difficult things a person experiences. No one wants to let someone they once agreed to commit their life to, go. But there comes a point when you have to face the facts:

**1. You've communicated your issues:** No matter how long you've been together or how well you think you know one another, most marriages fail because of the lack in communication. If you've both communicated your issues, listened to one another, made compromises and still haven't seen a difference, then there might be nothing left for you to do.

**Related:** [Michael Douglas and Catherine Zeta-Jones Separate](#)

**2. You've tried professional help:** Many couples steer clear of counseling because they think it's admitting defeat. But the truth is, if you truly want to save your marriage, you'll try anything before giving up. If you've been seeing a counselor consistently and both been putting in the effort, it might be time to rethink things.

**Related:** [Josh Brolin and Diane Lane Are Officially Divorced](#)

**3. Your partner doesn't care anymore:** It takes two to make any relationship work, just like it takes two to restore one. No matter what your issues are, if your partner is not committed to help repair the damages in your marriage, it may be time to call it quits.

**Have you experienced a divorce? When did you know it was time to walk away? Share your experiences below.**

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# Kate Winslet Welcomes a Baby Boy



By Brittany Stubbs

Kate Winslet gave birth to her third child, a son, on Saturday Dec. 7. “Mother and baby are doing great,” her rep tells [People](#). This is her first child with husband Ned Rocknroll, whom the Oscar winner married last December. Winslet has two children – Mia, 13, and Joe, 10 this month – from her previous marriages, but has hinted at wanting to expand her family in the past. In an interview with *Good Housekeeping* in 2007, the actress stated, “I love getting up in the morning and getting breakfast and packing lunches and doing the school run. Those things are really important to me,” Winslet admits. “My kids are my whole world.”

**What are some ways to prepare for a boy versus a girl?**

## **Cupid's Advice:**

**1. The big "C":** While there are many aspects of parenting that couples should discuss before a baby's arrival, the conversation of whether or not you plan to have your baby boy circumcised is crucial. It's important that couples are on the same page, especially regarding something as serious as your baby's body.

**Related:** [Newlywed Jennifer Love Hewitt Welcomes Baby Daughter](#)

**2. Prepare to discipline:** In a discussion about the differences of raising boys and girls, *Parenting.com* shares that boys are often harder to discipline because they have a harder time hearing. Women always joke about men never hearing a thing they're saying, but it's true! Boys' ears are less sensitive than girls'. Because girls can detect speech discrimination, they are more likely than boys at responding to warnings and heightened tones.

**Related:** [Lee Brice Welcomes a Second Son](#)

**3. It's just a scratch:** New mothers are known to get worked up about every little bump and bruise, but let's face it, you're having a boy. Occasional scrapes and bruises are going to happen along the way. Climbing, exploring, roughhousing...it's all apart of their fun! Just plan on having a portable First Aid kit on you at all times.

**What ways would you prepare for a boy versus a girl? Shares your thoughts below!**

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# Hayden Panettiere and Fiance Wladimir Klitschko Join Ukraine Protests



By Brittany Stubbs

Hayden Panettiere proves she's not just an actress, but an activist. The star has been lending her voice to support protesters in Ukraine, along with her fiance, Ukrainian boxer Wladimir Klitschko. [UsMagazine.com](http://UsMagazine.com) confirms, the couple have a personal connection to the country's well-being, as Klitschko is the brother of the opposition leader, Vitali Klitschko. "Amazing watching #Wladimirklitschko personally connect with the Ukrainian demonstrators," Panettiere tweeted Sunday, Dec. 8, after her husband-to-be appeared in the Central square in Kiev, Ukraine, where a crowd was gathered to challenge the Russian-leaning government. The A-lister then shared a picture of her and Klitschko in Kiev with the caption: "#frontlines

#Ukraine.”

**How do you unite with your partner for a special cause?**

**Cupid's Advice:**

This is an excuse to spend time together while also making a difference in someone else's life. And after all, it is the season of giving! Cupid has some advice:

**1. Personal connection:** Whether it's supporting a family member involved, or a topic that's close to your heart, there is nothing more fulfilling than supporting a cause you feel connected to. This not only makes you more passionate about the work, but will bring you closer in your relationship.

**Related:** [Celebrity News: Hayden Panettiere Tweets First Post-Engagement Photo with Wladimir Klitschko](#)

**2. Make a trip out of it:** It's easy to let the commitments of everyday life get in the way of what's important to you. Why not find a philanthropy or relief program that will get you two out of time? Remove yourselves from the routines, even if just for a weekend, to come together and make a difference.

**Related:** [Sources Say Hayden Panettiere and Wladimir Klitschko Are Secretly Engaged](#)

**3. Commit:** If you want to support something as a couple, you both have to agree on what sacrifices you'll each make in order for it to happen. Whether this means a financial sacrifice that's necessary, or sacrificing your Sunday afternoons, make a commitment to one another and follow through.

**Have you and a partner united for a special cause? Share your experiences below.**



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# Ben Affleck Says Wife Jennifer Garner Is 'the Most Important Person to Me'



By April Littleton

According to [People](#), Ben Affleck only has one person to thank for all of his success – his wife, Jennifer Garner. “She is by leaps and bounds the most important person to me in that respect,” Affleck said in an interview with *Playboy* of Garner’s resolute support. “Over the past 10 years she has allowed me to have a stable home life while accomplishing my professional goals.” The couple married in 2005 and have three children together, son, Samuel, 21 months and daughters Violet, 7 and Seraphina, 4.

## What are some ways to show your appreciation for your partner?

### Cupid's Advice:

After awhile, it can be hard to find different ways to show your partner you still love and care about them. Sometimes, the smallest gestures can make your loved one feel over the moon. Cupid has some tips:

**1. Thank them:** The simplest way to show your appreciation for your significant other is just by thanking them often. Does your partner take out the trash everyday? Does he/she cook and clean the most out of the two of you? Sure, a sweet “thank you” will do the trick, but think about giving your partner a nice gift. Surprise your love with a special meal or take them out for a night out.

**Related:** [Newlyweds Ace Young and Diana DeGarmo Start Holiday Traditions](#)

**2. A day out:** Plan out a day where you and your partner do everything he/she likes to do. Whether it be going swimming, seeing a movie or simply lounging at home all day – let them pick out the activities for the day. When the day is over, your honey will feel appreciated and know you care about their wants and desires.

**Related:** [Adele and Boyfriend Flaunt PDA at Lady Gaga Concert](#)

**3. Physical contact:** Make sure you shower your significant other with hugs and kisses. When your partner does something nice for you, show your love with a sweet kiss and a hug. A little physical contact can mean the world to your love and it will also keep the spark between you and him/her alive.

**What are some other ways to show appreciation for your partner? Comment below.**

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# New Couple? Courteney Cox Takes Snow Patrol's Johnny McDaid to Jennifer Aniston's Party



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Courteney Cox was photographed attending Jennifer Aniston's party with a date Sunday, Dec. 8. Snow Patrol rocker and the former *Friends* actress were spotted driving up to the party together. Cox was previously linked to *Cougar Town* costar Brian Van Holt in June.

**How do you introduce your new partner to family and friends?**

## Cupid's Advice:

Introducing your new boyfriend/girlfriend is a big step in your relationship. Having the person you're dating meet all of your loved ones can be stressful and nerve-racking, especially if you don't set up the meeting in the right way. Don't worry, Cupid is here to help:

**1. Baby steps:** Don't overwhelm your significant other by introducing them to all of your friends and family at one time. Take it slow. Your new honey will already be pretty nervous as it is. Start off by meeting up with one or two of your closest friends for a nice lunch or dinner. If your partner gets along well with them, introduce him/her to a few of your family members.

**Related:** [New Couple? Ryan Seacrest Steps Out With Shayna Terese Taylor on Vacation](#)

**2. Heads up:** Before you set up any meetings between your partner and your loved ones, give both parties a heads up first. Make sure your family and friends are aware of your new relationship. Give them a little bit of information about the person you're dating so they'll have some topics to talk about when they do see each other for the first time. Also, keep your partner's feelings in mind. Give them time to adjust to the idea of meeting your family and friends.

**Related:** [Kendall Jenner Says She and Harry Styles Are 'Cool'](#)

**3. Ground rules:** Let your significant other what is and isn't acceptable in your family's household. Make sure your friends are aware of how they should act around your boyfriend/girlfriend. You wouldn't want them to offend your new honey in any way – even if what they do or say was meant as a joke.

**What are some other ways to introduce your new partner to family and friends? Comment below.**

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# Lee Brice Welcomes a Second Son



By Kerri Sheehan

Lee Brice has a baby on board! The country singer and his wife Sara welcomed their second son, Ryker Mobley Brice this past Wednesday December 4<sup>th</sup>. According to [People](#), Brice said, “A week ago I didn’t think I could be any happier. I was wrong. Our brand new baby boy was born healthy. My heart is full.”

**How do you prepare for a second child versus the first?**

**Cupid’s Advice:**

Here are a few things to think about before the stalk drops

off another baby:

**1. Prepare the siblings:** The one who will most notice the change around the house will be your oldest child. Make sure that they know what is coming when the new baby arrives so they aren't in for too big of a shock.

**Related:** [Newlywed Jennifer Love Hewitt Welcomes a Baby Girl](#)

**2. Work together:** This child will even out the teams of kids vs. parents. Before it was you and your partner taking care of one child, but now it is two on two. You and your significant other will have to step up your game to keep both your bundle of joy and your older children happy and healthy.

**Related:** [Cupid's Weekly Round-Up: Parenting and Marriage After a Second Baby](#)

**3. See what you can reuse:** You have likely saved a lot of items from your first child that you can reuse for your second. These include a baby changing table, crib, and certain outfits. Make a list of what you can reuse and what will need to be repurchased.

**How did you prepare for your second child versus the first? Share below.**

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## Adele and Boyfriend Flaunt PDA at Lady Gaga Concert







By Kerri Sheehan

Crooning sensation Adele looks like she's happy in love! The British songbird was recently photographed looking completely smitten with boyfriend and baby daddy Simon Konecki. The two are rarely seen together, but they made a public appearance at a secret Lady Gaga concert in London. An insider recently dished to [UsMagazine.com](http://UsMagazine.com), "Adele loves being a mom. Simon helps her in every way and is a great dad. They are just incredibly happy."

**Where are some appropriate places to indulge in PDA?**

### **Cupids Advice:**

PDA is a tricky subject. Cupid has some advice:

**1. Depends on the couple:** Some people are far more open to PDA than others are. If PDA makes your significant other uncomfortable than don't force them into it.

**Related:** [Macaulay Culkin Kisses New Girlfriend Jordan Lane Price in Paris](#)

**2. At a wedding:** Weddings are all about showing love, so some reception PDA is all right. Keep it classy though, this is a

public affair.

**Related Link:** [Adele Presents Mini Oscar to Her 'Best Son'](#)

**3. Just keep it PG:** PDA can be acceptable anywhere as long as it isn't too intense. Hand holding and a kiss on the cheek is fine at any occasion, but anything past that is far too much.

**Where do you engage in PDA? Share below.**

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## 'Family Ties' Star Meredith Baxter Ties the Knot



By April Littleton

*Family Ties* star Meredith Baxter and her longtime partner, Nancy Locke tied the knot in an intimate ceremony in Los

Angeles Sunday afternoon. A friend sang and played guitar at their wedding ceremony, and during the reception, Locke's band took to the stage. The lovebirds have been together for seven years. "Now I understand why marriage caught on!" Baxter told [People](#).

**What are some ways to make music a central theme to your wedding?**

### **Cupid's Advice:**

Music can either bring a wedding celebration together, or cause the whole occasion to crash and burn. When it comes to showing musical creativity in your reception and ceremony, you and your partner have plenty of options to choose from. Cupid has some tips:

**1. Spin the tunes yourself:** If you're having your wedding on a tight budget, you might want to think about handling the music all on your own. Plan out some of your favorite songs, along with your partners and get a iPod playlist ready. As long as you have the essentials – a laptop, speakers, audio cables, etc, it shouldn't be too hard to keep things running smoothly throughout your special day. Of course, a friend can always help you out when you're ready to hit the dance floor yourself.

**Related:** [Christian Slater Marries Brittany Lopez](#)

**2. Live band:** There's nothing like a live performance to get the crowd's adrenaline going. Yes, the option will probably cost more than DIY tunes or a professional DJ, but you'll walk away with an experience of a lifetime. A band will be able to set the tone for your wedding reception and ceremony and keep the party going without any hiccups.

**Related:** [Kaley Cuoco Celebrates Bridal Shower with Famous Friends](#)

**3. DJ:** With a DJ in hand, you'll be able to hear all of your favorite tunes, plus a dozen more you didn't even think to add to your playlist. If you decide to go this route, pay close attention to who you pick for the gig. A DJ might not understand what kind of "feel" you're going for at your wedding and could possibly ruin the day for you and your honey.

**What are some other ways to make music a central theme to your wedding? Comment below.**

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## **Newlyweds Ace Young and Diana DeGarmo Start Holiday Traditions**





By April Littleton

*American Idol* finalists Ace Young and Diana DeGarmo, who have been married for six months are starting off the Christmas holidays together for the first in their relationship. “We’ve already been decorating, and it’s been a lot of fun because we’re creating our own traditions.” Young told [People](#) at Sunday’s annual Hollywood Christmas Parade. “We have a blank slate. It’s kind of weird.”

**How do you compromise to start your own holiday traditions with your partner?**

### **Cupid’s Advice:**

Is this your first holiday with your loved ones? Are you curious about the ways to begin new traditions with your family? You don’t have to start with a completely blank slate unless you choose to do so. You can always just build on some of the activities you already love. Cupid is here to help:

**1. Talk about what’s important:** Sit down and have a talk with your significant other about the traditions you would like to introduce to your new family. You and your partner can incorporate some of the things you did during the holidays

along with some of the activities he/she was raised to do. Building on the traditions you already have can make it easier for you and your honey to create new ones.

**Related:** [Katy Perry and John Mayer Pose for First Portrait Together](#)

**2. Make a list:** Create a list of some activities and ideas you want to bring into your family traditions this year. Have your companion make a list as well and then compare notes. Only pick the first couple of things you find important and save the rest for next time.

**Related:** [Maria Bello Reveals She Has a Long-Term Girlfriend](#)

**3. Start fresh:** Take a chance and do something complete different over the holidays. Bake a special pie or have your family think of a new game all of you can be together for years to come. Traditions start from new beginnings, so think of something your loved ones will enjoy doing time and time again.

**How did you compromise to start your own holiday traditions with your partner? Comment below.**

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## Justin Bieber's Music Video Crush Talks Selena Gomez's Diss, Kissing the Superstar







By Brittany Stubbs

Jealousy might be in the air for Justin Bieber's ex Selena Gomez. In the superstar's latest music video "All That Matters," Cailin Russo stars as the object of Bieber's obsession. He later posted a picture of the blonde babe kissing him on the cheek. According to *UsMagazine.com*, Gomez recently posted a picture of herself on Instagram with a caption that said, "I thought he only liked the Latina category. Smh... #nomakeup #hatewhengirlssaythat," and Bieber's latest crush is convinced this was directed towards her. "It was clearly directed at him with me in the video, but like I said I was just doing my job," Russo shares in a recent interview with [Cosmopolitan](#). "Selena is a superstar and I'm just a girl in a video. She's his ex, and I'm sure they still have feelings for each other."

**How do you deal with your ex dating someone new?**

**Cupid's Advice:**

It's always difficult seeing your ex move on with someone else, even if you had an amicable breakup. But unfortunately this is inevitable when any relationship ends. The best thing you can do is handle your situation with maturity and class:

**1. Avoid contact:** Nothing good ever comes from sending your ex a snarky text message about their new significant other or posting a passive aggressive comment online. So hide them from your social networks, even delete or block their number if necessary. We're all guilty of doing a little Facebook stalking to find out who our ex has moved on to, but honestly, when has this ever helped or made us feel better?

**Related:** [Selena Gomez Pulls Plug on Live Interview After Justin Bieber Question](#)

**2. Remind yourself why you broke up:** Sometimes seeing your ex with someone new can stir up old feelings, but remembering why things didn't work out between you two can often help you avoid feeling jealous. It might even make you happy your ex has met someone else.

**Related:** [Justin Bieber Surprises Selena Gomez with a Single Red Rose at her Birthday Party](#)

**3. Focus on you:** Remember that break ups mean moving on for the both of you. Use this as your motivation to do something for yourself. Whether that's getting back into the dating scene, or just devoting some time and energy to a new hobby, project, etc. While break ups signify endings, they also hold potential for bright, new beginnings.

**How have you handled an ex moving on? Share your experiences below.**

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# HGTV Designer Sabrina Soto

# Shares Her Party Planning Secrets in Celebrity Video Interview



Interview by [Whitney Johnson](#).

## Celebrity Video Interview with Sabrina Soto

The holiday season is in full swing, and for many people, that means the next few weeks will be filled with parties to plan. With that thought in mind, we enlisted the help of style expert and author Sabrina Soto. In our [celebrity video interview](#), the host of reality TV show *The Great Christmas Light Fight* shares her top tips for hosting a stylish and affordable party.

**Related Link:** [Kathy Hilton's Advice for Holiday Entertaining](#)

Plus, she let us in on her holiday plans: "I have been engulfed in Christmas décor for the past two months, so this year, I'm going to Europe for Christmas just to get away and not have to worry about it!" the HGTV designer reveals.

Be sure to check out Sabrina Soto on *The Great Christmas Light Fight*, which premieres tonight at 9/8c on ABC.

*For more great holiday party ideas, visit [www.target.com/](http://www.target.com/).*

*For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).*