

Celebrity Video Interview: Molly Sims Talks About Her “Rocking Red” Hair: “I Feel Really Good!”



Interview by [Lori Bizzoco](#).

Molly Sims is known for her long blonde hair, but as of Tuesday evening, she traded in her golden locks for a red hue – and CupidsPulse.com Executive Editor Lori Bizzoco got the scoop straight from the star! “You know what, I feel really good,” the actress says of her new look in our [celebrity video interview](#). “I went from bombshell blonde to rocking red. I wanted a change – something different and fun and energetic and vibrant and bold.”

Celebrity Video Interview with Molly Sims

When it comes to keeping her red color, the former *Sports Illustrated* supermodel depends on [Nexus](#) Color Assure products. “If something’s going to save me time and make me look good, I’m all for it!” she enthuses.



Molly Sims. Photo: Francis Tulk-Hart

Sims certainly knows a thing or two about making a transformation – whether it’s with her hair color or her career. “My parents really taught me that I could be whoever I wanted to be,” she shares in our celebrity video interview. It’s important to have a positive attitude about change too: “Everyone gets stuck in a rut. You kind of just have to dig your way out.”

Related Link: [Molly Sims Celebrates Pregnancy at Baby Shower](#)

Of course, we had to ask the style icon about her best fashion and dating advice. She encourages women to keep it simple: “You feeling good in whatever you wear is the number one most important thing.” She recommends a leather jacket, tank, and great jeans with a pair of boots for your next date night.

To learn more about Color Assure, check out Nexxus on www.facebook.com/nexxus.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Jason Derulo Surprises Jordin Sparks with 10,000 Roses for Valentine's Day



By Louisa Gonzales

R&B artist Jason DeRulo shows he isn't shy of making grand

romantic gestures to the special person in his life, singer Jordin Sparks, on Valentine's Day. According to [UsMagazine.com](https://www.usmagazine.com) the long-term couple, DeRulo got Jordin 10,000 roses on the holiday and they were even in her favorite color, orange, proving romance is still very much alive in their relationship. He made it happen with the help of the shop Passion Roses, and by renting out a suite at the Redbury Hotel, where the surprise took place. Sparks captured the lovely moment with a picture she later shared on Instagram, and spoke of how "overwhelmed" she was by the surprise and how she thought it was "beautiful". DeRulo also shared his excitement on Instagram posting a pic of the roses filled room.

How do you use gifts to show your appreciation for your partner?

Cupid's Advice:

It's nice to receive gifts from people you love and care about. When someone gets you a present it shows that they think about you and appreciate you. Giving your partner gifts is important for your relationship, especially with helping your lovebird feel loved. Cupid has some advice on to use gifts to show your gratitude toward your special someone:

1. Give your lover a gift on a non holiday: Want to really show your appreciation and gratitude to your special someone? What better way to that than to give them a gift for no other specific reason other than because you love them and just wanted to. Maybe give them a gift when you see they are having a bad week or going through a hard time, nothing like gifting them with something special to bring a smile to their face.

Related: [New Couple: Jordin Sparks Is Dating Jason Derulo](#)

2. Plan to give the best gift yet for their next birthday: Nothing will show how much you love and care about

your lover then by making their birthday one to remember. Birthdays usually become less exciting as we get older and the presents are less unique and special, break that idea and notion by doing or getting something you know your honey will love, enjoy and truly appreciate. Think about what gift will truly surprise them, you can also ask family and friends for help.

Related: [5 Celebrity Couples Who Got Engaged on Valentine's Day](#)

3. Create, make or write a personalized gift: This is a chance to show your creative side as well as show you are willing to make the time and effort to put something together that is one of kind and just for them. A gift doesn't necessarily mean giving your loved one a present. You can also write your sweetheart a personalized love letter or thank you card that expresses how grateful and thankful you are to have them in your life or show you appreciation by making them breakfast in bed.

Find Out How Kanye West Proposed to Kim Kardashian





By Louisa Gonzales

Just because one of the most romantic holidays of the year has come and passed, doesn't mean we still can't celebrate great romantic moments, as viewers saw on the latest *Keeping Up with the Kardashians*. According to UsMagazine.com, although fans already know that Kanye West proposed four months ago to Kim Kardashian on her 33rd birthday in San Francisco, now thanks to the reality show they now finally witnessed first hand how it happened, Sunday, February, 16th. During the episode, we all got to see the day leading up the main event and then finally saw the big proposal, which happened at the AT&T Park stadium, home of the San Francisco Giants. It was a beautiful moment for the couple and for all the family, friends and fans who got to see it.

What are some surprise proposal ideas?

Cupid's Advice:

Getting engaged is a special moment for many couples. The memory of getting engaged to your lover is something you'll

cherish and remember for the rest of your lives. Cupid has advice on some great surprise proposal ideas:

1. Play a game and leave clues: One way to make your proposal surprising and unique is to set up sort of game. Play game where you leaves clues for your partner to find until it leads all the way up to your ultimate popping the marriage question. For example, throw a party with friends and family and have them all wear t-shirts each with a different letter of “will you marry me” and ask for a picture and afterwards when your soulmate asks to see, it will read out the question. There are other alternative games you could create and play to make your engagement one to remember and unexpected for your other half.

Related: [Kanye West Displays His Love for Kim Kardashian](#)

2. Use food and other things your partner loves: Think about some goodies and other things your lovebird loves and plan to ask somehow involving them. Some ideas are to maybe arrange a gift basket filled with the different assortment of sweets and foods they like inside a basket and have the ring hidden somewhere inside. You can also take your honey to a restaurant and have the chef write it out on their plate or hide the “will you marry me” question in a fortune cookie. There are number of ways to go about getting engaged, just make sure to keep it fun and unique, but remember to keep it true to you and your love.

Related: [5 Celebrity Couples Who Celebrate Valentine's Day in Style](#)

3. Ask the question somewhere unexpected: A fun and cool idea would to take your significant other out to a specific place where you planned in advance with people or friends to help you get engaged. One idea is to take them to a park or the beach where an artist will draw a picture of the two you and in the picture it will show you asking your love bug the “marry me” question and with them responding with a “yes”. You

can really use anything to your advantage when finding cool ways to ask for your sweethearts hand in marriage, it can be you asking your local movie theater to show the question during the previews or something specifically unique to them such as putting it in the ad's section of the newspaper they always read.

What do you think are good ideas for a surprise proposal? Share your ideas below.

John Krasinski and Emily Blunt Welcome a Baby Girl



By April Littleton

According to [People](#), Emily Blunt and John Krasinski welcomed their first child, a daughter named Hazel Sun. Feb. 16. The former *Office* actor made the announcement himself via Twitter, “Wanted to let the news out directly. Emily and I are so incredibly happy to welcome our daughter Hazel into the world today! Happy bday!” Krasinski wrote. The new parents married in 2010 and announced their pregnancy last September.

What are some ways to prepare your relationship for a baby?

Cupid’s Advice:

Congratulations on your pregnancy! Now, you have nine months to prepare yourself and your significant other for what’s to come next. Cupid is here to help:

1. Friends and family: Ask some of the people who you’re close to for helpful advice. What would they recommend to buy for a newborn? What kind of parenting classes should you and your partner look into? You want to experience being a first-time parent all on your own, but there’s nothing wrong with getting a little help along the way – especially if the people you ask have been through what you’re preparing for now.

Related: [‘Bachelorette’ Alum DeAnna Pappas Welcomes a Baby Girl](#)

2. Organize your finances: You and your significant other need to agree on a set budget. You won’t be able to spend money the way you used to with a new baby on the way. Forget about buying yourself a pair of new shoes whenever the urge comes around. Now, you’ll need to save up for more important products – diapers, baby wipes, bottles, etc.

Related: [‘The Fosters’ Star Sherri Saum is Expecting Twin Boys](#)

3. Discuss work: As a couple, you and your honey will need to

figure out who is going to stay with the baby and who will stay at home for awhile. If you plan on breastfeeding, the decision has already been made for you. Either way, the both of you will need to think of a schedule that works and/or decide if arranging professional childcare would be the best option.

What are some other ways to prepare your relationship for a baby? Comment below.

Beverly Mitchell Hosts Shower For Military Moms-To-Be



By Maria Darbenzio

New mom, Beverly Mitchell, partnered up with Operation Shower and Birdies for the Brave to give 40 military moms-to-be, whose spouses are deployed, the shower of their dreams on February 11th at The Riviera Country Club in Pacific Palisades, California. The *7th Heaven* star caught up with Celebrity Baby Scoop to talk about the experience and her own transition into motherhood.

"I am so incredibly grateful to our military and their families for their sacrifice, and this is a very small way of saying thanks. If it weren't for their daily sacrifice, we would not be able to live as we do, and I never take that for granted," Mitchell exclaims. "I wish I could do more, but this is a start and it couldn't make me happier to spoil these mummies-to-be with the most amazing things to help make the transition into parenthood a little easier. And let's be honest, who doesn't love a little pampering!"

Related Link: [DeAnna Pappas Stagliano Celebrates Her Baby Shower](#)

During the shower, guests were given a lunch provided by Whole Food Markets and the Operation Shower signature "shower in a box." The box contained products for both mother and baby donated by numerous companies, including Carousel Designs.

Mitchell became a first-time mom in the past year when she gave birth to her beautiful daughter, Kenzie, who turns one year old next month. "We are planning a little something at the house – our families and close friends. Just something quaint and special – probably a little barbecue," the actress shared when asked what their plans were for Kenzie's upcoming birthday.

Like many new mothers, point-of-views change with the addition of a little one. Mitchell says she's gone through the same

change in views. "The biggest change was my perspective on what really matters, and I am much less stressed because of it, mostly because I have learned that I have absolutely no control so sit back and enjoy the ride versus fighting to make everything happen the way I would like it to.

Related Link: [Kevin and Danielle Jonas Welcome a Baby Girl](#)

With parenting experience under her belt, she says her and her husband would love to have more children. But don't be expecting that to happen anytime soon! They want to take the next year or two to enjoy Kenzie before jumping into having another child.

For the rest of the interview, visit www.celebritybabyscoop.com/2014/02/12/beverley-mitchell-operation/

Kaley Cuoco and Ryan Sweeting Take Mini-Honeymoon at Disneyland





By April Littleton

According to [People](#), Kaley Cuoco and husband Ryan Sweeting took a mini-honeymoon to Disneyland. Sweeting wore a first pin and a *Fantasia* hat. Cuoco sported pink Minnie Mouse ears. The *Big Bang Theory* actress documented most of the day via Instagram. “Mini honeymoon at the happiest place on earth! @ryansweeting #myhusbandisadisneyvirgin,” she wrote, along with a picture of the couple at the park.

Where are some quick honeymoon destinations?

Cupid’s Advice:

Honeymoons are a great way to spend the first moments of your new marriage with your honey. What type of honeymoon you decide to go on depends on your personality, what your partner enjoys doing and what the two of you agree on as a couple. Cupid has some tips:

1.The islands: Most couples love the idea of going on a romantic, island honeymoon getaway. You and your honey can rush off to Hawaii or another island of your choice. You can

soak up some sun, learn how to surf or go shark diving. The memories you create with your partner during a honeymoon like this will be unforgettable.

Related: [Jay-Z and Beyoncé Open Grammy's with 'Drunk in Love' Performance](#)

2. Bed and breakfast: Nothing will get as intimate as having your honeymoon at a bed and breakfast. Think about the tranquility of the environment and the complete isolation from the city. You and your significant other can enjoy some much-needed time alone.

Related: [Josh Duhamel Says He's Not Trying to Break Up the Black Eyed Peas](#)

3. For the adrenaline junkie: If you or your companion prefer a bit more of an exciting vacation together, think about spending a week or so out camping or in the mountains. You can catch fish, go skiing, sledding, etc. You'll probably be on the go at all times and you might be able to experience a new activity or skill.

Where did you go on your honeymoon? Share your experience below.

Celebrity Interview: Hair Stylist Raphael Reboh Says Jennifer Lopez Has the Best

Hair in Hollywood



By Brittany Stubbs

We all want to look our best, and that begins with managing our hair. With clients including Cameron Diaz, Jennifer Aniston, Chrissy Tiegan, and Jennifer Lopez, Raphael Reboh definitely knows what he's doing when it comes to achieving glossy locks. Whether it's a celebrity in his chair or not, the stylist finds himself always stressing the same advice: Take care of your hair!

"Women often don't take care of their hair as much as their skin, but they should," he explains in our celebrity interview. "I find it weird that women will run out and buy hundreds of dollars worth of face cream that may not even work, but they won't spend the same amount of money and energy

on their hair. Hair is connected to the scalp, so it's just as important."

Celebrity Interview with Hair Stylist to the Stars

Reboh explains that part of having healthy hair is knowing what's in the products you're using. He recommends speaking with a hair stylist who really knows your hair type to help guide you to the products and ingredients that will help *you* specifically – because, like a fingerprint, everyone's hair is unique.

Related Link: [Top 4 Hot Hair Tips You Should Be Taking from Celebrities](#)

Although the Brazilian Blowout got a bad rep when the Keratin Treatment was introduced, the Miami native has a more positive opinion about the treatment. "I think Brazilian Blowouts are a miracle. Unlike Keratin Treatments that often dry the hair and make it flat, I find the Brazilian Blowout provides more shine and actually repairs the hair. I see the return of clients after the Blowout, and their hair is incredible."

Reboh is even working on his own line of products with a similar treatment that he wants to call the Miami Blowout. He stresses that, no matter what treatment you're having done, it's very important that it's done properly. So make sure your stylist has plenty of experience!

Given Reboh's work styling celebrities, we couldn't help but ask a couple of questions about hair in Hollywood. In our celebrity interview, he raved about [Jennifer Lopez](#). Having done J. Lo's hair from the beginning of her career, he believes her gorgeous locks come from both good hair care and amazing cuts. "Great hair is all about movement, which comes from a great haircut," he reveals.

When asked who needs to change their hair, he didn't rat on any celebrity specifically, but he did voice his excitement for the short hair trend coming back, using the cut that [Beyonce](#) recently rocked for the Grammy Awards as an example. He candidly admits that he's tired of everyone having long waves. With long hair, you can turn on the curling iron and cover up a bad cut or damaged hair, but "short hair is where the talent is – which means you need to find a stylist who knows what they're doing because short hair shows everything."

Related Link: [Celebrity Stylist Chaz Dean on Hair Care: "The Most Important Part is Feeling Sexy"](#)

Celebrity Hair Stylist Shares Beauty and Dating Advice

Most people don't have the luxury of a professional stylist doing their hair everyday, but there are still little tricks that can help you look your best in between washes. Reboh encourages you to use dry shampoo to freshen hair, remove oils, and give your hair the movement of freshly-cleaned locks. Consider this dating advice before your next night out with your man: "The most important part of doing your hair is making it look sexy," he shares.

Speaking of sexy, we asked this celebrity stylist for his thoughts on what men find sexiest when it comes to hair. "Men often like women to have a lot of hair, not just in length but in body," he says. "Extensions are great for adding thickness to your hair, even if you don't want added length." With this thought in mind, Reboh created his own extension line that consists of hair from Russia that is healthy, shiny, and lightweight, allowing your man to feel your head without even noticing the pieces.

Sexy hair isn't just about texture or thickness though; the hair style you choose plays a role as well. Although a woman

can look fabulous with curly or straight hair, Reboh encourages women to make sure they're curling their hair the proper way. "If the curls aren't done right, they can make women look older," he explains. "When you're curling hair yourself, make sure you know what you're doing to make those beautiful, open curls because *that's* what looks sexy." If you don't know the correct approach to curling, consider going with a classic, straight style with a lot of body.

If you're in a time crunch to get sexy hair for tonight's hot date, the stylist says to consider an updo (of course, using that dry shampoo again). It doesn't have to be over-the-top, just something that is "simple and pretty and will correlate nicely with a romantic dinner."

For more hair tips and information on Reboh, check out his salon's site www.femmecoiffure.com/.

Nick Carter Ditches Sister's Wedding for His Bachelor Party





By Louisa Gonzales

There is a new addition to the musically inclined Carter family. Nick and Aaron Carter's sister, Angel Carter recently got hitched to lover Corey Conrad at Newhall Mansion in Piru, California, on Saturday, February 8th, according to UsMagazine.com. The wedding celebration, which took place in the late afternoon, included many family and friends of the couple, except there was one important member of the Carter family missing, brother Nick. The Backstreet Boy singer Nick, 34, was supposed to walk his sister down the aisle, but didn't in favor of attending a joint bachelor and bachelorette party, held in Las Vegas at the Palms Hotel and Ghost Bar with his own bride-to-be, Lauren Kitt. However, even though one of her brothers couldn't make the wedding ceremony, her twin brother Aaron was in attendance and the two even shared a touching moment on the dance floor together as seen by a picture one of the guests posted.

What are some things to consider around the timing of your wedding?

Cupid's Advice:

A wedding is a special occasion and it is lovely to be able to share your special day with family and friends. Of course, you want everyone important in your life to attend the witnessing of your wedding vows, but sometimes life gets in the way. It's sad when your loved ones are unable to make it to the wedding celebration, and there could be many reasons why, maybe they're sick, or can't afford to travel to the wedding destination or maybe it conflicted with prior engagements, you know as they say timing is everything. Cupid has some advice on things to consider around the timing of your nuptials.

1. Plan your wedding months in advance: Doing this will give people a considerably amount of time and a heads up to make arrangements to come to your wedding. Let guests know exactly where and when the wedding is taking place so they can make plans accordingly and make all necessary arrangements. It's harder for people to plan to do things in such short notice no matter what it is, just think wouldn't it be hard to plan your wedding on a short time frame? Think about your guests, everyone has their own lives and schedules.

Related: [Kim Kardashian and Kanye West Visit Paris: Wedding Plans?](#)

2. Ask friends and family when's a good time to get married: See when is the best day for all your closest family and friends to attend. Ask them things like when they will be off work, or have time to take off. It is wise to consider the people you both hold dear when making wedding decisions and who knows they might even be able to share some good advice. Another thing to consider before saying your "I do's", is if you plan to travel or to invite guests who have to travel to your wedding think about things such as the weather, time and month. You wouldn't want people to not be able to attend because of the weather or work conflicts when it could have been resolved by picking a better wedding date.

Related: [Backstreet Boy Singer Nick Carter Proposes to Girlfriend Lauren Kitt](#)

3. Check up on who is and isn't coming: Don't assume all the people you sent invitations to are going to attend your wedding nuptials. Include on the invitation a R.S.V.P line as this will let them know they need to reply if they're going to attend so you can plan accordingly. Ask them to send back their reply on whether they can make it by the "Reply by" date. If certain guests don't reply by your set deadline, check up on it by contacting them to confirm because maybe the invitation could have gotten lost in the mail or they forgot. Remember though, sometimes no matter how much you hope and try to pick a date that can work for everyone you plan to invite it's just not possible, so don't be too bummed out if certain people can't make it and focus on the ones that can.

What do you think couples should consider around the timing of their wedding? Share your tips below.

Rosie O'Donnell Says Health Scare Brought Her Closer to Wife





By Louisa Gonzales

Rosie O' Donnell and her wife, Michelle Rounds both may have recently experienced health scares back in 2012, but fast forward to now and they are both better than ever, and so is their relationship. UsMagazine.com reports that the scary turn of events surrounding Rounds' health scare brought O'Donnell and her partner closer together. O'Donnell and her lover were to have a big wedding on August 17 out in Long Island, where O'Donnell grew up, but it had to be postponed because it was around the time Rounds got sick. Rounds was diagnosed with Desmoid tumors, which is a rare cancer disease. However, it didn't stop the two from tying the knot as they said their "I do's" at a private and intimate ceremony in their own apartment home.

How do you cope with a health scare in your relationship?

Cupid's Advice:

When someone you love and care about gets sick, your first instinct is to take care of them, sometimes it's easier to do

so than other times. When something as serious as an illness or possible sickness comes across in your relationship it can either strengthen it or weaken it. How can you make sure you and your partner get through something as dramatic as that? Cupid has advice on ways to cope with a health scare in your relationship:

1. Be there for them: The best way to help someone through a difficult time is to simply be there for them. Offer your support and help in any way you can. Everyone copes with stressful and difficult things and times differently, but if your partner is the one experiencing a rough patch it's good to let them they're not alone. Letting your lover know you are in it for the good and bad times and willing to face them together can only make your relationship stronger and bring you closer.

Related: [Rosie O'Donnell Is Engaged to Michelle Rounds](#)

2. Focus on the positive: Think about all the positive things in your lives and forget about the negative for a bit. If you keep thinking about the bad things it can only make things worse for both you and your relationship with your romantic mate. Being stressed out all the time over something you can't control is not healthy and is not the key to happiness. Nothing is certain in this life, but we can only do the best we can to make everyday as fun and enjoyable as possible. Remember all the good times you shared together and think about all the great future moments you have yet to experience.

Related: ['Never Have I Ever' Author Katie Heaney Says Love Should Be "a Supplement to a Full Life"](#)

3. Participate in things that make you both happy: Take both your minds off the difficult and dramatic events, such as a health scare, by doing something together that makes you both happy. Celebrate the fact you both survived the "scare", that you're alive and made it through together. Whether you go on a

romantic trip, or get hitched, or spend a lovely evening at your home, make it memorable. No one knows when their last moments are, so cherish the times you have now.

What do you think are the best ways to handle health scares in your relationship? Share your tips below.

Lauren Conrad Celebrates Hoe-Down Birthday Party with Fiancé



By Louisa Gonzales

Engaged couple Lauren Conrad and her fiancé William Tell celebrate their birthdays in a joint bash! [People](#) magazine reports the party took place at night at Rivera 31 at the Sofitel hotel in Los Angeles. Multiple family members and friends of the lovebirds attended the hoe-down themed party, including some of Conrad's former costars from her reality TV days, such as Stephanie Pratt and Lexie Contursi. The couple and guests went all out for the themed party, with everyone wearing mostly flannels and denim. The party itself was decorated with haystacks, blow-up ponies and wagon wheels, which took place on the outdoor patio, privately reserved by the lovers.

What are some ways to make your partner's birthday special?

Cupid's Advice:

Your lovebird's birthday is coming up and you want to make it one of the best yet. How can you show your lover just how much you care and know them on their birthday? Cupid has some advice on some ways to make your partner's birthday special:

1. Pick something specific to do: Whether you want to throw a party or go somewhere, narrow down exactly what you want to do, it will make things easier when planning. Try doing something your partner has always wanted to do, but never had a chance to do it yet, or pick and plan to do something that has to do with your lovers interest. Doing something your lovebird mentioned they wanted to do or enjoy doing, will show that you listen and pay attention to their needs and wants.

Related: [Former 'Hills' Star Lauren Conrad Is Engaged](#)

2. Do something unexpected: Want to make your significant others birthday truly memorable, try to do something surprising and unusual. Some of our most exciting days is when something unexpected happens. Doing something you don't do very often, such as taking your honey away on a specific

destination, Paris or fishing, or bringing them breakfast in bed or cooking for them will surprise them in the best ways. Whatever you plan to do, keep it hush-hush, it will sweep your sweetheart away when you finally unmask your plans for them on their special day.

Related: [Ben Affleck Says Wife Jennifer Garner Is 'the Most Important Person to Me'](#)

3. Celebrate them: Your better half birthday should be all about them and sometimes that means sacrificing your own needs and wants to make them happy. Let's say your lovebug likes doing something, but you don't, in fact you hate it with a fiery passion. Showcase how smitten you are by sacrificing one day to do something with you partner you normally wouldn't want to, it is not going to kill you. Besides nothing shows true love like doing something just because your soulmate loves it.

How would make your significant other's birthday special? Share your tips below.

Marc Anthony and Girlfriend Chloe Green Split





By April Littleton

After a year of dating, Marc Anthony and Chloe Green have called it quits. "They are taking a break. It is because of busy schedules," an insider told UsMagazine.com. The couple were last seen together Jan. 26 when they attended the 2014 Grammy Awards in Los Angeles.

How do you balance busy work schedules with your relationship?

Cupid's Advice:

A relationship can struggle a bit when there's hectic work schedules involved. Some couples find it difficult to find the perfect balance between their careers and their love lives. Don't worry, Cupid has some tips:

1. Make time: Make any free time you have worthwhile for your partner. A relationship is hard work – especially when the two people involved have hectic careers. The time you do share together will be precious and rare, so make the most of it.

Related: [Heidi Klum and Bodyguard Boyfriend Martin Kirsten](#)

[Split](#)

2. Get your priorities together: Your career is important and should be at the top of your list, but just keep in mind that you have other things you should be worried about as well. You have family and friends who still depend on you, and every now and then you need to find a way to show them you still care.

Related: [Kelly Osbourne and Matthew Mosshart End Engagement](#)

3. Take it easy: Don't let the pressures of your everyday life take over. Think about your loved ones and don't let stress into your life. You don't need to stop working completely in order to have a successful personal life, but you do need to remind yourself why you're working so hard in the first place. Enjoy the the little moments and make sure your family knows you love them.

What are some other ways to balance work schedules with your relationship? Comment below.

‘Bachelorette’ Alum DeAnna Pappas Welcomes a Baby Girl





By Louisa Gonzales

Congratulations to the happy couple, 'Bachelorette' alum DeAnna Pappas and her hubby, Stephen Stagliano for the birth of their first child together! According to UsMagazine.com, the news of their baby girl being brought into the world was announced to the world via Twitter on Saturday, February 8th. Proud papa, Stagliano, was delighted in the welcoming of their daughter to the world, expressing in his tweet how he now has "two loves in his life!". He also thanked all his fans for all the support and love. Pappas, 32, showed her gratitude also and retweeted the message.

What are some ways you can support your partner through pregnancy?

Cupid's Advice:

Pregnancy is one of the many wonders of this world and is a special time for a couple to experience. Finding out you're pregnant can be exciting, exhilarating, and nerve-wracking. For a lot of couples, it's the start of a new

chapter. Cupid has advice on ways you can support your partner through pregnancy:

1. Go with your partner to prenatal doctor appointments: Both you and your partner are soon to be parents, even though only the mother is carrying the child. Show your support and let them know you are in it together, by going with your lover to their prenatal doctor visits and check ups. Experiencing pregnancy things such as finding out the baby's gender, listening to their heartbeat can be a great memory to share as a couple as well as a family. Going to the doctor's can be scary and stressful, being able to hold your lovers hand and show your love is helpful to both the mother's and the babies health as it can help keep her calm, happy and stress-free.

Related: [Former 'Bachelorette' DeAnna Pappas Stagliano Is Pregnant](#)

2. Attend birthing classes and do research together: Signing up and going to pregnancy related classes together shows your lovebird you care and that you'll be there throughout the entire process. Many changes come with being pregnant and being prepared can help with transitioning into this new chapter of your lives. This means reading and researching on what being pregnant means, what you should do to be ready and how to make it as smooth sailings as possible. It's good to do things as a couple still because it shows the other you love them and they're not alone.

Related: ['The Fosters' star Sherri Saum is Expecting Twin Boys](#)

3. Make sure the mother to be is as healthy as she can be: This means eating right, exercising, and keeping her away from anything that can be harmful to both her and the baby. This includes things like stress, which can weaken the immune system. Keeping the mother happy can keep her healthy and the baby. Help her stay healthy by doing it together. For example, both of you can change your diets and exercise together, you

doing it too will make it easier for the expectant mother. Also, make sure your honey gets enough sleep and stays away from harmful substances such as alcohol. If you want your baby to be born healthy you both have to put in the effort.

What do you think are good ways to show support towards your lover during pregnancy? Share your tips below.

Blogger Perez Hilton Talks About Being a Single Celebrity Parent, Online Dating, and His Recent Move to New York





Interview by [Lori Bizzoco](#). Video by Damian Kolodiy.

At the Match.com Singles in America event, CupidsPulse.com Executive Editor Lori Bizzoco talked to panelist and blogger Perez Hilton about online dating and life in New York City with his sweet son, Mario.

Celebrity Video Interview with Perez Hilton

As for why he was on the panel at Saturday's event, the celebrity gossip columnist reveals, "I'm here to talk about my experiences – I'm on Match and many other sites. I think it's fun to offer my perspective, which may be different from the other panelists because I'm a gay man and a personality."

Related Link: ['Millionaire Matchmaker' Patti Stanger Talks Online Dating and Finding The One](#)

In our celebrity video interview, the blogger lights up when the subject turned to his son. "He loves New York! We do so much here," he shares. "I think raising a child in New York

City is the best because there's so much to do and it's so easy to do so much."

Of course, having a child changed Hilton's dating life, but he doesn't like to use the word "difficult" when it comes to finding love. "It definitely presents challenges that a single person wouldn't face. Like I choose not to bring guys back to my place. You gotta work around it! Do what you got to do."

Right now, though, the single celebrity parent's priority is Mario's first birthday on Feb. 17. He shares that the father-and-son duo will be celebrating with a blessings ceremony. "I'm inviting all my close friends and family to come over and write down little blessings on a sheet of paper," he explains in our celebrity video interview. "I'm trying to get some spiritual folks – maybe a rabbi and a priest, maybe a monk – to share some words and blessings as well."

Visit PerezHilton.com for more from the celebrity gossip columnist.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Wedding Planner Kevin Lee Says, "I Think Famous Brides Are More Humble Than Everyday Brides"



By Maria Darbenzio

Kevin Lee, owner and founder of LA Premier, has been taking the floral and event planning business to the next level for years. As his company has grown over the past two decades, he has become one of the most sought-after event planners in the Beverly Hills area. His portfolio includes many of the hottest A-list celebrities (including [Jennifer Aniston](#), Christina Aguilera, and Drew Barrymore), and his work has been featured at some of the most prestigious award shows.

Exclusive Celebrity Interview with Kevin Lee

The saying “you need to love what you do in order to be happy” rings very true for Lee. “To me, working with the flowers and planning weddings is my life – I get to create so much,” he

says in our exclusive celebrity interview. “My clients get the freshest flowers, and I love making beautiful masterpieces for them. Every design is a one-of-a-kind organic touch, and I love the fact that it’s such a creative career.” His passion for his job radiates from him, and his bliss is contagious.

Related Link: [Kim Kardashian and Kanye West Visit Paris: Wedding Plans?](#)

When it comes to planning elegant [celebrity weddings](#), the event planner has put together his fair share of big days for his star clientele. You may have seen him featured on reality TV shows like *Brides of Beverly Hills* and *The Real Housewives of Beverly Hills*. In order to work alongside these stars, he had to set himself apart from others in the industry. “If you want to prove yourself, you need to stand out, which I was fortunately able to do,” Lee explains. “I get to be unique and creative and use my artistic vision. A lot of jobs don’t let you do that these days.”

It’s no surprise that what you see on television is what you get in real life. “I’m confident and creative, and that carries over on or off the camera. I’m not afraid to do anything unnatural,” Lee candidly shares in our celebrity interview. “Whether I’m on *The Real Housewives of Beverly Hills* or getting together with friends, I’m still the same person.”

Celebrity Wedding Planner Shares Love Advice

When it comes to wedding planning, the florist believes the same love advice applies to celebrities and non-celebrities alike. “It doesn’t make a difference,” he explains. “Everyone is looking for something special and unique because it’s her special day and a once-in-a-lifetime experience.”

Related Link: [Send a Beautiful Valentine's Day Bouquet with BloomNation](#)

Of course, there is still one notable distinction – and it's a surprising one. "I actually think famous brides are more humble than the everyday bride. Celebrities already stand out every day, while the ordinary bride isn't necessarily used to so much attention. It's their one day to feel like a celebrity."

For Lee, it's hard to choose a favorite wedding that he has planned. However, his fondest memory was opening in Toronto for the Bridal Show of Canada. A crowd of 45,000 people came out to make it the most memorable experience of his career.

Planning a wedding on your own can be full of long days and sleepless nights, but hiring an event planner can lead to a large price tag. Not everyone can afford a private coordinator to help them along the way, but there are options available for those who can't. "Ask a hotel wedding coordinator to help you out. They'll make a big difference," Lee advises couples with a tight budget.

As we all know, flowers are a huge part of every wedding, and there are two types that Lee believes a bride should avoid: pom-poms and mums. "I'm into elegant flowers, and they don't stand out to me as elegant." On the other end, Lee says hydrangeas are his go-to flower and that white is always in.

Related Link: [How to Make Your Lady Feel Special on Valentine's Day](#)

With Valentine's Day quickly approaching, flowers are on everyone's mind right now. So does this famed florist think a bouquet of roses is too cliché for the romantic holiday? "Any time you think of Valentine's Day, you think of roses – they're very symbolic," he shares. "It's a day of someone remembering you. I love how some things never change; tradition never goes out of style. Roses are just like

diamonds – diamonds are forever, and they never lose their popularity.”

Recently, Lee and his company teamed up with BloomNation, a unique marketplace for floral arrangements. “There are many services out there, but some of them don’t alter themselves to keep up with the era,” he says of the partnership. “BloomNation lets us use our creativity and artistic touches to make each arrangement different. It reminds us why we love doing what we do, and it lets us show each of our unique and personal touches as florists.”

To learn more about Lee, visit his LAPremier.com. Be sure to check out his arrangements available on www.bloomnation.com/ too!

Celebrity Video Interview: ‘Millionaire Matchmaker’ Star Patti Stanger on How a Relationship and Love Changed Her: “I’m Much More Relaxed”





Interview by [Lori Bizzoco](#). Video by Damian Kolodiy.

This past Saturday, CupidsPulse.com Executive Editor Lori Bizzoco and *Millionaire Matchmaker* reality TV star Patti Stanger caught up at Match.com's Singles in America 2014 event where Stanger moderated a panel discussion with four sex and dating experts, including Celebrity Blogger Perez Hilton, Leading Sex Expert Dr. Emily Morse, *Cosmopolitan's* Sex and Relationship Editor Anna Breslaw, and Chief Scientific Advisor for Match.com Dr. Helen Fisher. Prior to the event, we had the opportunity to sit down with the matchmaker, and in our celebrity video interview, we chat with her about online dating, her own personal love story, and her best dating advice for meeting The One.

Related Link: [Patti Stanger on Celebrity Relationships and Love in NYC](#)

Celebrity Video Interview with

Patti Stanger

"I love Match.com! I'm the girl who dates online," the reality TV star candidly shares. "This is the way to meet singles. 18 or 80, it doesn't matter. We just need the tools and the ammunition to do it."

As for how finding love with fiancé David Krause has changed her? "I'm much more relaxed. I love nesting; I love staying home."

Watch our celebrity video interview above for more information.

Tune in for The Millionaire Matchmaker on Bravo on Thursdays at 9/8c, and check out Stanger's line of jewelry at Shop by Bravo!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

'The Fosters' star Sherri Saum is Expecting Twin Boys





By April Littleton

During the Television Critics Association press tour, Sherri Saum told [People](#) that she is expecting twin boys with her husband Kamar de los Reyes. The couple are “kicking around some names,” but won’t reveal anything until the babies are born. “I just want to meet them first and see if the ones we’re thinking of match them. We’ll see!” the mom-to-be said.

How do you prepare your family for twins?

Cupid’s Advice:

The arrival of one new baby is hard to deal with, but imagine having to prepare for two newborns at the same time. Don’t overwhelm yourself with the thought of having to raise two babies – it won’t be as difficult as it seems if you prepare yourself now. Cupid is here to help:

1. Double trouble: Twins require twice as much love and affection. You’ll also need to stock up on double the necessary equipment. Two cribs, two strollers, twice as many diapers, etc. Brace yourself for the amount of money you’ll

have to spend in order to take care of your new family. Being responsible for two new lives instead of one won't be an easy task, but it'll all be worth it once you see their faces.

Related: [Evelyn Lozada is Expecting a Son](#)

2. Mental prep: You and your partner will need to emotionally prepare yourself for what's to come. Both of you will need to be extremely hands on. Don't expect to get any sleep for awhile. You will spend hours feeding TWO babies, changing TWO diapers, etc. You'll be exhausted, but if you ready yourself now, you and your significant other should handle the pressure with ease after awhile. Read some pregnancy books and/or take a few birthing classes to help with the process.

Related: [Hugh Grant Fathers Third Love Child with Swedish TV Producer](#)

3. Get others involved: During the first few weeks of your newborns' lives, you'll need as many additional hands as you can get. Ask your family and close friends to help you and your honey out for while – at least until you get into a routine you can handle on your own.

**What are some other ways to prepare your family for twins?
Comment below.**

Exclusive Celebrity Interview: 'The Bachelorette' Star Desiree Hartsock Says

Confidence is Key to Finding Mr. Right



Interview by [Whitney Johnson](#). Written by Elizabeth Kim.

Fans were overjoyed when Desiree Hartsock, who finished as fourth runner-up on Sean Lowe's season of *The Bachelor*, was named the next *Bachelorette*. The bubbly brunette captured our hearts even more as we watched her search for true love. It was a gift from Chris Siegfried – a journal filled with a heartfelt message to her and poetry he had written – that ultimately convinced her that she had found Mr. Right. Following his moving proposal in Antigua, the couple moved in together in Seattle, Washington, and are enjoying life since their celebrity engagement.

Related Link: [Desiree Hartsock Says 'Love Can Be Unpredictable'](#)

Reality TV Star Discusses Life Since *The Bachelorette*

In our exclusive celebrity interview, the reality TV star happily admits that there haven't been any rude awakenings and attributes their success so far to good communication. "From our time getting to know each other on the show as well as seeing each other while the show was airing, we had a great idea of what it would be like living together," she explains. "We work well together because we already disclosed all of our little quirks."

They're also lucky enough to live close to *Bachelor* alums Jason and Molly Mesnick. "They have been so great to us, and it's nice to share a common bond," she says of the celebrity couple. "We'll get together with them whenever possible for dinner or even just to hang at their house with Riley, their adorable baby girl."

Although Hartsock may be best known for her role on *The Bachelorette*, she's also an accomplished designer. While working toward a degree in fashion design, she fell in love with the bridal industry and eventually worked as a stylist in various bridal salons. She also worked for a plus-size women's contemporary brand that gave her the experience and appreciation of designing clothes that flattered all shapes. She even designed and created the dress she wore to fellow *Bachelor* stars Lowe and Catherine Giudici's wedding.

Related Link: [Sean Lowe and Catherine Giudici's Wedding](#)

After devoting so much of her life to the bridal industry, some may think that Hartsock feels pressured to have the ultimate celebrity wedding. But true to her easygoing nature,

she isn't stressing over every detail. With an engagement party coming up in a few weeks, the famous couple are in the beginning stages of planning their nuptials. "We are working on setting a date," she shares in our exclusive celebrity interview. And lucky for fans, she adds, "We're open to having it televised and still planning for the fall." As if the prospect of a televised wedding wasn't daunting enough, she also plans to design both her wedding *and* reception dresses.

The former *Bachelorette* is working with award-winning designer Maggie Sottero to help her visions come to life. "I have worked with many designers in the past and found that Maggie Sottero is the most sought-after designer because of the company's commitment to ensuring a bride's happiness as well as providing the best fit possible." She coyly adds that, while she doesn't want to give too many details away, one thing is for sure: "Both dresses will reflect my personality in different ways. I love to dance and be comfortable, so my reception gown will cater to that, while the ceremony gown will be more romantic."

Desiree Hartsock Gives Love Advice

Given her reality TV past, she knows what Juan Pablo Galavis, who competed for Hartsock's heart, and the current season's *Bachelor* hopefuls are experiencing. Of the remaining ladies, she says, "There is definitely chemistry with Nikki, Andi, and Renee as well as with Clare. I don't like to choose favorites, but I do like Renee's demeanor and personality." No matter who Galavis picks, Hartsock advises the women to focus on their potential future with Galavis rather than worry about the other girls.

Related Link: [Why Confidence is So Important in Dating](#)

It certainly takes a level of self-assurance to be vulnerable in front of millions of viewers, but Hartsock believes that confidence is key to finding love on *or* off the screen. "My

love advice is to know your self-worth and what you deserve, to be confident in who you are, to let him pursue you, to be independent and not desperate, and to be yourself.”

With such a dismal track record, past stars of *The Bachelor* and *The Bachelorette* may also want to heed the designer’s advice for dealing with broken hearts. “The way that I have always gotten over break-ups is knowing that things happen for a reason, and no matter the circumstance, there is always something more or better to come,” she says. “Although it can be really tough to do, it’s important to hold on to the hope that there is someone out there who will be everything you deserve and more and to not dwell in the hurt or past, but keep pushing forward with each new day.”

To learn more about Desiree visit her website, www.desireehartsock.com/. The Bachelor airs on Monday nights on ABC at 8 p.m. ET!

Former ‘Brothers & Sisters’ Star Sarah Jane Morris Welcomes a Baby Girl





By Brittany Stubbs

Bring on the pink decor, Ned Brower and Sarah Jane Morris are officially parents of a beautiful daughter! “Happy to share the good news that I am officially done being [pregnant and] am now mother to little GIRL, Beau Katherine, who was born on [Saturday, Feb.1],” [People](#) reports the actress tweeted this Tuesday. “In LOVE!” The former *Brothers & Sisters* star and her drummer husband also share a son, Emmett Andrew, who turned 4 this January.

What are some ways you can support your pregnant partner?

Cupid's Advice:

It's important to support your pregnant partner in any way that you can, as she is carrying your child for a grueling 9 months. Cupid has some advice:

1. Participation: Supporting your partner is all about making them feel like they're not alone. You can show your commitment by staying involved through out the pregnancy process. Attending doctor appointments, participating in the planning,

and accompanying her on the shopping trips are little ways to show that though you're not the one physically carrying the baby, you're just as committed and involved as she is.

Related: [Kristin Cavallari Shows Off Baby Bump #2](#)

2. Sacrifice: Although being pregnant is truly a blessing, it is one that involves sacrifices as well. Not only does a mother endure the obvious physical ones, but mental, emotional, and social sacrifices often occur as well. You can show your support by making some of the same sacrifices she does. Whether this be cutting back on the bar scenes, skipping the bottle of wine with dinner, or avoiding your favorite sushi restaurant, you will show your support by allowing those certain aspects in your life to change as well.

Related: [Kevin and Danielle Jonas Welcomes a Baby Girl](#)

3. Acknowledge: Although you cannot change some of the less-glamorous parts of pregnancy, sometimes just acknowledging what she is going through makes a difference. Make her aware that her struggles and sacrifices are not going unnoticed or being taken for granted.

What are some ways you have supported someone pregnant? Share your experiences below.

Lea Michele Says Cory Monteith Is 'Watching Everything I'm Doing'



By Brittany Stubbs

Although Cory Monteith passed away last July, Lea Michele is feeling his presence now more than ever before. Michele is getting ready to release her debut album, *Louder*, which is full of reminders of the love her and her costar/real-life boyfriend shared, UsMagazine.com reveals. “I somehow feel the insane love Cory and I had for each other morphed into this strength that I have right now,” the “Cannonball” singer explains. “There’s just something about knowing he’s watching everything I’m doing and feeling like I have to do everything now not just for me but for him. I also have a safety net below me – if I fall or if it’s too much, my friends and family will be there to catch me.”

What are some ways to cope with the loss of your partner?

Cupid's Advice:

Losing a partner is one of the hardest things in life with which to cope. Cupid has some tips:

1. Surround yourself with loved ones: This seems obvious, but after losing the love of your life, you might be tempted to crawl in a hole and shut everybody out. But the truth is, you need your family and friends around you now. Consider staying having someone stay with you or staying with somebody else for a little bit.

Related: [Source Says Lea Michele 'Talks about Cory All the Time'](#)

2. Accept the loss: People often have trouble facing and accepting the loss of someone they were so in love with; it's not uncommon for someone to want to be in denial after such a tragedy. But this will only prolong the pain and make it harder to move on from down the road. Allow yourself to go through the grieving period.

Related: [Sources Say Cory Monteith Was Planning a Surprise for Lea Michele](#)

3. Continue your routines: Eventually, you have to allow your life to slowly begin returning to the way it was. Granted, it's going to be extremely different now, but you have to allow yourself to get back in the swing of things to move on. Focus on those little routines you had, whether going to the gym every morning, going grocery shopping at night, etc. Continuing these small tasks will help you feel like things are getting back to normal.

What are some ways to cope with the loss of your partner? Share your thoughts below.

Heidi Klum and Ex Martin Kirsten Step Out Post-Breakup



By Brittany Stubbs

Heidi Klum and Martin Kirsten may not be dating anymore, but they aren't acting like enemies or strangers. The former couple were spotted leaving a building in L.A.'s Brentwood neighborhood just eight days after a source confirmed to UsMagazine.com that they were broken up. Though looking casual, neither of them spoke as they returned to their separate vehicles. After dating more than a year, the insider claims, "He is no longer working with her or her family."

What are some things to consider before remaining friends post-breakup?

Cupid's Advice:

If you try to remain friends after a breakup, things can get complicated. Cupid has some advice:

1. The terms you ended on: How you leave a relationship usually has some influence on whether you're able to move on as friends or not. Evaluate the reasons for your separation. If your breakup was amicable and neither of you left with hard feelings, then having a friendship may be easy. But in messy and complicated breakups, salvaging anything for a while can be more difficult.

Related: [Celebrity Tattered Hearts](#)

2. Timing: The length of time that has past since you've broken up is certainly worth considering. Even if you ended on great terms, it's important you both have some space from each other in order to not only heal from the breakup, but adjust to be single again. Jumping into a friendship directly after a breakup often results in people just continuing with the behaviors and habits they had as a couple.

Related: [Heidi Kulm and Bodyguard boyfriend breakup](#)

3. Your Feelings: As always, your emotions are the most important part to consider when determining what you're capable of. If you're still not over your ex or the relationship you shared, this is a sign you need to hold off on beginning a friendship. You can't build a new relationship on the foundation of a broken heart.

What are some things you've considered before remaining friends with an ex?

LeAnn Rimes and Eddie Cibrian Vacation in Hawaii



By Louisa Gonzales

LeAnn Rimes and Eddie Cibrian have some fun in the sun vacationing in Hawaii. Rimes, 31, showed off her amazing and strikingly fit body while prancing around the beach and ocean with her hubby on Super Bowl Sunday, February 2nd. According to UsMagazine.com the singing starlet and her lover left to Honolulu on February 1st, based off a tweet she posted that night. The next day Rimes, posted a “lovey dovey” picture of herself in the embrace of her husband on the beach, looking relaxed and all smiles.

How can travel help keep the spark alive in your relationship?

Cupid's Advice:

After you have been a relationship for a long time, things can start feel a little stale or boring. This is especially common after couples have set up a routine and are comfortable it, but a passionate relationship needs more than that to keep things interesting. To help keep the spark alive in your relationship, try traveling. Cupid shares some advice on how it could be beneficial to keeping your romance strong:

1. It can be a new adventure: Going some place where you both have never been or have wanted to go to, could be a fun trip to experience together. Planning the trip and figuring out where you want to go can be part of the adventure and excitement. Maybe going on your dream vacation and getting away, and shaking up your normal routine can be just what your relationship needed to keep the flames going. Keeping things fresh while you're dating, means trying something new and keeping your romantic mate on their toes.

Related: [LeAnn Rimes and Eddie Cibrian Dodge Pregnancy Rumors](#)

2. It can give you some much needed alone time together: Finding time to spend alone together can be difficult. Sometimes life keeps you both busy and a part because of certain things going on in your life, whether it's your jobs, children, etc., it can be hard to squeeze in time to spend with your beau. Going on vacation can give you a break from everything and give you the alone time you have been craving. Couples need some private time, because it's good to focus on just your relationship and what you need to keep the passion alive.

Related: [Scarlett Johansson and New Beau Nate Naylor Vacation in Hawaii](#)

3. It can bring back the laughter and excitement in your relationship: After you have settled into a relationship for a while things like stress can plague the both of you with

worry, because things change and maybe your relationship isn't what it use to be when you first got together. Try going on vacation and you can leave all your issues about your normal life behind and instead focus on each other, letting loose, being happy and having an amazing time. There's so much you can do and places to see on your trip you won't have time to focus on all your problems.

Do you think going on vacation can help keep the spark in your relationship alive? Share your thoughts below.

Can You Really Find Love on 'The Bachelor'?





By [Marni Battista](#)

The reason for our culture's collective obsession with *The Bachelor* franchise is obvious. What single, soul mate-seeking dater wouldn't dream of being presented with 25 gorgeous single men or women and a period of 6 weeks to strategically whittle down that group to a proposal at the end? The all-expenses-paid fairytale dates, exotic destinations, and expensive sports cars probably don't hurt either.

The conducive environment of 'The Bachelor' makes finding relationships and love seem like a breeze. But the real question is, are the happy celebrity couples really as in love as they look?

But underneath the fluffy fanfare that leaves us hopeless romantics watching at home with hearts a-fluttering, at the

show's core is a promise of two people finding everlasting relationships and love. After all, the show has resulted in a few happy marriages, with last month's nuptials of happy celebrity couple Sean Lowe and Catherine Giudici from *The Bachelor* and *The Bachelorette* Season 1 couple Trista and Ryan Sutter's ten-year vow renewal.

Related Link: [‘The Bachelor’ Stars Sean Lowe and Catherine Giudici Are Married](#)

However, in an environment so unrealistic and clouded with so many distracting factors, I can't be convinced *The Bachelor* process is conducive to building the foundation for lasting relationships and love. Do I think it's possible to fall in love on the show? Taking into account the myriad of other ways couples meet these days, sure. Still, I think the success stories are the exception rather than the rule, and here's why:

1. The Isolation: Before they even meet the star of the season, the 25 contestants who make it through the arduous casting process are then sequestered in a Los Angeles mansion for the remainder of the process. At the beginning of any relationship, I advise daters to make space in their schedule to reflect and allow true feelings to come to the surface. With no escape from this microcosm and no contact with anyone other than the bachelor, crew, and other contestants to distract you, it's easy for the show to become your world, distorting your judgment and emotions.

2. The Game: As much as the creators would like you to think that the show allows one lucky man or woman to naturally select a lifelong partner, it's simply impossible for one person to get an accurate impression of 25 different people's personalities in one night. From the get-go, the show becomes a strategic game where the more extroverted contestants come out on top and those who take a little bit longer to open up often get shafted without a fair shot. Even the contestants

who make it past the first couple of rounds of elimination still have to be pretty brazen to stay on the guy's (and camera's) radar, and as a result, many of them get caught up in the competition while losing sight of their true purpose.

Related Link: [How to Listen to Your Heart and Take Back Control of Your Love Life](#)

3. The Entertainment: Ultimately, the show's creators prioritize entertainment value over all else. That means there's a whole other slew of factors that make this dating game less natural and more complicated. The over-the-top dates to exotic locales with private performances by the latest up-and-coming country artist may be fun for the viewer to watch, but it distracts the two people from truly getting to know one another. I mean, who wouldn't fall in love with someone in a rose petal-dotted hot tub overlooking the mountains of Thailand while Josh Groban serenades them softly in the background?

The show's creator, Mike Fleiss, has also openly admitted that they make sure to stock at least half the cast with potential villains or loose screws because they know their audience wants to see drama more than they want to see a proposal. So before the show even begins, cattier girls are selected over more compatible mates, and those stroking the drama are kept around longer than they should be.

To put it simply, any situation that brings people together that normally wouldn't meet carries with it the possibility of true love. But considering the numerous reality-distorting factors involved in *The Bachelor*, I'd steer you toward taking your chances in the real world.

[*Marni Battista*](#), founder of *Dating with Dignity*, is an expert dating and life coach with a 10-step system to manifesting love for your self and others.

Rekindled Flame: Jessica Szohr and Aaron Rodgers



By Louisa Gonzales

Former lovebirds Jessica Szohr and Aaron Rodgers seem to have rekindled their flames. The duo dated back in 2011 for a short amount of time before breaking up because of their crazy work schedules and not having enough time to see each other. UsMagazine.com sources confirm the lovers got back together over the holidays after they started spending more time together again. Szohr, 28, and Rodgers, 30, were recently spotted arriving hand in hand at the *That Awkward Moment* film party at Lucky Strike L.A. Live bowling alley, according to

eyewitnesses.

The pair was joined by Taylor Swift, who Szohr became friends with after being featured in one of Swift's videos, "22". During the evening Szohr not only squeezed in moments with her date, but some girl time as well as insiders say they overheard Swift dishing out relationship advice to Szohr in the lady's room.

What are some things to consider before getting back together with an ex?

Cupid's Advice:

Breaking up is hard. People break up for many reasons, maybe you drifted apart, or the timing wasn't right, or you realized you just didn't click "that way". The only thing harder than learning to let someone go is figuring out if you want to give them a second chance. Cupid has some advice on some things you should consider before rekindling your flame with an ex:

1. Figure out why you broke up in the first place: Really think about the reasons you broke up the first time around.

No matter what the reason was behind your breakup ask yourself if you can either forgive or live with them. If you decide you do want a second chance at a relationship there's no guarantee the things that happened before, won't happen again.

Related: [Five Ways to Let Him Down Without Hurting His Feelings](#)

2. Why do you want to get back together: Make sure the reasons why you want to reunite are your own. If the reason you want to get back together is only because your ex lover is pressuring you, or you feel bad, or if you're considering it because of your family, the relationship will most like be doomed to fail again. No matter how noble your intentions are

don't get back in relationship with someone for the wrong reasons only do it if it is truly what you want.

Related: [J.K. Rowling Says Harry Potter Should Have Ended Up with Hermione](#)

3. Take a look back at your relationship as a whole: Reflect on the entirety of your relationship between you and your ex lovebird. Think about all the things that worked and didn't work between the two of you. Make a list of the pros and cons and then once you've finished see which side has more. After you have completed analyzing and making your lists about all the things that made you a couple, you will have a clearer understanding of what you want and what final decision you should make.

Have you ever given an ex a second chance before and if so why? Share your answers below.

J.K. Rowling Says Harry Potter Should Have Ended Up with Hermione





By Louisa Gonzales

J.K. Rowling drops a bomb into the *Harry Potter* fandom. How did she bring about this chaos and confusion? She did so by saying, Harry and Hermione would have made a “better match” instead of her and Ron. According to UsMagazine.com she revealed this information in an interview held by Emma Watson, who plays Hermione in the block buster franchise, for *The Sunday Times*. She was also quoted in saying Ron and Hermione were sort of “wish-fulfillment” for her and the reasons behind them ending up together have more to do with her following through with the plan she had in the beginning than with the real “literature”. Rowling went on to acknowledge the fact, this revelation might upset some fans, but was quick to apologize and then admitted she just wanted to be honest.

How do you choose between two potential partners?

Cupid's Advice:

Sometimes love comes expectantly and without warning and sometimes it can be hard to find. However, what do you do when

you find two potential good matches for yourself at the same time? Love is tricky and complicated enough as it is, without the added pressure of having to choose between two potential mates vying for your affections. Dating one person is hard enough, but imagine dating two it is bound to be more difficult. If you are with two people at the same time and having a hard time deciding who you want more, cupid has some advice on how to go about choosing between two potential partners.

1. Think about who you have more in common with: We all like people for different reasons, but finding potential lovers who you have common ground with is key to building a long-lasting relationship. While deciding who you want to be with ask yourself, who do you get a long with more? If you find yourself clashing with one potential love interest more than the other it is probably because you have more things in common with the one you have less arguments with. While opposites do sometimes attract, studies have shown couples who have more common interests have healthier relationships.

Related: [Emma Watson's Boyfriend's 'Second Family' Is 'Thrilled' They're Dating](#)

2. Decide which one is more real: Of course your relationship with both people are real, but who do you have a deeper connection with? Ask yourself if the reason you are with your sweethearts and want to be with them is because you truly love them and are not just infatuated. Love is about more than just being physically attracted to each other, there has to be an emotional connection as well. Decide who you want by your side during the good and bad times. Someone is bound to get hurt no matter what you decide, but it is better to set someone free before things get too deep.

Related: ['Millionaire Matchmaker' Star Marisa Saks Says Listening Is Key](#)

3. Remember nothings ever perfect: No matter who you decide to date, no relationship is ever easy all the time. There are going to be things you don't like about your significant other, but love is about accepting who they are, the good and the bad. Examine your priorities and what you want in a relationship to help decide who is the better match at this point in your life. Also, if neither of your potential lovebirds are doing it for you or you later realize they're not what you want, don't be afraid to let both of them go. The final choice of what you want and who you want is up to you, but a choice has to be made.

How do you think you should choose between two potential love matches? Share your tips below.