

# Sara Gilbert and Linda Perry Tie the Knot



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), Sara Gilbert and songwriter Linda Perry tied the knot Sunday, March 30. The couple started dating in 2011. The former child star came out as a lesbian in 2010 when she announced she had been in a relationship with TV producer Alison Adler. They split a year later. Gilbert can be seen on *The Talk*, which airs at 2 p.m. on CBS.

**What are some ways to plan a private wedding ceremony?**

## **Cupid's Advice:**

You're ready to marry the person you love, but you're not sure if you want to make a huge event out of it. Some people prefer a quieter, intimate ceremony. How do you go about planning something smaller without hurting anyone's feelings? Cupid is here to help:

**1. Tell family and close friends:** Only tell your loved ones about your plan to exchange vows. You won't hurt anyone's feelings if you keep details about your upcoming nuptials relatively quiet. Let your family and friends know you won't be changing your mind about the simplicity of your wedding, and you would appreciate it if they kept all ceremony and reception details to themselves.

**Related:** [‘Marry Smart’ Author Susan Patton Says ‘Plan Ahead for Your Wedding’](#)

**2. Location:** Choose a location that would be appropriate for a small wedding. Look at places such as gardens, public parks and farms. If you already have a venue picked out, make sure it's something your partner likes as well.

**Related:** [Leighton Meester and Adam Brody Secretly Marry](#)

**3. Stay off social media:** Don't drop any subtle hints on your Facebook, Instagram or Twitter account. Until you walk down the aisle, it might be best to stay off all social media sites. You might accidentally spill some private information with just a simple "like".

**What are some other ways to plan a private wedding ceremony? Comment below.**

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# Lorde's Boyfriend James Lowe Says He 'Couldn't Be Prouder'





By Sanetra Richards

Lorde and boyfriend James Lowe are making it known that they are on each other's team. Through all of the negative comments and criticism towards their relationship, the 17-year-old singer and 24-year-old photographer have seemed to be unbothered by it all and remained mute – not anymore. According to [UsMagazine.com](http://UsMagazine.com), the pop star's beau posted a blog about dating the "Royals" songstress: "I've written, deleted, re-written, and deleted this post at least five times over the past few months, wondering when would be an appropriate time to start writing again," he says. "Since originally sitting down to write this post, Ella (Lorde) has become a two-time Grammy winner. She has taken home a Brit too," he gushes. "Currently she is on the opposite side of the world on tour. As much as I miss her, I couldn't be prouder of what she has achieved so far."

As mentioned previously, the couple has been exposed to many counts of cyber bullying. Lowe addresses this, saying the negative side is "only a small part" of his world. He continues to say, "There is a bright, shining silver lining to this thing I've been exposed to. I've been able to tell tales of the many amazing people I've met along the way – from fellow photographers, to artists I've always admired and never thought I'd get to meet, let alone have a simple thing like

coffee with.”

## How do you show your appreciation for your partner's accomplishments?

### Cupid's Advice:

Your partner's hard work has paid off and he or she has achieved all of their goals and you want to show him/her that you are beyond **proud** but do not quite know how. Cupid is here to help:

**1. Say it:** One of the simplest ways to let your significant other know you appreciate all of their dedication is to give a verbal compliment. Believe it or not, an “I'm proud of you” actually goes a long way. Boost their ego and confidence a little more and give a reason(s) why you are so proud of them. Maybe even leave a sticky note somewhere expressing your gratitude.

**Related:** [Lauren Conrad Makes Time for Date Night](#)

**2. Share interest:** Listen to your partner's endless stories about their everlasting passions, latest projects, or next big dream and ask questions. Do not be opposed to engaging in conversations about these topics at random times (when you all are out shopping or doing yard work, etc) – it will blow his/her mind that you actually remembered.

**Related:** [Find Out What Romantic Thing Aaron Paul Tells His Wife Every Day](#)

**3. Be a fan:** Let them know they are capable of doing anything. May seem extremely clichéd, but your honey will love every second of it. Everyone needs a support system, be your partner's. Encouraging with enthusiasm is a part of the job!

**What are some other ways to let your partner know their work is appreciated?**

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# 'American Idol' Contestant Majesty Rose: "I Didn't Change Who I Am At All"



By Liz Kim

Twenty-one year old Rochelle York – better known as Majesty Rose – was an early standout on *American Idol*. Her quirkiness charmed fans, and her diverse tastes in music always surprised the judges. “When I picked my songs, I wasn’t really thinking about what America likes; I was thinking about what I like,” she said. “Yes, America was voting for me, but it was really my time to present myself, and so I thought about what made me most happy and most comfortable.”

**Related Link:** [‘American Idol’ Contestant MK Nobilette Talks About Being a Role Model](#)

The singer credits the support of her family for keeping her strong each week and says it was really hard to be away from them. While she formed close bonds with her fellow contestants, she shared, “It’s just hard to be around people you don’t really know that well, so it felt like I was alone. I really needed a heartfelt hug from my family, but I’d call them a lot, and we would pray together before shows.”

Before *Idol*, Rose was living in Goldsboro, North Carolina and working as a preschool teacher at the Goldsboro Family YMCA. She became the pride of her town, and every week, they held viewing parties to cheer for her.

It’s this community that the star is looking forward to most now that’s she done on the *Idol* stage. “I’m really excited to go back home and see my friends and family. I’m going to visit my kids, but I don’t know if I’m going to be a teacher – hopefully, they saved my spot!”

Rose has big plans for her future – but first, she’s ready for some R&R. “I’m glad I’ll have a little downtime to just rest. After the tour, I’d like to do so many things, like being a commercial model,” she explained. “I want to do a lot more music, and I’d also like to do some acting. People tell me that they could see me on Broadway, and I think that would be really fun.” Plus, she wants to continue to be a positive role model for younger girls and spread the message of self-acceptance.

True to her quirky personality, Rose has some unconventional ideas on how her future album will sound. “I think it would be a mix of the acoustic stuff; I really love Coldplay,” she explained. “But there will also be happy music like Janelle Monae. I want it to be really inspiring – you’ll laugh one minute and cry the next because it’ll be a roller coaster.”

For now, thought, she's focused on the summer tour and is looking forward to reuniting with her *Idol* friends. Rose said, "I'm excited to get back with the contestants because I made a lot of close friendships, and we're going to get even closer on the tour; we're going to be like a family." Of course, she didn't forget her Rosebuddies. "I'm excited for my fans to be able to see me again. I'm just so grateful to have all the support from them, and I hope to make more fans."

**Related Link:** [How to Listen to Your Heart](#)

While she may not have won the competition, Rose is very proud of how far she has come. "I learned so much about myself. I learned that I'm a much stronger person than I thought," she said. "I persevered through so much. It's easy for somebody from a small town to change, and that's one thing I can say – I didn't change who I am at all."

Although Rose isn't looking for a romantic relationship right now, she still has a pretty good idea of what she wants. "I would look for somebody who's like me, somebody who's level-headed. I'd like to be with somebody who knows where they are going in life."

*You can catch Rose on the American Idol tour this summer. In the meantime, keep up with her on Twitter @PsMajestyRose.*

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## **Kim Kardashian and Kanye West Look Casually Glam Post-**

# 'Vogue' Cover Reveal



By Sanetra Richards

Kimye is nothing short of fabulous these days. Kim Kardashian and Kanye West were seen looking grand while walking through the LAX airport on Monday, March 24th. The two have been the topic of conversation since revealing their April 2014 *Vogue* cover and spread. The reality star was dressed in form fitting gray jeans, a gray V-neck, a black blazer jacket, and nude pointy toe heels. Her guy, on the other hand, maintained his signature layered style in a dark colored trench coat over a black hoodie, jeans, and gray suede boots.

Fashion seems to run in both of their veins (one of the reasons for their *Vogue* debut). According to [UsMagazine.com](http://UsMagazine.com), photographer Annie Leibovitz was behind the camera for the couple's highly publicized, "top secret" wedding photo shoot. The source added, "Only a very small number of people were told it was happening, and all of them were sworn to secrecy. There are lots of photos of Kim in different kinds of white wedding-like dresses."



## What are some ways to keep your relationship grounded in reality?

**Related Link:** [Kim Kardashian and Kanye West Set a Wedding Date in Paris](#)

### Cupid's Advice:

There's no hiding your emotions when love sweeps you off your feet. You have this glow, and the people around you notice and talk about it (whether good or bad). The love bug's bite also seems to have a side effect of unrealistic fantasizing. So how do you and your partner manage to remain true to yourselves and to each other? Cupid has some tips:

**1. Obtaining humbleness:** There will be numerous compliments on your relationship, but you and your partner must not let it affect you negatively. Often times, compliments are turned into major ego boosters, and the feeling of being invincible overcomes all else. Don't let this happen to your relationship! Remain flattered by the admiration instead of entitled.

**2. Coming to an agreement:** Have frequent conversations with your partner on how your relationship is and should be. Maybe you find yourself constantly envisioning this happy fairy tale and things always going your way, while your significant other sees it completely differently.

**Related Link:** [Find Out How Kanye West Proposed to Kim Kardashian](#)

**3. Letting things happen:** Develop a connection that goes beyond just physical. Bond on a more emotional and even spiritual level. You will begin to better understand each other and the relationship. The unrealistic visualizing will fade away, and everything will unfold on its own terms.

**How do you keep your relationship grounded in reality? Share**

your thoughts below.

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# Gwyneth Paltrow and Chris Martin Separate



By Sanetra Richards

Another one bites the dust! Gwyneth Paltrow and husband Chris Martin have decided to part marital ways after 10 years. The couple announced the split earlier this week. According to [People](#), Paltrow (PEOPLE's 2013 Most Beautiful Woman) and Martin stated they were "working hard for well over a year" – both as a couple and individually – "to make their relationship work."

The pair released the following statement on the GOOP website under the heading "Conscious Uncoupling": "It is with hearts

full of sadness that we have decided to separate.” The parents of a 9½-year-old daughter Apple and a 7½-year-old son Moses went onto say, “We have come to the conclusion that, while we love each other very much, we will remain separate.”

Although the marriage is ending, co-parenting is not out of the question. “We are, however, and always will be a family, and in many ways, we are closer than we have ever been. We have always conducted our relationship privately, and we hope that as we consciously uncouple and co-parent, we will be able to continue in the same manner.”

**How do you know when it's time to go your separate ways?**

### **Cupid's Advice:**

Every relationship is not salvageable, and it's best to know when you should part ways before it's too late. Here are some things Cupid thinks will help you come to the realization:

**Related Link:** [Gwyneth Paltrow Speaks Out About Miscarriage](#)

**1. Bickering daily:** Is the time you spend together consumed by arguments? You and your partner cannot seem to agree on anything and compromise just does not exist. Pay attention to the disputes revolving around some of the smallest issues and if there is constant finger pointing. Yes, proper communication may repair the relationship, but it is not a guarantee.

**2. Blurred vision:** Your significant other starts off as a good time, but eventually, you realize that you do not see them in your future. There is no sight of making a home, having a family, etc. You begin to nitpick and dislike the little things about them. Maybe you thought their style of mismatching outfits was cute and artistic at first, but now, it's just plain tacky.

**Related Link:** [Gwyneth Paltrow Says Chris Martin Helped with](#)

## [Postpartum Depression](#)

**3. Attraction disappears:** The spontaneous dates fade away; the sizzling romance fizzles; and the desire to have your partner around vanishes. These are all warnings (couldn't be any clearer!) that calling it quits is in your near future.

**What are the signs that your relationship is in its last days? Share your thoughts below.**

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# Kate Hudson and Matthew Bellamy Have 'Bumps in the Road Like Anyone Else'



By Louisa Gonzales

Kate Hudson may be happily engaged to her fiancé Matthew

Bellamy, but that doesn't mean the couple doesn't face relationship woes from time to time. According to [People](#), they're working through a rough patch. The lovers face "bumps in the road" just like any other couple, but the source says it's not as big of a deal as fans seem to think. With their busy careers, they just have to put in extra work to make time for each other. The lovebirds got engaged back in 2011 and have a two-year-old son but have shown no signs of rushing to the altar.

**What are some ways to strengthen your relationship?**

**Related Link:** [Kate Hudson's Fiance Matthew Bellamy Throws Her a Surprise Birthday Bash](#)

**Cupid's Advice:**

Nothing good ever comes easy, and if you really want something, you have to work for it. These ideas hold true for couples too! Here is some advice on ways to strengthen your relationship.

**1. Dedication:** Every relationship requires both you and your partner to put in equal time and energy. If both parties don't put in the same amount of effort, it will make it seem like one is pulling more weight than the other, and the relationship can quickly fall apart.

**2. Communication:** You know what they say: Communication is key. You should feel comfortable enough to share your deepest thoughts and fears with your significant other. It's also vital to talk about any problems or issues. Be open with each other, and you'll quickly notice improvements in your partnership.

**Related Link:** [Muse Media Manager Thomas Kirk Marries at Kate Hudson's House](#)

**3. Honesty:** Honesty is probably the most important quality in

a strong relationship. For you and your beau to have a secure union, you need to trust each other completely. Trust is something that builds with time, and you have to be willing to prove you are committed to your significant other by always being honest – no matter what.

What do you think are good ways to strengthen your relationship? Share in the comments below.

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## Johnny Weir and Ex Victor Voronov Fight Over Family Dog



By Louisa Gonzales

Johnny Weir and soon-to-be ex-husband Victor Voronov recently settled their custody battle over their family dog. According to [TMZ](#), during their divorce proceedings, Voronov filed papers

to request that their dog TÃ«ma be returned to him. The Olympic figure skater believed that the dog rightfully belongs with him because he was allegedly a “make-up gift.” He says he was also the one who trained and took care of the dog. For now, they have agreed to joint custody. Additionally, Voronov is seeking financial support from Weir because, according to his attorney, he gave up everything to be with him, including his career.

## **How do you compromise during a breakup when you’re upset?**

### **Cupid’s Advice:**

Sometimes, without warning, relationships fizzle out, and no matter what, it’s never easy. Cupid has some advice on how you can make compromises during a breakup, even when you’re upset.

**Related Link:** [Figure Skater Johnny Weir Splits from Husband Victor Voronov](#)

**1. Be reasonable:** Keep in mind that you’re both going through the split, so you’re both experiencing a rough and difficult time. Clear your head and try to keep calm before you start dividing up your shared assets. It’s best to go into a difficult situation with a sensible mind because it will make things run more smoothly and help make the breakup easier.

**2. Ask yourself what’s really best for you:** As you make major decisions, ask yourself what you really want. If you’re only doing certain things because you want to hurt your ex, know that it’ll only make you feel better temporarily. In the long run, remember what is truly important to you. Do you want to move on and find happiness with someone new or continue arguing over the past?

**Related Link:** [Katy Perry And John Mayer Call It Quits](#)

**3. Be fair:** The only way to get through the end of your relationship as smoothly as possible and without any pointless

fights is to be fair. You both know it's over, so why make things more difficult for by being unreasonable? Really think about who deserves to get what. Don't be that person who plays dirty or fights unfairly.

How do you make compromises during a breakup when you're upset? Share your tips below.

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## Mila Kunis and Ashton Kutcher Are Expecting!



By Louisa Gonzales

Congratulations to Mila Kunis and Ashton Kutcher who are expecting their first child together! According to [UsMagazine.com](http://UsMagazine.com) multiple sources confirm the two stars couldn't be happier about the news, as it was something they



both wanted. This exciting news comes only about month after a source confirmed the two lovebirds were in fact engaged. The couple went public with each other back in spring 2011 and have been going strong ever since. Kutcher had no children with his previous partner Demi Moore and their divorce was finalized last November.

## **How do you support your partner through a surprise pregnancy?**

### **Cupid's Advice:**

Life is full of surprises and sometimes the best things in life come unexpectedly. Finding out you partner is pregnant is a big moment in your life whether you planned it or not. Cupid has advice on how to support your partner through a surprise pregnancy:

**1. Give them a surprise gift:** Nothing shows your support like a surprise gift, but make sure it is meaningful and has significance toward your lover. Giving them a present or a card will show that you are supportive and happy about the news. It's important to be able to let your partner know you are happy about the news, even if it is surprising.

**Related:** [Find Out About Ashton Kutcher and Mila Kunis' Engagement](#)

**2. Be there for them:** One of the greatest things you can do to show your support in a surprise pregnancy is to simply be there for them. Whatever they need, whatever they're going there make sure they know that you are with them. It's good to make them feel like they are not alone and it will help decrease both your stress levels, which could be bad for the baby.

**Related:** [Ashton Kutcher and Mila Kunis Step Out After Demi Moore Divorce News](#)

**3. Do your research:** Show you are prepared and ready for this

new chapter in your lives, by researching and studying everything that comes with pregnancy. You can sign up for pregnancy classes, read parenting books, volunteer to babysit your friends kids sometimes. It doesn't matter how or what you do to prepare as long as you show your significant other you are in this together.

**What are ways to show your support towards your partner through a surprise pregnancy? Share you tips below.**

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## **Kaley Cuoco Gets a Wedding Date Tattoo**



By Louisa Gonzales

Lovebirds Kaley Cuoco and Ryan Sweeting continue to show off their love and commitment toward one another. The couple have

had a whirl wind romance ever since they first met. Starting with them quickly dating and then soon after becoming engaged and even sooner married. According to [UsMagazine.com](http://UsMagazine.com) Cuoco, 28, recently showed off her new tattoo of her wedding date in between her shoulder blades in three rows of large Roman numerals, including the numbers that read, 12-31-13, at a charity tennis event in Calabasas, California on Saturday, March 22. The numbers tattooed on her back are the date of when the lovers said their vows to one another on New Year's Eve last year in Southern California, just four months after getting engaged.

**What are some ways to publicly show you love your partner?**

**Cupid's Advice:**

Love is a beautiful thing and sometimes when you are in love you want to shout it from the rooftops! Expressing and showing off your love doesn't have to be a negative thing, it can be a good thing, especially when you really mean it. Cupid has some advice on ways to publicly show your love toward yours partner:

**1. Show some PDA:** Showing some public displays of affection every now then is not going to kill your relationship in fact it can make it stronger. Don't be afraid to grab your partner's hand when they're feeling overwhelmed or give them a quick kiss to show you care, or pull them into a hug for reassurance. Love is both emotional and physical it's important to have strong connections in both.

**Related:** [Kaley Cuoco and Ryan Sweeting Take Mini-Honeymoon at Disneyland](#)

**2. Share with family and friends:** It nice when you are able to share your love with family and friends. Hiding your relationship is fine in the beginning when you are unsure, but once you know it's good to show are not ashamed of the

relationship and are in fact proud to be in it. Once you're in love, being able to be open about the relationship is a good sign toward your loved one and your significant other.

**Related:** [The Pros and Cons of a Whirlwind Romance](#)

**3. Take them out to public places/events:** Go out and take your love somewhere new and fun. It's nice to share private moments with your love, but it can also be fun to go out and share your union with the world. Being able to take your sweetheart out shows you are secure and comfortable in your relationship to share it with others, even if they are strangers.

**What do you think are good ways to publicly show you love your partner? Share in the comments below.**

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## Neon Trees Singer Tyler Glenn Comes Out as Gay





By April Littleton

According to [People](#), the lead singer of Neon Trees Tyler Glenn opened up about his sexuality, revealing that he was gay. He started sharing the news with loved ones last October. Glenn grew up in a Mormon church and says he's dealt with a "complicated relationship" with religion. "I've always felt like I'm an open book, and yet obviously I haven't been completely," he told *Rolling Stone*. Glenn also explained how he's been inspired by current sport figures openly discussing their sexuality. "I appreciated [that] Michael Sam was like, 'I want to be able to go to the movies and hold hands with my boyfriend.' Even hearing him say 'boyfriend', I was like, 'that's cool.'"

**What are some ways to tell your loved ones about the one you love?**

### **Cupid's Advice:**

You have someone new in your life, but you're not sure how your family and friends will react to the news. You don't want to avoid telling your loved ones about your new significant other – especially if they might find out the news from someone else. Cupid is here to help:

**1. Ease your way in:** Don't just blurt out the news about your

new partner right away. Have a general conversation with your family like you normally would do. Ask about their day, tell them how you're doing, etc. When you feel like the discussion is going well, then bring up your love life.

**Related:** [Austin Mahone Denies Dating Selena Gomez](#)

**2. Remain calm:** The worst thing you can do is freak your family out before even sharing the news. Keep a cool, calm attitude toward them. All you have to do is tell them you're seeing someone new. Yes, you might feel a little nervous, but your loved ones shouldn't have the feeling that something is wrong.

**Related:** [Taylor Swift Says She Doesn't Write Songs About Every Guy She Dates](#)

**3. Talk positive:** Once you've told them the news, let them know how happy you are with your new love. The only thing that should matter to your family and friends is your happiness. If you're enjoying the time you spend with your new partner, they should be OK with the relationship.

**What are some other ways to tell your loved ones about the one you love? Comment below.**

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## Stacy Keibler Is Pregnant





By April Littleton

According to [People](#), newlyweds Stacy Keibler and Jared Pobre are expecting their first child together. “More blessings!! We’re an elated family-to-be!” the couple told the magazine. The lovebirds married March 8 on a beach in Punta Mita. They were friends for five years before starting up a relationship with each other. “I’m so excited for the new chapter in my life,” Keibler said. “I’m so ready for it. I feel for the first time like I’m really fulfilled and at peace.”

### **How do you announce your pregnancy to loved ones?**

#### **Cupid’s Advice:**

Congratulations on your pregnancy. Now you have to decide how and when you’re going to tell your loved ones about the excited baby news. A pregnancy announcement might seem intimidating, but just think about how excited your family and friends will be once you finally reveal the big surprise. Cupid has some tips:

- 1. Tell your honey first:** Before you go around telling your friends and family the good news, you need to tell your partner you’re expecting first. You can choose to tell him right away, or think of a creative way to announce the news. Maybe you can tell your significant other over dinner or leave

clever, little clues all over the house that lead up to the big reveal.

**Related:** [Surprise! Savannah Guthrie Is Married and Pregnant](#)

**2. A picture story:** Break the news to your family and friends with the help of a few photos. Have your honey snap a few pictures of you holding up a sign explaining your pregnancy. You could wait a few months for your baby bump to start showing to make it a little more fun.

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**3. Social media:** Many couples are choosing to tell all of their loved ones about big news through the use of social media. While this method is impersonal, you'll get the job done faster. If you don't have a problem with everyone knowing about your baby news and you'd rather have everyone know at the same time, social media might be your best bet.

**How did you announce your pregnancy to loved ones? Share your experience below.**

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## Figure Skater Johnny Weir Splits from Husband Victor Voronov







By Sanetra Richards

The Sochi Olympian Jonny Weir and lawyer husband Victor Voronov are splitting after two+ years of marriage. According to [UsMagazine.com](http://UsMagazine.com), the fashionable figure skater announced the separation on March 19 through Twitter saying, “It is with great sadness that I announce that my husband and I are no longer together,” he tweeted. “My heart hurts, and I wish him well.” In a February 2014 interview with *Access Hollywood*, Weir talked about his husband and their married life: “My husband was actually in the closet until about a month before we were married. He comes from a very strict and judgmental world.” Weir went on to say, “Being married is an adjustment, and I’m such an OCD, solitary, confined person that it was very hard to open my life and my home and in some ways my closet to somebody else,” he continued. “We both are constantly fighting to wear the pants in the relationship.”

**How do you know when to put an end to your marriage?**

**Cupid’s Advice:**

Every marriage is not salvageable, and sometimes you have to find the guts to tell your spouse “it is over.” Nevertheless, whether you ignore it or give it some thought, there will always be a warning before destruction. So, how will you know

your marriage is about to fall off of the cliff? Cupid has the answer:

**1. More distance than ever:** This can range from sleeping in separate bedrooms to not doing mutual activities. If this is occurring in your marriage, be cautious. You have probably been noticing all of your time is consumed by work and all of his/her is spent with friends – chances are you are trying to stay away from your spouse as much as possible. This sign is as clear as daylight, the marriage is deteriorating.

**Related:** [Katy Perry And John Mayer Call It Quits](#)

**2. Nonstop bickering:** Every conversation is beginning to end with an argument and you all cannot agree on the simplest things, like what to eat for dinner or who is taking the kids to soccer practice. All of this could very well be stemming from other issues that have not been discussed. If you cannot compromise on wants and needs (after multiple attempts) without being on the verge of ripping each other's heads off, it may be time to call it quits.

**Related:** [What Now? Transitioning From Married to Single](#)

**3. One-sided effort:** You have realized there is no such thing as give and take in your marriage and that your spouse is more of a take and take kind of person – do not ignore this. As a team, work should be put in on both ends. Think about that the next time you feel like you are the only one in the marriage.

**When is it time to end a marriage? Share your thoughts below.**

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# 'The Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling



By Sanetra Richards

It looks like *The Bachelor* stars Juan Pablo Galavis and Nikki Ferrell may be hitting some hard times. It's been just a few months since *The Bachelor* finished shooting, and the controversial [celebrity couple](#) have turned to Jim and Elizabeth Carroll, WE tv's *Marriage Boot Camp* counselors, for some relationship advice. The duo, who have worked with other reality TV stars including Jenni Farley and Roger Matthew, Trista and Ryan Sutter, and Gretchen Rossi and Slade Smiley, spoke with Galavis and Ferrell earlier this week. According to [UsMagazine.com](#), the Carrolls gave a brief synopsis of their talk with the famous couple, saying, "I think they have marriage on their minds, but I think what Juan did was a

really – I mean, it wasn't a very romantic fairytale ending – but I think what he did was very wise in the fact that he said, 'You know, I want to go through conflicts with this girl. I want to do some problem solving. I want to see basically what the ugly side is before I jump out there and tell somebody I love them and just get married.'"

## **This celebrity couple are having some relationship issues. What are some ways to work on your troubled relationship and love?**

### **Cupid's Advice:**

Things may become hectic or confusing during your relationship and love. You may be close to calling it quits, but there are ways to work through it and make your partnership even stronger. Consider this relationship advice:

**1. Recognize the problems:** The most important step you can take is to acknowledge the issues at hand. Challenge yourself to find out what wrong paths you and your significant other took along the way. Examine your partner's behavior and mannerisms as well as your own.

**Related:** [Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy](#)

**2. Ask for some alone time:** Alone time gives you the opportunity to think. There are little to no distractions, and your partner is not chiming in every five seconds. You can even make a pros and cons list. Hopefully, the good will outweigh the bad!

**Related:** ['Bachelor' Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

**3. Stop harboring bad feelings:** Just let it go! All of those hard feelings brought on by problems of the past have to fade away. You cannot possibly expect to move forward if you are constantly feeling sadness or rage every time you glance at your partner. Make it a goal to bury the hatchet.

What are some other ways to save a troubled relationship and love? Share your thoughts below!

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## **‘American Idol’ Cast-off MK Nobilette Hopes to “Be a Good Role Model” for the LGBT Community**



By Louisa Gonzales

MK Nobilette made headlines early on during this season of *American Idol* when she became the first openly gay contestant. Of the attention on her sexual orientation instead of her singing skills, she says, “I was definitely a little taken aback at first, but I get that it plays a role. I’m a singer, and I’m also gay. I felt like it was important to address that. I’m very proud of it and open about it.”

Although her time on the show has ended, she’s hopeful that she can continue to be a source of inspiration for other members of the LGBT community. “I want to be a good role model for other queer people who are afraid to come out or think they can’t do something as big as *American Idol*. I really hope I influence a lot of people.”

**Related Link:** [‘American Idol’ Contestant Ben Briley Sings to Better His Family’s Future](#)

One person who she’s certainly inspired is her girlfriend Casey Ellis, who is also a singer. “It was great to have her on my side for all of this. It was really great,” the California native said of her partner who she calls “wife” on her Twitter profile.

For same-sex couples struggling to find their place in the world, Nobilette encourages them to talk to their loved ones. “And just be proud of yourself. Remind yourself that, no matter what happens, you still have you, and that’s the most important thing.”

So what’s next for the singer? First, she’ll be going home to San Francisco to spend time with her family and friends before heading out on the *American Idol* summer tour with the other top 10 contestants. There’s no doubt she’ll be taking her newfound gumption with her on the road: “Before *American Idol*, I was still a performer and a singer, but I never thought that being a musician was an achievable goal for myself as a career. I think, through this process, I realized that’s the

only thing that I want to do. I'm definitely going to make that happen."

**Related Link:** [Emily Piriz from 'American Idol' Thanks Her Boyfriend for His Support](#)

For the remaining contestants battling for that number one spot, she has this piece of advice – something that she learned from judge Harry Connick Jr. "Just really sell yourself," she says. "Live every performance like it's your last and really make sure that you want to be there, exactly like Harry said. Prove to the judges that you deserve to be on that stage."

*You can catch Nobilette on the American Idol tour this summer. In the meantime, keep up with her on Twitter @Mknobilette.*

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## George Clooney and New Girlfriend Vacation in Luxury Islands





By Sanetra Richards

George Clooney took new girlfriend Amal Alamuddin, 36-year-old, to the luxury island of Seychelles, which is located close to Southeast Africa. According to [UsMagazine.com](http://UsMagazine.com), the two were spotted on March 13<sup>th</sup> sipping drinks while walking along the beach. However, this is not the first time Alamuddin and Clooney's names have been mentioned together. In October, rumors began to circulate about the pair when they were seen in London. At the time, Clooney was dating model Monika Jakisic and considered Alamuddin "just a friend," said a source to *Us*. From the looks of it, the duo could possibly be official. A source also revealed "he does like having her around."

**How can vacationing with a new partner solidify your relationship?**

**Cupid's Advice:**

The first vacation in your new relationship could be considered an important leap to take. It can go either two ways – absolutely terrible or all you have ever dreamed of. In this case, you would rather have the second one. Cupid has some ways on how a worthwhile vacation can strengthen your new or existing relationship:



**1. Making decisions:** Before you are able to actually take the romantic trip, planning has to be done. If it is a joint effort, the two of you have to come to an agreement on the destination, dates, etc. Whether you realize it or not, you and your new partner are actually testing the waters. If you both can come to a common ground without much of a disagreement, then this could be a sign of what your relationship will be like when it comes to mutual decision making.

**Related:** [George Clooney Vacations in Lake Como Post-Split with Stacy Keibler](#)

**2. Good vibes & auras:** A change of scenery and ample free time typically results in better moods, especially for those who experience hectic lifestyles back at home. You will be able to see your partner at his/her best, which will make the vacation pleasurable. Happy people equates to even happier times.

**Related:** [George Clooney and Stacy Kiebler Call It Quits](#)

**3. Intimacy:** A one-on-one vacation cuts you off from all distractions, giving you time to specifically focus on each other and still managing to take in the surroundings. These moments could be spent doing various activities around the site or engaging in conversations that better your understanding of each other. After all, the vacation is there is take your mind off of everything else and to connect with your new love. Spark a flame!

**What other ways can a vacation solidify a new relationship?**

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# Nikki Ferrell's Ex Says She 'Normally Wouldn't Take That' from a Guy



By Sanetra Richards

Playing it cool seems to be what Nikki Ferrell is doing. *The Bachelor* season 18 winner is not letting the outside opinions bother her relationship with Juan Pablo Galavis. According to [UsMagazine.com](http://UsMagazine.com), the 26-year-old's ex, Ryan Dill, spoke of her unusual actions in a recent issue: "Knowing her like I do, I'm surprised Nikki acted like everything was fine during After the Final Rose." Dill went on to refer to the post-finale show when Ferrell informed host Chris Harrison that Galavis has not professed his love, saying, "She normally wouldn't take that s-t from a guy. The Nikki I know would have slapped him and walked out."

**What are some ways to know you're being yourself in a relationship?**

## **Cupid's Advice:**

Your relationship is going well; everything is all hugs and kisses . . . except there is one problem. You are questioning whether you are still the same person you once were. Cupid is here to give you a few tips on how to maintain yourself in a relationship:

**1. Doing what you love:** Whether this is a hobby like reading or painting, if you are doing it because you thoroughly enjoy it, a sense of you still remains. The chances of you and your partner having all of the exact same interests are slim to none. So, why not do something that is just for you? A relationship is about union, not about consumption.

**Related:** ['Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Attend Wedding Weekend](#)

**2. Ability to detach from your partner's hip:** You can have a day out with your friends without constantly finding a way to add your relationship into the conversation – the good news is you have not completely lost yourself. As stated before, your life does not revolve around your significant other (there's no need to drag him or her along). Your friends and family deserve to have just you sometimes.

**Related:** ['Bachelor' Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

**3. Being vocal:** Having a voice in your relationship is vital. Do not think you are obligated to continuously compromise because you will eventually lose that voice, which is a part of you. Instead, inform your partner of what you are feeling or what your desires are and work towards them together.

**How do you know if you are being yourself in a relationship? Share your thoughts below.**

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# Jason Aldean Is Dating Mistress Brittany Kerr Post-Divorce



By Louisa Gonzales

Jason Aldean is dating whom? That would be Brittany Kerr, the woman he cheated on his wife, Jessica Ussery, with back in September 2012. [UsMagazine.com](http://UsMagazine.com) confirmed that the pair has been dating since Aldean filed for divorce from his wife back in April 2013. It was in 2012 that the country singer got caught with the *American Idol* alum, to which the music artist admitted and publicly apologized shortly after via a Facebook post. Aldean was with his wife Ussery for almost 12 years and the ex-couple have two children together. After the scandal, the ex-lovers tried to work things out, but eventually parted ways. Aldean and his new lover Kerr were spotted on Friday,

March 14, at Aldean's performance at Amphitheater at The Wharf in Orange Beach, Alabama.

## **What are some ways to avoid drama in your relationship?**

### **Cupid's Advice:**

No matter how good your relationship is, it won't be easy all the time. It's okay for couples to fight sometimes, but if you're doing it all the time it's not healthy for your relationship. Which is why you have to find ways to avoid pointless arguments or fights, but how do you do that? Cupid has some advice on ways to avoid drama in your relationship:

**1. Agree to disagree:** Every one is their own person and has their own preferences, goals and wants. The truth is no couple will agree on everything, but just because you don't it doesn't mean you should start a fight about it. In a relationship you have to learn how to make compromises and sacrifices, especially if you want to avoid an argument.

**Related:** [Bradley Cooper and Suki Waterhouse Go Public at Sundance](#)

**2. Communicate:** To avoid any misunderstanding you need to talk to each other. A lot of arguments or fights happen because people don't let someone know what's going on. With your partner don't just assume some they will understand or won't take it as a big deal, without talking to them first. A relationship is between two people, it's a partnership you have to keep that in mind when making decisions.

**Related:** ['Bachelor' Stars Juan Pablo Galavis and Nikki Ferrell Attend Wedding Weekend](#)

**3. Accept all of them:** Loving someone is about accepting and appreciating all of them, the good and the bad. Over stressing about all the things that bug you or get on your nervous about your significant other, will just increase the chances of

adding unnecessary drama to your relationship. Focus on all the good and positive things about your lover.

How do you think you should avoid relationship drama? Share in the comments below.

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## Mandy Moore and Ryan Adams Celebrate 5-Year Anniversary



By Louisa Gonzales

Mandy Moore and long-term partner Ryan Adams marked their fifth wedding anniversary with a huge celebration on Sunday with family and friends. The star posted pictures of the evening's festivities on Instagram, with everyone looking lovely and in smiles. According to [People](#), everyone who attended the party dressed up for the monumental occasion,

with the guys wearing '50s looks and the gals wearing party dresses along with fun accessories. Moore,29, herself sported a sombrero, while her good celebrity friend Minka Kelly wore a clown bow-tie. The fashionable couple got engaged back in 2009 and are now happily married. Moore even posted a photo of her marriage certificate the week before with a caption that read, "The best 5 years...". Congrats to the married couple!

## **How do you make your wedding anniversary special?**

### **Cupid's Advice:**

Marriage is a special thing that signifies a bond and love between two people. Once you're married they are a lot of hardship, but also a lot of good times. When you love someone you want to make them feel special, loved and appreciated. This is even more important come your wedding anniversary. Cupid has some advice on how to make your wedding anniversary memorable:

**1. Plan a celebration:** What better way to celebrate your love and marriage with your lover than to plan something special like a celebration. Celebrating your anniversary doesn't have to be a huge extravagant thing, it can be as big as a party filled with family and friends or as simple as a romantic evening in. The point is you are celebration the day you decided you wanted to be with your lover forever. However you plan to mark the special occasion is up to you, just make it memorable and perfect for the both of you.

**Related:** [Mandy Moore Discusses Happy Ending with Husband Ryan Adams](#)

**2. Take them someplace fun and exciting:** Why not use you're wedding anniversary as an excuse to go out and do something adventurous or fun? Your sweetheart will be sure to feel loved and appreciated when you take them some place they have always wanted to go, but never could before. Maybe, take them to a

fancy new restaurant, or to the beach or travel some place special, it doesn't matter. Sure, life can get busy or costs can get expensive, so make plans that work for the both of you, just keep in mind on what would make significant other the most surprised and happy.

**Related:** [Find Out What Romantic Thing Aaron Paul Tells His Wife Every Day](#)

**3. Get them an unforgettable gift:** Nothing says, "I love you" like the perfect gift. When you're working on the gift or thinking about what to get, try to consider what would truly show how much you understand your lover, after all no one probably knows your honey better than you. Maybe you can write them a card, filled with inspiring words or all the things you love about them. Or you can write a song for them, make them something special or buy a gift it doesn't matter, just make sure it's something that your honey will appreciate.

**What are ways to make your wedding anniversary special? Share in the comments below.**

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## **'Bachelor' Stars and Celebrity Couple Juan Pablo Galavis and Nikki Ferrell Attend Wedding**







By Louisa Gonzales

*The Bachelor* stars Juan Pablo Galavis and Nikki Ferrell may not be ready to get hitched themselves, but that doesn't mean they can't celebrate their friends' big day! The celebrity couple recently attended a wedding in Dominican Republic. According to [People.com](http://People.com), Ferrell, 27, posted a picture of the twosome on Sunday, standing in front a spectacular view of where the wedding festivities took place. The reality TV stars were first introduced on *The Bachelor* season 18 and have been together since the former Venezuelan soccer player presented Ferrell with his final rose on the finale episode, which aired on March 10th. Sources say that the [celebrity couple](#) is happy that they don't have to hide their relationship and love anymore, even though Galavis is hesitant to commit to his new girlfriend.

**This celebrity couple loved celebrating their friends' big day. What are some ways to get wedding ideas from someone**

# else's festivities?

## Cupid's Advice:

It's no secret that planning a wedding can be stressful! There is nothing wrong with asking for help from others, whether it be from your mom, your bridesmaids, or a wedding planner. Consider this love advice and get ideas from your pals' ceremonies:

**1. Just ask:** If you attend a ceremony or reception that you really like, casually mention your feelings to the bride to ease her into revealing her wedding secrets. It never hurts to ask!

**Related:** ['Bachelor' Star Juan Pablo Responds to Backlash By Posting Selfie with Nikki](#)

**2. See what worked and what didn't:** Every wedding has some mishaps along the way, no matter how perfectly it's planned. Pay close attention to the details that worked as well as those that didn't. You may be able to learn a thing or two before you begin planning your own celebration!

**Related:** [Can You Really Find Love on 'The Bachelor'?](#)

**3. Focus on what you want:** Remember that you don't have to like everything about someone else's special day. Attend these events with a critical eye and make note of what you would do differently. Ultimately, you want your wedding day to be memorable for you and your partner.

**Did you get wedding ideas by attending someone else's special day? Share in the comments below.**

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# Country Singer Craig Morgan Helps to Spread Fire Safety to Families



By Maria Darbenzio

It's easy to see that country music star Craig Morgan is a family man at heart, and his newest venture only serves as further proof: He's currently working as the spokesperson for KIDDE Fire Safety's "Be a Safety Hero" initiative to help protect families from potential home fires. The singer is taking time to donate smoke alarms and educate people on fire safety while on his *VA Mortgage Leader Presents Craig Morgan The Journey Tour*. Recently, *Celebrity Baby Scoop* caught up with Morgan to talk about his family and future plans.

**CBS:** You have a marriage that has spanned more than two and a half decades. What is your secret to success?

**CM:** "I stay away as much as I can. No, I'm kidding. I think

it's a give and take; you have to hope that you're both giving and taking at the right time. When you aren't, you just can't give up. Our society has made it so easy for everybody these days to quit and walk away from a relationship. I think the simple thing is to not give up...even though it might be bad right now and you think there is something better around the corner, usually when you get around the corner, you wish you were back where you were."

**Related Link:** [Kelly Ripa on Marriage to Mark Conellos: "We Dig Each Other"](#)

**CBS: You have four beautiful kids. What are some of your fondest memories of being a dad? Do you think you parent your sons differently from how you parented your daughter?**

**CM:** "Man, just watching them grow up. It's just that they say the coolest and greatest things. There's actually a TV show named after it, *Kids Say The Darndest Things*, and so on and so forth. A lot of these shows come from the kids, and it's just amazing to see their thought processes, growth, and the amount of love that they have for their parents – unconditional love really.

**CBS: How tough was it to give Alex away at her wedding? What advice would you give other fathers facing that momentous day?**

**CM:** "It wasn't tough; it was one of those moments where you really take everything in. Fortunately for us, she was marrying a good young man that we were excited about and we love. He's part of our family now. It wasn't like she was marrying some kid that I didn't like, but that wouldn't happen anyway because he would have went on somewhere else!

For other fathers facing that momentous day, it's going to happen eventually, so I would say to hope and pray for the best. Hope that your daughter finds and falls in love with someone who is going to be good for her. What's good for her might not be good for you, and, ultimately, we have to accept

that it's not about us; it's about them. When you pray for their happiness, I think it all works out."

**Related Link:** [Aaron Paul Says "Marriage is Easy"](#)

**CBS: How has your household changed since Alex moved out and you now have a house full of boys? What do you like to do together as a family?**

**CM:** "It hasn't really changed a lot. My daughter still comes over pretty regularly, and our boys are bigger now. It's not a lot of change. It's a little weird not having her around all the time, but she still calls every day!"

*For the rest of the interview, visit [www.celebritybabyscoop.com/2014/03/13/morgan-always-appreciated/](http://www.celebritybabyscoop.com/2014/03/13/morgan-always-appreciated/)!*

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## Surprise! Savannah Guthrie Is Married and Pregnant





By Louisa Gonzales

Savannah Guthrie and Michael Feldman secretly tied the knot this past weekend in a private ceremony. According to [People](#), the couple said their “I do’s” in front a small gathering of family and friends, about 80 to 90 people. The NBC anchor Guthrie, 42, and Feldman, 45, told their quests to keep their marriage a secret until Guthrie could reveal the information herself on air during the Today Monday morning. That wasn’t the only surprising news the lovebirds revealed that day. After the pair broke the news of their plans to keep their marriage hush-hush until the right time, they told quests, while the NBC News “Special Report” music played in the background, that they were expecting. Sources reported after the big news, every one of the guest “jumped” to their feet in excitement. This will be the romantic mates, who first met and began dating in 2008, first child together.

**What are some advantages to keeping your wedding under wraps?**

### **Cupid’s Advice:**

Every couple wants different things and has different ideas on marriage. Once you’re engaged and decide to start planning your wedding, know that you’ll most likely face a few struggles along the way, but it will be worth it in the end,

once you see your beau walking down the aisle or standing in front of you. A marriage is between you and the other person you choose to spend your life with, and if you want to keep your wedding private or have a big affair, it's your choice. Cupid explains some advantage to keeping your wedding under wraps:

**1. It will make it more special:** Getting married is one of the biggest and most sacred moments that will happen in your life. How romantic and intimate would it be to share your special day with just the people closest to you, as opposed to the whole world. These days everyone is posting every detail about their lives on some sort of social media, which in some cases can take away the magic of it all. By keeping your marriage just between you, your lover and the people you cherish it will show how much you honor and want to protect this special moment and your significant other.

**Related:** [Leighton Meester and Adam Brody Secretly Marry](#)

**2. Less stress:** There's a lot of pressure when it comes to getting married, why add-on more pressure with worrying about what other people will think? For a private or secret wedding to work you need to only let the people closest to you know, to decrease the risks of word getting out. With smaller and more intimate wedding gatherings, there is less stress and worry about pleasing other people. Plus, the stress that comes with planning a wedding for everyone, takes away from the fact you are getting married for yourself, because you and your sweetheart want to.

**Related:** [Find Out About Ashton Kutcher and Mila Kunis' Engagement](#)

**3. It will keep the wedding yours:** The choice to get married is one of the biggest decisions any couple will make. Choosing to keep your wedding under wraps will show how important and special the pending marriage is to you. It will also keep you

focused and help you remember what's important when planning for the big day. The one's getting married are you and your partner, no one else, so the two you should get the wedding you want without hearing from other people on how or when you should get married. The less people who know, the bigger the chance you'll won't let other people influence you.

What do you think are some advantages to keeping your wedding on the down low? Share in the comments below.

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## 'Little People, Big World's' Jeremy Roloff Is Engaged



By April Littleton

According to [People](#), TLC reality star Jeremy Roloff is engaged to Audrey Mirabella Botti. The 23-year-old announced the news



via Instagram. They have been dating since 2011. Roloff's parents, Matt and Amy, announced they were separating after 26 years of marriage last Wednesday.

**How do you know when you're ready to tie the knot?**

**Cupid's Advice:**

Lately, you've been thinking more and more about getting hitched to your significant other. You can't imagine your life without this special person right at your side. Marriage is a big step, and you want to make sure you come to a final decision with a clear head on your shoulders. Cupid has some tips:

**1. You're confident:** You feel extremely comfortable with the way things are going in your relationship. You have the same goals in life, share similar hobbies and the both of you feel completely fulfilled in all other aspects of your life together.

**Related:** [Mary-Kate Olsen Is Engaged to Olivier Sarkozy](#)

**2. Family and friends:** Your loved ones adore your significant other, and are more than happy to watch you take the next step in your relationship with your honey. You don't want to spend the rest of your life with someone your family and friends don't really care for. Keep their opinion in mind as you make this life-altering decision.

**Related:** ['Girls' Allison Williams Is Engaged](#)

**3. Communication:** The communication between you and your partner is off the charts. When you fight, you're both able to come to a solution without the argument escalating into something more heated. The way you handles differences with your significant other now will most likely be how you take care of other problems for the rest of your life. Make sure the two of you share the same amount of respect for each other

before you fully commit.

How did you know you were ready to tie the knot? Share your experience below.

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# 'Blood, Sweat and Heels' Reality TV Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"



Interview by [Lori Bizzoco](#). Video by Rob O'Haire.  
CupidsPulse.com Executive Editor Lori Bizzoco recently met up

with *Blood, Sweat and Heels* reality TV star Brie Bythewood at the New Yorker Suite at the Carlton hotel, located at 88 Madison Avenue between 28th and 29th. The gorgeous 1,050 square foot penthouse includes a separate bedroom and living spaces with beautiful decor, as shown in the celebrity video interview above.

**Related Link:** [Blair Late from Bravo's 'Newlyweds' Chats About Divorce and Gay Marriage](#)

“I think we have a really great platform for a show,” Bythewood said of Bravo’s popular reality show. “We have an interesting and unique group of women. Whatever the formula, it worked, and it’s been a success!”

## **Celebrity Video Interview with Reality TV Star Brie Bythewood**

Given her crazy schedule, we had to ask: How does she manage it all? “In terms of balancing my relationship and love life with work and the show and everything that comes with it, I would be lying to say it’s easy – because it’s not,” she explains. “It’s challenging. It varies day to day.” For her, though, her job is her number one focus. “That’s always my priority – my work – because that provides me with the life I’m able to lead.”

Yes, that’s right – Bythewood is in a very happy relationship! While she stayed mum on details about the lucky guy, she divulged that they’ve known each other for over a decade and that she believes that best relationships are built on strong friendships. As for whether or not he’ll be on future episodes of the reality TV show, we’ll just have to wait and see. “I wonder that too! I don’t know. I’ll have to see if I can talk him up to actually making an appearance,” she reveals in our celebrity video interview.

**Related Link:** [Tabatha Coffey Says It’s Important to “Connect](#)

## [and Continue to Get to Know Your Partner”](#)

Having finished filming the first season last June (the finale aired this past Sunday, Mar. 16), the real estate mogul shares that she’s had time “to make amends of sorts” with the other cast members (Mica included) and cites Demetria and Geneva as her closest friends on the show. Of this Sunday’s reunion episode, she says, “It’s as true to this season as it can be. There are ups and downs, but at the end of the day, I think we can all survive together.”

*Be sure to tune in for the Blood, Sweat and Heels reunion show on Sunday, March 23rd on Bravo at 9/8c. You can follow Bythewood on Twitter @briebythewood. For more information about the Carlton hotel, check them out on Twitter @thecarltonny and [www.facebook.com/TheCarltonHotel](http://www.facebook.com/TheCarltonHotel).*

*For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).*

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# Jason Biggs Says ‘My Son Changed Me Overnight’





By April Littleton

Actor Jason Biggs has been a father for a little over a month now, but he says he already fully appreciates fatherhood. “What I’m learning – and what’s interesting – is that my wife has changed completely, and I’m sure I have too,” he told [People](#) at the PaleyFest *Orange is the New Black* panel in Hollywood last Friday. Biggs and his wife, Jenny Mollen will be celebrating their six- year anniversary soon.

**What are some ways to prepare yourself for being a first-time parent?**

### **Cupid’s Advice:**

Becoming a parent for the first time is a life changing experience. You won’t know what you’re doing for awhile, but you’ll pick up the new baby duties in no time. There are a few things you can do that will help you ease into the transition a little more smoothly. Cupid has some tips:

**1. Read:** Go to your local library or bookstore, and find some parenting books to read. There are so many different ones to choose from. If you need a little help with reducing the selection, ask a loved one to assist you. Maybe they’ll have a few favorites of their own if they’ve already been through your experience before.

**Related:** [‘Kendra on Top’ Star Kendra Wilkinson Talks Second Pregnancy](#)

**2. Think positive:** Don’t let yourself get stressed out over the small stuff. Keep a positive outlook on parenting. Naturally, you’ll make a few mistakes along the way, but every first-time parent does. Keep the focus on yourself, your partner and your new baby. Everything will work out just fine.

**Related:** [JWoww Says Her Baby Is ‘So Dramatic’ Already](#)

**3. Support system:** Start hanging around with other parents to get a feel of how things will be from now on. Other parents will understand your frustration, excitement and anxiety. You can also learn a thing or two from the pros.

**What are some other ways to prepare for being a first-time parent? Comment below.**