'The Bachelor' Juan Pablo Galavis Shows Affection to Nikki Ferrell in Instagram Photo





By Sanetra Richards

Progress is being made! *The Bachelor* Juan Pablo Galavis posted an affectionate photo with girlfriend Nikki Ferrell earlier this week, where he made sure the word "love" was loud and clear in the caption. The 26-year-old pediatric nurse's back is facing the camera, showing off a shirt that reads, "Pediatrics… our patients are cuter than your patients." The caption said, "Mi Catira @nikki_ferrell LOVES her JOB and thats ONE of the things I LOVE about her… #NikkiTheNurse." According to <u>UsMagazine.com</u>, the post is just a few days after it was reported that 32-year-old Galavis finally voiced his love to Ferrell. An insider told Us that the reality TV star "has told her, 'I love you,"' and that the two "Skype and text every day and are in constant contact."

The Bachelor Juan Pablo Galavis flaunts his celebrity love on social media. What are some ways to show your love for your partner in public?

Cupid's Advice:

Professing your love is just the first step to showing your partner affection. So, what's the next? Doing it publicly! It may be challenging, but with Cupid's <u>love advice</u>, you will be an affection expert in no time:

1. Be physical: Take a cue from Galavis and don't be afraid to show your significant other how much you love them. A simple kiss on the cheek or a hug will do. If you are walking or standing beside each other, hold their hand. Small gestures like these will not only let others know you are happily in love, but they'll also give reassurance to your partner.

Related Link: <u>'Bachelor' Stars Juan Pablo Galavis and Nikki</u> <u>Ferrell Seek Couples Counseling</u>

2. Make it Facebook official: Nowadays, the easiest way to find out someone's relationship status is to go right to Facebook. Changing your status from single to in a relationship is another way to make it clear that you are off the market and glad to be with your love. If you want take it a step further, post a status in reference to your relationship and love or pay them a compliment.

Related: <u>Nikki Ferrell's Ex Says She 'Normally Wouldn't Take</u> <u>That' from a Guy</u> 3. Introduce them to family and friends: We all watched Galavis introduce his celebrity love to his family and friends, which can be quite nerve-racking. They can be either critical or accepting. However, wanting to make that move shows just how much you care.

How do you show your love for your partner publicly? Share your thoughts below.

'Mob Wives' Star Renee Graziano on New Book, Possible Spin-Off Reality TV Show and Dating Italian Men!





Interview by Lori Bizzoco. Video by Damian Kolodiy.

Last Wednesday, Apr. 9, CupidsPulse.com Executive Editor Lori Bizzoco met up with *Mob Wives* reality TV star Renee Graziano at Barnes and Noble in Tribeca to discuss her new book *Playing with Fire*. Describing the novel as "loosely based" on her own life, she explains in our <u>celebrity video interview</u> that she has stacks of notebooks about Reign Grazi, the character who she's developed since she was young.

Related Link: <u>'Mob Wives' Executive Producer Jenn Graziano</u> Says, "I'm Not Anti-Marriage; I'm Anti-Ball and Chain!"

Celebrity Video Interview with Renee Graziano

Of the hero in her book, the author says, "I've been searching for this man all of my life." However, she now knows he doesn't exist. "But I exist; I'm the hero. I definitely saved myself. I found my hero; now, I'm just looking for a man of his word who's close to God, has a good heart, loves his family, and wants to build with me."

Of her current relationship and love life status, the reality TV star reveals that she's "very much single." As for whether or not her future partner must be Italian, she says, "Not saying that I wouldn't, but after my past experiences, I pretty much got turned off to my nationality. The Italian men that I was around didn't work for me anymore."

Fans may be surprised to hear that she has a great relationship with her father Anthony Graziano. "We made up over two years ago, and our relationship is amazing," she shares in our celebrity video interview. However, they don't discuss anything to do with *Mob Wives*, and he'll never read *Playing with Fire*. Still, she adds, "But he's my dad – he's my hero."

Reality TV Star Talks About Season Four of *Mob Wives*

Of course, we had to ask the reality TV star about her hit show *Mob Wives*. When discussing the ups-and-downs of season four, she explains, "I think there was a lot of tension because the new girls felt they had to prove themselves. They're not New Yorkers, and they're not of direct descent of that underworld."

Related Link: <u>"Bigger is Better": Reality TV Star Big Ang</u> Launches New Wine Line

While *Mob Wives* has been renewed for season five, Graziano remains mum about whether she'll be returning to the VH1 series again. There are rumblings of a spin-off show, which she says is "absolutely" a possibility. "I hope it does happen for me," she admits. "The second I know, everybody else will know! Trust me — that will not be something I'm able to hold in."

Check out Playing with Fire on Amazon or at your local bookstore. To keep up with Graziano, follow her on Twitter @reneegraziano.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Jennifer Garner Says She and Ben Affleck Make Lives Work

in 'Boring Way'





By Sanetra Richards

Ben and Jen have proved themselves to be a normal married couple, despite the title of "celebrity." According to <u>UsMagazine.com</u>, the actress talked about the busy life her and husband Ben Affleck lead, but how they manage to balance it all: "I'm pretty selective [over roles]," Garner shared with

reporters at the premiere of *Draft Day* on Monday, April 7th. "Everything that comes my way – the first thing we do is talk schedule, location," she said. "I sit down with a calendar with my husband and in a very boring way, detail every single week.... and what's possible and if it can work out or not."

How do you keep your relationship stable and strong?

Cupid's Advice:

A relationship is similar to a full-time job: you constantly have to put in the work and not become lazy, or else the job's primary goal will not be done properly. Being able to progress with your significant other is all about whether or not the partnership is stable and strong enough. Cupid has a few tips on how to keep these aspects between you and your honey:

1. Listen to each other: It is perfectly OK to just sit back and hear what your partner has to say . . . and then pitch in your suggestions or ideas. Beware of letting it go in one ear and out of the other – actually take in what they have to say and vice versa. Your partner will feel more at ease to come to you with any problems or issues they may find themselves running into.

Related: <u>Ben Affleck Says Wife Jennifer Garner Is 'the Most</u> <u>Important Person to Me'</u>

2. Be supportive: Constantly speak words of encouragement. It will give them (and you) that extra boost. If your partner has a huge project coming up and he or she is nearly pulling their hair out, be there to calm them and cheer them on. Consistently doing little things like this will make a ton of a difference in your relationship.

Related: <u>Ben Affleck Says He and Jennifer Garner Are Done</u> <u>Having Kids</u>

3. Address problems: You may think some issues are not worth talking about . . . WRONG! Be honest with your partner on what is bothering you or what is possibly setting the relationship back. Respectfully talk it out and hear each other's side. Then figure out a solution and act on it, as a team.

What are other ways to keep your relationship strong and stable? Share your suggestions below.

'American Idol' Contestant Malaya Watson Says, "I'm Not Afraid to Be Myself"





By Liz Kim

At only 16 years old, Malaya Watson is the youngest contestant ever to compete on American Idol. She dominated the competition from early on, and viewers quickly forgot how young she was after listening to her powerhouse vocals. Her positive attitude, confidence, and jokes garnered a lot of fans, so it was no surprise that the singer's elimination caused controversy with many who stated that the judges use of the save last week was a joke and that Watson deserved it more than Sam Woolf. Some have also said the she deserved to win and that the votes were miscounted, while others announced that they would no longer watch the show.

Related Link: <u>'American Idol' Contestant Majesty Rose: "I</u> Didn't Change Who I Am At All" Throughout it all, Watson remains upbeat. Although she didn't walk away the winner, she still gets a neat consolation prize. "It's weird being the youngest contestant, but it's cool because I can 'be in the books,'" she says. "It's pretty awesome." She admits, though, that being a teenager also has its downfalls. "At the same time, it was hard because I also have to focus on school. Managing time with school and my music and just trying to balance everything evenly and get everything done was tough."

The Southfield, Michigan native cites her father Ronald Watson and her two grandfathers as her musical influences. Her father is a professional guitar player, and the contestant shares, "If he didn't do music, I wouldn't have either because I wouldn't have been around it a lot. Growing up, I was always around music, and having him around always playing music really influenced me." Her childhood explains her love for old school R&B, blues, and soul music, and it makes sense that she can see her first album having a similar sound.

Watson may have an impressive set of pipes, but that's just the beginning. She can also play the tuba, the sousaphone, and the piano. Although she can't divulge all of her secrets, she hinted at a tuba performance during the *Idol* summer tour and even planned on playing it next week had she stayed.

The performer also stood out because of her trademark glasses and braces. Although the music industry is notorious for unrealistic beauty standards, she says the best advice she received on the show was to always focus on the music. "Harry told me that I should focus more on my craft rather than my stardom," she says of judge Harry Connick Jr. "At first, I thought the music business was just all about how you look, but it's honestly all about how you sound."

Related Link: <u>'American Idol' Contestant MK Nobilette Talks</u> <u>About Being a Role Model</u> With school and music, there's hardly any time to worry about boys and dating, but Watson still knows exactly what she wants. "He has to play football; he has to be taller than me (in heels); and he can't be stupid," she reveals. "He has to have a nice side and be loyal and honest, and he must be busy because my schedule is busy. He also has to understand what I'm going through – no whiners!"

Although she's still young, the singer has a good head on her shoulders. Her advice to teens wanting to audition for *American Idol* and pursue a career in music is to "focus on school but to follow what your heart wants you to do. If I didn't audition for *Idol*, then I wouldn't be here. If you really want to do something, do it while you still have the chance. There will come a time when you want to do something but don't do it, and you'll regret it later."

You can catch Watson on the American Idol tour this summer. In the meantime, keep up with her on www.facebook.com/IdolMalayaWatson

Demi Moore and Bruce Willis Barely Interact at Rumer Willis' Performance





By Sanetra Richards

Keep the peace! And that is exactly what Demi Moore and Bruce Willis seemed to do. The ex-couple of 13 years remained cordial at their daughter's, Rumer Willis, musical performance at West Hollywood's DBA on Saturday, April 5th. According to <u>UsMagazine.com</u>, although the two both attended, they sat at different tables: "They stayed after to congratulate her and chat for a bit," the eyewitness also said, "Bruce and Demi did not interact with each other." One male and two female friends joined the 50-year-old actress for the event, whilst the 59year-old actor was accompanied by his pregnant wife Emma Heming-Willis.

What are some ways to keep things civil with your ex?

Cupid's Advice:

Every breakup comes with a list of things to consider after the split. One of them is occasionally seeing each other (even if not intentionally) after the split. Nevertheless, there are a few ways to maintain your composure and be cordial with your ex. Cupid has some tips:

1. Inhale, exhale: The first time you may see your ex will possibly catch you completely off guard (although you probably had a heads up). Remain poised and content. You will make it

through the awkward moment.

Related: Find Out About Demi Moore's New Guy

2. Realize: You have turned the page and are now on a new chapter. Do not let your past relationship feelings taunt you constantly. Think about the good things that came after your ex, not the ones you experienced while with them. Your happiness will thank you.

Related: Bruce Willis Prepares to Welcome His Fifth Child

3. Delete: Harboring those old feelings will not make seeing your ex-partner any easier. Let go of the anger and resentment. You will feel ten times better at the end of the day. Plus, you will not have to look at their face afterwards!

How do you keep things civil with your ex? Share your thoughts below.

Scarlett Johansson Reveals Why Romain Dauriac Is Right for Her





By Sanetra Richards

Dating someone with a different career than yours is exactly what Scarlett Johansson has chosen to do. The Vanity Fair cover girl made it known things are much easier dating a nonactor. According to <u>UsMagazine.com</u>, the Captain America starlet discussed her relationship with French journalist Romain Dauriac, saying, "It is [easier], but it's more than that. We do different things. He's in the whole art-scene world. So it's nice, because we can enjoy each other's worlds, but we don't have our crazy conflicting schedules and all that other stuff to contend with." Johansson went onto joke about her beau: "And, you know, of course, actors, in general, they're obsessed with emotions. Although, [Romain is] French, so he's also probably overly into his emotions." The couple is expecting their first child in August.

How do you know when you've found 'the one'?

Cupid's Advice:

Stumbling upon love is one of the greatest feelings of all time. Admit it, your head is up in the clouds and you have uncontrollable stomach flutters. And if you have not experienced this yet, you are patiently waiting on the moment. However, knowing when you have met that special person that is the reason for your insane feelings always brings up the question "Is he/she the one?" Search no further, because Cupid has some advice:

1. You can be yourself: Finding someone who completely accepts you for just being you is similar to finding a needle in a haystack. Fortunately, when that person comes around it is hard to pass up. He or she will laugh at your corny and witty humor, accept your lifestyle, and so on. If you are never hesitant to say what is on your mind or do something completely out of the norm and they value it, chances are you are a step closer to recognizing 'the one.'

Related: Scarlett Johansson Is Expecting!

2. Everlasting romance: The googly eyes and butterflies are not meant to end after a couple of months into the relationship. A connection should always be felt between you and your partner, even if it is years down the line. 'The one' will continuously shower you with affection and appreciation.

Related: <u>Scarlett Johansson Is Engaged to Romain Dauriac</u>

3. Mutual understanding: A confirmation usually comes about in certain situations when you and your partner would rather talk out a problem instead of arguing and going at each other's throats; even when conversations begin to evolve and begin to include "we" or "us" instead of "I" and "me" all of the time. If you notice more growth individually and as a couple, guess what? You have probably found 'the one.'

What are some ways to know you have found true love? Share your thoughts below.

Actor Andrew Dice Clay Files for Divorce





By Louisa Gonzales

Andrew Dice Clay and his wife, Valerie Silverstein have decided to end their marriage after four years. According to <u>People</u>, the legally named Andrew Silverstein, actor filed for divorce in Los Angeles Superior Court and have been separated since March 18. Dice Clay, reportedly said in a statement the divorce not only ended amicably, but was also the best thing for their relationship. He went on to say the term "marriage" was only adding unnecessary pressure to their relationship and now the two have more "love" and "respect" for each other than ever before, they even celebrated their divorce at the restaurant Craig's in West Hollywood.

How do you keep unneeded pressure out of your relationship?

Cupid's Advice:

There's no question all relationship need work, but they should also be fun and not that hard. When you want to make some one happy, especially your partner it can be easy to get loss in unnecessary drama or let yourself freak out about something more than what you should. Cupid has some advice on how to keep unneeded pressure out of your relationship:

1.Don't focus too much on trying to please them: It's true every couple has to each put in time and energy to make a relationship work, but that doesn't mean you have to devote all your time and energy to them. Focus less on trying to please them, because it will just force situations and that can make your significant other feel uncomfortable or it can come off as desperate. Just relax and focus on being yourself around them, after all they already fell for the 'real' you.

Related: <u>Richie Sambora Says Ex-Wife Heather Locklear Is</u> <u>'Still Hot'</u>

2.Don't Hold onto resentment: If you're mad or have issues don't keep them bottled up inside, because if you do it will just continue to build and build until you explode. Talk out your problems right away so you can avoid having a big fight. If you're not fine don't say you are, the only way for your honey to help you out or for you to work out your problems is by letting them know you have an issue.

Related: <u>Nikki Reed and Paul McDonald Split After 2 Years of</u> <u>Marriage</u>

3. Don't put them on a pedestal: It can be hard to live up to people's expectations enough as it is, and you especially don't need it from your lover. We shouldn't have to change to please our sweethearts, nor should you think your other half is perfect or can do no wrong because the truth is no one is.Don't put too much pressure on the person you are with, it will only make things harder for the both of you.

What do you think are the best ways to keep unneeded pressure

out of your relationship? Share your tips below.

Trista Sutter Talks About Her "Strong Family Bond"





By Maria Darbenzio

Trista Sutter, author of Happily Ever After, The Life Changing Power of a Grateful Heart, renewed her wedding vows with her husband Ryan in January as a way to celebrate their 10th wedding anniversary. As the mother of two young children, she knows how important it is to create a strong bond between family. The former Bachelorette talked with Celebrity Baby Scoop about creating that bond and how motherhood has changed her relationship with Ryan.

Related Link: <u>'Bachelorette' Trista Sutter Talks About Her</u>

'Happily Ever After'

CBS: What are Max and Blakesley looking forward to doing this summer?

TS: "I've signed them up for lots of little summer camps. Max will go to basketball camp and also attend a camp called Camp Invention, where they focus on science related stuff. Blakesley will go to dance camp and she is also looking forward to going to fairy camp, where they build tiny fairy houses by one of our local rivers. They're really excited to do all of those things."

CBS: Your family seems like you all have such a strong bond with one another. Is that something you work at?

TS: "Oh gosh, yeah. Spending quality time together is important to us. I make a point to ensure my kids know they are a priority in my life and that my husband is a priority in my life. My relationship with Ryan is the foundation of our family. So, yeah, we do have a strong family bond, but it takes effort and time to create it."

CBS: You recently renewed your vows. How meaningful was that ceremony to you?

TS: "It was so incredibly meaningful and it was wonderful to be able share it with our kids. What you didn't see on TV was that we included them in our vows. We vowed to always have fun together and always be there for each other. That was special. It was also wonderful to share it with friends and family who have been with us for the past 10 years. I know it was on television, but it was very intimate ceremony and I'm glad we did it."

Related Link: Reality Stars Who Found Real Love

CBS: How did becoming a mom change your relationship with Ryan?

TS: "Well, number one, it has decreased the amount of time I can spend with him. That's because our kids demand a little bit more time from each of us. So, it's changed in that way. But, honestly, our relationship has grown so much; I respect him so much more because he is such a wonderful father. Our relationship continues to thrive because we bond over our children and we both respect each other as parents."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/04/01/trista-sutter-stro ng!

New Couple? Khloe Kardashian Parties with French Montana





By Louisa Gonzales

Khloe Kardashian continues to make headlines about her love

life. According to <u>UsMagazine.com</u>, the Keeping Up With the Kardashians star, 29, was spotted at the clubs this weekend with rapper French Montana, one night in Hollywood and another night in Phoenix, Arizona. Khloe was also seen in West Hollywood at hotspot 1 Oak on Friday, April 4 partying with the rapper at the 16th birthday party for Diddy's son Cristian. The reality star recently filed for divorce from husband Lamar Odom in December, but she appears to be moving on with Montana.

What are some ways to grow a new relationship?

Cupid's Advice:

After a break up it can be hard sometimes to put yourself back out there, especially if you last relationship ended badly. Part of life is accepting sometimes you have to move on, life always keeps moving forward. So, why not be open to finding someone new and trying your hand at love again? Cupid has some advice on some ways to grow a new relationship:

1. Be open to love: The only way to be able to get back in the game, is to let yourself be open to playing and in this case in the game of love. Don't let past failed relationships weigh you down, because if you don't let them go you won't be able to move on. Remember, the end of one thing is the start of something new and the same can be said for love.

Related: <u>Khloe Kardashian Says She's 'Excited for This Year to</u> <u>Be Over' Post-Divorce Filing</u>

2. Let yourself breath: Take a deep breath and take all the time that you need when starting a new relationship or helping it to grow. The best way to strengthen your relationship is to really spend the time getting to know your partner, besides learning things about one another can be enjoyable. So, be patient with yourself and your significant other and don't rush anything you're not ready for.

Related: Khloe Kardashian Files for Divorce from Lamar Odom

3. Have fun: The start of the relationship can sometimes be the most fun because it's new and exciting. The best way to help your relationship move along in a positive way is to have a little humor and to bring out your playful side. So get out there and let loose, but remember to be yourself, whoever you are with should like you for who are.

What do you think are good ways to grow a new relationship? Share in the comments below.

'Mad Men' Star Kevin Rahm Is Expecting a Baby Girl with Wife





By Louisa Gonzales

'Med Men' star, Kevin Rahm wife is pregnant. According to *UsMagazine.com*, Rahm and former 'Housewives' star Amy Lonkar are expecting their first child together, a baby girl to be exact. The daddy-to-be shared the news on his twitter on April 5, in the form of photo that read, "Amy Rahm 'The Surgeon' and Kevin Rahm 'The Actor' Starring together in It's a Girl! Coming this September." The couple got married back in April 2012 and are both "excited" and "terrified" about the news.

How do you prepare your relationship for a first child?

Cupid's Advice:

Having a baby can be a happy time for you and your partners relationship, but it can also be hard, stressful and at times challenging, especially if it's your first child. Just think of having a baby together as just another journey or adventure in you relationship.Cupid has some advice on how to prepare your relationship for a first child:

1. Read up and research all you can: There is no secure way to foretell and predict all the changes that will happen in your relationship, from pregnancy, so all you can do is prepare. The best way to make your way into the known, is to talk to others who have experienced having a kids before friends or family, read baby books or attends classes, etc. Even though everyone's experience can be different receiving advice from others can be helpful.

Related: <u>Dating Advice: Are You Dating a 'Mad Man'?</u>

2.Keep in mind things will change: There are a lot of things first time parents will discover about each other, kids and their relationship through the journey of having kids. Life is constantly changing and the only way sometimes to keep going forward is to accept the change. So, with all the changes be prepared to be patient with one another, review your relationship and to learn and discover new things about each other.

Related: Mila Kunis and Ashton Kutcher Are Expecting!

3. Plan things out beforehand: To prevent any drama or unnecessary arguments that will come with having a baby, talk or plan everything out beforehand. With a baby, like with any new member added in to your family comes new discoveries, problems and challenges. The only way to make changes for your new little person added into your family you have to be willing too, and the best way to do that is to make decisions as a couple.

What do you think are good ways to prepare your relationship for your first child? Share your tips below.

Famous Couple Brad Pitt and Angelina Jolie Enjoy a Weekend Celebrity Getaway Without Kids





By Louisa Gonzales

Angelina Jolie and Brad Pitt went on a weekend celebrity getaway, just the two of them. According to UsMagazine.com, the famous couple were spotted at a hotel in Beverly Hills having a lovely time together on Saturday, Apr. 5, without their six children, Pax, 10, Zahaa, 9, Shiloh, 7, twins Vivienne and Knox, 5, and Maddox, 12. The engaged twosome were not shy about showing their affection towards one another, even entering the hotel arm-in-arm. This much-needed private outing is well-deserved, as it comes after Jolie, 38, and Pitt, 50 had been a part for a few months because of work.

Famous couple Pitt and Jolie recognize the value of alone time with each other. What are some reasons it's important to spend quality time with your partner?

Cupid's Advice:

Whether you're part of a famous couple or not, finding time to spend with your lover can be difficult. After all, life gets in the way! However, no matter how chaotic and hectic your schedule may be, it's important to get that much-needed private time with your other half. Cupid has some love advice on why you need to spend one-on-one time with your partner:

1. It keeps the spark alive: Every relationship needs a strong emotional and physical connection. Physical separation leads to emotional separation, so if you're not spending time in each other's company, it can lead to a break-up. Plan some date ideas together and do something fun or new; that way, you will be making time for each and satisfying each others needs.

Related Link: <u>Brad Pitt Flies to Australia to Reunite with</u> <u>Angelina Jolie and Kids</u>

2. It strengthens your relationship: It's nice to go out and spend time as a family with your kids or your friends, but if you want the bond between the two of you to stay strong, alone time is needed too. Couples need time away from their daily distractions to catch up on what's going in each other's lives.

Related Link: <u>Brad Pitt Confirms Wedding with Angelina Jolie</u> <u>Will Happen 'Soon'</u>

3. It allows you to unwind: You need a break from life's stresses every once in a while! Use this time to reboot and keep your relationship fresh.

Why is it important to spend alone time with your partner? Share your love advice in the comments below.

David Krumkoltz Has a Baby

Girl





By April Littleton

According to <u>People</u>, Men at Work star David Krumkoltz welcomed a daughter, Pemma Mae. He announced the news via his Twitter account Saturday. "I am a parent," he tweeted. The actor married Vanessa Britting in New York City in May 2010.

How do you prepare for the birth of your child?

Cupid's Advice:

Congratulations on the soon-to-be birth of you child. Parents prepare for a new family member in many different ways. You have to find a way that works best for you and your partner. Cupid has some advice:

1. Relax: You partner needs you to stay calm more than ever now. Your significant other will already be stressed to the max up until the baby is born, and when the bundle of joy does arrive a whole new level of anxiety will set in. Related: Stacy Keibler Is Pregnant

2. Research: Do as much research as you can before the baby is due. Buy a few pregnancy books. Take some birthing classes. Anything that you can do to help you get familiar with the baby will prove to be beneficial in the end.

Related: <u>Rascal Flatts' Joe Don Rooney Is Expecting Third</u> <u>Child</u>

3. Get yourself ready: You need to mentally prepare yourself for what's to come. Spend time with your significant other because once the baby comes, alone time will be different. Your life won't just be about you and your partner anymore, you'll have another person to think about as well.

How did you prepare for the birth of your child? Share your experience below.

DeAnna Pappas Stagliano Talks Motherhood: "It's Seriously the Best Thing I've Ever Done"





By Maria Darbenzio

New mother and *The Bachelorette* alum DeAnna Pappas Stagliano and her husband Stephen Stagliano welcomed a beautiful baby girl into their family on February 6th. The former reality star recently caught up with Celebrity Baby Scoop to share an inside look at Addison Marie's nursery and to talk about how she's adjusted to being a mom.

Related Link: <u>'Bachelorette' Alum Welcomes Baby Girl</u>

CBS: Congratulations on the arrival of your daughter Addison Marie! How is she doing? And how are you adjusting to new motherhood?

DPS: "Addison is doing amazing – already sleeping through the night! Such a big girl. The past two months have just flown by. It's like I blinked and she grew into a baby instead of a newborn. So crazy.

I am loving motherhood — it is seriously the best thing I have ever done with my life. I'm obsessed with her — I can't stop staring at her or kissing her. Motherhood is such a blessing and I am so grateful to be experiencing this. The transition has been flawless. Sometimes I wake up in the middle of the night and I miss her so much even though she is just in the next room in her crib. The magnitude of the love I feel is so hard to put into words."

CBS: How did you come up with Addison Marie's name? Was it a tough decision for you and Stephen?

DPS: "Stephen and I loved the name Addison way before we were even thinking about getting pregnant. The name is just so beautiful and sophisticated. Her middle name, Marie, is passed down. It was my grandmother's, my mother's, and my middle name. It is something I wanted to share with my own daughter. I wanted her to know and have a piece of my mother."

CBS: Tell us all about baby Addison's beautiful nursery. What was the inspiration behind the soft pink and gray room? Have you always had a nursery like this in mind for your first child?

DPS: "Addison's nursery is our favorite room in the house! When we were planning out her nursery, I knew I wanted to decorate it in soft pink and soft gray. The gray took some convincing with Stephen, but once he saw it, he loved it too. Choosing the bedding with Carousel Designs made it all complete. It was so easy when making the decision because we used their online tool. They had the perfect pink and gray chevron bedding that we just fell in love with. I found some vintage pieces of furniture that Stephen and I restored for her room that just fit perfectly.

Related Link: DeAnna Pappas Stagliano Celebrates Her Baby Shower

CBS: What's your favorite component/piece in the nursery?

DPS: "Speaking practically, I love her Poopoose changing pad. It is 'mom invented' which I love. The changing pad has a belt to strap Addison in so she doesn't roll off and get hurt. I'm also a huge fan of my Bobee diaper dispenser. It makes storing diapers easy and stylish so I am not cluttering up Addison's dresser or drawers with all the extra diapers." For the rest of the interview, visit www.celebritybabyscoop.com/2014/04/01/stagliano-motherho od-blessing!

Instagram Reveals Kevin Federline Welcomes Sixth Child





By April Littleton

According to <u>People</u>, Kevin Federline revealed his sixth child, a daughter named Peyton Marie who was born Sunday, via his Instagram account. The former backup dancer posted a photo of a wagon with the words, "It's A Girl!" He's already a father to sons Jayden James and Sean Preston with Britney Spears, and Kaleb and Kori with ex-girlfriend, Shar Jackson. He also has a child, Jordan Kay, with current wife, Victoria Prince. How do you manage a big family?

Cupid's Advice:

The bigger the family, the more responsibility you have. You'll need to make sure you have all the proper accommodations for a large number of loved ones. Cupid has some advice:

1. Communication: Many situations can go wrong when you have a big family. Make sure everyone stays on the same page – at least most of the time. You'll have to go out of your way to maintain communication between each and every one of your loved ones, but that's the price you may when you have your own personal football team.

Related: Scott Wolf and Wife Kelley Celebrate Baby Shower

2. Schedules: Schedules might be the best thing for you and your family. You won't have time to do everything, but at least with a schedule you'll be able to fit more activities into your daily life.

Related: <u>Mila Kunis and Ashton Kutcher Are Expecting!</u>

3. Love: All of your family members need to know they're loved. If you're dealing with a large group of loved ones, it might be hard to have one-on-one time with each individual. Make the effort. Show them you care. Even a quick hug will do the trick.

What are some other ways to manage a big family? Comment below.

Haylie Duff Is Engaged to Boyfriend Matt Rosenberg





By Sanetra Richards

'Tis the season for wedding bells! Actress and singer Haylie Duff announced her engagement to boyfriend Matt Rosenburg on Thursday, April 3rd. According to <u>UsMagazine.com</u>, the 29-yearold posted an Instagram photo of the two smiling and her showing off her nice sized rock, with the caption reading, "The future Mrs. Rosenburg #Love @mr_sts." She went onto share the news with her food blog's fans: "This week has seriously just become the best week of my life! As if announcing The Real Girl's Kitchen tv show wasn't enough, Matt just took me by total surprise and proposed…on April Fool's Day of all days! The moment was genuine and sweet (like him!) and I couldn't wait to say yes!"

What are three unique proposal ideas?

Cupid's Advice:

Planning a wedding proposal is far from an easy task. Just like the wedding, it takes preparation (and lots of meditation). You have to strategically map out every single detail, from who is going to be involved, where it is going to be, and what day! Not to mention, you have to keep it a secret. Before you can worry about all of this, thinking of how you want to ask for your partner's hand in marriage is most important. Cupid has a few cute ideas to make things a little bit easier:

1. The museum: Ask your local museum if you could place an enlarged framed photo of you and your partner in the photography section with the proposal as the caption. Take your significant other to the city's museum for what will seem to be a regular date. Look at the various pieces and critique each, as usual. Once you get to your 'proposal piece,' wait for his or her reaction as they read the picture's caption.

Related: <u>'Little People, Big World's' Jeremy Roloff Is Engaged</u>

2. Write 'note' cards: Send or leave your love sweet note cards throughout the day, whether it is of a favorite quote or a reminder of their beauty. Do about five to ten cards. On the final one, ask for their hand. Priceless moment!

Related: Find Out How Kanye West Proposed to Kim Kardashian

3. Deliver it in the mailbox: Make sure your significant other is the one to check the mail the day you want to propose. Set the ring in the mailbox beforehand. Watch him or her as they open the mailbox to see the box among the other envelopes. Voilà ! Here is your chance to propose.

Do you have any unique proposal ideas? Share your thoughts below.

Celebrity Interview: 'Cheaters' Detective Daniel Gomez Says, "Cheating Doesn't Discriminate Against Anyone"





By Brittany Stubbs

Although infidelity is no longer classified as a criminal act, the consequences of cheating can ruin marriages, families, and lives. For 14 seasons, the reality TV show *Cheaters* has invited viewers to watch real relationships and love unravel as private investigators are hired to help spouses catch their partners cheating. Having served 16 years as the Chief Detective on the show, Daniel Gomez has a lot of knowledge when it comes to infidelity.

Celebrity Interview with Reality TV Star Daniel Gomez

Not all of Gomez's wisdom comes from his experience in the field though. The tough detective from Texas began our celebrity interview by sharing how infidelity has influenced his personal life: "I've been a victim of cheating. It's more common than you think, and you can't always judge a book by its cover. So after going through it myself, I realized there was something I could do to help others who may be experiencing a similar pain."

Related Link: Jason Aldean is Dating Mistress Brittany Kerr <u>Post-Divorce</u>

While hiring a private detective is helpful in determining if your partner is cheating, it doesn't always take a professional to notice some of the clues of infidelity. There are many signs that Gomez encourages victims to look out for in his book *Play to Win*, but here are the five main ones.

- You have difficulty reaching your partner.

 Your partner is paying more attention to his or her appearance.

- Your significant other is preoccupied and less attentive.

- They're working overtimes or out of town on business trips.

 You experience decreased sexual activity, intimacy, and affection from your partner.

After noticing one or more of these signs, many people make the mistake of immediately confronting their partner of their suspicions. While this approach may seem tempting, the detective believes there are a few questions you must ask yourself. First, you must determine how you define cheating. "Definitions of cheating vary," he explains. "I'll have one client tell me that, unless they're caught having sex with someone else, it's not cheating. And then I'll have another client decide that if they're sending or receiving consistent messages from the opposite sex, they consider that cheating."

Related Link: <u>Dean McDermott Is Accused of Cheating on Tori</u> <u>Spelling</u>

After figuring out what behaviors are considered unfaithful, you must decide how much evidence of your partner cheating that it'll take to satisfy you. "I always ask my clients how much they want to know." While some victims are only seeking one action to determine they've been betrayed, others aren't satisfied until they've obtained every last detail.

Once you have gathered everything you need to build your case, it's time to make the decision: Will you stay, or will you go? "The question is simple; it's the answer that becomes challenging," Gomez says in our celebrity interview. No matter how many apologies and excuses your partner makes, only you can choose what's best for you.

Cheaters Detective Talks Celebrity Infidelity and Scandals

The author believes it's important for everyone to remember that "cheating doesn't discriminate against anyone." No matter who you are, how much money you make, or what you look like, you can be affected by this vicious game, so don't be naive. We're reminded of this truth every time the media alerts us of another celebrity couple's relationship that has been rocked by infidelity. Although it seems surprising that such highprofile people still risk everything by cheating, Gomez reminds us, "Celebrities are human beings just like everyone else."

Related Link: Michael Morris Steps Out with Wife Post-

Katharine McPhee Cheating Scandal

He says that Arnold Schwarzenegger first comes to mind when asked what celebrity infidelity society can learn from. "He cheated and had a child with his nanny, which shows that it doesn't always take someone necessarily attractive to make a person cheat on their spouse." The Tiger Woods case – one of the biggest celebrity scandals in the world of professional sports – is another classic case because it was all confirmed by his wife simply doing some digging on his cell phone.

In the end, while every relationship and love is different, you must remember to always stay in control and protect yourself when dealing with a cheating partner.

To learn more about Detective Gomez and modern day cheating, check out his book Play To Win. Want to be on his weekly radio show? Email your questions and thoughts to dgshowradio@gmail.com.

Johnny Depp Confirms Engagement to Amber Heard Again





By Sanetra Richards

Johnny Depp has been hit by Cupid's arrow and is not afraid to show it! The 50-year-old actor confirmed on his appearance at the *Today Show* that he is nothing short of head over heels for actress fiancée, Amber Heard. According to <u>UsMagazine.com</u>, he

gushed about Heard during the April 4th interview, saying, "She's a wonderful girl. She's sharp as a tack. A southern belle and sweet as can be, and very good to me." He also explained he has been wearing a woman's engagement ring, whilst a source told *Us* that it actually belonged to Heard but was too big: "The fact that I'm wearing a chick's ring on my finger is probably a dead giveaway. Not very subtle."

What are some ways to show your excitement about your relationship?

Cupid's Advice:

You are not ashamed in letting the world and your partner know that you are more than happy to be with him or her. If possible, you would shout it out at the highest mountain top. In the meantime, you would rather show your joy and gratitude in other ways, but not exactly sure how to. Here are a few of Cupid's tips:

1. Speak of your partner: This will come naturally if you are

happy with your significant other. You will find yourself wanting to bring up their characteristics that make you blush or have butterflies. For instance, if they are sincere in helping others, you may want to let others know.

Related: Johnny Depp and Amber Heard Are Engaged: Find Out Why

2. Compliment daily: Giving your partner a few kind words here and there is a reminder of what you like about them. It also reminds you of why you are in the relationship. Keeping the flame lit is a way to keep the connection fresh and exhilarating!

Related: <u>Amber Heard Talks Johnny Depp: 'Not Part of My</u> <u>Professional Life'</u>

3. Inform others: Share with everyone that you are now committed. Tell family, friends, even the neighbors! Do not be afraid to broadcast it (unless you all have mutually agreed to let it remain a secret). Remember: If the highest mountain top were accessible, you would do it.

How do you show your excitement about your relationship? Share below.

Rascal Flatts' Joe Don Rooney Is Expecting Third Child





By Sanetra Richards

Move over babies number one and two, number three is on the way! Joe Don Rooney of the Rascal Flatts and wife Tiffany Fallon have another treat baking in the oven. According to <u>UsMagazine.com</u>, Rooney confirmed in a statement saying, "We are so thrilled and feel so blessed to bring another little angel into our world." The couple married in 2006 and has since welcomed two kids, 5-year-old Jagger Donovan and 3-yearold Raquel Blue. The country band's guitarist went onto say, "Jagger and Rocky are very excited, too. They're going to make a great 'big brother – big sister duo' as the Rooney circus continues."

How do you prepare for a third child versus the first two?

Cupid's Advice:

Planning for a child is one of those things in life that cannot be completed successfully without the right tools and advice to guide you – and majority of the time, you still do not have it quite figured out. The first time around was challenging, the second was a tad bit easier, and now you are slightly concerned about the third. Do not panic, Cupid is here to give you a few tips:

1. Be hands-on: A step in preparation for a third child that

should be taken into mind is preparing the older siblings as well. Be sure to comfort them before the baby is born. Let them know that yes they may have a new brother or sister, but they will still be important. Involve them in the pregnancy: decorating the nursery, packing the hospital bag, showing the ultrasound photos. They will be more likely to embrace their role as an older sibling (and less likely to develop the 'middle child syndrome').

Related: <u>Gwen Stefani Welcomes Third Son with Husband Gavin</u> <u>Rossdale</u>

2. Think responsibly financially: The load will continue to grow as the third child comes along. Set aside funds each week or month for the family's cost of living. As you may know, baby expenses are far from inexpensive! Do not be afraid to downsize if you have to – baby number three will be well worth it.

Related: <u>Shakira Says She'd Love to Have Eight or Nine Kids</u> with Gerard Pique

3. Better parenting: Continue to find new ways of how to be a better parent along the way. Try new techniques, read parenting books, etc. Maybe even practice perfecting a skill you might have not had with the other two!

What are some ways to brace yourself for a third child? Share your suggestions below.

Olivia Wilde and Jason

Sudeikis Enjoy Boston Getaway





By Sanetra Richards

Parents-to-be Jason Sudeikis and fiancée Olivia Wilde seemed to have enjoyed themselves in Titletown, also known as Boston, during their weekend getaway. Wilde stylishly joined Sudeikis on set as he was in the process of filming for the upcoming romantic comedy *Tumbledown*. According to *People*, the couple was no stranger to the well-liked neighborhood coffee shop Haute Coffee (they ordered haute lattes with almond milk and a house-made syrup of honey and cinnamon). A bystander described the pair as 'very cute,' whilst an employee said, "They're very casual, very down to earth. They couldn't have been nicer. It's just a pleasure to have them here." The actress also shared they are expecting their little bundle of joy in about four weeks.

What are some ways vacation can make you closer as a couple?

Cupid's Advice:

Getaways with your honey are well-needed not only during the rough patches, but also just to keep the spark alive or possibly light the fire even more. Cupid has a few other ways a vacation can help strengthen your relationship:

1. Alone time: One of the biggest perks about a vaca is the isolation spent with your partner. The world back at home is cancelled out for that period of time. Your primary focus is having an enjoyable break and giving all of your attention to each other. Maybe tension between the two of you is slowly taking a toll and you feel a barrier shaping, take a simple vacation to ease away the stress.

Related: Olivia Wilde Shows Off Baby Bump at Golden Globes

2. More experiences: Whether it is a trip to you all's favorite spot or somewhere fresh, completely new memories will be created. You and your significant other will see things that you have never seen before, forming a tighter bond in the relationship. When you are back at home one day, you may see may come across something that triggers a memory from the vacation, and (hopefully) you will smile at the thought of being with your partner.

Related: <u>Olivia Wilde and Jason Sudeikis Are Engaged</u>

3. The afterglow: Post vacation romance can definitely keep a relationship going. The smiles will be from ear to ear — you and your significant other will be traveling down Honeymoon Avenue once again. Continuously replay the good times spent with your lover over in your head. You may even catch yourself wanting to relive the moment.

How could a couple getaway bring you and your partner closer? Share your thoughts below.

New Docu-Series Will Show Tori Spelling and Dean McDermott's Marriage Troubles





By Louisa Gonzales

New docu-series on *Lifetime* starring Tori Spelling and husband Dean McDermott, will invite viewers and TV cameras into their home during a rough time in their marriage. According to *People*, the couple's marriage was recently in hot waters because of a cheating scandal involving McDermott, 47, which caused the actor to enter rehab. The series, *True Tori*, will focus on the married duo and it will follow them as they work on their problem, starting when McDermott's leaves treatment. Spelling, 40, has been married to her husband for seven years and they have four children together. What are some ways to confront issues in your relationship?

Cupid's Advice:

Every relationship has problems, its normal. When you and your partner are having issues in your relationship it is better to face them than ignore them, but what's the best way to go about it? Cupid has some advice on ways to confront issues in your relationship.

1.Practice Beforehand: Before you confront your significant with your relationship woes, take the time to prepare what you are going to say, open with, end with, etc. Practicing on what you're going to say can help calm your nerves and help you focus on what exactly you want to discuss. Make sure you remember the purpose of your confrontation and that you're trying to resolve your issues not create new ones.

Related: <u>Tori Spelling Slams Rumors That She Is Divorcing Dean</u> <u>McDermott</u>

2.Make private time to talk: Take the time to sit down in private and discuss all the relationship problems you may be having with your lovebird. The issues you are having with your partner won't resolve themselves, which is why you both have to schedule a time to talk with each other. Also, be willing to listen to your lovers' side and then sit and think on it before making any rash decisions.

Related: <u>Nikki Reed and Paul McDonald Split After 2 Years of</u> <u>Marriage</u>

3. Make a list or write out your thoughts: Sometimes talking isn't enough, so why not write a letter of your feelings to your sweetheart. If that is not something you're good at you can still write out a list of the issues in your relationship to help prepare you for your 'talk'. Writing is a good form of expression and writing could help you face your issues. What do you think are good ways to confront issues in your relationship? Share in the comments below.

Scott Wolf and Wife Kelley Celebrate Baby Shower





By Maria Darbenzio

Scott Wolf, known for his role on *Party of Five*, and his wife Kelley recently got together with friends and family for a garden-themed baby shower to celebrate the birth of their daughter. The event was held at *Access Hollywood* host Billy Bush and wife Sidney's house. The couple plans to name their daughter Lucy, which inspired the name of the party – Lucy's Garden. Celebrity Baby Scoop got all of the details!

Related Link: Mila Kunis and Ashton Kutcher Are Expecting!

"The third is the charm. We are so excited to add some pink into the house and our hearts. We were so blessed with two beautiful boys, and now, Lucy will complete our little family," the happy parents of two older sons revealed. Their boys, Jackson and Miller, attended the baby shower and were just as excited for the arrival of their baby sister.

While there, guests decorated flower pots that will line Lucy's nursery. They were treated to a cake decorated to look like a garden created by Sugar Fairy Bakeshop. To balance out the sweet treats, they were encouraged to pick fruits and veggies from the garden that Wolf and his wife are creating in their daughter's honor.

Related Link: States Com States Com Related Link: States Keibler Is Pregnant

Not only did the couple have a blast, but they also helped spread awareness about the beneficial uses of cloth diapers. The pair teamed up with BumGenius to tell people all about the environmental and health benefits of using these reusable diapers. Plus, BumGenius will be helping families in need by donating diapers.

For the rest of the interview, visit www.celebritybabyscoop.com/2014/03/24/scott-celebrate-sh ower!

Miranda Kerr After Split With Bloom: "This Is My Time to

Explore"





By Louisa Gonzales

Miranda Kerr did a **revealing** photoshoot and interview for the May 2014 issue of *British GQ* magazine. According to <u>UsMagazine.com</u>, Kerr not only graced the cover of the mag wearing nothing, but a pair of thigh high stockings, she also delved into steamy details of her life following the split with her husband of three years, Orlando Bloom. Kerr, 30, is reportedly enjoying the single life, open to dating and confessed to the magazine, as she gets older she is becoming more confident in asking for what she "enjoys" in and out of the bedroom. Kerr also **revealed** that she is **open to explore** whether it be with men or women.

How do you join the dating world after splitting from you own long-term relationship?

Cupid's Advice:

Once you split with the person you've been with for a long

time, it can be hard to even think of putting yourself back out there and be **open to explore**. Getting back into the dating game after being in a long committed relationship can be fun and exciting if you let yourself go there. Cupid has some advice on how to join the dating world after a long-term relationship:

1.Reinvent yourself: Nothing says starting fresh, than reinventing or re-evaluating your life and it's priories. You don't have to drastically alter yourself or your looks, but this can be a good time to maybe try something different with yourself or consider trying new things. It can be anything whether it's you buying a new outfit or wardrobe, changing your hairstyle, or experimenting with new things.

Related: Orlando Bloom Says He and Ex Miranda Kerr 'Love and Cherish Each Other'

2. Join a dating website: Sure, the thought of having to resort to online dating can be disappointing, but not if you look at in a positive way. Think of it as a way for you to meet new people and maybe find someone you can connect with. The truth is online dating is not the taboo is use to be, many people do it these days and many people who have joined them have found love.

Related: <u>Miranda Kerr and Orlando Bloom Reunite in NYC with</u> <u>Son Flynn</u>

3. Think of it has a new adventure: Life is full of surprises and unexpected journeys. Think of the end of your long-term relationship as the beginning of a new and exciting chapter of your life. Don't be afraid to put yourself out there, **explore** new options and take a chance because you never know when you'll meet the next love of your life.

How would you join the dating world after a long-term relationship? Share your tips in the comments below.

Nikki Reed and Paul McDonald Split After 2 Years of Marriage





By Louisa Gonzales

It's official. Nikki Reed and Paul McDonald have decided to call it quits. According to <u>UsMagazine.com</u> a rep confirmed the ex-couple are over, but even though they have decided to go their separate ways, their marriage is ending on good terms. Reed,25. And McDonald, 29 will continue to share a love of music and their collaborative début album, "I'm Not Falling" releasing in 2014, is still in the works. The duo first met in March 2011 at the premiere of Little Red Riding Hood in L.A., while McDonald was garnering attention as a contestant on Season 10 of American Idol and after seven months of dating they walked down the aisle in a private ceremony in Malibu,

California back in October 2011.

How do you know when to call it quits on your marriage?

Cupid's Advice:

In life not everything works out and the same goes for relationships. A break-up is hard no matter what the circumstance, but when a relationship is not working out sometimes there is no other choice but to end it. Cupid has some advice on how to decide if it's time to call it quits on your marriage.

1. You're no longer happy: One of the major signs your marriage is not working out is if you are no longer smiling. Happiness is key to every good, healthy and long-lasting relationship. If you and your partner are no longer making each other happy it may be time to move on.

2. You're fighting all the time: Every couple have arguments and fights every once in a while and studies show it can sometime be healthy for a relationship, but if you are fighting all the time that isn't a good sign. If you find yourselves fighting and arguing over even the smallest things it could be because you are not the same people you use to be. Too much of anything isn't good and the same goes with fighting.

3. Stop spending time together: If you find that you're no longer spending that much time together and are okay with it, that's be a big clue something is wrong. You and your honey should want to spend time in each other's company or at least put in the effort to. If you find yourselves distancing yourselves from each other it could be because you're both going on different paths.

How can one tell if it's time to call their marriage quits? Share in the comments below.

Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux





By Louisa Gonzales

Things have been going well for Jennifer Aniston with both her career and love life. Aniston's latest film Horrible Bosses 2 is coming out November 26, she currently is the ambassador of *Aveeno* and has narrated "The Beauty of Nature" brand series and she is happily engaged to fiancé, Justin Theroux, 42. The movie star recently sat back and revealed the latest details of her life from everything from handling her long-distance relationship to her excessive collection of beauty products to <u>People</u>.

What are some ways to compromise on family traditions with

your partner?

Cupid's Advice:

Love is about making sacrifices and learning how to make compromises. Love is never easy and no matter whom your partner is, there is going to be differences in opinions, especially if you grew up with different values and ideals. Cupid has some advice on some ways to compromise on family traditions with your partner:

1. Take turns: It's nice to be able to share and experience your family traditions with your partner, but remember your partner has their own also. In a relationship you have to be willing to make compromises and one way to do that is by alternating. Take turns doing each other's traditions, who knows it good bring you closer and you may be able to start your own family traditions together.

2. Focus on what's important: Ask yourself what's more important to you, the issues with your traditions or the person you are trying to build your life with and essentially trying to bring into your family. Think about what traditions are truly important to you as opposed to the ones you do because of familiarity. If you are not willing to or are unable to make compromises with your sweetheart you may have to reanalyze your relationship.

3. Combine your traditions: Say you both have your own traditions you do on holidays or special occasions, why not combine them? You can create new traditions this way as well as continue to follow your old ones, besides every couple creates their own new traditions along the way. Being with someone means sharing and doing important things that matter to you together, but also finding ways to make things work in a fair way.

What do you think are good ways to compromise on family

traditions with your partner? Share in the comments below.