

Tila Tequila Says 'My Baby Has Saved My Life'



By Sanetra Richards

A baby really does change your life, and Tila Tequila can vouch for that. According to UsMagazine.com, the 32-year-old former reality star announced her pregnancy earlier this week on April 18, and expressed the deep emotion she already feels for her baby boy or girl: "It has been quite a painful journey for me, and I never thought I was going to make it out alive. So to be able to do a total 180 and finally be blessed with my first child gets me so emotional that I can barely even handle it," she says. "The only difference is that now these tears I cry are of joy, and no longer of sadness." Tila Tequila took a lot of hits over the years, from the 2010 death of fiancée Casey Johnson, a 2012 rehab stay, and many times she described as "hurtful, embarrassing, and sometimes erratic." She told Us, "My side of the story has never been truly told over the

past five years, as I have kept so much bottled inside of me.” The A Shot at Love with Tila Tequila star went on to gush about her little bun in the oven, saying, “I truly feel that my baby has saved my life, and I will do whatever it takes to give my little baby the whole entire world!” she vows. “I know I’m going to cry so much when the baby is finally born later this year.”

What are some ways pregnancy can strengthen your relationship?

Cupid’s Advice:

Pregnancy comes along with many things, such as spontaneous mood swings, appetite changes, and swollen body parts. However, distance between you and your partner does not have to be included in the bunch. Cupid has a few relationship strengthening effects of pregnancy:

1. Bonding: During the 9 (or 10) months spent baking the bun, you and your partner have the opportunity to connect even more. From shopping for the baby to attending doctor appointments together, the joint effort will increase the positive vibes and add to the excitement of the birth.

Related: [Tila Tequila Is Pregnant](#)

2. More talks: Often times, pregnancy leads to many long conversations about what the future will hold. You and your significant other may begin to question the next step in your relationship, whether that is marriage or building a larger family. Also, you may find yourself questioning some things along the way. Be sure to inform your partner of any concerns or problems you may have about the pregnancy or child’s birth – this will ease any future arguments (that are not because of hormonal changes).

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3. A deeper connection: Announcing the baby, finding out the

gender, and watching him or her kick are all moments that will bring you and your partner closer than ever. Who knows, there may be tears of joy along the way!

How does pregnancy strengthen a relationship? Share your thoughts below.

‘American Idol’ Contestant C.J. Harris Says Family’s Support “Puts Me at Peace”



By Liz Kim

C.J. Harris, 23, is wise beyond his years. He resonated with *American Idol* fans because the honesty and emotion in his

voice was so apparent. The singer traveled all the way to Salt Lake City, Utah to audition for the show, and while he had previously tried out for *The Voice* and *X-Factor*, the third time proved to be the charm.

It's no secret that the ousted contestant is all about his family, who came to support him on several occasions. "It puts me at peace, and it's kind of like singing for people on the couch at home," he shares. "It helps to have someone out there in the audience that, you know. It made me proud to have my mom and my sister there."

With that said, Harris cannot wait to go home to his biggest fan: his 2-year-old son, Jordan. "He motivated me so much. Having him in the audience was so much fun, and we'll have a lot of great memories."

Related Link: ['American Idol' Contestant Dexter Roberts on Relationships: "Keep Pushing Each Other to Become Stronger"](#)

He wasn't too far from home on the show, though, because both Jessica Meuse and Dexter Roberts are also from Alabama. In fact, Roberts and Harris were friends long before *Idol*. They met while on spring break in Panama City. "I remember Dexter walking up to me on the beach, and I was playing the acoustic guitar," he reminisces. "He asked if he could play with me, and there was just something about him that I really liked. We started playing there at the beach and then went back home and realized that we only live about 30 minutes from each other, so we played some places and became really good friends."

Roberts went home last week, but Harris can definitely see them working together in the future. "I'd love to do a duet with Dexter," he says. "Me and him have a bond. We've played together before, and it doesn't feel forced."

Given his big heart and charming voice, fans were disappointed to see the country singer get sent home this week. Despite

being in the bottom several times, he never let it get him down. "I got a little frustrated, but it made me want to keep working harder," he explains. "I believe everything happens for a reason."

The judges' critiques are not only harsh at times but can also be confusing. Harris, however, was thankful for their honesty. "I never knew that I had pitch problems. I played for people I knew, so I never got the straight answer. I was glad that I got the criticism because now I know what I need to work on."

Related Link: ['American Idol' Contestant Malaya Watson Says, "I'm Not Afraid to Be Myself"](#)

And despite Harry Connick Jr. telling him to "stick to songs you can kill," the performer believes you shouldn't play it safe. "Always stick to who you are and prepare a lot of songs," he shares. "Don't stick to just one genre. And don't bring all your good songs out in the beginning. Save some good songs for later in the competition." He has no regrets and is looking forward to reuniting with his fellow contestants once more on the summer tour.

Still, adjusting to life after *Idol* will be tough. "My brain is still going 100 miles per hour, and I'm off a couple of hours of sleep. But I'm grateful and happy that I made it this far."

You can catch C.J. Harris on the American Idol summer tour. Until then, you can keep up with him on www.facebook.com/teamcjharris.

Juan Pablo Galavis Proposes a Career Change for Nikki Ferrell



By Sanetra Richards

First comes love, and then comes . . . a career change? That seems to be what *Bachelor* Juan Pablo Galavis is asking of girlfriend and season 18 winner Nikki Ferrell. According to UsMagazine.com, the 32-year-old professional soccer player wants the 26-year-old to use the spotlight to her advantage. "He wants Nikki to work as a model or TV personality in Miami," says a friend of Galavis. Although it is a tempting proposition, the pediatric nurse does not have any plans on leaving her current field of work. "She loves her job," adds the source.

What do you do if your partner is becoming too controlling?

Cupid's Advice:

Loving someone for who they are is part of being in a relationship and sometimes you may brush a few things under the rug because you are accepting who they are. Nevertheless, there is one specific behavior you cannot ignore – controlling. Cupid has some tips on how to handle a controlling partner:

1. Take notice: There was a point in time when you may have thought your partner ordering food for you at a restaurant was a sign of him or her knowing what you like, or maybe you thought it was adorable when they picked out certain outfits (on a daily basis) for you to wear. However, the reasoning behind these “kind” actions soon become clear and you realize it is the need of control your partner must have. Do not overlook these signs. Instead, stand on your own two and let your significant other know you can handle your own. Or maybe even turn the tables onto him or her. Show them what it is like to constantly have their order placed before they have the chance to speak, or tell them what and what not to wear (yes, you should definitely take it to this level). As conniving as it may seem, your primary goal is getting your point across, thoroughly.

Related: [‘Bachelorette’ Andi Dorfman’s Promo Poster Mocks Juan Pablo](#)

2. Communicate: Talk with your partner about any problems that have stemmed from their controlling behavior. Chances are they do not realize they are being officious. Take into mind their feelings before lashing out. Speak in calm manner that is not rooted by anger or frustration. You may even find a reason as to why they are obsessively controlling.

Related: [Juan Pablo Emphasizes Word ‘Love’ in New Photo of Nikki Ferrell](#)

3. Work with your partner: Give them a few tries to adapt to

actually not being controlling. If they begin to do something that resembles the behavior, stop them. You may have to repeat this quite often until they get it right. It requires you to be patient and understanding – your significant other may have a very dominant personality and is willing to ease that for the sake of your relationship.

What are some ways to deal with a controlling partner? Share your thoughts below.

Matt Bomer Reveals He Married Partner Simon Halls 3 Years Ago



By Sanetra Richards

Matt Bomer has earned his stripes in knowing how keep a secret. The Magic Mike star told this month's Details magazine that he is married! He revealed in the issue that he married Hollywood publicist Simons Halls three years ago. According to UsMagazine.com, Bomer also discussed his role in the upcoming television film *The Normal Heart*, in which he plays a gay man suffering from AIDS during the beginning epidemic years. Bomer also pays homage to the original story's writer, Larry Kramer: "I wouldn't have a lot of the rights I have today if it wasn't for people like Larry," said Bomer. Same sex marriage falls under one of the rights Bomer spoke of. The couple shares three sons, 6-year-old twins and an 8-year-old.

What are some advantages to keeping your wedding a secret?

Cupid's Advice:

A wedding is one of the most exciting times in your life, but can easily be one of the most overwhelming in terms of planning and preparation. However, there are quite a few pros that come along with keeping your big day a secret:

1. Less stress: When you and your partner swear this idea into secrecy, most of your worries will begin to fade away. You do not have to fret about the 100+ guests that you will have to tend to or the family members and friends that like to demand, take over, and control.

Related: [White Collar Star Matt Bomer Comes Out](#)

2. No publicity: Maybe you and your significant other choose to keep your relationship private at all times. Well, a secret wedding should be right up your alley! Your special moment will remain intimate and not be ruined by opinions of others or any outside interferences. Just you and your fiancé/fiancée (and maybe a guest or two).

Related: [Celebrity Couples Who Keep Their Relationships Out of](#)

[the Spotlight](#)

3. Save money: Less guests and less stress means more money! Maybe you and your partner have a lavish honeymoon in mind – well, set aside the additional funds that were not spent on the big wedding to go towards your post-wedding getaway.

What are some pros to a secret wedding? Share your thoughts below.

Lindsey Vonn is Close Friends with Tiger Woods' Ex Elin Nordegren



By Louisa Gonzales

Tiger Woods' current girlfriend Lindsey Vonn and ex-wife Elin Nordegren have formed an unlikely friendship. According to UsMagazine.com, sources say this friendship came about because Nordegren originally wanted to get to know the woman who would be spending numerous amounts of time in her children's lives. The model, 34, has two kids a daughter Sam, 6, and son Charlie, 5, with her famous golfer ex-husband, 38. The whole group recently went on a vacation together and sources say the two women in Woods' life get along quite well, respect one another and seem to have a lot in common. Vonn and the super star athlete first went public with their relationship back in March 2013, and she has reportedly said that they "relate really well to one another."

How do you keep jealousy at bay with respect to your ex's new partner?

Cupid's Advice:

Jealousy is something everyone faces from time to time, no matter how much we try to deny it. When it comes to relationship it's natural to get jealous every once in a while, but what if you're getting jealous about your ex's new beau? Cupid has some advice on how to keep your jealousy at bay with respect to your ex's new partner:

1. Remember you want them to be happy: If you truly want the best for your ex and to remain on at least a somewhat friendly basis, you have to let them move on. When you care about someone you want them to be happy. Sure, it can be hard when you see your ex finding love with someone new, but don't let jealousy ruin whatever relationship you have left with him.

Related: [Sources Say Elin Nordegren Doesn't Approve of Tiger Woods Dating Lindsey Vonn](#)

2. Know you will be moving on too: To help get your jealousy at bay when it comes to your ex's new lover, remember you too

will find someone new. Once you realize your both can move on and find happiness in a new relationship, you both can maintain a positive relationship. Plus, it will be easier for you, the new significant other, your ex and maybe even your new romantic mate to get a long.

Related: [How Do You Handle Your Ex's New Partner?](#)

3. Put in effort to get to know their new love: Who knows maybe his current sweetheart and you will have loads in common. Showing your ex that you are respectful enough to take the time and get to know his new special someone will show how mature and supportive you are. Plus, if you focus your energy on getting to know their new beau in a courteous way rather than look for reasons why you don't like them, you will be much happier.

How do you keep your jealousy from getting out in respect to your ex's new partner? Share in the comments below.

Kate Hudson Looks Up to Goldie Hawn and Kurt Russell's Relationship





By Louisa Gonzales

Nobody's perfect! This includes the beautiful Kate Hudson who stuns on the cover in the May 2014 issue of *Self Magazine* saying she too still has her flaws and troubles when it comes to relationships, according to UsMagazine.com. The fiancée to musician Matthew Bellamy, told the magazine she has had her own "insecurities" when it comes to her physique and image. The *Something Borrowed* star also went on to share with the magazine her thoughts on finding happiness, how it takes "practice" and who she looks up to when it comes to relationships. Hudson revealed her parents, Goldie Hawn and Kurt Russell who've been together for around thirty years, as some of her biggest inspirations and the two people who have taught her a few things about love.

What are some ways to incorporate lessons from your parents in your relationship?

Cupid's Advice:

Even though relationships are special and unique to each individual person, we can still look towards others for examples to follow. Growing up we rely on our parents to teach us new life lessons and to help us grow, this doesn't have to

end when we are adults. Cupid has some advice on ways to incorporate lessons from your parents into your relationship:

1. Ask for your parents advice: Hearing about your parents experience might help you in your own. There's nothing wrong with asking for your parents advice or help when it comes to your love life. It can be good to grow and learn from their past mistakes or incorporate things your parents did that worked into your own relationship.

Related: [Kate Hudson and Matthew Bellamy Have 'Bumps in the Road Like Anyone Else'](#)

2. Take inspiration from your parents: Parents can be strong figures in your life and are people you can find inspiration from, even when it comes to love. It's nice to be able to look up to your parents and see how much they have grown from love. Parents have done it all before and watching them and seeing how they're when it comes to relationship can inspire you to take action in your own love life.

Related: [Going the Distance: Celebrity Couples Who Make It Work](#)

3. See what works and hasn't worked for your parents: There is a lot of things you can learn or take from witnessing your parents own relationship. You and your lover can look back on all the things that worked with your parents relationships and what didn't. From seeing and hearing about their troubles or good times, you can learn a great deal about love and what it takes to make a relationship work and long-lasting.

What do you think are some good ways to use lessons you get from your parents in your relationship? Share your tips below.

Khloe Kardashian and French Montana Go Public with New Relationship



By Louisa Gonzales

Khloe Kardashian and French Montana officially make their public debut as a couple! According to UsMagazine.com, the duo spotted out in public together on Friday, April 18 at the Lobster House for lunch. The rapper, who has 4-year-old son, Kruz, with his ex-wife Deen Kharbouch made sure to keep close to the TV starlet, while they indulged in some lunch, but showed minimal PDA. Reportedly the pair started dating following *The Keeping Up With The Kardashians* star, divorce filings from Lamar Odom. Even though the lovebirds seem to be both moving forward with each other, not everyone approves of their union, including Khloe's mother Kris Jenner according to sources.

How do you know when to debut your relationship to family and friends?

Cupid's Advice:

Romantic relationship can be tricky things because they are constantly evolving and changing. It can be hard sometimes to tell the people closest to you when you're seeing someone new, especially when you want them to approve and like the person you're with. Cupid has some advice on how you can know when to debut your relationship to family and friends:

1. You're in a good place: When you feel like shouting your love from the rooftops, that's when you know you're ready to reveal your couple status. When you're happy in your relationship and feel secure, it means you have a good thing going with each other. It's important for you to feel in a good place in your relationship before you say anything because it will make it easier for you and the people you care about.

Related: [New Couple? Khloe Kardashian Parties with French Montana](#)

2. Your both on the same page: Every relationship has its own significance or meaning to a person. For couples to work they need to be on the same wavelength on what they want in terms of where their relationship is headed and what it means to them. It's important that you both are on the same page when it comes to being comfortable enough to share your relationship news to family and friends.

Related: [Khloe Kardashian Says She's 'Excited for This Year to Be Over' Post-Divorce Filing](#)

3. See a future together: If you find yourself thinking about your future together or planning for possible future events it means you can see the thing you got going on as more than just

a fling. When you're thinking long-term with your partner, it's about time to start telling your family and friend. It's good to be able to share someone important to you with family and friends, especially when that person is someone you might possibly want to become a part of your family someday.

How can you tell if you're ready to tell your family and friends about your relationship? Share in the comments below.

Justin Bartha and Wife Lia Smith Welcome a Baby Girl



By Louisa Gonzales

Justin Bartha and wife Lia Smith have a new addition to their family, a baby girl! According to UsMagazine.com Bartha's wife

gave birth to their first child on Sunday, April 13. *The Hangover* star, 35, and the personal fitness trainer got engaged in May 2013 and said their “I do’s” back in January in Oahu, Hawaii. Sometime after their lovely and intimate wedding ceremony it was confirmed the couple were expecting. Bartha, who dated Ashley Olsen in the past from 2009 to 2011, make a “gorgeous” pair, according to insiders.

What are some ways to prepare your relationship for a child?

Cupid’s Advice:

Having a child is a big step for any person’s relationship. Children will bring changes to your lives, as well as new challenges, difficulties and experiences. Cupid has some advice on some ways to prepare your relationship for a child.

1. Make sure you’re both ready: Before you even began to try or consider having a baby make sure it’s something you both want and are ready for. Having a child is a big-life-altering move and if you are not ready, it’s okay to wait until you are. If you try to force you or your partner to do something they are not ready for, it can hurt your relationship in the long run.

Related: [Ashley Olsen and Justin Bartha Split](#)

2. Know you won’t be able to certain things you use to: Once you have a child, certain things you were able to do before you did, like going out all the time or traveling might not be possible for you to do as much anymore. A child requires a lot of attention, which means a lot of your time will have to be devoted to the raising of your child. You might not be able to some things anymore, but they are plenty of new things for you to do as a family.

Related: [Isabella Brewster Is Expecting with NBA Player Husband](#)

3. Make a list of reasons why this is the right step: Sure, your relationship will face new obstacles and challenges, but it will also bring plenty of new joyful and fun experiences. Together, make a list or tell each other all the reasons why having a kid is what you both want and how you're both ready. You can always come up with reasons to wait, however, eventually you just have to do it and hope it all works out.

What do you think are some good ways to preparer your relationship for a child? Share your tips below.

Richard Gere and Padma Lakshmi Are Dating



By April Littleton

According to [People](#), Gere and *Top Chef* star Padma Lakshmi are dating. "They're getting to know each other," a source said. "...They're not sure what's going on yet." Gere split from his wife of 11 years last year. The former couple have a son together. Lakshmi has a 3-year-old daughter with ex-partner, Adam Dell.

How do you know when you're ready to date again?

Cupid's Advice:

Before you jump into the next relationship, you need some time to think about what you really want in a significant other, and you need to get reintroduced to yourself. Some people take awhile to get back into the dating scene, while others feel ready after a couple of weeks. Cupid is here to help:

1. You're over your last relationship: When you think back on your past relationship, you have absolutely no feelings whatsoever. You no longer think 'what if', and you're ready to give love a chance with someone.

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2. You're happy with yourself: Before you start a romance with a new partner, you need to be happy and content with yourself first. You know what you have to offer, and you're looking for someone who will treat you just the way you deserve.

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3. You're looking: When you're out on the town for a night out with your friends, you find yourself mingling with other singles a little more than you used to do. You're actively looking for a new partner, and you're having fun doing so.

How did you know you were ready to start dating again? Share your experience below.

Tila Tequila Is Pregnant



By April Littleton

According to UsMagazine.com, Tila Tequila is expecting her first child. She showed off her baby bump via Facebook April 18. "Surprise!! I'm 10 weeks pregnant!" she said. "I just couldn't hold it in any longer as this brings me so much joy and happiness to know that there is a baby Tila on the way!" The father of the child hasn't been revealed.

How do you announce a pregnancy?

Cupid's Advice:

Congratulations on your baby news! Now, you just have to find a way to let all of your loved ones know you're expecting. Cupid has some tips:

1. Family and friends: Let all of your loved ones know before you go public with your exciting news. After you tell the people who matter most to you, think about spreading the news to everyone else in a fun and surprising way.

Related: [JWoww Says 'Pregnancy and Me Don't Mix'](#)

2. Be prepared for comments: Don't expect everyone to be happy for you. You will have plenty of people who believe you're not ready for such a big responsibility. Try to keep calm with individuals who choose to be inconsiderate over the situation.

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3. Your partner: Before you reveal your baby news to anyone else, make sure your partner knows first. They might not be ready to let everyone else in on your little secret just yet. Make sure they're prepared to let other people know before you announce your pregnancy.

How did you announce your pregnancy? Share your experience below.

Will Arnett Files for Divorce from Amy Poehler 19 Months After Separation





By Sanetra Richards

Another one bites the dust! Will Arnett is ready to sign the papers (divorce ones, that is) and [legally] move on with his life. According UsMagazine.com, the 43-year-old *The Millers* actor has filed for divorce from his estranged wife, Amy Poehler, after 19 months of separation. The couple has two boys together, 5-year-old Archie and 3-year-old Abel, in which the *Arrested Development* star is asking for joint legal and physical custody, along with visitation rights.

How do you know when to give up on your marriage?

Cupid's Advice:

Marriage takes tons of work and effort that should be forth without hesitation. You and your partner are struggling to keep the marriage alive and are losing hope. Well, sometimes it is best to let it go because there is nothing there anymore that is worth fighting for. Cupid has some signs to recognize when knowing whether to give up on your marriage:

1. Increase in arguments: There is constant bickering between the two of you and by the end of it, nothing has been resolved. You cannot even start a simple conversation without

tension and anger eventually coming about. Asking for favors is completely out of the question because you are expecting backlash or complaints. These are a few examples that your marriage has fallen to the rocks and you should possibly consider separation. A marriage is made up of many key components to keep it going: understanding, communication, and giving. Being at each other's throats on a daily basis is not healthy and will not improve without those components.

Related: [Will Arnett and Katie Lee Dating, Kiss and Hold Hands at Dinner](#)

2. No love in the air: So long to the romantic dates, gestures, and getaways! You kissed that goodbye once bickering became a daily ritual in your marriage. You are no longer looking at your significant other the same, with the eyes that see nothing but love. Instead, resentment fills them and you would rather not look at your partner at all. These are clear signs to be wary of and you should consider separation for the best.

Related: [Will Arnett Says Dating Seems 'Very Scary' Right Now](#)

3. Eyes begin to wander: You begin to notice your partner not the only one who can catch or keep your attention anymore. Thoughts and envisions of being somewhere or with someone else start to form. Do not ignore this or think it is minor. If you or your partner wishes to engage in other affairs, divorce should be considered.

How do you know when to let go of a marriage? Share your thoughts below.

‘The Ex and The Why’ Producer SallyAnn Salsano Says Everyone Has Been in “Some Kind of Screwed Up Relationship”



Interview by [Lori](#)

[Bizzoco](#). Written by Liz Kim.

Nothing has changed the history of television programming quite like reality shows, and one woman who has dominated in this area is SallyAnn Salsano. Her creative instincts and love for TV led her to create 495 Productions (named after the expressway where she grew up in Long Island), which was responsible for the pop-culture phenomenon *Jersey Shore*. Her repertoire, which stretches back to 1998, goes far beyond guidos and spray tans though. She's also produced hit shows

for ABC, VH1, Paramount, and FOX, to name a few.

Related Link: [‘Jersey Shore’ Creator SallyAnn Salsano Dishes About Love in Italy](#)

Despite all of her years in the business, she’s still surprised at which shows make it big. “Personally, I miss strict dating shows like *Change of Heart* and competition-elimination shows,” she shares. “I think all shows just go through phases and everything has its day, but it’s on a rotation. People always ask us what’s next in terms of reality television, and I tell them that it’s not up to the producer or the network; it’s up to the audience.”

With that thought in mind, MTV is broadcasting a different kind of dating show *The Ex and The Why*, premiering tonight. It answers the question: *What if you could revisit the person who broke your heart and gain some closure?* The twist is that the exes have no idea why they’re there. “There are those scenes when the exes’ jaws are on the ground, and they are in shock and disbelief.” Whatever the subject, Salsano says that the secret to a reality show’s success is ultimately its relatability and *The Ex and The Why* touches on a subject sure to make anybody who has ever had a break-up take notice.

Salsano feels that the need for closure is unique to the younger generation. In some cases, the couples on the show have been separated for years, and yet, one of them still can’t move on. “We’ve all been dumped or have dumped somebody, but for whatever reason, teenagers and people in their early 20s always want to know why.” She credits this to how easy it is to “stalk” your ex on Facebook and other social media. “They need answers,” she says. “I’m 40, so if it’s not working for me, I don’t need closure. The closure is, ‘I kind of don’t want to be with you anymore!’”

Related Link: [Four Telltale Signs He’s Not The One](#)

The producer adds that many of the people who seek out their exes have reinvented themselves in hopes that the changes will allow them a second chance at love. Some just want to see if they could be together again, and unfortunately, some walk away knowing that their exes have no interest in making a relationship work. It's these very real moments that keep viewers glued to the screen. "I feel that, when you decide to produce a show, it has to be about something you've done or you've dealt with. I feel like we all get caught up in relationship shows because everyone is in or has been in some kind of screwed up relationship, and that's just normal."

This desire to alter one's image or lifestyle after a breakup is common, Salsano says. "I've been in relationships where, once it was over, I think, 'You know what? It might have been me.' I have my own hangups, my own stuff going on, and now, I feel like if he saw me, he would think differently about me."

Some of the people on *The Ex* and *The Why* who want to get back together admit that they've cheated in the past and confess to other mistakes. "But they want to show how much they've changed, that they're not the person they once were, and that they want another chance. Some of the exes are too scarred to want to try again, but others are moved that this person is admitting to their mistakes on television and professing their love to the world."

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Salsano says she tends to keep her past in the past. "I keep in touch with one of my exes, and it was one of those cases where we were really young and it didn't work," she explains. "Do I have a desire to go back and make it work? No. Are we completely friends now? Yes."

Although she is currently in a happy relationship, she says that her boyfriend isn't somebody who she could have seen

herself with. The trick to making a relationship work is to find somebody during the right phase in your life. "I am not home a lot when I'm filming, so I needed to find someone who only knows me in that way," she says. "In previous relationships, I was making the transition from being on the road once in awhile to being home once in a while. It was tough. The guy I'm dating now understands this. He has his things going on, and I have my things."

No matter how understanding you are of each other's schedules, quality time is still key. "We make each other a priority and make sure we see each other, and if that means I have to fly across the country to have dinner, I do that."

Related Link: [10 Ways to Make Long Distance Love Work](#)

After working on so many reality shows and watching a lot of relationships crash and burn, it's easy for Salsano to be jaded and doubtful about love. But she still believes in putting yourself out there and taking a risk. "Don't hold back," she encourages. "If you're looking for love and you want to know what could've happened, well, you have to ask! You can't sit in your house and talk to your friends about it because they can only listen for so long. And you can only stalk someone on Facebook for so long. At some point, you have to get up the guts to go out there and make it happen."

Be sure to tune in tonight to The Ex and The Why on MTV at 6/5c. You can keep up with Salsano's many projects on Twitter @sallyannsalsano!

Johnny Weir's Estranged Husband Blames 'Meddling' Mother-in-Law



By Sanetra Richards

If it is not one thing, it is definitely another for Johnny Weir and Victor Voronov. According to UsMagazine.com, there is no reconciling happening between the estranged couple: “The divorce is 100 percent still happening,” says Weir to *Us*, “Johnny’s meddling mother [Pamela] was definitely the source of the breakdown of our marriage.” A source close to the couple also added that the famed figure skater is indeed “heartbroken” from the separation and wants to “live his life” and continue forth. “Victor is doing okay,” the insider went onto say. “Victor and Johnny spoke two days ago. When this first started, Victor didn’t think it was really over. Victor was duped, and now he feels like an idiot.”

What do you do if your partner's parent is interfering in your relationship?

Cupid's Advice:

Having your partner's parent constantly making their way into your relationship is nothing short of a headache. Whether your significant other realizes it or not, this interference is just a set up for trouble and possible failure. Do not fret, Cupid has some tips to help if you are in this situation:

1. Talk with your partner: The first thing you want to do is let your love know you are uncomfortable with their parent being a part of your relationship. There is a possibility your partner will be a bit defensive because it is their parent, but as long as you express your genuine concern, their guard will ease down and they will begin to understand what you are saying. Maybe suggest they speak with their parent as well.

Related: [Johnny Weir and Ex Victor Voronov Fight Over Family Dog](#)

2. Inform the parent: Invite the interferer over or spend some one-on-one time with them. Start off with a soft conversation. Why is this? Well, if you jump right into telling them they need to quit butting into your relationship, they will without a doubt be offended. Once things are comfortable between the two of you, then it is acceptable to break the good/bad news. Of course they will pretend to be unaware of their actions, but thoroughly explain their behavior (with examples).

Related: [Figure Skater Johnny Weir Splits from Husband Victor Voronov](#)

3. Issue boundaries: If there are no limits set up, the interference will only continue and worsen. Let your partner and their parent know that there are going to be some changes made between all of you. Your partner must stop telling his or

her parent everything that happens between the two of you. Their parent must stop feeling entitled to know every detail and want to be involved all of the time.

What are some steps to take if your partner's parent is interfering in your relationship? Share your suggestions below.

‘American Idol’ Contestant Dexter Roberts on Relationships: “Keep Pushing Each Other to Become Stronger”





By Liz Kim

Dexter Roberts, 22, stood out on this season of *American Idol*, not just because of his smooth country crooning but because of his easygoing demeanor and always present smile. Nothing seemed to shake him, and even after landing in the bottom two this week, he took it all in stride. “I just don’t know what happened this week,” he shares. “I had a great time on the show, and I know I’ll have a great time on tour.”

Related Link: [‘American Idol’ Contestant Malaya Watson on Her Ideal Boyfriend](#)

For Wednesday night’s performances, the contestants picked out each other’s songs, and despite the preconceived notion that competition brings out the worst in people, all of the singers looked out for each other. “It was easy to pick songs for each other because we know what kind of artists we want to be and we didn’t want to jeopardize each other.” C.J. Harris picked “Muckalee Creek Water” by Luke Bryan for Roberts, and although he got generally positive reviews, he was ultimately eliminated.

The Fayette, Alabama native won fans over with his Southern twang, and despite getting some criticism about diction and

pronunciation, the singer says that's just who he is – but he'll work on it. Ever the perfectionist, he actually wishes he had gotten tougher criticism. "I wanted the judges to be harsh on me because criticism helps you become a better artist," he says. "I told C.J. that I love criticism because it drives me more. It puts fuel onto my fire and makes me want to do better each week."

Roberts got particularly close to fellow contestants Caleb Johnson and Harris, but Harris and Roberts had already been friends for over five years before *Idol*. They met during spring break in Panama City and bonded over music. Neither friend told the other that he was auditioning for the show because both assumed the other would be there. Roberts made it through first, and after lending Harris his guitar, the good luck must have rubbed off because both friends went on to Hollywood. "It's just a great experience to get closer and to make it this far."

Being southern gentlemen, they never let competition get in the way of their friendship. "We've always had a great chemistry with each other; he's like a brother to me. We try to help each other out and fix each other's technique."

Not only did Roberts get to go on his *Idol* journey with a close friend, but he also met his girlfriend Savannah Coker at auditions. Coker, part of the country music band Sweet Tea Trio, didn't make it to Hollywood but showed her love by being in the audience with Roberts's mother. "She's been nothing but great support, and she's been behind me the whole way," he gushes. "Along with my family, her family has also supported me so much."

Related Link: ['American Idol' Contestant Ben Briley Sings For His Family's Future](#)

When two people in a relationship are chasing the same dream, jealousy and hurt feelings can get in the way, but this couple

only wants the best for each other. "Any relationship takes work. Just go in and keep standing by each other and pushing each other to become stronger. Have fun and enjoy life!"

Although he may be done performing on the *Idol* stage this season, don't count Roberts out just yet. He has special plans for the *Idol* finale and the upcoming summer tour. "I'm gonna try to come out and do something different. I'm going to surprise you!"

You can catch Dexter Roberts on the American Idol summer tour. Until then, you can keep up with him on www.facebook.com/IdolDexterRoberts.

JWoww Says 'Pregnancy and Me Don't Mix'





By Sanetra Richards

The bun is almost ready to come out of the oven! Jenni “JWoww” Farley is three months away from her due date. The *Jersey Shore* cast member posted a sonogram of her baby girl onto her website Tuesday, April 15th. She went on to write, “HOLY S–T! Pregnancy and me don’t mix. I keep saying to myself, ‘how can women enjoy this s–t?!’ I’m always on edge because every appointment I find something else that’s crazy and unexpected.” According to UsMagazine.com, the reality star and mom-to-be also told readers about her recent pregnancy scare when doctors announced the baby had a “small cyst on her brain,” later revealed as a choroid plexus cyst (which would later go away): “I go numb and tears are just flowing. I can’t even begin to try and stop the tears... Literally hysterical to the point where I was hyperventilating thinking, ‘[oh my god] I did something so horrible to my daughter?’... Fast forward to this checkup which brings me to 25 weeks, AKA six months. My daughter’s cyst went away!!!” Another pregnancy problem Farley and fiancé Roger Mathews had to face was a low-lying placenta. The couple was told to abstain from sex for a month: “I literally burst out laughing hysterically,” Farley wrote about the doctor’s prescription for abstinence. “Roger swears I paid him to say [it]. So now no sex for a month!!!” Farley

confirmed the placenta problem has since gone away, too. “My placenta is higher so I’m no longer at risk (don’t tell Roger).”

What are some ways to support your partner through her pregnancy?

Cupid’s Advice:

Pregnancy takes a woman through many mental, emotional, and physical trials. The last thing she needs is more stress added onto her plate from her partner and child’s father. So, how do you make it your mission to ensure her nothing but fewer worries on your part? Cupid has some advice to help:

1. Be attentive: As stated before, your partner is going through one of the most emotional periods in her life. Expect instant mood changes – you can thank the hormones. Take the time to listen to her concerns and as passive as this may sound, do the simple tasks she may ask of you. After all, she is carrying a load!

Related: [JWoww Hates Being Pregnant](#)

2. Attend appointments: You want to be as hands-on as possible. Show her she is not the only one in this pregnancy. Make it your duty to attend the majority of the scheduled doctor appointments, from the first to the last (and delivery room). You would be surprised how moved you will be after seeing you all’s bundle of joy for the very first time. Your partner will realize your supportive efforts and be more than grateful.

Related: [JWoww Says Her Baby is ‘So Dramatic’ Already](#)

3. Show excitement: Believe it or not, fathers actually do not mind getting their hands dirty when it comes to baby planning. In your spare time, browse through the name book or maybe even plan a trip to the store to purchase things for the baby

nursery. Assure her she is not the only one looking forward to the new family member.

How do you support your partner through pregnancy? Share your tips below.

‘Bachelorette’ Andi Dorfman’s Promo Poster Mocks Juan Pablo



By Sanetra Richards

More fish in the sea, right? Well, Andri Dorfman of *The Bachelor*'s season 18 will definitely be testing out the waters in the upcoming round of *The Bachelorette*. In her first promo poster for the show's season 10, Dorfman lets it be known that Bachelor Juan Pablo Galavis is not on her good side, per se.

The poster's caption reads, "She's looking for the right Juan." So where's the catch? Juan is marked out in red with the word "one" below instead. According to UsMagazine.com, the 26-year-old assistant district attorney described her overnight date with Galavis as a bit of a disaster: "Waking up this morning, I could not wait to get out of the Fantasy Suite," she said. "The Fantasy Suite turned into a nightmare. I saw a side to him that I didn't really like, and the whole night was just a disaster." Luckily, Dorfman is not letting that get in the way of her finding love through TV, and ABC is not either. The *Bachelorette* star went on to say, "I feel mentally all in, emotionally all in, physically all in. I am in the place in my life where I am just so ready for this. I hate to say it because I don't want to jinx myself, and be like, 'I'm so all in and if this doesn't happen it's the end of the world.' But I am ready. I have never felt better in my life about this, and I'm just excited."

What are the best ways to move on from a bitter break-up?

Cupid's Advice:

Breakups are far from easy to get over, especially when things went terribly sour between you and your ex. It may come as an utter shock if your ex moves on quicker than you expected. However, do not think you cannot do the same. Cupid has a few suggestions to ease and direct the process:

1. Breakaway: Harsh words were exchanged, feelings were hurt along the way, and there is no way to mend – do not let this prevent you from cutting all ties. If it takes deleting their number from your phone to avoid the heart aching text messages and phone calls, do it. You want to take steps forward instead of backwards. This will gradually take time, but if you are committed to this and the next following steps, considering getting back with your ex will not be an option.

Related: [Juan Pablo Emphasizes Word 'Love' in New Photo of](#)

[Nikki Ferrell](#)

2. Have fun: Make plans with your girlfriends to go out and enjoy a night on the town. Being around people who genuinely love you will help take away some of the stress and tension that was a result of the breakup. Mix and mingle a little bit to see what else is out there. Of course, this does not mean you should jump into another relationship until you are completely ready to take it on. Embrace the single life for the time being!

Related: [‘Bachelor’ Stars Juan Pablo Galavis and Nikki Ferrell Seek Couples Counseling](#)

3. Focus on something else: Pick up a hobby or an entertaining distraction. Those constant thoughts of your ex will soon disappear from your mind. Avoid any hobbies that may trigger a memory that you and your ex shared (remember, you are moving on). Keep on pushing and remind yourself, the relationship ended for a good reason.

What are some ways to get past a bitter break-up? Share your thoughts below.

Eva Longoria Is ‘Very Happy’ With Boyfriend Jose Antonio Baston





By Louisa Gonzales

Eva Longoria's boyfriend is so stylish it makes her want to up her game. According to UsMagazine.com, *The Desperate Housewives* alum, said on *The Ellen DeGeneres Show*, her boyfriend Jose "Pepe" Antonio Baston, is such a "good dresser" that she always has to "step it up" when it comes to fashion, on Monday, April 14. During the show she revealed little more about her relationship with him, as she is very private, but did say she is "very happy" and "lucky" to have him. The couple got together last fall, shortly after Longoria split from *Ready for Love* contestant Ernesto Arguello, and have spent a lot of time together ever since.

What are some ways to put past relationships in the past?

Cupid's Advice:

It can be hard to move on sometimes, especially when you feel like you're not ready to let a person go. However, sometimes you have to let the person in your past relationship or even the relationship itself go, in order to let your heart be open to something or someone new. Cupid has some advice on some ways to put past relationships in the past:

1. Focus on the new: Whether you are in a brand new relationship or single and ready to mingle, try to stay focused on what you currently want in your life. Live in the moment, don't let the ghost of relationship pasts, prevent you from forming new relationships. If you keep yourself busy, let yourself grow and move on eventually you will stop letting past failed relationships haunt you, and start living life in the present.

Related: [Eva Longoria Goes Public with New Boyfriend Jose Antonio Baston](#)

2. Grow from past relationships: It's okay to acknowledge and learn from things in your past, especially when it comes to past relationships. It can be good to reflect on some of your past relationships and realize why they didn't work or what you liked or didn't like. Doing this reflecting can help you move on, grow and let you know what you actually want in relationship or what to look for.

Related: [Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair](#)

3. Find closure: Finding closure from past relationships is essential to be able to finally put the past in the past. How each of us get our closure depends on who we are or how our relationship ended, so just do whatever works for you. Whether that is some kind of ritual or routine, talking it through with people close to you, going out, or even writing it all out, it doesn't matter what you do what is important is what helps marks the end of your past relationship.

How would you put past relationships in the past? Share in the comments below.

Bill Rancic Talks About Being a Dad: “Family Always Comes First”



By Maria Darbenzio

As if he's not busy enough, Bill Rancic, star of *Giuliana & Bill*, will be hosting an upcoming Food Network show premiering on Monday, April 7th at 9 pm EST/PST. *Kitchen Casino* will put four chefs into a high-stakes game of chance that requires impressive skills to come out on top. Celebrity Baby Scoop talked with Rancic about fatherhood and how date nights and family vacations are an important part of his relationship with his wife and son.

Related Link: [Bill Rancic Says Baby Son Duke Is 'Babbling'](#)

CBS: You and Giuliana have busy careers. How do you make

family a priority? What kinds of things do you enjoy doing as a family?

BR: “Family always comes first for Giuliana and myself, and we make sure to constantly work our schedules to ensure that never changes. We are constantly going on hikes and spending time with Duke. We make a point to have date nights, and we believe that, because of our hard work, we are fortunate enough to enjoy family vacations and that quality time together.”

CBS: Mother’s Day is approaching. How do you plan to celebrate?

BR: “Moms are so important in my life. My mom continues to be a huge influence, as does Giuliana’s. And now that we have Duke, I love celebrating what a great mom my wife is to our son. I’m sure we’ll do something to celebrate our family and how blessed we all are.”

CBS: How has being a parent changed your relationship with Giuliana?

BR: “Giuliana and I have similar parenting styles on the big stuff, but lots of different opinions on the little stuff. It’s made us even better communicators with one another, and we’ve learned to make compromises along the way. Giuliana is such a great mother, and her bond with Duke is one of my favorite things to watch every day.”

Related Link: [Celebrity Moms Share Mother’s Day Plans](#)

CBS: How has fatherhood changed you? What are some of your favorite memories so far as a dad?

BR: “I have nieces and nephews, but nothing really prepared me for being a dad myself. Because of Duke, I love the little things even more – a quiet moment, his smile, his first steps. Everything in life matters more because of him.”

For the rest of the interview, visit www.celebritybabyscoop.com/2014/04/09/debuts-kitchen-casino/

Justin Bieber and Selena Gomez Reunite at Coachella



By Louisa Gonzales

Justin Bieber makes a surprise appearance at Coachella and reunites with Selena Gomez! According to UsMagazine.com, Bieber, 20, gave a surprise performance, with friend Chance The Rapper, for festivalgoers over the weekend at Coachella in Indio, California on April 13. The superstar may have shocked the crowd by singing "Confident" with his friend, but when it came to Gomez the singer didn't mind not lying low. The pair

was spotted sticking close together right before Bieber went on stage and were also seen together walking side by side to Calvin Harris' performance later that night. According to eyewitnesses they were dancing and whispering into each others ears all night.

How do you weigh the pros and cons about whether to get back together with an ex?

Cupid's Advice:

Many couples break up, but sometimes couple who break up can't stay away from each other and continue to get back together. When it comes to deciding whether you should give it another go with your ex there are many things to consider and think about. Cupid has some advice on how to weigh the pros and cons about whether to get back together with an ex:

1. The con or why you shouldn't get back together: Sometimes someone just isn't right for you and deep down you know when someone just doesn't cut it for you. If you find you could never trust them before than you probably won't trust them the second time around. If you find you two never get along well, or have a hard time trusting one another, it's probably best to let them go, why waste your time with someone who isn't right for you.

Related: [Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show](#)

2. The pro or why you should give it another go: Sometimes relationships don't work out, because it just wasn't the right time in your lives to really be with someone. So what if now in the future you are both in the right places in your life for a committed relationship and still find yourself still drawn to your ex? If you still keep in contact, get along well and are still attracted to your old lover, getting back together might be just what you need.

Related: [Justin Bieber Dedicates Song to 'My Baby' Selena Gomez at SXSW Show](#)

3. The pro or con, which one outweighs the other more: If there are more negative than positive memories about your ex than it's probably best to not let the possibility of history to repeat itself. If there are more positive reason on why you should get back together with your old flame, such as even with the negative you accept them or find them endearing. Making a pros and cons list can help you distinguish reasons why you should or shouldn't do something, but only your heart can decide.

What are some pros and cons when it comes to whether or not to get back together with an ex? Share your tips below.

Isabella Brewster Is Expecting with NBA Player Husband





By Louisa Gonzales

Isabella Brewster is expecting! According to UsMagazine.com, it was recently announced on Sunday April 13th that Brewster and husband, NBA star Baron Davis, are going to have a child. The news was made public in an Instagram pic when the former CAA agent wished a happy birthday to her "Love, Husband and Baby Daddy." This exciting news comes just three months after Brewster and Davis said their vows in January and almost seven months after Brewster's older sister and *Fast & Furious* starlet Jordana Brewster had her son Julian with husband Andrew Form.

What are some factors to consider when you want to have a child?

Cupid's Advice:

Deciding to expand your family is both a challenging and rewarding experience. There are a lot of new lessons and teachings that comes from having kids, so before you do so, there are many things you need to think about. Here are some factors to consider when you want to have a child:

Related Link: [Jason and Molly Mesnick Say Their Daughter Has](#)

[“Quite a Silly Personality”](#)

1. You're financially stable: One of the most important things you will have to think about is money. Children are expensive, as you have provide and take care of them. If you're not ready to support or offer the proper security for a child, then you may want to wait for time where you are more financially secure.

2. You've discussed your plans: Who's going to take care of the baby? How do you want to raise your child – what traditions, values or beliefs? These are important questions you need to discuss with your partner *before* you have the child because it will help decide if you're both ready.

Related Link: [‘Mad Men’ Star Kevin Rahm Is Expecting a Baby Girl with Wife](#)

3. It's the right step for your relationship: A child requires a lot of time and focus, and for a while, your relationship may have to take a back seat. What that means is you might not be able to do things like traveling or enjoying solo dinners out. If you and your honey understand all the added pressures and sacrifices but also the joys, you can handle anything together.

What do you think are some good factors to think about when you're considering to have a child? Share your tips below.

Ginnifer Goodwin and Josh Dallas Tie the Knot



By Louisa Gonzales

Ginnifer Goodwin and costar Josh Dallas take the next step toward happily ever after! According to UsMagazine.com, the couple exchanged vows in a private and low-key wedding ceremony on Saturday, April 12. This is the *Something Borrowed* star, first marriage and her now husband second. The *Once Upon a Time* newlyweds look happier than ever and were all smiles for the photographers, spotted at a friend's house in L.A. the day after they tied the knot. Goodwin, 35, is currently pregnant with their first child and Dallas, 32, reportedly said on Good Morning America that they both "can't wait" to welcome their child to the world.

How do you decide the right time to get married?

Cupid's Advice:

Marriage is considered to be a big milestone and significant moment in a couples relationship. Deciding if you are ready to take that next big step and get hitched comes at different

times for every person. Cupid has some advice on how to decide if it's the right time to get married.

1. It's something you both want: If you and your partner have discussed the topic of marriage before, chances are you are both thinking about it. Another thing you hopefully discussed when it came to marriage, is if it's something you can both potentially see in your future. Getting married is a big deal, so to make sure you are both ready and be sure to talk about it and see if your views and ideals on marriage are the same and if not if you can work through them.

Related: [Ginnifer Goodwin Is Expecting a Baby with Co-Star Josh Dallas](#)

2.The timing is right: You know what they say, timing is everything. When you decide to get married it should be at the right time in your lives, where you are both stable and in a happy relationship. Other things you might want to think about are, if you are both financially secure and are at points in your life where you're ready to make the move from dating to engaged to married.

Related: [Sara Gilbert and Linda Perry Tie the Knot](#)

3. You can see yourself growing old with them: If you are thinking about long term plans with your lover, chances are you know that person is it for you. Much like love, when you know you know, and you can just feel it. Have you sat and thought about it you can bring it up to your significant other and see if they feel the same way and if they do, getting married could be just the right thing for your relationship to grow and evolve further.

What do you think are some ways to decide if it's the right time to get married? Share in the comments below.

Jamie Chung and Bryan Greenberg Show Some Poolside PDA



By April Littleton

Jamie Chung and her new fiancé Bryan Greenberg attended this year's Coachella Music and Arts Festival together. "They were hugging from the side and holding hands while sitting on neighboring floaties in the water," an insider told [People](#). "They would often give each other forehead kisses. They were cute."

How do you show the one you love you care?

Cupid's Advice:

It's important to show the person you care about how much they mean to you. You don't want them to feel unappreciated, or alone in a relationship. You don't have to spend an incredible amount of money to prove your love and loyalty. After all, it's the little things that count. Cupid has some advice:

1. Spend some time: Make an effort to spend as much time with your significant other as possible. Take the initiative and plan a few dates – especially if your partner is always the one who ends up setting up the activity schedule.

Related: [Scarlett Johansson Reveals Why Romain Dauriac Is Right for Her](#)

2. Say it: Don't put a limit on how many times you tell your honey you love him/her. Those words mean everything to a person, and it's always nice to hear. Also, don't be afraid to show your partner your feelings through hugs, kisses, hand holding, etc.

Related: [Inexpensive Ways to Say 'I Love You'](#)

3. Support: Show your significant other you support all of their life goals and dreams. Push them to go after what they want, and be by their side when they're feeling down. Be their number one fan. Nothing says how much you care more than by showing your partner you'll always be in their corner rooting for them.

What are some other ways to show the one you love you care? Comment below.

Jason and Molly Mesnick Say Their Daughter Has “Quite a Silly Personality”



By Maria Darbenzio

Jason and Molly Mesnick, known for their scandalous season of *The Bachelor*, recently celebrated the first birthday of daughter Riley. They threw a massive party at their Seattle home for their girl's milestone birthday and invited 100 guests including *Bachelorette* alum, Desiree Hartsock. The Mesnick family caught up with Celebrity Baby Scoop to talk about how much they love their baby girl and their hopes to extend their family.

Related Link: [Stephen and DeAnna Pappas Stagliano Reveal Baby Daughter's Name](#)

CBS: Happy birthday to your sweet daughter Riley! Tell us all about her milestone birthday.

MM: “I wanted to go big with Riley’s first birthday party because, well, you only turn one once, right [laughs]. We invited 100 of our closest family and friends. We even had family members fly in from out of town. Desiree and Chris, our fellow *Bachelor* family members, also came out to celebrate.”

CBS: How is Riley doing? What is she into these days? What does she do to make you laugh?

MM: “Riley is constantly making us laugh. She is at such a fun age where she is really starting to interact with us, understand words, and she’s got quite a silly personality. She’s also on the move, big time! I have to watch her like a hawk because if I turn away for even a minute, she’s already playing in the toilet [laughs].”

CBS: How were the first few months of motherhood for you? Did you feel overwhelmed at all? How have you adjusted to new motherhood?

MM: “Honestly, I was a very low stress mommy at the beginning and still am today. I didn’t read a lot of books beforehand, so I wouldn’t get worked up about the little things. I took everything in stride and just enjoyed the little moments with Riley. She has a great disposition – very happy, calm, and easy. I got really lucky with this one.”

Related Link: [Former ‘Bachelorette’ Contestant and Hopeless Romantic Chris Bukowski Wants His “Fairytale Ending”](#)

CBS: Are you hoping to add to your family one day soon and have another baby?

MM: “I think so. Riley already has a big brother (Ty, who is 9), but I’d love for her to have a sibling closer in age. I grew up with a sister who is only 2 years old than me, and we

are so close. I want that for Riley too.”

For the rest of the interview, visit www.celebritybabyscoop.com/2014/04/04/celebrate-daughters-birthday/

JWoww Says Being Pregnant is a ‘Struggle’



By April Littleton

Pregnant best friends JWoww and Snooki attended the MTV Movie Awards together. Farley is expecting a baby girl in July with fiancé Roger Mathews. Polizzi is expecting her second child some time in the fall. “I’m not a fan of pregnancy right now, with my thighs touching and my boobs changing, but I know it

will be worth it, and hopefully I get back to that really quickly," JWoww told UsMagazine.com.

How do you prepare for your first pregnancy?

Cupid's Advice:

Whether you're thinking about getting pregnant, or you're already well on your way to giving birth, there are a few things you should prepare for and consider before you raise a child on your own. Cupid is here to help:

1. Eat the right foods: Help your body prepare for its physical journey by eating all the right foods. No more caffeinated beverages, seafood, canned foods, etc. Stick to eating plenty of fresh fruits and vegetables. When it comes to your source of protein, try to limit yourself to chicken and other lean meats.

Related: [JWoww and Fiance Roger Matthews Are Expecting First Child](#)

2. Check your finances: Are you financially ready to take care of a child? Take a look at your bank account. Can you afford to miss a few months of work, while you're pregnant? You have to be realistic about what you're capable of doing right now at this point in your life. You're not ready for a child if you're not 100 percent sure you can afford to take care of one.

Related: [Celebrity Couples Who Let Money Ruin Their Relationship](#)

3. Talk to your partner: You're ready for a baby, but your significant other might think otherwise. Have a conversation with your partner about you wanting to start a family, and make sure the two of you are on the same page.

How did you prepare for your first pregnancy? Share your

experience below.