'American Idol' Contestant Jessica Meuse Says Show Affected Her Relationship





by Liz Kim

Jessica Meuse, 23, stood out on this season of *American Idol* — and not just because of her trademark pink hair. The singer from Slapout, Alabama, personified cool-rocker-chick, and her honest and easygoing attitude made her a favorite to both fans and judges. Many competitors get pigeonholed into a single genre, but she admits to being influenced by every genre of music. Her singing style is a mix of gritty rock with metal and country notes.

The singer said her ultimate goal was to stay true to herself

and bare her soul to the audience — especially when she sang her original song "Blue-Eyed Lie" this week. "I lived it; that happened to me, word for word. It's like taking my diary and reading it on national television."

Related Link: <u>'American Idol' Contestant Sam Woolf Talks</u> Relationships

In 2011, she self-released an album called "What's So Hard About Bein' a Man." All of the songs were influenced by her own life experiences, and most of them focus on dark and serious subjects. Meuse has said this is because she wants her music to give hope to others in similar situations. "Writing my own songs about heartbreak and tough situations teaches me how to let go and just not worry about things you can't control anymore."

The contestant's vocals were praised each week, but the judges repeatedly criticized her on her lack of stage presence and connection with the audience. Keith Urban even said she didn't have enough "release." Fans complained that she was picked on more than the other singers, but she chalks it up to part of the experience. "At times, I felt picked on, but it's part of the game. I know I have bigger things ahead of me, and I'm going to make them happen," she shares.

She does wish she could have sang more original material though. "I didn't let not singing originals frustrate me because I do know a lot of cover songs from singing three to four hour gigs at home, but I really would've liked to do originals — at least one a week just because that's who I am as an artist."

Meuse also agrees that stage presence was most difficult for her — but she did improve during her time on stage. "I believe that I have shown emotion, and I'm growing as an artist," she explains. "There's always stuff to work on, but I think I've grown a lot on the show. It's definitely different from

singing in a bar where you're kind of just in the corner and only the bartender is looking at you."

It's no surprise that the scrutiny can be unnerving. "You're on national television, and everyone is looking at how your eye twitches. So it's definitely something you have to get used to," she says. "But I feel like I came into my own, and I figured myself out on the stage, so I'm very proud of that."

Related Link: How to Get Over the Relationship Blues

When you're in an environment like *Idol*, it's stressful to say the least. And when you're also in a relationship, being apart for that long can create a rift. Unfortunately, that's what happened to Meuse and her boyfriend, Steven Atkins. Although he came to support her during a few of the live shows, ultimately, they went their separate ways. "Being on the show did affect my relationship to the point where it didn't work anymore, and we've actually been apart for about a month now," she shares. "It's just not the right time, but he's a good guy. Sometimes, situations just bring out the worst in people."

But heartache and stress are nothing new for the talented musician, and she's determined to achieve all of her goals. "The limits that you have are only the ones you put on yourself. If you really want something, you just have to work for it. After all, I went from singing in a smoky bar with pneumonia to singing on national television."

This isn't the last you'll see of Jess! You can catch her on the American Idol summer tour. Until then, keep up with her on Twitter @JessMeuse.

Charlize Theron Dating Sean Penn — Holds Hands on Met Gala Red Carpet





By Louisa Gonzales

Charlize Theron dating Sean Penn, looked sweet walking the red carpet hand-in-hand at the Metropolitan Museum of Art's Costume Institute Gala in New York City on May 5, according to <u>UsMagazine.com</u>. At the star-studded event Theron, 38, dazzled in a strapless Dior Haute Couture white crepe gown with navy and black satin running along the sides. Penn, 53, went for the traditional tux and white shirt look. The lovely couple stayed close together holding hands as they made their way down the carpet into the ball, which is holding a celebration for the opening of the *Charles James: Beyond*

Fashion exhibition this year. The two actors made their first public outing as couple in early January while they vacationed in Hawaii and since then have attended several other events very much together.

How do you show you care about your partner in public?

Cupid's Advice:

Being in a relationship can be a lot of fun. It's nice to have someone to rely on or simply just have someone there for you, which is why it is important to be able to show you care. Cupid has some advice on how to show you care about your partner in public way:

1. Hold hands in public: There is nothing wrong with showing some PDA from time to time. Just like Charlize Theron and Sean Penn, holding hands is one of the simplest ways you can show you care, and it isn't too flashy or over the top. Taking hold of your partner's hand is just a small gesture to show your lovebird you're proud of being with him or her.

Related: <u>Sean Penn Dating Producer Shannon Costello</u>

2. Gush about them to family and friends: Yes, it can be annoying when people talk about their significant others too much, but that doesn't mean you shouldn't talk about them at all. Don't be afraid to rave about your awesome beau from time to time, because it's a nice way to show both them and the other people in your life how much you care.

Related: <u>Charlize Theron Discusses Her 'Scary' Blind Date For Charity</u>

3. Perform some displays of affection: There are many different ways for you to show affection toward you sweetheart. It can be as small as opening the door for them in public or as big as dedicating a song to them when you're at a club or restaurant. Together you can define the types of

affection you're comfortable displaying in public. Just make sure you are both on the same page and are considerate of each other's feelings.

How would you show you care about your partner in public? Share in the comments below.

Jay-Z Stages Mock Proposal to Beyonce at Met Gala





By Louisa Gonzales

Jay-Z staged a mock proposal to Beyonce on the red carpet at

the 2014 Costume Institute Gala in New York City on Monday, May 5, according to <u>UsMagazine.com</u>. The rapper came to the "Pretty Hurts" singer's rescue after the ring she wore on her right hand accidentally fell off her finger. The "Holy Grail" rapper, 44, didn't just hand the ring back to his bride. Instead, he performed a mock proposal for his wife and the cameras. The power couple, who dazzled at the annual event, are currently getting ready for their joint upcoming summer 'On the Run' tour in the U.S. and in Canada.

What are some ways to keep the spark in your relationship?

Cupid's Advice:

When you first get together with someone, it's new and exciting. But when you've been with the same person for a long time, you can sometimes fall into what feels like a rut. Relationships can constantly change, and being with your partner for a long time doesn't mean you can't still experience new and fun things. Cupid has some advice on some ways to keep the spark in your relationship:

1. Recreate your first date: It can be fun to go back to the beginning, experience things all over again, but also see how much things have changed. Memories are important things and some we will cherish and remember forever, but that doesn't mean we can't go back and relive them. It could be fun to go "back in time" for a night and recreate the magic all over again.

Related: Date Idea: Get Off the Beaten Path

2. Try something new together: What makes the beginning of relationship so exciting is the fact everything is new. So, trying new things together will keep things fresh and the fires burning. Do something you both have talked about doing or haven't done yet, try activities like skydiving or try traveling somewhere you've never been, it doesn't matter what

you do just make it an adventure and something to remember.

Related: <u>Jay-Z and Beyonce Open Grammy's with 'Drunk in Love'</u>
Performance

3. Dress up for each other from time to time: Sure, you may already have that special someone in your life, but that doesn't mean you should stop taking care of yourself or dressing up for them. Don't just get all dolled up for date nights, try doing it sometime when you're home and make a boring night turn into a romantic evening in. Having a little fun in your relationship, like dressing up for your beau, can help with keeping the passion alive between the two of you.

What do you think are some good ways to keep the spark in your relationship alive? Share your tips below.

Source Shoots Down Kim and Kanye Marriage Rumors





By Louisa Gonzales

Kim Kardashian and Kanye West are not married, yet. According to <u>People</u>, the rumors about the recent <u>Vogue</u> cover couple getting hitched in a secret ceremony over the weekend in Los Angles are false. A close family friend of Kardashian, 33, confirms this news, while the rapper's reps have no comment about the gossip. West, 36, and the <u>Keeping Up With The Kardashians</u> star are set to tie the knot on May 24 in France at opulent Chateau Louis XIV.

What are some advantages of keeping your wedding under wraps? Cupid's Advice:

Planning to get married is an exciting time in any couple's relationship, but it also can be stressful. Marriage is a big decision and commitment, so it can be nice to be able to share news of your engagement to people, however there's nothing wrong with not saying anything about it until you're ready. Cupid has some advice on some advantages of keeping your wedding under wraps:

1. It will make it more special: There's something exciting about having something known just between you and your special someone. Holding onto information until you are ready, is not a bad thing, it can be a good thing in fact because it can help strengthen your relationship. Marriage is between you and your partner, no one else, sure you're both becoming a part of each other's families as well, but that doesn't mean you can't have things on your own.

Related: <u>Kim Kardashian and Kanye West Set a Wedding Date in Paris</u>

2. You can make it your way: There's a lot of time, energy and effort that goes into wedding planning, but also in other new life changing things like deciding living arrangements. So, it can be nice to get advice from others, such as friends and family sometimes, but not on everything, especially the big decisions. Just think the less people who know, the better chance you have at not getting influenced by other's and actually making your dream wedding, not anyone else's.

Related: <u>Kim Kardashian and Kanye West Look Casually Glam</u>
<u>Post-'Voque' Cover Reveal</u>

3. Less pressure: One big up sides of keeping your wedding under wraps is you won't feel the pressure of others, which will in turn make things less difficult for you. Sometimes wedding planning can get stressful, especially when you're worrying about other people's expectations, when really you should just be focusing on yours and your better half. Don't worry about what other people will think, about the wedding, your partner, your union, whatever, instead remember why you want to get married.

What do you think are some advantages of keeping your wedding under wraps? Share in the comments below.

Celebrity Couple Brad Pitt and Angelina Jolie Are Filming a New Movie Together





By Louisa Gonzales

Angelina Jolie and fiancé <u>Brad Pitt</u> are expected to come together again on the big screen, according to <u>People.com</u>. It will be the <u>Hollywood couple's</u> first time acting with each other since their work in the 2005 blockbuster film, <u>Mr. & Mrs. Smith</u>. This new movie will be based on a script written by Jolie, which is all the public knows right now. There is still no word on the genre, release date, or studio, but it

may be a relationship drama. Jolie is currently getting ready for the May release of the Disney film *Maleficent* and also working on post-production for the film *Unbroken*, which she directed.

With celebrity couples like Jolie and Pitt, work life can often overlap with personal responsibilities. What are some ways to combine your job with your relationship and love?

Cupid's Advice:

Being in a relationship and love means being partners in your personal lives. However, work can sometimes get in the way of you being able to spend time together. So how do you find a healthy work-life balance? Take a cue from this celebrity couple and follow Cupid's love advice below:

1. Unwind together: Nothing beats coming home from a long day of work and being able to relax with your love. Cook dinner together and talk about work over a home-cooked meal and glass of wine. Then, snuggle up on the couch for the latest episode of *Modern Family*!

Related Link: Brad Pitt and Angelina Jolie Enjoy Date Night

2. Confide in each other: Communication is key for every strong relationship. Being able to talk to your significant other about the good and bad parts of your day will help you de-stress and also bring you closer together.

Related Link: <u>Brad Pitt Flies to Australia to Reunite with</u>
<u>Angelina Jolie and Kids</u>

3. Invite them to hang out with your co-workers: Include your honey in after-work drinks! If they know your office mates, they'll be able to provide you with better feedback when you chat with them about work happenings. Plus, it's a great opportunity for you to get ahead at work and spend time with your partner.

Taking a cue from this Hollywood couple, what are some ways to combine work with your relationship and love? Share in the comments below.

Bravo Reality TV Star Tabatha Coffey Says It's Important to "Connect and Continue to Get to Know Your Partner"





By Brittany Stubbs

Celebrity hairstylist Tabatha Coffey is more than just an expert on bouncy curls and shiny locks. Known for her business expertise and tough-love approach while helping restore struggling salons on Bravo's reality TV show Tabatha Takes Over, it's no wonder the questions from viewers inspired the star to put her profitable advice on paper. In her new book Own It! Be the Boss of Your Life — Home and in the Workplace, she provides readers with the tools to be successful not only in their professional lives but in their personal lives as well.

Exclusive Celebrity Interview with Reality TV Star

"Living a successful and well-balanced life is, to me, what it's all about," she shares in our exclusive celebrity interview. With so many people today struggling with work-life balance, Coffey believes her book will empower readers of all kinds, whether they're looking to move up in a current career,

they're fresh out of college, or they're stay-at-home mothers. More than just a catchy title, she shows readers how to "own it," teaching them how to take control and responsibility for their own lives.

Related Link: Molly Sims Talks New Hair Color & Favorite Date
Night Looks

While her blunt honesty has often been perceived as bitchiness, she says that "it's always in the name of helping someone." Whether giving a new haircut to make a woman feel beautiful or guiding a failing business owner towards a fresh start, the author has always been passionate and motivated by any activity that can empower people.

But empowering people sometimes requires a harsh reality check. "It's just my tough love that comes from a place of wanting people to move forward," she admits. "I truly understand when people get upset by some of the things I say because change is hard. Sometimes, people who ask for my help don't really want to hear the truth, but they need to hear it in order to make changes and become successful."

Speaking of asking for help, we couldn't help but pick the hairstylist's brain for a few summer hair tips. After all, it is her expertise! When it comes to managing hair in the hot and humid months to come, "it's all about using the right product to protect your hair in the sun, especially if you have color in your hair. There are many products out there that will help minimize the fading you're going to get from the sun." While it might seem like your hair is constantly in the water between pool parties and trips to the beach, she encourages you to rehydrate your hair with a great conditioner or treatment too.

Related Link: Celebrity Stylist Raphael Reboh Says Jennifer
Lopez Has the Best Hair in Hollywood

One thing Coffey loves about summer is embracing a more casual

look. Whether you're letting your hair air-dry, rocking a messy ponytail, or just slicking back short hair, try using a leave-in conditioner to get a nice treatment in your hair and a smooth result without a bunch of mousse or gel. The reality TV star assures us that this hair trend will be spotted in Hollywood as well. "We'll definitely see waves, especially more casual, beachy waves that allow movement and more of a natural texture to the hair as opposed to being so formal and so done with a curling iron."

Another great, summer go-to style that she predicts celebrities will be wearing is ponytails. Whether high or low, with or without a part, "ponytails are a great summer trend and can look incredibly chic, even if you're wearing an evening gown."

Tabatha Coffey Shares Her Best Dating Advice

Although hair and business have been her main focus, Coffey stresses the importance of still making time for a relationship and love life. Being with the same partner for over a decade, she has learned that it's important to avoid routines. "The longer you've been in a relationship with someone, the easier it is to get in the habit of just doing your duties and going about your daily routine side-by-side," she explains of her best dating advice. "I think it's important to make an effort to go to the movies or go out to dinner and spend time connecting and continuing to get to know your significant other better instead of just the daily updates that we all seem to do."

Related Link: <u>Tabatha Coffey Shares Life</u>, <u>Relationship</u>, <u>and Hair Tips</u>

While the Australian native believes in scheduling time for your partner, she encourages you to not forget about yourself

too. "It's often easier to just focus on work or on putting other people first, but you can't put yourself on the back burner." Whether it's five minutes of meditating a day or just enjoying a cup of tea, you need to take time to reenergize and do something nice for yourself.

Still, she knows with today's constant connection to our phones and tablets that this is often easier said than done. You have to work to find out what works best for you. For Coffey, one of her activities of choice is playing Candy Crush. "I'm obsessed," she says with a laugh — but sometimes, that's all she needs.

To purchase Coffey's book Own It!, check it out on Amazon. You can keep up with the hairstylist on Twitter @tabathacoffey.

Tori Spelling and Dean McDermott Get Couples Massage Amidst Marriage Drama





By Shannon Seibert

Tori Spelling and Dean McDermott were photographed together in Los Angeles enjoying a couples massage. After the recent discovery of McDermott's affair with Emily Goodhand, the couple has been on the rocks. Recently, Spelling was hospitalized for intense headaches and McDermott was there to support her. The pair have four children together, but the trust-factor is up in the air. "It makes you not trust anything that's happened in your relationship," Spelling told <u>UsMagazine.com</u>.

What are some ways to keep your marriage alive?

Cupid's Advice:

Ideas of marriage have transformed over the last century. In this day and age it's difficult to uphold the traditionalist views of marriage, which can lead to cheating, scandal and fall-out. To keep the love alive it is a process that both partners have to be invested in to make ends meet.

1. Take a trip without leaving: Maybe it's just a little "You

and Him" time that you need. A stay-cation is a great idea for worker-bees to relax with each other and focus on the love they always had. Throw some beach towels out in the back yard, fill a cooler, and have some fun in the sun with your man.

Related: Tori Spelling Is Hospitalized Amidst Marriage Drama

2. Give up the gadgets: In a modern world of cell-phone and virtual communication, it can be difficult to establish a personal connection. You and your honey try leaving the phones, computers and devices in another room for a night, and just enjoy each other's company. You'll be surprised by the levels of conversation you can reach without a phone screen between you!

Related: <u>Date Idea: Take a Virtual Vacation</u>

3. Renew and revise your vows: Ideas of marriage have been constantly evolving, so naturally, the traditional marriage vows should keep up with the change in pace. Go through the vows you and your man took on your special day, and see how you've kept up with your promises. If you see the results aren't what you originally thought, go for some modern revisions. Try "I vow to pick the kids up from practice when I say I will" or "I promise I will listen to you talk about your day." These may seem small, but in the scheme of a marriage, these vows can make every bit of difference in it being successful.

How do you keep your marriage strong? Tell us in the comments below!

Exes Jessica Simpson and Tony Romo Don't Speak at Correspondents' Dinner





By Shannon Seibert

Jessica Simpson, 33, attended the White House Correspondents' Dinner in Washington D.C., as did her ex, Tony Romo. After their final split in 2009, both Simpson and Romo have found love, and started family roots. The singer and the Cowboy's quarterback didn't stage a reunion at the event, and were able to mingle comfortably without interacting with one another, according to <u>UsMagazine.com</u>.

What are some ways to keep things civil between you and your ex?

Cupid's Advice:

There is nothing more uncomfortable than being caught in a social setting with your ex. There is awkward eye contact, weird feelings and an aura of tension in the air—and everyone notices. Sometimes the best way to be civil is to fake it till you make it, and be an adult about the situation:

1. Don't speak poorly of your ex: This is someone who you were once an item with. Speaking ill of your past relationship with your ex, no matter how terrible the relationship may have been, reflects more poorly of you than it will your ex. If you are the one doing the bad-mouthing, it will only resonate as your personal level of maturity. Ex-shaming is a practice that must be stopped!

Related: Justin Bieber Has Dinner with Kendall Jenner

2. Be polite but don't overdo it: You want to be respectful, but you don't want to seem fake about it. By going out of your way to say 'Hello!' or approaching them without warning could send the wrong signal about your intentions. If you do happen to run into each other, smile and ask how everything is going, but don't press for details. The shallow conversation will keep the mood light, and there will be no room for disagreements to arise.

Related: <u>Nikki Reed and Derek Hough Hook Up</u>

3. Focus on you: This is the time where you can be your own person, without your name being attached to his. If people ask about your ex, quickly steer the subject to something positive you're doing with your life. You don't need to get caught up in what your ex is doing on social media, with someone else or anything else regarding his business because it isn't yours anymore.

What are some ways you and your ex have kept things civil? Tell us in the comments below!

Nikki Reed and Derek Hough Hook Up Post-Paul McDonald Split





By Sanetra

Richards

More fish in the sea! According to <u>UsMagazine.com</u>, Nikki Reed has <u>Dancing</u> with the Stars pro Derek Hough on her hook. The news about the pair came out nearly a month after the announcement of her split from husband of two years, Paul McDonald. A source revealed the 25-year-old <u>Twilight</u> actress and 28-year-old were spotted making out at L.A's Rock & Reilly's on April 18th. They were joined by Hough's friends and

costars Mark Ballas and Cheryl Burke: "The whole group was drinking and partying. Derek bought shots for Nikki at the bar," said an eyewitness. "There was lots of PDA, Nikki was feeding him, holding hands, and they left together. They didn't seem to care if anyone was watching." The pair may have been canoodling, but a source says it is "nothing serious". "Nikki isn't currently dating anyone. She is focused on her divorce from Paul and caring for that relationship as well as her latest film projects," says the insider. "Nikki and Julianne are good friends, and she has hung out with Derek a few times through her. They're having fun but it's nothing serious."

How do you know when it's time to move on from a past relationship?

Cupid's Advice:

For some, moving on from an ex seems like an impossible task and/or a long process. You are constantly going back and forth with yourself if you made the right decision. You might even find yourself mentally replaying memories between you and your ex. However, there are quite a few signs that let you know when and how to move on, in a timely manner:

1. All ties have been cut: One of the most clear ways to tell it is time to completely move on is when there is nothing (besides emotions) keeping you and your ex connected. If you both agreed the relationship will never resurface, it is best to consider moving on. However, do not be afraid to take the time needed to help you emotionally heal from the breakup.

Related: <u>Nikki Reed and Paul McDonald Split After 2 Years of</u> Marriage

2. They have moved on: There is certainly no need to continue holding on to the what could be's, should be's, and would be's if your ex-partner has found someone else. Any chance of you

all getting back together is slim to none — frankly, it is probably best that they have moved on because you all are not together for a reason. This could either be their way of making it clear they are past the relationship or trying to cope with the breakup. Whatever the reason may be, use it to your advantage to move on.

Related: How to Move On After Heartbreak

3. You've let go: All of your resentment towards your ex has slowly disappeared and you are at a state where you want to mix and mingle a little bit. You have made up your mind that you will not carry the baggage from the relationship over into the next. These are two definite ways to tell that you have moved on.

How do you know you are ready to move on from a past relationship? Share your thoughts below.

'RHOOC' Reality TV Newbie Lizzie Rovsek on How the Show Helped Her Celebrity Marriage: "You've Got to Keep the Passion and the Fire Alive"





By Brittany Stubbs

Our favorite Bravo ladies are back in the Real Housewives of Orange County. You may have thought you met all the bombshells this season, but joining the reality TV cast on tonight's episode is the much-anticipated wife, mother, and former pageant star Lizzie Rovsek. As any Housewives fan knows, with new women, we can expect new drama. And Rovsek makes it clear her debut will be no exception to the rule.

Related Link: <u>'RHOA' Star Phaedra Parks Talks New Book and Marriage: "Remember What Made You Fall in Love"</u>

Celebrity Interview with RHOOC Reality TV Star

Not only does she fall down at her first filmed party, but she also has to defend herself from the very beginning. "Vicki and I definitely had a rocky start," the newly-minted reality TV star admits. "I didn't feel welcomed by her and felt like I was a burden because she doesn't like new people. I don't

think she likes what I do for a living or even my name."

As the only veteran OC housewife still remaining from the first season, Vicki Gunvalson has had issues with newbies in the past. But between Rovsek and Shannon Beador, the other rookie housewife joining the cast this season, Rovsek definitely believes she was in the firing line the most. While she was judged and picked on from the very beginning, Beador seems to have had an easier welcoming from the legendary veteran. "It might be because Shannon and Vicki have a lot more in common than Vicki and I do. They're the same age, and they've been married for a long time."

Despite her roller coaster of drama with Gunvalson, she still manages to make friends this season. "I was warned a little bit and told to be careful of Tamra, but she was actually very nice when I met her," she candidly shares in our celebrity interview. "She's very fun, and we have that in common."

Related Link: Relationship Taglines for the Ladies of 'The Real Housewives of New York'

Besides Tamra Judge (formerly Tamra Barney), the mother of two also forms alliances with fellow brunette Heather Dubrow. "She is so classy, and I truly look up to her. Throughout the season, Heather is someone I find myself going to for advice, and she's been my friend basically through the whole thing."

With beauty queen and model on her resume, it's no surprise people have a lot of misconceptions when it comes to Rovsek's looks, brains, and personality. "There was an article that I had a nose job, but I've never had plastic surgery on my face," she explains. Valedictorian in high school and graduating college Cum Laude, the housewife assures us that she has much more to offer than just her looks. "I'm actually a big science geek," she says with a laugh. "I'm definitely not just a bimbo or pretty face."

Despite some false judgements, she faces a lot of the same

challenges as other working mothers. Between taking care of two young boys and a husband who loves home cooked meals and running a swimwear company, she's just trying to juggle it all. On top of that, she still wants more children. "We're definitely talking about having another baby and thinking that will happen by the end of this year or beginning of next year," the celebrity mom says, making it clear that viewers can expect to see some of these discussions on the show.

Related Link: Gary and Cassie Chapman from 'Nashville Wives'
Talk Marriage and Adoption

Lizzie Rovsek Talks About Her Celebrity Marriage

While the *Housewives* franchise has shown the destruction of several <u>celebrity marriages</u> in the past, especially in the OC, this pageant queen feels like doing the show with her husband Christian has actually brought them closer. "This experience has made us stronger and made us take a closer look at our relationship and love life. Marriage is hard work! You've got to keep the passion and the fire alive, and it's not always easy. We're working at it all the time."

For other parents of young children struggling to fit in romance, Rovsek encourages setting aside time to be alone together. "Go on a trip, even if it's just a two-day drive somewhere. You need to spend time alone — away from your kids, away from your work — and really make time for each other."

Besides strengthening her celebrity marriage and getting closer to her husband, she also hopes her appearance on the show will inspire viewers who look up to her. "I hope they get to see my loving nature, and I hope they learn that it's okay to make mistakes. Sometimes, you learn the most valuable lessons by messing up," she shares. "Life is a gift, and we're all in this together."

To learn more about Rovsek and the Real Housewives of Orange County, tune into Bravo every Monday at 9/8c. You can keep up with Rovsek on Twitter @LizzieRovsek.

Justin Bieber Has Dinner with Kendall Jenner Amidst Selena Gomez Drama





By Sanetra

Richards

Sushi and conversation, perhaps? According to <u>UsMagazine.com</u>, Justin Bieber and Kendall Jenner were spotted having dinner with their friend Hailey Baldwin on Monday, April 28th at the

Nobu 57 in midtown Manhattan. The source went on to say the casual date lasted for about two hours and was filled with sushi rolls and miso soup. Afterwards, Bieber was the first to leave, and then Baldwin, the daughter of actor Stephen Baldwin, and Jenner dispersed. All of this comes shortly after the mini dispute that made headlines between the 20-year-old singer's ex Selena Gomez and Jenner sisters. Following their Coachella hangout, Gomez unfollowed her "BFFs" and on-again-off-again boyfriend on Instagram without any explanation. "Selena said the Jenner girls were flirting with Justin and his crew. She was pissed and overracted," an insider told *Us* in the May 12 issue. Another source said, "They had an issue but they have cleared it up. [Selena] has always liked the Jenner girls. They had been fans of Selena since they were young."

What are some ways to keep drama from affecting your relationship?

Cupid's Advice:

Opinions of others and outside drama can have a certainly have a way of tainting the relationship if you and your partner do not know how to avoid it. Cupid has a few tips on how to steer clear of the drama:

1. Keep away: Do not put you and your partner in environments or situations where you may begin to question your relationship just because of what others may have said. Also, do not involve yourself in any conflicts that are not related to you (or your relationship) — this includes spreading malicious information about others or simply sharing an offensive opinion. It could all backfire and cause harm between you and your significant others when you least expect it.

Related: Justin Bieber and Selena Gomez Reunite at Coachella

2. Open up: Inform your partner of any concern you may have that is caused by drama. Let them know you are worried about the negative effects that come along with it and the damage that could be done to your relationship if proper precaution is not taken.

Related: <u>Justin Bieber Dedicates Song to 'My Baby' Selena</u> <u>Gomez at SXSW Show</u>

3. Brush it off: Try your best to not let the outside forces affect your relationship. Do not be afraid to laugh at it every once in awhile. Eventually, you and your partner will find that it is nothing to worry about.

How do you keep drama from affecting your relationship? Share your thoughts below.

'American Idol' Contestant Sam Woolf: "A Sense of Humor is the Main Thing" in a Relationship





By Liz Kim

This week's American Idol elimination was not only disappointing for Sam Woolf but also for the legions of teen girls across America who've been screaming for him since his audition. The 17-year-old was coined this generation's Ricky Nelson by Harry Connick Jr., but the Bradenton, Florida teen is more than just a pretty face. He's been singing and performing ever since he can remember and was known to give concerts on his high school's courtyard. The singer also writes his own music and even got to perform one of his original pieces on the Idol stage.

Related Link: 'American Idol' Contestant Dexter Roberts on Relationships: "Keep Pushing Each Other to Become Stronger"

Before *Idol*, he was just another student at Braden River High, but he probably won't be able to quietly walk through the halls anymore. His hometown cheered for him loudly and held weekly viewing parties. "The support means so much," he shares. "I don't think I would've made it this far without it." Although he was far from home, Woolf didn't forget about

his schooling. He continued his studies in Los Angeles with the help of a tutor. Unfortunately, he won't be able to make it to prom but hopes to still walk with his classmates during graduation.

Despite criticism about his stage presence, he was given generally positive reviews and managed to stay out of the bottom for most of the competition. However, after landing there twice, he received the least amount of votes during week six. For the first time since Jessica Sanchez in season 11, the judges decided to use the save and keep Woolf in the competition. That moment is still a blur, he says. "I had no idea they would save me. I just remember my name being called and being so nervous."

The close call was just the motivation he needed. "It definitely pumped me up, and I realized I had to give it my all," he explains. "I was a little scared that I'd be saved and then go home the next week, but luckily, I made it a few more weeks."

This week, the show surprised the singers with a shocking twist: They could either vote for one person to go home as usual or for nobody to go home this week but two singers to leave next week. The catch was that the votes had to be unanimous. "We huddled up as a group and initially decided to do the save, but as it came down to it, we realized that two people had to go home," he says. "So in the end, we decided to just vote however we wanted to."

Related Link: 'American Idol' Contestant C.J. Harris Says Family's Support "Puts Me at Peace"

Woolf takes his elimination in stride. "I wasn't really surprised that the votes weren't unanimous. I think we should've just stuck with the original format of one person leaving every week." He even tweeted to his fans to not get angry at the contestants who voted yes to somebody going home

this week.

With all that talent and an ever-growing fan base, you'd think that the heartthrob has a line of ladies waiting for him. But the ever-humble singer is still a little shy when it comes to dating. When asked if he thinks *Idol* will improve his dating life, he answered with uncertainty: "I think so... I don't know! I guess? We'll see." Woolf, who loved to prank his fellow contestants, is ultimately looking for somebody who loves to laugh. "I think a sense of humor is the main thing for me."

The label of teen hunk is completely foreign to Woolf. "I wouldn't place myself under that category if I had the choice. I wasn't uncomfortable with the title; it's just not who I ever thought I was." Although he might have had the boyish charm, Woolf struggled being more fluid in front of the audience. "I'm definitely lacking life experience."

But he knows that practice makes perfect. "I've been trying to connect with the audience more and get better on stage. Each time I sing, I get more comfortable."

You can still catch Sam Woolf on the American Idol summer tour! Until then, keep up with him on Twitter @samwoolfmusic.

Olivia Munn and Joel Kinnaman Call It Quits





By Sanetra

Richards

Another couple, another breakup! Olivia Munn and Joel Kinnaman are now residents of Splitsville. According to <u>UsMagazine.com</u>, insider sources confirmed the split and said the two parted ways months ago. "They ended things a few months ago but both seem fine," says a source. "A lot had to do with distance. He's back filming in Toronto and she's now in L.A. for good." The Killing actor and Newsroom actress have remained friends through the breakup and are still very much fond of each other. While promoting the reboot of RoboCop, Kinnaman paid the Today Show a visit spoke well of Munn: "She's a hoot, she's a lot of fun." Munn did the same in the May 2014 issue of Allure, saying, "If there was ever going to be a girl who would want her man to bring home a RoboCop suit, it would be me," the 33-year-old gushed. "Joel is truly fantastic in it.

How do you know when to call it quits on your relationship?

Cupid's Advice:

Every so often things take a turn (possibly for the worst) in the relationship, and you are left asking yourself if you and your partner should just separate. Although the warning signs are typically loud and clear, you may be blinded by a few other things. Cupid has some ways to help you decide when it is time to call it quits:

1. Tension and arguments: Do not refuse to see the elephant in the room. If you and your significant other just cannot seem to come to common ground and are constantly going back and forth with each other, reevaluate the relationship. Is it worth the daily headaches? This is a question you must ask yourself and your partner.

Related: <u>Nikki Reed and Paul McDonald Split After 2 Years of Marriage</u>

2. Zero growth: You should be able to recognize improvement in each other and as a couple. Take into mind that you all are in it to provide encouragement and support to one another. If the relationship is stagnant and there is no hope for bettering, consider parting ways.

Related: Gwyneth Paltrow and Chris Martin Separate

3. Nonexistent romance: The kind gestures and words have vanished and your partner is not as affectionate as he or she was in the beginning, consider talking to them about it. If they have no valid reason as to why it disappeared all of a sudden or a solution to the problem, it may be time to call it quits.

What are some signs that help to determine when to call it quits? Share your thoughts below.

Prince Harry and Cressida Bonas Split After Two Years





By Sanetra

Richards

Prince Harry is back on the market! According to <u>UsMagazine.com</u>, after a two year relationship, the Prince and girlfriend Cressida Bonas have separated . . . for now. "They're off, but I don't think it's for good," said a source to <u>Us</u>. "They hit a rocky patch and this decision is the result of that. Harry is the type to want to take breathers and then try again." A Kensington Palace spokesman went on to say, "We never comment on private lives." The pair met when Prince Harry's cousin Princess Eugenie of York, also the 25-year-old socialite's friend, introduced the two and they hit it off by July 2012. Despite the breakup, the two have remained friends: "It's very sad that they have decided to split. It's very

amicable, but they have decided to go their separate ways," says a Bonas family source.

What are some ways to keep your split amicable?

Cupid's Advice:

Many former couples have a theory that there is no possibly way to end a relationship and be somewhat friendly to one another. It is far from easy! Subtract the hard feelings, irreconcilable differences, and that specific mentality and you will have the answer to keeping the breakup cordial. Cupid has a few tips to help you and your ex even things out and remain pleasant:

1. No harboring: Do not hold on to all of the negative things that happened in your relationship. You cannot expect to make progress individually and as an ex-couple if the past is constantly taunting you. Remember, heartbreak and anger is not a part of your closet's wardrobe!

Related: The REAL Reason that Gwyneth Paltrow and Chris Martin Split

2. Come to terms: There was a specific reason(s) why the relationship ended. Facing and accepting the breakup is a major factor when it comes to being able to keep things under wraps and the split amicable. Realize your ex may be moving on with their life, and you should do the same. Same book, new chapter!

Related: Will Arnett Files for Divorce from Amy Poehler 19
Months After Separation

3. Keep calm: Have complete control of your emotions. Avoid the random lashing out moments to your ex. This will prevent any chaos in your attempt to keep the (former) relationship on a good note.

How do you keep a split amicable? Share your suggestions below.

George Clooney's Family Is 'Thrilled' About Engagement to Amal Alamuddin





By

Louisa

Gonzales

George Clooney and girlfriend Amal Alamuddin are getting married! According to <u>UsMagazine.com</u>, not only is Alamuddin becoming a part of the Clooney family, she's being welcomed with open arms. Clooney, 52, recently was confirmed on

Saturday to have proposed to his lawyer girlfriend, 36. Reportedly the actor heartthrob's father, Nick Clooney, is "thrilled" about the news and think Alamuddin is a "wonderful young woman" and George's mother shares the same sentiment. Congratulations to the happy couple!

What do you do if your family isn't supportive of your engagement?

Cupid's Advice:

Getting engaged is an exciting time in your relationship and is cause for a celebration. However, it can be hard to enjoy or even celebrate when everyone you love doesn't support your relationship or the engagement. Cupid has some advice on what to do if your family isn't supportive of your engagement.

1.Ask them to give another chance: There's nothing wrong with asking your family to give your beau another chance. Perhaps their first meeting or interaction happened under bad circumstances, so try arranging for you, your significant other and your family to get together under better settings. If the people you love truly care about your happiness they should be willing to do whatever necessary to see that you will be happy.

Related: George Clooney Vacations With Rumored New Girlfriend Amal Alamuddin

2. Be patient: Maybe your family doesn't agree with your engagement right now, but maybe they will over time. Every relationship takes time to build, that includes your lover's relationship with your family, so let things develop on their own gradually as time passes. If you try to force a relationship between your love and family it will put too much pressure on you and them and it may seem like you're trying to hard to prove your relationship.

Related: <u>Celebrity Couple Predictions: Mary-Kate Olsen, Eva</u> Mendes and Amal Alamuddin

3. Share your love with the family: You don't have to dish out all the private and intimate details about your love life, but it won't hurt sharing little things about it. If your family can get a glimpse of the two of your's love for each other, it will help them better understand why the relationship works. So, try next time you are together with your family sharing all the ways your honey make you happy or tell them stories about some of the fun things you've done.

What do you think you should do when your family isn't supportive of your engagement? Share in the comments below.

Brad Pitt and Angelina Jolie Enjoy Date Night





Louisa Gonzales

Power couple Angelina Jolie and Brad Pitt have a special date night out, just the two of them. According to <u>UsMagazine.com</u>, Pitt, 50, and Jolie, 38, were spotted at Troubadour in Los Angles attending Japanese singer Miyav, show. The parents of six to Pax, 10, Zahara, 9, Shiloh, 7, twins Vivienne and Knox, 5, and Maddox, 12, met up with some friends at the concert. The actor and actress looked to have enjoyed seeing the show and getting their well-deserved alone time.

What are some ways to make date night special?

Cupid's Advice:

Dating is supposed to be fun. Sure, it's also the time where you get to know each other better, try things out, but it doesn't mean dates should be like a job interview, they're meant to be something you look forward too. Cupid has some advice on some ways to make date night special.

1. Make it a themed night: It can be fun to mix things up a little and try new things in a relationship. One way to do that is to try planning a themed night, so go all out and make

it a night to remember. Get together and pick a theme, such as make it 'Italian night', 'fifties night' or a scavenger themed date, it can be anything you want, but make sure to make it something you both can enjoy.

Related: Brad Pitt and Angelina Jolie Enjoy Weekend Getaway Without Kids

2. Recreate your first date: There are certain moments that we experience in this life that makes us nostalgic, first dates are one of many. It can be fun to recall your first date and try recreating. Not only will it make your date extra special to re-experience your "first date", it will show your significant other all the great little-big things you remember and give you the chance to relieve old memories.

Related: Brad Pitt Flies to Australia to Reunite with Angelina Jolie and Kids

3. Do something you normally don't: To keep things new and fresh in your relationship, it's important to do things you've never done before. Think big, think adventures, think of a date outside of the box, whether it's going on a last-minute weekend getaway, a trip to an amusement park or zoo, or going to a concert, just make the date worthwhile.

What do you think are some fun ways to make date night special? Share in the comments below.

Tori Spelling Is Hospitalized Amidst Marriage Troubles





By Louisa

Gonzales

Tori Spelling has been hospitalized, according to <code>UsMagazine.com</code>. It seems the pressure on the mother of four, her marriage and the show has finally taken its toll on her. The 90210 alum, 40, has been letting the world see all her relationship problems with husband Dean McDermott, who recently was revealed to have had an affair with 28-year-old <code>Emily Goodhand</code>, on her Lifetime reality series <code>True Tori</code>. The show follows the couple as they try to work on salvaging what's left of their relationship, but with <code>Spelling shouting</code> how her partner is never going to be, "happy with just me" it seems there is still troubles in the water for the pair.

How do you support your partner mid-split?

Cupid's Advice:

When your relationship is dissolving it can be some of the

hardest points in your life. Towards the end of your romantic relationship it can be hard to not hold resentment towards your partner or to not put the blame on the failing relationship on them, or to even still show your support towards them. Cupid has some advice on how you support your partner mid-split.

1. Still be there for them: Nothing shows your support like simply being there for someone. Everyone wants someone to be there for them when they're down, need support or someone to relay on and you can still at least try and be that person. Whatever kind of relationship you have with your significant other, even if it could possible be the end, it's still good to be able show that you care about them.

Related: New Docu-Series Will Show Tori Spelling and Dean McDermott's Marriage Troubles

2. Keep up with your communication: Being in a relationship means having someone you can talk or confide in with. Even if your relationship is currently having problems, it's still okay to talk with your partner about each other's troubles. If you keep communicating you have a better chance at staying on good terms even if you break up or possibly fixing things.

Related: <u>Tori Spelling and Dean Mcdermott Are Expecting Third</u>
Child

3. Continue to work on things: Showing support towards someone can come in different shapes and forms. One way you can still show your support towards your partner mid-split is to still put some effort into your relationship. Remember you are both going through a similar thing here and whether your couple status changes from in a relationship to not in a relationship, it's important to still be respectful and mindful of one another's feelings.

How would you support your partner mid-split? Share in the comments below.

Chris Martin Blames His 'Issues' for Split with Gwyneth Paltrow





By Louisa

Gonzales

Chris Martin finally opens up about his split from Gwyneth Paltrow. According to <u>UsMagazine.com</u>, the Coldplay singer, 37, recently sat down with BBC Radio 1's Zane Lowe to talk about his band's new album, how he feels about One Direction and even about the end of his 11-year marriage. It's been one month since news first broke about Martin's separation from Paltrow, 41, but the music artist has now revealed to Lowe in

his interview part of the cause of the split falls on him. Martin told Lowe he hasn't let himself be completely "vulnerable" and open to letting love "in" and because of that it caused problems with his relationship. He continued to say he doesn't want to blame anyone else and only he can make the proper "changes" to his life.

What are some ways to work on your marriage?

Cupid's Advice:

Getting married is a life changing event. With marriage comes new joys, discoveries about yourself and your partner, but also hardships and challenges. Cupid has some advice on some way to work on your marriage:

1. Communicate more: A good relationship requires good communication. If you are having problems in your relationship or any other difficulties going on in you life, it's okay to talk with your partner about them. Don't keep things bottled up, it or make your worries grow and be that much worse when you finally do talk about them.

Related: Gwyneth Paltrow and Chris Martin Separate

2. Attend counseling: Sure, counseling isn't for everyone, but it may be good to give it a shot. Many couples don't like to admit that they need help, least of all accept or hear advice from other people. However, talking out your problems with someone may be good for your relationship, not to mention the fact it will give you the chance to hear what's on your significant other minds concerning you and the relationship.

Related: <u>Gwyneth Paltrow Says Chris Martin Helped with</u> Postpartum Depression

3. Remember to have fun: Relationships require work yes, but that doesn't mean you can't have fun and live a little. Make sure to make time to go out together, free of discussing your

problems, and do fun things or plan to stay in for romantic evenings, it doesn't matter what you do just do something you both enjoy. It's good to be able to just enjoy your lovers company from time to time without discussing troublesome things.

What do you think are some good ways to work on your marriage? Share your tips below.

Kesha Has a New Man





Βv

April

Littleton

The pop star has been spotted around Santa Monica with a mystery man. A source told <u>People</u> the couple have been dating

for the last few months, and met through Kesha's stylist. The singer has slowly returned back into the spotlight after her stint in rehab for an eating disorder.

How do you tell your loved ones about the person you're dating?

Cupid's Advice:

You're dating someone new and you think you're ready to let your loved ones know about it. Who should you tell first? How should you do it? The situation depends on how long you've been dating your honey, but ultimately, the decision is up to you. Cupid has some tips:

1. Family first: The best way to begin telling your loved ones about the new love in your life is by starting with your family first. Before you introduce your partner to your family, make sure they have at least some idea of what is going on and what to expect. No one likes surprises like this one.

Related: Rihanna and Drake Party Post-Concert in Paris

2. Close friends: Tell the friends you care about the most about your love life. If you're a private person, there's no need to go any farther than that. When you do tell your close friends, keep the conversation casual and try not to freak out about the situation. You don't want it to be a bigger deal than it already is.

Related: Find Out About Demi Moore's New Guy

3. Ask your significant other: Ask your partner how he/she thinks the situation should be handled? Maybe they would prefer to meet everyone all at once, or they might not be ready to announce the fact that you two are an item just yet. Whatever you decide to do, make sure your honey is comfortable with it.

How did you tell your loved ones about the person you're dating? Comment below.

Samantha Harris Stays Strong for Family After Breast Cancer Diagnosis





By Shannon Seibert

Former Dancing with the Stars co-host Samantha Harris recently chatted with Celebrity Baby Scoop after being diagnosed with breast cancer. She opened up about her medical journey and not

wanting daughters Josselyn, 6 and Hillary, 3 "to be afraid" for their mother's health. "I want them to hear from me first what Mommy has and that I'm going to be fine."

Related Link: DeAnna Pappas Stagliano Talks Motherhood: "It's Seriously the Best Thing I've Ever Done"

Four months after finding an abnormal lump on her breast, her gut feeling didn't sit right with her. She went to see a specialist and had a needle biopsy, two ultrasounds, and a MRI, leading to a scheduled lumpectomy. "Even the pathology they do in the operating room said no cancer. My husband [Micheal Hess] was right next to me and said, 'Babe, you're all clear.' I didn't even take him to the follow-up because I thought I didn't have cancer."

Initially, all signs really had pointed to being cancer-free, so the television host hadn't given the visit a second thought. When she found out she did have breast cancer, she was alone in her doctor's office. "I started to realize that they kept saying the word 'carcinoma.' That means cancer, so I guess I have cancer. Then, the tears welled up in my eyes, and it wasn't until the surgeon left the room that all I wanted to do was crumble into my husband's arms."

Harris will undergo a double mastectomy and plans to make a video diary documenting her health journey, which she and her husband might show their daughters at a later date. "The day we found out, while it was still fresh in our minds, we made a video," Harris shares. "I don't know if we'll end up showing it to them, but at least we have the option. Having lost my dad when he was just 50, I was lucky because I was 22, and I'd had him through my whole adolescence."

Related Link: Bill Rancic Talks About Being a Dad: "Family Comes First"

Still, she has kept a very positive outlook on her diagnosis.

She has high hopes for her future with her husband and her girls. "No matter how positive of a diagnosis as I have, it doesn't keep the demons of fear from taking over your mind and your thought process and thinking about the girls and thinking about how my dad wasn't able to walk me down the aisle," she adds. "I will be here to plan my daughters' weddings, and they better like the dress I pick!"

For the full interview, visit www.celebritybabyscoop.com/2014/04/20/samantha-daughters -diagnosis.

Celebrity Interview: Chef Roble Talks Date Nights and Says Creating New Fragrance Was "A Lot Like Cooking"





y Maria

Darbenzio

Chef Roblé Ali, best known for Bravo's <u>reality TV</u> documentary series *Chef Roblé & Co*, is continuing to make his mark on the food industry. Over the years, thanks to his passionate dedication to cooking, he has prepared meals for many A-list stars, started a successful catering company, and has now ventured into the realm of beauty. With his new fragrance Clique by Roblé, he's expanding his brand beyond the foodies.

Celebrity Interview with Chef Roblé

Although developing a perfume may seem like a strange departure for a chef, his fragrance, which he created with master perfumer Frank Voelkl, includes scents of ingredients from his recipes. "When you smell the perfume, you first get a sparkling citrus top note, and that's based on one of my signature cocktails that includes blood orange, lime, and tequila. It's called the Chupacabra," he explains in our celebrity interview. "Once it settles in, there's a rich dessert note there, and that's another one of my recipes called the French Toast Crunch. It's dessert French toast

that's crusted in cornflakes, and it has drizzled honey and hot Nutella and chocolate dusted with some powdered sugar. It's cooked in brown butter, so it's really rich and multidimensional."

Related Link: Giveaway: Smell Great with Clique by Roblé

Much like filming a reality show or cooking in the kitchen, creating a fragrance takes a lot of time and dedication. It took over a year of extensive testing to narrow it down to just one scent. To test the final two options, he gathered a group of women — and a few men too — to share which one they liked best. "The other one is really good too, so who knows? We might do something with that one day. Right now, we're just focusing on rolling out Clique by Roblé," he shares. "I just want to get it in front of people. It will sell itself. It's something I'm really proud of, and we got really good feedback."

Bravo Reality TV Star Shares Dating Advice

Chef Roblé imagines this scent being something for everyone, whether it's being worn for a day in the office or a date night at home. When it comes to wowing your special someone with a home-cooked meal, he suggests finding out what he or she likes. "I wouldn't do a whole bunch of guessing. You can put all this energy into something you think is nice, but what if that person doesn't like red meat? Or maybe they're allergic to shellfish, and you just made a lobster bisque," he explains of his dating advice.

Related Link: <u>'Food Network' Host Claire Robinson Says, "Food Is the Key to Passion"</u>

As for his own date nights, the "single as a pringle" chef states that he would rather just go to a restaurant. This

approach allows him to focus completely on his date and their conversation instead of running around and cooking during the evening. He may be single at the moment, but he's not one to look for a relationship and love. "If you look, it doesn't come. Whatever happens, happens," he admits. Still, he knows what he wants in a partner: He says his perfect woman is "good looking, has good morals, and smells delicious."

Being a celebrity chef means meeting a lot of people, both famous and not, during his travels. Over the span of his career, Chef Roblé has prepared his signature dishes for the likes of Michael Jackson and his crew, Britney Spears, and President Obama. Plus, he's had the opportunity to cook alongside Mario Batali on *The Chew*. "He's my all-around favorite chef out there, and I got to work with him," he excitedly reveals in our celebrity interview. "That was definitely a memorable and great experience for me."

Related Link: Mario Batali Shares His Tips for Cooking at Home on Date Night

So what's next for the former reality TV star? He's in the process of coming up with concept and location ideas for restaurants, one on the West Coast and another one on the East Coast. They're still in the development stage at the moment, but be on the lookout for more news over the next couple of months.

Besides the restaurants, he's also in the process of developing a line of wines — perfect for your next date night. There may even be some more television time in his future, but for now, he says he's too busy traveling to commit to filming. We'll all have to stay tuned to see what the chef does next!

To stay up to date with Chef Roblé's projects, follow him on Twitter @ChefRoble and www.facebook.com/ChefRoble/. Don't forget to enter our fragrance giveaway!

Katy Perry Has a New Love Interest





Ву

April

Littleton

According to <u>People</u>, the <u>Dark Horse</u> singer has found love with DJ Diplo. The two lovebirds were spotting hanging out together at Coachella, and last week during an afterparty for the upcoming film, <u>The Amazing Spider-Man 2</u> in New York City.

When should you start dating again?

Cupid's Advice:

Dating after a breakup is complicated. When is it OK to test out the waters again? How do you know when you're ready to get back out there? Cupid is here to help:

1. Time: Don't rush into your next relationship just because you're afraid of being on your own for awhile. Take the time to get over your ex, and figure out what you really want out of a romance. You want to get things right the next time you fall in love. Repeating all of your old habits and mistakes won't do you any good.

Related: Richard Gere and Padma Lakshmi Are Dating

2. Trust: If you can't trust the next person you're seeing, there's no reason for you to try to spark up a relationship with him/her. The ability to trust again doesn't come easy, and it might take you awhile to get there. If your potential love interest is willing to be patient with you, you might have a keeper on your hands.

Related: <u>Taylor Swift Cuts Off Selena Gomez Post-Reunion with</u> Justin Bieber

3. You're comfortable: You have to be comfortable with yourself before you can handle being with anyone else. Are you at that stage of life where you can have fun being alone and single? Or do you feel as though you constantly need to depend on someone else? Find yourself, and realize that you can and will do spectacular things without a partner.

When did you know you were ready to start dating again? Share your experience below.

Ginnifer Goodwin Opens Up About Her Pregnancy and Wedding





By Sanetra

Richards

Every fairy tale has a happy ending! According to <u>UsMagazine.com</u>, Once Upon a Time star Ginnifer Goodwin talked all about her pregnancy and marriage for the first time publicly to Jimmy Kimmel on Wednesday, April 23. While talking about the active baby, the 35-year-old said "There's like, a Cirque du Soleil performance. It's like alien stuff." The actress and Kimmel went on to discuss her recent wedding to co-star Josh Dallas on April 12th: "We wrapped production on Once Upon a Time, I think, two weeks ago," Goodwin told Kimmel. "And a couple days later, I was wed in Venice,

California." "I married Prince Charming," she gushed. "We're both Southern, so I was literally barefoot and pregnant at our wedding. I was afraid I would fall over, I don't know what I was thinking." When asked if her parents were upset about her premarital pregnancy, Goodwin replied "No, no. We may be Southern, but that's their first grandchild," she clarified. "They're all coming back out here in a couple of weeks to camp out and wait," Goodwin said of her in-laws and parents' excitement of the baby's birth.

How do you keep your family involved in your pregnancy?

Cupid's Advice:

The announcement of a pregnancy brings tons of happiness and joy. Your mind is racing a thousand miles per hour, you are planning and preparing and cannot think of too much else. However, you want to be sure to include those who mean the most to you, family — chances are, you will get more support than you could ever imagine. Cupid has some tips on how to keep your family involved along the way:

1. Offer invites: Open up your home to any family members that could possibly lend a helping hand along the way. Let them know the door is always open if they would like to visit and spend time with the expecting mother. Encourage them to attend a doctor appointment to see the baby's ultrasound or go shopping for the nursery together.

Related: Ginnifer Goodwin and Josh Dallas Tie the Knot

2. Ask for suggestions: You are going back and forth with names or a color scheme for the baby, do not be opposed to asking your family for their ideas. They would be delighted and honored to know you would consider their options. You may even want to include them on organizing and decorating for the shower. Another helping hand would not hurt!

Related: <u>Ginnifer Goodwin Is Expecting a Baby with Co-Star</u>
Josh Dallas

3. Inform them: If something exciting happens throughout the pregnancy, share the news! Your family will feel as if they are being included and not just when the baby is born. They will continuously support and guide you along the way (possibly into the delivery room).

What are some ways to keep your family involved in your pregnancy? Share your tips below.

'DWTS' Pro Tony Dovolani on His Celebrity Marriage: "My Wife is My Queen"





Interview

b y

Whitney Johnson. Written by Maria Darbenzio and Liz Kim.

Tony Dovolani has come a long way from the three-year-old learning to folk dance in Prishtina, Kosova. Early on, Dovolani's father discovered that his son had a knack for both dance and music. Dovolani eventually became a professional ballroom dancer and has been on ABC's *Dancing With the Stars* for a whopping 17 seasons now.

Before his career ever took off, Dovolani knew that dancing had its perks. "As I got older, I realized that the dancers got all the girls," he says with a laugh. After coming to the United States as a teenager, he was introduced to the Fred Astaire Dance Academy. "After the first step I took into the studio, I knew right away that was going to be the rest of my life."

As time progressed, he choreographed *Shall We Dance* with Jennifer Lopez and Richard Gere and then landed a spot on season two of *DWTS*, where he was paired with Stacy Keibler. Since then, he has developed The Ballroom Dancing Channel with fellow pros Maksim Chmerkovskiy and Elena Grinenko, created

the Superstars of the Ballroom Dance Camp, and won the coveted mirror ball trophy with Melissa Rycroft during the All-Stars season of *DWTS*.

Fast forwarding to season 18 of the popular ABC reality show, Dovolani is currently paired with NeNe Leakes, one of the sassy stars of *The Real Housewives of Atlanta*. Although he mentions their great chemistry, they did have a minor issue after switching partners for a week. "She's great. I mean, we had one little tiff that everybody saw. Other than that, it's really been a lot of fun," he candidly shares. "She's hilarious. She has so much character. She shows up ready to work, which is good."

Related Link: 'DWTS' Contestant Candace Cameron Bure Says
"Dance Parties" Have Always Been Her Favorite Family Activity!

As viewers saw on last week's episode, the twosome used that bump in the road to strengthen their partnership and ultimately wow the judges with their salsa. "What you guys didn't see is that routine came about from us working with each other. If we had an attitude the whole week, it wouldn't have happened."

When it comes to the rest of the season, the dancing pro has no worries about Leakes and her abilities on the dancer floor. "I think she's on a good track. We're going to keep pushing her every single week. I feel like she's the fun one in the show, and we want to keep entertaining our fans all the way to the end." Of tonight's tango, he says, "I want it to be passionate, hateful, sultry, sexy, and vulgar. I want it to be everything!"

Dovolani works hard both on and off the dance floor, making sure that his wife Lina and their three young children are always his number one priority. "My wife is my queen. I wouldn't be anywhere without her," he shares. "Honestly, the saying 'Behind a great man is an even greater woman' is

absolutely true in my case. She takes care of the kids. She takes care of the house. She takes care of everything while I'm trying to do the show business thing. I think that men in general have to realize how strong women are."

Related Link: 'DWTS' Pro Anna Trebunskaya Welcomes a Baby Girl and Reveals Boyfriend

When it comes to keeping his marriage strong, he points out that proper communication is key to success. Plus, he knows that great relationships don't just happen: "You have to constantly work on it. If you do that, there's always a light at the end of the tunnel."

Communication is not only important in his relationship with his wife but with his children — Luana, Adrian, and Ariana — as well. Because of his busy schedule on the show, he doesn't get to see his children as often as he'd like, but he doesn't let the distance stop him from being there for them. "I literally call five, six, sometimes seven times a day. Every time I'm on a break, I'm on the phone with my family," he explains. "When they get home from school, they speak to me. Right before they go to bed, they speak to me. When they're doing their homework, they speak to me."

Dovolani sweetly adds, "I'm telling you it's all about communication, and my wife deserves the credit. She's the one that works on it with me and the kids. She's really great about making sure we all communicate and stay on top of things."

Related Link: 'DWTS' Contestant Sherri Shepherd Chats About the Three Men in Her Life

Luckily for him, his love of dance has been passed down to his children, and the family of five enjoys having dance parties at home. Besides that, they enjoy being outside. "Honestly, in this technology-filled world, as parents, it's our responsibility to make sure we find reasons to get the kids

out of the house and into nature. We go ice-skating. We go skiing. We do any sport that we can do as a family."

Keeping that thought in mind, they already have some fun summer plans. He'll be visiting Albania for his niece's wedding, and once back home he hopes to relax and fish with his kids at a lake near their house. Of course, Dovolani and his wife make sure they have some alone time too. Their date nights are usually at a nice restaurant, enjoying a delicious meal and a few glasses of wine. "My perfect day is playing golf with my kids and ending it with dinner at the clubhouse with Lina."

Tune in to ABC on Mondays at 8/9c to watch Tony Dovolani and Nene Leakes dance their way to the top on Dancing with the Stars! You can also keep up with Tony on Twitter @TonyDovolani.