

Meg Ryan and John Mellencamp Split After Three Years Together



By Ann Luther

After more than three years together, Meg Ryan and John Mellencamp have ended their relationship. Ryan has been living in New York, while Mellencamp has been staying on a farm in Indiana. A source tells UsMagazine.com that “the distance got to be too much” for the couple. Best of luck to both of them as they go their separate ways!

What are some ways to cope with long distance in your relationship?

Cupid's Advice:

Even the best couples can be broken up by distance. You expect so many things from a relationship that you simply cannot get when you're far away from your love. Plus, your partnership loses an amount of intimacy that can mean doom. However, distance doesn't always mean the end, so here are a few ways to help:

1. Video chat: Face-to-face communication is crucial to surviving a long-distance relationship. So much can be lost over texts or even phone calls. Tone, intentions, facial expressions, and body language are all key to fully understand what and how your partner is feeling. Video chat isn't the same as being in-person, but it's a step in the right direction!

Related Link: [Celebrity Breakups: Who Burned Who?](#)

2. Send each other mementos: Leave something behind for each other...preferably something that can be cuddled. A teddy bear sprayed with his cologne will get you through those long, lonely nights. Having something to be able to physically touch when you can't touch your guy will aid in taking a bit of the edge off.

Related Link: [Singer John Mellencamp and Wife Elaine Split](#)

3. Be sure to know each other's schedules: Send each other your schedules and include time differences if you're separated by time zones. Knowing when the other is available for when you need or want them is unparalleled in comfort and security. If you know he's at the gym until 6 p.m. every night, then you won't be worried that he's ignoring your messages. You may not be able to actually participate in your partner's activities, but this little step will make you feel like a bigger part of their life.

How have you coped with a long-distance relationship? Share in

the comments below.

Ciara Is 'Devastated' After Discovering Future's Ongoing Affair



By Ann Luther

Only three months after the birth of their child, Ciara broke off her engagement to her newborn son's father, rapper, Future. The singer discovered that her now ex was cheating with his wardrobe consultant, Tyrina Lee. An insider

told UsMagazine.com ,“There was clear evidence when she approached Future about the cheating. This was clearly not just a one-night thing.” The source continued to say that Ciara is “devastated” about the faithlessness.

What do you do if you suspect your partner is cheating?

Cupid’s Advice:

Whenever the word “cheating” is thrown around, hearts break and heads heat. Even if it’s unjust gossip, the insinuation is hard to accept. There are so many ways to approach the situation and, more than likely, you’re not in the proper emotional state to pick the best option. Check out some options below:

1. Approach your partner calmly: Nothing ever gets accomplished when someone loses emotional control. Before you confront your suspect, make sure that you are in the proper headspace to speak rationally. This also gives you the upper hand. You cannot be accused of blowing something out of proportion or being overly dramatic if you’re cool and collected.

Related: [Ciara Calls Off Engagement to Future Due to Cheating](#)

2. Choose your words: When confronting a person about a sensitive issue, be careful of any buzzwords that could set the person you’re talking to off. Be assertive with your word choices without being aggressive. You don’t need the word “cheat” in the conversation to know what’s going on.

Related: [Cupid’s Weekly Round-Up: Surviving a Breakup](#)

3. Decide to love or leave: Sometimes, there are extenuating circumstances that drive the people we love to cheat. There will be more to the story than just infidelity. If your partner is truly remorseful, you believe he’ll never stray again, and you do still love him dearly; it’s okay to stay.

Otherwise, you must make a firm to decision to leave and stay gone no matter how difficult it may be. A true cheater never changes.

What have you done after suspecting your partner was cheating? Share your stories in the comments below.

Ryan Seacrest Aspires for a Marriage Like His Mom and Dad



By [Sarah Batcheller](#)

As Ryan Seacrest nears his 40th birthday in December, he's

thinking about what it is in life that matters forever- love! According to [People](#), Seacrest thinks this means a marriage like his mother and father's, which is a healthy and happy one. His parents have been married for over 40 years, so now the multi-media mogul is thinking about how and when finding the same kind of love is in store for him, and the 40-year milestone is a wonderful time. Seacrest says his goal is to find balance in the coming year, which means focusing a little less on work, and a little more on the sweeter things in life.

How do you know when you're in a healthy relationship?

Cupid's Advice:

Balance is important in any relationship, and it can be hard to see the signs if you're in an unhealthy relationship. Cupid has some hints that point to a healthy relationship:

1. You spend quality time together: Even amid all the craziness of work, school, and all other responsibilities, you and your partner make sure you set aside time to be together, and not just to sit around the house, but to have fun and bond. Spending quality time together allows both people to continue to feel connected throughout the days, even when they haven't seen each other for a bit. In long-distance relationships, this means making time for quality conversations, and not just texting all the time.

Related: [How To Turn A Summer Fling Into A Healthy Relationship](#)

2. You both make compromises: Being in a relationship means being part of a team, and when you're on a team, the goal is not for individual members to win, but for the whole group to win. This means that in a healthy relationship, both partners consider the *team* when it comes to big decisions, like relocating, and even little ones, like where to get dinner. Compromise means considering what will sustain a happy,

functional relationship, rather than one person only considering themselves.

Related: [Cupid's Weekly Round-Up: Fixing Your Relationship](#)

3. You're not afraid to be vulnerable: Masking your feelings will set you on the fast track to the demise of your relationship. If both partners can be vulnerable, it makes it easier to compromise, because you know what each other truly want, deep down. Showing your true colors will allow your partner to nurture your deepest feelings.

How do you make sure your relationship stays healthy? Share with us in the comments below!

Jill Duggar and New Husband Derick Dillard Are Expecting First Child





By [Sarah Batcheller](#)

Just two months in to holy matrimony, Jill Duggar and her husband Derick Dillard are expecting their first child. According to [UsMagazine.com](#), the happy news was released by the mother-to-be and her hubby on August 20th. Happiness surrounds the couple, as Duggar took to Twitter to announce the couple's one year "Skypiversary" on August 17th- the anniversary of the first time they Skyped. The two were introduced by Duggar's father, and immediately knew they'd be together forever. Duggar is the fourth of nineteen children in her family's household, and the second to become a parent, following her older brother, Josh. Now that the couple are "one kid and counting", we can't wait to hear potential baby names!

What are some ways to decide when to have your first child?

Cupid's Advice:

A baby, like marriage, is the beginning of a wonderful new adventure. In order to enjoy the experience of having your

first child, rather than stress a lot over it, it's important to be prepared and know when it's the right time for you and your spouse. Here we've got some tips on how to decide when the time is right for you:

1. You've got your "younger" aspirations out of the way: Being a parent is a full-time job, and it's hard, heck- it's impossible- to balance it with spontaneity and reckless abandonment. If you and your spouse have always desired to, say, travel to Tuscany, or backpack Ireland's countryside, you're not going to do so hauling a baby around. You know the time for a first child is right for you when you've already satisfied your thirst and curiosity of wilder things.

Related [First Comes Love, Then Comes Baby...Then Comes Marriage?](#)

2. You swoon every time you see a baby: You know your parental instinct has kicked in when you briefly plot snatching up someone else's baby every time you see one. Just kidding, we know you wouldn't do that. At the very least, when you walk through the aisles at a department store and spot the baby section, you start planning tiny outfits. If your heart melts at the mere sight of a baby, then go ahead and make your dream come true.

Related: [Kourtney Kardashian is Pregnant With Third Baby](#)

3. You treat your pets like children: You dress up your dog, spoon-feed your cat, and even read to your parakeet. All of these things are signs that your parental instinct is in high gear! If you know you're capable of loving and nurturing smaller creatures, and are 100% dedicated to doing so, take the next step and bring your own bundle of joy into the world.

When did you know the time was right for you to have your first child? Tell us in the comments below!

Ben Affleck Gets Playful with Jennifer Garner During Ice Bucket Challenge



By Ann Luther

Ben Affleck and Jennifer Garner have set another crazy adorable relationship goal with the ALS Ice Bucket Challenge. Affleck was challenged to support awareness for the cause by Tyler Perry. In the video, Affleck nominates four people who he knows “from firsthand experience look good in a wet T-shirt,” chief among them being his wife. Upon finishing his list of nominations, Garner dumps the ice bucket over her

husbands head who immediately grabs her by the waist and hurls the both of them, fully clothed, backwards into a pool. In the background, you can hear their children laughing boisterously. UsMagazine.com says Affleck's video may be "the best yet." We agree!

What are some ways to bond as a couple through charity?

Cupid's Advice:

Charity is a marvelous way to reflect and give thanks for what you have. If one of the things your grateful for is your happy relationship, then finding a way to give back to your community can be twice the fun if you participate with your partner. Here are some ways to strengthen your bond as you strengthen a cause:

1. Pick a cause that's important to both of you: There are a million causes that need support: cures for cancers and other diseases, meals for the impoverished, youth literacy, ending animal cruelty, the list goes on and on... and on. So, there is going to be at least one cause that is special to both of you. Picking a cause and working together to aid it will bring you two closer on a spiritual level. You'll get to explore different sides of each other that can only be brought out through selfless acts like charity.

Related: [Jennifer Garner and Ben Affleck Celebrate 9th Wedding Anniversary](#)

2. Create your own event to help your cause: You can have so much fun with charity if you raise money the way *you* want to! Plan a 5k, a bicycle race, a dance, or even a classic cocktail party. The pair of you will get to spend extra time planning before the event, relish in the event itself, and be able to donate something together when it's all over with. It'll be a toss up as to who is benefiting more from your work!

Related: [Lessons From Jennifer Garner and Ben Affleck](#)

3. Participate in your partner's charity of choice: If there is something truly special to your beau's heart, educate yourself on the cause and why exactly it is important to him. Then, find a way to get involved! Your guy will love the effort you put into something so close to him. Sign both of you up for an event and have fun with it. On the day of, embrace those special moments that you can't get out of your every day routine.

Have you bonded with your partner through charity? Share your stories in the comments below!

Christian Bale and Wife Sibi Welcome a Baby Boy





By Ann Luther

Christian Bale and his wife, Sibi Bale, just welcomed their second baby, a son, into the world. A source told UsMagazine.com, "They are truly a supportive couple, he and Sibi are thrilled." The newest Bale addition joins his nine-year-old sister, Emmeline. Congratulations to the whole family!

What are three ways to be supportive of your partner?

Cupid's Advice:

The support we get from our partners is unmatched by any other kind. Big or small, their encouragements means the world to us. To that end, we've compiled three of the most important ways you can support yours:

1. Reminders: An "I love you" in the morning goes a long way. Your partner may know that you care, but it's always sweet to hear. It is important to affirm the important things in your relationship. It's too easy to fall into a rhythm and forget how special your consort really is.

Related: [Christian Bale Gets Choked Up While Praising His Wife](#)

2. Dedicate time: Set aside an amount of time per day, week, or month that you can focus all of your attention on your partner's needs and wants. Put down your phone, turn off the television, and plunge yourself into the life of your love. This special time when you're not thinking of anyone else, not even yourself, will show how much you care and take some burden away from your beau.

Related: [Guliliana and Bill Rancic Support Each Other Through Surrogate Miscarriage](#)

3. Make a promise: Even if you aren't at the stage in your relationship to where you would want to get married, you can still promise things to your guy and he can promise things to you. It can be little promises like swearing to do the dishes if the other cooked. Or it can be big promises like vowing to follow him to wherever his career places him. Pledging whatever you can will make your partner feel secure and supported.

What do you do to support your partner? Share with us in the comments below.

Find Out How Jennifer Aniston Got Bikini Ready For Vacation with Justin Theroux





By Ann Luther

Jennifer Aniston perfected her already famously tight body in preparation for her beach vacation to Bora Bora in celebration of fiancé, Justin Theroux's birthday and the couple's two-year engagement anniversary. Aniston's long-time yoga instructor, Mandy Ingber spoke of her starlet student saying, "we add a little more cardio to the yoga, but also what she puts into her body is essential. That really is 80 percent of it ... it's not a big deal if you have a bite of this or that if you are mostly eating well." According to UsMagazine.com, Aniston's self-discipline is what keeps her body in top condition.

How can being healthy and in shape help your relationship?

Cupid's Advice:

Taking care of your body can sometimes fall last on your to-do list. However, a clean and healthy lifestyle can benefit both you *and* your relationship. Check out how below:

1. The couple that sweats together stays together: Your partner is your perfect gym buddy. Exercising together will

allow you to spend more time as a twosome while doing something beneficial for both of you. You can be each other's motivation and reward.

Related: [Jennifer Aniston Gushes About 'Handsome' Fiance Justin Theroux](#)

2. A reminder that you've still got it: You're beautiful at any size and your guy should know that. However, firming your back side, shrinking your thighs, and toning your arms will demand your beau's attention. Plus, seeing your fellow impressed will make you feel amazing.

Related: [Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux](#)

3. Extend forever: Maybe you won't live forever; but, if you plan on spending your lives together, it would be nice to add a few more years. Maintaining good health will help you to live and therefore love longer. There's nothing more romantic than saying you want as much time as life can give you with one another.

Do you incorporate health in your relationship? Share with us in the comments below.

Celebrity Couple Aziz Ansari and Courtney McBroom Step Out Together



By Shannon Seibert

Aziz Ansari is known for keeping his personal life private, but he's finally given us a glimpse into what makes him happy. According to UsMagazine.com, the comedian has a sincere soft spot for his beautiful girlfriend, Courtney McBroom. Though Ansari, 31, has kept quiet about most aspects of his celebrity relationship, he did slip us a small tidbit about McBroom during a May interview with *Billboard Magazine*. "I met her years ago when she was seeing someone. I thought she was really cool. Then, I ran into her randomly, and she was single," he said. "I've kind of settled down. I was the guy eating Skittles and having lots of fun, and then I was like, 'I need a nice nutritious salad' – she's the salad." Things between the celebrity couple are progressing, and sources say that McBroom has moved into the *Parks and Recreation* actor's place in Los Angeles. "They've been visiting the city the past few days," sources reveal. "He's writing a book about

relationships as well lately and is on deadline for that.” No doubt that Ansari’s own celebrity love story is one worth reading about!

What are the benefits of settling down like this celebrity couple?

Cupid’s Advice:

It’s a rare thing to find someone who can consistently make you happy and make you feel safe. Making a commitment to someone can ease your stress as well as give you a feeling of security. As this celebrity couple now knows, settling down is actually extremely beneficial to the heart, body, and soul. Check out these top three pieces of relationship advice as to why you should snag a piece of man candy:

1. You can stop playing the game: The dating game includes courting, flirting, and guessing your partner’s next move. It creates a lot of unnecessary stress for both parties, and that’s before factoring in other women, other men, differences in opinion, being afraid to voice your feelings, etc. When you settle down, you and your partner are able to retire from the drama and enjoy your time together. In turn, you are also able to experience peace together for the first time. The commitment you make to one another is symbolic of your publicized feelings for one another, and no one can interfere with that unless you let them.

Related Link: [New Celebrity Couple: Cameron Diaz Is Dating Benji Madden](#)

2. You become more focused: The guessing games of the dating world come to a screeching halt when you get serious with someone. This allows you to focus on things that actually matter. When you’re in a long-term relationship or married, you find that you have more time to focus on yourself and your

love. The two of you will be able to make each other a priority and learn to grow together as a couple. You'll become more goal-oriented and begin to realize what truly matters in life.

Related Link: [New Famous Couple: Chloe Grace Moretz Is Dating Brooklyn Beckham](#)

3. You always have a support system: Your partner should provide you with a solid shoulder to lean on when things are both good and bad. He will become your best friend as well as life partner. Together, you will share your darkest secrets and your best memories. In the words of *Grey's Anatomy's* Christina Yang, he will be "your person."

This may be one of our favorite celebrity relationship stories! What are your favorite benefits of being in a committed partnership? Tell us below!

'Bachelor in Paradise' Contestant Chris Bukowski Talks Friendship with Michelle Money and Celebrity Break-Up from Elise Mosca





By [Sarah Batcheller](#) and [Whitney Johnson](#)

If you tuned in to the third episode of *Bachelor in Paradise* last night, then you saw a new side of reality TV contestant Chris Bukowski. In an exclusive celebrity interview, CupidsPulse.com had the chance to speak to the Illinois native, and he expressed that this sensitive, softer side of him is more true to form than what was previously portrayed on the small screen, stating, “This is the side that my friends and family see everyday.”

Exclusive Celebrity Interview with Chris Bukowski

Choosing to leave Mexico because of a knee injury, Bukowski asked his new *BIP* love interest Elise Mosca to head home with him. When Mosca accepted, Bukowski gave his final rose to BFF Michelle Money, in order to extend her chance at finding a relationship love on the show. “She [Money] is one of my closest friends in the reality TV world and the real world,”

the reborn fan-favorite says. “She deserves someone to share her life with, and I want to see that happen for her. She’s truly an amazing person, and I wanted to give her the opportunity to find someone amazing for herself.”

Related Link: [‘Bachelor in Paradise’ Newcomer Chris Bukowski Says Dates with Elise Mosca Were “Spectacular”](#)

It’s no surprise that the blue-eyed entrepreneur appreciates being portrayed in a more positive light. He’s glad that the *Bachelor in Paradise* audience finally saw who he truly is, concluding, “Something that everyone in my life will say about me is that I’m honest. If people were more honest to themselves and to each other, there’d be a lot less bullshit in this world – and on reality TV!”

***Bachelor in Paradise* Star Talks Celebrity Break-Up**

While there’s no doubt that fans were surprised to see this version of Bukowski, what everybody *really* wants to know is how his whirlwind romance with Mosca netted out. Bukowski shares that Mosca stayed in Chicago with him for six days after they left Tulum and that they dated for about a month after that. Unfortunately, though, the two lovebirds couldn’t make it work. “I broke it off because we were at two very different points in our lives,” the Bracket Room owner admits of their [celebrity break-up](#). “I wasn’t confident that Elise was the right girl for me and didn’t want to lead her on to believe anything different.”

Sources close to us say that the adorable couple were flown back to Mexico before filming of *Bachelor in Paradise* ended with the intention of updating the rest of the cast (and viewers, of course!) on the status of their relationship and love. They also shared that this scene never played out because the producers wanted Chris Bukowski to propose, but

he wasn't ready to.

Related Link: [Chris Bukowski Says "Paradise Wasn't Paradise for Me"](#)

Despite their celebrity breakup, the currently-single restaurant owner only has nice things to say about Mosca. "It's tough for me to hear people say she's crazy when she's only crazy about falling in love," he explains. "She's a nice, genuine girl, and I've never heard anyone who knows her say a bad thing about her. She's very caring and will make someone very lucky one day...as long as she lays off the sequin outfits!" he jokes.

Bukowski also encourages *Bachelor in Paradise* fans to "not punish someone for wanting to be loved. All we need is love, and love is actually all around," he says in reference to the movie *Love Actually*. He adds, "I love that movie, by the way!"

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Celebrity Dating Rumors: Gwyneth Paltrow Is Dating 'Glee' Co-Creator Ben Falchuk





By Shannon Seibert

According to celebrity dating rumors, romance has once again struck on the set of *Glee*! Gwyneth Paltrow and Ben Falchuk were spotted on a flirty dinner date at East Borough in L.A., according to UsMagazine.com. Paltrow has made five guest appearances on the co-creator's show as Holly Holliday since 2010. Following her celebrity divorce from Chris Martin in March, Paltrow's relationship with Falchuk has progressed from professional to personal over recent months. Falchuk has also recently split from his ex-wife Suzanne of 10 years. Both the actress and the producer share children with their celebrity exes and are seemingly close to their former partners. We're excited to see what Cupid has in store for the new [celebrity couple](#)!

Rumor has it that Paltrow is already part of a new celebrity

couple. How do you know when you're ready to move on after a split?

Cupid's Advice:

Moving on can sometimes feel like you're climbing a never-ending mountain, but then one day, you finally reach the top, and you realize the view isn't half bad. When you feel that you have closure from your past relationship, the next step is moving forward. If you're wondering whether or not you're up to starting something new, consider these three pieces of love advice:

1. You physically feel better: Sometimes, emotional pain transitions into physical pain. There seems to be a never-ending pit in your stomach that leaves you feeling nauseous. When you've let go of past emotions and memories and accept that he isn't coming back, you feel lighter. The songs on the radio don't "speak" to you anymore; you aren't avoiding certain places you went together; and you find yourself forgetting to think about him from time to time. This weight that lifts is a sign that you don't have to be held back anymore. Paltrow has been able to let go of past grievances after her celebrity divorce, and they've even remained close friends. There is nothing keeping you in the past, so you can create your own future.

Related Link: [Gwyneth Paltrow and Husband Chris Martin Split](#)

2. You've thought about dating again: When you're ready to move on, thoughts of dating cross your mind more frequently, and they usually aren't about your past significant others. Finding new men to reach out to can help stimulate the healing process and allow you to consider new avenues for finding love. Celebrity couple Paltrow and Falchuk both waited until the right moment to be together.

Related Link: [Chris Martin Says He's 'Friends' With Estranged Wife Gwyneth Paltrow](#)

3. You've had complete closure: Closure is hard to come by, but when you finally have it, everything feels at peace. Though the truth about why things ended may hurt, it also allows you to feel more in tune to your senses. There won't be any more "what ifs" nagging at your mind before you go to sleep each night. You won't be analyzing everything that went wrong, and you'll be able to just have the memories of everything you did right. Use your past relationships and love to help you in the future.

How did you know it was time for you to move forward? Share your story with us in the comments below!

Christina Aguilera Welcomes a Baby Girl with Matt Rutler





By [Courtney Omernick](#)

Christina Aguilera has reportedly given birth to her second child. And, it's a girl! According to [UsMagazine.com](#), Aguilera and her fiancé, Matt Rutler, welcomed their first child together, a baby girl, on Saturday, August 16. The singer gave birth via C-section at Cedars-Sinai Medical Center in Los Angeles.

What are some ways to prepare for a baby girl versus a boy?

Cupid's Advice:

No matter what the gender of the baby is, bringing home a new bundle of joy is an exciting time. However, if you want to prepare for that distinction, there are a few things you can do. Check out the advice below:

1. Decorations in the nursery: If you want your new baby girl to feel like a princess, be sure to paint the walls pink, purple, or another fun, feminine color. Or, go with a theme. For example, have a Barbie themed room with pink walls, dolls, Barbie cars, and other accessories waiting for her when she

gets home.

Related: [Kristin Cavallari Says Jay Cutler Is a Sexy Dad](#)

2. Toys: No matter what toy store you go to, you can usually find a distinction between girl and boy toys. It's never too early to start filling her bedroom with Barbie dolls, American Girl dolls, and other goodies.

Related: [Alicia Keys Is Pregnant With Second Child](#)

3. Clothes: For the ultimate princess, buying pretty, pink dresses, shirts, etc. is a must! Even getting cute headbands and shoes to go along with the outfit looks great. You might have already been given plenty of baby clothes from family members or friends, but make sure she has a few girly outfits!

What are some other great tips? Share your suggestions in the comments.

Christina Aguilera Names Daughter Summer Rain Rutler





By Shannon Seibert

As of Sunday, August 17th, Christina Aguilera's baby girl officially has a name: Summer Rain Rutler. The singer and her fiancé Matt Rutler shared their wonderful news on Twitter, writing, "So proud to welcome our beautiful daughter Summer Rain Rutler into the world." The baby is the happy couple's first child together, and Aguilera also has a son with ex-husband Jordan Bratman. The new parents announced their engagement in February of this year after meeting on the set of *Burlesque* in 2010. According to UsMagazine.com, the songwriter stayed out of the spotlight for most of her second pregnancy and was pretty content about it. "So blissful in taking this time for creating all things blossoming new on the horizon," she shared. "Album, baby & beautiful music to come."

What are some creative ways to announce the name of your new baby?

Cupid's Advice:

Baby announcements are fun for everyone! Each time you turn

around, there's something new on the Internet that you wished you had tried. Baby news is always big news, no matter how small the package. With this thought in mind, we've pulled together three adorable ideas to make sure that you have the most talked about baby announcement.

1. For a comical approach: Boast about your news while getting a good laugh out of your loved ones by taking a silly approach to your baby announcement. Play up the stereotype of men fearing a baby on the way and pose a photo of your partner freaking out about the news. Or you could use the "pregnancy cravings" aspect of your baby news and send out a double-sided picture with a giant tub of ice cream, titled "Guess what's on the way?" Then, on the other side, place a genuinely excited picture to show that you're both terrified and happy about the news.

Related Link: [Christina Aguilera Welcomes a Baby Girl with Matt Rutler](#)

2. For a sentimental approach: Black and white photos automatically generate an aura of seriousness, and when you add the right camera angle, you can create a magazine-worthy shot. Send out an adorably constructed picture with your partner. When your little love-bundle is born, hold him or her together with your wedding bands dangling off your angel's toes. The symbolism behind the two separate entities creating one will resonate with your family and friends, demonstrating the significance of this moment.

Related Link: [Christina Aguilera and Matt Rutler Enjoy Dinner Date](#)

3. For the whole family: Getting the whole family involved is another way to make your baby announcement. Your little "big brothers" and/or "big sisters" can line up their shoes. Then, add a pair of baby booties to the end of the line. People will get the idea that another one is on the way! It's also a

chance for you to show off how much your children have grown. An addition to the family is always exciting for everyone, including your pets. For animals, the family is their “pack,” which makes everyone an equally important member. If you’re having a Christmas baby, pose your loveable furry friend next to the tree with a sign that says: “Mom and Dad got me a human for Christmas!” The approach is funny and sweet in one wonderfully-wrapped package.

How did you make your baby announcement? Share your stories with us in the comments below!

Find Out the Duggar Family’s 5 Rules for Relationships and Love





By [Courtney Omernick](#)

In the [latest celebrity news](#), another one of the Duggar children, Jessa, got engaged to Ben Seewald this past week. [People.com](#) put together an article summarizing some of the major relationship and love rules that the Duggar family has. The top five are: set boundaries; court, don't date; save the physical relationship for marriage; ask (lots of) questions; and have a weekly date. The soon-to-be married celebrity couple has obviously benefited from the Duggar family's two-cents, so this wholesome love advice is something for the books!

What are some important pieces of love advice for all couples to remember?

Cupid's Advice:

When it comes to relationships and love, many people have

their own rules and requirements, but there are a few rules that should be followed in every romantic partnership. What are they? Cupid has some love advice:

1. Make your relationship top priority: This rule goes for both parties. If one person is putting in 80 percent of the effort, they will become exhausted, and the relationship won't go anywhere. If you're truly committed, make sure that the other person comes first.

Related Link: [5 Reasons Why You Should Date Someone Who's Older Than You](#)

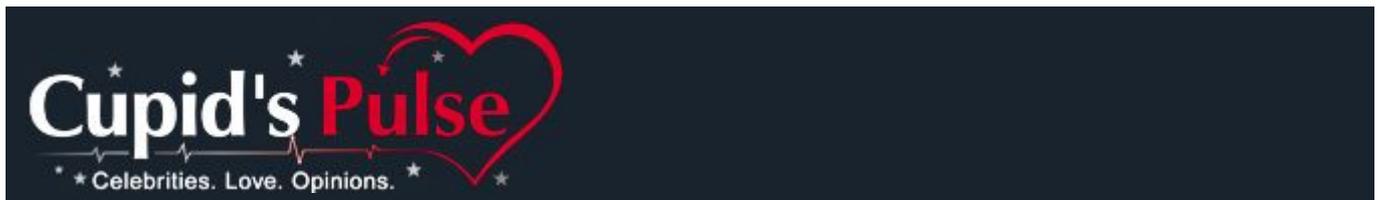
2. Honesty is always the best policy: If you feel like you can't be honest with your partner, it's probably best that you two go your separate ways. Trust is the biggest thing in a relationship, and you can't have trust without honesty. It's important that you feel like you can be open at all times with your partner.

Related Link: [On-Again, Off-Again: Celebrity Couples Who Can't Make Up Their Minds](#)

3. Think of the big picture: Remember what is most important in your relationship and pick your battles carefully. Romances aren't perfect, so let go of the smaller issues and remind yourself every day why you selected to be with your partner.

What is your best piece of love advice? Share in the comments below!

Celebrity Interview: Maternity Expert Rosie Pope Encourages Moms “To Be Really Present in the Moment”



Interview by [Lori Bizzoco](#). Written by Laura Seaman.

Rosie Pope knows all things related to pregnancy and parenting, bringing child care and fashion advice to mothers and mothers-to-be everywhere. She owns Rosie Pope Maternity and Rosie Pope Baby, runs MomPrep classes, and is often featured on television for her mothering expertise. Fans may also recognize her from the Bravo reality TV show *Pregnant in Heels*. As if that's not enough to keep her busy, she's also the author of *Mommy IQ: The Complete Guide to Pregnancy*.

Celebrity Interview with Reality TV Star Rosie Pope

The maternity expert and celebrity mom welcomed her fourth child, daughter Bridget Monroe, in March, and luckily, her older kids – son James Roderick, almost 6, son Wellington Reade, 3, and daughter Vivienne Madison, 2 – are happy to have a new baby sister. “The sweetest thing about bringing Bridget into the world is that her siblings are so attentive to her. They want to do everything for her and just be really involved,” she explains in our celebrity interview. This new baby didn’t bring the jealousy and clambering for attention like the previous children did, so maybe the fourth time is the charm!

Of course, with summer coming to a close, we asked the London-born star about how having a big family affects their [celebrity vacations](#) and time together. They like to keep it local, though she says they’re a “pretty adventurous” bunch. When it comes to transportation, driving is the only option, as you can imagine the hassle of a family of six at the airport. “We’re all about the minivan!”

There’s one mother that we’ll never see driving a minivan, and that’s Kate Middleton, the beautiful Duchess of Cambridge. Middleton and Prince William recently celebrated their son Prince George’s first birthday, and the media didn’t miss a second of the celebration. So how will the royal lifestyle impact the adorable prince’s upbringing? “As he gets older, he’s going to start being more and more aware of what’s going on around him. As a baby, he doesn’t realize that there are paparazzi everywhere and that everyone wants to know everything about him.” Of course, his father was also brought up in the public eye, and he can help his son every step of the way.

Related Link: [Prince William and Kate Middleton Attend Church](#)

Celebrity Mom Shares Best Relationship Advice

Whether you're the future queen of England or a mother of two in a small town, you can bet that your marriage will change after you have children. A growing family means more stress and responsibility, but it also brings a new happiness that you didn't have before. Sometimes, it's hard to remember how to be a couple with your partner, but Pope has some relationship advice for every parent to follow.

First, you have to make good communication a priority in your relationship. "It's really, really difficult to communicate with each other when so much is going on. You have to be honest about the things that aren't working and the things that are working," she shares in our celebrity interview. "If you dish it out, you have to be able to take it too. So if you want your partner to be honest with you about things that aren't quite right, you have to be able to handle that."

Next, she encourages you to not wait until Friday night to have a date night. Take advantage of any free time and do something spontaneously! Pope's favorite date night is when her and her husband enjoy some alone time at home. After all of the kids are in bed, her husband cooks a delicious meal, she makes cocktails, and they meet on the porch to have a romantic evening together.

The third must on the maternity expert's list is taking the normal parts of every day and making them special. This could be going to the gym together, taking a trip to the grocery store, or getting ready together in the morning. Use these seemingly ordinary daily chores to enjoy each other's presence and build on your relationship. Now that your life is busier than ever, you need to appreciate the little things.

Related Link: [Make Your Relationship Count This Year](#)

Last on the celebrity mom's list of advice is telling your love story when times get tough to "remind each other of how you used to feel." Now that you're parents, it might be hard to remember when you were both single and just getting to know each other. Think about falling head-over-heels in love with each other and why you thought your partner was the perfect person for you.

Perhaps the most difficult adjustment for new parents to make is finding time to be intimate. Her solution to this situation is, as she put it, very much like going to the gym: "Get creative, make yourself do it, and you won't regret it!" Remind yourself that you have to be intimate as a couple, even with the hustle and bustle of being parents. You have to work for it!

Not only does Pope have the busy life of a wife and mom, but she's also juggling the stress and pressure of an extremely successful career as a maternity expert. Handling it all is simple: "It's about two things. First, you have to be really present in the moment, because you don't have a lot of time to do anything. Savor any minutes that you spend by yourself, with your kids, or while you're at work. You have to be 100 percent present to feel fulfilled and know that you're getting the most out of every moment."

And second, you have to remember that life changes. The kids won't be toddlers forever, so you won't always have to deal with the messes, the need for attention, and the constant craziness of little ones. However, that also means that the positives of the toddler stage will fade. "Now, they want to play with me all of the time, but I know in a few years, I won't be cool enough," the author says with a laugh.

Related Link: [Rosie Pope Welcomes Baby Girl on Mother's Day](#)

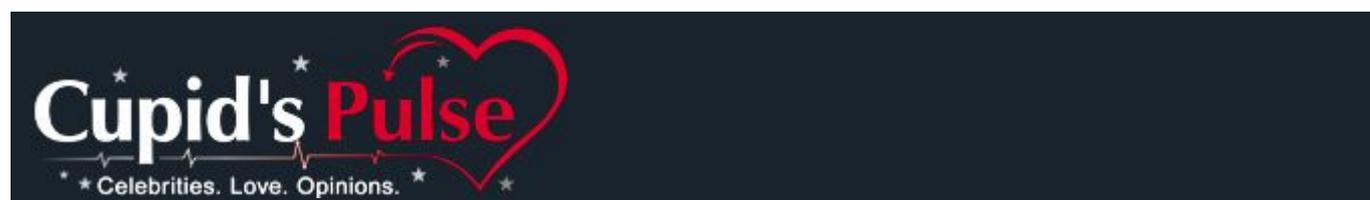
Pope is one mother who seems to have it all figured out. And

she certainly knows what's *not* in her future: another reality TV show. "Reality TV is crazy, and I don't think I'm that crazy!" Don't rule out a second book – or a fifth child – just yet though. "If I don't have another baby, maybe I'll write another book next year!"

For now, she's focusing on her baby clothing line, Rosie Pope Baby, which launched in February and is continuing to expand. The adorable outfits are available in a variety of sizes, ranging from newborn to two years old. "It's a real marriage between fashion and function," she explains. "I think parents will find it very practical but also very pleasing."

To see more of Rosie, check out her website, <https://rosiepope.com/>. She also responds to questions via social media on her Twitter @RosiePope, www.facebook.com/RosiePope, www.instagram.com/rosiepope/, and [/www.pinterest.com/rosiepope/](http://www.pinterest.com/rosiepope/).

Khloe Kardashian Responds to French Montana's Fame Comments





By [Jessica DeRubbo](#)

Khloe Kardashian is on the defense! After an interview with boyfriend French Montana was released on Friday, outraged fans have been stirring up controversy surrounding Montana's claim that he's capitalizing on Khloe's fame. According to [UsMagazine.com](#), he's quoted as saying, "I want to capitalize on it. I'll get a fan base from everywhere. I just hope I'll be able to connect with everything that's going on." Khloe's response via Twitter? "It's amusing to me that Y'all think I don't see it. I was the first one to see it. I just don't care."

How do you know if your partner is in a relationship with you for the right reasons?

Cupid's Advice:

There's nothing worse than learning that your partner is with you for a reason outside of genuine respect and interest. Cupid has some tell-tale signs that your partner may not be sincere:

1. They don't listen and ask questions: If your partner doesn't seem interested in hearing about your day or listening to your opinions on things happening in the world, then you may want to think twice.

Related: [Khloe Kardashian and French Montana Go Public As a Couple](#)

2. They're always looking for credit: When your partner does something nice for you, he/she shouldn't be looking for credit after the fact. If it seems that your mate is always looking for a pat on the back after he does something for you, it's best to find out why.

Related: [Single Khloe Kardashian Shares Sad Instagram Post](#)

3. You catch them in lies frequently: It would be tough to find someone who has never told a lie, but if you catch your partner being dishonest about things more than occasionally, he/she may not be sincere about your relationship.

What are some other signs your partner may have ulterior motives?

Nicky Hilton Is Engaged to Banker James Rothschild





By Ann Luther

It was on a yacht floating down Italy's Lake Como where James Rothschild, an European banking heir, got down on one knee and proposed to Nicky Hilton. He did so only after making a quick trip to the States to ask the American hotel heiress' parents for her hand. Hilton's camp told [People](#), "They are both very happy." Best wishes to the happy couple!

How can you incorporate water sports in your marriage proposal?

Cupid's Advice:

Sometimes it's best to get creative with your marriage proposal, and water sports can be the perfect solution. Cupid has some ideas:

1. Take a river cruise: There are a ton of decently affordable evening river cruises in all the major cities. The staff will serve you a nice dinner, there's always dancing, and the sun sets the views are spectacular. The atmosphere and city backdrop create the perfect to pop the question. Not to

mention, the photos will be beautiful!

Related: [George Clooney is Granted Protection Laws in Lake Como Pre-Wedding](#)

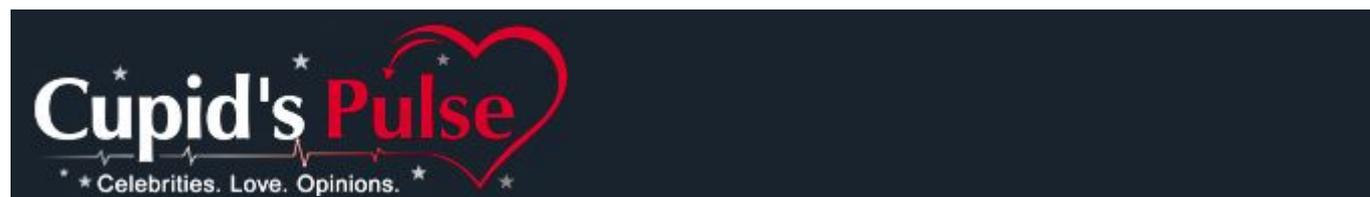
2. Play Marco Polo: Spend a day by the pool with family and friends. When the time is right, start up a game of Maro Polo and designate your future fiancé as Marco. When it comes down to just you two, hold out the ring and let her find that first. She'll open her eyes to a poolside proposal.

Related: [Ciara Calls Off Engagement to Future Due to Cheating](#)

3. Go Snorkeling: Go on a mission to collect one beautiful thing from the ocean while snorkeling. She will proudly present a conch shell, but you will trump her with the engagement ring you brought with you.

Was your proposal waterlogged? Share your stories in the comments below!

Savannah Guthrie Welcomes Daughter With Husband Michael Feldman





By Ann Luther

Savannah Guthrie, 42, and Michael Feldman, 45, welcomed a baby girl to the world on Wednesday, August 13. The *Today* anchor and her political consultant husband bestowed the name Vale Guthrie Feldman onto their precious bundle. UsMagazine.com reports the new mother as saying, "I think we found heaven in this little hospital room in New York City." Congratulations to the couple!

How do you compromise on baby names with your partner?

Cupid's Advice

Choosing a fitting name for your new bundle of joy can be extremely difficult, and when there are two minds in the mix, sometimes it entails compromise. Cupid has some advice:

1. Meet In The Middle: Middle names are a fantastic way to compromise on baby names. If you believe your partner's suggestion is too heavy or too odd for a first name, you can still pay proper homage to his wishes by making it a middle name.

Related: [Surprise Savannah Guthrie Is Married and Pregnant](#)

2. Save It For The Next One: If you're planning on having more than one child and you are passionate about a name choice for your baby, make a deal to use your beau's choice for the next little one. Your partner must know you actually intend to honor that promise, otherwise it's a failed bargaining technique.

Related [Holly Madison Defends Her Name Choice for Daughter](#)

3. Hyphenate: There are plenty of traditional hyphenated first names to pick from, but you can also take the opportunity to create something beautiful and unique for your baby by hyphenating your two favorite baby names.

How did you compromise on baby names? Share your stories in the comments!

Celine Dion Cancels Tour Due to Husband's Cancer





By Laura Seaman

Céline Dion will be putting off her work in show business for a while, cancelling her Asia tour and Las Vegas shows. The singer wants to be with her husband, who has been battling cancer. Dion's husband René Angélil had a tumor removed from his throat last December, and she now says, "I want to devote every ounce of my strength and energy to my husband's healing, and to do so, it's important for me to dedicate this time to him and to our children." The couple has three children together, and according to [People](#), the singer also has inflammation in her throat muscles, which has led to her cancelling a few shows.

How do you support a partner through health scares?

Cupid's Advice:

Health scare are, well, scary! It's terrifying to not know how bad something might be or when your loved one will recover. Hospitals can be stressful and expensive, adding even more to the stress. If your partner is suffering from an illness, it

might be tempting to just try and ignore it, or busy yourself with others things. However, a supportive partner would face this head-on and be there every step of the way:

1. Take time off to be with your partner. If your work schedule demands that you be away from your partner, take a page from Céline Dion's book and ask for some time off. Sickness can be terrifying, but having someone around to comfort you makes a big difference. Comfort your partner and be there as often as possible.

Related: [Celine Dion on Motherhood: "I'm More Grounded Now Than Ever Before"](#)

2. Do more chores around the house. Make things easier for your partner and take on some of their daily chores. Cook dinner for them, make sure the house is nice and clean, and pick up anything they need from the store. Illness can drain a person's energy, and the last thing they want to use that energy for is chores. Even the small gesture of dusting or cleaning the bathroom can make a difference.

Related: [Celine Dion Pregnant With Twins!](#)

3. Arrange for family to visit. While being there yourself is great, sometimes a person wants their family to come and comfort them. Talk to their family about visiting and maybe having them stay the night at your house so that your partner can have the extra support. Having the in-laws over for dinner one night is also a nice gesture, if they live close by.

How have you supported your partner during a health scare? Let us know in the comments!

Kristin Cavallari Says Jay Cutler Is a Sexy Dad



By Ann Luther

Kristin Cavallari is a mommy again to her second son, Jax. From the day Cavallari and husband, Jay Cutler, brought their new baby home, Cavallari says that Cutler has been “incredibly hands-on.” Jax, born in May, is now 3-months-old and just starting to smile. Their first son, Camden Jack, is 2-years-old. Cavallari said, “Camden takes a nap at one o’clock, so when Camden’s going down, Jax is just waking up to eat and play, so there’s literally no time.” However, Cavallari is not alone in juggling her two boys. She spoke of her hubby to UsMagazine.com saying, “it’s so sweet seeing him with Camden and Jax, and there’s nothing sexier than seeing your

husband as a great dad. I couldn't ask for a better partner in this situation." Best of luck to the burgeoning family!

What are some ways to support your partner in parenthood?

Cupid's Advice:

1. Be loose with your schedule: You never know when your partner is going to *need* a break. Be willing to take this diaper change even if it's not "your turn." A few extra moments of peace go a long way, especially with new parents.

Related: [Kristin Cavallari Shows Off Baby Bump #2](#)

2. Make time to be a couple: To be good parents, you need to have a good relationship with your other half. Happy relationships can die if they're not properly nurtured. So, call a baby-sitter, if only for a couple hours, and have some time for the love that brought your baby into the world.

Related: [Kristin Cavallari Says Baby Before Marriage 'Worked For Us'](#)

3. Celebrate each other: You created a literal miracle together. That's amazing! With each milestone, celebrate your child and don't forget to celebrate the two people who made those milestones possible. It doesn't have to be elaborate: a card or a kiss will do, but it's something to enjoy.

How do you support your partner in parenthood? Let us know in the comments!

Kim Kardashian Reveals Why Brother Rob Bailed on Her Wedding



By Laura Seaman

Months after the Kim Kardashian and Kanye West wedding, the bride speaks out about the one guest who wasn't there: her brother Rob. There was plenty of press speculation as to why the Kardashian brother left Europe on such short notice, but on an interview with Andy Cohen on *Watch What Happens Live*, Kim said, "He sent me a long email the morning of that he was going to leave. There was no fight." She then said, "I just thought, 'You know what, this is my day, I'm not even going to worry about it.'" UsMagazine.com states that Kim insisted she loves her brother very much and admitted she could get

frustrated with him at times.

What are some ways to settle family drama surrounding your wedding?

Cupid's Advice:

Weddings are beautiful occasions where a family gathers to celebrate love and a new addition to the group. However, this can also be a dramatic event, as certain family members may not be too excited to be in the same room as each other. Some people forget that this is a day for the happy couple to be celebrated, not for them to dig up old fights and feuds. Things can get out of hand, and one unruly family member can ruin an otherwise happy occasion. Here are some ways to prevent this mess at your wedding:

1. Find out what is going on. Some people might not want to tell the soon-to-be newlyweds about family drama because they don't want to add to the stress of a big day. But this just leaves them in the dark and makes it even worse when the drama rears its ugly head. It's your job to get to the bottom of things and prepare yourself for any issues that might come up. The more you know, the better off you'll be.

Related: [Kim Kardashian and Kanye West Have a 'Fun and Busy' Wedding](#)

2. Think of who you're inviting. Of course you want your whole family there to celebrate your wedding, but sometimes it might be smarter to leave certain troublemakers off the guest list. There's no shame in wanting a nice, peaceful celebration and doing all you can to ensure that it stays that way. Just make sure these uninvited guests don't find out and crash the party.

Related: [Kim Kardashian Hopes Rain Doesn't Ruin Her Wedding](#)

3. Sit people down and talk about the problem. If you expect

one of your family members might be planning to stir up trouble, sit them down and sternly tell them that you won't be tolerating any drama and that you won't hesitate to throw them out if they start something. It's not easy, but it could be the difference between a fun reception and a disaster of a party.

How do you deal with family drama surrounding a wedding? Let us know in the comments!

Ciara Calls Off Engagement to Future Love Due to Cheating



By Laura Seaman

Ciara and Future have split up only three months after their baby, Future Zahir Willburn, was born. Ciara called off the engagement because, as a source told UsMagazine.com, “He cheated on her. Game over.” The two were dating for over a year when Future popped the question on Ciara’s birthday in October, 2013. Their baby was born months later in May. “She’s devastated,” a source says, “Ciara’s focus now is the baby.”

What do you do if you discover your partner is cheating?

Cupid’s Advice:

Cheating is probably one of the worst things that can happen in a relationship. It’s hurtful and disrespectful, leaving one partner to feel blindsided and unwanted. The easiest and usually the smartest way to go about the situation is to end the relationship immediately. After all, if you can’t trust your partner to be faithful, you’re just setting yourself up for a lot of stress and possibly future heartbreak. But before you do that, here are some steps to consider:

1. Talk to your partner about it. Find out the circumstances, how many times it has happened, and why they cheated in the first place. It’s never okay to cheat, but there is a big difference between a partner who drunkenly hooks up with someone one and a partner who has cheated with the same person multiple times behind your back. Knowing all the facts will better prepare you for the next step.

Related: [Engaged Ciara Says She Might Be ‘Part-Bridezilla’](#)

2. Consider your options. The obvious choice is to end the relationship then and there. However, if ending the relationship would cause you more pain than it’s worth, maybe you should talk about other possibilities. Maybe you should go to counseling, or spend more time with each other to fix your

issues. Choose your actions carefully, because a problem this complicated needs a solution that's been thought through.

Related: [Celebrities Who Have Gotten Back Together After a Cheating Scandal](#)

3. Take action. If cheating is an unacceptable, no-exception action for you that leads straight to a break up, do it quickly and don't draw out the pain. Tell them "it's over" and explain why. However, if you're not breaking up with your partner, you still need to make it clear that things need to change and you need to talk about it ASAP. Don't let this get pushed to the side, because cheating is a big deal and you need to treat it as such.

How have you dealt with a cheating partner? Let us know in the comments!

Sofia Vergara Speaks Out About New Boyfriend Joe Manganiello





By Laura Seaman

Actress Sofia Vergara recently spoke about her relationship with actor Joe Manganiello. The couple has been seen together a lot this summer, and they are adorable together. “You know, I’m just having a great time,” Vergara said in an interview. “It’s a special time in my life, and I’m trying not to think too much about it. It’s something very new, so we will see what happens.” The two were seen kissing during their vacation to Miami, where Manganiello also met the Vergara family. When asked if her mother approved, the actress replied, “What is there not to approve of?” A source told UsMagazine.com that the pair spends every night together, and that Manganiello cooks for his girl on their night in.

What do you do if your family doesn’t approve of your partner?

Cupid’s Advice:

Maybe you’re not as lucky as Sofia Vergara, whose mother approves of her new boyfriend. If your parents don’t approve of your partner, it’s going to add an awful lot of stress onto

the relationship. But don't worry! There are ways to address the situation and try to make everyone happy. Just follow these simple tips from Cupid:

1. Ask your family why they don't approve. Who knows, maybe there's a good reason your family doesn't like your new love interest. They might bring up some red flags you'd never noticed before. Take what they say into consideration. They know you best, so their opinions should be important.

Related: [Sofia Vergara and Joe Manganiello Pack on the PDA on Double Date](#)

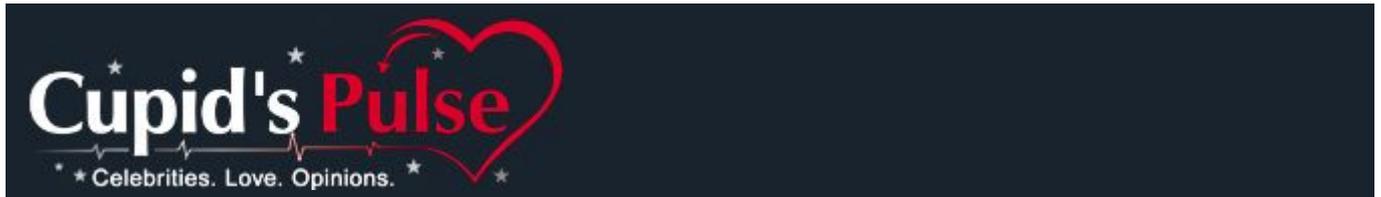
2. Tell them why your partner makes you happy. Maybe your family just doesn't understand your relationship, but if it makes you happy, they should be happy for you. Explain to them what you like about your partner and why this relationship has been good for you. They might just need to have it explained to them in a way they can understand.

Related: [Sarah Hyland Says Sofia Vergara and Joe Manganiello Would Make 'Hot Babies'](#)

3. Bring them together more often. First impressions are important, but they could be completely off! If your family didn't like your partner at first, try bringing them around more often and see if the opinion changes. Sometimes it just takes a while for a family to warm up to the idea of a new person being around. Soon they could start warming up to him or her and your situation will be just fine!

How did you deal with a partner your family didn't approve of? Let us know in the comments!

'Bachelor in Paradise' Newcomer & Reality TV Star Chris Bukowski: "Paradise Wasn't Paradise For Me"



By [Sarah Batcheller](#)

We followed-up with *Bachelor in Paradise* contestant Chris Bukowski about his arrival to Tulum, Mexico and the stir he caused on his first night there. For those of you who haven't been watching, the four-time *Bachelor* franchise veteran went on what appeared to be a great date with Clare Crawley and ended the evening with a controversial ocean frolic and a lot of kissing with Elise Mosca. "After the whole makeout session, I don't think Clare and I spoke another word to each other,"

the reality TV star says in our [celebrity interview](#).

Related Link: [‘Bachelor in Paradise’ Star Chris Bukowski Says Dates with Elise Mosca Were “Spectacular”](#)

Reality TV Contestant Opens Up About Relationships and Love

Bukowski, a master at making a memorable first impression, arrived with a date card and asked Crawley to spend a day of pampering with him. The heartbreaker left her looking all giddy and happy, despite the warning about him that she got from the others. He confirms, “Clare and I had a great date, and I do regret not pursuing our relationship and love further, but at the time, it seemed like there was no romantic connection there.”

The real chemistry he felt on *Bachelor in Paradise* was with Mosca, who had already formed a connection with Dylan Petit. But when asked if it was love at first sight, he says, “I didn’t have an instant attraction to Elise. I barely knew who she was. The two girls I was initially considering taking on the date were Clare and Lacy Faddoul.”

We all know that there’s more to these love triangles than what reality TV reveals. And although the show paints Bukowski as the bad boy, he maintains that he’s better than that. “I don’t think anyone will ever be happy with editing, but at this point, it’s all pretty funny to me. Can’t take this stuff too seriously!”

At the end of the episode, he receives a default rose from Mosca (after she was rejected by Petit and gave an awkward speech about what women “deserve” in a partner), but he assures us that what we saw go down on *Bachelor of Paradise* wasn’t *that* dramatic. “Dylan and I squashed the whole thing at the rose ceremony, but that wasn’t shown,” the restaurant

owner shares in our celebrity interview.

Celebrity Interview with *Bachelor in Paradise* Star

You may have noticed on episode 2 that Bukowski wasn't hanging out with the rest of the cast while Petit took Sarah Herron on a one-on-one date. It turns out that he was further courting his new crush: "I definitely hung out with Elise more than what viewers saw. I actually setup a makeshift date on the beach that wasn't aired."

Related Link: ['Bachelorette' Contestant and Hopeless Romantic Chris Bukowski Wants His "Fairytale Ending"](#)

As much as we love Bukowski for adding some spice to the season, it doesn't look like a good start to "happily ever after" for the *Bachelor in Paradise* newcomer. Although he won't reveal any teasers about next week's episode, he does leave us with this closing thought: "I didn't feel the need to be there any more. Paradise wasn't paradise for me..." According to sources, he'll excuse himself next week and leave paradise.

Back home, Bukowski watched the show with former *Bachelor/Bachelorette* contestants Jaclyn Swartz, Christy Hansen (who will be arriving in paradise soon), and some other friends.

We can't wait to see what happens next Monday night!

Keep up with Chris on Twitter @ChrisJBukowski. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Courtney Stodden Reconciles With Estranged Husband Doug Hutchison



By Laura Seaman

Teen bride Courtney Stodden and *Lost* actor Doug Hutchison have gotten back together after their separation, and they plan on renewing their vows, according to UsMagazine.com. The two were married in 2011 when Stodden was only 16 and Hutchinson was 51, attracting plenty of criticism from the public. Since then, the young model has been on *Celebrity Big Brother* in the UK, which is where “she realized that there is this whole world out there to explore,” according to a source. “She was so reliant on Doug up until doing the show, but after going so far away, she realized she could survive by herself.” The pair

said that the age gap was the main reason for the split, but now it appears they are ready to try again.

What are some factors to consider before getting back with an ex?

Cupid's Advice:

Sometimes relationships fall apart, but that doesn't mean they'll never work out in the future. If you've ever gotten back with an ex, you know exactly what this means. Maybe the timing wasn't right, or you both had some issues to work out. Either way, sometimes it's worth a second shot. You two were close once, so maybe you can be close again. Just keep a few things in mind before you start making a move on your ex:

1. You have to know what went wrong the first time. Clearly something went wrong, otherwise you wouldn't be exes. You need to know what this fatal flaw was, otherwise there's no way you can fix it the second time around. And don't just guess, but be one-hundred percent sure. Maybe you or your ex said, "It's not you, it's me," or "I'm just not ready for a relationship right now." Were these the real reasons? This is the time to find out.

Related: [Doug Hutchison and Teen Bride Courtney Stodden Separate](#)

2. You need to know that things have changed. If things haven't changed, then your relationship won't change either. It didn't work the first time, so unless there's a change, it won't work a second time. Make sure you've talked about what went wrong and how this new relationship is different and has fixed whatever that problem was.

Related: [Hillary Duff Writes Song About Estranged Husband Mike Comrie](#)

3. You should have tried other options first. Don't go back to

your ex because you don't think you have any other options, or because you don't know how to live life without them. Try being single for a while! Go on dates with other people first. Who knows, maybe your ex is truly the one for you, but you need to know how to be happy by yourself and explore all your other options. Only then can you be truly confident in your decisions to try again with your ex.

Have you ever gotten back with your ex? What did you consider beforehand? Let us know in the comments.