

# Royal Celebrity Couple News: Prince Harry & Meghan Markle Experience 'Different World' in Canada



By Ellie Rice

In the latest [celebrity news](#), Prince Harry and Meghan Markle have started their newfound life in North America! According to *UsMagazine.com*, the pair will be spending a lot of their time in Canada as they relinquish their royal duties. These two always seem to be in the news, so we hope this move will allow them to spend quality time with baby Archie!

# **This royal celebrity couple is enjoying life under the radar in Canada. What are some ways to change your lifestyle as a couple if you're unhappy?**

## **Cupid's Advice:**

Feeling happy and healthy in your relationship are two obvious keys to partnership success. So if one is missing, Cupid has some advice for you:

**1. Make a move:** Take a page out of the royal playbook and switch things up! Maybe a change of scenery is exactly what your relationship needs.

**Related Link:** [Royal Celebrity Parents: Meghan Markle & Prince Harry Are 'Enjoying Each Day' with Baby Archie](#)

**2. Try something new:** If you're feeling like your relationship is lacking the excitement it once held, then spice things up! Try experiencing something new with your partner each week to rebuild your passion and connection.

**Related Link:** [Relationship Advice: Romance After Baby](#)

**3. Talk it out:** Get to the root of the problem and figure out what it is that's making you two so unhappy. Try seeking professional guidance and go to couples therapy.

**How would you change an unhappy lifestyle? Start a conversation in the comments below!**

---

# Celebrity Couple News: Eva Mendes Reveals Ryan Gosling's Secret Talents in the Kitchen



By Ellie Rice

In the latest [celebrity news](#), Eva Mendes has revealed on Instagram that her hubby, Ryan Gosling, knows his way around the kitchen. According to *UsMagazine.com*, Mendes stated that her cooking skills are limited to rice and juicing, while Gosling is not only a great chef, but quite the baker as well. The ever so secretive pair rarely share information about their family life, so we love hearing this!

# In this celebrity couple news, it's all about appreciation. What are some ways to show your partner you appreciate them?

## Cupid's Advice:

Showing your significant other how much you appreciate them is crucial to a healthy and long lasting relationship. Cupid has some advice for how you can go about this:

**1. Words of affirmation:** Everyone celebrates love in different ways depending on which love language they feel most empowered by. If your significant other likes hearing how much they mean to you, then let them know!

**Related Link:** [Celebrity Parents: Eva Mendes & Ryan Gosling Are Running Into Trouble Teaching Their Daughters Spanish](#)

**2. Give a little:** Pick up something special you know your boyfriend or girlfriend has been wanting, or even better, an item *you* think they would love! They will feel cherished and valued.

**Related Link:** [Celebrity Baby News: Find Out How Falling in Love with Ryan Gosling Changed Eva Mendes' Mind About Motherhood](#)

**3. Surprise them:** Show your partner you care by proving how much you listen to what they say. Has there been something your significant other has been dying to experience? Surprise them with it! Build memories and show your appreciation all at once.

**What are some ways you show your significant other you appreciate them? Start a conversation in the comments below!**



---

# Celebrity Exes: Bradley Cooper & Renee Zellweger Reunite at Oscars 2020



By [Hope Ankney](#)

In the latest [celebrity news](#), [celebrity exes](#) Bradley Cooper and Renee Zellweger were spotted mingling together at the 2020 Oscars. *UsMagazine.com* reported that the two were being cordial with one another before taking their seats as the award show started. The pair began dating soon after working together on the thriller *Case 29* in 2009. They then split back in 2011.

# These celebrity exes kept it cordial and mingled at this year's Oscars. What are some reasons to remain cordial with your ex after a break-up?

## Cupid's Advice:

Staying cordial with an ex can sometimes be tricky. If you and your ex ended on less than ideal terms, it can be even trickier to find a medium ground between the two of you. It doesn't help if you have to see each other more often than you would like. If you're having trouble keeping it amicable with an ex, don't worry! Cupid has some [relationship advice](#) to help you wade through those waters after a break-up:

**1. Let time pass:** Sometimes, the best healing agent is the act of absence. Even if you are forced to be at the same functions or events as an ex, it's easier to stay clear of them until both of you are at a point that you can talk to one another cordially. It'll be less stressful and much more rewarding if you keep your distance when you work on interacting publicly.

**Related Link:** ['Bachelorette' Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People's Choice Awards](#)

**2. Meet up to discuss problems:** If you both are at a place that you can meet and hash out your issues, that would be a great step for forging a cordial relationship with an ex. You guys can get everything out into the open, understand why one of you felt the way you did, and find common ground. Besides, this is a perfect opportunity to get closure if you didn't already have it.

**Related Link:** [Single Celebrity: Tyler Posey Confirms He's](#)

## [Single After Split](#)

**3. Bring friends as support:** If you know you're going to have to interact with an ex at a function or event, surround yourself with friends to make sure it all runs smoothly. They won't allow the conversation to go off the rails, and they are a great barrier between any awkward tiffs you and your ex might have if you both were alone.

**What are some ways you've learned to be cordial with an ex? Let us know down below!**

---

# **Celebrity Interview: 'High School Musical: The Musical: The Series' Star Frankie Rodriguez Talks Love and Reboot**





Interview by Lori Bizzoco. Written by Ellie Rice.

Frankie Rodriguez is a young, rising actor known for his work on the *High School Musical* reboot, *High School Musical: The Musical: The Series*, and his guest appearance as Eduardo, on ABC's *Modern Family*. His groundbreaking role as Carlos on *HSMTMTS*, as an openly gay choreographer, has led him to center stage and into the hearts of many. A California native, Rodriguez has always had a love for the entertainment industry and a passion for acting. When not on screen, he loves collecting sneakers and interior decorating! In our exclusive [celebrity interview](#), Rodriguez chats about the show and gives our readers some dating advice for those looking to make the first move.

**In our [celebrity interview](#) with *High School Musical: The Musical: The Series* star Frankie Rodriguez,**



**we get a glimpse into the world of young Hollywood, some dating tips, and insights on the *HSMTMS* series!**

*HSMTMS* follows the students of the East High drama club as they are set to put on the school's first production of "High School Musical". Episodes feature musical numbers unique to the reboot, and some of the beloved melodies from the original. Relationships are formed as the students of East High embark on their high school journey.

**Related Link:** [Celebrity Interview: The Biggest Loser's Erica Lugo Talks Weight Loss and New Season](#)

As a member of such a beloved franchise and one that has been of constant relevance to popular culture, we asked Rodriguez how it felt to be a Wildcat. "I still pinch myself every morning. Getting to be a part of this franchise has been a literal dream come true." Citing Zac Efron and Ashley Tisdale as the only two original cast members he has yet to meet, he claims to be crossing all fingers and toes in hopes for an interaction with the pair!

We asked Rodriguez how he knew that a career in the film industry was where he should be. He explained, "I always loved singing and dancing, so I think a career in entertainment was always in the cards. I remember watching the sunset on my first night living in Los Angeles and thinking this is exactly where I'm supposed to be."

**Related Link:** [Relationship Advice: Will Your Perfect Partner Vision Become Reality?](#)

And, with moving to a new city comes new relationships. Viewers watched as Rodriguez' character on the show, Carlos, found love this season after taking that leap of faith, and

hopefully inspiring others to do the same. We asked Rodriguez if he had a special someone in his life to which he joked, "Does a cardboard cutout of Zac Efron count? Haha, KIDDING! Yes, there is someone very special. :)"

Diving into a new relationship can be scary, especially if you are unsure of the other person's feelings towards you. But as Rodriguez told us, "Take the chance! If they say 'yes,' AMAZING! But if it doesn't turn out your way, that's okay too! Have your BFF ready with your favorite ice cream and romcom". We think this is some pretty sound advice, as nothing heals a wounded heart quite like your friends and some Ben & Jerry's. Anything can happen, and you won't know until you take that chance, so be brave and bold!

After coming out to his friends and family at fifteen, Rodriguez has been very open about his sexuality. We asked him if he had any advice for teens ready to come out and express their own sexuality. He shared, "Even though coming out can be a little scary, it's so worth it! After coming out, I was able to put aside the fear of what other people would think, and I was able to live for myself. Life is way too short. Be YOU!"

The courage it takes to fully express yourself and be who you truly are is incredibly inspiring. Rodriguez explained that a standout moment during filming for him was the dance scene in the "Homecoming" episode, where he is able to be himself with the boy he likes. "It was such a moment for Carlos and Seb's relationship and history making for Disney. I'm so proud of that episode and to be a part of it". This show serves as a huge step in the direction of inclusion for Disney, as featuring teens from all aspects of life is so important for viewers to see.

So what can we expect from Frankie Rodriguez in the future? With *HSMTMTS* back for a second season, Carlos and the Wildcats will be tearing up our screens once again. Beyond that, we hope to see this self-described Broadway nerd taking the stage

one day! As Rodriguez shared with us, “I’m very inspired by nice people who work incredibly hard. I’ve had so many co-workers (including the cast of *HSM*) who inspire me to go above and beyond”. An inspiration to so many himself, we can’t wait to see where the future takes him.

Want to keep up with Frankie? You can follow him on [Twitter](#) and [Instagram](#).

---

## Celebrity Interview: The Biggest Loser’s Erica Lugo Talks Weight Loss and New Season





Interview by Lori Bizzoco. Written by Ellie Rice

*The Biggest Loser's* Erica Lugo is a bona-fide weight loss inspiration as she joins the team as the show's newest trainer. After reaching a peak weight of over 300 pounds, she made a decision to change her life once and for all and lost an incredible 160 pounds in two years. The motivation behind her extraordinary lifestyle change was her son Connor. As a dedicated mother, thyroid cancer survivor, and fitness studio owner, Lugo is a triple threat of perseverance and success.

**In our exclusive [celebrity interview](#), Erica talks about the new season, her personal weight loss, and some advice for those looking to change their lifestyle.**

**How does it feel to be a part of a show that has made such a positive impact in so many people's lives?**



I'm so grateful. I knew it would be impactful, but I didn't realize how close I'd become to everyone on the show.

**What can viewers expect when they tune into the premiere on the 28th?**

Viewers will hopefully be inspired by the contestants – their stories and their commitment to changing their lives.

**Related Link:** ['The Biggest Loser' Alum Lisa Rambo Talks Marriage and Weight: "We've Lost Over 180 Pounds Together!"](#)

**What are you bringing to the table that no other trainer has brought before?**

I lost over 150 lbs in the last 6 years so I know how hard the road is. Plus, I'm a recent cancer survivor. Hopefully my story will encourage and inspire people that anything is possible.

**You gave really powerful encouragement to an audience member on the Kelly Clarkson show who was currently on her own weight loss journey. What advice can you give to all the men and women out there looking to lose weight, but not lose themselves in the process?**

Love yourself and be proud of who you were, who you are and who you're becoming because it's all the same person.

**I saw that you are recently engaged, congratulations! Can you tell us a little bit about that?**

Thanks! Daniel and I have been together for 2 years and are planning our wedding for April. It's really exciting to be trying on wedding dresses and making all the plans.

**Related Link:** ['The Biggest Loser' Contestant Gina McDonald Says, "My Husband Was Very Supportive of Me Going on the Show"](#)

**As you may know our site focuses on love and relationships,**

**what advice do you have for our readers looking to balance a career and romance?**

Self-care includes making time for yourself and your love so take each day as it comes and do your best to find a balance as you go. Some days will be easier than others.

**Staying mentally and physically healthy is an important element to any partnership. Do you have any tips for how to mix fitness into a relationship?**

Having the love and support of loved ones is so important. Keep trying activities until you find what works best and is most fun for you and your partner.

**Not only are you a trainer on the show, but you also have your own fitness company providing members with training exercises and meal plans. Can you tell us about Erica Fit Love and the Fit Love Squad?**

We aim to provide fitness and nutrition programs to people at every stage of their fitness journey.

**You have openly spoken about your battle with thyroid cancer. Your strength and confidence is incredibly admirable. What advice do you have for those going through a challenging time?**

Work to find strength in yourself and from loved ones.

**You've talked about the inspiration behind your weight loss, your son Connor. How does he feel about your role on the show?**

I hope I can help contestants because I've been through what they're going through. I know how miserable burpees are and how much determination is required to make a life change to get healthy.

**Aside from health and fitness, who is Erica Lugo?**

I'm a mom, a fiancée and hopefully a good friend and source of inspiration

**Where can we expect to see you in the future?**

Hopefully on more seasons of The Biggest Loser because I'm just getting started!

*Tune in to USA on Tuesdays at 8/9c to watch this season of The Biggest Loser. Want to keep up with Erica? You can follow her on [Instagram](#) or join the Fit Love Squad [here!](#)*

---

## **Celebrity Couple News: Beyonce & Jay-Z Stay Seated During National Anthem at Super Bowl**





By [Hope Ankney](#)

In the latest [celebrity couple news](#), Beyonce and Jay-Z were spotted sitting during the “National Anthem” at Super Bowl 2020- aligning themselves with Colin Kaepernick. According to *UsMagazine.com*, the pair and their 8-year-old daughter Blue Ivy were seated as the rest of the attendees around them stood. This didn’t affect their spirits later on in the evening, though, as they were seen having a good time for the majority of the National Championship game. They were even photographed smiling and cutting up with the likes of DJ Khalid sometime, throughout.

**In celebrity couple news, Beyonce and Jay-Z stood up for what they believe while staying seated during the National Anthem at the Super**



# **Bowl. What are some ways of standing up for what you believe together can bring you closer as a couple?**

## **Cupid's Advice:**

Many times it is your beliefs that can be a catalyst for bringing two people together. Those who have a common belief system or are passionate about certain causes can actually have that aspect of their lives bring a solid foundation to a relationship. Standing up for something as a couple is such a powerful feeling. If you are wondering what ways believing in something as a couple can bring you closer with your partner, Cupid has some [love advice](#) on the topic:

**1. You can go to events/rallies together:** If it is a specific cause you and your partner both support, there's a chance that there are countless events, protests, or charity drives that you can go to together. It's such a wonderful thing to be working alongside your significant other on a cause you both believe in. It allows you the opportunity to get closer and feel more solidified as a unit by investing your time and efforts together on the things you are passionate about.

**Related Link:** [Celebrity News: Beyoncé Gives Death Stare As Warriors Owner's Wife Talks to Jay-Z](#)

**2. You'll have more stimulating conversation:** Being able to have a common belief system or passion gives grounds for better conversation between the two of you. This is especially important if the relationship is fresh, and you're both just getting to know one another. You'll be able to bond over the cause and feel better connected to each other going forward as a couple.

**Related Link:** [Relationship Advice: Communicate Dislikes like John Legend & Chrissy Teigen](#)

**3. You'll be able to build a stronger foundation:** The most important aspect of standing up for the same cause as a couple is that it further aligns you as a team. A relationship is all about how both players work together as a team, and the more you both rally around one another with common causes or beliefs, the stronger that foundation will be. You'll soon realize that when the relationship gets more serious or leads towards marriage/kids, it is much more vital for you and your partner to have that team dynamic. Standing up for causes together is a sure way of building on that aspect of your relationship.

**How has standing up together as a couple strengthened your relationship? Let us know down below!**

---

## **Celebrity Break-Up: 'Bachelor in Paradise' Couple Kendall Long & Joe Amabile Split**





By Ellie Rice

In the latest [celebrity news](#), *Bachelor in Paradise*'s beloved Grocery Store Joe Amabile and Kendall Long have split. The pair released a lengthy statement citing distance as the reason behind the breakup. According to *UsMagazine.com*, the decision was mutual as they both still hold a lot of love for each other. It's sad to see a fan favorite couple turn into [celebrity exes](#), but we hope they find love and happiness on their own journeys!

**In celebrity break-up news, this *BIP* couple is no more. What are some ways to know your relationship is over and can't be fixed?**

#### **Cupid's Advice:**

Acknowledging that your relationship is over can be difficult, but moving on to something healthier and happier is worth it.

Cupid has some advice for you on when to know when its really over:

**1. Your mental health is suffering:** If you aren't feeling like yourself anymore, and the relationship is the root cause, it's time to move on. Letting your mental health suffer for the sake of another person isn't healthy or positive. Love the life you live, with confidence and strength!

**Related Link:** [Celebrity Break-Up: 'Bachelor in Paradise' Couple Demi Burnett & Kristian Haggerty Split](#)

**2. The spark is gone:** When your relationship feels more like a friendship, then maybe it's become just that. Relationships evolve over time, sometimes deepening that initial romantic connection and other times shifting into a platonic partnership of comfortability. Recognize this shift and have an honest conversation with your partner. It's not fair to either of you, staying in a romantic relationship that you aren't 100% invested in.

**Related Link:** [Expert Dating Advice: How To Have Tough Talks With Your Partner](#)

**3. The cons outweighs the pros:** If you feel like you're fighting about minor or meaningless issues and everything has become a challenge, it's time to analyze your relationship. When you're both unhappy, it can lead to small things becoming big things. Once the bad times start to overpower the good, it's time to go.

**What are some healthy ways to move on from a partner? Start a conversation in the comments below!**

---



# Celebrity News: Kobe Bryant Dies in Helicopter Crash with Daughter Gianna



By [Hope Ankney](#)

In shocking and devastating [celebrity news](#), Kobe Bryant passed away on Sunday alongside his daughter Gianna after their helicopter crashed in Calabasas. *UsMagazine.com* reported that there were eight other passengers on board the flight when a fire broke out. Fire brigade and paramedics attended the scene but authorities said in a press conference that nine people were confirmed dead. So much pain and tragedy for so many families. Everyone's hearts are broken and grieving for those who lost their loved ones.

# In celebrity news, we lost a legend recently. What are some ways to cope with the death of a loved one?

## Cupid's Advice:

No words have been able to properly describe how heartbreaking it was to hear the news of the loss of Bryant and his daughter. It's never easy to cope when you lose a loved one, especially in tragic circumstances. If you're struggling with the grieving process of losing a loved one, Cupid has some advice on ways to cope in these trying times:

**1. Take care of yourself and your family:** It can seem like one of the last priorities when you lose someone, but eating well, getting out of bed in the morning, and trying your best to get enough rest will better help you get through each day. It won't be easy, but it is the baby steps that help one through each day going forward.

**Related Link:** [Dating Advice: 3 Coping Strategies for Widowers that Work](#)

**2. Accept your feelings:** There is an array of feelings that one goes through when they begin the grieving process. It's important that there is no right or wrong way to mourn. Sadness, anger, denial... These are all valid and normal. Don't make yourself feel worse by believing you aren't grieving properly.

**Related Link:** [Celebrity News: Chris Cornell's Wife Pens Heartbreaking Letter Before Funeral](#)

**3. Reach out to others grieving the loss:** Community is such a healthy way of coping with the loss of a loved one. It might be hard, but reaching out and helping others who are also grieving this person's loss can be beneficial to both of you.

You'll be able to talk to each other about how you're feeling, and not believe you're alone in the process. Sharing stories and feelings about the deceased can help everyone cope.

What are some healthy ways you've learned to grieve a loved one's passing? Comment down below to help others.

---

## Celebrity Couple News: Justin Timberlake Is Trying to 'Prove Himself' to Jessica Biel Post-PDA Drama





By Ellie Rice

In the latest [celebrity couple news](#), Justin Timberlake has been in hot water after pictures surfaced of him getting cozy with his *Palmer* costar in New Orleans this past November. Timberlake has been married to actress Jessica Biel for over seven years and they have a child together. According to *UsMagazine.com*, Timberlake is doing everything he can to earn back his wife's trust. We hope they can rebuild their relationship and not become the next pair of [celebrity exes](#)!

**In celebrity couple news, Justin Timberlake is doing his best to come back from displays of PDA with a co-star who was not his wife. What are some ways to regain trust in a relationship?**



## **Cupid's Advice:**

Rebuilding trust within a relationship can be difficult, but potentially worth it with the right person. Cupid has some advice on how to repair your relationship:

**1. Figure out what went wrong:** Ask your significant other for honesty. Allow them to explain their thoughts and feelings as to why they may have strayed and broken your trust. Once you've established what was missing within the relationship, you can work towards moving forward.

**Related Link:** [Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Thoughts on Season 2 and Physical Infidelity vs. Emotional Connection](#)

**2. Leave the past in the past:** If this is the person you truly want to be with, then rebuilding the relationship is a priority. Once you've talked about what went wrong, begin moving on from the situation. Try to go out and experience new things together and build memories that you can feel confident looking back on. Plan date night once a week and pick somewhere new to check out each time!

**Related Link:** [Ask the Guys' Guy: Dirty Talk for Beginners](#)

**3. Put in the effort:** If talking it out together just isn't working, then maybe try seeking professional help. If Timberlake and Biel are making it work with couple's therapy, maybe you can too!

**What are some ways you've rebuilt trust in your relationship? Start a conversation in the comments below!**

---

# Celebrity Exes: 'Bachelor' Peter Weber Was 'Just as Frustrated' As Other Women After Hannah B.'s Return



By Ellie Rice

In the latest [celebrity news](#), *The Bachelor* star Peter Weber is giving love another shot! As the 24th season of the beloved franchise takes flight, viewers are introduced to an array of gorgeous women all vying for Weber's heart. But it wouldn't be the wildly entertaining show that it is without a little controversy, especially from Weber's [celebrity ex](#) and reality star herself, Hannah Brown. According to *UsMagazine.com*, her emotional reappearance this season has left *The*

*Bachelor* feeling frustrated and confused.

## **These celebrity exes didn't exactly have an idyllic reunion on *The Bachelor* recently. What are some factors to consider before getting back together with an ex?**

### **Cupid's Advice:**

Getting back together with an ex is a tough decision to make, and you want to make sure you're doing it for the right reasons. Cupid has some factors to consider:

**1. Remember why it ended in the first place:** Look back at your relationship and think about what went wrong and if those problems can be fixed. Starting from the beginning will allow you to analyze the pros and cons for the future. If the issues that plagued your relationship are hard to come back from, think about whether a second chance is really worth it.

**Related Link:** [Celebrity Exes: Anna Faris & Kat Von D Bond Over Cheating Exes](#)

**2. Ask yourself the big questions:** Has this person really changed? And if they haven't, am I prepared to deal with that? Reconciliation can be a positive and wonderful thing, but not at the expense of your mental health. If they aren't ready to commit to you in a way that illustrates growth and understanding, then maybe they aren't the person for you.

**Related Link:** [Expert Dating Advice: How To Have Tough Talks With Your Partner](#)

**3. Take charge:** Have a genuine and honest conversation with

this person about what you are looking for in this relationship and respectfully allow them to do the same. Acknowledge each other's feelings and desires transparently and realistically. If the two of you aren't on the same page, then maybe it's time to move forward.

**What are some tips you have for reconciling with an ex? Start a conversation in the comments below!**

---

## **Celebrity News: Justin Hartley Brings Daughter to Critics Choice Awards Amid Divorce**





By [Hope Ankney](#)

In the latest [celebrity news](#), Justin Hartley was spotted bringing his daughter as his plus one to the Critics Choice Awards. According to *UsMagazine.com*, this comes soon after Hartley filed for divorce from Chrishell Stause. He was seen snapping selfies and having a great time with his 15-year-old, Isabella, on the red carpet. An insider stated that the two “looked really happy [and] were having a light conversation.”

**In celebrity news, Justin Hartley brought his daughter to an awards show after filing for divorce from Chrishell Stause. What are some ways to lean on family after a break-up?**

**Cupid's Advice:**



A breakup can leave you emotionally spent. It's difficult to not go through some rough patches when a relationship ends, but the support of family can help you heal and move forward. There's almost nothing a family's love can't fix. If you are going through a split, Cupid has some [relationship advice](#) on how to lean on your loved ones during this hard time:

**1. Go home:** There's something about coming home that soothes all heartbreak and hurt. Being in the presence of family can take you back to beloved nostalgia from your childhood. There's no one who loves you or adores you as much as your family does, and getting lost in that comfort can help you heal after a breakup.

**Related Link:** [Celebrity News: Sources Say Kendall Jenner & Ben Simmons Are Dating Again](#)

**2. Let them give you tough love:** If there's anything your family is good at, it's not sugar-coating anything. If you're looking for clarity or closure, know that one of your loved ones will be more than happy to give it to you straight. Having these conversations with family can help you see why your relationship might have ended and what you need to do to move on.

**Related Link:** [Celebrity Parents: Garth Brooks Gets Real About Raising Daughters After Split from Ex-Wife](#)

**3. Have them take your mind off of it:** Whether it's attending your nephew's soccer match or getting brunch with your siblings, be open to the idea of being distracted. Giving yourself over to family events/get-togethers can help in keeping your mind off of the breakup. Allow yourself to get lost in their lives for a bit, and you will see how that positively affects your behavior and emotions towards your own lost relationship.

**How has family helped you after a breakup? Let us know down below!**

---

# Celebrity Interview: Temptation Island's Gavin Rocker Speaks Out About What Ultimately Ended His Relationship



Written by Altina Kamara.

Before arriving to the set of *Temptation Island*, Gavin Rocker was in 1+ year relationship with then-girlfriend, Esonica Veira. The way they met was like a scene out of a rom-com.

However, their love took a turn as “temptation” ultimately took over with his now-ex. Though he doesn’t regret his time on the show, he wouldn’t recommend it to others.

In our exclusive celebrity interview, we chat with Gavin about his hesitation in relationships, past television appearances and what he learned from being on *Temptation Island*.

## **Check out our celebrity interview with Gavin Rucker to hear his thoughts on relationships and *Temptation Island*:**

### **1. How did you two meet and was there an initial attraction?**

We met doing background work for show Love Is (how ironic). I saw Esonica standing near me and she was just so beautiful, so I asked “Hey, what do you do?” She said she was a model. We kept talking and I asked for her number. I didn’t have my phone, so I said, “Tell me your number. I’ll remember it.” She then said, “If you remember my number, I’ll go out with you.” Lol. I remembered her number, called the next day and the rest is history.

### **2. You two were together for just over a year when you decided to join *Temptation Island*. Do you think you had enough time together before putting your relationship to the test?**

I think we had enough time. Anything longer than that would be a waste to me. I feel like it doesn’t take long to know how you feel about a relationship. *Temptation Island* was great way to decide whether or not we should move forward or not.

### **3. What were your first thoughts upon arriving to the set of the show?**

My first thought was, "Wow, these single girls are really here for love and they're serious too." I didn't know how to take it at first. It was such a weird experience, so I had to adjust on the fly. No one ever goes through something like that (unless you were part of season 1).

**4. Both of you started making connections with two other members of the show pretty quickly. Did you go into this knowing you wanted to find other relationships?**

I did not. I wasn't planning on falling in love with anyone. I wanted to show Esonica my loyalty to her and see if she was the right one for me. Being with Esonica was my end goal the entire time.

**5. Do you think social media may have had a negative effect on your relationship?**

I think so. Not in a big way, but the smallest comment can lead to the biggest argument. Esonica looks deeper into social media than I do. She always knows who I'm talking to. I don't really get into it that much.

**6. You have admitted in the past that you are nervous about taking that next step towards marriage. Why do you think you're so hesitant?**

I'm hesitant because marriage is a huge step. In society today, marriage is so casual. People kind of just do it because "it's the right thing to do" or "you're at that age." I don't believe in that. I feel like marriage should happen when you're sure about your partner and to me, a year and a half isn't enough time to make that decision.

**7. Fans discovered that Temptation Island wasn't your first television appearance. Do you have aspirations of becoming an actor? What else have you been on, if anything?**

*Temptation Island* was my first television appearance, aside

from being an extra on TV shows/movies. I'm a former college athlete, so I'm always cast for football movies/commercials. If fans count that, then sure, I've been in other things, but you can't even see my face in stuff like that. If I was a big-time actor, people would see me in the box office.

**8. Have you maintained the friendships with anyone on the show? If so, who do you still speak with and how often? (This includes the guys and girls)**

All the guys and girls still talk from the guys' villa. We're all cool. We even have a group chat. Lol! That big group chat gets used every now and then, but the rest of the guys and I talk often. Almost daily. We love each other. One big happy family.

**9. What have you learned overall from being on the show? Do you think it's something you would ever do again?**

I learned that people cope with things differently. It's tough being cut off from the world for 4 weeks and surrounded by strangers. Most people wouldn't find that easy. It showed me how mentally tough I was and how everyone deals with controlled isolation.

I wouldn't do it again, but I'm thankful I did it once.

**10. Are you [and Esconica] both still a couple now that the show is over? If not, who are you with? Why did it eventually end?**

No, we're not together. I'm not with anyone at the moment. Things ended because, to put it bluntly, Esonica and I aren't compatible. We tried making things work after the show, but that was difficult, and when I found out she slept with Kareem at the reunion after telling me she didn't, I was done. She wanted to be with me still, but I can't go back with someone after lying like that.



**11. Would you recommend going on the show to others who are in a relationship that they are not sure about?**

I wouldn't recommend it. It's Temptation Island, not "Fall in love" Island. Things are tempting, but none of it really has substance. Granted, people face temptation every day, but doing it on romantic dates in Hawaii is a different story. I'd only recommend it to those couples with trust issues, but usually the person with those issues is the first one to cheat, as we saw with almost every woman this season, so does that really help anything? Be careful.

**12. What are the next steps for you now?**

The next step for me is just to enjoy my life and focus on me again. I've been working on some music that I plan to release soon, so I'm excited about that. I'm also happy about the new friends I've made from Temptation Island. I love all of those people. We're bonded for life. Hate it or love it, we can't change that!

*Want to keep up with Gavin? You can follow him on [Twitter](#) and [Instagram](#).*

---

**Celebrity Interview:  
Temptation Island's Esconica  
Veira Shares How She's Moved  
On With Her Life After The**

# Show



Written by Altina Kamara.

Esconica Veira, a former pageant model, joined the cast of *Temptation Island* with her boyfriend, Gavin Rocker, and had doubts from the very beginning. As the show progressed, Esconica began to discover herself more and formed a bond with fellow cast member, Kareem Thomas. Her relationship with Gavin ultimately ended and she shares why it's okay.

In our exclusive [celebrity interview](#), Esconica speaks out about her relationship with Gavin and how it changed her, as well as what's next for her now that temptation is no longer knocking at her door.

# **Check out our celebrity interview with Esconica Veira to hear about her experience on *Temptation Island* and the relationship she had with ex, Gavin Rucker.**

**1. How did you two meet and was there an initial attraction? You two were together for just over a year when you decided to join *Temptation Island*.**

Gavin and I met on set doing background work on the show called *Love Is*. I thought that was pretty coincidental, and yes, we did have attraction when we first met.

**2. Do you think you had enough time together before putting your relationship to the test?**

Being in a relationship for just over a year, things should be good. It should be like the honeymoon stage. Looking back at it now, it may have not been enough time for us to put the relationship to the test.

**3. What were your first thoughts upon arriving to the set of the show?**

My first thought upon arriving to the set of the show was, "What the hell did I get myself into?"

**4. Both of you started making connections with two other members of the show pretty quickly. Did you go into this knowing you wanted to find other relationships?**

I don't think I found a connection pretty quickly. I was taking my time and honestly doing whatever I could to not make a connection.

**5. In an interview with *PopCulture.com*, you said that your bond with Kareem helped to open you up more.**

I did not initially go on the show to find another relationship. In the interview with PopCulture.com, I said Kareem helped me open up more, meaning on *Temptation Island*, he allowed me to be myself by listening to me and understanding my unique situation.

**6. Do you feel that your relationship with Gavin has hindered you? In what ways have you opened up?**

I don't necessarily think that the relationship I had with Gavin hindered me, but I do feel like there were some parts of myself I was never really able to explore. I have opened up more by just knowing now what I should accept in a relationship.

**7. Do you think social media may have had a negative effect on your relationship?**

I do believe that social media can have a negative impact in relationships because everything is in the palm of your hand. It can make everything a bit harder when connecting with your partner and that can cause some disconnect in a relationship. Social media can make things seem very easy to find when in real life, it's not that easy.

**8. You're the CEO of your own cosmetics line named Forever Royal Cosmetics. Can you tell us how you got into the beauty industry and what sparked your interest?**

I am the CEO of my own cosmetic line named forever Royal Cosmetics. I got into the beauty industry because of pageantry. I've participated in pageantry for my entire life, actually since I was nine years old. What sparked my interest was my platform, which was promoting self-esteem in women. I've always felt like I wanted to be what I never had when I was younger and that was a positive role model that would show

me how to accept myself for who I am – Someone to show me how to groom myself into a better version of who I am and to make the best of who I am.

**9. Have you maintained the friendships with anyone on the show, and if so, who do you still speak with and how often? (This includes the guys and girls)**

I have maintained many relationships with pretty much everyone on the show. I think we speak often enough and that includes the guys and the girls. All of us have been through a once-in-a-lifetime experience and because of that, we will always be connected.

**6. What have you learned overall from being on the show? Do you think it's something you would ever do again?**

What I've learned overall from being on the show is that it's okay to be me – whatever that is. Is the show something I would ever do again? I've learned to never say never, but right about now, I may have had enough of Temptation Island.

**7. Are you [and Gavin] both still a couple now that the show is over? If not, who are you with? Why did it eventually end?**

We are no longer a couple now that the show is over. At this time, I am with no one. It eventually ended because we came to a quick realization that both of us wanted two different things and sometimes, that's okay.

**8. Would you recommend going on the show to others who are in a relationship that they are not sure about?**

I would recommend going on the show to others who are in a relationship and they are not sure about it because it's a fast way to know if this person is the one or isn't, and if you're like me, you don't have much more time to waste.

**9. What are the next steps for you now?**



The next steps for me now would be to focus on becoming the woman that I want to be. That means excelling in my business, career, love life and the pursuit of my own happiness.

*Want to keep up with Esconica? You can follow her on [Instagram](#).*

---

## **Celebrity Interview: Temptation Island's Ben Knobloch Says He Knows What Women Want In Relationships**





Written by Altina Kamara.

Ben Knobloch, a veteran and California-native, decided to take a chance on a unique opportunity to find love on the hit USA Network show, *Temptation Island*. Though he wasn't originally looking for love, his connection with fellow cast member, Ashley Howland, left fans wanting more.

In our exclusive [celebrity interview](#), Knobloch opens up about his past, his relationship with Ashley after the show, and what he's looking forward to in the future.

**Check out our celebrity interview with Ben Knobloch as he spills the tea about his fellow cast members on *Temptation Island*:**

**1. What made you go on a reality show to find love?**

I wasn't really looking for love. I wasn't looking for

anything, really. It was a super unique opportunity that they reached out to me. I was just posting silly Instagram videos and somebody reached out asking about the tv show and I'd never heard of it and it seemed like a really unique thing that no one that I know has ever been on a tv show, so yeah, I decided to go for it and honestly, I didn't even know the premise of the show. I had to do some background research and at least go into it with an open mind, that no matter what happened, whether I was voted off the first night or made it all the way through or found someone to be with, I wouldn't be upset or heartbroken.

**2. I read that you have three sisters. Can you tell us, in your own words, how that has affected you or helped you, or maybe even hindered you?**

The three sisters, obviously growing up the only guy, was absolute hell. I remember there were times where they would tie me to chairs and put makeup on me. It was so bad, but the silver lining is I learned what not to do as a boyfriend. I'd see them coming home from dates crying and venting to my parents about what this guy did and what he didn't do, so slowly in the back of my head, I guess I was taking notes. That led me to be who I am today, so I appreciate it but obviously there's still some PTSD from wearing makeup when I was 10 years old.

**3. You do say that with the three sisters that you know what women want. Can you give us an example of what you think women want?**

I think women want a strong partner, whether that's physically or emotionally strong, if they had to, someone they can rely on if they ever felt short or weak because nobody wants to date, male or female, someone who's weak. That is the biggest turn-off. It's not going to last long and if it is going to last long, it's going to be pretty toxic. Imbalance leads to bad things, so you want to balance a strong relationship with

someone you can rely on.

**4. Knowing what you know, what do think the difference is between you and Casey?**

I think Casey is emotionally immature and it's very evident, seeing a few episodes back, where he...and obviously I had a preconceived notion about what I thought he was based on what Ashley told me but I knew that was just one side of the story. I was really looking forward to getting to know his side of the story and who he is as a person. Unfortunately, he never showed up to the reunion, so I never got to really meet the guy. I think Casey just has a lot of growing up to do. He's never really experienced life, he's never traveled outside of the country, Ashley told me he's never been in a massive heartbreak before. I'm a firm believer that you have to have your heart broken at least three times before you find who you want to end up with forever.

**5. What's the longest relationship you've been in, to date?**

My longest relationship was a year and a half.

**6. Can you tell us about you and Ashley and where you are now?**

I thought we were on good terms and then every once in a while, I'll get a drunk text or phone call, but I guess there's some drama updates. I was out of cell service for 4 or 5 days backpacking. I come back to my phone and there are missed calls and FaceTimes from different cast members and apparently, after these little *Temptation Island* get-togethers on the east coast and the west coast, mainly LA and New York, there's bad s\*\*t going on. Girls are getting drunk and talking s\*\*t to each other: singles, relationship couples...I'm trying to reach out to the other guys like "What the hell is going on?" And none of the guys have any idea, just the girls, so I'm not entirely sure what's going on. I think Ash and I are okay right now, but we are not dating...maybe friends, but the last couple of days, she has been not happy with me, for some

reason, and I don't know why.

**7. Did you [and Ashley] date after the show?**

We hung out after the show a good amount. She flew out a few times to see me and it was fun, but we did have a hard part, like "Hey, you know, you want to go to LA, I'm staying here in Arizona." I have two years of school left. She has a lot going on with her clothing line, so we figured it was best to separate and still maintain a good, positive relationship without actually being together.

**8. Are you dating anybody right now?**

I'm not dating anybody right now, no.

**9. What qualities do you look for in a woman?**

I'm looking for someone who has goals. Someone who aspires to be something in this life, because life is short, and someone who...Someone who's goal-oriented and driven, someone who works out and takes care of themselves because I take care of my body and then how do I expect them to rely on themselves and take care of me if they can't take care of themselves, so that's kind of big in my book. Smart. I like to hold an intellectual conversation, something other than a pretty face. Funny.

**10. Do you think you'll do reality tv or television in general ever again? Do you like the business?**

Yes, so that was one of the parts that was most exciting for me with getting on a tv show. Everybody has these rumors on what they think reality tv is or how tv works, but it is completely different, like all the moving parts and the pieces and I thought it was such a unique and awesome experience, so I would definitely be down to do another reality tv show, for sure.

**11. You made a post on Twitter and it said something like,**



**"It's amazing how many snakes come slithering out of the grass as soon as you get on a tv show." Who are you referring to? Are you referring to people in your life or other people?**

I'm referring to every woman who's ever curved me before I was on tv. They didn't give me the time of day before I made something of myself. Now that I got on *Temptation Island*, they're like "Ooh, I guess he's doing well for himself. Let's hit him back up," but too late. You get one shot.

**12. How do you weed through all of that?**

I mean, I get it. People change over time, but if they weren't giving me the time of day before I was on tv, then I just say, "no thanks," or ignore them completely. Keep them on "read." That's the best policy.

**13. What did your family think of you going on the show and what do they think now that the show has been on the air?**

My mom, she was excited. She's a huge fan of reality tv, especially *Temptation Island*. She loves Mark Wahlberg, so that was kind of cool. But my dad was like, "What's the show called?" And I told him "*Temptation Island*" and he's like, "I don't like the sound of that show," so there's kind of both sides playing the field, but they were supportive and they were saying "Have fun, good luck," and I went on the show and then my mom said it was kind of hard having me not talk to her for 30 days, because we talk regularly, at least weekly. So I get back and let her know how it went and they're loving it! My family is eating up the show. Every Thursday, I get a phone call from uncles and aunts and cousins like "Aww we saw you, we saw this, did this really happen? Can you talk about that?" So, it's fun.

**14. You're in Scottsdale? Is that where you grew up and were raised?**

No, so I'm actually from Northern California. I was up there

until I was 18 and then I spent five years on the east coast following high school and the military and then I got out and was like, "I want to go to school and be a real human again," so I decided to move somewhere new where I didn't know anybody and start fresh in Arizona and here I am.

**15. On your Instagram bio, it states that you're a "jack of all trades." Can you give us some examples of the types of things you do?**

Yeah, so I've gotten multiple questions about that and it's kind of funny to explain. "Jack of all trades, master of none," is actually something an old, wise delta force guy told me a couple years ago, but they're saying you never want to stick to one thing. You want to diversify your portfolio, in a sense, so any given weekend, I can be found skydiving, scuba diving, hunting, fishing, off-roading, going to the clubs, in a library, just doing whatever I want. I don't have one single hobby. I kind of do everything and I think that's a good way to live because it's never boring and there's always something to do.

**16. How do you think your dating life is going to change now that the show is over?**

The show was definitely life-changing, but I'm excited to see what happens after because of it, so I would really love to get into acting, but I refuse to move to Hollywood, so that's kind of the predicament. I'm excited for the future. I'm just going to keep doing what I do and see what happens.

*Want to keep up with Ben? You can follow him on [Twitter](#) and [Instagram](#).*

---

# Celebrity News: Kylie Jenner & Travis Scott Will Spend Christmas Together for Daughter Stormi



By [Hope Ankney](#)

In the latest [celebrity news](#), it seems that Kylie Jenner and Travis Scott will be spreading the holiday cheer together with daughter, Stormi. According to *EOnline.com*, the [celebrity exes](#) will be spending Christmas as a family to make it as wonderful as possible for Stormi. He will be at family gatherings and other outings with Kylie and his daughter in the upcoming week. They're both excited to share this experience with Stormi, together.

# In celebrity news, Kylie and Travis will spend the holidays together despite not being together. What are some important ways to be the best co-parents you can be?

## Cupid's Advice:

Co-parenting isn't always the easiest job, especially when it comes to being at odds with your ex. But, it doesn't have to hinder your child's experience with both of you! If you're having a difficult time figuring out how to be a family together, don't worry! Cupid has some [parenting advice](#) to make sure you're being the best co-parent you can be:

**1. Find a healthy way to communicate:** Co-parenting is hard enough as it is. You don't want to make it even harder by not having a sense of communication with one another. Meet in the middle with your ex, and find a way for both of you to communicate so you can come together for your children and give them the best memories possible.

**Related Link:** [Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences](#)

**2. Set boundaries:** Make sure that you both have a deep understanding of which boundaries not to cross with one another. An easy way to fix any potential blow-ups is to know what's a touchy subject for your ex. This allows you both to exist in the same space without wondering if one of you is going to cross the line about a certain topic.

**Related Link:** [Celebrity Parents: Kendall Jenner Jokes on Social Media About Starting a Family](#)

**3. Put your child first:** The most important aspect of co-

parenting is to always do what's in the best interest of your child. It isn't about you as exes. It's about making sure that your kid has the best experience they can with each of you as a family. If you can't come together for the well-being of your child, then it will be a very difficult journey being co-parents together, and the outcome of that could affect them in the long run.

**What are some of your most helpful co-parenting tips? Let us know below!**

---

## **Celebrity News: Sources Say Kendall Jenner & Ben Simmons Are Dating Again**







By [Jessica DeRubbo](#)

In [celebrity couple news](#), source are saying that [Kendall Jenner](#) and Ben Simmons have rekindled their relationship. According to *EOnline.com*, the *Keeping Up With the Kardashians* star was recently spotted at a Philadelphia 76ers game supporting her alleged man and [celebrity ex](#). “They took a break because it was difficult to sustain a relationship with their schedules. But they have stayed in touch and there was never a messy breakup or hard feelings,” a source shared with *E! News*. “Kendall has spent a lot of time with Ben over the last few weeks in Philadelphia. She’s been flying in to see him whenever she can.”

**In celebrity news, Kendall and Ben may be giving their romance another chance. What are some factors to consider before giving your ex a**



# second chance?

## Cupid's Advice:

When you break up with someone, it's meant to be a final decision. That said, sometimes things change and there are good reasons to consider giving your ex a second chance. It's important to make sure you're doing it for the right reasons, however. Cupid has factors to consider:

**1. Why you broke up in the first place:** There's a wild difference between breaking up because your partner cheated on you to splitting because you were both busy with your careers. If a trust issue was at the heart of your issues, it may not make sense to jump back into things. If it was simply a lack of time that led to your break-up, you two could very well be in a different place now, making it okay to give things a second chance.

**Related Link:** [Celebrity Parents: Kendall Jenner Jokes on Social Media About Starting a Family](#)

**2. What page you're both on now:** It's crucial to have an open and honest conversation about where you both are in your lives right now. If the issues that led to your break-up before are still very real, there's no point in giving it a second shot, hoping for a different outcome. If some key things have changed that will make things easier this time around, that's great!

**Related Link:** [Celebrity Workout: Group Classes That'll Have You Sweating With Obsession](#)

**3. The reasons you want to be in the relationship:** When we break up with someone, it leaves a hole in your heart that your partner used to fill. Not only are you missing the romance, but you're missing that person you told everything to and who you spent the most time with. When you're deciding

whether to get back together with someone, you need to make sure you aren't just doing it because you're lonely. The only reason to date someone is because you really see yourself with them romantically and they'll add to your life in a positive way.

**What are some others factors to consider before getting back with an ex? Share your thoughts below.**

---

## **New Celebrity Couple Demi Lovato & BF Austin Wilson Go to Disneyland**





By [Hope Ankney](#)

In the latest [celebrity news](#), newest [celebrity couple](#) [Demi Lovato](#) and Austin Wilson were spotted enjoying a day at Disneyland. According to *EOnline.com*, the pair had a great date going on rides like Space Mountain and sharing some sweet PDA. Throughout the date, the lovebirds were given the VIP treatment, being escorted by bodyguards and given their own personal tour.

**In celebrity couple news, Demi Lovato puts on a happy face with her boyfriend at Disneyland. What are some ways an amusement park visit can be romantic?**

**Cupid's Advice:**

Some might not think theme parks can be a romantic date

location, but there's something about the smell of fried food, goofing off with one another on the attractions, and being surrounded by others who are having just as good a time as you that can actually bring you and your partner closer. Especially if your relationship is fresh, amusement parks are the perfect way to ease into more comfortable territory with one another. If you're looking for more casual places to share some romance, don't worry! Cupid has some [relationship advice](#) on how theme parks like Disneyland can bring about love:

**1. Ferris wheels are always romantic:** Almost every amusement park has some sort of Ferris wheel. A large contraption where you're suspended high up in the air doesn't seem like it would bring sparks, but it can. Being up there with your partner overlooking the skyline is romantic because you're trusting yourself in the hands of your significant other. Besides, sharing a kiss or two at the top is cute and it can feel just like the movies.

**Related Link:** [Celebrity Couple News: Demi Lovato & New BF Austin Wilson Show PDA on Hike](#)

**2. You can laugh together:** If there's one thing that you'll find taking a date to an amusement park it's that you and your partner will be laughing with one another all day. Finding someone that you can goof around with and be comfortable in your own skin is important to every relationship, and if you get along well in this environment, it is pretty telling. Also, the more you laugh around someone the quicker your bond will grow.

**Related Link:** [Celebrity Couple News: Demi Lovato & Logan Henderson Aren't Dating, Despite Fan Speculation](#)

**3. Firework shows:** Like Disneyland, most of these parks have some sort of firework display at the end of every night. The colors lighting up the sky and the surreal vision of the show can stir romance between you and your partner. Hold each other

tight as you gaze up at the attraction or even kiss at the fireworks' finale. It's the perfect way to end the night.

How are amusement parks romantic to you? Let us know down below!

---

## **Celebrity Marriage: Harry Connick Jr. & Jill Goodacres' Secret to a Successful Marriage**





By [Hope Ankney](#)

In the latest [celebrity marriage news](#), Harry Connick Jr. has opened up about his secret to keeping a successful marriage. Being a [celebrity couple](#) with Jill Goodacres' for 25-years, Connick Jr. exclusively told *UsMagazine.com*, "I married my best friend and I married a woman who I look up to infinitely. We have the same values so it's easy for us to try and impart those on our children."

**This celebrity marriage is long-lasting, and they dish on their relationship keys. What are some ways to nurture a long-term relationship?**

**Cupid's Advice:**

It's a feat within itself to be fortunate enough to be in a



loving, long-term relationship with someone. But, anyone who is in one knows that it isn't easy to maintain. You must be willing to put in the work on both sides to make it work. If you're a couple looking for ways to keep your partnership healthy, don't worry! Cupid has some [love advice](#) on how to keep a long-term relationship nurtured and healthy:

**1. Keep a line of communication open:** The most important part of a relationship is always how much communication you have between you as a couple. It's difficult to see a relationship last if neither side knows how to sit down and talk with one another. If you want to see it last, try and keep a door to communication open with your partner at all times.

**Related Link:** [Celebrity Couple News: Lamar Odom Is Engaged to Sabrina Parr](#)

**2. Make time for small reminders of love:** Even if it's just remembering to buy groceries, making breakfast for a spouse that always does it for you, or buying small trinkets that remind you of the other person, it can keep a relationship thriving. You never have to wonder how much your partner loves you, and it keeps the relationship romantic and refreshing for as long as possible.

**Related Link:** [Celebrity Couple Katharine McPhee & David Foster Honeymoon in Italy After London Wedding](#)

**3. Be supportive:** Sometimes, it can feel like once you get in a routine of a long-lasting relationship that certain aspects that got you there seem to fade between a couple. One of these can be in how supportive you are of each other's dreams and career. For a relationship to make it, you must always know that your spouse is your biggest fan. Support is huge when it comes to keeping the backbone of a partnership healthy.

**What are some of your own tips for having a long-lasting relationship? Let us know down below!**

---

# Celebrity News: 'The Bachelor' Debuts New Promo With Lots of Crying & Making Out



By [Hope Ankney](#)

In the latest [celebrity news](#), The [Bachelor](#) dropped its newest trailer, and it's no surprise that it's filled with drama. According to *ENewsOnline.com*, it bounces back and forth from make-out scenes to soundbites of one of the women saying, "the claws are about to come out," to buckets of tears, and to

former [Bachelorette](#) Hannah Brown stepping out of the limo, herself, to greet Peter, it seems like this season will be one bumpy ride. The *Bachelor* returns Monday, January 6 at 8 p.m. on ABC.

## **In celebrity news, *Bachelor* fans are on the edge of their seats waiting for the new season to debut. What are some unique ways to meet potential partners?**

### **Cupid's Advice:**

The average dating scene can get stale quickly. Swiping right, going on blind dates, catching dinner and a flick... It all begins to pile up after a while, making it harder and harder to stay hopeful about finding someone you're excited about. If you're in a dating rut, don't worry! Cupid has some [love advice](#) on some unique ways to meet your next romantic partner:

**1. Volunteer your time:** Making time to volunteer is great for multiple reasons. Besides giving back to your community and making a difference, you could meet someone that shares like-minded interests with you. You're both helping others and spending quality time together. A perfect place to forge a deeper bond.

**Related Link:** [Celebrity News: Peter Weber Is Named As Season 24 'Bachelor'](#)

**2. Start taking your dog to the dog park:** Maybe a bit cliché, but going to a dog park will instantly open you up to a new selection of people who also love dogs. It's amazing how many times dogs will attract conversation between two people. Seize that opportunity!

**Related Link:** [Celebrity News: 'DWTs' Winner and Former 'Bachelorette' Hannah Brown May Be on Peter Weber's 'Bachelor' Season.](#)

**3. Sign up for a class:** There is always a class you can sign up for in your city, and if you've been meaning to get better at cooking or pottery, now is the time to do it. You'll be working alongside others one-on-one, and you'll be creating things together. Treat it like school. Remember how easy it was to forge friendships there? Approach this no differently!

**What are some unique places you've met partners? Sound off below!**

---

## **Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting**





By [Hope Ankney](#)

In the latest [celebrity news](#), [celebrity exes Ben Affleck](#) and [Jennifer Garner](#) have kept an amicable coparenting relationship amidst “underlying tension.” According to *UsWeekly.com*, Garner has high expectations for Ben, and it’s difficult for him to live up to it, sometimes. However, the couple has agreed to keep their three children out of their “former problems.”

**These celebrity exes work at a civil relationship, but they still have tension when it comes to coparenting. What are some ways to work together on parenting?**

#### **Cupid’s Advice:**

Whatever brought about the divorce, coparenting can be an absolute nightmare if not fleshed out correctly. You’re trying



to keep the peace with the kids, but it's hard when you and your ex are not seeing eye-to-eye. If you're having trouble keeping the conflict down and putting the children first, don't worry! Cupid has some [parenting advice](#) for those struggling to work together:

**1. Communicate when you're in a good emotional place:** When it comes to tension with an ex, it's important to take time to cool off. Keep calm, and put your emotions by the door. Keep the conversation about coparenting duties brief, informative, and respectful. You don't need more fuel for the fire.

**Related Link:** [Celebrity News: Justin Timberlake Breaks Silence on Alisha Wainwright PDA Pics](#)

**2. Focus on the children:** At the end of the day, it's what's best for the kids that should take priority over the divorce. Creating a new life and keeping a healthy family dynamic is way more important than outwardly battling with an ex. Find time, together, to figure out what would be best for your children before moving forward.

**Related Link:** [Celebrity Parents: Garth Brooks Gets Real About Raising Daughters After Split from Ex-Wife](#)

**3. Find a support network for difficult times:** Coparenting after a divorce can revolve around tensions after tensions. It's important for both of you to have someone to talk with when things have become more difficult in this department. Whether that be a friend, a religious leader, or even family, finding someone who helps you see clearly about both sides make such a difference in how you handle situations going forward.

**How have you led a successful coparenting relationship? Let us know down below!**



---

# Celebrity News: Jessica Biel Pushed Justin Timberlake to Publicly Apologize After PDA Scandal



By [Meghan Khameraj](#)

In [celebrity news](#), [Justin Timberlake](#) breaks his silence on rumors of a potential [celebrity relationship](#) with *Palmer* co-star Alisa Wainwright. The co-stars were spotted holding hands in New Orleans last month. Timberlake took to Instagram to issue his apology, "I apologize to my amazing wife and family

for putting them through such an embarrassing situation, and I am focused on being the best husband and father I can be. This was not that.” A source for *UsMagazine.com* revealed, “Jessica encouraged Justin to put out his statement on Instagram because she felt embarrassed by his actions and wanted him to take accountability.” Although the [celebrity couple](#) seems to be going through a bump in their relationship, they are still united.

## **In celebrity news, more details are coming out about Justin Timberlake’s PDA apology. What are some ways to make it right with your partner when you lose their trust?**

### **Cupid’s Advice:**

Justin Timberlake and [Jessica Biel](#) are taking steps to mend their relationship after Timberlake was caught holding his co-star’s hand. Cupid has some advice to help you regain your partner’s trust after a mistake like Timberlake’s:

**1. Acknowledge the problem:** The first step to solving a problem is admitting that there is a problem. Sit down with your partner, either alone or with a couple’s counselor, and discuss which issue broke the trust amongst the two of you. Listen to your partner as they express their thoughts and pain. While it may be tempting, do not invalidate your partner’s feelings. Especially if you’re trying to rebuild trust.

**Related Link:** [Single Celebrity: Tyler Posey Confirms He’s Single After Split](#)

**2. Change your behavior:** The most obvious and effective step to rebuild trust is to change your behavior. The best way to show your partner that you care about them is to stop any behavior that could possibly hurt them. In order for your partner to trust you again, they have to be confident that you will not make the same mistake once again.

**Related Link:** [Celebrity Couple News: Find Out About Taylor Swift & Joe Alwyn's Simple Life in London](#)

**3. Be honest:** The base of every relationship is honesty and trust. Allowing yourself to be completely transparent around your partner will help them slowly rebuild the trust they once had. You don't have to tell your significant other every single detail of your life, but if they ask you a question just be sure to answer it honestly.

**What are other ways to rebuild trust? Let us know in the comments below!**

---

## Single Celebrity: Tyler Posey Confirms He's Single After Split





By [Hope Ankney](#)

In the latest [celebrity news](#), Tyler Posey confirmed his split with Sophia Ali. According to *UsMagazine.com*, the [single celebrity](#) elaborated on his life after the celebrity break-up at Netflix's *Fast & Furious: Spy Racers* world premiere. The 28-year-old actor stated, "I don't have a girlfriend. I'm focused on work and just myself." He detailed how he thought single life was much more suited for him right now, even going onto say he was "very, very happy" at the moment.

**This single celebrity is enjoying being unattached. What are some positives to being single?**

#### **Cupid's Advice:**

Just like Tyler Posey, sometimes being single is just more suited for where you are in your life. It isn't always the best time to have a relationship, and that's okay. Work,

school, or even family matters can get in the way of really giving your all to someone else without wearing yourself down. If you've just freshly gotten out of a relationship and don't know how to enjoy being unattached, don't worry! Cupid has some [love advice](#) on the positives of being single:

**1. Spontaneous travel:** When you're not tied to anyone, you don't have to worry about including them in your plans and working around both of your guys' schedules. If you want to travel on a whim, there isn't someone else you have to consider. Book a plane ticket, take a cruise, go backpacking. Give the vagabond spirit of singlehood a try!

**Related Link:** [Single Celebrities: Selena Gomez Clarifies Relationship Status After Being Spotted with Ex](#)

**2. Becoming more self-reliant:** Let's be honest, when you go through a messy break-up, it can leave you devastated for weeks or even months. Love is an intense force, and it's easy to get swept up in your infatuation for one person without realizing how reliant you've become on them and the relationship. Being single means you can work on yourself and find your identity outside of who you were as a couple. Self-reliance is something you should always hold onto, and if you've lost that, don't worry. Singlehood can help you rediscover it.

**Related Link:** [Celebrity Couple News: Find Out About Taylor Swift & Joe Alwyn's Simple Life in London](#)

**3. No longer on the fast-track to settling down:** There are always expectations when it comes to being in a relationship. It's not bad to have expectations like settling down, moving in, getting married etc., but sometimes you're not ready to commit to those things long-term. If you're single, you don't have to follow any pre-determined scripts. You can create your own expectations!

**What are some of your favorite positives about being single? Let us know down below!**



---

# Celebrity News: Justin Timberlake Breaks Silence on Alisha Wainwright PDA Pics



By [Ahjané Forbes](#)

In [celebrity news](#), Justin Timberlake released an Instagram statement about the pictures with him and his *Palmer* costar, Alisha Wainwright, holding hands that have been circulating. Timberlake says in the post that he had a lot to drink that night and does not want to set this example for his son as a [celebrity parent](#). An eyewitness told *UsMagazine.com*, “Nothing remotely romantic is going on with Justin and Alisha. The



whole cast is shooting out there and like to hang out together. They were very much in public and nothing inappropriate was happening.” The “Sexy Back” singer publicly apologized to his wife and his family and is looking forward to the release of the new movie.

**In celebrity news, Justin Timberlake spoke about to clarify infidelity rumors about him and his *Palmer* co-star. What are some ways to squash untrue infidelity rumors?**

#### **Cupid's Advice:**

It's not always easy to combat a rumor that is spreading around especially with social media involved. The best way to respond to rumor is to do it the best way that is comfortable with you. Don't overly apologize or constantly update your posts with the same thing about what happened, rather, find the way that will get straight to the point and cannot be misconstrued. Cupid has some advice on some ways you can address a rumor:

**1. Make a post on social media:** This is the fastest and easiest way to get what every you need to say out there. There needs to be precaution with this. Sometimes when we say things we don't actually mean what we say. Make an outline of what you're going to say first before you post it. Read it to a few close friends and get their reaction. This will help assure that the message you're releasing is taken the right way without being misunderstood.

**Related Link:** [Celebrity Interview: 'Temptation Island' Host](#)

## [Mark Walberg Shares His Thoughts on Season 2 and Physical Infidelity vs. Emotional Connection](#)

**2. Clarify in a public setting:** Now, if this is something that happened around your family and friends this might be the best option. You have most of the people you want to address there and it will be easier for you to talk about the situation. Don't get mad if follow questions are asked. This is kind of the most merry compared to a press conference. Make sure that you're not feeling pressured to talk fully about the situation if you are not ready. Create a line to make people aware that you are no longer interested in answering any of their questions.

**Related Link:** [Celebrity Break-Up: Offset Responds After Cardi B Rejects His Grand Gesture On-Stage](#)

**3. Silence sometimes his best response:** If you're not a person that likes public confrontation or people invading into your personal life then you might want to keep your mouth shut. However, if directly affects your close family or friends email and talk to them in a private setting regarding what had happened. Just continue to dodge the questions asked and professional way.

**What is you've dealt with rumors about your infidelity?**  
**There's going to comments below!**

---

# **Celebrity Couple News: Find Out About Taylor Swift & Joe**

# Alwyn's Simple Life in London



By [Ahjané Forbes](#)

In [celebrity news](#), [Taylor Swift](#) frequently visits to London to be with her longtime boyfriend, Joe Alwyn. The “*Lover*” singer released a song recently called “*London Boy*,” which is said to define her [celebrity relationship](#) with the actor. The [celebrity couple](#) celebrated Thanksgiving together among their family and friends. A source told *EOnline.com*, “They spend a lot of time with Joe’s family and friends. All weekend they had people come over or they went to family members’ homes.” Although these lovebirds have busy schedules, they both make time to see each other.

# In celebrity couple news, Taylor Swift and Joe Alwyn are enjoying spending time together in London. What are some ways to spend quality time with your partner?

## Cupid's Advice:

When you have a busy schedule it might be hard for you to keep up with your relationship. However, it is important that you take time out to enjoy each other. You don't have to do anything overboard like take a vacation or plan an extensive date. Cupid has some advice on some date ideas that you can use with your partner:

**1. Go to the movies:** Yes, this might be a well-known date plan, but some movie theaters stay open late at night. If you both are struggling with time conflicts and schedules, this could be a perfect idea for you. Check out a movie that you both would like. Also, make it seem like it's in the daytime. Still order the popcorn, soda, candy and chocolate with your love.

**Related Link:** [Date Idea: Volunteer Together this Holiday Season](#)

**2. Surprise them on their lunch break:** This will show that you're willing to make the relationship work. If your partner likes Olive Garden, then get their order to go and bring it to them so that they could have it for lunch. Go to sit at a local café and eat with them. Even though this is this will be a half an hour to an hour break, they will surely appreciate the sentiment.

**Related Link:** [Dating Advice: 12 Date Night Ideas That Will](#)

## [Save You Money](#)

**3. Get creative at home:** You might not have time to do either of the two things mentioned. Therefore, you're going to have to improvise. Light a few candles, pour some wine, and put on their favorite music. You can prepare a meal for them or just relax together. This will help them unwind and feel appreciated. Try to add a desert. This will give you more to reconnect.

**What are some ways you spend quality time with your partner?  
Let us know in the comments below!**