

Is Bristol Palin Dating a Pipeline Worker?



Dancing with the Stars alum Bristol Palin has a new man in her life, but she isn't revealing much, according to Digital Spy. During an interview that aired on an Alaska radio station, all Palin would do is go along with the radio announcers assessment: "I'm seeing a guy and he's really great and [son] Tripp loves him and we're having a really good time and we're really good friends. Let's go with that." In response, Palin agreed, saying, "Yeah, we can go with that. I'm thrilled."

What aspects of your relationship should you keep secret?

Cupid's Advice:

Relationships have both a public and a private side. It's up to the couple in question to decide what goes public and what remains under wraps. Here are some details you should probably keep to yourself:

1. Personal finances: Whether you as a couple are low on money or rolling in dough, your financial situation is no one else's business.

2. Your sex life: When it comes to being intimate, keep it in between the sheets ... or at least don't over-share.

3. Deep issues: Your partner may share with you sad truths about his or her family dynamics or about other things that hurt him in the past. Don't spread it around.

Kim Kardashian Flirts with Kanye West





On the Sunday night premiere of *Kourtney and Kim Take New York*, viewers got an up-close and personal look at Kim Kardashian's love life. The one-minute clip shown on UsMagazine.com shows a playful Kim showing singer Kanye West the new Dash boutique located in the SoHo neighborhood in New York City. Shortly after, West and Kim were caught having a giggly conversation about Las Vegas, and sister Kourtney explained. "Kim is single now, and she is the most boy crazy girl I've ever seen. She just loves to flirt."

What are some flirting rules to keep in mind?

Cupid's Advice:

Flirting is fun, and nearly everybody is guilty of it. However, there are a few rules you should always keep in mind:

- 1. Less is more:** When it comes to flirting, don't over-do it. Excessive flirting may cause you to seem like a woman with little class, and you may give guys the wrong idea. Desperation isn't attractive!
- 2. Know when to stop:** The best way to make an impression is to

mix flirting with some actual conversation. Flirt and joke with each other for a while, and then share your opinions and connect on a more personal level.

3. Don't be too physical: It's perfectly fine to flirt with a guy, but unless you're looking for a fling, be sure not to make too much physical contact. It's astonishingly easy for potential dates to misinterpret your flirting.

For more on Kim Kardashian:

[Kim Kardashian Plays Hard to Get on Reality Show Date](#)

[Kourtney & Kim Take New York Season Premiere](#)

['Kourtney & Kim Take New York' Earns More Viewers Than 'Miami'](#)

Melissa Etheridge Is In a New Relationship with Best Friend





After a nasty split from wife Tammy Lynn Michaels last year, Melissa Etheridge has entered the dating world again – with her best friend. Etheridge began dating *Nurse Jackie* creator Linda Wallem three months after the breakup. A friend of the couple tells *People*, “Melissa and Linda have been best friends for over 10 years,” adding that Linda was “best man” at Melissa’s wedding to Tammy in 2003. The new couple, who share the same birthday and turn 50 in May, “are in a committed relationship. They’re happy,” says the pal.

Should you risk losing a friendship by taking it to the next level?

Cupid’s Advice:

If you’re feeling something more for your friend and want to take a risk, is it worth it? Cupid has some tips on how to know if you should take the jump:

- 1. Observe:** Before actually asking your friend if he has feelings, too, and making things awkward, observe. Watch his interactions with other girls, and see if he treats you differently.

2. Ask yourself if you're in love: Some confuse closeness and intimacy with love. Make sure you really have romantic feelings before you take the next big step. If you just think he'd make a good husband, but aren't actually attracted to him, it might lead to heartbreak.

3. Think about the future: Not all couples are meant to last. Are you and your friend compatible romantically? If you don't see the relationship lasting, it's probably better to stay friends.

Amanda Seyfried and Ryan Phillippe Spotted at Cozy Breakfast Date





Ryan Phillippe and Amanda Seyfried have been spotted together again, *People* reports. The pair were first seen at Kate Hudson's Halloween bash in October. Now it appears the duo have gotten more serious about their relationship and have taken it public, eating breakfast together at Los Angeles's Joan's On Third. Phillippe also stopped by the set of Seyfried's new movie, *Now*, where the two took a walk together during a break in filming. **What are casual type dates to go on at the beginning of a relationship?**

Cupid's Advice:

The great thing about starting a new relationship are all of the fun, quirky dates that come along with it. Low-key, zero stress and an opportunity to get to know a potential partner better; it's a win-win:

- 1. Outdoor fun:** When you first start to see someone, sometimes getting outside in an open environment can be less stressful than sitting inside a stuffy movie theater. Spend some time in a local state park and go hiking for an afternoon.
- 2. Hit the lanes:** There's a good chance neither of you have

picked up a bowling ball in quite a few years. Spend a Saturday afternoon alongside some young families laughing over the fact that you've been bowling more gutter balls than strikes.

3. Movie madness: If you clicked over the same love for a TV series or movie genre, hit up Netflix and spend a weekend afternoon with a movie marathon. Or play it old school and do a movie run to your nearest Blockbuster, making sure to pick up your favorite munchies on the way.

Sandra Bullock and Ryan Reynolds: New Couple Alert?





Former *Proposal* co-stars Ryan Reynolds and Sandra Bullock were seen ringing in the new year at Bess Bistro in Austin, Texas, according to *UsMagazine.com*. Sources said the two looked “very playful” and were “smiling all the time and sometimes touching.” Reynolds, who filed for divorce from Scarlett Johansson at the end of last year after a two-year marriage, and Bullock, who’s been divorced from Jesse James since last June, may be bonding over their breakups. And although Bullock’s rep says there is nothing going on between Reynolds and Bullock, a friend of Reynolds said that chemistry is obvious between the two.

Can you trust a man to get serious again only a few weeks after leaving his wife?

Cupid’s Advice:

As intoxicating as a new relationship can be, starting one with someone who is just ending a major chapter of his life can be toxic. Cupid has some tips:

1. Understand the situation: Even if he says he’s ready to be

with someone again, don't be so quick to believe him. He may *want* to be over his last relationship, but that doesn't mean that he *is*.

2. Get the facts: Find out the specifics of your parent's past relationship. The longer and more intense the relationship was, the harder it's going to be for him to make a commitment to someone else so soon, especially if his heart is broken.

3. Move forward with caution: New relationships are always fun and exciting, but having one with a newly single man can be dangerous. To prevent yourself from heartbreak, go into the situation slowly and with caution.

Justin Bieber and Selena Gomez Kiss in the Caribbean





Did pancakes just become a code word for kiss? A couple weeks ago, cute crooner Justin Bieber and Disney Channel star Selena Gomez were spotted getting cuddly at IHOP. Now, the duo may have shared a smooch while vacationing in the Caribbean over the weekend, according to *UsMagazine.com*. Bieber and Gomez were seen ringing in the New Year on a private yacht. So far, they both deny they're anything more than good friends.

What are ways to put relationship rumors to rest among friends?

Cupid's Advice:

Relationship rumors can be annoying, especially if they're completely untrue. Cupid has some ways to put the rumors to rest:

- 1. Be candid:** Be insistent that nothing is going on and don't hesitate with your words or seem unsure. Just stick to the facts.
- 2. Get cozy with someone else:** People are bound to discredit the rumors when they see you with someone else. They might

come to the conclusion that you're just a warm and affectionate person!

3. Laugh it off: In the end, who really cares what people think. If you're being honest with yourself, that's all that matters.

Jenny McCarthy is Dating a New Man



Jenny McCarthy is taking a break from the Hollywood dating

scene by casually dating entertainment-sports attorney, Paul Krepelka, according to *People*. McCarthy spilt from boyfriend of five years, Jim Carrey in April. She rang in the new year with Ryan Seacrest in Times Square as part of *Dick Clark's New Year's Rockin' Eve with Ryan Seacrest*, where she received a New Year's kiss from her new man.

How do you keep your new man under wraps?

Cupid's Advice:

If you are in the public eye or simply just a private person, you may want to keep a new relationship to yourself. Cupid has some tips:

- 1. Avoid social media:** Information travels fast online. Don't slip up and announce your relationship on Facebook when you aren't ready to announce it in real life.
- 2. Frequent less conspicuous places:** If you don't want everyone to know your business, don't go on dates in the locations you normally do. Branch out.
- 3. Keep it all behind closed doors:** Even better than not visiting the locations that you normally do, don't leave the house! It's perfectly possible to have a romantic dinner and movie within the confines of your home. Plus, there's close to no chance of a peeping tom.

90210 Star Shenae Grimes

Denies Dating John Mayer



According to *UsMagazine.com*, *Star* recently connected Shenae Grimes of *90210* to singer, John Mayer. However, both parties deny this claim. While a rep for John Mayer simply stated that *Star* isn't a credible source, Shenae Grimes took to Twitter to set the record straight by tweeting, "According to *Star* magazine John Mayer and I are in secret sexy cahoots. How wonderful for me...if wonderful meant embarrassing." **How do you tell if he's a bad boy?**

Cupid's Advice:

John Mayer has established his reputation as a bad boy in Hollywood. The thing is, they don't always come in leather jackets. Here are some tell-tale signs:

1. Your parents don't like him: Sometimes mother really does know best. Your parents will always want the best for you and can almost always sense when the guy doesn't have your best interests at heart.

2. He's unpredictable: If you can't count on him to keep his word or show up to dates on time (or at all), he's probably bad news.

3. He won't fully commit: If he tends to always keep his distance, you probably aren't the only woman in his life.

Bristol Palin's Ex Levi Johnston Has New Girlfriend





His Facebook status makes it legit: Levi Johnston is “in a relationship.” Bristol Palin’s ex-fiance is dating Sunny Oglesby, an Oregon native currently residing in Johnston’s hometown of Wasilla, Alaska. The question on everyone’s mind is, what does his *Dancing With the Stars* alum ex think?

According to [Us Weekly](#), Palin is happy about this newest development. “I have to be happy for Levi’s new relationship,” she says. “Because it sounds like his new girlfriend is influencing him to want to actually spend time with Tripp.”

How do you know if your partner is a good influence?

Cupid’s Advice:

You may think you’re independent and aren’t susceptible to outside influences, but you’re probably wrong. Cupid has some ways to tell if your partner is having a good impact:

1. Ask your friends: If you’re having a hard time figuring it out yourself, consulting outside observers is your best bet. Your close family and friends can often times see things you can’t about your relationship. Ask them if they’ve noticed

any good or negative changes in you lately.

2. You feel passionate: The worst thing that can happen in a relationship is that your partner takes away your desire to do what you love. If you feel even more inspired and passionate about your goals in life, your significant other is probably a good influence on you.

3. You're confident: Negative influences can lead to a lack of self esteem. Your partner should be your ultimate champion and should build up your confidence like no one else can. If this is the case, he's a keeper!

Is Denise Richards Dating Rocker Nikki Sixx?





Talk about picking the same kind of men. [People](#) reports that Denise Richards admitted she had “gone on a couple dates” with rocker and radio host Nikki Sixx, 52. Richards, 39, has had her share of experience with bad boys, including a complicated marriage to Charlie Sheen and a relationship with Bon Jovi guitarist Richie Sambora. With her new bad boy, who recently broke up with Kat Von D, Richards admits, “The God’s honest truth is we’re taking it very slowly.” **Why are women attracted to bad boys?**

Cupid’s Advice:

Cupid has some ideas on why it’s so hard to stay away from a bad boy:

1. He’s confident: Bad boys attract women because of their rebellious nature and self-confidence. Many women find the combination irresistible. But keep in mind that a guy can be confident and not bad.

2. He needs to be rescued: If you love the idea of a fixer-upper, you may flock to a bad boy because you think he’s

damaged and needs to be rescued. That said, it's not always the best idea for a stable relationship.

3. He doesn't like commitment: Some women may not be ready for a long-term relationship and will sabotage the relationship from the beginning by dating a heartbreaker. There's nothing wrong with dating around, but when you're ready for a relationship, cut it out with the bad boys!

Gwyneth Paltrow Dishes on New Couple Jake Gyllenhaal and Taylor Swift





Jake Gyllenhaal and Taylor Swift's budding romance may be partially thanks to Gwyneth Paltrow, reports [Us Weekly](#). Paltrow hosted a private dinner party for Swift and Gyllenhaal during their quiet trip to London on November 13th. "Jake and Taylor were driven from the Dorchester hotel to Gwyneth and Chris Martin's house in Primrose Hill for dinner," explained an insider. "Gwyneth seems to have played a role in their relationship." When asked about the dinner party, Paltrow replied playfully, "I've just known Jake for a long time and he's a great guy, and Chris has a friendship with Taylor." Paltrow's matchmaking seems to have paid off, for over Thanksgiving Swift and Gyllenhaal had many a coffee date. **Who should be your matchmaker?**

Cupid's Advice:

Every relationship needs a good matchmaker, someone to help test the waters when things get heated (or cold). Here are a few tips to help choose your matchmaker:

1. A mutual friend: It's always nice to have a matchmaker who knows the two of you. This way, your confidante will be able

to talk more closely with both of you without either of you feeling awkward.

2. Somebody trustworthy: If a person is going to interfere in your relationship, that person needs to have your trust. You should keep your relationship personal, and be very cautious when opening up the relationship to another individual.

3. A professional: There are those who choose to make their careers about matchmaking. Make sure the professional you choose has a legit background and high success rate!

Blake Lively's 'Gossip Girl' Mom Weighs in on Ryan Gosling





Rumors have been swirling, but it's still unclear if Blake Lively and Ryan Gosling are a couple. The two were seen getting close at Gosling's *Blue Valentine* premiere after-party, reports [People](#), but they have not confirmed a relationship yet. "[Blake is] an incredible actress; she's a good friend," said Gosling. Despite the uncertainty, Blake Lively's *Gossip Girl* costar and on-screen mom, Kelly Rutherford, approves. "It'd be great [if they were dating]," said Rutherford. "Blake's an amazing person. She's so gorgeous. He's a lucky man if they are!"

Is it important that your friends approve of your partner?

Cupid's Advice:

It's always nice to go into a relationship knowing that your friends approve, but is it a necessity? Cupid has some things to consider:

1. Your friends can see things you can't: If your friends do not approve, then it is very likely that they feel your partner is not worthy of you. Take what they say into

consideration, even if you don't agree.

2. Your friend's intentions: While it's nice to believe that all of your friends want what's best for you, it's also possible that a few of them have ulterior motives. Be careful about who you trust.

3. What you want: Despite what your friends say, the choice is yours alone. Be sure not to let your friends make your decisions for you.

Christina Aguilera Shows Off New Boyfriend in London





Since splitting from her husband of five years Jordan Bratman, Christina Aguilera has been spending a lot of time with new boyfriend Matt Rutler. The singer took along her new flame to keep her company while she promotes her new movie *Burlesque* in the U.K. Aguilera and Rutler, who met on the set of *Burlesque*, were most recently spotted blowing off steam at London's trendy Mahiki nightclub, reports [RadarOnline](#).

When you go public with a new partner, what can it mean?

Cupid's Advice:

A relationship isn't considered "official" until you come out into the open with it. Cupid has some reasons going public may be a good idea:

1. Nip it in the bud: To prevent the awkward "getting caught" scenario, tell people right away. Then they won't be surprised when they see the two of you getting cozy! More importantly, they won't start up the gossip train.

2. Stop rumors: Set your friends and family straight by letting them know exactly what is going on. Sometimes leaving

people to speculate is the worst thing you can do, because it makes for unnecessary drama.

3. Get serious: Going public with your relationship is a way to take it to the next level. Letting people in on your status shows them that you're proud to be with your partner!

Spotted: Selena Gomez and Justin Bieber at IHOP



Is it possible to be “just friends” with someone of the opposite sex?

Cupid's Advice:

This question has been debated for years, and there isn't one universal answer. Cupid has some ways to tell if it's possible to remain "just" friends:

1. You're physically attracted to each other: If you or your friend have a physical attraction to one another, the odds are that sooner or later it's going to get in the way of your friendship.

2. You're part of the same group of friends: If you've been close friends for years and have mutual friends, there's a good chance you can keep your friendship without having to worry about it turning into more. On the other hand, if you just met this person and are both single, things might start to get a little tricky in the "friend" department.

3. You spend a lot of time together: If you're constantly with your friend of the opposite sex without other friends around, it's possible you might be setting yourself up for more than friendship. Always make sure you're both on the same page.

Taylor Swift and Jake Gyllenhaal Go on Another Coffee Date





Stock up, Starbucks! Jake Gyllenhaal and Taylor Swift have been spotted grabbing coffee together again, this time in Nashville, according to [People](#). The new potential couple made their second stop in a week at the Frothy Monkey for a cup of java. Gyllenhaal and Swift were also seen increasing their caffeine intake at Nashville's Crema on Monday and Fido last Saturday. All these coffee breaks haven't left these two strapped for cash, as it's been rumored that the duo tip well. **What's the advantage of a coffee date over dinner?**

Cupid's Advice:

If a dinner date has you panicked with thoughts of stuffy restaurants and a laundry list of table etiquette to remember, a laid-back afternoon coffee date may be right up your alley:

1. Keep it casual: Coffee dates are notoriously casual. You don't have to dress up, and you aren't pressured to order a smaller size with non-fat milk instead of your usual venti with a double shot of espresso.

2. You have an out: By scheduling a coffee date in the afternoon, you eliminate the awkward "end of the night kiss"

scenario. You have the opportunity to arrive and leave separately, and the stiff car conversation will never take place.

3. Price point: If nothing else, grabbing a cup of joe to-go is a lot cheaper than dinner for two. So if you'd like to impress on a budget, schedule an afternoon caffeine break coupled with a stroll in the park – the perfect fall date.

Michael Phelps is Dating a New Woman!



It looks like even the busiest Olympic athletes are finding time for some romance these days! Olympic gold medalist, Michael Phelps, has been spotted around town with jewelry designer and reality TV star, Brittny Gastineau. According to TV.com, the duo appear to be in the early stages of their relationship. This seemingly unlikely pair have more in common than just their good looks. Gastineau's father is former Jet's play Marcus Gastineau, which allows her to understand Phelps' athletic background. However, sources say that Gastineau has been in long-term relationships her whole life and is just looking to have a little fun.

Is it okay to date only for fun?

Cupid's Advice:

We all know how amazing it is to be in love. But sometimes you might just want to play the dating game without all the extra responsibility. Here are sometimes when that's okay:

- 1. When you're young:** You have your whole life to be tied down, and once you find Mr. Right, he'll probably be around for a while. Get a feel for what's out there before you make a decision.
 - 2. You just got out of a relationship:** If you just called it quits on a serious relationship, take some time to have a little fun. See what else is out there!
 - 3. When you're figuring yourself out:** Sometimes we have so much going on in our lives that the last thing we need is another obligation. It's perfectly fine to go out, let loose, and have some fun on the dating scene without all the pressure.
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Kim Kardashian and Gabriel Aubry's Romantic Thanksgiving



It looks like things between Kim Kardashian and Canadian model Gabriel Aubry are heating up! The pair spent a romantic Thanksgiving together in Los Angeles, according to [RadarOnline](#), Kardashian and Aubry were spotted catching a late night showing of *Burlesque*, starring Christina Aguilera and Cher. The reality star's sexy outfit included high heels, a short skirt, and a tuxedo jacket and her date's classic ensemble of a pressed white shirt and black pants left no doubt that the two were on a date. Suspicions of a new romance were heightened when the two drove away in Gabriel Aubry's white Rolls Royce Ghost. **Does what you wear on a date send hints to your partner?**

Cupid's Advice:

What you say is only one form of communication. Both body language and your choice of clothing also play a significant role in how your date perceives you. Cupid has some advice on how to send the right signals:

- 1. Smiles are always in style:** If you're enjoying yourself on date, always wear a smile.
 - 2. Too sexy is not the way to go:** Though you may want to impress your date by showing off your hot bod, leaving something to the imagination sends a more positive signal. Try showing off only one feature at a time. If you're sporting a short skirt, wear a conservative top.
 - 3. Dress up:** Though you don't have to go all-out, putting effort into what you wear on a date is always appreciated.
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Kim Kardashian and Gabriel Aubry: Newly Dating?





New couple alert! Rumors are flying after Gabriel Aubry and Kim Kardashian were spotted sitting together at an L.A. Lakers game. A source tells [People](#), “They’ve been dating a little bit.” Gabriel Aubry’s ex, Halle Berry has already moved on after their split earlier this year, and it looks like the Canadian model is doing the same with Kim Kardashian. While the curvy reality star was enjoying being single, she had also complained about her lack of a love life. **How do you take your time in a relationship?**

Cupid’s Advice:

If you want a relationship to last a long time, you have to move at your own pace. Here’s how:

- 1. Wait until you’re ready:** Don’t hit the milestones in a relationship just because they’re there. For example, say, “I love you” only when you feel ready.
- 2. Lighten up:** If you just ended a serious relationship with someone like Gabriel Aubry did, don’t get serious again right away. For now, date without thinking about where it could

lead.

3. Don't use labels: If you want to take your time in a relationship, wait a while to make it official. Using the labels "boyfriend" and "girlfriend" too early could put pressure on the relationship.

Kohl's to Launch First Ever Celebrity Couple Lifestyle Collections with Jennifer Lopez and Marc Anthony





By Krissy Dolor

The couple that works together, stays together, right?

Let's hope so for this one! Kohl's department stores and Music Entertainment Sports Holdings announced yesterday its plans to launch two multi-department contemporary lifestyle brands with international stars and super-couple Jennifer Lopez and Marc Anthony. They are the first celebrity couple to design collections for one retailer at the same time. The collections, which will consist of apparel, accessories and other merchandise, will be exclusively available from Kohl's stores nationwide and Kohls.com in Fall 2011.

"We are pleased to announce lifestyle brands with one of the most successful and talented couples in the entertainment business and have every confidence Jennifer Lopez and Marc Anthony will resonate with our customers," said Kevin Mansell, Kohl's chairman, president and chief executive officer, in the press release.

"The addition of the Jennifer Lopez and Marc Anthony

collections further differentiates Kohl's with exclusive, world-class partnerships and positions us to continue to gain market share."

The Jennifer Lopez collection will include sportswear, dresses, handbags, jewelry, shoes and sleepwear, while Marc Anthony will launch in sportswear, dress shirts, neckwear, accessories, suit separates, sportcoats and shoes. Both collections may expand into home.

"We are thrilled to embark on this new venture with Kohl's and to join in this important partnership," said Jennifer Lopez and Marc Anthony in a statement. "These are really exciting times for us and our family and we are looking forward to collaborating with Kohl's in the creation of a lifestyle brand that represents our true style and the essence of who we are and what we have come to represent as artists. It is with much excitement that we can bring this to the Kohl's customer."

Congratulations and good luck to Jennifer Lopez and Marc Anthony, as well as to Kohl's and Music Entertainment Sports Holdings for this exciting collaboration. We're excited to see what they come up with!

Jersey Shore's Snooki Shows Off New Boyfriend, Jionni LaValle





After weeks of suspense, Snooki's finally ready to put a face to the tweets and an answer to the question on every *Jersey Shore* fan's minds: "Who is Snooki's mystery man?" According to [RadarOnline](#), Snooki just released pictures of herself with her new boyfriend, Jionni LaValle enjoying Disney World together this past weekend, and it's "LOVE"! Jionni LaValle is a teacher and not so fond of the limelight, which is a huge difference from Snooki's former "juicehead" boyfriends. It's also the reason it took Snooki so long to show off her new man.

How can you keep your relationship under wraps?

Cupid's Advice:

Sometimes at the beginning of a relationship, you may want to spend time enjoying each other without outside distractions. Here is some advice on how to keep things hush-hush:

1. Romantic night in: In the beginning, everything the two of you do together is exciting and new, whether it's going out for dinner and a movie or loading up a Netflix DVD and

ordering take out. We know you want to show off your new guy, but if everything works out, there will be more than enough time for that.

2. Lay off the social networks: Anytime you tweet or post something on Facebook to your new man, you're saying it to his 500 friends and followers. If you feel the need to say something "coupley," shoot him a text.

3. Watch your body language: In some situations, you may not be able to avoid public settings with your new guy. If that's the case, make sure your body language doesn't leave people around you wondering about your status.

Real Housewives of O.C.'s Tamra Barney Talks New Boyfriend, Eddie





Tamra Barney has a surefire plan for getting over her breakup blues, and it involves two new b's: a boyfriend and a BMW. The *Real Housewives of the O.C.* star recently told [Us Weekly](#) that she's been seeing a man, Eddie, who bought her the new car for her birthday. Tamra Barney began her new relationship about a month after her and her husband, Simon Robert Barney, filed for divorce in January. **After an ugly divorce, what are some things you should consider before dating again?**

Cupid's Advice:

For some, the fastest way to mend a heartbreak is to fall in love again. But before you jump back into the dating pool, figure out why you left it in the first place. Cupid has some things you may want to consider:

1. Are you ready to date?: If your friendships, finances, professional life and/or emotional health are still bruised from your breakup, you should work on recovering before you bring someone else into your life.

2. What do you need to work on?: Like relationships, breakups are rarely one-sided. Consider what personality flaws or bad

habits you brought to the table in your last relationship and work on fixing them.

3. What are you really looking for?: Many people end up dating the same type of person over and over again. Decide what qualities you actually want in your next partner, and actively seek out people with those traits.

Singer Duffy's Lyrics Show a 'Hopeless Romantic'



Duffy's new album *Endlessly*, out Dec. 7, shows a new side of

her: the hopeless romantic. The 26-year-old Grammy winner told [People](#) she was looking for love when she wrote the title track on her album. “I had a piece missing. I thought, ‘Who am I going to have those special moments with?’ I needed some arms around me.” Duffy found what she was looking for in September 2009 when she began dating rugby player Michael Phillips. “The story is yet to be finalized,” she says, “but it seems like a happy ending.”

How can you tell if your romantic notions are realistic?

Cupid’s Advice:

All of us tend to ignore reality sometimes and instead focus on the romantic, idealistic side of love. Here’s how to tell whether your ideas about love are realistic:

- 1. Life is no fantasy:** If you’re waiting to ride off into the sunset with Prince Charming, you’ll be waiting a long time. Keep in mind that no relationship is a fairytale.
- 2. Look around:** Do you know a perfect couple who never fights and does romantic things together all the time? If you can’t find a real-life example, it probably doesn’t exist.
- 3. Be open:** Don’t let your unrealistic expectations keep you from meeting people. Just because he doesn’t meet all of your criteria doesn’t mean he couldn’t be the one.

Christina Aguilera Dating

'Burlesque' Assistant Matthew Rutler



It looks as though Christina Aguilera is back in the dating game! Since separating from husband Jordan Bratman, Aguilera has been spotted out and about with Matthew Rutler, a set assistant from her new movie *Burlesque*. Most recently, Christina Aguilera and Matthew Rutler went on a double date with celebrity couple Nicole Richie and Joel Madden at Hollywood's SoHo House, according to [PopEater](#).

What are ways to tell you're ready to date after a divorce?

Cupid's Advice:

While it's important to take time to mourn the end of a

marriage, you can't stay single forever! Cupid has some advice on how to know when you're ready to date after a divorce:

- 1. You're okay being alone:** Don't jump into a rebound relationship right after a divorce. Take time to grieve, and get used to being by yourself before you start dating again.
 - 2. You have a support group:** You shouldn't go through a divorce alone. Lean on friends and family when you're feeling low. They can also help you decide when you're ready to enter back into the dating world.
 - 3. You're healthy:** Often people turn to alcohol or food to help ease the pain of a divorce. Make sure you don't overindulge too much, and wait until you're healthy before you start seeing someone new.
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New Celebrity Couple: Amanda Seyfried & Ryan Phillippe





In the middle of a seemingly endless parade of celebrity breakups, it's nice to hear some good news for a change! [Us Weekly](#) reports that a new couple may be in the works – apparently sparks were flying between Amanda Seyfried and Ryan Phillippe over the weekend. The two were reportedly spotted getting cozy at not one, but two Halloween parties! Seyfried, 24, and Phillippe, 36, chatted at Kate Hudson's annual Halloween soiree and at a party hosted by CAA's Todd Feldman in Beverly Hills. According to a witness at Hudson's bash, Seyfried, who wore a dog costume, was acting "flirty" all night. "She was listening to [Phillippe] and talking close but no making out... She seemed intrigued by him." Phillippe, who was dressed as Star Wars character Obi-Wan Kenobi, was in "a good mood. He looked cute and was smiling a lot." Although the two actors have yet to comment on their relationship status, when x17 recently asked Seyfried if they were a couple, she coyly answered, "You never know."

How can you tell if someone's interested in you?

Cupid's Advice:

1. Watch his body language: When you first meet him, if he keeps his body turned towards you, leans forward and maintains eye contact, he's interested and probably wants to see you again.

2. He likes what you like: By showing interest in what you like and do, he's trying to establish common ground. If he suggests going to a concert of a band you like or playing your favorite sport together, he definitely wants to get to know you better.

3. He stays in contact: We've all been there: you hit it off with a great guy and then never hear from him again. If he really wants to continue the relationship past the first date, he will get in touch with you somehow, whether through a phone call, text, IM, or Facebook message.