

Ex 'American Idol' Contestant Paul McDonald and 'Twilight' Star Nikki Reed Dating



It's official!

According to [OMG! from Yahoo](#), *American Idol*'s Paul McDonald and *Twilight* star Nikki Reed are a couple. The two met at a premiere and have been dating ever since. Although they have hectic schedules, McDonald states that Nikki has been "super supportive" throughout his time on *American Idol*, which unfortunately ended Thursday night when he was eliminated from the show. The biggest issue their relationship faces is making time to be with each other. "We haven't actually done much of that," says McDonald. "She's been busy working. I've been busy working." McDonald is now busy preparing for the *American Idol* tour, while Reed has been filming the final installment of *Twilight Saga: Breaking Dawn Part II*.

How does a relationship survive when you're both workaholics?

Cupid's Advice:

Relationships are hard enough without the added stress of a career in the back of your mind. Here are some tips on how you can ease some of that career/relationship tension:

1. Make time for each other: Although this may be difficult to do, it's important to have a date night at least once a week where the two of you put work out of your minds and focus on each other. No cell phones or business calls – just the two of you enjoying each other's company.

2. Video chatting: If the two of you are constantly traveling on business and don't get to see each other often, why not video chat? This allows you to see and talk to one another rather than simply texting or having a phone conversation over the phone. Skype and Oovo are free, easy to use and becoming extremely popular. There are also other available apps, like Face Time for the iPhone.

3. Take a vacation: If both of you can coordinate your vacation time so you can be together, do it! This way, you guys can have a fun, romantic getaway. Forget about work for a couple of days and enjoy each other's company.

If you find yourself struggling to balance your relationship with your career, share with us in a comment below.

Keira Knightley Talks Balancing Love and Her Career



Focused on balancing her work life with her personal one, *Pirates of the Caribbean* star Keira Knightley was spotted smooching her new man, James Righton, in a park in East London. Righton is the keyboard player for the Klaxons. According to UsMagazine.com, the actress and the musician were introduced by a mutual friend, Alexa Chung. This is the first major relationship Knightley has had since breaking up with her boyfriend of five years, Rupert Friend. "It's hard to have a relationship when I'm working so much," she told [Marie Claire](http://MarieClaire.com). "But then you have to think, 'What is actually important in life?' Is career your only thing? That's sad, because there's going to come a day when you're left lonely. It's a difficult compromise. I think you've got to strive for balance. It's the striving that counts."

How do you maintain balance between work and a relationship?

Cupid's Advice:

Keeping a balance between your career and your love life is one of the most difficult things to achieve. Though it may

seem impossible at times, having a balanced life is possible by managing your time and keeping open lines of communication:

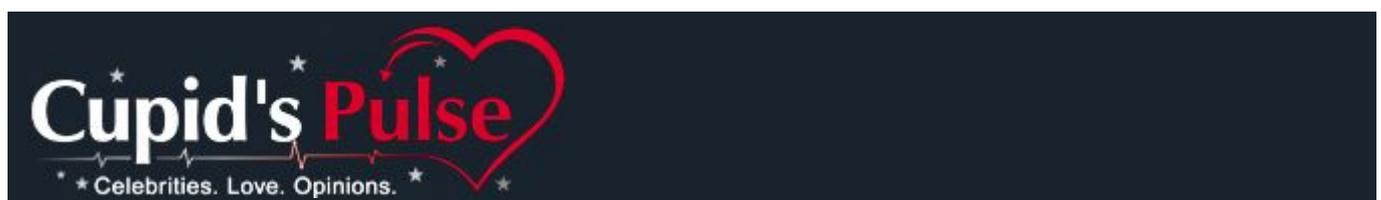
1. Mix business with pleasure: If you're having a drink with your co-workers after work, invite your partner to come along. This can help bring these two very different aspects of your life together in a casual setting.

2. Set time aside: Time management is the key to solving many of life's problems, and it can significantly help balance your love life with your career.

3. Be each other's advocates: Support your partner in his or her career and show understanding when he has to spend more time at work than you would like.

How do you balance having a great love life along with a great career? Tweet your tips to [@CupidsPulse](https://twitter.com/CupidsPulse) using the hashtag #worklovebalance.

Mark Ballas and 'Idol' Contestant Pia Toscano: Dating?





Looks like love may be in the air for *Dancing With the Stars* pro Mark Ballas and *American Idol* contestant Pia Toscano. The two were spotted at the Gulfstream restaurant in Century City, according to [TMZ](#), and were reportedly on their first date. Despite being kicked off of *American Idol* last week, Toscano has been able to pick herself up in search for love. Supposedly the crooner has had a crush on Ballas for quite some time, and their trailers were next to each other on the same studio lot. *DWTS* pro Chris Jericho, who is credited with helping to facilitate the hook up, said that the two had a “great” first date and plan to go out again soon.

Is it important to have the same talents as your partner?

Cupid’s Advice:

Both Pia Toscano and Mark Ballas are very talented with music, but it’s not necessarily a requirement to have the same talents as your partner. Cupid has some things to consider:

1. Common values: As long as you live by the same morals and values in life, it’s not necessarily to have exactly the same interests and talents as your partner. The key is to support each other.

2. Bond: The benefit of having common interests, hobbies and/or talents is that you can spend quality time doing things you both enjoy. It can lead to a better understand of each other.

3. Independence: Having different interests and career goals helps you each evolve as independent people. Although it would be great for Toscano and Ballas to sing duets together, it would be an issue if they didn't have anything else in common. One common talent doesn't a relationship make.

Do you and your partner have common talents? Share your story below.

Sean Penn and Scarlett Johannson's Relationship Intensifies





While the pair may not be 'officially' together, recent reports are all indicating that Scarlett Johansson and Sean Penn's relationship is intensifying. Rumors started circulating after Johansson took Penn as her plus one to Reese Witherspoon's wedding. EntertainmentWise.com reports that the couple's romantic visit to Mexico solidified their relationship. *Grazia Magazine* touched base with a source close to the couple. "It started out just as a hook-up thing. It was really casual, they were both in a pretty rough spot as far as break-ups go. It was just a friends-with-benefits situation. Things changed after they went to Mexico," explained the source. "They really connected and stayed up all night talking. Sean is a pretty fascinating guy and Scarlett was just blown away by him. Things have progressed really quickly since then."

How do you know when you have a connection?

Cupid's Advice:

While most relationships eventually run their course, the stronger the connection, the longer and happier the relationship. Here's how to tell if you have a connection:

1. Frequent communication: When you and your partner text or

call each other at least once a day, you know the relationship is special. The two of you genuinely wish to see each other, which is a sure sign of a bond.

2. Conversation comes easily: Relationships that are blessed with easy-flowing conversation are special. Natural discussions are a byproduct of a connection.

3. You're enthusiastic: If you can't stop thinking about your significant other and get giddy every time you do, then it's very likely that the two of you share a connection.

Do you have an opinion or a story to share about your 'connection'? Leave a comment below!

Jake Gyllenhaal Keeps His Dating Options Open with 90210 Star





Jake Gyllenhaal isn't using the source code to go back to Taylor Swift. The 30-year-old actor was recently seen enjoying breakfast with star of *90210* Jessica Lowndes April 1, according to an article on UsMagazine.com. Gyllenhaal was later seen having a "friendly" lunch with Locanda Verde, who was described as a Swift look-a-like. His relationship with country star Swift ended late last year.

Is it okay to date around?

Cupid's Advice:

Playing the field isn't something of which to be ashamed, as it can be a healthy way to help find the perfect qualities in your future spouse. Cupid has a few pointers in mind if you choose to date around:

- 1. Be upfront:** As always, honesty is the best policy. It wouldn't be right to lead someone into thinking you want a serious relationship when you aren't ready for that.
- 2. Don't pursue:** Although it's okay to have a favorite date partner, try not to give them the wrong impression until you are ready for a real relationship.
- 3. Don't go overboard:** Sure it's fun to go on a lot of dates,

but avoid trying to balance a huge quantity. Not only will it become more stressful, but it will increase the possibility of saying the wrong name to the wrong person.

Michael Lohan Shows Off New Girlfriend on Twitter



Michael Lohan has had a lot going on recently with his daughter Lindsey ever-present in the media as well as his recent split from girlfriend Kate Major last week. [Pop Eater](#) is reporting, however, that Michael Lohan has taken everything in stride and gone off to Fort Lauderdale, Florida with a new girlfriend, Bernadette, in tow-to whom he debuted via a Twitter photo. In one photo Bernadette and Lohan are locking lips with a tweet reading, "U R amazing". Michael claims Bernadette is opposite

of his ex Kate Major saying Bernadette is “in great shape” and “hates tabloids”.

How do you deal with being jealous of an ex-partner?

Cupid's Advice:

There's not much more in life that stings worse more than when you catch a glimpse of an ex happy with his new partner. In order to keep your cool, remember that everything happens for a reason.

1. It wasn't meant to be: When you become jealous over an ex, think back to all the reasons why you shouldn't be jealous. What flaws of his do you no longer have to put up with?

2. Turn jealousy into pity: Seeing your ex move on with another partner is never the easiest to swallow. Think of it as you being stronger and not needing a constant partner. You're better than that!

3. Move forward: If you find yourself being jealous of an ex, snap out of it! The sooner you find yourself being jealous the sooner you can make conscious efforts to refocus your energy to something more useful.

Scarlett Johansson and Sean Penn Go Public at Witherspoon's Wedding



After they were spotted together earlier this month, Scarlett Johansson and Sean Penn finally decided to go public with their relationship. The couple was seen together on Saturday at Reese Witherspoon's wedding to Jim Toth. After the wedding, Johansson and Penn stopped by Jimmy's Bar at Ojai Inn. According to UsMagazine.com, an eyewitness said Johansson was uncomfortable with all the stares they got from the bar. She muttered, "This is so terrifying," and Penn held her hand as they went to their seat. According to the eyewitness, Johansson sat in Penn's lap and they made out in full view for 15 minutes after their table was cleared.

How do you know when to go public with a relationship?

Cupid's Advice:

So you've been dating someone for a while and now you're wondering if it's the right time to take your relationship public. Cupid offers some suggestions on when to break the news:

1. The One: If you think you're meant to be soul mates and the relationship is strong and serious, it's time for you to take your union public.

2. Motives: Think about why you want the relationship to go public. If it's because your loved ones are pressuring you to find someone, then it's not a good idea to introduce your partner solely for that reason. However, if you love your special someone and want those close to you to see why, then go for it.

3. Emotions: If you're still unsure of going public with your partner, this might be a sign that you aren't ready yet. Take your time and introduce him or her once you're comfortable.

Carey Mulligan and Singer Marcus Mumford Are Getting Serious





Actress Carey

Mulligan and singer Marcus Mumford are getting serious about their relationship, reports UsMagazine.com. The two met after a secret *Mumford & Sons* show in Nashville on February 7th and immediately hit it off. A source, who saw Mumford and Mulligan a few days later at an *Arcade Fire* show, explained, " They were whispering to each other and enjoying the show. They definitely seemed like a couple." More recently, the couple have been spending time at Mumford's home in London, as well as vacationing in places like the Orkney Islands and in the Buckinghamshire area of Southeast England.

How quickly should you get serious about a new partner?

Cupid's Advice:

Especially after recovering from a broken relationship, diving into another serious relationship can be tricky. Here are a few ways to tell if you are ready for a serious commitment:

- 1. You are excited:** Trust your gut. If you're genuinely excited about your new partner and feel that the two of you will be able to maintain a serious relationship, then go for it. Your enthusiasm will help the relationship succeed.
- 2. Past relationships are behind you:** If there are any

leftover feelings or drama from any previous relationships, you may not be ready to jump into another serious relationship. You need to be burden-free in order to give your new relationship a fair shot.

3. Your partner's feelings: Even if you are more than ready for more commitment, your partner may not be. Make sure that you're both on the same page before you try to take the relationship further.

Tiger Woods' New Girlfriend Just Looking for a Good Time



Tiger Woods' rumored girlfriend Alyse Lahti Johnston may not be in for the long haul, reports [RadarOnline](#). A source close to Johnston revealed that the 22-year-old may only be looking for fun. “[Johnston]

sent a BBM to a mutual friend of ours saying she didn't consider herself Tiger's girlfriend," says the source. "They were just having a good time hooking up." Johnston and Woods, who were introduced by Johnston's golf instructor, have dodged many rumors regarding Johnston's motives. "Alyse wouldn't care about Tiger's money. That's never motivated her and she comes from a very well-to-do family anyway," says the source. "She just wants to have a good time and lots of fun. I can definitely see her considering sex with Tiger a lot more fun than a relationship with him."

How do you know if he's committed?

Cupid's Advice:

The line between a committed relationship and a purely fun relationship is very thin. Here are a few ways to tell if your beau is truly committed:

- 1. Revisit your conversations:** A partner who is only looking for fun will not want to bring up serious topics in conversation. If the conversations you have with your partner are always light-hearted and playful, it may be time to try discussing deeper issues.
 - 2. Observe his helpfulness:** If your beau is comforting and supportive after a rough day, then it's likely that he is committed. A partner merely looking for fun would not stick around to help on the "bad" days.
 - 3. Ask him:** As your partner, he should be able to answer questions about your relationship. If you have doubts, ask about his commitment. You will probably get an honest and enlightening answer.
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Eva Longoria and New Boyfriend Eduardo Cruz Make Out at Lunch



It's official: Eva Longoria is over Tony Parker. The *Desperate Housewives* star was recently spotted smooching new beau Eduardo Cruz at an L.A. restaurant, according to [RadarOnline](#). Longoria split from San Antonio Spurs player Tony Parker in November 2010 after three years of marriage. The 35-year-old actress has rebounded with singer (and Penelope Cruz's brother), Eduardo Cruz, 10 years her junior. Last month, Eva tweeted that she is ready to move on. "Starting over is hard to do, but life goes on. I pray for strength, courage and wisdom on my new journey."

After a divorce, how do you start over?

Cupid's Advice:

Once you split from a spouse, it may seem like you'll never be ready to date again. Cupid has some tips on how to get back in the game:

1. Date: Starting over is as simple as this: start dating for fun. Don't expect (and don't look for) a serious relationship right after your divorce, but go out just so you remember there are options out there.

2. Get by with a little help from your friends: Lean on your friends to help you recover after a divorce. Make sure to not spend too much time alone, and you'll be ready to start your new life with the help of your buddies.

3. Try something new: Sometimes you need to do something meaningful to signal a change. It can be anything from a new haircut to a new job to a new city. Making a significant change will help begin the process of starting over.

Amanda Seyfried Admits to Dating Ryan Phillippe





Red Riding Hood

actress Amanda Seyfried has finally confirmed dating rumors circulating around her and actor Ryan Phillippe, reports UsMagazine.com. In the April issue of *Elle Magazine*, Seyfried discussed both her budding relationship with Phillippe and the end of her relationship with *Mamma Mia!* costar Dominic Cooper. Seyfried and Cooper split when she found out that Cooper and his previous girlfriend were still together. "I was just kind of foolishly thinking that the two of them were done and Dom and I were involved. But we weren't really as involved as I thought. So I got my heart broken pretty hard," says Seyfried. "And then it took a long time for us to break up again. After that, it's really hard to open myself up to a new person. Really hard."

How do you trust in love again after being heartbroken?

Cupid's Advice:

Heartbreak is arguably the hardest thing to deal with, but there are ways to ensure that you move on. Here are a few tips:

1. Visit your family: Spending time with relatives may be the first step you need to take in order to cure heartbreak. Family almost always has the ability to brighten your day.

2. Spend time with friends: Even if you don't re-enter the dating world, going out with friends can help ease you back into a more social lifestyle.

3. Take it slow: If you get an anxious feeling when you think about being in a relationship, then you probably aren't ready. Give yourself some time, and eventually you will feel confident enough to put yourself out there again.

Is Ryan Reynolds Dating German Model Agnes Fischer?



Looks like Ryan Reynolds is moving on and has a new blonde on his arm. According to UsMagazine.com, the actor was spotted with 25-year-old Agnes Fischer, a gorgeous German model. According to reports, Fischer was caught watching Reynolds shoot scenes

for his upcoming movie, *Safe House*, and then leaving the set together when he was done for the day.

How can you support your partner's career?

Cupid's Advice:

Most of the average person's day is spent at work, so it's very important to be supportive of one another's careers.

Cupid has some tips on how you can back up your partner's occupation:

- 1. Always be there to listen:** Whether he just landed that promotion or he's whining about the most recent boss drama at the office, try to always be there to listen to the good and the bad.
- 2. Be happy for each other:** There's no room for jealousy in a relationship. If your significant other has a major breakthrough in his or her career, you should be the first person there cheering them on.
- 3. Do a little research:** If you and your partner have totally different career paths, you might consider doing a little homework. It's always nice to feel as though you have some idea of what each other is talking about.

Scarlett Johansson and Sean Penn Have Dinner in Mexico





Hollywood moguls

Scarlett Johansson and Sean Penn were spotted having dinner together in Cabo San Lucas. The two jetted off to the romantic location for a short while to spend quality time together. They were previously seen together in a Los Angeles restaurant where, according to [People](#), Johansson had her leg draped over Penn.

What are some ways to make the most of a short romantic getaway?

Cupid's Advice:

A nice romantic getaway can always seem too short. Here are some ways to live it up while you can:

- 1. Share a long kiss:** The getaway may be short, but the kisses can still be long.
- 2. Enjoy a romantic dinner:** A romantic candlelit meal over is always a nice touch. Share conversation and just enjoy each other's company.
- 3. Be thankful for the moment:** It's not about how much time you spend together, but about the quality of that time. Live in the present!

Has Vanessa Hudgens Moved On?



High School Musical

star Vanessa Hudgens is all grown up and has a new man. According to [People](#), the brunette beauty has been seen at Hollywood awards shows and premieres with Josh Hutcherson from the Oscar Award Winning film, *The Kids are Alright*. This new development came just a few weeks Vanessa Hudgens' ex, Zac Efron, was seen heating it up with actress, Teresa Palmer.

How long do you wait before moving on after a split?

Cupid's Advice:

Mourning is important after a breakup, but try to keep it to a minimum. Life is short. Don't waste it being sad over someone who probably wasn't worth it in the first place:

1. Instant gratification: If you are one of those rare people

who can get over a breakup immediately, the more power to you.

2. Waiting too long is unhealthy: If a month has gone by and you still haven't gotten over your ex, you may want to consider seeking professional help.

3. Give it a week: If you need to give yourself a week to get yourself together, go for it. However, when your time is up, there are no extensions.

Is Taylor Swift Dating 'Glee' Star Chord Overstreet?



It looks like Taylor Swift has moved on from Jake Gyllenhaal. According to UsMagazine.com, the country singer was spotted at Thursday's L.A. Kings game with *Glee*'s Chord Overstreet. An Overstreet

source said he called Swift up Wednesday to talk about writing a song together and following the game, the duo went out for food. "He will definitely pursue this," Overstreet's friend said. This isn't Swift's first date with a cast member of *Glee*; she was previously with Cory Monteith, who plays Overstreet's romantic rival.

Do sporting events make a first good date?

Cupid's Pulse:

The first date is said to set the tone for the relationship. Here are some things to consider about a sports-related first date:

- 1. The person:** If your date has an interest in sports, then tickets to a game or team they enjoy is a good bet. However, if they don't care for sports, then you may have a tough time winning a solid first impression.
- 2. The event:** If you have two tickets to a suite during the next Super Bowl or World Series, then no matter what your partner's interests are, you should be in for a winning date.
- 3. The outcome:** Let's be honest. If your team wins, then it helps the overall morale of the date. A loss on the field doesn't necessarily mean you've lost the night, but it can be more difficult to come back afterward.

Demi Lovato Reunites with Ex-

Boyfriend Wilmer Valderrama Post-Rehab



Following her release from rehab, Demi Lovato has relapsed on an old relationship. The 18-year-old Disney star was caught with her ex-boyfriend Wilmer Valderrama, according to UsMagazine.com. The couple has supposedly been dating since Lovato's split from Joe Jonas. Lovato checked into rehab back in November after pulling out of the *Camp Rock 2* Tour with the Jonas Brothers to "seek medical treatment for emotional and physical issues." Reports say she has had past issues with weight management and self-mutilation.

Should you get back together with your ex?

Cupid's Advice:

Most of the time, it's a bad idea to get back together with your ex. After all, you broke up for a reason and chances are

that those things will end resurfacing in time. Cupid has a few things to consider:

1. Look for the spark: When getting back together with an ex, it's common for things to quickly return to how they were after the "honeymoon period." If you want things to be different, then the spark should carry past the good times. It should be there even on bad days.

2. A new beginning: This is a fresh start, so try to learn from past mistakes.

3. Be cautious: If things are going back to how they used to be, don't be afraid to call your lover out on it. The key is communication, so say something if you're not happy.

Mary-Kate Olsen Starts Dating a Shoe Designer





Mary-Kate Olsen is in a new relationship with shoe designer Seth Campbell, according to UsMagazine.com. The two have been spotted at multiple New York City hotspots including celebrating a mutual friend's birthday together at NYC's Lavo. "They've been able to have a few dates on the down low. He's a downtown kind of guy, likes to party every now and then," said a source close to the couple.

How soon should you debut your relationship to your friends?

Cupid's Advice:

It's possible to introduce someone you just started seeing to your friends too quickly. Here are some points in a relationship when you should consider having your partner meet your friends.

1. When you're exclusive: Once you're completely committed to one another, it's time for your partner to meet your friends if they haven't already.

2. When you're on a group vacation: Going away together, even in a group, is a big commitment. Take the time to introduce yourselves as a couple to your friends while soaking up some rays.

3. Once you start seeing each other regularly: If the person you are seeing becomes your guaranteed Friday and Saturday night date, it's probably time to introduce him or her to your friends so they don't start feeling neglected.

New Couple Alert: Shia LaBeouf and Karolyn Pho



Despite his recent split with Carey Mulligan, Shia LaBeouf seems to have rebounded nicely. He was recently spotted holding hands with a new gal pal, who an insider identified as Karolyn Pho. According to UsMagazine.com, Pho is a stylist. Even though LaBeouf seems to waste no time jumping from relationship to relationship, he insists he's no ladies' man. He told *Details*, "I'm not great with women, dude. I'm not a closer. I can chat

all night long, but I'm not the guy who goes, 'Okay, back to my room.'"

How can you tell if he's a ladies' man?

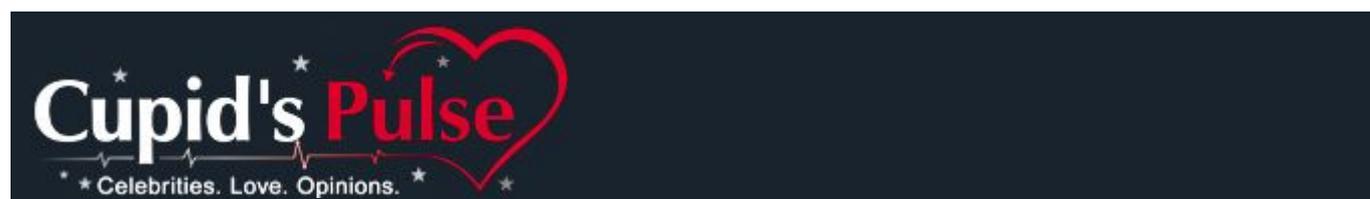
Cupid's Advice:

1. His eyes wonder: He's probably a player if his eyes are meeting every part of your body except your eyes. Of course every guy is going to check you out at some point, but if that's all he's interested in, beware.

2. He uses terms of endearment: It's one thing if you've been dating a guy for a long time and he uses terms like "baby" or "girl," but if you've just met and he's already using pet names, chances are he's a ladies' man.

3. He talks about his workout routine (a lot): If he can't stop talking about his body and how often he works out, he's selling himself to you. It's a good bet that he's not actually interested in getting to know the deeper you.

Eva Longoria Goes Public With New Boyfriend Eduardo Cruz





Just one week after finalizing her divorce with Tony Parker, Eva Longoria finally went public with her new boyfriend, Eduardo Cruz. If that name sounds familiar, it's because Longoria's new flame is none other than actress Penelope Cruz's younger brother. According to [RadarOnline](#), the couple were first spotted together in October at her restaurant, Beso, followed by a few other encounters in December and January. While it was clear that those encounters were meant to be a secret, the pair seemed open on Saturday while sailing on a luxury yacht in Miami.

Should you keep your new relationship under wraps?

Cupid's Advice:

Amidst all of the normal chaos of life and responsibilities, sometimes it's nice to have something that's just your own. Cupid has some ways to tell if you should keep your relationship on the down-low:

- 1. If you are both comfortable with it:** Many times in the beginning of a relationship, we say things that we think the other person wants to hear. If you're deciding not to let anyone in on your secret courtship, make sure it's a decision you've both agreed upon.

2. If you're not sure where it's going: When you begin to date someone, there's a period of time where you're feeling each other out. If you think there's a chance you won't make it past the previews, now may not be the time to alert the media.

3. If you just got out of a relationship: Sometimes we find people when and where we least expect it. If that time for you is right after you ended a longterm commitment, you may want to give it some time before you introduce someone new to your friends and family.

Caught: Justin Bieber and Selena Gomez Holding Hands



Photographic evidence of rumored couple Justin Bieber and Selena Gomez has officially been captured, according to UsMagazine.com. While

the rest of the country tuned in to Super Bowl XLV, Gomez and Bieber kept a low profile in Santa Monica, California. The rumored duo were hanging out by the pier when a paparazzo snapped a photo of them holding hands. According to sources, the pair “giggled” at being caught on film. While the two have been trying to keep their relationship under wraps, photographs of them getting close on a yacht in the Caribbean were taken on New Year’s.

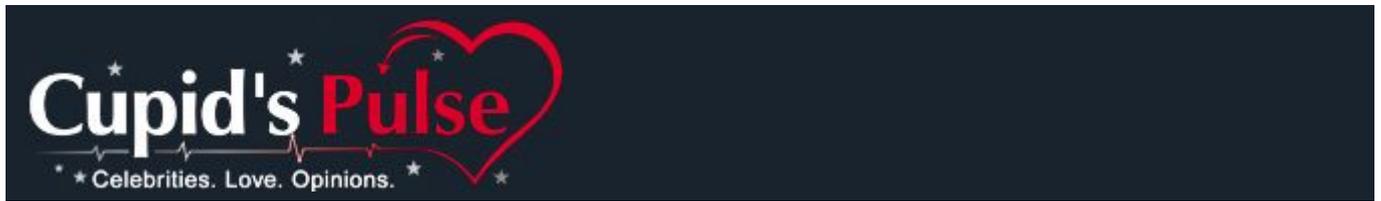
When should you come clean about a long-rumored romance?

Cupid’s Advice:

Sometimes when you become a part of a new relationship, it’s fun and exciting to keep things on the down-low. But when things start to heat up and it gets harder to cover your tracks, it may be time to come clean and own up to your new relationship:

- 1. Ain’t no shame!:** Unless your new boyfriend still hasn’t broken things off with his previous girlfriend, there’s no reason to hide your relationship. Love should be celebrated, and keeping it under wraps may come off as suspicious.
 - 2. Parental approval:** If your parents have their eyes set on one type of man and you fall in love with another, that’s just the way it is. The sooner you open up to your parents, the sooner your partner will win their approval.
 - 3. When you start to lie:** It may seem like a good idea at the time, but when you go out in public together under wraps, jealousy and hurt feelings can ensue. Nobody knows you’re together, which brings on incorrect introductions and unexpected come-on’s from other party-goers.
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Zac Efron's Night Out Without Vanessa Hudgens



It looks like Zac Efron is finally over Vanessa Hudgens, despite a brief rumored reconciliation. [People](#) reports that Efron, 23, accompanied actress Teresa Palmer, 24, to a screening of her movie *Take Me Home Tonight*. The twosome then continued their night out at Voyeur nightclub in West Hollywood where, “Zac chatted with Teresa for awhile,” says a source. “She leaned in close so she could hear over the music [while Zac was] smiling and slightly flirting with her.” Efron and Hudgens, 22, ended their four-year relationship in December.

How quickly should you move on after a break-up?

Cupid's Advice:

After a relationship ends, when is it healthy to start dating again? Everybody's different, but Cupid has some tips on how

to know when you're ready:

1. Take time to recuperate: Don't start dating again after a breakup until you've had enough time to properly heal. If you don't, you'll end up in an unhealthy rebound relationship.

2. Do it for yourself: Make sure you're not jumping into a new relationship just to make your ex jealous. It's unfair to your new partner and to yourself.

3. Don't rush: Take things slow with your new boyfriend or girlfriend. Think about what went wrong in your last relationship, and try not to make the same mistakes.

Joe Jonas and Ashley Greene Have Sushi Date in Baton Rouge





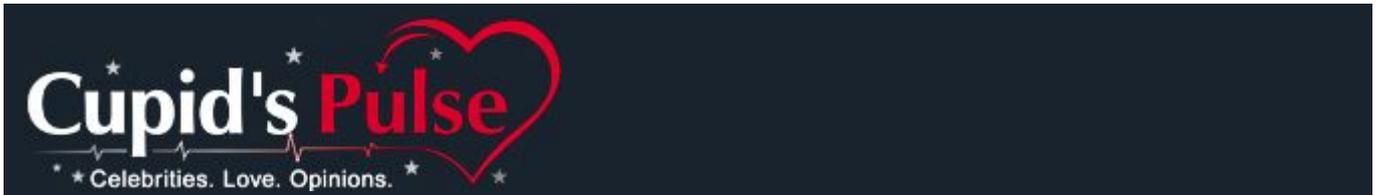
Hot new Hollywood couple, Joe Jonas and Ashley Greene were spotted on their late night date at a Hibachi restaurant in Baton Rouge. According to [People](#), managers at the restaurant they were dining at, *Ichiban*, said, “They were really friendly, they just walked in, sat down, and the word started going around that they were here.” The source also said that the duo didn’t ask for a private table or special treatment. They also consented to posing for pictures and signing autographs after their meal.

What makes a restaurant romantic for a date?

Cupid’s Advice:

- 1. Dimly lit:** A restaurant that is low on lighting tends to give a feeling of privacy and usually proves to be the most intimate dating experience.
- 2. Smaller:** You don’t necessarily need the hottest restaurant in town to have the most romantic time. Sometimes the smaller restaurants have a cozy feeling.
- 3. Ethnic decor:** Restaurants with an atmosphere that make you feel as though you’re abroad adds a sense of mystery to the evening, which can be ultra romantic!

Alex Pettyfer Calls Dating Glee's Dianna Agron 'Amazing'



I Am Number Four

actor Alex Pettyfer revealed a few details about his relationship with *Glee* star Dianna Agron on *The Ellen Degeneres Show* on Friday, reports UsMagazine.com. "She's an amazing woman and she's got this old school, classic movie star elegance to her..she's a very nice girl," said Pettyfer.

Degeneres playfully dug for more details as the actor sipped from his coffee cup, eventually eliciting the response, "I'm just very happy in my personal life."

How do you know if your relationship is on the right track?

Cupid's Advice:

Constant dating can become routine for many, but it's important to know when you have genuinely struck gold. Here are a few signs that your relationship is on the right track:

1. It's easy to make plans: If the two of you seem to be able to plan dates efficiently and with little delay in between, it's a sure sign that both you and your partner are clearly interested.

2. Dates are effortless: Dates that include flowing conversation and frequent jokes are a sure sign that the two of you are connecting.

3. You genuinely like him: If you catch yourself admiring his emotional and physical attributes, then your relationship is on the right track. Genuinely liking someone is the first step toward caring for him or her.

Modern Family's Jesse Tyler Ferguson Goes Public with New Boyfriend





Modern Family cutie,

Jesse Tyler Ferguson, made his first public appearance with new boyfriend, 35-year-old lawyer, Justin Mikita on Thursday night at the ELLE Women in TV event in Hollywood. According to [Access Hollywood](#), although Ferguson has yet to make an official comment about his budding romance, he did announce his date via *Twitter*, saying “So @justinmikita and I are at the Elle Women in TV party,” and then adding a picture of two nameplates that read “Jesse Tyler Ferguson” and “Guest of Jesse Tyler Ferguson.”

How do you know when to go public with your relationship?

Cupid’s Advice:

- 1. You feel comfortable:** A relationship is about you and the other person. Don’t worry about everyone else, and let them know when the both of you are ready:
- 2. You think it’s going to last:** The older we get, the more serious our relationships tend to be. There’s no sense in alerting the masses if you think it’s just a fling.
- 3. You’re starting to deny:** Once people are starting to figure things out, you’re just wasting your energy hiding something that is going to come out sooner or later.